



New Generation Publishing

For immediate release

## New Generation Publishing Launches *Becoming a Mum: They Didn't Tell Me That!*

A light-hearted autobiographical look at the experiences one mum found - from naiveties, expectations, and realisations, to the surprises of eventually becoming a mum.

Including many little things, they forgot to tell her about...

"So how did becoming a mum affect me?  
Well, lots of ups. Lots of downs.  
Lots of mood swings. Lots of 'aarrgghhs!'  
And plenty of 'why is that happening?' 'Is that supposed to happen?'  
And 'should I be worried about that?'"

"This book is not written to scare, glorify or exaggerate my experiences, but just to tell it how it was for me.

"Whether a mum of grown-ups, teens, the tear-away toddler's mum, or brand-new mummies, this is an opportunity to remember, relate and even giggle a bit with me.  
Or at me - whichever you prefer.

"Let me explain..."



Paperback  
ISBN: 978-1-80031-302-6  
£7.99

Hardback  
ISBN: 978-1-80031-301-9  
£13.99

Available through all good booksellers including Amazon, Waterstones and Barnes & Noble.

Review copies available on request – contact details below

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