

Love British Food case studies to learn from: Salisbury NHS Foundation Trust

Why did they source British?

- Appreciating the importance of eating for their patients, and the role that British produce plays in this, the Salisbury NHS Foundation Trust decided to take part in the British Food Fortnight

How did they take part in the British Food Fortnight?

- Ran a two week menu for the Fortnight that had additional food choices in their restaurants
- One day was dedicated to highlighting how fresh and local produce was used on the menus and even the patient's menus had extra choices

Friday Lunch Week 2

NAME _____
WARD _____

D = Diabetic Diet ♥ = Healthy Option S = Soft V = Vegetarian
H = High Protein/High Energy 🇬🇧 = Made using local British foods

Portion Size SMALL ☐ MEDIUM ☐ LARGE ☐

■ Please fill in the box next to your choice like this

Choose One of the following

1	<input type="checkbox"/> Orange Juice	▼ VS
2	<input type="checkbox"/> Vegetable and Herb Soup in a Bowl 🇬🇧	▼ VDS
3	<input type="checkbox"/> Vegetable and Herb Soup in a Mug 🇬🇧	▼ VDS
Choose <u>One</u> Main Course		
4	<input type="checkbox"/> Battered British White Fish & Lemon 🇬🇧	DH
5	<input type="checkbox"/> Local Steak & Kidney Pie 🇬🇧	DH
6	<input type="checkbox"/> Lentil & Aubergine Bake	VDSH
7	<input type="checkbox"/> Chicken & Bacon Salad 🇬🇧	▼ D
8	<input type="checkbox"/> Local British Banger in Onion Gravy 🇬🇧	▼ VDS
9	<input type="checkbox"/> Extra Gravy	VDS
Small Appetite Meal - Served on a Small Plate		
10	<input type="checkbox"/> Local Steak & Kidney Pie 🇬🇧	DH
Choose <u>Two</u> of the following		
11	<input type="checkbox"/> Mushy Peas 🇬🇧	▼ VDS
12	<input type="checkbox"/> Sweetcorn 🇬🇧	▼ VD
13	<input type="checkbox"/> Side Salad 🇬🇧	▼ VD
14	<input type="checkbox"/>	
Choose <u>One</u> of the following		
15	<input type="checkbox"/> Mashed Potatoes 🇬🇧	VDS
16	<input type="checkbox"/> Chipped Potatoes 🇬🇧	VDH
17	<input type="checkbox"/>	
Choose <u>One</u> Dessert Course		
18	<input type="checkbox"/> Rice Pudding 🇬🇧	VSH
19	<input type="checkbox"/> Reduced Sugar Rice Pudding 🇬🇧	VDS
20	<input type="checkbox"/> Cheese & Biscuits 🇬🇧	VDH
21	<input type="checkbox"/> Fruit Yoghurt	VSH
22	<input type="checkbox"/> Reduced Sugar Yoghurt	▼ VDS
23	<input type="checkbox"/> Fresh Banana	▼ VDS
24	<input type="checkbox"/> Vanilla Ice Cream 🇬🇧	VDS
Small Appetite Dessert - Served on a Small Dish		
25	<input type="checkbox"/> Rice Pudding 🇬🇧	VSH

Love British Food 2014
...it's British FOOD FORTNIGHT

Friday Supper Week 2

NAME _____
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■ Please fill in the box next to your choice like this

Choose Two of the following

1	<input type="checkbox"/> Cream of Spinach Soup in a Bowl 🇬🇧	VDHS
2	<input type="checkbox"/> Cream of Spinach Soup in a Mug 🇬🇧	VDHS
3	<input type="checkbox"/> Slice of White Bread 🇬🇧	VDS
4	<input type="checkbox"/> Slice of Brown Bread 🇬🇧	▼ VDS
Choose <u>One</u> of the following		
5	<input type="checkbox"/> Apple Juice 🇬🇧	▼ VS
6	<input type="checkbox"/> Orange Juice	▼ VS
Choose <u>One</u> of the following plus veg/salad		
7	<input type="checkbox"/> Mild Beef Curry (Local Beef) 🇬🇧	DH
8	<input type="checkbox"/> Tomato & Herb Cheese Pasta Bake 🇬🇧	VDS
9	<input type="checkbox"/> White Rice	▼ VD
10	<input type="checkbox"/> Green Beans 🇬🇧	▼ VDS
11	<input type="checkbox"/> Side Salad 🇬🇧	▼ VD
12	<input type="checkbox"/> Tuna Mayonnaise Sandwich/Brown 🇬🇧	DSH
13	<input type="checkbox"/> Tuna Mayonnaise Sandwich/White 🇬🇧	DSH
14	<input type="checkbox"/> Turkey Salad Sandwich/Brown 🇬🇧	▼ D
15	<input type="checkbox"/> Turkey Salad Sandwich/White 🇬🇧	D
16	<input type="checkbox"/> Cream Cheese & Cucumber S'wich/Brown 🇬🇧	▼ VDS
17	<input type="checkbox"/> Cream Cheese & Cucumber S'wich/White 🇬🇧	▼ VDS
Choose <u>One</u> of the following		
18	<input type="checkbox"/> Eaton Mess (local strawberries & cream) 🇬🇧	VSH
19	<input type="checkbox"/> Cheese & Biscuits 🇬🇧	VDH
20	<input type="checkbox"/> Fresh Apple 🇬🇧	▼ VD
21	<input type="checkbox"/> Strawberry Jelly	DS
22	<input type="checkbox"/> Vanilla Ice Cream 🇬🇧	VDS
Evening Snack		
23	<input type="checkbox"/> Mini Pack Biscuits 🇬🇧	V
24	<input type="checkbox"/> Fresh Satsuma	▼ VD

Bring Home the Harvest
28 Sept - 3 Oct 2014
British FOOD FORTNIGHT

www.lovebritishfood.co.uk

For Ward Use Only
Gold Tray ☐ Assistance Required ☐

Please turn over for further information.