We provide the following types of au pairs, in accordance to your family needs:

Basic au pair

A basic au pair is a person aged between 18 and 27 years old, with a low to intermediate level of English. They have childcare experience, mainly babysitting, with children aged 4-12+ years old. They can be drivers or non-drivers. In most of the cases, they experience the Au Pair Programme for the first time.

A basic au pair will work 25 hours per week. In exchange they will get accommodation and meals from your family and pocket money will be at least £75 per week.

Please note that basic au pairs are not trained child-minders and it is not recommended that they are left in the sole charge of a baby.

Au pair plus

The main differences between a basic au pair and an au pair plus are:

They have experience with children over 2 years old, mainly babysitting. We do not recommend that they are left in the sole charge of very young children - 2-5 years old.

The level of English – from intermediate to good

They might have experienced the Au Pair Programme before

Weekly working hours are 35

Minimum pocket money is £95 per week

*Please note that au pairs are not trained child-minders and it is not recommended that they are left in the sole charge of a baby.

Mother's help

A mother's help is a person aged over 23 years old, with an intermediate to excellent level of English. They can be drivers or non-drivers. They are experienced with all age groups of children and can be left in the sole charge of a baby.

They will work 40 to 50 hours per week.

The minimum pocket money for a mother's help is:

£150 for 40 hours per week

£165 for 45 hours per week

£180 for 50 hours per week

Summer au pairs

This type of placement is only available between June and September. The term of the placement can vary between 1 and 3 months. At Phoenix Au Pairs we know that the summer holidays can be a great time for families but we also understand that having to look after and entertain children 24 hours a day for 6-8 weeks can be exhausting and at times, impossible.

We recognise that during the long summer holidays it's important for parents to know that their children are safe and cared for. School is out, the children are home and having an extra pair of hands helping out can seem like a lifeline. It's very useful to have a reliable and energetic person to look after the children when no one else can.

A summer au pair could be the answer!

It's a fantastic opportunity for families that are unable to take their well-earned breaks during the school holidays and is an effective childcare solution that will not only benefit your eager au pair but you as a family.

Hosting an au pair is a unique experience and if you are unsure if your family would suit a long term placement, engaging a summer au pair is an ideal way for you to discover if it is something you would like to take advantage of in the future.

When deciding for a specific type of au pair, please have in mind the age of your children, the hours you need your au pair to work and the minimum pocket money you will have to offer for each type. If you are not sure what type of au pair would suit you better, please feel free to contact us and discuss your family requirements. Also, for everybody's safety, we will not be able to provide you a basic au pair or an au pair plus, if you have children aged under 2 years old.