



National **White Water** Centre  
Canolfan **Dŵr Gwyn** Genedlaethol

Corporate Packages  
2020



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## ACTIVITIES

### WHITE WATER RAFTING

Our most popular group activity! This two hour session takes you crashing down the River Tryweryn's grade 3 natural, Welsh mountain white water rapids, with enough time to usually fit in 4 exciting and challenging runs of the one mile section!

### CANYONING

For this white water adventure you won't be sitting in a raft for your river descent! You'll visit the beautiful Prysor Gorge where you will climb, scramble, slide and swim your way through the canyon surrounded by the stunning scenery of this remote river location. This activity is a fantastic way to experience the twists and turns of a wild cascading river with nothing but nature (and your instructor) to guide you.

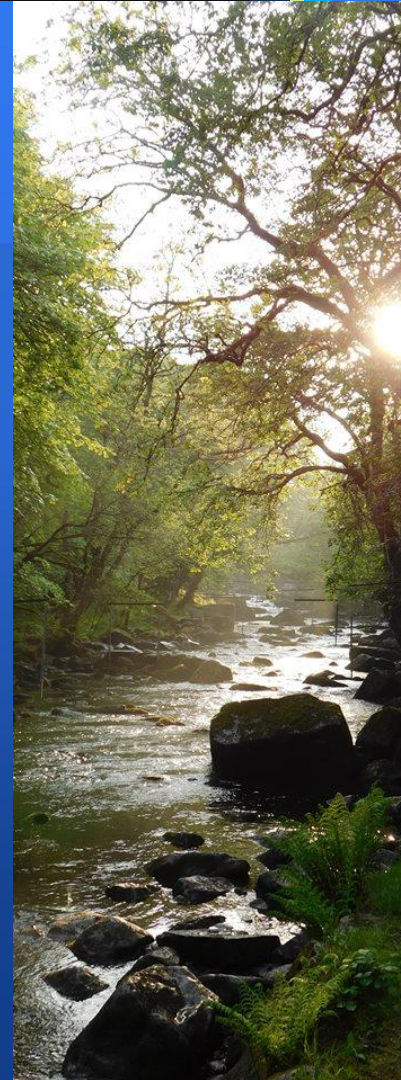
# MEETING ROOM

The Arenig room is a short stroll from the river's edge, tucked away in a quiet spot surrounded by beautiful woodland, creating a calm and relaxed working environment for you and your team.

When your mind needs a break from work, just take a moment to gaze out of the large river facing windows and watch the white water flow. A great environment for learning surrounded by natural Welsh beauty at its best.

## Facilities included in the meeting room hire...

- Desks and seating
- White Board
- Stationary
- Projector
- Tea & coffee amenities
- Private toilets





## TEAM BUILDING PACKAGE

### What's included...

- White Water Rafting
- Lunch

Keep things simple with our Team Building Package. Wear out your staff on the river with a wild [White Water Rafting](#) session and fill them up with a hearty lunch from our riverside café. White Water Rafting is a fantastic group activity and an ideal opportunity to practice communication and teamwork which is vital for running the rapids of the River Tryweryn. A great day out for the whole team.

[Prices start from £62.80 per person](#)

# ACTION PACKAGE

## What's included...

- White Water Rafting
- Lunch
- Canyoning

Why not push your team that one step further with our adrenaline filled Action Package? Start your day on the River Tryweryn with a [White Water Rafting](#) session. Take time to re-energise with a hearty lunch from Manon's Café before your next activity, where we'll transport you to another local river to spend the afternoon [Canyoning](#) your way down the stunning Prysor gorge. A fantastic day full of excitement for the team to remember!

[Prices start from £112.80 per person](#)



# HARDWORKING PACKAGE

## What's included...

- White Water Rafting
- Lunch
- Meeting Room

A day which combines the best of everything. The perfect mix of exhilarating activities on the wild River Tryweryn, calm and professional meeting spaces with stunning river views, and plenty of culinary delights from Manon's Café. Start your day on the River Tryweryn with a [White Water Rafting](#) session. After everyone has had their fill of excitement you will be given exclusive use of our riverside [Meeting Room](#). The great outdoors is a fantastic motivator and the perfect way to refresh your team.

[Prices start from £87.80 per person](#)



## PACKAGES PRICE LIST

<b><u>TEAM BUILDING PACKAGE</u></b> White Water Rafting Lunch	<b>£62.80</b> ex. VAT £52.35
<b><u>ACTION PACKAGE</u></b> White Water Rafting Lunch Canyoning	<b>£112.80</b> ex. VAT £94.00
<b><u>HARDWORKING PACKAGE</u></b> White Water Rafting Lunch Meeting Room	<b>£87.80</b> ex. VAT £73.20

Prices include the [Packed Lunched](#) catering option.

Please see [Catering](#) section for alternative lunch choices.





## CATERING PRICE LIST

<u>PACKED LUNCH</u>	<b>£7.80</b> ex. VAT £6.50
<u>HOT LUNCH</u>	<b>£15.60</b> ex. VAT £13.00
<u>BUFFET</u>	<b>£16.20</b> ex. VAT £13.50
<u>PIZZA</u>	<b>£16.80</b> ex. VAT £14.00

*If a member of your group has any special dietary requirements or has allergies please let us know. The catering team are happy to make arrangements.*





## PACKED LUNCH

Why not make the most of the beautiful surroundings and enjoy a packed lunch by the river? Have your choice of a selection of freshly made sandwiches, sweet and savoury snacks, fresh fruit and a cold drink, all packed up and ready to go.

### What's included...

- Homemade sandwich
- Packet of crisps
- Chocolate bar
- A piece of fruit
- A soft drink

**Price £7.80**



## HOT LUNCH

If a packed lunch doesn't quite satisfy the hunger of your team, one of Manon's filling, homemade meals and a slice of locally made cake may just do the trick. Her recipes have been tried and tested on our team of Raft Guides, and have proven to be the perfect way to warm up after a day on the river.

### What's included...

- Any meal from the café menu
- A sweet treat
- A soft drink or hot drink

**Price £15.60**

## BUFFET

Keep things simple with one of Manon's Buffets. A great selection of homemade picnic goodies with something delicious to suit the whole team.

### What's included...

- A selection of homemade sandwiches
- Homemade quiches or frittatas
- Pastries
- A selection of snacks
- Fresh fruit
- A soft drink

**Price £16.20, minimum group of 10 people**

*We endeavour to support local businesses and source as much produce from local suppliers as possible. This means the selection of food offered for the Buffet meal plan may vary depending on produce available at the time of the booking.*





## PIZZA

What better way to end the day on the river with a freshly made woodfired pizza? And even better yet, finish off your feast with a double scoop of delicious ice cream. The pizza shack has the best view of one of the river's most popular rapids, so you can relax with a slice and enjoy the white water excitement.

### What's included...

- Woodfired pizza
- A double scoop ice cream
- A soft drink or hot drink

**Price £16.80, minimum group of 10 people**

## PRICE LIST

	<u>PACKED LUNCH</u>	<u>HOT LUNCH</u>	<u>BUFFET</u>	<u>PIZZA</u>
<u>TEAM BUILDING PACKAGE</u> White Water Rafting Lunch	<b>£62.80</b> ex. VAT £52.35	<b>£70.60</b> ex. VAT £58.85	<b>£71.20</b> ex. VAT £59.35	<b>£71.80</b> ex. VAT £59.85
<u>ACTION PACKAGE</u> White Water Rafting Lunch Canyoning	<b>£112.80</b> ex. VAT £94.00	<b>£120.60</b> ex. VAT £100.50	<b>£121.20</b> ex. VAT £101.00	<b>£121.80</b> ex. VAT £101.50
<u>HARD WORKING PACKAGE</u> White Water Rafting Lunch Meeting Room	<b>£87.80</b> ex. VAT £73.20	<b>£95.60</b> ex. VAT £79.70	<b>£96.20</b> ex. VAT £80.20	<b>£96.80</b> ex. VAT £80.70