-THE THEORY BEHIND THE TEST-

There are several discoveries that seem to make this test more than just an emotional pat-on-the-back:

This first one is, to me, the most important, and a new concept.

1. Several quotes from the Urantia Book, though they have to stand on their own until further research is completed:

Urantia Book: (12:8.5) - "As the mind of any personality becomes more spiritual – Godlike – it becomes less responsive to gravity. Reality, measured by physical-gravity response, is the antithesis of reality as determined by quality of spirit content. Physical gravity action is a quantitative determiner of nonspiritual; Spiritual-Gravity action is the qualitative measure of the living energy of divinity."

Urantia Book: (12:8.10) "Matter. Organized energy which is subject to linear gravity except as it is modified by motion and conditioned by mind."

Urantia Book: (12:8.11) "Mind. Organized consciousness which is not wholly subject to material gravity, and which becomes truly liberated when modified by spirit."

Urantia Book: (42:11.4) "... but the levels of material mind, such as human mind, are responsive to the interactions of universe gravitation, losing this response only in proportion to spirit identification. Spirit reality levels are recognized by their spirit content, and spirituality in time and space is measured inversely to the linear-gravity response."

Urantia Book: (42:11.5) "Linear-gravity response is a quantitative measure of nonspirit energy." and "All mass-organized energy – is subject to this grasp except as motion and mind act upon it. "

Urantia Book: (12:6.5) "The universe is highly predictable only in the quantitative or gravity-measurement sense; even the primal physical forces are not responsive to linear gravity, nor are the higher mind meanings and true spirit values of ultimate universe realities"

2. Oxygen Uptake Testing has shown that a person who is in deep meditation uses less energy (Oxygen) than when in the deepest sleep. A petite woman can get her level down to only 70 calories an hour from around 120 calories an hour. The same relative values are obtained with men, and folks of all different sizes and ages.