

YOU CAN **ASK US**
ANYTHING ABOUT
PERIODS...



WE ARE BREAKING
DOWN TABOOS AND
HELPING TO **TACKLE**
PERIOD POVERTY

WE ARE A
PERIOD-
FRIENDLY
ORGANISATION!

CERTIFIED **PERIOD-FRIENDLY** BY

no
more
taboo.

Ask us about how you can access products (like pads and tampons) or even about reusables (like menstrual cups!)

Find out more about
Period-Friendly Organisations at
www.nomoretaboo.org/period-friendly-scale