

The Little Lane Nursery
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Dear Parents/Carers.

Welcome to our summer newsletter - and what a summer it has been so far!

The great thing about the warm weather is a good excuse for water play in the garden. There is nothing nicer than walking around the nursery and hearing the sounds of children squealing with excitement during some water play—there has been a lot of jumping through sprinklers to keep nice and cool!

There is never a newsletter sent out when we say we've had a quite few months — since the last newsletter we have opened our second nursery setting and welcomed more new families and team members to our Lane Lane home

We are looking forward to the 3rd Family Fun Day and hope to see lots of you there

We hope you enjoy our latest newsletter

The Little Lane Team . X

3rd Annual Little Lane Family Fun Day Easton on the Hill Playing Fields Sunday 12th August 2018 11:30am - 3:30pm









Petting farm, pony rides, bouncy castles, face painting, a visit from the Little Lane bear, ice cream van & prosecco bar for the grown ups!

> ~Bring a picnic & picnic blanket~

We look forward to welcoming all our families to our annual Family Fun Day - this year being held at Easton on the Hill playing fields (please note change of venue - address is <u>Ketton Drift, Easton on the Hill, PE9 3LZ</u>).

Petting farm (between 1pm-3pm), pony rides, bouncy castles, face-painting, a visit from the Little Lane bear, ice cream van & prosecco bar for the grown ups!

~ Bring a picnic & picnic blanket ~

# **LOCAL EVENTS**

'Out of this World' Workshop Sculpture Garden, Burghley 30th July - 24th August 2018

- Week 1 Alien Hats
- Week 2 Space Ship Suncatchers
- Week 3 Rocket bookmarks
- Week 4 Alien Magnets



'Baby Bushcraft for under 5s' Fineshade Wood September 14th 2018, 10-11:30am

An introduction to the woods for the under 5's - no big kids allowed! Join our monthly tribal gathering and enjoy wild play, forest exploration and outdoor fun whatever the weather!

Marshmallow toasting required.
One adult must be present for every two children throughout the event.
£5 per child.

www.tindersticks.org.uk



Hill Farm Pick Your Own Oundle Road, Chesterton, PE7 3UA Open throughout the summer

Pick your own strawberries, raspberries

http://www.hillfarmnyo.co.uk/



## **STAFF UPDATE**



Congratulations to Victoria, from our Primrose room, on the safe arrival of a little boy in May



Congratulations to Sophie, our Forest School Assistant, Primrose room, on the safe arrival of a little girl in July.



We are delighted to announce that Ebony, from our Primrose room, is expecting a baby boy in November.

We would like to introduce you to the following new staff members that have joined the Little Lane Nursery Team.



#### **Shervl Love**

"I originally worked in retail for a number of years before unfortunately being made redundant because of store closures, although very stressful at the time this was the push that I needed to follow my love of child care, I set out to achieve this and contacted a lovely nursery In Leicester where the owner saw my passion and potential I was given a chance to work for them, within a year I completed my level 3 in child care and worked my way up to room leader/deputy manager. I loved my time there but due to

personal reasons decided I needed a fresh start away from Leicester, I moved to Stamford and fell in love with the place, the only thing I was missing was finding a nursery that was homely and as amazing as the one I came from, until I came to the Little Lane, I immediately knew that this was an exceptional nursery that prides it's self on going above an beyond for the children in their care, I'm so excited to be apart of their team! And I'm so fortunate to have found a lovely place to work.

I'm still finding my feet around Stamford and making new friends, but you will often find me in Costa coffee ... I love lattes! My hobbies include .. shopping!

Dancing and going for lattes, I'm also thinking about joining a gym".

### Alice Gibson

"Hello! I'm Alice, I am the Forest School Assistant at The Little Lane Nursery.

I have worked with children with children within outdoor education for 4 years, and have my degree in BSc Wildlife Conservation. I have a real passion for the outdoors, and love seeing the children benefit from learning in a natural environment, and using their imagination in the woods.

In my spare time I enjoy spending time with family and friends, reading and playing netball."



### STAFF UPDATE

#### **Julie Spires**

"Hello, my name is Julie and I am a nursery nurse at The Little Lane Preschool. I have worked with children all of my adult life, spending many years working as a nanny which enabled me to work and live in Italy and Canada. After returning to the UK, and in particular Easton on the Hill (i'm a true Easton girl - born and



raised in the village!), I worked in a nursery, studying hard and eventually gaining a BA in Early Childhood Education.

I am passionate about using imaginative play with the children as it is a great way to use real life experiences and also provides the opportunity to explore new and different aspects of the world around them.

In my spare time, I enjoy reading, gardening and upcycling furniture!".

### **Sophie Hosty**

We are delighted to confirm that Sophie Hosty has been promoted to Deputy Manager of The Little Lane Nursery in Stamford.

Since Sophie joined the Little Lane team back in August 2016, her commitment and enthusiasm has shone in abundance. As well as running her room, Sophie has also taken on additional responsibilities including our Early Years



Foundation Stages (EYFS) co-ordindator, our 'go to' for any relating to our online learning journal, Tapestry, to name but a couple of things.

We hope that you will join us in congratulating Sophie on her promotion.

### **Kylie Giles**

At the end of August we will be sad to say goodbye to Kylie, who will be leaving us for pastures new. Kylie has worked in childcare for over 20 years and is mummy to two children and she has made the decision to have a complete career change. You will still get to see our smiley-Kylie in Stamford as she will be working in the newly opening



JoJo Maman Bebe, which will be opening in the former Pia jewellery shop on the high street. We wish Kylie all the very best in her new role and thank her for all her help and expertise given to the Little Lane Nursery.

### **Naomi Pearce**

"Hi, my name is Naomi and I have been working with children for 5 years. Prior to joining The Little Lane Preschool, I worked in a local school. In 2014 I completed my Level 3 in Childcare at New College Stamford, before going on to complete my BA Hons in Education.



I love working with children, and it was always my dream to work with them - it brings such a joy to my life. I love to help them grow and develop into caring, happy and outgoing individuals.

Outside of work I enjoy spending time with my friends and family, especially my cousins (aged 8,5 and 2 year old twins!). I also love walking my dog around the local countryside".

### **Indy Whincop**

We are delighted to confirm that Indy Whincop has passed her Level 3 in Childcare.

Indy joined us in December 2015 as a shy apprentice to undertake her Level 2. Fast forward 2.5 years and Indy is now a confident, bubbly, creative, hardworking member of the Little Lane Team.



Ordinarily once our apprentices are qualified they leave us to find a permanent position - however we love Indy so much that we couldn't let anyone else have her so she will be joining us on a permanent basis as a qualified nursery nurse.

#### Jemma-Louise Pennev

In July we said Goodbye or 'αντιο σας' in Greek to Jemma-Louise who was our Deputy Room Supervisor in the Buttercup Room. Jemma-Louise has gone to work in Greece as a private Nanny for an overseas holiday company. A fantastic opportunity to gain different experience and on a beautiful



Greek Island (we're not jealous... honest!!). We will miss her greatly, but wish her every success in her new role.

# **FUNDRAISING**

On the 28th April The Little Lane Nursery, along with several of our parents/carers undertook the Yorkshire Three Peaks Challenge. The challenge consists of a 25.5 mile walk, taking in the peaks of Pen-y-ghent, Whernside and Ingleborough including 5200ft of assent in under 12 hours.





We were raising money for the Neonatal Intensive Care Unit (NICU) at Peterborough City Hospital - a cause close to several of the parents and children we look after at The Little Lane Nursery.

We were blessed with fantastic weather, tonnes of comradery and are delighted to say that all 25 participants finished this incredible challenge - all in 11 hours or under!

This fantastic challenge raised an impressive total of £3,825 for our cause.

In July were were able to present the items that the NICU department has requested with the money raised. This included three new SoundEars - a specialist noise monitor that allows staff and people visiting the NICU ward to measure and visualize noise levels. Hospital noise is an issue for babies born prematurely who are at high risk when it comes to external influences such as noise. Their systems are underdeveloped and they need as much sleep and rest as possible to recuperate.

Well done to everyone who undertook the challenge and for all those that donated.

Stay tuned for details of our next fundraising challenge!



### **BUTTERCUP ROOM REDECORATION**

It's hard to believe we are now in our 3rd year - with that comes the need to start sprucing up the nursery. We have started with the Buttercup room - this room was originally our baby room before we opened the separate Primrose room across the from the main nursery. As this room catered for our smaller children, we opted for a part vinyl/part carpeted area - which when first installed looked beautiful (who



would pick a cream carpet for a nursery school?!?!), however during the last three years and various "art-rageous" activities (normally courtesy of Sophie Hosty!) the carpet was looking a little less than cream!

During our mini makeover we ripped out the existing carpet and vinyl and had the whole room relayed in vinyl. This has made the room look so much bigger and definitely better equipped for lots of creative activities.

The storage units have been reconfigured and the room works so much better for the children and staff.

We take huge pride in our surroundings, therefore watch this space for the next mini-makeover.

# **STAFF TRAINING**

In September, Zoe, our Deputy Room Supervisor in the Bluebell Room is starting a exciting new adventure by training for her Early Years Teacher status at Pengreen in Corby.

She will continue to work at The Little Lane in the Bluebell room but will be out on placement in Primary Schools and at college on and off throughout the year.

Zoe is really looking forward to taking this next step in her career being able

to teach 0-6 year olds and can't wait to put into practice what she learns from the course.



# THE LITTLE LANE PRESCHOOL OPENS!



In May 2018 we opened our second early years setting in the beautiful village of Easton on the Hill. We have transformed the former Easton on the Hill Preschool,

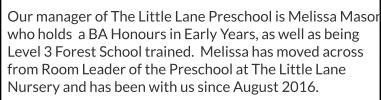
next to the former primary school. The building was constructed in 2011 for the purpose of an early years setting, so careful thought and consideration has gone into its design and layout. The Norwegian style log cabin has a natural look and feel, which has a

positive effect on the children's behaviour - providing a light, airy, calming, echo free environment with free flow from the classroom to the garden.

The setting also benefits from a small wooded copse attached to the site, which will be used for onsite forest school activities. The site is currently being prepared for forest school use.

The Little Lane Preschool caters for chilren from the age of 2 - 5 years of age, taking a maximum of 30 children, and is open from 7:30am - 6:30pm all year round. Funding is available for those eligible 2 year olds and 3 & 4 year olds

(including those eligible for 30 hours funded sessions).



Melissa is supported by two team members at The Little Lane Preschool, Julie and Naomi (see staff update section for their bios.









# An update from The Little Lane Preschool

"Hi everyone! Melissa here with a little update on how we have been getting on over at The Little Lane Preschool in Easton on the Hill. We opened back in May and have had a mixture of new children joining our family as well as some that have moved over from our Stamford site too.

Our lovely staff consist of Julie, Naomi and myself. We have a lot of outdoor space so we spend most of the day outside, we even have our snacks and mealtimes on the veranda which is lovely. We have an amazing sand shed that we love to build sandcastles in as well as a construction shed that houses, bricks, saws, wheelbarrows and a cement mixer!

It's been so hot that we have been taking part in lots of water play - Julie even made a special water sprinkler so that the children could change into their swimwear and cool off underneath, which has been great fun.

It's always very exciting here as we see lots of planes and helicopters flying over each week and we also see lots of wildlife; we had a couple of red kites that fly overhead most days, some squirrels, lots of friendly insects and even a couple of sparrows that came into our classroom, fly around and then back out the door again!

Some of the topics that we have been learning about recently are holidays - the beach, transport and we even had a Scottish themed week after one of our children went to visit family in Scotland. The highlight of the week was when this child's daddy sent her to nursery with his kilt and sporan for us to try on, we loved having a go at the Highland fling too!

Bye for now! Melissa & the team x

### **FOREST SCHOOL UPDATE**

The warmer weather has been great for our forest school sessions, the children have been joining in with lots of imaginative play which we hope to continue over the next few months. Together we have made drum kits, potions and there has been lots of insects about for us to watch and explore.

We hope to support the children with some more risky play whilst in the forest. Our Forest School site in Wothorpe offers plenty of opportunities for the children to join in with these type of activities.

Incorporating Forest school across the whole nursery Is something I'd quite like to start doing. For example our younger babies, introducing natural resources such as feathers and pine cones whilst being supervised with a member off staff will be a great way to start. Babies are constantly using their senses to learn whether it's touch - feeling the natural objects and getting used to their features or even sound - playing sounds from the outdoors - this will begin to promote some of the Forest school Ethos.



## PRIMROSE ROOM UPDATE

Hello from the Primrose room!

Recently we have been enjoying the glorious summer with lots of picnics on the meadows or at the recreation ground with our friends in the Daisy room, using our new swish quad pushchair!

In addition to our walking wagon, our new Familidoo Heavy Duty Quadruple pushchair is specially designed for early years settings, so is built to stand the test of time and number small people. It can take four children





up to a 36 months of age and is fitted with an auto brake for added safety and lots of storage for those picnics.

As the weather has been exceptionally hot we have been enjoying the aircon with some indoor water play and different texture messy play, such as slime, cloud dough and crunchy cornflakes.

We have had a couple of new starters within our room recently, who have all settled in really well and are now a big part of our nursery family.

We are all very excited for Ebony, who is due to have a baby boy in November and we wish her all the best and can't wait to meet her little one.

# **BUTTERCUP ROOM UPDATE**

Hello from the Buttercup room!

Wow what an exciting few months it's been. We have been making the most of this amazing weather by getting out and about lots. We have been for a picnic with our dolls, to the train station and have also spent lots of time at Burghley running through the grass.

Another exciting thing to happen in our room was the fact we have our very own '60 Second Makeover' courtesy of Emma



and Victoria. The room was completely revamped and it looks fabulous. The children love having more access to the toys and even more space to play. We have also moved our sand tray in our courtyard so we have even more space. We no longer have carpet in the room, which has meant we can have lots more water and messy play activities and set up bigger obstacle courses to strengthen our gross motor skills.

If you haven't already done so, please do pop your head around the door and say hi and check out our new space!.

Much love,

The Buttercups x

# **DAISY ROOM UPDATE**

Hello from the Daisy room!

As our summer has been so beautiful this year we have been enjoying going out and about in the community, taking our activities with us as well as sociallising with the other rooms.

We've also been focusing on the hungry caterpillar as we've been lucky enough to have had our own caterpillars and watched them turn in to beautiful butterflies. We've



learnt all about how long they cocoon for, what the butterflies eat and how to look after them, before releasing them into the wild.

Over the next couple of months, as we have had some new children move up from the Buttercup room, we will be focusing on basics, such as sitting at story times, how to use our cutlery correctly. As we have had several children move up, it means that we have had to say good bye to some of Daisies who are moving up to the Bluebell preschool.



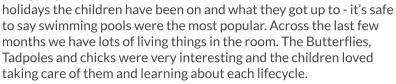
We'd really like to hear about what your children love to do at home and what they play with, we'd also love to see some home observations made by parents/carers on to Tapestry and also just outside our cloakroom we have a home interest board that can be added to. Simply fill in your child's star in with information about their interests.

Many thanks for Katie, Chloe and Alice in the Daisy room  ${\bf x}$ 

# **BLUEBELL ROOM UPDATE**



The Bluebell Room has been following the children's interest of holidays. We loved our visit to the Travel Agents and made our very own passports. We have heard lots about the



We have been supporting the children that are going to school in September with their school readiness in preparation for their next big step. And we wish all of those children that go to big school the best of luck, we will miss them all lots!

Our Graduation Ceremony for the 2018 school leavers is Friday 17th August at 6pm at The Little Lane Nursery in Stamford - we look forward to welcoming the children and their families to celebrate them graduating their nursery education and wishing them well for starting "big school" next month. Don't forget your tissues!!

### **BITS & BOBS**

### **Late Collections & Early Drop Offs**

We are able to offer early drop offs (between 7:30-8:00am) or late collections (between 6:00-6:30pm). If you would like to book an early drop off or late collection, please let us know so that we can book this is for you to ensure that we have the appropriate numbers of staff. If you do arrive at nursery early, on a non-booked early drop off, we are more than happy for yu to come in to the rooms and wait with your little one until your sessions starts at 8am (staff may be in the room, but they are preparing for the day, therefore parents/carers must stay with their child).

We appreciate there may be the odd occasion when you may be late collecting your child(ren), however for those parents/carers that are persistently late collecting their child(ren) we will have to start charging a late collection fee which is paid to the team members that need to stay late.



#### **Holidays**

If you have any holidays coming up, please do let us know so that we can ensure room lists are accurate, which helps when planning staff rotas and annual holiday.



#### Suncream & Hats

2018 is turning into a bumper summer please can you ensure that we have a bottle of sunscreen and a hat for your little one at nursery - thank you!



### **BITS AND BOBS**

#### **Hot Drinks**

Please could we kindly ask parents/carers to not bring any hot drinks into the nursery at any time.

This poses a hazard for the children within the setting.

Your help and understanding appreciated.



#### **Clothes**

Please could we remind parents/carers to help us by labelling all your childrens clothes. As you can imagine, having 46 children in the Stamford setting that we can't keep track of what belongs to who!

We also request that parents/carers do not send their child to nursery in clothes that they would not be happy to see with the addition of glitter, glue and mud!

Thank you!



#### **Change of Personal Details**

Please let us know if your personal details change - it is imperitive that we have your correct contact details, addresses, medical details etc.

Pleae email
info@littlelanenursery.com
or
info@littlelanepreschool.com



# **TAPESTRY UPDATE**

At The Little Lane Nursery, we believe that play is essential to children's learning. Play allows children to explore, take risks,



solve problems, be imaginative and practice new ideas and skills. This is why each key person carefully plans around their key child's individual interests; looking for ways to extend the child's learning and provide further challenges.

As a nursery, we value that Parents are children's first and most enduring educators and we hope to work alongside you to create a deeper level of learning. To help us achieve this, we have been using an online system called Tapestry. This helps us to share what activities your child has been doing at nursery, through pictures, videos and regular observations. Each observation is linked to the EYFS to help you to understand how your child's play links to the statutory early learning goals. You can find more information on the Early Years Foundation Stage (EYFS) at https://www.foundationyears.org.uk/wp-content/uploads/2012/03/Development-Matters-FINAL-PRINT-AMENDED.pdf

Each child at The Little Lane Nursery has their own tapestry account which you can access through a username and password. Once you have logged onto the system, you will be able to view all of the exciting things your child has been doing at nursery. The system allows you to like and comment on all of your child's observations. You can even add home observations for us to follow at nursery. We love to see what exciting things you have been doing at home so please feel free to add as many observations as you can!

If you have any questions about Tapestry or would like us to send out a new log in then please speak to our EYFS coordinator (Sophie Hosty) or your child's key person.

### **BUMP & BABY GROUP**

We hope to be able to restart our bump and baby group towards the autumn at a new venue. Our plan will be to offer this group at a location with easy parking - although Barn Hill was a lovely venue, many parents had commented the day and time was not good in terms of finding parking - especially with a baby or bump in tow!

We will keep you updated on a start date and venue details.





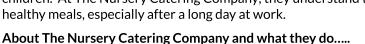


# AN UPDATE ON NURSERY FOOD

As our nursery has grown in size and we now have two nursery sites we are trialling a new catering provider - The Nursery Catering Company.

Parents and carers are becoming increasingly aware of the importance in providing healthy, nutritious meals for their

children. At The Nursery Catering Company, they understand the difficulties working parents face in providing a variety of healthy meals, especially after a long day at work.



The Nursery Catering Company is a catering company located in the West Midlands, specialising in catering for childcare providers and day nurseries.

Their menus operate on a 3 weekly rotational basis and have been developed with the assistance of children's nutritionists to specifically meet the requirements and tastes of young children and are approved by **The Children's Food Trust**.

The process is very simple.... Meals are prepared and cooked in a commercial kitchen using fresh ingredients that can be traced to the farms that they were grown/produced on. The meals are then blast frozen straight out of the oven and reduced to -18°c within 4 hours. This ensures the food is preserved at the highest possible quality.

The products are labelled according to Food Labelling Legislation, which commenced in December 2014. Each of the dishes clearly labels the allergens that are contained in the meal or dessert. The menus have each of the allergens clearly displayed for each meal or dessert.

Meals are then delivered to our nursery setting weekly in duel temperature vehicles. The internal temperature of our vehicles is digitally monitored and recorded upon delivery. The meals are then reheated in an oven from frozen, and served to the children.

They provide standard, vegetarian and allergen free menus and you can feel satisfied that your children are eating a nutritionally balanced meal every day.

The Little Lane Preschool has been enjoying these meals since the beginning of July and The Little Lane Nursery will commence a three-week trial from 13th August.

The current three week menu is:



### SPRING/SUMMER MENU 2018

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WEEK 1	LUNCH	INGREDIENTS	DESSERT	INGREDIENTS	TEA	INGREDIENTS	TEA DESSERT	INGREDIENTS
MONDAY	Beef Ragu And Jacket Potato (183G)	Minced Beef, Chopped Tomatoes, Passala, Diced Onlon, Carrot, Red Lentils, Kidney Beans, Mixed Peppers, Broccoli, Garlic, Mixed Herbs, Jacket Potato ALLERGENS: NONE	Easi-Yo Fruit Yoghurt (60G)	Water, Milk, Soy Lecithin, Fruit Puree ALLERGENS: MILK, SOYA	Moroccan Pork With Rice (167g)	Minced Pork, Mixed Vegetables, Papriria, Ginger, Onion, Cinnamon, Cumin, Carrot, Long Grain Rice, Mixed Pappers, Tomatose ALLERGENS: NONE	Apple And Pear Crumble (120G)	Apple, Pear, Crumble Topping ALLERGENS: GLUTEN, WHEAT, EGG, MILK, SOYA
TUESDAY	Sweet And Sour Chicken With Rice (190G)	Chicken Breast, Rice, Sweet And Sour Sauce (Sugar, Carrot, Orion, Pineapple, Sugar, Sliced Green Peppers, Tomato, White Rice Vinegar, Sileed Red Peppers, Modified Maire Starch, Spirit Vinegar, Bomboo Shoots, Rapeseed Oil, Ginger, Garife Puree, Satt), Mixed Vegetables, ALLERGENS, NONE	Chocolate Chip Muffin (50G)	Eggs, Vegetable Spread. Caster Sugar, Flour, Dark Chocolate Chips. ALLERGENS: EGG, MILK, WHEAT, GLUTEN	Beef Chilli And Potato Wedges (200G)	Beef, Mixed Beans, Tomatoes, Passata, Mixed Vegetables, Mild Chilli Powder, Potato Wedges. ALLERGENS: NONE	Fruit Smoothie (50G)	Fruit ALLERGENS: NONE
WEDNESDAY	Chicken, Cauliflower And Broccoli Gratin With Garlic Bread (215G)	Chicken, Cauliflower, Cheese Sauce, Mild Cheddar, Broccoli, Garlic, Wheat Flour, Salt ALLERGENS: MILK, GLUTEN, WHEAT, SOYA	Fruit Jelly (50G)	Fruit, Sugar, Flavourings ALLERGENS: NONE	Fish In Parsley Sauce (140g) With Potato Croquettes (60g)	White Fish, Salmon, smoked Haddock, Milk, Corn Flour, Wheat Flour, Egg, Parsley, Celery, Black Pepper, Onion, Peas, Sweetcom ALLERGENS: FISH, GLUTEN, MILK, WHEAT	Chocolate And Raisin Krispie Cake (50G)	Milk Chocolate, Raishs, Vegetable Margarine, Rice Krispies ALLERGENS: GLUTEN, BARIEY, WHEAT, MILK, SOYA
THURSDAY	Fish Fingers, Mash Potato And Spaghetti Hoops (180G)	Fish Fingers, Potatoes, Spaghetti Hoops. ALLERGENS: WHEAT, GLUTEN, FISH	Raspberry Ripple Mousse (50G)	Water, Milk, Raspberry ALLERGENS: MILK	Chicken And Vegetable Curry With Rice (210G)	Diced Chicken, Broccoli, Cauliflower, Carrots, Peas, Tornatoes, Curry Powder, Turmeric, Long Grain Rice, ALLERGENS: NONE	Easi-Yo Fruit Yoghurt (60G)	Water, Milk, Soy Lecithin, Fruit Puree ALLERGENS: MILK, SOYA
FRIDAY	Summer Vegetable and Chicken Stew (210g)	Olive Oil, Leeks, Garlic, Thyme, Chicken, Potatoes, Chicken Stock, Green Beans, Tomato, Petit Pois ALLERGENS: NONE	Fruit Shortbread (50g)	Fruit Pieces, Vegetable Margarine, Caster Sugar, Plain Flour, ALLERGENS: GLUTEN, SULPHITES, WHEAT	Chicken Meatball Ragu With Wedges (190G)	Chicken Meatballs, Mixed Herbs, Tomatoes, Passata, Mixed Peppers, Garlic, Potato Wedges, Courgette, Onion, Aubergine ALLERGENS: GLUTEN, WHEAT	Rhubarb And Apple With Custard (150G)	Rhubarb, Apple, Ready To Pour Custard ALLERGENS: MILK



# AN UPDATE ON NURSERY FOOD



# NUISEN CATERING CONTANT

# SPRING/SUMMER MENU 2018

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WEEK 2	LUNCH	INGREDIENTS	DESSERT	INGREDIENTS	TEA	INGREDIENTS	TEA DESSERT	INGREDIENTS
MONDAY	Salmon Fishcakes, Baby Potatoes In A Parsley Butter, Peas And Sweetcorn. (210G)	Salmon Fishcake, New Potatoes, Vegetable Margarine, Parsley, Peas, Sweetcon ALLERGENS: FISH, GLUTEN, WHEAT	Rice Pudding And Fruit Jam (100G)	Rice Pudding, Fruit Jam ALLENGENS: MILK	Sweet And Sour Chicken With Rice (190G)	Chicken Breast, Rice, Sweet And Sour Sauce (Sugar, Carrot, Orlon, Pineapple, Sugar, Stock Green Peppers, Tomato, White Rice Vinegar, Slock Red Peppers, Modified Maler Starch, Spirit Vinegar, Bamboo Shoots, Rapessed Oli, Ginger, Garlie Punes, Salti, Mixed Vegetables.	Chocolate Chip Muffin (50G)	Eggs, Vegetable Spread, Caster Sugar, Flour, Dark Chocolate Chips. ALERGENS: EGG, MRK, WHEAT, GLUTEN
TUESDAY	Cheesy Bean And Potato Pie (200G)	Potato, Cheese, Mustard, Baked Beans, Chives, Milk, Onion ALLERGENS: MILK, MUSTARD	Easi-Yo Fruit Yoghurt (60G)	Water, Milk, Soy Lecithin, Fruit Puree ALLERGENS: MILK, SOYA	Beef Ragu And Jacket Potato (183G)	Minced Beef, Chopped Tomatoes, Passata, Diced Onion, Carrot, Red Lentils, Kidney Beans, Mixed Peppers, Broccoli, Garlic, Mixed Herbs, Jacket Potato ALLERGENS: NONE	Raspberry Ripple Mousse (50G)	Water, Milk, Raspberry ALLERGENS: MILK
WEDNESDAY	BBQ Chicken And Mediterranean Vegetables With Rice (195G)	Chicken Breast, 8BQ Marinade, Courgette, Mixed Peppers, White Rice, Tomatoes ALLENGENS: NONE	Fruity Flapjack (50G)	Vegetable Margarine, Brown Sugar, Golden Syrup Osts, Chopped Dried Apricot, Chopped Dried Cranberries, Raislins ALLERGENS: OATS, GLUTEN	Lamb Burger With Potato Wedges And Peas (187G)	Lamb Burger, Potato Wedges, Peas ALLERGENS: WHEAT, GLUTEN	Neapolitan Ice-Cream With Wafer (65G)	Skimmed Milk, Sagar, Vegetable Oils (Palm Stearin, Palm, Palm Kernel), Whey Powder (Milk), Fat Reduced Cocoa Powder, Emulsifier, Dark Chocolate (Beetroot Red, Annatto, Curcumin) Wheat ALLERGENS: MILK, SOYA, WHEAT, GLUTEN
THURSDAY	Beef Lasagne (192G)	Minced Beef, Leek, Carrot, Broccoll, Onion, Mixed Peppers, Tomatons, Passata, Garlic, Lasagne Sheets, White Sauce, Cheese, Oregano ALLERGENS: GLUTEN, MILK, WHEAT	Ice Cream Roll (90G)	Water, Sugar, Palm Oil, Milk, Buttermilk, Emulsifier, Stabilisers, Flavouring, Colour (Bectroat Red), Flour ALLERGENS, MILK, EGG, SOYA, WHEAT	Fish Fingers, Mash Potato And Spaghetti Hoops (180G)	Fish Fingers, Potatoes, Spaghetti Hoops. ALLERGENS: WHEAT, GLUTEN, FISH	Fruit Shortbread (50g)	Fruit Pieces, Vegetable Margarine, Caster Sugar, Pla Flour, ALLERGENS: GLUTEN, SULPHITES, WHEAT
FRIDAY	Chicken Meatball Ragu With Wedges (190G)	Chicken Meatballs, Mixed Herbs, Tomatoes, Passata, Mixed Peppers, Garlic, Plotato Wedges, Courgette, Onion, Aubergine ALLERGENS: GLUTEN, WHEAT	Chocolate Brownie (70G)	Wheat Flour, Vegetable Oil, Dried Glucose Syrup, Fat Reduced Cocos Powder, Egg Powder, Emulsifier, Salt, Chocolate Flavouring, Milk. ALLERGENS: EGGS, GUTEN, WHEAT, BARLEY, MILK, SOYA	Summer Vegetable and Chicken Stew (210g)	Olive Dil, Leeks, Garlic, Thyme, Chicken, Potatoes, Chicken Stock, Green Beans, Tomato, Petit Pois ALLERGENS: NONE	Fruit Jelly (50G)	Fruit, Sugar, Flavourings ALLERGENS: NONE



# SPRING/SUMMER MENU 2018

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WEEK 3	LUNCH	INGREDIENTS	DESSERT	INGREDIENTS	TEA	INGREDIENTS	TEA DESSERT	INGREDIENTS
MONDAY	Lamb Burger With Potato Wedges And Peas (187G)	Lamb Burger, Potato Wedges, Peas ALLERGENS: WHEAT, GLUTEN	Neapolitan Ice-Cream With Wafer (65G)	Skimmed Milk, Sugar, Vegetable Oils (Palm Staarin, Palm, Palm Kernel), Whey Powder (Milk), Fat Reduced Cocoa Powder, Emulsifier, Dark Chocolate (Beetroot Red, Annatto, Curcumin) Wheat ALLERGENS: MILK, SOYA, WHEAT, GUITEN	Beef Lasagne (192G)	Minced Beef, Leek, Carrot, Broccoil, Onion, Mixed Poppers, Tomatoes, Passata, Garlic, Lasagne Sheets, White Sauce, Cheese, Oregano ALLERGENS: GLUTEN, MILK, WHEAT	Easi-Yo Fruit Yoghurt (60G)	Water, Milk, Soy Lecithin, Fruit Puree ALLERGENS: MILN, SOYA
TUESDAY	Chicken And Vegetable Curry With Rice (210G)	Diced Chicken, Broccoli, Gauliflower, Carrots, Peas, Tomatoses, Curry Powder, Turmeric, Long Grain Rice, ALLERGENS: NONE	Rhubarb And Apple With Custard (150G)	Rhubarb, Apple, Ready To Pour Custerd ALLERGENS: MILK	Chicken, Cauliflower And Broccoli Gratin With Garlic Bread (215G)	Chicken, Cauliflower, Cheese Sauce, Mild Cheddar, Broccoll, Garlic, Wheat Flour, Salt ALLERGENS: MILK, GLUTEN, WHEAT, SOYA	Chocolate Brownie (70G)	Wheat Flour, Vegetable Oil, Oried Glucose Syrup, Fat Reduced Caces Powder, Egg Powder, Emulsifier, Salt, Chocolat Flavouring, Milk, ALLERGENS: EGGS, GLUTEN, WHEAT, BARLEY, MILK, SOYA
WEDNESDAY	Beef Chilli And Potato Wedges (200G)	Beef, Mixed Beans, Tomatoes, Passata, Mixed Vegetables, Mild Chilli Powder, Potato Wedges. ALLERGENS: NONE	Chocolate And Raisin Krispie Cake (50G)	Milk Chocolate, Raisins, Vegetable Margarine, Rice Krispies ALLERGENS: GLUTEN, BARLEY, WHEAT, MILK, SOYA	Salmon Fishcakes, Baby Potatoes In A Parsley Butter, Peas And Sweetcorn. (210G)	Salmon Fishcake, New Potatoes, Vegetable Margarine, Parsley, Peas, Sweetoon ALLERGENS: FISH, GLUTEN, WHEAT	Rice Pudding And Fruit Jam (100G)	Rice Pudding, Fruit Jam ALLERGENS: MILK
THURSDAY	Moroccan Pork With Rice (167g)	Minced Pork, Mixed Vegetables, Paprika, Gigetables, Paprika, Gigetables, Clinamon, Cumin, Carrot, Long Grain Rice, Mixed Peppers, Tomatoes ALLERGENS: NONE	Fruit Smoothie (50G)	Fruit ALLERGENS: NONE	Cheesy Bean And Potato Pie (200G)	Potato, Cheese, Mustard, Baked Beans, Chives, Milk, Onion ALLERGENS: MILK, MUSTARD	Fruity Flapjack (50G)	Vegetable Margarine, Brown Sugar, Golden Syrup Oats, Chopped Dried Apricot, Chopped Dried Cranberries, Raisins ALLERGENS: OATS, GULTEN
FRIDAY	Fish In Parsley Sauce (140g) With Potato Croquettes (60g)	White Fish, Salmon, Smoked Haddock, Milk, Corn Flour, Wheat Flour, Egg, Parsley, Collery, Black Pepper, Onion, Peas, Sweetcorn ALLERGENS: FISH, GLUTEN, MILK, WHEAT	Apple And Pear Crumble (120G)	Apple, Pear, Crumble Topping ALLERGENS: GLUTEN, WHEAT, EGG, MILK SOYA	BBQ Chicken And Mediterranean Vegetables With Rice (195G)	Chicken Breast, BBQ Marinade, Courgette, Mixed Peppers, White Rice, Tomatoes ALLERGENS: NONE	Ice Cream Roll (90G)	Water, Sugar, Palm Oil, Milk, Buttermilk, Emulsifier, Stabilisers, Flavouring, Colour (Beetroot Red), Flour ALLERGEMS: MILK, EGG, SOYA, WHEAT

### **GENERAL DATA PROTECTION REGULATION (GDPR)**

There is a good chance that you will have heard about General Data Protection Regulations or GDPR on the news, radio or



through emails (i'm sure you have a gazillion emails asking you if it's still ok to contact you!), so we thought we would share a little bit of information on how we will protect yours and your child's personal information. The existing Data Protection Act was brought in in 1998, so is over 20 years old. Since then technology has soared forward and has become a huge part of our lives, which is why we need more stringent regulations to protect our personal information.

So, what will we do to protect your information? Firstly, we would still love to keep you updated on your child's day through our online software Tapestry and Dayshare! This is why we have sent out updated consent forms to ensure you are still happy to receive these. We want to assure you that all information on this software is stored on a highly secure server which is monitored closely. Each member of staff has an individual password for the system and are only permitted to access Tapestry and Dayshare via the nursery iPads and during nursery hours.

Secondly, we have made a few changes in the rooms to ensure no personal information is on display or easy to access. To do this we have:

- Removed last names and birth years from the birthday boards displayed in the rooms
- Replaced our previous allergen lists so they do not display the child's name or allergy. We will ensure that all staff members are kept up to date with any existing or new allergies
- Changed where we store the weekly rotas, stating which days the children are attending
- Purchased lockable filing cabinets for each room. Any paperwork that contains personal information will be stored in this and the keys will be locked in the office in the evening
- Ensured that all registers and iPads are checked into the office in the evening and locked away

We will also protect your personal information by ensuring that any

information we hold on you is stored in a locked filing cabinet in the office. A member of the management team will always be on hand, to ensure that your information can only be accessed by authorised personnel. When



### **BITS & BOBS**

### **Ladies Night**

Following our successful poll on our Facebook page and the unanimous 'YES" for another ladies night out we have booked an area in Twelve All Saints bar in Stamford for the evening of

### **SATURDAY 15TH SEPTEMBER**

from 7:30pm until late

Please RSVP via Facebook or drop us an email to confirm your attendance.

Open to mums, grandmas, aunties, step mums, friends - more the merrier! (Please promise a Dad's night out soon!)



#### **Haircuts**

Our lovely hairdresser Hannah is on the count down to her "big day" in October, so have been unable to confirm the next dates for haircuts.

We will confirm when we have the next



#### Aircon

Following the beautiful weather we have been experiencing the last few months we will be investigating the possibility of having air conditioning fitted within the main classrooms in the main building in Stamford.

The building is listed, so i'm sure we will have to jump through some hoops, but wanted to keep you abreast of our plans.

We will keep you posted on developments (all air con firms are currently choca block!)



### TAX FREE CHILDCARE ACCOUNTS & 30 HOURS FUNDING FOR 3&4 YEAR OLDS

#### Dear Parent.

Are you looking for support with childcare costs?

Getting financial help with your childcare costs is easier than you might think. Childcare Choices brings together all the government childcare offers in one place for the first time, including two new schemes for working parents: Tax-Free Childcare and 30 hours free childcare.

Use the Childcare Calculator on Childcare Choices to see what offers are available to support you and your family.

To find out more about the new and existing offers, and how they can help you, go to the

Childcare Choices website today:

https://www.childcarechoices.gov.uk/

It is great to see so many parents/carers have been able to take advantage of the Governments tax free childcare accounts.

#### What is Tax Free Childcare?

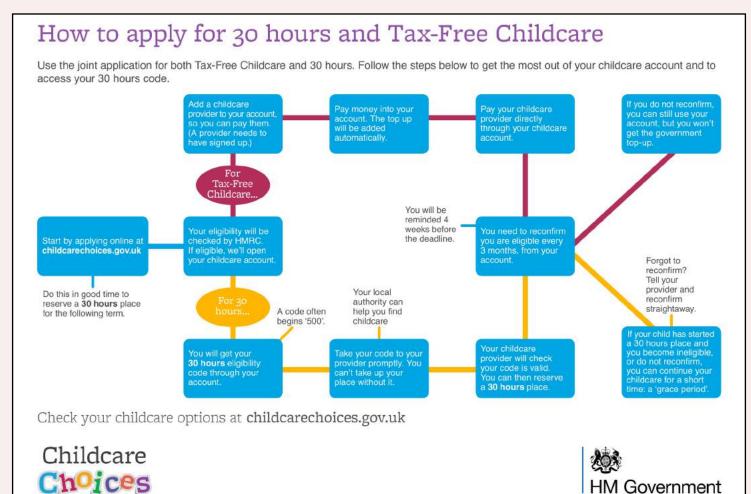
Tax-Free Childcare is a government scheme set up to support working parents with childcare costs.

If eligible, you set up an online childcare account which you an use to pay your childcare provider directly. For every £8 you pay in, the govenment will pay in an extra £2.

You can get up to £2000 per child per year, or £4000 for disabled children.

You can use Tax-Free Childcare to pay for:

- Registered childminders, nurseries and nannies
- Registered after school clubs and play schemes
- Home care workers working for a registered home care agency



### **WORDS FROM OUR PARENTS**

This is a new feature for our newsletter - we want our parents/carers to be involved and will be asking if any would like to share anything for other parents to read. This newsletter edition, we had some words from Kayleigh, a first time mummy to a little man that joined us in the Primrose room not so long ago. We asked Kayleigh how she found the transition to nursery:

"When I first looked round the nursery I was in the late stages of pregnancy and wanted to be fully prepared — even though I planned to have a year off! The first thing I will say is how welcoming the visit was and secondly how thorough it was — even though I wouldn't have been looking to immediately sign up, there was lots of care and attention taking me through everything The Little Lane had to offer — including answering my questions before I'd even thought of them! I came away feeling as though he would be in such a homely, comforting and also accordingly stimulating environment — but also one where all round individual development is really well considered!

After having my little boy you spend every minute with them and almost forget you are going to be handing them over to other people to look after; I did forget until I got a friendly notice from The Little Lane about 6 weeks before inviting me to arrange our taster sessions with them! I was so impressed at the quantity and quality of the taster sessions offered — they didn't just help my little boy settle in — they helped me transition from being a full time mum to how to be a working mum! The first session was so considered and I stayed with my little boy so could see him play and enjoy the setting. I also spent plenty of time taking them through his routine and little quirks'—all of which they were open to discussing and putting in place. The first few drop offs' were ok for my little boy — more distressing for me! The next few weeks were a little harder as my little boy got his head round the fact I would be leaving him — and he got upset at drop off (which also got me upset!) but the team were so good at giving me tips on making it easier and also helping my little boy to settle in! In every case—I would phone after I'd left to see how he was, and it would turn out the minute the door closed he was absolutely fine having been distracted and given a fun activity to do by the team!

His days are full of fun activities and trips out in the cart (which he loves) and my days are full of reassurance from the little lane (both from if I phone them and the photo updates we receive via email).

Although we went through a challenging transition (and if he is poorly/overtired) we still occasionally get some tears, it was made so much easier by the lovely environment and support for me as well as my little boy!

The best moment was walking to the door of the baby room, and my little boy knocking on the door in excitement and desperate to get inside!

It's never easy leaving your baby for the first few weeks (or at all!) but it really helps knowing they are in safe, caring hands and that they are there to reassure you (at the drop of a phone call!) and help parents with the transition as well as the babies!"

Kayleigh x

### LASTLY BUT NOT LEAST...



#### **Facebook**

We'd like to ask you a favour... would you mind taking a few minutes to write a review for us please? Your comments and feedback helps others to know what to expect when they're looking for a nursery school:

https://www.facebook.com/littlelanenursery/reviews

https://www.facebook.com/littlelanepreschool/reviews

#### Are you receiving our emails?

If you are not receiving emails from us, please ensure that the following email addresses are saved to your safe sender list within your email acount:

- info@littlelanenursery.com
- info@littlelanepreschool.com
- dayshare@parenta.com
- abacusemails@parenta.com





#### Parent/Carer Feedback

Lastly, if you have any feedback for us - things that are working for you, things that could be improved, please do speak to Emma, Victoria, Sophie or Melissa or drop us an email at info@littlelanenursery.com or info@littlelanepreschool.com.