The Australian Pregnancy Register (APR) is an independent project that has been running for 20 years nationally. We are an observational register and collect information about pregnant women with epilepsy, treated and untreated, to determine which AEDs are safest for the baby while protecting the mother from seizures. As a result of this study we are getting closer to defining safer treatment choices.

The Register would benefit from a boost to the number of women participating in the study, as well as increasing the length of the study to ensure enough evidence is collected for the findings to become treatment guidelines.

This a voluntary, nationwide study that is enrolling women who are currently pregnant or who have given birth recently (infants up to 12 months of age) in the following categories:

- Women with epilepsy taking antiepileptic medication (AEDs)
- Women with epilepsy not taking AEDs
- Women taking AEDs for other conditions

**How to enroll:**
Self-referral or Health Care Professionals

**Call:** 1800 069 722  
**Email:** apr@mh.org.au  
**On line:** www.apr.org.au Click on the “Register Now” button  
**On Line:** through Epilepsy Action www.epilepsy.org.au-  
**Mail:** APR PO Box 2146 Royal Melbourne Hospital, Parkville Vic 3050

Health Care Professionals can assist with enrolment by making the first contact with the women’s permission; this often enhances the chance of enrolment.

Once enrolled there are no appointments or visits for this study all information is gathered by way of four telephone interviews (or a combination of depending on point of enrolment)

1. On enrolment.  
2. 7 months gestation.  
3. 4-8 weeks post-delivery.  
4. 1 year post-delivery.

During the interviews, women have the opportunity to ask any question relevant to the pregnancy and birth, their epilepsy and their antiepileptic medication. Epilepsy & Pregnancy resources are also available

Please contact Janet or Alison if you need any additional information and or pamphlets