

# **CPR** and **Anaphylaxis** Refresher

# HLTAID001 Provide cardiopulmonary resuscitation VU21800 Provide first aid management of anaphylaxis

## Application and Relevance

This course applies to a wide range of settings where emergencies involving allergic reaction or cardiac arrest may occur. It is relevant for people working in childcare, education, aged and community care, tourism, hospitality and other workplace and community settings.

Course Currency Status: both units in this course are current

#### Duration

Pre-learning up to 1 hour and 15 minutes, followed by Face-to-face training and assessment 2.5 hours.

#### **Course Content**

This course includes two units.

HLTAID001 Provide cardiopulmonary resuscitation includes:

- + Assessing a cardiac emergency situation
- + Airway and breathing management
- + Resuscitation techniques
- + Using a defibrillator (AED)

VU21800 Provide first aid management of anaphylaxis includes:

- + Triggers, signs and symptoms of mild to moderate allergic reactions and anaphylaxis
- + Emergency response to anaphylaxis, including ASCIA action plans.
- + Use of adrenaline autoinjector devices
- + Communicating details to emergency services and incident reporting procedures
- + Evaluating the response to an anaphylaxis incident

#### **Entry Requirements**

For this refresher program, current Statements of Attainment for the above units (less than 12 months from date of issue) are required. Participants will also need the ability to meet the physical demands of providing resuscitation.

#### Assessment Methods

Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge.

Note that the provision of CPR must be demonstrated on the floor.

# Award Issued

A nationally-recognised Statement of Attainment will be issued to all successful participants.

### Further Info

Please refer to the Student Handbook available at <u>livcor.com.au/students</u> for additional information.

All students will be enrolled with LivCor—RTO 3586—which will be responsible for the quality of training and assessment provided and for issuing Statements of Attainment for the units of competency on its scope.

This accredited training and assessment will be conducted under LivCor responsibility and direction by

