BODY SCULPTING

Ultrasound (US) Fat Cavitation
Ultrasound Cavitation is a breakthrough non-surgical technology that works to reduce stubborn areas of fat and cellulite. Low frequency sound waves are used to target and disrupt fat cells in problem areas, breaking down the fatty tissue and allowing it to be filtered out through the body’s lymphatic system.

**How does it sculpt my body?**
US Fat Cavitation is painless, making it a popular body-contouring alternative to surgery and liposuction. It is ideal for those looking to improve their appearance, tighten their skin after significant weight loss, reduce the appearance of cellulite, treat the signs of ageing and revive their skin’s elasticity.

Radio-Frequency (RF) Skin Tightening
RF Skin Tightening is a non-surgical treatment that addresses skin laxity on the face and body. The technology uses radio wave energy to stimulate skin elasticity processes, lifting sagging skin, firming ageing skin and tightening the skin’s layers.

**How does it sculpt my body?**
Radio waves transmitted through the upper layers of skin gently heat the dermal layer of the skin, slightly above the body’s natural temperature. This activates the dermis cells causing immediate tissue retraction (collagen fibres deep within the skin retract, instantly tightening the skin), formation of new collagen (the heated dermis stimulates collagen production for long term skin tightening and toning; this process lasts for up to three months after treatment) and improved blood flow (radio waves boost blood and lymphatic flow to improve oxygen supply and toxin clearance for well-nourished, healthier, younger skin).

**General FAQs**

*How long does a treatment session take? How much down-time is involved?*
The treatments are time-saving as each session usually takes about 30 minutes to complete. No post-treatment care is required as both US fat cavitation and RF skin tightening treatments are effective, painless and non-surgical. If you want to firm ageing skin, tighten your postnatal tummy or finely contour your body silhouette, US fat cavitation and RF skin tightening treatments may be just what you need.

*Are there any reasons why I wouldn’t be able to have body sculpting?*
As with most cosmetic procedures, body sculpting treatments are not advised or recommended for women who are pregnant, breastfeeding or trying to conceive. Individuals with current active skin infections, people with cancers or certain diseases/disorders (cardiac, vascular, hepatic, neuromuscular, auto-immune and clotting disorders or problems with lymphatic drainage or diabetes), clients with prosthetics/implants (e.g. pacemakers, metal pins/plates) are also not suitable candidates.

*Warning:* individual results may vary and guarantees cannot be given. All invasive procedures carry risks which need to be discussed with your doctor. It is always recommended to seek a second opinion from a qualified health professional. To learn more about body sculpting and how they could benefit you today, contact Couture Cosmetica or visit our social media pages (Facebook or Instagram).