

Nutrition Facts

8 servings per container

Serving size 1 Cup (240ml)

Amount per serving

Calories 80

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 110mg 5%

Total Carbohydrate 11g 4%

Dietary Fiber 0g 0%

Total Sugars 12g

Includes 0g Added Sugars 0%

Protein 8g

Vitamin D 5mcg 25%

Calcium 400mg 30%

Iron 0mg 0%

Potassium 388mg 8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Homogenized Skim Milk

Contains Milk.