

Jarron I. Tilghman, M.D.
Curriculum Vitae

PRESENT POSITION

Board Certified Physical Medicine and Rehabilitation and Pain Medicine Physician

PRACTICE ADDRESS

Rockhill Orthopaedic Specialists, Inc.
120 NE Saint Luke's Blvd, Suite 200, Lee's Summit, MO 64086
600 NE Adams Dairy Pkwy, Suite 160, Blue Springs, MO 64014

EDUCATION

- Undergraduate: University of Missouri
Bachelor of Science, Biological Sciences; Minor in Music -
August 1998 to May 2003
- Medical: University of Illinois at Chicago, College of Medicine
Doctor of Medicine - August 2005 to May 2009
- Internship: University of Illinois at Chicago
General Surgery - July 2009 to June 2010
- Residency: University of Missouri, University Hospitals and Clinics
Physical Medicine and Rehabilitation - July 2010 to June 2013
- Fellowship: Arizona Pain Specialists
Interventional Pain Management - July 2013 to June 2014

CERTIFICATIONS

American Board of Physical Medicine and Rehabilitation – board certified July 2014
American Board of Pain Medicine – board certified November 2016
American Board of Independent Medical Examiners – board certified March 2017
Performing Arts Medicine by Performing Arts Medicine Association/ American College of
Sports Medicine – certified July 2016

MEDICAL LICENSE

State of Missouri

HOSPITAL AND SURGERY CENTER PRIVILEGES

Saint Luke's East Hospital; Lee's Summit
Saint Luke's SurgiCenter- Lee's Summit
SurgiCenter of Kansas City

PROFESSIONAL SOCIETY MEMBERSHIPS

American Academy of Physical Medicine and Rehabilitation
American Academy of Pain Medicine
American Medical Association
American Music Therapy Association
American Society of Composers, Authors, and Publishers
American Society of Interventional Pain Physicians
Missouri State Medical Association
Performing Arts Medicine Association
Alpha Phi Alpha Fraternity, Inc
Phi Mu Alpha Sinfonia Fraternity, Inc.

PROFESSIONAL ACTIVITIES/COMMITTEES

Founder/Medical Director Rockhill Orthopaedic Specialists' Performing Arts Medicine Clinic
Volunteer Physician for the Kansas City Ballet
Volunteer Physician for Medical Mission – San Pedro Sula, Honduras
Team Physician for Lee's Summit High School Football
Team Physician for Raytown High School Football

TEACHING POSITIONS

Preceptor with Research Family Medicine Residency Program
Preceptor for University of Central Missouri Athletic Training Program

PRESENTATIONS

April 2018 Performing Arts Medicine- University of Missouri Department of Physical
Medicine and Rehabilitation Residency Chairman's Rounds. Columbia, MO
September 2017 Neutral Evaluations- 43rd Annual Workers Compensation Seminar. Overland
Park, KS
March 2017 S.W.A.N.I.--A Novel Approach to Preventing Overuse Musculoskeletal Injuries
among Middle School Orchestra Students—Annual Conference of American
String Teachers Association. Pittsburg, PA
November 2016 At Rational Approach to Low Back Pain- 2016 Symposium on Chronic and
Cancer Pain: State-of-the-Art Management. Overland Park, KS
July 2016 S.W.A.N.I.--A Novel Approach to Preventing Overuse Musculoskeletal Injuries
among Middle School Orchestra Students- Annual PAMA Symposium. New
York, NY

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- March 2016 Hip Pain: Evaluation and Management. St. Luke's East. Lee's Summit, MO
September 2015 Musical Success- The Physical Dimension. Olathe South High School, KS
May 2015 Neuromodulation in the Management of Chronic Pain
Lee's Summit, MO (Sponsored by St. Jude Medical)
February 2015 Leg Pain in Dancers
Lee's Summit, MO
February 2015 Musical Success- The Physical Dimension
California Trail Middle School- Olathe, KS
February 2015 Pain in Performing Artists
Olathe, KS
June 2014 Comprehensive Physiatric Evaluation of Knee Pain
Scottsdale, AZ

PUBLICATIONS:

- 2014 McJunkin, T., Lynch, P., **Tilghman, J.**, Hogan, P., Wuollet, A., Swing, E.,
"Comprehensive Management of Chronic Knee Pain", Pain Medicine News, July 2014
Issue
2013 McClellan, C., **Tilghman, J.** "Starting a Family in Residency: A His and Hers Guide"
The PM&R Resident, Online Publication of the American Academy of Physical Medicine
and Rehabilitation, February 2013 Issue
2012 **Tilghman, J.**, Khadavi, M., Komes, K., Varghese, E., "Diabetic Neuropathy"
KnowledgeNow, Online Publication of the American Academy of Physical Medicine and
Rehabilitation
2005 **Tilghman, J.** "Memoirs of the Boy Next Door" [Autobiography] St. Louis, MO: Voice
Publishing