

# Nutrition Facts

8 servings per container

**Serving size** 1 Cup (240ml)

Amount per serving

**Calories** 150

% Daily Value\*

**Total Fat** 8g 10%

Saturated Fat 5g 25%

*Trans* Fat 0g

**Cholesterol** 35mg 12%

**Sodium** 110mg 5%

**Total Carbohydrate** 11g 4%

Dietary Fiber 0g 0%

Total Sugars 12g

Includes 0g Added Sugars 0%

**Protein** 8g

Vitamin D 5mcg 25%

Calcium 400mg 30%

Iron 0mg 0%

Potassium 327mg 6%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Non-Homogenized  
Whole Milk

Contains Milk.