



## **Rural Integrated Service and Engagement Programs Policy and Procedures**

### **PROGRAMS**

RISE prevention programs consist of evidence based programs and are aimed to serve high risk children and youth who have been identified through the L-SRT and FEM process. Each participating organization will offer funding and/or staffing for the program.

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#### **1.1 RURAL INTERVENTION SPECIALIZED CASE MANAGEMENT**

RISC is an early intervention process designed to meet community needs (parents, teachers and/or community member) which are focused on the needs of the child(ren)/youth before proceeding with the juvenile court system; this may include but not limited to therapeutic, mentoring, family, and/or school support. RISC works with children/youth from age 10-17 years of age that may include one or all for the following concerns: school issues, disruptive/defiant behavior, homicidal/suicidal thoughts, mental health, family and/or substance abuse. The RISC case manager provides an assessment in which the child(ren)/youth are then referred to SRT.

#### **1.2 ALLIANCE AFTER SCHOOL SUPPORT**

Alliance is an after school support for high risk children and youth ranging from 10-year-olds to 17 years of age, referrals come through the SRT/TDM process. In collaboration with Centennial Mental Health, Advocates for Children and RISE it strives to meet the needs of each student by offering homework support, mentorship, and evidence based group activities. The group activities include therapeutic needs, life skills, self-esteem workshops and building peer relationships.

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#### **1.3 FLIGHT SUMMER PROGRAM**

Flight is a summer program offered 2 days a week in June and July for three hours a day. The referrals come through the SRT/TDM process. This program is geared to children from 7 years to 17 years of age. In collaboration with Centennial Mental Health, the summer program offers summer activities and outings. For an hour each day the children/youth will participate in an evidence based therapeutic activity that helps with their self-esteem, life skills and building positive and healthy relationships.

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### 1.4 6 BIG ONES

6 Big Ones is an evidence based decision making program for teens from 13-year-old and up. This program offers 6 workshops with hand on demonstrations, video, and interactive discussion that will address the 6 “Big” areas of a teens life: school, friends, parents, dating and sex, addictions, and self-worth. As an incentive for completing the 6-week program the youth will receive a \$50 gift card.

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### 1.5 LEGACY PROJECT

Legacy Project mission is giving teens the life skills that provide educational advantages, connections to their community, and valuable knowledge that can be used throughout their lives. The program serves multi-system teens by educating, supporting and helping them to be successful in, budgeting, resume building, banking, nutrition, healthy relationships, employment, leadership opportunities, cooking, community service. Legacy Project also offers opportunities to participate in focus groups attend field trips and sporting events. Youth that participates in Legacy Project will gain many benefits such as building positive peer support, learning independent life skills, building healthy adult connections, learning how to advocate for oneself appropriately, connecting with community agencies to meet individual needs, identifying short term and long term goals, one-on-one guidance by CASA staff and volunteers, educational support, applying life skills to everyday situations, learning the importance of community service. Legacy Project provides three monthly groups to attend.

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### 1.6 ACTION ON DRUGS

RISE will be hosting Act on Drugs that will be presented by Lynn Riemer who is known nationally. The presentation is aimed at community members/organizations, teachers, and parents. Ms. Riemer will be presenting to the Lincoln County Community and will focus on several drugs that are readily available and commonly used in the local community. The material included in the presentation is practical and realistic and audiences will gain an understanding of the scope of the drug problem and its effects on their community. Participants will have a better understanding of, the scope of the drug problem, the risk factors for, drug abuse, routes of drug administration, onset and duration of drug-induced effects on the user, indicators of drug use, physical and psychological signs of drug toxicity, long term effects of drug abuse, effects on the fetus and young children, effects on the family and community. A comprehensive handout accompanies each PowerPoint presentation. The information presented in the sessions is regularly updated to include new information on each drug or new drugs on the street