

Australian Pregnancy Register Enrolment

Participation is voluntary: All interviews are by phone and are conducted by a qualified research coordinator.

The APR collects information before and after the delivery on the mother's medical and family history, social and educational background, previous pregnancies and details about her epilepsy and its treatment.



The Register follows women taking antiepileptic medications throughout their pregnancy, delivery and 12 months post-delivery. We look to identify foetal malformations, seizure control, as well as cognitive effects the children may have as a result of prenatal exposure.

Women can enrol at any time during the pregnancy and can enrol retrospectively until their infant is 1 year old.

Eligible women are referred to us mostly by their neurologists, obstetricians, midwife, epilepsy association or themselves. We have a toll free number that participants can call from all over Australia.

How to enrol:

- Potentially eligible women call **1800 069 722** or email Janet Graham at **janet.graham@mh.org.au**
- Alternatively a doctor or health professional can contact the register directly.
- Dedicated research nurse determines eligibility, establishes contact details.
- Send out written information and consent form for enrolment.
- Eligible participant signs and returns consent form. Stamped self addressed envelope provided.
- Telephone contact to confirm returned consent and organise time for interview.
- Return by post a copy of the completed consent.

There are no appointments or visits for this study all information is gathered by way of four telephone interviews.

1. On enrolment.
2. 7 months gestation.
3. 4-8 weeks post-delivery.
4. 1 year post-delivery.

During the interviews, women have the opportunity to ask any question relevant to the pregnancy and birth, their epilepsy and their antiepileptic medication.

This is an observational study only. We do contact the treating doctors, neurologists, obstetricians, GPs etc. for additional medical information if required and to notify them of their patient's enrolment.

[For more information go to www.apr.org.au](http://www.apr.org.au)