

NORTHERNS CRICKET UNION • KRIEKET UNIE



CRICKET
SOUTH AFRICA

The Leading Edge

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INTRODUCTION



This last edition of the Leading edge 2018 covers the highlights of our programmes for the year. We have conducted a handful of KFC Mini Cricket Regional Festival following our provincial Festival that was held three months ago.

You will remember that on our last Edition, we compiled a comprehensive report on all the Regional & Provincial teams that were selected. These teams are hard at work as they complete their final preparations for their various Cricket Weeks. We give you a quick glimpse of what has gone on with the preparations and how ready are they for the Weeks. The Coaches have put together some intense schedule and hopefully this will yield good results at the end.

The 13 Regional Girls and U16 Regional Girls have already completed their Regional Weeks and they have done extremely well. We congratulate them on their great achievements.

The Mzansi Super League is in full swing and we give you a brief insight in one of the article on the Multiply Titans Players that have assumed the leading roles in various teams. We also give you a snippet on the Local Franchise Teams, TSHWANE SPARTANS. We hope that they continue to strive and progress to the next round of this competition.

IXU has once again been generous by coming on board and sponsor those needy players with the playing equipment. They have also partnered with Northerns and they are the official suppliers of the Boys Teams playing apparel. We sincerely thank IXU for their support in developing cricket within our system.

The Hubs & RPC have played a critical role in producing players that mad the Regional & Provincial teams. Each administrator has compiled a brief report on Hub/RPC outlining some interesting developments and other relevant improvements that have been happening over the past few past months. It is always interesting to read about how far each Hub/ RPC has progressed.

The Club Cricket is also in full swing and we share the logs and statistics that will give you an insight on how the League has progressed so far. We also give you the top 5 individual performances from the batting and bowling perspective.

The Northerns Senior provincial Team has been very clinical in their performances thus far and having played a total 6 matches in the month of November alone, they have managed to win 4 draw 1 and lose 1. The team will look to finish off the year on a high note where they play an unpredictable but talented North West side in their last fixture for 2018. We congratulate Rubin Trampelmann for his inclusion in the SA Invitation IX that will play the warm up match against Pakistan.

There are also coaching articles that will give you food for thoughts on different aspect of the game. These articles are mainly aimed at giving ideas to the Coaches that play mostly limited overs cricket. They also give you insight on how to have a constructive conversation with the players before any game without putting any unnecessary pressure on them and the team.

We wrap this 32nd edition by giving you background on what is happening within the Titans High Performance program.

The main even for this year is obviously the Boxing Day Test match that starts on 26 – 30 December 2018 which will be hosted for the first time here at Supersport Park. We looking forward to this exciting Test match and we invite you to be part of this history making event.

Enjoy your break and the Festive Season and we wish you all the best with your Holidays. Let's catch up again in 2019.

Happy Holidays!

Coaches Newsletter



KFC MINI CRICKET



KFC MINI CRICKET REGIONAL FESTIVALS

Mamelodi

On the 2nd of November 2018 Mamelodi Zone hosted their second festival of the year. The first time a festival was hosted during the week in Mamelodi and it was a success, a total of 90 kids and 15 coaches were at the festival and a lot of fun was had.

The festival took place at Mamelodi Cricket Oval (C4)



Eersterust

On the 3rd of November 2018 Eersterust Zone hosted their first KFC Mini cricket festival.

It was a day full of fun as the kids enjoyed time out on the field playing the game of many cricket.

All 4 Primary Schools in Eersterust were represented on the day. A total of 84 kids were present at the festival accompanied by 18 coaches.

The festival took place at the Eersterust Cricket Grounds.



SOUTH EAST

On the 10th of November 2018 South East Zone hosted their 2nd festival. It was where a very well attended festival as 220 Kids took part in the festival and played double rounds of matches. Accompanying the kids was 38 coaches made up of school coaches as well as parents of the players. The Kids had a lot of fun and are looking forward to the next festival.

The festival took place at Springvale Primary School.

I would like to take this opportunity and thank all the area KFC Mini Cricket Coordinators for their continuous support ensuring that these Regional festivals take place as scheduled. I would also like to thank all the Coaches for their contribution in making these festivals a huge success.





FRAMEWORK COACHING PROGRAM REPORTS



ONKE MTSIBA : UNDER 13 REPORT

The team has been preparing well for the upcoming Momentum u/13 Week in Benoni. We are always thankful with the assistance that our schools have been giving us in terms of facilities. Our training sessions take place at Cornwall Hill College and we have been privileged to have turf nets and middle sessions, with one session taking place at Affies, having batting specialist Chris Cardoso spending sometime with some of our batters to help fine tune their batting skills.

Our friendly matches were against Mpumalanga at St. Albans College, northerns won; Vs Easterns in Alberton, Northerns won; Vs North West at Midstream College, Northerns Won; Vs Free state in Kroonstad, Free Sstate won. Outstanding performances from Louw Du Preez, Thebe Gazide and Tristan Luus to mention a few.



The team also had a team getaway for a day at Thwane Bush Lodge to spend time together as a group outside of their normal environment. This saw the boys going for a 2 hour hike amongst their activities.

THABANG KUMALO: UNDER 15 & UNDER 17 REPORT

The teams have been hard that work with the preparations of the provincial weeks during the last month and half, Northerns hosted the capping function of all the players that will be representing the provincial and regional teams, rewarding the players for their hard work over the year, each players received a cap as well as a certificate for their outstanding achievements, the event was culminated with a few of the players receiving sponsored playing kits from IXU which sponsors all the regional and provincial boys teams clothing. We thankful to the IXU for their continuous support.

CONGRATULATIONS TO THE PLAYERS THAT RECEIVED THE IXU PLAYING KIT



The teams played warm up matches with the various provincial team which the aim was prepare the players for the different conditions they will encounter as well as to test combinations and balance of the teams, we happy with the progress made during these matches and all the teams are ready for the challenge ahead, All teams had a successful team building outings in the last week, getting to know the players better and get create bonds amongst the players. The boys had a wonderful experience during the activities and a lot was achieved, leaving the camp with the better understanding of themselves their role in the team as well as their teammate on and off the fields.





FRAMEWORK COACHING PROGRAM REPORTS cont...



MARK CHARLTON – UNDER 19 BOYS & ACADEMY

The Northerns u19 team have been busy preparing for the Coca Cola Kaya Majola week. The players have gone through a month of rigorous training and matches and are in good shape moving into the crunch time of the year for this age group.

The team have played matches, Free State 50 Over-Won, Free State 20 Over-Lost, North West 50 Over-Won & Northerns u17 50 Over-Won

Form players have been Ximus Du Plooy and Dian Forrester with the bat both registering 2 50s and Dian Forrester and Juandre Scheepers with the ball.

The team have 3 more warm up games scheduled with Easterns on the 5th December and Northerns Senior provincial in a 2 day game on the 8th and 9th, the team then travel to Cape Town to take on the best

In South Africa at the Coke Week from the 16th December.

3 Players were picked for the SA U19-Gauteng Camp in November, congratulations too Wisani Mushwana, Dian Forrester, Ximus Du Plooy

Academy:

The Academy have gone through a quieter period over the last month after a satisfying 3 Day match Vs Gauteng Academy in Johannesburg where the Northerns team dominated most of the proceedings. Frankie Van Heerdan scored a fantastic century opening the batting and left arm spinner Ruhan Brenner was the pick of the bowlers picking up 8 wickets in the match at Wanderers Club.

Selected players have been training over the last 2 weeks with a 2 day game Vs the Northerns u19 team taking place where Academy players will be selected along with Senior Provincial players. The Academy has once again kept its good record of contracted players moving forward into higher ranks;

- Neil Brandt-Northerns and Titans
- Gideon Peters-Northerns

Both the above players have made an impact at Senior Provincial Level of late with Neil Brandt making his debut for the Titans.

The Academy has a busy January and February with trial matches vs Easterns, Mpumalanga and Limpopo to pick the titans Academy side to attend the national week in April 2019.

MARTELIZE VAN DER MERWE: GIRLS CRICKET

The u19 Provincial Girls had successful preparations for their week in Pietermaritzburg, playing 3 50 over matches and 4 T20 matches. We certainly looking forward to the Week and we trust that every player will have a successful Cricket Week.

Northerns hosted the u13 Girls Regional Tournament from the 1st to 4th December 2018, with 11 provinces playing at the week. Northerns had two teams, Northerns Lipalesa and Northerns Imbali.



The Lipalesa team played 7 matches of which they won 5, lost 1 and had 1 no result due to rain. The young Imbali team finished their week with 2 wins in their 7 matches.

Our u16 team went to Easterns for their regional week and had a very successful week, playing 6 matches and winning all six.





TITANS RECOGNISED WITH MSL T20 LEADERSHIP ROLES



Out of six franchises for the inaugural tournament, the Titans provide four captains across the competition.

Titans veteran and superstar AB de Villiers leads the Tshwane Spartans into battle, and he will play for a side coached by Mark Boucher and assistant Mandla Mashimbyi. De Villiers brings a wealth of experience to his role and has spoken of his excitement at leading his home city into a new era.

Down the coast, there is also plenty of Titans flavour in the MSLT20. T20 legend Albie Morkel has been handed the task of leading a vastly experienced Durban Heat franchise, which includes the likes of Hashim Amla and Khaya Zondo in their ranks.

"I think we've had a strong leadership group over the past few years and for the guys now spread around the country it's obviously a good sign for the Titans, the bad thing is we need to give away a few secrets to our success but that's part and parcel of the tournament," said Morkel with a wry smile.

"I've played all my cricket at the Titans in Pretoria and now we've started training in Durban, it's a completely different culture. It's also a learning curve for me figuring out how to gel players together quickly for a big tournament like this (MSL) but so far so good in Durban, it's been good!"

In Paarl, Cape product Henry Davids has been tasked with leading the Paarl Rocks. Down the road from hard-hitting opener, Titans and Proteas middle-order ace Farhaan Behardien will take charge of the Cape Town Blitz this season, to complete an excellent leadership roster for the Titans.



"I was brought up here (Paarl) so it's also exciting being in my home town and it's a beautiful and unbelievable place to play cricket. It's exciting times going ahead, for this brand and the Mzansi Super League," said Davids.

"Leadership means a lot for teams going forward, it brings success and it means a lot for Titans to get the accolade of leaders around the country."

Titans Cricket CEO Jacques Faul added: "We are very excited for the Mzansi Super League, and we are equally proud of all our Titans players being handed these responsibilities,"

"We wish them all the best over the next month of competition but, naturally, we would love to see AB and the Tshwane Spartans lift the cup at Centurion in a few weeks," Faul added with a smile.





YOUTH CRICKET

IXU PARTNER WITH NORTHERNS

Leading cricket equipment and apparel brand, IXU Sport, is now the naming partner of all the Titans Northern Provincial and Regional boys-teams. **THIS IS A GROUND BREAKING FIRST** for Northern Cricket Union to commercialize their amateur programmes and is the first of several similar agreements to follow.

All Provincial and Regional boys Teams will be proudly wearing the IXU apparel during the National tournaments and we are confident that the comfort of the apparel will contribute positively on achieving the great results.



Northern Provincial Boys Teams and IXU Sport Enter Exciting Partnership



Leading cricket equipment and apparel brand, IXU Sport, is now the naming partner of all the Titans Northern Provincial and Regional boys-teams. **THIS IS A GROUND BREAKING FIRST** for Northern Cricket Union to commercialise their amateur programmes and is the first of several similar agreements to follow.

"We are very excited about this initiative. Both brands represent excellence on and off the field and we feel that this partnership is a perfect fit. We believe that this is a step in the right direction to make our youth

programmes more sustainable to ensure the development of future players," said Johan Muller, Manager: Cricket Operations.

Besides the legendary, Proteas and Unlimited Titans player, Faf du Plessis and renowned coach, Rob Walter, who are the brand ambassadors for IXU, players such as Graeme van Buuren, Heinrich Klaasen and Evan Jones have made their mark on field with IXU equipment.

"It is a great privilege to take part in the development of

youth cricket. We are a brand that enjoys embracing and driving change and have a passion for our work. We intend to make a positive impact, as cricket is our passion," said Heinrich Rix, Chief Executive of IXU Sport.

The Northern Boys Teams will now be known as the **IXU Titans Northern**. As IXU is a bold, assertive and innovative brand, joining forces with the Titans Northern is a move that speaks volumes.

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NORTHERNS HUBS/ RPC FOCUS



ATTERIDGEVILLE HUB

Teboho Mokoenyana

The Atteridgeville U/11 boys made it through to the final of the schools league and they eventually won it. This is a great achievement for these young boys.

The following players made the various Northern Regional and Provincial teams.

Tshepang Laka Northern U/11 Regional Team

Lethabo Kunene Northern U/12 Regional Team

Unathi Tshikita, Athenkosi Mbani and Lindokuhle Mahlangu Northern Framework U17 Team

Lesego Nkosi, Koketso Mashile and Lethabo Masilela Northern U/13 Provincial Girls Team

Lebogang Choeru U19 Provincial & Women's Team, respectively

Two boys from our Hub Program namely, Morati Lefhiedi (Prestige College) and Jabu Nkosi (Cornwall Hill College) also made the U/15 Provincial Team

We are currently in the process of getting young girls more involved in our system, we have been working with the schools within the community to make sure that we succeed in accomplishing this. Our girls have been attending various coaching courses to further their knowledge in cricket. Our coaches (Gontse Ntsoane, Puseletso Khonyane and McKenzie Moganyaka) are in the process of getting their Level 1 coaching certificates. We wish them all the best!

I believe our Hub is moving in the right direction in terms of its current state. Our main goals are to develop as many players as possible, especially female players. To keep producing quality players, quality coaches and umpires such as Siphelele Gaza, who is currently a national umpire who comes from our Hub program.

SOSHANGUVE HUB

By Thabang Rakgolela

We had a good year this year. Just as any season clubs go through good and difficult times and it's not different with us. Our hub has had it good in the field and off the field. Our u15 and 13 team qualified to play in platinum leagues of their relevant age groups. Performance has not been satisfactory but having the boys play at high and competitive leagues can only improve their cricket. Same with all our junior teams have gained promotion to higher leagues. We hoping to be competitive in the next year as adjusting to any higher level is very challenging.

Our first team gained promotion to the premier league for the first time in many years. It hasn't been the best start we are hoping for. It's difficult adjusting to the premier league in different ways but we will improve definitely. With our first team promoted that means our second side which is mostly our u19 team gained promotion and just like our first team they are finding it difficult. It's an eye opener to the boys that there is a higher level than what they are used to. It adjusts their thinking and their skills levels, and we are hoping it reflects in the next year.

Our KFC mini cricket has been busy this year. We held regular meetings and already had one coaching course, one scoring course and one festival. Planning on having one more of the previous and have a regional seminar.

Off the field, our chairman was selected president of our union.

There isn't much of developments except for minor facility upgrades.

We are happy with the year we had, and we admit that we must adjust quickly to the changes. When the water levels rise, we must rise to the levels.





NORTHERNS HUBS/ RPC FOCUS



Continued...

MAMELODI RPC

By Andrew Mazina

The small schools finals, the U/13 played their finals against Laerskool Rayton. We were asked to bat first, we had a slow start and lost our first wicket in the first over of the game. But the skipper Lethabo Phahlamohlaka played a huge role as the anchor of the innings, he stayed throughout the innings and talk to his batters, until they passed the 14th over. I felt like the score was not enough to defend so I gave the skipper a license to start Attacking and he played like Inzimam Ul-Huq. He scored a brilliant innings of 80 not out. Their fielding was amazing, took almost all their catches, there were few extras and best bowler was Thapelo Boikanyo with the following bowling figures 3-0-25-4 won by a massive 82 run to be crown the small school champions for the year 2018..



LAUDIUM HUB

By Relebogile Makola

The u/13 won all their group stages games where they were knocked out the quarterfinal by Mayville primary school by 5 runs. The U/15 lost one game against AHS which meant they ended up second on the log, the U/19 won all of their games which they ended up winning the U/19 D league respectively.

We have two U/13 Standard Bank Provincial players selected in the 2018 team (Akhil Joshi and Hussein Ebrahim). 4 players were selected in the regional setup this year. Aboo Aboobakar U11, Mohhamed Borabat & Aras Fida bothe U12's. Om Thakkar has been selected for Northerns e U17 Provincial Team. Hassim Ebrahim U17 Framework team, Muhawya Patel U15 framework team

HAMMANSKRAAL RPC

By Ikgomotseng Mothoa

Congratulations to u/19 girls for winning all their matches and becoming the u19 champions three years in a row. We have also been fortunate to be given an opportunity by CSA to experiment the school in the at our RPC. We are very proud of our facility as it has hosted the North & South tournament. We will also be unveiling the new indoor facility. Congrats to our 9 girls that have made various Provincial & Regional Teams. We also congratulate two of our boys that made U12 team and one who made U13 side.





Club Cricket



Premier & Promotion League Logs

Team	Played	Won	Lost	No Result	Total	Bonus	Net Run Rate
Assupol Tuks	3	3	0	0	15	3	5,58
Assupol Tuks 2	3	3	0	0	13	1	1,16
PHSOB 1	3	2	1	0	10	2	1,6
CBCOB 1	3	2	1	0	9	1	1,14
Irene Villagers 1	3	1	1	1	7	1	1,09
TUT	3	1	1	1	6	0	-0,82
Ladium 1	3	1	2	0	5	1	0,04
Pretoria	3	1	2	0	5	1	-1,47
Monitor Net Harlequins CC 1st	3	1	2	0	5	1	-1,76
Police 1	3	2	1	0	0	2	0,89
Sinoville 1	3	0	3	0	0	0	-1,49
Soshanguve CC 1st	3	0	3	0	0	0	-5,03

NB : Police 1 were penalized 10 points for playing an unauthorised player

Team	Played	Won	Lost	No Result	Bonus	Total	Net Run Rate
Moot CC 1st	3	2	0	1	2	12	4
Centurion Cavaliers CC 1st	3	2	0	1	2	12	3,28
Eersterust CC 1st	3	2	1	0	2	10	1,76
Brits CC 1st	3	1	2	0	1	5	-3,12
Atteridgeville CC 1st	3	1	2	0	0	4	-0,63
Adelaar CC 1st	3	3	0	0	3	3	3,16
Mamelodi 1	3	0	3	0	0	0	-3,4
Hammanskraal CC 1st	3	0	3	0	0	0	-3,6

NB : Adelaar 1 were penalized 12 points for non-compliance

Top 5 Premier League Batting statistics

Name	Team	M	N/O	Runs	Balls	4s	6s	H/S	100s	50s	Avg	S/R
Pretorius, Jandre	Assupol Tuks 2	3	2	226	264	22	3	110*	1	1	226	86
van der Dussen, Nico	PHSOB 1	3	1	224	141	25	17	122*	1	1	112	159
Verster, Reghardt	CBCOB 1	3	0	195	290	13	2	87	0	2	65	67
Kriek, Ivan	Assupol Tuks 1	3	0	193	184	19	5	124	1	1	64,3	105
van Heerden, Francois	Assupol Tuks 1	2	0	184	168	24	3	100	1	1	92	110
Britz, Christopher	Assupol Tuks 2	3	1	176	203	20	1	100	1	1	88	87

Top 5 Premier League Batting statistics

Name	Team	M	N/O	Runs	Balls	4s	6s	H/S	100s	50s	Avg	S/R
Trichardt, LJ	Centurion 1st	3	2	170	129	19	5	141*	1	0	170	132
Barendrecht, Marnes	Adelaar CC 1st	1	0	163	112	16	10	163	1	0	163	146
Krugel, Armand	Moot CC 1st	3	1	118	56	11	8	71*	0	1	118	211
Stoop, Zian	Moot CC 1st	2	0	105	83	14	1	104	1	0	52,5	127
Maluleka, Joseph	Hammanskraal CC 1st	3	0	88	62	7	6	84	0	1	29,3	142

Top 5 Promotion League Bowling statistics

Name	Team	O	M	Runs	W	B/B	Ave	Eco
Cloete, Uzane	Eersterust CC 1st	13,2	3	59	8	5/1	7,4	4,43
Wilson, Justin	Adelaar CC 1st	21,4	3	72	7	3/23	10,3	3,32
Zakarea, Mario	Eersterust CC 1st	18	0	60	7	4/23	8,6	3,33
Hefer, Reghardt	Moot CC 1st	12,1	2	57	5	5/34	11,4	4,68
Greyling, Rudi	Centurion Cavaliers CC 1st	9	0	39	5	5/39	7,8	4,33





NORTHERNS SENIOR PROVINCIAL TEAM

It was a very eventful November with us playing 6 matches. It was also a very successful one with 4 wins, a draw and just a solitary loss which leaves us in first place in the 3-day competition and in third place in the 50-over competition.

The most pleasing aspect was the way in which we played against Northern Cape and KZN Inland. We managed to sweep all 4 matches against these two teams and this included some notable performances from our players. Andrea Agathegolou scored 182 and Neil Brand 159 as they shared in a 310 run partnership against Northern Cape.

We were fortunate to have Junior Dala available for us in November and he took a remarkable 16 wickets in 2 matches with a best of 6-35 against KZN Inland. Notable performances also came from Ruan de Swardt (who scored a career best 65 against KZN Inland) and Ruben Trumpelmann (3-26 vs NC and 3-24 vs KZN Inland) who is a constant menace with the new ball and is bowling quickly too. Leus du Plooy (114 vs Northern Cape) and Rubin Hermann (114 off 87 balls vs KZN Inland) scored 1-day centuries and Gregory Mahlokwana (9-22-4 vs Northern Cape & 9-36-2 vs KZN Inland) is in serious form with the ball.

It was a tough trip down to Oudtshoorn as we ran into an in-form SWD side who are brimming with confidence. We managed to draw the 3-day match after Diego Rosier scored a defiant 108 in the 2nd innings and there was a very important cameo by Luvuyo Nkese who survived for over an hour to bat out a draw. Gideon Peters bowled very well in the 1st innings and managed figures of 4-37. Luvuyo Nkese (10-45-4) is also bowling well in limited overs cricket but we ended up losing the 1-day match by 28 runs after none of the batters could convert a start into a match-winning contribution (Rubin Hermann 57 and Leus du Plooy 53).



Rubin Trumpelmann has been rewarded for his performances by being selected for the SA Invitation XI to play Pakistan in their warm up fixture before the Boxing Day test. We are very proud of him and know he will represent the Daisy with pride. The match will take place at Willowmoore Park in Benoni from 19 – 21 December 2018.



Our final fixture for the year is against North West in Potchefstroom from the 13th – 16th December. We hope to end the year on a high and consolidate our position at the top of the 3-day competition and move up to second in the 1-day competition.





How To Bowl Smart In Limited Overs Cricket

By Ian Harvey



KNOWING WHEN TO VARY IT

A lot of players now have a lot more variations than I did when I was playing. The biggest thing when you've got lots of variations is knowing when to bowl them. Three factors are crucial to this.

1. ASSESS CONDITIONS

Certain deliveries work really well on certain wickets. Work out which of your options suits the pitch and the ground on any given day.

2. UNDERSTAND THE GAME SITUATION

The captain might come up to you and say: 'We need a wicket to break this partnership' and then he's giving you a bit of a licence to try all your skills. On other occasions you might not need to try them all: they might need 10 or 12 an over and if you're bowling your yorker really well, you're doing a good job. You've got to think 'How am I going to cut the boundaries out?' And if you keep building pressure then hopefully the batsman will do something different and get himself out.

3. COMMUNICATE WITH THE CAPTAIN

The captain can easily set a field but if you're bowling it somewhere different from what the captain knows or wants then it's not going to work. At Gloucestershire we talk about bowlers taking responsibility to work with the captain in setting fields. The game can't start until the bowler's bowled the ball – and they know what they're trying to do. So alongside the captain, they should be able to work together as a bowling group to pretty much set their own fields, and then bowl accordingly.

In terms of executing the specific skills it comes down to the hard work you've done over the winter or in training and trusting in that when you get out to the middle in a game.

KEEP THE BATSMAN GUESSING

Think about setting a field that you can bowl two or three different deliveries to, so the batsman can't just look at the field and say, 'I know where he's going to bowl' and so set himself for it. For example, if you set a leg-side field with plenty of protection on that boundary, with all your fielders up on the off-side, you can bowl two or three deliveries: slower balls into the wicket which they can only really hit into the leg-side, yorkers into leg stump and maybe a straight slower-ball bouncer. They really are going to struggle to hit those balls to the off-side with power.



PICK YOUR BATTLES

The mentality of a bowler is you want to take wickets, you want to get all batsmen out. But sometimes you have to look at the bigger picture and what's best for the team. When a guy is batting really well sometimes the best thing you can do is get him off strike. And that's something you can plan for: try setting a leg-side field and bowling one just on his hip so he's got nowhere else to hit it. And then when you get the newer or lesser batsman on strike you might be able to bring a slip in, bring a couple of fielders up and try and bowl to take wickets at the other end. You still want to put pressure on both batsmen but getting the 'in' batsman up the other end allows you to try and build pressure on the other guy, try and get him to hit through the field early in his innings, and take a risk that he might not normally take. As well as that, if you can starve the set batsman of the strike, maybe he might make a mistake and do something he might not normally do.

'GETTING OUT OF THE OVER'

If you bowl five really good balls, it's a good idea to try and bowl a ball that you know the batsmen can only get a single to (and set the field appropriately – see above). But you also don't want to put too much pressure on yourself. If you think 'I've bowled five good balls here, I don't want to mess it up and go for a boundary', you can end up feeling under pressure and bowling a ball that you wouldn't normally bowl. So stay calm and if a certain ball has been working well, stick at it.





TSHWANE SPARTANS ACTION MOMENTS



THE CAPITAL CRAFT CENTURION HOSTED THE TSHWANE SPARTANS FOR LUNCH



CELEBRATING GREAT MOMENTS IN "MZANSI" WAY



SUPER FANS BEHIND THE SUPER TEAM



TSHWANE SPARTANS SQUAD:

AB de Villiers, Eoin Morgan (England), Lungi Ngidi, Robbie Frylinck, Jeewan Mendis (Sri Lanka), Theunis de Bruyn, Rory Kleinveldt, Sean Williams (Zimbabwe), Gihahn Cloete, Lutho Sipamla (rookie), Tony de Zorzi (rookie), Dean Elgar, Andrew Birch, Sikandar Raza (Zimbabwe), Shaun von Berg, Eldred Hawken

#BORNOFUS #VANONS #TSARONA



FIVE THINGS TO AVOID SAYING TO YOUR PLAYERS

By Coaches Network

Coaches can often walk a fine line when trying to motivate their players. Choosing the right words to get the most out of your players can be challenging when also trying to instill lessons that go beyond winning and losing. This article outlines various ways that coaches can inspire their team without creating tension or emotional harm. It also identifies five phrases that can put undue pressure on players and should therefore be avoided.

1. "This is a **MUST** win!"

Even if your team is about to compete in a playoff or tournament game, it does not usually help to emphasize that winning is all that matters. Players already understand that it's an important game that needs to be one if they want to keep playing, reiterating this probably won't help them. There is so much more to be gained from such a competitive game that focusing only on winning can keep your athletes from getting the most out of the experience. "They will play another season, other games, and reminding them that this is a "must-win" will not help them play any better; it will only help them worry all the more about messing up," writes Meredith.

2. "Watch how He/She does it! You can do it too!"

It makes sense to occasionally use players on your team as examples when trying to teach a certain skill or technique. Yet this type of tactic can also have a negative psychological effect on the other players. Though coaching tactics like this usually come from good intentions, they can easily do more harm than good. Try to avoid comparing players to each other or singling out a certain person. Instead, motivate the entire team to get better together.

3. "You're the best player out there! Go show them how it's done!"

Even if it's the best player in the team, telling them that they need to prove this can put or provide unnecessary pressure. "That mindset may work for older players, but for young players it is an unnecessary burden to bear." Keep in mind that it is easy for young players to feel overburdened by pressure from their coaches, making it important to avoid singling out specific players. Provide this type of encouragement to the entire team and they will likely share the responsibility together instead of one person feeling like they have to do it all themselves.



4. "Remember what happened last game?"

Most of the time, players remember their mistakes and therefore coaches don't need to provide constant reminders. Mistakes should be addressed in a way that players can learn from them, and one of the main responsibilities of coaches is to help in the learning process. Don't let your players dwell on their mistakes by reminding them what happened. Instead, give them the knowledge and confidence needed to avoid those mistakes in the future.

5. "Destroy the other team!"

This puts the focus on the opponent instead of the actual performance of your own team. It may just seem like a classic way to motivate your players and get them fired up, but it does nothing to help them visualize succeeding. Encourage your team to play their best, regardless of the opponent. "The object of the game is to win (with integrity) and not to intentionally hurt opponents,

Instead of focusing energy towards these last minute motivational speeches, try to just encourage your young players to play their best and enjoy the game.





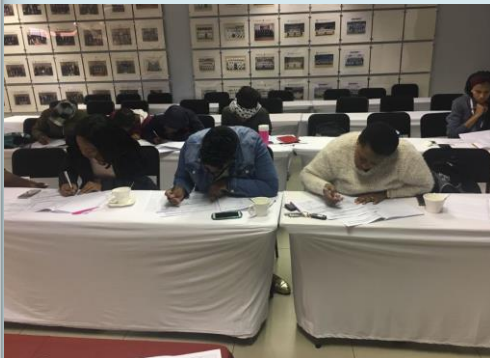
NEWS FROM THE SCORERS BOX

By Hennie Erasmus



Our Scorers had a well rest and we started the season with NCU T20 Competition on the 29th September 2018. In the off season we managed to expand our scorers association by recruiting and training scorers from the HUBs and RPCs. This is in line with the Cricket South Africa (CSA) Cricket Services strategy.

The CSA 4 day series started on the 26 September and followed by CSA 3 Day Provincial Series on the 4th October. We are hosting Mzansi Super League on the 25, 28 November, 01, 05 & 12 December we are looking forward to scoring the tournament and first Test match between South Africa and Pakistan on the 26th December. These are the exciting times for our scorers as we will be having different teams of scorers give them more experience and exposure on these high profile matches.



We are hosting training courses throughout the season, if any enquiries please contact our Cricket South Africa Accredited trainer Kathy Kulper on Kathy.kulper@sutherlands.co.za



NEWS FROM THE UMPIRES DESK

By Nic Pretorius



Since the last edition of "The Leading Edge" we had our AGM and the following umpires were elected on our executive for the next couple of years:

NCU UMPIRES EXECUTIVE COMMITTEE

Nic Pretorius	A/President
Rudi Birkenstock	V/President
Keith Lodewyk	V/President
Hassen Dawood	Secretary
Phillip Vosloo	Treasurer
Allahudien Paleker	Head Trainer
Jurie Sadler	Trainer
Edo Nel	Social Media

Vision for our NCUA

To manage a well motivated group of Umpires representing our community of which a significant proportion will graduate to become well equipped umpires, remain within the structure and service the game of cricket at all levels.

Mission for our NCUA

To employ a well-integrated system to maintain a sufficient number of umpires with the necessary knowledge and skills as well as experience, to provide a service primarily to the leagues we represent, but also to national and international levels of the game and to bring umpiring to all previous disadvantaged peoples in an endeavour to obtain their membership and enthusiasm.

CONGRATULATIONS ARE IN ORDER FOR THE FOLLOWING UMPIRES FOR THEIR VARIOUS ACHIEVEMENTS

U19 GIRLS TOURNAMENT UMPIRES 2018

Kim Botha, Lauren Agenbag, Boitumela Madiba

U17 BOYS TOURNAMENT UMPIRE 2018

Johmar Kotze

U15 BOYS TOURNAMENT UMPIRE 2018

Siqi Camagu Tsegofane Galane

U15 BOYS TOURNAMENT UMPIRE 2018

Frikkie Pretorius

FRANCHISE UMPIRES

Bongani Jele, Allahudien Paleke, Johan Cloete, Sips Gasa and Phillip Vosloo

**Some of these umpires already have a couple of ODI's under the belt.*

UP AND COMING PANEL UMPIRES

Rudi Birkenstock, Jurie Sadler, Hassan Dawood and Kevin Lawrence.





TITANS HIGH PERFORMANCE

By Mark Charlton



A Management Feedback System has been purchased from Virtua Gym, this will allow us to monitor Titans players and players throughout the pipeline for the Conditioning Programmes Nutrition Education, Feedback on injuries and Coaching tools

This feedback has been rolled out with the Titans U19 HP Squad and has created a feedback loop for the players and coaches.

The Titans U19 HP squad works with talented u19 players from the Limpopo and Mpumalanga regions focussing specifically on pipeline weaknesses, this squad has been put through their paces by myself in terms of technical work and I have paired with Titans S and C support staff Tumi Masekela and Sizwe Hadebe to take care of any injuries, rehab and conditioning. Particularly pleasing was the return to bowling of Fumani Maleleke and Gerhardus Fourie talented fast bowlers from Limpopo, both came back from stress fractures and through this collaborative effort will both be competing at the National weeks in December competing for SA U19 spots.

Planning for Titans future scouting has been completed, the players earmarked within our system are performing well and players have been approached from outside of the Province to meet particular needs. The Pipeline Document has been updated and weaknesses highlighted and holes filled. Players have also been scouted from around the country with exciting talent offered contracts, these names will be announced soon.

Weaknesses Identified:

- Black African Allrounder
- Fast Bowlers, particularly left arm-need back up to current attack
- First skill wicket keepers

Two HP Camps have been hosted to aid in the development of players to fill the above weaknesses. A wicket keeping and slip fielding camp was hosted on the 15th November for all our best Keepers and specialist slip fielders from 15 to 21 years old throughout the Franchise. Ppecialist coaches Wendall Bossenger (Former Knights Captain and keeper) and Jolene Campher (National Academy and Protea Ladies Keeping Coach) were the specialists. A fast bowling camp followed with SA U19 Fast Bowling Coach Chris Van Noordwyk and Greg Smith former Nottinghamshire and Titans Fast bowler as the specialists. We were also lucky to have SA U19 Coach Lawrence Mahatlane at the fast bowling camp to check out our young talent. The Titans Strength and Conditioning staff and interns were also in attendance to do skill specific conditioning work with the player.

The Titans are in the enviable position in having both Northerns and Easterns at the top or near the top of both Senior Provincial competitions, this is fantastic for the pipeline of players with both teams producing fantastic talent. A hearty congratulations must also go out to both Limpopo and Mpumalanga who have performed well and put a lot of pressure on Senior Provincial teams from around the country in their friendly matches.

I was fortunate to travel to Abu Dhabi with the Titans in a role as analyst, this venture was sponsored by Pitchvision and much was learnt that has been passed down to the coaches in our system. I have addressed 2 coaching forums and spoken to approximately 60 coaches regarding practical knowledge gained in these alien conditions. Thanks must go to Coaching Manager Sibonelo Ngcobo for facilitating this process.

For the Franchise forum a suggestion would be that I would rather implement a Mpumalanga and Limpopo, Northerns, Easterns-HP Squad than a suggested live in Academy, giving players the freedom to work around a programme from the outside where consultants and professionals were brought in at various junctures to upskill and uplift players. I feel that a live in Academy is a massive undertaking that is above our means at the moment, I as HP manager can then oversee such a programme. This proposal will be tabled at the next Franchise Forum meeting.





INFORMATION PAGE

SuperSport Park, home of the Multiply Titans, makes history when it hosts its first-ever Boxing Day Test. #SAvPAK



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