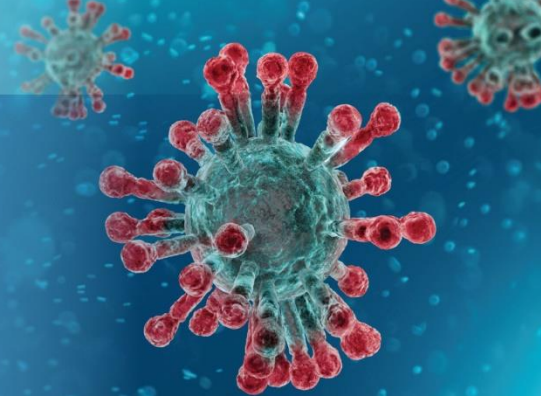## How to use your facemasks safely

Your doctor has given you three facemasks to take home. These are for you to wear to protect others when you go to be tested for COVID-19 and if you need to seek further medical care.

These masks are for you to wear, not other people in your household.

The purpose of facemasks is to stop people who are sick spreading the virus to others.

Please be careful with these facemasks. Follow the steps below. This is important, to help protect others around you.

1. **Leave the masks in the zip-lock bag** until you need to use them.

2. **Before putting on a facemask,** wash your hands all over with soap and water, or alcohol-based hand rub. Dry your hands well.

3. **To put the mask on,** cover your mouth and nose with the mask and make sure there are no gaps between your face and the mask. Tie it in place.

4. **Once your mask is on, don't touch it.** If you do touch it, wash your hands all over with soap and water, or alcohol-based hand rub.

5. **Replace the mask** with a new one if it gets damp. Do not reuse masks.

6. **To remove the mask:** undo the straps and remove the mask without touching the front of it. Put it straight in the rubbish. Wash your hands all over with soap and water, or alcohol-based hand rub. Dry your hands well.