History or Sleep

ALSO BY ROBERT SHEPPARD

POETRY

Returns

Daylight Robbery

The Flashlight Sonata

Transit Depots/Empty Diaries

(with John Seed [text] and Patricia Farrell [images])

Empty Diaries

The Lores

The Anti-Orpheus: a notebook *

Tin Pan Arcadia

Hymns to the God in which My Typewriter Believes

Complete Twentieth Century Blues

Warrant Error *

Berlin Bursts *

The Given

A Translated Man *

Words Out of Time

Unfinish

FICTION

The Only Life

EDITED

Floating Capital: New Poets from London (with Adrian Clarke)

News for the Ear: A Homage to Roy Fisher (with Peter Robinson)

The Salt Companion to Lee Harwood

The Door at Taldir: Selected Poems of Paul Evans *

Criticism

Far Language: Poetics and Linguistically Innovative Poetry 1978-1997

The Poetry of Saying: British Poetry and Its Discontents 1950-2000

Iain Sinclair

When Bad Times Made for Good Poetry *

The Meaning of Form in Contemporary Innovative Poetry (forthcoming)

^{*} TITLES FROM SHEARSMAN BOOKS

Robert Sheppard

History or Sleep

—Selected Poems—

First published in the United Kingdom in 2015 by Shearsman Books 50 Westons Hill Drive Emersons Green BRISTOL BS16 7DF

Shearsman Books Ltd Registered Office 30–31 St. James Place, Mangotsfield, Bristol BS16 9JB (this address not for correspondence)

www.shearsman.com

ISBN 978-1-84861-398-0

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ACKNOWLEDGEMENTS

The poems in this selection were most recently collected in the following publications, where previous magazine, pamphlet and book publications are gratefully acknowledged: Returns, Looking North, Daylight Robbery, Codes and Diodes, The Anti-Orpheus: A Notebook, Hymns to the God in which My Typewriter Believes, Complete Twentieth Century Blues, Warrant Error, The Given, Berlin Bursts, A Translated Man, Words Out of Time, The Drop, and on Pages (robertsheppard. blogspot.com).

All texts written 1990-2000 formed part of a time-based network of texts, 'Twentieth Century Blues', published as *Complete Twentieth Century Blues* (2008), including poetics and detailed index of its 75 parts and its 97 'strands'; additionally, some earlier texts were introduced into the numbering. For this selection, I have omitted this schema. The appearance of a number of poems in both *Tin Pan Arcadia* and *Complete Twentieth Century Blues* has allowed me to be severe with their de-selection and re-packaging here.

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To the memory of Lee Harwood and for Scott Thurston

Round Midnight

Stan Tracey: tribute to Thelonious Monk

The varnished Bechstein has been polished beyond perfection: two rows of mirrored ivories grinning under a spotlight.

He stabs

his first jagged chord, pricking it with stray notes. But the ghost's hands are also at their keyboard, a left knuckling his right, exactly.

The jumping hands below his bowed head flesh an illusion, filling the punched hollows as he watches.

Both pairs have followed this dance too often to break formation with the other.

But if one played a sharp where the other played a flat we might witness chaos – or invention.

One for William Carlos Williams

A slender stem of water, surfacing, twists into a thin-throated flower, and wavers in the vibrant gulf –

where words set free are tuned-up, resonant, to the cry of the world at the poem's edge: to the truant breeze on our faces, carrying the scent of sage as rain shakes it free from the trembling leaves;

while the mind, stirred by the wild names of the common flowers, wakes and flares.

Returns

1

Rain beats upon me the measure of the real. Slothfully an idiot paperboy is moving along the wet street. Time and again he's erased from the drafts of my poems, but is now allowed to stay: humping up the garden paths, dumbly glimpsing at rolled headlines between houses. It is spring.

You step into the poem, slide between its cool sheets. When I'm with you I think about the poem. When I'm writing I'm thinking of you as palpable as memory, somewhere the other side of sense. The touch of your hand becomes almost a memory as you enter a blank scenario. The idiot paperboy with the orange bag of evening papers, leaves the poem.

What is this rainbow, or that twin rainbow we saw one confused afternoon, but a wonder of discriminations cutting upon a knife-edge of sunlight, trained in the self-evidence of a beautiful day. Spring moves towards summer as night pulls away the rind of dusk. Public persons return to become private people again.

You come into the room and the poem follows to where private words are found sheltering in cramped parentheses like spoons in bed, making little sense. Pausing before the curtains you watch sudden rain striking out the day, a speckled impression on the window.

2

Four unmodernised sash windows, sixteen panes of glass in each, shatter your reflection with neat disregard, as you pass.

A face veiled by a curtain or ghosting the vacancy of the dark room fills one entire pane; the squared world plays its forms on this face which cannot see it.

You step out of this grid, return to the public spectrum of plain eyes, and are gone about your business – which is not the business of the poem.

3

People walk in the park as usual, unrestrained by the nicknames that follow on a withering glance.

You walk to the place where you are turned inside-out like an empty pocket at each fresh proposition. The only sign of life is a scaled-down voice through a grille,

its hot breath on a protective screen:
a pellicle of fear. Somebody
is practising on a drum,
a rolling intermittent, persistence; somewhere
just out of range, lies perfect chaos.

Small children in summer clothes are running towards a frozen stream on somebody else's afternoon; no wind stirs in this fresco world, carved into granite silence.

This should be a poem of loss and longing. It is not a question of working it out, but of drawing it in through the senses, and of letting something happen and go on happening, shifting on the slurry of tongues.

4

Your eyelids flicker at the edge of waking as I speak into your dream, turning it in ways neither of us may choose. But the movement of the eyes is itself the measure, an index of your waking hours which still has to find, at the root of what's always been there, what's never been there; the chance excess of a flash of renewed memory, the scent of something evaporating on the hob of the mind: the touch of phosphorescence, scooping luminous handfuls of its quicksilver-body from the warm water, green sparks at your fingertips. The sound of oars batting ghost-waves across

the still surface of the river fills an empty ear. When you are gone the room is locked into dumb significance. Nothing moves unless I stretch across its creased planes of habit. The room, when I am gone, is folded into memory. There are many rooms, many poems. But there is only one you, fracturing the world like a prism. Two bees hum from flower to flower on the aubrietia, nosing into each as they hang upside-down, silently gathering for a second. There is no sense in pointing at the flowers. The dream returns throughout the day, a prickling ripple along the spine of this surface that buoys you up then breaks beneath you. Particles of spray sting the eyes.

Strategies

Vagrant sun, with heavy bags of cloud to sleep on. Out cold on the park bench in the afternoon, newsprint comes off on your skin; sweat is ink. You are a stencil, ready to print upon whatever it is that will rub against you. Your grubby opinions.

Jesus, sweating on his cross in the schoolyard. Or up there, where the garden narrows to a dung-heap. Anywhere you choose. Children playing in the street after the massacre, chalking lines around one another's makebelieve corpses.

Einstein's pickled brain: study this crinkled walnut to determine the contours of genius. The sounds of the molecules shuffling restlessly through the fabric of the Turin Shroud. A cluster of electric bulbs in a fake chandelier, wired in parallel, winks slyly at the stiff dancers below. A photograph of Einstein poking his tongue out.

The kernel of the skull filled with wine vinegar. Duck! Here comes another squashy opinion, lucid while it flies, messy on impact. A vegetable stuffed with broken beer glasses and sawdust. Then another. And another.

Pick up the man with his arm in a sling, struggling like a woodlouse to get upright, on the pavement over from Yates' Wine Lodge. Someone's given him a proper squashed tomato. Pick him up, clean up your metaphors, and be off with you.

Prostitutes: always by a canal or a brewery, somewhere with 'atmosphere'. Steps built for sitting on; walls for leaning against. The rest is flooded with a darkness that brims at the edges of the lit streets.

Watch the chisel chipping away the caul, as you sit for the monument that will tower, larger than life, over your tomb. Natural wastage: you feel suddenly redundant, feel the pressure of all the others wishing themselves into your shoes. The drunk is a fallen statue, toppled from eminence, concussed on the bench. He wakes into a landscape of empty bottles,

over which he has been granted dominion. He'll stagger downhill to the stone troughs, the horse-coffins.

Small miracles: poke the nozzle of the instrument into the ears and look through the eye-piece. What do the patterns you see mean? The decaffeinated coffee bean. The can of non-alcoholic cider. Mix the contents of the bottle with the warm specimen and watch it change colour. Small wonder.

He is an excrescence of the architecture, where the alleys are too narrow. He was snagged off by some violent blow, some wild thrashing against authority. After the public whipping there can be no shame. Why did the singer melt into a brown liquid before the surprised audience? Escapologist.

Still-born action: the imploding woman in the diving bell. The virgin birth in the iron lung. With a ripple of despair, the wheezing legend in the oxygen tent turns to stone.

Twin Poem

A gloss between the lines
Identical to ours. This is the city
Of the stories you tell in narrowing
Testimony. Fragmentary pauses and shifts
Carried into the mind make credible things:
The light shimmering in the heat.
It is the pulsing gift which
Wakes in you a forgotten desire.
You will walk through the poem as though
Unfamiliar in that familiar life.

The executions become routine But they are four hundred years too late And in the wrong poem. You watch me swallowed Like an alien word that will not Rise to love you wordlessly. Memory Of this instant goes Counterbeat to drum me out To the regime of this place. People Stride through the dark streets, The squinted prose The fifty men were hanged on By the judicious wind. Dreams stir and I Lose their meanings in work so secret A voice rises to lyrical soliloquy.

Make a world for you –
Only the promise of that world
Will be effaced
Before its recoil, silenced by the mind
Into its milky glare. The provisional
Government of each new word

Sets the bond men free.

I have given you eyes

Down there in creation. You're stopped

In the poem the sentence before

A roaring plea for possession and release,

An open verdict. When the words die, we die.

from The Hungry Years: an Unwriting

for Lee Harwood

1

He had no need of a name Or further identity. You will be asked To point a finger at that Giver of bounties, Make a gesture as if drinking from an Invisible glass of beer and then Give a swift signal of dismissal, as if to say What's it worth then, boys? Herself she had called by to Imagine the scene: You are called, late, At twelve-thirty. You see him Sitting implacable, Well groomed, but without Chatting a little, A brittle frosty impatience Between you. The signing hall Is empty, barely Visible with the strip lighting. From the waiting benches Back to the desk, she sits Refusing to write. She stares at the document Incapably slurred this afternoon. He enters, singing in a deep Wavering voice. He topples, Makes jokes about the politicians, As if he's forgotten what He was there for.

Drunken youths from the Top Rank Pressing arrested if broad And the speedy punks from the Resource Centre. A year passed. He was sitting alone In the Belvedere, a beach pub, Taking occasional sips From his cold beer. It was late -Pissed against a sea wall Giving itself over to the still suntanned tramps. Each holds an image of ideal female perfection O is an obvious example. Tarpaulin rattles Sash window wind sweeps up Rocking the moment fire the Certain man. It's your story I bet! says the man I am interviewing. People rush in; the supervisor calms her. Noisy foreign students in their Belt loops, not knowing quite what to do As the embarrassed policemen Lead her away: at work at bay Black psychiatrist she walked white Like a coma. Only half the story A couple of tortuous signs. If You interviewed a certain man On June 21 1978, you will

Foolishly answer yes.

He will take a bounding Leap as he crosses my mind, but Far from being a loose screw, he is a vital cog Out above the signing boxes. The sight of a squashed tomato on her plate Peppered references to Further identity. Her open secret Is no single story; I am playing The part of all of those girls Lining up outside the Dyke Road hospital, Ripe for weeding, And about three hundred new ones The other side of your desk. Fucking useless whore! He screams at the girl, Huge trembling body. He came inside me four Restless nights under the pier, Taking our time in a world Of crowded streets in tiny rooms. Huddled plots had later shook her bed Alone with the darkened story slowly pausing. To point a finger at that Trumpeter practising With horrible people in here, They had to break the door down – And she tried to kill herself Nervous at its Keep with her pale sash window.