Aging-in-Place Safety Checklist

Use the checklist to find the hazardous conditions or safety risks for every room/area in your home:

**Entrance to Front Door and Front Yard:**

- 1. Lack of railing or unstable railing
- 2. Unsafe steps (too steep/cracked)
- 3. Unmarked or raised threshold
- 4. Lack of lighting at night
- 5. Lack of a ramp for a wheelchair
- 6. Uneven/cracked pavement
- 7. Slippery substance on driveway/walkway
- 8. Lack of an outdoor grab bar

**Misc.**

- 9. ________________________________
- 10. ________________________________
- 11. ________________________________

Notes:
Hallway or Foyer:

- 1. Uneven or slippery flooring
- 2. Cluttered area
- 3. Dark or poor lighting
- 4. Lack of access to ceiling light

Misc.

- 5. ________________________________
- 6. ________________________________
- 7. ________________________________
- 8. ________________________________
- 9. ________________________________
- 10. ________________________________

Notes:
Living Room:

- 1. Presence of throw or scatter rug
- 2. Presence of clutter
- 3. Presence of electric cords across the floor
- 4. Poor lighting
- 5. Presence of unstable furniture
- 6. Presence of unstable chair
- 7. Difficult to access light switches
- 8. Not enough space to move around

Misc.

- 9. ________________________________
- 10. ________________________________
- 11. ________________________________
- 12. ________________________________

☐ Is there a smoke alarm? ☐ Wired? ☐ Battery?
☐ Is there a CO$_2$ alarm? ☐ Wired? ☐ Battery?
☐ Is there a fire extinguisher? ☐ Expiration Date?
☐ Is there a first aid kit?
Kitchen:
- 1. Cabinet too high or low
- 2. Not enough counter space
- 3. Using a stool/chair to reach things
- 4. Not enough room to maneuver
- 5. Presence of throw/scatter rug
- 6. Presence of slippery floor
- 7. Poor lighting
- 8. Presence of a pet underfoot when preparing meals

Misc.
- 9. ______________________________
- 10. _____________________________
- 11. ______________________________
- 12. ______________________________

Main Bedroom:
- 1. Presence of clutter
- 2. Presence of electric cords across the floor
- 3. Unsafe carpet (uneven, torn, curled up)
- 4. Presence of throw/scatter rug
- 5. Height of bed (too low/high)
- 6. Lack of a telephone near the bed
- 7. Lack of nightlight
- 8. Arrangement that causes difficulty to reach items (TV remote, lamp)
- 9. Lack of device to get in/out of bed

Misc.
- 10. ______________________________
- 11. _____________________________
- 12. ______________________________
2nd Bedroom (if applicable):

- Presence of clutter
- Presence of electric cords across the floor
- Unsafe carpet (uneven, torn, curled up)
- Presence of throw/scatter rug
- Height of bed (too low/high)
- Lack of a telephone near the bed
- Lack of nightlight
- Arrangement that causes difficulty to reach items (TV remote, lamp)
- Lack of device to get in/out of bed

Misc.

- _____________________________
- _____________________________
- _____________________________

- Is there a smoke alarm? □ Wired? □ Battery?
- Is there a CO₂ alarm? □ Wired? □ Battery?
- Is there a fire extinguisher? □ Expiration Date?
- Is there a first aid kit?
### Bathroom:

- 1. Presence of unsafe bath rugs
- 2. Lack of grab bars in the tub
- 3. Lack of grab bars in the shower area
- 4. Lack of grab bars near the toilet
- 5. Toilet is too high or low
- 6. Slippery tub (lack of bath mat, etc.)
- 7. Claw foot/tub that is high to get into
- 8. Lack of bath chair in the shower area
- 9. Clutter
- 10. Incorrect placement of grab bars

### Misc.

- 11. ________________________________
- 12. ________________________________

### 2nd Bathroom:

- 1. Presence of unsafe bath rugs
- 2. Lack of grab bars in the tub
- 3. Lack of grab bars in the shower area
- 4. Lack of grab bars near the toilet
- 5. Toilet is too high or low
- 6. Slippery tub (lack of bath mat, etc.)
- 7. Claw foot/tub that is high to get into
- 8. Lack of bath chair in the shower area
- 9. Clutter
- 10. Incorrect placement of grab bars

### Misc.

- 11. ________________________________
- 12. ________________________________

- Is there a smoke alarm?
- Is there a CO² alarm?
- Is there a fire extinguisher?
- Is there a first aid kit?:

- Wired?
- Battery?
- Wired?
- Battery?
- Expiration Date?
Staircases:
- 1. Poor or lack of lighting
- 2. Lack of railings
- 3. Clutter
- 4. Steps too steep
- 5. Slippery steps without tread/carpet

Misc.
- 6. _______________________________
- 7. _______________________________

Laundry Room / Basement:
- 1. Poor or lack of lighting
- 2. Lack of railings
- 3. Clutter
- 4. Steps too steep
- 5. Slippery steps without carpet
- 6. Presence of cords across the floor
- 7. Same colored floor at bottom of stairs

Misc.
- 8. _______________________________
- 9. _______________________________
- 10. _______________________________
- 11. _______________________________

- Is there a smoke alarm?  □ Wired?  □ Battery?
- Is there a CO₂ alarm?  □ Wired?  □ Battery?
- Is there a fire extinguisher?  □ Expiration Date?
- Is there a first aid kit?
<table>
<thead>
<tr>
<th>Misc. Room:</th>
</tr>
</thead>
<tbody>
<tr>
<td>7.  Orlando</td>
</tr>
</tbody>
</table>

- Is there a gun/guns in the home:  
  - Number of guns: __________
  - Are guns locked in safe place?  ☐ Yes  ☐ No
  - If Yes, where:_______________________________

- Is there another weapon or weapons in the home:  
  - Describe other weapons:
    ___________________________________________________________________________
  - Where are weapons located:
    ___________________________________________________________________________
  - Are weapons locked in safe place?  ☐ Yes  ☐ No
  - If Yes, where:_______________________________