



The LADA Routine

Look

Look left and right frequently. Please remember that this is supposed to be a quick look, your main focus should be on where you are going, i.e. forward. So, you should glance left and right, but it is important that you look for long enough to see if there is anything there. Also, at crossroads and roundabouts you must look ahead.

Assess

Assess what you see when you have looked, for example: Is there anything coming from any direction?

Is the road clear of hazards, vehicles, pedestrians, or animals?

Or, is there something coming, pedestrian crossing the road, kids playing etc...?

Decide

Once you have assessed the situation, decide on what you are going to do.

Are you going to go or not? It's as simple as that.

Act

Once you have made your decision act on it. Try not to be hesitant, but try to give consideration to other road users. If you are pulling out into a gap in traffic, make sure you are not going to make the other driver brake. Just because you are aware the gap is there does not mean that the other driver has seen you.

If you are going to pull across the path of another vehicle, i.e. turning right, use the following:

If you would walk across, then you can drive across

The LADA routine. When?

This routine is usually used as you are about to emerge from a junction or enter a roundabout.

It is a follow on from the MSPSL routine.

As the MSPSL ends with the Look, the LADA carries on starting with Look.

The LADA routine. Why?

The LADA routine is there to help you make decisions judged upon what you have seen when you have looked. There is no point looking around if you do not take on board what you see.

Look early, and look often, including in the mirrors,

Move your eyes around; be aware of what is happening before you get there.

