

**MICHAEL D. HELLMAN, M.D.**  
**Curriculum Vitae**

**PRESENT POSITION**

Board Certified Orthopaedic Surgeon

**PRACTICE ADDRESS**

Rockhill Orthopaedic Specialists, Inc.  
120 NE Saint Luke's Blvd, Suite 200, Lee's Summit, MO 64086  
600 NE Adams Dairy Pkwy, Suite 160, Blue Springs, MO 64014

**EDUCATION**

Undergraduate: Lehigh University  
Bachelor of Science, Electrical Engineering - May 2007

Medical: Jefferson Medical College  
Doctor of Medicine – June 2011

Internship: Rush University Medical Center/Cook County Hospital  
General Surgery – June 2012

Residency: Rush University Medical Center/Midwest Orthopaedics at Rush  
Orthopaedic Surgery - June 2016

Fellowship: Washington University/Barnes-Jewish Healthcare  
Joint Preservation, Resurfacing and Replacement - July 2017

**CERTIFICATION**

American Board of Orthopaedic Surgery - Board Certified July 2019

**MEDICAL LICENSE**

State of Missouri  
State of California

## HOSPITAL AND SURGERY CENTER PRIVILEGES

Saint Luke's East Hospital; Lee's Summit  
Saint Luke's SurgiCenter- Lee's Summit  
SurgiCenter of Kansas City

## PROFESSIONAL SOCIETY MEMBERSHIPS

American Academy of Hip and Knee Society

## HONORS/AWARDS

Presentation Award Finalist, ISHA 2013 Annual Meeting, October 2013  
*Pelvic Incidence and Femoroacetabular Impingement - A Novel Relationship*

Best Hip Poster, ORS 2013 Annual Meeting, January 2013  
*Anterior Acetabular Rim Morphology in an Asymptomatic Population*

Jefferson Medical College  
Hobart A. Hare Medical Honors Society, July 2011  
John H. Gibbon Surgical Honors Society, October 2010

## GRANTS

Orthopaedic Research Education Foundation. \$5000  
*Three-Dimensional Characterization of Acetabular Pincer Lesions*

## RESEARCH

### PEER-REVIEWED PUBLICATIONS:

1. **Hellman MD**, Ford MC, Barrack RL: CCJR: Is there evidence to support an indication for surface replacement arthroplasty? A systematic review. *Bone Joint J.* 2018, in press.
2. Ford MC, **Hellman MD**, Kazarian G, Barrack RL: Five to ten-year results of the Birmingham Hip Resurfacing in the United States: A single institution's experience. *J Bone Joint Surg Am.* 2018 Nov 7;100(21):1879-1887. PMID:30399083.
3. **Hellman MD**, Kaufman D, Sporer SM, Paprosky WG, Levine BR, Della Valle CJ: High Rate of Failure Following Revision of a Failed Constrained Liner. *J Arthroplasty.* 2018 Jul;33(7S):S186-S190. PMID: 29705682.
4. **Hellman MD**, Nepple JJ, Pascual-Garrido C, Sierra RJ, Clohisy JC, ANCHOR Study Group: Acetabular Focal Chondral Lesions Are Not Associated With Worse Outcomes After Periacetabular Osteotomy: A Matched Group Analyses. *J Arthroplasty.* 2018 Mar 14. PMID: 29691165.

5. **Hellman MD**, Brown NM, Della Valle CJ, Levine BR: Do Mortality and Complication Rates Differ Between Periprosthetic and Native Hip Fractures? *J Arthroplasty*. 2018 Feb 1. PMID: 29526336.
6. **Hellman MD**, Kearns SM, Bohl DD, Haughom BD, Levine BR: Revision Total Hip Arthroplasty with a Monoblock Splined Tapered Grit-Blasted Titanium Stem. *J Arthroplasty*. 2017, in press. PMID: 28803814.
7. Hambright D, **Hellman MD**, Barrack R: Intra-operative digital imaging: assuring component alignment. *Bone Joint J*. 2018 Jan;100-B(1 Supple A):36-43. PMID: 29292338.
8. Tetreault MW, Della Valle CJ, **Hellman MD**, Wysocki RW: Medial Gastrocnemius Flap in the Course of Treatment for an Infected Total Knee Arthroplasty. *JBJS Essent Surg Tech*. 2017 May 10;7(2):e14.
9. Erickson B, Fillingham YA, **Hellman MD**, Parekh SG, Gross CE: Surgical Management of Large Talar Osteochondral Defects Using Autologous Chondrocyte Implantation. *Foot and Ankle Surgery*. 2018 Apr;24(2):131-136. PMID: 29409226.
10. **Hellman MD**, Haughom B, Brown N, Fillingham Y, Philippon M, Nho SJ: Femoroacetabular Impingement and Pelvic Incidence: Radiographic comparison to an asymptomatic control. *Arthroscopy*. 2017 Mar;33(3):545-550. PMID: 27939070.
11. Shifflett GD, **Hellman MD**, Louie PK, Mikhail C, Park KU, Phillips FM: Return to Golf After Lumbar Fusion. *Sports Health*, 2017 May/June;9(3):280-284. PMID: 27879299.
12. Lieder C, **Hellman MD**, Haughom B, Szatkowski J: Mid to distal third tibial shaft fractures caused by gunshots: Characterization and incidence of distal intra-articular extension. *Injury*, 2016 Oct;47(10):2347-2351. PMID: 27381326.
13. Haughom BD, Plummer DR, **Hellman MD**, Nho SJ, Rosenberg AG, Della Valle CJ: Does Hip Arthroscopy Affect the Outcomes of a Subsequent Total Hip Arthroplasty? *J Arthroplasty*, 2016 Jul;31(7):1516-8. PMID: 26860964.
14. Wilson J, Riff AJ, **Hellman MD**, Jacobs JJ, Gitelis S: A novel complication of the Dall-Miles cable grip system mimicking recurrent synovial chondromatosis: A case report and review of literature. *JBJS Case Connect*, 2016 Oct 26;6(4):e87. PMID: 29252741,
15. Levy OM, **Hellman MD**, Harris JD, Haughom B, Frank RM, Nho SJ: Prevalence of Cam Morphology in Females with Femoroacetabular Impingement. *Front Surg*. 2015 Dec 1;2:61. PMID: 26649291.
16. Levy DM, **Hellman MD**, Haughom B, Stover MD, Nho SJ: Techniques and Results for Open Hip Preservation. *Front Surg*. 2015 Dec 1;2:64. PMID: 26649292.
17. Haughom BD, Schairer WW, **Hellman MD**, Nwachukwu BU, Levine BR. An Analysis of Risk Factors for Short-Term Complication Rates and Increased Length of Stay Following Unicompartmental Knee Arthroplasty. *HSS J*. 2015 Jul;11(2):112-6. PMID: 26140029.
18. **Hellman MD**, Gross CE, Hart HA, Freedman R, Salata MJ, Bush-Joseph CA, Nho SJ: Radiographic Comparison of Anterior Acetabular Rim Morphology Between Pincer Femoroacetabular Impingement and Control. *Arthroscopy*. 2015 Mar;32(3):468-72. PMID: 26524938.

19. Haughom BD, Schairer WW, Nwachukwu BU, **Hellman MD**, Levine BR: Does Neuraxial Anesthesia Decrease Transfusion Rates Following Total Hip Arthroplasty? *J Arthroplasty*. 2015 Sep; 30(9 Suppl):116-20. PMID: 26077150.
20. Goldstein ZH, Yi PH, Haughom BD. **Hellman MD**, Levine BR: Bilateral Extensor Mechanism Disruption After Total Knee Arthroplasty in Two Morbidly Obese Patients. *Orthopedics*, 2015 May;38(5):e443-6. PMID: 25970375.
21. Haughom BD, Erickson BJ, **Hellman MD**, Jacobs JJ: Do Complication Rates Differ by Gender After Metal-on-metal Hip Resurfacing Arthroplasty? A Systematic Review. *Clin Orthop Relat Res*. 2015 Aug;473(8):2521-9. PMID, 25758375.
22. **Hellman MD**, Mascarenhas R, Gupta A, Fillingham VA, Haughom BD, Salata M, Nho SJ: The False-Profile View May Be Used to Identify Cam Morphology. *Arthroscopy*. 2015 Sep;31(9):1728-32. PMID, 25958057.
23. Haughom BD, Goldstein Z, **Hellman MD**, Yi PH, Frank RM, Levine BR: An analysis of references used for the Orthopaedic In-Training Examination: what are their levels of evidence and journal impact factors? *Clin Orthop Relat Res*. 2014 Dec;472(12):4024-32. PMID: 25156901.
24. Brown NM, **Hellman MD**, Haughom BD, Shah R, Sporer SM, Paprosky WG: Acetabular Distraction: Alternative Approach to Pelvic Discontinuity. *Bone Joint J*. 2014 Nov; 96-B(11 Supple A):73-7. PMID, 25381413.
25. **Hellman MD**, Riff AJ, Frank RM, Haughom BD, Nho SJ: Operative Treatment of Femoroacetabular Impingement. *Phys Sportsmed*. 2014 Sep; 42(3):112-9. PMID: 25295773.
26. Holmes G, Gross C, Wydra F, **Hellman MD**: A Unique Treatment for Talar Osteonecrosis: Placement of an Internal Bone Stimulator. *JBJS Case Connector*. 2015 Jan 14;5(1):e4-e5. PMID,29252304.
27. Haughom BD, Schairer WW, **Hellman MD**, Yi PH, Levine BR: Resident Involvement Does Not Influence Complication After Total Hip Arthroplasty: An Analysis of 13,109 Cases. *J Arthroplasty*. 2014 Oct;29(10),1919-24. PMID, 24997650.
28. Haughom BD, Erickson B, Rybalko D, **Hellman MD**, Nho SJ. Arthroscopic Acetabular Microfracture with the use of Flexible Drills: A Technique Guide. *Arthrosc Tech*. 2014 Jul 21;3(4),e459-63. PMID, 25276604.
29. Frank RM, Walker G, **Hellman MD**, McCormick FM, Nho SJ: Evaluation of hip pain in young adults. *Phys Sportsmed*. 2014 May;42(2),38-47. PMID, 24875971.
30. Levine BR, Haughom B, Strong B, **Hellman MD**, Frank RM: Blood management strategies for total knee arthroplasty. *J Am Acad Orthop Surg*. 2014 Jun;22(6):361-71. PMID: 24860132.
31. Haughom BD, Schairer WW, **Hellman MD**, Yi PH, Levine BR: Does resident involvement impact post-operative complications following primary total knee arthroplasty? An analysis of 24,529 cases. *J Arthroplasty*. 2014 Jul;29(7),1468-1472. PMID, 24726182.
32. Erickson BJ, Haughom BD, **Hellman MD**, Frank RM, Szatkowski JP: Bullet Extraction from the Sacroiliac Joint with an Arthroscopically Assisted Dual Guidewire Technique. *JBJS Case Connect*. 2014 May 28;4(2):e41-e4. PMID,29252496.

33. Fillingham YA, Kroin E, Frank RM, Erickson B, Hellman M, Kogan M: Post~operative delay in return of function following guided growth tension plating and use of corrective physical therapy. *J Child Orthop*. 2014 May;8(3):265-71. PMID, 24820624.
34. Harris JD, Abrams GD, Yanke AB, **Hellman MD**, Erickson BJ, Bach BR: Suture anchor repair of quadriceps tendon rupture - Surgical technique, case report and review of literature. *Orthopedics*. 2014 Mar;37(3):183-186.
35. Fillingham VA, Hellman M, Haughom B, Erickson B, Szatkowski J: Report of Galeazzi Fracture resulting from ballistic injury. *Pol Orthop Traumatol*. 2014 Mar 10;79:5-9. PMID 24614610.
36. Radcliff KE, Kepler CK, **Hellman MD**, Restrepo C, Jung KA, Vaccaro AR, Albert TJ, Parvizi J: Does spinal alignment influence acetabular orientation: a study of spinopelvic variables and sagittal acetabular version. *Orthop Surg*. 2014 Feb;6(1):15-22. PMID: 24590988.
37. Haughom BD, Wetters NG, **Hellman MD**, Scully RD, Levine BR: Perioperative management of common complications of total knee arthroplasty. *Minerva Ortop Traumatol*. 2013 Oct;64:0-0
38. **Hellman MD**, Riff A, Haughom BD, Patel R, Stover M, Nho SJ: Operative Treatment of FAI: open hip preservation surgery. *Curr Rev in Musculoskelet Med*. 2013 Sep;6(3)258-63. PMID 23893256.
39. Gross CE, **Hellman MD**, Freedman R, Hart M, Reddy A, Bush-Joseph CA, Nho SJ: Effect of Acetabulum Rim Resection on Novel Radiographic Parameters: An In Vivo Study. *Arthroscopy*. 2013 Aug;29(8):1292-6. PMID 23906269.
40. Cvetanovich GL, Erickson B, Haughom BD, **Hellman MD**, Magnani JJ, Szatkowski JP: Initial evaluation of gunshot wounds about the knee: a case of bullet-induced synovitis. *Am J Emerg Med*. 2013 Aug;31(8):1291.e3-5. PMID 23702067.
41. Fillingham Y, Coe M, **Hellman MD**, Haughom B, Adeniran A, Sparks M: Report of ganglion cyst in the anterior cruciate ligament of a 6-year-old child. *Knee*. 2013 Mar;20(2):144-7. PMID 23154035.
42. Jung KA, Restrepo C, Hellman M, AbdelSalam H, Morrison W, Parvizi J: The prevalence of camtype femoroacetabular deformity in asymptomatic adults. *J Bone Joint Surg Br*. 2011 Oct;93(10):1303-7. PMID 21969426.
43. Guyer RA, **Hellman MD**, Emami K, Kadlecsek S, Cadman RV, Yu J, Vadhat V, Ishii M, Woodburn JM, Kim HH, Rizi RR: A Robust Method for Estimation of Regional Pulmonary Parameters in the Presence of Noise. *Acad Radiol*. 2008 June;15(6):740-752. PMID 18486010.

**NON-PEER REVIEWED PUBLICATIONS:**

1. Haughom BD, Erickson BJ, **Hellman MD**, Jacobs JJ: Reply to letter to the editor: do complication rates differ by gender after metal-on-metal hip resurfacing arthroplasty? A systematic review. *Clin Orthop Relat Res*. 2015 Dec;473(12):3983~4. PMID: 26400250.

**Michael D. Hellman, M.D.**  
**Curriculum Vitae; Page 6**

2. Frank RM, Haughom B, Strong B, **Hellman MD**, Levine BR: The Authors Reply: Blood management strategies for total knee arthroplasty. *J Am Acad Orthop Surg*. 2014 Nov;22(11):681-2. PMID: 26863689.
3. **Hellman MD**, Wuerz TH, Levy OM, Haughom BD, Nho SJ: Incidence of Cam Lesions in Female Patients with Femoroacetabular Impingement. *Rush Orthopedics Journal*, Print, Aug 2014.
4. Brown NM, **Hellman MD**, Haughom BD, Andersson G: Development of the Modern Total Hip Arthroplasty. *Rush Orthopedics Journal*, Print, Aug 2014.

**ABSTRACTS/POSTER AND PODIUM PRESENTATIONS:**

1. **Hellman MD**, Brown NM, Kleiber G, Della Valle CJ, Fernandez H, Nunley RM, Mackinnon S: Decompression of the Peroneal Nerve Following Total Knee Arthroplasty. Paper and Podium Presentation. AAOS 2018 Annual Meeting. New Orleans US, March 2018.
2. **Hellman MD**, Furdock R, Nepple JJ, Clohisy JC: Mid to Long-Term Osseous Remodeling after Femoral Head-Neck Junction Osteoplasty. Paper and Podium Presentation. AAOS 2018 Annual Meeting, New Orleans US, March 2018.
3. **Hellman MD**, Kaufman D, Sporer SM, Paprosky WG, Levine SR, Della Valle CJ: High Rate of Failure Following Revision of a Failed Constrained Liner. Abstract and Poster Presentation. AAOS 2018 Annual Meeting, Las Vegas US, March 2018.
4. Clohisy JC, **Hellman MD**, Wells JE, Schoenecker PL: Periacetabular Osteotomy Combined Femoral Head-Neck Junction Osteochondroplasty-A Ten Year Follow Up. Abstract and Poster Presentation. AAOS 2018 Annual Meeting. New Orleans US, March 2018.
5. **Hellman MD**, Kaufmann DJ, Sporer S, Paprosky W, Levine BR, Della Valle CJ: High Rate of Failure Following Revision of a Failed Constrained Liner. Paper and Podium Presentation. AAHKS Annual Meeting, Dallas, US. November 2017.
6. **Hellman MD**, Nepple JJ, Pascual-Garrido C, Sierra RJ, Clohisy JC, and the ANCHOR Study Group: Do Focal Chondral Defects lead to worse outcomes after Periacetabular Osteotomy? Paper and Podium Presentation. AAHKS Annual Meeting, Dallas, US. November 2017.
7. **Hellman MD**, Wells JE, Schoenecker PL, Clohisy IC: Periacetabular Osteotomy and Combined Femoral Head-Neck Junction Osteoplasty: A Concise 10-year Follow-Up. Abstract and Poster Presentation. AAHKS Annual Meeting, Dallas, US. November 2017.
8. **Hellman MD**, Ford MC, Bogunovic L, Clohisy JC: Utilizing PROMIS to Describe Patients with Femoroacetabular Impingement. Abstract and Poster Presentation. AAHKS Annual Meeting, Dallas, US. November 2017.
9. Haynes I, Rames R, **Hellman MD**, Barrack RL: Impact of Tourniquet Strategy on Perioperative Results of Primary TKA. Abstract and Poster Presentation. AAHKS Annual Meeting, Dallas, US. November 2017.
10. **Hellman MD**, Kaufmann DJ, Sporer S, Paprosky W, Levine BR, Della Valle CJ: High Rate of Failure Following Revision of a Failed Constrained Liner. Abstract and Podium Presentation. Summer Meeting of The Hip Society, Omaha, US. October 2017.

**Michael D. Hellman, M.D.**  
**Curriculum Vitae; Page 7**

11. Hambright D, **Hellman MD**, Barrack R: Intra-Operative Digital Imaging: Assuring Component Alignment. Abstract and Podium Presentation. Summer Meeting of The Hip Society, Omaha, US. October 2017.
12. **Hellman MD**, Furdock R, Nepple J, Clohisy JC: Long-Term Osseous Remodeling After Femoral Head-Neck Junction Osteochondroplasty. Paper and Podium Presentation. AOSSM Annual Meeting; Toronto, CA. July 2017.
13. Shoenecker P, Wells I, **Hellman MD**, Thomason K, Clohisy J: Does Concurrent Femoral Head-Neck Osteochondroplasty Improve Long Term Clinical Results of PAO Surgery for Symptomatic Acetabular Dysplasia? Podium Presentation. EPOSNA Annual Meeting; Barcelona, ES. May 2017.
14. Haughom BD, Basques BA, Brown NM, **Hellman MD**, Levine BR, Della Valle CJ: Do Mortality and Complication Rates Differ Between Periprosthetic and Native Hip Fractures? Abstract and Poster Presentation. AAHKS Annual Meeting, Dallas, US. November 2016.
15. Fillingham Y, **Hellman MD**, Erickson B, Blank A, Colman M, Gitelis S: Unicameral Bone Cyst: Does Surgical Technique And Type Of Graft Affect Clinical Outcomes? Abstract and Poster Presentation. MSTs Annual Meeting, Orlando. US. October 2015.
16. **Hellman MD**, Haughom BD, Saltzman B, Wiegmann A, Ibrahim I, Gross CE, Levine BR: Do Corticosteroid Injections Increase the Risk of Early Post-Operative Complications after Total Hip Arthroplasty (THA)? Abstract and Podium Presentation. MAOA 33rd Annual Meeting, Hilton Head Island, US. April 2015.
17. **Hellman MD**, Meadows MC, Haughom BD, Brown NM, Fillingham Y, Nho SJ: Measuring the Alpha-Angle on a False Profile View to Verify Adequate Femoral Osteochondroplasty. Abstract and Podium Presentation. MAOA 33rd Annual Meeting, Hilton Head Island, US. April 2015.
18. **Hellman MD**, Haughom BD, Kurd MF, Cvetanovich GL, Brown NM, DeWald CJ: Proximal Junctional Kyphosis in Spinal Deformity Surgery Involving Pelvic Fixation: Does the Metal Matter? Abstract and Poster Presentation, MAOA 33rd Annual Meeting, Hilton Head Island. US. April 2015.
19. **Hellman MD**, Jacobson RA, Haughom BD, Chaudhry TA, Brown MN, Levine BR: Non-Modular, Fluted, Tapered, Grit-Blasted Titanium-Alloy Revision Stems: Early North American Results. Abstract and Poster Presentation, MAOA 33rd Annual Meeting, Hilton Head Island, US. April 2015.
20. Haughom BD, Ibrahim I, Yi PH, **Hellman MD**, Levy D, Levine BR: An Analysis of the Orthopedic In-Training Examination Journal References: Have They Changed 10 Years Later? Abstract and Poster Presentation, MAOA 33rd Annual Meeting, Hilton Head Island, US. April 2015.
21. Park K, **Hellman MD**, Phillips F: Golf Outcomes After Single Level Spinal Fusion. Abstract and Poster Presentation. ISASS15 -15th Annual Conference, San Diego, US. April 2015.
22. Haughom B, Schairer WW, **Hellman MD**, Nwachukwu BU, Levine BR: Does Neuraxial Anesthesia Decrease the Rate of Postoperative Complications and Blood Transfusions? Paper and Podium Presentation. AAOS 2015 Annual Meeting, Las Vegas US, March 2015.

23. Haughom B, Schairer WW, **Hellman MD**, Nwachukwu BU, Levine BR: Does Does Obesity Affect Short Term Complication Rates and Length of Stay Following Unicompartmental Knee Arthroplasty? Paper and Podium Presentation. AAOS 2015 Annual Meeting, Las Vegas, US, March 2015.
24. Haughom B, Schairer WW, **Hellman MD**, Nwachukwu BU, Levine BR: An Assessment of the Short-Term Morbidity and Mortality Following Patellofemoral Athroplasty. Abstract and Poster Presentation. AAOS 2015 Annual Meeting, Las Vegas, US, March 2015.
25. **Hellman MD**, Haughom BD, Saltzman B, Wiegmann A, Ibrahim I, Gross CE, Levine BR: Do Corticosteriod Injections Increase the Risk of Early Post-Operative Complications after Total Hip Arthroplasty (THA)? Abstract and Poster Presentation. AAHKS Annual Meeting. Dallas, US. October 2014.
26. Brown NM, **Hellman MD**, Haughom BD, Frank RM, Erickson BJ, Della Valle CJ, Fernandez JJ: Decompression of the Peroneal Nerve Following Total Knee Arthroplasty. Abstract and Poster Presentation. AAHKS Annual Meeting, Dallas, US. October 2014.
27. Haughom BD, Schairer WW, **Hellman MD**, Nwuchukwu BU, Levine BR: Does Neuraxial Anesthesia Decrease the Rate of Postoperative Complications and Blood Transfusions? An Analysis of 29,452 Primary Total Hip. Paper and Podium Presentation. AAHKS Annual Meeting. Dallas, US. October 2014.
28. Haughom BD, Schairer WW, **Hellman MD**, Nwuchukwu BU, Levine BR: Does Gender Impact Transfusion Rates with Tranexamic Acid Following Knee Arthroplasty? Abstract and Poster Presentation. AAHKS Annual Meeting, Dallas, US. October 2014.
29. **Hellman MD**, Haughom BD, Kurd MF, Cvetanovich GL, Brown NM, DeWald CJ: Proximal Junctional Kyphosis in Spinal Deformity Surgery Involving Pelvic Fixation: Does the Metal Matter? Paper and Podium Presentation, Hibbs Society Meeting, SRS 49th Annual Meeting, Anchorage, US. September 2014.
30. Haughom BD, Plummer DR, **Hellman MD**, Della Valle CJ, Rosenberg AR: Does Hip Arthroscopy Affect The Outcomes Of a Subsequent Total Hip Arthroplasty? Abstract and Podium Presentation. Summer Meeting of The Hip Society, Durham, US. September 2014.
31. **Hellman MD**, Wuerz TH, Levy OM, Walker G, Haughom BD, Nho SJ: Incidence of CAM Deformities in Female Patients with Femoroacetabular Impingment. Abstract Rush University 26th Annual Thesis Day, Chicago, US, June 2014.
32. Fillingham YA, Kroin E, Frank RM, Erickson B, **Hellman MD**, Kogan M: Post-Operative Delay in Return of Function Following Guided Growth Plating and Use of Corrective Physical Therapy. Rush University 26th Annual Thesis Day, Chicago, US, June 2014.
33. **Hellman MD**, Mascarenhas R, Fillingham Y, Gupta A, Haughom B, Bush-Joseph C, Nho S: Can False Profile View Radiographs of the Hip Accurately Identify CAM Lesions? A Retrospective Radiographic Analysis with Computed Tomography Comparison. Abstract and Podium Presentation. AANA 33rd Annual Meeting, Hollywood, US, June 2014.
34. **Hellman MD**, Brown NM, Hascarenhas R, Riff A, Fillingham Y, Salata M, Nho SJ: Measuring the Alpha-angle on a False profile view to Verify Adequate Femoral Osteochondroplasty. Abstract and e-Poster Presentation, AANA 33rd Annual Meeting, Hollywood. US, June 2014.



**Michael D. Hellman, M.D.**  
**Curriculum Vitae; Page 9**

35. **Hellman MD**, Wuerz TH, Levy OM, Walker G, Haughom BD, Salata M, Nho SJ. Incidence of the Cam Lesion within Female Patients with Femoroacetabular Impingement Abstract and e-Poster Presentation, AANA 33rd Annual Meeting, Hollywood, US, June 2014.
36. Haughom BD, Goldstein ZH, **Hellman MD**, Yi PH, Frank RM, Levine SR: An Analysis of References Used for the Orthopaedic In-Training Examination. Abstract and Podium Presentation. MAOA Annual Meeting, San Antonio, US. April, 2014.
37. **Hellman MD**, Haughom B, Brown N, Fillingham Y, Salata M, Nho S: Pelvic Incidence and Femoroacetabular Impingement - A Novel Relationship. Abstract and Podium Presentation, 5<sup>th</sup> ISHA Annual Scientific Meeting, Munich, DE. October 2013.
38. **Hellman MD**, Fillingham Y, Haughom B, Gupta A, Salata M, Nho S: Identifying Cam Lesions on the False Profile View. Abstract and Poster Presentation, 5th ISHA Annual Scientific Meeting, Munich, DE. October 2013.
39. **Hellman MD**, Levy D, Walker G, Gupta A, Salata M, Nho SJ: Incidence of the Cam Lesion within Female Patients with Femoroacetabular Impingement Abstract and Poster Presentation, 5th ISHA Annual Scientific Meeting. Munich, DE. October 2013.
40. Slikker W, Brown N, **Hellman MD**, Frank J, Frank RM, Nho SJ: Radiographic Calculation of Hip Joint Congruity: A Potential for Microinstability. Abstract and Poster Presentation, 5th ISHA Annual Scientific Meeting, Munich, DE. October 2013.
41. **Hellman MD**. Haughom MD, Wetters N, Kurd M, Amadinia K, Dewald CJ: Rod Fractures in Deformity Surgery: Does Cobalt Chrome Really Fracture Less Often? Abstract and e-Poster Presentation, NASS 2811 Annual Meeting, October 2013.
42. **Hellman MD**. Haughom BD. Wetters N, Kurd M, Amadinia K, Dewald CJ: Rod Fractures in Deformity Surgery Involving Pelvic Fixation: Does Stainless Steel Fracture Less Often? Paper and Podium Presentation. SRS 48h Annual Meeting; Lyon. FR. September 2013.
43. **Hellman MD**. Fillingham Y, Gupta A, Frank R, Haughom B, Nho SJ: Identifying Cam Lesions on the False Profile View. Paper and Podium Presentation. AOSSM Annual Meeting; Chicago, US. July 2013.
44. Gupta A, Inoue N, **Hellman MD**, Harris JD, McCormick F, Nho SJ: Understanding the Pincer: The Importance of Reference Plane Orientation on Acetabular Rim Evaluation. Abstract and Poster Presentation. AOSSM Annual Meeting; Chicago, US. July 2013.
45. **Hellman MD**, Haughom BD, Brown N, Fillingham Y, Nho SJ: Pelvic Incidence and Femoroacetabular Impingement - A Novel Relationship. Abstract and e-Poster Presentation. 32nd Annual AANA Meeting, April 2013.
46. Gross CE, **Hellman MD**, Freedman R, Hart M, Reddy A, Bush-Joseph C, Nho S: Effect of Acetabulum Rim Recession on Anterior Rim Angle: An In Vivo Study. Abstract and e-Poster Presentation, 32nd Annual AANA Meeting. April 2013.
47. **Hellman MD**. Gross CE, Hart M, Freedman R, Salata M, Bush-Joseph CA, Nho SJ: Anterior Acetabular Rim Morphology in an Asymptomatic Population. Abstract and e-Poster Presentation, 32nd Annual AANA Meeting, April 2013.
48. **Hellman MD**, Gross CE, Hart M, Freedman R, Bush-Joseph CA, Nho SJ: Anterior Acetabular Rim Morphology in an Asymptomatic Population. Paper and Podium Presentation, AAOS Annual Meeting, Chicago, US. February 2013.

49. **Hellman MD**, Haughom BD, Brown NM, Fillingham VA, Nho SJ: Pelvic Incidence and Femoroacetabular Impingement - A Novel Relationship. Abstract and Poster Presentation, AAOS Annual Meeting, Chicago, US. February 2013.
50. **Hellman MD**, Gross CE, Hart M, Freedman R, Salata M, Bush-Joseph CA, Nho SJ: Anterior Acetabular Rim Morphology in an Asymptomatic Population. Abstract and Poster Presentation, ORS Annual Meeting, January 2013.
51. **Hellman MD**, Gross CE, Hart M, Freedman R, Bush-Joseph CA, Nho SJ: Anterior Acetabular Rim Morphology in an Asymptomatic Population. ISHA Annual Scientific Meeting, September 2012.
52. Gross CE, **Hellman MD**, Freedman R, Hart M, Reddy A, Bush-Joseph CA, Nho SJ: Effect of Acetabulum Rim Recession on Anterior Rim Angle: An In Vivo Study. ISHA Annual Scientific Meeting, September 2012.
53. Radcliff K, Kepler C, **Hellman MD**, Vaccaro A, Albert T: Does Spinal Alignment Influence Acetabular Orientation? A Study of Spinopelvic Parameters and Sagittal Acetabular Version. Poster Presentation. Abstract and E-Poster Presentation, NASS 26th Annual Meeting, November 2011.
54. **Hellman MD**, Jung K, Restrepo C, Parvizi J: Prevalence Of Possible Femoroacetabular Impingement Using CT-Based Alpha Angle Measurement In Asymptomatic Patients. Abstract and Poster Presentation, AAOS 2011 Annual Meeting, February 2011.
55. Jung K, Restrepo C, **Hellman MD**, Parvizi J: Prevalence Of Possible Femoroacetabular Impingement Using CT -Based Alpha Angle Measurement In Asymptomatic Patients. Abstract and Podium Presentation, 41st Annual EOA Meeting, October 2010.
56. Pandarinath R, Slenker N, **Hellman MD**, Emond C, Cohen S, Deluca P, Marchetta PA: Clinical Outcomes In Anterior Cruciate Ligament Reconstruction Using A Retrograde Interference Screw: A Comparative Report. Abstract and Podium Presentation, 41st Annual EOA Meeting, October 2010.
57. Cohen SB, Pandarinath R, Slenker S, Emond CE, **Hellman MD**, Deluca R, Marchetto P: Clinical Outcomes in Anterior Cruciate Ligament Reconstruction Using a Retrograde Interference Screw: A Comparative Report. E-Poster Presentation, 29th Annual AANA Meeting, May 2010.
58. Guyer RA, **Hellman MD**, Emami K, Kadlecsek S, Cadman RV, Yu J, Vadhat V, Ishii M, Woodburn JM, Kim HH, Rizi RR: A Robust Method for Estimation of Regional Pulmonary Parameters in the Presence of Noise. Abstract and Poster Presentation, 16th Annual ISMRM Scientific Meeting & Exhibition, May 2008.

**BOOK CHAPTERS:**

1. **Hellman MD**, Gerlinger T. Total Knee Arthroplasty. *Case Competencies in Orthopaedic Surgery*. Philadelphia: Elsevier, 2015. Print.
2. Tetreault M, **Hellman MD**, Plummer D, Della Vane CJ: Periprosthetic Infection: Diagnosis and Treatment. *Chapman's Comprehensive Orthopaedic Surgery*. Philadelphia: Lippincott Williams & Wilkins, 2015. In Press.

**Michael D. Hellman, M.D.**  
**Curriculum Vitae; Page 11**

3. **Hellman MD**, Shah R, Della Valle CJ, Rubash H: Overview of Primary Acetabular Components. *The Adult Hip, 3rd Edition*. Philadelphia: Lippincott Williams & Wilkins, 2015. Print
4. Wuerz TH, Nho SJ, Haughom BD, Erickson B, Rybalko D, **Hellman MD**: Arthroscopic Management of Focal Chondral Injuries. *The Hip: AANA Advanced Arthroscopic Surgical Techniques*. Thorofare, NJ: SLACK Incorporated, 2015. Print
5. **Hellman MD**, Cross M: Highlighted Conditions affecting the Knee: Unicompartmental OA (Options for management), SONK, Complications. *Passport for the Orthopaedic Boards Revalidation*. New York: Springer, 2015. Print
6. **Hellman MD**, Cross M: The Difficult Primary Total Hip Arthroplasty. *Passport for the Orthopaedic boards Revalidation*. New York: Springer, 2015. Print
7. **Hellman MD**, Root L, Kogan M: Neuromuscular Hip Disorders: Focus on Cerebral Palsy. *Hip Arthroscopy and Hip Preservation Surgery*. New York: Springer, 2014. Print
8. Frank RM, Gupta A, **Hellman MD**, Nho SJ: Surgical Technique: Arthroscopic core decompression. *Hip Arthroscopy and Hip Preservation Surgery*. New York: Springer, 2014. Print
9. Fillingham YA, Erickson BJ, **Hellman MD**, Kogan M: Surgical Technique: Pavlik Harness & Closed Reduction for DDH. *Hip Arthroscopy and Hip Preservation Surgery*. New York: Springer, 2014. Print
10. **Hellman MD**, Della Valle CJ: Metal-on-Metal Hip Resurfacing: Indications and Surgical Technique. *Primary Total Hip Replacement* Torino: Edizioni Minerva Medica, 2013. Print.
11. Frank RM, McNeil J, **Hellman MD**, Romeo AA, Provencher MT: Osteochondral Allograft Augmentation of the Glenoid for Instability with Bone Deficiency. *Surgery of the Shoulder Instability*. New York: Springer, 2013. Print.

**JOURNAL PEER REVIEWER:**

BMC Musculoskeletal Disorders: February 2015 to Present  
Medical Research Archives, KEI Journals: October 2015 to Present

**LECTURES:**

MGH Orthopedic Symposium: Hip Preservation  
*Cavallo Point, Sausalito, CA* - November 2017

J. Albert Key Society Meeting: Infection in Total Knee Arthroplasty  
*Washington University, St Louis, MO* – June 2017

Gunnar Andersson Day: Acetabular Fractures  
*Rush University Medical Center, Chicago, IL* – August 2015

**Michael D. Hellman, M.D.**  
**Curriculum Vitae; Page 12**

Rush Grand Rounds: Acetabular Dysplasia

*Rush University Medical Center, Chicago, IL – July 2015*

Rush Grand Rounds: Osteosarcoma

*Rush University Medical Center, Chicago, IL – April 2015*

Rush Grand Rounds: Pediatric Monteggia Fractures

*Rush University Medical Center, Chicago, IL – January 2014*

Rush Grand Rounds: Degenerative Kyphoscoliosis

*Rush University Medical Center, Chicago, IL – June 2013*