

**nVH Italia srl<sup>®</sup>**

Herbal extracts manufacturers

FOOD & COSMETIC



**Citricoos<sup>®</sup>**

CITRUS BERGAMIA DRY EXTRACT 5% TOTAL FLAVONOIDES CALC AS RUTOSIDE

## CITRICOOS® Citrus bergamia dry extract 5% Total flavonoides calc as Rutoside

Origin of the drug: Italy  
Origin of the extract: Italy  
Solvent: water

**Full traceability: from beginning to end**

### DOSAGE:

Food grade extract: 250 mg/die  
Cosmetic grade extract: 0,5%-1,5%

### Food grade extract:

🍋 **Anti-cholesterol & weight management:** different studies showed that bergamot lowered the total cholesterol levels as well as the low-density lipoprotein (LDL) levels, which is a major factor for heart disease. It also raised the high-density lipoprotein (HDL) which is good and has protective benefits. Citricos® contains flavonoids which help to maintain a healthy cholesterol level and a healthy blood glucose level. They also increase HDL-cholesterol and, consequently, they promote healthy weight management (abdominal obesity).

🍋 **Antioxidant:** due to the polyphenols content, Citricos® can be used as antioxidant, to prevent atherosclerosis

### Cosmetic grade extract :

🍋 **Antiaging :** The bioflavonoids are vasoprotectors that enhance the action of vitamin C and facilitate the elimination of free radicals.

**CITRICOOS® is 100% Made in Italy from beginning ( RAW MATERIAL ) to end ( DRY EXTRACT )**

### BIBLIOGRAPHY

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# nVH Italia srl®

Your partner from beginning to end

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