

# The Krista McCarthy Studio

*Pilates For Mindful Movement*

**1501 Pine Lane  
Delray Beach, FL, 33444**

**302-420-7871**

## Client Intake Form

Date

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Last Name

First Name

Home Phone

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Home Address

Cell Phone

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City

State/ Zip/ Country

Email

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Occupation/ Title

Work Phone

Please list any pertinent health issues (i.e., low/high blood pressure, arthritis, asthma, diabetes, etc.):

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Please list any relevant major accidents or operations:

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What are your hobbies and activities? What other forms of exercise do you routinely participate in?

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What are your goals for participating in our program?

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