



Choices ■ Solutions ■ Savings

GOURMET
FOODS

READY TO HEAT
Meal Solutions



GOURMET FOODS

The craft of making behind the art of serving

OUR MISSION

For over 30 years, our mission has been to help our clients serve their customers an exceptional meal experience.

READY TO HEAT CONVENIENCE

Today's consumer needs for a wholesome and nutritious meal have never been more important.

Our ready-to-heat Lifestyle Gourmet Meals are the perfect solution for the retail consumer. They are individually packaged, crafted under the most strict standards and made with wholesome ingredients that are sustainable and minimally processed.

WHAT WE DO

Our handcrafted foods are prepared in our kitchens by skilled hands and consist of carefully selected real ingredients that are minimally processed or prepared from scratch. Our animal proteins consist of Humanely Raised non-GMO, Free Range Chicken from Mary's Chickens, All-Natural Beef, Humanely Raised Pork and Wild caught crab and shrimp. We don't use any artificial preservatives; we use freezing as a way to keep our foods in optimal condition.

“ We partner with our clients to develop menus that are relevant, wholesome and meet what the consumer is looking for.

HOW WE DO IT

We deliver on time and in full compliance with the strictest safety standards in the food industry. We operate under a comprehensive HACCP plan and our kitchens are FDA inspected and our main kitchen is staffed with a full time USDA inspector. We also excel with SQF Food Safety Code for Manufacturing third party audits.

**ALL NATURAL BEEF
SHORT RIBS,
CHAYOTE BLACK
BEAN SUCCOTASH
AND OAXACAN MOLE**

Item Number: 27660
Selling Unit: Case
Pack Size: 32 each
Category: **Gluten Free**



- 3.25 oz **Beef Short Rib** braised in red wine sauce
- 2.0 oz **Oaxacan Inspired Mole**, a savory Mexican style sauce with chocolate, tomatillos, various chili peppers, toasted sesame and spices.
- 5.5 oz **Chayote Black Bean Succotash**, a blend of chayote squash, black beans, corn and peppers

**Non-GMO FREE RANGE
MARY'SCHICKEN
MEATBALLS WITH
HARISSA TOMATO
SAUCE, SPAGHETTI
PASTA AND ZUCCHINI**

Item Number: 27661
Selling Unit: Case
Pack Size: 32 each



- 4.0 oz **Chicken Meatball** made with Non-GMO Free Range Mary's Chicken free of antibiotics and hormones. The chicken is mixed with sun-dried tomatoes and kalamata olives.
- 4.0 oz **Spaghetti Pasta** prepared in butter sauce
- 1.5 oz **Zucchini**, lightly seasoned
- 2.0 oz **Harissa Tomato Sauce** made with Moroccan spices and tomato
- 0.5 oz **Basil Cheese mix**, a tasty blend of Basil and Parmesan Cheese

FLAME BROILED Non-GMO FREE RANGE MARY'S CHICKEN THIGH SALTADO, CILANTRO BASMATI RICE AND GREEN CHIMICHURRI

Item Number: 27662 Case
Selling Unit: 32 each **Low**
Pack Size: **Sodium,**
Category: **Gluten Free**



- 4.0 oz **Flame Broiled Chicken Thigh Saltado** marinated in saltado sauce. Made with red wine vinegar, soy sauce, ginger, garlic, and aji amarillo paste
- 3.0 oz **Cilantro Basmati Rice** basmati rice with cilantro and garam masala
- 2.0 oz **Roasted Vegetable & Potato Mix** with fingerling potatoes, tomatoes, bell peppers and onions
- 1.5 oz **Green Chimichurri** is a traditional South American tangy sauce with fresh parsley and cilantro

JACKFRUIT CAKES, CORN WITH KALE SUCCOTASH AND PLANT BASED ROASTED RED PEPPER SAUCE

Item Number: 27663
Selling Unit: Case
Pack Size: 32 each
Category: **Plant-Based,**
Gluten Free



- 4.0 oz **Jack Fruit Cakes** are an alternative to crab cakes using chunky pieces of young green Jack Fruit as a plant-based substitute with typical crab cake seasoning made with plant-based mayonnaise
- 5.0 oz **Corn and Kale Succotash** is a take on traditional Succotash with edamame, corn, and kale
- 1.5 oz **Plant Based Roasted Red Pepper Sauce** made with sustainably sourced roasted red peppers blended with tomatoes and vegetable mirepoix and spices in a vegetable stock

**LEMON BASMATI RICE,
RAJMA BEANS CURRY,
SHAHI PANEER, DHAL
AND PANEER PAKORA**

Item Number: 27664
Selling Unit: Case
Pack Size: 32 each **Plant-**
Category: **Forward**
(Vegetarian)
Indian (Hindu)



- 3.5 oz **Lemon Basmati Rice** with dhal, lemon juice, cilantro, curry leaves and spices
- 2.5 oz **Rajma Bean Curry** has Chinese eggplant and potatoes in a tomato sauce with Indian spices
- 2.5 oz **Shahi Paneer**, a fresh paneer cheese in a thick creamy tomato sauce with Indian spices
- 1.5 oz **Dhal**, lentil beans stewed with tomato and Indian spices
- 1.0 oz **Pakora Paneer**, a dish made with paneer cheese that is dipped into a chickpea batter seasoned with spices and then deep fried. The result is a crispy cheese



Tray
Packaging
Example

