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Preface

Almost every day, it seems, there is a major story in the popular media that focuses on health and fitness. From breakthrough nutrition research to tips on starting a walking program to advice on improving flexibility, the coverage reaches literally millions of people through newspapers, magazines, books, websites, and TV shows.

Yet, the same popular media frequently reports about the obesity problem. The familiar numbers are heard so often that the shock value is wearing off: More than a third of U.S. adults are considered obese, while another third are considered

overweight. All told, those statistics encompass a population of more than 190 million people.

It's a great paradox—with all we know about healthy living, why are many people still struggling to get in shape?

Maybe there is just too much information and people are overwhelmed. Or perhaps they lack the motivation necessary to carry through on a fitness program. Whatever the reason, as a personal trainer you have both a great opportunity and a significant challenge. You are in demand to help people not just wade through all of the information, but to inspire them to apply it and improve their lives.

As a result, starting a personal training business offers a satisfying combination of financial reward and a career in which you can make a profound difference in the lives of others. A skilled trainer who also has good business knowledge and judgment can earn a substantial income.

At the same time, because many people still face troubling weight and healthy lifestyle issues, new approaches are needed if fitness professionals are to reach these individuals.

Fortunately, the fitness business is rising to the challenge by creating innovative ways to do just that. This means that you have new avenues to entrepreneurial success through strategies that will grow your business by making fitness relevant and accessible for more and more people.

In this updated edition, we give you information that will quickly get you up to speed on these exciting directions in the fitness industry and show you how you can take advantage of them. You'll see, for example, how the emerging field of wellness coaching is using important discoveries in behavior modification to access the powerful internal motivations of clients. You'll also learn how Zumba, boot camps, and using outdoor, picturesque venues are satisfying growing social needs and the desire for more affordable fitness options. Also, we cover how trainers are eschewing a one-size-fits-all approach and targeting their training services toward the specific needs of particular populations, such as youth or older adults. We explain how fitness organizations also are responding by offering specialized certifications or continuing education that better prepares trainers to address the needs of particular segments of clients.

What's more, we describe how functional training is being used to help sedentary clients better perform the tasks of everyday living. A personal trainer today must be well-versed in the theories behind functional training—trust us, your competitors will be. More importantly, trainers must know how to put theory into practice and deliver effective and safe functional workouts to clients.

This third edition also includes expanded information on how using the full potential that social media has to offer can revolutionize your business. Having a

website is almost mandatory and will give you instant credibility, no matter what the size of your company. We explain how you can bring your business into cyberspace, either by creating a simple website that acts as an electronic brochure for your training business or by setting up a site that allows you to train clients online. But beyond a basic website, and potentially more importantly, we'll walk you through how to create a social media presence in a variety of venues, in simplified steps.

As with the second and first editions, this book generally focuses on the business side of personal training. This is not an instruction book on training techniques—there are plenty of certification and education programs where you can find that.

But we realize that you're interested in exercise, athletic performance, and how science is exploring ways that we can become fitter and healthier. You wouldn't be a personal trainer or a soon-to-be trainer if you weren't. So we've added sidebars throughout the book giving you "Stat Facts"—you'll find these fascinating, we're sure. But they're also perfect tidbits of information that you can pass along to your clients to enhance your reputation as a reliable source of health and fitness knowledge.

This book also covers the nitty-gritty details of starting and running a successful fitness business. Whether you're looking to launch a solo concern with minimal investment or open your own studio and hire other trainers, this book will help you. You'll get an overview of the industry and potential client markets, as well as a step-by-step guide to setting up and operating your fitness business. You'll learn about startup costs, marketing, and how to track and manage your company's finances. Successful personal trainers and industry experts will share the insights they've gained through years of experience.

Regardless of the type of personal training business you want to start, we recommend that you read every chapter in this book. Most of the information applies to all sizes and types of personal training operations, and the information is interrelated.

Introduction to Personal Training

This is an exciting time to be an entrepreneurial personal trainer. The opportunities for qualified fitness professionals who also understand how to run a business are virtually unlimited.

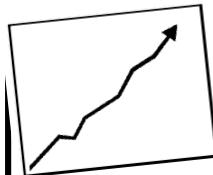
Take a look around. Obesity is an epidemic. Many people of all ages are spending too much time in front of computers and

TVs, and this increasingly sedentary lifestyle is taking a tremendous toll on their health. Fast-food restaurants serve up calorie-dense meals and regular restaurants offer massive portion sizes.

As people decide to do something about their expanding waistlines and finally get in shape, fitness professionals are well-positioned to help. Whether the market is baby boomers wanting to regain some of their youthful vitality or parents looking for ways to provide positive role models for their children, they are turning to trainers. As well, doctors and managed care organizations have recognized that diet and exercise are an important part of keeping people healthy and avoiding unnecessary health-care costs. Even companies are realizing that healthy, fit employees are more productive.

It's no surprise that personal training is one of the top professions of the 21st century and a fast-growing segment of the fitness industry. With rare exceptions, personal trainers love what they do. After all, they're not working on a production line or sitting in front of a computer—they're helping people get and stay healthy and fit. For their efforts, they're earning \$40 to \$150 or more per hour.

"The industry is continuing to grow," says Tony Ordas, former director of certification for the American Council on Exercise (ACE). "There has been a steady increase in growth in the number of health and fitness facilities. More and more clubs are in dire need of personal trainers." While some of those clubs want their trainers to work as employees, many others are hiring independent contractors or contracting with personal training companies to meet their needs—and that means opportunity for you.



Stat Fact

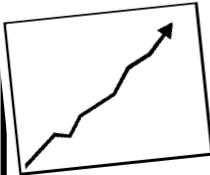
According to

Bureau of Labor

Statistics projections, jobs for fitness workers are expected to increase 29 percent between 2008 and 2018, which is much faster than the average for all occupations. These workers are expected to gain jobs because an increasing number of people are spending time and money on fitness and more businesses are recognizing the benefits of health and fitness programs for their employees.

What Do Personal Trainers Do?

Personal trainers work with clients who need instruction and coaching in the areas of exercise physiology, kinesiology, injury prevention, recovery and rehabilitation, nutrition, supplementation, fitness assessment, exercise programming, sports conditioning, flexibility techniques, and more. Personal trainers used to more often



Stat Fact

Just how many health clubs are there nationwide? According to the International Health, Racquet, and Sportsclub Association's (IHRSA) 2011 annual health club membership survey, there were more than 29,890 U.S. health clubs, 45.3 million health club members, and a total of \$20.3 billion in health club industry revenue in 2010.

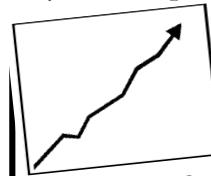
realistic and measurable short- and long-term goals and develop an exercise program. Some trainers set up a series of short-term goals that the client can strive for, and others space the rewards out at greater intervals, coaching clients to reach for the ultimate brass ring and then its maintenance. The choice is yours to make, but one thing is clear: A high emotional IQ, an understanding of basic "people skills" and psychology, and the desire to help people are all needed to process the subtle but important signals your clients may give you along the way.

Personal trainer Salvador Mascarenas Ruiz of Puerto Vallarta, Mexico, believes being a good teacher is in one's genes and unless you take pleasure from sharing what you know and have an innate love of giving versus taking, working as a fitness trainer will be painful for everyone involved, both student and teacher. Phil Martens of 501F1T in Minneapolis, Minnesota, says "Your best bet for success is to be able to connect with people, to respect them, and really know your program and what you're doing. A high emotional IQ would be good, but really a Ph.D. in psychology would be even better."

As they work with each client, personal trainers teach safe and effective exercise techniques; they monitor, record, and evaluate progress; they make adjustments in the program as necessary; and they provide support and motivation to help their

train individuals one-on-one, but today group instruction is gaining ground because of the multiple benefits to both trainer and trainee, including sociability, learning from peers as well as instructors, and typically lower rate structures.

Observant, detail-oriented personal trainers begin their work with each client by doing an assessment. Through conversation and by completing forms, they gather information about the client's health and medical status, lifestyle, expectations, and preferences. Then they are able to establish



Stat Fact

As reported by the Bureau of Labor Statistics, median annual wages of fitness trainers and aerobics instructors in May 2008 were \$29,210. The middle 50 percent earned between \$19,610 and \$44,420. The bottom 10 percent earned less than \$16,120, while the top 10 percent earned \$60,760 or more. These figures do not include the earnings of the self-employed. Earnings of successful self-employed personal trainers can be much higher.

Every Stripe and Shape

So what do personal trainers really do? Some of the services typically offered by personal trainers include:

- Body composition and fitness assessments
- Muscle building and toning
- Boot camps
- Group dance sessions
- Individual exercise programs
- Individual weight/fat-loss programs
- Nutrition consulting (in conjunction with a licensed nutritionist)
- Strength and endurance training
- In-home or in-office personal training
- Home gym development
- Personal training for teenagers and children
- Personal training for seniors
- Clinical exercise
- Sports conditioning
- Wellness coaching
- Stress management programs
- Special focus training such as cardio-respiratory, circuit, and resistance
- Flexibility exercises
- Individually designed high- or low-impact step and aerobics programs
- Individual or small group training
- Seminars and classes on fitness

clients stick to the program and reach their goals. Personal trainers may also serve as consultants when their clients are setting up training equipment in their homes or offices.

Personal trainers who have studied nutrition may also offer nutrition and weight management counseling. Trainers who are group fitness instructors may incorporate popular group fitness trends into small group training sessions. For example, your clients may not want to participate in a crowded class at the gym but may want you to lead very small classes in areas such as yoga, kickboxing, zumba, and body sculpting for themselves, their families, and friends.

Some personal trainers work with people who have suffered an illness or injury and need assistance transitioning back to a physically active lifestyle. This is an area known as “clinical exercise” and is an important part of the rehabilitation process. Trainers work in conjunction with their clients’ medical doctors and physical therapists to establish an appropriate exercise program; then they instruct the client as necessary to implement the program.

Trainers work with amateur and professional athletes to help them maintain their conditioning during their off season and prepare for in-season competition. They work with performers who may or may not be celebrities, but who need to stay in top physical form or get back into shape quickly for an event.

Three Timeless Questions

The 2009 “Future of Fitness White Paper” published by Les Mills International asks perhaps the three most important questions relevant to success in the fitness industry. Keep these questions in mind when you shape and refine your business.

1. How do we remain relevant among the “converted” consumers—those who already believe in fitness and are willing to commit time and effort?
2. Can we improve our offer to those who enjoy fitness, but who don’t like “going to the gym”?
3. How do we keep the industry fresh, relevant, and competitive in the decades ahead as populations change, technology and medicine redefine what is possible, and competition increases?

Stay tuned throughout the book for the data these questions unearthed, and view the study here: www.futureoffitnesswhitepaper.com.

Meet the Experts

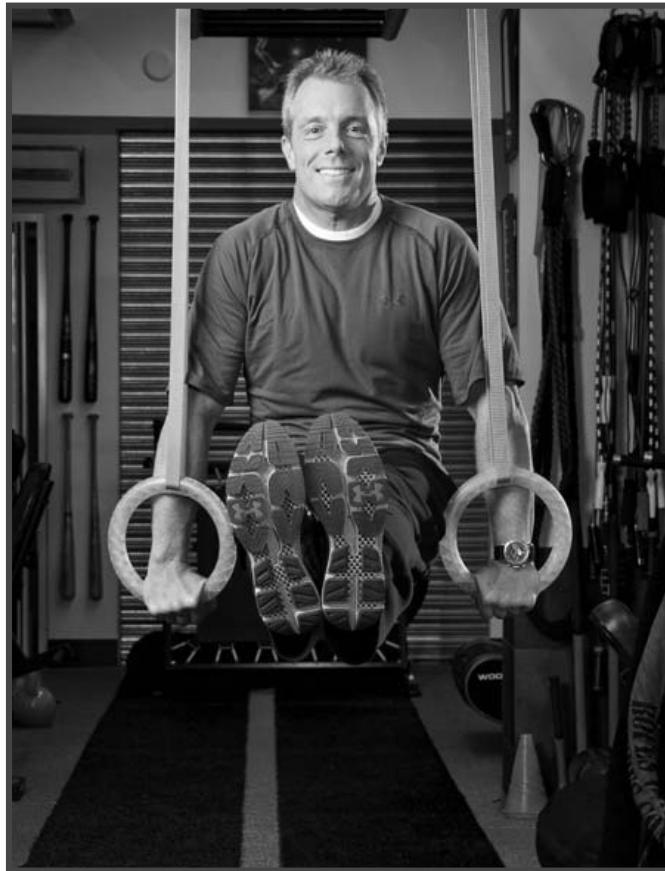
Personal trainers today expand their services and then refine them, specializing not just in what their markets call for but also what stimulates personal growth. Some of the trainers interviewed in this book have switched gears several times for those reasons. In our panel you'll find a balanced sample of current trends as well as traditional methods.

Jennifer Brilliant's Brooklyn-based company offers one-on-one training, as well as group training in exercise and yoga. Jennifer and her trainers work in homes, offices, schools, and gyms.

Lynne Wells, in New York City, works with clients in their homes and in the gyms located in residential buildings where the clients live.

Bill Sonnemaker owns Catalyst Fitness in the Atlanta area, and employs three full-time and two part-time trainers. He's the recipient of the 2007 IDEA International Personal Trainer of the Year Award and the 2007 National Academy of Sports Medicine Pursuit of Excellence in Health and Fitness Award. One of the keys to his success, he says, is his time as an intern and employee of other trainers. "I had access to good coaches with good exercise technique, and learned proper form and proper program design," he says.

Gunnar Peterson has had a lifetime to refine the powerful style that makes him one of the most talked-about personal trainers for those striving for strength, health, and beauty. From age 10 he began the discovery of how to change his own body from fat to fit, beginning with joining Weight Watchers. He fell in love with the feeling of empowerment and being able to change his body and since has kept his passion candle lit to give others the tools to reach their personal health



Gunnar Peterson on the rings

goals through a distinctive, unconventional style that attracts professional athletes, everyday people, and celebrities.

Running his Beverly Hills, California, gym and being a single parent to kids Sloan, age 7, Jack, age 12, and Henry, age 13, requires an intense level of energy, which Peterson is known for, along with the sarcastic sense of humor he's used for over 20 years to hold clients accountable for changing their own lives.

Peterson's Strength and Conditioning Specialist (CSCS) certification and fluid transfer of strength training modalities from gym use to home and office cubicle use are just some of the implements that make him so useful. He enables progress for professional athletes and office workers alike, giving them the tools they need to work realistically within the confines of their unique schedules.

Tyrone Minor started out as a division one track athlete in college and competed nationally until he was 33. As he traveled to compete, he networked with local athletes to find the best gyms in each city and began getting requests for training assistance. A light bulb went off as more fitness buffs asked to train with him.

Research and development of his own personal training business came next, along with the beginnings of his intense coaching style, a combination of offering "confuse the body" exercise sets, working the largest muscle groups to lose fat and gain mass, and functional compound movements designed to help people do daily life tasks with more strength and stability.

He is a licensed physical education teacher and registered trainer, and doubles as a fitness model for a variety of product lines. His personal training business, Chizel Inc., is in Minneapolis, Minnesota.

Having sailed solo around the world on a 31-foot cutter boat at age 57, Pat Henry discovered and honed the physical and emotional strengths that saw her through most every challenge imaginable. The rigors of that eight-year adventure combined with wear-and-tear to her body from years of competitive athletics and aging heightened her awareness of and interest in the relationship between anatomical mechanics and physical injuries.

She immersed herself in studying and became a certified pain management therapist. She utilized the pain management principles to develop a unique program: Organic Stretching™. Traditionally, therapy serves clients in addressing their individual restrictions and the potential benefits are dependent upon the practitioner doing the work. Henry was determined to give clients the tools to heal themselves and strengthen their physical wellness by teaching them how to move. She practices in Nayarit, Mexico, and Laredo, Texas.

501F1T is a socially energized fitness center in Minneapolis, Minnesota. This partnership of Phil Martens and Diana Broschka offers clients long-term, affordable

group fitness classes and personal training with both traditional and custom equipment designed by Martens.

When the partnership began, Martens was running a solo training business with a small client base. Keeping the business small allowed him to work a 30-hour week and close the studio gym he rented when he didn't have clients to work on marketing his business. He began to develop a fitness machine called G-Werx Gym™ and expand, and needed a business plan. Diana Broschka, one of Martens' clients, believed in him and though she'd never written one, offered to write it for him.

With Broschka's impressive resume in finance and business and Martens' law degree and inventor status, the dynamo began kicking up dust soon after the plan gelled, and today they are starting to enjoy some of the payoffs of being extremely diligent for three years in the creation of the multiple projects surrounding their gym.

In the Mexican border town of Reynosa, Tamaulipas, being overweight was a positive, indicating one had sufficient funds to eat heartily. A painful lesson came for young, hefty Salvador Mascarenas Ruiz when his family moved to Monterrey, one of Mexico's most developed and prosperous metropolises. There his girth was grist for ridicule and exclusion. In response to the cruel teasing he began running and virtually stopped eating, consuming only one salad every other day. He lost a lot of weight very quickly and became ill from the process.

Treating him with antibiotics, the attending physician also gave Mascarenas Ruiz books on how to eat nutritionally and safely attain a healthy weight. One in particular, written in a comic book style, had a life-changing impact: *La Panza es Primero (The Belly Is First)* by Ruis, an author who uses no first name (not to be confused with Mascarena Ruiz). Its message that good nutrition is the cornerstone of wellness was told with humor and emphasizes minimizing meat, fat, and sugar. Ruiz was forever changed and began his education in health and fitness.

Applying this newly acquired nutritional wisdom and developing his personal fitness through sampling various exercise forms, Mascarenas Ruiz over time not only restored his health but achieved an exemplary physique, which brought plentiful opportunities for modeling and acting.

“I can do that!” is the mantra that not only launched Barbara Crompton’s comprehensive fitness career more than three decades ago but has also served to guide her professional development and business decisions along the way. Inspired by a class at the Jane Fonda Center in Los Angeles, California, she decided to apply her university degree in physical education to developing her own aerobics, stretch, and strength classes. She initially found willing participants in her family and friends, and with the blind optimism of youth and an unflagging work ethic earned Canadian and international certifications in various fitness disciplines.

Her ventures soon after included founding and directing several fitness enterprises, such as a personal training company employing 22 trainers, a physical therapy and massage clinic for injured athletes, and a fitness educators' business that provided international training for health professionals and all-inclusive resources to assist in the opening and ongoing management of private and corporate fitness centers.

Personal trainers are not simply exercise instructors and supervisors—in other words, there's more to being a personal trainer than just knowing your anatomy and exercise physiology and the sciences behind exercise. Each of the experts in this book came to serve the human race with a specialized form of physical assistance because of a fondness for empowering people, their own struggles attaining peak fitness, and a gift for helping to heal. The personal experiences that led to commit deeply to such a disciplined and industrious lifestyle have been emotional and character-building. As a result of this hard-won experience trainers have the potential to be skilled and sensitive confidants, role models, and sources of support and encouragement.

They are engaged, invested, and giving, and want to see their clients soar to their highest potential. Of course, when you turn your life's passion into a business, you'll have to be proficient at much more than that. In the beginning, you may choose to take on all of the management elements of your business yourself. You'll handle everything from marketing, selling, and social media representation to accounting and employee relations.



Stat Fact

According to the Bureau of Labor Statistics, the industries employing the largest numbers of fitness workers in May 2008 were:

1. General medical and surgical hospitals
2. Fitness and recreational sports centers
3. Local government, civic, and social organizations
4. Schools and training facilities

Who Is Your Market?

Successful personal trainers agree that there is no such thing as a “typical” client. More and more people, regardless of their level of fitness or exercise expertise, are turning to personal trainers as a practical and affordable means of becoming and staying healthy. Hard-core strength trainers and body builders are only part of the overall clientele of personal trainers.

Pat Henry's Organic Stretching™ helps clientele ranging in age from 45 to 80, many of whom have experienced significant improvement with long-term and episodic

lower back, shoulder, knee, and sciatica issues. The entire focus of Henry's method is on increasing range of motion relying on using connective tissue, especially the joints, which is an asset to anyone, regardless of their exercise regimen or fitness level.

Jennifer Brilliant's clients include businesspeople, stay-at-home mothers, and people recovering from injuries and illnesses. "Some people are striving to get into better shape, whatever that means for them," she says. "Some are into maintenance, so they're not really trying to improve; they just want to stay where they are. Some people want to learn something new for variety."

How long do clients typically stay with a personal trainer? It can range from just a few sessions to years. Some trainers carefully seek out long-term clients; others choose a niche where they educate a client about fitness, or work them through a short-term problem, then move on. Brilliant says her clients stay with her an average of three to five years. Phil Martens still has some of the same clients from the small gym he operated seven years ago.

Snowbirds, Expatriates, and Sensuality

Choosing to serve somewhat of a snowbird crowd—as do Pat Henry, Barbara Crompton, and Salvador Mascarenas Ruiz—creates a rewarding balancing act to master. Many communities like Puerto Vallarta attract a mix of expatriates from all over the world, many of whom choose to keep two residences, one in their vacation spot, and the other in their hometown. This creates an opportunity for personal trainers to capitalize on the very reasons this market creates that “of the body” lifestyle. The visitors look to rejuvenate, become robust, regain beauty, try new forms of creative expression that they dare not in their hometown, and learn how to simply enjoy life again.

To call places like Puerto Vallarta “tourist venues” is not entirely accurate, for many visitors consider themselves residents and take their halftime status to heart, using all the amenities the venues offer to recuperate and prepare for their more serious, industrious lives elsewhere. From cosmetic surgery and total-body overhauls to playing in whatever art form they choose, places like Puerto Vallarta more often than not offer it cheaper and with more anonymity than buyers can get at home. With money for indulgences and a mission to become the person they always wanted to be, this crowd is ripe for personal trainers of all types.

Some trainers work with people who travel frequently so the relationship is as long as ten years, but the sessions may only occur two or three months of the year. Some clients want frequent sessions with their trainers—as many as two and three a week. Others opt to see their trainers less often, perhaps just to do periodic fitness testing, measure their progress, and update their program. Lynne Wells says she typically sees her clients one to three times a week, and most have been with her for more than three years.

Realize that not everyone who has an interest in fitness is a potential client; many dedicated fitness buffs prefer to do their own thing. Along the same line, not everyone who needs a personal trainer is going to be willing and/or able to hire one.

Is This Business for You?

There are two key aspects to owning a personal training business. The first is being a personal trainer, and the second is being an entrepreneur.

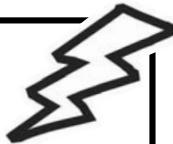
Good personal trainers are passionate about fitness and eager to learn the latest information about exercise, nutrition, and healthy lifestyles. They enjoy helping and teaching others about fitness and exercise. They are caring, giving, patient, and empathetic. They absolutely love the idea of spending ten hours per day working with people in a gym or other setting, guiding them through exercises, and helping them reach their fitness goals.

As a trainer, your job is to motivate your clients, improve their techniques, and keep their workouts fun and effective. You need to be friendly, enthusiastic, and have great communication skills to do this. It also helps to be personable, genuine, and truly sincere—you’re not trying to sell anything; you’re helping people, and for that, you get paid.

Successful entrepreneurs have the ability to step beyond doing the service their company offers and deal with the process of building and running a business. To own

Bright Idea

In the 2009 “Future of Fitness White Paper” published by Les Mills International, we see the rapid delivery of technology affecting the expectations people have of their fitness results. Predictions from the white paper include consumer demand for customized services that cater to their circumstances, such as a virtual personal trainer program to lead their home workouts, a link that lets them join their gym group from home, or virtual experiences with other activities such as experiencing a jog through the park as a science fiction adventure. Read more at: www.lesmills.com.



your own personal training business, you'll need strong management, administrative, and marketing skills—or you'll need to recognize what you don't have and then cultivate them in yourself or be willing to hire people who can provide those skills.

As Bill Sonnemaker says, "Being good at your job as a trainer is completely different than being a good marketer or good business owner . . . so finding your strengths and weaknesses is important."

Jennifer Brilliant was a dancer for many years before she became a personal trainer. For her, the appeal of personal training was "sharing and helping others." Jennifer says, "It's a profession where people are giving, and with that generosity, people are successful." But she knows she has to do more than just work with clients. "The part of the business that's challenging is the day-to-day things you have to do, all the details of running a business—the bookkeeping, handling phone calls, keeping records straight," she says. "It's surprising how much time running the business takes."

Credibility and Credentials

There are no professional licensing requirements for personal trainers. That means anyone can call himself a personal trainer and open up a business. But consumers are becoming increasingly savvy, and most will ask about your credentials before they hire you. That's why certifications and professional affiliations are critical.

"The big difference between licensure and certification is that certification is voluntary, whereas licensure is mandated by the state," says Tony Ordas. "Certification is a credential that states you have a certain level of knowledge and skill."

There may be more than 300 organizations offering certification programs—some general, others very specialized—for personal trainers (although it doesn't appear that anyone keeps an official count). Most are for-profit, but a few are nonprofit. The majority of these organizations also offer education programs leading to certification, although several merely administer tests to determine competency. Some of the education and certification organizations also function like a professional association, providing individuals who have completed their programs with a range of ongoing support services. There are also professional associations, which are just that—an association of personal trainers and

Smart Tip

Even though certification is not required at present, it's always possible that legislation requiring some sort of licensure or certification could be passed in any state at any time. If that happens and you're not certified, you're out of business. So get certified. Insist that the trainers who work for you be certified as well.

Tip...

It's Official!

Some of the certifications you might want to consider obtaining include:

- Aerobic Fitness Trainer
- Aqua Fitness Specialist
- Certified Fitness Advisor
- Certified Personal Trainer
- Clinical Exercise Specialist
- First Responder/First Aid
- Fitness Therapist
- Golf Fitness Trainer
- Group Fitness Instructor
- Health Fitness Instructor
- Lifestyle and Weight Management Consultant
- Neonatal/Postpartum Exercise Specialist
- Wellness Coach
- Performance Nutrition Specialist
- Personal Defense Specialist
- Rehabilitation Exercise Specialist
- Senior Fitness Specialist
- Specialist in Fitness for the Physically Limited
- Specialist in Martial Art Conditioning
- Sports Conditioning Specialist
- Strength and Conditioning Specialist
- Water Fitness Trainer
- Youth Fitness Trainer
- Zumba Instructor

other fitness professionals. A number of these organizations are listed in the Appendix; you can find even more by doing a search on the internet or visiting your local library.

With such an abundance of choices, it makes sense to recognize that you can't belong to every fitness organization out there. That's an expensive and counterproductive approach. Study the organizations and choose the one(s) that meet your requirements and will give you the tools you need to succeed.

When deciding on the organization(s) you'll work with to obtain your credentials, consider these issues:

- *Accreditation.* Check to see if the certifying organization is accredited, and by whom. It's a good idea to also check into the accreditation agency to determine how they set standards and what sort of reputation they have. Although there are hundreds of personal training certification organizations, only a handful of nationally recognized organizations are accredited by the National Commission for Certifying Agencies. This is the accreditation body of National Organization for Competency Assurance, which sets quality standards for credentialing organizations.
- *Club requirements.* If you are going to contract with a club or spa to provide their personal training services, they may require that you and the trainers on your staff be certified through specific organizations. Find out what they prefer before investing in a program they won't accept.
- *Your goals.* Be sure the certification is something you can use and is in line with the goals and aspirations you have for yourself and your company.
- *Your market.* The certification should be appropriate for the market segment you want to serve.
- *The current fitness forecast of leading authorities.* Check to see which fitness niches are on their way in and which are on their way out with the research.
- *Your educational needs.* Some certifying organizations offer only testing programs that determine skills and competency; others offer training programs that lead to certification. Your own needs will determine which you choose. For more information on how to evaluate a certification organization, see Chapter 8.

Beyond industry-related certification, many personal trainers have college degrees in health/exercise sciences or related fields. These degrees demonstrate your knowledge and commitment to the field.

A sampling of some of the trainers we interviewed reveals the value they place on maintaining qualifications. In addition to two certifications from the American Council on Exercise (ACE), Jennifer B. also holds a fine arts degree in dance. Bill S.'s credentials include work as a research chemist for the Centers for Disease Control and

Prevention, a pending master's degree in exercise science, and certifications through the National Academy of Sports Medicine, the National Strength and Conditioning Association, the American College of Sports Medicine (ACSM), and ACE. Lynne Wells is certified through ACE, has a certification in lifestyle and weight management consulting, and two certifications in Hatha yoga.

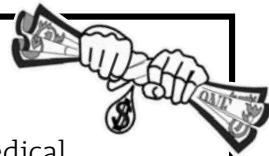
Richard Cotton holds a certification through ACSM, as well as a master's degree in physical education with an emphasis in applied exercise science. If you choose to pursue a degree, Cotton says, "physical education, kinesiology, and exercise physiology (all with an applied emphasis as opposed to research emphasis)" are helpful courses of study for this field.

Phil Martens is an ACE Certified Trainer with a bachelor's and a doctorate degree from the University of Minnesota.

In addition to being a certified trainer and licensed educator, Tyrone Minor has a Master of Education degree in applied kinesiology and an M.A. in sports management.

Barbara Crompton's educational focus in physiology and anatomy offers a confident structure to her holistic services.

Dollar Stretcher



If you live near a medical school, take advantage of their medical libraries, which contain textbooks and journals that are more expensive to buy or subscribe to than most personal trainers can afford. These are your best sources for timely, accurate information. You should also check out www.pubmed.com, which allows you to search academic journals based on key words—abstracts are free, and many journals are now making full-text articles free, as well (some require a delay of up to a year after publication before giving free access).

Continuing Education

Once you receive a certification, the organization will likely require you to earn continuing education units (CEUs) on a periodic basis to maintain that credential. Most offer a wide range of classes and seminars for a fee, so it's easy to choose sessions that are of interest and appropriate for your particular operation. Before signing up for a class, be sure to confirm how many CEUs you'll earn and what sort of documentation is required to be sure you get proper credit.

Whether it's required or not, you should always be educating yourself on the latest trends and discoveries in the fitness industry. New products and techniques are constantly being introduced, and you should be familiar with them so you know when to use them with your clients. In fact, a great place to take seminars is at the various trade shows and conventions where equipment vendors are displaying their products.

Sound Off on Your Certifications

Atlanta-based Bill Sonnemaker requires each of his trainers to eventually obtain certifications from four of the top organizations: the National Academy of Sports Medicine, the American College of Sports Medicine, the American Council on Exercise, and the National Strength and Conditioning Association. “All of our trainers have at least two of those to begin to work with clients,” he says. “This requirement is just so far above any other facility that we advertise on that.”

Also, your clients may hear about various fitness-related issues in the media, and you need to be prepared to answer their questions with confidence and accuracy.

Remember that your certifications and the continuing education necessary to maintain them underpin your business success. “The knowledge I’ve obtained while preparing for certification exams,” Sonnemaker says “as well as the teaching and education required to maintain those certifications, has made me a better trainer when it comes to assessments, program design, and psychological factors in dealing with clients.”

“When you work with athletes you need to keep up-to-date on the latest training philosophies,” says Tyrone Minor of Chizel Inc. He gives an example that shows why some trainers arrive at the front of the pack: “As time goes on, athletes are getting bigger and stronger as a group, and the latest research shows that dynamic work is better for warming those bigger bodies up, such as sprint drills and calisthenics, rather than the old methods of yoga-like warm-ups involving holding stretches.”

Because Minor didn’t have a coach fresh out of college and wanted to compete at a high level in his track career, he developed research methods to ensure he was taking advantage of all the best tools, methods, and philosophies available, which also paid off when he created his personal training business. He told us that most competitive collegiate athletes will just ask a coach what to do rather than do any research of their own, even if they’re low on funds. A personal trainer with a monthly automatic withdrawal payment plan focusing on this market might capitalize on this large gap that needs to be filled.

Designing Your Business

Some entrepreneurs would rather walk on hot coals than sit down and write a business plan. Other would-be business owners get so caught up in planning every detail that they never get their businesses off the ground. You need to find a happy medium between these two extremes.

Your personal training company should start with a written business plan. Writing your plan down forces you to think it through and gives you a chance to examine it for consistency and thoroughness. Whether you've got years of personal training experience behind you or you're brand-new to the industry, you need a plan for your business.

This chapter will focus on a few issues particular to planning personal training businesses, but they are by no means all you need to consider when writing your plan.

If you're excited about your business, creating a business plan should be an exciting process. It will help you define and evaluate the overall feasibility of your concept, clarify your goals, and determine what you'll need for startup and long-term operations.

This is a living, breathing document that will provide you with a road map for your company. You'll use it as a guide, referring to it regularly as you work through the startup process and during the ongoing operation of your business. If you're going to be seeking outside financing, either in the form of loans or investors, your business plan will be the tool that convinces funding sources of your venture's worth.

Putting together a business plan is not a linear process, although the final product may look that way. As you work through it, you'll likely find yourself jumping from equipment requirements to cash flow forecasts to staffing, then back to cash flow, on to marketing, and back to equipment requirements. Take your time developing your plan. Whether you want to start a part-time business as a trainer going to clients' homes or establish a fully equipped studio, you're making a serious commitment, and you shouldn't rush into it.

Business Plan Elements

Though the specific content of your business plan will be unique, there is a basic format that you should follow. This will ensure that you address all the issues you need to, as well as provide lenders and investors with a document to evaluate that is organized in a familiar way. The basic elements are:

- *Front matter.* This includes your cover page, a table of contents, and a statement of purpose.
- *Business description.* Describe the specific personal training business you intend to start and list the reasons you can make it successful. This section should also include your business philosophy, goals, industry analysis, operations, inventory, and startup timetable.

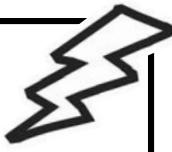
- *Marketing plan.* Include an overview of the market, a description of your potential customers, a discussion of the advantages and drawbacks of your location, an analysis of the competition, and how you plan to promote your specific business.
- *Company organization.* Describe your management structure, your staffing needs and how you expect to meet them, the consultants and advisors who will be assisting you, your legal structure, and the certifications, licenses, permits, and other regulatory issues that will affect your operations.
- *Financial data.* This is where you show the source(s) of your startup capital and how you're going to use the money. Include information on real estate, fixtures, equipment, and insurance. You'll also include your financial statements: balance sheet, profit-and-loss statement, break-even analysis, personal financial statements, and personal federal income tax returns.
- *Financial projections.* Take your financial data and project it out to show what your business will do. Include projected income statements for three to five years, cash flow statements for three to five years, along with worst-case scenario income and cash flow statements to show what you'll do if your plan doesn't work. Keep in mind that if you're opening a studio, it typically will take until your second year to turn a profit. Realistically, when you take into account paying back your investors, it may take until the third year before you have positive cash flow, says Steve Tharrett, president of Club Industry Consulting, a Dallas-based fitness and sports industry consulting company. "Some type of negative cash flow is going to occur at the beginning," he says. "It's really rare that you'll ever make a profit your first year."
- *Summary.* Bring your plan together in this section. If you're trying to appeal to a funding source, use this section to reiterate the merits of your plan.
- *Appendices.* Use this for supporting documents, such as your facility design and layout, marketing studies, sample advertising, copies of leases, and licensing information.

Diana Broschka spent four months in 2007 writing a comprehensive business plan after her personal trainer, Phil Martens, and she decided to join forces to create 501FIT. They approached banks with the plan hoping to obtain SBA funding and were granted \$300,000, but needed \$350,000. Broschka was dead-on with the plan's projections and when the \$50,000 difference began to affect progress, she contributed her personal savings to the business.

Martens and Broschka have developed a solid relationship with their bank and say it benefited them immensely. "In each of the three startup years we have been able to negotiate reprieves on our loan payments, thereby paying interest only during our

Bright Idea

Your business plan should include worst-case scenarios, both for your own benefit and for your funding sources. You'll benefit from thinking ahead about what you'll do if things don't go the way you want them to. You'll also increase the comfort level of your lenders/investors by demonstrating your ability to deal with adversity and potentially negative situations.



slow periods of summer," Broschka says. She elaborates on creating allies, "This has served us well and allowed us to keep the business moving forward. Our business took an unexpected hit between 2008 and 2009 when we had to sustain a 16 percent rent, tax, and operating expense increase. While this darn near put us out of business, we worked through it, stayed the course, and dug deeper to grow our client base."

Broschka encourages entrepreneurs to talk openly with debtors, exploring creative options and alternate payment plans. "Our landlord has worked through this challenge

with us, and fortunately, due to honest, open, and very proactive conversation, he has even helped us with marketing and advertising expense supplements. Bottom line, in 2011 we finally satisfied the initial term of our lease and stabilized our rent expense," Broschka concludes.

To Market, to Market

Market research provides businesses with data that allows them to identify and reach particular market segments, and to solve or avoid marketing problems. A thorough market survey forms the foundation of any successful business. It would be impossible to develop marketing strategies or an effective product line without market research.

The goal of market research is for you to identify your market, find out where it is, and develop a strategy to communicate with prospective customers in a way that will convince them to buy from you. Market research will also give you information you need about your competitors. It's important for you to know what they're doing and how that meets—or doesn't meet—the needs of the market.

Marketing consultant Debbie LaChusa, of 10stepmarketing in Santee, California,

Smart Tip

When you think your plan is complete, look at it with a fresh eye. Is it realistic? Does it take into account all the possible variables that could affect your operation? After you're satisfied, ask two or three professional associates you trust to evaluate your plan. Use their input to correct any problems before you invest time and money.

Tip...

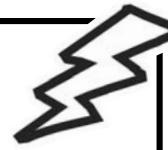
suggests checking with the major certifying organizations such as the American Council on Exercise (ACE) or the American College of Sports Medicine (ACSM) to find out how many certified trainers they have in your area. "This will give you an idea of the competition," she says. "Also ask if these organizations can provide any information about the specialties these trainers have, such as older adult fitness."

You'll also want to find out how many gyms, health clubs, and exercise studios are in your geographic service area. This speaks to both competition and opportunity. A simple browse through the Yellow Pages will tell you what you need to know. "Talk to some of the clubs and trainers to gauge how business is," LaChusa advises. "Is it weak? Strong? More than they can handle?"

Study the demographics. "Historically, data has shown that only about 20 percent of the population exercises [regularly]," says LaChusa. "Research the population of

Bright Idea

Update your business plan every year. Choose an annual date when you sit down with your plan, compare how closely your actual operation and results mirrored your forecasts, and decide if your plans for the coming year need adjusting. You will also need to make your financial forecasts for the coming year based on current and expected market conditions.



Smart Body, Smart Mind

A 2009 study reported in *Science Daily* conducted by the Sahlgrenska Academy and Sahlgrenska University Hospital reveals young adults who are fit have higher IQs and are more likely to go on to pursue higher education.

The study shows a clear link between good physical fitness and higher IQ test scores with the strongest influence in the areas of logical thinking and verbal comprehension. Fitness, rather than strength, was the indicator of higher test results. "Being fit means that you also have good heart and lung capacity and that your brain gets plenty of oxygen," says Michael Nilsson, professor at the Sahlgrenska Academy and chief physician at the Sahlgrenska University Hospital. "This may be one of the reasons why we can see a clear link with fitness, but not with muscular strength. We are also seeing that there are growth factors that are important."

The results also indicated that the men who were fit at age 18 were more likely later in life to pursue higher education and secure more qualified jobs.

adults between the ages of 18 and approximately 50 in your area. See if the math makes sense.” You can get demographic information from the U.S. Census Bureau (see Appendix for contact information) or contact local government agencies for help.

One of the most basic elements of effective marketing is differentiating your business from the competition. One marketing consultant calls it “eliminating the competition.” If you set yourself apart because no one else does exactly what you do, then you essentially have no competition. (In Chapter 7, you’ll find more on ways to distinguish your business through serving a niche market.)

However, before you can differentiate yourself, you first need to understand who your competitors are and why your customers might patronize them. With the popularity of the internet, more and more of your competitors will have websites, which you can visit to find out what type of services they offer. Research what they do, how they operate, and how much they charge.

Of course, offering something no one else is offering could give you an edge in the market—but it could also mean that someone else has tried that and it didn’t work. Don’t make hasty decisions. Do your homework before finalizing your services.

The Competitor You Can’t See

In most fields, competitors are fairly easy to identify. They are individuals or companies offering the same or a similar product or service to the market you’re targeting. Of course, other personal trainers are your competitors. You might even consider some gyms and health clubs competition. But what might arguably be your biggest competitor is an intangible: the quick-fix attitude. People are besieged by advertisements, infomercials, and sales pitches that promise a physical transformation with little or no effort. Take these pills, and your fat will melt away. Spend just five minutes per day using this machine, and in two weeks you’ll have washboard abs. Follow this diet, and you’ll lose 30 pounds in 30 days.

Of course, these products and programs don’t work and may even cause physical harm to the people who use them. After trying one gimmick after another without success, many people come to believe that they cannot change and are destined to be forever overweight and unfit.

Committed Long Term

Lifelong athletes understand that the day-to-day, average performance you accrue, as well as your normal nutritional habits, rather than the blips of frenzied inspiration of yo-yo dieting and crash exercising, determine what your body looks and feels like.

That expert consensus allows fit, healthy people to occasionally indulge in decadent foods and lounging without guilt or worry. How you behave 95 percent of the time determines your physique, not the remaining five. The urge to take the easy way out hits everyone, but patience and persistence always achieve more lasting, solid results in fitness.

Tyrone Minor's experience pulling a hamstring in college taught him how to focus on other things to stay fit during times of injury. "It's one thing to be an everyday person and have a setback," he says, "but another thing when you're competing, because your window of recovery is so small and you know the competitors around you are continuing to work. When you start to get healthier you have to be smart and not rush or you'll re-aggravate the injury." Tyrone admits that because of this experience he has a problem with the frenzy of trainers or ads emphasizing a promise to get fit in 30 to 60 days. He teaches his clients that fit is a lifestyle you can't change overnight. For example, for a 45-year-old woman to lose weight he typically tells her to set many small goals that work toward one larger, ultimate goal in the future. This way there is measurable progress made toward a long-term commitment, which is growing a new lifestyle with strong, deep roots.

Gunnar Peterson believes that plain old hard work, discipline, and healthy habits are all a body needs to be strong and fit, no matter what age you are. "I have a client who has done a fair share of performance-enhancing drugs who says I'm crazy not to do them, but I don't think I need to if I stick to my program. I can account for even a 4-pound difference in my weight by tweaking something in my workout or diet. I'm older than a lot of the people I train, but never miss a workout."

It's a challenging paradox. People know from experience that the quick fixes don't work, but rather than see the fault with that particular approach, they see it with themselves. After all, they reason, it worked for the people in the ads, so if it isn't working for them it must be their fault.

Messages pushing instant gratification for just about everything are virtually everywhere. As a personal trainer, you will be competing every day with the quick-fix gimmicks that don't work and have sabotaged people into believing they can look and feel great in a short time if they can just find the right product to use. You'll have to use logic and reason to persuade them to take a longer-term and healthier approach.

Minor believes many women who hire personal trainers are striving for a body that is not realistic because of the ultra thin women who are portrayed in the media all

Bright Idea

Don't just take a "me, too" approach to training. Develop your own professional personality, your own techniques, and your own program. Do things that will make you stand out from other personal trainers in a positive way.



around us. He frequently talks to his female clients about what size a healthy woman actually is to make sure they are focusing on the right goals to keep them on track.

Minor is always preaching to his clients about health and being the best person they can be, rather than comparing themselves with others, which, as he says, “prevents them from enjoying their own successes.” An extremely fit and lean client of Minor’s one day made the remark that he felt fit until he stood next to Minor. Minor then talked to him about how he himself had a very uncommon physique from competing into his 30s with intense training. The man had diminished his own accomplishments when he compared himself to someone else. All of that hard work, down the drain!

The Industry's Showcase

The more you know about the health and fitness industry in general, as well as personal training in particular, the easier it will be to develop an effective business plan.

An excellent source of information about the industry comes from conventions and trade shows. They’re tremendous opportunities for education and networking. They’re also an opportunity for industry leaders to showcase their products and services.

Two of the leading show coordinators are Club Industry and International Health, Racquet, and Sportsclub Association (IHRSA). Contact information is in the Appendix. Check out their show schedules and invest in attending, even if it means traveling to do so.

Selling Related Products

Some personal trainers limit their business to training; others take advantage of additional revenue opportunities such as nutritional supplements, exercise equipment, and clothing. Of course, if you have a studio, a refreshment area where you sell bottled water, smoothies, other beverages, and healthy snacks makes sense.

Smart Tip

Know someone who might be interested in investing in your business? Don’t ask them for money right away. Tell them you’re working on a business plan, and before you present it to an investor, you’d appreciate it if they could read it and give you some input. At best, they’ll like the plan and offer to invest before you ask. At worst, you’ll get some valuable input, and they’ll let you know they don’t want to invest before you have to risk rejection.

There are pros and cons to each approach. “I don’t sell any products,” says Jennifer B., the personal trainer in Brooklyn. “When people make a commitment to exercise, I’m very careful about adding on to their commitment or asking them to do something further that may be too much for them.” On the other hand, these extra income sources can contribute handsomely to your overall profitability and keep you going during periodic slumps. Be careful that any sideline products or services don’t detract from your primary business.

Establishing Policies and Procedures

Many aspects of your business will evolve and change as you get established and find out what works best for you and your clientele. But there are certain policies you should put in place from the very start. This protects both you and your clients from any problems or conflicts due to misunderstandings. These policies don’t have to be complicated—in fact, the simpler and clearer, the better.

Cancellation Policy

Your most valuable commodity is your time, and it’s something you can’t replace or recover. If a client cancels at the last minute and doesn’t pay you, that revenue opportunity is lost forever. A cancellation policy can protect you to some degree, but you must balance it against clients being upset at being forced to pay for something they didn’t receive.

Jennifer B. says she started with a very strict policy requiring 24 hours’ notice for cancellations, but she has become more flexible. “Obviously, things come up,” she says. She tries to reschedule when possible, but reserves the right to charge for sessions missed at the last minute. Trainer Lynne W. of New York City takes a similar approach; she tries to reschedule, but if she can’t, she charges for sessions cancelled with less than 24 hours’ notice.

Facility owner Bill S. has a cancellation line that clients are supposed to call if they can’t make their session, and the line forwards to his cell phone after hours. “If it’s right before a training session, we ask clients to call their trainer, as well as the cancellation line, especially if it’s an early morning client.”



Beware!

Be consistent with your pricing and policies. You don’t want two clients talking to each other at a party and finding out that they’re paying different amounts for the same service, or that you’re applying your policies differently.

Top 20 Forecasted Trends for 2012

T

he top 20 fitness trends, as identified by ACSM (American College of Sports Medicine) *Health and Fitness Journal's* "Worldwide Survey of Fitness Trends for 2012" are:

1. Educated, certified, and experienced fitness professionals
2. Strength training
3. Fitness programs for older adults
4. Exercise and weight loss
5. Children and obesity
6. Personal training
7. Core training
8. Group personal training
9. Zumba and other dance workouts*
10. Functional fitness
11. Yoga
12. Comprehensive health programming at the worksite
13. Boot camp
13. Outdoor activities*
14. Reaching new markets
16. Spinning (indoor cycling)
17. Sport specific training
18. Worker incentive programs
19. Wellness coaching
20. Physician referrals

*Indicates a top-20 position new for 2012

The author of this survey, Walter R. Thompson, Ph.D., FACSM, is a regents professor of Exercise Science in the Department of Kinesiology and Health (College of Education) at Georgia State University, where he has a second academic appointment in the Division of Nutrition (Byrdine F. Lewis School of Nursing and Health Professions).

Gunnar Peterson says he doesn't give any one of his clients priority over the others. "Celebrities' schedules tend to get pulled in many different directions but I can't blow one client's slot off for another's immediacy. Sure, I ask people occasionally if they can flex to help coordinate scheduling challenges, but I do that across the board and treat everyone equally."

Late Policy

There are two sides to a late policy: when the client is late and when the trainer is late.

If a client is running late, your policy could be that they don't get to make up their time. But if the client has a good reason and is not habitually late, and there is room in the schedule without inconveniencing another client, you could allow some extra minutes at the end of the session. If you have trainers working for you, you'll likely want to take a harder line with their tardiness. If a trainer is more than five minutes late, for example, the session could be complimentary to the client, but the trainer would have to reimburse the business what the client would have paid.

Jennifer B. says when she or one of her trainers is late, they make up the time either in that session or in another. Lynne W. says if the client is late, the session still ends on time. If she is late, she tries to get the time in at that session or a later one, or she'll adjust the fee.

Dealing with a Difficult Client

A chronically late client is a sign you've got a difficult client. Other symptoms include not paying for training on time, constantly complaining that they're not getting results (even though they're not following your professional advice), and not being motivated to push themselves hard enough, says New York trainer Mike Hood. To help deal with such a client, it's important to keep things on a professional level, he says. "By always keeping the professional tone, rather than the 'friend tone,' this allows you to maintain control of the situation," he explains. "And establish at the onset that you take what you do seriously, that you are a professional and you care. Lay down the ground rules for cancellations and set the standard from day one on things like lateness, payment, and what they are responsible for in your relationship in order to achieve the results they're looking for."

“Clients respect a trainer who stays on schedule,” says trainer Richard Cotton. “The trainer keeps clients longer, and that’s reflected in the income.”

Be sure to communicate your cancellation and late policies clearly during your initial consultation so that clients aren’t surprised or upset when you enforce them. Insist that your clients respect your time, and make it mutual. Cotton likens it to doctor’s appointments: “Doctors are so busy that we make sure we make it to our appointments because it may be a couple of months before we can get another one,” he says. “That same kind of feeling should exist with the trainer.”

Think About the Unthinkable

The idea that one of your clients may become ill or injured during a session is not a pleasant one, but it’s one you need to think about. You and all the trainers on your staff should be CPR and first-aid certified.

CPR courses train people to recognize and care for breathing and cardiac emergencies. To maintain your CPR certification, you must take a refresher course annually. First-aid certification courses will teach you how to deal with bone, joint, and muscle injuries, heat-related injuries, bleeding, and how to move victims.

Beyond being able to provide immediate first aid, you need a total emergency response plan. This plan will serve as your guide for any situation where a person is injured or lives are in danger, from a minor sprain to a major fire. Dialing 911 is not a one-size-fits-all answer.

Your emergency response plan should be basic—sufficient enough to provide the structure that will reduce further injury and save lives, simple enough that it can be remembered and properly carried out. See the sample emergency procedure policy on page 29. You should think through all the possible emergency situations you might conceivably encounter. The idea is to prepare for the unexpected—keeping in mind that there is no way you can predict what is going to happen.

Consider these possible scenarios:

- A client drops a weight on his foot, possibly breaking a bone.
- A client complains of chest pain and shortness of breath while exercising.
- While working with a client in a gym, an electrical short causes a fire in the cardiovascular equipment area.
- While working with a client in your studio, a disgruntled former boyfriend comes in and begins threatening you both.

- While working with a client in her home, her preteen son is playing in another room and manages to sustain a serious cut or injury.

Some of these scenarios may sound far-fetched, but they are common occurrences that could easily happen while you are present. It's important that you think about what you'll do in those circumstances. Have an emergency procedure policy written down so your employees know exactly what to do. This not only educates them, it also protects you from a liability perspective.

Sample Emergency Procedure Policy

WE MOVE YOU *Personal Trainers*

Our goal is to provide a safe, comfortable environment for our clients and to design programs that can be implemented without injury. However, we recognize that there may be times when an emergency situation occurs and outside assistance is required. In those cases, we will administer appropriate immediate first aid and/or CPR. If the victim is unconscious, we will check his/her breathing and pulse; then we will follow these procedures:

1. Dial 911. (If two or more staff members are present, one should be sent to call for emergency assistance and the other(s) should stay with the victim to provide what care is possible.)
2. Be prepared to provide the emergency dispatcher with the exact location, the telephone number from which the call is being made, the name of the caller, a description of what happened, the number of people involved, the condition of the victim(s) (i.e., alert, unconscious, etc.), and a description of what assistance or first aid has been rendered.
3. Follow whatever instructions the dispatcher gives you. In many situations, the dispatcher will be able to tell you how to best care for the victim.
4. Do not hang up until the dispatcher tells you to.
5. Once the dispatcher tells you to hang up, return to the victim.

Whenever something happens, begin with an assessment of the situation. How serious is the injury? Is the injured person able to aid himself? Is there immediate danger to others at the location (for example, in the case of a fire)?

Once you've assessed the situation, take the appropriate steps. That might mean administering first aid or CPR. It could mean calling the police, fire department, or emergency medical personnel. If you have a commercial location, be sure your telephone number, address, and directions to your location from the nearest emergency service facility are posted by each telephone. Don't expect anyone to remember these details in a crisis.

When the situation is under control, complete an incident report for your files (see page 34 for a report you can copy and use in your business). Be sure to get the names and contact information of everyone who witnessed the incident; this will be critical if litigation should arise. Describe the incident completely, including details such as exactly what the client was doing at the time (exercising, resting in the locker room, entering or exiting the facility, etc.) and what the trainer was doing at the time. Include a description of the procedures you took and the results. For example, if you administered first aid and the client declined further assistance, note that. If you administered CPR, called for emergency medical services, and the client was taken to the hospital by ambulance, record that for your files.

Smart Tip

CPR classes as well as courses in first-aid basics and emergency response techniques are available through your local chapter of the American Red Cross, your local fire department, and area hospitals. You and all your employees should hold these certifications.

Tip...

Are You Liable?

In our intensely litigious society, no business owner can afford to ignore liability issues. In Chapter 10, we'll discuss release forms and liability waivers, but it's important to know that these documents alone will not prevent you from becoming the defendant in a lawsuit.

What is the extent of your liability if a client is injured while under your supervision? Your defense will depend on a number of issues, including whether you are adequately trained and certified for the activity involved; the adequacy of your pre-program screening and testing; whether or not the client signed an informed consent, release and assumption of the risk consent form; and whether or not your instructions and advice were within acceptable ranges based on the client's physical condition and circumstances.

Another area of risk is that of nutrition and supplement counseling. “It’s important to not go out of your scope of practice,” says Tony Ordas, former director of certification for the American Council on Exercise (ACE). “One challenge we’ve had is educating people that [if] they aren’t registered dietitians, they shouldn’t be recommending, supplying, and prescribing nutritional supplements.”

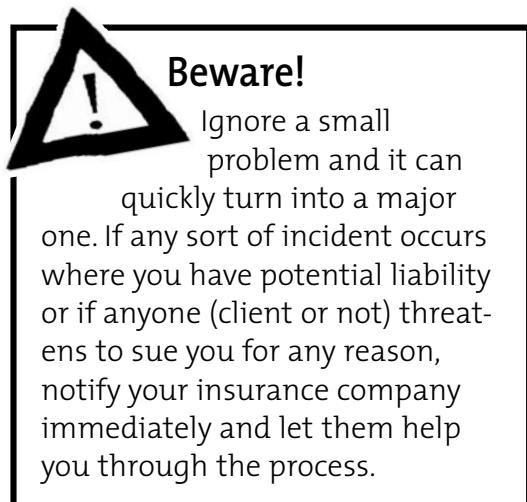
Many personal trainers are very knowledgeable on these issues through their own personal interest and study, and it’s common for clients to turn to their trainers for guidance on diet and supplements. One of the key concerns in these situations is the unauthorized practice of medicine or other licensed healthcare disciplines. Unless you are well-trained and certified, this can be dangerous territory. A lawsuit on record explains why: When a 37-year-old woman died after following her trainer’s advice on consuming nutritional and weight-loss products, her family sued the trainer, the club where the trainer worked, the store where the supplements were purchased, and the manufacturers of the supplements.

The suit alleged that one of the five substances the trainer recommended contained ephedrine. The woman was also taking hypertension medication prescribed by her physician, and these substances should not be taken at the same time. The suit claimed that the woman told her trainer about the medication she was taking. She suffered a stroke while exercising and died a few hours later. The trainer learned a very painful and tragic lesson.

Educating your clients on knowing how hard to push themselves could influence decisions you’ll make on how much liability insurance to purchase. Tyrone Minor says that once you become a certified trainer you can work with your certification company to determine how much insurance you’ll need.

“It’s hard to make that decision for someone else,” says Minor. “Even the most well-intentioned trainer could injure someone and it could just be a freak accident and not the cause of anything the trainer may have done wrong.”

Minor advises trainers to educate their clients about what is trivial irritation and what may be more serious signals. “Sometimes clients feel tightness in their bodies and don’t communicate it to you because they are too busy wanting to please you—to work hard for you. You may be making decisions based on a different perception of how they are feeling. Had you known they felt this tightness, you wouldn’t have had them perform in the same way. That’s one way



injuries can occur. Even though clients don't want to let you down, you can teach them the difference between a red flag and simple soreness."

Are You on a Mission?

When you're serious about a business, you work hard to develop a mission—that is, you figure out what you're doing, how and where it's being done, and who your customers are. Problems can arise, however, when that mission is not clearly articulated into a statement, written down, and communicated to others. We've provided a worksheet on page 35 to help you get started.

"A mission statement defines what an organization is, why it exists, its reason for being," says Gerald Graham, R.P. Clinton Distinguished Professor of Management and immediate past dean of the W. Frank Barton School of Business at Wichita State University. "Writing it down and communicating it to others creates a sense of commonality and a more coherent approach to what you're trying to do."

Even in a very small company, a written mission statement helps everyone involved see the big picture and keeps them focused on the true goals of the business. According to Graham, at a minimum your mission statement should define who your primary customers are, the products and services you produce, and the geographical location in which you operate.

501FIT's mission, prominently placed on its website, is "At 501F1T we take pride in providing our clients a clean, safe and fun spirited fitness environment. We welcome everyone with any fitness experience, goal or need. We promote confidence and unsurpassed results in a friendly way. Our group strength and cardio fitness class programs create accountability with a positive and goal oriented approach. Our clients (YOU) are #1. Call or visit us today and find out for yourself how 501F1T is the premier mid-sized fitness option for you in the Twin Cities."

Jennifer Brilliant says her mission statement is: "To guide others toward the amazing experience of living in their bodies with confidence and joy." Another trainer we interviewed had a mission statement that reads: "We are caregivers. We try not only to physically inspire others, but also to give people the faith to ask more of themselves. It is our mission to promote healthy lifestyle changes in a positive manner until all of our clients' dreams come true."

A mission statement should be short—usually just one to three sentences. A good idea is to cap it at 100 words. Anything longer isn't a mission statement and will probably be confusing.

Once you have articulated your message, communicate it as often as possible to everyone in the company, along with clients and suppliers. “Post it on the wall, hold meetings to talk about it, and include a reminder of the statement in employee correspondence,” says Graham.

Graham explains that it is more important to adequately communicate the mission statement to employees than to customers. “Sometimes an organization will try to use a mission statement primarily for promotion and, as an aside, use it to help employees identify what business they’re in,” he says. “That doesn’t work very well. The most effective mission statements are developed strictly for internal communication and discussion, and then if something promotional comes out of it, fine.” In other words, your mission statement doesn’t have to be clever or catchy—just accurate.

Though your mission statement may never win an advertising or creativity award, it can still be a very effective customer relations tool. One idea is to print your mission statement on a page, have every employee sign it, and provide every prospective and new customer with a copy. You can even include it on your brochures and invoices.

Finally, make sure your suppliers know what your mission statement is. It will help them serve you better if they understand what you’re all about.

Injury or Emergency Incident Report

Date: _____ Time of incident: _____ A.M./P.M.

Name of injured person: _____

Address: _____

Phone: _____

Manager/trainer on duty: _____

Location of incident: _____

Note if it occurred in the client's home or office, at a gym, or your own studio, whichever is applicable.

Equipment involved: _____

Description of incident: _____

Emergency procedures taken by staff:

- First aid CPR Emergency services [police/fire/medical]

Description of emergency procedures and results: _____

Witnesses:

Name: _____

Phone: _____

Name: _____

Phone: _____

Name: _____

Phone: _____

Mission Statement Worksheet

To develop an effective mission statement, answer these questions:

1. What products and/or services do we produce? _____

2. What geographical location do we operate in? _____

3. Why does our company exist? Whom do we serve? What is our purpose?

4. What are our strengths, weaknesses, opportunities, and threats? _____

5. Considering the above, along with our expertise and resources, what business
should we be in? _____

6. What is important to us? What do we stand for? _____

Structuring Your Business

Building a business is much like building a house: You need a foundation, frame, and roof, and then you can put up the walls and worry about details like furnishings. Let's take a look at what you need for the foundation, frame, and roof of your company.

Legal Structure

One of the first decisions you'll need to make about your new business is the legal structure of your company. This is an important decision. It can affect your financial liability; the amount of taxes you pay; the degree of ultimate control you have over the company; as well as your ability to raise money, attract investors, and ultimately sell your business. However, legal structure shouldn't be confused with operating structure. Attorney Robert S. Bernstein, of Bernstein Law Firm in Pittsburgh, explains the difference: "The legal structure is the ownership structure—who actually owns the company. The operating structure defines who makes management decisions and runs the company."

A sole proprietorship is owned by the proprietor, a partnership is owned by the partners, and a corporation is owned by the shareholders. Another business structure is the limited liability company (LLC), which combines the tax advantages of a sole proprietorship with the liability protection of a corporation. The rules on LLCs vary by state; check with your state's department of corporations for the latest requirements.

Sole proprietorships and partnerships generally can be operated however the owners choose. In a corporation, the shareholders typically elect directors, who in turn elect officers, who then employ other people to run and work in the company. But it's entirely possible for a corporation to have only one shareholder and to essentially function as a sole proprietorship. In any case, how you plan to operate the company should not be a major factor in your choice of legal structures.

So what goes into choosing a legal structure? The first point, says Bernstein, is who is actually making the decision on the legal structure. If you're starting the company by yourself, you don't need to take anyone else's preferences into consideration. "But if there are multiple people involved, you need to consider how you're going to relate to each other in the business," he says. "You also need to consider the issue of asset protection and limiting your liability in the event things don't go well."

Something else to think about is your target customer and what their perception will be of your structure. While it's not necessarily true, Bernstein says, "There is a tendency to believe that the legal form of a business has some relationship to the sophistication of the owners, with the sole proprietor as the least sophisticated and the corporation as the most sophisticated." It might enhance your image if you incorporate, especially if your goal is to contract to health clubs or work with health-care providers or big companies.

Your image notwithstanding, the biggest advantage of forming a corporation is in the area of asset protection, which, says Bernstein, is the process of making sure that the assets that you don't want to put into the business don't stand liable for the

Physical Inactivity and Diabetes

With data from a 2008 diabetes and inactivity study the Centers for Disease Control found which states' residents are the most and least physically active.

The regions with the highest rates of leisure-time physical inactivity are the South and Appalachia, which also have high rates of diagnosed diabetes and obesity. Specific states within the region where residents are least likely to use their free time for physical activities are Alabama, Kentucky, Louisiana, Mississippi, Oklahoma, and Tennessee.

Conversely, areas with the most active residents during their free time are the West Coast, Colorado, Minnesota, and parts of the Northeast.

business's debt. However, to take advantage of the protection a corporation offers, you must respect the corporation's identity. That means maintaining the corporation as a separate entity, keeping your corporate and personal funds separate (even if you are the sole shareholder), and following your state's rules regarding holding annual meetings and other record-keeping requirements.

Is any one of these structures better than another? No. We found personal trainers operating as sole proprietors, partners, and corporations, and they made their choices based on what was best for their particular situation, which is what you should do.

Jennifer Brilliant, the personal trainer in Brooklyn, says she formed an LLC after operating for many years as a sole proprietor because she felt it was less risky and more professional.

Do you need an attorney to set up a corporation or a partnership? Bernstein says there are plenty of good do-it-yourself books and kits on the market, and most of the state agencies that oversee corporations have guidelines you can use. Even so, it's always a good idea to have a lawyer at least look over your documents before you file them, just to make sure they are complete and will allow you to truly function as you want to.

"Business partnership, in my opinion, is on the same complication level as marriage," Diana Broschka says. "While it is advantageous for business partners to bring in different perspectives and skill sets, that very paradigm is both a challenge and benefit at the same time. Phil [Martens] was a solo business owner and visionary

for many years before we connected in partnership, and the transition for him to partnership was, I believe, more difficult than for me, as I come from 20-plus years of corporate experience and have a built-in system of accountabilities, report abilities, and collaboration.”

Finally, remember that your choice of legal structure is not an irrevocable decision, although if you’re going to make a switch, it’s easier to go from the simpler forms to the more sophisticated ones than the other way around. Bernstein says the typical pattern is to start as a sole proprietor, and then move up to a corporation as the business grows. But if you need the asset protection of a corporation from the beginning, start out that way. “If you’re going to the trouble to start a business, decide on a structure and put it all together,” says Bernstein. It’s worth the extra effort to make sure it’s really going to work.”

Smart Tip

Not all attorneys are created equal, and you may need more than one. For example, the lawyer who can best guide you in contract negotiations may not be the most effective counsel when it comes to employment issues. Ask about areas of expertise and specialization before retaining a lawyer. Find lawyers in your area who adhere to the Nolo pledge of high standards on www.nolo.com.

Tip...

Business Insurance

It takes a lot to start a business—even a small one—so protect your investment with adequate insurance. If you’re homebased, don’t assume your homeowner’s or renters’ policy covers your business equipment; chances are it doesn’t. If you’re located in a commercial facility, be prepared for your landlord to require proof of certain levels of liability insurance when you sign the lease. In either case, you’ll need coverage for your equipment, supplies, and other valuables.

A smart approach to insurance is to find an agent who works with other fitness-related businesses. The agent should be willing to help you analyze your needs, evaluate the risks you’re willing to accept and the risks you need to insure against, and work with you to keep your insurance costs down.

You should also check with industry associations that offer professional liability coverage as part of their membership benefits. For example, Jennifer B. buys her professional liability coverage through an association. Richard C. says associations are probably the best source for professional liability coverage for personal trainers. Rates vary depending on the amount of coverage you want, as well as other factors, but typically you’ll pay about \$400 per year for professional liability insurance.

Typically, homebased businesses will want to make sure their equipment and supplies are covered against theft and damage by a covered peril (such as fire or flood) and that they have some liability protection if someone (either a customer or an employee) is injured on their property. If you decide to open a studio in a commercial location, your landlord will probably require certain levels of general liability coverage as part of the terms of your lease. Once your business is up and running, consider business interruption insurance to replace lost revenue and to cover related costs if you are ever unable to operate due to covered circumstances. Also, if you use your vehicle for business, be sure it is adequately covered.

Additionally, being a personal trainer is a physically demanding profession, so you should consider purchasing disability insurance in addition to health insurance—especially if you're operating a solo business and cannot rely on others to pick up the slack if you get injured or become ill. In general, disability insurance payments will be about 70 percent of your gross income. Short-term disability policies have a maximum benefit period of up to two years, while long-term disability policies feature benefit periods ranging from several years to full life.

It's best to purchase a "non-cancelable contract," which locks in benefits and rates, writes lawyer and business author Steven D. Strauss in *USA Today*. Avoid a "conditionally renewable" policy that permits the insurer to change benefits or rates. Also, look for a disability policy that defines your occupation specifically, called an "own-occupation disability" policy, Strauss advises.

Smart Tip

Sit down with your insurance agent once every year and review your insurance needs. As your company grows, they are sure to change. Also, insurance companies are always developing new products to meet the needs of the growing small-business market, and it's possible one of these new policies is appropriate for you.

Smart Tip

When you purchase insurance on your equipment and inventory, ask what documentation the insurance company requires before you have to file a claim. That way, you'll be sure to maintain appropriate records, and the claims process will be easier if it is ever necessary.

The insurance industry is responding to the special needs of small businesses by developing affordable products that provide coverage on equipment, liability, and loss of income. In most cases, one of the new insurance products designed for homebased businesses will provide sufficient coverage.

Licenses and Permits

Most cities and counties require business operators to obtain various licenses and

permits to comply with local regulations. While you are still in the planning stages, check with your local planning and zoning department or city/county business license department to find out what licenses and permits you will need and how to obtain them. You may need some or all of the following:

- *Occupational license or permit.* This is typically required by the city (or county if you are not within an incorporated city) for just about every business operating within its jurisdiction. License fees are essentially a tax, and the rates vary widely based on the location and type of business. As part of the application process, the licensing bureau will check to make sure there are no zoning restrictions prohibiting you from operating. This is particularly important if

Music to Their Ears

Many people like to work out to music. It helps them maintain their exercise rhythm and combats boredom. When you're working with clients in their own homes or offices and they want to play tapes or CDs they own, that's fine. But when you use music in a studio, a class, or any other setting that may be deemed a "public performance," you need a license.

Songwriters and music publishers own the rights to their music, and they have the right to grant or deny permission to use their property and to receive compensation for that use. They receive compensation by being members of performing-rights organizations that collect fees from users through licensing public performances of the works. Fees for fitness facilities vary by the size of the facility, the number of students, and the use of the music (background or instructional use).

The three major performing rights organizations in the United States are the American Society of Composers, Authors, and Publishers (ASCAP), Broadcast Music Inc. (BMI), and SESAC. Contact them for complete information on the procedures and costs involved in obtaining music licenses. (See the Appendix for contact information.)

Copying songs from different tapes or CDs for use in classes or with clients without paying music-licensing fees is a violation of U.S. copyright and trademark laws. So is duplicating for your colleagues a tape or CD purchased from a fitness music company. Just as you wouldn't want anyone to steal from you, don't steal songwriters' and music publishers' right to earn just compensation for their work.

you are homebased and clients will be coming to your home for their sessions.

- *Fire department permit.* If your business is open to the public, you may be required to have a permit from the local fire department.
- *Sign permit.* Many cities and suburbs have sign ordinances that restrict the size, location, and sometimes the lighting and type of sign you can use in front of your business. Landlords may also impose their own restrictions. Most residential areas forbid signs altogether. To avoid costly mistakes, check regulations and secure the written approval of your landlord before you invest in a sign.
- *State license.* Many states require persons engaged in certain occupations to hold licenses or occupational permits. Often, these people must pass state examinations before they can conduct business. States commonly require licensing for auto mechanics, plumbers, electricians, building contractors, collection agents, insurance agents, real estate brokers, those involved in repossession, and personal service providers such as doctors, nurses, barbers, cosmetologists, etc. It is highly unlikely that you will need a state license to operate your personal training business, but it's a good idea to check with your state's occupation licensing entity to be sure.



Beware!

Find out what type of licenses and permits are required for your business while you're still in the planning stage. You may find out that you can't legally operate the business you're envisioning, so give yourself time to make adjustments to your strategy before you've spent a lot of time and money trying to move in an impossible direction.

Professional Advisors

As a business owner, you may be the boss, but you can't be expected to know everything. You'll occasionally need to turn to professionals for information and assistance. It's a good idea to establish relationships with these professionals before you get into a crisis situation.

To shop for a professional service provider, ask friends and associates for recommendations. You might also check with your local chamber of commerce or trade association for referrals. Find someone who understands your industry and specific business, and appears eager to work with you. Check them out with the Better Business Bureau and the appropriate state licensing agency before committing yourself.

Many of the business owners we talked with have ongoing relationships with accountants and know of an attorney they can call on if they need one. They also have other advisors. As the owner of a personal training company, the professional service providers you're likely to need include:

- *Attorney.* You need a lawyer who practices in the area of business law and who is honest and appreciates your patronage. In most parts of the United States, there are many lawyers willing to compete for the privilege of serving you. Interview several and choose one you feel comfortable with. Be sure to clarify the fee schedule ahead of time and get your agreement in writing. Keep in mind that good commercial lawyers don't come cheap. If you want good advice, you must be willing to pay for it. Your attorney should review all contracts, leases, letters of intent, informed consent/release forms, waivers, and other legal documents before you sign or begin using them. He or she can also help you collect bad debts and establish personnel policies and procedures. Of course, if you are unsure of the legal ramifications of any situation, call your attorney immediately.
- *Accountant.* Among your outside advisors, your accountant is likely to have the greatest impact on the success or failure of your business. If you are forming a corporation, your accountant should counsel you on tax issues during startup. On an ongoing basis, your accountant can help you organize the statistical data concerning your business, assist in charting future actions based on past performance, and advise you on your overall financial strategy regarding purchasing, capital investment, and other matters related to your business goals. A good accountant will also serve as a tax advisor, making sure you are in compliance

Senior Fitness Research Findings

In a study conducted by the Department of Neuro and Locomotor Science at the Akita University School of Medicine in Japan, 80 postmenopausal women with osteoporosis were given simple low-intensity back-strengthening exercises to do at home for four months. The hypothesis was that this type of exercise not only improved the inner muscles of the back in the test subjects, but that it improved their quality of life and spinal range of motion, but also decreased their risk of vertebral fractures. Read more about this study at: www.ncbi.nlm.nih.gov/pmc/articles/PMC1750033/

with all applicable regulations and that you don't overpay any taxes. You may want your accountant to hold a CPA (Certified Public Accountant) designation. CPAs are licensed, regulated, and insured; their rates will likely be higher than a noncertified accountant, but the enhanced level of service is worth it.

- *Insurance agent.* A good independent insurance agent can assist you with all aspects of your business insurance, from general liability to employee benefits. Look for an agent who works with a wide range of insurers and understands your particular business. This agent should be willing to explain the details of various types of coverage, consult with you to determine the most appropriate coverage, help you understand the degree of risk you are taking, work with you in developing risk-reduction programs, and assist in expediting any claims. Your agent should also understand if you choose to purchase particular types of coverage from someone else. For example, many personal trainers find that the professional liability coverage they need is less expensive when purchased through a professional association or a specialty insurance carrier.
- *Banker.* You need a business bank account and a relationship with a banker. Don't just choose the bank you've always done your personal banking with; it may not be the best bank for your business. Interview several bankers before making a decision on where to place your business. Once your account is opened, maintain a relationship with the banker. Periodically sit down and review your accounts and the services you use to make sure you are getting the package most appropriate for your situation. Ask for advice if you have financial questions or problems. When you need a loan or a bank reference to provide to creditors, the relationship you've established will work in your favor.
- *Consultants.* The consulting industry is booming, and for good reason. Consultants can provide valuable, objective input on all aspects of your business. Consider hiring a business consultant to evaluate your business plan, or a marketing consultant to assist you in that area. When you are ready to hire employees, a human resources consultant may help you avoid some costly mistakes. Consulting fees vary widely, depending on the individual's experience, location, and field of expertise. If you can't afford to hire a consultant, consider contacting the business school at the nearest college or university and hiring an MBA student to help you.
- *Computer expert.* You'll use a computer to manage your business and track client information. Your computer and data are extremely valuable assets; so if you don't know much about computers, find someone to help you select a system and the appropriate software. Make sure they'll be available to help you maintain, troubleshoot, and expand your system as you need it.

What's In a Name?

Your company name can be an important marketing tool. A well-chosen name can work very hard for you; an ineffective name means you have to work much harder at marketing your firm and letting people know what you have to offer.

Regardless of what type of business you're in, your company name should clearly identify what you do in a way that will appeal to your target market. For example, Richard Cotton says if you want to attract bodybuilding clientele, choose a name along the lines of "Muscle Madness Personal Training." If you're going for baby boomers having trouble getting started with a program, choose something less intimidating. In any case, the name should be short, catchy, and memorable. It should also be easy to pronounce and spell—people who can't say your company name may use you, but they'll be less likely to refer you to anyone else.

Tyrone Minor has strangers approach him out of curiosity and admiration because of his physique, such as the time when a man walked up to him at the beach and asked about his workout program. Though Minor is quite modest, he did tell us that he was



501F1T gym

shirtless at the time, and because of the repetitive use of the word “chiseled” people use to describe him, he decided to name his business Chisel Inc.

501F1T, straight and to the point, is the address people go to for fitness.

Gunnar Peterson’s name is passed by referral often and remains the name of his business to date. Organic Stretching™ describes the art of healing Pat Henry developed and reaches out to those seeking such. Many personal trainers simply use their own name and the primary service they provide. One entrepreneur we interviewed simply put her name in front of “Yoga and Personal Training, LLC.” “That’s what it is,” she says. “Just to be straightforward made sense to me.”

If you want to get creative, brainstorm as many names you can think of and ask a friend to help. Don’t worry about how they sound—just come up with a possible list, and evaluate it later. As you create, think about the mission statement of your business and the message you would like to convey to potential customers so that they’re inspired and intrigued enough to check out your services.

An alternative approach is to use some sort of regional or other descriptive designation, plus the primary service category offered. This helps search engines and possible customers find you online because these are the terms they search with for services like yours. Yet another possibility is that you may decide your business doesn’t need a name other than your own. We have provided a worksheet to help you brainstorm your company name on page 49.

The Name Game

Use a systematic approach when naming your company. Once you’ve decided on two or three possibilities, take the following steps.

- *Check the name for effectiveness and functionality.* Does it quickly and easily convey what you do? Is it easy to say and spell? Is it memorable in a positive way? Ask several of your friends and associates to serve as a focus group to help you evaluate the name’s impact.
- *Search for potential conflicts in your local market.* Find out if any other local or regional business serving your market area has a name so similar that yours might confuse the public.
- *Check for legal availability.* Exactly how you do this depends on the legal structure you choose. Typically, sole proprietorships and partnerships

The Name Game, continued

operating under a name other than that of the owner(s) are required by the county, city, or state to register their fictitious name. Even if it's not required, it's a good idea because that means no one else can use that name. Corporations usually operate under their corporate name. In either case, you need to check with the appropriate regulatory agency to be sure the name you choose is available. Check out Nolo's business naming and trademark registration advice to cover all bases at www.nolo.com.

- *Search your possible name variations online.* The easiest way to find out if a domain name is taken is to try it out and see what happens (a domain name is something like www.inshapetraining.com). You also can check this on hosting sites such as www.register.com or www.networksolutions.com. If someone else is already using your name as a domain, consider coming up with something else. Even if you have no intention of developing a website of your own, the use could be confusing to your customers.
- *Check to see if the name conflicts with any name listed on your state's trademark register.* Your state department of commerce can either help you or direct you to the correct agency. Check the Thomas Register at thomasnet.com and the United States Patent and Trademark Office (PTO) at uspto.gov/main/trademarks.htm to search registered and unregistered trademarks.
- *Register your business name.* Once the name you've chosen passes these tests, you need to protect it by registering it with the appropriate state agency; again, your state department of commerce can help you. Though most personal training businesses are local operations, many grow to a regional and even national scope. If you expect to be doing business on a national level, you should also register your name with the PTO.

A Word Is Worth a Thousand Pictures

If you need some help in your brainstorming process, go to www.thesaurus.com. Choose some fitness, physical, energy, and health-related words to plug into its search box. Then enter the words into two columns. Mix the words up so that catchy combinations appear. Try inserting your name or city name into the mix in a third column. Keep brainstorming with www.thesaurus.com and fill in the third column in this worksheet using the head start we created for you:

Fitness	Bloom	_____
Fine	Vigor	_____
Health	Chutzpah	_____
Energy	Force	_____
Spitfire	Speed	_____
Guts and	Gumption	_____
Trim	Perfection	_____
Robust	Overhaul	_____
Muscles and	Moxie	_____
Strength	Summit	_____
Anatomy	Peak	_____
Mighty	Physique	_____
Euphoric	Prime	_____
Steamroller	Stamina	_____
Brawny	Reaction	_____
Powerhouse	Steam	_____
Vital	Pizzaz	_____
Iron	Force	_____
Steel	Lightning	_____
Strapping	Speed	_____
Herculean	Feat	_____
Enduring	Velocity	_____
Force	Fervor	_____

Locating and Setting Up Your Business

There are several ways to keep your costs and risk factors down in the first few years of growing your business. Keeping your obligations simple while allowing yourself the greatest freedom to charge what you please, keep 100 percent of the profits, create your own policies, and develop your own style will ensure that as your reputation grows you are rewarded accordingly. There are

benefits to being a gym contractor or employee, most of which fall under the category of being unencumbered when your shift is over: How much of your income is it worth to have someone else handle the responsibilities of insurance, booking, billing, paying the rent, and maintaining equipment and marketing?

Independence or Autonomy?

Too often trainers pair up with health clubs in hopes of growing a client base but become disillusioned with their cut of the profits and lack of freedom to try new things that don't fall under the clubs' policies. Pairing up with a health club can be a great learning experience in the beginning of your career, but make sure you have clear plans on when you'll fly off on your own and how you'll break free from that partnership.

Working independently part time in a different facility to build your client base while you work part time for someone else can help the problem some trainers face when they want to dissolve their club ties and keep their client following. Contractual obligations can prevent you from keeping the clients you met under the employ of a club, which is fair since they're paying for all of the extras that allow you to practice your craft.

If you are new to the industry a wise approach might be to start small, working with clients at their locations. Build a solid reputation and following first, then look at renting a commercial studio or low-cost alternative venue.

Become familiar with the various gyms and health clubs in your area. If you find a client who is already a member of a club, they may want you to work with them there. Or you may have clients who want to work with you in a gym setting and will look to you for advice as to which gym to join.

Whether you're starting from scratch as a solo enterprise or trying to build your client base part time, consider the following creative venue ideas.

Recreation and Community Centers

Tyrone Minor of Chizel Inc. finds unique situations like recreation centers, client homes, and parks to keep his costs down. Some cities offer low annual fees for recreation centers as a perk for their residents, such as the St. Paul, Minnesota Parks and Recreation Centers. For an annual \$30 fee residents enjoy five workout gyms throughout the city filled with much of the same equipment featured at expensive

health clubs. There is also swimming available for a small fee, should you decide to incorporate water aerobics, therapy, or lap swimming as part of your routine. Other cities have similar programs.

Home Gyms

You can custom outfit client homes to suit your teachings with a little crafty shopping, and your new outfitting service can become an additional source of income. Some clients will already have existing home gyms fully loaded but others may not even have considered the idea of a home gym and welcome the suggestion. You may find some clients happy and relieved to know you'll not only create a home gym for them but also keep their costs down by shopping for used equipment and training them in their homes, saving them time and commute costs.

When Lynne Wells first started as a personal trainer in New York City, she worked with clients in a gym and paid a fee to the gym for that privilege. Today, she works with clients primarily at their homes. If you're going to work from home, your space requirements are minimal and your startup costs can be as low as a few hundred dollars (depending on what office and exercise equipment you already own). You'll need a small area to do your administrative work and a place to store any equipment you might use. A clear space in your living room is all you need if you do training at home, or you may set up a dedicated workout room if you have the space.

Creating Custom Home Gyms for Profit

Tyrone Minor helps clients set up their own home gyms by first taking a detailed account of their goals and budgets. He then scours www.craigslist.org for used equipment in great condition and if when he inspects it finds it safe and functioning well, purchases it, cleans it up, makes repairs or upgrades to make it perfect, and then puts it into a home gym package for the customer priced at a markup he can profit from. This is a great deal for the customer because their custom shopper is also their trainer and understands their goals. Minor can help affect home workouts by setting up these gyms, therefore increasing the chances his clients will stay on track with their fitness goals.

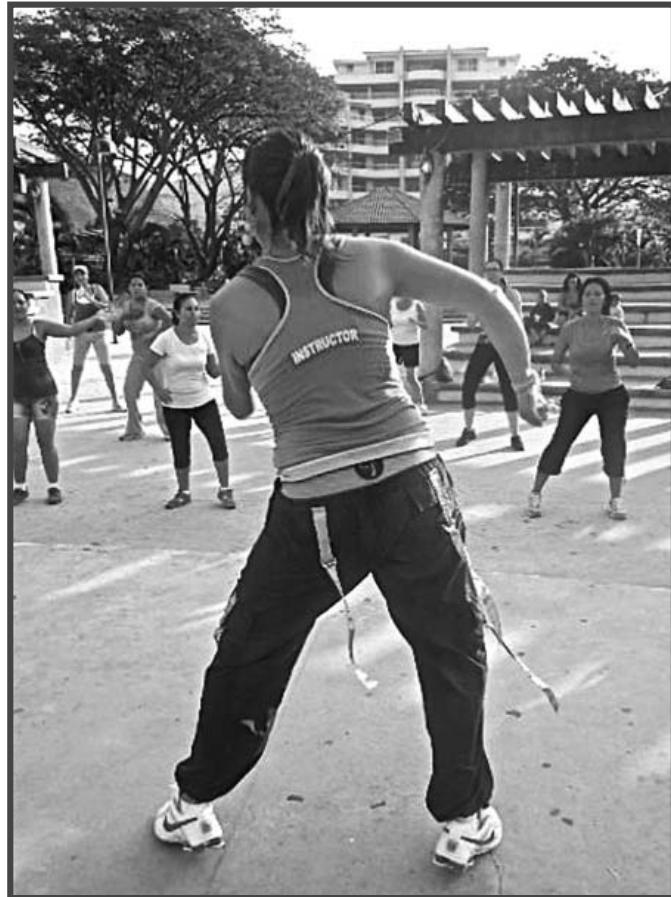
Personal Training Studios and Private Gyms

Renting small personal training studios and privately owned gyms is another way to keep costs down, which Minor takes advantage of, using several around the city, each chosen so clients don't have to travel far to see him. Each has its own inventory of equipment. "Expect to pay \$15 to \$20 an hour for this kind of rental. Just Google search 'personal training studio' and the name of your city," Minor says.

Mobile Gym Units

Another location option is a mobile studio. Outfit a van or mobile home with exercise equipment so you can take a gym to your clients' homes or offices. Decide what type of equipment you'd like to have, then consult with a recreational vehicle dealer or a van conversion or customizing shop to find out how much it will cost you to get the setup you want. Google "mobile gyms" to bask in the creativity of other entrepreneurs for inspiration. See www.gymagic.com and www.mobilegymusa.com for examples.

Generally, a mobile studio will cost less than half of a small commercial storefront type of studio. Your biggest expense is the vehicle itself, which can range from \$20,000 to \$40,000 or more, depending on how elaborate you want to get. More and more



Zumba instructor Fabiola Moemi Marcial demonstrates in an open-air session for locals and tourists in Puerto Vallarta, Mexico.

businesses are going to their clients these days, but make sure your particular market will support this service and give you a sufficient return on your investment. A good approach would be to start by visiting your clients in their homes and offices; then, depending on their degree of interest, determine if they would use a mobile studio and be willing to pay proportionate fees.

The Great Outdoors

Parks, beaches, and wooded settings can provide inspirational atmosphere to your themed classes and work especially well for groups. Most often it is free to teach a class in a public setting, but the problem is that you can't reserve it. There are plenty of reservation options with boards of local park systems, though, and they come with perks that may help details of your event, such as having a kitchen readily available after your dance class for refreshment and snack preparation.

Community centers sometimes offer use of their attached sports fields and use of accompanying facilities for a fee. Consider how a beautiful, natural backdrop would affect your next class or one-to-one workout.

Commercial Facilities

Of course, you can open your own facility, targeted to clients who want personal service but don't want to join a traditional health club, gym, or spa. If you're going to invest in a commercial facility, be sure the market can support the business you envision. You need to calculate your investment; depending on the type of studio

The Franchise Option

If you're considering opening a studio, at least one company we came across offers franchise opportunities. Fitness Together has more than 340 locations throughout the United States and five countries. The concept involves one-on-one personal training in a private workout setting. For more information, visit <http://corp.fitnesstogether.com>.

and location, you'll need anywhere from \$50,000 to \$350,000 to furnish and equip your operation. Then figure out how much you can pay in cash and how much you're going to have to borrow. You'll need to do the market research to determine if you can generate sufficient business to service your debt and still operate your company. Whatever facility type you choose, you'll need to start connecting to health-focused markets. Work through the exercise on page 57 to jump-start that process.

The design of your facility is up to you. You might have one large open room with the various types of equipment grouped together. Or you might have several rooms dedicated to specific functions, like a weight room and a cardiovascular equipment room.

Your clients will appreciate clean, spacious locker rooms with showers, toilets, sinks, and dressing areas, as well as a place for them to safely store their personal belongings. If your business is going to be a small studio where clients work primarily



Beware!

The volume of music during group exercise classes should measure no more than 90 decibels (dB), and the instructor's voice should be about 10 dB louder—no more than 100 dB total—based on standards established by the Occupational Safety and Health Administration. A class C sound level meter can be purchased for under \$100 and will provide a way to monitor sound to avoid damaging the hearing of your clients and instructors.

Sad Brains Crave Fat

Research findings on the link between feeding oneself and emotions were reported in a 2011 American Society for Clinical Investigation article, "Fatty Acid-Induced Gut-Brain Signaling Attenuates Neural and Behavioral Effects of Sad Emotion in Humans." Findings proved the relationship between fat cravings and depression, or sadness, come from your brain. When the test brains were sad, they produced responses telling them they needed fat. Those neurological messages stop when the brain is happy. This exploration of the human body's messaging system of hunger, satiety, food intake, visceral sensory signaling, and emotions will provide insight into a wide range of disorders, including obesity, eating disorders, and depression. Read more of the findings on the *Journal of Clinical Investigation* site at: www.jci.org/articles/view/46380.

Team Up with the National Physical Activity Plan

The aim of the National Physical Activity Plan, a product of a private-public sector cooperative, is to increase Americans' physical activity through a comprehensive set of policies, programs, and initiatives.

With funding and focus to create a culture of health, there are many places within this plan that your creativity could pay off.

First read more about how hundreds of organizations are collaborating to facilitate fitness for this country at: www.physicalactivityplan.org.

Next, make a list of the businesses that appeal to you on the site.

1. _____
2. _____
3. _____
4. _____
5. _____

Finally, list ways to integrate your service with the businesses participating in this effort.

1. _____
2. _____
3. _____
4. _____
5. _____

The National Physical Activity Plan has a vision: One day, all Americans will be physically active and they will live, work, and play in environments that facilitate regular physical activity. Sharing a common vision with those who have funding is a smart way to make your business soar.

under individual supervision, which means it will rarely be crowded, your locker rooms do not have to be able to accommodate more than a couple of people at a time.

The facility needs to have a sufficient number of electrical outlets if you are going to be using such machines as electric treadmills. Position equipment to provide a safe, comfortable environment for your clients. For cardiovascular equipment (treadmills, bicycles, elliptical machines, etc.), allow at least two to three feet of space between each machine. Clients need sufficient space to use the machines without interfering with another client. Have at least three feet of space behind each treadmill.

How Much Activity Is Enough?

A list of our nation's general health statistics generated by the combined U.S. health agencies and provided by www.fitness.gov include:

- Adults 18 and older need 30 minutes of physical activity on five or more days a week to be healthy; children and teens need 60 minutes of activity a day for their health.
- Significant health benefits can be obtained by including a moderate amount of physical activity (e.g., 30 minutes of brisk walking or raking leaves, 15 minutes of running, 45 minutes of playing volleyball). Additional health benefits can be gained through greater amounts of physical activity.
- There are significant health benefits in taking 30 to 60 minutes of activity and breaking it down into smaller segments of 10 or 15 minutes throughout the day.
- Moderate daily physical activity can reduce substantially the risk of developing or dying from cardiovascular disease, type 2 diabetes, and certain cancers, such as colon cancer. Daily physical activity helps to lower blood pressure and cholesterol, helps prevent or retard osteoporosis, and helps reduce obesity, symptoms of anxiety and depression, and symptoms of arthritis.
- Heart disease is the leading cause of death among men and women in the United States. Physically inactive people are twice as likely to develop coronary heart disease as regularly active people.
- 37 percent of adults report they are not physically active. Only 3 in 10 adults get the recommended amount of physical activity.



Stat Fact

According to IDEA, an organization for health and fitness professionals, the recommended square footage per person for a group exercise class is 36 square feet; for a step class, it's 40 square feet per person.

should be supervised at all times, even though you may have clients who want to weight train on their own.

Attractive, friendly signage can help convey the standard of healthy, respectful behavior you expect from gym users. Making the message humorous with graphics can help.

Before designing your own facility, visit a substantial number of gyms, health clubs, and small studios to get ideas. Think carefully about the services you're going to provide and what type of environment will be most appropriate.

The free-weight area may be the most dangerous place in your facility. If your clients are not using the proper techniques, they could easily hurt themselves or someone else. Be sure they know how to safely handle weight plates, load a barbell, and handle dumbbells. Also, be sure you have adequate floor space for the clientele you'll be serving, and allow plenty of room between benches. The free-weight area



Beware!

If you choose to sublet space in a gym or health club, or to contract with another facility to provide trainers, be prepared for the fact that anything can happen to that other business, and the result could range from exciting to devastating.

Think Personal Safety

Keep your personal safety in mind at all times. If you work with clients in their homes and offices, be cautious when you travel. Let someone else know your schedule, and consider checking in with that person on a regular basis. If you fail to check in, have a plan for what action they should take.

If you have a studio, be sure your reception desk is staffed at all times so people coming in and out are tracked. If you do not have sufficient personnel to do this, consider keeping the doors locked.

Medical Mysteries

Virtually every time you turn on your TV or pick up a newspaper, you'll see something about a new medical study that proves or disproves something. You can find studies that say caffeine is good for you and studies that say caffeine is bad for you. You can find studies that claim certain products or activities cause cancer and others that say those same products or activities are totally harmless. If you're confused, your clients are likely even more so.

Most people put a tremendous amount of faith in studies reported by the media. They are also often unable to recognize when someone with a legitimate medical degree is trying to sell them a dubious product, using a medical study as a sales technique. How can you sort out what's real and what's not? Here are some tips for evaluating medical studies:

- *Find out if the study used animals or humans as subjects.* When studies use lab animals such as mice or rats, the results are not always relevant to human physiology.
- *How many participants did the study include?* The more participants there were, the greater the chance that the results are valid. A good study will have at least 100 subjects.
- *Where was the study published?* A peer-reviewed medical or scientific journal is a credible source.
- *What was the geographic scope of the study and how many researchers were involved?* When tests are conducted only in one place by a small group of researchers, the chances for bias are higher than when multiple locations and more researchers are involved.
- *Was there a control or placebo group?* Without a second such group, you won't know the true results.
- *Are the findings ready for immediate application?* News reports of breakthroughs in weight control are common, but frequently the techniques are not available because more testing still needs to be done. Additional tests may disprove the theory.

Operating in Cyberspace

The internet has changed the way many industries do business, and the fitness industry is no exception. Computer technology is opening up ways for trainers to expand their client base and stay connected with in-person clients. The internet continues to grow in popularity as more people become used to finding information online.

According to Pingdom (www.pingdom.com), a global internet monitoring firm, there were 1.97 billion internet users worldwide and 266.2 million in North America in June 2010.

So it's safe to assume that your clients and potential clients will expect you to have some kind of online presence. The computer face of your business is important because often it will be one of the first impressions your potential clients will have of you. There are several ways you can go online to enhance your marketing efforts, as well as generate supplemental sources of income. We'll give you some basic pointers in this chapter on creating a simple, business, online presence. It's in Chapter 6 that we'll really ask you to do some stretching (of the social media variety) and go beyond just setting up a website. You don't want to just get by doing the bare minimum, do you? Hurry up and get that website created so we can talk to you about blogging.

Setting Up Your Website

The simplest option is to create a website that functions primarily as an online brochure, giving clients information about your company and your trainers. This allows potential clients to learn about you in a relaxed, nonthreatening environment. "They can become interested and already sold on your facility even prior to coming in," explains Bill Sonnemaker, who owns a facility in Atlanta. "If they find something appealing about your website—if they like the content and the pictures—they'll feel more comfortable. And it provides credibility. When people call on the phone we always ask if they've had a chance to view our website."

One of the special features of Gunnar Peterson's website (www.gunnarpeterson.com) is a scrolling video montage on the homepage accompanied by dynamic music with celebrities crediting Peterson for their physiques. His appearances on lifestyle and entertainment, news, and fitness TV programs are featured in the mix and show portions of his workouts. Viewers can get a feel for his hard-driving, no shortcuts instruction style and sense of humor by watching. Another powerful feature on the site is a press section touting his uniqueness in health and fitness publications.

The special attributes of Tyrone Minor's site (www.chizelinc.com) are a cluster of impressive testimonials with dramatic before and after photos, a media section with snippets of Minor's appearances in various sports publications and websites, and a slick portfolio of his fitness modeling photography.

Some web hosting sites offer tools to quickly get your website up and running—for example, www.register.com and www.sitesell.com (which have tools to optimize your site so it will be picked up by search engines). You also can use these sites to check if your desired domain name is available.

Remember when designing every element of your site to make it as easy as possible for people to use. Here are some tips as you think about your site design:

- Determine how many pages you'll have and how you'd like to link them to each other.
- Make navigation easy—for example, users should be able to access major categories on your site from any page within the site.
- Imagine your typical audience member and what they're looking for. Create “gifts” for them in the form of knowledge. Short, newsy blasts of “Did you know?” style copy create interest for the viewer and make them want to linger on your site. Interesting photos that tell a story relevant to your business cause an attraction that can lead the viewer farther into your site.
- Pages, graphics, and blocks of copy should load quickly. If they don't, the user will leave.
- Only relevant information that the viewer will benefit from should be on each page. Anything else is distracting and uses up the viewer's attention span.
- Focus on keeping the design relatively simple and easy to read—avoid using big words when a friendly tone will do, and have enough blank space and/or graphics on the page so the reader isn't overwhelmed by text.
- Prominently display your contact information so users don't have to hunt for it—include contact names, your business name, address, phone, fax, and email.

Additionally, a potential client should be able to submit questions through a form on the website, as well as be able to email or call you. Remember that the form should be optional, and not the only way they can contact you. A properly designed form will allow you to obtain their contact information and use it later for newsletters and campaigns. Don't ask them to provide more information than an email address and phone number. If they can't call or email you, you may lose a sale. This kind of information capturing is fine if it's of service to the potential customer and lets them add details to their query, but if they can't just pick up the phone or shoot you an email because you've decided to only respond to messages, it smacks of customer service that will be for your convenience, not theirs.

Getting Outside Help

While you can design your own site, you'll save time by hiring outside help, and chances are you'll end up with a professional-looking design. Just make sure the

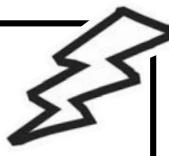
designer builds in some flexibility so that you can make simple changes on your own, especially as your company grows. “As a small business, we wanted the ability to control the content and be able to update the site as necessary,” says Bill S., who hired a designer for his company’s site. “You don’t want to have employees listed who aren’t with the business anymore. You don’t want to offer or talk about things that are weeks old. That’s why the ability to update—at no cost to us—is really beneficial. If we want to change a sentence, we’re not dependent upon waiting for [a consultant] to have time, nor do we have to pay a \$50 or \$100 service fee to do that.”

Here are more tips to keep in mind if you hire a web expert:

- When you come across a website you like, try to find out who the designer is (this is typically indicated at the bottom of the page). You also could simply ask the business directly.
- Keep favorite sites bookmarked so you’ll be able to give the designer an idea of your preferences.
- As you’re narrowing down your choice of designers, look at their own websites, and check out their portfolios.
- Consider putting your project out to bid online at www.guru.com, which is an online marketplace touting more than 600,000 freelancers whose expertise includes web design, programming, and graphic design.

Bright Idea

To find a website designer, check with business and networking groups you belong to for references.



Don't Give Away the Store

Be wary of putting too many exercise tips on your site—if you do so, keep things simple. This will help limit your potential liability and is just good marketing. “You want to give some information to be helpful so that even if they never contact you, perhaps you’ve motivated them, you’ve educated them,” says Bill Sonnemaker. But from a sales standpoint, he says, giving away too much information for free isn’t a good idea because the web surfer should have an incentive to contact you. In fact, that same principle applies to listing your prices. “One reason we don’t publish our prices online,” he says, “is that we at least want the opportunity to talk to them.”

- Check to see if your designer can build the site from pre-formed templates—this could save on costs.
- If the developer is building the site from scratch, determine in writing who owns the source code—if the designer does, this could limit what you can do with the site later on.
- Get your agreement with the designer in writing and save your correspondence.

Computer-Based Training Tools

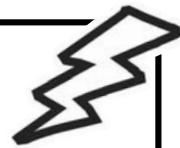
If you want to move beyond simply having a website presence, you could consider computer-based tools to enhance your services, either as your primary method of delivering training or in conjunction with face-to-face sessions.

Depending on the features of a particular program, you may be able to assess your clients' fitness levels, plan their programs, analyze their progress, maintain appointment schedules, handle billing and invoicing, and do training online. Online training allows you to give one-on-one attention to clients who may not be able to afford a face-to-face program, and to train clients in different geographic areas. Some services offer website setup. Here's a sampling of products, but shop around to find the personal trainer software or online service most appropriate for you:

- Pro Fitness PT, www.profitnessprogram.com
- Visual ClubMate, www.aspensoftware.com
- BSDI, www.bsdiweb.com
- Hi-Tech Trainer, www.hitechwebflexor.com
- www.gubb.net
- www.pumpone.com
- Crosstrainer, www.crosstrainer.ca
- Wellcoaches, www.wellcoach.com

Bright Idea

Computer software also is providing ways for you to stay organized and present a more professional image. Trainer Louis Coraggio uses a PDA-based personal training program from Vesteon Software (www.vesteon-software.com), which focuses on keeping detailed records of workouts, billing, goals, and personal measurements for yourself or your clients. "Forget about clipboards and note taking," he says. "Use a program that is compatible with a PDA to document exercise data."



When Trainers Go Electronic

Trainer Mike Hood uses www.gubb.net to create, manage, and share an unlimited number of lists with clients. "It allows you to be mobile while not in a session, while integrating reminders, lists, and tips for various parts of everyday life," Hood says. Trainer Louis Coraggio uses www.pumpone.com, a membership site that helps you quickly set up an online training business. You get access to a drag and drop tool to create your own iPod workouts and an online store to sell them. "It is an effective way to increase clients and prevent burning out from trying to squeeze a certain amount of clients into a day," he says.

Another alternative is to design your own online training capability from scratch. Depending on how things are set up, clients could use your website to complete forms that would allow you to do an assessment and create a program for them. You could provide them with an online exercise diary, which you review regularly to evaluate their progress and make adjustments if necessary. Questions could be handled via email.

A good website designer should be able to set up an online personal training business site for you based on your specifications. Trainer Annette Hudson, for example, had her online training site (www.myfitnesstrainer.com) professionally designed. But it's not an inexpensive endeavor. "This cost a lot of money, which I funded with my [in person] personal training business," she says. "I won't quit training live until the website is making enough. If you are starting your own online company, you shouldn't expect it to make a lot of money right away."

Email Dos and Don'ts

Sending emails to your clients and prospects is an inexpensive way to stay connected. Bill S. sends out weekly or twice-weekly emails to his client list and people who have contacted the facility inquiring about services over the phone or through the website. "We send them information on current research findings, recipes, and other things related to health and fitness," he says. He often hears from people in other parts of the country who were forwarded one of his emails, and they request to get on his mailing list.

Research Insight

A new client may experience delayed onset muscle soreness (DOMS)—the pain from exercise that occurs 12 or more hours after training. This probably results from microscopic tearing of muscle fibers and swelling. Eccentric movements, such as running downhill or lowering weights, seem to be the worst culprits. Proper warm-up and cool-down can mitigate DOMS; once the damage is done, it may help to do low-impact cardio because this increases blood flow through the affected area.

But be cautious, because email can backfire in this day and age of spam email campaigns. “You’ve got to be careful because if you’re soliciting, people are going to delete the mail and ask to be removed from your email list,” Sonnemaker says. “Not one email we have sent out in the last three years said, ‘Sign up now’ or ‘We’ve got this special going on.’ Instead, we focus on educating.”

Boosting Traffic

To drive traffic to your site, get creative. Trainer Annette Hudson, for example, ran a weight loss contest on her site. “I was rewarded with a dramatic increase in traffic,” she says, “which continued after the contest ended. It was a lot of fun awarding the prizes, which were donated by Bowflex, PCGamerBike, AquaJogger, and others.”

Another idea: If you have a membership website, you can give free trials to new members. “You’ll dramatically improve your sign-up rate if you allow the member two weeks to make sure they like the program,” says Hudson. She also suggests giving website members inexpensive gifts that display your logo, such as pens and calendars.

Here are more traffic-boosting strategies:

- When you use a program such as Google AdWords, an ad for your website appears next to internet search results based on keywords you choose. You’re charged when someone clicks on your ad. “I recommend using the most specific keywords that you can—this will keep the cost way down,” Annette says. “For example, if your studio is located in Minneapolis, use the keywords ‘Minneapolis personal training’ instead of ‘personal training.’”

- Use a free online search engine submission tool so the search engines will find your site. The hosting and site-building service at www.sitesell.com has user-friendly tools for search engine optimization.
- Issue a press release about your new site and include the address on all of your stationery, business cards, and brochures.
- Offer to exchange links with other websites that are complementary to yours—you'll list their link on your site if they list your link on theirs.

We'll talk more about this in Chapter 6.



Stat Fact

According to Les Mills International's 2009 "Future of Fitness White Paper," approximately 15 million new gym memberships are sold in the U.S. each year, but 12 million members are also lost each year. Nearly one in four leave their club within the first year of joining. Read more of this study at: www.futureoffitnesswhitepaper.com.

Website Disclaimer

As the number of people who use the internet to find information and conduct business increases, so does the volume of related litigation. Disclaimers can help minimize the potential liability from the use of your site.

If you provide links to other online merchants, consider including a disclaimer that you are not endorsing the products or services sold on the linked site, nor are you responsible for the quality or performance of those products or services. If you provide any type of healthcare advice or information, your disclaimer should identify the source of the information and state that use of the information is not a substitute for medical treatment. It's a good idea to consult with an attorney to make sure the type, content, and locations of your disclaimers are appropriate and effective.

Create Social Media Presence in 19 Baby Steps

The very best use of social media for the benefit of your business follows the customer service phrases, “How can I help you?” and “What can I do for you?” If you keep asking those questions as you get comfortable with and make use of social media tools, you’re halfway to harnessing that beautiful mix of online socializing, marketing, and the in-person events that bring it all together.

The other part of the equation is making sure you position yourself to online search engines as an attractive source so they'll promote you and people will be able to find you, but we'll get to that later. Back to the primary focus of this chapter—we can't stress it enough and it bears repeating: "How can I help you? What can I do for you?" That sentiment should shine through each and every tool and method you use.

Making Use of Heavy Traffic Sites

Imagine singing a wonderful opera in a subway tunnel and the meager handful of coins you'd earn, dropped into your hat as you warbled away like Pavarotti. That would be because most people bustling through a subway aren't educated opera fans, weren't walking down the tunnel seeking entertainment, didn't have extra pocket change for you, or simply weren't interested in your gift. This scene relates to what can happen if you have wonderful products and services and put them in front of the wrong audience. What a waste of your time and energy it would be to invest in creating your online presence in the wrong spot, in a "room" full of people who didn't understand your value.

Where's My Tribe?

All of the work you do online, whether writing or creating video for others' blogs or your own various sites, should be placed in high-traffic areas made up of the kind of people who are looking for services like yours.

Who are those people? Which websites do they frequent? These questions are yours to answer with research, depending on the niche you fall into. We recommend looking for the most used social media sites and then determining what the biggest user demographic is on those sites and targeting that group. For example, because Digg users are 60 percent male and between the ages of 18 and 24, it would not be the best place to attract clients if your campaign is for menopausal women who've tried everything else and just can't get the weight off. For reasons you see in the list below, Classmates and possibly Facebook would better serve you for a campaign like that.

Here's a rundown of some of the major players out there in the speedily growing world of social media:

www.Facebook.com

- 125 million unique monthly visitors during peaks
- 61 percent age 35 and older

- 55 percent female users
- Social information exchange
- Most popular social networking site

www.Digg.com

- 8.5 million unique monthly visitors during peaks
- Most popular with age group 18–24
- 60 percent male users
- Provides a sharing venue for news, video, photos
- Submissions are voted to popularity by users

www.Slashdot.com

- 10 thousand unique monthly visitors during peaks
- Most popular with age group 25–34
- 82 percent male users
- News and stories exchange

www.LinkedIn.com

- Over 15 million unique monthly visitors during peaks
- Most popular with age group 35–44
- 52 percent male users
- Business and professional network and referrals

www.Classmates.com

- Over 18 million unique monthly visitors during peaks
- Most popular with ages 55 and up
- 64 percent female users
- Connection site for former classmates

www.Bebo.com

- 3.5 million unique monthly visitors during peaks
- Most popular with age group 18–24
- 66 percent female
- Basic social networking site
- Social information exchange

www.Meetup.com

- 3 million unique monthly visitors during peaks
- Most popular with age group 45–54
- 57 percent female users
- Hobbyists, special-interest groups connector, for meeting in person

www.Twitter.com

- Over 28 million unique monthly visitors during peaks
- Most popular with age group 25–34
- 55 percent female users
- Information and announcement platform
- Limited character capacity requires brief or abbreviated statements

www.Yelp.com

- Over 38 million unique monthly visitors during peaks
- Most popular with age group 25–34
- 55 percent female users
- Exchange site for business service reviews by location and rating

Baby Steps

Don't feel overwhelmed. It's a lot to take in. The fact that we'd like you to create a presence on at least five of those sites might have you hyperventilating, but when you break it down into baby steps it boils down to a relaxing nightly habit of 15 minutes with a nice cup of tea.

Here are the steps we recommend you take to get started finding the crowd who will understand your value and begin attracting them.

1. Do some research on your very specific target audience and create a list of where they spend their time on- and offline. Go to www.city-data.com and www.google.com/trends to start word searching your market.

Smart Tip

Every time you name a blog, photo, video, web page, or article, you should use words that your audience will be searching with. You should also try to include those words within the body of your articles. Those words are like hooks for the search engines to grab you with.

Tip...

Make a list of your market's qualities and keep it handy.

2. Search online for blogs relating to the subject matter you just uncovered in step one. Bookmark the sites or add their links to your "favorites" folder.
3. Write a list of ten topics related to your industry that you're knowledgeable on.
4. Write a list of ten problems that your audience has and convert those problems into article topics peppered with your knowledge.
5. Buy an inexpensive digital camera with video—at least 5 megapixel capability. This shouldn't cost more than \$90. The Kodak Easyshare is a reliable, easy-to-use camera and is about \$80 and less on sale.
6. Go to www.wordpress.com and set up a blog. Use some of the sharp widgets at www.prnewswire.com/bloggers/services to make your blog spiffy and attention-getting.
7. Go to www.youtube.com and set up a channel.
8. Go to Facebook and set up a business page, not a personal page. Pepper it with photos, a business bio, and a few short articles about your goals.
9. Consider the information you've collected in steps one through four and pick a topic from the list of your audience's problems. Turn it into a catchy article title that would capture your demographic interest. For example, you could address the single parents among your audience who have trouble getting a babysitter for their kids with an article titled, "Working Out with Your Kids Can Teach Great Habits."

Be creative in the article and talk about how parents can empower their kids to be coaches, riding their bikes while the parent jogs, cheering them on, and the benefits of doing this activity together.

Your article only need be two or three paragraphs and shouldn't take more than 15 minutes to write. You've got 20 articles to write, so make it snappy and don't choose topics you know nothing about!

Now, either take photos that relate to your topic or use a stock photography site and choose some nice images to complement your article. Just search "royalty free photos" and you'll find sites offering free and low-cost images.

10. Repeat this process until you have about ten articles with accompanying images, and post them in an organized fashion on your Wordpress blog. Make

Smart Tip

Tip...

Give magazine subscriptions to your major clients for Valentine's Day to celebrate their hearts. Magazines focusing on whole health topics will provide subject matter for them to engage you in related to their program goals and give them context for the education you provide.

sure to take advantage of the attractive features Wordpress offers, like stylized backgrounds, widgets that link your other online profiles to your blog, and subscriber buttons.

If you put a subscriber button on your blog, you'll be notified each time someone subscribes and they, in turn, will get an email alert each time you post another fascinating article. This is a good way to stay connected to people who are interested in what you do. Later when you have something else to tell them about, such as an event or contest, you have all of their emails right there.

11. Get that camera out and make a tutorial on one of your signature exercises and post it on your YouTube profile. Make sure to give it a catchy title. Repeat this until you have ten videos. Of course, you can also create tutorials with photo stills and insert them singly on your blog or insert them into a slideshow program on a photo-sharing site such as www.flickr.com or www.shutterfly.com.

Massive Exposure Never Hurts

Here is a list of additional video sites you can post your genius video creations on for even more exposure:

Blip.tv—<http://blip.tv>

Blip TV reaches millions of viewers by syndicating its content with Twitter, Facebook, AOL Video, Yahoo! Video, MySpace, MSN Video, and Google Video.

www.vimeo.com

Vimeo lets you control who sees your videos and gives lots of pointers for optimizing them to their highest potential technical quality.

www.saymedia.com

This site allows users to share videos via email, direct HTML embedding, and permalinks, and has a snazzy interface; if you get major hits on your fantastic workout videos, you may be eligible to make some money with them.

This is a list of 31 additional video sites to post on: <http://chaos-laboratory.com/2007/08/30/top-31-free-alternatives-to-youtube-video-hosting-sites>.

com. If you use photos you have taken of other people in your post, you may want to use the Model Release form we have provided on page 82.

Take a look at these links to see good examples of instruction coupled with displaying proper form in a linear style, and videos with narration:

www.acefitness.org/exerciselibrary

www.facebook.com/pages/Fitness-Tutorials/220803844652699

12. Cross-reference all of your sites to one another. Your Facebook site should contain a brief profile of your business, some great photos, a few videos, and three or four sentences or headline teasers that link to the articles on your blog. Your YouTube channel should contain teasers leading to your blog and Facebook page, and so on.
13. Do a word-specific search on Google that expresses what your audience is looking for. In other words, pretend you are them, looking for you. Look at the top 20 sites that come up. Look at each one, and if it is or has a blog within it, read a bit, and then contact the blogger to see if you may post a link to their site on yours and ask if you may submit an article to them to post. They may say no. Sometimes it's best to just ask if you can feature them on your site and wait to see if they return the favor. If not, move on to the next site.
14. Now that you have some snazzy online presence, it's time to get out into the real world and complete the circle with actual, face-to-face networking. We don't want you to just stand in a room, drink wine, and talk politics. We want you to find a group of people who are already interested in fitness or being very active, join them in their activities, and offer to help them. You can help other people while you're helping yourself.
15. Look up fitness-related events in your city on www.meetup.com. Choose a couple of groups with a lot of members and start to go to their events regularly.

Bring your camera and take photos of the event. If you feel the need to ask permission to do this, go ahead, but because Meetup is a social organization, events are photographed by multiple participants for fun, and if they aren't, people seem to always want more photos to be taken. If it's a hike in the woods or a trail run, get nice photos of the physicality and nature.

Tell the group moderator and guests at the event that you'll be posting the photos on your blog and then hand them a card with your blog address on it. People will tune in to look at the group photos and see all of your top-notch fitness tutorials and be impressed. At the next meeting they'll probably start asking you about your services.

You can repeat this process with other fitness social groups.

16. Go to www.yelp.com and create a business profile replete with photos, a crisp, dynamic bio, and links back to your other sites.

17. List a low-cost or free social exercise event on Yelp that will be held in a beautiful outdoor venue, such as a nature preserve or city park.

Remember to use key words when listing your event. Try to host one of these each month so that guests can get to know one another. At these events they'll learn about your other fitness offerings.

18. The circle closes by starting at the beginning—in-person networking can be greatly complemented before or after events by using blogs and social connection sites such as Yelp, Meetup, and Facebook to:

- Brief members on news about the group
- Show off photos of the event
- Announce future engagements and speakers
- Re-engage group members on related topics for further online discussion
- Expose group members to elements of your business that would help them (if those elements relate to what people need or want)
- Post industry news links from other sites
- Review products, services, and places your audience uses

Themed Fitness Events for Niche Audiences

- Ladies Night Out, City Night Hikes with Weights
- Workout with Your Toddler
- Love Me, Love My Dog: Aerobics with Fido
- Baby Boomer 50s Dance Workout
- Single Parents Pilates at the Beach
- Saturday Morning Dance Party and Coffee
- Snowshoe Racing
- Campsite Breakfast and Hike
- Grocery Store Tours, How to Shop Healthy
- Paddleboard and Picnic

19. Now is the time to blow your trumpet to everyone you know. Show off all of your hard work on the internet by inviting all of your contacts to experience particular aspects of your profile. Be specific and write a personal email to each person that says something like, “I know you like yoga, so I thought you’d appreciate this,” and send them the link to the related article on your blog. Or send one of your core exercise tutorials on YouTube to someone who is struggling with that area of strength building.

Words Are Hooks

When people go online to search for things related to fitness, they use specific search words. Additionally, different audiences may use different words to search for similar things. Word choices are directly related to the challenges or problems each group faces. Put yourself in their shoes and ask, “If this is my problem, then what am I searching for to alleviate it?” Those will lead you to that group’s word choices. See the Search Word Worksheet on page 78.

How Are the Pros Using Social Media?

Each of the professionals in this book are using social media as a tool to get to the next level with their businesses. Some are encouraged by their web designers, and others are experimental by nature, so trying out tools on the web seems essential and fun.

Gunnar Peterson still considers himself a newbie when it comes to using social media to promote his business. He was instructed by a client to work with Twitter to create a following to prep the launch of a product and knows he should continue in that vein. He’s trying to make time for it and slowly getting there.

Pat Henry uses social media tools to demonstrate exactly what her service is since it is unusual. One of the greatest challenges is getting people committed to letting go of preconceptions, because they are so conditioned to working in their heads and thinking too much about what they are doing. It is more difficult to learn to improvise than to pursue a set routine. As a new fitness practice, which has no frame of reference as does Zumba, for example, Organic Stretching™ is best promoted via free introductory demonstrations, which Henry offers monthly at her studio as well as off-site.

By showing how the practice works and what it’s done for her and others, documenting those successes via testimonials in articles on her blog and Facebook,

Search Word Worksheet

One thing you can do is to make sure every venue where you showcase yourself online is loaded with search words that enable people to find you. We've given you a list below of audience types and some of the challenges they face. Your assignment right now is to imagine and write down the words that each would use to search for fitness-related services.

Group	Challenges	Word Search Choices
Stay-at-home moms	Pressed for time Need a babysitter Hard to eat healthy when cooking for the whole family	
Single parents	May want to meet other singles with kids Possibly babysitter-challenged Could be facing financial challenges	
Injured or recovering surgery patients	Fear of pain from exercising Possibly in need of transportation Feeling vulnerable	
Cancer or autoimmune-challenged patients	Nausea Partially immobile	
Professional athletes	Need to get to the next fitness level Plateauing	
Baby boomers	Empty nest syndrome Might have trouble meeting people	
Sufferers of depression	Don't want to leave the house	

Smart Tip

Tyrone Minor from Chizel Inc. has several memberships at gyms where he meets clients for training. He learned not to conduct his own personal workout at any of those gyms because clients would walk up to him and start asking for advice, putting him in a position to either give away his services for free or face refusing the customer. He chose to simply take himself out of that equation.

Tip...

circulating her video, and conducting private workshops upon request, Henry attracts new clients, an especially hard feat in a tourist area such as Puerto Vallarta, where people may just be visiting for a week.

Diana Broschka says, “I use Facebook to drive connections to our website by suggesting they become fans. We also both use Twitter and Facebook as education and information vehicles, sharing information with clients and prospective clients to build credibility and trust. We use them to post training schedules, [acknowledge] client birthdays and other relationship-building messages, as well.” Broschka uses Facebook

and Twitter to connect to other credible fitness businesses and institutions as a means of staying current on industry events and news.

“Since Facebook and Twitter are free, it is important for us to use them consistently and regularly to promote our gym and services. We have utilized Facebook paid advertising with some success. While LinkedIn may not be considered social media, we use it as a means to establish professional credibility for owners—we share this and make it available for transparency,” Broschka concludes. Search “Diana Broschka” on Twitter, Facebook, and LinkedIn to see how she’s positioned her company, 501FIT.

For finding the right people to employ and redirect traffic back to 501FIT’s website, Broschka uses LinkedIn and Facebook. “We have also utilized LinkedIn to promote the gym via job openings or positions for hire,” she says. We also use the newsfeeds on Facebook to tag along to the posts of other organizations to again redirect attention back to our gym and services.”

Tyrone Minor says that if you advertise your services on places like Craigslist, you’ll attract the kind of customers who either can’t or won’t pay you what your time is worth because it’s a site where people are looking for deals. He suggests instead focusing on using Facebook to grow your audience by conveying the quality of what you do. You can showcase your talents, education, qualifications, and tutorials on Facebook to build credibility and attract

Smart Tip

Encourage your clients to review your services on www.citysearch.com and www.yelp.com. Here’s an example of 501FIT’s high ratings and reviews on City Search: http://twincities.citysearch.com/profile/46283047/minneapolis_mn/501fit_g_werx.html.

Tip...

attention. Minor says what you can charge is influenced by the results you help your clients achieve, your ability to motivate them, and the array of services you provide, as well as your qualifications. You can showcase all of that through blogs and various site appearances and contributions, as well as in-person networking.

Good Habits Die Hard

They say if you do anything for 21 days, it becomes a habit. Here's an opportunity to take the discipline you apply to your body and harness it to give your business a social makeover, get more clients, attract a specific demographic, change the way people view fitness, and express your talents in a new venue.

If you choose to do this homework just 20 minutes a day, you'll be working toward something that doesn't cost a penny and can't cost a penny, because it can't be purchased. It's an earned profile that you illuminate your business with by giving generously and wisely, investing some "relationship" time, and show up for routinely and long term.

What are we talking about here? This is really a simple matter of sharing—much like you would in a phone conversation with a friend—advice or support in areas you see them struggling. You've got to be physically comfortable while working on your computer to make this something you'll want to do every night. Think again of a phone conversation with a friend, and for those of you who hate talking on the phone, think of sitting in a wine bar, coffee shop, or around a campfire.

Building Relationships Takes Time

Remember that knowledge is a gift. In order for people to equate the value of what you give them to what it's actually worth, you may have to wait for results. They need to let it sink in and get to know you. They also need to see your face and get involved, which is why the in-person part of the equation can't be skipped.

Just like with fitness, participating successfully in social media to build social capital is more of a lifestyle than an exercise you do for quick results.

These steps can be taken slowly in segments, in short blocks of time to get you to the end goal of creating a large following online that can't wait to read what you write. Now go on. They're waiting for you.

Home School for Savvy

Stock your shelves with a rounded education from the social media and customer service experts. Leave books all over the house for quick, ten-minute information grabs that will influence your behavior:

- *Built to Serve: How to Drive the Bottom Line with People First Practices* by Dan J. Sanders, United Supermarkets Ltd., McGraw-Hill
- *Engage! The Complete Guide for Brands and Businesses to Cultivate and Measure Success in the New Web* by Brian Solis, John Wiley and Sons Inc.
- *Delivering Happiness: A Path to Profits Passion and Purpose* by Tony Hsieh, Business Plus, Hachette Book Group, www.hachettebookgroup.com
- *Entrepreneur Magazine*, Entrepreneur Media, Inc., www.entrepreneur.com
- *Facebook Marketing: Leverage Social Media to Grow Your Business* by Steven Holzner, Que Publishing
- *How to Increase Your Website Traffic* by Khoa Bui, Entrepreneur Press
- *How to Make Money with YouTube* by Brad and Debra Schepp, McGraw-Hill
- *The Celebrity Assistant's Handbook: How to Successfully Work With Celebrities, Billionaires, and the Top One Percent* by C.S. Copeland, www.personalassistantguide.com
- *The Everything Guide to Social Media* by John K. Waters, Adams Media, www.everything.com
- *The Thank You Economy* by Gary Vaynerchuk, HarperCollins Publishers
- *The Tipping Point: How Little Things Can Make a Big Difference* by Malcolm Gladwell, Backbay Books
- *Who* by Geoff Smart and Randy Street, ghSMART and Company Inc., Random House
- *Zingerman's Guide to Giving Great Service* by Ari Weinzweig, Hyperion

Get Them to Sign on the Dotted Line

If you feature photos on your sites with clients in them, have them sign a release. Anyone else that isn't you needs to sign one of these, even if they give verbal permission. It could serve as smart protection later.

Model Release

I hereby give permission to [insert your company name] and [insert your name] to use my photos and likeness in all forms and media for advertising, portfolio, demo, trade, stock photography, editorial, altering without restrictions, and all other lawful purposes targeted toward the production and promotion of [your business name]. I understand I am entitled to no compensation. I release [your name] from all forms of claims and liability related to my photo usage.

Date: _____

Print Name: _____

Signature: _____

Setting Yourself Apart

The challenges facing clients are many: time constraints, stress, aging, and terrible food options at grocery stores and restaurants, to name a few. The National Weight Loss Registry creates control groups to study weight loss success. A breakdown of the habits of “successful losers” shows that 78 percent eat breakfast every day, 62 percent watch less than ten hours of TV per week,

and 90 percent exercise at least an hour per day. As you know, those percentages do not reflect the habits of most people, which is why millions of people continue to struggle with obesity, despite the media attention on the problems associated with weight gain. At the same time, our sedentary lifestyle has led to muscle and postural imbalances and a loss of functional strength.

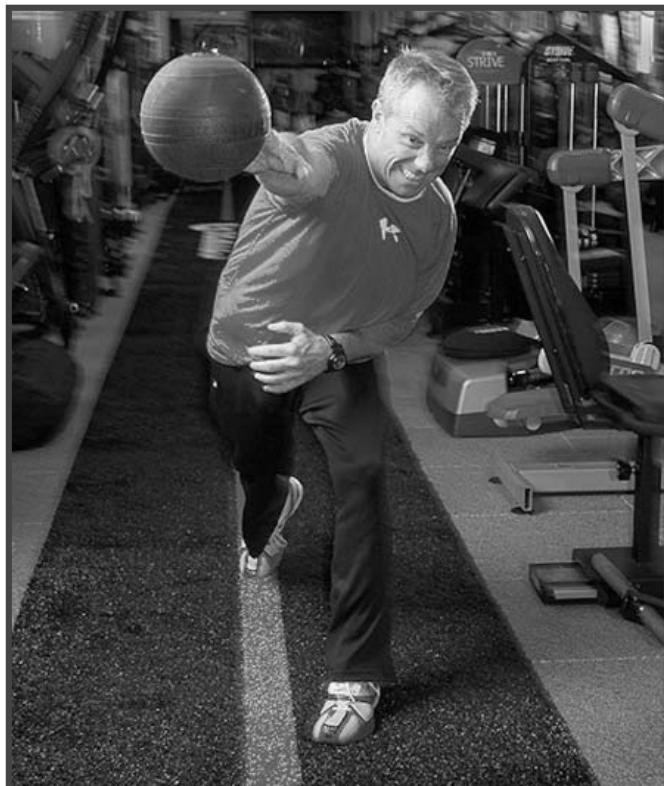
Fortunately, the health and fitness industry is evolving to meet these challenges. While that means you have to adapt with the changes to stay competitive and attract clients, it also means that opportunities to grow your business are never in short supply. And with so much happening in the field, you'll always be assured that your work will be exciting and inspiring.

Trends

Trends are created to answer a need that observant entrepreneurs notice. Are you one of them? Can you take the best of many forms and create something new? It has been said that there is no such thing as new art because everything created now is by experiencing something else and then mocking it with a spin.

Gunnar Peterson says, "People used to tell me not to give away my proprietary programs and exercises, but everything in the exercise business is poached. Everyone poaches to create their own methods. It's not important that people poach. Poaching doesn't make you a bad person and it can make you a better trainer. What is important is what they wind up doing with the material."

Peterson studies everything from pilates to powerlifting, the movements of runners, and many other athletic disciplines to create his own unique configurations. "In addition to uniquely combining movements, the way you time and



Gunnar Peterson with exercise ball.

sequence them really matters,” he says. You can pepper a new sequence or different ingredient into a workout and create a completely different response.”

Here we highlight trends that offer an opportunity for you to enhance your training business. Realize that by thinking creatively, analyzing forecasts, and emerging trends, and being open to new ideas, you’ll begin to see new possibilities for your talents. Look to the future and imagine yourself the pioneer of a new trend to add to this list for extra motivation.

Zumba

Though Zumba is capitalized by the originator and those who become certified by Zumba Fitness™, the term “zumba” is used generically to define Latin-style, high-energy dance exercise.

Launched in the early 1990s, zumba has grown exponentially, with millions of people now attending classes in well over one hundred countries. This wildly popular, easy-to-follow dance fitness program is the brain child of three entrepreneurial Colombians, one of whom, Alberto Beto Perez, accidentally created what has now become the rage.

A South American fitness instructor and celebrity trainer and choreographer, Beto one day inadvertently left behind the traditional aerobics music he used to teach his students and improvised during class with his native tunes featuring salsa, samba, and merengue rhythm styles.

Using the tapes he had with him in his backpack, he combined the pulsating Latin beats with international dance steps, and Zumba Fitness™ came into being. Zumba Fitness™ is the founding organization that named, trademarked, and propelled the program to global popularity through dissemination of DVDs, infomercials, and, subsequently, formal training and certification for professional instructors.

Sessions are held at health clubs, gyms, auditoriums, yoga studios, and warm climates and travel destinations, often in the open air, on the beach, in local parks, public squares, and at sports arenas.

According to 20-year-old Puerto Vallarta zumba instructor Fabiola Noemi Marcial, in an effort to help the population combat obesity, the local government provides financial assistance to aspiring zumba teachers, offering monetary support with their training, certification, and subsequent teaching income. After honing her skills as a zumba student for five years, she became certified and now teaches two high-energy hourlong classes per day, five days a week. Since becoming an instructor six months ago she has shed several pounds, an added benefit to making money doing something she loves.



A uniformly hued mass of humanity, zumba dancers number in the hundreds and sway in unison to the beat, mesmerizing bystanders.

As part of their community health initiative, Puerto Vallarta officials organize and host mass zumba parties, typically held in huge spaces such as popular retail store parking lots, including Costco's, and the picturesque seaside malecon (boardwalk) that can accommodate any and all interested zumba students and teachers within the municipality. For up to three hours every other month, a group of a dozen or so instructors lead participants in familiar steps learned in weekly classes. The event is free, but registration is required. In addition to providing current students/teachers with an opportunity to practice their zumba skills, the highly visible event is a very effective marketing device to attract new participants, who are eager to become part of the crowd having so much fun together.

Zumba classes are usually an hour long, and U.S. prices range from approximately \$15 to \$25, which are typically included in most health club memberships. Instructors can earn as much as \$40 per hourlong class, depending on several factors, such as their student following, experience teaching, and number of certifications.

They can operate as an independent, securing and renting their own teaching space, or provide their services under the umbrella of an established fitness facility. The latter may pay less but typically provides the instructor with greater liability protection.

According to a survey released by the American College of Sports Medicine, zumba placed in the top ten fitness trends for 2012. The ACSM survey collects data from more than 2,600 fitness professionals and is designed to identify trends ranging from career opportunities to target client groups, in order to assist the fitness industry in making future business decisions.

Whether an actual trend or a passing fad, zumba has become one of the fastest growing dance-based fitness crazes in the country. As evidenced by zumba's typically eclectic class profiles, people of all ages and fitness levels are drawn to its infectious music, easily replicated dance moves, and weight-loss, body-toning benefits.

To accommodate various populations and special needs (such as clients with muscular dystrophy and in wheelchairs), the basic zumba program has spawned several variations, including: zumba for baby boomers in which moves are modified and the pace slowed down a bit without compromising the Latin flavor; zumba toning and sculpting; aqua zumba, which provides a water-based workout; zumba for kids; and zumba combined with circuit and resistance training, to name a few.

Successfully completing the workshop provides the attendee with a license good for one year, which must be renewed thereafter by updating skills. Certification for the specialized zumba courses entails further training. An ideal background for an aspiring instructor is one of dance and fitness, with prior practical exposure to zumba as a student very helpful. A variety of training/certifying options and other pertinent information can be found at www.zumbadance.com.

Salvador Mascarenas Ruiz, 45, has been in the profession since 1990 and is a sought-after, charismatic trainer whose work schedule is staggering. Most days average five classes, ranging from body pump, circuit, and specialty glutes and abs work, to salsa fitness (a variation of zumba), six days a week.

Despite his passion and natural affinity for dancing, at 6'1" and 250 pounds, Ruiz told us he didn't "fit [visually] into traditional dance troupes." Nonetheless, he used his skills to earn an income choreographing quinceañeras, a very popular Hispanic tradition rite of passage celebration for 15-year-old girls. Eventually, cast in a play that required him to learn the basics of jazz, he took workshops through which he ultimately discovered aerobics, and fell immediately in love with this rhythmic exercise modality.

Destination Venues

Mascarenas Ruiz brings his expertise to whatever venue his clients prefer—their home, the beach, the gym, or a park. "If the client isn't happy and comfortable in his/

her workout environment, he/she will not succeed," he says. Exercise is very personal, and every client and teacher is unique. The goal of every student—whatever the age or gender—is "more happiness, achieved by getting more fit. My job is to help them to feel and look better, modifying every movement I teach to the varying abilities of the individual."

Ruiz has witnessed fitness trends come and go, with spinning and zumba very popular classes most recently. On the horizon, he anticipates clients having a greater interest in TRX (portable resistance and suspension training) and working out in natural surroundings.

Group Training

Group training includes many variations and fulfills social needs, provides a feeling of freedom and anonymity, and often is a way for people to pay a noncommittal, small fee for a fun workout. It also provides variety and an aerobic balance for those who are training seriously with weights or other strength building methods.

Phil Martens developed a machine called G-Werx Gym (www.gwerx.com), which is a full workout station and allows trainers to personally train up to ten clients (on ten machines) simultaneously in one compact area. 501F1T uses the G-Werx Gym free weight cardio system to get the most indelible results for clients while they work in a group setting, creating a group-trainer camaraderie. "There is a trainer in the class all the time, but he or she only helps clients one-to-one if they need it. The group facet of this training helps clients afford a long-term fitness solution to needed lifestyle changes," Martens says.

In each of Pat Henry's Organic Stretching™ classes, she guides one section of the practice, has students work solo, then teams them up with one partner and finally the entire group to utilize others' bodies to work against.

Virtually anyone can benefit from Henry's method; her own clientele ranges in age from late



G-Werx Gym designed and patented by Phil Martens



Organic Stretching™ students Andrea Kast and Florelisa Hernandez Sanchez team up during class, and utilize each other's body to release upper back and shoulder tension.

40s to 80s, many of whom have experienced significant improvement with long-term and episodic lower back, shoulder, knee, and sciatica issues. Classes are an hour long and meet twice weekly.

Zumba enthusiasts liken their exercise experience to partying with a group of friends. Groups, parties, events, and classes are melding together in the trend of group training, which provides a way for people to meet in a no-pressure setting and “let it all out.” Friends made in a setting like this get to know one another quickly, because it’s hard to be shy or seem mysterious when there are nonstop high-energy movements and perspiration-drenched workout clothes involved. Along with the fun social element, there is a huge sense of personal and esteem-building satisfaction in having moved aerobically—virtually nonstop—for nearly an hour. The camaraderie of “dancing” together as a multilegged ensemble of all ages and sizes soon builds a micro fitness community of zumba devotees.

With tag lines such as “Ditch the workout, join the party,” and “Party yourself into shape,” the appeal of zumba is widespread, attracting predominantly women. One of several plusses of zumba is that it does not require a partner, as many dance genres do, or any special equipment of participants or instructors. In addition, it is noncompetitive, so a participant can move at his or her own pace, even just shifting in place, until familiar with the basic moves, without feeling awkward or embarrassed.



Hundreds of zumba devotees gather in the open air for extended dance/exercise marathons on Puerto Vallarta's scenic malecon (boardwalk) alongside the Bay of Banderas.

Instructors are certified to lead basic zumba after a one-day training course that teaches the fundamental steps and rhythms, and typically costs between \$225 and \$285.

TRX

TRX is a full-body workout program and product that utilizes a system of high-tension straps. The straps can be attached to a tree limb, pull-up bar, or door for the workout. Part of the appeal and popularity is the convenience of being able to both take the portable kit almost anywhere and also get in a strenuous workout that targets all the major muscle groups, and in 25 minutes. The kits are as affordable as a gym membership and very convenient for busy people. See [www.trxtraining.com](http://www trxtraining.com).

Yoga, Stretching Arts, and Preventative Therapy

There are many types of yoga, from the fast, warm methods such as Bikram, Power, and Vinyasa, to the version that focus on extreme bending and stretching such as Ashtanga and Forrest, but strength and flexibility are at the core of all of them. Creating a unique version of their own based on the best of what they've experienced has been the road to success for many of our entrepreneurs.

Improvisation is integral to the system Pat Henry developed, although to an observer, it appears otherwise. There are no set movements, per se, or positions as with most practices, such as tai chi or yoga. The entire focus is on connective tissue, especially joints, and the goal is to increase range of motion, which is an asset no matter what one's exercise regimen or how optimal one's fitness level.

She designed Organic Stretching™ not only to help mitigate or eliminate existing injuries, but also assist in preventing them down the road. Henry believes the body has a “deep knowing,” with respect to what it needs, but the head gets in the way and says something else. The movements Henry teaches seem unusual, and reminiscent of the seemingly limitless feats most people did naturally as infants. (Does lying on your back, cooing contentedly in your crib, and effortlessly nibbling on your toes ring a bell?)

A Lush Take on Discipline

Rock star Madonna recently opened a worldwide chain of innovative global gyms called Hard Candy Fitness. In conjunction with Mark Mastrov, the creator of 24-Hour Fitness, her manager Guy Oseary, and New Evolution Ventures (NEV), Madonna brought her ideal, formulated from using gyms around the world, to the drawing table and created a masterpiece that promises to “make working out sexy, cool and fun while producing head-turning results.” Answering the call of emerging trends in combining socializing, dance, virtual, and tech, Hard Candy is a one-of-a-kind experience, which merges entertainment with fitness through:

- Lavish surroundings
- Creative artwork and music from Madonna’s favorite artists
- Luxurious lounge areas
- Motivational sound and light experiences
- Zumba
- Latin moves
- Capoeira

A Lush Take on Discipline, continued

- Kickboxing
- Bike studio
- BarWorks
- Mind body studio
- Sculpting
- Sauna and steam rooms
- State-of-the-art cardio equipment
- Group fitness
- Phone coaching
- Access to calorie and activity management system, recipes, and exercise videos
- Emerging trends

Hard Candy Fitness boasts some of the best personal trainers and dancers in the industry.

"Our goal is to create an environment inspired by Madonna's vision and high standards of what the ideal gym would be. Hard Candy Fitness will be a reflection of Madonna's point of view and will reflect her input on every detail, including music, space, light, and other design cues. Madonna's touch will be everywhere," states NEV chairman Mark Mastrov.

See www.hardcandyfitness.com and www.madonna.com for the rest of the story.

"We were born with a high level of internal fluidity," Henry says, "but as the years pile up, the tissues dry out in areas we don't move routinely. We overlook and accommodate limitations, often unaware that we are not operating at 100 percent. We move mechanically—seldom with much rotation, especially in our spines—and eventually lose mobility in our hips and other joints." Organic Stretching™ helps one to experience the full capacity intended in the joints and optimize range of motion, which Henry maintains is not the same as flexibility. The latter is about elongating muscles; the former, restoring/enhancing rotation of our joints.

One key principle of Organic Stretching™, among several, is that every movement undertaken has support. In the case of an injured shoulder, for example, an individual would utilize his/her arm to lift the other and ease the weight of that limb, enhancing mobility in the affected shoulder, pumping lymph fluid and eliminating toxins from that joint. Initially students in her classes follow the movements demonstrated by Henry, who coaches them into “places they wouldn’t go on their own,” until their bodies learn the physical possibilities, every one of which has potential benefits. Just by making tiny adjustments—exploring one’s leg with the back of one’s hand vs. the palm, as one would typically do, for example, the body’s structural components and circuitry are rearranged. If you take any part of your body that you can move, such as your elbow, and move it anywhere it can reach along the surface of your body, you have done miraculous things for your joints in the process.

Some clients substitute Henry’s program for their traditional fitness regimens, while others use it to supplement swimming, dance, etc. Her goal is to teach others the system so they can train their own clients.

Baby Boomer Fitness

Youthful-looking, 60-year-old Barbara Crompton predominantly attracts clients—both men and women—between the ages of 40 and 60-plus. Younger would-be students generally have the misconception that classes taught by an “older” teacher will not be challenging enough. However, on the occasion that a 20-something individual does take her Vinyasa class, for example, he/she soon learns that chronological age is not necessarily a valid indicator of a teacher’s level of physicality.

Crompton supplements weekly classes with twice-yearly, multiple-day, small-group yoga retreats in pristine locations (including the Italian countryside) that combine the opportunity for sharing leisurely walks, strenuous hikes, swimming, bicycling, nutritious meals, meditation, camaraderie, introspection, and discussion. These more intense yoga experiences promote her daily classes, and vice versa, with some return students registering a year in advance to ensure they do not miss out.

In response to the reemerging popularity of aerobics such as zumba, belly fit, belly swing, and boot camps, Crompton combines a half hour of low-impact cardio into her yoga classes along with weights to compliment strength and flexibility training. Spin combined with yoga is another popular option offered by some.

With the predominance of an aging population, there is an untapped market in physically fit 50- to 60-plus-year-old clients committed to staying healthy and feeling youthful who need professional trainers cognizant of aging-related physical challenges to devise and facilitate a graceful transition to fitness practices and strategies that minimize the risk of injury. Crompton’s restorative yoga, for example, offers clients a

more passive practice tailored to nurture healing through soothing poses, facilitated by blankets, blocks, and other props that take into account one's unique body and sensitivities.

Wellness Coaching

Professional coaching has existed for 20 years, and until recently coaches concentrated on life, corporate, and executive coaching. But now health and wellness coach training programs are appearing, and some personal trainers are beginning to transition their business into coaching. Wellcoaches—an organization that has been a leader in the field and is affiliated with the American College of Sports Medicine—points out that “professional coaches have long been recognized for their skills in helping athletes, sports teams, and executives perform at their best. Now, professional wellness coaches are helping change the lives of people seeking lasting improvement in their health and well-being.”

Playing a Different Role

As a personal trainer, you typically act as the expert, telling your client what to do and how to do it. But a coach plays a different role. Through thoughtful questioning and dialogue, a coach helps to guide the client in finding answers for herself and gain the self-confidence necessary to succeed in adopting a healthy lifestyle.

An important part of coaching is something known as the “stages of change,” a concept developed by behavioral experts in helping people to quit smoking. This model reveals that we progress through a series of steps as we incorporate a new behavior into our lives.

These stages of change are: pre-contemplation, contemplation, preparation, action, and maintenance (see sidebar on page 95). For any given behavior change, we are in one of these stages. Interestingly, the basics of how people change seem to be similar across cultures in different parts of the world. In fact, Wellcoaches, which certifies health professionals to coach clients in the areas of diet, fitness, stress, and overall health, incorporates these stages of change in working with clients.

Making the Connection

Coaching can help people overcome one of the main reasons diets often don’t work—the person hasn’t “yet connected their heart and their head,” says Ellen Goldman, a longtime personal trainer who has started a coaching practice. “They logically know that they need to lose weight,” she explains, “but they haven’t connected with the deep down emotion of really why it makes a difference to them.” The coaching process helps people do this, so that they build confidence and a foundation to work on.

A few of the trainers we interviewed made a strong connection between spirituality and taking care of their bodies. The chain of thought on this seems to be that by nurturing the physical self, mental benefits are created, which beget emotional health, and finally the spiritual is realized. Some trainers bring religious beliefs into the equation by their belief that polishing their “gift” of a body to high levels, they honor with gratitude that which has been given to them by a higher power. By being on

Ch-Ch-Ch-Changes

Here's a rundown of the five stages of change—you'll probably recognize your clients in these descriptions.

1. *Pre-contemplation.* In this stage, the person is not even yet thinking of changing a particular behavior. They're either saying "I won't" or "I can't" do this.
2. *Contemplation.* In the contemplation stage, a person is giving serious consideration to changing a behavior—they may contact you to inquire about your services, for example. But contemplation is not commitment—a person could spend years in this stage without progressing. In fact, two-thirds of the population may be in the contemplation stage when it comes to behavior change.
3. *Preparation.* Now a person is ready to take action within the next month, although he still has yet to make a firm commitment. As a coach, you'll help him discover his underlying motivations and obstacles, and strategies to overcome them. The client will develop a health and fitness vision statement, which is a general assertion about where they would like to be in six or more months, and why. For example, a vision statement could be: "To exercise regularly and get my stress level under control in the next six months so that I'll be able to enjoy good health when I retire in five years."
4. *Action.* As your client begins to implement her plan to achieve her vision, she is in the action stage. Action is not the same as permanent change, and it's typical that a client can experience a relapse.
5. *Maintenance.* In this last stage of change, the new behavior has become habit, but the client must work to sustain the change. He risks boredom, so it's important to keep his health and fitness routine engaging and fresh.



Stat Fact

According to Gold's Gym and Health.com's 2010 fitness census, since the year 2000, the amount of fat the average American consumes has increased by 180 grams (two sticks of butter) per week. That's 20 pounds of fat per year. The number of gastric bypass and other bariatric surgeries shot up nearly 600 percent, with 220,000 procedures done in 2008 to the tune of \$5.7 billion.

the inside track as a professional and already fit, you may want to do some reading on the other areas of human enlightenment, in all its forms, so that you can help your clients bridge the mental, social, and emotional challenges they face with changing their bodies.

A Business for Anywhere

Ellen Goldman has been a personal trainer for years, but was intrigued by the psychological impact coaching could have on struggling clients. "When I became introduced to coaching and started looking at the psychology of behavior change, I

began to see tools that would help people make significant change," she says. "I'm slowly building the coaching practice with the hopes over the next few years of transitioning more hours into coaching and fewer hours into training."

Goldman likes the flexibility of coaching, which can be done over the phone (Wellcoaches has a web-based platform allowing coaches to interact with clients). She's based in New Jersey, but has clients who live in California and New York, and she has worked with clients from Colorado and Illinois. "I love the idea of having a business I can have anywhere," she says.

The Coaching Session

The length and frequency of coaching sessions varies. Typically, the initial session is about 90 minutes, where the client establishes her underlying motivations and a vision statement. She also will figure out what her greatest obstacles will be, and some strategies for getting around them, as well as three-month and weekly goals. Follow-up sessions can be anywhere from 30 to 60 minutes. Most coaches charge at a rate similar to that of their personal training sessions.

The Challenges of Coaching

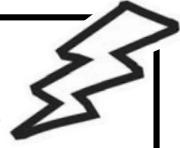
Coaching isn't something you become good at quickly. Becoming a high-quality coach takes months or even years of training and practice. In fact, "learning and growth for coaches never stops, just as for clients—it is a lifelong journey," according to Wellcoaches.

With the profession being so new, many people don't know what coaching is, so marketing is an important aspect of a successful coaching practice. "Some trainers are

jumping on the bandwagon thinking this is an easy way to bring in another income source,” Goldman says. “They’re going to find that it’s not so easy, because you’re trying to sell a product that people don’t understand and they can’t see.” At the same time, because the field is young, you can become a pioneer and get in on the ground floor. In fact, there is a parallel between coaching and the early days of personal training when the general public still needed to become familiar with the service. “Now everybody would like to be working with a personal trainer,” Goldman says. “I see wellness coaching following a very similar route.”

In order to get the word out, Goldman has approached friends who are health-care providers about placing brochures in their businesses. “I’m finding that [in] my community, I’m kind of rewriting who I am, because people know me as a personal trainer,” she says. “I have to get out there and say I have a new service that I’m offering.”

Bright Idea



As with personal training, there is a limiting factor with coaching in that your income depends on the number of hours you’re willing to work. In order to address this limitation, a coach could work with small groups—working with five or six people who have a like-minded goal, such as weight loss, stress management, or managing diabetes.

What You’ll Need to Do

Certification organizations for wellness coaching likely will become more and more prevalent—so carefully check out any particular organization before signing up. Wellcoaches is affiliated with the well-established American College of Sports Medicine, and offers a comprehensive 13-week training program leading to certification.

Functional Training

Traditional bodybuilding exercises have focused on increasing muscle size by isolating particular parts of the body. They don’t typically challenge a person’s ability to coordinate or balance. The bench press, for example, is done lying down, and generally isolates the chest, arms, and front deltoids, while eliminating the need to balance on the feet while doing the exercise.

But your clients, of course, don’t live in the gym—everyday life involves more than isolated movements. Instead, muscles, ligaments, bones, joints, and the nervous system interact to allow a person to perform complex actions. Together these elements make up a “kinetic chain” that makes intricate movement possible.

Inspire Yourself

The trainers we interviewed who were known for their signature styles all have something in common: research. They expose themselves to new ways of thinking, alternative approaches, and the many disciplines that are connected to training the physical body. Through this study they extract new context for their methods and afford more daring. They agreed that their reading lists, web surfing, and sources of inspiration change rapidly, offering quick ten-minute chunks of research opportunities here and there between other tasks.

Here are some of the books Gunnar Peterson currently has at home for sampling and inspiration:

- *Timeless Secrets of Health and Rejuvenation* by Andreas Moritz
- *Heal Your Knees* by Klapper and Huey
- *The Click Diet* by Scott Penn
- *Thrive* by Brendan Brazier
- *Anatomy of Strength Training* by Pat Manocchia
- *Anabolic Primer* by Gerard Thorne

So whether they're hoisting groceries out of the car or playing a pickup game of basketball, your clients will need good coordination, balance, and flexibility. Therefore, developing bigger muscles is only one aspect of becoming fit. What we're talking about here is functional strength, which allows the various parts of the body to work synergistically to make movements fluid, efficient, and less injury prone.

At the Core

A concept related to functional strength is core strength. In addition to your abdominal muscles, the core consists of the spine, hip, and pelvic muscles. It encompasses deeper-level muscles that help to stabilize the body and provide a foundation for movement.

A weak core can lead to injury, including lower back problems, and reduces the strength of the arms and legs. In fact, in the elderly there is a link between a strong core and balance.

Boning Up

While clients know that lifting weights will impact their muscles, many are unaware of the effect resistance training has on bones. In a study at the University of Arizona, women aged 28 to 39 performed resistance training for a year and a half. They saw increases of two percent in bone mineral density at the hip and lumbar spine. This is good to know—women represent 80 percent of the 10 million Americans with osteoporosis.

It's no surprise then, that functional, core, and balance training continue to grow in popularity. In fact, the American Council on Exercise (ACE) listed core training as the number seven trend forecasted for growth in 2012. Related exercise programming and equipment—for example, foam rollers, wobble boards, and Bosu balls—are “among the fastest growing and most popular exercise options,” says ACE. So it's likely that your competitors are offering programs and classes with this type of training for a wide variety of clients. You should strongly consider doing the same if a client is an appropriate fit for this type of exercise.

The National Academy of Sports Medicine (NASM), a certification organization, has been a leader in functional training. In fact, their Overhead Squat Assessment gives you an easy and quick way to determine your client's functional strength and flexibility by viewing certain “checkpoints” during the movement. As the client squats with arms overhead, the feet, knees, lower back, shoulders, and head should maintain proper alignment. If they become out of line, this indicates muscle tightness or weakness around a particular joint. Through NASM's protocol, you can then program particular corrective exercises to address the imbalances.

Choosing a Niche

The big chain gyms target a wide range of clients—they spread their marketing net far and wide in an effort to generate business. As a smaller operator, you can set yourself apart from the big guys, as well as other small training businesses, by taking a different approach. You can target a niche market by focusing on a certain clientele—for example, athletes, adolescents, the elderly, or the pre- or post-natal population. Lynne Wells, for example, teaches a post-partum dance class for moms and babies

called “Sling Your Baby Dance.” By specializing, you’ll gain an even greater reputation in your community as someone with trusted fitness expertise.

In fact, marketing expert Debbie LaChusa recommends finding or creating a unique selling proposition (USP) that will differentiate you and your services from other trainers and gyms in your area. “Research feasible specialties,” she says. “Feasibility is a twofold proposition. First, are there enough potential customers to make a business fly? Second, can you create and/or fill a need that no one else is filling? For example, do you live in an area with a lot of stay-at-home moms? Could you cater to that audience at a central location or in their own homes? Perhaps there are a lot of retirees in your area. Could you make a business out of catering to them? Are there any mobile trainers in your area? If not, consider that as an option.”

By targeting a very specific market segment, you can tailor your service package and marketing efforts to meet that segment’s needs. And as word spreads of your expertise, this will attract new clients.

Consider Your Strengths and Likes

To consider the niche you would like to focus on, begin by evaluating your own strengths and abilities. Think about what attracted you to personal training as a career. Then draw a picture in your mind of the client you want to train—the person who will be satisfied with what you have to offer and whom you will enjoy spending time with.

Benefits for Growing Bodies

According to a study done by the National Association of Sports and Physical Education (NASPE), infants, toddlers, and pre-schoolers should engage in at least 60 minutes of physical activity daily and should not be sedentary for more than 60 minutes at a time except when sleeping. Physical activity among children and adolescents is important because of the related health benefits (cardio-respiratory function, blood pressure control, weight management, cognitive and emotional benefits).

Type 2 diabetes, once called “adult onset” diabetes, high blood pressure, and high cholesterol, once thought to be age-related, are now diagnosed in children and teens. See www.fitness.gov for more of this study.

Now do the necessary market research to determine if enough people in the area in which you want to work fit your profile and can afford your services. If the answer to that question is yes, you're ready to go. If it's no, then you need to adjust your services, your target market, or both.

Once you've decided what you want to do and who your clients are, you can put yourself in front of them and start building your business.

If your niche is dealing with special populations such as older adults, you need to become well-versed in the area you're addressing. Many continuing education sources offer the opportunity to do just that. The American Council on Exercise, for example, offers a homebased course called "Specialized Strength Training: Winning Workouts for Special Populations." The National Academy of Sports Medicine has a series of home-study courses for training seniors, youth, and pre-natal populations. NASM also offers advanced specializations, including the Performance Enhancement Specialist, where the curriculum includes advanced athletic training techniques.

Startup Expenses and Financing

One of the more appealing aspects of starting a personal training business is that it requires relatively low startup costs—unless you want to open your own studio. So what do you need in the way of cash and available credit to open your doors? It will depend on what equipment you already own, the services you want to offer, and whether you'll be homebased or

working out of a commercial location. In general, homebased personal training businesses can cost as little as a few hundred dollars, or thousands. However, opening your own studio can run tens of thousands of dollars or more.

As you consider your own situation, don't pull a startup number out of the air; use your business plan to calculate how much you'll need to start your ideal operation. Then figure out how much you have. If you have all the cash you need, you're very fortunate. If you don't, you need to start playing with the numbers and deciding what you can do without, or you'll need to decide where to look for outside funds. In this chapter, we'll discuss sources of financing for your new business.

We'll also discuss the equipment you'll need to get started. Management and administration will be critical parts of your operation, and you'll need the right tools to handle these important tasks. Your office equipment needs will vary significantly depending on the size of your operation. You'll also need exercise equipment. The cost of such equipment will vary, from very little for a homebased operation to thousands of dollars' worth of sophisticated machines if you are going to open a studio. Use the information in this chapter as a guideline, but make your final decision on what to buy based on your own situation.

Sources of Startup Funds

Diana Broschka and Phil Martens initially approached Twin Cities residents who were supportive of the 1999 creation of his G-Werx machine. Those private investors liked the idea of 501F1T but told the team to prove themselves before they would invest.

Broschka and Martens continued to socialize and distribute their business plan very selectively. Though it showed deep accountability, Broschka points out that in late 2007 and early 2008, private investment dollars were hard to come by in their networks.

They turned to the banks next and US Bank was first on the list, being Martens' banking institution at the time. While US Bank saw merits in the plan and program, they did not think the team's three years of previous business operations at a starter location were indicators of future success.

Through a recommendation in their network they approached a neighborhood bank for a SBA loan and were approved with the caveat that Broschka would co-sign the loan and participate in the business. That is how Broschka, who according to the business plan was meant to be a short-term consultant, segued into a 50-percent ownership. After Broschka eventually wound up infusing \$45,000 of her own money,

they forged ahead, both taking less than sufficient salaries and compensation, which over time could be viewed as additional investment in the business.

Jennifer Brillian, the personal trainer in Brooklyn, works at her clients' locations and uses whatever items are at hand as training equipment, so her startup costs were nominal. She says it cost her less than \$500 to register her business and have business cards and fliers printed. Even today, she owns very little in the way of equipment. If clients want or need items such as weights, mats, or aerobic equipment, they purchase those items themselves.

By contrast, another trainer we talked with needed about \$100,000 to open his studio; half that went for equipment, the other half for build-out. Thanks to his previous success with contracting to a health club chain, he was able to self-finance his new venture.

Most of the personal training entrepreneurs we talked with used their own savings and equipment they already owned to start their businesses. Because the startup costs are relatively low for homebased personal training businesses, you'll find traditional financing difficult to obtain. Banks and other lenders typically prefer to lend amounts much larger than you'll need and are likely to be able to qualify for.

You might want to start your business on the side, while working a part- or full-time job, so your personal living expenses are covered. But if you plan to plunge into your new business full time from the start, be sure you have enough cash on hand to cover your expenses until the revenue starts coming in. At a minimum, you should have the equivalent of three months' expenses in a savings account to tap if you need it; you'll probably sleep better if you have 6 to 12 months of expenses socked away.

As you're putting together your financial plan, consider these sources of startup funds:

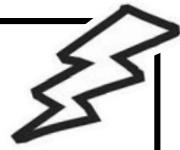
- *Your own resources.* Do a thorough inventory of your assets. People generally have more assets than they immediately realize. This could include savings accounts, equity in real estate, retirement accounts, vehicles, recreation equipment, collections, and other investments. You may opt to sell assets for cash or use them as collateral for a loan. Take a look, too, at your personal line of credit; most of the equipment you'll need is available through retail stores and suppliers that accept credit cards.
- *Friends and family.* The logical next step after gathering your own resources is to approach friends and relatives who believe in you and want to help you

Bright Idea

Looking for startup cash?

Consider a garage sale.

You may have plenty of "stuff" you're not using and won't miss what can be sold for the cash you need to get your business off the ground.



- succeed. Be cautious with these arrangements. No matter how close you are, present yourself professionally and put everything in writing. Be sure the individuals you approach can afford to take the risk of investing in your business.
- *Clients.* If you're a successful personal trainer looking to expand your business, your clients may be potential investors, says Steve Tharrett, president of Dallas-based Club Industry Consulting (www.clubindustryconsulting.com) and a consultant to health clubs. "I know a lot of personal trainers who have clients with a high net worth," he says, "and the clients believe in them so much that they will give the trainers the financing to start up." Again, it's essential that you put everything in writing.
 - *Partners.* Though most personal training businesses are owned by just one person, you may want to consider using the "strength in numbers" principle and look around for someone who wants to team up with you in your new venture. You may choose someone who has financial resources and wants to work side by side with you in the business. Or you may find someone who has money to invest but no interest in doing the actual work. Be sure to create a written partnership agreement that clearly defines your respective responsibilities and obligations. See the sample General Partnership Agreement on page 107.
 - *Government programs.* Take advantage of the abundance of local, state, and federal programs designed to support small businesses in general, and health-and fitness-related programs in particular. Make your first stop the U.S. Small Business Administration; then investigate various other programs. Women, minorities, and veterans should check out niche-financing possibilities designed to help these groups get into business. The business section of your local library is a good place to begin your research.

Equipping Your Business

As tempting as it may be to fill up your office with an abundance of clever gadgets designed to make your working life easier and more fun, you're better off disciplining yourself to buy only the bare necessities. You can use the "Equipment Maintenance Record" we have provided on page 110 to keep you on track. Consider these basic items:

- *Typewriter.* You may think that most typewriters are in museums these days, but they actually remain quite useful to businesses that deal frequently with pre-printed and multipart forms (such as contracts and medical forms). A good

General Partnership Agreement

General Partnership Agreement**

(name of partner) _____, residing at _____
(address)
and _____
(name of partner) _____, residing at _____
(address)
_____, hereinafter referred to as the

"Partners" agree as follows:

1. Type of Business.

The Partners voluntarily associate themselves together as general partners for the purpose of conducting the general business of _____, and any other (type of business) _____, and any other type of business that may from time to time be agreed on by the Partners.

2. Name of Partnership.

The name of the Partnership shall be _____
(name)
_____. This name will be registered in the office of the Secretary of State as the fictitious name of the Partnership.

3. Term of Partnership.

The Partnership shall commence on _____
("the execution of this Agreement" or specify date)
and shall continue until _____ or
(specify date or "dissolved by mutual agreement of the parties")
terminated as provided in this Agreement.

4. Place of Business.

The principal place of business of the Partnership shall be at _____,
(address)
_____, _____, _____, _____
(city) _____, (county) _____, (state) _____
and any other place or places that may be mutually agreed on by the parties to this Agreement.

electric typewriter can be purchased for \$80 to \$150. Check online at eBay and Craigslist for used versions.

- *Computer and printer.* A computer is an essential piece of equipment for any business; this is obviously so if you have a website. It also will help you handle the financial side of your business and produce marketing materials. You don't necessarily need the "latest and greatest" in computing power, but for a reasonable price you can get a desktop computer with the most current version of Windows, a Pentium processor, 1GB RAM, 160GB hard drive, a CD-ROM/DVD-ROM, and 128MB video memory. A high-speed DSL or cable connection to the internet is desirable. Expect to spend about \$700 to \$3,500 for your

Broken-In or Broken?

Should you buy all new equipment, or will used be sufficient? That depends, of course, on which equipment you're thinking about. For office furniture (desks, chairs, filing cabinets, bookshelves, etc.), you can get some great deals buying used items on Craigslist, eBay, and www.Freecycle.org. You might also be able to save a significant amount of money buying certain office equipment (such as your copier, phone system, and fax machine) used rather than new. However, for high-tech items such as your computer, you'll probably be better off buying new. Don't try to run your company with outdated technology.

Use caution when buying used exercise equipment. You may get some good deals, but you need to be sure the equipment is in good condition and safe. If you don't have the knowledge to evaluate the equipment, find someone who does before you buy used.

The Amazon marketplace positions so many vendors to compete with one another that it's a snap to find low prices on exercise equipment and office needs (even software). It's also easy to compare the features of many products. To choose the right vendor to purchase from, look for ones that have received five-star ratings from as many buyers as possible.

To find good used equipment, you'll need to shop around. Certainly check out used office furniture and equipment dealers. Also check the classified section of your local paper under items for sale, as well as notices of bankrupt companies and companies that are going out of business for various reasons and need to liquidate.

computer and an additional \$125 to \$1,000 for a printer. Consider a Mac iBook for your social media “production” needs. They start at \$800 new, but you can find them used on Amazon for around \$200 from quality vendors with five-star ratings. They come with movie, slideshow, and photo editing, and even soundtrack software to make you look polished on the web.

- *Software.* Think of software as your computer’s brains, the instructions that tell your computer how to accomplish the functions you need. There are many programs on the market that will handle your accounting, customer information management, and other administrative requirements.

Most personal trainers can run their companies with a word processing program (such as Microsoft Word or Corel WordPerfect, which cost in the range of \$85 to \$400 depending on the version you get); an accounting program (such as Intuit QuickBooks or Peachtree Accounting, which run about \$80 to \$200); and either a general customer contact management package or a client management package designed for personal trainers, which typically cost \$200 to \$900. Software can be a significant investment, so do a careful analysis of your needs and then study the market and examine a variety of products before making a final decision.

One of the ways Martens and Broschka spent invested money was on fitness studio member management software, which they purchased before even opening their doors. Broschka says, “We could’ve selected a host of software applications across a spectrum of costs but decided to go with the more expensive software from an industry leader (www.motionsoft.net) knowing it was more than we needed but that we would grow into it. I am a software, data, and management process professional so I understand and invest in the value of systems and tools to effectively and efficiently manage our operations.”

Always seeing the potential to nurture a relationship, Broschka adds, “We hope to soon be featured on their website as one of their gym clients.”

Most new computers come with basic business software already loaded. If you’re running a one-person operation, that may be all you need. But if you

Dollar Stretcher

 Freecycle (www.freecycle.org) is a community with a mission to keep usable goods out of landfills and has many free office goods posted for the taking.

Craigslist (www.craigslist.org) has a free section that in major cities is chock full of free goods, like printers, fax machines, office furniture, and anything else you can imagine. It just takes a little patience and hunting to get what you want.

Equipment Maintenance Record

Exercise equipment needs daily and weekly maintenance to function properly and safely. Temperature, humidity, usage, ventilation, and friction can cause wear on equipment. See the manufacturer's guidelines for information on necessary internal and external maintenance. Set up schedules and keep logs to document the maintenance that's been done. Check barbells and dumbbells weekly, and tighten or lubricate as needed.

Equipment Maintenance Record

Date: _____

Equipment: _____

Work performed:

- | | | |
|-----------------------------------|-----------------------------------|--|
| <input type="checkbox"/> Adjusted | <input type="checkbox"/> Patched | <input type="checkbox"/> Lubricated |
| <input type="checkbox"/> Cleaned | <input type="checkbox"/> Repaired | <input type="checkbox"/> Replaced part # _____ |

Notes: _____

Signature: _____

want to grow your company, you should take a look at industry-specific software packages designed especially for personal trainers, such as those from Aspen Software or BSDI discussed in Chapter 5.

- *Photocopier.* The photocopier is a fixture of the modern office, and you'll use one to give clients copies of their records. You can get a basic, no-frills personal copier for less than \$400 in just about any office supply store. More elaborate models increase proportionately in price. If you anticipate a heavy volume of photocopying, consider leasing.

- *Fax machine.* Fax capability has become another must in modern offices. You can either add a fax card to your computer or buy a stand-alone machine. If you use your computer, it must be on to send or receive faxes, and the transmission may interrupt other work. For most businesses, a stand-alone machine on a dedicated telephone line is a wise investment. Expect to pay \$80 to \$170 for a plain-paper fax machine or \$180 to \$800 for a multifunction device (fax/copier/printer/scanner).
- *Credit card processing equipment.* Credit and debit card service providers are widely available, so shop around to understand the service options, fees, and equipment costs. Expect to pay about \$200 for a “swipe” machine that reads the magnetic strip on cards. You’ll also pay a transaction charge, which might be a flat rate (perhaps 20 to 30 cents) per transaction or a percentage (typically 1.6 to 3.5 percent) of the sale. Expect to pay higher transaction fees for internet sales, because the fraud risk the bank is accepting is higher than with face-to-face transactions.

Bright Idea



The Mac OS X comes with easy-to-use movie (iMovie) and soundtrack making software (GarageBand) that you can use to throw sharp presentations together for showcasing vendors to clients, appealing to audiences in social media forums, and creating content for your website and blog. A recent check at BestBuy online showed it on sale for \$899. It has enough storage to handle your accounting and spreadsheet software and prompts you to connect to whatever wifi signal you are closest to by name.

Another option is the Square, a hot new point-of-sale convenience for the iPad, iPhone, or Android. It is a postage-stamp sized card reader that plugs into the audio port, and has an interesting fee arrangement. There are no contracts or monthly fees beyond the per-card swipe rate of 2.75 percent, plus \$.15 cents. Check out the many additional features of Square at www.squareup.com.

- *Postage scale.* Unless all your mail is identical, a postage scale is a valuable investment. An accurate scale takes the guesswork out of postage and will quickly pay for itself. It’s a good idea to weigh every piece of mail to eliminate the risk of items being returned for insufficient postage or overpaying when you’re unsure of the weight. Light mailers—one to 12 articles per day—will be adequately served by inexpensive mechanical postal scales, which run about \$25. If you’re averaging 12 to 24 items per day, consider a digital scale, which is somewhat more expensive (generally around \$40) but significantly more accurate than a mechanical unit. If you send more than 24 items per day, or use priority or expedited services frequently, invest in an electronic computing scale (for about

\$75), which weighs the item and then calculates the rate via the carrier of your choice, making it easy for you to make comparisons.

- *Postage meter.* Postage meters allow you to pay for postage in advance and print the exact amount on the mailing piece. Many postage meters can print in increments of one-tenth of a cent, which can add up to big savings for bulk-mail users. Meters also provide a professional image, are more convenient than stamps, and can save you money in a number of ways. Postage meters are leased, not sold, with rates starting at about \$30 per month. They require a license, which is available from your local post office. Only four manufacturers are licensed by the U.S. Postal Service to manufacture and lease postage meters; your local post office can provide you with contact information.
- *Paper shredder.* A response to both a growing concern for privacy and the need to recycle and conserve space in landfills, shredders are becoming increasingly common in both homes and offices. They allow you to efficiently destroy incoming unsolicited direct mail, as well as sensitive internal documents such as old client records, before they are discarded. Shredded paper can be compacted much more tightly than paper tossed in a wastebasket, which conserves landfill space. Light-duty shredders start at about \$30, and heavier-capacity shredders run \$150 to \$500.

Telecommunications

The ability to communicate quickly with your customers, employees, and suppliers is essential to any business. Advancing technology gives you a wide range of telecommunications options. Most telephone companies have created departments dedicated to homebased small businesses. Contact your local service provider and ask to speak with someone who can review your needs and help you put together a service and equipment package that will work for you. Specific elements to keep in mind include:

- *Telephone.* Whether you're homebased or in a commercial location, a two-line speakerphone should be adequate during the startup period. As you grow and your call volume increases, you'll add more lines. For a homebased personal trainer, your phone can cost as little as \$60. If you have a studio, you'll pay \$300 to \$700 for a system.

Your telephone can be a tremendous productivity tool, and most of the models on the market today are rich in features you will find useful. Such features include automatic redial, programmable memory for storing frequently called numbers, and speakerphone for hands-free use. You may also want

call forwarding, which allows you to forward calls to another number when you're not in your office, and call waiting, which signals you that another call is coming in while you are on the phone. These services are typically available through your telephone company for a monthly fee.

If you're going to be spending a great deal of time on the phone, perhaps doing marketing or handling customer service, consider a headset for comfort and efficiency. A cordless phone also lets you move around freely while talking. These units vary widely in price and quality, so research them thoroughly before making a purchase.

- *Answering machine/voice mail.* Because your business phone should never go unanswered, you need some sort of reliable answering device to take calls when you can't do so yourself. Whether you buy an answering machine (expect to pay \$40 to \$150 for one that is suitable for a business) or use the voice-mail service provided through your telephone company (prices range from \$6 to \$20 per month) will depend on your personal preference, work style, and business needs.
- *Cellular phone.* Once considered a luxury, cellular phones have become standard equipment for most business owners. Most have features similar to your office phone—such as caller ID, call waiting, and voice mail—and equipment and service packages are very reasonably priced, some as low as \$30.

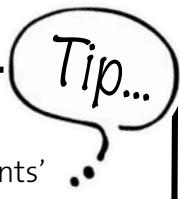
Many high-end phones are close to free with the purchase of a two-year service agreement. You can expect to pay \$200-\$300 for a smartphone like a BlackBerry or Treo. iPhones and other touch phones run about \$300. These will allow you to use email on your cell anywhere with wifi. Quick internet research, recording voice memos, taking photos, and even taking credit card payments are possible with the right phone.

Your costs will depend on how much you talk. Read your contract carefully and be sure you understand what you're buying.

Smartphone, by Tracphone, can be purchased at Walmart in the range of \$30 to \$120, depending on the bells and whistles you prefer. The monthly charge for six hours of calls to any U.S. destination is \$35. This way, you've got your long distance, voice mail, texting capabilities, world time converter, and even a camera in one package, at one low price. For \$45 a month you can be as chatty as you want and use unlimited minutes.

Smart Tip

If you travel to your clients' locations, turn your cell phone off when you arrive. Don't let your session be interrupted by a call.



Tip...

- *Pager.* A pager lets you know that someone is trying to reach you and lets you decide when to return the call. Many people use pagers in conjunction with cellular phones to conserve the cost of air time and control interruptions. Ask prospective pager suppliers if your system can be set up so you are paged whenever someone leaves a message in your voice-mail box. This service allows you to retrieve your messages immediately and eliminates having to periodically check to see if anyone has called. As with cellular phones, the pager industry is very competitive, so shop around for the best deal. Pagers are usually quite affordable, ranging from \$10 to \$30 per month.
- *Email.* Email has become a standard element in any company's communications package. It allows for fast, efficient, and traceable 24-hour communication. Check your messages regularly and reply to them promptly. Basic email services, using a standard modem, range from free to less than \$25 per month. However, if you choose to have internet access via DSL or cable, you'll pay closer to \$50 per month, with an installation fee of around \$100.
- *Website design and hosting.* Fees for designing and hosting websites vary widely. Having your site independently designed can cost anywhere from \$500 to \$5,000 or more, depending on the features you select. Hosting through an independent service can range from \$15 to \$500 per month.

Office Supplies

Because what you sell is a service, you'll require very little in the way of office supplies—but what you need to keep on hand is important. You'll need to be sure to maintain an adequate stock of marketing materials, including brochures, business cards, and other sales collateral materials. Have a good supply of important forms, such as: the informed consent release, assumption of risk, and health assessment questionnaire, which you'll find examples of in Chapter 10. You'll also need to maintain an ample supply of administrative items, including checks, invoices, receipts, stationery, paper, and miscellaneous office supplies. If you're starting out as a solo operator, you should be able to have these items printed for \$200 to \$300; if you're starting out with a studio and employees, you'll likely need a larger quantity and the price will increase accordingly. Local stationery and office supply stores will have most or all of the miscellaneous office supplies you need. Many certifying organizations will have sample forms you can purchase or use as a guide to create your own. You'll find an "Office Supplies Checklist" on page 115 to help you organize your needs.

You'll also need basic office furniture, including a desk (\$200 to \$800), chair (\$60 to \$250), and locking file cabinets (\$50 to \$400). Used furniture is just as functional as new and will save you a substantial amount of money. You could get all of your office

Office Supplies

In addition to office equipment, you'll need an assortment of minor office supplies. Those items include:

- Scratch pads
- Staplers, staples, and staple removers
- Tape and dispensers
- Scissors
- "Sticky" notes in an assortment of sizes
- Paper clips
- Plain paper for your copier and printer
- Paper and other supplies for your fax machine (if you have one)
- Letter openers
- Pens, pencils, and holders
- Correction fluid (to correct typewritten or handwritten documents)
- Trash cans
- Desktop document trays

equipment for free if you had the time to shop and wait. The free section on Craigslist recently unearthed some beautiful, matching reception area chairs, rolls of new plush carpet, and oak desks in perfect condition in several cities. Start collecting now and save.

Exercise Equipment

Lynne Wells, a personal trainer in New York City, started with a few Thera-Bands™ and gradually accumulated other items, such as stability balls and balance disks. She teaches her clients not to depend on special equipment, but rather to work with what they have. "Soup cans make great weights," she says. "Chairs are good, so are pillows. I even had somebody working off a toilet seat one day." She says it's just a matter of learning how to give your clients a great workout by teaching them to use their bodies instead of equipment.

Feeling at Home

If a client asks you to help set up a home gym, keep these ideas in mind:

- *Determine space requirements.* Elliptical trainers typically use less floor space than treadmills. At the same time, an elliptical may require a higher ceiling. Many treadmills can be folded for storage. Adjustable dumbbells and/or resistance tubing also can save space.
- *Have a ball.* A stability ball is relatively inexpensive, doesn't take up much room, and allows for functional and core exercises. Plus, it adds an element of fun to workouts.
- *Buy more floor.* Not only does rubberized flooring offer cushioning, it also protects carpet and hardwood floors from sweat. Perform Better (at www.performbetter.com) has interlocking flooring.
- *Get inspired.* Hanging motivational posters or quotes on the wall can help a client get inspired and stay focused.

Commercial-grade exercise equipment can be a significant investment. For example, treadmills range from \$1,800 to \$7,000; elliptical machines range from \$1,800 to \$5,200. Stationary bicycles can run \$1,000 to \$3,000. Climbers go for \$2,000 to \$5,000. A packaged set of weights with a rack will run about \$600, a set of kettle bells run about \$180, and weight benches go for \$200 to \$600 or more. See the “Fitness Equipment Checklist” on page 117 for some typical exercise equipment you may want to invest in.

Sometimes the very thing you have trouble deciding to take an investment risk on becomes your main source of income. It's a good thing that Broschka and Martens were persistent until they got a bank to support their dreams. Broschka says, “The G-Werx Workout Program is our claim to fame. We generate more than 75 percent of our revenue from it and have sustained our business on this one program

Dollar Stretcher

Many exercise and fitness equipment and product manufacturers offer discounts to personal trainers, but few will make that fact widely known. When shopping, ask about professional discounts.



Fitness Equipment Checklist

The following checklist outlines the basic equipment you'll want to consider having for your personal training business:

For any personal training business

- Scratch pads
- Pulse monitor with alarm limit and stop watch
- Blood pressure monitor
- Skin fold calipers or impedance fat analyzer
- Sit and reach box
- Heavy duty scales
- Height scale
- Fitness screening chart
- Stability balls
- Resistabands or TRX suspension and resistance equipment (www.trx.com)

For a personal training studio

- Stationary bicycles
- Treadmills
- Elliptical machines
- Weight benches
- Weights
- Dumbbells
- Medicine balls
- Exercise flooring

through a tough economy.” Broschka elaborates on the special talents that allowed this to happen: “That Phil is the inventor of G-Werx Gym, creator of G-Werx Workout Program, and Founder of 501F1T is unique in and of itself. It is rare when a fitness professional develops a machine and program, and opens their own studio.”

Vehicle

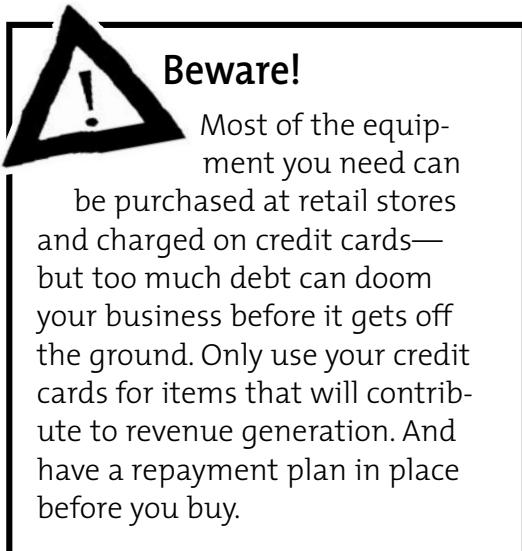
If you’re going to conduct training outside your own studio, you’ll need reliable transportation. For most personal trainers, a small, sturdy economy car will be sufficient. If you transport equipment, it will need to be large enough to accommodate whatever you take along.

You can use your own vehicle if it is suitable, or lease or purchase one that will better meet your needs. Either way, keep good records of your automobile expenses because

they are tax deductible. Depending on the type of car and driving you do, it will cost you anywhere from 30 to 50 cents per mile to operate your vehicle (that includes the cost of the vehicle, maintenance, insurance, fuel, etc.).

Keep in mind that your vehicle contributes to your overall image, so keep it neat and clean at all times. Proper mechanical maintenance is also important; it's not very impressive when you have to call a tow truck because your car broke down at a client's home, or when you're late to an appointment for the same reason.

To promote your company, consider investing in a magnetic sign you can attach to your vehicle when you're working. When your car is parked in front of your client's house for an hour or so several times a week, that sign lets the neighbors know how to reach you.



Adding It All Up

The startup costs for two hypothetical personal training businesses are listed in “Startup Expenses” on pages 119 and 120. The low-end estimate represents a sole proprietor working from a homebased office with no employees. He has 20 to 25 clients at any given time and estimated annual revenue of \$75,000. The high-end estimate represents a business whose owner has opened a 2,500-square-foot studio serving 80 to 100 clients. This owner has a staff of three trainers (one full time, two part time) and one part-time administrative assistant, and estimates annual revenue to be \$360,000.

In addition to startup costs, you'll also have ongoing monthly expenses to consider. For a discussion of these operating expenses and how to keep track of your financial records, refer to Chapter 12.

Startup Expenses

Startup Expenses	Homebased	Studio
Market research (including subscriptions to trade journals and professional association dues)	\$ 50	\$ 75
Licenses/permits	150	150
Legal and accounting services	375	375
Startup advertising	50	1,000
Website design	0	500
Facility	Homebased	Studio
Lease (security deposit and first month)	\$0	\$2,000
Security system	0	1,500
Build-out (including locker rooms, showers, restrooms, exercise area)	0	45,000
Signage	0	400
Utility deposit and phone installation	90	240
Employee wages and benefits (first month)	0	10,000
Exercise Equipment	Homebased	Studio
Treadmills (\$2,000 each)	\$0	\$8,000
Elliptical machines (\$2,200 each)	0	6,600
Stationary bicycles (\$1,800 each)	0	3,600
Climbers (\$2,000 each)	0	4,000
Free weights and racks (\$1,000 each set)	0	2,000
Weight benches (\$550 each)	0	1,100
Fitness Assessment Equipment	Homebased	Studio
Pulse monitor	\$129	\$600
Blood pressure monitor	65	400
Calipers and fat analyzer devices	10	750

Startup Expenses, continued

Fitness Assessment Equipment	Homebased	Studio
Peak flow meter	20	135
Sit-and-reach box	116	400
Height/weight scales	25	325
Office Furnishings and Equipment	Homebased	Studio
Computer	\$1,500	\$3,500
Printer	250	500
Software	165	365
Desk(s)	200	800
Chair(s)	60	225
File cabinet(s)	60	175
Multifunction device (fax/copier/printer/scanner)	200	350
Telephone system	70	450
Credit card processing equipment	0	200
Forms and office supplies (brochures, business cards, informed consent form, health assessment questionnaire, contracts, checks, invoices, receipts, stationery, paper, etc.)	200	400
Subtotal	\$3,785	\$96,115
Miscellaneous (add roughly 10%)	\$370	\$9,600
Total Startup Expenses	\$4,155	\$105,715

Staffing

Maximizing Your Human Resources

Successful personal training businesses can range from the small solo operator who works part time to a company with hundreds of employees. Jennifer B., the personal trainer in Brooklyn, has six teachers and trainers who work with her as independent contractors. “They work other places and do other things as well,” she says. Many other trainers work alone. Whatever

size of company you aspire to have, it's a good idea for you to understand the human resources aspect of owning a business.

The first step in formulating a comprehensive human resources program is to decide exactly what you want each of your employees to do. The job description doesn't have to be as formal as you might expect for a large corporation, but it needs to clearly outline the person's duties and responsibilities. It should also list any special skills or other required credentials (such as specific certifications or education requirements, or a valid driver's license and clean driving record) for someone who is going to work for your particular type of business.

Next, you need to establish a pay scale. Typically, the personal trainers you hire will get a percentage of what the client pays. Administrative staff should be paid according to the going rate in your area for those particular skills.

You'll also need a job application form. You can get a basic form at most office supply stores, or you can create your own. In any case, have your attorney review the form you'll be using for compliance with the most current employment laws.

Every prospective employee should fill out an application—even if it's someone you know, and even if they have submitted a detailed resume. A resume is not a signed, sworn statement acknowledging that you can fire them if they lie; an application is. The application will also help you verify their resume; compare the two and make sure the information is consistent.

Now you're ready to start looking for candidates.

Where to Look

Picture the ideal candidate in your mind. Is this person likely to be unemployed and reading the classified ads? It's possible, but you'll probably improve your chances for a successful hire if you are more creative in your search technique than simply writing a "help wanted" ad.

Sources for prospective employees include suppliers, former co-workers, clients, and professional associations. Put the word out among your social contacts as well—you never know who might know the perfect person for your operation. Bill Sonnemaker, who owns a facility near Atlanta, looks to

Bright Idea

Always be on the lookout for new trainers and other employees, even when you don't have a specific opening. Keep resumes and applications of qualified people on file so you have a ready resource in the event of an unexpected staffing need.



It's All Relative

While hiring your friends and relatives may not always be a great idea, once you have some employees (or independent contractors) on board, you may find that their friends and relatives are a source of good candidates.

Why? Because people who currently work for you will provide better referrals than those who don't. Studies show that friends and relatives of a particular employee group will tend to possess values and performance standards similar to those of the members of that group. If you have an outstanding performer, chances are, he or she will recommend others of the same caliber.

Employees will also train and mentor their friends and relatives better than they will strangers. The relationship has already been established, and the senior employee likely has an innate desire to see the friend or relative succeed. Peer pressure is also at work in this situation. Because the reputation of the employee who made the referral is on the line, that person will probably exert substantial influence to ensure that their friend or relative achieves and exceeds your performance standards.

It's a good idea to have a policy prohibiting relatives and close friends from reporting to one another. Be careful not to allow them to be placed in situations where their integrity could be questioned, such as handling money without a disinterested party supervising them.

hire trainers who share his strong interest in helping and educating clients. "You want to hire people with the same vision and the same passion," he says.

Use caution if you decide to hire your friends and relatives—many personal relationships are not strong enough to survive an employee-employer situation. Small-business owners in all industries tell of nightmarish experiences when a friend or relative refused to accept direction or in other ways abused a personal relationship in the course of business.

The key to success as an employer is making it clear from the start that you are the one in charge. You don't need to act like a dictator, of course. Be diplomatic, but set the ground rules in advance and stick to them.

Evaluating Applicants

When you actually begin the hiring process, don't be surprised if you're as nervous at the prospect of interviewing potential employees as they are about being interviewed. After all, they may need a job—but the future of your company is at stake.

It's a good idea to prepare your interview questions in advance. Develop open-ended questions that encourage the candidate to talk. In addition to knowing what they've done, you want to find out how they did it. Ask each candidate for a particular position on the same set of questions, and take notes as they respond so you can make an accurate assessment and comparison later.

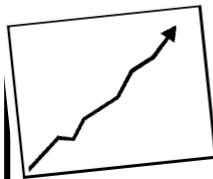
You also need to evaluate their skills. You might ask a prospective trainer to demonstrate how they conduct a training session or how they would handle a specific scenario. And be sure to check out their credentials. Ask for proof of certification and contact the certifying agency to verify the documentation a prospective trainer provides. With literally hundreds of fitness-related certification programs offered in the United States, you need to educate yourself on the differences. See "Possible Interview Questions" below to help you start thinking about the qualities that are important to you in an employee.

Possible Interview Questions

- Tell me about yourself. Or: Briefly take me through your resume.
- How did you hear about the company? about the job opening?
- Why are you interested in this particular position?
- What companies do you compare us to?
- What is an example of what you consider a "great" company?
- Describe a time you had to use creativity to solve a problem.
- Describe a time when you had to work in a group to overcome an obstacle.
- Describe a time when you had to become the leader of a group.
- Tell me about your certifications and those you plan to add to your resume.
- What two or three accomplishments have given you the most satisfaction?
Why?

Possible Interview Questions, continued

- What are your long-range goals and objectives?
- What are your short-range goals and objectives?
- How do you plan to achieve your career goals?
- What are the most important rewards you expect in your career?
- What are your preferred areas within the personal trainer career field?
- How important is it to you to be prompt?
- Describe a situation in which you had to work with a difficult person (another student, co-worker, customer, supervisor, etc.). How did you handle the situation? Is there anything you would have done differently in hindsight?
- What motivates you to put forth your greatest effort? Describe a situation in which you did so.
- How do you determine or evaluate success?
- In what ways do you think you can make a contribution to our organization?
- Describe a contribution you have made to a project on which you worked.
- What qualities should a successful manager possess?
- Was there an occasion when you disagreed with a supervisor's decision or company policy? Describe how you handled the situation.
- In what kind of work environment are you most comfortable?
- How do you work under pressure?
- Describe a situation in which you worked as part of a team. What role did you take on? What went well and what didn't?
- What two or three things would be most important to you in your job?
- What criteria are you using to evaluate the organization for which you hope to work?
- Will you work outside in weather for boot camps?
- Are you willing to travel?
- Are you willing to spend at least six months as a trainee?



Stat Fact

Reuters Health

reported findings from a new Japanese study that showed women who spend a lot of time exercising or eat a heart-healthy diet appear to reach menopause earlier.

While that doesn't prove work-outs and healthy foods are directly responsible, researchers say the findings could be important for cancer prevention.

"Because more clubs and employers are making certification one of the requisites for employment, some individuals will try to take a short cut and forge their credentials," says Tony Ordas, formerly with the American Council on Exercise (ACE). "It's important that employers and potential clients check with the respective certification organization to confirm that the individual is in fact certified."

For administrative and clerical positions, you can administer typing and other tests that allow you to assess applicants' skills and abilities. You can either make up your own

test or purchase tests through commercial testing firms or human resources consultants.

Don't accept what candidates put on their resume or application at face value; interview, test, and check credentials to be sure they have the knowledge and skills necessary to produce results for your clients.

When the interview is over, let the candidate know what to expect. Is it going to take you several weeks to interview other candidates, check references, and make a decision? Will you want the top candidates to return for a second interview? Will you call the candidate, or should they call you? This is not only a good business practice; it's also just simple common courtesy.

Always check former employers and personal references. Though many companies are very restrictive as to what information they'll verify, you may be surprised at what you can find out. Certainly you should at least confirm that the applicant told the truth about dates and positions held. Personal references are likely to give you some additional insight into the general character and personality of the candidate; this will help you decide if they'll fit into your operation.

Keep in mind that under the Immigration Reform and Control Act of 1986, you may only hire persons who may legally work in the United States, which means citizens and nationals of the United States, and aliens authorized to work in the United States. As an employer, you must verify the identity and employment eligibility of everyone you hire. During the interviewing process, let

Smart Tip

Don't expect to find workers who have all the qualifications, experience, and training you want from the start. Look for a solid foundation of credentials, integrity, and character. Then be willing to train people to do things your way.

Tip...

Evaluating Certifications

How do you determine the quality of a certification agency? Legitimate agencies will be happy to provide you with information to help you make a decision about whether or not their programs are suited to your needs. Only a few organizations are accredited by the National Commission for Certifying Agencies, the accreditation body of the National Organization for Competency Assurance. Whether considering a certification for yourself or a prospective employee, here are some additional questions to ask:

- *Is the examination nondiscriminatory?* Be sure there are no biases that would allow for an unfair advantage for any group. Ask for demographic data to support the answer.
- *Does the agency promote ongoing education?* Certified fitness professionals need continuing education to stay on top of developments in their field. Look for agencies that require a number of Continuing Education Units (CEUs) to maintain their certification.
- *Does the agency have a formal disciplinary policy?* Such policies are designed to protect the public by requiring the fitness professional to adhere to specific standards and policies.
- *Who serves on the governing board?* Consider the credentials of these individuals. Ideally, at least one member of the board should be a public member—that is, a representative of the people who are being served by the certified individuals.
- *What are the eligibility criteria?* There should be a logical and appropriate connection between what the certification requires and what the actual position requires.

the applicant know that you will be doing this. Once you have made the job offer and the person is brought on board, you must complete the Employment Eligibility Verification Form (I-9) and then retain it for at least three years, or one year after employment ends, whichever period of time is longer.

Be sure to document every step of the interview and reference-checking process. Even very small companies are finding themselves targets of employment discrimination suits; if it happens to you, good records are your best defense.

Once They're on Board

The hiring process is only the beginning of the challenge of having employees. The next thing you need to do is train them. Of course, a certified personal trainer should already know how to work with a client, but you need to take the time to teach him or her your own policies and procedures, as well as particular training philosophies you follow. Administrative staffers need to be taught your systems and have their responsibilities thoroughly explained.

Proper training in the business's approach helps instill confidence in the trainers, says facility owner Sonnemaker, who requires each of his new trainers to go through a training period of two weeks to four months, depending on the person's experience level. "If they lack confidence and they're out on the floor, the clients are going to see that and they're going to recognize the difference," he says. And because trainers come from various professional backgrounds that may reflect different exercise philosophies, a formal training period helps ensure everyone is on the same page. "It's okay that each trainer has their own personality, but the entire facility should be speaking the same message and providing the same information," Sonnemaker says.

Whether done in a formal classroom setting or on the job, effective training begins with a clear goal and a plan for reaching it. Training falls into one of three major categories: orientation, which includes explaining company policies and procedures; job skills, which focuses on how to do specific tasks; and ongoing development, which enhances the basic job skills and grooms employees for future challenges and opportunities. These tips will help you maximize your training efforts:

- *Find out how people learn best.* Delivering training is not a one-size-fits-all proposition. People absorb and process information differently, and your training method needs to be compatible with their individual preferences. Some people can read a manual, others prefer a verbal explanation, and still others need to see a demonstration.
- *Be a strong role model.* Don't expect more from your employees than you are willing to do. You're a good role model when you do things the way they should be done all the time. Don't take shortcuts you don't want

Smart Tip

Training employees and independent contractors, even those who come with impeccable credentials, to your way of doing things is extremely important. These people are representing your company, and they need to know how to maintain the image and standards you've worked hard to establish.

Tip...

Get Them Involved

Ask employees for their ideas on articles, website material or newsletter content, and give them credit for it publicly! Pride is a wonderful thing and can motivate employees to confidently create more, and take on more responsibility. You can make article creation a contest by giving some examples of three-paragraph, humorous article ideas like these:

- Metabolism with a Minimal Time Commitment
- Put Down the Snickers, Put Your Hands on the Wheel, and Tighten Your Buns: Exercises That Fit into Your Schedule Anywhere and at Any Time
- Yeah, Yeah. You Just Gave Birth. But Can You Do a Sit-Up? How to Quickly Get Back in Shape after Having a Baby
- No More Dog Walks. You and Fido Need Aerobics! Fun Workouts You Can Do with Your Dog

your employees to take, or behave in any way you don't want them to behave. On the other hand, don't assume that simply doing things the right way is enough to teach others how to do things. Being a role model is not a substitute for training; it reinforces training. If you only role model but never train, employees aren't likely to get the message.

- *Look for training opportunities.* Once you get beyond basic orientation and job skills training, you need to constantly be on the lookout for opportunities to enhance the skill and performance levels of your employees. You can provide the training yourself or send them to continuing education programs.
- *Make it real.* Whenever possible, use real-life situations to train—but avoid letting clients know they've become a training experience for employees.
- *Anticipate questions.* Don't assume that employees know what to ask. In a new situation, people often don't understand enough to formulate questions. Anticipate their questions and answer them in advance.
- *Ask for feedback.* Finally, encourage employees to let you know how you're doing as a trainer. Just as you evaluate their performance, convince them that it's OK to tell you the truth. Ask them what they thought of the training and your techniques, and use that information to improve your own training skills.

Paying Your Employees

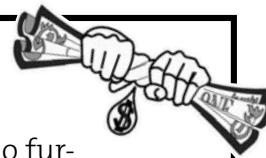
Whether trainers are employees or independent contractors, they typically get a portion of the fee the clients pay. Jennifer Brilliant says her trainers get 50 to 60 percent, although new trainers get less than that until they're up to speed. Her trainers are independent contractors, and she pays them every two weeks.

Another trainer we interviewed had a different arrangement, with trainers paid based on their revenue; the more they bill for the company, the greater their percentage. For a part-time trainer billing \$3,000 a month, for example, there is a 50-50 split. For a trainer working full-time and doing well, their revenue may be \$10,000 a month, and they would earn 75 percent of that. "We only take 25 percent," he says, "and the facility is still making more off that trainer than the one who is billing less and we're getting 50 percent from."

When you set a payment structure that lets your superstars make a substantial income, you accomplish two important things: You keep them working hard, because they're being rewarded, and you give them the incentive to stay with you rather than move elsewhere or open their own businesses. If the trainer is an employee and has other responsibilities in addition to working with clients, you might want to pay them a small hourly rate plus a percentage of their clients' fees.

Dollar Stretcher

Rewards other than money sometimes go further in expressing gratitude for a consistent job well done. Gifts are especially nice if they are unexpected. Try giving your employees gift certificates for *Massage Envy* (www.massageenvy.com) An hour-long massage will set you back just \$40, and having refreshed and happy employees is priceless.



Employee Benefits

The actual wages you pay may be only part of your employees' total compensation. While many very small companies do not offer a formal benefits program, more and more business owners have recognized that benefits—particularly medical insurance—are extremely important when it comes to attracting and retaining quality employees. Offering a benefits package makes you more attractive to prospective employees.

Typical benefits packages include group insurance (your employees may pay all or a portion of their premiums), paid holidays, and vacations. You might offer year-end bonuses based on the company's profitability. You can build employee loyalty by seeking additional benefits that may be somewhat unusual—and they don't have to cost much. For example, if you're in a retail location, talk to other storekeepers in the area to see if they're interested in providing reciprocal employee discounts. You'll not only

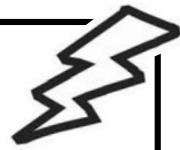
provide your own employees with a benefit, but you may get some new customers out of the arrangement.

One type of insurance may not be optional. In most states, if you have three or more employees, you are required by law to carry workers' compensation insurance. This coverage pays medical expenses and replaces a portion of the employee's wages if he or she is injured on the job. Details and requirements vary by state; contact your state's insurance office or your own insurance agent for information so you can be sure to be in compliance.

Beyond tangible benefits, look for ways to provide positive working conditions. Consider flexible working hours, establish family-friendly policies, and be sure the physical environment is comfortable and designed to enhance productivity.

Bright Idea

If you have employees, consider using a payroll service rather than trying to handle this task yourself. The service will calculate taxes; handle reporting and paying local, state, and federal payroll taxes; make deductions for savings, insurance premiums, and loan payments; and may offer other benefits to you and your employees.



Employees or Independent Contractors?

An important part of the hiring process is deciding whether you want to hire employees of your own or go with independent contractors. There are advantages and disadvantages to both approaches. What's important is that you clearly understand the difference so you can avoid unnecessary and costly mistakes when it comes to tax time.



Beware!

Before you hire your first employee, make sure you are prepared. Have all your paperwork ready, know what you need to do in the way of tax reporting, and understand all the liabilities and responsibilities that come with having employees.

As an employer, you have greater control over employees than you do over independent contractors. Employees must comply with company policies, and with instructions and direction they receive from you or a manager. As a result, you'll be more likely to have all of the trainers in your facility deliver a common message to clients than in the case of using independent contractors. Also, you can set their hours and other conditions of employment, along with their compensation packages. Of course,

you must also pay payroll taxes, workers' compensation insurance, unemployment benefits, and any other employee benefits you may decide to offer.

The IRS has established guidelines to assist you in determining the appropriate tax status of someone who is working for you. Essentially, you need to examine the relationship between the worker and the business in three primary categories: behavioral control, financial control, and the type of relationship itself.

Behavioral control means that the business has a right to direct and control how the work is done, through instructions, training, or other means. Financial control deals with issues related to the business aspects of the worker's job. This includes the extent to which the worker is reimbursed for business expenses, the extent of the worker's investment in the business, the extent to which the worker makes services available to the relevant market, how the business pays the worker, and the extent to which the worker can realize a profit or incur a loss. Finally, the type of the relationship includes written contracts describing the relationship; the extent to which the worker is available to perform services for other similar businesses; whether the business provides the worker with employee-type benefits, such as insurance, a pension plan, vacation pay, or sick pay; and the permanency of the relationship. For more information, consult your accountant or tax advisor, or see Publication 15-A, *Employer's Supplemental Tax Guide*, which is available from the IRS.

Smart Tip

Before allowing independent contractors to use your facility or work with your clients, obtain proof of certification and insurance. Verify the proof by checking with the certifying agency and the insurance company.

Tip...

Noncompete and Confidentiality Agreements



Beware!

As unpleasant as it may be, it's important to address employment problems early—such as showing up late or not being properly prepared ahead of time to train clients. Letting these situations go unchecked can make for even more aggravation down the road.

To protect your company from an employee or independent contractor leaving you to start their own company that directly competes with you, you may want to ask everyone who comes to work for you to sign a noncompete agreement. Noncompete agreements typically consist of time, geography, and industry restrictions, and their enforceability varies by state. Have the language of your noncompete checked by an attorney familiar with employment law before you ask anyone to sign it.

Jennifer Brilliant says the noncompete that her trainers sign basically stipulates that the client belongs to the company. “It’s more of a good faith thing that says ‘I wish you to respect my work,’” she says.

Keep in mind that even though your employees sign noncompete agreements, they may choose to violate them. Then you have to make the decision whether or not to take the issue to court.

Building Client Relationships

Before you actually begin training a client, you need to establish the foundation of your relationship, and that begins with gathering personal data, information on their current state of health, their goals for a training program, and other details you may deem necessary. This information tells you what you need to know to develop an appropriate and effective program. Equally

important, it can protect you against a claim of professional negligence. In this chapter, we'll discuss initial consultations with new clients, the necessary forms you'll need to keep on file, as well as how to maintain your client relationships once they're off the ground.

The Initial Consultation

The initial consultation will set the foundation for the relationship you will have with your client. It's a time for you both to decide if you want to work with each other. It's also your chance to show a prospective client that the value of your service far outweighs the cost of your fees.

Set up a confidential file for each client. To gather the basic contact information you should include when you set up your file, consider having your clients fill out a form similar to the "Client Information" form on page 148. You may opt to maintain much of your information in a database, and that can increase your efficiency. However, you'll still need some paper files with signatures so your clients can acknowledge that you have discussed certain aspects of their health and the training programs with them. Maintain the paper files in locked, fireproof cabinets and password-protect your electronic files.

Much of your initial consultation will involve asking questions. While you need to gather information, you should take care not to appear as though you are conducting an inquisition. Clients can often complete much of the health history information themselves (see the sample "Health History" form on pages 156–158). Then you can review the form and ask any clarifying questions that may be necessary.

The initial consultation also lets you determine if the prospective clients' goals are realistic and if you can truly help them. "I tell them honestly whether I can help them or not," says Jennifer B., the personal trainer from Brooklyn. "I'm sincere. I don't try to sell them something they're not going to be able to do." You also want to find out how the prospective client feels about exercise and fitness (see the "Exercise History and Attitude" form on pages 152–154).

When discussing a client's goals, phrase your questions in a way that establishes the value of what you're going to do for them. For example, ask things such as "How would

Smart Tip

Keep files on people who go through your initial consultation but don't sign up as clients. Put their names and contact information in a database for follow-up marketing at a later time.

Tip...

Every Stripe and Shape

Be sensitive to your clients' emotions and feelings. Many people who are extremely overweight and out of shape view personal trainers with conflicting thoughts. On the one hand, they want you to be fit because that demonstrates you know what you're doing. On the other hand, they may find you intimidating because they think they can never get their own bodies into the same condition as yours. These same clients might also be very uncomfortable doing their workouts in front of others, such as in a gym or club.

One of the things Gunnar Peterson says his clients appreciate is his support. "I never tell people they're fat. I see other trainers being really hard on people and I feel like, if you're fat, you know you're fat and you don't need me to agree with you. It's like booing the home team. I want to stay positive and look forward for my clients," Peterson says.

Emotions and feelings should also be factored into your testing protocols. Personal trainer Richard Cotton recalls, "When I graduated with my master's degree, I hit the ground running with my calipers and thought that everyone needed to have their body fat tested. It took me a while to learn this, but that turns a lot of people off. Today, I can sit down with any client and give them just as good a program without testing them, just by asking the right questions. A lot of people like to be tested, and they can handle it. But for others, it can be incredibly demotivating."

losing weight affect your current lifestyle?" or "You said you wanted to fit into a size six again. Why is that important to you?"

Finally, you want to use your initial meeting to determine if your prospective client can safely embark on an exercise program. After reviewing their answers to your medical screening form, you may suggest that they see their doctor before beginning any exercise regime (see the "Medical Screening" form on page 155). A sample letter to send to a client's doctor is also included (see the "Medical Release" form on pages 149–150).

One trainer we spoke with recalls when he had to refuse to train a client because of his health. "He was a 50-year-old gentleman who smoked, was overweight, had high blood pressure and diabetes, and a history of heart problems in his family," he says. "I told him I couldn't train him at all until he had a complete physical and his doctor called me personally. He never came back." Most people don't like being told they

Enrichment Provider

You and your business may be relied on for more than fitness as customers build trust and see your character and accountability partially responsible for some of the successes they begin to enjoy as their bodies transform.

Consider one of the core themes from 2009 “The Future of Fitness White Paper” as you shape the features you’ll offer. The study shows that for most people exercise is a means to other goals such as health, longevity, beauty, spirituality, and perhaps most of all, sociability. Physical activity is only one of many ways to achieve those ends. Can you think of ways to compete with the gathering spots, clubs, and online social meccas people gravitate to for their social needs? Brainstorm on the following subjects to come up with ideas. Hint: An example might be a senior yoga center that holds monthly dance contests at which singles would get in shape and find companions at the same time.

Events

Online contests

Recognition

need to see their doctors, he adds, but they will usually take your advice if you are firm about it.

As the Boss

Keep in mind that when you have trainers working for you, you still have a responsibility to the clients they are training, even though you are not personally training them. Jennifer Brilliant meets with every new client before that client is assigned to a particular trainer or teacher. Then she makes a follow-up call every month to make sure everything is going well and the client is satisfied.



Pat Henry, Organic Stretching™ creator/instructor, demonstrates ways of moving that focus on strengthening the body's connective tissue and increasing range of motion.

Critical Documents

Certainly you can keep as much paper information as you want on file, but there are several documents that are absolutely essential. You should have on file an informed consent, release, and assumption of the risk form signed by the client, a physician release form, and a fitness assessment, in addition to any other critical client records.

Informed Consent, Release, and Assumption of Risk

This form states that the client is agreeing to participate in exercise testing and the training program that is developed as a result, and includes a release and assumption of the risk. You should have a client's written consent before putting them through any procedure. In general, the following elements are required for a valid form (although again, it's a good idea to have an attorney review this and other client forms):

- The person must be over 18 and otherwise legally capable of giving consent. For clients under 18, you need the signature of a parent or guardian.

- A statement that the client fully understands all the risks and benefits associated with the procedure and/or program, and a release.
- A statement that the consent is given freely and voluntarily, and not under duress or a misrepresentation of facts.

Such a form should only be signed after a discussion of all the risks and benefits of a procedure or program. Give the client a chance to ask questions, and be sure you've answered all questions completely and to their satisfaction. If appropriate, make additional notes on the form to document any issues that may be raised at a later time. Give the client a copy of the signed form and keep the original in your files.

Smart Tip

Perform a regular client attitude inventory. Your clients should be comfortable with you and pleased with their program. If they're not, figure out what the issue is before you have a serious problem. A once-a-week attitude assessment will alert you to potential difficulties while they are still manageable.

Tip...

Even Our Dogs Are Fat

T

he 2010 Fitness Census fat facts are in and they're fatter than ever.

- For the first time in more than 60 years, the average life expectancy of Americans born today may be less than their parents'.
- 38 percent of male public administration workers are obese and 52.6 percent of female machinery operators are obese.
- 25 percent of American pets are overweight.

The silver lining:

- Since 2000, the number of overweight and obese children in the United States has stopped climbing.
- The percentage of adults who say they exercise regularly is up 5 percent.
- More people than ever belong to health clubs and more than 60 percent of American businesses are promoting healthy living through programs such as discounted gym memberships or on-site exercise facilities.

Read more at: www.goldsgym.com/healthy/newsletter/2010-04/2010-fitness-census.

Of her consent and release form, Brilliant says, “When I ask someone to read it, I say, ‘You’re in charge of what feels right and doesn’t feel right. If something doesn’t feel right, we don’t have to push through it. We’ll figure out something else.’ I invite them to be in charge of making choices for themselves. I also tell them that I have lots of ideas, and if one doesn’t work, we’ll find some other way to achieve the results they want.”

See the “Informed Consent” form that we’ve included on page 159. You may also want your clients to sign a general “Client Release” form, such as the one provided on page 151.

Physician Consent/Clearance

You should insist on medical clearance for any client considered high risk, and in some cases, for clients who are considered moderate risk. You can assess risk levels by reviewing their health history, medical screening, and exercise history forms. If you feel a physician’s clearance is necessary for a particular client, you should request it—and it should be reviewed and updated periodically. Again, see the “Medical Release” form on pages 149–150.

Smart Tip

Be careful not to talk about yourself too much. Certainly your clients will want to get to know you personally, but too much ego can destroy your relationships. Focus on your clients; ask how they’re doing, and listen to their answers.

Fitness Assessment

No one should begin an exercise program without first being sure they are physically able to participate in the program without injury or harm. It would be foolhardy of a personal trainer to allow any client to begin exercising without first doing a fitness assessment and health screening.

By screening your clients using forms such as those in this chapter, you’ll be able to determine if they can safely embark on an exercise program. You’ll also be able to determine their current level of fitness as well as their goals, which will help you to develop an appropriate program. The initial assessment should be repeated periodically as a monitoring and progress tool, as well as a way to motivate your clients.

Client Records

In addition to the critical documents we’ve discussed, you’ll need to maintain a wide range of important information on each client. You can do this with paper records or enter the information into an electronic database. You should maintain detailed documentation on all actions, observations, program prescriptions, and discussions

with clients. Be sure to record any special instructions given to clients, any warnings or limitations conveyed, progress notes, details of instruction (and instances in which you had to do repeat instruction) of techniques, equipment use or other concerns, and information on any injuries, including details of first aid that had to be administered as a result of an injury.

Keeping Your Clients Motivated

If you're going to maintain a solid roster of clients, you'll need to provide them with something they can't get by exercising on their own—motivation and encouragement. One of the most important services you as a personal trainer can provide is to help your clients stay motivated. In addition to exercise instruction, people who turn to personal trainers also need encouragement. Clients who are motivated will stay with their programs—and with you—longer.

Phil Martens uses down-to-earth language intelligently to talk to his clients. He sees some trainers making fundamental mistakes, not being very technically sound, and he says that could cause injury to people. "There are certain training methods people teach across the board that are not good for everyone. What might be good for a high school athlete may be dangerous for a senior citizen," Martens says, and advises trainers to take a close assessment, keep checking in through the duration of your relationship, and find out what clients want from the program.

People come into his gym with a gift certificate and are concerned about working out again because they have bad memories of the last time they did. "Most people don't want to die in agony the first time they train," Martens says, and suggests that the motivation levels for each client are unique. "One person wants to just get healthier and have more energy and the next person wants their butt kicked. Everyone is different."

Some of the ways you can help keep your clients on track include:

- *Listening.* Listen actively and effectively to what your clients are saying—and not saying. Be alert for verbal clues that will help you identify unspoken agendas.
- *Understanding their motivation style.* After a few sessions with a client, you

Smart Tip

Maintain contact with your clients outside their regular training sessions. Send birthday cards, cards at various holidays, or "attaboy" cards when they've reached a certain goal. Clip articles that you think may be of interest. Let them know they are important to you as individuals, not just as a source of income.

Tip...

should have a sense of whether that person is extrinsic (that is, they need you to assist with developing strategies that will keep them motivated) or intrinsic (self-motivated).

- *Demonstrating empathy and compassion, and providing positive reinforcement.* Many of your clients won't have much in the way of a support network and may feel like they are fighting their health and fitness battle alone. Let them know you understand and are pulling for them. When they make a behavioral change—even though it may not be as significant as it ultimately needs to be—be supportive.
- *Using humor.* A significant number of your clients exercise not because they enjoy it, but because they know they need to do it for various reasons. Adding appropriate, tasteful humor to a workout helps the time pass more quickly and makes the session more enjoyable.
- *Being flexible and creative.* Clients will become bored with the same routine, so change their programs regularly to keep them interested.
- *Educating yourself and your clients.* While you may have extensive professional training, chances are most of your clients know little more about fitness than what they read, see, and hear through the popular media. Pay attention to news reports, do some additional research to get the real facts, and discuss these issues with your clients during your sessions. And realize that teaching your clients why proper exercise technique is important will help them achieve long-term success. “I would never want to have a client for several years knowing that I was able to help them accomplish their goals,” says New York trainer Mike Hood, “and then have them go out on their own . . . and fail. They need to be able to ultimately take what you taught them and apply it to everyday life.”
- *Measuring and tracking progress.* Create progress charts so your clients can see at a glance how they’re doing. It’s also a good idea to do periodic assessments, which can help you decide on what changes might be needed and also allows clients to see their progress. The best motivator in the world is a program that works.
- *Helping remove barriers.* Your clients are coping with a wide range of mental and physical barriers to exercise. Help them identify these barriers, then come up with strategies to remove them. By becoming trained in the principles of wellness coaching, as described in Chapter 7, you’ll improve your ability to do this.

Clients as Allies

Your clients can help you reach your goals. If they believe in you, they may invest in your business. Make sure to make your mission clear verbally and on all of your

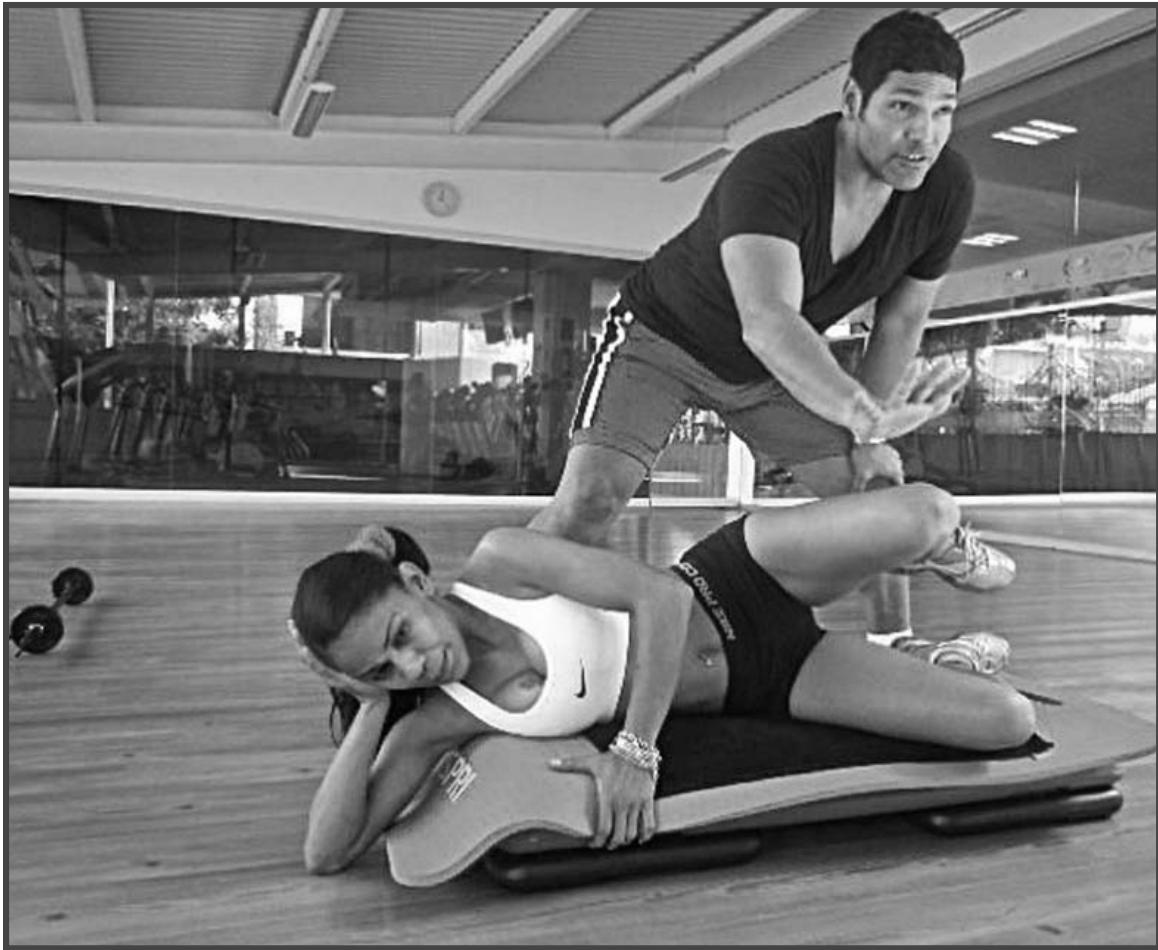
social media channels and update your progress frequently. Two of our trainers said that clients invested in their businesses monetarily and by bartering services. Had it not been for that extra help, they may not have sustained some of the challenges of the economy.

Can Clients Reach You?

Voice mail is one of the most popular modern business conveniences and can be a significant communication tool. Even so, whenever possible, answer your phone yourself—and insist that your staffers do likewise. Handle calls as quickly and efficiently as possible. When clients call with a question or concern about their health or fitness



Salvador Mascarenas Ruiz, a certified personal trainer in Puerto Vallarta, Mexico, works one-on-one with client Maribel Quintero, pressing down on her knee to provide extra resistance during her exercise regimen.



Closely observing his client's workout in the mirrored classroom of Puerto Vallarta's Fit Club, personal trainer Salvador Mascarenas Ruiz challenges client Maribel Quintero to go the extra distance and lift her knee high enough to meet his hand.

program, they want to speak to a person, not a recording device.

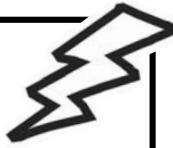
Some other things to keep in mind:

- If you use an automated answering system, be sure to tell callers how to reach a live person. Ideally, that information should come very early in your announcement. For example, your greeting might sound something like this:

"Thank you for calling Personal Training Specialists. If you know the extension of the person you are calling, you may enter it now. To reach an operator, dial 0 at any time during this message. If you are a current client and need to speak to someone, press 1. To schedule a tour of our facility, press 2. For

Bright Idea

Periodically call your voice mail to see how it sounds. Make sure what your clients hear is clear and professional.



Etiquette Essentials

F

rom a client's perspective, your demeanor says a lot about how dedicated you are to their success. So it's essential that you practice proper etiquette to make your clients feel appreciated—and eager to work with you.

- *With a new client, ask their permission before making physical contact*, and always avoid certain body areas, such as the pelvis. As you gain experience with the person, you won't always need to ask because the appropriate barrier will become clear.
- *Stay friendly but professional*. Dating clients should be out, as should be socializing except in a business context. A client who is the trainer's friend may tend to no longer work as hard because they think their trainer/friend won't hold them accountable.
- *Don't socialize with others while training, and don't listen to your iPod* (yes, we've heard a story of a trainer listening to tunes while with a client). Don't eat or drink during a session, other than water. If your clients do see you eat, make it healthy—remember, you're a role model.
- *Only take cell phone calls if it's an emergency*. If you do take a call, first ask your client if it's OK.
- *Don't sit*. Not only is it more difficult to check your client's form while you're in a seated position, it sends a message to your client that you're not excited to be training them.
- *If you use humor as a relationship-building strategy, avoid political, racial, or sexist jokes or comments*. Inappropriate or offensive humor can quickly destroy a relationship you have taken a long time to build.

information on our hours and location, press 3. For accounting, press 4. For a staff directory, press 5.”

- Whether you're a one-person show or you have a sizable staff, change your individual voice-mail announcements daily. Callers need to know whether you're in the office or out, and whether they're likely to hear back from you in five minutes or five hours. Avoid saying the obvious, “I'm either away from my desk or out of the office”—well, of course! If you were at your desk, you'd be

answering your phone. Always let callers know how to reach a live person when you're not available. Here's a sample individual voice-mail announcement for when you're in the office:

"You have reached the voice-mail box for Jane Smith, and it's Monday, June 1. I'm in the studio today but unavailable at the moment. Leave your name, number, and the reason for your call, and I'll get back to you within an hour. If you need to speak with someone immediately, press 0 and ask the operator to connect you with Bob White."

If you're going to be out most of the day working with clients, try something like this:

"This is the voice-mail box for Mike Green. It's Wednesday, January 23. I'm scheduled to be out of the office from 9 A.M. until 3:30 P.M. with clients, then I'll be in until 6 P.M. I'll be checking messages throughout the day, so leave your name, number, and the reason for your call, and I'll get back to you as soon as possible. If you need to speak with someone immediately, press 0 and ask the operator to connect you with Susan Gibson."

Of course, if you're a solo operator, you can't include an alternate contact, so just ask callers to leave a message.

Client Information

Name: _____ Date: _____

Address: _____

Phone (day): _____ (evening): _____

Age: _____ Birth date: _____ Gender: Male Female

Occupation: _____

Employer: _____

Emergency contact: _____ Relationship: _____

Address: _____

Phone (day): _____ (evening): _____

Primary care physician: _____

Phone: _____

How did you hear about us? _____

Medical Release

Date: _____

[insert physician name]

[insert physician address]

Dear Doctor:

Your patient, _____, wishes to begin a personalized training program. The activities will include:

Exercise type: _____

Exercise frequency: _____

Exercise duration: _____

Exercise intensity: _____

If your patient is taking any medications that will affect his/her heart rate response to exercise, please indicate the details:

Type of medication: _____

Impact on heart rate response to exercise: _____

Type of medication: _____

Impact on heart rate response to exercise: _____

Type of medication: _____

Medical Release, continued

Impact on heart rate response to exercise: _____

Please describe any recommendations or restrictions that are appropriate for your patient in this exercise program: _____

Please complete the information below and return this letter to me using the enclosed reply envelope. If you have any questions, feel free to call me at your convenience.

Sincerely,
[your name]
[company name]
[phone number]

Physician completes:

_____ has my approval to begin an exercise program with the recommendations or restrictions indicated above.

Signature: _____

Date: _____ Phone: _____

Client Release

I know of no physical or medical condition that either myself, or my physician, is aware of that could be aggravated by participating in an exercise program. I agree to advise [name of your company] in writing if this changes or if my physician advises me to stop, reduce, or otherwise adjust my exercise routine.

I will advise [name of your company] if I injure myself in any way while on their property or while participating in exercises under the supervision of one of their trainers.

Signature: _____

Print name: _____

Date: _____

Exercise History and Attitude

Name: _____ Date: _____

Address: _____

Phone (day): _____ (evening): _____

Age: _____ Birth date: _____ Gender: Male Female

Rate your exercise level on a scale of 1 to 10 (1 indicating sedentary, 10 indicating very strenuous) for each age range through your present age:

15–20 _____

21–30 _____

31–40 _____

41–50+ _____

Were you an athlete in high school or college? Yes No

If yes, please describe the sport and level of participation: _____

Do you have any negative feelings toward physical activity programs?

Yes No If yes, please explain: _____

Have you had a bad experience with a physical activity program? Yes No

If yes, please explain: _____

Do you have any negative feelings toward fitness testing and evaluation?

Yes No If yes, please explain: _____

Have you had a bad experience with fitness testing and evaluation?

Yes No If yes, please explain: _____

Exercise History and Attitude, *continued*

On a scale of 1 to 10 (1 being the lowest, and 10 being the highest), rate yourself in the following areas:

Your present athletic ability: _____

Your present cardiovascular capacity: _____

Your present muscular capacity: _____

Your present flexibility capacity: _____

When you exercise, how important is competition? _____

Do you start exercise and fitness programs and then find yourself unable to stick with them? Yes No

How much time are you willing/able to devote to an exercise program?

Minutes per day _____

Days per week _____

Are you currently involved in an exercise program? Yes No

If yes, please describe: _____

How long have you been exercising regularly? _____

What exercise, sport, or recreational activities have you participated in?

In the past 6 months: _____

In the past 5 years: _____

Are you able to exercise during your workday? Yes No

If yes, please describe when and what type of exercise you can do: _____

Exercise History and Attitude, continued

Would an exercise program benefit you professionally? Yes No

Rate your interest in the following types of exercise on a scale from 1 to 10
(1 being no interest, 10 being very high interest):

- | | |
|----------------------------|-------|
| Walking | _____ |
| Stationary biking/spinning | _____ |
| Cycling | _____ |
| Jogging/running | _____ |
| Swimming | _____ |
| Racquetball or squash | _____ |
| Tennis | _____ |
| Dance exercise | _____ |
| Other aerobic activity | _____ |
| Strength training | _____ |
| Stretching/yoga | _____ |

What do you want exercise to do for you? Rate each goal on a scale of 1 to 10
(1 being the least important, 10 being the most important):

- | | |
|--|-------|
| Improve cardiovascular fitness | _____ |
| Reshape or tone my body | _____ |
| Body-fat/weight loss | _____ |
| Improve performance for a specific sport or activity | _____ |
| Improve mood | _____ |
| Improve ability to cope with stress | _____ |
| Improve flexibility | _____ |
| Increase strength | _____ |
| Increase energy level | _____ |
| Feel better physically overall | _____ |
| Other: _____ Please explain: _____ | _____ |

Would you like to change your current weight? Yes No

If yes, how much would you like to lose? _____ Gain? _____

Medical Screening

Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone (day): _____ (evening): _____

Height: _____ Weight: _____

Body mass index: _____

Blood pressure: _____

Lung function: _____

Body composition: _____

Cardiovascular condition: _____

Flexibility: _____

Strength: _____

Health History

Name: _____ Date: _____

Address: _____

Phone (day): _____ (evening): _____

Age: _____ Birth date: _____ Gender: Male Female

Are you currently taking any medication? Yes No

Type: _____ Purpose: _____

Type: _____ Purpose: _____

Type: _____ Purpose: _____

Could any of these medications cause a reaction while exercising?

Yes No If yes, please explain: _____

Do you have or have you ever had any of the following conditions?

If yes, please describe.

Condition			Description of Condition
Heart attack	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Stroke	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Chest pain	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Hypertension	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Cancer	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
High cholesterol	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Diabetes	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Thyroid problems	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Arthritis	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Hernia	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Anemia	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Obesity	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Breathing or lung problems	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Other	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____

Health History, continued

Have you ever been injured in any of the following areas? If yes, please describe.

Body Area	Date and Description of Injury		
Heart attack	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Neck	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Shoulders	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Arms/hands	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Abdomen	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Back	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____
Legs/feet	<input type="checkbox"/> Yes	<input type="checkbox"/> No	_____

Are you currently under the care of a physician for any reason? Yes No
If yes, please explain: _____

Do you know of any physical condition you have that could be aggravated by exercise or exertion? Yes No

If yes, please explain: _____

Do you smoke? Yes No If yes, how much? _____

Does your doctor know that you are beginning a new exercise program?
 Yes No

If yes, does he/she approve? Yes No

If no, is there a reason you have not discussed this with him/her? Yes No

Health History, continued

If your doctor does not approve of you beginning a new exercise program, why?

If you have not discussed this with your doctor, why?

Have you ever been advised by a health-care professional not to exercise?

Yes No If yes, please explain:

Do you know of any reason why you should not exercise or increase your physical activity? Yes No

If yes, please explain:

Describe any physical activity you do regularly:

Activity

Frequency

For Women

Are you pregnant now or have you been pregnant within the last three months?

Yes No

Have you experienced menopause or are you having symptoms of menopause?

Yes No

The information I have given on this form is, to the best of my knowledge, complete and accurate.

Signature: _____

Printed name: _____

Date: _____

Informed Consent

(For exercise testing and fitness program participation)

I, _____, voluntarily consent to engage in a fitness assessment, including exercise testing, and a personal fitness training program. I understand that the cardiovascular exercise test will involve progressive stages of increasing effort, and that at any time, I may terminate the test for any reason. I understand that during some tests I may be encouraged to work at maximum effort, and that at any time, I may terminate the test for any reason.

The reaction of the cardiovascular system to aerobic or weight-lifting activities cannot always be predicted with complete accuracy. I understand certain physical changes may occur during the exercise testing and during the personal fitness training program. Such changes include abnormal blood pressure, fainting, disorders of the heart rate, and very rare instances of heart attack or cardiac arrest. I understand that every effort will be made to minimize problems by preliminary examination and observation during testing, exercising, and any personal training.

Even though I will be observed during the testing and personal fitness training program, I understand that I am responsible for monitoring my own condition at all times during testing, exercise and the personal training program, and should any unusual symptoms occur, I will cease participation and inform the test administrator and/or my personal trainer of the symptoms. Such symptoms could include but are not necessarily limited to: nausea, difficulty in breathing, chest discomfort, and joint or muscle injury.

I also understand that an emergency protocol has been planned. In the event an emergency situation occurs, I am financially responsible for any emergency services that may be necessary.

I agree to assume all risks of the testing, exercise, and the personal training program and hereby, for myself, my heirs, personal representatives or assigns, release, indemnify, and hold harmless [insert your company name and your name] and their agents and employees from any and all health claims, suits, losses, or causes of action for damages, injury, or death, including claims for negligence, arising out of or related to my participation in the fitness assessment, exercise, or fitness training program.

Informed Consent, continued

I have read the foregoing carefully, and I understand its content and these and other risks that are inherent in a fitness assessment, exercise testing, exercise, and personal training. Any questions that may have occurred to me concerning this Informed Consent, Release, and Assumption of the Risk have been answered to my satisfaction. My participation in the fitness assessment, testing, exercise, and personal training is voluntary and I knowingly assume these risks. I sign this agreement freely and voluntarily, and not under duress or a misrepresentation of facts. If any part of this agreement is held invalid, I agree that the remainder of the agreement shall have full legal effect.

Signature: _____

Date: _____

Witness: _____

Date: _____

Advertising and Marketing

In Chapter 1, we talked about the tremendous potential market for personal trainers. With that in mind, you might think that just about everyone is a prospective client. While that could be considered technically true, the reality is that if you define your market as “everyone,” you’ll find it impossible to communicate effectively with anyone. You need to know where your

particular prospects are, where they go, where they shop, what they read, who they associate with, what they're interested in, and what will push their buttons.

You also need to recognize that even though people may need what you have to offer, they will not automatically become your clients. At first, clients aren't going to just approach you to train them—you have to go out and get them. But once you get your business built, you'll find that as much as 80 percent of your clients will come through referrals.

We heard this over and over again from the entrepreneurs interviewed for this book. You have to really work hard to get those first few clients, then the rest start flowing in—assuming you're good, of course. So how will you go about getting those first few clients? In this chapter, we're going to discuss the basics of marketing your business, as well as the advertising approaches that worked for the entrepreneurs we interviewed.

Marketing 101

Marketing consultant Debbie LaChusa, of 10stepmarketing, says the basic principles you'll use in marketing your personal training business are the same as for just about any business. "It's not that difficult," she says. "It's knowing what information you need and where to get it. From my experience, many books and articles make it more complicated than it needs to be." The most important thing to keep in mind about marketing is to "understand that marketing is not an expense. It's not an administrative task that you have to do. It's an investment in your business," says LaChusa. And outside of training itself, it ought to be a function you enjoy. "Of all the necessary things you have to do in a business, marketing is at least a creative one, and you can have fun with it. You can try new things. And if you track them, which I recommend that everybody do, you can find out what's working and what isn't."

In early chapters, you learned how to identify your market. As you put together



Stat Fact

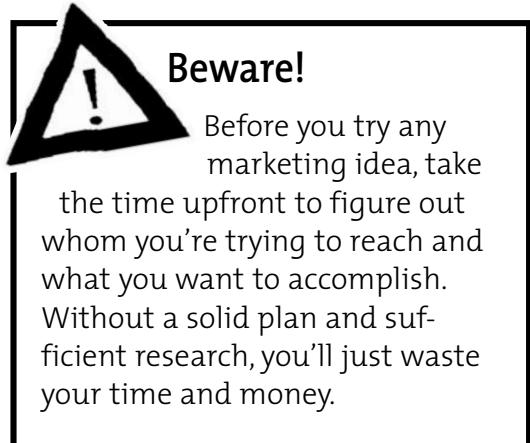
A study published by Pub Med conducted by the Brooks College of Health, University of North Florida, Jacksonville found that in congestive heart failure (CHF) patients, measurable results building a tolerance to exercise were found with upper-body aerobic exercise training. Normally, CHF patients train for heart health at an aerobic level using their lower bodies, but for patients who cannot use their lower extremities, upper-body workouts were found to create similar benefits, including building exercise tolerance and increased respiratory exchange ratio.

your marketing strategy, you need to further define your market, your goals, and your relationship to your clients. To do that, keep these questions in mind as you form your marketing plan:

- *Who are your potential customers?* Are they bodybuilders or middle-aged professionals who need help staying and getting in shape? Are they already fit and healthy, or are they recuperating from an injury or illness?
- *How many are there?* Knowing how many potential customers you have will help you determine if you can build a sustainable business.
- *Where are they located?* Is there a substantial market in your local area?
- *What are they doing in terms of exercise and fitness-related activities now?*
- *What can you offer that they're not getting now and how can you persuade them to do business with you?* In other words, what would be their motivation to contract with you for training, instead of doing whatever it is they're currently doing?
- *Exactly what services are you offering?*
- *How do you compare with your competitors?*
- *What kind of image do you want to project?*

The goal of your marketing plan should be to convey to prospective customers your business's existence and the quality of your service. Ideally, you should use a multifaceted approach to marketing your business.

You probably already answered most of these questions when you did your market research. Now it's time to expand on that information and use it to construct a marketing program.



Getting the Word Out

Personal trainers usually don't spend very much on advertising. In fact, advertising should be a very small part of your overall marketing strategy, but there are times when it's a worthwhile investment. The advertising media you'll want to consider include:

- Word-of-mouth
- Local TV and radio

- Notoriety through contests and event sponsorship
- Local newspapers
- Direct mail (sales letters, newsletters, fliers, brochures, etc.)

Choosing an advertising medium is particularly challenging for a small operation like a homebased personal training service or even a small studio. Typically, big-city TV, radio, and newspapers are too expensive, and magazines are expensive and cover too broad an area to be cost effective. You may find small local newspapers and



Veteran Yoga instructor Barbara Crompton repositions student Carolyne Taylor to enhance effectiveness of her pose and posture.

community publications to be reasonably priced; you'll only know whether or not they'll be effective for you if you try them.

By far the most effective form of advertising, for Barbara Crompton, has been word-of-mouth, based on a reputation for offering a quality program. Crompton stresses the importance of developing a loyal following that creates notoriety around oneself as a person of integrity and a consistently excellent trainer devoted to the well-being of one's students.

None of the trainers we asked thought a traditional Yellow Pages ad was worthwhile, since they get 80 percent or more of their clients from referrals once they're established.

When evaluating prospective advertising media, consider these factors:

- *Cost per contact.* How much will it cost to reach each prospective customer? For example, if you are buying an ad in a magazine or newspaper, divide the price by the circulation to figure the cost per contact.
- *Frequency.* How frequent should the contacts be? Is a single powerful advertisement preferable to a series of constant small reminders, or vice versa?
- *Impact.* Does the medium appeal to the appropriate senses, such as sight and hearing, in presenting design, color, or sound?
- *Selectivity.* To what degree can the message be restricted to those people who are known to be your most logical prospects?

Think through your advertising decisions carefully, and don't feel pressured to do something unless you're reasonably sure, based on your own assessment (not just the assurances of an ad salesperson), that it will work. Don't advertise in publications that aren't directed at your specific market. And don't buy the expensive four-color brochure when a two-color flier will do.

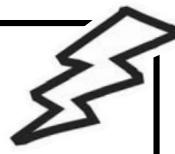
Direct Mail

Because of the ability to target well-defined geographical areas, direct mail can be an effective way to promote your personal training business. It also allows you to send a very personalized sales message. However, due to its costs, it is more appropriate for a larger personal training operation than a small, one-person business.

The best methods for direct-mail advertising of a personal training business are personal sales letters and brochures. Use a solo mailer, rather than including

Bright Idea

When you see an ad or other marketing effort being repeated over time, it's a good sign that it's working and you should consider using the same technique for your own company.



your information in a cooperative mailer full of supermarket coupons and the like. People don't select their personal trainer the way they choose barbecue sauce, so the less expensive co-operative mailer can cost you the professional image that you can effectively create through a solo mailer.

A sales letter will allow you to add an effective personal touch. It should be personal, written in an informal style, and selectively directed. You might also want to include a reply card that allows the prospective customer a chance to ask for more information or for you to contact them to arrange a tour of your studio if you have one.

Start your letter with something that will grab the prospect's attention. It might be a description of a special offer or the benefits of personal training. It may flatter the reader: "I know you appreciate the importance of a regular fitness routine for overall health." Another option is to tell a story: "Suzie Smith wanted to wear her mother's wedding gown, but she needed to lose weight and get in shape first."

Dollar Stretcher

Look for noncompeting service providers who are targeting the same market you are and figure out a way to do some cooperative advertising. For example, try doing a joint direct-mail campaign with a massage therapist.



Young and Old Take the Lead

The Bureau of Labor Statistics indicates in the 2008 to 2018 decade aging baby boomers, a group that increasingly is becoming concerned with staying healthy and physically fit, will be the main driver of employment growth in fitness workers.

An additional factor is the combination of a reduction in the number of physical education programs in schools with parents' growing concern about childhood obesity. This factor will increase the need for fitness workers to work with children in nonschool settings, such as health clubs.

Increasingly, parents also are hiring personal trainers for their children, and the number of weight-training gyms for children is expected to continue to grow. Health club membership among young adults has grown steadily as well, driven by concern with physical fitness and by rising incomes.

The body copy of your letter should let the prospect know the exact reason you are writing and what you have to offer. Headlines in letters can be very effective, but if you use one, it should describe the main benefit you are trying to promote. Expand on that point throughout the letter, reiterating that specific benefit as often as you can, using different descriptions so the reader will remember that benefit.

Any claims you make should be qualified by citing sources or offering endorsements. You should also include what the reader will lose if they don't respond. For example, indicate that you only have a few openings for new clients available, and they are filling up fast. Then close your letter with a repeat of the main benefit and a "call to action," which tells the reader what they should do next, whether it's to return the enclosed reply card, call for an appointment for a tour, come to an open house, or whatever.

You can buy commercial mailing lists (check your local telephone directory under "Mailing Lists"), but you're probably better off building your own mailing list through people you know and referrals.

Collateral Materials

A good investment of your marketing dollars is in the right collateral materials—that is, your business cards, stationery, and other printed promotional items. Just because you have a computer doesn't mean you can create your own marketing pieces. Most business cards designed by amateurs look like amateurs designed them. A poorly written brochure that does not effectively communicate your message is a waste of money. Newsletters can be a powerful marketing tool for personal trainers, but if yours is hard to read and understand, it's a waste of time and money.

Hire professionals to help you create top-notch collateral materials. Small agencies or freelancers are often willing to work with clients on tight budgets. You may even find a graphic designer or writer willing to work on a trade-out basis. While it's important that your marketing materials be coordinated and professional, never lose sight of the fact that your prospects will ultimately be sold by you, not by a card, brochure, ad, or flier.

The Real Gold Mine

Most of your clients are going to come from referrals or word-of-mouth advertising. When someone is happy with what you're doing for them, they're going to tell other people.

LaChusa, the marketing consultant, calls it relationship marketing. "It means creating relationships with your existing customers and using those relationships to

either get more business out of them, or to get referrals for new clients or new business,” she says. “It’s taking really good care of the customers you have.”

This just makes sense—when you take care of a client, not only do they physically see results, but they actually feel different. They believe in themselves, they’re more confident, and they talk about you to their spouse, to their neighbors, to their friends. Also, by teaching clients and helping them to ultimately be successful on their own, you’ll have spokespeople saying positive things about your business in the community. “No matter what your advertising budget is, that’s the best form of advertising,” Atlanta-area trainer Bill Sonnemaker says.

Of course, you can expedite this process by taking steps to stimulate referrals. Lynne Wells, the personal trainer in New York City, takes a very candid and simple approach, letting clients know when she has an opening in her schedule. “I also will put postcards out around the neighborhood where I work,” she says. Or you can offer a financial incentive, such as giving clients a discount on their next month’s fee if they send a referral and that person becomes a client.

Another way to encourage referrals is to give a gift certificate for a free evaluation and one or two exercise sessions to your clients for them to give to someone else. Do this around a holiday or tie it to some seasonal event to make it stand out. Give it in December with a note that you’re happy to help your clients with their holiday shopping, or in the spring with a “Get Ready for Summer” theme.

Smart Tip

When passing out your business cards, always give two—one for the person to keep, and one they can pass on to someone else.

Tip...

Strictly Confidential

Prospective clients are increasingly likely to ask for references when they are considering hiring you. But your current clients may not want their names and contact information given out to strangers. One way to handle this is by asking current clients to call the individual who is seeking a reference, rather than the other way around. If the prospective client is in the studio, you might consider introducing him to people who are there for their training sessions. You also could obtain testimonial letters from satisfied clients that you can use as a sales and marketing tool.

Medical Referral Programs

Marketing your services to the medical community can be a challenge, but it can also be extremely lucrative. You'll likely find it difficult to get through to physicians because their office staffs typically act as gatekeepers and will try to block you from making contact. Be persistent and creative; the rewards are worth the effort.

Traditionally, the medical community has had a rather negative view of the fitness industry and is somewhat distrustful of the credibility and quality of the various certifying agencies. However, physicians and other health-care providers have begun actively endorsing fitness as a preventive measure in health care. Presenting yourself and what you have to offer in a professional, businesslike manner will go a long way toward dissolving the distrust that has existed in the past. Consider offering a few complimentary sessions to show healthcare providers what you can do.

You might try a personalized direct-mail campaign, sending letters to doctors and therapists outlining what you can do for their patients. However, unless the person receiving the letter will recognize your name or has an immediate need for your services, chances are you won't get a response. Personal visits will likely be more effective, but you'll probably find it difficult to get a face-to-face meeting just by dropping in.

Because it may be difficult to reach a doctor in his or her office, look for other ways to make contact. Participate in health fairs, make speeches to community organizations, and do volunteer work with groups where you are likely to make contact with health-care providers. If you meet a doctor at a social event, follow up later to let him know about your services. If you have a studio, consider hosting an open house so health-care providers can see what you have to offer.

Remember that medical doctors are not the only health-care professionals who are in a position to refer clients to you.

LaChusa suggests researching other health-related businesses such as chiropractors, massage therapists, health-food stores, and supplement retailers as potential referral sources. In addition to chiropractors and massage therapists, one trainer we interviewed says he also networks with a sports psychologist and golf and tennis pros. He also does cross-promotions with nutrition stores and offers a discount to customers of a major HMO. "We're very selective about who we work with," he says. "You want to feel very confident that

Bright Idea

When you have a patient with health problems and you decide to contact their physician before proceeding with a training program, be sure to let that doctor know you will be happy to work with any patients who may benefit from personal training. Put him or her on your mailing list and make them a regular recipient of your marketing efforts.



they're in their professions for the right reasons and that they're qualified, so that the relationship will reflect positively on you."

When you get a referral from a healthcare provider, be sure to send an immediate thank-you note and follow up with details of the patient's progress. The more often you put your name in front of a referral source in a positive way, the more referrals you're likely to get.

Ideas for Promoting Your Business

Teaching people about the importance of fitness and proper exercise programs is part of the service you provide. It's also a great way to market your company. Speak to local groups (service clubs like Kiwanis and Rotary are always looking for guest speakers); publish your own newsletter; write articles for the local newspaper; let local print, TV, and radio journalists know you are available to speak as an expert whenever they are doing stories on fitness and exercise; participate in fitness-related charity events; or host free seminars on fitness. These types of activities position you as an expert on fitness and exercise, and put your name and company in front of hundreds and even thousands of potential clients at a very nominal cost.

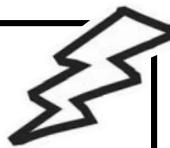
The key to making education a successful marketing tool is to give people information that they aren't hearing everywhere else. Be creative with your presentation, and make it different and interesting.

LaChusa calls it "packaging your knowledge." She explains, "There's so much information out there on fitness, and people have a hard time wading through what's accurate and good, and what isn't." She recommends that you take the time to package that information in the form of a newsletter positioned as the one to sift through everything and provide your clients with facts. As we saw in Chapter 5, sending educational emails can be very effective in spreading the name and reputation of your business. The idea is to give clients more value than just the hour of training in exchange for their money.

Another angle on using education as a marketing tool is to offer a free booklet on some aspect of fitness in your ads or when you make presentations. The booklet could be something as basic as "How to Choose

Bright Idea

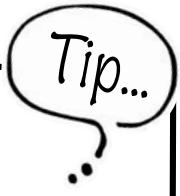
If you have a studio located in a building surrounded by taller buildings, remember that people are probably looking down at your roof every day. Paint your company name and logo on the roof, and periodically put out a banner with more information or special offers.



and Work with a Personal Trainer." When people call for the information, get their name, address, and phone number. After you've sent the report, call and schedule a follow-up consultation.

You could develop a workshop to present to office employees, demonstrating exercises and stretches designed for desk-bound workers. You may or may not earn a fee from the company, but the employees are potential clients.

Smart Tip

PR Newswire is an electronic distribution service through which you can distribute press releases that may get picked up by news sources or websites. You also can get added to their database of expert sources who are available to the media. For more information, visit www.prnewswire.com.

Is It Newsworthy?

When you have news, issue a news release to your local media outlets. If the business section of your local paper includes new business announcements, be sure yours gets in there. When you open a new facility or expand your services, issue a news release.

When something happens on a national level that relates to what you do, write up a media advisory with a local spin. Local reporters would much rather be able to interview someone in their own community. For example, let's say researchers at a university announce a new benefit to weight training. You can send a note (either fax or email) to the local paper and radio and TV stations repeating the news story and offering to answer additional questions. Your note might read something like: "Researchers at ABC University released the findings of a new study on weight training. I have seen similar results among my clients. If you would like to interview

Exercise and Depression

Studies prove that exercise alleviates depression, but what is the right level and duration to reap benefits? Many factors are under investigation including the strain, type, and length of exercise. Other variables include whether a patient will quit a program too rigorous to enjoy its benefits.

To see the hundreds of variables examined by specialists in the coupling of depression and exercise view the *New York Times* blog study here: <http://well.blogs.nytimes.com/2011/08/31/prescribing-exercise-to-treat-depression>.

someone local on the benefits and risks of weight training, please call me.”

Give It Away

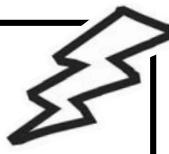
Offer free initial consultations to all prospective clients. Do a medical history, talk about the client's goals, and explain how you will work with them before you ask them to make a financial commitment to you. This is your opportunity to shine, to set yourself apart from your competition, and to prove yourself before you ask for a fee. The free consultation is like an actor's audition—and you never know what it can lead to, so give each one your very best.

Think about how your free consultation can be a bonus for someone else. For example, visit your local exercise equipment retailers and offer them a few certificates that can be redeemed for a free consultation and one exercise session. Suggest that they give the certificates as a bonus to their customers when a particular sales level is met or exceeded. For example, they might give the certificate (with a face value of \$150 or \$200) to anyone who spends more than \$2,000 on exercise equipment. That person is likely an excellent prospect for you.

When a prospective client doesn't buy your services after the initial consultation, follow up and find out why. Make it clear that you're not pressuring them to sign up, but rather that you'd genuinely like to know why they didn't so that you can decide if you need to make some changes in your marketing approach or your service package.

Bright Idea

Create a simple behavior change citywide challenge (eat one huge salad and do 25 sit-ups every day for the next month), and promote it on local radio stations. Some stations read event details for free in their cities. Announce in your press kit that you'll be giving away prizes (free tutor time with you) and publishing the results on your Facebook page. You may get a magazine or two interested. Make the challenge simple, but interesting, such as asking participants to just change something simple for a month and then write to you about their experience.



Selling Your Business

To be successful as the owner of a personal training business, you're going to have to be able to sell people on your services. But don't let the word “selling” scare you. Most of the world's top sales professionals will tell you they hate “selling.” What they mean is, they hate the vision of the slick, fast-talking character on the used car lot, or the door-to-door peddler who wedges a foot in the door and won't leave until you buy.

But that's not selling in the professional sense of the word.

When you sell as a personal trainer, all you're doing is convincing prospective clients that you can help them reach their fitness goals, and that you will do it professionally at a price they are willing to pay. You may be familiar with the sales training phrase "handling objections." That sounds much more frightening than it really is. In most professional sales situations, an "objection" often comes in the form of a question, and whether it's a question or a statement, it is usually a request for more information. For example, a prospective client might say something like, "I don't have a lot of time to exercise." It might sound like an objection or even a rejection, but it's really your clue to explain how efficient the program you'll design will be. Prospects rarely will say no without some sort of an explanation—an objection—that you'll have a chance to overcome.

One of the most difficult parts of a sales call is the close—that is, asking for the commitment and signing the contract—but it shouldn't be. If you've been paying attention, if you identified your prospect's needs and determined that you can satisfy them, then asking the prospect to make that final commitment should be a natural evolution of the sales call.

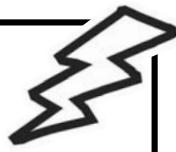
Be Prepared

Consumers of personal training services are becoming increasingly savvy. They're likely to have many questions for you before they make a decision to hire you, and you need to be prepared to answer those questions. Here's a sample of the type of questions you're likely to encounter:

- What are your credentials? What certifications do you hold, and where were they issued?
- What is your educational background?
- How do you keep yourself current on the latest information and news about fitness?
- Do you require clients to purchase any special equipment?
- Will you provide referrals from current and previous clients?
- Where do you conduct your training?
- What are your policies regarding missed sessions?

Bright Idea

Never say "no" to a customer. When they ask for something you don't provide, offer them an alternative instead.

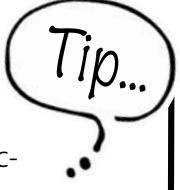


- What are your fees and how do you collect payment?
- Do you offer a free initial consultation and perhaps one or two free sessions to determine if there is a good match with the client's personality and style?

Assessing Your Results

If your marketing program isn't producing the results you want, figure out why and make appropriate changes. Most of the time, the problem will likely be that you haven't defined your market clearly enough or that you are targeting people who are

Smart Tip

Take before and after pictures, and keep them in your clients' files so that they can see the improvements they're making. With their permission, you can use these photos as a sales tool. Authenticate the timing of the pictures by having your clients hold a copy of that day's newspaper.

Mark Your Calendar

Perhaps the most valuable tool in your marketing kit is the calendar. Plan your promotions at least three months in advance and stick to the plan. This keeps you ahead of the curve and virtually eliminates the "feast or famine" cycle of many businesses. Most businesses tend to market reactively—that is, they market when business drops off, but don't bother when it's good. Referencing your marketing calendar on a daily basis forces you to market proactively and keep your pipeline of new business prospects full.

Take advantage of seasonal promotional opportunities: Christmas, New Year's resolution, and "Shape Up for Summer" promotions are common. Certainly you can use these, but try being more creative, too. Consider a "back-to-school" deal for moms, who will have more time to work out once the kids are away at school all day. If your city has a professional sports team, offer a free session to season ticket holders, either at the beginning or end of the season. Look for lesser-known holidays honoring specific professions—Nurses' Day, for example—and target those folks.

not qualified clients. If you are not getting any responses, you need to examine your methods. If you are getting responses but they're not turning into clients, ask them why. You may need to work on your presentation, or you may find out that these people either don't need you or can't afford you. In the latter case, consider targeting a different demographic group.

Remember this: Just as you expect prospective clients to ask about your qualifications and credentials, you should also be looking for qualified clients—that is, clients who have a need for your services, coupled with the ability to pay you. This doesn't mean that you need to ask them to complete a credit application during the initial consultation. But you should be able to tell what the chances are that they can afford you when you find out what they do for a living, what their fitness goals are, and what some of their other life issues are. Whatever you do to market your business, make sure every element of your campaign reflects your overall goals and the personality of your operation.

Fiscal Fitness

To be a success in the personal training business, it's not enough for you to be physically fit. Your company needs to be fiscally fit, as well. One of the key indicators of the overall health of your business is its financial status, and it's important that you monitor your financial progress closely. The only way you can do this is to keep good records. In this chapter, we'll delve into what

you need to know about record-keeping and financial statements, as well as pricing your services and billing clients.

Pricing Your Services

The two primary fee structures you'll use are hourly and flat-fee contract service agreements. While some trainers use one or the other exclusively, most use a combination. It's a good idea to offer a variety of service agreements and hourly rate structures, but not so many that your prospective clients are confused. Keep your fee structures simple, but with sufficient options to suit both your clients' ability to pay and their individual fitness needs.

Finding that perfect rate that isn't too low or too high is a challenge for most personal trainers. If you're going to have a successful, profitable company, you can't price yourself too low. On the other hand, it would be equally unwise to price yourself higher than what your market is willing and able to pay.

Pricing can be tedious and time-consuming, particularly if you don't have a knack for juggling numbers. Especially in the beginning, don't rush through this process. You need to consider a number of factors.

- *Overhead.* This includes the various costs involved in operating your business, such as rent/mortgage, payroll, insurance, taxes, advertising, debt service, utilities, professional services such as accountants and attorneys, telephone, office supplies, etc.
- *Desired income.* How much do you want to be able to take out of the business? Depending on your structure, this would be either your salary or the business's net profit.
- *Capacity.* How much time can you reasonably expect to be working with clients? Another way to think of this is to figure out how many billable hours you'll have. For example, if you're working with clients in their homes, your travel time will likely not be billable, so think about how many hours you can realistically expect to be training. You'll also need to spend time doing administrative tasks; those are not hours you can bill to a client, either.

Calculate your monthly overhead. Some items, such as insurance premiums, may be paid once or twice per year, so you need to prorate those costs and factor them into your figures. Then add on your desired income or profit. Divide that by the number of billable hours you have in a month, and you have an hourly rate baseline. This number can guide what you charge when working by the hour, and serve as the basis when

Flex Time

Though the assumption is that a personal training session is one hour, it doesn't have to be. You could offer 30-minute sessions; you might also consider a "50-minute hour," such as counselors and massage therapists generally do.

"There was a school of thought in the '60s, popularized by Bob Gadja, that said there's a finite amount of blood in the body and you can't shunt it into one area when it's at work in another area, but if you sequence it right you can elevate your heart rate properly to an exertion that creates an amazing workout in a lot less time," Gunnar Peterson says, and advises new trainers to stay open to all types of fitness education and to read as much as possible.

developing contract packages. If this hourly rate is at or under the going rate in your market, you're in good shape. That will likely be the case if you're working from your home or only part time and have little overhead.

If this hourly rate is overpriced for your market, you have a few options. You can go back and look for ways to reduce your overhead or your desired income. You can look for possible supplemental income opportunities that will allow you to reduce your hourly rate while still meeting your income requirements. For example, you might consider selling a variety of health and fitness products along with training your clients. If you have a studio, you might be able to sublet or rent out a portion of your space to a related health and fitness service provider who is not in direct competition with you. Or, if you can justify the higher rate and there are enough people in your market who will pay it, market yourself based on specialized services and high quality. Take the approach of the popular cosmetics line that admits to costing more, but says its customers are worth it.

Pat Henry's ten-hour-long weekend workshops, which can accommodate up to 14 participants, run approximately \$150. In Mexico, classes designed for seven to ten students are priced at 500 pesos (approximately 50 U.S. dollars) for one month of twice-weekly, hourlong sessions.

Tyrone Minor believes when people see your service rate is appropriate for the qualifications you've earned, then it is better to charge at the high end of that scale, rather than breaking your rate down into a psychologically "discounted" rate to get customers to feel they can afford you. For example, if he offers them one \$100 session

in which they can get the knowledge they need to quickly accomplish their goals, and he meets with them a few times, it's actually less expensive for them than a 10-session package at \$50 per unit. But for some reason people tend not to understand that.

Barbara Crompton's yoga class fees encompass three different price points, structured to encourage more frequent attendance in exchange for reduced charges. Pricing varies widely between Canada and Mexico, with drop-in rates of approximately \$15 and \$10, respectively, and a ten-visit pass offering a 20 percent discount. An unlimited usage pass, good for a month, usually also extends an additional 20 percent savings.

Teacher compensation varies from around \$18 per hour in Puerto Vallarta to \$70 in Vancouver. A fitness business owner will find the financial reward is far greater in direct correlation with the costs of running the business. Having a three-to-five-million-dollar insurance policy, for example, for personal liability protection in the event of perceived negligence and additional coverage for property-related claims is not uncommon.

Within the yoga community, bartering for services is a popular means of containing costs. In exchange for training in an apprenticeship capacity, for example, a technically savvy student may "pay for" his or her experience with website design or photography skills. Likewise, hotel accommodations may be gratis for the teacher who brings a dozen or so out-of-town paying guests to the site for a workshop. Although fitness instructors in Mexico average only 75 pesos per class, Salvador Mascarenas Ruiz charges 220 pesos (still low by U.S. standards) for a 45-to-50-minute session, whether with one client or a group, because of his considerable experience.

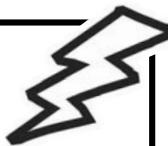
Jennifer Brilliant, the personal trainer in Brooklyn, bases her fees in large part on how strong the market is and what other trainers are charging. She has steadily increased her fee per session over the years. "It's anywhere from \$75 to \$175, depending on the situation, and the clients I've had for a longer time pay less because they started a long time ago," she says. "The clients I start with now pay a higher rate."

Lynne Wells, another personal trainer in New York, started out charging the same rate as the staff trainers at the gym she used, but eventually raised her fees. Because she goes to her clients' homes and offices, she factors travel time into her rates.

Another option is to not charge by the session but rather for a monthly package with a minimum of three months, with clients paying in advance at the first of the month. Or consider offering several tiers of pricing. You can have one for one-on-one training with a long-term commitment. You might also develop several packages designed to target less affluent clients who can't afford

Bright Idea

Give yourself a raise. Every year, review your fee structures and, if appropriate, increase what you're charging. Your clients will understand if you give them sufficient notice.





Stat Fact

According to the Bureau of Labor Statistics, jobs for fitness workers are expected to increase 29 percent over the 2008 to 2018 decade, which is much faster than the average for other occupations. Jobs will be gained because an increasing number of people are spending time and money on fitness and more businesses are recognizing the benefits of health and fitness programs for their employees.

to see you three times per week for several years. Those packages can be designed to help someone get started, make sure they know how to do the exercises correctly, and monitor them periodically to measure their progress and make adjustments as necessary. It's quite likely that the client who can't afford \$200 per week for a year would still be willing to pay \$600 for ten visits over a six-month period.

Payment Methods

An important part of your pricing policy is how clients actually pay you. For example, will they pay by the session on an as-you-go basis? Or by the month in advance? Or by the month in arrears?

Certainly, it would be ideal if everyone paid by the month in advance, but Jennifer Brilliant says, "some people are not comfortable doing that. I have people who pay at the beginning of the month for that month. I have people I invoice at the end of the month, and they pay sometime during the following month."

Something to keep in mind is that payment in advance on a monthly basis makes it easier to enforce your cancellation policy. You will want to consider how clients pay when setting your fee structure.

Accepting Credit and Debit Cards

The personal trainers we talked with were divided on the issue of accepting debit and credit cards. In general, the small one-person operations did not accept cards, and the owners did not find that to be a problem. Larger operations did accept cards, and owners found it to be an easier way of handling clients on a contract program.

Smart Tip

Tip...

One of the simple tips Peterson gives people is to avoid eating anything that is passed on a tray or that they would eat with their fingers. This advice is especially pertinent to a large part of his client base who, because of their tax bracket status, wind up going to many fancy social functions. This simple rule helps them avoid tons of extra calorie stuffing in the way of the many appetizers, finger foods, and little treats passed on toothpicks that seem so small and harmless.

It's much easier now to get merchant status than it has been in the past. Today, merchant status providers are competing aggressively for your business. To get a credit card merchant account, start with your own bank. Also check with various professional associations that offer merchant status as a member benefit. Shop around; this is a competitive industry, and it's worth taking the time to get the best deal.

Setting Credit Policies

When you extend credit to someone, you are essentially providing an interest-free loan. You wouldn't expect someone to lend you money without getting information from you about where you live and work, and your potential ability to repay. It just makes sense that you would want to get this information from someone you are lending money to. Reputable companies and individuals will not object to providing you with credit information. Be sure you have the client's full name, home and work addresses, telephone numbers, and banking information.

Your credit policy should include a clear collection strategy. Do not ignore overdue bills; the older a bill gets, the less likely it will ever be paid. Be prepared to take action on past-due accounts as soon as they become past due.

Smart Tip

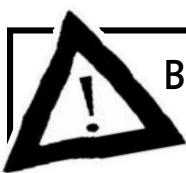
Once you've established your policies on extending credit, be sure to apply them consistently. Failure to do so will confuse your clients, make them wonder about your professionalism, and leave you open to charges of discrimination.

Tip...

Billing

If you're extending credit to your clients, you need to establish and follow sound billing procedures. Though most of your clients will be individuals, you may have occasion to bill companies for your services. Coordinate your billing system

with their accounts payable procedures. Candidly ask what you can do to ensure prompt payment; that may include confirming the correct billing address and finding out what documentation may be required to help them determine the validity of the invoice. Keep in mind that many large companies pay certain types of invoices on certain days of the month.



Beware!

Mail thieves operate even in the nicest of neighborhoods. If you receive checks in the mail, rent a post office box so you know they'll be secure.

Find out if your customers do that and schedule your invoices to arrive in time for the next payment cycle.

Most computer bookkeeping software programs include basic invoices. See the sample invoice below. If you design your own invoices and statements, be sure they're clear and easy to understand. Detail each item and indicate the amount due in bold with the words "Please pay" in front of the total. A confusing invoice may get set aside for clarification, and your payment will be delayed.

Invoice	
Personal Training Services of Houston	
1234 Fort Worth Highway	
Houston, TX 01234	
Date:	_____
Invoice No.:	_____
Terms:	_____
Description	Amount
Total	_____
Please pay: \$ _____	by _____
Introduce a friend to exercise and fitness! Call today for a certificate good for a free initial consultation and free exercise session: (012) 555-0124.	

Your invoice should also clearly indicate the terms under which you've extended credit. Terms include the date the invoice is due, any discount for early payment, and additional charges for late payment. For example, terms of "net 30" means the entire amount is due in 30 days; terms of "2–10, net 30" means that the customer can take a 2 percent discount if the invoice is paid in 10 days, but the full amount is due if the invoice is paid in 30 days.

It's also a good idea to specifically state the date the invoice becomes past due to avoid any possible misunderstanding. If you are going to charge a penalty for late payment, be sure your invoice states that it is a late payment or rebilling fee, not a finance charge.

Finally, use your invoice as a marketing tool. Mention any upcoming specials, new services, or other information that may encourage your customers to use more of your services. Add a flier or brochure to the envelope—even though the invoice is going to an existing client, you never know where your brochures will end up.

Keeping Records

Keeping good records helps you generate the financial statements that tell you exactly where you stand and what you need to do next. There are a number of excellent computer accounting programs on the market to help you with this task, or you can handle the process manually. You might also want to ask your accountant for assistance getting your system of books set up. The key is to do that from the very beginning, and keep your records current and accurate throughout the life of your company.

The key financial statements you need to understand and use regularly are:

- *Profit and loss statement.* This is also called the P&L or the income statement. It illustrates how much your company is making or losing over a designated period—monthly, quarterly, or annually—by subtracting expenses from revenue to arrive at a net result, which is either a profit or a loss. See the "Income Statement" on page 185 for an idea of what this financial statement looks like for two hypothetical personal training businesses.
- *Balance sheet.* This is a table showing your assets, liabilities, and capital at a specific point. A balance

Smart Tip

If you have to raise prices, make sure the price increase is reasonable, give your clients notice, and explain why you're doing it. You may lose some clients when you increase your prices, but generally the increased revenue will make up for it.

Income Statement

The income statement (or profit and loss statement) is a simple, straightforward report on your company's cash-generating ability. You can prepare an income statement based on your company's actual performance, or, in the case of a new company, you can prepare a projected income statement as a forecasting and planning tool. This monthly income statement depicts the two hypothetical personal training businesses used for the "Startup Expenses" in Chapter 8. One is a homebased business, with 20 to 25 clients; the other is a studio (2,500 square feet) that serves 80 to 100 clients.

	Homebased	Studio
Monthly Income	\$6,250	\$30,000
Monthly Expenses		
Rent	\$0	\$1,100
Phone/utilities	0	300
Postage	8	40
Owner/manager salary	4,000	10,000
Payroll/independent contractor commissions	0	10,000
Professional services (legal, accounting)	40	100
Advertising	0	25
Internet service provider	15	125
Office supplies	20	75
Equipment/facility maintenance	0	50
Transportation	922	185
Insurance (including professional liability, general liability, property, casualty, etc.)	50	125
Subscriptions/dues	20	75
Continuing education	50	175
Miscellaneous	100	300
Total Expenses	\$5,225	\$22,675
Net Profit (Pre-Tax)	\$1,025	\$7,325

sheet is typically generated monthly, quarterly, or annually when the books are closed.

- *Cash flow statement.* This statement summarizes the operating, investing, and financing activities of your business as they relate to the inflow and outflow of cash. As with the profit and loss statement, a cash flow statement is prepared to reflect a specific accounting period, such as month, quarter, or year.

Successful business owners review these reports regularly, at least monthly, so they always know where they stand and can quickly move to correct minor difficulties before they become major financial problems. Jennifer Brilliant does her bookkeeping weekly and studies her financial statements at the same time. “It’s a discipline I keep up on the weekends after the week is finished, and I can track my financial progress that way,” she says.

Revisiting your plans and reassessing your goals every year or two will help you stay clear on where your investments should go. Use the “Strategic Planning Worksheet” on page 187 to figure out where you are now, and one year from now. Use it in tandem with your financial projections.

Ask Before You Need

Just about every growing business experiences economic rough spots and requires financing of some type sooner or later. Plan for the costs of growth and watch for signs

The Taxman Cometh

Businesses are required to pay a wide range of taxes, and there are no exceptions for personal training business owners. Keep good records so you can offset your local, state, and federal income taxes with the expenses of operating your company. If you have employees, you’ll be responsible for payroll taxes. If you operate as a corporation, you’ll have to pay payroll taxes for yourself; as a sole proprietor, you’ll pay self-employment tax. Then there are property taxes, taxes on your equipment and inventory, fees, and taxes to maintain your corporate status, your business license fee (which is really a tax), and other lesser-known taxes. Take the time to review all of your tax liabilities with your accountant.

Strategic Planning Worksheet

Question To Be Answered	Strategic Plan Element
Where have we been?	History
Where are we now?	Context
Where should we go and why?	Vision
What is our work toward the vision? Who are we? What is our niche now to work toward the vision?	Mission
What will guide the work we choose to do and the way we do the work (e.g. inclusively, multi-disciplinarily?)	Values
What is in our way of realizing our vision?	Critical Obstacles
What will we do to reach our vision?	Strategic, Long-term Goals/Directions
What will we do in year 1, year 2...	Short-term Goals or Objectives
How will we know if we are successful?	Indicators of Success/Benchmarks
What infrastructure is needed to carry out the work in this plan?	Infrastructure Assessment
What will we do in the next three months, six months, year, year 2, year 3...	Implementation Plan
How will the plan be disseminated and to whom?	Dissemination Plan
How will we monitor the plan and assess our progress?	Monitoring and Revising Strategic Plan

of developing problems so you can figure out how to best deal with them before they turn into a major crisis.

Asking for money before you need it is especially important if you're going to be applying for a loan, whether it's from a private individual or a commercial loan source such as your bank. Most lenders are understandably reluctant to extend credit to a business in trouble. So plan your growth and presell your banker on your financial needs. Such foresight demonstrates that you are an astute business owner on top of every situation. Your chances of obtaining the funding you need will improve significantly.

Tales from the Trenches

By now, you should know how to get started and have a good idea of what to do—and not do—in your own personal training business. But nothing teaches like the voice of experience. So we asked owners of established personal training operations to tell us what has contributed to their success. Here's what they had to say.

Know What Your Clients Know

Beyond keeping up with your own professional education, pay attention to what your clients are learning. Reading professional journals is important, but not enough. You need to also be reading popular publications from the world of magazines, newspapers, and the internet. These are the primary sources of information for most of your clients. They are constantly reporting on new trends in fitness, exercise, and nutrition, and it's not uncommon for their credibility to be questionable. When your clients are exposed to misinformation, they will likely look to you to confirm or refute what they've learned.

Sleep Research Is Hot Right Now!

Most of the trainers we interviewed talked about the role rest and sleep play in attaining a high level of fitness. Is advising your client base to rotate muscle group workouts and get eight hours of a sleep a night enough? It's not enough, because as some of our trainers pointed out, many times those last 4 or 5 pounds that won't seem to budge are revealed to be a result of sleep deprivation.

In the beginning, clients will agree to get adequate sleep and report that they are eating in their trainers' prescribed styles. Later, trainers start to see evidence that this just isn't so. People are often not honest with themselves, thinking that if they are in bed for seven hours, this is almost as good as eight and will suffice. The truth is that they usually are not asleep the whole time, some of them bringing work into their beds, or dealing with other sleep disturbances that cause them to collect only five or six hours a night. Studies consistently show that adults need eight to nine hours, or more.

Tyrone Minor of Chizel Inc. says that the two parts of getting and staying fit are slightly different, but both involve sleep discipline. "To stay fit after you've gotten through the first and more difficult part of getting fit is not as hard," he says. "There is less training and time involved. But in the beginning you have to be so intensely disciplined with diet and sleep that a lot of people don't have what it takes to get to that goal. Sleep is extremely important and there is no way you'll see the results that you want if you don't adhere to that part of the equation. The mental energy it requires to get to your goal is vast, and if you get partway to your goal and then let yourself go a little bit, you create weight fluctuations. If you continue fluctuating it's not healthy mentally or physically."

Here are some facts you can use to impress upon your clients how essential sleep is to their success.

Sleep Thieves, an exploration into the science and mysteries of sleep by Stanley Coren, reveals a 6 percent rise in accidental deaths and 7 percent rise in traffic accidents

during the first four days following spring daylight savings time shifts, when we lose an hour of sleep. Coren believes we accrue a sleep debt that can be measured by how we react to our daily activities between 1:00 P.M. and 4:00 P.M., when our biological clock winds down. Evidence of sleep debt measured in this window includes the urge to doze off during a boring lecture, and difficulty staying awake during a night drive home when the body is nearing the zone of greatest sleep pressure—1:00 A.M. and 4:00 A.M.

Coren says if a person is getting adequate sleep, they do not experience the danger of falling asleep at the wheel or inconvenience of dozing off during a lecture. Additional evidence demonstrates the challenges subjects face when solving the simplest problems while sleep deprived. Coren believes sleep so powerfully affects mental health and decision making, he shows the Exxon Valdez oil spill, shuttle Challenger disaster, and nuclear accidents at both Chernobyl and Three Mile Island all to be associated with people suffering from sleep deprivation. Tell that to your clients and see if they make more of an effort to get quality sleep!

Author Paul Martin exposes the importance of both sleeping and dreaming in *Counting Sheep: The Science and Pleasures of Sleep and Dreams*, pointing out that insomniacs on average experience more anxiety, higher metabolic rates (lest you think this a good thing, keep reading, because it's negated by the next thing on the list), a slightly higher body temperature, and higher levels of the stress hormones cortisol and adrenaline, which as you may know from recent popular news coverage, is one of the causes of weight gain when the chemicals hang around for an extended period of time in your body.

There is a level of guilt around sleeping in our current culture of immediacy and speed; people brag about their ability to get by on only five hours of sleep. Many famous people have reputations for the same, which Martin reveals to be inaccurate, proving Napoleon, Thomas Edison, and Churchill—all famous for needing little sleep—to be frequent daytime nappers, making up for sleep lost during the night. See the “Sleep Habit Tip Sheet” on page 192 and consider giving it to your clients and asking that they study it and take it seriously.

Fitness expert and TV show host of *Morning Stretch* Joanie Greggains talks about the connection between working late instead of sleeping in her book, *Fit Happens*. Greggains writes that a lack of sleep results in increased appetite from stress when the body is craving the calming, sedative effect that should be gotten with sleep, but instead manifests as a craving for carbs and sugar for those who will not or cannot sleep when their bodies want to. The carb snacking allows the body to produce serotonin, which it needs after staying awake late produces too much cortisol. The serotonin calms us after the cortisol makes us edgy. So if you don’t sleep when you should, you’ll eat more than you should.

With escalating health-care costs, Pat Henry sees people slowly realizing they need to be personally accountable for their own wellness. More savvy consumers in search

Sleep Habit Tip Sheet

You may want to consider making this list of sleep goals part of the working agreement you create with each client, because if they don't take these habits seriously, their health and fitness results will be lagging. This list is compiled from leaders in sleep research.

- Invest in a wonderfully comfortable bed that you look forward to climbing into.
- Eat a small carbohydrate snack just before turning in.
- Exercise regularly in the early part of the day, never after 5:00 P.M.
- Limit caffeine to one or two cups before 10:00 A.M.
- Avoid any electronic mental stimulation before bed such as computer or phone use and watching TV.
- Go to sleep at the same time each night and get up at the same time each morning.
- Take a short bath before bed.
- Use your bedroom for sleep and sex only.
- Do not have electronics in your bedroom.
- If you feel tired during the day, take a nap (20 to 40 minutes) without guilt.
- Be asleep when the night sky is dark, or shortly after it turns.
- Keep your bedroom for sleep slightly cooler than you normally would.
- Go to bed half an hour earlier than you have been for a few weeks to start your healthy sleep habit.
- Keep your bedroom dark and use earplugs.

of ways to improve their fitness will increase the need for knowledgeable, professional trainers to help in that effort.

Another eventuality that Henry hopes to see realized is the dissemination of Organic Stretching™ principles to medical practitioners. She says that currently, physicians are not thoroughly trained in connective tissue, which is the most prolific molecular structure in our bodies. It is what makes our bodies what they are, providing us with essential support. For example, in addition to stabilizing a broken limb with a cast

or brace, she would love to see Organic Stretching™ applied as part of the treatment process, so the patient would learn how to move available surrounding joints and connective tissue in order to stimulate the nerves and circulation of lymph and blood to promote faster healing.

Education specialization can come from seeking work in niche areas. In addition to his formal training, experience, and disposition toward teaching, Salvador Mascarenas Ruiz's clients enjoy the benefit of on-the-job knowledge he acquired over a five-year period working at a rehabilitation clinic for Down syndrome patients. That opportunity gave him valuable insights into bone structure, strengthening one's body by working out, and avoiding injury during exercise.

Stay Flexible

We don't mean physically flexible—although certainly that's important, too—but flexible in terms of how you operate and relate to your clients. "This is such a personal business and you're dealing with people one-on-one," says Jennifer Brilliant. "Things come up and you need to remain flexible."

Lynne Wells, a personal trainer in New York City, advises that if you are bending a policy, make sure your client knows it and appreciates it. For example, if someone cancels with less than a 24-hour notice because they're sick and you decide not to charge them, make it clear by saying something like, "You know I have a 24-hour cancellation policy, and technically you should have paid for this session. But I understand that you're sick, so I'm not going to charge you this time." Now that she is a mother, she says, she is more understanding of family emergencies and the needs of children. "However, I still try to stick with the cancellation policy as much as possible," she explains. "After all, this is my income."

Assign Homework

Make your sessions last longer than the actual time you're together by giving your clients things to do between sessions. "I always give them homework," says Wells. "Usually it's just a little exercise or two to do on their own. It might even be simpler than that, like the [client] whose homework assignment was to practice standing with her feet underneath her more instead of having them wider than her hips, and to keep her toes straight instead of turned out—because that's biomechanically better for her body. It might be some basic breathing exercises. I've had [clients] do food diaries or

workout journals, and then we talk through what they wrote down in a future session or by email.”

Pick Up After Your Clients

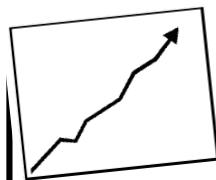
Clients may be careless with their belongings, so be willing to put things like eyeglasses and watches out of harm’s way. One of Wells’s clients took her glasses off and put them on the floor during a session, and Lynne stepped on them. “Luckily, they didn’t break,” she recalls. “Now, if any client takes their glasses off, I pick them up and put them on a shelf.”

Tips for Success

- *Keep your education current.* The fitness industry is full of new information and technology. Commit yourself to constant education to maintain your effectiveness.
- *Learn from others’ mistakes and successes.* Study other personal training services and understand what they did wrong—and right—then use that information in developing your own company.
- *Network constantly.* Always look for opportunities to let people know what you do. Consider joining professional groups that promote networking and referrals, such as a lead exchange club.
- *Don’t be afraid to charge what you’re worth.* Many personal trainers make the mistake of underpricing in the beginning. When you start out too low, it’s hard to get your prices up to where they should be.
- *Pay attention to the business.* Keeping up with what’s involved in running a business is challenging, and you may be tempted to let it slide in favor of doing things you enjoy more. But if you don’t keep your financial and client records in order and handle the myriad of other tasks involved in running a company, your business is doomed to failure.
- *Listen actively.* Pay attention to what your clients say—and don’t say—with words and body language.

Invest in Education

Knowledge builds confidence, so invest in education—even after you've obtained your initial certifications. What the professional associations offer and require varies depending on the particular certification you have. The organization that issues your certification will let you know what you need to do to keep it current. Beyond that, you need to be reading and studying to stay up-to-date on fitness trends and news. Studying current literature, attending classes, and going to conventions and conferences are all investments in your business, not expenses.



Stat Fact

The Bureau of Labor Statistics' findings for the 2008 to 2018 decade predict people who obtain specialized additions to their fitness degrees will have better opportunities because clients prefer to work with people they perceive as higher-quality trainers. Trainers who incorporate new technology and wellness issues as part of their services may be in more demand.

best for that particular client."

You Are Not Your Client

A very minuscule percentage of your clients will think and act like you do. Don't develop exercise programs that would be effective for you; put together programs that will work for your clients. "The majority of trainers train their clients like they train themselves, and they don't really listen to the client," says one trainer we consulted. "They don't pay attention to the client's body, and quite possibly aren't doing the

Maintain a Client Base

One of the most common reasons personal training businesses fail is simply the inability to establish and maintain a steady client base. High client turnover and low client retention rates make it hard to run a profitable business. But be aware that trying to have clients become dependent on you so they'll stick around actually can produce the opposite result.

"It sounds strange, but I noticed that the trainers who try to retain their clients by withholding instruction tend to anger clients and lose them quickly," says trainer

Annette Hudson. “Those clients tend to come to me. I educate them so that they will be empowered to go on their own when they are ready.” A couple sessions before their package is up, she asks if they plan to continue. “If not, I can use those last sessions to prepare them to go on their own. They appreciate this and often come back a few months later for some more training.”

Other causes of losing clients are:

- *Lack of results.* When clients don’t see the results they want, or that they believed they were going to get, they lose interest and drop out. If this develops into a pattern, your business will not build the clientele necessary to sustain it.
- *Failing to establish goals.* Along with not getting results, it’s a huge mistake when a trainer doesn’t find out what a client’s goals are and confirm whether they are indeed realistic and achievable. Clients with unrealistic goals are likely to drop out when they realize they aren’t going to accomplish what they want.
- *Failing to maintain a sense of commitment.* Certainly clients have more in their lives than their personal fitness goals, but when the trainer is too lax and allows clients to miss sessions regularly, those clients will not make any progress and will eventually drop out.

Keeping Clients Happy

There are several simple ways to help boost your chances of keeping clients, says trainer Mike Hood. “Taking the time for the little things,” he says, “is what results in retaining long-term clients.” Try his suggestions:

- If a client continues to purchase training packages, show your gratitude by giving them a free hour or a late-cancel option (allowing them one free last-minute cancellation).
- Call a client on off-training days to see how they feel, how they are eating, or to just say hello.
- Always be ready, smiling, motivated, and happy to see your clients. “After all,” Hood says, “part of our job as a trainer is to set an example.”

Don't Throw It Away

Make sure to maintain a database of contact information on former clients and prospects who went through an initial consultation and didn't sign up. In the future, you very well may want to send them a direct-mail piece and let them know about new services or special packages you're offering, as well as the addition to your staff of new trainers they may be interested in working with.

One trainer we interviewed says not keeping contact information is something he definitely regrets. "Now that I have my own studio, I'd love to send former clients and prospects a direct-mail piece and let them know what we're doing. Not keeping those records was one of my biggest mistakes."

Decide How Much You're Willing to Work

When you own the company, you can't bill every hour you work because you need to spend time running the operation, as well as training. To ward off burnout, decide in advance how many hours per week you want to work, then create a schedule and stick to it. You may work 12- to 14-hour days, plus weekends in the beginning, but that will get old fast, so don't try to do that for an extended period of time.

Avoiding Burnout

As a personal trainer, you work hard, and as with any career, you risk burnout if you don't take care of yourself. To help keep things in perspective, here are some tips.

- *Have support.* Make sure you have friends or family who are there for you to talk to. Having a support system is helpful for those times when your work is draining you physically and emotionally.
- *Don't neglect your own health.* You spend lots of time making sure your clients live healthy lives—just don't get so wrapped up in this pursuit that

Avoiding Burnout, continued

you don't look after your own well-being. Make time for your own workouts and proper nutrition. Being in good physical condition and eating well give you a foundation to tackle the tough challenges you'll face as a fitness entrepreneur.

- *Set realistic goals.* Avoid setting goals that are unrealistic or overly idealistic—this can set you up for disappointment.
- *Have fun.* Don't always do the same old tired routines with your clients. Learn new exercises and training techniques and frequently change their workouts. This will challenge and improve their fitness and keep things interesting for you.
- *Keep a balance.* Don't let your work consume your every waking hour. Cultivate hobbies and interests aside from work—and consider choosing activities that are lower pressure and not deadline driven to truly give you a break.
- *Watch for signs.* Feeling exhausted by your work may be a sign that you're suffering from burnout. You may also lose enthusiasm for the work and eventually suffer a drop in self-esteem. Consider seeking professional help if your burnout persists.

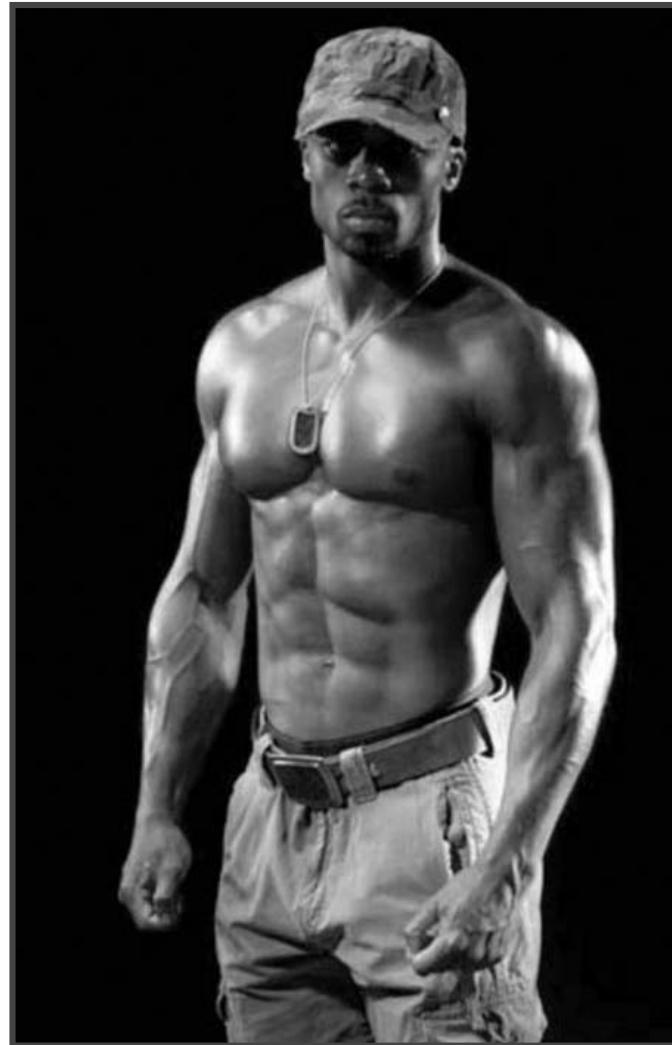
Be Your Own Advertisement

Advertise yourself as a personal trainer whenever you are in public by wearing clothing with your company name or logo, or some other indication of what you do. Turning yourself into a walking billboard is an easy, inexpensive way to identify yourself as a personal trainer to everyone you come in contact with. T-shirts are OK, but a sharp polo-style shirt is better.

Advantages to Staying in Shape as a Trainer

It almost goes without saying that personal trainers should be a physical advertisement through looks alone for the methods they teach others, but the following list of advantages may give you some ideas for more reasons to look the part.

- Most people are attracted to toned, fit people. You'll find that people gravitate to you for a number of reasons when you're a poster child of health, and this can be good for business.
- You're more marketable for any kind of visual advertising or career expansion—including TV, film, media projects—should you decide to add these features to your career.
- It's easier to demonstrate to clients which exercises work various muscle groups when they can actually see pronounced muscles activated on your body.
- You have more energy to be a constant source of inspiration for others.
- When people see a hard, toned body, they see proof of diligent work and dedication, which instantly earns respect and gains their confidence.
- Looking in the mirror and realizing you're a product of what you believe in is a feeling like no other!



Tyrone Minor of Chizel, Inc.

Give Gifts That Come Back to You

Most personal trainers use gift-giving occasions to strengthen their relationships with clients, but birthdays, Christmas, and other holidays can also strengthen your business. Jennifer Brilliant, the personal trainer in Brooklyn, gives her clients a holiday gift each year—perhaps lotions, herbal products, or something else related to fitness—

and includes a certificate for a free session that her client can then give as a gift to someone else. “I get to meet one of their friends who they think can benefit from training,” she says. “And even if that friend doesn’t become a client, they’ve learned something about themselves, and I’ve had the opportunity to share my knowledge and information.”

Goals and Continuing Projects

Each of the personal trainers in this book is looking forward to detailing their passions in new projects.

Tyrone Minor wants to produce a DVD series but is weighing a concern about virtual coaching. He worries that people following a DVD workout may hurt themselves without someone there to correct them if they don’t understand the correct form for exercises. Though fitness DVDs usually are a good way to show form, the user has no way to make sure they are mimicking the DVD aptly without a trainer there to keep an eye on them. Minor still believes DVDs are a great addition to an in-person fitness routine, but says they can’t replace an actual human being.

“People say you can’t teach passion, but you can stoke the pilot light of passion into a larger flame with a little success. I try to show people that with all of the right elements they will slowly be given the reins to control their own fitness and create the body they want,” Gunnar Peterson says.

Mentorship from Seasoned Experts

We asked our panel of experts the question, “What advice do you have for new personal trainers that may have helped when you were starting out?” It’s smart to let someone else’s hindsight be your 20-20.

Barbara Crompton’s counsel is to be patient and realistic about the “glamour” of the profession. Establishing a flourishing business requires dedication and long hours, not all of which are filled with a steady stream of clientele. Belief in oneself, along with the benefits you offer others through your expertise is key, so take pride in what you do and exhibit confidence in promoting the gift of fitness you are privileged to bestow.

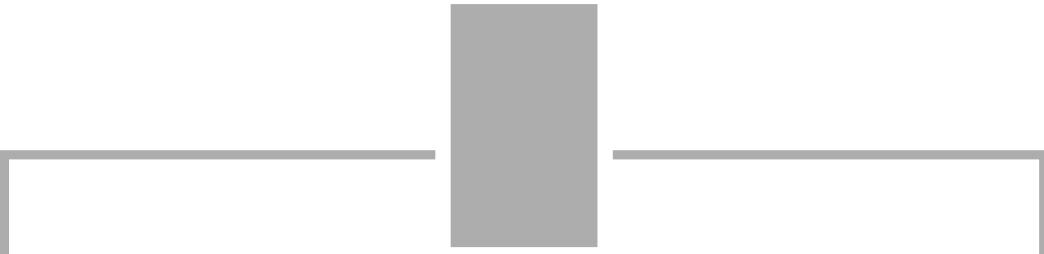
When we asked Diana Broschka of 501F1T what she would have done differently if she could do it all over again, she said, “I would not have opened the doors underfunded. I would’ve made sure we secured every dollar we needed, plus a reserve.

But, unfortunately, each investor told us . . . ‘prove yourself first, then I will give you money.’ Well, three and a half years into it we have proven ourselves. We’ve broken even and established solid partnerships and relationships. We believe we’ve endured the critical startup years.”

Broschka laments the cost of the tradeoff and says, “However, as small business owners we have put our needs last and have endured great sacrifice on personal levels, so the next phase for us is likely to bring in a third partner to infuse capital dollars into the business to take us to the next level, including generating income as owners from the business.”

Gunnar Peterson didn’t plan on being a “celebrity trainer,” but the fact that he operates in Beverly Hills, California, attracts that demographic. He decided that being a little famous was the only way to get the proper exposure for his powerful methods. Peterson still loves helping everyday people take control and implement methods to change their own bodies through hard work, but also has a special interest in coaching at the upper levels of fitness, such as with professional and extreme athletes.

The one downside to Salvador Mascarenas Ruiz’s profession, he believes, is the lack of medical insurance, retirement benefits, and other extras that lend greater security. However, his love for what he does overrides that. He fully intends to continue teaching and training well into his later years, infusing his practice with the same dignity, class, and inspiration his professional fitness role models have demonstrated.



Appendix

Personal Training Resources

While you are an invaluable resource for your clients, we believe that you, as a trainer, can never have enough of your own resources. Therefore, we present for your consideration a wealth of sources for you to check into, check out, and harness for your own personal information blitz.

These sources are tidbits, ideas to get you started on your research. They are by no means the only sources out there, and they should not be taken as the Ultimate Answer. We have done our research, but businesses do tend to move, change, fold,

and expand. As we have repeatedly stressed, do your homework. Get out and start investigating.

But keep in mind that while surfing the Net is like waltzing through a vast library, with a breathtaking array of resources literally at your fingertips, you need to use caution if you're researching health and fitness topics. Always consider the source and watch for financial or other possible biases.

Consultants and Other Experts

Robert S. Bernstein, Managing Partner, Bernstein Law Firm, P.C., Ste. 2200 Gulf Tower, 707 Grant St., Pittsburgh, PA 15219-1900, (412) 456-8101, fax: (412) 456-8251, rbernstein@bernstein law.com, www.bernsteinlaw.com

Vicki L. Helmick, CPA, 1312 Sterling Oaks Dr., Casselberry, FL 32707-3948, (407) 695-3400, fax: (407) 695-3494, vhelmick@cfl.rr.com, www.vickilhelmickcpa.com

Debbie LaChusa, The Business Stylist, PMB 310 9625 Mission Gorge Road, Suite B2, Santee, CA 92071, (619) 334-8590, www.thebizstylist.com

The Sports Management Group Inc., facility safety and risk management consulting, 1205 W. Bessemer Ave., Ste. 223, Greensboro, NC 27408, (336) 272-2071, www.smg-usa.com

Steve Tharrett, President of Club Industry Consulting, 714 Foxmoor Court, Highland Village, TX 75077, (972) 317-6703, fax: (972) 317-6703, www.clubindustryconsulting.com

Credit Card and Other Payment Processing Services

American Express Merchant Services, (800) 374-2639, www.americanexpress.com

Discover Network Card Merchant Services, (800) 347-2000, www.discovernetwork.com

MasterCard Merchant Services, www.mastercard.com

PayPal, www.paypal.com

Equipment, Supplies, and Services

Creative Health Products Inc., 7621 East Joy Rd., Ann Arbor, MI 48105, (800) 742-4478 or (734) 996-5900, fax: (734) 996-4650, www.chponline.com

Fitness Wholesale, 6333 Hudson Crossing Pkwy, Hudson, OH 44236, (800) 537-5512, fax: (800) 232-9348, www.fwonline.com

Perform Better, exercise equipment, information, and seminars for personal trainers, 11 Amflex Dr., Cranston, RI 02921, (888) 556-7464, (401) 942-9363 (international), fax: (800) 682-6950, www.performbetter.com

Sports & Fitness Insurance Corp., P.O. Box 1967, Madison, MS 39130, (800) 844-0536, fax: (601) 853-6141

SPRI Products, Inc., rubberized resistance exercise products, 1769 Northwind Blvd., Libertyville, IL 60048, (800) 222-7774, www.spriproducts.com

Fitness Organizations

Aerobics & Fitness Association of America, features certification and education, 15250 Ventura Blvd., Suite 200, Sherman Oaks, CA 91403, (877) 968-7263, www.afaa.com

American College of Sports Medicine, certification and education, P.O. Box 1440, Indianapolis, IN 46206-1440, (317) 637-9200, fax: (317) 634-7817, www.acsm.org

American Council on Exercise, certifications for fitness professionals, as well as public education on the importance of exercise, 4851 Paramount Dr., San Diego, CA 92123, (800) 825-3636, fax: (858) 565-6564, www.acefitness.com

The Cooper Institute, a research organization offering training and certification programs, 12330 Preston Rd., Dallas, TX 75230, (972) 341-3200 or (800) 635-7050, fax: (972) 341-3227, www.cooperinst.org

IDEA Health & Fitness Association, a membership organization for health and fitness professionals that features continuing education and resources but does not certify, 10455 Pacific Center Ct., San Diego, CA 92121, (800) 999-4332 or (858) 535-8979, ext. 7, fax: (858) 535-8234, www.ideafit.com

International Health, Racquet & Sportsclub Association, a member organization for health clubs, 70 Fargo St., Boston, MA 02210, (800) 228-4772 or (617) 951-0055, fax: (617) 951-0056, www.ihsra.org

International Sports Sciences Association, offers education and certification programs, ISSA 1015 Mark Ave., Carpinteria, CA 93013, (800) 892-4772 or (805) 745-8111 (international calls), fax: (805) 745-8119, www.issaonline.com

National Academy of Sports Medicine, certifications and continuing education, 7500 W. 160th St., Stilwell, KS 66085, (800) 460-6276, fax: (913) 685-2381, www.nasm.org

National Federation of Professional Trainers, offers education and certification programs, P.O. Box 4579, Lafayette, IN 47903, (800) 729-6378, fax: (765) 471-7369, www.nfpt.com

National Strength & Conditioning Association, certification in the field of strength training and conditioning, 1885 Bob Johnson Dr., Colorado Springs, CO 80906, (719) 632-6722 or (800) 815-6826, fax: (719) 632-6367, www.nsca-lift.org

Wellcoaches, certification and education in wellness coaching, 19 Weston Rd., Wellesley, MA 02482, (866) 932-6224, www.wellcoach.com

Health-Related Associations and Government Agencies

American Cancer Society, 250 Williams St., Atlanta, GA 30303, (800) 227-2345, www.cancer.org

American Diabetes Association, 1701 North Beauregard St., Alexandria, VA 22311, (800) 342-2383 or (703) 549-1500, www.diabetes.org

American Heart Association, 7272 Greenville Ave., Dallas, TX 75231, (800) 242-8721, www.americanheart.org

American Stroke Association, 7272 Greenville Ave., Dallas, TX 75231, (888) 478-7653, www.strokeassociation.org

Centers for Disease Control and Prevention, 1600 Clifton Rd., Atlanta, GA 30333, (800) 232-4636, www.cdc.gov

IRS, check your local telephone directory for local offices and phone numbers, www.irs.gov

National Cancer Institute, NCI Office of Communications and Education, Public Inquiries Office, 6116 Executive Blvd., Suite 300, Bethesda, MD 20892-8322, (800) 422-6237, www.cancer.gov

National Diabetes Information Clearinghouse, 1 Information Way, Bethesda, MD 20892-3560, (800) 860-8747, fax: (703) 738-4929, email: ndic@info.niddk.nih.gov, www.diabetes.niddk.nih.gov

U.S. Census Bureau, 4600 Silver Hill Rd., Washington, DC 20233, (301) 763-4636 or (800) 923-8282, www.census.gov

U.S. Copyright Office, 101 Independence Ave. SE, Washington, DC 20559-6000, (202) 707-3000 or (877) 476-0778, www.loc.gov/copyright

U.S. Food and Drug Administration (FDA), 10903 New Hampshire Ave., Silver Spring, MD 20993, (888) INFO-FDA, www.fda.gov

U.S. Patent and Trademark Office, Alexandria, VA 22313-1450, (800) 786-9199 or (571) 272-1000, www.uspto.gov

The Weight-Control Information Network, 1 WIN Wy., Bethesda, MD 20892-3665, (877) 946-4627 or (202) 828-1025, fax: (202) 828-1028, <http://win.niddk.nih.gov/>

Magazines, Books, and Other Publications

American Council on Exercise (ACE), 4851 Paramount Dr., San Diego, CA 92123, (858) 576-6500 or (888) 825-3636, fax: (858) 576-6564, www.acefitness.com

American College of Sports Medicine, various free brochures, P.O. Box 1440, Indianapolis, IN 46206-1440, (317) 637-9200, fax: (317) 634-7817, www.acsm.org

Club Industry's Fitness Business Pro, a monthly magazine for owners and operators of commercial health and fitness facilities, 9800 Metcalf Ave., Overland Park, KS 66212, (913) 341-1300, www.clubindustry.com

IDEA Fitness Journal and IDEA Trainer Success, publications produced by IDEA, 10455 Pacific Center Ct., San Diego, CA 92121, (800) 999-4332, ext. 7, or (858) 535-8979, ext. 7, fax: (858) 535-8234, www.ideafit.com

G-Werx Workout Program Guide by Phil Martens, 501 S. Washington Ave., 3rd Flr., Minneapolis, MN 55415, (612) 767-4415, www.501fit.com

“The Obesity Epidemic: A Confidence Crisis Calling for Professional Coaches,” Wellcoaches White Paper, accessible at www.wellcoaches.com/images/whitepaper.pdf

Strength and Conditioning Journal and The Journal of Strength and Conditioning Research, publications of National Strength & Conditioning Association, 1885 Bob Johnson Dr., Colorado Springs, CO 80906, (800) 815-6826 or (719) 632-6722 or (800) 815-6826, fax: (719) 632-6367, www.nsca-lift.org

Miscellaneous Resources

Club Industry Show, (866) 513-0767 or (708) 486-0767, registration@penton.com, www.clubindustryshow.com

Fitness Together, personal training franchise company, 9092 Ridgeline Blvd. Ste. A, Highlands Ranch, CO 80129, (877) 663-0880, fax: (303) 663-1617

Institute for Credentialing Excellence (ICE), an organization that sets quality standards for credentialing organizations, 2025 M St. NW, Suite 800, Washington, DC 20036, (202) 367-1165, fax: (202) 367-2165, www.credentialingexcellence.org

National Commission for Certifying Agencies (NCCA), the accreditation body of ICE, www.credentialingexcellence.org

PR Newswire, media and PR resources, 350 Hudson St., Suite 300, New York, NY 10014, (866) 641-4636, www.prnewswire.com

Performing Rights Organizations

The American Society of Composers, Authors and Publishers, One Lincoln Plaza, New York, NY 10023, (800) 505-4052, www.ascap.com

Broadcast Music, Inc., 7 World Trade Center, 250 Greenwich St., New York, NY 10007-0030, (212) 220-3000, www.bmi.com

SESAC, 55 Music Square E., Nashville, TN 37203, (615) 320-0055, fax: (615) 321-6292, www.sesac.com

Social Media Experts

Chris Brogan, www.chrisbrogan.com

Khoa Bui, Khoa Bui International, 243/1 Heritage Cove, Maylands 6051, Western Australia, (08) 6102 1277, www.khoa-bui.com, support@khoa-bui.com

Guy Kawasaki, www.guykawasaki.com, kawasaki@garage.com

Shannon Paul, (734) 968-9065, shannonpaul5@gmail.com, www.veryofficialblog.com

Gary Vaynerchuk, www.garyvaynerchuk.com, www.vaynermedia.com, 220 E 23rd Street, Suite 605, New York, NY 10010, info@vaynermedia.com

Software and Web-Based Tools and Services

Aspen Information Systems Inc., fitness assessment software, P.O. Box 680031, Houston, TX 77268, (800) 414-0343 or (281) 320-0343, www.aspensoftware.com

BSDI, assessment, training and client retention software, Box 357, Califon, NJ 07830, (888) 273-4348 or (908) 832-2691 (international), fax: (909) 832-2670, www.bsdiweb.com

Gubb.net, online list sharing, www.gubb.net

Guru.com, project bidding website, 5001 Baum Blvd., Suite 760, Pittsburgh, PA 15213, (888) 678-0136, fax: (412) 687-4466, www.guru.com

Network Solutions, domain registration services, www.networksolutions.com

Register.com, web hosting, www.register.com, (800) 734-4783

Sitesell.com, web hosting and promotion, www.sitesell.com, (866) 281-2789

Vesteon Software, 8739 Bandera Rd., Suite 133–155, San Antonio, TX 78250, (210) 325-8982, www.vesteon-software.com

WebFlexor Technologies, online training tools, 1010 University Ave., #1685, San Diego, CA 92103-3395, (888) 282-7818, www.hitechtrainer.com and www.hitechwebflexor.com

Wellcoaches, 19 Weston Rd., Wellesley, MA 02482, (866) 932-6224, www.wellcoach.com

www.motionsoft.net

Successful Personal Trainers

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Useful Websites

www.affirmativefitness.com, an online directory of personal trainers

www.ars.usda.gov/main/site_main.htm?modecode=12354500, the USDA's Nutrient Data Laboratory, where you can search for nutrient breakdowns of specific foods

www.hsph.harvard.edu/nutritionsource, information from the Department of Nutrition of the Harvard School of Public Health

www.mayoclinic.com, the Mayo Clinic's information on diseases and conditions

www.medlineplus.com, a medical dictionary and encyclopedia, helpful links to other resources, maintained by the U.S. National Library of Medicine and the National Institutes of Health

www.mypyramid.gov, the federal government's site for its food guide pyramid, including an interactive tool that personalizes the pyramid's recommendations

www.ods.od.nih.gov/index.aspx, information on supplements from the Office of Dietary Supplements of the National Institutes of Health

www.pubmed.gov, a service of the National Library of Medicine and the National Institutes of Health, where you can search a database of thousands of journals for studies on health, diet, and exercise—you'll find abstracts plus many free full-text articles

www.realage.com, gives you an estimate of your biological age compared to your calendar age

www.webmd.com, featuring health news and guides

www.womenshealth.gov, covers health topics for women from the U.S. Department of Health & Human Services

Glossary

BarWorks: an exercise practice combining yoga, ballet, and pilates using specific alignment principles from the YogaWorks (www.yogaworks.com) method

Behavioral contract: a written agreement to yourself or another to behave in a prescribed manner.

Body Mass Index (BMI): a relative measure of body weight to body height; for most people this correlates closely with body fat. The number is calculated by dividing weight (in pounds) by height squared (in inches) and then multiplying by 703. A BMI of 30 or more is considered obese by U.S. standards.

Boot camp: got its name from military basic training but in the fitness world refers to group training and most often involves running, weights, and interval drills, usually in an outdoor setting.

Capoeria: a Brazilian art form that combines elements of martial arts, sports, and music.

Centers for Disease Control and Prevention (CDC): an agency composed of a number of centers, institutes, and offices that aims to promote health and quality of life by preventing and controlling disease, injury, and disability.

Certification: the act of attesting that an individual or organization has met a specific set of standards; fitness certifications are established by organizations within the fitness industry.

Core training: strength training focusing on the back, stomach, and shoulders with proper alignment, defined “six pack” muscles, and injury prevention as some of its benefits.

Cortisol: a steroid hormone produced by the adrenal gland, also known as the “stress hormone,” because it is activated when the body is stressed.

CPR: cardiopulmonary resuscitation.

CSCS certification: strength and conditioning instructor certification created by the NCSA (National Strength and Conditioning Association), which focuses on strength training and conditioning to improve athletic performance.

Empathy: understanding another person’s point of view in a manner that still allows objective reasoning.

Environmental Protection Agency (EPA): a government agency with the mission of protecting human health and safeguarding the natural environment.

Epidemiology: the study of distribution and determinants of diseases or other health outcomes in human populations.

Exercise physiologist: a scientist who conducts controlled investigations of responses and adaptations to muscular activity using human subjects or animals within a clinical, research, or academic setting; exercise physiologists are degreed and certified in exercise physiology or a related field.

Exercise prescription: a physician’s recommendation or referral for exercise; the recommended volume of exercise including frequency, intensity, duration, and type of exercise.

Fitness evaluation: a series of tests designed to assess cardiovascular fitness, body-fat percentage, flexibility, and muscular strength and endurance.

Food and Drug Administration (FDA): the regulatory agency that is part of the Public Health Service of the U.S. Department of Health and Human Services; responsible for ensuring the safety and wholesomeness of all foods sold in interstate commerce (except meat, poultry, and eggs).

Food and Nutrition Board (FNB): established in 1940 under the National Academy of Sciences to study issues pertaining to the safety and adequacy of the nation’s food supply; establish principles and guidelines for adequate nutrition; and render

authoritative judgment on the relationships among food intake, nutrition, and health at the request of various agencies.

General liability insurance: insurance covering the insured for bodily injury or property damage resulting from general negligence.

GRAS: an acronym for “generally recognized as safe.”

HTML: stands for HyperText Markup Language and is the predominant language, or building block system, of most web pages and is behind the scenes creating what viewers see on websites.

Independent contractors: individuals who conduct business independently on a contract basis and are not employees of an organization or business.

Informed consent: voluntary acknowledgment of the purpose, procedures, and specific risks of an activity in which one intends to engage.

International Food Information Council (IFIC): a nonprofit association supported by food, beverage, and agricultural companies to assist the media, educators, health professionals, and scientists to effectively communicate science-based information on health, nutrition, and food safety.

Kinesiology: the study of human movement.

Liability: legal responsibility.

Modeling: the process of learning by observing and imitating others’ behavior.

National Health and Nutrition Examination Survey (NHANES): a series of surveys that include information from medical history, physical measurements, biochemical evaluation, physical examination, and dietary intake of population groups within the United States conducted by the U.S. Department of Health and Human Services approximately every five years.

Nationwide Food Consumption Survey (NFCS): a survey conducted by the USDA roughly every ten years that monitors nutrient intake of a cross section of the U.S. public.

Permalink: a URL, or web address link, that points to a specific blog or article/entry after it has passed through the homepage, and remains unchanged indefinitely.

Personalized exercise program: an individualized exercise program based on the person’s fitness evaluation results, and personal fitness and health goals.

Professional liability insurance: insurance covering the insured for damages resulting from negligence, errors, or omissions.

Sciatica: a common form of leg and low back pain or numbness caused by weakness or injury to the sciatica nerve.

U.S. Department of Agriculture (USDA): the government department comprised of numerous agencies charged with different tasks related to agriculture and the food supply.

Waiver: voluntary abandonment of a right to file suit; not always legally binding.

Weight-control Information Network (WIN): an information service of the National Institute of Diabetes and Digestive and Kidney Diseases of the National Institutes of Health; assembles and disseminates information on weight control, obesity, and nutritional disorders to health professionals and the general public.

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FOREWORD

by Peter Shea

When we first published our *Start Your Own Business* in 1998, we thought it would make a great reference for people who wanted to be their own boss. We offered advice on what steps to take, and what pitfalls to avoid. The book offers common sense approaches to a wide range of challenges facing the new entrepreneur, drawing solutions from the successes and failures of others.

Start Your Own Business has been a phenomenal success. With more than 400,000 copies in circulation through four editions, it's the best-selling business startup book of all time. Business is affected by everything from advances in social marketing to the iPhone, from law changes governing entrepreneurs to the impact of Google on building a customer base. These are fascinating, and exciting, times for the independent business owner.

There's no doubt that the recent recession has created the most challenging business environment in generations, affecting everyone from the self-employed to General Motors. While most people might see such a sour economy as a mountainous barrier to success, the true entrepreneur sees the opportunities, and navigates the passes through to the other side. Even in economic downturns those with vision, and drive, can thrive.

With that in mind, I welcome you to the fifth edition of *Start Your Own Business*, updated with insights on the latest trends—including an entirely new chapter on social media and how to make it work for your business. We're also offering a somewhat longer view of what it takes to succeed. Earlier editions focused on the crucial startup phase. As an entrepreneur myself, I can tell you that starting a business is one thing, and nurturing it to robust health is something else. So we've also expanded portions of *Start Your Own Business* to include advice and guidance on surviving the crucial first three years.

Few people realize that some 600,000 new businesses are born each year, and the vast majority of them succeed. I'll let you in on a little secret about the winners. They succeed primarily because they prepare. And if *Start Your Own Business* does nothing else, it will give you the tools to build your own future and success. You can't just *think* about that great idea for a business. Once your idea is in place, you need to burrow down into the details of what you need to know and do in order to achieve the entrepreneur's ultimate goal—financial security while working for yourself.

I've had my own successes and failures over the years, and some of the lessons from both types of experiences are in these pages. The staff at *Entrepreneur*, who also know a thing or two about what it takes to thrive, have added their considerable knowledge, too. *Start Your Own Business* contains the best of what we all have to offer, in clear and unvarnished language.

All the best in your success.

—Peter Shea, CEO and owner of
Entrepreneur Media, Inc.

ON YOUR MARK . . .

Why did you pick up this book? Perhaps you know you want to be an entrepreneur and take charge of your own life. You've already got a great idea for a business you're sure will be a hit. Or perhaps you think, somewhere in the back of your mind, that maybe you might like to start your own business but you're not sure what venture to start, what entrepreneurship is really like, and whether it's for you.

Whichever of these categories you fall into, you've come to the right place. In Part 1, "Think," we'll show you what it means to be an entrepreneur. Use our personal goals and objectives worksheet to decide if entrepreneurship is right for you. Don't have a business idea, or not sure if your idea will fly? You'll learn the secrets to spotting trends before they happen and for coming up with dozens of surefire business ideas. We'll also discuss various ways of going into business, including part- and full-time entrepreneurship. Finally, we'll show you the different options for startup, such as starting from scratch, purchasing an existing business, or buying into a franchise or business opportunity system.

Planning is key to every thriving business. In Part 2, “Plan,” you’ll learn just what you need to do to lay the groundwork for success. Find out how to pinpoint your target market, plus dozens of ways to do market research—from hiring experts to money-saving do-it-yourself tips. Since the name you choose can make or break your business, we share plenty of techniques for coming up with the perfect moniker—one that will attract customers to your company in droves. And don’t forget the nuts-and-bolts necessities like choosing a legal structure—corporation, partnership, sole proprietorship and more. You’ll discover all the information you need to guide you through these often confusing steps to startup.

A business plan is your road map to success, guiding the growth of your business at every stage along the way. We’ll show you how to craft a business plan that puts you on the fast track. Finally, find out why you need professional advisors to help you through your startup, and learn how to select an accountant and an attorney who can help you make money—without costing you a bundle.

Speaking of money, every entrepreneur knows that adequate startup capital is essential to success. But just where do you find that crucial cash? In Part 3, “Fund,” we give you the inside scoop on getting the money you need. Discover dozens of sources of capital. We show you secrets to financing your business yourself, how to tap into the most common source of startup financing (family and friends), plus places you may never have thought of to look for money.

Do you stand a chance of getting venture capital or attracting private investors? You’ll find out in this section. And if you’re looking for a loan, look no further for the secrets to finding the right bank. We explain what bankers look for when evaluating a loan application—and how to make sure yours makes the grade. Seeking money from Uncle Sam? You’ll learn all the details about dozens of loan programs from the government, including special assistance for women and minority entrepreneurs. Whatever your needs, you’re sure to find a financing source that’s right for you.

As they say, “there’s no time like the present,” so grab a cup of coffee, get comfortable, and let’s start creating your business!

part 1

THINK

chapter 1

Introduction

chapter 2

Taking the Plunge

Get Ready to Be an Entrepreneur

chapter 3

Good Idea!

How To Get an Idea for Your Business

chapter 4

Good Timing

Should You Launch Your Business

Part or Full Time?

chapter 5

Build It or Buy It?

Starting a Business vs. Buying One

INTRODUCTION

With the purchase of this book, you've taken your first step on the road to entrepreneurship. It's not a step to be taken lightly, which is why buying this book may be the smartest thing you'll ever do for your business.

Start Your Own Business can have a major impact on your life. We meet people all the time who tell us how this book or *Entrepreneur* magazine changed their lives—and few are sorry they took the leap into business ownership. Whether or not they have succeeded, almost no one regrets the journey.

Start Your Own Business is designed as a road map to help you plan a course for your own journey to business ownership. We're here to show you the best routes to take, help you avoid the potholes and road closures, and navigate the curves and detours.

Some will tell you that the journey you're about to take is a hazardous one—but not with us at your side! *Start Your Own Business* prepares you every step of the way. We're here to instruct and encourage you, to show you new ways to doing things and remind you of the tried and true. You wouldn't go on an adventure without the proper gear. Think of *Start Your Own Business* as part of your entrepreneurship gear kit. Refer to it every step of the way, starting with how to get an idea for a business to finally opening the doors to your new venture. Along the way, we provide lots of forms, worksheets and checklists you can actually use in your business to make sure you're on the right track.

Since business ideas, trends and strategies constantly change, we strive to keep *Start Your Own Business* up-to-date. For the fifth edition, we've updated and revised (or expanded) every chapter and added a lot of new ones, too. In fact, Part 7, “Engage,” is all new. The chapters in this section introduce you to the exciting world of social media and online advertising and marketing.

We start by showing you how to get visitors to your website, keep them there, and make sure they return for more. Next, we move onto social media marketing and networking. If you haven't jumped on the social media bandwagon yet, your business can't afford to be left behind. We show you how to use social tools to network with potential customers, and connect and engage with your audience because in today's marketing landscape, that's how brands are built.

The business resources and tip boxes (see examples on the next page) are also all updated for the fifth edition. Plus, the “Buy” and “Engage” chapters have been written and updated by new business experts, who are regular writers for *Entrepreneur* magazine and have generously offered to share their insights and expertise with you.

Finally, there's an appendix that's chock full of resources with contact information. We list business associations, federal agencies, books,

**AHA!**

Here you will find helpful information or ideas you may not have thought of before.

**TIP**

This box gives you ideas on how to do something better or more efficiently, or simply how to work smarter.

**WARNING**

Heed the warnings in this box to avoid common mistakes and pitfalls.

**e-FYI**

This box points you to the treasures of the internet for more information.

**SAVE**

Look for this box to provide valuable tips on ways you can save money during startup.

magazines and other publications in areas ranging from advertising and marketing to accounting and taxes. We even provide internet resources and equipment manufacturers.

Starting your own business isn't as frightening or risky as some would have you believe. But it's a journey that shouldn't be taken

alone—and that's why you bought *Start Your Own Business*. We're glad you've chosen us to take this exciting journey with you—you'll be a smarter traveler for it. Let the journey begin.

TAKING THE PLUNGE

Get Ready To Be an Entrepreneur

Before they get started, some people worry if they have what it takes to be an entrepreneur. If this is you, stop worrying. We firmly believe anyone with the desire and the initiative can be an entrepreneur. And since you purchased this book, it's likely you have both the desire and the initiative.

But just because you can be an entrepreneur doesn't mean that now is the right time to take the plunge. This chapter will help you determine if you're ready for entrepreneurship right now or if you should hold off for a bit.

The Entrepreneurial Personality

Every year, hundreds of thousands of people start their own businesses. But while most succeed (yes, that's the truth!), many do fail. Why? One of the common causes of startup failure is lack of preparation.

People come to the entrepreneurial path from different directions. Increasingly, some start fresh out of college or after a stint at home raising their kids or simply because the idea of actually retiring is abhorrent to them. Most, though, come to entrepreneurship straight out of the work force. Quitting a full-time job to start a business isn't something to be taken lightly. You should be sure now is the right time to get started. First, you need to ask yourself some questions: Do I have enough money? If you have a family, are *they* ready for this? Is there a need for a product or service like mine? Parts 1, 2 and 3 of this book will help you answer those questions.



WARNING

If you have a family, make sure they understand the emotional and financial sacrifices business success requires. When your family doesn't support your business—if they're always saying, "Can't you leave that alone and come to dinner?"—it's going to be tough to make your business work. If your family isn't ready for you to become an entrepreneur, this may not be the right time to do it.

Full Steam Ahead

Many successful entrepreneurs say a sense of urgency that made starting their businesses not just a desire but a necessity was their driving force. One entrepreneur's advice: "You'll know the time is right when you can honestly say 'I'll put my house, jewelry and other personal collateral on the line to attain the startup money I need for the long-term rewards I deserve.'" We're not recommending

you put up your home (though more than a few entrepreneurs started that way). But that willingness to risk everything likely means you're ready to start now.

What motivates potential entrepreneurs to stop daydreaming about business ownership and actually do something about it? While many people think one single incident—such as getting fired or being passed over for a promotion—is the impetus for becoming your own boss, most experts agree it's usually a series of frustrations that leads to entrepreneurship.

A fundamental desire to control their own destinies ranks very high on most entrepreneurs' lists of reasons for starting their own businesses. This need is so strong that entrepreneurs will risk family, future and careers to be their own boss. Unable to feel truly fulfilled working for someone else, these individuals cannot be happy following someone else's plan or taking orders from a boss.

But opportunity comes in many guises. It might be when potential customers start calling you, or perhaps a business in your area is failing and you know you can make it work. Or maybe you feel as if you're underemployed (working below your potential salary or your skill level) or not putting your skills and talents to their best use. Perhaps there's a need for the product or service you want to provide. Or you've simply figured out a better or a new way to do something.

Reality Check

Once you've made the decision to break away, there are several things you should do before taking the next step. Conducting thorough market research is a must. Make sure you have enough cash—not only for the business, but to sustain your life—and discuss the decision with your family. (You'll find out more about all these steps in Parts 1, 2 and 3 of this book.)

Remember, the rewards of small-business ownership are not instantaneous. You must be determined, patient, persistent, and willing to make sacrifices to ensure those rewards eventually do come.

You'll need to prepare for the responsibilities that come with business ownership. When things go wrong, the buck stops with you. You won't have the luxury of going home at 5 o'clock while the boss



e-FYI

Need inspiration? Check out Myprimetime.com, which offers ways individuals can empower themselves to live the lives they desire. While the site's subject matter covers everything from fitness to raising kids, its target audience is anybody with an entrepreneurial spirit—and numerous quizzes and articles are geared toward entrepreneurs.

stays all night to fix a chaotic situation. Someone whose only desire is to get rich quick probably won't last long owning his or her own business.

Through surveys and research, we know that successful entrepreneurs share some common personality traits, the most important of which is confidence. They possess confidence not only in themselves but also in their ability to sell their ideas, set up a business and trust their intuition along the way. Small business is fiercely competitive, and it's the business owners with confidence who survive.

Your Strengths and Weaknesses

It's rare that one person possesses all the qualities needed to be successful in business. Everyone has strong suits and weak points. What's important is to understand your strengths and weaknesses. To do this, you need to evaluate the major achievements in your personal and professional life and the skills you used to accomplish them. The following steps can help:

■ *Create a personal resume.* Compose a resume that lists your professional and personal experiences as well as your expertise. For each job, describe the duties you were responsible for and the degree of your success. Include professional skills, educational background, hobbies and accomplishments that required expertise or special knowledge.

When complete, this resume will give you a better idea of the kind of business that best suits your interests and experience.

■ *Analyze your personal attributes.* Are you friendly and self-motivated? Are you a hard worker? Do you have common sense? Are you well-organized? Evaluating your personal attributes reveals your likes and dislikes as well as strengths and weaknesses. If you don't feel comfortable around other people, then a business that requires a lot of customer interaction might not be right for you. Or you may want to hire a "people person" to handle customer service, while you concentrate on the tasks you do best.

FROM THE HORSE'S MOUTH

One of the best ways to determine if now is the best time to start a business is to meet with other entrepreneurs and see what they do and how they do it. Looking at their life and talking about entrepreneurship can help you figure out if you're ready.

Often when you talk to someone who's done it, they'll tell you all the negative things about owning a business, like the time they had to work a 24-hour day or when the power went out right as they were trying to meet a huge deadline. But those are the things you need to hear about before you get started.

In addition to meeting with successful entrepreneurs, you might want to talk to a few who weren't so successful. Find out what went wrong with their ventures so you can avoid these problems.

Did they fail to conduct market research before forging ahead? Were they unwilling to work long hours? Were they undercapitalized? Did they have misconceptions about what it really takes to be an entrepreneur?

Many potential business owners find it useful to attend entrepreneurial seminars or classes. You can often find such courses at community colleges, continuing education programs near you or online. Others seek assistance from consulting firms that specialize in helping small businesses get off the ground. There are associations and organizations, both private and public (like SCORE or the Small Business Development Centers) that are eager to assist you. Don't hesitate to ask for assistance. These people want to help you succeed.

- *Analyze your professional attributes.* Small-business owners wear many different hats, but that doesn't mean you have to be a jack-of-all-trades. Just be aware of the areas where you're competent

and the areas where you need help, such as sales, marketing, advertising and administration. Next to each function, record your competency level—excellent, good, fair or poor.

Go For the Goal

In addition to evaluating your strengths and weaknesses, it's important to define your business goals. For some people, the goal is the freedom to do what they want when they want, without anyone telling them otherwise. For others, the goal is financial security.

Setting goals is an integral part of choosing the business that's right for you. After all, if your business doesn't meet your personal goals, you probably won't be happy waking up each morning and trying to make the business a success. Sooner or later, you'll stop putting forth the effort needed to make the concept work. When setting goals, aim for the following qualities:

- **Specificity.** You have a better chance of achieving a goal if it is specific. “Raising capital” isn’t a specific goal; “raising \$10,000 by July 1” is.
- **Optimism.** Be positive when you set your goals. “Being able to pay the bills” isn’t exactly an inspirational goal. “Achieving financial security” phrases your goal in a more positive manner, thus firing up your energy to attain it.
- **Realism.** If you set a goal to earn \$100,000 a month when you’ve never earned that much in a year, that goal is unrealistic. Begin with small steps, such as increasing your monthly income by 25 percent. Once your first goal is met, you can reach for larger ones.



TIP

Once you understand your strengths and weaknesses, there are three ways to deal with them: You can either improve in the areas where you are weak (by taking a class in bookkeeping, for example), hire an employee to handle these aspects of the business (for instance, hiring a bookkeeper), or outsource the tasks (such as contracting an outside company to do your bookkeeping).

- *Short and long term.* Short-term goals are attainable in a period of weeks to a year. Long-term goals can be for five, 10 or even 20 years; they should be substantially greater than short-term goals but should still be realistic.

There are several factors to consider when setting goals:

- *Income.* Many entrepreneurs go into business to achieve financial security. Consider how much money you want to make during your first year of operation and each year thereafter, up to five years.
- *Lifestyle.* This includes areas such as travel, hours of work, investment of personal assets and geographic location. Are you willing to travel extensively or to move? How many hours are you willing to work? Which assets are you willing to risk?
- *Type of work.* When setting goals for type of work, you need to determine whether you like working outdoors, in an office, with computers, on the phone, with lots of people, with children and so on.
- *Ego gratification.* Face it: Many people go into business to satisfy their egos. Owning a business can be very ego-gratifying, especially if you're in a business that's considered glamorous or exciting. You need to decide how important ego gratification is to you and what business best fills that need.



e-FYI

The Online Women's Business Center has a lot to offer women—and men, too—from answering questions about financing businesses or becoming an international company to finding a mentor. Check it out at sba.gov under "Local Resources."

The most important rule of self-evaluation and goal-setting is honesty. Going into business with your eyes wide open about your strengths and weaknesses, your likes and dislikes and your ultimate goals lets you confront the decisions you'll face with greater confidence and a greater chance of success.

Personal Goals and Objectives Worksheet

Setting goals not only gives you an ongoing road map for success, but it shows you the best alternatives should you need or desire a change along the way. You should review your goals on a regular basis. Many do this daily as it helps them assess their progress and gives them the ability to make faster and more informed decisions. Take a few minutes to fill out the following worksheet. You'll find this very helpful in setting and resetting your goals.

1. The most important reason for being in business for myself is:

2. What I like best about being in business for myself is:

3. Within five years I would like my business to be:

Personal Goals and Objectives Worksheet, continued

4. When I look back over the past five years of my career I feel:

5. My financial condition as of today is:

6. I feel the next thing I must do about my business is:

7. The most important part of my business is (or will be):

8. The area of my business I really excel in is:

GOOD IDEA!

How To Get an Idea for Your Business

Many people believe starting a business is a mysterious process. They know they want to start a business, but they don't know the first steps to take. In this chapter, you're going to find out how to get an idea for a business—how you figure out exactly what it is you want to do and then how to take action on it.

But before we get started, let's clear up one point: People always wonder if this is a good time to start their business idea. The fact is, there's really never a bad time to launch a business. It's obvious why it's smart to launch in strong economic times. People have money and are looking for ways to spend it. But launching in tough or uncertain economic times can be just as smart. If you do your homework, presumably there's a need for the business you're starting. Because many people are reluctant to launch in tough times, your new business

has a better chance of getting noticed. And, depending on your idea, in a down economy there is often equipment (or even entire businesses!) for sale at bargain prices.

Estimates vary, but generally more than 600,000 businesses are started each year in the United States. Yet for every American who actually starts a business, there are likely millions more who begin each year saying “OK, this is the year I am going to start a business,” and then don’t.

“It’s not the business you’re in, but the way you do business, that makes the difference. Every business has a formula for making money. You need the determination to figure out the formula for your particular business.”

—GREG BROPHY, FOUNDER
OF SHRED-IT AMERICA INC.

Everyone has his or her own roadblock, something that prevents them from taking that crucial first step. Most people are afraid to start; they may fear the unknown or failure, or even success. Others find starting something overwhelming in the mistaken belief they have to start from scratch. They think they have to come up with something that no one has ever done before—a new invention, a unique service. In other words, they think they have to reinvent the wheel.

But unless you’re a technological genius—another Bill Gates or Steve Jobs—trying to reinvent the wheel is a big waste of time. For most people starting a busi-

ness, the issue should not be coming up with something so unique that no one has ever heard of it but instead answering the questions: “How can I improve on this?” or “Can I do this better or differently from the other guy doing it over there?” Or simply, “Is there market share not being served that makes room for another business in this category?”

Get the Juices Flowing

How do you start the idea process? First, take out a sheet of paper and across the top write “Things About Me.” List five to seven things

about yourself—things you like to do or that you’re really good at, personal things (we’ll get to your work life in a minute). Your list might include: “I’m really good with people, I love kids, I love to read, I love computers, I love numbers, I’m good at coming up with marketing concepts, I’m a problem solver.” Just write down whatever comes to your mind; it doesn’t need to make sense. Once you have your list, number the items down one side of the paper.

On the other side of the paper, list things that you don’t think you’re good at or you don’t like to do. Maybe you’re really good at marketing concepts, but you don’t like to meet people or you’re really not that fond of kids or you don’t like to do public speaking or you don’t want to travel. Don’t overthink it; just write down your thoughts. When you’re finished, ask yourself: “If there were three to five products or services that would make my personal life better, what would they be?” This is your personal life as a man, woman, father, husband, mother, wife, parent, grandparent—whatever your situation may be. Determine what products or services would make your life easier or happier, make you more productive or efficient, or simply give you more time.

Next, ask yourself the same question about your business life. Examine what you like and dislike about your work life as well as what traits people like and dislike about you. Finally, ask yourself why you’re seeking to start a business in the first place. Then, when you’re done, look for a pattern to emerge (i.e., whether there’s a need for a business doing one of the things you like or are good at). To make the process a bit easier, we’ve provided a “Things About Me Worksheet” for you to complete, starting on page 22.



Don’t overlook publications in your search for business ideas. Books, newspapers and magazines all contain a wealth of ideas. Your reading list should include business, lifestyle, and niche publications like pets or antique tractors. Read your local newspaper, as well as major newspapers from the large trend-setting cities like Los Angeles, New York and San Francisco, many of which you can read online for free.

Things About Me Worksheet

Complete the following self-assessment worksheet as honestly as you can. Just write down whatever comes to mind; don't overthink the exercise. Most likely, your first response will be your best. Once you've finished the exercise, look for patterns (i.e., is there a need for a business doing one of the things you like or are good at?).

1. List at least five things you like to do or are good at:

2. List five things you are not good at or you don't like to do:

3. List three products or services that would make your personal life better:

Things About Me Worksheet, continued

4. List three products or services that would make your business life better:

5. When people ask what you do, what's your answer? (List one occupation or whatever mainly occupies your week.)

6. List five things you enjoy about your work:

7. List five things you dislike about your work:

Things About Me Worksheet, continued

8. When people tell you what they like most about you, they say:

9. Some people dislike the fact that you:

10. Other than your main occupation, list any other skills you possess, whether you excel at them or not:

11. In addition to becoming more financially independent, you would also like to be more:

12. Write down three things you want to see changed or improved in your community:

They Delivered

Here's a business startup story that's a great example of seeing a need and filling it. *Entrepreneur* magazine is located in Irvine, California, a planned community. Many years ago, there weren't many fast-food restaurants in the business area. Most were across town, where the neighborhoods were. Two young men in Irvine found this lunch situation very frustrating. There weren't many affordable choices. Sure, there were some food courts located in strip centers, but the parking lots were really small and the wait was horrendous.

One day, as they were lamenting their lunch problem, one of them said, "Wouldn't it be great if we could get some good food delivered?" The proverbial light bulb went on! Then they did what many people don't do—they did something about their idea. Coincidentally, they purchased one of *Entrepreneur*'s business startup guides and started a restaurant delivery business.

To date, their business has served more than 15 million people! It's neither a complicated business nor an original one. Their competition has gotten stiffer, and yet they're doing phenomenally well. And it all began because they listened to their own frustrations and decided to do something about them. Little did they know that research cites the shrinking lunch hour as one of the biggest complaints by American workers. Some only get 30 minutes, making it nearly impossible to get out, get lunch and get back on time. So while these young entrepreneurs initially thought they were responding to a personal need in their local area, they actually struck a universal chord.

That is one way to get ideas—listening to your own (or your co-workers', family's or neighbors') frustrations. The opportunities are all there; you just need to search them out. If your brain is always set in



Your hobbies may lead you to business ideas. If gardening or antique toy collecting is what turns you on, take your passion and turn it into a real business. Sell your locally grown herbs or vegetables to restaurants or set up an online business selling your rare toy finds on eBay.

idea mode, then many ideas may come from just looking around or reading. For instance, if you had read an article about the shrinking lunch hour, and if you were thinking entrepreneurially, you would say “Wow, maybe there’s an opportunity there for me to do something. I should start researching it.”

Inspiring Moments

Inspiration can be anywhere. Here’s another classic startup story: Ever get charged a fee for returning a video late? Bet you didn’t do anything about it. Well, when Reed Hastings got a whopping \$40 late charge, instead of getting mad, he got inspired. Hastings wondered “How come movie rentals don’t work like a health club, where, whether you use it a lot or a little, you get charged the same?” From

*“Drive thy business
or it will drive thee.”*

-BENJAMIN FRANKLIN

this thought, Netflix.com, an online DVD rental service, was born. From its start in 1999, Netflix has grown into a big business with revenues topping \$1.3 billion.

Getting an idea can be as simple as keeping your eyes peeled for the latest hot businesses; they crop up all the time. Many local entrepreneurs made tons of money bringing the Starbucks coffeehouse concept to their hometowns and then expanding from there. Take Minneapolis-based Caribou Coffee. The founders had what they describe as an “aha moment” in 1990, and two years later launched what is now the nation’s second-largest company-owned gourmet coffeehouse chain. Other coffee entrepreneurs have chosen to stay local.

And don’t overlook the tried and true. Hot businesses often go through cycles. Take gardening. For the last few years gardening products and supplies have been all the rage, but you wouldn’t consider gardening a 21st century business.

In other words, you can take any idea and customize it to the times and your community. Add your own creativity to any concept. In fact, customizing a concept isn’t a choice; it’s a necessity if you want your business to be successful. You can’t just take an idea, plop it down and

THINKING IT THROUGH

Before you start a business, you have to examine the potential, what your product or service is, and whether the opportunity exists to make a good deal of money. It may be a “hit and run” product, where you’re going to get in, make a lot of money, and then get out. That’s not necessarily a bad thing; fads have made some entrepreneurs incredibly wealthy. But remember, once you’re in the fad business, it’s hard to know when it’s time to get out. And if you guess wrong or try to make a classic out of a fad, you’re going to lose all the money you have earned.

say “OK, this is it.” Outside of a McDonald’s, Subway or other major franchise concept, there are very few businesses that work with a one-size-fits-all approach.

One of the best ways to determine whether your idea will succeed in your community is to talk to people you know. If it’s a business idea, talk to co-workers and colleagues. Run personal ideas by your family or neighbors. Don’t be afraid of people stealing your idea. It’s just not likely. Just discuss the general concept; you don’t need to spill all the details.

*“Plan your hunches
and use your head.”*

—LILLIAN VERNON, FOUNDER
OF LILLIAN VERNON CORP.

Just Do It!

Hopefully by now, the process of determining what business is right for you has at least been somewhat demystified. Understand that business startup isn’t rocket science. No, it isn’t easy to begin a business, but it’s not as complicated or as scary as many people think, either. It’s a step-by-step, common-sense procedure. So take it a step at a time. First step: Figure out what you want to do. Once you have the idea, talk to people to find out what they think. Ask “Would you buy and/or use this, and how much would you pay?”

Understand that many people around you won't encourage you (some will even discourage you) to pursue your entrepreneurial journey. Some will tell you they have your best interests at heart; they just want you to see the reality of the situation. Some will envy your courage; others will resent you for having the guts to actually do something. You can't allow these naysayers to dissuade you, to stop your journey before it even begins.

In fact, once you get an idea for a business, what's the most important trait you need as an entrepreneur? Perseverance. When you set out to launch your business, you'll be told "no" more times than you've ever been told before. You can't take it personally; you've got to get beyond the "no" and move on to the next person—because eventually, you're going to get to a "yes."

One of the most common warnings you'll hear is about the risk. Everyone will tell you it's risky to start your own business. Sure, starting a business is risky, but what in life isn't? Plus, there's a difference between foolish risks and calculated ones. If you carefully consider what you're doing, get help when you need it, and never stop asking questions, you can mitigate your risk.

FIT TO A "T"

Every December in *Entrepreneur*, the hottest business trends for the coming year are profiled, representing a lot of research and a lot of homework. But that doesn't mean these businesses will work for you. After all, you may not be good at these particular businesses. Or you could live in an area where the business is already saturated or not viable. Or they simply may not suit you, and you'd end up hating your business. And chances are if you hate what you're doing, you'll fail doing it.

You can't allow the specter of risk to stop you from going forward. Ask yourself "What am I really risking?" And assess the risk. What are you giving up? What will you lose if things don't work out? Don't risk what you can't afford. Don't risk your home, your family or your health. Ask yourself "If this doesn't work, will I be worse off than I am now?" If all you have to lose is some time, energy and money, then the risk is likely worth it.

Determining what you want to do is only the first step. You've still got a lot of homework to do, a lot of research in front of you. Buying this book is a smart first step. Most important: Do something. Don't sit back year after year and say "This is the year I'm going to start my business." Make this the year you really do it!



AHA!

Is there a household chore
that drives you up the wall?
(One shudders to think of
life before vacuum cleaners.)
Common sources of frustra-
tion or irritation are great
idea generators.

GOOD TIMING

Should You Launch Your Business Part or Full Time?

Should you start your business part time or full time? Even if you ultimately plan to go full time, many entrepreneurs and experts say starting part time can be a good idea.

Starting part time offers several advantages. It reduces your risk because you can rely on income and benefits from your full-time job. Starting part time also allows your business to grow gradually.

“Starting part time is simply the best way,” contends Philip Holland, author of *How to Start a Business Without Quitting Your Job*. “You find out what running a business requires, while limiting your liability if it fails.”

Yet the part-time path is not without its own dangers and disadvantages. Starting part time leaves you with less time to market your business, strategize and build a clientele. Since you won’t be available to answer calls or solve customers’ problems for most of the day,

clients may become frustrated and feel you're not offering adequate customer service or responding quickly enough to their needs.

Perhaps the biggest problem for part-time entrepreneurs is the risk of burnout. Holding down a full-time job while running a part-time business leaves you with little, if any, leisure time; as a result, your personal and family life may suffer.



If you're a part-time entrepreneur seeking a full-time professional image, check out business incubators. For a small fee, business incubators provide office space, services such as answering phones, and access to equipment like copiers and fax machines. The biggest plus: Incubators also provide start-up help, such as marketing and accounting assistance.

"Working by day and running a business by night creates a host of potential conflicts and can add a tremendous amount of stress," cautions Arnold Sanow, co-author of *You Can Start Your Own Business*. Sanow says conflicts between a day job and a sideline business are common, as are family problems: "I've seen a lot of divorces as a result of working full time and having a business on the side."

That's not to say a part-time business can't work. It can, Sanow says—if you have excellent time management skills, strong self-discipline, and support from family and

friends. Also crucial, he says, is your commitment: "Don't think that, since you already have a job, you don't really have to work hard at your business. You must have a plan of attack."

Market Matters

As with any business, your plan of attack should start with a thorough assessment of your idea's market potential. Often, this step alone will be enough to tell you whether you should start part time or full time.

You can't become so caught up in your love for what you're doing that you overlook the business realities. If you find there is a huge unmet need for your product or service, no major competition and a ready supply of eager customers, then by all means go ahead and start

full time. If, on the other hand, you find that the market won't support a full-time business, but might someday with proper marketing and business development, then it is probably best to start part time at first.

Investigate factors such as the competition in your industry, the economy in your area, the demographic breakdown of your client base, and the availability of potential customers. If you are thinking of opening an upscale beauty salon, for example, evaluate the number of similar shops in operation, as well as the number of affluent women in the area and the fees they are willing to pay.

Once you have determined there is a need for your business, outline your goals and strategies in a comprehensive business plan. You should always conduct extensive research, make market projections for your business, and set goals for yourself based on these findings. It gives you a tremendous view of the long-range possibilities and keeps the business on the right track. Don't neglect writing a business plan even if you're starting part time: A well-written business plan will help you take your business full time later on.

Certain businesses lend themselves well to part-time operation: Holland cites e-commerce, food products, direct marketing and service businesses as examples. Doing your market research and business plan will give you a more realistic idea of whether your business can work part time. (For specifics on conducting market research and writing a business plan, see Chapters 6, 7 and 10).

If you've got your heart set on a business that traditionally requires a full-time commitment, think creatively: There may be ways to make it work on a part-time basis. For instance, instead of a restaurant, consider a catering business. You'll still get to create menus and interact with customers, but your work can all be done during evenings and weekends.



WARNING

Don't bite the hand that feeds you. Starting a business that competes with your current employer may get you in legal hot water by violating noncompete clauses in your employment contract. If you start a business in the same industry, focus on a small niche your employer has overlooked.

Financial Plan

One major factor in the decision to start part time or full time is your financial situation. Before launching a full-time business, most experts recommend putting aside enough to live on for at least six months to a year. (That amount may vary; completing your business plan will show you in detail how long you can expect to wait before your business begins earning a profit.)



AHA!

If keeping a full-time job and a part-time business going at the same time sounds too difficult, and taking the full-time plunge sounds too scary, consider taking a part-time or temporary job while you start a full-time business. This can be a way to ensure you have some salary coming in, while giving you time to work on your business. Part-time jobs often offer evening or weekend hours—a big plus if you need to be accessible to clients during regular business hours.

Basic factors you should consider include the amount of your existing savings, whether you have assets that could be sold for cash, whether friends or family members might offer you financing or loans, and whether your spouse or other family members' salaries could be enough to support your family while you launch a business full time.

If, like many people, you lack the financial resources to start full time, beginning part time is often a good alternative. However, even if you do start part time, you'll want to keep some figures in mind: Specifically, how do you know when your business is making enough money that you can say goodbye to your day job?

A good rule of thumb, according to Sanow, is to wait until your part-time business is bringing in income equivalent to at least 30 percent of your current salary from

your full-time job. "With 30 percent of their income, plus all the extra time during the day to promote their business, [entrepreneurs] should be able to make [the transition at that point]," he says. Another good idea: Start putting more money aside while you still have your day job. That way, when you take the full-time plunge, you'll have a financial cushion to supplement the income from your business.

Family Affairs

The emotional and psychological side of starting a business is less cut-and-dried than financial and market aspects, but it's just as important in your decision to start part time or full time.

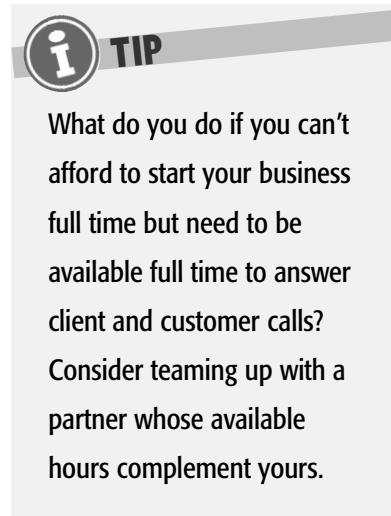
Begin by discussing the situation with your spouse, significant other or family members. Do they support your decision to start a business? Do they understand the sacrifices both full-time and part-time businesses will require—from you, from them and from the whole family? Make sure your loved ones feel free to bring any objections or worries out in the open. The time to do this is now—not three months after you have committed to your business and it is too late to back out.

Then, work together to come up with practical solutions to the problems you foresee (could your spouse take over some of the household chores you currently handle, for example?). Lay some ground rules for the part-time business—for instance, no work on Sunday afternoons, or no discussing business at the dinner table.

To make your part-time business a success and keep your family happy, time management is key. Balance the hours you have available. Get up early, and don't spend valuable time on frivolous phone calls and other time wasters.

Getting Personal

Besides the effect business ownership will have on your family, equally important to consider is the toll it might take on you. If the idea of taking the full-time business plunge and giving up your comfy salary and cushy benefits keeps you awake at night biting your nails, then perhaps a part-time business is best. On the other hand, if you need to work long hours at your current full-time job, you commute 60 miles round-trip



What do you do if you can't afford to start your business full time but need to be available full time to answer client and customer calls? Consider teaming up with a partner whose available hours complement yours.

TAKE IT EASY

Does all work and no play make entrepreneurship no fun? Some entrepreneurs who run part-time businesses based on hobbies, such as crafts or cooking, find that going full time takes all the fun out of the venture. "Going full time turns an adventure into a job," as business expert Arnold Sanow puts it.

Some entrepreneurs have trouble grasping the fact that their businesses aren't just pastimes anymore. They can't work at their leisure any longer, and their ventures may require them to develop talents they didn't know they had and perform tasks they'd rather leave to someone else.

Don't get so caught up in the creative aspects of the venture that you lose sight of the business responsibilities you must assume to make your startup succeed. Take a realistic look at what going full time will require. Perhaps you can hire people to handle the business aspects you dislike, such as sales or operations.

and you have 2-year-old triplets, piling a part-time business on top of all those commitments could be the straw that breaks the camel's back.

Of course, a full-time business does require long, long hours, but a part-time business combined with a full-time job can be even more stressful. If this is the route you're considering, carefully assess the effects on your life. You'll be using evenings, weekends and lunch hours—and, most likely, your holidays, sick days and vacation time—to take care of business. You'll probably have to give up leisure activities such as going to the movies, watching TV, reading or going to the gym. How will you feel the next time you drag yourself home, exhausted after a late night at the office . . . then have to sit right down and spend four hours working on a project that a client needs the next morning? This is the kind of commitment you will need to make if you expect

your part-time business to succeed. Carefully consider whether you have the mental and physical stamina to give your best effort to both your job and your business.

Decisions, Decisions

Whether to start part time or full time is a decision only you can make. Whichever route you take, the secret to success is an honest assessment of your resources, your commitment level and the support systems you have in place. With those factors firmly in mind, you will be able to make the right choice.

PART-TIME POINTERS

Balancing a full-time job with a part-time business isn't easy—but it can be done. Arnold Sanow, co-author of *You Can Start Your Own Business*, suggests these tips to help make your part-time business a success:

- *Involve your family in the business whenever possible.* Whether it's answering the phone, stuffing envelopes or putting together orders, giving your family the chance to help out is a great way to get more accomplished in less time—while also making your family feel like they're part of your business.
- *Be ready to give up personal time.* You won't have much time for TV, reading or hobbies you used to enjoy. Be sure the sacrifice is worth it, or both your job and your business will suffer.
- *Focus on the task in front of you.* When you're at work, focus on work; don't let thoughts of your business distract you.

PART-TIME POINTERS, CONTINUED

- *Make the most of every minute.* Use lunch hours or early morning to make phone calls; use commuting time on the train to catch up on paperwork.
- *Take advantage of time zone differences and technology.* If you do business with people in other states or countries, make time differences work to your advantage by calling early in the morning or after work. Use faxes and e-mail to communicate with clients at any time of day or night.
- *Don't overstep your boundaries.* Making business calls on company time or using your employer's supplies or equipment for business purposes is a big no-no.
- *Be honest.* Only you can assess your situation, but in many cases it's best to be upfront with your boss about your sideline business. As long as it doesn't interfere with your job, many bosses won't mind—and you'll gain by being honest rather than making them feel you have something to hide.

BUILD IT OR BUY IT?

Starting a Business vs. Buying One

When most people think of starting a business, they think of beginning from scratch—developing your own idea and building the company from the ground up. But starting from scratch presents some distinct disadvantages, including the difficulty of building a customer base, marketing the new business, hiring employees and establishing cash flow . . . all without a track record or reputation to go on.

Some people know they want to own their own businesses but aren't sure exactly what type of business to choose. If you fall into this category, or if you are worried about the difficulties involved in starting a business from the ground up, the good news is that there are other options: buying an existing business, buying a franchise or buying a business opportunity. Depending on your personality, skills and resources,



e-FYI

If you're looking for a business to buy or a broker to help you in your purchase, stop by bizbuysell.com. In addition to searching 47,000 businesses for sale and broker listings, you can order business valuation reports or research franchises.

these three methods of getting into business may offer significant advantages over starting from scratch.

Buying an Existing Business

In most cases, buying an existing business is less risky than starting from scratch. When you buy a business, you take over an operation that's already generating cash flow and profits. You have an established customer base and reputation as well as employees who are familiar with all aspects of the business. And you do not have to reinvent the

wheel—setting up new procedures, systems and policies—since a successful formula for running the business has already been put in place.

On the downside, buying a business is often more costly than starting from scratch. However, it's often easier to get financing to buy an existing business than to start a new one. Bankers and investors generally feel more comfortable dealing with a business that already has a proven track record. In addition, buying a business may give you valuable legal rights, such as patents or copyrights, which can prove very profitable.

Of course, there's no such thing as a sure thing—and buying an existing business is no exception. If you're not careful, you could get stuck with obsolete inventory, uncooperative employees or outdated distribution methods. To make sure you get the best deal when buying an existing business, take the following steps.

The Right Choice

Buying the perfect business starts with choosing the right type of business for you. The best place to start is by looking in an industry you are familiar with and understand. Think long and hard about the types of businesses you are interested in and which are the best matches with

your skills and experience. Also consider the size of business you are looking for, in terms of employees, number of locations and sales.

Next, pinpoint the geographical area where you want to own a business. Assess the labor pool and costs of doing business in that area, including wages and taxes, to make sure they're acceptable to you. Once you've chosen a region and an industry to focus on, investigate every business in the area that meets your requirements. Start by looking in the local newspaper's classified ad section under "Business Opportunities" or "Businesses for Sale."

You can also run your own "Wanted to Buy" ad describing what you are looking for.

"Play by the rules. But be ferocious."

—PHILIP KNIGHT,
CO-FOUNDER OF NIKE

TAXING MATTERS

You are investigating a business you like, and the seller hands you income tax returns that show a \$50,000 profit. "Of course," he says with a wink and a nudge, "I really made \$150,000." What do you do?

There may be perfectly legal reasons for the lower reported income. For instance, if the seller gave his nephew a nonessential job for \$25,000 a year, you can just eliminate the job and keep the cash. Same goes for a fancy leased car. One-time costs of construction or equipment may have legitimately lowered net profits, too.

What to watch for: a situation where a seller claims he or she made money but just didn't report it to the IRS. If this happens, either walk away from the deal . . . or make an offer based on the proven income.

Remember, just because a business isn't listed doesn't mean it isn't for sale. Talk to business owners in the industry; many of them might not have their businesses up for sale but would consider selling if you made them an offer. Put your networking abilities and business contacts to use, and you're likely to hear of other businesses that might be good prospects.

Contacting a business broker is another way to find businesses for sale. Most brokers are hired by sellers to find buyers and help negotiate deals. If you hire a broker, he or she will charge you a commission—typically 5 to 10 percent of the purchase price. The assistance brokers can offer, especially for first-time buyers, is often worth the cost. However, if you are really trying to save money, consider hiring a broker only when you are near the final negotiating phase. Brokers can offer assistance in several ways:

- *Prescreening businesses for you.* Good brokers turn down many of the businesses they are asked to sell, either because the seller won't provide full financial disclosure or because the business is overpriced. Going through a broker helps you avoid these bad risks.
- *Helping you pinpoint your interests.* A good broker starts by finding out about your skills and interests, then helps you select the right business for you. With the help of a broker, you may discover that an industry you had never considered is the ideal one for you.
- *Negotiating.* During the negotiating process is when brokers really earn their keep. They help both parties stay focused on the ultimate goal and smooth over problems.
- *Assisting with paperwork.* Brokers know the latest laws and regulations affecting everything from licenses and permits to financing and

“Pretend that every single person you meet has a sign around his or her neck that says ‘Make Me Feel Important.’ Not only will you succeed in business, but you will succeed in life.”

—MARY KAY ASH, FOUNDER
OF MARY KAY COSMETICS

escrow. They also know the most efficient ways to cut through red tape, which can slash months off the purchase process. Working with a broker reduces the risk that you'll neglect some crucial form, fee or step in the process.

A Closer Look

Whether you use a broker or go it alone, you will definitely want to put together an “acquisition team”—your banker, accountant and attorney—to help you. (For more on choosing these advisors, see Chapter 11.) These advisors are essential to what is called “due diligence,” which means reviewing and verifying all the relevant information about the business you are considering. When due diligence is done, you will know just what you are buying and from whom.

The preliminary analysis starts with some basic questions. Why is this business for sale? What is the general perception of the industry and the particular business, and what is the outlook for the future? Does—or can—the business control enough market share to stay profitable? Are the raw materials needed in abundant supply? How have the company's product or service lines changed over time?

You also need to assess the company's reputation and the strength of its business relationships. Talk to existing customers, suppliers and vendors about their relationships with the business. Contact the Better Business Bureau, industry associations and licensing and credit-reporting agencies to make sure there are no complaints against the business. (For more questions to ask before purchasing an existing business, refer to the checklist starting on page 44.)

If the business still looks promising after your preliminary analysis, your acquisition team should start examining the business's potential returns and its asking price. Whatever method you use to determine the fair market price of the business, your assessment of the business's value should take into account such issues as the business's financial health, earnings history, growth potential, and intangible assets (for example, brand name and market position).

Business Evaluation Checklist

If you find a business that you would like to buy, you will need to consider a number of points before you decide whether to purchase it. Take a good, close look at the business and answer the following questions. They will help you determine whether the business is a sound investment.

- Why does the current owner want to sell the business?
- Does the business have potential for future growth, or will its sales decline?
- If the business is in decline, can you save it and make it successful?
- Is the business in sound financial condition? Have you seen audited year-end financial statements for the business? Have you reviewed the most recent statements? Have you reviewed the tax returns for the past five years?
- Have you seen copies of all the business's current contracts?
- Is the business now, or has it ever been, under investigation by any governmental agency? If so, what is the status of any current investigation? What were the results of any past investigation?
- Is the business currently involved in a lawsuit, or has it ever been involved in one? If so, what is the status or result?
- Does the business have any debts or liens against it? If so, what are they for and in what amounts?
- What percentage of the business's accounts are past due? How much does the business write off each year for bad debts?
- How many customers does the business serve on a regular basis?
- Who makes up the market for this business? Where are your customers located? (Do they all come from your community or from across the state or are they spread across the globe?)

Business Evaluation Checklist, continued

- Does the amount of business vary from season to season?
- Does any single customer account for a large portion of the sales volume? If so, would the business be able to survive without this customer? (The larger your customer base is, the more easily you will be able to survive the loss of any customers. If, on the other hand, you exist mainly to serve a single client, the loss of that client could finish your business.)
- How does the business market its products or services? Does its competition use the same methods? If not, what methods does the competition use? How successful are they?
- Does the business have exclusive rights to market any particular products or services? If so, how has it obtained this exclusivity? Do you have written proof that the current business owner can transfer this exclusivity to you?
- Does the business hold patents for any of its products? Which ones? What percentage of gross sales do they represent? Would the sale of the business include the sale of any patents?
- Are the business' supplies, merchandise and other materials available from many suppliers, or are there only a handful who can meet your needs? If you lost the business's current supplier, what impact would that loss have on your business? Would you be able to find substitute goods of the appropriate quality and price?
- Are any of the business's products in danger of becoming obsolete or of going out of style? Is this a "fad" business?
- What is the business's market share?
- What competition does the business face? How can the business compete successfully? Have the business's competitors changed recently? Have any of them gone out of business, for instance?
- Does the business have all the equipment you think is necessary? Will you need to add or update any equipment?

Business Evaluation Checklist, continued

- What is the business's current inventory worth? Will you be able to use any of this inventory, or is it inconsistent with your intended product line?
- How many employees does the business have? What positions do they hold?
- Does the business pay its employees high wages, or are the wages average or low?
- Does the business experience high employee turnover? If so, why?
- What benefits does the business offer its employees?
- How long have the company's top managers been with the company?
- Will the change of ownership cause any changes in personnel?
- Which employees are the most important to the company?
- Do any of the business's employees belong to any unions?

To get an idea of the company's anticipated returns and future financial needs, ask the business owner and/or accountant to show you projected financial statements. Balance sheets, income statements, cash flow statements, footnotes and tax returns for the past three years are all key indicators of a business's health. These documents will help you do some financial analyses that will spotlight any underlying problems and also provide a closer look at a wide range of less tangible information.

Among other issues, you should focus on the following:

- *Excessive or insufficient inventory.* If the business is based on a product rather than a service, take careful stock of its inventory. First-time business buyers are often seduced by inventory, but it can be a trap. Excessive inventory may be obsolete or may soon

LET'S MAKE A DEAL

Short on cash? Try these alternatives for financing your purchase of an existing business:

- *Use the seller's assets.* As soon as you buy the business, you'll own the assets—so why not use them to get financing now? Make a list of all the assets you're buying (along with any attached liabilities), and use it to approach banks, finance companies and factors (companies that buy your accounts receivable).
- *Bank on purchase orders.* Factors, finance companies and banks will lend money on receivables. Finance companies and banks will lend money on inventory. Equipment can also be sold, then leased back from equipment leasing companies.
- *Ask the seller for financing.* Motivated sellers will often provide more lenient terms and a less rigorous credit review than a bank. And unlike a conventional lender, they may take only the business's assets as collateral. Seller financing is also flexible: The parties involved can structure the deal however they want, negotiating a payback schedule and other terms to meet their needs.
- *Use an employee stock ownership plan (ESOP).* ESOPs offer you a way to get capital immediately by selling stock in the business to employees. By offering to set up an ESOP plan, you may be able to lower the sales price.
- *Lease with an option to buy.* Some sellers will let you lease a business with an option to buy. You make a down payment, become a minority stockholder and operate the business as if it were your own.
- *Assume liabilities or decline receivables.* Reduce the sales price by either assuming the business's liabilities or having the seller keep the receivables.

become so; it also costs money to store and insure. Excess inventory can mean there are a lot of dissatisfied customers who are experiencing lags between their orders and final delivery or are returning items they aren't happy with.

- *The lowest level of inventory the business can carry.* Determine this, then have the seller agree to reduce stock to that level by the date you take over the company. Also add a clause to the purchase agreement specifying that you are buying only the inventory that is current and saleable.
- *Accounts receivable.* Uncollected receivables stunt a business's growth and could require unanticipated bank loans. Look carefully at indicators such as accounts receivable turnover, credit policies, cash collection schedules and the aging of receivables.
- *Net income.* Use a series of net income ratios to gain a better look at a business's bottom line. For instance, the ratio of gross profit to net sales can be used to determine whether the company's profit margin is in line with that of similar businesses. Likewise, the ratio of net income to net worth, when considered together with projected increases in interest costs, total purchase price and similar factors, can show whether you would earn a reasonable return. Finally, the ratio of net income to total assets is a strong indicator of whether the company is getting a favorable rate of return on assets. Your accountant can help you assess all these ratios. As he or she does so, be sure to determine whether the profit figures have been disclosed before or after taxes and the amount of returns the current owner is getting from the business. Also assess how much of the

**TIP**

Study the financial records provided by the current business owner, but don't rely on them exclusively. Insist on seeing the tax returns for at least the past three years. Also, where applicable, ask for sales records.

expenses would stay the same, increase or decrease under your management.

- *Working capital.* Working capital is defined as current assets less current liabilities. Without sufficient working capital, a business can't stay afloat—so one key computation is the ratio of net sales to net working capital. This measures how efficiently the working capital is being used to achieve business objectives.
- *Sales activity.* Sales figures may appear more rosy than they really are. When studying the rate of growth in sales and earnings, read between the lines to tell if the growth rate is due to increased sales volume or higher prices. Also examine the overall marketplace. If the market seems to be mature, sales may be static—and that might be why the seller is trying to unload the company.
- *Fixed assets.* If your analysis suggests the business has invested too much money in fixed assets, such as the plant property and equipment, make sure you know why. Unused equipment could indicate that demand is declining or that the business owner miscalculated manufacturing requirements.
- *Operating environment.* Take the time to understand the business's operating environment and corporate culture. If the business depends on overseas clients or suppliers, for example, examine the short- and long-term political environment of the countries involved. Look at the business in light of consumer or economic trends; for example, if you are considering a store that sells products based on a fad like yoga, will that client base still be intact five or ten years later? Or if the company relies on just a few major clients, can you be sure they will stay with you after the deal is closed?



WARNING

Who are the business's employees? Beware, if it's a family-run operation: Salaries may be unrealistically low, resulting in a bottom line that's unrealistically high.

Law and Order

While you and your accountant review key financial ratios and performance figures, you and your attorney should investigate the business's legal status. Look for liens against the property, pending lawsuits, guarantees, labor disputes, potential zoning changes, new or proposed industry regulations or restrictions, and new or pending patents; all these factors can seriously affect your business. Be sure to:

- Conduct a uniform commercial code search to uncover any recorded liens (start with city hall and check with the department of public records).
- Ask the business's attorneys for a legal history of the company, and read all old and new contracts.
- Review related pending state and federal legislation, local zoning regulations and patent histories.

Legal liabilities in business take many forms and may be hidden so deeply that even the seller honestly doesn't know they exist. How do you protect yourself? First, have your lawyer add a "hold harmless and indemnify" clause to the contract. This assures you're protected from the consequences of the seller's previous actions as owner.



WARNING

Make sure you're in love with the profit, not the product. Many people get emotional about buying a business, which clouds their judgment. It's important to be objective.

Second, make sure your deal allows you to take over the seller's existing insurance policies on an interim basis. This gives you time to review your insurance needs at greater leisure while still making sure you have basic coverage from the minute you take over. The cost of having a lawyer evaluate a business depends on your relationship with the lawyer, the complexity of the business and

the stage at which the lawyer gets involved. Generally, costs range from \$3,000 to as much as \$35,000 for a comprehensive appraisal.

If you're considering buying a business that has valuable intellectual property, such as a patent, trade secret or brand name, you may

want an intellectual property attorney to evaluate it. Generally, this will cost from 0.5 percent to 3 percent of the business's total selling cost.

The Art of the Deal

If your financial and legal assessments show that the business is a good buy, don't be the first person to bring up the subject of price. Let the seller name the figure first, and then proceed from there.

Deciding on a price, however, is just the first step in negotiating the sale. More important is how the deal is structured. David H. Troob, founder of D. H. Troob & Co., a New York brokerage and investment firm, suggests you should be ready to pay 20 to 50 percent of the price in cash and finance the remaining amount.

You can finance through a traditional lender, or sellers may agree to "hold a note," which means they accept payments over a period of time, just as a lender would. Many sellers like this method because it assures them of future income. Other sellers may agree to different terms—for example, accepting benefits such as a company car for a period of time after the deal is completed. These methods can cut down the amount of upfront cash you need; however, you should always have an attorney review any arrangements for legality and liability issues. (For more ideas on financing your purchase, see "Let's Make a Deal" on page 47.)

An individual purchasing a business has two options for structuring the deal (assuming the transaction is not a merger). The first is asset acquisition, in which you purchase only those assets you want. On the plus side, asset acquisition protects you from unwanted legal liabilities since instead of buying the corporation (and all its legal risks), you are buying only its assets.

On the downside, an asset acquisition can be very expensive. The asset-by-asset purchasing process is complicated and also opens the possibility that the seller may raise the price of desirable assets to offset losses from undesirable ones.

The other option is stock acquisition, in which you purchase stock. Among other things, this means you must be willing to purchase all the business's assets—and assume all its liabilities.

The final purchase contract should be structured with the help of your acquisition team to reflect very precisely your understanding and intentions regarding the purchase from a financial, tax and legal standpoint.

"You don't have to be a genius or a visionary or even a college graduate to be successful. You just need a framework and a dream."

—MICHAEL DELL, FOUNDER
OF DELL COMPUTER

The contract must be all-inclusive and should allow you to rescind the deal if you find at any time that the owner intentionally misrepresented the company or failed to report essential information. It's also a good idea to include a noncompete clause in the contract to ensure the seller doesn't open a competing operation down the street.

Remember, you have the option to walk away from a negotiation at any point in the process if you don't like the way things are going. If you don't like the deal, don't buy.

Just because you spent a month looking at something doesn't mean you have to buy it. You have no obligation.

Transition Time

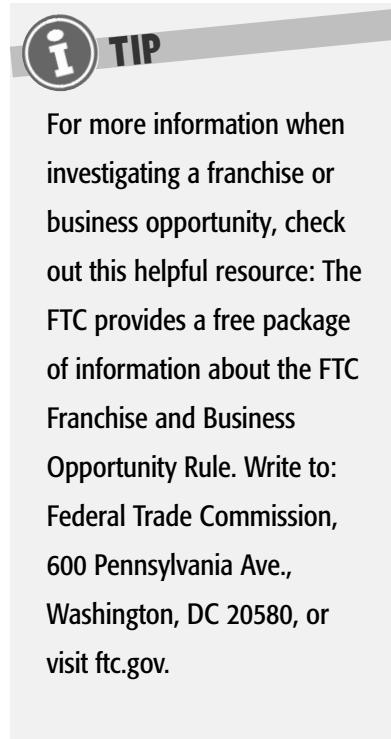
The transition to new ownership is a big change for employees of a small business. To ensure a smooth transition, start the process before the deal is done. Make sure the owner feels good about what is going to happen to the business after he or she leaves. Spend some time talking to the key employees, customers and suppliers before you take over; tell them about your plans and ideas for the business's future. Getting these key players involved and on your side makes running the business a lot easier.

Most sellers will help you in a transition period during which they train you in operating the business. This period can range from a few weeks to six months or longer. After the one-on-one training period, many sellers will agree to be available for phone consultation for another period of time. Make sure you and the seller agree on how this training will be handled, and write it into your contract.

If you buy the business lock, stock and barrel, simply putting your name on the door and running it as before, your transition is likely to be fairly smooth. On the other hand, if you buy only part of the business's assets, such as its client list or employees, and then make a lot of changes in how things are done, you'll probably face a more difficult transition period.

Many new business owners have unrealistically high expectations that they can immediately make a business more profitable. Of course, you need a positive attitude to run a successful business, but if your attitude is "I'm better than you," you'll soon face resentment from the employees you've acquired.

Instead, look at the employees as valuable assets. Initially, they'll know far more about the business than you will; use that knowledge to get yourself up to speed, and treat them with respect and appreciation. Employees inevitably feel worried about job security when a new owner takes over. That uncertainty is multiplied if you don't tell them what your plans are. Many new bosses are so eager to start running the show, they slash staff, change prices or make other radical changes without giving employees any warning. Involve the staff in your planning, and keep communication open so they know what is happening at all times. Taking on an existing business isn't easy, but with a little patience, honesty and hard work, you'll soon be running things like a pro.



For more information when investigating a franchise or business opportunity, check out this helpful resource: The FTC provides a free package of information about the FTC Franchise and Business Opportunity Rule. Write to: Federal Trade Commission, 600 Pennsylvania Ave., Washington, DC 20580, or visit ftc.gov.

Buying a Franchise

If buying an existing business doesn't sound right for you but starting from scratch sounds a bit intimidating, you could be suited for franchise

ownership. What is a franchise—and how do you know if you’re right for one? Essentially, a franchisee pays an initial fee and ongoing royalties to a franchisor. In return, the franchisee gains the use of a trademark, ongoing support from the franchisor, and the right to use the franchisor’s system of doing business and sell its products or services.

McDonald’s, perhaps the most well-known franchise company in the world, illustrates the benefits of franchising: Customers know they will get the same type of food, prepared the same way, whether they visit a McDonald’s in Moscow or Minneapolis. Customers feel confident in McDonald’s, and as a result, a new McDonald’s location has a head start on success compared to an independent hamburger stand.



WARNING

Is a franchise or business opportunity seller doing the hustle? Watch out for a salesperson who says things like “Territories are going fast,” “Act now or you’ll be shut out,” or “I’m leaving town on Monday, so make your decision now.” Legitimate sellers will not pressure you to rush into such a big decision. If someone gives you the hustle, give that opportunity the thumbs-down.

In addition to a well-known brand name, buying a franchise offers many other advantages that are not available to the entrepreneur starting a business from scratch. Perhaps the most significant is that you get a proven system of operation and training in how to use it. New franchisees can avoid a lot of the mistakes startup entrepreneurs typically make because the franchisor has already perfected daily routine operations through trial and error.

Reputable franchisors conduct market research before selling a new outlet, so you can feel greater confidence that there is a demand for the product or service. Failing to do adequate market research is one of the biggest mistakes independent entrepreneurs

make; as a franchisee, it’s done for you. The franchisor also provides you with a clear picture of the competition and how to differentiate yourself from them.

Finally, franchisees enjoy the benefit of strength in numbers. You gain from economies of scale in buying materials, supplies and services,

such as advertising, as well as in negotiating for locations and lease terms. By comparison, independent operators have to negotiate on their own, usually getting less favorable terms. Some suppliers won't deal with new businesses or will reject your business because your account isn't big enough.

Is Franchising Right for You?

An oft-quoted saying about franchising is that it puts you in business "for yourself, but not by yourself." While that support can be helpful, for some entrepreneurs, it can be too restricting. Most franchisors impose strict rules on franchisees, specifying everything from how you should greet customers to how to prepare the product or service.

That's not to say you will be a mindless drone—many franchisors welcome franchisees' ideas and suggestions on how to improve the way business is done—but, for the most part, you will need to adhere to the basic systems and rules set by the franchisor. If you are fiercely independent, hate interference and want to design every aspect of your new business, you may be better off starting your own company or buying a business opportunity (see the "Buying a Business Opportunity" section starting on page 65 for more details).

More and more former executives are buying franchises these days. For many of them, a franchise is an excellent way to make the transition to business ownership. As an executive, you were probably used to delegating tasks like ordering supplies, answering phones and handling word processing tasks. The transition to being an entrepreneur and doing everything for yourself can be jarring. Buying a franchise could offer the support you need in making the switch to entrepreneurship.



Call the appropriate agencies to see how franchising is regulated in your state. Then keep the addresses and phone numbers for key state officials on file so you can contact them later if you have specific questions.

Do Your Homework

Once you've decided a franchise is the right route for you, how do you choose the right one? With so many franchise systems to choose from, the options can be dizzying. Start by investigating various industries that interest you to find those with growth potential. Narrow the choices down to a few industries you are most interested in; then analyze your geographic area to see if there is a market for that type of business. If so, contact all the franchise companies in those fields and ask them for information. Any reputable company will be happy to send you information at no cost.

Of course, don't rely solely on these promotional materials to make your decision. You also need to do your own detective work. Start by going online to look up all the magazine and newspaper articles you can find about the companies you are considering as well as checking out *Entrepreneur* magazine's FranchiseZone (entrepreneur.com/franchise). Is the company depicted favorably? Does it seem to be well-managed and growing?

Check with the consumer or franchise regulators in your state to see if there are any serious problems with the company you are considering. If the company or its principals have been involved in lawsuits or bankruptcies, try to determine the nature of the lawsuits: Did they involve fraud or violations of FTC regulatory laws? To find out, call the court that handled the case and request a copy of the petition or judgment.

If you live in one of the 15 states that regulate the sale of franchises (California, Hawaii, Illinois, Indiana, Maryland, Michigan, Minnesota, New York, North Dakota, Oregon, Rhode Island, South Dakota, Virginia, Washington and Wisconsin), contact the state franchise authority, which can tell you if the company has complied with state registration requirements. If the company is registered with D&B, request a *D&B Report*, which will give you details on the company's financial standing, payment promptness and other information. And, of course, it never hurts to check with your local office of the Better Business Bureau for complaints against the company.

Does the company still sound good? That means your investigation is just beginning. If you have not already received one, contact the franchisor again and ask for a copy of its Franchise Disclosure Document, or FDD (previously known as a Uniform Franchise Offering Circular, or UFOC). This disclosure document must, by law, be given to all prospective franchisees 10 business days before any agreement is signed. If changes are made to the FDD, an additional five days are added to the 10-day “cooling off” period. If a company says it is a franchise but will not give you an FDD, then contact the FTC—and take your business elsewhere.

The FDD is a treasure trove of information for those who are serious about franchising. It contains an extensive written description of the company, the investment amount and fees required, any litigation and/or bankruptcy history of the franchisor and its officers, the trademark you will be licensed to use, the products you are required to purchase, the advertising program, and the contractual obligations of both franchisor and franchisee. It specifies how much working capital is required, equipment needs and ongoing royalties. It also contains a sample copy of the franchise agreement you will be asked to sign should you buy into the system, as well as three years’ worth of the franchisor’s audited financial statements.

The FDD has been revamped to make it less “legalistic” and more readable, so there is no excuse for failing to read yours very carefully. Before you make any decisions about purchasing the franchise, your attorney and accountant should read it as well.



WARNING

Exaggerated profit claims are common in franchise and business opportunity sales. Is a company promising you will make \$10,000 a month in your spare time? If it is a franchise, any statement about earnings (regarding others in the system or your potential earnings) must appear in the Franchise Disclosure Document (FDD). Read the FDD and talk to five franchise owners who have attained the earnings claimed.

Franchise Evaluation Worksheet

This will help you determine the attractiveness of each franchise you're considering. Assign each franchise a column letter. Answer each question along the left-hand side by assigning a rating of 1 to 3, with 3 being the strongest. Total each column after you've finished. The franchise with the highest score is the most attractive.

	Franchise			
	A	B	C	D
The Franchise Organization				
Does the franchisor have a good track record?				
Do the principals of the franchise have expertise in the industry?				
Rate the franchisor's financial condition.				
How thoroughly does the franchisor check out its prospective franchisees?				
Rate the profitability of the franchisor and its franchisees.				
The Product or Service				
Is there demand for the product or service?				
Can the product or service be sold year-round?				
Are industry sales strong?				
Rate the product or service in comparison with the competition.				
Is the product or service competitively priced?				
What is the potential for industry growth?				
The Market Area				
Are exclusive territories offered?				

Franchise Evaluation Worksheet, continued

Franchise	A	B	C	D
Rate the sales potential of the territory you are considering.				
How successful are franchises in close proximity to this area?				
The Contract				
Are the fees and royalties associated with the franchise reasonable?				
How attractive are the renewal, termination and transfer conditions?				
Franchisor Support				
If the franchisor requires you to purchase proprietary inventory, how useful is it?				
If the franchisor requires you to meet annual sales quotas, are they reasonable?				
Does the franchisor help with site selection, lease negotiations and store layout?				
Does the franchisor provide ongoing training?				
Does the franchisor provide financing to qualified individuals?				
Are manuals, sales kits, accounting systems and purchasing guides supplied?				
How strong are the franchisor's advertising and promotion programs?				
Does the franchisor have favorable national supplier contracts?				
Totals				

IT'S SHOW TIME

Franchise and business opportunity trade shows can be a great opportunity to explore business investment packages. Attending one is exciting—and overwhelming—so you need to prepare carefully.

Before the show:

- *Consider what you are seeking from a business investment.* Part time or full time? What type of business do you think you would enjoy? Consider your hobbies and passions.
- *Figure out your financial resources.* What is liquid, what can you borrow from family and friends, and how much do you need to live on while initially running the business? What are your financial goals for the business?
- *Get serious.* Dress conservatively, carry a briefcase, leave the kids at home, and take business cards if you have them. Show the representatives you meet that you are a serious prospect.

At the show:

- *Take a moment to study the floor plan of the exhibitors listed.* Circle the businesses you recognize or that look interesting. Make sure you stop by these booths during your visit.
- *Don't waste time.* Pass by the sellers who are out of your price range or do not meet your personal goals. Have a short list of questions ready to ask the others:
 1. What is the total investment?
 2. Tell me about a franchisee's typical day.
 3. What arrangements are made for product supply?

IT'S SHOW TIME, CONTINUED

4. Is financing available from the franchisor?
5. Ask for a copy of the company's FDD. Not all franchisors will give you one at the show. This is acceptable, but if you are serious about an opportunity, insist on a copy as soon as possible.

■ *Collect handout information and business cards from the companies that interest you.*

After the show:

- *Organize the materials you collected into file folders. Then read through the information more closely.*
- *Follow up. Call the representatives you met to show them you are interested.*

Calling All Franchisees

One of the most important parts of the FDD is a listing of existing franchisees as well as franchisees who've been terminated or have chosen not to renew. Both lists will include addresses and phone numbers. If the list of terminated franchisees seems unusually long, it could be an indication that there's some trouble with the franchisor. Call the former franchisees, and ask them why the agreement was terminated, whether the franchisee wasn't making the grade, or whether he or she had some type of grievance with the franchisor.

Next, choose a random sample of current franchisees to interview in person. This is perhaps the most important step in your research. Don't rely on a few carefully selected names the franchisor gives you; pick your own candidates to talk to.

Visit current franchisees at their locations. Talking to existing franchisees is often the best way to find out how much money individual stores actually make. You'll also find out what their typical day is like, whether they enjoy what they do and whether the business is challenging enough. Most will be open about revealing their earnings and their satisfaction with the franchisor; however, the key to getting all the information you need before buying is asking the right questions. Here are some ideas to help get you started:

- Was the training the franchisor offered helpful in getting the business off the ground?
- Is the franchisor responsive to your needs?
- Tell me about a typical day for you.
- Have there been problems you did not anticipate?
- Has your experience proved that the investment and cost information in the FDD were realistic?
- Is the business seasonal? If so, what do you do to make ends meet in the off-season?
- Have sales and profits met your expectations? Tell me about the numbers in the business.
- Are there expansion opportunities for additional franchise ownership in this system?
- If you knew what you know now, would you make this investment again?

Since running a franchise involves an ongoing relationship with the franchisor, be sure to get the details on the purchasing process—everything that happened from the day the franchisee signed the agreement to the end of the first year in business. Did the parent company follow through on its promises?

“Starting a company is the best stage of a startup. There’s the creative aspect. You also have to articulate your idea. There are a million things going on.”

-KATRINA GARNETT,
FOUNDER OF CROSSROADS
SOFTWARE

Talk to as many franchisees as you can—a broader perspective will give you a more accurate picture of the company. Take careful notes of the conversations so you can refer to them later. Don’t hesitate to ask about sensitive topics. One of the most important questions a prospective franchisee should ask, but rarely does, is “What conflicts do you have with the franchisor?” Even established, successful companies have conflicts. What you need to find out is how widespread and common those conflicts are.

Talking to franchisees can also give you something you won’t get anywhere else: a feeling for what it’s like to run this business day to day. Thinking solely in economic terms is a mistake if you end up with a franchise that doesn’t suit your lifestyle or self-image. When you envision running a restaurant franchise, for instance, you may be thinking of all the money you’re going to make. Talking to franchisees can bring you back to reality—which is a lot more likely to involve manning a fry station, disciplining employees and working late than cruising around in your Ferrari. Talking to franchisees in a variety of industries can help you make a choice that fits your lifestyle.

Many franchisees and franchising experts say there’s no better way to cap off your research than by spending time in a franchisee location to see what your life will be like. Buyers should spend at least one week working in a unit. This is the best way for the franchisor and franchisee to evaluate each other. Offer to work for free. If the franchisor doesn’t want you to, you should be skeptical about the investment.

When all your research is completed, the choice between two equally sound franchises often comes down to your gut instinct. That’s why talking to franchisees and visiting locations is so important in the selection process.



WARNING

If your visits with current franchisees result in each one telling you they are unhappy or would not make the investment in this franchise again, think long and hard about your own decision. If they feel the franchisor has let them down or has a flawed program, you should look more carefully before taking the plunge.

Proven Purchase

Buying a franchise can be a good way to lessen the risk of business ownership. Some entrepreneurs cut that risk still further by purchasing an existing franchise—one that is already up and running. Not only does an existing franchise have a customer base, but it also has a management system already in place and ongoing revenues. In short, it already has a foundation—something that is very attractive to a lot of entrepreneurs.

Finding existing franchisees who are willing to sell is simply a matter of asking the parent company what's available. You can also check local classified ads, or visit Franchising.com, which lists thousands of businesses for sale.

Once you have found some likely candidates, the investigation process combines the same steps used in buying an existing business with those used in buying a franchise. (For a list of questions to ask before purchasing an existing business, refer to the checklist on page 44.) The good news, however, is that you'll get far more detailed financial information than you would when assessing a franchise company. Where other potential franchisees just get vague suggestions of potential earnings, you'll get hard facts.

Of course, there is a price to pay for all the advantages of buying an existing franchise: It is generally much more costly. In fact, the purchase price of an existing location can be two to four times more than what you would pay for a new franchise from the same company. Because you are investing more money, it is even more important to make sure you have audited financial statements and to review them with your CPA.

Once in a while, you'll find a franchise that isn't doing well. Perhaps the current owner isn't good at marketing, isn't putting forth enough effort or isn't following the system correctly. In this case, you may be able to get the existing franchise for what it would cost to buy a new franchise—or even less. It's crucial, however, to make sure the problem is something you can correct and that you'll be able to get the location up to speed fast. After all, you're going to have immediate

overhead expenses—for employees, royalties and operating costs—so you need some immediate income as well.

Also be aware that even if a particular franchise location is thriving, it does not necessarily mean the parent company is equally successful. In fact, sometimes franchisees who know the parent company is in trouble will try to unload their franchises before the franchisor goes under. Carefully assess the franchisor's strength, accessibility and the level of assistance they provide. Do not settle for anything less than you would when buying a new franchise.

Buying a Business Opportunity

If a franchise sounds too restrictive for you but the idea of coming up with your own business idea, systems and procedures sounds intimidating, there is a middle ground: business opportunities.

A business opportunity, in the simplest terms, is a packaged business investment that allows the buyer to begin a business. (Technically, all franchises are business opportunities, but not all business opportunities are franchises.)

Unlike a franchise, however, the business opportunity seller typically exercises no control over the buyer's business operations. In fact, in most business opportunity programs, there is no continuing relationship between the seller and the buyer after the sale is made.

Although business opportunities offer less support than franchises, this could be an advantage for you if you thrive on freedom. Typically, you will not be obligated to follow the strict specifications and detailed program that franchisees must follow. With most business opportunities, you would simply buy a set of equipment or materials, and then you can operate the business any way and under any name you want.



Put yourself in the franchisor's shoes. You want to deliver a FDD only to qualified candidates who appear serious about the investment because each copy costs several dollars to reproduce. Show you are serious about their program and are genuinely interested in the information in the FDD, and you increase your chance of receiving one early in the process.

There are no ongoing royalties in most cases, and no trademark rights are sold.

However, this same lack of long-term commitment is also a business opportunity's chief disadvantage. Because there is no continuing relationship, the world of business opportunities does have its share of con artists who promise buyers instant success, then take their money and run. While increased regulation of business opportunities has dramatically lessened the likelihood of rip-offs, it is still important to investigate an opportunity thoroughly before you invest any money.

Legal Matters

In general, a business opportunity refers to one of a number of ways to get into business. These include the following:

- *Dealers/distributors* are individuals or businesses that purchase the right to sell ABC Corp.'s products but not the right to use ABC's trade name. For example, an authorized dealer of Minolta products might have a Minolta sign in his window, but he can't call his business Minolta. Often, the words "dealers" and "distributors" are used interchangeably, but there is a difference: A distributor may sell to several dealers, while a dealer usually sells direct to retailers or consumers.
- *Licensees* have the right to use the seller's trade name and certain methods, equipment, technology or product lines. If Business Opportunity XYZ has a special technique for reglazing porcelain, for instance, it will teach you the method and sell you the supplies and machinery needed to open your own business. You can call your business XYZ, but you are an independent licensee.
- *Vending machines* are provided by the seller, who may also help you find locations for them. You restock your own machines and collect the money.
- *Cooperatives* allow an existing business to affiliate with a network of similar businesses, usually for advertising and promotional purposes.

ON THE LEVEL

Direct sales is a type of business opportunity that is very popular with people looking for part-time, flexible businesses. Some of the best-known companies in America, including Avon, Mary Kay Cosmetics and Tupperware, fall under the direct-selling umbrella.

Direct-selling programs feature a low upfront investment—usually only a few hundred dollars for the purchase of a product sample kit—and the opportunity to sell a product line directly to friends, family and other personal contacts. Most direct-selling programs also ask participants to recruit other sales representatives. These recruits constitute a rep's "down-line," and their sales generate income for those above them in the program.

Things get sticky when a direct sales network compensates participants primarily for recruiting others rather than for selling the company's products or services. A direct-selling system in which most of the revenues come from recruitment may be considered an illegal pyramid scheme.

Since direct-selling programs are usually exempt from business opportunity regulation and are not defined as franchises under state and federal franchise laws, you will need to do your own investigation before investing any money. For more information, check out the Direct Selling Association's website at dsa.org.

■ *Direct sales* (see "On the Level" above).

Legal definitions of business opportunities vary, since not all states regulate business opportunities. (The 26 that do are Alaska, California, Connecticut, Florida, Georgia, Illinois, Indiana, Iowa, Kentucky, Louisiana, Maine, Maryland, Michigan, Minnesota, Nebraska, New Hampshire, North Carolina, Ohio, Oklahoma, South Carolina, South Dakota, Texas, Utah, Virginia, Washington and

Wisconsin.) Even among these, different states have different definitions of what constitutes a business opportunity. According to franchise law counsel Joel R. Buckberg, an attorney in Nashville, Tennessee, most definitions contain the following:

- The investor enters into an oral or written agreement for the vendor—or someone recommended by the vendor—to sell goods or services to the investor that allow him or her to begin a business.
- The purchase involves a certain amount of money. In 15 states and under FTC regulations, the minimum investment is \$500; in the other 11 states, that figure drops to as little as \$100.
- The seller makes any one of the following statements to the investor during the course of the sale:
 1. The seller or someone the seller recommends will assist in securing locations for display racks, vending devices, outlets or accounts;
 2. The seller will return the money and repurchase what is sold to or made by the investor if the investor is dissatisfied with the investment;
 3. The seller will buy any or all of the products assembled or produced by the buyer;
 4. The seller guarantees (or, in some states, implies) that the buyer will be able to generate revenues in excess of the amount of the investment paid to the seller; or
 5. The seller will provide a marketing plan or a sales plan for the buyer.

If a seller meets the definition of a business opportunity in states that regulate them, it generally means he or she must register the offering



TIP

Don't forget to ask about the franchise or business opportunity's training program.

Find out how long it is, where it takes place and the general subjects covered. Look for a well-organized plan that combines classroom time with field orientation.

with the state authorities and deliver a disclosure document to prospective buyers at least ten business days before the sale is made. (For more information on states' regulations, check with consumer protection agencies—often a part of the attorney general's office—in your state.)

Checking It Out

Researching a business is a more challenging task than investigating a franchise. And if the business opportunity you are considering does not provide buyers with a disclosure document, you get a lot less information, so you have to do a lot more legwork on your own.

Whenever possible, follow the same steps you would for investigating a franchise. Check out *Entrepreneur* magazine's BizOpp Zone (entrepreneur.com/bizopp). Contact the Better Business Bureau to see if there have been complaints against the company, and if the company is registered with D&B, a financial report will give you details on its financial standing and other information.

Also check with the regulatory agency—either the Commission of Securities or the Commission of Financial Institutions—in the state where the business opportunity has its headquarters. This will tell you if the company is complying with all state regulations. If you discover the company or its principals have been involved in lawsuits or bankruptcies, try to find out more details. Did the suits involve fraud or violations of regulatory laws? A copy of the petition or judgment, which you can get from the court that handled the case, will give you the answers to these questions.

Finally, see if the business opportunity seller will provide you with a list of people who have purchased the opportunity in the past. Don't let the seller give you a few



WARNING

Watch out for promises from third-party location hunters. The sales rep may say, "We'll place those pistachio dispensers in prime locations in your town," but more likely, you'll find out that all the best locations are taken, and the next thing you know, your garage is filled with pistachio dispensers. The solution: Get in your car, and check for available locations.

handpicked names; ask for a full list of buyers in your state. Try to track them down, and talk to as many as you can. Were they satisfied with the opportunity? Would they recommend it to friends?

The path to buying a business opportunity is not as clearly defined as the road leading to franchise ownership. The good news, however, is that you have more freedom to make your business opportunity work. More so than with a franchise, the success or failure of your business opportunity depends on you, your commitment to the venture and the level of effort you put into it. Put that same effort into finding the right business opportunity program, and your chances of success increase exponentially.

part 2

PLAN

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CHOOSE YOUR TARGET

Defining Your Market

You've come up with a great idea for a business . . . but you're not ready to roll yet. Before you go any further, the next step is figuring out who your market is.

There are two basic markets you can sell to: consumer and business. These divisions are fairly obvious. For example, if you are selling women's clothing from a retail store, your target market is consumers; if you are selling office supplies, your target market is businesses (this is referred to as "B2B" sales). In some cases—for example, if you run a printing business—you may be marketing to both businesses and individual consumers.

No business—particularly a small one—can be all things to all people. The more narrowly you can define your target market, the better. This process is known as creating a niche and is key to success for even the biggest companies. Walmart and Tiffany are both retailers, but they have very different niches: Walmart



WARNING

Even though many baby boomers are now over 50, don't make the mistake of marketing to them the same way you would to seniors. Boomers don't think of themselves as "old" or "seniors." The moral? The same marketing approaches that appealed to boomers when they were 30 will appeal to them when they're 50, 60 and 70.

caters to bargain-minded shoppers, while Tiffany appeals to upscale jewelry consumers.

"Many people talk about 'finding' a niche as if it were something under a rock or at the end of the rainbow, ready-made. That is nonsense," says Lynda Falkenstein, author of *Nichecraft: Using Your Specialness to Focus Your Business, Corner Your Market & Make Customers Seek You Out*. Good niches do not just fall into your lap; they must be very carefully crafted.

Rather than creating a niche, many entrepreneurs make the mistake of falling into the "all over the map" trap, claiming they can do many things and be good at all of them. These people quickly learn a tough

lesson, Falkenstein warns: "Smaller is bigger in business, and smaller is not all over the map; it's highly focused."

Practicing Nichecraft

Creating a good niche, advises Falkenstein, involves following a seven-step process:

1. *Make a wish list.* With whom do you want to do business? Be as specific as you can: Identify the geographic range and the types of businesses or customers you want your business to target. If you don't know whom you want to do business with, you can't make contact. "You must recognize that you can't do business with everybody," cautions Falkenstein. Otherwise, you risk exhausting yourself and confusing your customers.

These days, the trend is toward smaller niches (see "Direct Hit" on page 75). Targeting teenagers isn't specific enough; targeting male, African American teenagers with family incomes of

DIRECT HIT

Once upon a time, business owners thought it was enough to market their products or services to “18-to-49-year-olds.” Those days are things of the past. According to trend experts, the consumer marketplace has become so differentiated, it’s a misconception to talk about the marketplace in any kind of general, grand way. You can market to socioeconomic status or to gender or to region or to lifestyle or to technological sophistication. There’s no end to the number of different ways you can slice the pie.

Further complicating matters, age no longer means what it used to. Fifty-five-year-old baby boomers prefer rock ‘n’ roll to Geritol; 30-year-olds may still be living with their parents. People now repeat stages and recycle their lives. You can have two men who are 64 years old, and one is retired and driving around in a Winnebago, and the other is just remarried with a toddler in his house.

Generational marketing, which defines consumers not just by age, but also by social, economic, demographic and psychological factors, has been used since the early ‘80s to give a more accurate picture of the target consumer.

A more recent twist is cohort marketing, which studies groups of people who underwent the same experiences during their formative years. This leads them to form a bond and behave differently from people in different cohorts, even when they are similar in age. For instance, people who were young adults in the Depression era behave differently from people who came of age during World War II, even though they are close in age.

To get an even narrower reading, some entrepreneurs combine cohort or generational marketing with life stages, or what people are doing at a

DIRECT HIT, CONTINUED

certain time in life (getting married, having children, retiring), and physiographics, or physical conditions related to age (nearsightedness, arthritis, menopause).

Today's consumers are more marketing-savvy than ever before and don't like to be "lumped" with others—so be sure you understand your niche. While pinpointing your market so narrowly takes a little extra effort, entrepreneurs who aim at a smaller target are far more likely to make a direct hit.

\$40,000 and up is. Aiming at companies that sell software is too broad; aiming at Northern California-based companies that provide internet software sales and training and have sales of \$15 million or more is a better goal.

2. *Focus.* Clarify what you want to sell, remembering: a) You can't be all things to all people and b) "smaller is bigger." Your niche is not the same as the field in which you work. For example, a retail clothing business is not a niche but a field. A more specific niche may be "maternity clothes for executive women."

To begin this focusing process, Falkenstein suggests using these techniques to help you:

- Make a list of things you do best and the skills implicit in each of them.
- List your achievements.
- Identify the most important lessons you have learned in life.
- Look for patterns that reveal your style or approach to resolving problems.

Your niche should arise naturally from your interests and experience. For example, if you spent ten years working in a consulting

firm, but also spent ten years working for a small, family-owned business, you may decide to start a consulting business that specializes in small, family-owned companies.

3. Describe the customer's worldview. A successful business uses what Falkenstein calls the Platinum Rule: "Do unto others as they would do unto themselves."

When you look at the world from your prospective customers' perspective, you can identify their needs or wants. The best way to do this is to talk to prospective customers and identify their main concerns. (Chapter 7 will give you more ideas on ways to get inside customers' heads.)

4. Synthesize. At this stage, your niche should begin to take shape as your ideas and the client's needs and wants coalesce to create something new. A good niche has five qualities:

- It takes you where you want to go—in other words, it conforms to your long-term vision.
- Somebody else wants it—namely, customers.
- It's carefully planned.
- It's one-of-a-kind, the "only game in town."
- It evolves, allowing you to develop different profit centers and still retain the core business, thus ensuring long-term success.

5. Evaluate. Now it's time to evaluate your proposed product or service against the five criteria in Step 4. Perhaps you'll find that the niche you had in mind requires more business travel than you're ready for. That means it doesn't fulfill one of the above



WARNING

Marketing to ethnic consumers? Don't make these mistakes: Sticking ethnic faces in the background of your marketing materials, "lumping" (for example, treating Japanese, Chinese and Korean Americans as one big mass of "Asians"), or relying on stereotypes such as slang or overtly ethnic approaches. Subtlety and sensitivity are keys to success when approaching these markets.

Target Market Worksheet

Use the following exercise to identify where and who your target market is. Once you're done, you'll have an audience to aim for and hone in on rather than using a shotgun approach, which is a time- and money-waster.

1. Describe the idea:

2. What will the concept be used for?

3. Where are similar concepts used and sold?

4. What places do my prospects go to for recreation?

Target Market Worksheet, continued

5. Where do my prospects go for education?

6. Where do my prospects do their shopping?

7. What types of newspapers, magazines and newsletters do my prospects read?

8. What TV and radio stations do my prospects watch and listen to?

criteria—it won't take you where you want to go. So scrap it, and move on to the next idea.

6. *Test.* Once you have a match between niche and product, test-market it. “Give people an opportunity to buy your product or service—not just theoretically but actually putting it out there,”

suggests Falkenstein. This can be done by offering samples, such as a free miniseminar or a sample copy of your newsletter. The test shouldn't cost you a lot of money: "If you spend huge amounts of money on the initial market test, you are probably doing it wrong," she says.

7. *Go for it!* It's time to implement your idea. For many entrepreneurs, this is the most difficult stage. But fear not: If you did your homework, entering the market will be a calculated risk, not just a gamble.

"If you work just for the money, you'll never make it, but if you love what you're doing and you always put the customer first, success will be yours."

—RAY KROC, FOUNDER OF
McDONALD'S CORP.

Keep It Fresh

Once your niche is established and well-received by your market, you may be tempted to rest on your laurels. Not a good idea, says Falkenstein. "[You must] keep growing by niching. This doesn't mean totally changing your focus, but rather further adapting it to the environment around you."

Ask yourself the following questions when you think you have found your niche—and ask them again every six months or so to make sure your niche is still on target:

- Who are your target clients?
- Who aren't your target clients?
- Do you refuse certain kinds of business if it falls outside your niche?
- What do clients think you stand for?
- Is your niche in a constant state of evolution?
- Does your niche offer what prospective customers want?
- Do you have a plan and delivery system that effectively conveys the need for your niche to the right market?
- Can you confidently predict the life cycle of your niche?

- How can your niche be expanded into a variety of products or services that act as profit centers?
- Do you have a sense of passion and focused energy with respect to your niche?
- Does your niche feel comfortable and natural?
- How will pursuing your niche contribute to achieving the goals you have set for your business?

According to Falkenstein, “Creating a niche is the difference between being in business and not being in business. It’s the difference between surviving and thriving, between simply liking what you do and the joy of success.”

On a Mission

Once you have designed a niche for your business, you’re ready to create a mission statement. A key tool that can be as important as your business plan, a mission statement captures, in a few succinct sentences, the essence of your business’s goals and the philosophies underlying them. Equally important, the mission statement signals what your business is all about to your customers, employees, suppliers and the community.

The mission statement reflects every facet of your business: the range and nature of the products you offer, pricing, quality, service, marketplace position, growth potential, use of technology, and your relationships with your customers, employees, suppliers, competitors and the community.

“Mission statements help clarify what business you are in, your goals and your objectives,” says Rhonda Abrams, author of *The Successful Business Plan: Secrets and Strategies*.

Your mission statement should reflect your business’ special niche. However, studying other companies’ statements can fuel your creativity. One sample mission statement Abrams developed:

AAA Inc. is a spunky, imaginative food products and service company aimed at offering high-quality, moderately priced, occasionally unusual foods using only natural ingredients. We view ourselves as

PROFITING FROM PROCUREMENT

Looking for a niche? One market many entrepreneurs ignore is the lucrative procurement pie. Although the federal government is by far the biggest customer in this arena, local governments, colleges and universities, school districts, nonprofit organizations, public utilities and corporations also have plenty of procurement opportunities available. The federal government's civilian agencies alone buy products in more than 4,000 categories, ranging from air brakes to zippers.

Contrary to what you might imagine, small businesses often have an edge in competing for procurement dollars. Government rules and regulations are designed to promote fair competition and a level playing field. And government agencies and large contractors are often required by law to give a certain amount of business to small, disadvantaged, women-owned or minority-owned businesses.

How to get started?

- Check out the SBA's subcontracting opportunities at web.sba.gov/subnet.
- Agencies like the U.S. Postal Service, Department of Interior and the Army, as well as many others, send out solicitations to businesses that are on their mailing lists. To find out how to get on the lists, contact the agency you're interested in.
- Regularly check "Federal Business Opportunities" online for daily updates (fedbizopps.gov); printed versions can also be found at many local libraries.

If you are a woman or a member of a minority group, you will need to be certified as a woman- or minority-owned business to work with government agencies and many large contractors. This can be done in several

PROFITING FROM PROCUREMENT, CONTINUED

ways. Many cities have their own certification programs or can direct you to the certification programs that they accept. A good general place to start is with the SBA; you can reach them at 409 Third St. SW, Washington, DC 20416, or call (800) U-ASK-SBA.

partners with our customers, our employees, our community and our environment. We aim to become a regionally recognized brand name, capitalizing on the sustained interest in Southwestern and Mexican food. Our goal is moderate growth, annual profitability and maintaining our sense of humor.

Or consider the statement one entrepreneur developed for her consulting business: “ABC Enterprises is a company devoted to developing human potential. Our mission is to help people create innovative solutions and make informed choices to improve their lives. We motivate and encourage others to achieve personal and professional fulfillment. Our motto is: Together, we believe that the best in each of us enriches all of us.”

The Write Words

To come up with a statement that encompasses all the major elements of your business, start with the right questions. Business plan consultants say the most important question is, What business are you in? Since



TIP

Doing business with the government can seem intimidating because of all the paperwork. To make it easier, many government agencies are reaching out to teach small firms how to bid—and win. Every state provides some kind of training, usually sponsored through community colleges for a small fee. Check with your local community college or SBA district office for details.

you have already gone through the steps of creating your niche, answering this question should be easy for you.

Answering the following ten questions will help you to create a verbal picture of your business's mission:

1. *Why are you in business?* What do you want for yourself, your family and your customers?
Think about the spark that ignited your decision to start a business. What will keep it burning?
2. *Who are your customers?* What can you do for them that will enrich their lives and contribute to their success—now and in the future?
3. *What image of your business do you want to convey?* Customers, suppliers, employees and the public will all have perceptions of your company. How will you create the desired picture?
4. *What is the nature of your products and services?* What factors determine pricing and quality? Consider how these relate to the reasons for your business's existence. How will all this change over time?
5. *What level of service do you provide?* Most companies believe they offer "the best service available," but do your customers agree? Don't be vague; define what makes your service so extraordinary.
6. *What roles do you and your employees play?* Wise captains develop a leadership style that organizes, challenges and recognizes employees.
7. *What kind of relationships will you maintain with suppliers?* Every business is in partnership with its suppliers. When you succeed, so do they.
8. *How do you differ from competitors?* Many entrepreneurs forget they are pursuing the same dollars as their competitors. What do you do better, cheaper or faster than competitors? How can you use competitors' weaknesses to your advantage?
9. *How will you use technology, capital, processes, products and services to reach your goals?* A description of your strategy will keep your energies focused on your goals.

10. *What underlying philosophies or values guided your responses to the previous questions?* Some businesses choose to list these separately. Writing them down clarifies the “why” behind your mission.

Putting It All Together

Crafting a mission statement requires time, thought and planning. However, the effort is well worth it. In fact, most startup entrepreneurs discover that the process of crafting the mission statement is as beneficial as the final statement itself. Going through the process will help you solidify the reasons for what you are doing and clarify the motivations behind your business.

Here are some tips to make your mission statement the best it can be:

- *Involve those connected to your business.* Even if you are a sole proprietor, it helps to get at least one other person’s ideas for your mission statement. Other people can help you see strengths, weaknesses and voids you might miss. If you have no partners or investors to include, consider knowledgeable family members and close friends, employees or accountants. Be sure, however, to pick only positive, supportive people who truly want you to succeed.
- *Set aside several hours—a full day, if possible—to work on your statement.* Mission statements are short—typically more than one sentence but rarely exceeding a page. Still, writing one is not a short process. It takes time to come up with language that simultaneously describes an organization’s heart and soul and serves as an inspirational beacon to everyone involved in the

**TIP**

When it comes to mission statements, employees are number one. It’s more important to communicate your mission statement to employees than to your customers. The most effective mission statements are developed strictly for internal communication and discussion. In other words, your mission statement doesn’t have to be clever or catchy—just accurate.

business. Large corporations often spend an entire weekend crafting a statement.

- *Plan a date.* Set aside time to meet with the people who'll be helping you. Write a list of topics to discuss or think about. Find a quiet, comfortable place away from phones and interruptions.
- *Be prepared.* If you have several people involved, be equipped with refreshments, extra lists of topics, paper and pencils. Because not everyone understands what a mission statement is about, explain its meaning and purpose before you begin.
- *Brainstorm.* Consider every idea, no matter how silly it sounds. Stimulate ideas by looking at sample mission statements and thinking about or discussing the 10 questions starting on page 84. If you're working with a group, use a flip chart to record responses so everyone can see them. Once you've finished brainstorming, ask everyone to write individual mission statements for your business. Read the statements, select the best bits and pieces, and fit them together.
- *Use "radiant words."* Once you have the basic idea in writing, polish the language of your mission statement. "Every word counts," says Abrams. The statement should create dynamic, visual images and inspire action. Use offbeat, colorful verbs and adjectives to spice up your statement. Don't hesitate to drop in words like "kaleidoscope," "sizzle," "cheer," "outrageous" and "marvel" to add zest. If you want customers to "boast" about your goods and services, say so—along with the reasons why. Some businesses include a glossary that defines the terms used in the statement.



Once you've drafted your mission statement, you should periodically review and possibly revise it to make sure it accurately reflects your goals as your company and the business and economic climates evolve. To do this, simply ask yourself if the statement still correctly describes what you're doing.

Once your mission statement is complete, start spreading the word! You need to convey your mission statement to others inside and outside the business to tell everyone you know where you are going and why. Post it in your office, where you, employees and visitors can see it every day. Print it on company materials, such as your brochures and your business plan or even on the back of your business cards.

When you're launching a new business, you can't afford to lose sight of your objectives. By always keeping your mission statement in front of you, you'll keep your goals in mind—and ensure smooth sailing.

IF YOU BUILD IT, WILL THEY COME?

Conducting Market Research

So you have a great idea for a product—something that's bound to capture the hearts and minds (and wallets) of consumers everywhere. Or perhaps you have stumbled on a service that isn't being offered by anyone else—one that is desperately needed. This is your opportunity! Don't hesitate . . . don't look back . . . jump right into it and . . .

Wait! Before you shift into high gear, you must determine whether there really is a market for your product or service. Not only that, you need to ascertain what—if any—fine-tuning is needed. Quite simply, you must conduct market research.

Many business owners neglect this crucial step in product development for the sole reason that they don't want to hear any negative feedback. They are convinced their product or service is perfect just the way it is, and they don't want to risk tampering with it.

Other entrepreneurs bypass market research because they fear it will be too expensive. With all the other startup costs you're facing, it's not easy to justify spending money on research that will only prove what you knew all along: Your product is a winner.

"There's only one boss—the customer."

—SAM WALTON, FOUNDER
OF WALMART

Regardless of the reason, failing to do market research can amount to a death sentence for your product. "A lot of companies skim over the important background information because they're so interested in getting their product to market," says Donna Barson, president and owner

GOOD QUESTION

Whether you hire a professional market research firm or take on the task yourself, your market research should clearly answer the following questions:

- Who will buy my product or service?
- Why will they buy it?
- Where will they buy it—specialty shops, department stores, mail order?
- What do I need to charge to make a healthy profit?
- What products or services will mine be competing with?
- Am I positioning my product or service correctly? (In other words, if there's a lot of competition, look for a specialized market niche.)
- What government regulations will my product or service be subject to?

of Barson Marketing Inc., a marketing, advertising and public relations consulting firm. “But the companies that do the best are the ones that do their homework.”

Consider market research an investment in your future. If you make the necessary adjustments to your product or service now, you’ll save money in the long run.

What It Is, What It Does

What exactly is market research? Simply put, it’s a way of collecting information you can use to solve or avoid marketing problems. Good market research gives you the data you need to develop a marketing plan that really works for you. It enables you to identify the specific segments within a market that you want to target and to create an identity for your product or service that separates it from your competitors. Market research can also help you choose the best geographic location in which to launch your new business.

Before you start your market research, it’s a good idea to meet with a consultant, talk to a business or marketing professor at a local college or university, or contact your local SBA district office. These sources can offer guidance and help you with the first step in market research: deciding exactly what information you need to gather.

As a rule of thumb, market research should provide you with information about three critical areas: the industry, the consumer and the competition.

1. *Industry information.* In researching the industry, look for the latest trends. Compare the statistics and growth in the industry. What areas of the industry appear to be expanding, and



TIP

When doing any type of survey, whether it is a focus group, a questionnaire or a phone survey, pay attention to customers who complain or give you negative feedback. You don’t need to worry about the customers who love your product or service, but the ones who tell you where you’re going wrong provide valuable information to help you improve.

what areas are declining? Is the industry catering to new types of customers? What technological developments are affecting the industry? How can you use them to your advantage? A thriving, stable industry is key; you don't want to start a new business in a field that is on the decline.

2. *Consumer close-up.* On the consumer side, your market research should begin with a market survey. A thorough market survey will help you make a reasonable sales forecast for your new business. To do a market survey, you first need to determine the market limits or physical boundaries of the area to which your business sells. Next, study the spending characteristics of the population within this location.

Estimate the location's purchasing power, based on its per capita income, its median income level, the unemployment rate, population and other demographic factors. Determine the current sales volume in the area for the type of product or service you will sell.

Finally, estimate how much of the total sales volume you can reasonably obtain. (This last step is extremely important. Opening your new business in a given community won't necessarily generate additional business volume; it may simply redistribute the business that's already there.)

3. *Competition close-up.* Based on a combination of industry research and consumer research, a clearer picture of your competition will emerge. Do not underestimate the number of competitors out there. Keep an eye out for potential future competitors as well as current ones.

Examine the number of competitors on a local and, if relevant, national scale. Study their strategies and operations. Your analysis should supply a clear picture of potential threats, opportunities, and the weaknesses and strengths of the competition facing your new business.

When looking at the competition, try to see what trends have been established in the industry and whether there's an opportunity or

advantage for your business. Use the library, the internet and other secondary research sources described later in this chapter to research competitors. Read as many articles as you can on the companies you will be competing with. If you are researching publicly owned companies,

KNOW THY ENEMY

There are two ways to define competitors. One is by strategic groups—competitors who use similar marketing strategies, sell similar products or have similar skills. Under this definition, you might group Toyota and Nissan as competitors within the car industry.

The second, less obvious way to group competitors is by customer—how strongly do they compete for the same customers' dollar? Using this method gives you a wider view of your competitors and the challenges they could pose to your new business.

Suppose you're considering opening a family entertainment center. If there are no other family entertainment centers in the area, you might think you have no competitors. Wrong! Any type of business that competes for customers' leisure time and entertainment dollars is a competitor. That means children's play centers, amusement parks and arcades are all your competitors. So are businesses that, on the surface, don't appear similar, like movie theaters, bookstores and shopping malls. You could even face competition from nonprofit entities, like public parks, libraries and beaches. In short, anything that families might do in their leisure time is your "competition."

Don't limit yourself to the obvious definitions of competition. Start thinking out of the box . . . and you will be less likely to get sideswiped by an unexpected competitor.



WARNING

Do you know what your competition is up to? If not, you could be headed for trouble. A study by professors at UCLA and Stanford University showed most business owners are clueless about the competition. Almost 80 percent were blind to their opponents' actions—which can lead to lost customers and market share.

The answer? Role-play. Put yourself in the competitors' shoes and analyze their strategies. Visit their stores. Use the internet to dig up as much information as you can about them, their tactics and their goals.

contact them and obtain copies of their annual reports. These often show not only how successful a company is, but also what products or services it plans to emphasize in the future.

One of the best websites for researching the competition is Hoover's Online (hoovers.com), which, for a fee, provides in-depth profiles of more than 43,000 companies. However, there is also free content available, plus you can try a free trial subscription. You can also gather information on competing businesses by visiting them in person. Take along a questionnaire like the "Sample Market Research Competition Questionnaire" on page 97. This one is for a bar/club, but you can customize it for your particular business.

Market Research Methods

In conducting your market research, you will gather two types of data: primary and secondary. *Primary research* is information that comes directly from the source—that is, potential customers. You can compile this information

yourself or hire someone else to gather it for you via surveys, focus groups and other methods. *Secondary research* involves gathering statistics, reports, studies and other data from organizations such as government agencies, trade associations and your local chamber of commerce.

Secondary Research

The vast majority of research you can find will be secondary research. While large companies spend huge amounts of money on market

research, the good news is that plenty of information is available for free to entrepreneurs on a tight budget. The best places to start? Your local library and the internet.

Reference librarians at public and university libraries will be happy to point you in the right direction. Become familiar with the business reference section—you'll be spending a lot of time there. Two good sources to look for: *ThomasNet* (thomasnet.com), an online resource that connects industrial buyers and sellers, and the *Harris InfoSource All-Industries and Manufacturing Directories* (harrisinfo.com). Both sources can be found at most libraries, as well as online, and can help you target businesses in a particular industry, read up on competitors or find manufacturers for your product.

To get insights into consumer markets, check out the *Statistical Abstract of the United States*, which you can find at most libraries. It contains a wealth of social, political and economic data. Ask reference librarians for other resources targeted at your specific business.

Associations

Your industry trade association can offer a wealth of information such as market statistics, lists of members, and books and reference materials. Talking to others in your association can be one of the most valuable ways of gaining informal data about a region or customer base.

Look in the *Encyclopedia of Associations* (Gale Cengage Learning), found in most libraries, to find associations relevant to your industry. You may also want to investigate your customers' trade associations for information that can help you market to them. Most trade associations provide information free of charge.



e-FYI

In the business of e-commerce? ComScore (comscore.com) is a market research company that will evaluate your e-commerce site. They offer a variety of options, from web-based marketing strategies to custom research. Even if you're not ready for professional advice, exploring the site will give you an idea of the questions you should be asking in your own research.

Read your trade associations' publications, as well as those aimed at your target customers, to get an idea of current and future trends and buying patterns. And keep an eye out for more: New magazines and newsletters are launched every year. If you're not following all of them, you could be missing out on valuable information about new products and your competitors.

Government Guidance

Government agencies are an invaluable source of market research, most of it free. Almost every county government publishes population density and distribution figures in widely available census tracts. These publications will show you the number of people living in specific areas, such as precincts, water districts or even ten-block neighborhoods. Some counties publish reports on population trends that show the population ten years ago, five years ago and today. Watch out for a static, declining or small population; ideally, you want to locate where there is an expanding population that wants your products and services.

The U.S. Census Bureau (census.gov) turns out reams of inexpensive or free business information, most of which is available on the internet:

- The Census Bureau's *State and Metropolitan Area Data Book* offers statistics for metropolitan areas, central cities and counties.
- The *Census Product Update* is a monthly listing of recently released and upcoming products from the U.S. Census Bureau. Sign up for a free e-mail subscription at census.gov.
- *County Business Patterns* is an excellent Census product that reports the number of a given type of business in a county by ZIP code and metropolitan and micropolitan statistical area.
- For breakdowns by geographical area, look to the *Economic Census*, which is published every five years.

Most of these products should be available online or at your local library. If not, contact your nearest Census office for a list of publications and ordering information, or write to the U.S. Census Bureau,

4600 Silver Hill Rd., Washington, DC 20233, (301) 763-INFO or (800) 923-8282. Many Census Bureau reports are also available on CD or DVD, or are free on the internet.

Sample Market Research Competition Questionnaire

When you visit the competing bars in your area, you want to use the information you gather to develop a competitive strategy for your own establishment. Improve on their strengths and capitalize on their weaknesses. Fill out this questionnaire for each of the bars you visit to help you assess your competition and your customers.

1. What type of bar is it? _____

2. What is the concept/theme? _____

3. Does the bar offer a full bar, beer and wine, or just beer? _____

4. Did you have to wait to be seated? How long? _____

5. How long did it take to get served? _____

6. What kind of décor does the bar have? _____

Sample Market Research Competition Questionnaire, *continued*

7. Is the bar clean? _____

8. Is the layout of the bar and tables efficient? _____

9. Does the bar serve food? _____

10. If so, what types of food does it have on the menu? _____

11. Does the menu offer enough variety? _____

12. How would you rate the quality of the drinks? _____

13. How would you rate the quality of the food? _____

14. Does the cost match the quality/quantity of the food and drinks served? _____

15. How do you feel about the bar's atmosphere? _____

Sample Market Research Competition Questionnaire, *continued*

16. How is the service? _____

17. What promotions and sales techniques do you notice? _____

18. What feedback did you receive from the bartender/wait staff? _____

19. What information did you get from the customers? _____

20. List three ways you would improve the bar.

1. _____
2. _____
3. _____

The U.S. Government has an official web portal that is another good source of information. For instance, at the USA.gov website (usa.gov), you'll find a section for businesses that is a one-stop link to all the information and service that the federal government provides

"You must be the change you wish in this world."

—MAHATMA GHANDI

for the business community. Tax questions? Wondering about how best to deal with all the regulations and red tape? Chances are you'll find your answers at business.gov by clicking the "Finance and Taxes" link.

Or you might try the Commerce Department's Economic Indicators web page (economicindicators.gov). Curious if the world is ready to spend money on your exercise equipment for goldfish? Then the Economic Indicators site is for you. Literally every day, they're releasing key economic indicators from the Bureau of Economic Analysis and the U.S. Census Bureau.

If you're planning to get into exporting, contact the Department of Commerce's International Trade Administration (ITA). The ITA publishes several thousand reports and statistical surveys, not to mention hundreds of books on everything American entrepreneurs need to know about exporting. Many of the reports and books are available for downloading immediately from the ITA's press and publications department (ita.doc.gov). Here you'll also find information on how to

NETTING INFORMATION

If your market research budget is limited, try CenStats. A free service from the Census Bureau that's available on the internet, CenStats allows you to access the bureau's most popular databases and information.

Search by county or ZIP code under "County Business Patterns," and you'll get business profiles for an area that include payroll information and business size by industry. Click on "USA Counties" to get counties' economic and demographic information, including personal income per capita, population size and more.

To test out CenStats, visit censtats.census.gov.

order printed copies, including archived publications. Or if you prefer, call the Trade Information Center at (800) USA-TRADE.

Maps

Maps of trading areas in counties and states are available from chambers of commerce, trade development commissions, industrial development boards and local newspaper offices. These maps show the major areas of commerce and can also help you judge the accessibility of various sites. Access is an important consideration in determining the limits of your market area.

SURVEY SAYS . . .

A recent survey shows . . ." just might be the most overused, misused and abused phrase in modern life. Try hard enough, and you can find a survey to prove that four out of five Americans have been aboard a UFO, think they can flap their arms and fly to the moon, or believe Elvis is alive and living in their spare bedroom. With all the half-baked surveys out there, how do you know what to believe?

First, consider the source. Many surveys are conducted by trade associations, which inevitably are biased in favor of good news. This doesn't mean trade association surveys are necessarily inaccurate; just keep in mind that they are likely to play up positive results and downplay negative ones. When looking at any survey, consider what the source has to gain from the information presented. Then you'll have a better idea of whether to take the information with a grain of salt.

Meaningful surveys generally share the following characteristics:

- *Short-term focus.* In general, respondents are more likely to be accurate when they make predictions about the next three to six months.

SURVEY SAYS . . . , CONTINUED

When it comes to predicting the long term (a year or more ahead), they're usually guessing.

- *Adequate sample size.* What constitutes adequate size depends on the topic you're surveying. In general, the broader the topic, the larger the number of respondents should be. If the survey talks about broad manufacturing trends, for example, it should survey 1,000 companies or more. Also consider where the respondents come from. If you're starting a small regional business, a large national sample may not be relevant to your needs because the sample size from your area is probably too small to tell you anything about your region.
- *Knowledgeable respondents.* Asking entrepreneurs in the electronics business to forecast the future of the industry obviously carries more weight than asking the same question of teachers or random people on the street.
- *Continual replication.* The best surveys are repeated regularly, using the same methods, so there is a good basis for comparison from survey to survey.
- *Specific information relevant to your business.* In a nutshell, the best surveys are those where respondents answer questions that are narrowly targeted to your region and niche.

Colleges and Universities

Local colleges and universities are valuable sources of information. Many college business departments have students who are eager to work in the “real world,” gathering information and doing research at little or no cost.

Finally, local business schools are a great source of experts. Many business professors do consulting on the side, and some will even be

happy to offer you marketing, sales, strategic planning or financial information for free. Call professors who specialize in these areas; if they can't help, they'll be able to put you in touch with someone who can.

Community Organizations

Your local chamber of commerce or business development agency can supply useful information. They are usually free of charge, including assistance with site selection, demographic reports, and directories of local businesses. They may also offer seminars on marketing and related topics that can help you do better research.

D&B

Financial and business services firm D&B offers a range of reference sources that can help startups. Some of the information they offer as part of their Sales & Marketing Solutions are directories for career opportunities, consultants, service companies and regional businesses. Visit their website at dnb.com, or call (866) 503-0287 for more information.

- *D&B's Regional Business Directories* provide detailed information to help identify new business prospects and assess market potential. Besides basic information (telephone number, address and company description), the directories also tell when the company was started, sales volume, number of employees, parent company (if any) and, if it's a public company, on which exchange it's traded.
- *D&B's Million Dollar Database* can help you develop a marketing campaign for B2B sales. The Million Dollar Database lists more than 1.6 million U.S. and Canadian leading public and private



In addition to surveys conducted by trade organizations, businesses and D&B, universities are an excellent source of objective survey information. Another place to look for survey data: Many large newspapers and radio stations do surveys to learn about their markets. These surveys are usually easy to obtain and packed with up-to-date information about demographics and potential customers.



e-FYI

Zoomerang.com makes market research easy: You can create surveys online using a variety of templates. And if you don't know who to send your survey to, you can purchase a list off the site. Another option is to post your survey on your website. Zoomerang will even calculate the results for you.

companies and includes information regarding the number of employees, annual sales and ownership type. The database also includes biographical information on owners and officers, giving insight into their backgrounds and business experiences. For more information, go to dnbmdd.com.

Going Online

These days, entrepreneurs can conduct much of their market research without ever leaving their computers, thanks to the universe of online services and information. Start with the major consumer online services, which offer access to business databases. You

can find everything from headline and business news to industry trends and company-specific business information, such as a firm's address, telephone number, field of business and the name of the CEO. This information is critical for identifying prospects, developing mailing lists and planning sales calls. Here are a few to get you started:

- *KnowThis.com*'s (knowthis.com) marketing virtual library includes a tab on the site called "Weblinks" that contains links to a wide variety of market research web resources.
- *BizMiners.com* (bizminers.com) lets you choose national market research reports for 16,000 industries in 300 U.S. markets, local research reports for 16,000 industries in 250 metro markets, or financial profiles for 10,000 U.S. industries. The reports are available online for a nominal cost.
- *MarketResearch.com* (marketresearch.com) has more than 250,000 research reports from hundreds of sources consolidated into one accessible collection that's updated daily. No subscription fee is required, and you pay only for the parts of the report you need with its "Buy by the Section" feature. After paying,

the information is delivered online to your personal library on the site.

All the sources mentioned earlier (trade associations, government agencies) should also have websites you can visit to get information quickly. For instance, the Census Bureau offers many helpful websites:

- The *American Factfinder* website (factfinder.census.gov) provides excellent access to census information, including a “Maps” feature.
- The *Statistical Abstract of the United States* (census.gov/compendia/statab/) has statistical information from government and private sources compiled by the Census Bureau. It can be downloaded for free at the website.
- The *Census Bureau’s International Database* (census.gov/ipc/www/idb) furnishes data on foreign countries.

If you don’t have time to investigate online services yourself, consider hiring an information broker to find the information you need. Information brokers gather information quickly. They can act as a small company’s research arm, identifying the most accurate and cost-effective information sources.

To find information brokers, look in the Yellow Pages or ask the research librarian at your local library. Many research librarians deal with information brokers and will be able to give you good recommendations.

“*The time when you need to do something is when no one else is willing to do it, when people are saying it can’t be done.*”

—MARY FRANCES BERRY,
GERALDINE R. SEGAL PROFESSOR
OF AMERICAN SOCIAL THOUGHT
AT THE UNIVERSITY OF
PENNSYLVANIA

Primary Research

The secondary research you conduct should help you focus your niche and get a better idea of the challenges facing your business. To get a

complete picture of your target market, however, you'll need to do some primary research as well.

A market research firm can help you if you feel that primary research is too complicated to do on your own. These firms will charge a few thousand dollars or more, but depending on the complexity of the information you need, you may feel this is money well-spent. Your local chamber of commerce can recommend firms or individuals who can conduct market research for smaller businesses on a budget.

If you need assistance but don't want to spend that kind of cash, you can go to your SBA district office for guidance, and counselors can help you figure out what types of questions you need to ask your target market. As with secondary research, the SBA, SBDCs, colleges and universities are good sources of help with primary research.

20 Questions

Whether you use students, get help from the SBA, use a market research firm or go it alone, there are simple ways you can get primary research information.

■ *Focus groups.* A focus group consists of 5 to 12 potential customers who are asked their opinions in a group interview. Participants should fit your target market—for example, single men ages 18 to 25, or working mothers. To find participants, just go to your local mall or college campus and ask people fitting your customer profile if they would answer a few questions. Focus groups typically pay \$75 to \$100, or more.

Although focus group interviews are informal, you should have a list of questions to help you direct the discussion. Start by asking whether your product or service is one the participants would buy. If so, what is the highest price they would pay? Where would they shop for such a product? Do they like or dislike the product's packaging? Your questions should center on predetermined objectives, such as determining how high you can price your product or service or what to name your business.

The “Sample Focus Group Questionnaire” on page 109 is for a mail order chocolates company, but you can customize it for your business.

If you’re going the do-it-yourself route, you will probably act as the focus group moderator. Encourage an open-ended flow of conversation; be sure to solicit comments from quieter members, or you may end up getting all your information from only the talkative participants.

- *Telephone interviews.* This is an inexpensive, fast way to get information from potential customers. Prepare a script before making the calls to ensure you cover all your objectives. Most people don’t like to spend a lot of time on the phone, so keep your questions simple, clearly worded and brief. If you don’t have time to make the calls yourself, hire college students to do it for you.
- *Direct-mail interviews.* If you want to survey a wider audience, direct mail can be just the ticket. Your survey can be as simple as a postcard or as elaborate as a cover letter, questionnaire and reply envelope (for an example of the latter type, see pages 111 and 113). Keep questionnaires to a maximum of one page, and ask no more than 20 questions. Ideally, direct-mail surveys should be simple, structured with “yes/no” or “agree/disagree” check-off boxes so respondents can answer quickly and easily. If possible, only ask for one or two write-in answers at most.
- *E-mail interviews.* Many of the principles used in direct-mail interviews also apply to these surveys. Give clear



Small fries have big ideas that could help your business grow. If you are starting a child-related business, consider using children as marketing consultants. Kids think creatively—a big asset for entrepreneurs trying to reach this market. Companies like Microsoft and MTV hire kids to learn their views. But you don't need to be so formal: Just try polling the kids you know. Get their responses, and ask them for suggestions.

instructions on how to respond, and be appreciative in advance for the data you get back.

Making a List

How do you get the names of potential customers to call or mail questionnaires to? You can get lists from many places, including your suppliers, trade associations or a list-rental company. List-rental companies can give you access to a mailing list of a group of people who fit into your desired market. Refer to your local Yellow Pages for the names of list-rental companies. If none are listed, contact the Direct Marketing Association. (For more information on mailing lists, see Chapter 30.)

A less sophisticated approach to finding potential customer names is picking them at random from the phone book. If you've developed a latex glove for doctors, for example, you can get doctors' names out of the Yellow Pages. Whatever method you use to gather your information, the key to market research is using what you learn. The most sophisticated survey in the world does you no good if you ignore the information and the feedback customers provide.

Sample Focus Group Questionnaire

1. How many times a year do you purchase fine chocolates for yourself?

2. How many times a year do you purchase fine chocolates as gifts:

- for your spouse or significant other? _____
- for your children? _____
- for other relatives? What are their relationships? _____
- for clients or co-workers? _____

3. Do you prefer dark chocolate or milk chocolate? _____

4. Do you prefer to choose your own selection (nuts, chews, creams, etc.), or would you rather purchase a pre-boxed assortment?

5. How much do you usually spend for a one-pound box of chocolates?

6. Would you pay more for a box specially wrapped for a gift occasion?

7. For which special occasions do you purchase chocolates?

8. How much would you expect to pay for this half-pound box of gold foil-wrapped chocolate stars? (Here you show the product to your group.)

Sample Focus Group Questionnaire, *continued*

9. How much would you expect to pay for an eight-ounce solid chocolate Elvis Presley? (Here you show the product to your group.)

10. Would you buy an eight-ounce solid chocolate Elvis Presley? _____

11. How many times in the past year have you purchased something by mail order? _____

12. Were you pleased with your purchase? _____

13. If so, why? _____

14. If not, why not? _____

15. Would you feel comfortable about the freshness of chocolates you received through the mail? _____

16. What would you expect to pay for shipping and handling? _____

17. Please comment on the name Chocoholic Central (love, like, dislike or hate, and why). _____

18. Please comment on the name For Chocolate Lovers Only (love, like, dislike or hate, and why). _____

Sample Direct-Mail Cover Letter

Your Own Personal Interior Decorator OnCall Designer for Pennies!

How would you like to have your very own interior decorator available any time you need her—to redecorate a single room or your entire home, or just to answer all those “little” questions, like what color to repaint the kitchen or how to make the kids’ rooms more organized?

Sound wonderful but too expensive? Not so! With **OnCall Designer**, you can get professional interior design services for as little as \$50 per room. And we’d like to offer you a charter membership!

But first, we need your help. In order to tailor our service to your needs and desires, we’re asking you to fill out the attached questionnaire and send it back. It’s a self-mailer, so it’s easy! And to show our appreciation for your help, we’ll enroll you as a charter member of **OnCall Designer**. This entitles you to:

- Monthly newsletters packed with design tips and ideas
- Fantastic discounts on designer books, kits and products
- 10% off your first decorator request

Sound exciting? It is! When you receive your first mailing, you’ll be thrilled with the quality of our products and services—everything you need to give your home that exclusive designer look. Your friends will want to know how you did it!

Ready to get started? It’s as easy as 1, 2, 3:

1. Fill out the attached questionnaire.
2. Fold it and send it back in its own mailer to **OnCall Designer**.
3. Keep the certificate below! When you receive your first mailing, you can use the coupon for your 10% discount on the product or service of your choice.

Sample Direct-Mail Cover Letter, continued

OnCall Designer

This certificate entitles _____,
a charter member of OnCall Designer, to a full 10% off any
product or service offered in Mailing No. 1.

Enjoy!

123 Décor Drive, Dept. 1A, Art Deco, FL 30000 · (305) 555-9800 · oncalldesigner.com

Sample Direct-Mail Questionnaire

OnCall Designer

Charter Member's Questionnaire

1. What is your favorite decorating style (country, contemporary, traditional, etc.)? _____

2. How often do you redecorate?
 Every year
 Every two years
 Every time you can stretch your budget

3. When was the last time you redecorated? _____

4. Which room or rooms did you do and why? _____

5. About how much did you spend on this project? _____

6. What are your biggest decorating problems or concerns? (Go ahead—tell us everything!) _____

7. How many people make up your household? _____

8. If you have kids at home, what are their ages? _____

9. What is the approximate square footage of your home? _____

10. Is it a house, a condo or an apartment? _____

Sample Direct-Mail Questionnaire, continued

11. How many bedrooms? _____
12. How many baths? _____
13. Do you have a separate family room, office or den? (Please circle all that apply.)
14. Do you have a patio or a deck? _____
15. Would you be interested in tips, tricks and products for outdoor entertaining? _____
16. What is your annual household income? _____
17. Do you have a computer with internet access? _____
18. Do you own and use a digital camera? _____

We appreciate your answers and comments.
They'll help us make **OnCall Designer** perfect for you.
Watch for our first mailing—coming soon!

THE NAME GAME

Naming Your Business

What's in a name? A lot, when it comes to small-business success. The right name can make your company the talk of the town; the wrong one can doom it to obscurity and failure. If you're smart, you'll put just as much effort into naming your business as you did into coming up with your idea, writing your business plan and selecting a market and location. Ideally, your name should convey the expertise, value and uniqueness of the product or service you have developed.

Finding a good business name is more difficult than ever. Many of the best names have already been trademarked. But with advertising costs and competition on the rise, a good name is crucial to creating a memorable business image. In short, the name you choose can make or break your business.

There's a lot of controversy over what makes a good business name. Some experts believe that the best

“I have learned that success is to be measured not so much by the position that one has reached in life as by the obstacles overcome while trying to succeed.”

—BOOKER T. WASHINGTON,
POLITICAL ACTIVIST

names are abstract, a blank slate upon which to create an image. Others think that names should be informative so customers know immediately what your business is. Some believe that *coined* names (names that come from made-up words) are more memorable than names that use real words. Others think most coined names are forgettable. In reality, any name can be effective if it's backed by the appropriate marketing strategy.

Expert Assistance

Given all the considerations that go into a good company name, shouldn't you consult an expert, especially if you're in a field in which your company name will be visible and may influence the success of your business? And isn't it easier to enlist the help of a naming professional?

Yes. Just as an accountant will do a better job with your taxes and an ad agency will do a better job with your ad campaign, a naming firm will be more adept at naming your firm than you will. Naming firms have elaborate systems for creating new names, and they know their way around the trademark laws. They have the expertise to advise you against bad name choices and explain why others are good. A name consultant will take this perplexing task off your hands—and do a fabulous job for you in the process.

The downside is cost. A professional naming firm may charge from \$5,000 to \$80,000 to develop a name, which usually includes other identity work and graphic design as part of the package, according to Laurel Sutton, a principal with Catchword Brand Name Development. A Google search turned up several companies that charge as little as \$49 just for the naming work, but the benefit of using professionals is that spending the money now can save you money in the end. Professional namers may be able to find a better name—one that is so

recognizable and memorable, it will pay for itself in the long run. They have the expertise to help you avoid legal hassles with trademarks and registration—problems that can cost you plenty if you end up choosing a name that already belongs to someone else. And they are familiar with design elements, such as how a potential name might work on a sign or stationery.

If you can spare the money from your startup budget, professional help could be a solid investment. After all, the name you choose now will affect your marketing plans for the duration of your business. If you're like most business owners, though, the responsibility for thinking up a name will be all your own. The good news: By following the same basic steps professional namers use, you can come up with a meaningful moniker that works without breaking the bank.

What Does It Mean?

Start by deciding what you want your name to communicate. To be most effective, your company name should reinforce the key elements of your business. Your work in developing a niche and a mission statement (see Chapter 6) will help you pinpoint the elements you want to emphasize in your name.

Consider retail as an example. In retailing, the market is so segmented that a name must convey very quickly what the customer is going after. For example, if it's a warehouse store, it has to convey that impression. If it's an upscale store selling high-quality foods, it has to convey that impression. The name combined with the logo is very important in doing that. So the first and most important step in choosing a name is deciding what your business is.



TIP

Where to get ideas for your new business's name? Get your creative juices flowing by paying attention to all the business names you run across in your daily life—whether the businesses are similar to yours or not. Which names do you like, and why? What makes them effective? Which ones don't you like, and why are they unappealing? Soon you will have a clearer idea of what makes a good (and bad) business name.

Should your name be meaningful? Most experts say yes. The more your name communicates to consumers, the less effort you must exert to explain it. According to naming experts, name developers should give priority to real words or combinations of words over fabricated words. People prefer words they can relate to and understand. That's why professional namers universally condemn strings of numbers or initials as a bad choice.



WARNING

One common naming error that can be fatal to a new business: choosing a name that's difficult to pronounce. If people don't know how to pronounce your business name, they will be hesitant to say it. That means they're less likely to tell friends about your company or to ask for your product by name.

On the other hand, it is possible for a name to be too meaningful. Naming experts caution that business owners need to beware of names that are too narrowly defined. Common pitfalls are geographic names or generic names. Take the name "San Pablo Disk Drives" as a hypothetical example. What if the company wants to expand beyond the city of San Pablo, California? What meaning will that name have for consumers in Chicago or Pittsburgh? And what

if the company diversifies beyond disk drives into software or computer instruction manuals?

Specific names make sense if you intend to stay in a narrow niche forever. If you have any ambitions of growing or expanding, however, you should find a name that is broad enough to accommodate your growth. How can a name be both meaningful and broad? There's a distinction between *descriptive* names (like San Pablo Disk Drives) and *suggestive* names. Descriptive names tell something concrete about a business—what it does, where it's located and so on. Suggestive names are more abstract. They focus on what the business is about. Would you like to convey quality? Convenience? Novelty? These are the kinds of qualities that a suggestive name can express.

Consider the name "Italiatour," a name that was developed by one naming company to help promote package tours to Italy. Though it's

not a real word, the name “Italiatour” is meaningful. Right away, you recognize what’s being offered. But even better, the name “Italiatour” evokes the excitement of foreign travel. It would have been a very different name if it had been called “Italy-tour.” The naming company took a foreign word, “Italia,” but one that was very familiar and emotional and exciting to English speakers, and combined it with the English word “tour.” The result is easy to say, it’s unique, and it’s uninimidating, but it still has an Italian flavor.

Before you start thinking up names for your new business, try to define the qualities that you want your business to be identified with. If you’re starting a hearth-baked bread shop, you might want a name that conveys freshness, warmth and a homespun atmosphere. Immediately, you can see that names like “Kathy’s Bread Shop” or “Arlington Breads” would communicate none of these qualities. But consider the name “Open Hearth Breads.” The bread sounds homemade, hot and just out of the oven. Moreover, if you diversified your product line, you could alter the name to “Open Hearth Bakery.” This change would enable you to hold on to your suggestive name without totally mystifying your established clientele.

Making It Up

At a time when almost every existing word in the language has been trademarked, the option of coining a name is becoming more popular. Perhaps the best coined names come from professional naming firms. Some examples are Acura and Compaq, names coined by NameLab.

Since its beginning, NameLab has been a champion of the coined name. According to company president Michael Barr, coined names can be more meaningful than existing words. For example, take the name “Acura”: Although it has no dictionary definition, it suggests precision engineering, just as the company intended. How can that be? NameLab’s team created the name “Acura” from “Acu,”

*“It’s choice not chance
that determines your
destiny.”*

—JEAN NIDETCH, FOUNDER
OF WEIGHT WATCHERS

a word segment that means “precise” in many languages. By working with meaningful word segments (what linguists call morphemes) like “Acu,” Barr says that the company produces new words that are both meaningful and unique.

“The naming process needs a creative approach,” says Barr. He says that conventional words may not express the innovation or new ideas behind a new company or product. However, a new or “coined” word may be a better way to express that newness. Barr admits, however, that new words aren’t the right solution for every situation. New words are complex and may create a perception that the product, service or company is complex, which may not be true. Plus, naming beginners might find this sort of coining beyond their capabilities.

DOS AND DON'TS

When choosing a business name, keep the following tips in mind:

- Choose a name that appeals not only to you, but also to the kind of customers you are trying to attract.
- To get customers to respond to your business on an emotional level, choose a comforting or familiar name that conjures up pleasant memories.
- Don’t pick a name that is long or confusing.
- Stay away from cute puns that only you understand.
- Don’t use the word “Inc.” after your name unless your company is actually incorporated.
- Don’t use the word “Enterprises” after your name; this term is often used by amateurs.

An easier solution is to use new forms or spellings of existing words. For instance, NameLab created the name Compaq when a new computer company came to them, touting its new portable computer. The team thought about the word “compact,” but that word alone wouldn’t stand out in major media like *The New York Times* or *The Wall Street Journal*. So, Barr says, the team changed the spelling to Compaq to make it more noticeable.

Namestorming

Begin brainstorming, looking in dictionaries, books and magazines to generate ideas. Get friends and relatives to help if you like; the more minds, the merrier. Think of as many workable names as you can during this creative phase. Professional naming firms start out with a raw base of 800 to 1,000 names and work from there. You probably don’t have time to think of that many, but try to come up with at least 10 names that you feel good about. By the time you examine them from all angles, you’ll eliminate at least half.

The trials you put your names through will vary depending on your concerns. Some considerations are fairly universal. For instance, your name should be easy to pronounce, especially if you plan to rely heavily on print ads or signs. If people can’t pronounce your name, they will avoid saying it. It’s that simple. And nothing could be more counterproductive to a young company than to strangle its potential for word-of-mouth advertising.

Other considerations depend on more individual factors. For instance, if you’re thinking about marketing your business



WARNING

Make sure your business name clearly conveys what you do. A flower shop named Stargazers, for example, probably won’t be the first place customers think of when buying flowers, since they’ll probably expect you to sell telescopes or New Age products. Your name can even affect your ability to recruit employees.

Someone interested in working at a flower shop might not call Stargazers to ask about jobs since they might not expect it to be a florist.

globally or if you are located in a multilingual area, you should make sure that your new name has no negative connotations in other languages. On another note, if your primary means of advertising will be in the telephone directory, you might favor names that are closer to the beginning of the alphabet. Finally, make sure that your name is in no way embarrassing. Put on the mind of a child and tinker with the letters a little. If none of your doodlings makes you snicker, it's probably OK.

Naming firm Interbrand advises name seekers to take a close look at their competition: The major function of a name is to distinguish your business from others. You have to weigh who's out there already, what type of branding approaches they have taken, and how you can use a name to separate yourself.

Testing, Testing

After you've narrowed the field to, say, four or five names that are memorable, expressive and can be read by the average grade-schooler, you are ready to do a trademark search.

Must every name be trademarked? No. Many small businesses don't register their business names. As long as your state government gives you the go-ahead, you may operate under an unregistered business name for as long as you like—assuming, of course, that you aren't infringing on anyone else's trade name.

But what if you are? Imagine either of these two scenarios: You are a brand-new manufacturing business just about to ship your first orders. An obscure little company in Ogunquit, Maine, considers the name of your business an infringement on their trademark and engages you in a legal battle that bankrupts your company. Or envision your business in five years. It's a thriving, growing concern, and you are contemplating expansion. But just as you are about to launch your franchise program, you learn that a small competitor in Modesto, California, has the same name, rendering your name unusable.

To illustrate the risk you run of treading on an existing trademark with your new name, consider this: When NameLab took on the task

of renaming a chain of auto parts stores, they uncovered 87,000 names already in existence for stores of this kind. That's why even the smallest businesses should at least consider having their business names screened. You never know where your corner store is going to lead. If running a corner store is all a person is going to do, then there's no need to do a trademark search. But that local business may become a big business someday if that person has any ambition.

Enlisting the help of a trademark attorney or at least a trademark search firm before you decide on a name for your business is highly advisable. After all, the extra money you spend now could save you countless hassles and expenses further down the road. Try to contain your excitement about any one name until it has cleared the trademark search: It can be very demoralizing to lose a name you've been fantasizing about.



After you have thought of potential names, compile a list of your competitors' names. If some of your name ideas are too similar to your competitors', remove them from your list.

Final Analysis

If you're lucky, you'll end up with three to five names that pass all your tests. How do you make your final decision?

Recall all your initial criteria. Which name best fits your objectives? Which name most accurately describes the company you have in mind? Which name do you like the best?

Every company arrives at a final decision in its own way. Some entrepreneurs go with their gut or use personal reasons for choosing one name over another. Others are more scientific. Some companies do consumer research or testing with focus groups to see how the names are perceived. Others might decide that their name is going to be most important seen on the back of a truck, so they have a graphic designer turn the various names into logos to see which works best as a design element.

Use any or all of these criteria. You can do it informally: Ask other people's opinions. Doodle an idea of what each name will look like on a sign or on business stationery. Read each name aloud, paying attention to the way it sounds if you foresee radio advertising or telemarketing in your future.

Say It Loud

Professional naming firms devote anywhere from six weeks to six months to the naming process. You probably won't have that much time, but plan to spend at least a few weeks on selecting a name.

Once your decision is made, start building your enthusiasm for the new name immediately. Your name is your first step toward building a strong company identity, one that should last as long as you're in business.

MAKE IT LEGAL

Choosing a Business Structure

Of all the decisions you make when starting a business, probably the most important one relating to taxes is the type of legal structure you select for your company.

Not only will this decision have an impact on how much you pay in taxes, but it will affect the amount of paperwork your business is required to do, the personal liability you face and your ability to raise money.

The most common forms of business are sole proprietorship, partnership, corporation and S corporation. A more recent development to these forms of business is the limited liability company (LLC) and the limited liability partnership (LLP). Because each business form comes with different tax consequences, you will want to make your selection wisely and choose the structure that most closely matches your business's needs.

**TIP**

If you operate as a sole proprietor, be sure you keep your business income and records separate from your personal finances. It helps to establish a business checking account and get a credit card to use only for business expenses.

If you decide to start your business as a sole proprietorship but later decide to take on partners, you can reorganize as a partnership or other entity. If you do this, be sure you notify the IRS as well as your state tax agency.

Sole Proprietorship

The simplest structure is the sole proprietorship, which usually involves just one individual who owns and operates the enterprise. If you intend to work alone, this structure may be the way to go.

The tax aspects of a sole proprietorship are appealing because the expenses and your income from the business are included on your personal income tax return, Form 1040. Your profits and losses are recorded on a form called Schedule C, which is filed with your 1040. The “bottom-line amount” from Schedule C is then transferred to your personal tax return. This is especially attractive because business losses you suffer may offset the income you have earned from your other sources.

As a sole proprietor, you must also file a Schedule SE with Form 1040. You use Schedule SE to calculate how much self-employment tax you owe. In addition to paying annual self-employment taxes, you must make estimated tax payments if you expect to owe at least \$1,000 in federal taxes for the year after deducting your withholding and credits, and your withholding will be less than the smaller of: 1) 90 percent of the tax to be shown on your current year tax return or 2) 100 percent of your previous year’s tax liability. The federal government permits you to pay estimated taxes in four equal amounts throughout the year on the 15th of April, June, September and January. With a sole proprietorship, your business earnings are taxed only once, unlike other business structures. Another big plus is that you will have complete control over your business—you make all the decisions.

There are a few disadvantages to consider, however. Selecting the sole proprietorship business structure means you are personally responsible for your company's liabilities. As a result, you are placing your assets at risk, and they could be seized to satisfy a business debt or a legal claim filed against you.

Raising money for a sole proprietorship can also be difficult. Banks and other financing sources may be reluctant to make business loans to sole proprietorships. In most cases, you will have to depend on your financing sources, such as savings, home equity or family loans.

"Success seems to be connected to action. Successful people keep moving. They make mistakes, but they never quit."

—J. WILLARD MARRIOTT,
FOUNDER OF MARRIOTT
INTERNATIONAL INC.

Partnership

If your business will be owned and operated by several individuals, you'll want to take a look at structuring your business as a partnership. Partnerships come in two varieties: general partnerships and limited partnerships. In a general partnership, the partners manage the company and assume responsibility for the partnership's debts and other obligations. A limited partnership has both general and limited partners. The general partners own and operate the business and assume liability for the partnership, while the limited partners serve as investors only; they have no control over the company and are not subject to the same liabilities as the general partners.

Unless you expect to have many passive investors, limited partnerships are generally not the best choice for a new business because of all the required filings and administrative complexities. If you have two or more partners who want to be actively involved, a general partnership would be much easier to form.

One of the major advantages of a partnership is the tax treatment it enjoys. A partnership does not pay tax on its income but "passes through" any profits or losses to the individual partners. At tax time,

HOWDY, PARTNER!

If you decide to organize your business as a partnership, be sure you draft a partnership agreement that details how business decisions are made, how disputes are resolved, and how to handle a buyout. You'll be glad you have this agreement if for some reason you run into difficulties with one of the partners or if someone wants out of the arrangement.

The agreement should address the purpose of the business and the authority and responsibility of each partner. It's a good idea to consult an attorney experienced with small businesses for help in drafting the agreement. Here are some other issues you'll want the agreement to address:

- *How will the ownership interest be shared?* It's not necessary, for example, for two owners to equally share ownership and authority. However, if you decide to do it, make sure the proportion is stated clearly in the agreement.
- *How will decisions be made?* It's a good idea to establish voting rights in case a major disagreement arises. When just two partners own the business 50-50, there's the possibility of a deadlock. To avoid a deadlock, some businesses provide in advance for a third partner, a trusted associate who may own only 1 percent of the business but whose vote can break a tie.
- *When one partner withdraws, how will the purchase price be determined?* One possibility is to agree on a neutral third party, such as your banker or accountant, to find an appraiser to determine the price of the partnership interest.
- *If a partner withdraws from the partnership, when will the money be paid?* Depending on the partnership agreement, you can agree that the money be paid over three, five or 10 years, with interest. You don't want to be hit with a cash-flow crisis if the entire price has to be paid on the spot in one lump sum.

the partnership must file a tax return (Form 1065) that reports its income and loss to the IRS. In addition, each partner reports his or her share of income and loss on Schedule K-1 of Form 1065.

Personal liability is a major concern if you use a general partnership to structure your business. Like sole proprietors, general partners are personally liable for the partnership's obligations and debts. Each general partner can act on behalf of the partnership, take out loans and make decisions that will affect and be binding on all the partners (if the partnership agreement permits). Keep in mind that partnerships are also more expensive to establish than sole proprietorships because they require more legal and accounting services.

Corporation

The corporate structure is more complex and expensive than most other business structures. A corporation is an independent legal entity, separate from its owners, and as such, it requires complying with more regulations and tax requirements.

The biggest benefit for a business owner who decides to incorporate is the liability protection he or she receives. A corporation's debt is not considered that of its owners, so if you organize your business as a corporation, you are not putting your personal assets at risk. A corporation also can retain some of its profits without the owner paying tax on them.

Another plus is the ability of a corporation to raise money. A corporation can sell stock, either common or preferred, to raise funds. Corporations also continue indefinitely, even if one of the shareholders dies, sells the shares or becomes disabled. The corporate structure, however, comes with a number of downsides. A major one is



WARNING

Many cities require even the smallest enterprises to have a business license.

Municipalities are mainly concerned with whether the area where the business is operating is zoned for its intended purpose and whether there's adequate customer parking available.

You may even need a zoning variance to operate in some cities. Expect to pay a nominal license fee of around \$30.



WARNING

Any money you've invested in a corporation is at risk. Despite the liability protection of a corporation, most banks and many suppliers require business owners to sign a personal guarantee so they know corporate owners will make good on any debt if the corporation can't.

higher costs. Corporations are formed under the laws of each state with its own set of regulations. You will probably need the assistance of an attorney to guide you. In addition, because a corporation must follow more complex rules and regulations than a partnership or sole proprietorship, it requires more accounting and tax preparation services.

Another drawback to forming a corporation: Owners of the corporation pay a double tax on the business's earnings. Not only are corporations subject to corporate income tax at both the federal and state levels, but

any earnings distributed to shareholders in the form of dividends are taxed at individual tax rates on their personal income tax returns.

One strategy to help soften the blow of double taxation is to pay some money out as salary to you and any other corporate shareholders who work for the company. A corporation is not required to pay tax on earnings paid as reasonable compensation, and it can deduct the payments as a business expense. However, the IRS has limits on what it believes to be reasonable compensation.

S Corporation

The S corporation is more attractive to small-business owners than a regular (or C) corporation. That's because an S corporation has some appealing tax benefits and still provides business owners with the liability protection of a corporation. With an S corporation, income and losses are passed through to shareholders and included on their individual tax returns. As a result, there's just one level of federal tax to pay.

In addition, owners of S corporations who don't have inventory can use the cash method of accounting, which is simpler than the accrual method. Under this method, income is taxable when received and expenses are deductible when paid (see Chapter 37).

S corporations can also have up to 100 shareholders. This makes it possible to have more investors and thus attract more capital, tax experts maintain.

S corporations do come with some downsides. For example, S corporations are subject to many of the same rules corporations must follow, and that means higher legal and tax service costs. They also must file articles of incorporation, hold directors and shareholders meetings, keep corporate minutes, and allow shareholders to vote on major corporate decisions. The legal and accounting costs of setting up an S corporation are also similar to those for a regular corporation.

CORPORATE CHECKLIST

To make sure your corporation stays on the right side of the law, heed the following guidelines:

- Call the secretary of state each year to check your corporate status.
- Put the annual meetings (shareholders and directors) on tickler cards.
- Check all contracts to ensure the proper name is used in each. The signature line should read "John Doe, President, XYZ Corp," never just "John Doe."
- Never use your name followed by "dba" (doing business as) on a contract. Renegotiate any old ones that do.
- Before undertaking any activity out of the normal course of business—like purchasing major assets—write a corporate resolution permitting it. Keep all completed forms in the corporate book.
- Never use corporate checks for personal debts and vice versa.
- Get professional advice about continued retained earnings not needed for immediate operating expenses.

Another major difference between a regular corporation and an S corporation is that S corporations can only issue one class of stock. Experts say this can hamper the company's ability to raise capital.

In addition, unlike in a regular corporation, S corporation stock can only be owned by individuals, estates and certain types of trusts. In 1998, tax-exempt organizations such as qualified pension plans were added to the list. This change provides S corporations with even greater access to capital because a number of pension plans are willing to invest in closely held small-business stock.



WARNING

If you anticipate several years of losses in your business, keep in mind you cannot deduct corporate losses on your personal tax return. Business structures such as partnerships, sole proprietorships and S corporations allow you to take those deductions.

Putting Inc. to Paper

To start the process of incorporating, contact the secretary of state or the state office that is responsible for registering corporations in your state. Ask for instructions, forms and fee schedules on incorporating.

It is possible to file for incorporation without the help of an attorney by using books and software to guide you. Your expense will be the cost of these resources, the filing fees and other costs associated with incorporating in your state.

If you do it yourself, you will save the expense of using a lawyer, which can cost from \$500 to \$5,000 if you choose a firm that specializes in startup businesses. The disadvantage is that the process may take you some time to accomplish. There is also a chance you could miss some small but important detail in your state's law.

One of the first steps in the incorporation process is to prepare a certificate or articles of incorporation. Some states provide a printed form for this, which either you or your attorney can complete. The information requested includes the proposed name of the corporation,

the purpose of the corporation, the names and addresses of those incorporating, and the location of the principal office of the corporation. The corporation will also need a set of bylaws that describe in greater detail than the articles how the corporation will run, including the responsibilities of the company's shareholders, directors and officers; when stockholder meetings will be held; and other details important to running the company. Once your articles of incorporation are accepted, the secretary of state's office will send you a certificate of incorporation.

**TIP**

Small Business Resource magazine, an annual publication of the SBA, offers a plethora of tips and advice for starting a business. Besides a national edition, the magazine has state editions that feature local resources. Access the edition of your choice for free at smallbusiness3.com.

Rules of the Road

Once you are incorporated, be sure to follow the rules of incorporation. If you fail to do so, a court can pierce the corporate veil and hold you and the other business owners personally liable for the business's debts.

It is important to follow all the rules required by state law. You should keep accurate financial records for the corporation, showing a separation between the corporation's income and expenses and those of the owners.

The corporation should also issue stock, file annual reports and hold yearly meetings to elect company officers and directors, even if they're the same people as the shareholders. Be sure to keep minutes of shareholders' and directors' meetings. On all references to your business, make certain to identify it as a corporation, using Inc. or Corp., whichever your state requires. You also want to make sure that whomever you will be dealing with, such as your banker or clients, knows that you are an officer of a corporation. (For more corporate guidelines, see "Corporate Checklist" on page 131.)

IN OTHER WORDS

If you are starting a sole proprietorship or a partnership, you have the option of choosing a business name, or dba ("doing business as"), for your business. This is known as a fictitious business name. If you want to operate your business under a name other than your own (for instance, Carol Axelrod doing business as "Darling Donut Shoppe"), you may be required by the county, city or state to register your fictitious name.

Procedures for doing this vary among states. In many states, all you have to do is go to the county offices and pay a registration fee to the county clerk. In other states, you also have to place a fictitious name ad in a local newspaper for a certain length of time. The cost of filing a fictitious name notice ranges from \$25 to \$100. Your local bank may require a fictitious name certificate to open a business account for you; if so, a bank officer can tell you where to go to register.

In most states, corporations don't have to file fictitious business names unless the owner(s) do business under a name other than their own. In effect, incorporation documents are to corporate businesses what fictitious name filings are to sole proprietorships and partnerships.

Limited Liability Company

Limited liability companies, often referred to as "Lacs," have been around since 1977, but their popularity among entrepreneurs is a relatively recent phenomenon. An LLC is a hybrid entity, bringing together some of the best features of partnerships and corporations.

"Nobody can be a success if they don't love their work."

—DAVID SARNOFF,
CHAIRMAN OF RCA

LLCs were created to provide business owners with the liability protection that corporations enjoy without the double taxation. Earnings and losses pass through to the owners and are included on their personal tax returns.

Sound similar to an S corporation? It is, except that an LLC offers business owners even more attractions than an S corporation. For example, there is no limitation on the number of shareholders an LLC can have, unlike an S corporation, which has a limit of 100 shareholders. In addition, any member or owner of the LLC is allowed a full participatory role in the business's operation; in a limited partnership, on the other hand, partners are not permitted any say in the operation.

To set up an LLC, you must file articles of organization with the secretary of state in the state where you intend to do business. Some states also require you to file an operating agreement, which is similar to a partnership agreement. Like partnerships, LLCs do not have perpetual life. Some state statutes stipulate that the company must dissolve after 30 years. Technically, the company dissolves when a member dies, quits or retires.

If you plan to operate in several states, you must determine how a state will treat an LLC formed in another state. If you decide on an LLC structure, be sure to use the services of an experienced accountant who is familiar with the various rules and regulations of LLCs.

Another recent development is the limited liability partnership (LLP). With an LLP, the general partners have limited liability. For example, the partners are liable for their own malpractice and not that of their partners. This legal form works well for those involved in a professional practice, such as physicians.



SAVE

If limited liability is not a concern for your business, you could begin as a sole proprietorship or a partnership so "passed through" losses in the early years of the company can be used to offset your other income. After the business becomes profitable, you may want to consider another type of legal structure.

The Nonprofit Option

What about organizing your venture as a nonprofit corporation? Unlike a for-profit business, a nonprofit may be eligible for certain benefits, such as sales, property and income tax exemptions at the state level. The IRS points out that while most federal tax-exempt organizations are nonprofit organizations, organizing as a nonprofit at the state

LAYING THE FOUNDATION

When making a decision about which business structure to use, answering the following questions should help you narrow down which entity is right for you:

- How many owners will your company have, and what will their roles be?
- Are you concerned about the tax consequences of your business structure?
- Do you want to consider having employees become owners in the company?
- Can you deal with the added costs that come with selecting a complicated business structure?
- How much paperwork are you prepared to deal with?
- Do you want to make all the decisions in the company?
- Are you planning to go public?
- Do you want to protect your personal resources from debts or other claims against your company?
- Are family succession issues a concern?

level does not automatically grant you an exemption from federal income tax.

Another major difference between a profit and nonprofit business deals with the treatment of the profits. With a for-profit business, the owners and shareholders generally receive the profits. With a nonprofit, any money that is left after the organization has paid its bills is put back into the organization. Some types of nonprofits can receive contributions that are tax deductible to the individual who contributes to the organization. Keep in mind that nonprofits are organized to provide some benefit to the public.

Nonprofits are incorporated under the laws of the state in which they are established. To receive federal tax-exempt status, the organization must apply with the IRS. First, you must have an Employer Identification Number (EIN) and then apply for recognition of exemption by filing Form 1023 (*Application for Recognition of Exemption Under Section 501(c)(3) of the Internal Revenue Code*) or Form 1024 (*Application for Recognition of Exemption under Section 501(a)*) with the necessary filing fee. Both forms are available online at irs.gov. (For information on how to apply for an EIN, see Chapter 41.)

The IRS identifies the different types of nonprofit organizations by the tax code by which they qualify for exempt status. One of the most common forms is 501(c)(3), which is set up to do charitable, educational, scientific, religious and literary work. This includes a wide range of organizations, from continuing education centers to outpatient clinics and hospitals.

The IRS also mandates that there are certain activities tax-exempt organizations can't engage in if they want to keep their exempt status. For example, a section 501(c)(3) organization cannot intervene in political campaigns.



e-FYI

To help sort through the business structure maze, you can order free IRS publications—*Partnerships* (Publication 541), *Corporations* (Publication 542), and *Tax Issues for Limited Liability Companies* (Publication 3402)—by downloading them from the IRS website at irs.gov.

Remember, nonprofits still have to pay employment taxes, but in some states they may be exempt from paying sales tax. Check with your state to make sure you understand how nonprofit status is treated in your area. In addition, nonprofits may be hit with unrelated business income tax. This is regular income from a trade or business that is not substantially related to the charitable purpose. Any exempt organization under Section 501(a) or Section 529(a) must file Form 990-T (*Exempt Organization Business Income Tax Return*) if the organization has gross income of \$1,000 or more from an unrelated business and pay tax on the income.

If your nonprofit has revenues of more than \$25,000 a year, be sure to file an annual report (Form 990) with the IRS. Form 990-EZ is a shortened version of 990 and is designed for use by small exempt organizations with incomes of less than \$1 million.

Form 990 asks you to provide information on the organization's income, expenses and staff salaries. You also may have to comply with a similar state requirement. The IRS report must be made available for public review. If you use the calendar year as your accounting period (see Chapter 41), file Form 990 by May 15.

For more information on IRS tax-exempt status, download IRS Publication 557 (*Tax-Exempt Status for Your Organization*) at irs.gov.

Even after you settle on a business structure, remember that the circumstances that make one type of business organization favorable are always subject to changes in the

laws. It makes sense to reassess your form of business from time to time to make sure you are using the one that provides the most benefits.

"To be successful in business, you need friends. To be very successful, you need enemies."

—CHRISTOPHER ONDAATJE,
CANADIAN FINANCIER AND
PHILANTHROPIST

Choosing a Legal Form for Your Business

This table summarizes the characteristics of six different forms of business: sole proprietorships, general partnerships, limited partnerships, limited liability partnerships (LLPs), corporations in general, and S corporations. We list four characteristics for each legal form:

- *Control.* Who holds authority in a business operating under this form?
- *Liability.* Who is legally liable for any losses the business experiences?
- *Tax.* How will business income and expenses be reported?
- *Continuity.* If a business owner dies or wants to leave the business, does the business continue?

Sole Proprietorship

Control	Liability	Tax	Continuity
Owner maintains complete control over the business.	Owner is solely liable. His or her personal assets are open to attack in any legal case.	Owner reports all income and expenses on personal tax return.	Business terminates upon the owner's death or withdrawal. Owner can sell the business but will no longer remain the proprietor.

General Partnership

Control	Liability	Tax	Continuity
Each partner has the authority to enter contracts and make other business decisions, unless the partnership agreement stipulates otherwise.	Each partner is liable for all business debts.	Each partner reports partnership income on their individual tax returns. The business does not pay any taxes as its own entity.	Unless the partnership agreement makes other provisions, a partnership dissolves upon the death or withdrawal of a partner.

Choosing a Legal Form For Your Business, continued

Limited Partnership

Control	Liability	Tax	Continuity
General partners control the business.	General partners are personally responsible for partnership liabilities. Limited partners are liable for the amount of their investment.	Partnership files annual taxes. Limited and general partners report their share of partnership income or loss on their individual returns.	Death of a limited partner does not dissolve business, but death of general partner might, unless the agreement makes other provisions.

Limited Liability Partnership

Control	Liability	Tax	Continuity
Owner or partners have authority.	Partners are not liable for business debts.	The partners report income and income tax on their individual tax returns.	Different states have different laws regarding the continuity of LLCs.

Corporation

Control	Liability	Tax	Continuity
Shareholders appoint the board of directors, which appoints officers, who hold the highest authority.	Shareholders generally are responsible for the amount of their investment in corporate stock.	Corporation pays its own taxes. Shareholders pay tax on their dividends.	The corporation is its own legal entity and can survive the deaths of owners, partners and shareholders.

Choosing a Legal Form For Your Business, continued

S Corporation

Control	Liability	Tax	Continuity
See entry for corporations.	See entry for corporations.	Shareholders report shares of corporate profit or loss on their individual tax returns.	See entry for corporations.

PLAN OF ATTACK

Creating a Winning Business Plan

Tell friends you're starting a business, and you will get as many different pieces of advice as you have friends. One piece of wisdom, however, transcends all others: Write a business plan.

According to a study conducted for AT&T, only 42 percent of small-business owners bother to develop a formal business plan; of those who do use a plan, 69 percent say it was a major contributor to their success.

Some people think you don't need a business plan unless you're trying to borrow money. Of course, it's true that you do need a good plan if you intend to approach a lender—whether a banker, a venture capitalist or any number of other sources—for startup capital. But a business plan is more than a pitch for financing; it's a guide to help you define and meet your business goals.

Just as you wouldn't start off on a cross-country drive without a road map, you should not embark on

your new business without a business plan to guide you. A business plan won't automatically make you a success, but it will help you avoid some common causes of business failure, such as undercapitalization or lack of an adequate market.

"My interest is in the future because I am going to spend the rest of my life there."

—CHARLES F. KETTERING,
AMERICAN INVENTOR AND
SCIENTIST

As you research and prepare your business plan, you'll find weak spots in your business idea that you'll be able to repair. You'll also discover areas with potential you may not have thought about before—and ways to profit from them. Only by putting

together a business plan can you decide whether your great idea is really worth your time and investment.

What is a business plan, and how do you put one together? Simply stated, a business plan conveys your business goals and the strategies you'll use to meet them, potential problems that may confront your business and ways to solve them, the organizational structure of your business (including titles and responsibilities), and the amount of capital required to finance your venture and keep it going until it breaks even.

Sound impressive? It can be, if put together properly. A good business plan follows generally accepted guidelines for both form and content. There are three primary parts of a business plan.

1. The first is the business concept, where you discuss the industry, your business structure, your product or service, and how you plan to make your business a success.
2. The second is the marketplace section, in which you describe and analyze potential customers: who and where they are, what makes them buy and so on. Here, you also describe the competition and how you will position yourself to beat it.
3. Finally, the financial section contains your income and cash-flow statements, balance sheet and other financial ratios, such as break-even analyses. This part may require help from your accountant and a good spreadsheet software program.

Breaking these three major sections down further, a business plan consists of seven major components:

1. Executive summary
2. Business description
3. Market strategies
4. Competitive analysis
5. Design and development plan
6. Operations and management plan
7. Financial factors

In addition to these sections, a business plan should also have a cover, title page and table of contents.

Executive Summary

Anyone looking at your business plan will first want to know what kind of business you are starting. So the business concept section should start with an executive summary, which outlines and describes the product or service you will sell.

The executive summary is the first thing the reader sees. Therefore, it must make an immediate impact by clearly stating the nature of the business and, if you are seeking capital, the type of financing you want. The executive summary describes the business, its legal form of operation (sole proprietorship, partnership, corporation or limited liability company), the amount and purpose of the loan requested, the repayment schedule, the borrower's equity share, and the debt-to-equity ratio after the loan, security or collateral is offered. Also listed are the market value, estimated value or price quotes for any equipment you plan to purchase with the loan proceeds.

Your executive summary should be short and businesslike—generally between half a page and one page, depending on how complicated the use of funds is.



TIP

Although it's the first part of the plan to be read, the executive summary is most effective if it's the last part you write. By waiting until you have finished the rest of your business plan, you ensure you have all the relevant information in front of you. This allows you to create an executive summary that hits all the crucial points of your plan.

Business Description

This section expands on the executive summary, describing your business in much greater detail. It usually starts with a description of your industry. Is the business retail, wholesale, food service, manufacturing or service-oriented? How big is the industry? Why has it become so popular? What kind of trends are responsible for the industry's growth? Prove, with statistics and anecdotal information, how much opportunity there is in the industry.

Explain the target market for your product or service, how the product will be distributed, and the business' support systems—that is, its advertising, promotions and customer service strategies.

Next, describe your product or service. Discuss the product's applications and end users. Emphasize any unique features or variations that set your product or service apart from others in your industry.

SAMPLE EXECUTIVE SUMMARY

The business will provide ecology-minded consumers with an environmentally safe disposable diaper that will feature all the elements that are popular among users of disposable diapers but will include the added benefit of biodegradability. The product, which is patent pending, will target current users of disposable diapers who are deeply concerned about the environment as well as those consumers using cloth diapers and diaper services. The product will be distributed to wholesalers who will, in turn, sell to major supermarkets, specialty stores, department stores and major toy stores.

The company was incorporated in 1989 in the state of California under the name of Softie Baby Care. The company's CEO, president and vice president have more than 30 years of combined experience in the diaper industry.

SAMPLE EXECUTIVE SUMMARY, CONTINUED

With projected net sales of \$871 million in its third year, the business will generate pretax net profits of 8 percent. Given this return, investment in the company is very attractive. Softie Baby Care Inc. will require a total amount of \$26 million over three stages to start the business.

1. The first stage will require \$8 million for product and market development.
2. The second stage of financing will demand \$12 million for implementation.
3. The third stage will require \$6 million for working capital until break-even is reached.

First-stage capital will be used to purchase needed equipment and materials to develop the product and market it initially. To obtain its capital requirements, the company is willing to relinquish 25 percent equity to first-stage investors.

The company has applied for a patent on the primary technology that the business is built around, which allows the plastic within a disposable diaper to break down upon extended exposure to sunlight. Lease agreements are also in place for a 20,000-square-foot facility in a light industrial area of Los Angeles, as well as for major equipment needed to begin production. Currently, the company has funding of \$3 million from the three principals, with purchase orders for 500,000 units already in hand.

If you're using your business plan for financing purposes, explain why the money you seek will make your business more profitable. Will you use the money to expand, to create a new product or to buy new equipment?



e-FYI

Looking for inspiration? Visit Uncle Sam: The SBA (sbaonline.sba.gov/starting_business/planning/basic.html) offers clear, concise business plan outlines and tutorials. When you're done, if you feel like your business plan has the right stuff, consider submitting it to a business plan competition. Universities, such as Wharton and Harvard Business School, and corporations often sponsor such competitions, offering grants and other cash prizes that can really help offset your startup costs. To find a competition, Google "business plan competition" and see what turns up.

Market Strategies

Here's where you define your market—its size, structure, growth prospects, trends and sales potential. Based on research, interviews and sales analysis, the marketplace section should focus on your customers and your competition. How much of the market will your product or service be able to capture?

The answer is tricky since so many variables influence it. Think of it as a combination of words and numbers. Write down the who, what, when, where and why of your customers. (You know all this because you researched it in Chapter 7.) The answer is critical to determining how you will develop pricing strategies and distribution channels.

Be sure to document how and from what sources you compiled your market information. Describe how your business fits into the overall market picture. Emphasize your unique selling proposition (USP)—in other words, what makes you different? Explain why your approach is ideal for your market.

Once you've clearly defined your market and established your sales goals, present the strategies you'll use to meet those goals.

- **Price.** Thoroughly explain your pricing strategy and how it will affect the success of your product or service. Describe your projected costs and then determine pricing based on the profit percentage you expect. Costs include materials, distribution, advertising and overhead. Many experts recommend adding 25 to 50 percent to each cost estimate, especially overhead, to ensure you don't underestimate.

- *Distribution.* This includes the entire process of moving the product from the factory to the end user. The type of distribution network you choose depends on your industry and the size of the market. How much will it cost to reach your target market? Does that market consist of upscale customers who will pay extra for a premium product or service, or budget-conscious consumers looking for a good deal? Study your competitors to see what channels they use. Will you use the same channels or a different method that may give you a strategic advantage?
- *Sales.* Explain how your sales force (if you have one) will meet its goals, including elements such as pricing flexibility, sales presentations, lead generation and compensation policies.

Competitive Analysis

How does your business relate to the competition? The competitive analysis section answers this question. Using what you've learned from your market research, detail the strengths and weaknesses of your competitors, the strategies that give you a distinct advantage, any barriers you can develop to prevent new competition from entering the market and any weaknesses in your competitors' service or product development cycle that you can take advantage of.

The competitive analysis is an important part of your business plan. Often, startup entrepreneurs mistakenly believe their product or service is the first of its kind and fail to recognize that competition exists. In reality, every business has competition, whether direct or indirect. Your plan must show that you recognize this and have a strategy for dealing with the competition.

Design and Development Plan

This section describes a product's design and charts its development within the context of



Your local Small Business Development Center can help you develop a business plan. To find an SBDC office near you, go to sba.gov/sbdc, then click on "SBDC Locator."

production, marketing and the company itself. If you have an idea but have not yet developed the product or service, if you plan to improve an existing product or service, or if you own an existing company and plan to introduce a new product or service, this section is extremely important. (If your product is already completely designed and developed, you don't need to complete this section. If you are offering a service, you will need to concentrate only on the development half of the section.)

The design section should thoroughly describe the product's design and the materials used; include any diagrams if applicable. The development plan generally covers these three areas: 1) product development, 2) market development and 3) organizational development. If you're offering a service, cover only the last two.

Create a schedule that shows how the product, marketing strategies and organization will develop over time. The schedule should be tied to a development budget so expenses can be tracked throughout the design and development process.

Operations and Management Plan

Here, you describe how your business will function on a daily basis. This section explains logistics such as the responsibilities of each member of the management team, the tasks assigned to each division of the company (if applicable), and the capital and expense requirements for operating the business.



TIP

There are many books, manuals and software programs that can help you write a business plan. Visit a bookstore, or, for free information, look in your local library's business section.

Describe the business's managers and their qualifications, and specify what type of support staff will be needed for the business to run efficiently. Any potential benefits or pitfalls to the community should also be presented, such as new job creation, economic growth, and possible effects on the environment from manufacturing and how they will

be handled to conform with local, state and federal regulations.

Financial Factors

The financial statements are the backbone of your business plan. They show how profitable your business will be in the short and long term, and should include the following:

- The *income statement* details the business's cash-generating ability. It projects such items as revenue, expenses, capital (in the form of depreciation) and cost of goods. You should generate a monthly income statement for the business's first year, quarterly statements for the second year and annual statements for each year thereafter (usually for three, five or 10 years, with five being the most common).
- The *cash-flow statement* details the amount of money coming into and going out of the business—monthly for the first year and quarterly for each year thereafter. The result is a profit or loss at the end of the period represented by each column. Both profits and losses carry over to the last column to show a cumulative amount. If your cash-flow statement shows you consistently operating at a loss, you will probably need additional cash to meet expenses. Most businesses have some seasonal variations in their budgets, so re-examine your cash-flow calculations if they look identical every month.
- The *balance sheet* paints a picture of the business's financial strength in terms of assets, liabilities and equity over a set period. You should generate a balance sheet for each year profiled in the development of your business.

After these essential financial documents, include any relevant summary information that's not included elsewhere in the plan but will significantly affect the business. This could include ratios such as return on investment, break-even point or return on assets. Your accountant can help you decide what information is best to include.

Many people consider the financial section of a business plan the most difficult to write. If you haven't started your business yet, how do

FINDING FUNDING

One of the primary purposes of a business plan is to help you obtain financing for your business. When writing your plan, it's important to remember who those financing sources are likely to be.

Bankers, investors, venture capitalists and investment advisors are sophisticated in business and financial matters. How can you ensure your plan makes the right impression? Three tips are key:

- 1 *Avoid hype.* While many entrepreneurs tend to be gamblers who believe in relying on their gut feelings, financial types are likely to go "by the book." If your business plan praises your idea with superlatives like "one of a kind," "unique" or "unprecedented," your readers are likely to be turned off. Wild, unsubstantiated promises or unfounded conclusions tell financial sources you are inexperienced, naive and reckless.
2. *Polish the executive summary.* Potential investors receive so many business plans, they cannot afford to spend more than a few minutes evaluating each one. If at first glance your proposal looks dull, poorly written or confusing, investors will toss it aside without a second thought. In other words, if your executive summary doesn't grab them, you won't get a second chance.

you know what your income will be? You have a few options. The first is to enlist your accountant's help. An accountant can take your raw data and organize it into categories that will satisfy all the requirements of a financial section, including monthly and yearly sales projections. Or, if you are familiar with accounting procedures, you can do it yourself with the help of a good spreadsheet program. (For more information on developing financial statements, see Chapter 38.)

FINDING FUNDING, CONTINUED

3. *Make sure your plan is complete.* Even if your executive summary sparkles, you need to make sure the rest of your plan is just as good and that all the necessary information is included. Some entrepreneurs are in such a hurry to get financing, they submit a condensed or preliminary business plan, promising to provide more information if the recipient is interested. This approach usually backfires for two reasons: First, if you don't provide information upfront, investors will assume the information doesn't exist yet and that you are stalling for time. Second, even if investors are interested in your preliminary plan, their interest may cool in the time it takes you to compile the rest of the information.

When presenting a business plan, you are starting from a position of weakness. And if potential investors find any flaws in your plan, they gain an even greater bargaining advantage. A well-written and complete plan gives you greater negotiating power and boosts your chances of getting financing on your own terms.

A Living Document

You've put a lot of time and effort into your business plan. What happens when it's finished? A good business plan should not gather dust in a drawer. Think of it as a living document, and refer to it often. A well-written plan will help you define activities and responsibilities within your business as well as identify and achieve your goals.

To ensure your business plan continues to serve you well, make it a habit to update yours annually. Set aside a block of time near the beginning of the calendar year, fiscal year or whenever is convenient for you. Meet with your accountant or financial advisor, if necessary, to go over and update financial figures. Is your business heading in the

**AHA!**

Still need another reason to write a business plan? Consider this: If you decide to sell your business in the future, or if you become disabled or die and someone else takes over, a written business plan will help make the transition a smooth one.

right direction . . . or has it wandered off course?

Making it a practice to review your business plan annually is a great way to start the year fresh and reinvigorated. It lets you catch any problems before they become too large to solve. It also ensures that if the possibility of getting financing, participating in a joint venture or other such occasion arises, you'll have an updated plan ready to go so you don't miss out on a good opportunity.

Whether you're writing it for the first time or updating it for the fifteenth, creating

a good business plan doesn't mean penning a 200-page novel or adding lots of fancy clip art and footnotes. It means proving to yourself and others that you understand your business, and that you know what's required to make it grow and prosper.

CALL IN THE PROS

Hiring a Lawyer and an Accountant

As you start off on your business journey, there are two professionals you will soon come to rely on to guide you along the path: your lawyer and your accountant. It's hard to navigate the maze of tax and legal issues facing entrepreneurs these days unless these professionals are an integral part of your team.

Hiring a Lawyer

When do you need a lawyer? Although the answer depends on your business and your particular circumstances, it's generally worthwhile to consult one before making any decision that could have legal ramifications. These include setting up a partnership or corporation, checking for compliance with regulations, negotiating loans, obtaining trademarks or patents, preparing buy-sell agreements, assisting with tax planning, drawing up pension plans, reviewing business forms, negotiating

and drawing up documents to buy or sell real estate, reviewing employee contracts, exporting or selling products in other states, and collecting bad debts. If something goes wrong, you may need an attorney to stand up for your trademark rights, go to court on an employee dispute or defend you in a product liability lawsuit. Some entrepreneurs wait until

something goes wrong to consult an attorney, but in today's litigious society, that isn't the smartest idea. "Almost every business, whatever its size, requires a lawyer's advice," says James Blythe Hodge of the law firm Sheppard, Mullin, Richter & Hampton. "Even the smallest business has tax concerns that need to be addressed as early as the planning stages."

In a crisis situation—such as a lawsuit or trademark wrangle—you may not have time to thoroughly research different legal options. More likely, you'll end up flipping through the Yellow Pages in haste . . . and getting stuck with a second-rate lawyer. Better to start off on the right foot from the beginning by doing the proper research and

TIP

When a client refuses to pay, do you hand the case to a lawyer? Some entrepreneurs do, but others handle small legal matters on their own by using their attorney as a coach. Lawyers can be very effective in helping you to file lawsuits in small-claims court, draft employment manuals and complete other legal tasks.

choosing a good lawyer now. Many entrepreneurs say their relationship with a lawyer is like a marriage—it takes time to develop. That's why it's important to lay the groundwork for a good partnership early.

Choosing an Attorney

How do you find the right attorney? Ask for recommendations from business owners in your industry or from professionals such as bankers or accountants you trust. Don't just get names; ask them for the specific strengths and weaknesses of the attorneys they recommend. Then take the process one step further: Ask your business associates' attorneys whom they recommend and why. (Attorneys are more likely to be

helpful if you phrase the request as “If for some reason I couldn’t use you, who would you recommend and why?”) If you still need more prospects, contact your local Bar Association; many of them have referral services.

Next, set up an interview with the top five attorneys you’re considering. Tell them you’re interested in building a long-term relationship, and find out which ones are willing to meet with you for an initial consultation without charging a fee.

At this initial conference, be ready to describe your business and its legal needs. Take note of what the attorney says and does, and look for the following qualities:

- *Experience.* Although it’s not essential to find an expert in your particular field, it makes sense to look for someone who specializes in small-business problems as opposed to, say, maritime law. “Find someone who understands the different business structures and their tax implications,” says Hodge. Make sure the lawyer is willing to take on small problems; if you’re trying to collect on a small invoice, will the lawyer think it’s worth his or her time?
- *Understanding.* Be sure the attorney is willing to learn about your business’s goals. You’re looking for someone who will be a long-term partner in your business’s growth. Sure, you’re a startup today, but does the lawyer understand where you want to be tomorrow and share your vision for the future?
- *Ability to communicate.* If the lawyer speaks in legalese and doesn’t bother to explain the terms he or she uses, you should look for someone else.



When you are starting a business, you are short of money for just about everything—including legal services.

Realizing this, many law firms offer a “startup package” of legal services for a set fee. This typically includes drawing up initial documents, attending corporate board meetings, preparing minutes, drafting ownership agreements and stock certificates, and offering routine legal advice.

- *Availability.* Will the attorney be available for conferences at your convenience, not his or hers? How quickly can you expect emergency phone calls to be returned?
- *Rapport.* Is this someone you can get along with? You'll be discussing matters close to your heart, so make sure you feel comfortable doing so. Good chemistry will ensure a better relationship and more positive results for your business.
- *Reasonable fees.* Attorneys charge anywhere from \$50 to \$1,000 or more per hour, depending on the location, size and prestige of the firm as well as the lawyer's reputation and experience. Shop around and get quotes from several firms before making your decision. However, beware of comparing one attorney with another on the basis of fees alone. The lowest hourly fees may not indicate the best value in legal work because an inexperienced attorney may take twice as long to complete a project as an experienced one will.
- *References.* Don't be afraid to ask for references. Ask what types of businesses or cases the attorney has worked with in the past. Get a list of clients or other attorneys you can contact to discuss competence, service and fees.

Cost Cutters

For many entrepreneurs, the idea of consulting a lawyer conjures up frightening visions of skyrocketing legal bills. While there's no denying that lawyers are expensive, the good news is, there are more ways than ever to keep a lid on costs. Start by learning about the various ways lawyers bill their time:

- *Hourly or per diem rate.* Most attorneys bill by the hour. If travel is involved, they may bill by the day.
- *Flat fee.* Some attorneys suggest a flat fee for certain routine matters, such as reviewing a contract or closing a loan.
- *Monthly retainer.* If you anticipate a lot of routine questions, one option is a monthly fee that entitles you to all the routine legal advice you need.

- *Contingent fee.* For lawsuits and other complex matters, lawyers often work on a contingency basis. This means that if they succeed, they receive a percentage of the proceeds—usually between 20 and 50 percent. If they fail, they receive only out-of-pocket expenses.
- *Value billing.* Some law firms bill at a higher rate on business matters if the attorneys obtain a favorable result, such as negotiating a contract that saves the client thousands of dollars. Try to avoid lawyers who use this method, which is also sometimes called “partial contingency.”

If you think one method will work better for you than another, don’t hesitate to bring it up with the attorney; many will offer flexible arrangements to meet your needs.

When you hire an attorney, draw up an agreement (called an “engagement letter”) detailing the billing method. If more than one attorney works on your file, make sure you specify the hourly rate for each individual so you aren’t charged \$200 an hour for legal work done by an associate who only charges \$75 an hour.

This agreement should also specify what expenses you’re expected to reimburse. Some attorneys expect to be reimbursed for meals, secretarial overtime, postage and photocopies, which many people consider the costs of doing business. If an unexpected charge comes up, will your attorney call you for authorization? Agree to reimburse only reasonable and necessary out-of-pocket expenses. No matter what methods your attorney uses, here are steps you can take to control legal costs:



Using paralegals as part of your legal team can be a good way to cut costs.

Certain legal tasks—preparing a simple document, for instance—are straightforward enough that a paralegal may be able to handle them instead of a higher-priced lawyer. Don’t assume your lawyer will suggest this route; ask him or her about it. And always make sure the paralegal is supervised by a business lawyer.

PAY NOW, NOT LATER

A new method has arisen to take charge of skyrocketing legal fees. It's called the prepaid legal plan, and more and more small businesses are using it.

Prepaid legal plans have been compared to HMOs because they offer certain basic services for a monthly fee. Prices range from as little as \$10 a month to \$100 or more; in return, an entrepreneur gets a package of services such as, say, unlimited phone consultation with a lawyer, review of three contracts per month, up to 10 debt collection letters per month and discounts on other legal services.

According to prepaid legal services firm Caldwell Legal, USA, 73 percent of all legal problems members bring can be resolved with a single telephone call.

Typically, prepaid legal services contract with one law firm in each state to handle routine matters. Because the service is usually that firm's biggest client, business owners using the service receive a warmer welcome than they might at a big law firm. Specialists are usually available at reduced rates.

- *Have the attorney estimate the cost of each matter in writing, so you can decide whether it's worth pursuing.* If the bill comes in over the estimate, ask why. Some attorneys also offer "caps," guaranteeing in writing the maximum cost of a particular service. This helps you budget and gives you more certainty than just getting an estimate.
- *Learn what increments of time the firm uses to calculate its bill.* Attorneys keep track of their time in increments as short as six minutes or as long as half an hour. Will a five-minute phone call cost you \$50?

PAY NOW, NOT LATER, CONTINUED

When thinking about a prepaid legal service, here are some factors to consider:

- *What is included?* Check the plan to make sure it has what you need. The number of services offered at a reduced rate may be limited; what are the charges for other services?
- *Consider whether you'd prefer to build a relationship with one attorney rather than talk to a different lawyer every time you call.*
- *Ask other entrepreneurs who have used such services about the quality of work.* Also ask how the company handles conflicts of interest in case you have a dispute against a business that uses the same prepaid firm.

With these caveats in mind, a prepaid legal service firm could be just what a business on a budget needs. For more information, contact the American Prepaid Legal Services Institute at 321 N. Clark St., Chicago, IL 60654, call (312) 988-5751 or visit its website at aplsi.org.

- *Request monthly, itemized bills.* Some lawyers wait until a bill gets large before sending an invoice. Ask for monthly invoices and review them. The most obvious red flag is excessive fees; this means that too many people—or the wrong people—are working on your file. It's also possible you may be mistakenly billed for work done for another client, so review your invoices carefully.
- *See if you can negotiate prompt-payment discounts.* Request that your bill be discounted if you pay within 30 days of your invoice date. A 5 percent discount can add thousands of dollars to your yearly bottom line.

DIFFERENT STROKES

When you're hit with a lawsuit, the costs can be mind-boggling—even if you win. That's why more and more small businesses are using alternative dispute resolution (ADR), a concept that includes mediation, arbitration and other ways of resolving disputes without resorting to litigation. Both in contracts between businesses or in agreements between employers and employees, people are consenting ahead of time to submit future disputes to ADR. Here are the most common forms of ADR:

- *Negotiation.* In the simplest form of ADR, the two parties (or their lawyers) discuss their differences and agree on a settlement.
- *Mediation.* When the two parties need more help in working out a solution, they can hire a neutral third party (a mediator) skilled in asking questions, listening and helping make decisions. The result is a written agreement to settle the dispute; both parties share the mediation costs.
- *Arbitration.* An arbitrator hears a case like a judge, then issues a decision. The parties have control over who hears the case—often, an expert in their field. In nonbinding arbitration, the arbitrator makes a recommendation that parties can accept or reject. In binding arbitration, the arbitrator's decision is legally binding.

- *Be prepared.* Before you meet with or call your lawyer, have the necessary documents with you and know exactly what you want to discuss. Fax needed documents ahead of time so your attorney doesn't have to read them during the conference and can instead get right down to business. And refrain from calling your attorney 100 times a day.
- *Meet with your lawyer regularly.* At first glance, this may not seem like a good way to keep costs down, but you will be amazed at how much it reduces the endless rounds of phone tag that

DIFFERENT STROKES, CONTINUED

- *Mini-trial.* Less common, this gives both parties a sense of how their disagreement might resolve in court. They watch their lawyers argue the case as if they were at trial. In most cases, the parties are better able to see the other side and end up settling the case.
- *Summary jury trial.* Here, a jury of citizens hears a shortened trial and makes a nonbinding decision. Again, this usually helps the parties agree on a settlement.

Any time two parties enter a contract, they can include an agreement to submit any disputes to a specified type of ADR. Your attorney can help you draft a clause specifying how the situation will be handled. If you have employees sign an ADR agreement, make sure they understand that they will lose the option of a jury trial.

Even if you don't have an ADR clause in your contracts, it's still possible to suggest using ADR after a dispute arises. Once they understand how much money, time and aggravation ADR can save, the other side may agree to use it . . . even if they still don't agree with you.

plague busy entrepreneurs and attorneys. More important, a monthly five- or ten-minute meeting (even by phone) can save you substantial sums by nipping small legal problems in the bud before they even get a chance to grow.

Making the Most of Your Lawyer

Once your relationship with your lawyer is established, keep the lines of communication open. In addition to brief regular meetings, sit down with your attorney once annually to discuss the past year's progress and your goals for the coming year. Meet at your place of business so the attorney can get to know your operation.



e-FYI

Need a quick, free expert answer? Go to sba.gov and/or write to answerdesk@sba.gov, or call (800) U-ASK-SBA. The Answer Desk, according to the SBA, is the only national toll-free telephone service providing information to the public on small-business problems and concerns. They're ready to talk Monday through Friday, from 9 A.M. to 7 P.M. EST.

How can you tell if your attorney is doing a good job for you? The quickest measure is how many legal difficulties you're having. Lawyers should be fending off legal problems. A good attorney identifies potential problems in advance.

Like any competent professional, a good lawyer also returns phone calls promptly, meets deadlines and follows through on promises. A good lawyer is thorough in asking for information and discerning your goals. And good lawyers either research what they do not know and explain your options, or refer you to someone who can help.

In evaluating the attorney's work on any matter, consider whether you have been able to meet your goals. If you have met your goals without undue costs, the attorney is

probably doing a good job. Once you have found a lawyer who understands your business and does a good job, you have found a valuable asset.

Hiring an Accountant

Don't assume only big companies need the services of an accountant. Accountants help you keep an eye on major costs as early as the start-up stage, a time when you're probably preoccupied with counting every paper clip and postage stamp. Accountants help you look at the big picture.

Even after the startup stage, many business owners may not have any idea how well they're doing financially until the end of the year, when they file their tax returns. Meanwhile, they equate their cash flow with profits, which is wrong. Every dollar counts for business owners,

ALL THE RIGHT QUESTIONS

Here are ten questions to ask when interviewing a potential accountant:

1. Are you a CPA? (Don't assume every accountant is.)
2. Are you licensed to practice in your state?
3. When and where did you receive a license to practice?
4. Where did you go to school, and what degrees did you earn?
5. Who are some of your clients? (Call them.)
6. In what area do you specialize?
7. How big or small are your clients, and what size were they when you began your relationship with them?
8. How accessible are you? (Some accountants are only available during business hours; others will give you their home or pager number.)
9. To what professional organizations do you belong? How active are you in those groups?
10. What are your fees? (Ask to see some current invoices.)

so if you don't know where you stand on a monthly basis, you may not be around at the end of the year.

While do-it-yourself accounting software is plentiful and easy to use, it's not the sole answer. Just as having Microsoft Word does not make you a writer, having accounting software doesn't make you an accountant. Software can only do what you tell it to do—and a good accountant's skills go far beyond crunching numbers.

In fact, perhaps no other business relationship has such potential to pay off. Nowadays, accountants are more than just bean counters. A good accountant can be your company's financial partner for life—with intimate knowledge of everything from how you're going to finance your next forklift to how you're going to finance your daughter's college education.

While many people think of accountants strictly as tax preparers, in reality, accountants have a wide knowledge base that can be an invaluable asset to a business. A general accounting practice covers four basic areas of expertise:

1. business advisory services
2. accounting and record-keeping
3. tax advice
4. auditing

These four disciplines often overlap. For instance, if your accountant is helping you prepare the financial statements you need for a loan, and he or she gives you some insights into how certain estimates could be recalculated to get a more favorable review, the accountant is crossing the line from auditing into business advisory services. And perhaps, after preparing your midyear financial statements, he or she might suggest how your performance year-to-date will influence your year-end tax liability. Here's a closer look at the four areas:

1. *Business advisory services.* This is where accountants can really earn their keep. Since the accountant is knowledgeable about your business environment, your tax situation and your financial statements, it makes sense to ask him or her to pull all the pieces together and help you come up with a business plan and personal financial plan you can really achieve. Accountants can offer advice on everything from insurance (do you really need



e-FYI

The American Institute of Certified Public Accountants has a website that provides news updates, information about legislative activities and general consumer information, as well as links to state CPA societies, where you can get CPA referrals.

Visit aicpa.org.

business interruption insurance, or would it be cheaper to lease a second site?) to expansion (how will additional capacity affect operating costs?). Accountants can bring a new level of insight to the picture, simply by virtue of their perspective.

2. *Accounting and record-keeping.* Accounting and record-keeping are perhaps the most basic accounting discipline. However, most business owners keep their own books and records instead of having their accountant do it. The reason is simple: If these records are examined by lenders or the IRS, the business owner is responsible for their accuracy; therefore, it makes more sense for the owner to maintain them.

Where accountants can offer help is in initially setting up bookkeeping and accounting systems and showing the business owner how to use them. A good system allows you to evaluate your profitability at any given point in time and modify prices accordingly. It also lets you track expenses to see if any particular areas are getting out of hand. It lets you establish and track a budget, spot trends in sales and expenses, and reduce accounting fees required to produce financial statements and tax returns.

3. *Tax advice.* Tax help from accountants comes in two forms: tax compliance and tax planning. Planning refers to reducing your overall tax burden; compliance refers to obeying the tax laws.
4. *Auditing.* Auditing services are required for many different purposes, most commonly by banks as a condition of a



If you're looking to master accounting for your new business—or simply don't want to be left in the dark when talking to your accountant—check out *Small Business Accounting Simplified* by Daniel Sitarz (Nova Publishing). This useful reference book features easy techniques you can use, simple solutions to common problems, and everything you need to gain an overall understanding of the accounting process. It also includes a CD with commonly used forms.

loan. There are many levels of auditing, ranging from simply preparing financial statements from figures that the entrepreneur supplies all the way up to an actual audit, where the accountant or other third party gives assurance that a company's financial information is accurate.

Today, more and more accountants are moving into a fifth area: personal financial planning. For many, this is a natural extension of their familiarity with their clients' financial affairs.

Choosing an Accountant

The best way to find a good accountant is to get a referral from your attorney, your banker or a business colleague in the same industry. If you need more possibilities, almost every state has a Society of Certified Public Accountants that will make a referral. Don't underestimate the importance of a CPA (certified public accountant). This title is only awarded to people who have passed a rigorous two-day, nationally standardized test. Most states require CPAs to have at least a college degree or its equivalent, and several states also require post-graduate work.

Accountants usually work for large companies; CPAs, on the other hand, work for a variety of large and small businesses. When dealing with an accountant, you can only hope he or she is well-educated and well-versed in your business's needs. Passing the CPA exam, however, is a guarantee of a certain level of ability. Once you have come up with some good candidates, a little preparation is in order before you interview them. The first step in setting the stage for a successful search is to take an inventory of what you will need. It is important to determine beforehand just how much of the work your company will do and how much of it will be done by the accountant.

Accounting services can be broken down into three broad categories: recording transactions, assembling them, and generating returns and financial statements. Typically, the latter part—that is, the generation of returns and financial statements—requires the

A LITTLE HELP FROM YOUR FRIENDS

Mentors can be valuable sources of information at any stage of your company's growth. It is always in your best interest to reach out to a variety of sources of information when you make decisions, advises SCORE. An SBA partner, SCORE offers 12,400 volunteer members and 364 chapters throughout the United States.

Mentors can often give you a fresh perspective on problems or challenges because they're not personally involved with your business like other advisors, including attorneys, accountants and friends. For this reason, it's important to find not only a mentor who has experience and knowledge, but also someone you can trust and feel at ease with.

Building a relationship takes work on your part, too. Everyone likes recognition, to get a note, to have someone say thank you. You get goosebumps just thinking about it. That's better than anything for a mentor.

To get matched with a mentor, your first step should be locating your local SCORE chapter. Call (800) 634-0245, or visit score.org. If there's not a chapter near you, no problem. SCORE also offers free e-mail counseling provided by its 12,400 volunteers.

Other mentoring resources can be found through networking in your community. Join the local chamber of commerce, Rotary Club or Toastmasters. Attend luncheons, seminars, and conferences related to your business and talk to guest speakers. Find out what types of business organizations closely match your company so you can team up with other individuals with similar interests and concerns. Developing these types of personal and business relationships can put you in touch with successful people who may be potential mentors.

highest level of expertise. But though the other activities require a lower skill level, many firms still charge the same hourly rate for them. Given the level of fees you are prepared to pay, you must decide where your responsibility stops and where the accountant's begins.

Once you have compiled your documentation and given some thought to your expectations, you're ready to interview your referrals. Five candidates is a good number to start with. For each candidate, plan on two meetings before making your decision. One of these meetings should be at your site; one should be at theirs. Both parties need to know the environment the other works in. During the ensuing interviews, your principal goal is to find out about three things: services, personality and fees.

1. Services. Most accounting firms offer tax and auditing services.

But what about bookkeeping? Management consulting? Pension fund accounting? Estate planning? Will the accountant help you design and implement financial information systems? Other services a CPA may offer include analyzing transactions for loans and financing; preparing, auditing, reviewing and compiling financial statements; managing investments; and representing you before tax authorities.

Although smaller accounting firms are generally a better bet for entrepreneurs (see "The Size of It" on page 171), they may not offer all these services. Make sure the firm has what you need. If it can't offer specialized services, such as estate planning, it may have relationships with other firms to which it can refer you to handle these matters. In addition to services, make sure the firm has experience with small business and with your industry. Someone who is already familiar with the financial issues facing your field of business won't have to waste time getting up to speed.

2. Personality. Is the accountant's style compatible with yours? Be sure the people you are meeting with are the same ones who will

THE SIZE OF IT

Are you dithering over the choice between that large, fancy law or accounting firm with offices in every corner of the globe, or that humble, one-person legal or accounting office down the street? Before you bust your budget to retain Squelch, Withers & Ream, know this: When it comes to professional service firms, bigger isn't always better.

A big law or accounting firm may boast impressive credentials on your first meeting with them. The problem is that they usually boast an impressive price to match. What's more, the hotshot you meet with on your initial conference may not be the person who will actually work on your legal cases or taxes. That task is likely to fall to a less experienced junior partner with limited know-how. This isn't necessarily bad, but make sure you know who will be working on your file and what their experience is. Also be sure you're billed correctly and don't get charged \$300 an hour for something a paralegal did.

Only you can decide what is right for you, but make sure you're not being swayed by a big name or a fancy office. While a big law or accounting firm may be right for some small businesses' needs, the reality is that your company will make up a much smaller share of such a firm's client list. As such, you may not get the attention they're devoting to bigger clients. In other words, if Standard Oil has a sudden tax emergency, your file is likely to get put on the back burner. This is one situation where it's better to be a big fish in a small pond.

be handling your business. At many accounting firms, some partners handle sales and new business, then pass the actual account work on to others.

When evaluating competency and compatibility, ask candidates how they would handle situations relevant to you. For

example: How would you handle a change in corporation status from S to C? How would you handle an IRS office audit seeking verification of automobile expenses? Listen to the answers, and decide if that's how you would like your affairs to be handled.

Realize, too, that having an accountant who takes a different approach can be a good thing. If you are superconservative, it's not a bad thing to have an accountant who exposes you to the aggressive side of life. Likewise, if you are aggressive, it's often helpful to have someone who can show you the conservative approach. Be sure that the accountant won't pressure you into doing things you aren't comfortable with. It's your money, and you need to be able to sleep at night.

3. *Fees.* Ask about fees upfront. Most accounting firms charge by the hour; fees can range from \$100 to \$275 per hour. However, there are some accountants who work on a monthly retainer. Figure out what services you are likely to need and which option will be more cost-effective for you.

Get a range of quotes from different accountants. Also try to get an estimate of the total annual charges based on the services you have discussed. Don't base your decision solely on cost, however; an accountant who charges more by the hour is likely to be more experienced and thus able to work faster than a novice who charges less.

At the end of the interview, ask for references—particularly from clients in the same industry as you. A good accountant should be happy to provide you with references; call and ask



Find out how well-connected the CPA and his/her firm are before making a final decision. CPAs are often valuable resources for small businesses needing to borrow money or to raise capital from other sources. A well-connected CPA might help you get a foot in the door with a bank or investor.

how satisfied they were with the accountant's services, fees and availability.

Good Relations

After you have made your choice, spell out the terms of the agreement in an "engagement letter" that details the returns and statements to be prepared and the fees to be charged. This ensures you and your accountant have the same expectations and helps prevent misunderstandings and hard feelings.

Make the most of the accounting relationship by doing your part. Don't hand your accountant a shoebox full of receipts. Write down details of all the checks in your check register—whether they are for utilities, supplies and so on. Likewise, identify sources of income on your bank deposit slips. The better you maintain your records, the less time your accountant has to spend—and the lower your fees will be.

It's a good idea to meet with your accountant every month. Review financial statements and go over any problems so you know where your money is going. This is where your accountant should go beyond number-crunching to suggest alternative ways of cutting costs and act as a sounding board for any ideas or questions you have.

A good accountant can help your business in ways you never dreamed possible. Spending the time to find the right accountant—and taking advantage of the advice he or she has to offer—is one of the best things you can do to help your business soar.



If you are starting a retail or service business involving a lot of cash, make sure the CPA has expertise in providing input on controlling your cash. As you grow, this becomes an increasingly vital issue, and a good CPA should be able to advise you in this area.

part 3

FUND

chapter 12

All in the Family
Financing Starts with Yourself and Friends and Relatives

chapter 13

Nothing Ventured, Nothing Gained
How to Find and Attract Investors

chapter 14

Looking for Loans
The Ins and Outs of Debt Financing

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Fed Funds
How to Get Government Loans

ALL IN THE FAMILY

**Financing Starts with Yourself and
Friends and Relatives**

Once you have decided on the type of venture you want to start, the next step on the road to business success is figuring out where the money will come from to fund it. Where do you start?

The best place to begin is by looking in the mirror. Self-financing is the number-one form of financing used by most business startups. In addition, when you approach other financing sources such as bankers, venture capitalists or the government, they will want to know exactly how much of your own money you are putting into the venture. After all, if you don't have enough faith in your business to risk your own money, why should anyone else risk theirs?

Do It Yourself

Begin by doing a thorough inventory of your assets (the "Personal Balance Sheet" on page 179 can help with

**e-FYI**

If you want to finance your business with plastic, you can find the best available rates on credit cards at abctechguides.com.

this). You are likely to uncover resources you didn't even know you had. Assets include savings accounts, equity in real estate, retirement accounts, vehicles, recreational equipment and collections. You may decide to sell some assets for cash or to use them as collateral for a loan.

If you have investments, you may be able to use them as a resource. Low-interest-margin loans against stocks and securities can be arranged through your brokerage accounts.

The downside here is that if the market should fall and your securities are your loan collateral, you'll get a margin call from your broker, requesting you to supply more collateral. If you can't do that within a certain time, you'll be asked to sell some of your securities to shore up the collateral. Also take a look at your personal line of credit. Some businesses have successfully been started on credit cards, although this is one of the most expensive ways to finance yourself (see Chapter 14 for more on credit card financing).

If you own a home, consider getting a home equity loan on the part of the mortgage that you have already paid off. The bank will either provide a lump-sum loan payment or extend a line of credit based on the equity in your home. Depending on the value of your home, a home-equity loan could become a substantial line of credit. If you have \$50,000 in equity, you could possibly set up a line of credit of up to \$40,000. Home-equity loans carry relatively low interest rates, and all interest paid on a loan of up to \$100,000 is tax-deductible. But be sure you can repay the loan—you can lose your home if you do not repay.

Consider borrowing against cash-value life insurance. You can use the value built up in a cash-value life insurance policy as a ready source of cash. The interest rates are reasonable because the insurance companies always get their money back. You don't even have to make payments if you do not want to. Neither the amount you borrow nor the interest that accrues has to be repaid. The only loss is that if you die

Personal Balance Sheet

By filling out a personal balance sheet, you will be able to determine your net worth. Finding out your net worth is an important early step in the process of becoming a business owner because you need to find out what assets are available to you for investment in your business.

Assets		Totals
Cash and Checking		
Savings Accounts		
Real Estate/Home		
Automobiles		
Bonds		
Securities		
Insurance Cash Values		
Other		
Total Assets	A	\$

Liabilities		Totals
Current Monthly Bills		
Credit Card/Charge Account Bills		
Mortgage		
Auto Loans		
Finance Company Loans		
Personal Debts		
Other		
Total Liabilities	B	\$
Net Worth (A-B=C)	C	\$

Degree of Indebtedness		
Note: If total liabilities exceed total assets, subtract assets from liabilities to determine degree of indebtedness ($B-A=D$).	Total Liabilities	B
	Total Assets	A
	Degree of Indebtedness	D

*"If you think you can,
you can. And if you
think you can't, you're
right."*

—MARY KAY ASH, FOUNDER
OF MARY KAY COSMETICS

and the debt hasn't been repaid, that money is deducted from the amount your beneficiary will receive.

If you have a 401(k) retirement plan through your employer and are starting a part-time business while you keep your full-time job, consider borrowing against the plan. It's very common for such plans to allow you to borrow up to 50 percent of your vested

account balance up to a maximum of \$50,000. The interest rate is usually 1 to 2 percent above prime rate with a specified repayment schedule. The downside of borrowing from your 401(k) is that if you lose your job, the loan has to be repaid in a short period of time—often 60 days. Consult the plan's documentation to see if this is an option for you.

Another option is to use the funds in your individual retirement account (IRA). Within the laws governing IRAs, you can actually

GOOD BENEFITS

If you have been laid off or lost your job, another source of startup capital may be available to you. Some states have instituted self-employment programs as part of their unemployment insurance systems.

People who are receiving unemployment benefits and meet certain requirements are recruited into entrepreneurial training programs that show them how to start businesses. This gives them an opportunity to use their unemployment funds for startup, while boosting their chances of success.

Contact the department in your state that handles unemployment benefits to see if such a program is available to you.

withdraw money from an IRA as long as you replace it within 60 days. This is not a loan, so you don't pay interest. This is a withdrawal that you're allowed to keep for 60 days. It's possible for a highly organized entrepreneur to juggle funds among several IRAs. But if you're one day late—for any reason—you'll be hit with a 10 percent premature-withdrawal fee, and the money you haven't returned becomes taxable.

If you are employed, another way to finance your business is by squirreling away money from your current salary until you have enough to launch the business. If you don't want to wait, consider moonlighting or cutting your full-time job back to part time. This ensures you'll have some steady funds rolling in until your business starts to soar.

People generally have more assets than they realize. Use as much of your own money as possible to get started; remember, the larger your own investment, the easier it will be for you to acquire capital from other sources.

Friends and Family

Your own resources may not be enough to give you the capital you need. "Most businesses are started with money from four or five different sources," says Mike McKeever, author of *How to Write a Business Plan*. After self-financing, the second most popular source for startup money is composed of friends, relatives and business associates.

"Family and friends are great sources of financing," says Tonia Papke, president and founder of MDI Consulting. "These people know you have integrity and will grant you a loan based on the strength of your character."



WARNING

Watch out for the relative or friend who agrees to lend you money even though he or she can't really afford to. "There will always be people who want to do anything they can to help you, who will give you funds that are critical to their future just because you ask for it," says Mike McKeever, author of *How to Write a Business Plan*. "These relatives will not tell you they really can't afford it, so you must be extra perceptive."

It makes sense. People with whom you have close relationships know you are reliable and competent, so there should be no problem in asking for a loan, right? Keep in mind, however, that asking for financial help isn't the same as borrowing the car. While squeezing money out of family and friends may seem an easy alternative to dealing with bankers, it can actually be a much more delicate situation. Papke warns that your family members or friends may think lending you money gives them license to meddle. "And if the business fails," she says, "the issue of paying the money back can be a problem, putting the whole relationship in jeopardy."

The bottom line, says McKeever, is that "whenever you put money into a relationship that involves either friendship or love, it gets very complicated." Fortunately, there are ways to work out the details and make the business relationship advantageous for all parties involved. If you handle the situation correctly and tactfully, you may gain more than finances for your business—you may end up strengthening the personal relationship as well.

The Right Source

The first step in getting financing from friends or family is finding the right person to borrow money from. As you search for potential lenders or investors, don't enlist people with ulterior motives. "It's not a good idea to take money from a person if it's given with emotional strings," says McKeever. "For example, avoid borrowing from relatives or friends who have the attitude of 'I'll give you the money, but I want you to pay extra attention to me.'"

Once you determine whom you'd like to borrow money from, approach the person initially in an informal situation. Let the person know a little about your business, and gauge his or her interest. If the person seems interested and says he or she would like more information about the business, make an appointment to meet with them in a professional atmosphere. "This makes it clear that the subject of discussion will be your business and their interest in it," says

McKeever. “You may secure their initial interest in a casual setting, but to go beyond that, you have to make an extra effort. You should do a formal sales presentation and make sure the person has all the facts.”

A large part of informing this person is compiling a business plan, which you should bring to your meeting. Explain the plan in detail, and do the presentation just as you would in front of a banker or other investor. Your goal is to get the other person on your side and make him or her as excited as you are about the possibilities of your business.

During your meeting—and, in fact, whenever you discuss a loan—try to separate the personal from the business as much as possible. Difficult as this may sound, it’s critical to the health of your relationship. “It’s important to treat the lender formally, explaining your business plan in detail rather than casually passing it off with an ‘if you love me, you’ll give me the money’ attitude,” says McKeever.

Be prepared to accept rejection gracefully. “Don’t pile on the emotional pressure—emphasize that you’d like this to be strictly a business decision for them,” says McKeever. “If relatives or friends feel they can turn you down without offending you, they’re more likely to invest. Give them an out.”

Putting It on Paper

Now it’s time to put the loan in motion. First, you must state how much money you need, what you’ll use it for and how you’ll pay it back. Next, draw up the legal papers—an agreement stating that the person will indeed put money into the business.



TIP

A business plan sets out in writing the expectations for the company. It shows family members who are putting up the money what they can expect for their contribution. And it helps keep the entrepreneur—you—mindful of responsibilities to family members who backed you and keeps you on track to fulfill your obligations.

Startup Costs Worksheet

The following two worksheets will help you to compute your initial cash requirements for your business. They list the things you need to consider when determining your startup costs and include both the one-time initial expenses to open your doors and the ongoing costs you'll face during the first 90 days.

Startup Capital Requirements

One-time Startup Expenses

Startup Expenses	Description	Amount
Advertising	Promotion for opening the business	
Starting inventory	Amount of inventory required to open	
Building construction	Amount per contractor bid and other costs	
Cash	Amount needed for the cash register	
Decorating	Estimate based on bid, if appropriate	
Deposits	Check with utility companies	
Fixtures and equipment	Use actual bids	
Insurance	Bid from insurance agent	
Lease payments	Fees to be paid before opening	
Licenses and permits	Check with city or state offices	
Miscellaneous	All other costs	
Professional fees	Include CPA, attorney, etc.	
Remodeling	Use contractor bids	
Rent	Fee to be paid before opening	
Services	Cleaning, accounting, etc.	
Signs	Use contractor bids	
Supplies	Office, cleaning, etc.	
Unanticipated expenses	Include an amount for the unexpected	
Other		
Other		
Total Startup Costs		\$

Startup Costs Worksheet, continued

Startup Capital Requirements

Ongoing Monthly Expenses*

Startup Expenses	Description	Amount
Advertising		
Bank service fees		
Credit card charges		
Delivery fees		
Dues and subscriptions		
Insurance	Exclude amount on preceding page	
Interest		
Inventory	See ** below	
Lease payments	Exclude amount on preceding page	
Loan payments	Principal and interest payments	
Office expenses		
Payroll other than owner		
Payroll taxes		
Professional fees		
Rent	Exclude amount on preceding page	
Repairs and maintenance		
Sales tax		
Supplies		
Telephone		
Utilities		
Your salary	Only if applicable during the first three months	
Other		
Total Ongoing Costs		\$
Total Startup Costs	Amount from preceding page	\$
Total Cash Needed		\$

*Include the first three months' cash needs unless otherwise noted.

**Include amount required for inventory expansion. If inventory is to be replaced from cash sales, do not include here. Assume sales will generate enough cash for replacements.

Too frequently, business owners fail to take the time to figure out exactly what kind of paperwork should be completed when they borrow from family or friends. “Often small-business owners put more thought into figuring out what type of car to buy than how to structure this type of lending arrangement,” says Steven I. Levey of accounting firm GHP Financial Group. Unfortunately, once you’ve made an error in this area, it’s difficult to correct it.

 **e-FYI**

Simplify your money hunt at the Idea Café (businessownersideacafe.com). Click on “Business Financing” to find online calculators and self-evaluation worksheets that individualize the financing process so you can get the money that’s right for you and your business.

Your loan agreement needs to specify whether the loan is secured (that is, the lender holds title to part of your property) or unsecured, what the payments will be, when they’re due and what the interest is. If the money is in the form of an investment, you have to establish whether the business is a

partnership or corporation, and what role, if any, the investor will play. To be sure you and your family and friends have a clear idea of what financial obligations are being created, you have a mutual responsibility to make sure everyone is informed about the process and decide together how best to proceed.

Most important, says McKeever, “Outline the legal responsibilities of both parties and when and how the money should be paid back.” If your loan agreement is complex, it’s a good idea to consult your accountant about the best ways to structure the loan (see the “Taxing Matters” section next).

Whichever route you take, make sure the agreement is in writing if you expect it to be binding. “Any time you take money into a business, the law is very explicit: You must have all agreements written down and documented,” says McKeever. If you don’t, emotional and legal difficulties could result that end up in court. And if the loan isn’t documented, you may find yourself with no legal recourse.

Taxing Matters

Putting the agreement on paper also protects both you and your lender come tax time. Relying on informal and verbal agreements results in tax quagmires. “In these cases, you have a burden of proof to show the IRS that [the money] was not a gift,” says Tom Ochsenschlager, vice president of taxation for the American Institute of Certified Public Accountants. If the IRS views it as a gift because there was no intention to repay it, then the lender becomes subject to the federal gift tax rules and will have to pay taxes on the money if it is more than \$13,000. Also make sure the person providing the money charges an interest rate that reflects a fair market value.

If your friend or family member wants to give you a no-interest loan, make sure the loan is not more than \$100,000. If you borrow more, the IRS will slap on what it considers to be market-rate interest, better known as “imputed interest,” on the lender. That means that while your friend or relative may not be receiving any interest on the money you borrowed, the IRS will tax them as if they were.

No interest is imputed if the aggregate loans are less than \$10,000. Between \$10,000 and \$100,000, the imputed amount is limited to your net investment income, such as interest, dividends and, in some cases, capital gains. To determine the interest rate on these transactions, the IRS uses what it calls the applicable federal rate, which changes monthly. Keep in mind that if you don’t put all the details of the loan in writing, it will be very difficult for you to deduct the interest you pay on it. Additionally, the relative who lent the money won’t be able to take a tax deduction on the loss if you find you can’t repay.

“Right now, today, with a little luck and brains and timing, any kid with a computer can do what Netscape has done. There are no barriers to entry anymore. Any kid can spark a revolution.”

—MARC ANDREESSEN, CO-FOUNDER OF NETSCAPE COMMUNICATIONS

To be absolutely safe, Ochsenschlager recommends that you make the friend or relative who is providing the money one of the business' shareholders. This effectively makes the transaction an investment in your company and also makes it easier from a tax standpoint for your friend or relative to write off the transaction as an ordinary loss if the business fails. (This applies only if the total amount your company received for its stock, including the relative's investment, does not exceed \$1 million.)

In addition, "if your company is wildly successful, your relative will have an equity interest in the business, and his or her original investment will be worth quite a bit more," Ochsenschlager says.



SAVE

You don't necessarily need a lawyer to write your loan agreement. You can find examples of loan agreements in many business books; just write up the same information, complete it and sign it. If you do decide to get legal advice, you can save money by drawing up the loan agreement yourself and then giving it to an attorney to redraft.

In contrast, if a relative gives you a loan and your company goes under, the relative's loss would generally be considered a personal bad debt. This creates more of a tax disadvantage because personal bad debts can be claimed as capital losses only to offset capital gains. If the capital loss exceeds the capital gains, only \$3,000 of the loss can be used against ordinary income in any given year. Thus, an individual making a large loan that isn't repaid may have to wait several years to realize the tax benefits from the loss.

If the loan that can't be repaid is a business loan, however, the lender receives a deduction against ordinary income and can take deductions even before the loan becomes totally worthless. (One catch: The IRS takes a very narrow view of what qualifies as a business loan. To qualify as a business loan, the loan would have to be connected to the lender's business.) This will be difficult, so consult an accountant about the best way to structure the loan for maximum tax benefits to both parties.

Making your relative a shareholder doesn't mean you'll have to put up with Mom or Pop in the business. Depending on your company's organizational structure, your friend or relative can be a silent partner if your company is set up as a partnership, or a silent shareholder if you are organized as an S corporation or limited liability company.

Keep 'Em Happy

Even with every detail documented, your responsibilities are far from over. Don't make assumptions or take people for granted just because they are friends or family members. Communication is key.

If your relative or friend is not actively involved in the business, make sure you contact him or her once every month or two to explain how the business is going. "When people invest in small businesses, it often becomes sort of their pet project," says McKeever. "It's important to take the time to keep them informed."

And, of course, there are the payments. Though friends or relatives who invest in your business understand the risks, you must never take the loan for granted. "Don't be cavalier about paying the money back," McKeever says. "That kind of attitude could ruin the relationship."

How Much Is Enough?

Before you begin planning for the cash needs of your business, you must figure out how much money you will need to live on for the first six to 12 months of your business's operation. The best way to accomplish this is to create a budget that shows where you spent your money in the past 12 months. Make sure you look over the whole 12-month period, because expenses often change a lot from month to month. When creating the schedule, be on the lookout for expenses that could be reduced or eliminated if necessary. Use the form starting on page 190 to create your own budget.

Monthly Budget

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	TOTAL
Income													
Wages (take-home)—partner 1													
Wages (take-home)—partner 2													
Interest and dividends													
Other													
Total Income													
Expenses													
Auto expenses													
Auto insurance													
Auto payment													
Beauty shop and barber													
Cable TV													
Charity													
Child care													
Clothing													
Credit card payments													
Dues and subscriptions													
Entertainment and recreation													

Monthly Budget

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	TOTAL
Gifts													
Groceries and dining out													
Health insurance													
Home repairs													
Household													
Income tax (additional)													
Laundry and dry cleaning													
Life insurance													
Medical and dental													
Mortgage payment or rent													
Other debt payments													
Telephone bill													
Tuition													
Utilities													
Vacations													
Other													
Total Expenses													
Surplus/Deficit													

NOTHING VENTURED, NOTHING GAINED

How To Find and Attract Investors

No matter what type of financing source you approach—a bank, a venture capitalist or your cousin Lenny—there are two basic ways to finance a business: equity financing and debt financing. In equity financing, you receive capital in exchange for part ownership of the company. In debt financing, you receive capital in the form of a loan, which must be paid back. This chapter explains various types of equity financing; the following chapter explains debt financing.

Equity Basics

Equity financing can come from various sources, including venture capital firms and private investors. Whichever source you choose, there are some basics you should understand before you try to get equity capital. An investor's "share in your company" comes in various forms. If your company is incorporated, the

**AHA!**

One entrepreneur who wanted to open a restaurant got a list of potential investors by attending all the grand openings of restaurants in the area where he wanted to locate. By asking for the names of people who invested in those restaurants, he soon had enough contact names to finance his own business.

investor might bargain for shares of stock. Or an investor who wants to be involved in the management of the company could come in as a partner.

Keeping control of your company can be more difficult when you are working with outside investors who provide equity financing. Before seeking outside investment, make the most of your own resources to build the company. The more value you can add before you go to the well, the better. If all you bring to the table is a good idea and some talent, an investor may not be willing to provide a large chunk of capital without receiving a controlling share of the ownership in return. As a result, you could end up

losing control of the business you started.

Don't assume the first investor to express interest in your business is a godsend. Even someone who seems to share your vision for the company may be bad news. It pays to know your investor. An investor who doesn't understand your business may pull the plug at the wrong time—and destroy the company.

How It Works

Because equity financing involves trading partial ownership interest for capital, the more capital a company takes in from equity investors, the more diluted the founder's control. The question is, How much management are you willing to give up?

Don't overlook the importance of voting control in the company. Investors may be willing to accept a majority of the preferred (non-voting) stock rather than common (voting) stock. Another possibility is to give the investor a majority of the profits by granting dividends to the preferred stockholders first. Or, holders of nonvoting stock can

get liquidation preference, meaning they're first in line to recover their investment if the company goes under.

Even if they're willing to accept a minority position, financiers generally insist on contract provisions that permit them to make management changes under certain conditions. These might include covenants permitting the investor to take control of the company if the corporation fails to meet a certain income level or makes changes without the investor's permission.

Investors may ask that their preferred stock be redeemable either for common stock or for cash a specified number of years later. That gives the entrepreneur a chance to buy the company back if possible but also may allow the investor to convert to common stock and gain control of the company.

Some experts contend that retaining voting control is not important. In a typical high-growth company, the founder only owns 10 percent of the business by the time it goes public. That's not necessarily bad, because 10 percent of \$100 million is better than 100 percent of nothing. The key is how valuable the founder is to the success of the company. If you can't easily be replaced, then you have a lot of leverage even though you may not control the business.

If the entrepreneur is good enough, the investors may find their best alternative is to let the entrepreneur run the company. Try not to get hung up on the precise percentage of ownership: If it's a successful business, most people will leave you alone even if they own 80 percent. To protect yourself, however, you should always seek financial and legal advice before involving outside investors in your business.



TIP

When it comes to pitching to investors, it's not what you say, but how you say it. If your speaking voice sounds like Elmer Fudd's, here's how to improve: Breathe. Enunciate. Pace yourself, speaking neither too quickly nor too slowly. Nervous? Fess up—admitting your insecurity puts the listeners on your side. Finally, remember—practice makes perfect.

Venture Capital

When most people think of equity financing, they think of venture capital. Once seen as a plentiful source of financing for startup businesses, venture capital—like most kinds of capital—is no longer so easy to come by. The ready to give, give, give venture capitalist is becoming very elusive.



TIP

Keep this in mind when crafting your pitch to investor angels: When angels reject a potential investment, it's typically because: 1) They don't know the key people well enough or 2) they don't believe the owner and management have the experience and talent to succeed.

Yes, there are venture capital firms out there. Quite a few, actually. There are websites you can go to, like Entrepreneur.com's VC 100 (entrepreneur.com/vc100)—a directory of venture capital firms—and you may run into some luck. But at this point in time, luck is exactly what you need to convince venture capitalists to invest in your business. If you think we're trying to discourage you, we are. Money can be found for investing in your company, but the era of the venture capitalist

happily handing over forklifts of money is over—especially for startups.

Venture capital is most likely to be given to an established company with an already proven track record. If you are a startup, your product or service must be better than the wheel, sliced bread and the PC—with an extremely convincing plan that will make the investor a lot of money. And even that might not be good enough.

Earth Angels

The unpleasant reality is that getting financing from venture capital firms is an extreme long shot. The pleasant reality is that there are plenty of other sources you can tap for equity financing—typically with far fewer strings attached than an institutional venture capital deal. One source of private capital is an investment angel.

Originally a term used to describe investors in Broadway shows, “angel” now refers to anyone who invests his or her money in an

entrepreneurial company (unlike institutional venture capitalists, who invest other people's money). Angel investing has soared in recent years as a growing number of individuals seek better returns on their money than they can get from traditional investment vehicles. Contrary to popular belief, most angels are not millionaires. Typically, they earn between \$60,000 and \$200,000 a year—which means there are likely to be plenty of them right in your backyard.

Where Angels Fly

Angels can be classified into two groups: affiliated and nonaffiliated. An affiliated angel is someone who has some sort of contact with you or your business but is not necessarily related to or acquainted with you. A nonaffiliated angel has no connection with either you or your business.

It makes sense to start your investor search by seeking an affiliated angel since he or she is already familiar with you or your business and has a vested interest in the relationship. Begin by jotting down names of people who might fit the category of affiliated angel.

"It is only as we develop others that we permanently succeed."

—HARVEY SAMUEL
FIRESTONE, FOUNDER OF THE
FIRESTONE TIRE AND RUBBER CO.

- *Professionals.* These include professional providers of services you now use—doctors, dentists, lawyers, accountants and so on. You know these people, so an appointment should be easy to arrange. Professionals usually have discretionary income available to invest in outside projects, and if they're not interested, they may be able to recommend a colleague who is.
- *Business associates.* These are people you come in contact with during the normal course of your business day. They can be divided into four subgroups:
 1. *Suppliers/vendors.* The owners of companies who supply your inventory and other needs have a vital interest in your company's success and make excellent angels. A supplier's investment

may not come in the form of cash but in the form of better payment terms or cheaper prices. Suppliers might even use their credit to help you get a loan.

2. *Customers.* These are especially good contacts if they use your product or service to make or sell their own goods. List all the customers with whom you have this sort of business relationship.
3. *Employees.* Some of your key employees might be sitting on unused equity in their homes that would make excellent collateral for a business loan to your business. There is no greater incentive to an employee than to share ownership in the company for which he or she works.

NETTING ANGELS

Looking for angels? Now there's a simple way to find them—online. Go4Funding, an angel investor directory, lists dozens of angels and investment networks on its site at go4funding.com. The site also has links to several dozen articles that run the gamut from the pros and cons of angel investing to tips for how the angel/investor relationship should work.

Another user-friendly site for more in-depth information about angels is the Angel Capital Association (ACA). Although ACA is not a source of capital, this membership organization does provide plenty of information for entrepreneurs who are interested in raising angel capital. It also has an online directory of North American angel organizations sorted by region. It's a great resource for leads, news and information about angels who are willing and able to support your venture. Visit ACA at angelcapitalassociation.org.

4. *Competitors.* These include owners of similar companies you don't directly compete with. If a competitor is doing business in another part of the country and does not infringe on your territory, he or she may be an empathetic investor and may share not only capital, but information as well.

The nonaffiliated angels category includes:

- *Professionals.* This group can include lawyers, accountants, consultants and brokers whom you don't know personally or do business with.
- *Middle managers.* Angels in middle management positions start investing in small businesses for two major reasons—either they're bored with their jobs and are looking for outside interests, or they are nearing retirement or fear they are being phased out.
- *Entrepreneurs.* These angels are (or have been) successful in their own businesses and like investing in other entrepreneurial ventures. Entrepreneurs who are familiar with your industry make excellent investors.

“Quality, quality, quality: Never waver from it, even when you don’t see how you can afford to keep it up. When you compromise, you become a commodity and then you die.”

—GARY HIRSHBERG,
FOUNDER OF
STONYFIELD FARM YOGURT

Make the Connection

Approaching affiliated angels is simply a matter of calling to make an appointment. To look for nonaffiliated angels, try these proven methods:

- *Advertising.* The business opportunity section of your local newspaper or The Wall Street Journal is an excellent place to advertise for investors. Classified advertising is inexpensive, simple, quick and effective.
- *Business brokers.* Business brokers know hundreds of people with money who are interested in buying businesses. Even though

you don't want to sell your business, you might be willing to sell part of it. Since many brokers are not open to the idea of their clients buying just part of a business, you might have to use some persuasion to get the broker to give you contact names. You'll find a list of local business brokers in the Yellow Pages under "Business Brokers."

- *Telemarketing.* This approach has been called "dialing for dollars." First you get a list of wealthy individuals in your area. Then you begin calling them. Obviously, you have to be highly motivated to try this approach, and a good list is your most important tool. Look up mailing-list brokers in the Yellow Pages. If you don't feel comfortable making cold calls yourself, you can always hire someone to do it for you.
- *Networking.* Attending local venture capital group meetings and other business associations to make contacts is a time-consuming approach but can be effective. Most newspapers contain an events calendar that lists when and where these types of meetings take place.
- *Intermediaries.* These are firms that find angels for entrepreneurial companies. They are usually called "boutique investment bankers." This means they are small firms that focus primarily on small financing deals. These firms typically charge a percentage of the amount of money they raise for you. Ask your lawyer or accountant for the name of a reputable firm in your area.
- *Matchmaking services.* Matchmakers run the gamut from services that offer face time with investors to websites that post business plans for companies seeking investments. Fundraising success often hinges on the matchmaker's screening process. In other words: Does the matchmaker have a rigorous selection process, or does it take money from anyone regardless of funding prospects? While rates vary, a matchmaking service may charge as much as \$25,000 to locate investors, in addition to a percentage of funds raised. Before using any matchmaker, obtain a list of clients to assess recent successes and failures. A good place to

start is IdeaCrossing, which serves both the angel and venture capital communities. Its mission is to identify and screen new investment opportunities, then connect individuals with organizations to support and promote entrepreneurial activity. For more information, visit ideacrossing.org or Google “investor matchmaking.”

Angels tend to find most of their investment opportunities through friends and business associates, so whatever method you use to search for angels, it is also important to spread the word. Tell your professional advisors and people you meet at networking events, or anyone who could be a good source of referrals, that you are looking for investment capital. You never know what kind of people they know.



WARNING

Looking for an investor through classified ads? Be aware there are legal implications when you solicit money through the newspaper. Always get legal advice before placing an ad.

Getting the Money

Once you've found potential angels, how do you win them over? Angels look for many of the same things professional venture capitalists look for:

- *Strong management.* Does your management team have a track record of success and experience?
- *Proprietary strength.* Proprietary does not necessarily mean you must have patents, copyrights or trademarks on all your products. It just means that your product or service should be unusual enough to grab consumers' attention.
- *Window of opportunity.* Investors look for a window of opportunity when your company can be the first in a market and grab the lion's share of business before others.
- *Market potential.* Investors prefer businesses with strong market potential. That means a restaurateur with plans to franchise stands a better chance than one who simply wants to open one local site.

■ *Return on investment.* Most angels will expect a return of 20 to 25 percent over five years. However, they may accept a lower rate of return if your business has a lower risk.

If angels consider the same factors as venture capital companies, what is the difference between them? You have an edge with angels because many are not motivated solely by profit.

Particularly if your angel is a current or former entrepreneur, he or she may be motivated as much by the enjoyment of helping a young business succeed as by the money he or she stands to gain. Angels are more likely than venture capitalists to be persuaded by an entrepreneur's drive to succeed, persistence and mental discipline.



Angels invest in companies for reasons that often go beyond just dollars and cents. As a result, your appeal must not only be financial but also emotional. For example: "We need more than just dollars. We need you to bring your incredible wealth of experience to the table as well." In the long run, that may be even more important than capital.

That is why it is important that your business plan convey a good sense of your background, experience and drive. Your business plan should also address the concerns above and spell out the financing you expect to need from startup to maturity.

What if your plan is rejected? Ask the angel if he or she knows someone else your business might appeal to. If your plan is accepted, you have some negotiating to do. Be sure to spell out all the terms of the investment in a written agreement; get your lawyer's assistance here. How long will the investment last? How will return be calculated? How will the investment be cashed out? Detail the amount of involvement each angel will have in the business and how the investment will be legalized.

Examine the deal carefully for the possibility of the investor parlaying current equity or future loans to your business into controlling interest. Such a deal is not made in heaven and could indicate you are working with a devil in angel's garb.

LOOKING FOR LOANS

The Ins and Outs of Debt Financing

Unlike equity financing, where you sell part of your business to an investor, debt financing simply means receiving money in the form of a loan that you will have to repay. There are many sources you can turn to for debt financing, including banks, commercial lenders and even your personal credit cards.

Types of Loans

You don't need to pinpoint the exact type of loan you need before you approach a lender; he or she will help you decide what type of financing is best for your needs. However, you should have some general idea of the different types of loans available so you will understand what your lender is offering.

There is a mind-boggling variety of loans available, complicated by the fact that the same type of loan may

**TIP**

HUD (the federal Department of Housing and Urban Development) provides job and other grants to startups and small businesses for job creation (for example, \$10,000 per job created) in the form of low-interest loans, often in conjunction with the SBA. HUD can provide the names and phone numbers of city, county and state organizations in your area that represent HUD for development of targeted geographic urban areas.

have different terms at different banks. For instance, a commercial loan at one bank might be written with equal installments of principal and interest, while at another bank the loan is written with monthly interest payments and a balloon payment of the principal.

Here is a look at how lenders generally structure loans, with common variations.

Line-of-Credit Loans

The most useful type of loan for the small business is the line-of-credit loan. In fact, it's probably the one permanent loan arrangement every business owner should have with his or her banker since it protects the business from emergencies and stalled cash flow. Line-of-credit loans are intended for purchases of inventory and payment of operating costs for working capital and business cycle needs. They are not intended for pur-

chases of equipment or real estate.

A line-of-credit loan is a short-term loan that extends the cash available in your business's checking account to the upper limit of the loan contract. Every bank has its own method of funding, but, essentially, an amount is transferred to the business's checking account to cover checks. The business pays interest on the actual amount advanced, from the time it is advanced until it is paid back.

Line-of-credit loans usually carry the lowest interest rate a bank offers since they are seen as fairly low-risk. Some banks even include a clause that gives them the right to cancel the loan if they think your business is in jeopardy. Interest payments are made monthly, and the principal is paid off at your convenience. It is wise to make payments on the principal often. Bankers may also call this a revolving line of credit, and they see it as an indication that your business is earning enough income.

Most line-of-credit loans are written for periods of one year and may be renewed almost automatically for an annual fee. Some banks require that your credit line be fully paid off for seven to 30 days each contract year. This period is probably the best time to negotiate.

Even if you don't need a line-of-credit loan now, talk to your banker about how to get one. To negotiate a credit line, your banker will want to see current financial statements, the latest tax returns and a projected cash-flow statement.

Installment Loans

These loans are paid back with equal monthly payments covering both principal and interest. Installment loans may be written to meet all types of business needs. You receive the full amount when the contract is signed, and interest is calculated from that date to the final day of the loan. If you repay an installment loan before its final date, there will be no penalty and an appropriate adjustment of interest.

The term of an installment loan will always be correlated to its use. A business cycle loan may be written as a four-month installment loan from, say, September 1 until December 31, and would carry the low interest rate since the risk to the lender is under one year. Business cycle loans may be written from one to seven years, while real estate and renovation loans may be written for up to 21 years. An installment loan is occasionally written with quarterly, half-yearly or annual payments when monthly payments are inappropriate.

Balloon Loans

Though these loans are usually written under another name, you can identify them by the fact that the full amount is received when the



e-FYI

Want to apply for a loan from the comforts of home? C-Loans.com analyzes your loan application against a database of 750 commercial mortgage lenders and comes up with offers from the top 30 or so lenders who want your business. It may also be a good trial run to help you determine whether you're ready to get a loan for your business.

contract is signed, but only the interest is paid off during the life of the loan, with a “balloon” payment of the principal due on the final day.

Occasionally, a lender will offer a loan in which both interest and principal are paid with a single “balloon” payment. Balloon loans are usually reserved for situations when a business has to wait until a specific date before receiving payment from a client for its product or services. In all other ways, they are the same as installment loans.

Interim Loans

When considering interim loans, bankers are concerned with who will be paying off the loan and whether that commitment is reliable. Interim loans are used to make periodic payments to the contractors building new facilities when a mortgage on the building will be used to pay off the interim loan.

Secured and Unsecured Loans



Almost every loan has covenants. These are promises that borrowers make to lenders about their actions and responsibilities. A typical covenant specifies the amount of debt the borrower is allowed to take on in the future. If you want to see just how restrictive your loan will be, look at the covenants section of the loan agreement.

Loans can come in one of two forms: secured or unsecured. When your lender knows you well and is convinced that your business is sound and that the loan will be repaid on time, he or she may be willing to write an unsecured loan. Such a loan, in any of the aforementioned forms, has no collateral pledged as a secondary payment source should you default on the loan. The lender provides you with an unsecured loan because it considers you a low risk. As a new business, you are highly unlikely to qualify for an unsecured loan; it generally requires a track record of profitability and success.

A secured loan, on the other hand, requires some kind of collateral but generally

has a lower interest rate than an unsecured loan. When a loan is written for more than 12 months, is used to purchase equipment or does not seem risk-free, the lender will ask that the loan be secured by collateral. The collateral used, whether real estate or inventory, is expected to outlast the loan and is usually related to the purpose of the loan.

Since lenders expect to use the collateral to pay off the loan if the borrower defaults, they will value it appropriately. A \$20,000 piece of new equipment will probably secure a loan of up to \$15,000; receivables are valued for loans up to 75 percent of the amount due; and inventory is usually valued at up to 50 percent of its sale price.

Letter of Credit

Typically used in international trade, this document allows entrepreneurs to guarantee payment to suppliers in other countries. The document substitutes the bank's credit for the entrepreneur's up to a set amount for a specified period of time.

Other Loans

Banks all over the country write loans, especially installment and balloon loans, under a myriad of names. They include:

- Term loans, both short- and long-term, according to the number of years they are written for
- Second mortgages where real estate is used to secure a loan; usually long-term, they're also known as equity loans
- Inventory loans and equipment loans for the purchase of, and secured by, either equipment or inventory
- Accounts receivable loans secured by your outstanding accounts
- Personal loans where your signature and personal collateral guarantee the loan, which you, in turn, lend to your business
- Guaranteed loans in which a third party—an investor, spouse, or the SBA—guarantees repayment (for more on SBA-guaranteed loans, see the following chapter)

- Commercial loans in which the bank offers its standard loan for small businesses

Once you have an understanding of the different types of loans available, you are better equipped for the next step: “selling” a lender on your business.

Sources of Financing

When seeking debt financing, where do you begin? Carefully choosing the lenders you target can increase your odds of success. Here is a look at various loan sources and what you should know about each.

Bank On It

Traditionally, the paperwork and processing costs involved in making and servicing loans have made the small loans most entrepreneurs seek

too costly for big banks to administer. Put plainly, a loan under \$25,000—the type many startups are looking for—may not be worth a big bank’s time.

In recent years, however, the relationship between banks and small businesses has been improving as more and more banks realize the strength and importance of this growing market. With corporations and real estate developers no longer spurring so much of banks’ business, lenders are looking to entrepreneurs to take up the slack.

Many major banks have added special services and programs for small businesses; others are streamlining their loan paperwork and approval process to get loans to entrepreneurs faster. On the plus side, banks are marketing to small businesses like never before. On the downside, however, the



Federal, state and local governments all offer their own financing programs designed especially for small-business owners. These programs include low-interest loans, venture capital, and economic and scientific development grants. You can find reliable information on how and where to find these programs on the Business.gov website, which is affiliated with the U.S. government.

“streamlining” process often means that, more than ever, loan approval is based solely on numbers and scores on standardized rating systems rather than on an entrepreneur’s character or drive.

Given the challenges of working with a big bank, many entrepreneurs are taking a different tack. Instead of wooing the big commercial institutions, they are courting community banks, where “relationship banking” is the rule, not the exception. Even given today’s banking climate, it is easier to get a startup loan from community banks, according to the Independent Community Bankers of America. They can be a little more flexible, don’t have a bureaucracy to deal with, and are more apt to make character loans.

Do not get the idea that obtaining a loan from a community bank is a snap, however. You’ll still have to meet credit and collateral requirements just as you would at a larger institution. The difference: Smaller banks tend to give more weight to personal attributes. If the business is located in town, the banker likely already knows the entrepreneur, and the family has lived in the area for years; these things count more in a community bank.

Whether the bank you target is big or small, perhaps what matters most is developing relationships. If you have done your personal banking at the same place for 20 years and know the people with authority there, it makes sense to target that bank as a potential lender. If you do not have that kind of relationship at your bank, start to get to know bankers now. Visit chamber of commerce meetings; go to networking events; take part in community functions that local bankers or other movers and shakers are part of. A banker with a personal interest in you is more likely to look favorably on your loan application.

Boost your chances of getting a loan by finding a lender whose experience matches your needs. Talk to friends, lawyers or accountants



You don't have to do business in your own town. Lots of banks are scouring the country looking for small-business customers. Many of the top names in banking show up in your mailbox with loan offers. These loans can be a ready source of capital. So don't toss that junk mail—it may be the debt financing you're looking for.

and other entrepreneurs in the same industry for leads on banks that have helped people in your business. Pound the pavement and talk to banks about the type and size of loans they specialize in. Put in the work to find the right lender, and you'll find it pays off.

Commercial Finance Companies

Banks aren't your only option when seeking a loan. Nonbank commercial lenders, or commercial finance companies, have expanded their focus on small business in recent years as more and more small banks, which traditionally made loans to entrepreneurs, have been swallowed up in mergers. The advantage of approaching commercial finance companies is that, like community banks, they may be more willing to look beyond numbers and assets. Commercial finance companies give opportunities to startups and a lot of other companies banks will not lend to. Here are some commercial finance companies to get you started:

- Funding Universe offers business loans of \$10,000 to \$200,000 for any purpose and up to \$1million with full income and asset documentation. Upon application, the company analyzes your funding situation and may recommend anything from an unsecured line of credit to venture capital investment. According to its website (businessloan.fundinguniverse.com), the company has assisted more than 64,000 entrepreneurs.
- Privately held *Commercial Finance Group* (cfgroup.net) specializes in providing finance solutions to small and mid-sized companies in a wide range of industries that are unable to qualify for bank financing.
- At Hartford, Connecticut-based *Business Lenders*, loan evaluators look beyond traditional lending criteria to consider management ability and character. "Somebody who has bad credit could still be a good credit risk," says founder Penn Ritter. "It depends on why they had the credit problem."

Commercial lenders require a business plan, personal financial statements and cash-flow projections and will usually expect you to

FRANCHISE FOCUS

Financing is any startup entrepreneur's biggest challenge—and it's no different for franchisees. The good news is, franchisors may offer a little extra help in getting the capital you need.

Some franchisors offer direct financing to help franchisees with all or part of the costs of startup. This may take the form of equipment, real estate or inventory financing. The goal is to free up money so franchisees have more working capital.

Many franchisors are not directly involved in lending but have established relationships with banks and commercial finance companies. Because these lenders have processed loans for other franchisees, they are more familiar with new franchisees' needs.

The franchisor you're interested in can tell you about any direct financing or preferred lender programs available. The Franchise Disclosure Document should also include this information.

If your franchisor doesn't have a preferred lender, you can often find financing by approaching banks that have made loans to other franchisees in the system. Talk to franchisees and see how they financed their businesses.

Once you've found a lender to target, you'll need to provide the same information and follow the same steps as you would with any type of business loan.

come up with 20 to 25 percent of the needed capital yourself. For more information about commercial finance companies, call the Commercial Finance Association at (212) 792-9390 or visit cfa.com.

Give Yourself Credit

One potentially risky way to finance your business is to use your personal credit cards. The obvious drawback is the high interest rates; if you use the cards for cash advances rather than to buy equipment, the rates are even higher.

Some entrepreneurs take advantage of low-interest credit card offers they receive in the mail, transferring balances from one card to another as soon as interest rates rise (typically after six months). If you use this strategy, keep a close eye on when the rate will increase. Sometimes, you can get the bank to extend the low introductory rate over the phone.

Experts advise using credit card financing as a last resort because interest rates are higher than any other type of financing. However, if you are good at juggling payments, your startup needs are low, and you are confident you'll be able to pay the money back fairly quickly, this could be the route to take.



AHA!

Looking for financing? Consider an unexpected source—your vendors. Vendors may be willing to give you the capital you need, either through a delayed financing agreement or a leasing program. Vendors have a vested interest in your success and a belief in your stability, or they wouldn't be doing business with you. Before entering any agreement, however, compare long-term leasing costs with short-term loan costs; leasing could be more costly.

Applying for a Loan

The next step is applying for the loan. It's important to know what you'll need to provide and what lenders are looking for.

The Loan Application

Think of your loan application as a sales tool, just like your brochures or ads. When you put together the right combination of facts and figures, your application will sell your lender on the short- and long-term profit potential of lending money to your business.

To do that, the application must convince your lender that you will pay back the loan as promised and that your managerial ability (and future loans) will result in a profit-making partnership.

Banks are in the money-lending business. To lend money, they need evidence of security and stability. It's that simple.

How can you provide this evidence when your business hasn't even gotten off the ground? Begin by making sure your loan application is both realistic and optimistic. If you predict an increase in sales of between 8 and 12 percent, base your income projections on an increase of 10 percent, and then specify what you intend to do to ensure the additional sales.

Also make sure your application is complete. When a piece of an application is missing, bankers instantly suspect that either something is being hidden or the applicant doesn't know his or her business well enough to pull the information together.

There are 12 separate items that should be included in every loan application. The importance of each one varies with the size of your business, your industry and the amount you are requesting.

1. Cover sheet
2. Cover letter
3. Table of contents
4. Amount and use of the loan
5. History and description of your business
6. Functions and background of your management team
7. Market information on your product or service
8. Financial history and current status

"You fail if you don't try. If you try and you fail, yes, you'll have a few articles saying you've failed at something. But if you look at the history of American entrepreneurs, one thing I do know about them: An awful lot of them have tried and failed in the past and gone on to great things."

—RICHARD BRANSON,
FOUNDER OF THE VIRGIN GROUP

9. Financial projections to demonstrate that the loan will be repaid
10. A list of possible collateral
11. Personal financial statements
12. Additional documents to support the projections

Many of these items are part of your business plan; a few of them will have to be added. Here's a closer look at each section:

1. *Cover sheet.* This is the title page to your "book." All it needs to say is "Loan application submitted by John Smith, Sunday's Ice Cream Parlor, to Big Bucks Bank, Main Street, Anytown." It should also include the date and your business telephone number.
2. *Cover letter.* The cover letter is a personal business letter to your banker requesting consideration of your application for a line of credit or an installment loan. The second paragraph should describe your business: "Our company is a sole proprietorship, partnership or corporation in manufacturing, distributing and retailing X type of goods." The third paragraph is best kept to just one or two sentences that "sell" your application by indicating what your future plans are for your business.
3. *Table of contents.* This page makes it easy for your banker to see that all the documents are included.
4. *Amount and use of the loan.* This page documents how much you want to borrow and how you will use the loan. If you are buying a new piece of equipment, for instance, it should show the contract price, add the cost of freight and installation, deduct the amount you will be contributing, and show the balance to be borrowed.
5. *History and description of your business.* This is often the most difficult to write. The key is to stay with the facts and assume the reader knows nothing about your business. Describe, more fully than in the cover letter, the legal form of your business and its location. Tell why you believe the business is going to succeed. Conclude with a paragraph on your future plans.

6. *Management team.* Bankers know that it's people who make things happen. Your management team might consist of every employee, if they oversee an important part of your operation, or it might be just you and one key person. It also includes any outside consultants you plan to use regularly, such as your accountant or banker. In one or two pages, list each person's name and responsibilities. Where appropriate, describe the background that makes this person the right choice for that job.
7. *Market information.* You should begin these pages with a complete description of your product line or service, and the market it is directed toward. Next, describe how you have targeted your market niche and how successful you have been. Finally, detail your future plans to add new products or services.
8. *Financial history.* Most bankers want to see balance sheets and income (profit and loss) statements. As a startup, you will need to use projections. Bankers will compare these to norms in your industry.
9. *Financial projections.* This set of three documents—a projected income statement, balance sheet and cash-flow statement—should show how the business, with the use of the loan, will generate sufficient profits to pay off the loan. Your accountant can help you prepare these documents.
10. *Collateral.* Listing your available collateral—cash reserves, stocks and bonds, equipment, home equity, inventory and receivables—demonstrates your understanding that your banker will normally look for a backup repayment source. Each piece of collateral listed should be described with its cost and current fair market value.

**TIP**

Loan officers at your bank may be a valuable resource in identifying state, local and agency assistance. They may have gone through the steps with other new business owners in your area.

11. *Personal financial statements.* As a startup, you will need to add your personal guarantee to any loan the bank makes. The banker will want to see your tax return and balance sheets showing personal net worth. Most banks have preprinted forms that make pulling these figures together relatively easy.
12. *Additional documents.* In this section, you can include whatever documents you feel will enhance your loan package. This might include a copy of the sales contract on a new piece of equipment, a lease and photograph of a new location, blueprints or legal documents. If you are introducing a new product or service, include a product brochure and additional market research information.

This section can help a new business overcome the lack of a track record. While glowing letters won't make a banker overlook weak finances, an assurance from your largest customer that your services are valued can help your banker see your full potential.

What Lenders Look For

Your application is complete, with every "i" dotted and every "t" crossed. But is it enough to get you the cold, hard cash? What are lenders really looking for when they pore over your application? Lenders typically base their decisions on four criteria, often called the "Four C's of Credit":

1. *Credit.* The lender will examine your personal credit history to see how well you've managed your past obligations. If you have some black marks on your credit, the banker will want to hear the details and see proof that you repaid what you owed. A couple of late payments are not a big deal, but two or more



AHA!

If you are a woman or a member of a minority group looking to purchase a franchise, you may be eligible for special financial incentives or assistance from the franchisor. Ask franchisors you are considering whether they have such programs and what the requirements are.

consecutive missed payments are. Get a copy of your credit history before you turn in your application. This way, you can find out about any problems and explain them before your banker brings them up.

2. *Character.* Character is hard to measure, but lenders will use your credit history to assess this as well. They take lawsuits, bankruptcies and tax liens particularly seriously in evaluating your character. They will also do a background check and evaluate your previous work experience.
3. *Capacity.* What happens if your business slumps? Do you have the capacity to convert other assets to cash, either by selling or borrowing against them? Your secondary repayment sources may include real estate, stocks and other savings. The lender will look at your business balance sheet and financial statement to determine your capacity.
4. *Collateral.* As a startup, you will most likely be seeking a secured loan. This means you must put up collateral—either personal assets, such as stocks or certificates of deposit, or business assets like inventory, equipment or real estate.

A Loan at Last

A good relationship with your banker is just as important after you get that loan as it is in getting one in the first place. The key word is “communication.” The bank wants to be told all the good news—and bad news—about your business as soon as it occurs. Most business owners fear telling bankers bad news, but keeping problems hidden would be a mistake. Like any relationship, yours with your banker is built on trust. Keep him or her apprised of your business’s progress. Invite your banker to visit your business and see how the proceeds of the loan are being put to good use.

Once you’ve established a relationship with a banker, it is simple to expand your circle of friends at the bank. Every time you visit, spend some time meeting and talking to people, especially those further up the ladder. Often, the bankers will be the ones to initiate contact. Take

advantage of this opportunity. The more people you know at the bank, the easier it will be to get the next round of financing.

READ THE FINE PRINT

Hallelujah and yippee! You can almost hear the choirs of angels singing as your banker smiles and hands you the loan documents. You got the loan!

Not so fast. Before you sign that piece of paper, take a good look at what you're getting into. Many entrepreneurs are so excited about having their loans approved, they fail to read the fine print on their loan agreements. That can lead to trouble later on.

It's a good idea to get the loan documents ahead of time so you have a chance to review them for a couple of days before you sign, according to the American Bankers Association. Bankers won't have a problem sending advance copies of the documents but will generally do so only if they're specifically asked.

Most bankers will be happy to help you understand the fine print, but it's also a good idea to have your accountant and lawyer review the documents, too.

Although it varies slightly from bank to bank, a small-business loan package usually consists of several documents, typically including a loan agreement, a promissory note and some form of guarantee and surety agreement.

- *Loan agreement.* This specifies, in essence, the promises you are making to the bank and asks you to affirm that you are authorized to bind your business to the terms of the loan. Most banks require

READ THE FINE PRINT, CONTINUED

you to verify that all the information on your loan application is still true before they disburse the loan.

- *Promissory note.* This details the principal and interest owed and when payments are due. It outlines the events that would allow the bank to declare your loan in default. Knowing these events ahead of time can help you protect your credit record. Look for “cure” language in the default section. A cure provision allows you a certain amount of time (usually 10 days) to remedy the default after you’ve been notified by the bank. If such a provision isn’t included, ask if it can be added to prevent you from defaulting accidentally (in case a payment is lost in the mail, for example). Also make sure you understand what the bank can and can’t do after declaring default.
- *Guarantee and surety agreement.* Because startups generally have insufficient operating history or assets on which to base a loan, banks usually require the loan to be guaranteed with your personal assets. The bank may ask you to secure the loan with the equity in your home, for example.

FED FUNDS

How To Get Government Loans

Where can you go when private financing sources turn you down? For many startup entrepreneurs, the answer is the U.S. Small Business Administration (SBA). The federal government has a vested interest in encouraging the growth of small business. As a result, some SBA loans have less stringent requirements for owner's equity and collateral than do commercial loans, making the SBA an excellent financing source for startups. In addition, many SBA loans are for smaller sums than most banks are willing to lend.

Of course, that doesn't mean the SBA is giving money away. In fact, the SBA does not actually make direct loans; instead, it provides loan guarantees to entrepreneurs, promising the bank to pay back a certain percentage of your loan if you are unable to.

**TIP**

When seeking an SBA loan, choose your bank carefully. Not all banks are versed in SBA loans, so look for one that is experienced.

Banks participate in the SBA program as regular, certified or preferred lenders. The SBA can help you prepare your loan package, which you then submit to banks. If the bank approves you, it submits your loan package to the SBA. Applications submitted by regular lenders are reviewed by the SBA in an average of two weeks, certified lender applications are reviewed in three days, and

approval through preferred lenders is even faster.

The most basic eligibility requirement for SBA loans is the ability to repay the loan from cash flow, but the SBA also looks at personal credit history, industry experience or other evidence of management ability, collateral and owner's equity contributions. If you own 20 percent or more equity in the business, the SBA asks that you personally guarantee the loan. After all, you can't ask the government to back you if you're not willing to back yourself. The SBA offers a wide variety of loan programs for businesses at various stages of development. Here's a closer look:

FOR WOMEN ONLY

Women business owners have a friend in Washington: the Office of Women's Business Ownership (OWBO), part of the SBA. The OWBO coordinates federal efforts that support women entrepreneurs through business training and technical assistance, and by providing access to financing, federal contracts and international trade opportunities.

In addition, the office directs Women's Business Centers in all 50 states. Women's Business Centers provide assistance, training and business counseling through the SBA. For information about OWBO services, call (800) U-ASK-SBA or visit sba.gov.

7(a) Guaranty Loan Program

The primary and the most flexible SBA loan program is the 7(a) Loan Program. The SBA does not lend money itself, but provides maximum loan guarantees of up to \$2 million or 75 percent of the total loan amount, whichever is less. For loans that are less than \$150,000, the maximum guarantee is 85 percent of the total loan amount. SBA policy prohibits lenders from charging many of the usual fees associated with commercial loans. Still, you can expect to pay a one-time guaranty fee, which the agency charges the lender and allows the lender to pass on to you.

A 7(a) loan can be used for many business purposes, including real estate, expansion, equipment, working capital and inventory. The

BUSINESS 101

Worried your business acumen isn't as sharp as it could be? Wishing you had taken an accounting class instead of that film history course on John Wayne? Then the Small Business Training Network might be for you.

The Small Business Training Network is an internet-based learning environment—functioning like a virtual campus. As its website says, it offers online courses, workshops, information resources, learning tools and direct access to electronic counseling and other forms of technical assistance.

The classes run the gamut from how to start your own business—with titles like "Franchising Basics" and "Technology 101"—to how to prepare a loan package, develop employees and plan for retirement. The workshops are self-paced and usually extremely topical. Some classes were developed within the SBA, while others have been developed by academic institutions. For more information, log on to sba.gov/training.

money can be paid back over as long as 25 years for real estate and equipment and 10 years for working capital. Interest rates vary with the type of loan you apply for.

SBAExpress Program

A general 7(a) loan may suit your business's needs best, but the 7(a) program also offers several specialized loans. One of them, the SBAExpress Program, promises quick processing for amounts less than \$350,000. SBA Express can get you an answer quickly because approved SBAExpress lenders can use their own documentation and procedures to attach an SBA guarantee to an approved loan without having to wait for SBA approval. The SBA guarantees up to 50 percent of SBAExpress loans.

CAPLines

For businesses that need working capital on a short-term or cyclical basis, the SBA has a collection of revolving and nonrevolving lines of credit called CAPLines. A revolving loan is similar to a credit card, with which you carry a balance that goes up or down, depending on the payments and amounts you borrow. With nonrevolving lines of credit, you borrow a flat amount and pay it off over a set period of time.

CAPLine loans provide business owners short-term credit, with loans that are guaranteed up to \$2 million. There are five loan and line-of-credit programs that operate under the CAPLines umbrella:

1. *Seasonal line of credit*: designed to help businesses during peak seasons, when they face increases in inventory, accounts receivable and labor costs
2. *Contract line of credit*: used to finance labor and material costs involved in carrying out contracts
3. *Standard asset-based line of credit*: helps businesses unable to meet credit qualifications associated with long-term credit; provides financing for cyclical, growth, recurring or short-term needs

SBA Loan Document Checklist

Documents to Prepare for a New Business

- Your SBA loan application form
- Your personal history statement with your resume and accomplishments and the resumes of key managers you plan to employ
- Statement of your investment capabilities
- Current financial statement of all personal liabilities and assets
- Projection of revenue statement
- Collateral list

Documents to Prepare for an Existing Business

- Balance sheet
- Profit and loss statements
- Income statement of previous and current year-to-date incomes, including business tax returns
- Personal financial statement with each owner itemized, including personal tax returns for each owner
- Collateral list
- Your dba or incorporation paperwork
- Copy of your business lease
- Loan request statement describing business history, loan amount and purpose

4. *Small asset-based revolving line of credit:* provides smaller, asset-based lines of credit (up to \$200,000), with requirements that are not as strict as the standard asset-based program

EXPORT EXPERTISE

If exporting is part of your business game plan, the Export-Import Bank of the United States (Ex-Im Bank) can be your biggest ally. The Ex-Im Bank is committed to supporting small exporters and provides many financing tools targeted to small businesses, such as working capital guarantees and export credit insurance.

With a working capital guarantee and credit insurance, small businesses can increase sales by entering new markets, expanding their borrowing base, and offering buyers financing while carrying less risk. Often, small exporters do not have adequate cash flow or cannot get a loan to fulfill an export sales order. The Ex-Im Bank working capital guarantee assumes 90 percent of the lender's risk so exporters can access the necessary funds to purchase raw materials or supplies to fulfill an export order.

The export credit insurance protects an exporter from buyer payment default and also allows exporters to extend credit to their international buyers.

To be eligible for the Ex-Im Bank's programs, U.S. exporters must simply meet the Small Business Administration's definition of a small business and have export credit sales of less than \$5 million. Business owners can contact the Ex-Im Bank directly at (800) 565-3946 or through any commercial lender that works with the agency (see the Lender Locator at exim.gov). Based in Washington, DC, the Ex-Im Bank also has regional offices in Chicago, Dallas, Houston, Miami, New York City, and Orange County, San Diego and San Francisco, California.

5. *Builder's line of credit:* used to finance labor and materials costs for small general contractors and builders who are constructing or renovating commercial or residential buildings

Each of the five credit lines has a maturity of up to five years but can be tailored to the borrower's needs.

Pre-Qualification Program

The SBA's Pre-Qualification Loan Program helps pre-qualify borrowers in underserved markets, including women business owners. Under the program, entrepreneurs can apply for loans and get up to \$250,000. With the aid of private intermediary organizations chosen by the SBA, eligible entrepreneurs prepare a business plan and complete a loan application. The intermediary submits the application to the SBA.

If the application is approved, the SBA issues you a pre-qualification letter, which you can then take, along with your loan package, to a commercial bank. With the SBA's guarantee attached, the bank is more likely to approve the loan.

MicroLoan Program

SBA financing isn't limited to the 7(a) group of loans. The MicroLoan Program helps entrepreneurs get very small loans, up to \$35,000. The loans can be used for machinery and equipment, furniture and fixtures, inventory, supplies, and working capital, but they cannot be used to pay existing debts or to purchase real estate. This program is unique because it assists borrowers who generally do not meet traditional lenders' credit standards.

MicroLoans are administered through nonprofit intermediaries. These organizations receive loans from the SBA and then turn around and make loans to entrepreneurs. Small businesses applying for MicroLoan financing may be required to complete some business-skills training before a loan application is considered.



Check out the SBA's Women's Business Center, a website for women who want to start or expand their businesses. There are free online courses and a world of information about marketing, government contracting, technology training, international trade and SBA services, plus success stories to inspire you. Visit the site at onlinewbc.gov.

The maximum term for MicroLoans is six years, and the interest rates vary.

CDC/504 Loan Program

On the opposite end of the loan size spectrum is the 504 Loan, which



Looking into exporting? Look into the U.S. Export Assistance Centers. These one-stop shops combine the trade promotion and export finance resources of the SBA, the U.S. Department of Commerce and the Export-Import Bank. Locate a center at export.gov/eac/index.asp.

provides long-term, fixed-rate loans for financing fixed assets, usually real estate and equipment. Loans are most often used for growth and expansion.

504 Loans are made through Certified Development Companies (CDCs)—non-profit intermediaries that work with the SBA, banks and businesses looking for financing. There are CDCs throughout the country, each covering an assigned region.

If you are seeking funds up to \$1.5 million to buy or renovate a building or put in some major equipment, consider bringing your business plan and financial statements to a CDC. Typical percentages for this type

of package are 50 percent financed by the bank, 40 percent by the CDC and 10 percent by the business.

In exchange for this below-market, fixed-rate financing, the SBA expects the small business to create or retain jobs or to meet certain public policy goals. Businesses that meet these public policy goals are those whose expansion will contribute to a business district revitalization, such as an empowerment zone; a minority-owned business; an export or manufacturing company; or a company whose expansion will contribute to rural development.

Empowerment Zones/Renewal Communities

Since 1980, 40 states have established programs to designate enterprise zones, offering tax breaks and other incentives to businesses that locate

in certain economically disadvantaged areas. States vary widely in the number of zones designated, incentives offered and success of the programs. In some areas, businesses may also qualify for lower utility rates or low-interest financing from eligible government jurisdictions. To be eligible for any of these incentives, businesses must generally meet certain criteria, such as creating new jobs in a community.

The Empowerment Zone/Renewal Communities initiative was set up to provide tax incentives and stimulate community investment and development. Specified urban and rural communities will receive grants and tax breaks for businesses in the area. The federal government's involvement means entrepreneurs in those areas can get federal tax breaks, not just state.

If you choose to locate in an enterprise or empowerment zone, look beyond the tax breaks to consider long-term concerns such as availability of a work force and accessibility of your target market. Make sure the zone offers other support services, such as streamlined licensing and permitting procedures. Most zones that succeed have high development potential to begin with, with good highway access, a solid infrastructure and a trainable labor force.

For more information on enterprise zones, contact your state's economic development department or call HUD's Office of Community Renewal at (202) 708-6339.

“Customers aren’t just buying our software, they’re buying a relationship.”

—KATRINA GARNETT,
FOUNDER OF CROSSROADS
SOFTWARE INC.

8(a) Business Development Program

The SBA's 8(a) program is a small-business set-aside program that allows certified socially and economically disadvantaged companies to enter the federal procurement market as well as the economic mainstream. The 8(a) program is envisioned as a starter program for minority businesses, which must leave the program after nine years.

INFORMATION, PLEASE

Dealing with the federal government has gotten easier, thanks to the U.S. Business Advisor, an online clearinghouse for small business. Instead of contacting dozens of agencies and departments for information on laws and regulations, you can use this one-stop shop to find information on business development, taxes and laws, a variety of workplace concerns as well as government procurement loans. You can find the U.S. Business Advisor at business.gov.

Entrepreneurs who participate in the 8(a) program are eligible for the 7(a) Guaranty Loan and the Pre-Qualification Programs. Businesses must be owned by a socially and economically disadvantaged individual. Socially disadvantaged categories include race and ethnicity. To qualify as economically disadvantaged, the person must have a net worth of less than \$250,000 as well as two years' worth of tax returns.

Export Working Capital Program

If you are planning to export, you should investigate the Export Working Capital Program. This allows a 90 percent guarantee on loans up to \$2 million. Loan maturity is one year, and funds can be used for transaction financing. The exports financed must be shipped and titled from the United States.

Special Purpose Loans

If you believe you have a special case that requires extra help, you may be in luck. Of course, keep in mind that everybody believes they deserve extra help with financing, but in many situations, the SBA has a loan program tailor-made for your situation. If you're starting a

business, for instance, that pollutes the environment, but you plan to spend additional money to reduce the toxins you're putting into the air, soil or water, you may be eligible for a Pollution Control Loan, which is basically a 7(a) loan earmarked for businesses that are planning, designing or installing a pollution control facility. The facility must prevent, reduce, abate or control any form of pollution, including recycling.

If your business plans to be active in international trade or your top competition is cheap imports, the International Trade (IT) Loan Program is something you should look into. The SBA can guarantee up to \$1.75 million for fixed-asset financing (facilities and equipment) or refinancing of an existing loan for the same purposes. Working capital cannot be a part of an IT loan.

Numerous variations of the SBA's basic loan programs are made available to support special needs. So if you believe your business might fall into a category in which the SBA can funnel additional loans to you, it's definitely an avenue worth checking out.



Buying a franchise? Many municipalities and states have financing programs that can underwrite the cost of a franchise. Be aware, however, that the focus of these programs is job creation. To find programs in your area, call the nearest Small Business Development Center or economic development program. It takes a bit of investigating to find the programs, but the results could be well worth the effort.

Making the Most of the SBA

The SBA is more than a source of financing. It can help with many aspects of business startup and growth. The SBA is an excellent place to "get your ducks in a row" before seeking financing. SBA services include free resources to help you with such tasks as writing a business plan and improving your presentation skills—all of which boost your chances of getting a loan.

For more information on other SBA programs, visit the SBA's website at sba.gov, call the SBA's Answer Desk at (800) U-ASK-SBA, or contact your local SBA district office by visiting sba.gov/local-resources/index.html. Your SBA district office can mail you a startup booklet and a list of lenders, and inform you about specialized loans tailored to your industry and where to go for help with your business plan or putting together financial statements.

Granting Wishes

When most people think of grants, they think of money given free to nonprofit organizations. But for-profit companies, and frequently startups, can also win grant money. But how do you find these grants? Unfortunately,

locating the right grant is a little like looking for your soulmate. The grant is out there, but you're going to have to do a lot of looking to find a good match. A good place to start is at your local bookstore. There are a lot of books about getting grants, with titles like *Grant Writing for Dummies* (Wiley) by Beverly A. Browning, *Grantseeker's Toolkit* (Wiley) by Cheryl Carter New and James Quick, and *Demystifying Grantseeking* (Wiley) by Larissa Golden Brown and Martin John Brown. And then there's the Bible of grant books—the annual *The Grants*



If you believe your future business could contribute to community development or empower a group of economically disadvantaged people, visit your state economic development office to find out what types of community development grants may be available.

Register (Palgrave Macmillan), which lists more than 4,200 grants.

There are other places to look, of course. The most logical place to get an infusion of cash is from Uncle Sam, but you can also win grants from foundations and even some corporations.

Even in the most economically challenged of times, the government is one of the best sources for grants. For instance, the National Institute of Standards and Technology's Advanced Technology

Program offers grants to co-fund “high-risk, high-payoff projects” in order to provide Americans with a higher standard of living. Whatever the project is, you can bet it will be scrutinized by a board of qualified experts and academia.

The Small Business Innovation Research (SBIR) Program is another government program that gives grants. The SBIR Program specializes in small businesses looking for funding for high-risk technologies. Founded in 1982, the SBIR recently awarded funds for research in advanced metals and chemicals, biotechnology, information technology and manufacturing. So if you’re planning on opening a pizzeria, you might have trouble with this one.

But there are federal grants awarded to food and nutrition companies. For instance, a pizzeria that caters to children and specializes in serving nutritious, healthy pizzas may be able to win a grant. You can also check with your state or local government—start with your local or state chamber of commerce.

Of course, finding the grant is the easy part; the hard part is getting the grant. It’s a lot like applying to college. You have to jump through the hoops of each organization, which usually involves writing an extensive essay on why you need the money. There are grant-writing businesses out there as well as grant brokers—people who try to find the right grant for you. You pay them regardless of whether they find you a grant; on the other hand, if they land you a \$750,000 grant, you still pay them the flat fee, which is generally from \$25 to \$100 an hour, depending on their level of success. But if you don’t have the funds to pay for a grant-writer or a broker, and you’re a decent writer and have a passion for your business, then start researching, and fill out the forms and compose the essay yourself. There’s no rule that says you can’t try to get a grant on your own. And who knows—you might be successful!



e-FYI

Check out grants.gov, the website that lists all the federal government’s grant programs. You can find opportunities in categories ranging from arts and humanities to science and technology.

GET SET . . .

You have a great idea, a perfect plan, and the money to make it all happen. What's the next step? Get set for business with Part 4, "Prepare." First, we'll show you how to get what you want out of every deal, with negotiating tips that will put you in the driver's seat in any situation. Learn how to select a prime location that will get customers to come in and come back. We'll show you retail operating options, such as kiosks and carts, plus how to negotiate the lease you want. Or maybe your plan is to start your business from home. If so, you'll learn the steps to setting up a home office. Whether it's at home or away, once you've found the right site, we share secrets for giving your business a professional image with furniture, business cards and stationery that all spell success. Next, stock your shelves with inventory: You'll learn how to choose, track and maintain your product supply and discover the best sources for getting what you need.

Once you have the inventory, you have to sell it. That's why in the next section, we discuss the most important part of business ownership—getting paid. We'll reveal how to give your customers credit

without getting taken, plus tips for accepting credit cards, debit cards and checks and collecting on slow-paying accounts. Since every business needs to use the mail, you won't want to miss our guide to setting up mailing systems. Discover how to choose the right equipment as well as the most efficient, convenient and economical ways to send mail.

If employees are part of your game plan, you'll find all the information you need to hire smart. Learn the secrets of a good job interview, low-cost hiring options, and the laws you must know to stay out of hot water. Finally, protect the business you've worked so hard to start by checking out our chapter on insurance. We show you the basic insurance no business owner should be without, plus how to put together the perfect insurance package for your needs.

Now, get geared up for business! Part 5, "Buy," takes you step by step through setting up your office. Office machines are more affordable than ever these days, so it's simple to get set up on a budget; we'll show you the options, from superstores and mail order to leasing and more.

Today's technology can boost your business productivity like never before. Whether you're in the office, at home or on the road, we'll explain the hardware and software tools you need to make the most out of every working moment. We'll show you how to set up your business's website, including choosing a web designer and ISP, getting set for e-commerce and more. And finally, we'll give you the latest on how smartphones, VoIP, instant messaging and more can keep you connected 24/7.

part 4

PREPARE

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WHAT'S YOUR DEAL?

Negotiating Successfully

By Cliff Ennico, an author, business consultant and former host of the PBS TV series *Money Hunt*

If you're in business, you're a negotiator. You have no choice. Business doesn't happen unless two or more people enter into a transaction. This can be as simple as buying inventory or as complicated as a merger of two public companies. Without transactions, business doesn't happen, and every transaction involves a certain amount of negotiation.

If I had to pick one of the scariest challenges facing every first-time entrepreneur, it would be learning how to negotiate. Nobody (except perhaps a lawyer) likes to negotiate—it's confrontational, it involves a certain amount of "play acting," and it may put you in the position of thinking you're "putting something over" on another human being. In a big company, you had the luxury of hiring people to do this for you. Not anymore.

When you're in business, negotiating the best possible deals is a high, if not the highest, priority. As a

business owner, you can't know enough about negotiating.

What Is Negotiation?

It's a lot easier to describe what negotiation "isn't" than what it is. Let's get some things straight upfront. Negotiation is not:

- a search for truth, justice and the American way
- a friendly discussion at the corner Starbucks
- a quest for the perfect solution to a business problem

Make no mistake: Negotiation is a game. Whether sellers have paid good money for something or are emotionally attached to it, they'll want to get the most money they can from its sale. Buyers are worried about losing money and want to pay as little as possible for something so the chances of making a profit on resale are as high as possible. Somewhere between these two goals, there's a deal waiting to happen.

The goal in negotiating is to win—to get the best deal you can. Period.

"I don't know the key to success, but the key to failure is trying to please everybody."

—BILL COSBY

Preparing for Negotiation

To get ready for any negotiation, you must do three things:

1. *Know your bargaining position.* In every negotiation, someone is in a stronger position and someone is in a weaker position. Where are you?

Let's say you're looking to lease 1,000 square feet of retail space in a shopping center. The landlord is a large commercial real estate developer with 2 million square feet of space in five major shopping malls in your town. How flexible do you think this landlord will be in the negotiation? Not very. One thousand

NEVER LET 'EM SEE YOU SWEAT

Are you serious about wanting to be a better negotiator? Then learn to play poker. A good poker player is almost always a good negotiator. Consider the lessons poker teaches you:

- Use a “poker face” to conceal your emotions from the other side.
- It isn’t so much the hand you’re dealt, as what the other players think you’ve got. If you get a great hand and show too much enthusiasm, the other players will fold early and leave you with a small pot, but if the other players think you have only a mediocre hand, they’ll stay in the game and leave a lot more money on the table.
- Likewise, if you truly have a mediocre hand, by making the other players think you’ve got something better, they’ll yield to their insecurity and fold early. This leaves you with money you wouldn’t have gotten if you’d shown your cards too soon.

Bluffing and posturing are part of the game of negotiation. If you master these techniques early, you stand a much better chance of winning negotiations on a regular basis.

square feet is a drop in the bucket to this landlord, so you’ll be the one making all the concessions.

Now, let’s say you’re looking to lease 1,000 square feet of retail space in a strip mall. The landlord is a local widow whose husband died several years ago. The strip mall is the only property she owns, the 1,000 square feet is the largest tenant space in the mall, and it’s been vacant for the last six months. Who’s in the stronger position now?

You—and you’re crazy if you don’t take advantage of it. (See “The Golden Rule” on page 243.)

2. *Know how the other side perceives its position.* It isn't enough to know what your real bargaining position is. You also have to consider how each side perceives its position. As any poker player knows, sometimes a mediocre hand can be a winning hand if it's played properly. If the person with the mediocre hand can convince the other players that he or she has a much better hand than he or she actually has, and the other players (with better hands) buy into that, they're likely to fold early to cut their losses, leaving the pot to the bluffer.

If your negotiating position isn't great but you see the other side is worried about losing the deal, you can't go wrong by coming on strong and playing to the other side's fears.

3. *Assess your bargaining style.* Are you aggressive or passive by nature? I hate to say it, but in 25 years of studying lawyers, I've found that those who are naturally aggressive, fearless and downright ornery tend to make the best negotiators. People are afraid of them, want to avoid their nasty behaviors and give them what they want. To truly succeed at negotiating, it helps if you can find your inner Rottweiler. Remember, it's a game.

I'm not saying you should yell, scream or threaten violence during a negotiation (although some negotiators use these techniques to great effect). You can be pleasant and communicate your willingness to get the deal done as quickly and efficiently as possible. Just make sure the other side doesn't misinterpret your nice behavior as a sign of weakness, or you'll lose the negotiation.



TIP

Sometimes silence is the best weapon. By quietly pondering for several moments what the other side has just said, you raise their anxiety about your willingness to do the deal. Your body language should send the signal that you have all the time in the world and don't need the deal. Just don't do this too often; you'll appear indecisive.

THE GOLDEN RULE

"You can never get a bargain on something you really, really want."

In any negotiation, the side that needs the deal more is the side that gives up the most—precisely because they need the deal and can't afford to have the other side walk away from the table.

Winning the most points in a negotiation is almost always a function of: 1) not needing the deal as much as the other side does, 2) convincing the other side they need the deal more than you do, or 3) a combination of 1 and 2.

Nervous about negotiating? Here's a great way to practice. Go to collectibles shows and look for items you don't feel strongly about—you can take them or leave them. When you find one, approach the dealer and offer him 50 percent of the asking price. He'll almost certainly refuse your offer—sometimes nicely, sometimes by pretending to be offended—but don't worry about it. You don't really want the item, and you know he paid less than 50 percent of the tag price. Thank him politely, tell him you really couldn't justify paying more than 60 percent of the price, and move to the next booth.

Then, return to the dealer in the late afternoon and ask politely if he has reconsidered your offer. If the item hasn't sold by then, the dealer is concerned about having to lug the thing back to his showroom and will be in a better bargaining mood. Stay firm. Remember the goal isn't to add to your antiques collection, but to practice your negotiating skills. Make it a point to say no to whatever counteroffer he proposes, and walk away.

Do not try this if you see an item you really want—your body language will inevitably tip your hand to “the dealer,” and he will turn the tables on you by saying something like “I'm sorry, but I'm only making a 10 percent profit at this price.” At this point the negotiation is over—you're reaching for your wallet, and you'll pay the dealer's price.

What Do You Want?

Now that you're psychologically ready to sit down at the bargaining table, it's time to figure out what you need to get out of the deal.

Sit down with a sheet of paper, fold it down the middle, and label each half "deal points" and "trading points."

Then list all the points you need to reach agreement on. Deal points are those you must win—if you can't get those, you walk from the table and look for another deal. For example, if you paid \$1,000 for a painting and need to get a 20 percent return on your inventory to stay afloat, getting a purchase price of at least \$1,200 is one of your deal points.

Any point that isn't a deal point is a trading point—nice if you can get it, but you can live without it if you sense it's a deal point for the other person. In a negotiation, your goal is to get all your deal points and as many of your trading points as possible, recognizing that often you'll have to yield one or more trading points to get your deal points.

Be realistic when identifying your deal points. A lot of things you negotiate for aren't really life or death for your business. If you aren't sure if you really need something or not, it's a trading point.

The Negotiation Process

There are three basic steps in any negotiation—sometimes they happen in order, sometimes not.

- *Step one: State your position.* At the beginning of a negotiation, each side lays out its position and tells the other side what it needs. As soon as it's apparent the two sides agree on something, that point is taken off the table so the parties can focus on the issues where they disagree.

- *Step two: Search for win-win compromises.* Sometimes when a negotiator asks for something, what he or she really needs is a lot narrower. By probing the other side, you can often find a way to give them what they really need without giving them everything they're asking for. Here's an example: The other side wants you to promise you won't compete with them anywhere in the State of X for five years. By asking probing questions, you learn that the other side doesn't plan to do business outside of Town Y. You agree not to compete with the other side in Town Y for five years, and keep your options open for the rest of the state.
- *Step three: Do a little "horse trading."* Sooner or later, in every negotiation you get to a point where further compromise is impossible. For a deal to happen at this point, both sides have to engage in a little "horse trading." You look at the list of three open points, realize that only one of them is a deal point, and offer to give on the other two points to get the one you need. If the other side agrees (one or both of the two points you gave them were deal points for them), you make the deal. If the other side refuses (your deal point was also their deal point), the negotiation's over—and so is the deal.

**TIP**

When sizing up your negotiating points, the ones that will take cash out of your pocket if you give them away are probably deal points, the ones that won't are likely trading points.

Everything Is Negotiable

When you first start negotiating, it's hard to separate deal points from trading points—everything seems important. Experienced negotiators know something you don't—everything is a trading point. Nothing is non-negotiable. If you need the deal badly enough, you can give up some deal points and still survive to negotiate another day. As any lawyer will tell you, you know a deal's been well-negotiated when both sides walk away from the table feeling at least somewhat disappointed in the outcome.

Sales Contract Negotiating Points

Do you think the only thing to negotiate in a sales contract is the purchase price? Think again. Here are some noncash terms you can negotiate.

- The number of goods to be sold
- The condition of the goods at the time of delivery
- Return privileges and/or credits for goods delivered in defective condition
- Rebates for goods that aren't sold within a specified time period
- Shipping and delivery dates
- Method of shipping (UPS vs. FedEx, for example)
- Method of payment (money order vs. credit card, for example)
- Currency of payment (for international sales)
- Whether discounts will be offered for volume or bulk purchases
- The timing of payment (cash upfront vs. installment payments)
- The interest rate to be paid on any deferred portion of the purchase price
- The penalty rate of interest to be paid if any portion of the purchase price isn't paid on time
- Whether the seller will have a lien on the goods until the purchase price is paid
- Whether the buyer's principals will guarantee payment of the purchase price if the buyer defaults
- Whether the seller or buyer will pay sales and/or transfer taxes
- Whether the seller or buyer will insure the goods while in transit
- When title to the goods transfers from seller to buyer
- Whether or not the seller will "warrant" title or condition to the goods
- The sale closing date

Sales Contract Negotiating Points, continued

- Whether the seller will assume responsibility for the products' liability and other legal claims if the goods turn out to be defective
- Whether the seller will provide the buyer with advertising and promotional materials to assist in the resale of goods
- If a broker was involved, who will pay his/her commission?

SITE SEEKING

Choosing a Location for Your Business

Where should you locate your business? One expert will tell you location is absolutely vital to your company's success; another will argue that it really doesn't matter where you are—and they're both right. How important location is for your new company depends on the type of business and the facilities and other resources you need, and where your customers are.

If you're in retailing, or if you manufacture a product and distribution is a critical element of your overall operation, then geographic location is extremely important. If your business is information- or service-related, the actual location takes a back seat to whether the facility itself can meet your needs.

Regardless of the nature of your business, before you start shopping for space, you need to have a clear picture of what you must have, what you'd like to have, what you absolutely won't tolerate and how much

**AHA!**

If you're in a technology-related business, choose a location near a university that can help you with research, provide a resource for further education for your staff, and serve as a breeding ground for future employees.

you're able to pay. Developing that picture can be a time-consuming process that is both exciting and tedious, but it's essential that you give it the attention it deserves. While many startup mistakes can be corrected later on, a poor choice of location is difficult—and sometimes impossible—to repair.

Types of Locations

The type of location you choose depends largely on the type of business you're in, but there are enough mixed-use areas and creative applications of space that you should

give some thought to each type before making a final decision. For example, business parks and office buildings typically have retail space so they can attract the restaurants and stores that business tenants want nearby. Shopping centers are often home to an assortment of professional services—accounting, insurance, medical, legal, etc.—as well as retailers. It's entirely possible some version of nontraditional space will work for you, so use your imagination.

- *Homebased.* This is probably the trendiest location for a business these days, and many entrepreneurs start at home and then move into commercial space as their business grows. Others start at home with no thought or intention of ever moving. You can run a homebased business from an office in a spare bedroom, the basement, the attic—even the kitchen table. On the plus side, you do not need to worry about negotiating leases, coming up with substantial deposits or commuting. On the downside, your room for physical growth is limited, and you may find accommodating employees or meetings with clients a challenge.
- *Retail.* Retail space comes in a variety of shapes and sizes and may be located in free-standing buildings, enclosed malls, strip

shopping centers, downtown shopping districts, or mixed-use facilities. You will also find retail space in airports and other transportation facilities, hotel lobbies, sports stadiums, and temporary or special-event venues.

- *Mobile.* Whether you're selling to the public or to other businesses, if you have a product or service that you take to your customers, your ideal "location" may be a car, van or truck.
- *Commercial.* Commercial space includes even more options than retail. Commercial office buildings and business parks offer traditional office space geared to businesses that do not require a significant amount of pedestrian or automobile traffic for sales. You'll find commercial office space in downtown business districts, business parks, and sometimes interspersed among suburban retail facilities. One office option to consider is an executive suite, where the landlord provides receptionist and secretarial services, faxing, photocopying, conference rooms and other support services as part of the package. Executive suites help you project the image of a professional operation at a more affordable cost and can be found in most commercial office areas. Some executive suites even rent their facilities by the hour to home-based businesses or out-of-towners who need temporary office space.
- *Industrial.* If your business involves manufacturing or heavy distribution, you will need a plant or a warehouse facility. Light industrial parks typically attract smaller manufacturers in non-polluting industries as well as companies that need showrooms in addition to manufacturing facilities. Heavy industrial areas tend to be older and



WARNING

Be wary of incentives. Often incentives—such as free rent or tax breaks—may mask problems. There's usually a good reason why any location offers incentives, and you need to be sure what it is before you sign up. You should be able to start a profitable business in that location without any incentives—and then let the incentives be a bonus.

BRING IT HOME

Looking for a way to launch your business with the minimum investment possible? Then consider setting up shop in a home office rather than in a commercial space.

Working from home makes a lot of sense when you're launching a business and have limited startup funds. In addition to saving beaucoup bucks on operating expenses like rent and utilities, you'll save on commuting costs and wardrobe expenses. You may even be able to take a tax deduction equal to the percentage of your home that's used as Business Central.

But there are some disadvantages to working from home. Clients may not find your cozy home office very professional. You personally may find it difficult to concentrate on work when the sun is shining, or when the mall, golf course, or your children are chanting your name. Friends and family also may drop in unannounced because you're at home. And the list of distractions goes on.

Minimize those distractions by establishing your office in a spare room or quiet corner that can be dedicated strictly to the business. Furnish it with office furniture (even if second-hand) and invest in a business computer. Install a separate business phone line with voice mail. Then make it very clear to well-meaning visitors that you maintain regular business hours and that the computer is off-limits to the kids. If necessary, arrange to meet clients offsite if your home office doesn't reflect your image as a savvy professional.

Finally, before you hang out that shingle, make sure your municipality doesn't have any zoning ordinances that prohibit homebased businesses. Some communities ban certain types of businesses, including those that will generate a lot of traffic or have employees working onsite. Make sure you know the rules before you hang out your shingle.

poorly planned and usually offer rail and/or water port access. Though industrial parks are generally newer and often have better infrastructures, you may want to consider a free-standing commercial building that meets your needs and is adequately zoned.

Issues to Consider

With an overview of what's available, you now need to decide what's most appropriate for your business. Julien J. Studley, founder of Julien J. Studley Inc., a real estate firm that represents commercial tenants nationwide, says the major things tenants are looking for are the best possible deal on the space and an available work force. Be systematic and realistic as you consider the following points:

Style of Operation

Is your operation going to be formal and elegant? Or kicked-back and casual? Your location should be consistent with your particular style and image. If your business is retailing, do you want a traditional store, or would you like to try operating from a kiosk (or booth) in a mall or a cart that you can move to various locations? If you're in a traditional mall or shopping center, will the property permit you to have a sidewalk sale if you want to? Can you decorate your windows the way you want to?

And here's another option: Consider opening a pop-up retail location (see "Carte Blanche" on page 255). Pop-up retail operations suddenly "pop up" unannounced in highly visible locations, (hopefully) draw in big crowds, then vanish or transform themselves into another type of retail location



Consider stockpiling space. If you're reasonably sure you're going to need additional space within a few years, it might be wise to lease a facility of that size now and sublease the extra space until you need it. That way, you'll know the space will be available later on, and you won't be faced with moving.

once they've raked in the cash. In some cases, these stores are in business for a ridiculously short period of time—from just a few days to just a few weeks. But they're a great way to determine the local interest in your product, move product fast, and generate new excitement and interest in whatever you sell. Halloween and Christmas stores have been using the concept successfully for years, and some of the biggest mainstream retailers like Target, Toys R Us and the Gap have adopted the concept as well. Pop-up spaces are usually leased temporarily for a flat fee, so you won't be locked into a typical retail lease of about five years. Since landlords are always desperate to lease space, all you generally have to do is ask to land a great pop-up location.

Demographics

There are two important angles to the issue of demographics. One is your customers; the other is your employees. First, consider who your customers are and how important their proximity to your location is. For a retailer and some service providers, this is critical; for other types of businesses, it may not be as important. The demographic profile you've developed of your target market will help you make this decision (see Chapter 7 for more on developing your target market).

Then, take a look at the community. If your customer base is local, is the population large enough, or does a sufficient percentage of that population match your customer profile to support your business? Does the community have a stable economic base that will provide a healthy environment for your business? Be cautious when considering communities that are largely dependent on a particular industry for their economy; a downturn could be a death knell for your company.

Now think about your work force. What skills do you need, and are people with those talents available? Does the community have the resources to serve their needs? Is there sufficient housing in the appropriate price range? Will your employees find the schools, recreational opportunities, culture and other aspects of the community satisfactory?

Especially when the economy is strong and unemployment figures are low, you may be concerned about the availability of good workers. Keep in mind that in many areas, few people may be unemployed, but many may be underemployed. If you are offering attractive jobs at competitive wages, you may find staffing your company easier than you thought.

Look beyond the basic employment statistics to find out what the job market is really like. Think about placing a blind test ad (the local

CART BLANCHE

Carts and kiosks have become familiar sights in American malls, selling everything from inexpensive gift items to pricey jewelry and artwork. They make mall space affordable for the business owner, and the mall operators benefit from extra rent and a wider variety of merchandise.

Carts and kiosks have contributed to one of the hottest trends in retailing: Pop-up retailers. Most often these are seasonal businesses that only need to be open for a limited time. For example, a specialty candy shop may open just before Christmas and remain open through Mother's Day, then close for the remainder of the year. Some pop-up retailers occupy traditional storefront space, but most opt for carts or kiosks. The most popular site for a pop-up operation is a busy mall, but many operators are also finding success in airports and other transportation facilities, at sporting events, and at other creative venues limited only by their imagination and ability to strike a deal with the property manager.

Consider using carts and kiosks to test your product in a retail setting before making the larger investment in a traditional store. Styles range from simple to elaborate; whatever you choose, be sure it's attractive, well-lighted and functional.

economic development agency may do this for you) to see what type of response you will get in the way of applicants before making a final location decision.

Demographic information is available to you through a variety of resources. You could do the research yourself by visiting the library or calling the U.S. Census Bureau and gathering a bunch of statistics, then trying to figure out what they mean, but chances are you probably do not have the time or statistical expertise to do that. So why not let other people do it for you—people who know how to gather the data and translate it into information you can understand and use. Contact your state, regional or local economic development agency (see “To the Rescue” on page 258) or commercial real estate companies and use the data they’ve already collected, analyzed and processed.

Foot Traffic

For most retail businesses, foot traffic is extremely important. You don’t want to be tucked away in a corner where shoppers are likely to bypass you, and even the best retail areas have dead spots. By contrast, if your business requires confidentiality, you may not want to be located in a high-traffic area. Monitor the traffic outside a potential location at different times of the day and on different days of the week to make sure the volume of pedestrian traffic meets your needs.

Accessibility and Parking

Consider how accessible the facility will be for everyone who will be using it—customers, employees and suppliers. If you’re on a busy street, how easy is it for cars to get in and out of your parking lot? Is the facility accessible to people with disabilities? What sort of deliveries are you likely to receive, and will your suppliers be able to easily and efficiently get materials to your business? Small-package couriers need to get in and out quickly; trucking companies need adequate roads and loading docks if you’re going to be receiving freight on pallets.

Find out about the days and hours of service and access to locations you're considering. Are the heating and cooling systems left on or turned off at night and on weekends? If you're inside an office building, are there periods when exterior doors are locked and, if so, can you have keys? A beautiful office building at a great price is a lousy deal if you plan to work weekends but the building is closed on weekends—or they allow you access, but the air conditioning and heat are turned off so you roast in the summer and freeze in the winter.

Be sure, too, that there's ample convenient parking for both customers and employees. As with foot traffic, take the time to monitor the facility at various times and days to see how the demand for parking fluctuates. Also, consider safety issues: The parking lot should be well-maintained and adequately lighted.

Competition

Are competing companies located nearby? Sometimes that's good, such as in industries where comparison shopping is popular. (That's why competing retail businesses, such as fast-food restaurants, antique shops and clothing stores, tend to cluster together.) You may also catch the overflow from existing businesses, particularly if you're located in a restaurant and entertainment area. But if a nearby competitor is only going to make your marketing job tougher, look elsewhere.

Proximity to Other Businesses and Services

Take a look at what other businesses and services are in the vicinity from two key perspectives. First, see if you can benefit from nearby

**TIP**

If you are buying an existing business, look at the location as if you were starting from scratch. Ask questions like: Does the site meet your present and future needs? Have there been any changes regarding the location in recent years that could have a positive or negative impact? Will you be taking over the seller's lease, and can it be renegotiated?

businesses—by the customer traffic they generate, because those companies and their employees could become your customers, or because it may be convenient and efficient for you to be their customer.

Second, look at how they will enrich the quality of your company as a workplace. Does the vicinity have an adequate selection of restaurants so your employees have places to go for lunch? Is there a nearby day-care center for employees with children? Are other shops and services you and your employees might want conveniently located?

TO THE RESCUE

One of the best sources of information and assistance for startup and expanding businesses is state, regional and local economic development agencies. According to Ted M. Levine, founder and chairman of Development Counsellors International, a consulting firm specializing in economic development and travel marketing, there are nearly 20,000 economic development groups worldwide. Their purpose is to promote economic growth and development in the areas they serve. They accomplish that by encouraging new businesses to locate in their area, and to do that, they've gathered all the statistics and information you'll need to make a decision.

Levine says economic development agencies will help any new business, regardless of size, in four primary ways:

1. Market demographics
2. Real estate costs and availability; zoning and regulatory issues
3. Work-force demographics
4. Referrals to similar companies and other resources

For the best overview, start with your state agency. The state agency can then guide you to regional and local groups for expanded information.

Image and History of the Site

What does this address say about your company? Particularly if you're targeting a local market, be sure your location accurately reflects the image you want to project. It's also a good idea to check out the history of the site. Consider how it has changed and evolved over the years.

Ask about previous tenants. If you're opening a restaurant where five restaurants have failed, you may be starting off with an insurmountable handicap—either because there's something wrong with the location or because the public will assume that your business will go the way of the previous tenants. If several types of businesses have been there and failed, do some research to find out why—you need to confirm whether the problem was with the businesses or the location. That previous occupants have been wildly successful is certainly a good sign, but temper that with information on what type of businesses they were.

Another historical point you'll want to know is whether a serious crime, tragedy or other notable event occurred on the property. If so, will the public's memory reflect on your operation, and is that reflection likely to be positive or negative?

"There is nothing so useless as doing efficiently that which should not be done at all."

—PETER DRUCKER,
MANAGEMENT GURU

Ordinances

Find out if any ordinances or zoning restrictions could affect your business in any way. Check for the specific location you're considering as well as neighboring properties—you probably don't want a liquor store opening up next to your day-care center.

The Building's Infrastructure

Many older buildings do not have the necessary infrastructure to support the high-tech needs of contemporary operations. Make sure the

GROWING PLACES

Incubators are organizations sponsored by public and private investors that assist startup and young companies in their critical early days with a variety of well-orchestrated business assistance programs. Incubators provide hands-on management assistance, access to financing, shared office services, access to equipment, flexible leases, expandable space and more—all under one roof.

The time your business can spend in an incubator is limited—typically two years—but it can vary. The idea is to get a fledgling business off the ground, turn it into a sound operation, then let it “leave the nest” to run on its own, making room for another startup venture in the incubator.

Incubators generally fall into the following categories: technology, industrial, mixed-use, economic empowerment and industry-specific. For more information about incubators and for help finding one appropriate for your business, contact the National Business Incubation Association (NBIA) at (740) 593-4331. For a list of incubators in your state, send a self-addressed, stamped envelope indicating the information you want to the NBIA at 20 E. Circle Dr., #37198, Athens, OH 45701-3751 or visit nbia.org.

building you choose has adequate electrical, air conditioning and telecommunications service to meet your present and future needs. It is a good idea to hire an independent engineer to check this out for you so you are sure to have an objective evaluation.

Utilities and Other Costs

Rent composes the major portion of your ongoing facilities expense, but it's not the only thing that'll eat up your money. Consider extras such as utilities—they're included in some leases but not in others. If

they're not included, ask the utility company for a summary of the previous year's usage and billing for the site. Also, find out what kind of security deposits the various utility providers require so you can develop an accurate move-in budget; however, you may not need a deposit if you have an established payment record with the company.

If you have to provide your own janitorial service, what will it cost? What are insurance rates for the area? Do you have to pay extra for parking? Consider all your location-related expenses, and factor them into your decision.

Room for Growth

Look at the facility with an eye to the future. If you anticipate growth, be sure the facility you choose can accommodate you. Keep your long-range plan in mind, even when short-term advantages make a location look attractive. A great deal on a place you're likely to outgrow in a few years probably is not that great of a deal. Similarly, if there is evidence of pending decline in the vicinity, you should consider whether you want to be located there in five years.



SAVE

To keep costs down, consider sharing space with another company that does not compete with your business—one that might even complement yours. This is known as co-branding, such as when a sandwich chain places a unit in a convenience store. Put your space-sharing agreement in writing, detailing each party's rights and responsibilities, and give yourself an out if you need it.

What Can You Expect To Pay?

Real estate costs vary tremendously based on the type of facility, the region, the specific location and the market. A commercial real estate broker will be able to give you an overview of costs in your area. You may want to look at historical data—how has the rate for your type of facility fluctuated over the years? Also ask for forecasts so you know what to expect in the future. Understanding the overall market will be a tremendous help when you begin negotiating your lease.

Location Worksheet

Answer the following questions by indicating whether it is a strength (S) or weakness (W) of the potential site as it relates to your business. Once you have completed a worksheet for each prospective location, compare the relative strengths and weaknesses of each site to help you choose the best one for your business.

	S	W
Is the facility large enough for your business?		
Does it meet your layout requirements well?		
Does the building need any repairs?		
Will you have to make any leasehold improvements?		
Do the existing utilities meet your needs, or will you have to do any rewiring or plumbing work? Is ventilation adequate?		
Is the facility easily accessible to your potential clients or customers?		
Can you find a number of qualified employees in the area in which the facility is located?		
Is the facility consistent with the image you would like to maintain?		
Is the facility located in a safe neighborhood with a low crime rate?		
Are neighboring businesses likely to attract customers who will also patronize your business?		
Are there any competitors located close to the facility? If so, can you compete with them successfully?		
Can suppliers make deliveries conveniently at this location?		

Location Worksheet, continued

	S	W
If your business expands in the future, will the facility be able to accommodate this growth?		
Are the lease terms and rent favorable?		
Is the facility located in an area zoned for your type of business?		

Commercial Leases

If you've never been involved in renting commercial space, your first glimpse of a commercial lease may be overwhelming. They are lengthy, full of jargon and unfamiliar terms, and always written to the landlord's advantage. But they *are* negotiable. Whether you're working on the deal yourself or using an agent, the key to successful lease negotiations is knowing what you want, understanding what the lease document says and being reasonable in your demands.

Especially for retail space, be sure your lease includes a *bail-out clause*, which lets you out of the lease if your sales don't reach an agreed-on amount, and a *co-tenancy* clause so you can break the lease if an anchor store closes or moves. If you have to do a lot of work to get the space ready for occupancy, consider negotiating a *construction allowance*—generally \$10 to \$25 per square foot—to help offset the costs.

Be sure you clearly understand the difference between *rentable* and *usable* space. Rentable space is what you pay for; usable is what you can use and typically does not include hallways, restrooms, lobbies, elevator shafts, stairwells and so forth. You may be expected to pay a pro-rated portion of common area maintenance costs. This is not unusual, but be sure the fees are reasonable and that the landlord is not making

AGENT AVENUES

Unless you have a significant amount of experience in shopping for commercial real estate, it's a good idea to use a qualified real estate agent. Whether you are buying or leasing, an agent can help by pre-screening properties, which saves you time, and by negotiating on your behalf, which can save you money.

Typically the seller or landlord pays the agent's commission, which may raise some questions in your mind about loyalty of the agent. However, keep in mind that the agent doesn't get paid until a deal that satisfies you both is negotiated.

You may opt to use a tenant's or buyer's agent whom you pay yourself. In the real estate world, that's called tenant (or buyer) representation. Especially in tight market situations, it may be to your advantage to invest in an advocate who will negotiate on your behalf. For more information about tenant representation and for help finding someone to assist you, contact the Society of Industrial and Office Realtors in Washington, DC, at (202) 449-8200 or visit sior.com.

Shop for a real estate agent as you would any professional service provider: Ask for referrals from friends and associates; interview several agents; be sure the agent you choose has expertise in the type of property or facility you need; check out the agent's track record, professional history and reputation; clarify how the agent will be compensated and by whom; and draw up a written agreement that outlines your mutual expectations.

a profit on them. Also, check for clauses that allow the landlord the right to remodel at the tenant's expense without approval, and insist on language that limits your financial liability.

Leasehold Improvements

Leasehold improvements are the nonremovable installations—either original or the results of remodeling—that you make to the facility to accommodate your needs. Such improvements are typically more substantial when renting new space, which may consist of only walls and flooring. Often existing space will include at least some fixtures. Get estimates on the improvements you'll need to make before signing the lease so you'll know the total move-in costs and can make a fair construction allowance request.

SPEAKING THE LANGUAGE

Following are some of the leases you may come across:

- *Flat lease.* The oldest and simplest type of lease, the flat lease sets a single price for a definite period of time. It generally is the best deal for the tenant but is becoming increasingly harder to find. (Caution: Avoid a flat lease if the term is too short; a series of short-term flat leases could cost you more in the long run than a longer-term lease with reasonable escalation clauses.)
- *Step lease.* The step lease attempts to cover the landlord's expected increases in expenses by increasing the rent on an annual basis over the life of the agreement. The problem with step leases is that they are based on estimates rather than actual costs, and there's no way for either party to be sure in advance that the proposed increases are fair and equitable.
- *Net lease.* Like a step lease, the net lease increases the rent to cover increases in the landlord's costs but does so at the time they occur rather than on estimates. This may be more equitable than a step lease, but it's less predictable.

SPEAKING THE LANGUAGE, CONTINUED

- *Cost-of-living lease.* Rather than tying rent increases to specific expenses, this type of lease bases increases on the rises in the cost of living. Your rent will go up with general inflation. Of course, the prices for your products and services will also likely rise with inflation, and that should cover your rent increases, so this type of lease can be very appealing.
- *Percentage lease.* This lease lets the landlord benefit from your success. The rent is based on either a minimum amount or a base amount, or a percentage of your business's gross revenue, whichever is higher. Percentages typically range from 3 to 12 percent. With this type of lease, you'll be required to periodically furnish proof of gross sales; to do this, you may allow the landlord to examine your books or sales tax records, or provide a copy of the appropriate section of your tax return. Percentage leases are common for retail space.

Negotiating the Lease

The first lease the landlord presents is usually just the starting point. You may be surprised at what you can get in the way of concessions and extras simply by asking. Of course, you need to be reasonable and keep your demands in line with acceptable business practices and current market conditions. A good commercial real estate agent can be invaluable in this area.

Avoid issuing ultimatums; they almost always close doors—and if you fail to follow through, your next “ultimatum” will not mean much. Consider beginning the process with something that is close to your “best and final offer.” That way, your negotiations will not be lengthy and protracted, and you can either reach a mutually acceptable deal or move on to a different property. The longer negotiations take, the more potential there is for things to go wrong.

Business Lease Checklist

After you have chosen a particular site, check the following points before you sign the lease:

- Is there sufficient electrical power?
- Are there enough electrical outlets?
- Are there enough parking spaces for customers and employees?
- Is there sufficient lighting? Heating? Air conditioning?
- Do you know how large a sign and what type you can erect?
- Will your city's building and zoning departments allow your business to operate in the facility?
- Will the landlord allow the alterations that you deem necessary?
- Must you pay for returning the building to its original condition when you move?
- Is there any indication of roof leaks? (A heavy rain could damage goods.)
- Is the cost of burglary insurance high in the area? (This varies tremendously.)
- Can you secure the building at a low cost against the threat of burglary?
- Will the health department approve your business at this location?
- Will the fire department approve your business at this location?
- Have you included a written description of the property?
- Have you attached drawings of the property to the lease document?
- Do you have written guidelines for renewal terms?
- Do you know when your lease payment begins?
- Have you bargained for one to three months of free rent?
- Do you know your date of possession?

Business Lease Checklist, continued

- Have you listed the owner's responsibility for improvements?
- Do you pay the taxes?
- Do you pay the insurance?
- Do you pay the maintenance fees?
- Do you pay the utilities?
- Do you pay the sewage fees?
- Have you asked your landlord for a cap of 5 percent on your rent increase?
- Have you included penalty clauses in case the project is late and you are denied occupancy?
- Have you retained the right to obtain your own bids for signage?
- Can you leave if the center is never more than 70 percent leased?
- Has a real estate attorney reviewed your contract?

"Tonight, when you lay your head on your pillow, forget how far you still have to go. Look instead at how far you've already come."

—BOB MOAWAD,
CHAIRMAN AND CEO OF
EDGE LEARNING INSTITUTE

Essentially, everything in the lease is subject to negotiation, including financial terms, the starting rent, rent increases, the tenant's rights and responsibilities, options for renewal, tenant leasehold improvements, and other terms and conditions. You or your agent can negotiate the lease, but then it should be drawn up by an attorney. Typically, the landlord or his attorney will draft the lease, and an attorney you hire who specializes in real estate should review it for you before you sign.

It Still Comes Down to You

Technology and statistics are important elements of your site selection decision, but nothing beats your personal involvement in the process. Real estate brokers and economic development agencies can give you plenty of numbers, but remember that their job is to get you to choose their location. To get a balanced picture, take the time to visit the sites yourself, talk to people who own or work in nearby businesses, and verify the facts and what they really mean to the potential success of your business.

LOOKING GOOD

Creating a Professional Image

These days, it is just not enough to create a terrific product, offer super service and have a solid business plan to back you up. Your company image is equally important to the overall success of your business.

Think about it. Every time you hand out your business card, send a letter or welcome a client into your office or store, you are selling someone on your company. Your business card, letterhead and signage—just like traditional print, radio and TV ads—are valuable selling tools. The look of your office also helps “sell” your business by conveying an image, whether it is that of a funky, creative ad agency or a staid, respectable accounting firm.

Fortunately, just because you are a startup company does not mean you have to look like one. Your logo, business card, signage and style are all part of a cohesive image program known as corporate identity. And with



e-FYI

Not sure where it's all going to go? SeeMyDesign.com has a free, interactive tool to assist you with your office design layout so you can figure out where to put the desk and filing cabinet without dragging them all over the room. For more information, go to seemydesign.com.

the right corporate identity, your company can appear highly professional and give the impression of having been in business for years.

In this chapter, we will discuss how to create a corporate image that works.

Office Space

When you are a startup with limited capital, it may be tempting to put all your money into advertising and equipment and skimp on office furniture. How you furnish your office might not seem to matter, especially if your customers will not see it. And if your

office is located at home, the dining room table might look like the most logical choice.

But a nicely furnished office is not just a matter of aesthetics. Grabbing whatever furniture is at hand and plunking it down without a thought to organization can put you at a major disadvantage in terms of productivity.

Everything In Its Place

Improving your own and your employees' performance involves a lot more than finding comfortable chairs. It involves placement of offices or cubicles within the building, proximity to equipment, lighting, desk space, meeting areas, privacy and more. People spend most of their waking hours at the office, so its design has a tremendous effect on morale.

How can you create a high-performance office? The first step is addressing organizational issues . . . of who sits where. The days of big “power desks” and hierarchical corner offices are over. More businesses are turning to flexible environments ideal for small companies where the business owner probably doubles as salesperson.

With today's emphasis on team-building, office design is moving away from compartmentalized offices and moving toward large spaces where teams of employees can work. When setting up your space, think about who needs to work with whom and which employees share what resources. If you group those people together, you enhance their productivity.

In addition to maximizing your own and your employees' productivity, your office may also function as a marketing tool if clients or customers visit. Think about what visitors will see when they come by. Will they be bombarded with noise from one department near the entrance? Or will they see a series of closed doors with seemingly no activity taking place? Visitors should not be overwhelmed by chaos as they walk through your building, but they should see signs of life and get glimpses of the daily activities going on at your company.

*"When I see a barrier,
I cry and I curse, and
then I get a ladder and
climb over it."*

—JOHN JOHNSON, FOUNDER
OF JOHNSON PUBLISHING CO.

Putting It All Together

Once considered some trendy European way to make business owners spend a lot of money, ergonomics has gained respect. Simply put, this term refers to designing and arranging furnishings and space to fit the natural movements of the human body. Ergonomics can help you and your employees avoid repetitive stress injuries from typing or bending and can prevent common problems, like back pain, which often sideline entrepreneurs and their employees.

Noise pollution is one of the biggest problems in many offices. One good way to decrease noise is to cover computer printers with sound shields. Covering a printer can cut noise by more than 90 percent . . . and increase concentration accordingly.

Buy adjustable chairs. A good chair allows the user to adjust the seat height and the tension of the backrest. The seat should angle forward

ON THE OUTSIDE

The inside of your office may look great, but don't stop there. What about the outside? If the first impression a potential customer has of your business is a shabby door or an unkempt parking lot, you're not sending the right message . . . and all your hard work in designing an attractive, efficient office could be going to waste.

Step outside your place of business and take a long, hard look at the parking lot, sidewalks, windows, outside lighting, landscaping and the outside of the building itself. A well-maintained building projects an industrious, professional image. Weeds, trash, broken sidewalks, tattered awnings, dirty windows, dead plants and overflowing trash containers send the message "We don't care."

Whether you're in a retail location or an office building, take the time to check the property from the outside, and make sure it's inviting and appealing every day.

slightly to keep from cutting off your circulation. Boost the benefits of a good chair by providing footrests. Elevating the feet slightly while typing or sitting at a desk reduces lower back strain and improves circulation, keeping you more alert.

Make sure the desk and chair arrangement you choose allows you to keep the tops of your knuckles, the tops of your wrists and your forearms all in a straight line as you work on your computer. Your computer monitor should be at or below your eye level. Use an under-desk keyboard tray and monitor stand, if necessary, to get everything in line.

*"Obstacles are those
frightful things you see
when you take your
eyes off your goal."*

—HANNAH MOORE,
AUTHOR

Another often-ignored problem in offices is lighting. Too much or too little lighting causes eye strain and tiredness, decreasing productivity. To cut down on the glare, put filters on computer screens. Use individual lamps to illuminate desk work and help eyes adjust from overlit computer screens to underlit paper. Install miniblinds to let each employee control the amount of light to match the task at hand and the time of day.

You can find office furniture touted as ergonomic at a variety of sources, from office supply superstores to traditional office furniture retailers. Just because something claims to be ergonomic, however, does not mean it is right for you. Always test furnishings before you buy them. Sit in the chair and make sure it is comfortable; sit at the desk and make sure it is the right height. Make sure your desk and chair work together and that there is plenty of legroom under the desk.

When you buy furniture, look for solid construction, particularly in desks. The “ready to assemble” desks available at home or office superstores are often poor quality. Most are made of particleboard, which won’t stand up to heavy use. A better option for those on a budget is to buy used office furniture.

More and more furniture dealers nowadays sell used (also called “reconditioned”) office furniture. You can find everything from a single desk and chair to a full fleet of cubicles for your whole staff. Typically, furniture has been repaired and repainted where necessary. In some cases, you will be able to save 70 percent. You can find used furniture sources in the Yellow Pages, or look in your local newspaper’s classified ad section for individuals selling used pieces. Flea markets, auctions and estate sales can be other sources of used items.

Designing a Logo

Before you start designing a business card or picking colors for your letterhead, you need



If you do a lot of computer work, consider investing in an “L”-shaped desk, with your computer and keyboard tray on the small side of the “L.” This gets your computer out of the way and ensures you have plenty of work space when you need it.

WHAT'S IN STORE?

Got a retail location? Ask yourself these questions to make sure your store has the “eye appeal” it needs to keep customers coming back:

- Are your shelves clean and neat? Is merchandise displayed so people can see it easily?
- Is the area around your cash registers or terminals clean and orderly?
- Can you find forms, packaging and related materials quickly and easily?
- Are light fixtures clean, bright and working properly?
- Is there plenty of room between counters and shelves so that aisles are wide and free of barriers?
- Are glass surfaces clean and floors vacuumed or swept and scrubbed regularly?

a logo. Featuring your company name, embellished with a little color and perhaps a few graphic touches here and there, your logo is the most important design element because it is the basis for all your other materials: stationery, packaging, promotional materials and signage.

Through the use of color and graphics, your logo should reflect the overall image you want your company to convey, advises Interbrand, a brand identity and marketing company. It should give people a feel for what your company is all about.

For example, say your product is an organic facial cream you will be marketing to health-conscious consumers. Your logo should represent your product’s best benefits—being all-natural and environmentally sound. Creating a simple, no-nonsense logo using earth tones and a plain typeface will give the impression of a product that is “back to basics,” which is exactly what you want to achieve. Take that same product and give it a slick, high-tech look with neon colors, however,

and people won't associate your logo with the down-to-earth product you're selling.

Logos come in two basic forms: abstract symbols (like the apple in Apple Computer) or logotypes, a stylized rendition of your company's name. You can also use a combination of both. Alan Siegel, chairman of Siegel+Gale, a design firm specializing in corporate identity, warns that promoting an abstract symbol can prove very costly for a small business on a budget. In addition, he says, such logos are harder to remember. "A logotype or word mark is much easier to recall," says Siegel. "If you use an abstract symbol, always use it in connection with your business name."

Trying to create a logo on your own may seem like the best way to avoid the high costs of going to a professional design firm, which will charge thousands for a logo alone. However, be aware that there are a lot of independent designers, including many who advertise online, who charge much less. According to Stan Evenson, founder of Evenson Design Group, "Entrepreneurs on a tight budget should shop around for a designer. There are a lot of freelance designers who charge rates ranging from \$35 to \$150 per hour, based on their experience. But don't hire someone because of their bargain price. Find a designer who's familiar with your field . . . and your competition. If the cost still seems exorbitant, remember that a good logo should last at least ten years. If you look at the amortization of that cost over a ten-year period, it doesn't seem so bad."

Even if you have a good eye for color and a sense of what you want your logo to look like, you should still consult a professional designer. Why? They know whether or not a logo design will transfer easily into print or onto a sign, while you might come up with a beautiful design



TIP

Evaluate business card designs with these criteria in mind:

- Is the card easy to read?
- Does the design catch your eye? (A good designer can make even an all-type card appealing.)
- Is your name or the business's name immediately identifiable?

that can't be transferred or would cost too much to be printed. Your logo is the foundation for all your promotional materials, so this is one area where spending a little more now really pays off later.

Business Cards

Once you have your logo, it's time to apply it to the marketing items you will use most, such as business cards. A good business card should convey the overall image of your business—not easy, considering the card measures only two inches by three inches. How can you possibly get a message across in such a small amount of space?

You can't expect your business card to tell the whole story about your company. What you should expect it to do is present a professional image people will remember. "A business card can make or break

a client's first impression of your company," says Evenson. That little card makes as much of an impression as your personal appearance—the suit you wear or the briefcase you carry.

The color, wording and texture of your business card have a lot to do with its appeal and its ability to convey your company image. Use common sense when you are designing your business card. If your business markets children's toys and games, you might try using bright, primary colors and words written in a child's script. On the other hand, if you run a financial consulting

 **AHA!**

Ask owners of noncompeting but related businesses if you can display some of your business cards on their counters. A pet-sitter, for example, could leave her business cards on the counter at a pet store. Offer to do the same for them.

service, then you want your business card to convey professionalism and reliability, so stick to traditional looks such as black printing on a gray, beige or white background.

Of course, professional designers claim entrepreneurs should not try to attempt designing a business card on their own, but many cash-strapped business owners have no other choice. The best course of

action: Look at all the business cards you receive, and emulate the cards that you like. You have more leeway if you are in a creative business, such as party planning or retailing, but in general, keep the following tips in mind:

- *Use your logo as the basis.* Make it the largest element on the card.
- *Keep it simple.* Do not cram too much information on the card.
- *Do include the essentials*—your name, title, company name, address, phone and fax numbers, and e-mail and website addresses.
- *Make sure the typeface is easily readable.*

IN THE CARDS

Business cards don't have to be boring. If your industry allows for a little creative flair, here are some ideas to try.

- *Use 4-inch-by-7-inch cards that fold over (like a minibrochure), cards made of plastic or cards with photos on them.* If your business relies on a lot of phone contact, consider cards that are pre-punched to fit in a Rolodex.
- *Although they are more expensive than standard business cards, cards in nontraditional shapes get attention.* Try a teddy bear shape for a day-care service, for example, or a birthday cake for a party planner.
- *Textured paper can add to a card's interest (make sure it does not detract from readability, though), as can colored paper.* In general, stay with lighter shades that enhance readability.
- *Thermography, a process that creates raised, shiny print, adds interest to a card.* Embossing and foil stamping are two other printing processes that can give your card visual appeal.

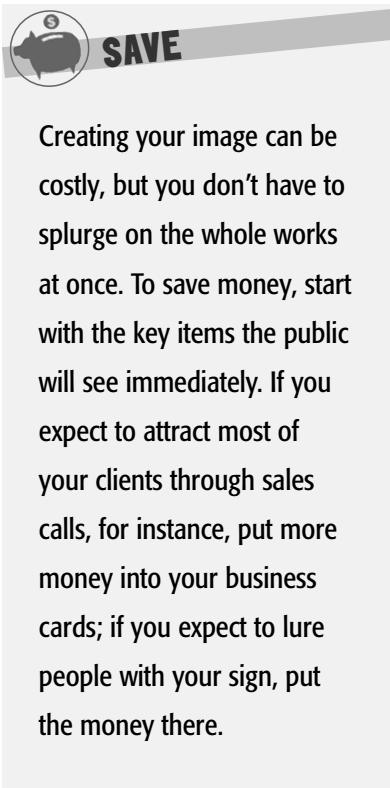
■ *Stick to one or two colors.*

Once you've got business cards, make the most of them:

- Always give people more than one card (so they can give it to others).
- Include your card in all correspondence.
- Carry cards with you at all times, in a card case so they're clean and neat.

Selecting Stationery

Every time you mail a letter to a prospective client or to an existing customer, the missive leaves a long-lasting impression of your company. In a service business, your written materials are among your company's most important marketing items.



Creating your image can be costly, but you don't have to splurge on the whole works at once. To save money, start with the key items the public will see immediately. If you expect to attract most of your clients through sales calls, for instance, put more money into your business cards; if you expect to lure people with your sign, put the money there.

And if you run a homebased business that doesn't have a commercial location or sign, introducing your company to clients through the mail can be one of your most effective marketing techniques. The paper stock you choose, as well as the colors and graphics embellishing it, plays an important role in the image your stationery presents to your customers. A neon pink stock may work well for a new suntan lotion manufacturer, but not for an accounting service. Your stationery should tie in with your business cards, featuring the same color scheme and overall look.

Do not get so caught up in the design elements of your business stationery that you forget the obvious. Every piece of business stationery should include the basics: company name or logo, address, e-mail and website addresses, and phone and fax numbers. You

want to make it as easy as possible for your clients to respond to your offer by making all the information they need readily available. Attach your business card to each letter as well, so clients can put it in their Rolodexes for future reference.

Designing Your Sign

Retailers and restaurateurs alike realize the power of a good sign. Some companies rely on drive-by or walk-by traffic for customers, and if that's the case with your company, your sign may be the most important element of your entire corporate identity.

A good sign must do more than just attract attention; it also has to be readable from a good distance. That's why your original logo is so important—one that looks great on a tiny business card may not transfer well to a huge sign above your store. Clearly, going to a professional in the first stages of developing your image is essential. If you find out your great logo can't be reproduced on a sign, you'll have to go back to square one and rethink your logo, which will end up costing you more in the long run.

In recent years, a whole host of new signage materials has emerged to provide more variety and individuality. This also means it's harder to choose among all the possibilities, which include neon, plastic, metal, wood and more. Do some investigating before making your final decision; there is a wide range of prices for various materials. Depending on your location, sign placement can make a big difference, too. Options include a free-standing sign, a wall sign, a projecting sign or a roof sign.

Since you probably don't have the know-how or the equipment necessary to make a sign yourself, you will have to go to an outside



SAVE

Check out instant sign stores, which create signs for a fraction of the cost. You may be limited in selection and won't get the hand-holding you would from a designer. However, if you are on a budget and your sign is not the key element of your marketing strategy, this could be your best bet.

manufacturer. Do not expect manufacturers to offer suggestions or point out any problems with your design if you have come up with one on your own. That's not their job.

**TIP**

Keep your business cards and letterhead current. If your area code changes, toss your old stationery and cards and have new ones printed. Use it as an excuse to call everyone on your prospect list and remind them what you can do for them.

Before you head to the manufacturer with your design specifications, check your local zoning laws. You may find that the design you've come up with for your fried chicken restaurant—a 30-foot neon number in the shape of a chicken—isn't allowed in your area. If you are moving into a shopping center, the developer may have additional regulations governing signage that can be used in the facility.

Most entrepreneurs need professional assistance with signage since they do not have experience in this area. You probably will not know how big the letters should be to be visible from down the block, and you

may not know which materials fare best in inclement weather. For this reason, you should visit a professional—either a designer or a sign fabricator. A good designer knows when fabricators are cutting corners and not using the material requested or doing a shoddy job. A designer will also be present at the time of installation to make sure the sign is properly installed.

The cost of a sign varies greatly depending on the materials, type of sign and whether it's lighted. Buying directly from a fabricator can cost as little as \$500, but you run the risk of not meeting zoning requirements. If you hire a designer, you'll pay a design fee in addition to fabrication costs, but you have a better guarantee that the finished product will work for you.

STOCK ANSWERS

The Lowdown on Inventory

Where would an apparel company be without clothing? An auto supply store without auto parts? A computer company without computers? Nowhere, of course. Understanding and managing your inventory is one of the most critical factors in business success.

Yet many entrepreneurs fail to answer such basic questions as “What items are the winners and losers?” and “How often does inventory turn over?” Don’t make this mistake. Management education expert Ashok Rao believes that companies can increase their profitability 20 to 50 percent or more through careful inventory management.



TIP

Inventory control doesn't just mean counting. Take physical control of your inventory, too. Lock it up or restrict access. Remember that inventory is money.

Inventory Control

There is more to inventory control than simply buying new products. You have to know what to buy, when to buy it and how much to buy. You also need to track your inventory—whether manually or by computer—and use that knowledge to hone your purchasing process.

Startup entrepreneurs are at a disadvantage when it comes to inventory control, says Rao. “They may not have the right kinds of systems to manage their inventory. They don’t have the right kinds of skills for handling inventory. They don’t know how to go about actually maintaining their inventory, and they sometimes have to purchase in larger quantities than what they want or need.”

Maintaining Enough Inventory

Your business’s basic stock should provide a reasonable assortment of products and should be big enough to cover the normal sales demands of your business. Since you won’t have actual sales and stocking figures from previous years to guide you during startup, you must project your first year’s sales based on your business plan.

When calculating basic stock, you must also factor in lead time—the length of time between reordering and receiving a product. For instance, if your lead time is four weeks and a particular product line sells 10 units a week, then you must reorder before the basic inventory level falls below 40 units. If you do not reorder until you actually need the stock, you’ll have to wait four weeks without the product.

*“The secret of success
is to do the common
things uncommonly
well.”*

—JOHN D. ROCKEFELLER,
FOUNDER OF STANDARD OIL

Insufficient inventory means lost sales and costly, time-consuming back orders. Running out of raw materials or parts that are crucial to your production process means increased operating costs, too. Your employees will be getting paid to sit around because there’s no work for them to do; when the inventory does come in, they’ll be paid for working overtime to make up for

lost production time. In some situations, you could even end up buying emergency inventory at high prices.

One way to protect yourself from such shortfalls is by building a safety margin into basic inventory figures. To figure out the right safety margin for your business, try to think of all the outside factors that could contribute to delays, such as suppliers who tend to be late or goods being shipped from overseas. Once you have been in business a while, you'll have a better feel for delivery times and will find it fairly easy to calculate your safety margin.

Avoiding Excess Inventory

Avoiding excess inventory is especially important for owners of companies with seasonal product lines, such as clothing, home accessories,

ON WITH THE SHOW

Trade shows are the primary way for new businesses to find suppliers.

All major suppliers in an industry display their products at seasonal trade shows, where retailers go to buy and look at new items.

Although retailers buy from various sources year-round, trade shows are an important event in every store owner's buying cycle. Most retailers attend at least one trade show per year. Smart buyers come prepared with a shopping list and a seasonal budget calculated either in dollar amounts or in quantities of various merchandise.

Practically every major city hosts one or more trade shows relevant to specific retailers. You can contact your local chamber of commerce or convention and visitor's bureau for upcoming shows in your city or state. Your industry's trade publications should also list relevant trade shows.

and holiday and gift items. These products have a short “shelf life” and are hard to sell once they are no longer in fashion. Entrepreneurs who sell more timeless products, such as plumbing equipment, office supplies or auto products, have more leeway because it takes longer for these items to become obsolete.

No matter what your business, however, excess inventory should be avoided. It costs money in extra overhead, debt service on loans to purchase the excess inventory, additional personal property tax on unsold inventory and increased insurance costs. One merchandise consultant estimates that it costs the average retailer from 20 to 30 percent of the original inventory investment just to maintain it. Buying excess inventory also reduces your liquidity—something to be avoided. Consider the example of an auto supply retailer who

finds himself with the opportunity to buy 1,000 gallons of antifreeze at a huge discount. If he buys the antifreeze and it turns out to be a mild winter, he’ll be sitting on 1,000 gallons of antifreeze. Even though he knows he can sell the antifreeze during the next cold winter, it’s still taking up space in his warehouse for an entire year—space that could be devoted to more profitable products.

When you find yourself with excess inventory, your natural reaction will probably be to reduce the price and sell it quickly. Although this solves the overstocking problem, it also reduces your return on investment.

All your financial projections assume that you will receive the full price for your goods. If you slash your prices by 15 to 25 percent just to get rid of the excess inventory, you’re losing money you had counted on in your business plan.

Some novice entrepreneurs react to excess inventory by being overly cautious the next time they order stock. However, this puts you



TIP

In addition to counting inventory weekly, monthly or annually, some experts recommend checking a few items each day to see if your actual amount is the same as what you have in your records. This is a good way to troubleshoot and nip inventory problems in the bud.

at risk of having an inventory shortage. To avoid accumulating excess inventory, set a realistic safety margin and order only what you're sure you can sell.

Inventory and Cash Flow

Cash-flow problems are some of the most common difficulties small businesses encounter, and they are usually the first signs of serious financial trouble ahead. According to management education expert Ashok Rao, tying up money in inventory can severely damage a small company's cash flow.

To control inventory effectively, prioritize your inventory needs. It might seem at first glance that the most expensive items in your inventory should receive the most attention. But in reality, less expensive items with higher turnover ratios have a greater effect on your business than more costly items. If you focus only on the high-dollar-value items, you run the risk of running out of the lower-priced products that contribute more to your bottom line.

Divide materials into groups A, B and C, depending on the dollar impact they have on the company (not their actual price). You can then stock more of the vital A items while keeping the B and C items at more manageable levels. This is known as the ABC approach.

Oftentimes, as much as 80 percent of a company's revenues come from only 20 percent of the products. Companies that respect this "80-20 rule" concentrate their efforts on that key 20 percent of items. Most experts agree that it's a mistake to manage all products in the same manner.

Once you understand which items are most important, you'll be able to balance needs with costs, carrying only as much as you need of a given item. It's also a good idea to lower your inventory holding levels, keeping smaller quantities of an item in inventory for a short time

"What we think determines what happens to us, so if we want to change our lives, we need to stretch our minds."

—WAYNE DYER, SELF-HELP
ADVOCATE

rather than keeping large amounts for a long time. Consider ordering fewer items but doing so more often.

Tracking Inventory

A good inventory tracking system will tell you what merchandise is in stock, what is on order, when it will arrive and what you've sold. With such a system, you can plan purchases intelligently and quickly recognize the fast-moving items you need to reorder and the slow-moving items you should mark down or specially promote.

You can create your own inventory tracking system or ask your accountant to set one up for you. Systems vary according to the amount of inventory displayed, the amount of backup stock required, the diversity of merchandise and the number of items that are routinely reordered compared to new items or one-time purchases.

Some retailers track inventory using a manual tag system, which can be updated daily, weekly or even monthly. In a *manual tag system*, you remove price tags from the product at the point of purchase. You then cross-check the tags against physical inventory to figure out what you have sold.

For example, a shoe-store retailer could use the tag system to produce a monthly chart showing sales according to product line, brand name and style. At the top of the chart, he would list the various product lines (pumps, sneakers, loafers), and down the left margin, the various brand names and different styles. At the intersecting spaces down the column, he would mark how many of each brand were sold, in what style and color, whether the shoes were on sale or discounted, and any other relevant information.

Dollar-control systems show the cost and gross profit margin on individual inventory items. A basic method of dollar control begins at the cash register, with sales receipts listing the product, quantity sold and price. You can compare sales receipts with delivery receipts to determine your gross profit margin on a given item. You can also use software programs to track inventory by type, cost, volume and profit. A

few programs to investigate include inFlow (inflowinventory.com), AdvancePro (advanceware.net), and Inventory Traker for Manufacturing/Distribution (trakersystems.com). (For more on computerized inventory tracking, see the section on “Computerized Inventory Control” on page 290).

JUST ONE LOOK

Radio frequency identification—or RFID—is largely the domain of big companies because of its cost, but small businesses should still keep an eye on this growing tech trend. Patrick J. Sweeney II, author of *RFID for Dummies* and president and CEO of RFID solutions firm ODIN Technologies, describes the technology as “bar codes on steroids.”

Small tags affixed to individual products or to pallets of merchandise absorb and reflect radio waves that can be read by an RFID scanner, revealing such helpful facts as when and where the product was manufactured, when it was shipped, price and other information. According to Sweeney, the applications for small businesses include asset and inventory tracking and management, loss prevention and even automated checkout.

“Rather than scanning one product at a time, you can scan a whole cart-load without any human intervention,” says Sweeney. “Customers could simply walk [their carts] past an RFID scanner, and their total is read with a properly designed system.”

The price of RFID technology has fallen recently, from \$50,000 for an entry-level solution to around \$300,000 for an initial pilot system—and Sweeney anticipates that the prices will drop further. Large retailers like Target and Walmart, and even government agencies like the Department of Defense, require RFID-tagged merchandise from their suppliers, so it’s definitely technology worth considering.

Unit-control systems use methods ranging from eyeballing shelves to using sophisticated bin tickets—tiny cards kept with each type of product that list a stock number, a description, maximum and minimum quantities stocked, cost (in code), selling price and any other information you want to include. Bin tickets correspond to office file cards that list a stock number, selling price, cost, number of items to a case, supply source and alternative source, order dates, quantities and delivery time.

Retailers make physical inventory checks daily, weekly or as often as is practical—once a year at the minimum. Sometimes an owner will assign each employee responsibility for keeping track of a group of items or, if the store is large enough, hire stock personnel to organize and count stock.

Computerized Inventory Control

While manual methods may have their place, most entrepreneurs these days find that computerizing gives them a far wider range of information with far less effort. Inventory software programs now on the market let you track usage, monitor changes in unit dollar costs, calculate when you need to reorder, and analyze inventory levels on an item-by-item basis. You can even expand your earlier ABC analysis to include the profit margin per item.

In fact, many experts say that current computer programs are changing the rules of ABC analysis. By speeding up the process of inventory control, computers allow you to devote more time to your A products to further increase your profitability. You can even control inventory right at the cash register with point-of-sale (POS) software systems. POS software records each sale when it happens, so your inventory records are always up-to-date. Better still, you get much more information about the sale than you could gather with a manual system. By running reports based on this information, you can make better decisions about ordering and merchandising.

With a POS system:

- You can analyze sales data, figure out how well all the items on your shelves sell, and adjust purchasing levels accordingly.
- You can maintain a sales history to help adjust your buying decisions for seasonal purchasing trends.
- You can improve pricing accuracy by integrating bar-code scanners and credit card authorization ability with the POS system.

There are plenty of popular POS software systems that enable you to use add-on devices at your checkout stations, including electronic cash drawers, bar-code scanners, credit card readers, and receipt or invoice printers. POS packages frequently come with integrated accounting modules, including general ledger, accounts receivable, accounts payable, purchasing, and inventory control systems. In essence, a POS system is an all-in-one way to keep track of your business's cash flow.

Features to consider in a POS system include the following:

- *Ease of use.* Look for software with a user-friendly graphical interface.
- *Entry of sales information.* Most systems allow you to enter inventory codes either manually or automatically via a bar-code scanner. Once the inventory code is entered, the systems call up the standard or sales price, compute the price at multiple quantities and provide a running total. Many systems make it easy to enter sales manually when needed by letting you search for inventory codes based on a partial merchandise number, description, manufacturing code or vendor.
- *Pricing.* POS systems generally offer a variety of ways to keep track of pricing, including add-on amounts, percentage of cost,



APICS can provide expert advice on inventory management and suggest software programs to use; you can contact the company at (800) 444-2742 or apics.org. In addition, many computer and software vendors sponsor free seminars to introduce new lines of inventory control products to prospective buyers.

margin percentage and custom formulas. For example, if you provide volume discounts, you can set up multiple prices for each item.

- *Updating product information.* Once a sale is entered, these systems automatically update inventory and accounts receivable records.
- *Sales tracking options.* Different businesses get paid in different ways.

For example, repair or service shops often keep invoices open until the work is completed, so they need a system that allows

“The definition of salesmanship is the gentle art of letting the customer have it your way.”

—RAY KROC, FOUNDER OF
McDONALD'S CORP.

PHONE PHONIES

Watch out! As an entrepreneur, you're a potential target for one of the most common—and potentially most costly—business scams: telemarketing con artists selling overpriced, poor-quality office supplies. Here are some tips to protect your business:

- The FTC requires telemarketers to disclose that it's a sales call, who they are and the total cost of what they are selling—so don't be afraid to ask.
- Make sure your employees are scam-aware, and establish a procedure for handling such calls.
- Keep track of all orders, and limit the number of staff who are allowed to order.
- If you receive merchandise you didn't order—and the seller cannot prove you did—you can keep the materials and are not obligated to pay.

them to put sales on hold. If you sell expensive goods and allow installment purchases, you might appreciate a loan calculator that tabulates monthly payments. And if you offer rent-to-own items, you'll want a system that can handle rentals as well as sales.

- **Security.** In retail, it's important to keep tight control over cash receipts to prevent theft. Most of these systems provide audit trails so you can trace any problems.
- **Taxes.** Many POS systems can support numerous tax rates—useful if you run a mail order or online business and need to deal with taxes for more than one state.

Perhaps the most valuable way POS systems help you gain better control of your business is through their reporting features. You can slice and dice sales data in a variety of ways to determine what products are selling best at what time and to figure out everything from the optimal ways to arrange shelves and displays to what promotions are working best and when to change seasonal promotions.

Reporting capabilities available in POS programs include sales, costs, and profits by individual inventory items, by salesperson, or by category for the day, month and year to date. Special reports can include sales for each hour of the day for any time period. You can also create multiple formats for invoices, accounting statements and price tags. Additional reports include day-end cash reconciliation work sheets and inventory management. Examine a variety of POS packages to see which comes closest to meeting your needs.



As your business expands and becomes more complex, you'll need more complex inventory techniques to keep up. Tap outside sources to beef up your own and your employees' inventory management expertise.

Inexpensive seminars held by banks, consultants and management associations offer a quick but thorough introduction to inventory management techniques.

Every business is unique; you may find that none of the off-the-shelf systems meets your requirements. Industry-specific POS packages are available—for auto repair shops, beauty and nail salons, video rental stores, dry cleaners and more. In addition, some POS system manufacturers will tailor their software to your needs.

Inventory Turnover

When you have replaced 100 percent of your original inventory, you have “turned over” your inventory. If you have, on the average, a 12-week supply of inventory and turn it over four times a year, the count cycle plus the order cycle plus the delivery cycle add up to your needs period. Expressed as an equation, it would read:

$$\text{Count Cycle} + \text{Order Cycle} + \text{Delivery Cycle} = \text{Needs Period}$$

For instance, suppose you decided to count inventory once every four weeks (the count cycle). Processing paperwork and placing orders with your vendors take two weeks (the order cycle). The order takes six weeks to get to you (delivery cycle). Therefore, you need 12 weeks’ worth of inventory from the first day of the count cycle to stay in operation until your merchandise arrives.

You can improve your inventory turnover if you count inventory more often—every two weeks instead of every four—and work with your suppliers to improve delivery efficiency. Alternate ways of distributing goods to the store could cut the delivery cycle down to three weeks, which would cut inventory needs to six weeks. As a result, inventory turnover could increase from four times a year to eight times.

Another way to look at turnover is by measuring sales per square foot. Taking the average retail value of inventory and dividing it by the number of square feet devoted to a particular product will give you your average sales per square foot.

You should know how many sales per square foot per year you need to survive. Calculate your sales per square foot once a month to make sure they are in line with your expectations.

Inventory Accounting

If you spend a few minutes considering inventory, how you account for that inventory, and the taxes you must pay on it, you'll never again question the need for an accountant. However, it's important for every

THE ONE AND ONLY

For decades, conventional wisdom warned that depending on a sole supplier could sink your business. After all, such a situation could spell doom if there were any interruption in your supply of products.

However, there are some situations where relying on a sole supplier makes sense. For example, if you're a specialty clothing retailer and most of your sales come from a certain product line, you may find yourself with a sole supplier. In some cases, there is only one supplier who can deliver the raw materials you need to make a product. In other cases, a company strikes an agreement with a sole supplier in return for special pricing deals.

The key to making a sole supplier relationship work is to make sure all the right safeguards are in place. Protect yourself by asking suppliers about backup product sources. Find out how many manufacturing plants and distribution centers exist in their product pipeline. Ask what contingency plans they have to supply you in case of emergency. What are their obligations to you in the event of a shortage? Will their top one or two customers get all the products they need, while your business has to wait in line?

Keep up-to-date on alternative supply sources that could help your business survive temporary shutdowns from your sole supplier. Use your trade association directory and industry networking contacts to help expand your supplier pipeline. Above all, make sure you feel comfortable entering into a sole supplier relationship before you sign on the dotted line.

entrepreneur to have a basic understanding of inventory accounting, even if you rely on your accountant to do the actual numbers. There are two methods used for inventory valuation:

The *last in, first out* (LIFO) method assumes that you will sell the most recently purchased inventory first. For instance, suppose you bought ten ceiling fans a year ago at \$30 each. A week ago, you purchased a second lot of ten ceiling fans, but now the price has gone up to \$50 each. By using the LIFO method, you sell your customers the \$50 ceiling fans first, which allows you to keep the less expensive units (in terms of your inventory cost) in inventory. Then, when you have to calculate inventory value for tax purposes, LIFO allows you to value your remaining inventory (the \$30 fans) at substantially less than the \$50 fans, so you pay less in taxes.



A letter of credit from a major customer can be used as a form of security in establishing relationships with suppliers. For instance, if you're starting a business manufacturing garden hoses, you could get a letter of credit from your biggest customer when the order is placed, showing that the customer has contracted to buy the finished hoses. The material to make the hoses is then purchased using the letter of credit as security . . . and you don't have to put up a penny.

First in, first out (FIFO) was the traditional method used by most businesses before inflation became common. Under FIFO, the goods you receive first are the goods you sell first. Under this method, you value inventory at its most recent price. FIFO is usually used during periods of relatively low inflation since high inflation and increasing replacement costs tend to skew inventory accounting figures.

LIFO establishes the value of your inventory based on the most recent quantity received, while FIFO establishes the value of your inventory based on the oldest item in it. You can use either dollar control or unit control with these methods. Match your system to your needs, based on your accountant's recommendations.

Buying Inventory

Your inventory control system will tell you when to buy replacement inventory, what to buy (and what not to buy), and how much to buy.

The *open-to-buy* is the amount budgeted for inventory purchases for a given period—usually one, three or four months. Since you are a startup without past performance to guide you, you must calculate the open-to-buy by determining the gross sales you need to pay store overhead and cover your other costs.

Your business plan should give you an idea of the basic stock levels and monthly or seasonal sales volume you need to have during startup. After your business has been up and running for several months to a year, your inventory control system will provide this information.

Figure out your open-to-buy using the following formula:

planned inventory	\$25,000
plus planned sales	+\$25,000
equals	\$50,000
less actual inventory	-\$27,000
less stock on order	-\$13,000
equals open-to-buy	\$10,000

Most seasonal retailers calculate their open-to-buy seasonally to accommodate variations in the type of merchandise they sell and seasonal sales fluctuations. Instead of figuring open-to-buy in dollars, some retailers approach trade shows and other merchandise sources



e-FYI

Trade shows are a great place to show off your products to the public as well as potential suppliers. At the same time, you can check out the competition. They're also a great resource for networking. To find a trade show in your area, visit *The Trade Show News* (tsnn.com), an online directory of more than 17,500 trade shows and conferences.

with a list of what they need to fill out their inventories and meet sales projections. But whether they work with dollars or by unit, experienced retailers recommend that the owner of a seasonal business should feel free to go beyond the budget or use less than the entire open-to-buy amount. In fact, you should leave room for unanticipated items.

Suppliers

Suppliers are essential to any retail business. Depending on your inventory selection, you may need a few or dozens of suppliers. Sometimes suppliers will contact you through their sales representatives, but more often, particularly when you are starting out, you will need to locate them yourself—either at trade shows, wholesale showrooms and conventions, or through buyers' directories, industry contacts, the business-to-business Yellow Pages and trade journals, or websites. Suppliers can be divided into four general categories.

1. *Manufacturers.* Most retailers will buy through independent representatives or company salespeople who handle the wares of different companies. Prices from these sources are usually lowest, unless the retailer's location makes shipping freight expensive.
2. *Distributors.* Also known as wholesalers, brokers or jobbers, distributors buy in quantity from several manufacturers and warehouse the goods for sale to retailers. Although their prices are higher than a manufacturer's, they can supply retailers with small orders from a variety of manufacturers. (Some manufacturers refuse to fill small orders.) A lower freight bill and quick delivery time from a nearby distributor often compensate for the higher per-item cost.
3. *Independent craftspeople.* Exclusive distribution of unique creations is frequently offered by independent craftspeople, who sell through reps or at trade shows.
4. *Import sources.* Many retailers buy foreign goods from a domestic importer, who operates much like a domestic wholesaler. Or,

depending on your familiarity with overseas sources, you may want to travel abroad to buy goods.

Dealing with Suppliers

Reliability is the key factor to look for in suppliers. Good suppliers will steer you toward hot-selling items, increasing your sales. If you build a good relationship and your business is profitable for them, suppliers may be willing to bail you out when your customers make difficult demands. Remember, though, that suppliers are in business to make money. If you go to the mat with them on every bill, ask them to shave prices on everything they sell to you, or fail to pay your bills promptly, don't be surprised when they stop calling.

As a new business owner, you can't expect to receive the same kind of attention a long-standing customer gets right off the bat. Over time, however, you can develop excellent working relationships that will be profitable for both you and your suppliers. Once you have compiled a list of possible suppliers, ask for quotes or proposals, complete with prices, available discounts, delivery terms and other important factors. Do not just consider the terms; investigate the potential of your supplier's financial condition, too. And ask them for customer references; call these customers and find out how well the supplier has performed. If there have been any problems, ask for details about how they were reconciled. Every relationship hits bumps now and then; the key is to know how the rough spots were handled. Was the supplier prompt and helpful in resolving the problem, or defensive and uncooperative?

Be open, courteous and firm with your suppliers, and they will respond in kind. Tell them what you need and when you need it. Have a specific understanding about the total cost, and expect delivery on



e-FYI

Before you go to a trade show in search of inventory suppliers, do your homework. The Trade Show Learning Center (fastsigns.com/trade-show-center.html) provides a wealth of information, sign design tips and checklists to help you prepare.

schedule. Keep in constant communication with your suppliers about possible delays, potential substitutions for materials or product lines, production quality, product improvements or new product introductions and potential savings.

Suppliers often establish a minimum order for merchandise, and this minimum may be higher for first orders to cover the cost of setting up a new store account. Some suppliers also demand a minimum number of items per order.

Payment Plans

While most service providers bill you automatically without requiring credit references, equipment and merchandise suppliers are more cautious. Since you are just getting started, you will not be able to give them trade references, and your bank probably will not give you a credit rating if your account has just opened.



TIP

While it is almost impossible to get exclusive rights to a manufacturer's goods, you can ask that a sales representative not sell identical merchandise to another store in the immediate area. However, you may be expected to buy large amounts of the product to make up for lost sales to other stores.

If your supplier is small, the manner in which you present yourself is important in establishing credit. You may find the going tougher when dealing with a large supplier. A personal visit will accelerate your acceptance.

Present your financial statements and a description of your prospects for success in your new business. Don't even think of inflating your financial statements to cover a lack of references. This is a felony and is easily detected by most credit managers.

Some suppliers will put you on a c.o.d. basis for a few months, knowing that if you are underfinanced, you will soon have

problems with this payment method. Once you pass that test, they will issue you a line of credit. This creates a valid credit reference you can present to new suppliers until credit agencies accumulate enough data on your business to approve you for suppliers. Most

suppliers operate on a trade credit basis when dealing with other businesses. This basically means that when you're billed for a product or service, you have a certain grace period before the payment is due (typically 30 days). During this time, the supplier will not charge interest.

Carefully consider all costs, discounts and allowances before deciding whether to buy an item. Always take into account what the final shelf cost of any item will be. The most common discounts are given for prompt payment; many suppliers also give discounts for payment in cash. When you can, make sure you specify on all orders how the goods are to be shipped so they will be sent in the least expensive way.

Occasionally, suppliers grant customers discounts for buying in quantity, usually as a freight allowance for a specific amount of merchandise purchased. Some suppliers pay an increasing percentage of the freight bill as the retailer's orders increase; others simply cover the entire freight cost for purchases over a minimum amount.

If you order merchandise from distant suppliers, freight charges can equal more than 10 percent of your merchandise cost. Ask what a manufacturer's or supplier's freight policy is before ordering, and make sure the order is large enough to warrant the delivery charges. If the manufacturer does not pay freight on back orders, you might consider canceling a back order and adding it to the next regular shipment.

Become familiar with each of your suppliers' order-filling priorities. Some suppliers fill orders on a first-in, first-out basis; others give priority to the larger orders while customers with smaller orders wait. Consequently, most retailers specify a cancellation date on their orders. In other words, any goods shipped after that date will be returned to the suppliers. By specifying a cutoff date, you



e-FYI

One good source for finding suppliers is ThomasNet.com. This comprehensive online directory lists manufacturers by categories and geographic area.

increase the chances that your orders will be shipped promptly and arrive in time.

Give careful attention to shipments when they arrive. Make sure you've received the correct amount and type of merchandise, and make sure the quality matches the samples you were shown.

IT'S IN THE MAIL

Setting Up Mailing Systems

Mail is one of the lifelines of your business, and, depending on your industry, it can also be one of your biggest costs. That's why it's so important to figure out the most efficient, convenient and economical ways to send mail. This chapter covers everything you need to know about mailing—from postage metering and sorting to letter-opening machines.

Mailing Equipment

There are many mailing machines that you can buy on the market that can help you save valuable time—so you can spend it on more important things, like growing your business.



e-FYI

The Click2Mail service offers a convenient way to create and send hard-copy mailings right from your PC. Simply place your order online at click2mail.com and have postcards, direct mail, fliers or greeting cards delivered directly to your customers' doors.

Postage Meters

Having your own postage meter saves a small business time and money. No more licking and sticking envelopes and stamps. With today's electronic mailing machines, you don't even have to stand in line at the post office to get your meter reset.

Electronic postage meters consist of a base machine through which envelopes are guided for stamping, which can be rented, leased, or bought from a mailing equipment manufacturer. The machine also has a meter, which must be leased from a U.S. Postal Service-approved mailing equipment manufacturer such as Pitney Bowes; federal regulations prohibit the ownership of the actual meter, as that is strictly controlled by the U.S. Postal Service. The faster and more automated the machine, and the more features it incorporates, the more it costs to rent, lease or own.

The primary difference between bases is how letters are fed through the machines. The least costly are the manual models that require you to feed letters, one at a time, through a roller. More expensive models offer semiautomatic or fully automated letter feeding. Options for the base include stackers, which stack your mail,

and sealers, which automatically wet and seal each envelope as it passes through the base.

Even the smallest office can benefit from a meter to determine exact postage and print out a stamp, and a scale to weigh mail. The U.S. Postal Service estimates accurate weighing can save customers up to 20 percent on mailings.

An efficient, automated mailing machine can also save hours of time if you handle direct mail or large mailings. Mail that's pre-sorted and bar-coded bypasses many of the post office handling steps and is delivered 24 hours sooner than mail lacking automated



SAVE

If rising postage costs are putting the squeeze on your new business, try shrinking your mailings. Many direct-mail and catalog companies are saving by reducing their mailings' dimensions. Keep your mailings within the size of the USPS' letter classification of 6 by 11 inches, with thickness no more than one-fourth of an inch.

preparation, according to the USPS. (And if you don't think a day makes a difference, consider the results of a study by market research firm The Gallup Organization and mailing equipment manufacturer Pitney Bowes: Their study found that 11 percent of executives surveyed at large and midsize companies said the net income of their businesses would jump 5 percent if they received payments one day sooner!)

The latest mailing systems are multifunctional, handling everything from printing, folding, stapling, inserting, sealing, labeling, weighing and stamping to sorting, stacking and putting on a wrapper or binder. Many interact with a computer so you can track exactly how, when and to whom orders are sent out. Some PC-based systems can be programmed to simultaneously handle different-sized paper—checks, invoices, brochures—withouut stopping the machine to reset the equipment.

The most popular mailing equipment combines meters with electronic scales; other machines have additional capabilities such as automatic feed and envelope-sealing. Speeds can vary from 15 to 270 envelopes per minute.

Besides faster delivery time and the ease of resetting by telephone or computer, metered mail machines offer other benefits:

- *Postal accounting.* Tracking and controlling money spent on direct mail, letters, parcel post, Priority and Express Mail is easier. Because there is one dispenser with precise postage, accounting is streamlined, and you know exactly how much postage remains in the meter, which can hold up to \$1,000 in postage.
- *Parcel post dating.* If your third-class letters and packages are metered, the stamp date requires the post office to expedite those items on the date received, thereby providing better service on less expensive classes of mail.
- *Postmark ads.* Postage meters not only print stamps on your mail, but they can print an advertising message, too. Postmark ads can include your company logo and name, giving your company extra advertising exposure.

Postal Scales

Besides postage meters, the second crucial piece of mailing equipment most businesses need is a postal scale. Scales are sold in 5-, 10-, 30-, 100-, 200- and 250-pound capacities and can be purchased as stand-alone units or combined with a postage meter. A postal scale ensures that you're not paying more than you need to for your outgoing mail. What to look for when buying? Both electronic and manual versions are available. Because manual scales require you to read the postage amount, they increase the chance of human error. Electronic scales are more expensive, but their digital readouts reduce errors and ensure you get the most value from your scale.

Depending on the type, size and weight of letters and packages you will be mailing, you may wish to look for a machine that lets you compare rates between various carriers, such as the USPS and FedEx. You may also want a feature that automatically converts a ZIP code to the proper zone for calculating zone-dependent rates for carriers such as UPS.



Presorting bulk mail saves money but takes time. Speed up the process by using mail consolidation companies—firms that presort mail and deliver it to bulk-mail centers around the country. To find such companies, look in the Yellow Pages under "Mailing Services."

Consider ease of use, especially if a number of people will be using the scale. Some models have easy-to-read keypads and user prompts. Consider the size of the weighing platform and maximum weight the machine can handle to make sure it can accommodate the types of packages you'll be sending. For shipments that exceed the scale's weighing capacity, look for a scale that will allow you to manually enter the weight for rate calculation.

If you need your scale to interface with a postage meter, you'll want to be sure the model you choose is compatible with your metering equipment.

Questions to ask the dealer:

- What adjustments will need to be made to the scale if postage rates change? What charges are involved?

- Does the scale offer alternative pricing options based on various postal classifications?
- Does the scale have a password feature to help guard against unauthorized use?
- What are its size and weight limitations?
- How should the machine be maintained?
- What type of maintenance agreement is offered?
- Does the scale offer rates for foreign mailings?
- Does the scale offer rates for FedEx and UPS?

Letter-Folding Machines

When you are preparing for a promotional mailing, you may find yourself dealing with hundreds or thousands of letters or brochures. Folding letters yourself can be very time-consuming; it's also unnecessary, thanks to today's letter-folding machines.

When buying a letter-folding machine, consider the volume the machine is capable of processing. Low-end equipment processes a few hundred pieces per hour; high-end equipment is capable of operating at speeds from 1,500 to 18,000 sheets per hour. Also, consider the types of fold the equipment can provide. Some of the possibilities are c-fold (standard letter), z-fold (accordion fold), double fold, single fold, right-angle fold and brochure fold.

Sheets are fed either through a friction feeder or a vacuum feeder. Friction feeders have a rubber wheel that pulls the sheets through; frequent use can cause this kind of feeder to wear out. Friction feeders can also smudge a newly printed document. Vacuum (or air suction) feeders, while sturdier and more effective for handling glossy, coated papers, can be substantially more expensive and are only available on high-volume letter-folding machines.

You may also want to buy a model that includes a batch counter or a total counter. Batch counters keep the machine from folding too many sheets together. Total counters tell you how many sheets have already been folded. You'll find a memory setting useful if you typically produce the same types of jobs on a regular basis. The memory setting

PUSHING THE ENVELOPE

Looking for ways to prune postal bloat? The Direct Marketing Association offers this checklist of cost-cutting ideas:

1. Fine-tune your mailing list.

- Stop mailing to duplicate names.
- Eliminate nonresponders and marginal prospects. There are many mailing list software programs that can help you keep your mailing lists current.

2. Be sure you're using accurate addresses.

- Check for correct ZIP codes, especially when using addresses supplied by customers.
- Watch for mail shipped to wrong suite or apartment numbers.
- Check for missing directionals, such as "N." for "North."

3. Take advantage of postal discounts and services.

- Use the USPS' National Change of Address list to keep your mailing list current.
- Print "Address Correction Requested" on the face of your mail. The Postal Service will tell you if the recipient files a change of address.
- Investigate commingling your mail with that of other small mailers to take advantage of discounts available to large mailers. Contact your local mailing service for more information.
- Print your bar-coded ZIP+4 on business reply mail. The Postal Service charges much less for cards using the nine-digit ZIPs.
- Stockpile mail to build up larger volumes.

allows you to enter the instructions for processing a particular type of job once, then call up that job whenever you need to apply the same parameters.

You should also check to see how the equipment handles paper jams. Better-designed machines can release rollers, giving you easier access to the problem area. Finally, you may want to consider a model with an inserter, which automatically inserts your documents into envelopes.

Questions to ask the dealer:

- How many pieces can it process per hour?
- Does the machine offer friction or vacuum feed?
- What types of folds is the machine capable of?
- How many sheets can it fold at once?
- How effective is it at handling stapled sheets? (Many cannot handle this automatically and will require hand feeding.)
- What counter features are available?
- What types and sizes of paper can it handle?
- How should the machine be maintained?
- What type of maintenance agreement is offered?
- Does it have an automatic feeder?
- Does it have a memory setting?
- How are paper jams handled?

*“In the realm of ideas,
everything depends on
enthusiasm . . . in the
real world all rests on
perseverance.”*

—JOHANN WOLFGANG VON
GOETHE, AUTHOR

Letter-Opening Machines

Letter-opening machines can greatly speed up the opening of mail. Some can process up to 600 envelopes per minute.

What to look for when buying? There are two types of letter openers: chadders and slitters. Chadders open envelopes by cutting one-eighth of an inch from the end. Slitters, while quite a bit more expensive than chadders, cut through the top seam of the envelope and reduce the risk of damaging the contents.

Most models can handle standard #10 envelopes. More expensive models will accommodate different sizes and thicknesses of incoming mail. An automated feeder will send your mail through the machine; joggers will help settle the contents of the envelope so they don't get cut; counters let you count the number of pieces being processed.

Another feature you may find helpful is an automatic date-and-time stamp to help you keep track of when mail arrives. Because letter openers are usually quite reliable, maintenance contracts are usually not required.

Questions to ask the dealer:

- Does the opener use a chadder or a slitter?
- What sizes of envelopes can the machine handle?
- Does it have an automatic feeder? A jogger? A counter?
- Can incoming mail be time- and date-stamped?

Mail Tabbers and Labelers

Mail tabbers are an economical and time-saving alternative for mass mailings, such as newsletters and brochures. Instead of inserting the pages inside an envelope, which then needs to be sealed, a tabber places a small adhesive tab (or wafer seal) on folded sheets of paper to securely hold them shut. An affordably priced (\$3,000) mail-tabbing machine can affix one tab at speeds up to 12,500 pieces per hour,

depending on the model. Tabbers are usually USPS compliant, which is helpful for postage bulk discounts and can be desktop or stand-alone floor models. They can also be used in combination with mail labelers, saving yet another step in the mailing process.

Mail labelers quickly affix mailing labels with the use of a hand-held dispenser, desktop model or heavy-duty floor model, depending on the need for speed and the use



TIP

Be sure to keep postage scales in good working order. Scales occasionally get out of whack, and you might end up paying more postage than necessary.

of other attachments, such as a tabber, folder or inserter. They can attach labels to many different types of mail pieces, including postcards, envelopes, catalogs, brochures, sales fliers and other marketing pieces. Additional features may include the option to use folded label sheets (approximately 30 labels per page) or continuous-feed single label rolls, counters and different label sizes. If attaching labels using a hand dispenser, the speed will depend on the individual using the device; however, automated labelers can stick on as many as 15,000 labels an hour.

Lease or Buy?

Most of the mailing equipment in this chapter can be rented, leased or purchased outright. You may prefer to lease to conserve working capital, then upgrade equipment as your business grows. Renting is the easiest method, because if you need to cut costs at any time, you simply hand the equipment back and walk away. If you are leasing, you are obligated to make all the payments specified in the lease. However, leasing offers advantages, including lower rates than renting and the ability to roll the lease over for upgraded equipment.

If a mailing equipment salesperson sells you on leased equipment that ends up being too sophisticated for your needs, some suppliers will purchase the competitor's lease and give you their own equipment. When shopping around for equipment, ask if there are any special promotions available before you sign.

Basic machines lease from about \$25 to \$35 per month, more sophisticated machines for \$60 and up. Anything more expensive



e-FYI

Not sure where to start when you need to send a package or overnight letter?

iShip.com will provide you with quick and easy shipping solutions without ever picking up the phone. You can compare rates, print labels, order supplies, monitor tracking logs, edit address books, and manage reports conveniently—all from your computer.

CHANGE OF ADDRESS

Sick of standing in line at the post office? Visit the post office online instead. At the USPS' website (usps.com), you'll find dozens of time-and money-saving services, including the popular Shipping Assistant software that can be downloaded to your computer. This easy-to-use desktop application puts all the USPS online tools at your fingertips so you can quickly access shipping information, including rate calculations and delivery information, as well as print out shipping labels (with or without postage) and create an online address book.

Click on the ZIP codes icon from the home page, and you can look up ZIP codes for addresses nationwide. Or keep tabs on packages by using the site's Track & Confirm feature.

There's also a "rate calculator" that helps you find the most cost-effective method of mailing letters and packages. Just enter the article's weight plus ZIP codes of the origin and destination, and up pops the price for shipping it by various methods.

Want shipping supplies sent to your door? Click on "Business Center," then "Order Supplies" to order Express or Priority Mail envelopes, labels, boxes and tags after registering your business information.

Print online postage by going to USPS Click-n-Ship, or use another authorized provider, such as Stamps.com or Endicia.com. You can even order stamps at usps.com with your credit card (a shipping and handling charge applies). Click "Buy Stamps & Shop" to reach the Postal Store.

than that is usually best suited to large corporations. The average lease is for three to five years and can include maintenance and free postage refills; the average rental agreement is for one year.

Carefully read the contracts you are offered, and, if renting, make sure there is no mention of the word “lease.” Also, always ask what options you have if you need to get out of a lease.

Make sure the company is postal-certified with the USPS. Salespeople should be knowledgeable about their industry and about the latest USPS regulations and rates. They should also ask you questions about your mailing process—how many boxes, how frequently you ship—so the equipment they recommend fits both your business and budget.

When shopping for mailing equipment, allow the salespeople enough time to make their pitch. The right mailing equipment can save you money, but only if you give the salesperson enough time to analyze your needs.

CHARGING AHEAD

Offering Your Customers Credit

Getting paid for your products or services is what business is all about. These days, there are more options than ever for accepting payment. Whether you are in a B2B or consumer-oriented industry, your choices can include extending credit, taking checks, and accepting credit or debit cards.

With so many options, it's easy for a new business owner to get caught up in the excitement of making sales and to forget the necessity of a well-thought-out credit policy. Deciding what forms of payment you will accept, how you will handle them and what collection methods you'll use to ensure debts are paid is essential to any small business' success.

Establishing a Credit Policy

Credit can make or break a small business. A too-lenient credit policy can set the stage for collection and

cash-flow problems later, while a creatively and carefully designed policy can attract customers and boost your business's cash flow.

Many small businesses are reluctant to establish a firm credit policy for fear of losing their customers. What they do not realize is that a consistent credit policy not only strengthens your company, but also creates a more professional image in your customers' eyes.

A well-thought-out credit policy accomplishes four things:

1. Avoids both bad debts and hard feelings
2. Standardizes credit procedures, providing employees with clear and consistent directions
3. Demonstrates to employees and customers that the company is serious about managing credit
4. Helps the business owner define how credit fits into the overall sales and marketing plan

To establish a smart credit policy, start by investigating the way your competition handles credit. Your goal is to make it easy to buy your products. If your competition offers better terms, they have an advantage. You must meet your competitors' credit terms to attract customers.

At the same time, be cautious not to go too far with your credit policy. Novice entrepreneurs are often tempted to offer lower prices and longer payment terms to take business away from competitors. Credit is a double-edged sword. You want to attract customers with your credit policy, but you do not want to attract customers who are not credit-worthy. Be aware that some troubled companies routinely



WARNING

Even the best customers can suddenly become deadbeats. Watch for these warning signs that a customer may be in financial trouble:

- Changes in personnel, especially buyers or management
- Changes in buying patterns, such as purchasing much larger amounts than usual or buying significant amounts off-season
- Failure to return calls with the usual promptness

switch from supplier to supplier whenever they reach their credit limit with one. Others are outright con artists that take advantage of new and naive entrepreneurs.

How to protect yourself? One good way to start is to write a short, simple statement that sums up the intent and spirit of your company's credit policy. For example, a liberal policy might read: "Our credit policy is to make every reasonable effort to extend credit to all customers recommended by sales management, provided a suitable credit basis can be developed."

A conservative policy might say: "Our company has a strict credit policy, and credit lines will be extended only to the most credit-worthy accounts. New customers who fail to meet our credit criteria will need to purchase using cash-on-delivery terms until they establish their ability and willingness to pay on our terms."

Base your policy selection—conservative or liberal—on your industry, the size and experience of your staff, the dollar amount of your transactions, your profit margins and your tolerance for risk. Also consider the industry to which you're selling. If your customers are in "soft" industries such as construction or computers, for example, you would do well to use a conservative policy.

If you adopt a liberal credit policy for your business, make sure you are prepared to handle the collection calls. Liberal policies will require you to be aggressive when customers do not pay on time.



TIP

When dealing with a new client, it's a good idea to protect yourself by asking for part of your payment upfront. This is an especially good policy if the client is a new or fledgling business.

Give 'Em Credit

The simplest customer credit policy has two basic points: 1) limiting credit risk and 2) diligently investigating each company's creditworthiness.

No matter how credit-worthy a customer is, never extend credit beyond your profit margin. This policy ensures that if you aren't paid, at least your expenses will be paid. For example, if you mark up your product or service 100 percent, you can then safely risk that amount without jeopardizing your company's cash flow. To gauge a company's credit-worthiness, draft a comprehensive credit application that contains the following:

- Name of business, address, phone and fax number
- Names, addresses and Social Security numbers of principals
- Type of business (corporation, partnership, sole proprietorship)
- Industry
- Number of employees
- Bank references
- Trade payment references
- Business/personal bankruptcy history
- Any other names under which the company does business
- A personal guarantee that the business owners promise to pay you if their corporation is unable to

Your credit application should also specify what your credit terms are and the consequences of failing to meet them. Indicate what late fees you'll charge, if any; that the customer is responsible for any attorney's fees or collection costs incurred at any time, either during or prior to a lawsuit; and the venue where such a suit would be filed. Have your credit application form reviewed by an attorney specializing in creditors' rights to make sure it is in line with your state's regulations.

Once a potential customer has completed the application, how do you investigate the information? One way to verify the facts and assess the company's credit history is to call credit-reporting agencies. Some companies' payment histories will also be available through D&B. Because credit agencies' reporting can be unreliable, however, it's also a good idea to call others in the industry and try to determine the company's payment record and reputation. Most industries have associations that trade credit information.

Also ask customers how much credit they think they will need. This will help you estimate the volume of credit and the potential risk to your business. Finally, simply use your intuition. If someone doesn't look you straight in the eye, chances are they won't let you see what's in their wallet, either.

Payment Due

Once you've set your credit policy, it's important to stick to it and do your part to ensure prompt payment. The cornerstone of collecting accounts receivable on time is making sure invoices go out promptly and accurately. If you sell a product, get the invoice out to the customer at the same time the shipment goes out. If you're in a service industry, track your billable hours daily or weekly, and bill as often as your contract or agreement with the client permits. The sooner the invoice is in the mail, the sooner you get paid.

To eliminate any possibility of confusion, your invoice should contain several key pieces of information. First, make sure you date it accurately and clearly state when payment is due, as well as any penalties for late payment. Also specify any discounts, such as discounts for payment in 15 days or for payment in cash.

Each invoice should give a clear and accurate description of the goods or services the customer received. Inventory code numbers may make sense to your computer system, but they don't mean much to the customer unless they are accompanied by an item description.

It's also important to use sequentially numbered invoices. This helps make things easier when you need to discuss a particular invoice with a customer and also makes it easier for your employees to keep track of invoices.



TIP

Try this proactive approach to prompt a customer to pay faster: About 10 days before payment is due, call to ask if the customer received the bill. Make sure they are satisfied with the product; then politely ask, "Do you anticipate any problems paying your bill on time?"

"The thing women have got to learn is that nobody gives you power. You just take it."

—ROSEANNE BARR

Before sending out an invoice, call the customer to ensure the price is correct, and check to make sure prices on invoices match those on purchase orders and/or contracts.

Know the industry norms when setting your payment schedules. While 30 days is the norm in most industries, in others, 45- or 60-day payment cycles are typical. Learn your customers' payment practices, too. If

they pay only once a month, for instance, make sure your invoice gets to them in plenty of time to hit that payment cycle. Also keep on top of industry trends and economic ups and downs that could affect customers' ability to pay.

COLLECT CALL

Having trouble collecting on a bill? Your Better Business Bureau (BBB) may be able to help. Many BBBs now assist with B2B disputes regarding payment as part of their dispute resolution service. BBBs do not operate as collection agencies, and there is no charge beyond standard membership dues.

When the BBB gets involved, there can be three possible outcomes. First, the account may be paid; second, the BBB can serve as a forum for arbitration; third, if the company refuses to pay or arbitrate, the complaint is logged in the BBB's files for three years.

Most businesses find a call from the BBB a powerful motivator to pay up. If the debtor belongs to the BBB and refuses to pay, its membership could be revoked.

To find out if the BBB in your area offers this service, visit bbb.org.

Promptness is key not only in sending out invoices, but also in following up. If payment is due in 30 days, don't wait until the 60th day to call the customer. By the same token, however, don't be overeager and call on the 31st day. Being too demanding can annoy customers, and this could result in you losing a valuable client. Knowledge of industry norms plus your customers' payment cycles will guide you in striking a middle ground.

Constant communication trains customers to pay bills promptly and leads to an efficient, professional relationship between you and them. Usually, a polite telephone call to ask about a late payment will get the ball rolling, or at least tell you when you can expect payment. If any problems exist that need to be resolved before payment can be issued, your phone call will let you know what they are so you can start clearing them up. It could be something as simple as a missing packing slip or as major as a damaged shipment.

The first 15 to 20 seconds of the call are crucial. Make sure to project good body language over the phone. Be professional and firm, not wimpy. Use a pleasant voice that conveys authority, and respect the other person's dignity. Remember the old saying "You catch more flies with honey than with vinegar"? It's true.

What if payment still is not made after an initial phone call? Don't let things slide. Statistics show that the longer a debt goes unpaid, the more difficult it will be to collect and the greater chance that it will remain unpaid forever. Most experts recommend making additional phone calls rather than sending a series of past-due notices or collection letters. Letters are easier to ignore, while phone calls tend to get better results.

If several phone calls fail to generate any response, a personal visit may be in order. Try to set up an appointment in advance. If this isn't possible, leave a message stating what date and time you will visit.



To make sure you get paid for any work performed, it's a perfectly reasonable practice for a business that has out-of-pocket expenses to ask that the client make a deposit at least large enough to cover these expenses.

Make sure to bring all the proper documentation with you so you can prove exactly what is owed. At this point, you are unlikely to get full payment, so see if you can get the customer to commit to a payment plan. Make sure, however, that you put it in writing.

If the customer refuses to meet with you to discuss the issue or won't commit to a payment plan, you may be facing a bad debt situation and need to take further action. There are two options: using the services of an attorney or employing a collection agency. Your lawyer can advise you on what is best to do.

If you decide to go with a collection agency, ask friends or business owners for referrals, or look in the Yellow Pages or online to find collectors who handle your type of claim. To make sure the agencies are reputable, contact the Better Business Bureau or the securities division of your secretary of state's office. Since all collection companies must be bonded with the state, this office should have them on file.

For more information on collection agencies, you can also contact the Association of Credit and Collection Professionals (acainternational.org). Most reputable collection firms are members of this international organization.

Many collection agencies take their fee as a cut of the collected money, so there is no upfront cost to you. Shop around to find an agency with a reasonable rate. Also compare the cost of using a collection agency to the cost of using your lawyer. You may be able to recover more of the money using one option or the other, depending on the total amount of

the debt and the hourly rate or percentage the lawyer or agency charges.



e-FYI

For more information on preventing bad checks, visit ckfraud.org. The National Check Fraud Center offers tips for detecting counterfeit checks as well as a rundown of bad check laws for each state.

Accepting Checks

Bounced checks can cut heavily into a small business's profits. Yet a business that doesn't accept personal checks can't expect to stay

competitive. How can you keep bad checks out of your cash register? Here are some steps to establishing a check-acceptance policy that works.

■ *Start with the basics.* Since laws regarding the information needed to cash checks vary greatly among states (and even within states), begin by contacting your local police department. They can familiarize you with the laws and regulations that govern checks in your state. Some police departments have seminars instructing businesses on how to set up proper check-cashing policies.

While rules vary among states, there are some good general rules of thumb to follow. When accepting a check, always ask to see the customer's driver's license or similar identification card, preferably one that has a photograph. Check the customer's physical characteristics against his identification. If you have reason to question his identity, ask the customer to write his signature on a separate piece of paper. Many people who pass bad checks have numerous false identifications and may forget which one they are using. Ask for the customer's home and work telephone numbers so you can contact him in case the check bounces. Don't cash payroll checks, checks for more than the amount of purchase or third-party checks.

■ *Be observant.* Desktop-publishing software, laser printers and scanners have made it easier for people to alter, forge and duplicate checks. To avoid accepting a forged or counterfeit check, evaluate the document very carefully. Smudge marks on the check could indicate the check was rubbed with moist fingers when it was illegally made. Smooth edges on checks are another sign of a document that may be counterfeit; authentic checks are perforated either on the top or left side of the check. Smudged handwriting or signs that the handwriting has been erased are other warning signs that you might be dealing with an illegal check.

- *Be especially cautious with new checks.* A large majority of bad checks are written on new accounts. Many businesses will not accept checks that don't have a customer's name preprinted on them. If the check is written on a brand-new account (one with a check number, say, below 300), protect yourself by asking to see two forms of ID.
- *Establish a waiting period for refunds.* Merchants can easily be stiffed when a customer makes a purchase by check and returns the merchandise the next day for a cash refund. When the check bounces, the merchant is out the cash paid for the refund. To avoid this scenario, many entrepreneurs require a five-to-seven-business-day grace period to allow checks to clear the bank before cash refunds are paid.
- *Consider getting electronic help.* If you process a large volume of checks, you might benefit from the services of a check-verification company. By paying a monthly fee, which depends on your company's size and volume of checks, you can tap into a company's database of individuals who write bad, stolen or forged checks. This is done by passing a customer's check through an electronic "check reader" at your checkout stand. If the check matches a name in the company's database, the check is refused.

Using a "check reader" from companies like TeleCheck, a check-verification and check-guarantee company, is quick and efficient. They can approve a check within seconds, which is generally as fast as, or faster than, a merchant getting acceptance for a credit card purchase.

"This is the nature of genius, to be able to grasp the knowable even when no one else recognizes that it is present."

—DEEPAK CHOPRA,
SELF-HELP GURU

Check-verification companies also offer a check-guarantee service. If a check is approved by a check-verification company and it later turns out to be a bad check, the merchant gets reimbursed for the value of

the check. This guarantee service reduces the risk of accepting bad checks. Getting a handle on the bad checks that might pass through your business certainly has its benefits. For small merchants, one bad check can wipe out an entire day's profits.

Another option is an electronic check conversion/acceptance system, which allows merchants to accept checks as easily and safely as credit cards. Here's how it works: When a customer makes a payment with a check, the paper check is run through a check reader, converting it into an electronic item much like the credit card terminal does when swiping a card. Once the transaction is approved, funds are electronically debited from the customer's account and deposited into the merchant's account, usually within 24 to 48 hours. This same technology allows businesses to process checks over the phone or the internet.

Whatever check-acceptance policy you develop, make sure your employees clearly understand the procedure to follow. Also be sure to post your check-acceptance policy prominently where customers can see it. Specify any charges for bounced checks, what forms of ID are required, and what types of checks you will and will not accept. Posting signs helps prevent disgruntlement when customers wait in line, only to find at the register that you can't accept their check.

What if you do receive a bad check? In most cases, after a check bounces, the bank allows you another attempt to deposit it. After that, the responsibility for collecting the money falls on you.

Contact the customer, either by phone or mail. (Again, consult your local police on the proper procedure; some states require that a registered letter be sent and a specific amount of time elapse before other action can be taken.) Keep your cool; there's nothing gained by being angry or hostile about the situation. Most people bounce checks



Require employees to sign their initials on checks they accept. No one wants to have their initials on a check that might bounce, so employees will be extra careful about following your check acceptance policy.

by accident. Explain the situation, and request immediate payment plus reimbursement for any bank charges you have incurred.

If the person still refuses to pay, or you cannot reach them, you have several options. The first, and probably the easiest, is to hold the check for a short time (up to six months) from the date it was written. Although banks will not allow the check to be deposited a third time, they will cash the check if there are sufficient funds. Call the debtor's bank periodically to see if the funds are there. When they are, cash the check immediately.

Another option is going to the police. Since, through your check-acceptance procedure, you collected all the information needed to prosecute, you should be able to complete the proper paperwork. However, the hassle of hiring a lawyer, identifying suspects and going to court may be more effort than you want to expend for a \$200 check. In that case, your best bet is to use a collection agency. (For more details on this, see the "Payment Due" section starting on page 319).

Accepting Credit Cards

Why should a small-business owner accept credit cards? There are dozens of reasons. First and foremost, research shows that credit cards increase the probability, speed and size of customer purchases. Many people prefer not to carry cash, especially when traveling. Others prefer to pay with credit cards because they know that it will be easier to return or exchange the merchandise.

Accepting credit cards has several advantages for business owners as well. It gives you the chance to increase sales by enabling customers to make impulse buys even when they do not have enough cash in their wallets or sufficient funds in their checking accounts. Accepting credit cards can improve your cash flow, because in most cases you receive the money within a few days instead of waiting for a check to clear or an invoice to come due. Finally, credit cards provide a guarantee that you will be paid, without the risks involved in accepting personal checks.

A PRIVATE AFFAIR

MasterCard, Visa and American Express all have their place. But there's another option you may not have considered: issuing a private-label credit card with your company's name on it.

In addition to all the usual advantages of credit cards, a private-label credit card program allows businesses to focus on who their customers are. For example, your program can gather data about customer purchases, buying patterns, income and demographics.

Small businesses can save money and eliminate hassles by using an outside administrator that specializes in private-label credit cards. A number of banks have entered this arena; ask your banker if he or she administers such programs. If not, the banker may be able to recommend a private-label credit card administration company.

Administration companies can do everything from setting up the operation to developing specialized marketing programs, designing the credit cards, training employees and developing lists of potential customers. Fees vary depending on the number of services provided and the size of your customer base.

Before choosing an administration company, talk to other business owners who use private-label credit card programs to see if they're happy with the service and if the administration company does a good job handling customer applications, payments and the like. Weigh the cost of any program against the benefits you expect to get from it.

Merchant Status

To accept major credit cards from customers, your business must establish merchant status with each of the credit card companies whose

cards you want to accept. You'll probably want to start by applying for merchant status with American Express or Discover. For these cards, all you need to do is contact American Express or Discover directly and fill out an application.



WARNING

To prevent credit card fraud, follow these steps every time a credit purchase is made:

- Check the signature on the charge slip against the one on the back of the card. This may seem basic, but you'd be surprised at how often it is neglected.
- Verify the card's expiration date.
- Check frequently the credit card companies' updated bulletins listing canceled card numbers.

However, chances are you'll want to accept Visa and MasterCard, too, since these are used more frequently. You cannot apply directly to Visa or MasterCard; because they are simply bank associations, you have to establish a merchant account through one of several thousand banks that set up such accounts, called "acquiring banks."

The first thing you need to understand about accepting credit cards, explains Debra Rossi of Wells Fargo Bank, is that the bank views this as an extension of credit. "When we give you the ability to accept credit cards, we're giving you the use of the funds before we get them. By the time the money arrives in the cardholder's account, it could be another 30 days," Rossi says. There's also the real concern that if your company goes out

of business before merchandise is shipped to customers, the bank will have to absorb losses.

While the requirements vary among banks, in general a business does not have to be a minimum size in terms of sales. However, some banks do have minimum requirements for how long you've been in business. This doesn't mean a startup can't get merchant status; it simply means you may have to look a little harder to find a bank that will work with you.

While being considered a "risky business"—typically a startup, mail order or homebased business—is one reason a bank may deny your merchant status request, the most common reason for denial is simply poor credit. Approaching a bank for a merchant account is like

applying for a loan. You must be prepared with a solid presentation that will persuade the bank to open an account for you.

You will need to provide bank and trade references, estimate what kind of credit card volume you expect to have and what you think the average transaction size will be. Bring your business plan and financial statements, along with copies of advertisements, marketing pieces and your catalog, if you have one. If possible, invite your banker to visit your store or operation. Banks will evaluate your product or service to see if there might be potential for a lot of returns or customer disputes. Called “chargebacks,” these refunds are very expensive for banks to process. They are more common among mail order companies and are one reason why these businesses typically have a hard time securing merchant status.

In your initial presentation, provide a reasonable estimate of how many chargebacks you will receive, then show your bank why you do not expect them to exceed your estimates. Testimonials from satisfied customers or product samples can help convince the bank your customers will be satisfied with their purchases. Another way to reduce the bank’s fear is to demonstrate that your product is priced at a fair market value.

Rossi at Wells Fargo says the bank’s goal is to find out if your business is profitable and if it will be around for a long time to come. “We approve a lot of startup businesses, and in those cases, we rely on the personal financial picture of the business principals,” she says. “We look at [their personal] tax returns and at where they got the money to start the business. We also look to see if you’re a customer at Wells Fargo and at your relationship with Wells.”



WARNING

Don’t ask another merchant to deposit your sales slips for you, and never let another business deposit slips through your account. This practice is called “laundering” sales slips, and not only is it prohibited by Visa and MasterCard, but it is also illegal in some states. Honest business owners have been wiped out by scam artists who ask them to deposit their sales slips, then rack up thousands of dollars in phony sales, which later turn into chargebacks.

As Rossi's comment suggests, the best place to begin when trying to get merchant status is by approaching the bank that already holds your business accounts. If your bank turns you down, ask around for recommendations from other business owners who accept plastic. You could look in the Yellow Pages for other businesses in the same category as yours (homebased, retail, mail order). Call them to ask where they have their merchant accounts and whether they are satisfied with the way their accounts are handled. When approaching a bank with which you have no relationship, you may be able to sweeten the deal by offering to switch your other accounts to that bank as well.

If banks turn you down for merchant status, another option is to consider independent credit card processing companies, which can be found in the Yellow Pages. While independents often give the best rates because they have lower overhead, their application process tends to be more time-consuming, and startup fees are sometimes higher.

You can also go through an independent sales organization (ISO). These are field representatives from out-of-town banks who, for a commission, help businesses find banks willing to grant them merchant status. Your bank may be able to recommend an ISO, or you can look in the Yellow Pages or online under "Credit Cards." An ISO can match your needs with those of the banks he or she represents without requiring you to go through the application process with all of them.

Money Matters

Enticing your bank with promising sales figures can also boost your case since the bank makes money when you do. Every time you accept a credit card for payment, the bank or card company deducts a percentage of the sale—called a "merchant discount fee"—and then credits your account with the rest of the sale amount.

Here are some other fees you can expect to pay. All of them are negotiable except for the discount fee:

- Equipment costs of \$120 to \$1,000
- Monthly statement fees of \$10 or less

- Transaction fees of 20 to 70 cents per purchase
- The discount rate—the actual percentage you are charged per transaction based on projected card sales volume, the degree of risk and a few other factors (the percentage ranges from 2 to 4 percent; rates are usually higher for new, less established businesses)
- Chargeback fees around \$25 per return transaction

There may also be some charges from the telephone company to set up a phone line for the authorization and processing equipment. Before you sign on with any bank, consider the costs carefully to make sure the anticipated sales are worth the costs.

Getting Equipped

Once your business has been approved for credit, you will receive a startup kit and personal instruction in how to use the system.

You don't need fancy equipment to process credit card sales. You can start with a phone and a simple imprinter that costs under \$30. However, you'll get a better discount rate (and get your money credited to your account faster) if you process credit card sales electronically.

Although it's a little more expensive initially, purchasing or leasing a terminal that allows you to swipe the customer's card through for an instant authorization of the sale (and immediate crediting of your merchant account) can save you money in the long run. Cash registers can also be adapted to process credit cards. Also, using your personal computer as opposed to a terminal to get authorization can cut costs per transaction even more.

Once you obtain merchant account status, make the most of it. The credit card and bank industries hold seminars and users' conferences covering innovations in the industry, fraud detection techniques



SAVE

Even after you have obtained merchant status, keep looking for ways to lower your fee. Your bank can suggest some options. Also ask other merchants who process transactions similar to yours how much they are paying. If you find a better deal, let your bank know, and see if it will match it.

and other helpful subjects. You can ask a credit card company's representatives for details...and keep on top of ways to get more from your customers' credit cards.

Online Payments

Are you selling on the web? If so, you'll need an internet merchant account to accept payments online. An internet merchant account costs more than a regular merchant account because the risk of credit card fraud is greater in an online environment, where no card is physically presented at the point of sale. To cover this risk, your bank or account issuer may charge a higher discount rate (3 to 5 percent per transaction vs. 2 to 4 percent for regular merchant accounts). The service provider may also charge monthly statement and transaction fees on each purchase.



Chargebacks—those sale reversals issued by credit card companies when customers dispute a charge—can really hurt your bottom line. To reduce chargebacks, let your customers know exactly what they will see on their credit card statement, including your company name and sale amount. Also, if you are not sure an order is legitimate, trust your instincts and call the credit card company or issuing bank before finalizing the sale.

When you apply, you'll likely need to estimate the average order size and the average monthly amount you expect to run through the account. You may be asked to keep a percentage of that amount in your account to cover fraud.

It's possible to accept payments over the internet without establishing your own merchant account. Third-party payment processors like PayPal will accept credit card payments on your behalf in return for a percentage of the cost of the transaction. While this percentage is relatively higher than it would be if you had your own merchant account (often 7.5 to 15 percent), you only pay these fees if you sell your product. What's more, you don't have to pay the mandatory monthly fees charged by most merchant account providers. If your business has significant sales volume, it's usually cheaper to process payments through a merchant account.

DON'T SKIMP ON SECURITY

Thanks to the internet, small businesses have an unprecedented opportunity to market their products and services to a larger consumer audience than ever before. However, an online presence means little if customers don't feel safe making a transaction on your website. Because identity theft and credit card fraud are running rampant on the internet, many consumers will not buy from a site that doesn't provide secure transactions.

That's where a Secure Sockets Layer (SSL) certificate comes into play. Understanding how SSL affects online security can help unlock your business's e-commerce potential.

SSL technology encrypts your customers' payment information as it travels to you over the internet, protecting credit card data and other sensitive information from hackers during the transaction process. It also verifies to customers that you are who you say you are (a padlock icon is visible, indicating that a secure transaction is underway). This prevents a third party from accepting orders while disguised as your business.

SSL certificates are issued by a Certificate Authority (such as VeriSign, Thawte, GeoTrust and others). The cost of a standard one-year certificate is \$200 to \$400.

If you store your customers' data or credit card numbers on your server, a firewall is another vital tool for protecting this information. Many companies expose their customers to hackers by neglecting to implement a proper firewall. If you are uncertain how to install a firewall on your site, consult your web hosting company.

For more information, check out VeriSign's "What Every E-Business Should Know about SSL Security and Consumer Trust." You can request a free copy at verisign.com.

Accepting Debit Cards

If you foresee a merchant account for accepting credit card payments in your future, then you will be perfectly positioned to accept debit cards, too. The same terminal you will use to process credit card payments can be used for debit card transactions, although you may wish to add a pin pad terminal to your transaction hardware so customers can type in their PIN. That gives you an extra layer of protection against fraud.

There are a lot of advantages to accepting debit cards. First, because funds are deducted directly from the customer's bank account during a



e-FYI

There are many business forms, contracts and letters available for free or for a nominal fee on the internet. While they can be great resources, caution must be used as to the legality of the business form for your particular situation. If in doubt, it's always best to contact a professional to discuss your situation.

transaction, you will usually get paid faster with debit transactions than you do with credit card payments. Second, rates for PIN-based debit transactions are usually lower than credit card rates because you pay only a flat fee (credit card companies charge a transaction fee and a discount rate of around 2 percent). Finally, merchant account providers may debit the transaction fees at the end of the month rather than with every purchase, as is the case with credit cards. That gives your business extra cash or "float," which is especially helpful for small businesses.

Debit cards are so pervasive these days that pretty much every bank or standalone merchant account supplier offers debit card

processing—including online providers—and, in fact, you're likely to be offered the option when you apply for a merchant account. Once your merchant account is approved, all you need to do is buy a PIN pad, which runs as little as \$59, connect it to your terminal, and you will be in business. Hypercom and VeriFone are well-known, affordably priced brands.

COVER YOUR ASSETS

Getting Business Insurance

One of the most common mistakes startup business owners make is failing to buy adequate insurance for their businesses. It's an easy error to make: Money is tight, and with so many things on your mind, protecting yourself against the possibility of some faraway disaster just doesn't seem that important. "Oh, I will get insurance," you promise yourself, "one of these days." Soon, "one of these days" comes and goes, and you're still uninsured. Only now, your business has gotten much bigger . . . you've put a lot more into it . . . and you have a lot more to lose. Everything, to be exact.

It doesn't take much. A fire, a burglary, the illness of a key employee—any one of these could destroy everything you've worked so hard to build. When you think of all the time, effort and money you're investing in your business, doesn't it make sense to invest a little extra to protect it?



e-FYI

Internet businesses have unique needs—and now they have their own unique insurance. Companies like The Hartford offer insurance to protect against damage from web-based activities, including viruses and hacking, privacy violations, copyright infringement and more. Cyber policies are usually added to a business's general liability coverage. Not all businesses qualify for such coverage, though, so talk to your insurance broker.

Following is a closer look at the types of business insurance available and what most entrepreneurs need, plus tips for keeping costs under control. (Health insurance is covered in Chapter 24.)

Basic Insurance Needs

The basic business insurance package consists of four fundamental coverages—workers' compensation, general liability, auto and property/casualty—plus an added layer of protection over those, often called an umbrella policy. In addition to these basic needs, you should also consider purchasing business interruption coverage and life and disability insurance.

Workers' Compensation

Workers' compensation, which covers medical and rehabilitation costs and lost wages

for employees injured on the job, is required by law in all 50 states.

Workers' comp insurance consists of two components, with a third optional element. The first part covers medical bills and lost wages for the injured employee; the second encompasses the employer's liability, which covers the business owner if the spouse or children of a worker who's permanently disabled or killed decide to sue. The third and optional element of workers' compensation insurance is employment practices liability, which insures against lawsuits arising from claims of sexual harassment, discrimination and the like.

"Employment practices liability protects the unknowing corporation from the acts of the individual," according to a spokesperson at the Independent Insurance Agents of America (IIAA), an industry association. "Whether you need it depends on the size of your business and

how much control you have over the daily work of employees.” This is something you may need to worry about as your company grows.

According to the IIAA, it is often hard for small companies to get workers’ compensation insurance at reasonable rates. Consequently, some states have a risk-sharing pool for firms that can’t buy from the private market. Typically state-run and similar to assigned risk pools for car insurance, these pools generally don’t provide the types of discounts offered in the voluntary market and thus are an “insurance of last resort.”

Because insurance agents aren’t always up-to-date on the latest requirements and laws regarding workers’ comp, you should check with your state, as well as your agent, to find out exactly what coverage you need. Start at your state’s department of insurance or insurance commissioner’s office.

Generally, rates for workers’ comp insurance are set by the state, and you purchase insurance from a private insurer. The minimum amount you need is also governed by state law. When you buy workers’ comp, be sure to choose a company licensed to write insurance in your state and approved by the insurance department or commissioner.

If you are purchasing insurance for the first time, the rate will be based on your payroll and the average cost of insurance in your industry. You’ll pay that rate for a number of years, after which an experience rating will kick in, allowing you to renegotiate premiums.

Depending on the state you are located in, the business owner will be either automatically included or excluded from coverage; if you want something different, you’ll need to make special arrangements. While excluding yourself can save you several hundred dollars, this can be penny-wise and pound-foolish. Review your policy before choosing



Ask your insurance agent about risk-reduction tactics that you can use to help save money. Altering your business practices—for instance, installing better locks or brighter lights to prevent crime—can cut your premiums (and your risk). You may even want to change your business operations to get rid of a high-risk activity.

“Be smart, but never show it.”

—LOUIS MAYER,
CO-FOUNDER OF
METRO-GOLDWYN MAYER

this option, because in most states, if you opt out, no health benefits will be paid for any job-related injury or illness by your health insurance provider.

A better way to reduce premiums is by maintaining a good safety record. This could include following all the Occupational Health and Safety Administration guidelines

related to your business, creating an employee safety manual and instituting a safety training program.

Another way to cut costs is to ensure that all jobs in your company are properly classified. Insurance agencies give jobs different classification ratings depending on the degree of risk of injury.

General Liability

Comprehensive general liability coverage insures a business against accidents and injury that might happen on its premises as well as exposures related to its products.

For example, suppose a visiting salesperson slips on a banana peel while taking a tour of your office and breaks her ankle. General liability covers her claim against you. Or let's say your company is a window-sash manufacturer, with hundreds of thousands of its window sashes installed in people's homes and businesses. If something goes wrong with them, general liability covers any claims related to the damage that results.

The catch is that the damage cannot be due to poor workmanship. This points to one difficulty with general liability insurance: It tends to have a lot of exclusions. Make sure you understand exactly what your policy covers . . . and what it doesn't.

You may want to purchase additional liability policies to cover specific concerns. For example, many consultants purchase “errors and omissions liability,” which protects them in case they are sued for damages resulting from a mistake in their work. A computer consultant

THE NAME'S BOND

Sometimes confused with insurance, bonding is a guarantee of performance required for any business, either by law or by consumer demand. The most common businesses that bond employees are general contractors, temporary personnel agencies, janitorial companies and companies with government contracts. Bonding helps ensure that the job is performed and that the customer is protected against losses from theft or damage done by your employees.

Although you still have to pay on claims if your employees are bonded, bonding has the side benefit of making your business more desirable to customers. They know that if they suffer a loss as the result of your work, they can recover the damages from the bonding company. The difference between a bond and insurance is that a bonding company ensures your payment by requiring security or collateral in case a claim is made against you.

who accidentally deletes a firm's customer list could be protected by this insurance, for example.

Companies with a board of directors may want to consider "directors' and officers' liability" (D&O), which protects top executives against personal financial responsibility due to actions taken by the company.

How much liability coverage do you need? Experts say \$2 million to \$3 million of liability insurance should be plenty. The good news is that liability insurance isn't priced on a dollar-for-dollar basis, so twice the coverage won't be twice the price.

The price you'll have to pay for comprehensive general liability insurance depends on the size of your business (measured either by square footage or by payroll) and the specific risks involved.

Auto Insurance

If your business provides employees with company cars, or if you have a delivery van, you need to think about auto insurance.



Keep detailed records of the value of your office or store's contents off-premises. Include photos of equipment plus copies of sales receipts, operating manuals and anything else that proves what you purchased and how much was paid. That way, in case of a fire, flood or other disaster, you can prove what was lost. It's also important to be able to prove your monthly income so you are properly reimbursed if you have to close down temporarily.

The good news here is that auto insurance offers more of an opportunity to save money than most other types of business insurance. The primary strategy is to increase your deductible; then your premiums will decrease accordingly. Make sure, however, that you can afford to pay the deductibles should an accident happen. For additional savings, remove the collision and comprehensive coverage from older vehicles in your fleet.

Pay attention to policy limits when purchasing auto coverage. Many states set minimum liability coverages, which may be well below what you need. If you don't have enough coverage, the courts can take everything you have, then attach your future corporate income, thus possibly causing the company severe financial hardship or even bankruptcy. You should carry at least \$1 million in liability coverage.

Property/Casualty Coverage

Most property insurance is written on an all-risks basis, as opposed to a named-peril basis. The latter offers coverage for specific perils spelled out in the policy. If your loss comes from a peril not named, then it isn't covered.

Make sure you get all-risks coverage. Then go the extra step and carefully review the policy's exclusions. All policies cover loss by fire, but what about such crises as hailstorms and explosions? Depending on

your geographic location and the nature of your business, you may want to buy coverage for all these risks.

Whenever possible, you should buy *replacement cost insurance*, which will pay you enough to replace your property at today's prices, regardless of the cost when you bought the items. It's protection from inflation. (Be sure your total replacements do not exceed the policy cap.)

PACKAGE DEAL

If figuring out what insurance you need makes your head spin, calm down; chances are, you won't have to consider the whole menu. Most property and casualty companies now offer special small-business insurance policies.

A standard package policy combines liability; fire, wind and vehicle damage; burglary; and other common coverages. That's enough for most small stores and offices, such as an accounting firm or a gift store. Some common requirements for a package policy are that your business occupy less than 15,000 square feet and that the combined value of your office building, operation and inventory be less than \$3 million.

Basic package policies typically cover buildings, machinery, equipment and furnishings. That should protect computers, phones, desks, inventory and the like against loss due to robbery and employee theft, in addition to the usual risks such as fire. A good policy pays full replacement cost on lost items.

A package policy also covers business interruption, and some even offer you liability shelter. You may also be covered against personal liability. To find out more about package policies, ask your insurance agent; then shop around and compare.

For example, if you have a 30,000-square-foot building that costs \$50 per square foot to replace, the total tab will be \$1.5 million. But if your policy has a maximum replacement of \$1 million, you're going to come up short. To protect yourself, experts recommend buying replacement insurance with inflation guard. This adjusts the cap on the policy to allow for inflation. If that's not possible, then be sure to review the limits of your policy from time to time to ensure you're still adequately covered.

Umbrella Coverage

In addition to these four basic “food groups,” many insurance agents recommend an additional layer of protection, called an *umbrella policy*. This protects you for payments in excess of your existing coverage or for liabilities not covered by any of your other insurance policies.

Business Interruption Coverage

When a hurricane or earthquake puts your business out of commission for days—or months—your property insurance has it covered. But while property insurance pays for the cost of repairs or rebuilding, who pays for all the income you’re losing while your business is unable to function?

For that, you’ll need business interruption coverage. Many entrepreneurs neglect to consider this important type of coverage, which can provide enough to meet your overhead and other expenses during the time your business is out of commission. Premiums for these policies are based on your company’s income.

Life Insurance

Many banks require a life insurance policy on the business owner before lending any money. Such policies typically take the form of term life insurance, purchased yearly, which covers the cost of the loan in the event of the borrower’s death; the bank is the beneficiary.

Term insurance is less costly than permanent insurance at first, although the payments increase each year. Permanent insurance builds equity and should be considered once the business has more cash to spend. The life insurance policy should provide for the families of the owners and key management. If the owner dies, creditors are likely to take everything, and the owner's family will be left without the income or assets of the business to rely on.

Another type of life insurance that can be beneficial for a small business is "key person" insurance. If the business is a limited partnership or has a few key stockholders, the buy-sell agreement should specifically authorize this type of insurance to fund a buyback by the surviving leadership. Without a provision for insurance to buy capital, the buy-sell agreement may be rendered meaningless.

The company is the beneficiary of the key person policy. When the key person dies, creating the obligation to pay, say, \$100,000 for his or her stock, the cash with which to make that purchase is created at the same time. If you don't have the cash to buy the stock back from the surviving family, you could find yourself with new "business partners" you never bargained for—and wind up losing control of your business.

In addition to the owners or key stockholders, any member of the company who is vital to operations should also be insured.

Disability Insurance

It's every businessperson's worst nightmare—a serious accident or a long-term illness that can lay you up for months, or even longer. Disability insurance, sometimes called "income insurance," can guarantee a fixed amount of income—usually 60 percent of your average earned income—while you're receiving treatment or are recuperating

"I never let my mistakes defeat or distract me, but I learn from them and move forward in a positive way."

—LILLIAN VERNON,
FOUNDER OF LILLIAN VERNON
CORP.

and unable to work. Because you are your business's most vital asset, many experts recommend buying disability insurance for yourself and key employees from day one.

There are two basic types of disability coverage: short term (anywhere from 12 weeks to a year) and long term (more than a year). An important element of disability coverage is the waiting period before benefits are paid. For short-term disability, the waiting period is generally seven to 14 days. For long-term disability, it can be anywhere from 30 days to a year. If being unable to work for a limited period of

READ ALL ABOUT IT

Want to know more about insurance? Check out these publications and websites:

- *Insuring Your Home Business and Insuring Your Business Against a Catastrophe*. Single copies of these brochures are available free from the Insurance Information Institute's website at iii.org.
- *101 Ways to Cut Business Insurance Costs Without Sacrificing Protection*. Written by William Stokes McIntyre, Jack P. Gibson and Robert A. Bregman, this book is published by the International Risk Management Institute (IRMI) and is available at local and online bookstores or through the IRMI (irmi.com).
- *The Self-Insurer*. This monthly magazine is published by the Self-Insurance Institute of America Inc. A one-year subscription is \$195.50. Subscribe at siiia.org.
- *WorkersCompensation.com*. This website provides workers' comp information, insurance quotes and provider names by state, as well as news and information of interest to employers. Go to workerscompensation.com.

time would not seriously jeopardize your business, you can decrease your premiums by choosing a longer waiting period.

Another optional add-on is “business overhead” insurance, which pays for ongoing business expenses, such as office rental, loan payments and employee salaries, if the business owner is disabled and unable to generate income.

Choosing an Insurance Agent

Given all the factors that go into business insurance, deciding what kind of coverage you need typically requires the assistance of a qualified insurance agent.

Type of Agent

Selecting the right agent is almost as important, and sometimes as difficult, as choosing the types of coverage you need. The most fundamental question regarding agents is whether to select a direct writer—that is, someone who represents just one insurance company—or a broker, who represents many companies.

Some entrepreneurs feel they are more likely to get their money’s worth with a broker because he or she shops all kinds of insurance companies for them. Others feel brokers are more efficient because they compare the different policies and give their opinions, instead of the entrepreneur having to talk to several direct writers to evaluate each of their policies. Another drawback to direct writers: If the insurance company drops your coverage, you lose your agent, too, and all his or her accumulated knowledge about your business.



e-FYI

If you’re baffled by the many insurance options available for small-business owners, check out the Business.gov website at business.gov/finance/business-insurance. On this site, you can learn about the types of business insurance policies available and the insurance requirements for businesses with employees. The site also provides tips for buying insurance and links to useful industry resources.

Still, some people prefer direct writers. Why? An agent who writes insurance for just one company has more clout there than an agent who writes for many. So when something goes wrong, an agent who works for the company has a better chance of getting you what you need. Finally, direct writers often specialize in certain kinds of businesses and can bring a lot of industry expertise to the table.

Finding an Agent

To find an insurance agent, begin by asking a few of your peers whom they recommend. If you want more names, a trade association in your state may have a list of recommended agencies or offer some forms of group coverage with attractive rates (see the “Cost Containment” section in Chapter 24 for more).

Once you have a short list of agencies to consider, start looking for one you can develop a long-term relationship with. As your business

grows and becomes more complicated, you’ll want to work with someone who understands your problems. You don’t want to spend a lot of time teaching the agent the ins and outs of your business or industry.

“Tell the truth, but make it fascinating.”

—DAVID OGILVY, FOUNDER
OF OGILVY & MATHER

Find out how long the agency has been in business. An agency with a track record will likely be around to help you in the future. If the agency is new, ask about the principals; have they been in the industry long enough that you feel comfortable with their knowledge and stability?

One important area to investigate is loss-control service (which includes everything from fire-safety programs to reducing employees’ exposures to injuries). The best way to reduce your premiums over the long haul is to minimize claims, and the best way to do that is through loss-control services. Look for a broker who will review and analyze which of the carriers offer the best loss-control services.

Another consideration is the size of the agency. The trend in insurance is consolidation. If you’re looking for a long-term relationship,

you want to avoid an agency that is going to get bought out. One way to get a handle on whether the agency you are considering is a likely acquiree is by looking at the agency's owner. If he or she is older and is not grooming a successor, there's a chance the agency will get bought out.

Verify the level of claims service each agency provides. When a claim arises, you don't want the agent telling you to call some toll-free number. If that's his or her idea of claims service, keep looking. An agency that gets involved in the claims process and works with the adjuster can have a positive impact on your settlement, while an agency that doesn't get involved tends to minimize your settlement.

You want an insurance agency that will stay on top of your coverage and be on the spot to adjust it as your business changes. Of course,

POLICY POINTERS

Looking for some of the best small-business insurance resources on the web? Check these out:

- *Safeware* (safeware.com). This company covers computers against damage, theft, power surges and other high-tech disasters.
- *Insurance Information Institute* (iii.org). This site puts business insurance news, facts and figures at your fingertips. Click on "Insurance Topics" for links to a plethora of business insurance information.
- *Cigna* (cigna.com). Despite its bent toward larger companies, this user-friendly site contains a slew of informative and entertaining insurance-related resources.
- *AllBusiness.com* (allbusiness.com). This general business site, which is affiliated with D&B, harbors a treasure trove of small-business insurance information. Just search for "Small Business Insurance" or the variation you're interested in to find literally thousands of articles.

it's always difficult to separate promises from what happens after the sale is closed. However, you might ask would-be agents how often they will be in touch. Even for the most basic business situation, the agent should still meet with you at least twice a year. For more complex situations, the agent should call you monthly.

You also want to make sure the company your agent selects or represents is highly rated. While there are numerous rating agencies, the

STAKING YOUR CLAIM

Though you hope it never happens, you may someday have to file an insurance claim. These tips should make it easier:

- *Report incidents immediately.* Notify your agent and carrier right away when anything happens—such as a fire, an accident or theft—that could result in a claim.
- *Take steps to protect your property from further damage.* Most policies cover the cost of temporary repairs to protect against further damage, such as fixing a window to prevent looting.
- *If possible, save damaged parts.* A claims adjuster may want to examine them after equipment repairs have been made.
- *Get at least two repair estimates.* Your claims adjuster can tell you what kind of documentation the insurance company wants for bids on repairs.
- *Provide complete documentation.* The insurance company needs proof of loss. Certain claims require additional evidence. For example, a claim for business interruption will need financial data showing income before and after.
- *Communicate with your agent and claims adjustor.* Though your claim is against the insurance company, your agent should be kept informed so he or she can help if needed.

most respected is A.M. Best, which rates the financial strength of insurance companies from A++ to F, according to their ability to pay claims and their size. You can find their rating book, *Best Rating Guide*, at your local library or you can search Best's ratings online at ambest.com. You will have to register with the site for access, but searching is free. Look for a carrier rated no lower than B+.

Also make sure the agent you choose is licensed by the state. The best way to find out is by calling your state insurance department, listed in the telephone book. If you can't find a number there, call the National Insurance Consumer helpline at (800) 942-4242.

Ask for references, and check them. This is the best way to predict how an agent will work with you.

Last but not least, trust your gut. Does the agent listen to you and incorporate your concerns into the insurance plan? Does he or she act as a partner or just a vendor? A vendor simply sells you insurance. Your goal is to find an agent who functions as a partner, helping you analyze risks and decide the best course of action. Of course, partnership is a two-way street. The more information you provide your agent, the more he or she can do for you.



The IRS allows self-employed businesspeople to deduct 100 percent of health insurance premium costs. For more information on specific IRS guidelines, request IRS Publication 533, *Self-Employment Tax*, and IRS Publication 502, *Medical and Dental Expenses*, by calling (800) TAX-FORM, or visiting irs.gov, where you can download them instantly.

Insurance Costs

As with most other things, when it comes to insurance, you get what you pay for. Don't pay to insure against minor losses, but don't ignore real perils just because coverage carries hefty premiums.

You can lower your premiums with a higher deductible. Many agents recommend higher deductibles on property insurance and putting the money you save toward additional liability coverage.

How much can you afford for a deductible or uninsured risk? Look at your cash flow. If you can pay for a loss out of cash on hand, consider not insuring it.

You can also save money on insurance by obtaining it through a trade group or an association. Many associations offer insurance tailored to your industry needs—everything from disability and health to liability and property coverage. You can also help keep insurance costs down by practicing these good insurance habits:

- *Review your needs and coverage once a year.* If your circumstances or assets have changed, you may need to adjust your insurance coverage.
- *Ask your insurance agent for risk-reduction assistance.* He or she should be able to visit your premises and identify improvements that would create a safer facility.
- *Check out new insurance products.* Ask your agent to keep you up-to-date on new types of coverage you may want.
- *Take time to shop for the best, most appropriate coverage.* A few hours invested upfront can save thousands of dollars in premiums or claims down the road.

Business Insurance Planning Worksheet

Types of Insurance	Required (Yes/No)	Annual Cost
1. Workers' compensation insurance		
2. General liability insurance		
3. Automotive liability insurance		
4. Property/casualty insurance		
5. Product liability insurance		
6. Errors and omissions liability insurance		
7. Malpractice liability insurance		
8. Web-based business insurance		
9. Fire and theft insurance		
10. Business interruption insurance		
11. Overhead expense insurance		
12. Personal disability		
13. Key person insurance		
14. Shareholders' or partners' insurance		
15. Credit extension insurance		
16. Term life insurance		
17. Health insurance		
18. Directors' and officers' liability insurance		
19. Survivor-income life insurance		
20. Care, custody and control insurance		
21. Consequential losses insurance		

Business Insurance Planning Worksheet, continued

Types of Insurance	Required (Yes/No)	Annual Cost
22. Boiler and machinery insurance		
23. Profit insurance		
24. Money and securities insurance		
25. Glass insurance		
26. Electronic equipment insurance		
27. Power interruption insurance		
28. Rain insurance		
29. Temperature damage insurance		
30. Transportation insurance		
31. Title insurance		
32. Water damage insurance		
Total Annual Insurance Cost	\$	

STAFF SMARTS

Hiring Employees

To hire or not to hire? That is the question in the mind of the new entrepreneur. You see, hiring even one employee changes everything. Suddenly, you need payroll procedures, rules regarding hours, and a policy for vacation pay. You're hit with a multitude of legal requirements and management duties you'd never have to deal with if you worked solo.

To decide whether you need employees, take a closer look at your ultimate goals. Do you want to create the next Starbucks, or do you simply want to work on your own terms without a boss looking over your shoulder? If your goals are modest, then adding a staff may not be the best solution for you.

If you do need employees, there are plenty of ways to meet your staffing needs—without driving yourself nuts. From temporaries and independent

contractors to employee leasing, this chapter takes a closer look at the dos and don'ts of staffing your business. Read it over, and you will have a better idea whether hiring is the right solution for you.



e-FYI

Use the internet to help you find employees:

- Careerbuilder (careerbuilder.com) offers advice, webinars, leadership development and hiring solutions to employers and job recruiters.
- Monster.com helps you screen resumes so you can find the right candidate quickly.

How To Hire

The employees you hire can make or break your business. While you may be tempted to hire the first person who walks in the door “just to get it over with,” doing so can be a fatal error. A small company cannot afford to carry dead wood on staff, so start smart by taking time to figure out your staffing needs before you even begin looking for job candidates.

Job Analysis

Begin by understanding the requirements of the job being filled. What kind of personality, experience and education are needed? To determine these attributes, sit down and do a job analysis covering the following areas:

- The physical/mental tasks involved (ranging from judging, planning and managing to cleaning, lifting and welding)
- How the job will be done (the methods and equipment used)
- The reason the job exists (including an explanation of job goals and how they relate to other positions in the company)
- The qualifications needed (training, knowledge, skills and personality traits)

If you are having trouble, one good way to get information for a job analysis is to talk to employees and supervisors at other companies that have similar positions.

Job Analysis

Date: _____ Prepared By: _____

Title: _____ Department: _____

Job Title: _____

Reporting To: _____

Major Responsibilities: _____

Minor Responsibilities: _____

Education/Experience Required: _____

Goals/Objectives of Position: _____

Job Analysis, *continued*

Knowledge/Skills Required: _____

Physical Requirements: _____

Special Problems/Hazards: _____

Number of People Supervised: _____

Reporting To: _____

Job Description

Use the job analysis to write a job description and a job specification. Drawing from these concepts, you can then create your recruitment materials, such as a classified ad.

The job description is basically an outline of how the job fits into the company. It should point out in broad terms the job's goals, responsibilities and duties. First, write down the job title and whom that person will report to. Next, develop a job statement or summary describing the

position's major and minor duties. Finally, define how the job relates to other positions in the company. Which are subordinate and which are of equal responsibility and authority?

For a one-person business hiring its first employee, these steps may seem unnecessary, but remember, you are laying the foundation for your personnel policy, which will be essential as your company grows. Keeping detailed records from the time you hire your first employee will make things a lot easier when you hire your 50th.

The job specification describes the personal requirements you expect from the employee. Like the job description, it includes the job title, whom the person reports to, and a summary of the position. However, it also lists any educational requirements, desired experience, and specialized skills or knowledge required. Include salary range and benefits. Finish by listing any physical or other special requirements associated with the job, as well as any occupational hazards.

Writing the job description and job specifications will also help you determine whether you need a part- or full-time employee, whether the person should be permanent or temporary, and whether you could use an independent contractor to fill the position (more on all these options later).

Writing the Ad

Use the job specification and description to write an ad that will attract candidates to your company. The best way to avoid wasting time on interviews with people who do not meet your needs is to write an ad that will lure qualified candidates and discourage others. Consider this example:



TIP

It's easy to hire employees who are just like you, but it's often a big mistake. Especially with your first employee, try to find someone who complements your strengths and weaknesses. While personal compatibility is important, hiring a carbon copy of yourself could leave your business ill-prepared for future challenges.

Interior designer seeks inside/outside salesperson. Flooring, drapes (extensive measuring), furniture, etc. In-home consultations. Excellent salary and commission. PREVIOUS EXPERIENCE A NECESSITY. San Francisco Bay Area. Send resume to G. Green at P.O. Box 5409, San Francisco, CA 90842.

This job description is designed to attract a flexible salesperson and eliminate those who lack the confidence to work on commission. The advertiser asks for expertise in “extensive measuring,” the skill he has had the most difficulty finding. The job location should be included to weed out applicants who don’t live in the area or aren’t willing to

Job Description

Date: _____ Prepared By: _____

Title: _____ Department: _____

Job Title: _____ Reporting To: _____

Job Statement: _____

Major Duties

1. _____

Job Description, *continued*

2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

Minor Duties

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

Relationships

Number of People Supervised: _____

Person Giving Work Assignments: _____

commute or relocate. Finally, the capitalized “PREVIOUS EXPERIENCE A NECESSITY” underscores that he will hire only candidates with previous experience.

*“My philosophy is,
‘When you snooze, you
lose.’ If you have a
great idea, at least
take the chance and
put your best foot
forward.”*

—RON POPEIL, FOUNDER OF
RONCO INVENTIONS LLC

To write a similarly targeted ad for your business, look at your job specifications and pull out the top four or five skills that are most essential to the job. Don’t, however, list requirements other than educational or experience-related ones in the ad. Nor should you request specific personality traits (such as outgoing, detail-oriented) since people are likely to come in and imitate those characteristics when they don’t really possess them. Instead, you should focus on telling the applicants about the excitement

and challenge of the job, the salary, what they will get out of it and what it will be like working for you.

Finally, specify how applicants should contact you. Depending on the type of job (professional or nonskilled) you are trying to fill, you may want to have the person send a cover letter and a resume, or simply call to set up an appointment to come in and fill out an application.

Recruiting Employees

The obvious first choice for recruiting employees is the classified ad section of your local newspaper, both in the printed and online versions. Place your ad in the Sunday or weekend edition of the largest-circulation local papers.

Beyond this, however, there are plenty of other places to recruit good employees. Here are some ideas:

- *Tap into your personal and professional network.* Tell everyone you know—friends, neighbors, professional associates, customers, vendors, colleagues from associations—that you have a job opening. Someone might know of the perfect candidate.

- *Contact school placement offices.* List your openings with trade and vocational schools, colleges and universities. Check with your local school board to see if high schools in your area have job training and placement programs.
- *Post notices at senior citizen centers.* Retirees who need extra income or a productive way to fill their time can make excellent employees.
- *Use an employment agency.* Private and government-sponsored agencies can help with locating and screening applicants. Often their fees are more than justified by the amount of time and money you save.
- *List your opening with an appropriate job bank.* Many professional associations have job banks for their members. Contact groups related to your industry, even if they are outside your local area, and ask them to alert their members to your staffing needs.
- *Use industry publications.* Trade association newsletters and industry publications often have classified ad sections where members can advertise job openings. This is a very effective way to attract skilled people in your industry.
- *Go online.* There are a variety of online job banks and databases that allow employers to list openings. These databases can be searched by potential employees from all over the country. One to explore: LinkedIn, an international professional networking site, where you can post jobs and find candidates through the site's automated talent matching system. Check it out at linkedin.com.



AHA!

If relevant, ask employees to send samples of their work with their resumes or to bring them to the interview. Another technique: Ask them to complete a project similar to the actual work they'd be doing (and pay them for it). This gives you a strong indication of how they would perform on the job . . . and gives them a clear picture of what you expect from them.

Prescreening Candidates

Two important tools in prescreening job candidates are the resume and the employment application. If you ask applicants to send in a resume, that will be the first tool you use to screen them. You will then have qualified candidates fill out an application when they come in for an interview. If you don't ask for a resume, you will probably want to have prospective employees come in to fill out applications, then review the applications and call qualified candidates to set up an interview.

In either case, it is important to have an application form ready before you begin the interview process. You can buy generic application forms at most office-supply stores, or you can develop your own application form to meet your specific needs. Make sure any application form you use conforms to Equal Employment Opportunity Commission (EEOC) guidelines regarding questions you can and cannot ask (see "Off Limits" on page 365 for more on this).

Your application should ask for specific information such as name, address and phone number; educational background; work experience, including salary levels; awards or honors; whether the applicant can work full or part time as well as available hours; and any special skills relevant to the job (foreign languages, familiarity with software programs, etc.). Be sure to ask for names and phone numbers of former supervisors to check as references; if the candidate is currently employed, ask whether it is OK to contact his or her current place of employment. You may also want to ask for personal references. Because many employers these days hesitate to give out information about an employee, you may want to have the applicant sign a waiver that states the employee authorizes former and/or current employers to disclose information about him or her.

When screening resumes, it helps to have your job description and specifications in front of you so you can keep the qualities and skills you are looking for clearly in mind. Since there is no standard form for resumes, evaluating them can be very subjective. However, there are certain components that you should expect to find in a resume. It should contain the prospect's name, address and telephone number at

WILLING AND ABLE

The Americans With Disabilities Act (ADA) of 1990 makes it illegal for employers with 15 or more employees to refuse to hire qualified people with disabilities if making “reasonable accommodations” would enable the person to carry out the duties of the job. That could mean making physical changes to the workplace or reassigning certain responsibilities.

While the law is unclear on exactly how far an employer must go to accommodate a person with disabilities, what is clear is that it's the applicant's responsibility to tell the employer about the disability. Employers are not allowed to ask whether an applicant has a disability or a history of health problems. However, after the applicant has been given a written or verbal explanation of the job duties, you may then ask whether he or she can adequately perform those duties or would need some type of accommodation.

For further clarification, read the laws, regulations, and enforcement guidance documents available online from the Equal Employment Opportunity Commission at eeoc.gov.

the top and a brief summary of employment and educational experience, including dates. Many resumes include a “career objective” that describes what kind of job the prospect is pursuing; other applicants state their objectives in their cover letters. Additional information you may find on a resume or in a cover letter includes references, achievements and career-related affiliations.

Look for neatness and professionalism in the applicant's resume and cover letter. A resume riddled with typos raises some serious red flags. If a person can't be bothered to put his or her best foot forward during this crucial stage of the game, how can you expect him or her to do a good job if hired?

There are two basic types of resumes: the “chronological” resume and the “functional” resume. The chronological resume, which is what most of us are used to seeing, lists employment history in reverse chronological order, from most recent position to earliest. The functional resume does not list dates of employment; instead, it lists different skills or “functions” that the employee has performed.



e-FYI

When looking for employees, don't overlook these lesser-known sites:

FlipDog.com,
JobBankUSA.com and
NationJob.com. Also, check
out niche sites, such as
Accounting.com for account-
ing positions or Dice.com for
tech professionals.

Although chronological resumes are the preferred format among HR professionals and hiring managers, functional resumes have increased in popularity in recent years. In some cases, they are used by downsized executives who may be quite well-qualified and are simply trying to downplay long periods of unemployment or make a career change. In other cases, however, they signal

that the applicant is a job-hopper or has something to hide.

Because it's easy for people to embellish resumes, it's a good idea to have candidates fill out a job application, by mail or in person, and then compare it to the resume. Because the application requires information to be completed in chronological order, it gives you a more accurate picture of an applicant's history.

Beyond functional and chronological resumes, there is another type of resume that's more important to be on the lookout for. That's what one consultant calls an “accomplishment” vs. a “responsibility” resume.

The responsibility resume is just that. It emphasizes the job description, saying things like “Managed three account executives; established budgets; developed departmental contests.” An accomplishment resume, on the other hand, emphasizes accomplishments and results, such as “Cut costs by 50 percent” or “Met quota every month.” Such a resume tells you that the person is an achiever and has the bottom line firmly in mind.

OFF LIMITS

Equal Employment Opportunity Commission (EEOC) guidelines, as well as federal and state laws, prohibit asking certain questions of a job applicant, either on the application form or during the interview. What questions to sidestep? Basically, you can't ask about anything not directly related to the job, including:

- Age or date of birth (except when necessary to satisfy applicable age laws)
- Sex, race, creed, color, religion or national origin
- Disabilities of any kind
- Date and type of military discharge
- Marital status
- Maiden name (for female applicants)
- If a person is a citizen; however, you can ask if he or she, after employment, can submit proof of the legal right to work in the United States

Other questions to avoid:

- How many children do you have? How old are they? Who will care for them while you are at work?
- Have you ever been treated by a psychologist or a psychiatrist?
- Have you ever been treated for drug addiction or alcoholism?
- Have you ever been arrested? (You may, however, ask if the person has been convicted if it is accompanied by a statement saying that a conviction will not necessarily disqualify an applicant for employment.)
- How many days were you sick last year?

OFF LIMITS, CONTINUED

- Have you ever filed for workers' compensation? Have you ever been injured on the job?

In doubt whether a question (or comment) is offensive or not? Play it safe and zip your lip. In today's lawsuit-happy environment, an offhand remark could cost you plenty.

When reading the resume, try to determine the person's career patterns. Look for steady progress and promotions in past jobs. Also look for stability in terms of length of employment. A person who changes jobs every year is probably not someone you want on your team. Look for people with three- to four-year job stints.

At the same time, be aware of how economic conditions can affect a person's resume. During a climate of frequent corporate downsizing, for example, a series of lateral career moves may signal that a person is a survivor. This also shows that the person is interested in growing and willing to take on new responsibilities, even if there was no corresponding increase in pay or status.

By the same token, just because a resume or a job application has a few gaps in it doesn't mean you should overlook it entirely. You could be making a big mistake. Stay focused on the skills and value the job applicant could bring to your company.

Interviewing Applicants

Once you've narrowed your stack of resumes down to ten or so top candidates, it's time to start setting up interviews. If you dread this portion of the process, you're not alone. Fortunately, there are some ways to put both yourself and the candidates at ease—and make sure you get

all the information you need to make a smart decision. Start by preparing a list of basic interview questions in advance. While you won't read off this list like a robot, having it in front of you will ensure you cover all the bases and also make sure you ask all the candidates the same questions.

The initial few moments of an interview are the most crucial. As you meet the candidate and shake his or her hand, you will gain a strong impression of his or her poise, confidence and enthusiasm (or lack thereof). Qualities to look for include good communication skills, a neat and clean appearance, and a friendly and enthusiastic manner.

Put the interviewee at ease with a bit of small talk on neutral topics. A good way to break the ice is by explaining the job and describing the company—its business, history and future plans.

Then move on to the heart of the interview. You will want to ask about several general areas, such as related experience, skills, educational training or background, and unrelated jobs. Open each area with a general, open-ended question, such as "Tell me about your last job." Avoid questions that can be answered with a "yes" or "no" or that prompt obvious responses, such as "Are you detail-oriented?" Instead, ask questions that force the candidate to go into detail. The best questions are follow-up questions such as "How did that situation come about?" or "Why did you do that?" These queries force applicants to abandon preplanned responses and dig deeper.

Here are some interview questions to get you started:

- If you could design the perfect job for yourself, what would you do? Why?



AHA!

Posting a job on an online job site offers you advantages like 24-hour access to job postings, unlimited text for postings and quick turnaround. They also allow you to screen candidates, search resume databases, and keep your ad online for a long period of time—30 to 60 days—vs. a newspaper ad, which runs for only one weekend.

- What kind of supervisor gets the best work out of you?
- How would you describe your current supervisor?
- How do you structure your time?
- What are three things you like about your current job?
- What were your three biggest accomplishments in your last job?
In your career?
- What can you do for our company that no one else can?
- What are your strengths/weaknesses?
- How far do you think you can go in this company? Why?
- What do you expect to be doing in five years?
- What interests you most about this company? This position?
- Describe three situations where your work was criticized.
- Have you hired people before? If so, what did you look for?

Your candidate's responses will give you a window into his or her knowledge, attitude and sense of humor. Watch for signs of "sour grapes" about former employers. Also be alert for areas people seem reluctant to talk about. Probe a little deeper without sounding judgmental.

Pay attention to the candidate's nonverbal cues, too. Does she seem alert and interested, or does she slouch and yawn? Are his clothes wrinkled and stained or clean and neat? A person who can't make an effort for the interview certainly won't make one on the job if hired.

Finally, leave time at the end of the interview for the applicant to ask questions—and pay attention to what he or she asks. This is the time when applicants can really show they have done their homework and researched your company . . . or, conversely, that all they care about is what they can get out of the job. Obviously, there is a big difference between the one who says, "I notice that your biggest competitor's sales have doubled since launching their website in January. Do you have any plans to develop a website of your own?" and the person who asks, "How long is the lunch break?" Similarly, candidates who can't come up with even one question may be demonstrating that they can't think on their feet.

FAMILY AFFAIR

Want to get good employees and tax savings, too? Consider putting your family members to work for you.

Hiring family, especially children, enables you to move family income out of a higher tax bracket into a lower one. It also enables you to transfer wealth to your kids without incurring federal gift or estate taxes.

Subject to applicable child labor laws, even preteen children can be put to work stuffing envelopes, filing or sorting mail, says Daniel Hart, a tax and estate planning attorney with Turner Padgett Graham & Laney in Florence, South Carolina. If a child's salary is reasonable, it is considered earned income and not subject to the "kiddie tax" rules that can apply to anyone under the age of 23. And if your business is unincorporated, wages paid to a child under 18 are not subject to Social Security or FICA taxes. That means neither you nor your child has to pay these taxes. Finally, employed youngsters can make tax-deductible contributions to an individual retirement account.

Be sure to document the type of work the family member is doing and pay them a comparable amount to what you'd pay another employee, or the IRS will think you're putting your family on the payroll just for the tax breaks. Keep careful records of time worked, and make sure the work is necessary to the business.

Your accountant can suggest other ways to take advantage of this tax situation without getting in hot water.

End the interview by letting the candidate know what to expect next. How much longer will you be interviewing? When can they expect to hear from you? You are dealing with other people's livelihoods, so the

week that you take to finish your interviews can seem like an eternity to them. Show some consideration by keeping them informed.

During the interview, jot down notes (without being obvious about it). After the interview, allow five or ten minutes to write down the applicant's outstanding qualities and evaluate his or her personality and skills against your job description and specifications.

Checking References

After preliminary interviews, you should be able to narrow the field to three or four top candidates. Now's the time to do a little detective work.

It's estimated that up to one-third of job applicants lie about their



experience and educational achievements on their resumes or job applications. No matter how sterling the person seems in the interview process, a few phone calls upfront to check out their claims could save you a lot of hassle—and even legal battles—later on. Today, courts are increasingly holding employers liable for crimes employees commit on the job, such as drunk driving, when it is determined that the employer could have been expected to know about prior convictions for similar offenses.

Unfortunately, getting that information has become harder and harder to do. Fearful of reprisals from former employees, many firms have adopted policies that forbid releasing detailed information. Generally,

the investigating party is referred to a personnel department, which supplies dates of employment, title and salary—period.

There are ways to dig deeper, however. Try to avoid the human resources department if at all possible. Instead, try calling the person's former supervisor directly. While the supervisor may be required to

send you to personnel, sometimes you'll get lucky and get the person on a day he or she feels like talking.

Sometimes, too, a supervisor can tip you off without saying anything that will get him or her in trouble. Consider the supervisor who, when contacted by one potential employer, said, "I only give good references." When the employer asked, "What can you tell me about X?" the supervisor repeated, "I only give good references." Without saying anything, he said it all.

Depending on the position, you may also want to do education checks. You can call any college or university's admissions department to verify degrees and dates of attendance. Some universities will require a written request or a signed waiver from the applicant before releasing any kind of information to you.

If the person is going to be driving a company vehicle, you may want to do a motor vehicle check with the department of motor vehicles. In fact, you may want to do this even if he or she will not be driving for you. Vehicle checks can uncover patterns of negligence or drug and alcohol problems that he or she might have.

If your company deals with property management, such as maintenance or cleaning, you may want to consider a criminal background check as well. Unfortunately, national criminal records and even state records are not coordinated. The only way to obtain criminal records is to go to individual courthouses in each county. Although you can't run all over the state to check into a person's record, it's generally sufficient to investigate records in three counties—birthplace, current residence and residence preceding the current residence.

For certain positions, such as those that will give an employee access to your company's cash (a cashier or an accounting clerk, for



Whenever possible, look for employees you can cross-train for different jobs. A welder with college courses in engineering and a secretary with human resources experience are workers one business owner has successfully cross-trained. Cross-trained employees can fill in when others are absent, helping keep costs down.

instance), a credit check may be a good idea as well. You can find credit reporting bureaus in any Yellow Pages. They will be able to provide you with a limited credit and payment history. While you should not rely on this as the sole reason not to hire someone (credit reports are notorious for containing errors), a credit report can contribute to a total picture of irresponsible behavior. And if the person will have access to large sums of money at your company, hiring someone who is in serious debt is probably not a very good idea.

Be aware, however, that if a credit check plays any role in your decision not to hire someone, you must inform them that they were turned down in part because of their credit report.

If all this background-checking seems too time-consuming to handle yourself, you can contract the job out to a third-party investigator. Look in the Yellow Pages for firms in your area that handle this task, or Google “background checking.” A criminal check can cost as little as \$20; a full investigation averages \$50. There are even better deals online, so be sure to shop around. It’s a small price to pay when you consider the damages it might save you.

After the Hire

Congratulations! You have hired your first employee. Now what?

As soon as you hire, call or write the applicants who didn’t make the cut and tell them you’ll keep their applications on file. That way, if the person you hired isn’t the best—or is so good that business doubles—you won’t have to start from scratch in hiring your second employee.

For each applicant you interviewed, create a file including your interview notes, the resume and the employment application. For the person you hire, that file will become the basis for his or her personnel file. Federal law requires that a job application be kept at least three years after a person is hired.

Even if you don’t hire the applicant, make sure you keep the file. Under federal law, all recruitment materials, such as applications and

resumes, must be kept for at least six months after the employment decision has been made. In today's climate, where applicants sometimes sue an employer who decides not to hire them, it's a good idea to maintain all records related to a hire (or nonhire). Especially for higher-level positions where you narrow the field to two or three candidates, put a brief note or memo in each applicant's file explaining why he or she was or wasn't hired.

The hiring process doesn't end with making the selection. Your new employee's first day is critical. People are most motivated on their first day. Build on the momentum of that motivation by having a place set up for them to work, making them comfortable and welcome. Don't just dump them in an office and shut your door. Be prepared to spend some time with them, explaining job duties, introducing them to their office mates, getting them started on tasks or even taking them out to lunch. By doing so, you are building rapport and setting the stage for a long and happy working relationship.

*"I think people
who have a real
entrepreneurial spirit,
who can face difficulties
and overcome them,
should absolutely
follow their desires.
It makes for a much
more interesting life."*

—MARTHA STEWART,
FOUNDER OF MARTHA STEWART
LIVING OMNIMEDIA

Alternatives to Full-Time Employees

The traditional full-time employee is not your only hiring option. More employers are turning to alternative arrangements, including leased employees, temporary employees, part-timers and interns. All these strategies can save you money—and headaches, too.

Leased Employees

If payroll paperwork, personnel hassles and employee manuals sound like too much work to deal with, consider an option that's growing in popularity: employee leasing.

Employee leasing—a means of managing your human resources without all the administrative hassles—first became popular in California in the early '80s, driven by the excessive cost of health-care benefits in the state.



TIP

Motivating independent contractors can be tough. How do you make them feel like they are part of your business? Communication is key. Send regular memos or hold in-person meetings with independent contractors to let them know what's going on in the company. Also include them in company social events, such as holiday parties and company picnics.

By combining the employees of several companies into one larger pool, employee leasing companies (also known as professional employer organizations, or PEOs) could offer business owners better rates on health-care and workers' compensation coverage.

Today, there are more than two to three million leased employees in the United States, and the employee leasing industry is projected to continue growing at a rate of more than 20 percent each year, according to the National Association of Professional Employer Organizations (NAPEO).

But today, employee leasing firms do a lot more than just offer better health-care rates. They manage everything from compliance with state and federal regulations to payroll, unemployment insurance, W-2

forms and claims processing—saving clients time and money. Some firms have even branched out to offer “extras” such as pension and employee assistance programs.

While many business owners confuse employee leasing companies with temporary help businesses, the two organizations are quite different. Generally speaking, temporary help companies recruit employees and assign them to client businesses to help with short-term work overload or special projects on an as-needed basis, according to a spokesperson with the American Staffing Association. With leasing companies, on the other hand, a client business generally turns over all its personnel functions to an outside company, which will administer these operations and lease the employees back

to the client.

According to the NAPEO, leasing services are contractual arrangements in which the leasing company is the employer of record

LOOK BEFORE YOU LEASE

How do you decide if an employee leasing company is for you? The National Association of Professional Employer Organizations (NAPEO) suggests you look for the following:

- Services that fit your human resources needs. Is the company flexible enough to work with you?
- Banking and credit references. Look for evidence that the company's payroll taxes and insurance premiums are up-to-date. Request to see a certificate of insurance.
- Investigate the company's administrative competence. What experience does it have?
- Understand how employees' benefits are funded. Do they fit your workers' needs? Find out who the third-party administrator or carrier is and whether it is licensed if your state requires this.
- Make sure the leasing company is licensed or registered if required by your state.
- Ask for client and professional references, and call them.
- Review the agreement carefully and try to get a provision that permits you to cancel at short notice—say, 30 days.

For a list of NAPEO member organizations in your area, contact the NAPEO at (703) 836-0466 or write to 707 N. Saint Asaph St., Alexandria, VA 22314, or search their directory online at napeco.org/find/members.cfm.

for all or part of the client's work force. Employment responsibilities are typically shared between the PEO and the client, allowing the client to retain essential management control over the work performed by the employees.

Meanwhile, the PEO assumes responsibility for a wide range of employer obligations and risks, among them paying and reporting wages and employment taxes out of its own accounts as well as retaining some rights to the direction and control of the leased employees. The client, on the other hand, has one primary responsibility: writing one check to the PEO to cover the payroll, taxes, benefits and administrative fees. The PEO does the rest.



WARNING

Be sure you understand the precise legal relationship between your business and a leasing company. Some people consider the leasing company the sole employer, effectively insulating the client from legal responsibility. Others consider the client and the leasing company joint employers, sharing legal responsibility. Have an attorney review your agreement to clarify any risks.

Who uses PEOs? According to the NAPEO, small businesses make up the primary market for leasing companies since—due to economies of scale—they typically pay higher premiums for employee benefits. If an employee hurts his or her back and files a workers' compensation claim, it could literally threaten the small business's existence. With another entity as the employer of record, however, these claims are no longer the small-business owner's problem. PEOs have also been known to help business owners avoid wrongful termination suits and negligent acts in the workplace, according to an NAPEO spokesperson.

Having to comply with a multitude of employment-related statutes, which is often beyond the means of smaller businesses, is another reason PEOs are so popular with entrepreneurs. According to the NAPEO, with a leasing company, you basically get the same type of human resources department you would get if you were a Fortune 500 firm.

Before hiring a professional employer organization, be sure to shop

around since not all offer the same pricing structures and services. Fees may be based on a modest percentage of payroll (2 to 8 percent) or on a per-employee basis. When comparing fees, consider what you would pay a full-time employee to handle the administrative chores the PEO will take off your hands. (For more information on what to look for, see “Look Before You Lease” on page 375).

Temporary Employees

If your business’s staffing needs are seasonal—for example, you need extra workers during the holidays or during busy production periods—then temporary employees could be the answer to your problem. If the thought of a temp brings to mind a secretary, think again. The services and skills temporary help companies offer small businesses have expanded.

Today, some companies specialize in medical services; others find their niche in professional or technical fields, supplying everything from temporary engineers, editors and accountants to computer programmers, bankers, lab support staff and even attorneys.

With many temporary help companies now offering specialized employees, many business owners have learned that they don’t have to settle for low skill levels or imperfect matches. Because most temporary help companies screen—and often train—their employees, entrepreneurs who choose this option stand a better chance of obtaining the quality employees they need for their business.

In addition to prescreened, pretrained individuals, temporary help companies offer entrepreneurs a slew of other benefits. For one, they help keep your overhead low. For another, they save you time and money on recruiting efforts. You don’t have to find, interview or relocate workers. Also, the cost of health and unemployment benefits, workers’ compensation insurance, profit-sharing, vacation time and other benefits doesn’t come out of your budget since many temporary

“Don’t look at successful people as aberrations. Excellence is out there for anyone.”

—LEONARD RICCIOL,
CHAIRMAN AND CEO
BARNES & NOBLE INC.

help companies provide these resources to their employees.

How do you find the temporary help company that best suits your needs—from light secretarial to specialized technical support? First, look in the Yellow Pages under “Employment Contractors—Temporary Help.” Call a few and ask some questions, including:

- Do you have insurance? Look for adequate liability and workers’ compensation coverage to protect your company from a temporary worker’s claim.
- Do you check on the progress of your temporaries?
- How do you recruit your temporaries?
- How much training do you give temporaries? (According to the American Staffing Association, nearly 90 percent of the tempo-

TEMPORARY TREATMENT

How do you make the most of your temporary workers once they’ve come on board? For one, don’t treat them any differently from your other employees. Introduce them to your full-time workers as people who are there to help you complete a project, to relieve some overtime stress, or to bring in some skills you might not have in-house.

And don’t expect temporary workers to be so well-trained that they know how to do all the little (but important) things, such as operating the copier or answering the phone. Spend some time giving them a brief overview of these things, just as you would any new employee.

One strategy for building a better relationship with your temporary workers is to plan ahead as much as possible so you can use the same temporaries for an extended period of time—say, six months. Or try to get the same temporaries back when you need help again. This way, they’ll be more productive, and you won’t have to spend time retraining them.

rary work force receives free skills training of some kind.)

- What benefits do you offer your temporaries?
- Should a temporary fail to work out, does the firm offer any guarantees? Look for a firm that can provide a qualified temp right away.
- How quickly can you provide temporaries? (When you need one, you'll usually need one right away.)

Also ask the company to provide references. Contact references and ask their opinions of the temporary help company's quality level, reliability, reputation, service and training.

Before securing the services of a temporary help company, also consider your staffing needs. Do you need a part- or full-time temporary employee? What are your expectations? Clearly defining your needs helps the company understand and provide what you are looking for.

Defining the expected duration of your needs is also very important. While many entrepreneurs bring on a temporary worker for just that—temporary work—some may eventually find they would like to hire the worker full time. Be aware that, at this point, some temporary help firms require a negotiated fee for “stealing” the employee away from them. Defining your needs upfront can help you avoid such penalties.

Because a growing number of entrepreneurs purposely use temporary workers part time to get a feel for whether they should hire them full time, many temporary help companies have begun offering an option: temporary-to-full-time programs, which allow the prospective employer and employee to evaluate each other. Temporary-to-full-time programs match a temporary worker who has expressed an interest in full-time work with an employer who has like interests.



e-FYI

Need to find an employee for your specific industry? Try a trade association's website, many of which have classified sections or job boards. These sites allow you to post job listings at a low cost and receive responses from a very targeted pool of candidates.

The client is encouraged to make a job offer to the employee within a predetermined time period, should the match seem like a good one. According to the American Staffing Association, 74 percent of temporary workers decide to become temporary employees because it's a way to get a full-time job.

Last, but not least, before contracting with a temporary help company, make sure it is a member of a trade association such as the American Staffing Association. This means: 1) The company has agreed to abide by a code of ethics and good practices, 2) it is in the business for the long haul—meaning it has invested in its industry by becoming a member of its trade association, and 3) it has access to up-to-date information on trends that impact its business.

Part-Time Personnel

Another way to cut overhead costs and benefits costs while gaining flexibility is by hiring part-time workers. Under current law, you are not required to provide part-timers with medical benefits.

What are the other benefits to you? By using permanent part-timers, you can get more commitment than you'd get from a temp but more flexibility than you can expect from a nine-to-fiver. In some industries, such as fast food, retail and other businesses that are open long hours, part-timers are essential to fill the odd hours during which workers are needed.

A traditional source of part-time employees is students. They typically are flexible, willing to work odd hours and do not require high wages. High school and college kids like employers who let them fit their work schedule to the changing demands of school.

Although students are ideal for many situations, there are potential drawbacks to be aware of. For one thing, a student's academic or social demands may impinge on your scheduling needs. Some students feel that a manicure or a tennis game is reason enough to change their work schedules. You'll need to be firm and set some standards for what is and is not acceptable.

THE INTERN ALTERNATIVE

Some colleges encourage students to work, for a small stipend or even for free, through internship programs. Student interns trade their time and talents in exchange for learning marketable job skills. Every year, colleges match thousands of students with businesses of all sizes and types. Since they have an eye on future career prospects, the students are usually highly motivated.

Does your tiny one-person office have anything to offer an intern? Actually, small companies offer better learning experiences for interns since they typically involve a greater variety of job tasks and offer a chance to work more closely with senior employees.

Routine secretarial or "gofer" work won't get you an intern in most cases. Colleges expect their interns to learn specialized professional skills. Hold up your end of the bargain by providing meaningful work. Can you delegate a direct-mail campaign? Have an intern help on photo shoots? Ask her to put together a client presentation?

Check with your local college or university to find out about internship programs. Usually, the school will send you an application, asking you to describe the job's responsibilities and your needs in terms of skill level and other qualifications. Then the school will send you resumes of students it thinks could work for you.

The best part of hiring interns? If you're lucky, you'll find a gem who'll stay with your company after the internship is over.

Students are not the only part-timers in town, however. One often-overlooked source of employees is retired people. Often, seniors are looking for a way to earn some extra money or fill their days. Many

**AHA!**

Like the idea of part-time workers but got a full-time slot to fill? Try job sharing—a strategy in which two part-timers share the same job. Susan works Mondays, Tuesdays and Wednesday mornings; Pam takes over Wednesday afternoons, Thursdays and Fridays. To make it work, hire people who are compatible in skills and abilities, and keep lines of communication open.

of these people have years of valuable business experience that could be a boon to your company.

Seniors offer many of the advantages of other part-time employees without the flakiness that sometimes characterizes younger workers. They typically have an excellent work ethic and can add a note of stability to your organization. If a lot of your customers are seniors, they may prefer dealing with employees their own age.

Parents of young children, too, offer a qualified pool of potential part-time workers. Many stay-at-home moms and dads would welcome the chance to get out of the house for a few hours a day. Often, these workers are highly skilled and experienced.

Finally, one employee pool many employers swear by is people with disabilities. Workers from a local shelter or nonprofit organization can excel at assembling products or packaging goods. In most cases, the charity group will work with you to oversee and provide a job coach for the employees. To find disabled workers in your area, contact the local Association of Retarded Citizens office or the Easter Seals Society.

Outsourcing Options

One buzzword you are increasingly likely to hear is “outsourcing.” Simply put, this refers to sending certain job functions outside a company instead of handling them in-house. For instance, instead of hiring an in-house bookkeeper, you might outsource the job to an independent accountant who comes in once a month or does all the work off-site.

More and more companies large and small are turning to outsourcing as a way to cut payroll and overhead costs. Done right, outsourcing

can mean you never need to hire an employee at all!

How to make it work? Make sure the company or individual you use can do the job. That means getting (and checking) references. Ask former or current clients about their satisfaction. Find out what industries and what type of workload the firm or individual is used to handling. Can you expect your deadlines to be met, or will your small business's projects get pushed aside if a bigger client has an emergency?

Make sure you feel comfortable with who will be doing the work and that you can discuss your concerns and needs openly. Ask to see samples of work if appropriate (for example, if you're using a graphic design firm).

If your outsourcing needs are handled by an individual, you're dealing with an independent contractor. The IRS has stringent rules regulating exactly who is and is not considered an independent contractor. The risk: If you consider a person an independent contractor and the IRS later reclassifies him or her as an employee, you could be liable for that person's Social Security taxes and a wide range of other costs and penalties.

For more on independent contractors, see Chapter 41. If you're still in doubt, it always pays to consult your accountant. Making a mistake in this area could cost you big.

PERK UP

Setting Employee Policies and Benefits

Once you have great employees on board, how do you keep them from jumping ship? One way is by offering a good benefits package.

Many small-business owners mistakenly believe they cannot afford to offer benefits. But while going without benefits may boost your bottom line in the short run, that penny-wise philosophy could strangle your business's chance for long-term prosperity. "There are certain benefits good employees feel they must have," says Ray Silverstein, founder of PRO, President's Resource Organization, a nationwide network of peer group forums.

Heading the list of must-have benefits is medical insurance. But many job applicants also demand a retirement plan, disability insurance and more. Tell these applicants no benefits are offered, and top-flight candidates will often head for the door.

"Take care of your people, and they will take care of your customers."

—J. WILLARD MARRIOTT,
FOUNDER OF MARRIOTT
INTERNATIONAL INC.

The positive side to this coin: Offer the right benefits, and your business may just jump-start its growth. Give employees the benefits they value, and they'll be more satisfied, miss fewer workdays, be less likely to quit, and have a higher commitment to meeting the company's goals. Research shows that when employees feel their benefits needs are satisfied, they're more productive.

Benefit Basics

The law requires employers to provide employees with certain benefits. You must:

- Give employees time off to vote, serve on a jury and perform military service
- Comply with all workers' compensation requirements (see Chapter 22)
- Withhold FICA taxes from employees' paychecks and pay your own portion of FICA taxes, providing employees with retirement and disability benefits
- Pay state and federal unemployment taxes, thus providing benefits for unemployed workers
- Contribute to state short-term disability programs in states where such programs exist
- Comply with the federal Family and Medical Leave Act (see "Family Matters" on page 388)

You are not required to provide:

- Retirement plans
- Health plans (except in Hawaii)
- Dental or vision plans
- Life insurance plans
- Paid vacations, holidays or sick leave

In reality, however, most companies offer some or all of these benefits to stay competitive.

Most employers provide paid holidays for Christmas Day, New Year's Day, Memorial Day, Independence Day, Labor Day and Thanksgiving Day. Many employers also either allow their employees to take time off without pay or let them use vacation days for religious holidays.

Most full-time employees will expect one to two weeks' paid vacation time per year. In explaining your vacation policy to employees, specify how far in advance requests for vacation time should be made, and whether in writing or verbally.

There are no laws that require employers to provide funeral leave, but most allow two to four days' leave for deaths of close family members. Companies that don't do this generally allow employees to use some other form of paid leave, such as sick days or vacation.

Legally Speaking

Complications quickly arise as soon as a business begins offering benefits, however. That's because key benefits such as health insurance and retirement plans fall under government scrutiny, and it is very easy to make mistakes in setting up a benefits plan.

And don't think nobody will notice. The IRS can discover in an audit that what you are doing does not comply with regulations. So can the U.S. Department of Labor, which has been beefing up its audit activities of late. Either way, a goof can be very expensive. You can lose any tax benefits you have enjoyed, retroactively, and penalties can also be imposed.

The biggest mistake? Leaving employees out of the plan. Examples range from exclusions of part-timers to failing to extend benefits to clerical and custodial staff. A rule



Want a quick way to save on workers' comp insurance premiums? Some companies offer a 5 percent discount for simply having a written policy prohibiting drugs in the workplace. It's a cheap trick to save big. Ask your workers' comp provider for details.

FAMILY MATTERS

The federal Family and Medical Leave Act (FMLA) requires employers to give workers up to 12 weeks off to attend to the birth or adoption of a baby, or the serious health condition of the employee or an immediate family member.

After 12 weeks of unpaid leave, you must reinstate the employee in the same job or an equivalent one. The 12 weeks of leave does not have to be taken all at once; in some cases, employees can take it a day at a time.

In most states, only employers with 50 or more employees are subject to the Family and Medical Leave Act. However, some states have family leave laws that place family leave requirements on businesses with as few as ten employees, and in the District of Columbia all employees are covered. To find out your state's requirements, visit the Labor Department's website at dol.gov/whd/contacts/state_of.htm.

of thumb is that if one employee gets a tax-advantaged benefit—meaning one paid for with pretax dollars—the same benefit must be extended to everyone. There are loopholes that may allow you to exclude some workers, but don't even think about trying this without expert advice.

Such complexities mean it's good advice never to go this route alone. You can cut costs by doing preliminary research yourself, but before setting up any benefits plan, consult a lawyer or a benefits consultant. An upfront investment of perhaps \$1,000 could save you far more money down the road by helping you sidestep potholes.

Expensive Errors

Providing benefits that meet employee needs and mesh with all the laws isn't cheap—benefits probably add 30 to 40 percent to base pay for

most employees. That makes it crucial to get the most from these dollars. But this is exactly where many small businesses fall short, because often their approach to benefits is riddled with costly errors that can get them in financial trouble with their insurers or even with their own employees. The most common mistakes:

- *Absorbing the entire cost of employee benefits.* Fewer companies are footing the whole benefits bill these days. The size of employee contributions varies from a few dollars per pay period to several hundred dollars monthly, but one plus of any co-payment plan is that it eliminates employees who don't need coverage. Many employees are covered under other policies—a parent's or spouse's, for instance—and if you offer insurance for free, they'll take it. But even small co-pay requirements will persuade many to skip it, saving you money.
- *Covering nonemployees.* Who would do this? Lots of business owners want to buy group-rate coverage for their relatives or friends. The trouble: If there is a large claim, the insurer may want to investigate. And that investigation could result in disallowance of the claims, even cancellation of the whole policy. Whenever you want to cover somebody who might not qualify for the plan, tell the insurer or your benefits consultant the truth.
- *Sloppy paperwork.* In small businesses, administering benefits is often assigned to an employee who wears 12 other hats. This employee really isn't familiar with the technicalities and misses a lot of important details. A common goof: not enrolling new employees in plans during the open enrollment period. Most plans provide a fixed time period for open enrollment. Bringing an employee in later requires proof of insurability. Expensive litigation is sometimes the result. Make sure the employee overseeing this task stays current with the paperwork and knows that doing so is a top priority.
- *Not telling employees what their benefits cost.* “Most employees don't appreciate their benefits, but that's because nobody ever

ABOVE AND BEYOND

What does COBRA mean to you? No, it's not a poisonous snake coming back to bite you in the butt. The Consolidated Omnibus Budget Reconciliation Act (COBRA) extends health insurance coverage to employees and dependents beyond the point at which such coverage traditionally ceases.

COBRA allows a former employee after he or she has quit or been terminated (except for gross misconduct) the right to continued coverage under your group health plan for up to 18 months. Employees' spouses can obtain COBRA coverage for up to 36 months after divorce or the death of the employee, and children can receive up to 36 months of coverage when they reach the age at which they are no longer classified as dependents under the group health plan.

The good news: Giving COBRA benefits shouldn't cost your company a penny. Employers are permitted by law to charge recipients 102 percent of the cost of extending the benefits (the extra 2 percent covers administrative costs).

The federal COBRA plan applies to all companies with more than 20 employees. However, many states have similar laws that pertain to much smaller companies, so even if your company is exempt from federal insurance laws, you may still have to extend benefits under certain circumstances. Contact the U.S. Department of Labor to determine whether your company must offer COBRA or similar benefits, and the rules for doing so.

tells them what the costs are," says PRO's Silverstein. Many experts suggest you annually provide employees with a benefits statement that spells out what they are getting and at what cost. A simple rundown of the employee's individual benefits and

what they cost the business is very powerful.

■ *Giving unwanted benefits.* A work force composed largely of young, single people doesn't need life insurance. How to know what benefits employees value? You can survey employees and have them rank benefits in terms of desirability. Typically, medical and financial benefits, such as retirement plans, appeal to the broadest cross-section of workers.

If workers' needs vary widely, consider the increasingly popular "cafeteria plans," which give workers lengthy lists of possible benefits plus a fixed amount to spend.



e-FYI

To check out the financial strength of insurers you're interested in, visit ambest.com. You have to register to access the A.M. Best ratings, but there's no charge to use the service.

Health Insurance

Health insurance is one of the most desirable benefits you can offer employees. There are several basic options for setting up a plan:

- *A traditional indemnity plan, or fee for service.* Employees choose their medical care provider; the insurance company either pays the provider directly or reimburses employees for covered amounts.
- *Managed care.* The two most common forms of managed care are the Health Maintenance Organization (HMO) and the Preferred Provider Organization (PPO). An HMO is essentially a prepaid health-care arrangement, where employees must use doctors employed by or under contract to the HMO and hospitals approved by the HMO. Under a PPO, the insurance company negotiates discounts with the physicians and the hospitals. Employees choose doctors from an approved list, then usually pay a set amount per office visit (typically \$10 to \$25); the insurance company pays the rest.

- *Self-insurance.* When you absorb all or a significant portion of a risk, you are essentially self-insuring. An outside company usually handles the paperwork, you pay the claims, and sometimes employees help pay premiums. The benefits include greater control of the plan design, customized reporting procedures and cash-flow advantages. The drawback is that you are liable for claims, but you can limit liability with “stop loss” insurance—if a claim exceeds a certain dollar amount, the insurance company pays it.
- *Health savings accounts.* HSAs allow workers with high-deductible health insurance to make pretax contributions to cover health-care costs. A high-deductible plan is one that has at least a \$3,050 annual deductible for self-only coverage and a \$6,150 deductible for family coverage in 2010. Furthermore, annual out-of-pocket costs paid under the plan must be limited to \$5,950 for individuals and \$11,900 for families.

Employer contributions to HSAs are tax deductible, excludable from gross income, and are not subject to employment taxes. Employees can use these tax-free withdrawals to pay for most medical expenses not covered by the high-deductible plan.

Cost Containment

The rising costs of health insurance have forced some small businesses to cut back on the benefits they offer. Carriers that write policies for small businesses tend to charge very high premiums. Often, they demand extensive medical information about each employee. If anyone in the group has a pre-existing condition, the carrier may refuse to write a policy. Or if someone in the company becomes seriously ill, the carrier may cancel the policy the next time it comes up for renewal.

Further complicating matters, states are mandating certain health-care benefits so that if an employer offers a plan at all, it has to include certain types of coverage. Mandated benefits increase the cost of basic health coverage from less than 20 percent to more than 50 percent,

depending on the state, according to a recent analysis from the Council for Affordable Health Insurance. Employers who can't afford to comply often have to cut insurance altogether.

The good news: Some states have tried to ease the financial burden by passing laws that offer incentives to small-business owners who provide their employees with coverage. There are also ways to cut costs without cutting into your employees' insurance plan. A growing number of small businesses band together with other entrepreneurs to enjoy economies of scale and gain more clout with insurance carriers.

Many trade associations offer health insurance plans for small-business owners and their employees at lower rates. Your business may have only five employees, but united with the other, say, 9,000 association members and their 65,000 employees, you have substantial clout. The carrier issues a policy to the whole association; your business's coverage cannot be terminated unless the carrier cancels the entire association.

Associations are able to negotiate lower rates and improved coverage because the carrier doesn't want to lose such a big chunk of business. This way, even the smallest one-person company can choose from the same menu of health-care options that big companies enjoy.

Associations aren't the only route to take. In some states, business owners or groups have set up health insurance networks among businesses that have nothing in common but their size and their location. Check with your local chamber of commerce to find out about such programs in your area.

Some people have been ripped off by unscrupulous organizations supposedly peddling "group" insurance plans at prices 20 to 40 percent below the going rate. The problem: These plans don't pay all



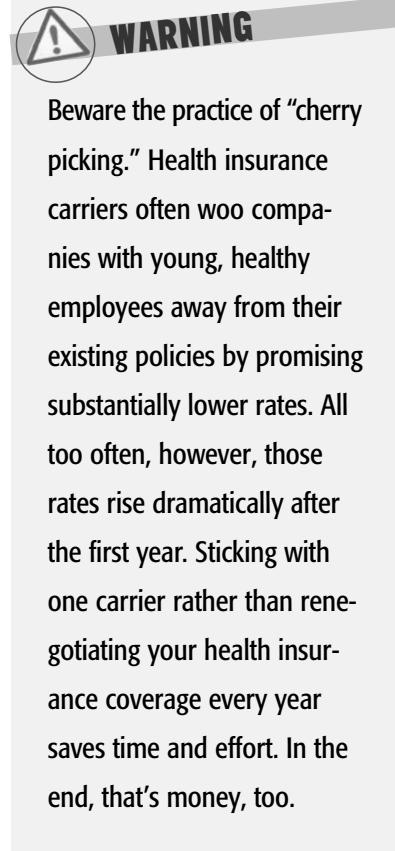
e-FYI

Small-business owners can evaluate their options and generate a quote at no charge at BenefitMall.com (benefitmall.com). This site also offers electronic brochures, training videos and other useful information so you can know what you're looking at when you compare plans for your business.

policyholders' claims because they're not backed by sufficient cash reserves. Such plans often have lofty-sounding names that suggest a larger association of small employers.

How to protect yourself from a scam?
Here are some tips:

- *Compare prices.* If it sounds too good to be true, it probably is. Ask for references from other companies that have bought from the plan. How quick was the insurer in paying claims? How long has the reference dealt with the insurer? If it's less than a few months, that's not a good sign.
- *Check the plan's underwriter.* The underwriter is the actual insurer. Many scam plans claim to be administrators for underwriters that really have nothing to do with them. Call the underwriter's headquarters and the insurance department of the state in which it's registered to see if it is really affiliated with the plan. To check the underwriter's integrity, ask your state's insurance department for its "A.M. Best" rating, which grades companies according to their ability to pay claims. Also ask for its "claims-paying ability rating," which is monitored by services like Standard & Poor's. If the company is too new to be rated, be wary.
- *Make sure the company follows state regulations.* Does the company claim it's exempt? Check with your state's insurance department.
- *Ask the agent or administrator to show you what his or her commission, advance or administrative cost structure is.* Overly generous commissions can be a tip-off; some scam operations pay agents up to 500 percent commission.



- *Get help.* Ask other business owners if they have dealt with the company. Contact the Better Business Bureau to see if there are any outstanding complaints. If you think you're dealing with a questionable company, contact your state insurance department or your nearest Labor Department Office of Investigations.

Retirement Plans

A big mistake some business owners make is thinking they can't fund a retirement plan and put profits back into the business. But fewer than half the employees at small companies participate in retirement plans. And companies that do offer this benefit report increased employee retention and happier, more efficient workers. Also, don't forget about yourself: Many business owners are at risk of having insufficient funds saved for retirement.

To encourage more businesses to launch retirement plans, the Credit for the Small Employer Pension Plan provides a tax credit for costs associated with starting a retirement plan. According to Jeffrey S. Kahn, an employee benefits attorney with Greenberg Traurig in Boca Raton, Florida, you must follow four rules to be eligible for the credit.

1. The plan must be a qualified retirement plan, such as pension, profit sharing, stock bonus or qualified annuity plan; e.g., a 401(k), Simplified Employee Pension (SEP) plan, or SIMPLE.
2. Employers with 100 or fewer employees who received at least \$5,000 in compensation for the preceding year are eligible. Part-time employees must be considered part of this group.
3. The plan cannot just be for an owner/employee. It must also cover at least one nonhighly compensated employee, who makes \$110,000 or less a year and is not an owner of the company.
4. The employer is not allowed to have sponsored a pension plan during the three years preceding the new plan's start date.

The credit is a maximum of \$500 in the year the plan starts and \$500 in each of the next two years, assuming at least \$1,000 of expenses are incurred in both years. Expenses cannot be lumped together.

For more information, see IRS Form 8881, *Credit for Small Employer Pension Plan Start-Up Costs*.



AHA!

IRS Publication 560, *Retirement Plans for Small Business*, describes rules for SEP, SIMPLE and other qualified plans. It's free; visit irs.gov or call (800) TAX-FORM.

Don't ignore the value of investing early. If, starting at age 35, you invested \$3,000 each year with a 14 percent annual return, you would have an annual retirement income of nearly \$60,000 at age 65. But \$5,000 invested at the same rate of return beginning at age 45 only results in \$30,700 in annual retirement income. The benefit of retirement plans is that savings grow tax-free until you withdraw the funds—typically at age 59. If you withdraw funds before that

age, the withdrawn amount is fully taxable and also subject to a 10 percent penalty. The value of tax-free investing over time means it's best to start right away, even if you start with small increments.

Besides the long-term benefit of providing for your future, setting up a retirement plan also has an immediate payoff—cutting your taxes.

Here is a closer look at a range of retirement plans for yourself and your employees.

Individual Retirement Account (IRA)

An IRA is a tax-qualified retirement savings plan available to anyone who works and/or the person's spouse, whether the individual is an employee or a self-employed person. One of the biggest advantages of these plans is that the earnings on your IRA grow on a tax-deferred basis until you start withdrawing the funds. Whether your contribution to an IRA is deductible will depend on your income level and whether you're covered by another retirement plan at work.

Kahn of Greenberg Traurig says you can't contribute to a traditional IRA after age 70½, and you must begin distributions by April 1 following the year you reach age 70½. There also is a 10 percent penalty for funds withdrawn (with limited exceptions) before age 59.

You also may want to consider a Roth IRA. While contributions are not tax-deductible, withdrawals you make at retirement will not be taxed. The contribution limit in 2010 for both single and joint filers was \$5,000 per person or \$6,000 for individuals aged 50 and older. After that, contributions are indexed to inflation.

According to Kahn, a single person may contribute to a Roth IRA with an adjusted gross income (AGI) of under \$95,000, with benefits phasing out completely at \$110,000. For married couples filing jointly, contributions are possible with an AGI less than \$150,000, with benefits being eliminated at \$160,000. These limitations are also adjusted periodically.

The hot topic for 2010 was the Roth conversion. Prior to January 1, 2010, a taxpayer could not convert a regular IRA to a Roth IRA if his or her modified AGI exceeded \$100,000. In addition, married taxpayers had to file a joint return to qualify. Kahn adds that the \$100,000 limit has now been removed, and married taxpayers no longer need to file a joint return to qualify.

Furthermore, if the taxpayer elects, he or she does not need to include the IRA conversion income in 2010; instead, the taxpayer can pick up 50 percent in 2011 and 50 percent in 2012, which may result in some tax savings. Consult your tax lawyer or accountant to see if this option is right for you.

There's also a retirement savings option known as a Roth 401(k) to consider. It is a 401(k) plan that allows employees to designate all or part of their elective deferrals as qualified Roth 401(k) contributions.

Qualified Roth 401(k) contributions are made on an after-tax basis, just like Roth IRA contributions. Employees' contributions and earnings



e-FYI

Want to know how you're doing on your retirement savings plan? Check out CNN Money's online retirement planning calculators at cgi.money.cnn.com/tools. They provide an easy, accurate way to help you determine how much you'll need and what your chances are of getting there. And if it looks like you'll fall short, suggestions are provided for improving your plan. Best part—it's free!

are free from federal income tax when plan distributions are taken. Unless extended, this option will expire at the end of 2011.

Regardless of income level, Kahn says you can qualify for a deductible IRA as long as you do not participate in an employer-sponsored retirement plan, such as a 401(k). If you are in an employer plan, you can qualify for a deductible IRA if you meet the income requirements. Keep in mind that it's possible to set up or make annual contributions to an IRA any time you want up to the date your federal income tax return is due for that year, not including extensions. The contribution amounts for deductible IRAs are the same as for Roth IRAs.

For joint filers, even if one spouse is covered by a retirement plan, the spouse who is not covered by a plan may make a deductible IRA contribution if the couple's adjusted gross income is \$167,000 or less. Like the Roth IRA, the amount you can deduct is decreased in stages above that income level and is eliminated entirely for couples with incomes over \$177,000. Nonworking spouses and their working partners can contribute up to \$10,000 to IRAs (\$5,000 each), provided the working spouse earns at least \$10,000. It's possible to contribute an additional \$1,000 for each spouse who is at least 50 years old at the end of the year, as long as there is the necessary earned income. For example, two spouses over 50 could contribute a total of \$12,000 if there is at least \$12,000 of earned income.

As you can see, the rules concerning IRA and Roth IRAs are quite complex and can change from year to year. Be sure to consult with a qualified professional to make sure you are in compliance.

Savings Incentive Match Plan For Employees (SIMPLE)

SIMPLE plans are one of the most attractive options available for small-business owners. With these plans, you can choose to use a 401(k) or an IRA as your retirement plan.

A SIMPLE plan is just that—simple to administer. This type of retirement plan doesn't come with a lot of paperwork and reporting requirements.

MANUAL LABOR

Sooner or later, every entrepreneur needs to write a manual. Employee policy manuals, procedures manuals and safety manuals are just a few of the more important ones.

Even if you only have one employee, it's not too soon to start putting policies in writing. Doing so now—before your staff grows—can prevent bickering, confusion and lawsuits later when Steve finds out you gave Joe five sick days and he only got four.

How to start? As with everything, begin by planning. Write a detailed outline of what you want to include.

As you write, focus on making sure the manual is easy to read and understand. Think of the simplest, shortest way to convey information. Use bullet points and numbered lists, where possible, for easier reading.

A lawyer or a human resources consultant can be invaluable throughout the process. At the very least, you'll want your attorney to review the finished product for loopholes.

Finally, ensure all new employees receive a copy of the manual and read it. Include a page that employees must sign, date and return to you stating they have read and understood all the information in the manual and agree to abide by your company's policies. Maintain this in their personnel file.

You can set up a SIMPLE IRA only if you have 100 or fewer employees who have received \$5,000 or more in compensation from you in the preceding year. Generally, the employer must make contributions to the plan by either matching each participating employee's

"When you get into a tight place and everything goes against you, till it seems as though you could not hang on a minute longer, never give up then, for that is just the place and time the tide will turn."

—HARRIET BEECHER STOWE

contribution, dollar for dollar, up to 3 percent of each employee's pay, or by making an across-the-board 2 percent contribution for all employees, even if they don't participate in the plan, which can be expensive.

The maximum amount each employee can contribute to the plan is \$10,000 for 2006. After that, the amount will be indexed for inflation. Participants in a SIMPLE IRA who are age 50 or over at the end of the calendar year can also make a catch-up contribution of an additional \$2,500 in 2006.

Simplified Employee Pension (SEP) Plan

As its name implies, this is the simplest type of retirement plan available. Essentially, a SEP is a glorified IRA that allows you to contribute a set percentage up to a maximum amount each year. Paperwork is minimal, and you don't have to contribute every year. And regardless of the name, you don't need employees to set one up.

If you do have employees—well, that's the catch. Employees do not make any contributions to SEPs. Employers must pay the full cost of the plan, and whatever percentage you contribute for yourself must be applied to all eligible employees. Generally, the maximum contribution is 25 percent of an employee's annual salary (up to \$245,000) or \$49,000, whichever is less.

As your company grows, you may want to consider other types of retirement plans, such as Keogh or 401(k) plans.

Where to Go

With so many choices available, it's a good idea to talk to your accountant about which type of plan is best for you. Once you know what you want, where do you go to set up a retirement plan?

Banks, investment companies, full-service or discount brokers, and independent financial advisors can all help you set up a plan that meets your needs. Many of these institutions also offer self-managed brokerage accounts that let you combine investments in mutual funds, stocks, bonds and certificates of deposit (CDs).

Low-Cost Benefits

In addition to the standard benefits discussed above, there are plenty of benefits that cost your company little or nothing but reap huge rewards in terms of employee satisfaction and loyalty. Consider these ideas:

- *Negotiate discounts with local merchants for your employees.* Hotels, restaurants and amusement parks may offer discounts on their various attractions, including lodging and food, through corporate customer programs. Warehouse stores, such as Sam's Club, allow discounted membership to employees of their corporate members. Movie theaters provide reduced-rate tickets for companies' employees. Don't forget to offer employees free or discounted prices on your own company products and services.
- *Ask a local dry cleaner for free pickup and delivery of your employees' clothes.* Or ask a garage for free transportation to and from work for employees having their cars serviced there. Many businesses are willing to provide this service to capture—and keep—new customers.
- *Offer free lunchtime seminars to employees.* Health-care workers, financial planners, safety experts, attorneys and other professionals will often offer their speaking services at no charge. Education is beneficial for both your employees and your business.
- *Offer supplemental insurance plans that are administered through payroll but are paid for by the employee.* Carriers of health, life, auto and accident insurance typically offer these plans at a lower rate to employers, so everybody benefits.
- *Offer a prepaid legal services plan administered through payroll but paid for by the employee.* Like insurance, the purpose of the prepaid

legal service is to provide protection against the emotional and financial stress of an employee's legal problems. Such services include phone consultations regarding personal or business-related legal matters, contract and document review, preparation of wills, legal representation in cases involving motor vehicle violations, trial defense services, and IRS audit legal services.

The employer deducts the monthly service fee from the paychecks of those employees who want to take advantage of the service. Typical fees range from \$9 to \$12 per month per employee and cover most routine and preventive legal services at no additional cost. More extensive legal services are provided at a lower rate when offered in this manner, saving employees money.

- *How about an interest-free computer loan program?* Making it easier for employees to purchase computers for their personal use increases the technical productivity of employees on the job. The employee chooses the computer and peripherals based on the employer's parameters. (For example, the computer must be a Macintosh, and the entire package may not exceed \$3,000.) The company purchases the system, allows the employee to take it home, and deducts the payments from his or her paycheck. Although there's some initial capital outlay, it is recouped quickly. Any computer experience an employee can gain at home will most likely enhance his or her proficiency in the workplace.
- *Let employees purchase excess inventory from your business at a significant discount via sample sales or employee auctions.* Arrange these purchases



TIP

Taking time to thank your employees pays off in performance. Some ways to show appreciation: Send birthday cards to workers' homes. Write congratulatory notes for a job well done. Use food to boost morale—Popsicles on a hot day or hot chocolate in the winter. Small things make a big difference in making employees feel valued.

in conjunction with regularly scheduled companywide “yard sales” for employees to buy and sell their personal belongings.

One of the most appreciated but most overlooked benefits is membership in a credit union. There are some 6,000 well-established, state-chartered credit unions throughout the United States and Canada that accept startup businesses as members—at no charge.

The benefits to your employees are threefold: Most likely they'll increase their savings rates (especially if you offer automatic payroll deduction), they'll have access to lower loan rates, and they'll pay lower fees—if any—for services. Services credit unions frequently offer include:

- Automatic payroll deductions
- Individual retirement accounts
- Savings certificates
- Personal and auto loans
- Lines of credit
- Checking accounts
- Christmas club accounts

Only state-chartered credit unions are allowed to add new companies to their membership rosters. To find a credit union that will accept your company, call your state's league of credit unions. You can also write to the National Credit Union Administration, 1775 Duke St., Alexandria, VA 22314-3428, or call (703) 518-6300 for more information, or visit their website at ncua.gov for a list of consumer resources.

When comparing credit unions, get references and check them. Find out how communicative and flexible the credit union is. Examine the accessibility. Are there ATMs? Is there a location near your business? Consider the end users—your employees.

Once your company is approved, designate one person to be the primary liaison with the credit union. That person will maintain information about memberships as well as enrollment forms and loan applications.



TIP

1001 Ways to Reward Employees (Workman) by Bob Nelson is an encyclopedic survey of employee rewards. With more than 1,000 innovative ideas for rewarding employees, this book should give you plenty of inspiration on ways to offer rewards in any situation.

Kick things off by asking a credit union representative to conduct on-site enrollment and perhaps return periodically for follow-up or new sign-ups.

Employee Policies

Now that you have employees, you'll need to set policies on everything from pay rates to safety procedures. Many of these policies are regulated by federal and state laws. Here's what you need to know.

Paying Employees

There are many state and federal laws that regulate the paying of employees, including the calculation of overtime, minimum wage, frequency of payment, and rules for payment upon termination. Because your business may be subject to both state and federal laws (the primary federal law being the Fair Labor Standards Act, or FLSA), which are often quite different and conflicting, you should check with the applicable government agencies, your local chamber of commerce, and appropriate financial and legal experts to determine which laws apply and how to correctly apply them.



e-FYI

Recruiting firm Robert Half International offers several salary guides that contain data on average starting salaries in accounting, administration, information technology and legal and creative fields. You can request a complimentary copy at rhi.com.

Nonexempt and Exempt Employees

Under the FLSA, all employees are classified as either exempt or nonexempt. A nonexempt employee is entitled to a minimum wage and overtime pay as well as other protections set forth in the FLSA.

Exempt employees are not protected under these rules. However, if you wish to classify an employee as exempt, you must pay him or her a salary. Anyone paid on an hourly basis is automatically considered nonexempt; however, there can be nonexempt employees who are paid a salary.

If salary is not the determining factor, what factors determine whether an employee is exempt? Under FLSA and most state laws, an exempt employee is one whose job responsibilities, more than 50 percent of the time, involve the regular exercise of discretionary powers and can be characterized as:

- *Executive*: usually a manager who directs the work of other employees and has the authority to make recommendations affecting the status of those employees (e.g., hiring, firing, promotions, etc.)
- *Administrative*: a person who performs office or nonmanual work under general supervision and which primarily involves special assignments or requires specialized training, experience or education
- *Professional*: a person who is engaged in a recognized profession such as medicine or law or in a field of learning that is specialized and predominantly intellectual or creative.

There are additional exempt categories for more specialized employees, such as professional artist, computer professional or outside salesperson. In addition, your business may be subject to both federal and often more restrictive state laws governing the exempt status of employees. In those instances, an employee must meet the requirements for exemption under both federal and state law.



Want to get an idea what others in your industry are paying workers? The Bureau of Labor Statistics offers the National Compensation Survey for most regions of the country. The information is broken down by occupation, industry and demographics. The bureau also has information about benefits. To access the reports, visit stats.bls.gov/ncs/#tables or call the Bureau of Labor Statistics' regional offices.

Tip Credits

States sometimes set minimum wage laws above or below the federal minimum wage standard. If your business is subject to both state and federal wage laws, you'll have to pay the higher of the two.

Under federal law (the Small Business Job Protection Act of 1996), you may apply tips received by an employee against the employee's minimum hourly wage, provided that: 1) the employee makes at least \$30 per month in tips, 2) the employer pays at least 50 percent of the federal minimum wage, 3) the employee has been informed of the applicable law governing minimum wage and tip credits, and 4) the employee retains all the tips received by him or her (unless there's tip pooling with other employees). However, if the hourly wage paid by the employer when added to the tip credit is less than the minimum wage, the employer must make up the difference.

Once again, you will need to make sure there are no contrary state laws governing if and when you can use tip credits to meet your minimum wage obligations. For example, California law requires a higher minimum wage than federal law and thus applies to California employers and employees. Because California law prohibits crediting tips against minimum wage payments, tip credits are unavailable in California. Tip credit is also not allowed in Alaska. For a table of state laws on tip credits, see dol.gov.

Overtime Requirements

Excluding certain industry-specific exceptions, federal and state law requires that nonexempt employees be paid overtime. Under the FLSA, nonexempt employees must be paid one and a half times their normal rate of pay for hours worked in excess of 40 hours during a workweek. A workweek is defined as seven consecutive 24-hour periods. Although a workweek can begin on any day, it must be fixed for that employee and cannot be changed so as to evade applicable overtime laws. Most states also have their own overtime laws, and if they are more favorable to employees, those are the ones you must follow. For example, under California law, employees who work more than eight hours during a single day are entitled to overtime, even if they do not work more than 40 hours during a given workweek (the federal requirement).

Remember, nonexempt employees can be salaried as well as hourly. So don't make the mistake of assuming that just because an employee is salaried, he or she is exempt from overtime.

Workplace Safety

Why worry about safety? Because failing to do so could literally destroy your business. Besides the human loss, workplace accidents cost money and time. You could be liable for substantial penalties that could wipe out your business's cash flow. The Occupational Safety and Health Administration (OSHA) can assess huge fines for willful violations of safety rules, especially when they could result in death or serious physical harm. In 2005, BP Products North America Inc. had to pay \$21 million in penalties for safety and health violations after a fatal explosion at its plant in Texas City, Texas, that killed 15 workers and injured more than 170. So paying attention to safety is definitely worth your while.

OSHA Regulations

All employers, whether they have one employee or 1,000, are subject to federal OSHA requirements. However, in states where a federally certified plan has been adopted, the state plan governs. State standards must be at least as strict as the federal standards.

Businesses that use nonemployee workers, such as independent contractors or volunteers, are not subject to OSHA. Workers are considered employees under OSHA if you:

- Control the actions of the employee



TIP

For a comprehensive look at how to start a successful safety program, read *Workplace Safety: A Guide for Small and Midsized Companies* (Wiley) by Dan Hopwood and Steve Thompson. Besides presenting helpful information about core OSHA regulatory requirements, the book covers workers' comp, disaster and emergency planning, injury investigation and management, best practices and more.

- Have the power to control the employee's actions
- Are able to fire the employee or modify employment conditions

Small employers (with ten or fewer employees) don't have to report injuries and illnesses. However, that doesn't mean they are exempt from OSHA regulations.



e-FYI

The Institute for a Drug-Free Workplace is a nonprofit association that provides information, education and advocacy for companies concerned about controlling illicit drug and alcohol use at work. Learn about drug-testing laws, read model employer guides and more at drugfreeworkplace.org.

Compliance with OSHA

The first step in complying with OSHA is to learn the published safety standards. The standards you must adhere to depend on the industry you're in.

Every business has to comply with general industry standards, which cover things like safety exits, ventilation, hazardous materials, personal protective equipment like goggles and gloves, sanitation, first aid and fire safety.

Under OSHA, you also have a general duty to maintain a safe workplace, which covers all situations for which there are published standards. In other words, just because you complied with the standards that specifically apply to your industry doesn't mean you're off the hook. You also need to keep abreast of possible hazards from new technology or rare situations the government may have thought of and published standards for.

Sound exhausting? Help is available. Start with your insurance carrier. Ask if an insurance company safety specialist can visit your business and make recommendations. Insurers are typically more than happy to do this since the safer your business is, the fewer accident claims you'll file. The government can also help you set up a safety program. Both OSHA and state safety organizations conduct safety consultation programs. Check to see what programs your state safety department offers, too. You'll find local offices of government agencies as well as state organizations listed in the government pages of your phone book,

usually under “Labor Department,” “Department of Commerce” or a similar name.

Don’t forget to tap into the resources of your chamber of commerce, industry trade association and other business groups. Many offer safety seminars and provide safety training literature free or for a nominal charge. In addition, there are private consultants who can help small businesses set up safety programs that meet OSHA regulatory standards. Your lawyer may be able to recommend a good one in your area.

Put It in Writing

When you have a safety program in place, put it in writing with a safety manual (see “Manual Labor” on page 399). Your safety manual should explain what to do in the event of a fire, explosion, natural disaster or any other catastrophe your business may face. Make sure you keep well-stocked fire extinguishers and first-aid kits at convenient locations throughout your building. Also make sure employees know where these are located and how to use them. In addition to emergency procedures, your safety manual should explain proper procedures for performing any routine tasks that could be hazardous. Ask employees for input here; they are closest to the jobs and may know about dangerous situations that aren’t obvious to you.

Finally, have an insurance professional, a government representative and an attorney review the finished manual. You’re putting your company’s commitment to safety on the line, so make sure you get it right.



Peeved at payroll paperwork? Companies with as few as five employees can benefit from using a payroll service. When comparison shopping, get references, ask about services, and inquire if the payroll service keeps abreast of federal and state payroll regulations. Rates depend on number of employees and frequency of payroll.

Emphasize the importance of safety with meetings, inspections and incentive programs. These don't have to cost a lot (or anything). Try establishing a "Safe Employee of the Month" award or giving a certificate for a free dinner for winning suggestions on improving safety.

Discriminatory Treatment?

Although sexual harassment is one of the biggest issues facing employers these days, it's not the only type of discrimination you need to be concerned about. Under the Civil Rights Act of 1991, employees who believe they were victims of job discrimination due to race, religion, sex or disability are entitled to a trial by jury.



WARNING

Learn to spot some of the signs that sexual harassment may be occurring in your company. Increased absenteeism, drop-offs in productivity and lackluster performance are all signs that something may be wrong.

While companies with fewer than 15 employees are generally exempt from federal discrimination laws, most states have their own laws prohibiting discrimination, which, in addition to protecting a wider range of categories of employees, include smaller businesses within their scope and procedural and evidentiary standards more favorable to claimants. Apart from the tendency of some juries to award plaintiffs disproportionately high monetary damages, litigation in this area of the law can be extremely costly, even if you prevail. One attorney estimates the average

legal fees for defense in a sexual harassment suit, regardless of the verdict, are upwards of \$75,000.

Concerns over discrimination are more important than ever in today's increasingly diverse business world. If you run a small business, chances are you will be dealing with employees from many cultures, races and age groups. How can you keep things running harmoniously and protect your business from legal risk? The best policy is to make sure that everyone in your workplace understands what constitutes harassment and discrimination—and also understands the benefits of a diverse workplace.

Big companies may spend thousands on diversity training, but there are plenty of low-cost options available:

- Learn as much as you can from books on the subject and from exposure to people who are different from you.
- Investigate video series on managing diversity. Many are available for rental or purchase.
- Consider public programs. A growing number of Urban League, chamber of commerce, Small Business Administration and community college seminars and courses are bringing business owners together to learn about diversity issues.

As the business owner, it's important to set a good example. Some ground rules to help keep you out of trouble:

- Don't touch employees inappropriately.
- Never date someone who works for you.
- Don't demean others or make suggestive comments. Watch your mouth; what seems humorous to some may offend others.
- Be sensitive to diversity of all kinds. Are employees in their 50s making condescending remarks about the "young upstarts" in their 20s? Two white women in their 40s might face a cultural conflict if one is from the Midwest and the other is from the West Coast, or if one has children and the other doesn't.
- If you decorate your office for the holiday season, don't include some religious symbols and leave out others. Many employers use nonreligious décor such as snowflakes and candles.

Put policies regarding discrimination and harassment in writing as part of your employee manual (see "Manual Labor" on page 399). Outline the disciplinary action that will be taken and the process by which employees can make their complaints known.

Hold a brief orientation meeting to introduce employees to your new policy or reacquaint them with the one already in place. Spell out very plainly what is and isn't acceptable. Many employees are especially confused about what constitutes sexual harassment. While you want to follow the law and make a safe environment, you also don't want your

“Make the tough decisions and don’t look back. As long as you’ve thought things through and have kept the company’s interests at heart, you’ll be OK.”

—KATRINA GARNETT,
FOUNDER OF CROSSROADS
SOFTWARE INC.

staff walking around scared to say hello to one another.

Even if an incident does arise, the good news for business owners: Most complaints can be solved at the company level, before the issue comes close to a courtroom. To make this work, however, time is of the essence. Don’t put off dealing with complaints, or the victim is likely to stew.

Give both parties a chance to tell their side of the story. Often, the cause is a simple misunderstanding. To cover all your bases, you may want to have a neutral consultant or human resources professional from outside the company investigate the matter.

part 5

BUY

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BUYER'S GUIDE

Business Equipment Basics

When it comes to the day-to-day operation of your business, how you set up your office or workspace is essential. Your goal is to create a work space that's well-lit and will keep you as comfortable as possible, with access to business-related tools and equipment that will allow you to stay organized and productive.

As you'll discover in this chapter, technology plays a tremendous role in creating a well-equipped office on a relatively tight budget. Just a few years ago, for example, if you needed a high-speed laser printer, scanner, copier and fax machine, these items needed to be purchased separately, at a cost of \$400 to \$2,000 each. Today, you can walk into any office or electronics superstore and purchase an all-in-one machine for well under \$500 that's capable of handling all these functions, in addition to the workload of most small or even medium-sized businesses.

What types of equipment do you need? It varies greatly based on the type of business you run as well as your personal work habits. In general, however, there are some basic pieces of equipment most new business owners need (these are discussed in more detail throughout Part 5):

- Computers (desktop, laptop, netbook and/or tablet)
- Software
- Fax machine
- Laser printer and/or color printer and label printer
- Copier
- Scanner
- Phone
- Voice mail
- Cell phone/wireless PDA (such as a BlackBerry or Apple iPhone)
- Calculator

Look over this list and consider which items you can't live without, which products would be nice to have, and which (if any) you don't need. When equipping a startup business, you must tread a fine line. Most people race out and purchase the best office equipment possible and often feel the compulsion to buy the latest tools simply because they're cutting-edge. These entrepreneurs often end up spending way beyond their budgets, only to find that the items they bought aren't necessary, don't make them more productive, aren't compatible with their existing equipment, or contain so many bells and whistles that the equipment is too confusing and time consuming to fully use.

At the other end of the spectrum are those entrepreneurs who try to make do with the bare bones. In an effort to save a few dollars, these business owners sacrifice efficiency and productivity, chugging along with a prehistoric computer, a one-line phone, or an internet connection that moves at a snail's pace. In short, they're penny-wise and pound-foolish.

Today's business climate is so fast-paced, clients won't do business with you if you can't keep up. Assess each item, and determine how it

could benefit your business. Would you use a color laser copier often enough to make it worth the cost? Or for that occasional color copy, can you head over to Kinko's? Do you really need the cutting-edge tablet computer from Apple, or would you be just as productive using a \$300 netbook when you're on the go?

Choose what technology and office equipment you absolutely need, then purchase the best quality equipment you can afford. When it comes to purchasing technology, you may be better off spending a bit extra now to ensure the item will last two to three years rather than purchasing something that will quickly become outdated or need to be replaced in just 12 to 18 months.



e-FYI

Save time and money with virtual fax machines. Rather than purchasing a stand-alone fax machine, online services, such as eFax.com, will forward faxes to your e-mail account and allow you to send faxes directly from your word processor or web browser.

Cost Cutters

Technology is far less expensive than it was just three to five years ago. For example, you can purchase a powerful, PC-based desktop computer for under \$1,000. Three years ago, a similar machine might have cost \$3,000 or more. That being said, equipping your business can still be a costly proposition. Fortunately, there are several different avenues you can take to keep the expenses to a minimum.

Financing Plan

If you're buying expensive equipment, consider having the manufacturers "lend" you money by selling the equipment to you over a period of time.

There are two types of credit contracts commonly used to finance equipment purchases: the *conditional sales contract*, in which the purchaser does not receive title to the equipment until it is paid for; and the *chattel-mortgage contract*, in which the equipment becomes the



SAVE

How can you keep equipment costs way down?

Consider launching from a business incubator, where services, facilities and equipment are shared among several businesses. (For more on incubators, see Chapter 17.)

something you can no longer use.)

By using your equipment suppliers to finance the purchase, you reduce the amount of money you need upfront.

When Lease Is More

Another way to keep equipment costs down is to lease instead of buy. These days, just about anything can be leased—from computers and heavy machinery to complete offices. The kind of business you're in and the type of equipment you're considering are major factors in determining whether to lease or buy.

If you're starting a one-person business and need just one computer, for instance, it probably makes more sense to buy. On the other hand, if you're opening an office that will have several employees, and you require a dozen computers, you may want to look into leasing.

According to the Equipment Leasing Association of America (ELA), approximately 80 percent of U.S. companies lease some or all of their equipment, and there are thousands of equipment-leasing firms nationwide catering to that demand. “[Leasing is] an excellent hedge against obsolescence,” explains a spokesperson at the ELA, “especially if you’re leasing something like computer equipment and want to update it constantly.”

property of the purchaser on delivery, but the seller holds a mortgage claim against it until the contract amount is fully paid.

There are also lenders who will finance 60 to 80 percent of a new equipment purchase, while you pay down the balance as a down payment. The loan is repaid in monthly installments, usually over one to five years, or the usable life of the equipment. (Make sure the financing period doesn't extend past the usable life of the equipment; you don't want to be paying for something you can no longer use.)

Other leasing advantages include: making lower monthly payments than you would have with a loan, getting a fixed financing rate

PACKAGE DEAL

As you put together an equipment leasing package, consider these issues:

- What equipment do you need and for how long?
- Do you want to bundle service, supplies, training and the equipment lease itself into one contract?
- Have you anticipated your company's future needs so you can acquire adequate equipment?
- What is the total payment cost?

Also ask the following questions about each leasing source you investigate:

- Who will you be dealing with? Is there a separate company financing the lease? (This may not be desirable.)
- How long has the company been in business? As a general rule, deal only with financing sources that have been operating at least as many years as the term of your proposed lease.
- Do you understand the terms and conditions during and at the end of the lease?
- Is casualty insurance (required to cover damage to the equipment) included?
- Who pays the personal property tax?
- What are the options regarding upgrading and trading in equipment before the lease period expired?
- Who is responsible for repairs?

instead of a floating one, benefiting from tax advantages, conserving working capital and avoiding cash-devouring down payments, and gaining immediate access to the most up-to-date business tools. The equipment also shows up on your income statement as a lease expense rather than a purchase. If you purchase it, your balance sheet becomes less liquid.

Leasing also has its downside, however: You'll pay a higher price over the long term. Another drawback is that leasing commits you to retaining a piece of equipment for a certain time period, which can be problematic if your business is in flux.

Every lease decision is unique, so it's important to study the lease agreement carefully. Compare the costs of leasing to the current interest rate, examining the terms to see if they're favorable. What's the lease costing you? What are your immediate and long-term savings? Compare those numbers to the cost of purchasing the same piece of equipment, and you'll quickly see which is the more profitable route.



e-FYI

Want to figure out how much your equipment leasing costs will be? Visit MoneySearch.com to use their free lease calculators (moneysearch.com).

Because startups tend to have little or no credit history, leasing equipment is often difficult or even impossible. However, some companies will consider your personal, rather than business, credit history during the approval process.

If you decide to lease, make sure you get a closed-end lease, without a balloon payment at the end. With a closed-end lease, nothing is owed when the lease period ends.

When the lease period terminates, you just turn the equipment in and walk away. With an open-end lease, it's not that simple. If you turn in the equipment at the end of the lease, but it's worth less than the value established in the contract, then you're responsible for paying the difference. If you do consider an open-end lease, make sure you're not open to additional charges, such as wear and tear.

Finally, balloon payments require you to make small monthly payments with a large payment (the balloon) at the end. While this allows

you to conserve your cash flow as you're making those monthly payments, the bad news is, the final balloon payment may be more than the equipment is worth.

There are many different avenues through which you can secure an equipment lease, including:

- Banks and bank-affiliated firms that will finance an equipment lease may be difficult to locate, but once found, banks may offer some distinct advantages, including lower costs and better customer service. Find out, however, whether the bank will keep and service the lease transaction after it's set up.
- Equipment dealers and distributors can help you arrange financing using an independent leasing company.
- Independent leasing companies can vary in size and scope, offering many financing options.
- Captive leasing companies are subsidiaries of equipment manufacturers or other firms.
- Broker/packagers represent a small percentage of the leasing market. Much like mortgage or real estate brokers, these companies charge a fee to act as an intermediary between lessors and lessees.



SAVE

Turning off your computer at night, on average, can save you more than \$100 a year, and using fluorescent lights instead of 100-watt bulbs can reduce your lighting costs by two-thirds. However, certain types of fluorescent lights cause added eye strain, so if you'll be spending 8 to 12 hours per day in a work space with minimal natural light, you might want to splurge on lighting that won't give you a headache or cause added eye stress over time.

For more information on leasing, the ELFA in Arlington, Virginia (elfaonline.org), and the Business Technology Association (BTA) in Kansas City, Missouri (bta.org), offer member directories. The ELFA allows you to personalize your directory and pay for only the information you need, which could result in paying well under \$100 or well

over. The BTA offers informative resources and publications to the public for free; however, only subscribing members have access to its membership database.

Wise Buys

If your calculations show that buying makes more sense for you, you've still got some decisions to make. First and foremost, where to buy?

Buying New Equipment

The same piece of new equipment that costs \$400 at one store can cost \$1,000 at another. It all depends on where you go. Here are some of the most common sources for new equipment, with a look at the pros and cons of each.

- *Superstores.* Office or electronics superstores usually offer competitive retail prices because they buy from manufacturers in volume. Most superstores offer delivery, installation and ongoing service contracts for the equipment they sell. However, you're unlikely to find knowledgeable salespeople at superstores, and the prices will almost always be higher than shopping online. It is convenient, however, to walk into a store and walk out with your purchase a few minutes later (rather than waiting up to a week for shipping).
- *Specialty stores.* Small electronics stores and office equipment retailers are likely to offer more assistance in putting together a package of products. Salespeople will typically be more knowledgeable than at superstores, and service will be more personal. Some even offer service plans. On the downside, prices go up accordingly. Unfortunately, many of these smaller, independently owned and operated specialty stores are going out of business because they can't compete with online vendors or the superstores.
- *Dealer direct sales.* Many manufacturers choose this option as a way of maintaining their service-oriented reputation. On the plus side, you'll get assistance from highly knowledgeable salespeople

who can help you put together the right system of products. You may also get delivery, installation and training at no extra cost. Many entrepreneurs swear by this method of buying. The downside: Since you're dealing with one manufacturer, you won't get to compare brands. Apple is the perfect example of a major computer company that has its own chain of retail stores, plus sells directly to consumers online.

■ *E-tailers.* Without incurring the overhead of a brick-and-mortar store, online equipment sellers are able to offer brand names at much lower prices than retail stores. To shop efficiently online, you must know exactly what you want to purchase (make and model numbers, for example), then shop around for the best prices and the most reputable online dealers. Use price-comparison websites, such as Nextag (nextag.com), to compare multiple vendors and their prices, and you could wind up saving 20 to 60 percent off your purchase. Shopping online also works for office supplies, such as toner or ink cartridges. A toner cartridge for a brand-name laser printer might sell at Staples or Office Max for \$89 but be available online for \$29 (or less).

No matter what source you buy your equipment from, be sure to investigate the type of service and support you'll get before you whip out your wallet. A tempting price may seem like a compelling reason to forgo solid service when you buy, but it won't seem like such a good deal when the equipment grinds to a halt in the middle of an urgent project . . . and the vendor is nowhere to be found.



If you purchase all your equipment from a single supplier, you may be able to negotiate volume discounts, free shipping and other extras. Be aware, though, that purchasing from a single vendor also limits your options. For example, the merchant you choose for your computer system may not offer the brand of printer you want, or you could run into a problem if your sole vendor winds up going out of business.

In terms of computers, many businesses are turning away from PC-based systems and buying Apple instead because of the superior service offered through the AppleCare program. At any time, you can visit an Apple Store or call Apple's toll-free number and quickly receive technical support by a knowledgeable, English-speaking expert. In addition, most repairs and replacement equipment are covered for three years. This is something Dell, Acer, HP and other PC-based computer manufacturers don't offer.

To get the most from your equipment vendors, it's important to lay the proper groundwork and let them know you're a valuable customer. One way to do this is to make sure you send in the service registration card that comes with the product. Contact the vendor before problems arise to ask for all the relevant telephone and tech support websites, so you know what to do if disaster strikes. Maintain contact with the vendor by asking questions as they come up and giving the vendor any comments or ideas that might improve the product. This identifies you as an active user and builds your relationship with the vendor.

Before you buy, prioritize what's important to your company; then get the answers to these questions:

- How long does the warranty last?
- Does the vendor offer a money-back guarantee? Many computer peripherals, for instance, come with 30-day money-back guarantees. Use this time to make sure the item works with the rest of your system.
- Does the vendor charge a restocking fee? Even when a company offers a money-back guarantee, the company may charge a restocking fee of up to 15 percent of the product's cost on returns.
- What fees, if any, does the vendor charge for technical support?
- How easy is it to reach technical support? Try calling before you buy the product to see how long you're put on hold and whether the company returns calls. Many companies outsource their

technical support overseas, so you should also make sure the support personnel speak English and are easy to understand.

- What hours is technical support available? Be aware of time zones. If you're in California and your East Coast vendor shuts down at 5 P.M., you could be out an afternoon's work if your computer breaks down after 2 P.M. California time.
- How quickly can the vendor fix problems? What are the repair costs and time frames (on-site repair, 24-hour turnaround, etc.)? Who pays shipping costs if items need to be returned to the manufacturer for repair during the warranty period?
- Does the vendor offer any value-added services?

Buying Used Equipment

If new equipment is out of your price range, buying used equipment can be an excellent cost-cutter. But with technology changing so rapidly, you'll want to make sure you're buying used equipment that will meet your needs now and in the future. Some older computers, for example, won't run the current Windows or Mac operating system, or the current versions of software you may absolutely need.

There are several sources for buying used. Asset remarketers, for example, work with equipment leasing companies to resell repossessed office equipment through a network of dealers and wholesalers—and sometimes directly to business owners. The prices are a fraction of the cost of buying or leasing brand-new equipment.

It is also simpler buying repossessed equipment through an asset remarketer than going to a bankruptcy auction. As in most auctions, the asset remarketing company accepts bids—but that is where the similarities end.



e-FYI

InterSchola (interschola.com) sells used equipment from an unlikely source: school districts. The company works with public and private school systems to help them sell their surplus equipment using an online auction sales model. You can often find amazing deals on used computers and office equipment.

Asset remarketers keep equipment in warehouses, which buyers visit at their convenience as they would a discount office equipment retailer. Often, the remarketer has a price sheet showing the equipment's original price and its approximate resale value. Use this price sheet as a guideline in making your offer.

Leasing companies and asset remarketers must resell equipment at a fair market price, so three bids are usually required. There's no set deadline, but these companies are eager to move their equipment out of storage and into the highest bidder's hands, so if you see something you want, move fast.

LEMON ALERT

Whether you're buying used equipment from an individual or a business, take these steps to make sure you don't get stuck with a lemon.

- *Know the market.* Do some research before you make an offer. Read the classifieds to learn the going rates for the item(s) you want. Notice how quickly items move. Is it a seller's market, or do you see the same ads run again and again?
- *Try before you buy.* Just as you would with new equipment, it's essential to "test drive" used equipment. Run diagnostic tests; make sure all the parts are working; ask about any problems. (Sometimes, an item may still be still worth buying, even with the cost of repairs.)
- *Bring a buddy.* If you're a novice, it helps to take a more experienced friend or colleague with you when you test the equipment. He or she can ask questions you may not think of and pinpoint problems you might miss.
- *Don't buy if you don't feel comfortable.* Never let anyone talk you into a purchase or make you feel guilty. If you don't feel good about it, walk away.

If you want to buy, make an offer to the asset remarketing firm, which then sends it to the leasing company's asset recovery manager. Some asset remarketers may require a \$100 deposit when the leasing company accepts the bid; you'll then need to pay with cash, certified funds or cashier's check within a few days.

While finding asset remarketing companies is as easy as calling a local repossession company, be careful to find a reputable company. While some states regulate asset remarketing or repossession firms, there are unscrupulous remarketers in many states who hang out their shingle, pocket consumers' deposits, and then disappear. The safest way to find an honest asset remarketer is to call a leasing company's asset recovery manager and ask for the name of a local firm. Some leasing companies prefer to sell to end users directly, and they may ask for a description of the equipment you want to purchase.

In addition to asset remarketers and leasing companies, you can also buy used equipment from individuals (look in the local classifieds) or check online for used equipment retailers in your area. Also, be sure to check popular used equipment websites like Craigslist.com or Freecycle.com. Another great resource for finding affordable equipment are auction sites, such as eBay (ebay.com), Bid4Assets (bid4assets.com), Liquidation.com, and DellAuction.com, which allows you to buy used and refurbished computers, peripherals and software of any brand. The resale of used equipment is becoming more common, so in most cities, you'll have several sources to choose from.

BUSINESS 24/7

Using Technology to Boost Your Productivity

If you're like most businesspeople, you probably have a main base of operations you call your "office." It may not be an office per se; it could be a retail store, a factory floor, or a trailer on a construction site. It could also be a room in your home or a cubicle within a larger office complex. But it's where you can usually be found from 9 to 5.

Correction: It used to be where you *were* usually found. These days, your exact location could vary widely. Nowadays, entrepreneurs and employees alike are just as likely to be found working from home, at a client's office, from a hotel room, or while on board an airplane or train. In fact, according to wide-ranging studies by The Dieringer Research Group, more than 15 million of us frequently work from parks and other recreational sites.

**SAVE**

Don't need new? The best place to find used equipment is eBay. There are other auction sites, but eBay's advantage is the sheer size of its worldwide community.

Widespread use of devices such as iPhones, BlackBerrys, and the latest wireless laptop computers and netbooks means your office can be virtually anywhere, and you can stay connected to your co-workers, clients and customers anywhere, anytime.

Business that's conducted away from the traditional office goes by a lot of names, such as mobile working or telecommuting—the latter term underlining the importance of

telecommunications in enabling this activity (see Chapter 28). Another way to think about it is that, in reality, the office is you—or, at the very least, it becomes whatever workspace you happen to be occupying at the moment. Work is now something you do, rather than a place you go to.

In today's business world, you're no longer chained to a desk by a fixed phone number (that only rings at your office), and you're not

VIRTUALLY ON THE ROAD

Thanks to the latest technology, there's a wide range of products and online services to help you become more productive. The Apple iPhone, for example, offers thousands of business-oriented applications that allow users to truly customize their phones and transform them into the ultimate time management, contact management and personal productivity tools.

For the on-the-go entrepreneur, the trick is to choose technology-based tools, whether it's an iPhone, iPad, BlackBerry, netbook or laptop, that best fits your work habits and style, and that you're most comfortable using. After all, you want to boost your productivity, not drown yourself in technology that's not appropriate or overly complicated for what you need it to do.

required to use an oversized desktop computer that contains all your important data. Internet connectivity, powerful mobile versions of office tools, and new phone services (not to mention the latest cell phones and wireless PDAs) are loosening the ties that bind and making physical location more about convenience than necessity.

Many entrepreneurs have the equivalent of fully equipped virtual offices in the laptops, cell phones, PDAs and BlackBerrys they carry around. Some enterprises have even become virtual companies with workmates spending most of their time in separate locations and meeting only occasionally. Basically, you're "in the office" whenever you're telecommuting.

The goal isn't to do away with the traditional "office," it's to use networking and communications technologies to turn it into your "extended office." Your extended office isn't a real, physical location; it's virtual, just like the internet is virtual. You can't touch the internet, even though you can touch one of the servers, routers or fiber optic cables on which it depends. The internet is a convention on which we all agree—just as we agree that you're in your extended office when we reach you by cell phone on a Bahamian beach.

People have been teleworking for decades, but our current degree of mobility is a direct outgrowth of the internet and the mobile devices that allow us to easily connect to the internet from anywhere.

Equipping Your Virtual Office

Even though you may be starting your first business, you're probably fairly experienced with desktop and laptop computers, tablets, wireless PDAs, cell phones and smartphones,



While computers and mobile devices run using a wide range of different operating systems, most are designed to operate seamlessly in a work environment. So if you're using an Apple MacBook Pro laptop, for example, you'll have no trouble transferring data and files with co-workers or clients using Windows-based computers. In fact, you can even run Windows-based software on the latest Macs.

**SAVE**

Depending on your needs, you might not need to invest \$1,500 to \$2,500 for a state-of-the-art laptop. If your main tasks when traveling include surfing the web, word processing and spreadsheet management, for example, a less cumbersome, smaller, and lightweight netbook may work for you just fine. The latest netbooks cost only around \$300.

as well as other productivity equipment needed to get your enterprise off the ground.

One unfailing characteristic of consumer and small-business technologies is that each new iteration delivers more for less. Depending on how much mobility you need, you may find yourself buying more individual pieces of equipment than in years past, but the price tag on each one is guaranteed to be lower than last year and the year before that. In fact, prices fall so rapidly that office technologies depreciate at an unusually high rate. It's not that they're shoddy—quite the contrary. But their resale values are continuously being undercut by cheaper and more powerful successors.

Therefore, you should think about office tools and technology slightly differently than you do other durables. Here are a few truisms that need to be taken into account when buying hardware (although they don't necessarily apply to software):

- Even the most expensive office item, the desktop or laptop computer, is dirt cheap by historical measures.
- Whatever you buy and whenever you buy it, it will appear expensive and underpowered compared to succeeding versions. New computer technology is available every three to six months. The computer you purchase brand new today will be outdated by more powerful equipment within months and will probably need to be replaced altogether within two to three years if you want to stay current.
- Theoretically, office equipment pays for itself in a very short time by enhancing your productivity; it then helps you make money by letting you do whatever you do faster and better.

Treat your current technology-related purchases as a simple business expense rather than the investment in capital equipment it actually is. Irrespective of how you treat these items on your tax return, don't try to extract the value of this equipment over years. Yes, the products will work just fine and continue to deliver productivity for years. But their costs are likely recovered within weeks or months—no depreciation calculations required (see "It's Now or Never" on page 437).

That's not to say you shouldn't get the best buy you can. Cash is always precious. But so is your time, and price tags are usually overshadowed by the return on investment from most office products. The real issue when shopping for office equipment is whether the new machine will deliver a higher rate of productivity than the old. It's a mistake to try to squeeze the last bit of usefulness out of older equipment when a change could result in higher levels of moneymaking. Keep it only until something comes along that will deliver still higher productivity.

Being Well-Connected

The first concern in equipping yourself and your office (virtual or otherwise) is connectivity. You have an expanding constellation of stuff, and it's more important than ever that it all work together for maximum effect. Efficiency today means being well-connected—both inside and outside the walls of your company.

Even if you start off as a solo operator working from a home office, you'll want to connect electronically to clients and suppliers and possibly share proposals, spreadsheets and other data files. This not only requires phone, fax and instant messaging (IM) connections but usually some level of compatibility among productivity software, IM services, and handheld wireless devices. That used to mean sticking with only the most popular operating systems and applications for seamless data transfer among employees and business partners.

Today, however, PCs can communicate easily with Macs and BlackBerrys and with iPhones; any peripheral that connects to a computer via a USB connection will most likely work with all computers



WARNING

eBay is great, but like any real-world marketplace (or any website with a community), you're going to find scammers with ingenious schemes to separate you from your cash. Always buy and sell through a third-party escrow service, like PayPal (paypal.com), and be very careful with your personal information. To help you find reputable sellers online, pay attention to customer feedback, scores and ratings.

on a network. Sure, you may still encounter minor compatibility issues, but for the most part, exchanging data and files is easier than ever, regardless of what type(s) of computer equipment is being used.

At your office, the network is the thing that helps you coordinate your tools—both those inside the office and out—and share them and the data on them among co-workers and partners. Networks include your local area network, Bluetooth connections between devices, cellular connections over a wide area and, of course, the ultimate backbone, the internet.

It's not really our portable devices—laptop computers, cell phones, wireless PDAs, netbooks and tablets—that extend our office. It's this infrastructure that networks all our devices together and provides quick and easy access to shared information, both in-house and outside, via global network providers.

It Takes Two

Even if you're starting as a sole proprietor, you really should have at least two connected computers. It doesn't have to be two desktop computers. If you travel a lot, one could be a laptop computer or netbook.

It's only a matter of time before your hard drive crashes, you get a virus, or there's some inscrutable problem with the first PC's on/off button—whatever. Computers are very durable, but all equipment can fail.

What will you do if the machine holding your critical business information happens to be among the 100,000 computers lightning strikes every year? Even if you're among that fraction of users who have their data backed up somewhere, how long will it take you to run

out and buy a new computer, and add all your usual software configured the way you like it so that data can be read? How many hours or days can your business be offline from customers and business partners?

Realistically, you need at least one duplicate of your main computer that you can immediately turn to without losing a step. Ideally, there will be a third, portable version kept in another location to guard against fire, theft and flood. Your backup computer could be a laptop used for traveling, but it should be nearly as capable as your first.

Serving It Up

Ultimately, you want to build a virtual network that ties your office and its equipment to all those other places and devices you use for work. Thanks to wireless networking, your home, back deck, a local coffee shop, park and automobile can be part of your extended office.

But the most logical place to start is by connecting your main computer and its backup. Your primary workstation will likely become the heart of your operation, where you generate spreadsheets, keep your books, create sales presentations, surf the net, and do your word processing. If yours is a one-person operation, that's usually where the master copy of everything is kept—and, if you have help, no one but you should have full access to its data.

Again, even if you're a one-person operation, you need another computer mirroring that system (or a very reliable data backup solution). As your company grows, you might find it cheaper and more convenient to keep master copies of software and even data on a central



Remote backup services, such as Carbonite.com, and the extremely low cost of high-capacity external hard drives make it easy and inexpensive to automatically and continuously back up your data. Now you have no excuse for not properly backing up your data so if something happens to your primary computer, you can be back up and running, without losing any data, within minutes or hours—not days or weeks.

computer, and give different workstations access to more or less of it, depending on the needs of individual employees.

Any computer that serves up data and other services to other devices is referred to as a server, and the computers that get information from it are the clients, arranged in a client/server architecture. As networks and the demands on them grow, computers with specialized characteristics are chosen for servers. But you don't need to worry about shopping for server hardware at this stage.

By the way, the word server also is used to refer to the operating system that makes connections possible—software like Windows, Mac OS or Linux. These operating systems include all the special software features to connect your computers in a network.



SAVE

If you're looking to create a network and link multiple computers and peripherals within your home office, many computer retailers will help you set this up for free (or for a small fee) when you purchase equipment from them. When shopping for computer equipment, ask what support services are available directly from the retailer. For example, Best Buy (bestbuy.com) offers its Geek Squad Computer Set-Up and Support services, starting at a flat fee of \$99.

Networking

The traditional way to create your LAN (Local Area Network) is to string very inexpensive Category 5 cable between the Ethernet adapters of two or more computers. You may need to buy a small and inexpensive Ethernet card to plug into one or more of your computers, if any of them is old. Most computers today come with built-in Ethernet adapters.

Easier still is to network your computers wirelessly using 802.11x or Wi-Fi network adapters. These come in a variety of network speeds and adapter styles—Ethernet or USB ports, or as an add-in card—for connecting computers. These Wi-Fi radio transceivers have become hugely popular, a standard feature of laptops and available in all smartphones and wireless PDAs. More U.S. households now use Wi-Fi wireless

IT'S NOW OR NEVER

In most cases, you'll probably find it more advantageous—and certainly more convenient—to expense, rather than depreciate, computer and telecommunications equipment on your tax returns. That way, there's less paperwork and no mind-bending depreciation calculations that change every year. Also, the time value of money tells us that a lump-sum refund to you today is always worth more than pro rata shares over the next three to five years.

Uncle Sam has been cooperating in recent years by raising the amount of business equipment you can expense rather than depreciate. No, he isn't getting soft and generous. Why then? Adam Smith, the father of modern economics, said it first: New equipment generates new [higher] levels of productivity, which generates increased profits, which generates increased taxes. Speak with your accountant about the latest tax deductions and allowances available.

technology for home networking than cabled Ethernet, according to a study by Parks Associates. Wi-Fi hot spots in airports, hotels, coffee shops and other public places deliver this connectivity on the road.

Broadband data channels on cellular networks are providing much wider connectivity. Formerly limited to carrying voice, cell phone networks are increasingly able to transfer data at lightning-fast speeds. This technology works with cell phones, wireless PDAs, netbooks and laptops—making the net available anywhere, regardless of whether there's a nearby electrical outlet or Wi-Fi hotspot.

Choosing Partners

There are two things on which you can rely these days when buying just about any individual piece of office equipment:

1. The minimum configuration is going to support 95 percent (or more) of what you want to do.
2. Prices will be so low as to eliminate just about all chance of buyer's remorse.

Add to that the ease with which internet shopping sites let you comparison shop, and you have a confluence of factors that make it pretty hard to go wrong when buying office equipment. Computers and peripherals are constantly evolving, but the choice of models and features are broad and deep.



e-FYI

Looking to purchase used equipment or other items? For some large items that cost a lot to ship, or when you're looking for something unusual in your own town, it's hard to beat craigslist (craigslist.org). Instead of just one website and worldwide marketplace, craigslist is a collection of cyber marketplaces arranged by city, where anyone can post just about anything for free. It's not yet in every city, but where it is, craigslist is a virtual version of the local paper's classified ads.

When it comes to PCs, you can choose from dozens of well-known manufacturers, such as Dell, HP or Acer, all of which run the Windows operating system. In the last two years or so, more and more people, however, are turning to Apple computers to handle all their computing and cell phone needs. Apple computers run the Mac operating system (which has some major advantages over Windows), plus they can also run all Windows applications, so compatibility is no longer an issue.

Apple offers greater ease of use, superior technical support, the availability of Apple retail stores nationwide, and a sleeker design than most PCs, but they're also typically a bit more expensive. To learn more about Apple, visit Apple.com or any Apple retail store.

On that note, there is no one "right" computer brand, printer type, phone system or fax solution for everyone, any more than everyone needs the same model Chevy or Ford. You're unique, and your business idea probably is too. Your enterprise will have its own unique set

of equipment needs that probably differ from those of the business next door. Not a problem. Web shopping sites let you quickly find just what you need.

Flying Business Class

Personal computers, whether PCs or Macs, are less expensive than ever. For about \$1,500 (usually much less), you can buy a powerful, nicely equipped, state-of-the-art PC. For less than \$2,000, you can purchase an extremely powerful Mac-based desktop (an iMac) that will meet all your business-related needs.

Your goal when purchasing computer equipment should be to select items that not only meet all your computing needs today but will also grow with you over the next two to three years until your next upgrade. Buy more than you need now so you'll be able to continue to run the latest versions of the software and applications you need to properly manage your business.

You'll want a business-class, rather than a first-class, computer. That means instead of going for the cutting-edge graphics and processor speeds preferred by enthusiasts of multimedia entertainment, gaming and other photographic activities, a business user's money is better spent getting just a little more of all the standard stuff—memory, storage, a higher resolution or larger display, those things that not only make computing more pleasing but also enhance your productivity.

They can help you do more in less time, and, if you're in business, time is money. Things like waiting for databases to update, web pages to download, and insufficient memory errors waste your time and can interfere to different degrees with your efficiency. You want to have the best business productivity enhancer you can afford.

Take Note

As mentioned, if you travel or work from home and the office, or different spots around your home, you may prefer that your second computer be a laptop or netbook. Portables come in all shapes and sizes

today, and you can easily find one powerful enough to perform any or all the desktop duties described earlier.



SAVE

How long will a computer last? To maximize your return on investment, replace it every three years, advises the Information Technology Solution Providers Alliance. Older computers negatively impact security and productivity and cost considerably more per year to support and maintain—often twice the cost of newer technology.

When it comes to laptops, focus on their computing power (processor speed, memory, hard-drive capacity, available ports, DVD/CD drive, etc.) and battery life as well as the overall size and weight of the unit. A laptop that weighs five pounds or less is a lot easier to lug around when you're traveling than a larger laptop that weights six to eight pounds.

However, if your laptop computer will be your primary backup computer, and you'll need serious computing power while on the go, you may want to spend more (up to \$2,500) for a unit with a larger display and extra computing muscle. On the flip side, if you'll want a small, lightweight computer, a netbook (priced under \$300) might be the perfect solution.

A typical laptop will generally run a few hundred dollars more than an equivalent desktop model, but name-brand laptops can easily be found for as little as \$500. Laptops suitable for serious business users typically range between \$1,000 and \$2,500.

The Well-Dressed Computer

The minimum you should look for in terms of technical specifications for a desktop or laptop changes constantly. As a general rule, look for a computer with a fast processing speed, graphics card, and DVD/CD drive; sizeable amount of memory; large-capacity hard drive; powerful sound card; and plenty of ports.

In January 2010, Acer (acer.com/us), for example, was advertising its Aspire Z56600—equipped with Windows 7 Home Premium Edition, an Intel Core 2 Quad Processor, a 23-inch wide touch-screen display with integrated speakers, 4GB DDR3 SDRAM, a 1TB SATA

hard drive, a Super-Multi drive, multi-in-one card reader, 802.11b/g/Draft-N wireless LAN, integrated webcam, wireless keyboard and a mouse—for just under \$1,000. This would be plenty of computing power to satisfy the needs of most business users.

Every three to six months, Apple overhauls its lineup of iMac and MacBook computers with improved specifications. For descriptions of the latest desktops and laptops available, visit any Apple store or apple.com. Plan on spending between \$999 and \$2,000 for a MacBook or MacBook Pro laptop and between \$1,100 and \$2,500 for an iMac or Mac Pro desktop that runs both Windows and Mac-based software applications.

Office Productivity Software

A computer is useless without the right software to support your business activities. The most popular suite of business-related applications is, without a doubt, Microsoft Office. It's available for both PCs and Macs. There are, however, other business application suites that also offer word processing, spreadsheet, database management, scheduling, contact management, and presentation tools, including Lotus SmartSuite (01.ibm.com/software/lotus/products/smartsuite), Corel WordPerfect Office (corel.com), and Sun StarOffice (staroffice.com).

One of these software suites alone could cost \$150 to \$400 or more, depending on the components included. Computers are so cheap that not many computer manufacturers include an office suite on a standard hard drive, but most will offer Microsoft Office pre-installed as an upgrade.

After that, two other kinds of software you can't live without are a security suite and accounting program.



TIP

Need it fixed? Most computer retail stores have on-site repair departments to fix or install new hardware, even if you purchased the original computer elsewhere. The price to have a professional debug your PC or install an upgrade is \$50 to \$150 per hour. For Apple users, the AppleCare program includes free repairs and maintenance for three years.



WARNING

Got a cash-flow problem? Who doesn't? Don't solve it by succumbing to the gazillion counterfeit software offers filling your e-mail inbox. If you get caught purchasing these low-cost knock-offs, you'll be fined heavily and could face criminal charges. Instead, look into using open source software, which is just as powerful as the higher priced commercial software you pay for, only it's 100 percent free, with no strings attached. SourceForge (sourceforge.net) is an excellent resource for finding and downloading a wide range of open source software for any operating system.

You'll want an all-encompassing security suite, such as those offered by companies like Symantec (symantec.com), McAfee (mcafee.com), Zone Labs (zonealarm.com/security/en-us/home.htm), Trend Micro (trendmicro.com) and Panda Labs (panda-security.com/usa/) that include a firewall, regularly updated anti-virus and anti-spyware definitions, e-mail scanning and other protections for \$50 to \$90. If you're running Mac-based computers, different types of security software may be needed, depending on how you'll be using the computer.

Whether or not you use an accounting professional, you also need a good basic accounting program, from a company like Intuit (intuit.com), Peachtree (peachtree.com) or Microsoft (microsoft.com) to keep up with your checkbooks, bank accounts, invoices, bills, taxes and inventory. Most of these programs let you pay bills and download bank account information electronically, use your printer to create checks, and link to tax preparation software so you can minimize your tax liability. (See Chapter 37 for a list of popular programs.)

Peripherals

There are any number of things you can hang off a computer these days—or, more likely, wirelessly connect to your office network. The basics include printers, scanners, copiers, webcams, external hard drives, thumb drives, digital cameras, speakers, and fax machines. If you have an iPhone or BlackBerry, you can also connect these devices to your computer to sync data.

Most businesses need at least one good-quality laser printer; however, if your printing needs involve color or photo-quality output, an inkjet or high-end photo printer will also be useful. When choosing printers, look at the unit's resolution, print speed and paper-tray size.

For most small businesses, an all-in-one device that includes a printer, scanner, fax machine and copier is ideal. Plus, you'll definitely want to invest in an external hard drive to back up important data.

Most peripherals these days connect to a computer via FireWire, or a USB or Bluetooth wireless connection. It's common for a desktop computer to have up to ten or more devices and peripherals connected to it, all of which work seamlessly with your software.

As a general rule, focus first on your needs, and then shop around for the most advanced technology you can afford. If you don't need a color laser printer, for example, opt for a less expensive black-and-white laser printer with a faster print speed and larger paper tray. Or if you're choosing between laser printers and inkjet printers, consider not only the cost of the hardware (the printer itself) but also the ongoing cost of toner or ink cartridges, as well as the printer's speed. If you'll frequently be producing 100-page reports, a printer that churns out 15 to 30 pages per minute is much more useful than one that prints just 8 pages per minute with a feeder that holds just 25 sheets.

Once you determine your needs, shopping for computer peripherals online will always save you a fortune. Reserve a visit to the local consumer electronics or office supply superstore to see and touch the latest technology firsthand before making your purchases.

In the past, any one of these peripherals could have been priced in the thousands, and, of course, you can still pay as much as you want to get all the buzzers and bells. But a personal laser printer will only set you back around \$100—ditto for a scanner and a fax. And while a copier



TIP

To buy online or to not buy online, that's the question. If you're not techno-savvy and need after-sales support, the superstores are a good option for purchasing equipment. If you're looking to save money and don't need support, buying online is the way to go.

Office Equipment Budget

The following are rough estimates for what it will take to outfit a single entrepreneur with basic computer and telecommunications equipment, along with related services for the first year. More expensive options are always available, and you may not need every item on this list. Plus, some items can serve more than one individual without additional cost.

Basic Office Equipment	First-Year Low Cost	First-Year High Cost
Basic office furniture and accessories	\$1,000	\$2,000
1 Desktop computer	1,000	3,000
1 Laptop computer	1,100	2,000
Printer, scanner, copier, fax combo	100	500
Label printer	100	300
Software (office suite, security, accounting)	Free	2,500
Remote data backup service	100	500
Uninterruptible power supply	150	500
Miscellaneous supplies	500	1,000
Three-node Wi-Fi wireless LAN	50	250
Internet access (low-speed vs. high-speed)	100	600
2 Telephone lines (including long distance)	200	1,200
1 Cell phone/smartphone	1,000	1,200
Website domain hosting	60	300
Website design (simple site)	500	1,500
Total Startup Expenses	\$5,960	\$17,350

appointed for business can run into the thousands, you can find very capable ones for \$200. But cash and space usually being at a premium for a startup business, there's just not a good reason anymore not to buy a single multifunction device (MFD) that rounds up three or four of these peripherals in one convenient box.

MFDs didn't used to be the best alternative for growing businesses when prices were high and the technologies of these devices were evolving at different rates. You could find yourself locked behind the curve on one or more, and, since MFDs cost in the thousands, their purchase became a complex decision.

Not so anymore. There are any number of MFDs priced between \$100 and \$300, from companies such as HP, Canon, Brother, Epson and Kyocera, that pack an incredible amount of functionality. For example, HP—the longtime quality leader and high-priced spread in printing peripherals—has an absolutely amazing MFD line with several models designed for entrepreneurs that print, scan and copy for less than \$200.

In some cases, it might be useful to think of these categories of peripherals as supplies, rather than equipment, because, in fact, the replacement toner cartridges for MFDs and individual copiers and printers can cost as much as the hardware itself. Today, an MFD is almost an impulse buy.

Suffice to say, entrepreneurship is no longer a stationary activity. Entrepreneurs go where the action is, stay productive en route, and use technology to adapt to changing market conditions and ad hoc business needs. Now you can make the most of what is available wherever you are.



SAVE

Printers are relatively cheap. What's expensive is the toner or ink cartridges you must use with the printer. You can shop for name-brand cartridges at retail stores and pay a fortune, or you can shop online for compatible, no-name cartridges—that cost up to 80 percent less. Just go to a price comparison website, such as Nextag.com, and enter the make and model of your printer. Also check out eBay. In most cases, the cartridges are the same or better quality than their name-brand counterparts.

Office Shopping List

Use this shopping list to help price and compare your office equipment and service alternatives.

Expense	Price 1	Price 2
Desk, chair, filing cabinet		
Desktop computer		
Laptop/Netbook/Tablet		
iPhone, BlackBerry or smartphone		
Laser printer		
Scanner		
Copier		
Fax machine		
Multifunction printer/scanner/copier		
Uninterruptible power supply		
Office productivity suite (software)		
Security software		
Accounting software		
Desktop or web publishing software		
Multiline telephone, plus two landlines		
Voice mail service (answering service/machine)		
Cell phone service		
High-speed internet access		
Website hosting		
Paper, cables, miscellaneous supplies		
Total Startup Expenses	\$	\$

NET WORKS

Building Your Company Website

Why put your business online? The answer is simple. Because in today's business world, it's essential that your business have an online presence if you want to stay competitive. Your prospective and existing customers use the internet for a wide range of purposes, such as researching products they need, then purchasing those items from the comfort of their homes or offices, or anywhere else they may be. Chances are, your competition is already online and is using their internet presence as an extremely powerful sales, marketing and promotional tool. Not being online puts your business at a serious disadvantage.

A web presence allows you to communicate with anyone, anywhere (or thousands of people at once) with e-mail, a blog, an electronic newsletter, or directly through your website. Your website can also be an electronic brochure (that's available 24/7) to show and promote your wares to

prospective customers, offer interactive customer service, allow them to make immediate purchases, then back up those sales with technical support.

Sounds Like a Plan

If you plan to sell anything online, having an e-commerce plan is as important as your original business plan. Because you're exploring new territory, making decisions about technology and marketing, and establishing a new set of vendor relationships, a well-thought-out plan will serve you well.

The first step in writing an e-business plan is to decide what kind of experience you want your online customers to have. Think not only about today but also two and five years down the road.

Your e-commerce plan starts with website goals. Who are your target customers? What do they need? Are they getting information only, or can they buy products at your site? These key questions, asked and answered early, will determine how much time and money you'll need to develop and maintain an online presence.

Second, decide what products or services you will offer. How will you position and display them? Will you offer both online and offline purchasing? How will you handle shipping and returns? Additionally, don't overlook the customer's need to reach a live person. A toll-free phone number should be prominently displayed that customers can call anytime to get their questions answered by a live person.

As you explore the web for vendors to support your e-business, have a clear idea of how you want to handle the "back end" of the business. If you decide to sell online, you'll need a shopping cart component, which is a means of handling credit card processing, and an organized order fulfillment process. However, you may decide that your site is informational only, and that you will continue to process transactions offline.

Finally, even if you build an amazing website, don't assume people will find you on their own. If you simply build it, they will *not* come. If

you want to develop a consistent flow of traffic to your site, it's essential that you plan, execute and maintain an ongoing and multifaceted promotional strategy that's carefully targeted to your audience. This is in addition to the promotions, advertising and marketing you already do for your brick-and-mortar business.

"The website should be viewed as an integral part of the marketing effort—as another 'front door,' if you will, into the business," says Frank Catalano, an Auburn, Washington, marketing strategy consultant and co-author of *Internet Marketing for Dummies*. "After all, the site is a way to distribute information, gather customer feedback and even sell a product or service. Just promoting a website without regard to overall business goals and other marketing efforts is pointless."

The Name Game

Once you've decided to have a website, one of your first "to-do" items is to make a list of possible website names or URLs. Then run, don't walk, to the nearest computer, log on to the internet, go to your favorite search engine, and type in "domain registration." You will find a list of companies, such as networksolutions.com, godaddy.com and register.com, that will guide you through the simple domain registration process. For a modest fee (\$8 to \$75), you can register a domain name for one or more years. You'll probably discover that GoDaddy.com offers the most competitive rates for domain name registration, plus the widest range of online tools and services that will help you plan, design, publish, manage and promote your online presence.

**TIP**

Building and maintaining a well-designed online presence, particularly a website with an e-commerce component, requires a significant time and financial commitment. For more details on how to accomplish this successfully and professionally without spending a fortune, pick up a copy of *Entrepreneur magazine's ClickStarts: Design and Launch an Online e-Commerce Business in a Week* (Entrepreneur Press) by Jason R. Rich.

If the name you decide on is taken, you'll want to have at least two or three backup options. Let's say that you sell flowers, and you would like to register your online name as flowers.com. A search shows that



SAVE

Many domain registration services offer additional free or low-cost options. Domain parking, which holds your registered domain name at no charge until you're ready to launch, is one feature. E-mail forwarding allows you to use your new domain name to receive e-mail, while domain forwarding directs traffic to an existing site or web page. You can also save money if you pre-register your domain name for multiple years.

flowers.com is taken. Your second choice is buyflowers.com, but that's already spoken for as well. Many of the domain name registrars, like GoDaddy.com or Register.com, offer several alternatives that are still available, such as buyflowers.tv, buyflowers.cc and buyflowers.ws.

How are these different? Instead of the generic top-level domains (such as .com, .org, .net, or .gov), they include lesser-known and used top-level domain extensions. The problem with this is that most web surfers automatically type ".com" after the domain name they're looking for. If your competition has flowers.com, but you have flowers.info, you may lose a significant amount of traffic as a result of web surfer confusion. Thus, it's preferable to register a domain name that ends with ".com."

From the available names, choose one that's easy to spell and remember, and

describes what your company does. Make sure, however, you're not imposing on someone else's trademark or copyrighted name. In many cases, the name of your company, with the addition of dot-com (www.[YourCompanyName].com) is a suitable domain name that you should definitely register.

If you choose a domain name that's difficult to spell or that might easily be confused with something else, also register the most common misspellings, or what you think people might accidentally type into their browser to find your website. If you don't do this, your competition might, and they could wind up stealing some of your website traffic.

Once you've chosen a name, prompts on the domain registration site will guide you through a simple registration procedure. You'll generally be offered one-, two- or three-year registration packages. Once you pick a domain name and start promoting it, you'll want to stick with it. Otherwise, you'll confuse your customers and could lose web traffic. However, it is appropriate to have several domain names linking to the same website. These different domain names can be used as part of separate marketing and promotional plans that target an audience.

Why is domain name registration imperative? Everyone wants a catchy name, so registering yours ensures that no one else can use it as long as you maintain your registration. For a small investment, you can hold your place on the internet until you're ready to launch.

With your e-commerce name established, start telling people your domain name and promoting it heavily. Make sure you've done everything you can do offline to tell people about your site at the same time you actually go online. Print your web address on your business cards, brochures, letterhead, invoices and press releases as well as on your product packaging and within product user manuals and advertisements. Stick it on other items, too, such as mouse pads, T-shirts, promotional key chains, and even your company's van.

Website Basics

Once you've registered your domain name and have a plan in place for what you want to offer prospective and existing customers online, the next major challenge is designing and building your actual website or online presence.



Even if you work from home or have a day job and are starting an e-business on a shoestring, customers need to be able to reach you. An answering machine or a voice-mail box that says "We are not in the office at this time. Our business hours are from blank to blank. Please leave your name and number and a brief message, and we'll get back to you" is a simple solution. You should also set up an e-mail auto-responder that will guarantee customers that they'll hear back from you on the next business day.

A website is typically a collection of individual web pages that are connected with hyperlinks. What makes a good website? Before getting enmeshed in design details, get the big picture by writing a site outline. In addition to basic text, your website can incorporate photos, illustrations, animation, videos, audio clips, music, and a plethora of other multimedia elements or content that will convey your information to your target audience in an easy-to-understand, visually appealing and appropriate manner. The content you develop and publish should directly relate to and help you achieve the goals and objectives you've set for your website.

A well-thought-out site outline includes:

- *Content.* The key to a successful site is content. Give site visitors lots of interesting information, incentives to visit and buy, and ways to contact you. Once your site is up and running, continually update and add fresh content to keep people coming back.
- *Structure.* Decide how many pages to have and how they'll be linked to each other. Choose graphics and icons that enhance the content.
- *Design.* With the content and structure in place, site design comes next. Whether you're using an outside designer or doing it yourself, concentrate on simplicity, readability and consistency. Remember to focus on what you want to accomplish.
- *Navigation.* Make it easy and enjoyable for visitors to browse the site. For example, use no more than two or three links to major areas and never leave visitors at a dead end.
- *Credibility.* This is an issue that shouldn't be lost in the bells and whistles of establishing a website. Your site should reach out to every visitor, telling that person why he/she should buy your product or your service. It should look very professional, and give potential customers the same feeling of confidence they would get with a phone call or face-to-face visit with you. Remind visitors that you don't exist only in cyberspace. Your company's full contact information—company name, complete

address, telephone, fax, and e-mail—should appear on all or most of your individual web pages and be displayed prominently on your site's home page.

An outline helps you get the most out of your website design/e-commerce budget. It will also help you determine whether you, or someone in your company, can design portions of the website, or if you need to solicit outside help. That way, when you hire someone, it will be for only the parts of the job that you'll need to have outsourced.

At this point, you have two options: You can bring your detailed outline to a prospective web designer, or you could go the do-it-yourself route. Once a designer has your outline, the process will be more efficient, but creating a website from scratch can still be costly and time-consuming. Consider researching one of the many website or e-commerce turnkey solution services, which allow you to design, publish and manage a website or e-commerce site by customizing website templates using online design and management tools. These services are inexpensive, powerful, and allow you to create highly professional websites with no programming skills.

There are only a few possible reasons why you'd want to hire a website designer and/or programmer to have your site created from scratch vs. using a turnkey solution. One reason would be if you absolutely require specialized functionality (either on the front or back end of the site) that isn't offered by the turnkey solutions. Many startups initially spend too much on a custom-designed site that wasn't really required, and, ultimately, regret the decision since their financial resources could have been put to better use elsewhere. Instead, it's best to rely on an inexpensive turnkey solution for creating, publishing and managing your website. As your company grows and becomes successful, it's then possible to transition to a custom-designed site, if the need arises.

“A dream is just a dream. A goal is a dream with a plan and a deadline.”

—HARVEY MACKAY,
FOUNDER OF
MACKAY ENVELOPE CO.

Once you know what tools and resources you'll use to create and manage the site, the next step is to organize your site's potential content into a script. Your script is the numbered pages that outline the site's content and how web pages will flow from one to the next. Page one is your home page, the very first page that site visitors see when they type in your URL. Arrange all the icons depicting major content areas in the order you want them. Pages two through whatever correspond to each icon on your home page.

Writing a script also ensures your website is chock-full of appropriate content that's well-organized. Offer your visitors content that's valuable, informative and engaging—make it worth their while to spend time on your site. Provide regular opportunities for visitors to get more content. Whether you offer a blog, free electronic newsletter, a calendar of events, columns from experts, or book reviews, your content and the site's structure become the backbone of your website.

As part of your website design, use graphics, colors and fonts that make sense (not just to you but to your target audience as well). Subtle

RESEARCH MADE PERFECT

Research is what makes an effective website. Some good resources are:

- *Entrepreneur.com's Online Business How-To Guides* (entrepreneur.com/ebusiness/howtогuides/index.html). This series of articles offers everything you need to know about starting, running and growing your online business.
- *E-Commerce Guide's Starting an Online Store: The Essential Checklist* (ecommerce-guide.com). These articles list everything you'll need to get your online store off the ground.

visual cues make all the difference in how visitors respond to your website. Surf the net to research what combinations of fonts, colors and graphics appeal to your audience, and incorporate pleasant and effective design elements into your site.

If your target audience is comprised of tween or teenage girls, using a color combination of pinks, reds and other feminine or pastel colors, along with more decorative (yet easy-to-read font) makes sense. However, if you're targeting middle-age businessmen, a more masculine color scheme, combined with traditional fonts, should be used.

To create a successful website, all the elements must work seamlessly. Sure, having top-notch content is essential, but it must be displayed in a manner that's easy to understand, visually appealing, simple to navigate, and of interest to your target audience. How you present your information is important. It's not just about what you have to say, but it's also the manner in which you present that content that will either attract or repel your audience.

Handy Tools

Your website is your online presence and your connection to the world, so give it your very best shot, making sure it conveys the image and message you want and need your customers to see. Fortunately, there are loads of tools to help you improve your website's appearance.

For those of you who love the feel of a book, two good ones about building websites are *The Unofficial Guide to Starting a Business Online* (Wiley) by Jason R. Rich and *Entrepreneur* magazine's startup guide

**TIP**

When creating and designing your web content, you won't go wrong if you follow three basic design rules:

1. Put the most important pages near the top.
2. Eliminate extraneous words and visual clutter from the content.
3. Use headlines, icons, bullets, boldface words and color only to draw attention to important content, not to distract or confuse the web surfer.

SUCCESS BY DESIGN

For a successful website, follow these general dos and don'ts of site design.

Do:

- Make your site easy to navigate.
- Use a consistent look, layout, design and feel throughout your site.
- Make sure your website works with all the popular web browsers (Explorer, Safari, Foxfire, Chrome, etc.).

Don't:

- Use text and color combinations that are too busy or distracting. Anything that makes your site confusing or hard to read should be eliminated immediately.
- Allow the content or links on your website to become outdated; update, fine-tune and proofread regularly.

No. 1819, *Online Business*, by Robert McGarvey and Melissa Campanelli (available at smallbizbooks.com). They both give detailed, hands-on advice about website design, as well as plenty of helpful dos and don'ts.

Finding the Host with the Most

Now that you have your site's design and content creation well underway, the next step is publishing your site on the net. For this, you have three basic options. The first is to host it yourself on a computer that can be dedicated as a web server (or a computer that's permanently connected to the internet) and has a broadband internet connection. This will prove costly to set up and maintain. For most online businesses, this isn't the best option, at least in the beginning.

The second option is to use an established and reputable web hosting company, which stores and manages websites for businesses, among other services. There are several large and well-established web hosting companies that cater to a worldwide audience, including Yahoo!, Google and GoDaddy.com.

Some companies, however, prefer local, small-hosting providers, since they offer a direct contact—especially important if your site goes down. Most of these companies also offer domain name services, which we mentioned above, so you can sign up when you choose your name.

A third option—and the most popular (as well as least expensive)—is to use a website turnkey solution. As we mentioned above, this is a company that provides all the site development tools and hosting services in one easy-to-use, low-cost, bundled service, which is entirely online-based. In other words, to create, publish and manage your website, you don't need to install any specialized software, and no programming is required. Using an internet search engine, enter the phrase “website turnkey solution” or “e-commerce turnkey solution.” Also, check out what's offered by Yahoo!, Google, GoDaddy.com and eBay.com.

Whether buying from a large or small provider, basic hosting service—along with standards like domain name registration and e-mail accounts—starts at about \$10 per month but can go up considerably, depending on your needs.

Still not sure which host to choose? Log on to Compare Web Hosts (comparewebhosts.com), where you can compare hosts based on price. Other variables include amount of disk space allocated to you, available bandwidth, number of e-mail services offered, customer service support



AHA!

If you know what you want to say but are not sure how to best say it, one option is to hire a copywriter to transform your idea into compelling text. If, however, you opt to do the writing yourself, the book *Letting Go of the Words: Writing Web Content That Works* (Morgan Kaufmann) by Janice Redish is an excellent resource, as is *Killer Web Content* (A&C Black) by Gerry McGovern.

**AHA!**

Although people have gotten increasingly comfortable with the internet as a secure place for credit card transactions, a little reassurance doesn't hurt. Have whom-ever sets up your shopping cart component provide a message to customers that details your company's policy for protecting credit card information and customer/client privacy.

sultant before you sign on a web server's dotted line.

Ka-ching

The best part of e-commerce is that customers do the work while you make the sales. You've probably noticed that companies of all sizes, from SOHOs to the Fortune 500, use sticks and carrots to encourage web usage vs. telephone support for all sorts of transactions. Every time you serve yourself on the internet, whether it's to purchase an airline ticket, a can of cat food, or 100 shares of stock, you've saved the seller money on salaries

availability, database support and setup fees. For even more information, check out CNET Editors' web hosting guide at reviews.cnet.com. Under the "Internet Access" menu, click on "Web Hosting," followed by "Most Popular Hosts."

How much disk space do you need to store your website? Generally, 1MB can hold several hundred text pages, fewer pages when images and multimedia content is included. Web hosts typically offer between 10MB and 50MB of free storage. The better web host contracts offer more than 100MB of disk space, which should be adequate for most situations. If you're unsure how much disk space or bandwidth you need, check with your website designer or computer con-

**WARNING**

You can create the most incredible website in the history of the internet and then incorporate cutting-edge content, but if your text is filled with grammatical errors, misspelled words, inappropriate language or misused words, it will immediately destroy your reputation and credibility. Make sure you have your site edited and proofread before you launch it.

and, ultimately, office space and phone charges. Nevertheless, business owners should consider carefully how many sales support services they want to handle themselves.

In fact, many e-commerce entrepreneurs turn to the web hosting companies we mentioned above to solve all their e-commerce needs, such as handling credit card transactions, sending automatic e-mail messages to customers thanking them for their orders, and forwarding the order to them for shipping and handling—and of course, domain registration and hosting.

Another option is to incorporate an electronic shopping cart module, which allows people to place their orders online and process their credit card payment transactions. A site using a shopping cart module should have these four components:

KEEPING UP APPEARANCES

Unless you're careful when designing and programming your website, it might behave differently to different people. This is because web browsers (the software that enables net users to navigate the web) differ somewhat in how the websites they access perform. Make sure your website is fully compatible with Explorer, Safari, Firefox and Chrome, which are the most popular web browsers. Also make sure the content works well and looks good on the screen of a cell phone or wireless PDA, such as a BlackBerry or iPhone.

So how do you know how your site is behaving? Whenever you have the chance to use computers with different browsers, check your site. Note differences in appearance, ease of navigation and speed. Be sure to check compatibility issues with all browsers (and all versions of each browser) before launching your site. Nothing destroys your credibility like computer mishaps.

1. *Catalog.* Customers can view products, get information and compare prices.
2. *Shopping cart.* The icon works like the real thing. It tracks all the items in the basket and can add or delete items as the customer goes along. It's like an online order form.
3. *Checkout counter.* The shopper reviews the items in her cart, makes changes and decides on shipping preferences, gift-wrapping and the like.
4. *Order processing.* The program processes the credit card (or payment option), verifies all information, and sends everything to the database.

Final Check

You're now just about ready to launch your online business (or the online component to your traditional business). Here's a checklist to keep you on track:

- Keep your online and e-commerce strategy in focus.
- Put full contact information on your homepage.
- Make sure your online message is clear.
- Keep graphics clean and eye-catching.
- Make sure your website is free of glitches, typos, and dead ends that frustrate visitors.
- Ensure your site meets its objectives.
- Enable visitors to get information quickly and easily.



Here's another idea to give your customers peace of mind: Look into third-party certification seal programs that let you post a symbol to signify that your website is using effective privacy practices. Leading firms offering these programs are the Better Business Bureau Online (bbb.org) and TRUSTe (truste.org). Or you could display the VeriSign seal, which verifies that your business has been approved to protect confidential information with industry-leading SSL encryption.

■ Make sure your website meshes with the rest of your business.

Once your website is up and running, it's time to get to the really important jobs. The first is getting visitors to your site (generating traffic), followed by encouraging them to become paying customers. Promoting and advertising your site properly, and on an ongoing basis, will be essential for its success. To learn how to do all this and more, turn to Chapter 34.

KEEP IN TOUCH

Using Technology to Stay Connected

These are exciting times for mobile entrepreneurs. In the past few years alone, we've seen laptop computers become smaller and far more powerful, and we've seen clunky cell phones transform from being devices simply for talking into sleek smartphones capable of a wide range of wireless interactivity. In addition, the cost of traditional long-distance phone service has plummeted, and the option to use the internet as a phone (using VoIP) has become extremely viable for saving a fortune on calls (as well as making video conferencing an affordable option for everyone).

Thanks to the wireless web, we can connect to the internet anywhere and anytime and have a high-speed connection from a laptop computer, netbook, smartphone or wireless PDA. Even as this book was being written, a major technological advancement—the iPad—was announced by Apple, which will no doubt

once again change how businesspeople communicate and stay connected from virtually anywhere, whether it's through e-mail, instant messaging (IM), online social networking, or some other online-based application.

**TIP**

When selecting a cell phone, smartphone or wireless PDA, don't just look at the equipment in terms of its features and functionality. Determine what types of service plans are available, what fees are associated with those plans, and what downloadable apps you might want to use.

While the technology that allows us to communicate more effectively is becoming increasingly powerful, the price for all this power is decreasing. Today, just about any startup entrepreneur can afford the latest BlackBerry or iPhone, netbook or laptop with wireless connectivity, or a new iPad tablet. These technologies allow us to talk, video conference, e-mail, IM or communicate in ways never before possible—from anywhere we happen to be. We're no longer held down by cables or phone lines or the need to find Wi-Fi hotspots or electrical outlets. We can

conduct business as efficiently as if we were sitting at our office desk.

Do Your Homework

Yes, the technology to do these incredible things exists, but it's your responsibility to discover what's out there, then determine the best ways to use it to make you more productive—and competitive. Everyone's needs are different. While a netbook might be the ultimate solution for one person, a full-powered laptop computer or the latest Apple iPad might be a more useful tool for someone else.

Once you pinpoint which technology is best for you, it's up to you to become proficient using that equipment. For some, overcoming the learning curve associated with the latest technologies, as well as an inherent fear of them, is a debilitating hindrance. In order to ensure your success in today's business world, you must possess the knowledge, skills and experience to fully use the latest emerging technologies and the well-established ones.

The best way to acquire this knowledge and proficiency is to read the equipment manuals, visit related websites that offer interactive tutorials, and then invest some time in using your new equipment. For example, before loading your phone with crucial work-related data, spend a few days actually using all its features without the fear of corrupting or losing important information.

As you invest the time and energy to learn about the latest tools, don't just buy the hottest gadget so your colleagues, clients and customers will be impressed. Focus on which of these technologies will make you more organized, efficient, productive, and available to current and prospective customers. Determine which mobile technology will be the biggest time and money saver. To accom-

plish this goal, you'll need to

study your current work habits and how you spend your time, then choose appropriate technologies so you can stay compatible and competitive in today's fast-paced work environment.

If you're using the latest technologies to be more productive while driving, be smart about it by taking advantage of a high-quality Bluetooth headset or hands-free device. The cost of a high-end Bluetooth headset with the latest noise-cancelling technologies will be \$69 to \$130.



TIP

If you want to become proficient using an Apple iPhone or iPad quickly, visit the Apple.com website and watch the video tutorials that explain how to use the phone's most popular features. BlackBerry users should check out the "Owner's Lounge" section of the BlackBerry website (blackberry.com) for tutorials and easy-to-understand "how-to" and "getting started" information.

Just the Beginning

There are so many different technologies out there that can be used for communicating and staying connected, it's impossible to write about all of them or to focus on all the different ways they can be used in conjunction to make you better and more efficient.

**TIP**

Never send or read text messages, IMs, e-mails, or surf the web while driving—no matter how appealing the concept of multitasking in this situation might be. If you're distracted, even for a second, the consequences can turn deadly.

For example, if you travel a lot for your business, you can have one single phone number that follows you anywhere in the world, or that rings in certain places at certain times of the day or night. If you're not available to answer the phone, the caller can automatically be sent to voice mail, and that message can be listened to at your convenience or automatically translated into an e-mail message and sent to your smartphone, laptop computer or iPad. Many phone service companies offer "Follow Me" functionality, including Google Voice (google.com/voice) and Vonage (vonage.com).

Likewise, if someone needs to send you a fax, you no longer have to sit at your office next to the fax machine waiting for it to ring. With a virtual fax machine (like eFax.com), you can receive faxes as e-mail messages (in PDF format, for example), and access those incoming faxes from anywhere, plus print them from your computer. You can also send a fax to any traditional fax machine directly from your word processor or web browser. That is, if an e-mail message or IM won't suffice.

Your cell phone, smartphone, notebook computer, netbook or iPad can handle many tasks: It can be used as a plain old telephone or as a full-featured voice-mail system that also sends/receives e-mails, faxes, and instant messages, or in some cases, allows for real-time video conferencing . . . and that's just the beginning.

Talk Is Cheap

The kind of productivity boom that personal computers and other office machines brought to business in the 1980s and '90s are antiquated. Technological advancements in the 21st century offers us cheap home and office phone systems, powerful mobile smartphones,

mobile broadband (for high-speed internet access from virtually anywhere), plus various kinds of text messaging and video communications. In fact, research shows that more and more people are giving up their traditional landlines in favor of using wireless cell phone technology altogether as their primary home or office phone line(s).

And why wouldn't they—the days of paying a high per-minute fee for local or long-distance phone service are almost gone entirely. Whether you use a landline or cell phone, most service plans these days offer unlimited local and long-distance calling for a flat rate (typically between \$30 and \$100 per month). Thus, from a business perspective, your telecom budget line item went from a variable to a fixed expense. Add in plummeting telecom costs, and you have what amounts to cold,

OUT AND ABOUT

Within the last five years, we've seen a dramatic change in people's work habits. Thanks to all this mobile technology, work is being performed in some unusual places. The Dieringer Research Group, for example, recently reported that America's 135 million workers have stepped out of a traditional office setting (at least some of the time) and have performed their daily work functions from the following places:

- 45.1 million from home
- 24.3 million at client or customer businesses
- 20.6 million in an automobile
- 16.3 million while on vacation
- 7.8 million on a train or airplane

Of the more than 45 million Americans who work from a home office, these people say they have three to four regular workplaces.



e-FYI

Don't have a cellular wireless card for your laptop computer yet, and need Wi-Fi web access while on the-go? Most hotels, airports, coffee shops and bookstores offer free or fee-based Wi-Fi. You can quickly find local Wi-Fi hotspots throughout the United States or abroad by visiting jiwire.com, wi-fihotspotlist.com, wififree-spot.com or wifinder.com.

hard cash in your pocket, plus much greater communications tools at your disposal.

Even the cost of internet access has dropped significantly in recent years, thanks to DSL, broadband, FIOS, and wireless 3G and 4G technologies. For a flat monthly fee, anyone can have unlimited internet access from their home, office or mobile device, usually for well under \$50 per month.

Which Smartphone Is the Smartest?

Just about all cell phones have the ability to send and receive text messages and surf the web. However, it's the true smartphones and wireless PDAs, such as Apple iPhones, BlackBerrys and Google phones, that offer truly powerful and seamless voice and data communications capabilities—all from a single handheld device.

You can use a smartphone for a wide range of tasks, including sending/receiving calls, voice mails, e-mails, text and instant messaging. You can also surf the web, and use it as a powerful GPS navigational system as well as a personal productivity tool for managing your contacts, schedule, expenses and other data.

Currently, you can buy more than 140,000 third-party apps for the iPhone on the Apple iTunes App Store. Thousands of unique apps are also available for BlackBerrys and Google smartphones, allowing users to customize their devices based on the features and functionality they want and need.

Choosing which smartphone is right for you is a matter of personal preference, based on your unique work habits, communication and connectivity needs, and budget. Once you know how you'll be using your smartphone, consider what features and functionality you want and need, then take a look at the various iPhone, BlackBerry, Google

and other smartphone models available. (If you're going to have employees, consider compatibility issues as well to ensure data from your smartphone will be transferable to your staff and vice versa.)

Also, consider the phone's design, battery life, screen readability, keyboard size (or virtual keyboard), overall size and weight, and price. Also, ask about repair/replacement service plans, insurance options, and the warranty.

While you should certainly consider the cost of the device when shopping for a smartphone, you'll also want to look at:

- What the various cell phone carriers (AT&T, Sprint, Verizon, T-Mobile, etc.) offer in terms of monthly service plans
- The cost of the monthly service plan (with all of the extras you'll want and need, such as unlimited talk minutes, data usage, and text messaging)
- The length of the service contract you'll need to commit to (usually one or two years); if you cancel prematurely, you'll be charged an early termination fee between \$150 and \$300, depending on the carrier
- The level of national and international roaming service offered, based on the areas where you'll use your smartphone the most. For example, even the most advanced wireless carriers don't yet offer true high-speed wireless internet coast to coast. Depending on the carrier, the latest 3G or 4G service may only be available in or near major cities. Be sure to study the carrier's most current service coverage map.

At Your Service

When choosing a service plan for your smartphone, shop around for the best deals based on the functionality you actually want and need. If, for example, you need a lot of talk time but don't plan to send/receive text messages or surf the web too much, the service plans you should look at will be very different from someone who relies on their phone to surf the web and check e-mail while on the go.

**SAVE**

To save money on cell phone usage and international roaming fees when traveling overseas, consider purchasing an inexpensive, prepaid cell phone in the country you're visiting. This means you pay for the phone and a predetermined number of talk minutes or data usage, then you can pay as you go for service and can cancel it at any time.

Your comparison shopping should focus on three components—voice, data and text messaging. For a voice plan, things to consider include how many minutes per month of talking (sending or receiving voice calls) a plan includes and whether or not the plan differentiates between peak and off-peak minutes (based on the time of day or day of the week calls are sent/received). You'll want to look for a voice plan that includes unlimited local and long-distance (domestic) calls 24/7.

As for the data component, some carriers charge based on the amount of data sent/received. This is the least desirable option. Instead, either choose a data plan that includes a predetermined amount you can send/receive per month, such as 25MB,

or choose an unlimited plan for a flat fee, which is usually the best deal for business users.

Finally, most carriers will either charge you per text message sent/received or offer a plan that allows for a predetermined number of text messages to be sent/received. The best option is a plan that offers unlimited texting each month.

To stay competitive, many carriers now offer unlimited voice, data and text plans for a flat monthly fee of \$69 to \$130 per month. However, there are also additional charges you may incur for various extras.

For example, most U.S.-based cell phones and smartphones will automatically work when you travel overseas, thanks to international roaming. However, unless you have an international roaming plan, you'll be charged \$2 to \$5 (or more) per minute to make or receive calls while overseas, plus you'll be charged up to \$1 for each text message sent/received, and up to \$20 (or more) per megabyte of data sent/received. If you plan to travel overseas and use your cell phone or

smartphone, inquire about international roaming packages, which can save you a bundle if activated before you leave the country.

As of January 2010, if you want to own a popular iPhone, for example, you're forced to use AT&T Wireless as your service carrier and sign a two-year service contract. The iPhone service plans are higher than competitors, averaging about \$100 per month for a generous voice plan with unlimited data service; unlimited texting is extra.

While AT&T Wireless also offers several BlackBerry and Google smartphones, these phones are also available from competitors, like Verizon, T-Mobile and Sprint, so service plans are more competitively priced. One popular wireless carrier, for example, offers unlimited voice, data and texting for a flat fee of \$69 per month. However, this all changes fast—by the time you read this, the price will probably be lower, plus similar lower-priced plans will be offered by most or all of the major wireless carriers.

Wireless Wonders

All laptop computers and smaller netbooks allow users to connect to the web via Wi-Fi (assuming a Wi-Fi hotspot is available) by connecting an internet cable to the computer directly or via an optional wireless internet card.

A wireless internet card is a cell phone modem for your computer. It allows the computer to connect to the internet via a cell phone connection, so no Wi-Fi hotspot is required. You just need to be within the service area of a wireless data provider with whom you have a data plan.

All the wireless service providers—AT&T, Sprint, Verizon, T-Mobile, etc.—offer wireless modem cards for laptop and netbook computers (if the computer doesn't have the technology built in). These modems



SAVE

Another option for international calling is to forgo a cell phone altogether and rely on a VoIP (voice over internet protocol) service, such as Skype, to make free (or really cheap) calls from your laptop computer, which is connected to a high-speed internet connection in your hotel, for example.

connect to the computer, usually via a USB connection. To gain wireless access to the web, you'll need to sign up for a provider's data-only service plan.

You can choose a plan that offers a predetermined amount of data that can be sent/received per month, such as 25MB, or you can opt for an unlimited data plan, which is typically your best bet. The cost will be \$39 to \$89 per month, but prices for wireless data service are dropping

INTRODUCING . . . THE IPAD

The Apple iPad is a handheld tablet device that was released in 2010. It allows for wireless web surfing and the use of a wide range of other internet-related applications. Plus it runs all third-party Apple iPhone apps and iPad-specific apps from third-party developers—all from a device that's larger than a smartphone but smaller than a netbook or laptop.

The iPad, which starts at \$499, connects to the web via any Wi-Fi hotspot. However, for a bit more money, you can purchase an iPad that also offers 3G connectivity, meaning you can access the web using a wireless internet connection offered by a major carrier, such as AT&T, for a monthly fee of less than \$30. (Best part: No long-term service contract is required.)

While the iPad isn't a phone, it offers the ability to surf the web with a large screen from almost anywhere. The unit weights just 1.5 pounds, and it's less than 0.5 inches thick, so it's incredibly lightweight and portable. There's also a virtual keyboard, so you don't need a separate keyboard or mouse to use the unit.

Like a netbook or smartphone, the iPad won't meet everyone's needs; however, it's a powerful business tool that will help many people become more productive, accessible, organized and competitive in today's business world.

Wireless Protocols

When it comes to communicating wirelessly, you'll hear a lot of buzzwords as technology evolves and changes. Here are some of the current and popular wireless protocols used in business today.

Protocol	Range	Bandwidth	Common Uses
3G Cellular	>30 miles	Up to 2.4Mbps	High-speed voice and data transmission via cell phones, smartphones, wireless PDAs and wireless modems (used with laptop computers); replaced slower 2G technology, which is pretty much outdated at this point
4G Cellular	>30 miles	Up to 100Mbps	Even higher speed voice and data transmission via cell phones, smartphones, wireless PDAs and wireless modems (used with laptop computers)
802.11g	300 feet	Up to 54Mbps	Wireless LANs (including Wi-Fi hotspots and home wireless networks)
202.11n	300 feet	Up to 300Mbps	Wireless LANs (including Wi-Fi hotspots and home wireless networks)
Bluetooth	300 feet	700Kbps	Short-range audio and data transmission for cell phones, computers, digital cameras, etc; used for connecting a cell phone to a wireless headset, or a computer to a printer without cables

Wireless Protocols, continued

Protocol	Range	Bandwidth	Common Uses
Ultra Wideband	30 feet	480Mbps	Replaces the need for cables when connecting computers to equipment, such as printers, speakers and other devices

fast. Like cell phone and smartphone service plans, you'll be required to sign a one- or two-year service contract.

Adding a wireless modem and service plan to your laptop allows you to surf the web (via a high-speed 3G or 4G wireless connection) from anywhere there's wireless data service from your provider. You don't need to hunt down a Wi-Fi hotspot or connect your computer to a modem. This gives you tremendous freedom to access the web anywhere, any time.

I'm IMing

Instant messages (also referred to as IMing) allow people to communicate in real time without speaking. While cell phones allow us to roam freely and wirelessly, they're still used primarily for real-time conversations. Other internet-based communications methods let the two halves of the conversation proceed at the pace preferred by each participant. Welcome to the world of instant messages (IMs) and text messages. These are two different technologies that have similar uses.

IMing is used while you're online and surfing the web to instantly send text-based messages (and potentially attached files or links) to a recipient, who receives your IM instantly on his/her desktop computer, laptop, netbook, iPad or smartphone (assuming it's connected to the web). To use IMs, both the sender and the receiver must participate in

the same (or on a compatible) IM service, such as AIM (America Online Instant Messaging), Yahoo Messenger or MSN (Microsoft) Messenger. A real-time, text-based conversation can be held between two or more people.

The benefit to IMing is that you can participate in an unlimited number of conversations simultaneously, plus it's quicker than picking up the phone or sending a full-length e-mail. Text messaging works in much the same way as IMing; however, to send and receive a text message, you use a cell phone or smartphone. You can send a text message to anyone with a cell phone, as long as you know their phone number, regardless of what carrier they use, and assuming you both have a text messaging plan as part of your cell phone service.

Recently, technologies have become available allowing texting and IMing to work interchangeably. Here's a glance at the top-level features found in most IM services:

- Instant text chats between two or more online buddies
- File/image attachments
- IM-to-mobile phones
- PC-to-PC IP voice calls worldwide
- Calls to traditional phones (potential extra charge)
- Calls from traditional phones (potential extra charge)
- Voice mail and video voice mail (potential extra charge)
- Video calls
- Videoconferencing among multiple participants

 **e-FYI**

While IMing is one method to have quick nonverbal communication, many people today are getting hooked on Twitter (twitter.com). Twitter allows people to post short messages—140 characters in length, plus a website link or photo—which their “followers” can read in real-time, or at their convenience. (See Chapters 35 and 36 for more details.)

Web Calling

Instead of using traditional phone lines to make and receive calls, anyone with any type of high-speed internet connection can take advantage

of VoIP technology to make and receive calls from the web. Calls originating from the web can be placed to traditional phone lines, often at a fraction of the cost of making a traditional long-distance call (and sometimes free of charge, depending on the service you use).

Using a VoIP service gives you access to a wide range of calling services and features, from caller ID and voice mail to call forwarding and conference calling. As long as you have a stable, high-speed internet connection, the calls will be clear.

There are many VoIP services that offer different types of features of interest to entrepreneurs. For example, there's Skype (skype.com), MagicJack (magicjack.com) and Vonage (vonage.com). You can find a worldwide list of VoIP services by visiting voipproviderslist.com.

For people who need to make international calls, either from the United States to an overseas country or who travel overseas and need to call home to the United States, VoIP offers a tremendous savings over traditional phone or cellular phone services. In fact, using VoIP, you can typically call anywhere in the world, any time, for less than a few cents per minute (and sometimes for free).

With VoIP, you're assigned your own phone number, plus you can receive calls at that number any time you're connected to the internet—from anywhere—or have calls forwarded to your cell phone or a landline. Most VoIP services charge a flat monthly fee up to \$30 for unlimited service, or waive the monthly fee but charge a low, per-minute fee per call.

It's Your Turn

Technology is changing rapidly and almost daily. New devices and tools are constantly being introduced. New software upgrades to existing devices, such as the iPhone or BlackBerry, are allowing for greater functionality. Plus, prices are dropping fast!

If you want to be competitive in today's business world, it's no longer a matter of whether you need a smartphone and/or a netbook, laptop (with wireless capabilities) or an iPad—it's a matter of which

model you need right now and how you'll be able to get the most use out of each technology or device as you juggle your daily work and personal responsibilities, plus deal with the growing need to be accessible virtually 24/7.

This chapter offered just a short introduction to the communications and connectivity technology that's available. How you use this technology is up to you! So put on your thinking cap, be creative, and discover ways you can use it to become more productive, accessible, and competitive in today's business world.

New technologies and phone models are introduced almost every month. One of the best ways to learn about the latest gadgets, gizmos and technologies businesspeople use to communicate is to visit a consumer electronics superstore, such as Best Buy, or at least two different cell phone stores (representing different service providers, like AT&T Wireless, Verizon, Sprint, and/or T-Mobile). If you're interested in Apple products (e.g., the iPhone or iPad), visit an Apple store. By visiting a retail store that showcases the latest products, you can try them out firsthand, learn about their features, and more easily compare pricing.



Having a handheld device can keep you connected 24/7, and in the spirit of increased productivity, it's easy to get into the habit of constantly checking your e-mails and voice mails, making it difficult to disconnect from your work-related responsibilities at the end of the day. As you incorporate these new technologies into your life, also develop the discipline to use them in moderation.

GO!

All systems are go. You're ready to launch your new business. To make sure the launch is successful, Part 6, "Market," shows you how to spread the word about your company. First, you'll learn how to create a brand identity that will get your new business noticed. Then, you'll find out how to create a marketing and advertising campaign that works . . . without spending a fortune. From print ads and direct mail to TV and radio, we share smart strategies to build buzz about your business. You'll also learn about the single best way to promote your business: public relations. From special events and community projects to media coverage, we show you dozens of ways to get your business noticed—most of them virtually free!

If the idea of selling scares you, you're not alone. That's why we provide everything you need to know to sell like a pro. Learn how to get over your fear of cold calls, techniques for overcoming objections, how to spot hot prospects and how to close the sale. Once you've made the sale, the game isn't over: You've got to keep the customer coming back.

Our secrets to great customer service will give you the edge you need to win repeat business . . . over and over again.

No marketing and advertising plan is complete today without including the internet. In Part 7, “Engage,” we introduce you to the brave new world of social media and online advertising and marketing. We start by showing you how to get visitors to your website, keep them there, and, when they leave, make sure they return for more. From search engine marketing and paid search services to e-mail marketing and affiliate promotions, you’ll learn valuable tips and techniques to make your website a roaring success.

What’s all the buzz about social media and why should you be listening? Social media isn’t just changing the conversation between businesses and customers; it’s also changing the way brands are marketed. We show you how to use social tools to network with potential customers and connect and engage with your audience—because in today’s marketing landscape, that’s how brands are built. We cover all the social sites you’ve probably heard of, such as Twitter, LinkedIn and Facebook, plus numerous other tools to help you reach out and connect with your target audience. The best part is that most social tools don’t cost a dime—just a little of your time!

If you’re doing everything right, you’ll be dealing with a bundle of money. In Part 8, “Profit,” we show you the strategies to make the most of your money. Whether or not you’re a math whiz, you’ll want to read our bookkeeping basics, which contain everything you need to know to keep track of your finances. You’ll learn the accounting methods that can make a difference come tax time, what records to keep and why, and whether to computerize or do it by hand. Check out our step-by-step look at creating financial statements, income statements, cash-flow statements and other important indicators that help you measure your money. Then learn ways to manage your finances, including secrets to pricing your product or service; how to get short-term capital infusions when you’re low on cash; how to determine your overhead, profit margin and more. We’ll answer your most burning question—

how much (and how) to pay yourself. We also show you how to stay out of trouble when the tax man comes calling. Get the inside scoop on payroll taxes, personal vs. corporate tax returns and what to file when. We'll also cover what you can deduct...and what you can't.

Finally, at the end of the book, you'll find a handy glossary of terms in case you need a refresher on any of the concepts we've covered in the book, as well as an appendix chock full of helpful business resources.

part 6

MARKET

chapter 29

Brand Aid

Building a Brand

chapter 30

Marketing Genius

Advertising and Marketing Your Business

chapter 31

Talking Points

How To Promote Your Business

chapter 32

Sell It!

Effective Selling Techniques

chapter 33

Now Serving

Offering Superior Customer Service

BRAND AID

Building a Brand

You're really excited about your concept for a new product or service. But do you have a potential brand in the making?

Unfortunately, it's a question too many small-business owners ask far too late, or never ask at all—not a good idea in a world full of savvy consumers and big companies that have mastered the branding game. Great brands are all around us, and it's no accident they make us think of certain things. Think FedEx, and think overnight delivery. Apple Computer brings to mind cutting-edge products and now, music.

Even celebrities are brands. Would you describe Cary Grant the same way you would Walter Matthau? Their differences—charming vs. grumpy, refined vs. rumpled—helped to define their particular acting “brands” and let the public get a grasp on their personas. Corporate brands are no different. They have their own “personalities.”

We like to categorize everything, whether we're talking about people, printers or pizza places. Test this theory yourself. What draws you to one local business instead of another selling a similar product? One local restaurant might strike you as cute and inviting; another might make you lose your appetite without setting a foot inside—even though both restaurants serve the same type of food. You're not alone if you find yourself categorizing each business you pass.

TIP

Make your company's website more than just a boring online brochure by adding an e-newsletter, message board, a monthly podcast from the founder—anything that conveys your brand's personality and humanizes your company in the eyes of potential customers. People want to know who they're buying from, especially if it's a new company.

As a startup entrepreneur, you'll be branding whether or not you're even trying. If you don't have a clear idea of what your new company is about, your potential customers will decide on their own—a risky move for a new company without many, or any, customers. You'll need to have a branding strategy in place before you hang up

your shingle. However, before we start strategizing, let's answer the most basic question of all.

What Is Branding, Exactly?

Branding is a very misunderstood term. Many people think of branding as just advertising or a really cool-looking logo, but it's much more complex—and much more exciting, too.

■ *Branding is your company's foundation.* Branding is more than an element of marketing, and it's not just about awareness, a trademark or a logo. Branding is your company's reason for being, the synchronization of everything about your company that leads to consistency for you as the owner, your employees and your potential customers. Branding meshes your marketing, public relations, business plan, packaging, pricing, customers

and employees (the last element is often the most overlooked; read “In The Loop” on page 489 for more on this).

- *Branding creates value.* If done right, branding makes the buyer trust and believe your product is somehow better than those of your competitors. Generally, the more distinctive you can make your brand, the less likely the customer will be willing to use another company’s product or service, even if yours is slightly more expensive. In fact, a recent J.D. Power and Associates web-based survey of nearly 7,500 consumers who purchased or leased a new vehicle within the last six years found 93 percent of them willing to pay more for a brand name. “Branding is the reason why people perceive you as the only solution to their problem,” says Rob Frankel, a branding expert and author of *The Revenge of Brand X: How to Build a Big Time Brand on the Web or Anywhere Else*. “Once you clearly can articulate your brand, people have a way of evangelizing your brand.”
- *Branding clarifies your message.* You have less money to spend on advertising and marketing as a startup entrepreneur, and good branding can help you direct your money more effectively. “The more distinct and clear your brand, the harder your advertising works,” Frankel says. “Instead of having to run your ads eight or nine times, you only have to run them three times.”
- *Branding is a promise.* At the end of the day, branding is the simple, steady promise you make to every customer who walks through your door—today, tomorrow and ten years from now. Your company’s ads and brochures might say you offer speedy, friendly service, but if customers find your service slow and surly, they’ll walk out the door feeling betrayed. In their eyes, you promised something that you didn’t deliver, and no amount of advertising will ever make up for the gap between what

“Success is often
achieved by those who
don’t know that failure
is inevitable.”

—GABRIELLE “COCO”
CHANEL, FOUNDER OF
CHANEL INC.

your company says and what it does. Branding creates the consistency that allows you to deliver on your promise over and over again.

Building a Branding Strategy

Your business plan should include a branding strategy. This is your written plan for how you'll apply your brand strategically throughout the company over time.

At its core, a good branding strategy lists the one or two most important elements of your product or service, describes your company's ultimate purpose in the world and defines your target customer. The result is a blueprint for what's most important to your company and to your customer.

Don't worry; creating a branding strategy isn't nearly as scary or as complicated as it sounds. Here's how:

- *Step one: Set yourself apart.* Why should people buy from you instead of the same kind of business across town? Think about the intangible qualities of your product or service, using adjectives from “friendly” to “fast” and every word in between. Your goal is to own a position in the customer’s mind so they think of you differently than the competition. “Powerful brands will own a word—like Volvo [owns] safety,” says Laura Ries, an Atlanta marketing consultant and co-author of *The 22 Immutable Laws of Branding: How to Build a Product or Service into a World-Class Brand*. Which word will your company own? A new hair salon might focus on the adjective “convenient” and stay open a few hours later in the evening for customers who work late—something no other local salon might do. How will you be different from the competition? The answers are valuable assets that constitute the basis of your brand.
- *Step two: Know your target customer.* Once you've defined your product or service, think about your target customer. You've

probably already gathered demographic information about the market you're entering, but think about the actual customers who will walk through your door. Who is this person, and what is the one thing he or she ultimately wants from your product or service? After all, the customer is buying it for a reason. What will your customer demand from you?

- *Step three: Develop a personality.* How will you show customers every day what you're all about? A lot of small companies write mission statements that say the company will "value" customers

IN THE LOOP

Many companies large and small stumble when it comes to incorporating employees into their branding strategies. But to the customer making a purchase, your employee is the company. Your employees can make or break your entire brand, so don't ever forget them. Here are a few tips:

- *Hire based on brand strategy.* Communicating your brand through your employees starts with making the right hires. Look to your brand strategy for help. If your focus is on customer service, employees should be friendly, unflappable and motivated, right? Give new hires a copy of your brand strategy, and talk about it.
- *Set expectations.* How do you expect employees to treat customers? Make sure they understand what's required. Reward employees who do an exceptional job or go above and beyond the call of duty.
- *Communicate, then communicate some more.* Keeping employees clued in requires ongoing communication about the company's branding efforts through meetings, posters, training, etc. Never, ever assume employees can read your mind.

and strive for “excellent customer service.” Unfortunately, these words are all talk, and no action. Dig deeper and think about how you’ll fulfill your brand’s promise and provide value and service to the people you serve. If you promise quick service, for example, what will “quick” mean inside your company? And

how will you make sure service stays speedy? Along the way, you’re laying the foundation of your hiring strategy and how future employees will be expected to interact with customers. You’re also creating the template for your advertising and marketing strategy.

Your branding strategy doesn’t need to be more than one page long at most. It can even be as short as one paragraph. It all depends on your product or service and your industry. The important thing is that you answer these questions before you open your doors.



WARNING

A lot of new companies try to be everything to everyone, but this strategy will make it impossible to communicate your brand.

Instead, identify your most likely customer and build your brand on what this person wants.

Bringing It All Together

Congratulations—you’ve written your branding strategy. Now you’ll have to manage your fledgling brand. This is when the fun really begins. Remember, FedEx was once a startup with an idea it had to get off the ground, too. Here are some tips:

- *Keep ads brand-focused.* Keep your promotional blitzes narrowly focused on your chief promise to potential customers. For example, a new bakery might see the warmth of its fresh bread as its greatest brand-building asset. Keep your message simple and consistent so people get the same message every time they see your name and logo.
- *Be consistent.* Filter every business proposition through a branding filter. How does this opportunity help build the company’s brand? How does this opportunity fit our branding strategy?

These questions will keep you focused and put you in front of people who fit your product or service.

■ *Shed the deadweight.* Good businesses are willing to change their brands but are careful not to lose sight of their original customer base and branding message. Consider Starbucks, which changed the way it made lattes to speed up the process. “You have to give up something to build a brand,” Ries says. “Good brands constantly get rid of things that don’t work.”

MANY HAPPY RETURNS?

It can be hard to put a dollar figure on what you’re getting in return for your investment in branding. Branders talk about this dilemma in terms of “brand equity”: The dollar value your brand generates over decades in terms of the demand it drives and the customer loyalty it creates. Coca-Cola’s brand equity, for example, is estimated in the billions of dollars.

Think about conducting a simple “brand audit” at least once a year. This means looking at how your product or service is marketed and branded (your marketing messages, etc.), analyzing your brand positioning (i.e., asking customers what they think of your brand), and then comparing the two (your branding efforts vs. customer perceptions) to see how well the two connect.

A simple customer survey with questions like “When you think about our company and our product, what words come to mind?” can tell you volumes about the strengths and weaknesses of your branding. A new coffee shop owner, for example, might think she serves the best coffee in town, while convenience or ambience—say, the type of music played over the sound system—turns out to be as much, or more, of a selling point from the customer’s perspective. A brand audit will help keep you on track and help you build on what you already do well.

Read All About It

Luckily, there are tons of books on the topic of branding. Here are just a few of them, along with a major trade magazine:

- *The Business of Brands*. Written by Jon Miller and David Muir and published by John Wiley & Sons, this book discusses creating value around a brand as well as brand strategy.
- *Brandweek*. This trade magazine is a good source of news and information about branding trends. A one-year subscription

Branding Checklist

Test your branding savvy by answering “yes” or “no” to these statements.

Hint: The more you answer “no,” the more you’ll need to bone up on your knowledge of branding.

- I know what branding means, exactly.
- I’ve added a simple branding strategy to my business plan.
- I understand the one thing the customer ultimately wants from my product or service.
- I know what our straightforward and consistent message will be to the customer, today and 20 years from now.
- I’ve thought about how my company will ultimately provide value and service to the customer.
- I’ll rely on the company’s brand strategy when hiring future employees.
- The company’s brandmark (logo), packaging, stationery, slogan and approach to customer service all reflect our company’s main promise to the customer.
- I plan to measure the effectiveness of our branding strategy through an annual brand audit.

(including online website access) costs \$299. Call (800) 684-1873, or visit brandweek.com to subscribe.

- *Designing Brand Identity: A Complete Guide to Creating, Building, and Maintaining Strong Brands*. This John Wiley & Sons book by Alina Wheeler discusses branding fundamentals and also provides a number of case studies.
- *Emotional Branding: The New Paradigm for Connecting Brands to People*. Written by Marc Gobe , this book delves into creating a strong brand personality, among other things.
- *The 22 Immutable Laws of Branding: How to Build a Product or Service Into a World-Class Brand*. This Harper Business book by Al Ries and Laura Ries includes tips for branding as well as numerous examples of how successful companies have built their brands.

There's a lot of work that goes into launching and building a world-class brand, but it pays off. Nike once ran its business out of the back of a car, but now it's a global brand worth billions of dollars. Think of your fledgling brand as a baby you have to nurture, guide and shape every day so it grows up to be dependable, hardworking and respectable in your customers' eyes. One day your company's brand will make you proud. But you'll have to invest the time, energy and thought it takes to make that happen.

MARKETING GENIUS

Advertising and Marketing Your Business

You may know how to build the perfect product or provide excellent service, but do you know how to market your business? If not, all your expertise won't help keep your business afloat. Without marketing, no one will know your business exists—and if customers don't know you're there, you won't make any sales.

Advertising doesn't have to mean multimillion-dollar TV commercials. There are plenty of ways to market your business that are affordable or even free. All it takes is a little marketing savvy and the dedication to stick with a year-round program that includes a solid mix of proven tactics.

*"If you can dream it,
you can do it."*

—WALTER ELIAS DISNEY,
FOUNDER OF WALT DISNEY CO.

Creating a Marketing Plan

Everyone knows you need a business plan, yet many entrepreneurs don't realize a marketing plan is just as vital.

Unlike a business plan, a marketing plan focuses on winning and keeping customers. A marketing plan is strategic and includes numbers, facts and objectives. Marketing supports sales, and a good marketing plan spells out all the tools and tactics you'll use to achieve your sales goals. It's your plan of action—what you'll sell, who will want to buy it, and the tactics you'll use to generate leads that result in sales. And unless you're using your marketing plan to help you gain funding, it doesn't have to be lengthy or beautifully written. Use bulleted sections, and get right to the point.

Here's a closer look at creating a marketing plan that works.

POSITION POWERS

The right image packs a powerful marketing punch. To make it work for you, follow these steps:

- Create a positioning statement for your company. In one or two sentences, describe what distinguishes you from your competition.
- Test your positioning statement. Does it appeal to your target audience? Refine it until it speaks directly to their wants and needs.
- Use the positioning statement in every written communication to customers.
- Integrate your company's positioning message into all your marketing campaigns and materials.
- Include your team in the positioning effort. Help employees understand how to communicate your positioning to customers.

Step One: Begin with a Snapshot of Your Company's Current Situation, Called a "Situation Analysis"

This first section of the marketing plan defines your company and its products or services, then shows how the benefits you provide set you apart from your competition.

Target audiences have become extremely specialized and segmented. For example, there are hundreds of special-interest magazines—each targeted to a specific market segment. No matter your industry, from restaurants to professional services to retail clothing stores, positioning your product or service competitively requires an understanding of your niche market. Not only do you need to be able to describe what you market, but you must also have a clear understanding of what your competitors are offering and be able to show how your product or service provides a better value.

Make your Situation Analysis a succinct overview of your company's strengths, weaknesses, opportunities and threats. Strengths and weaknesses refer to characteristics that exist within your business, while opportunities and threats refer to outside factors. To determine your company's strengths, consider the ways that its products are superior to others, or if your service is more comprehensive, for example. What do you offer that gives your business a competitive advantage? Weaknesses, on the other hand, can be anything from operating in a highly saturated market to lack of experienced staff members.

Next, describe any external opportunities you can capitalize on, such as an expanding market for your product. Don't forget to include any external threats to your company's ability to gain market share so that succeeding sections of your plan can detail the ways you'll overcome those threats.



Your business plan and your marketing plan have a lot in common, but make sure to keep them separate. Your business plan should show how you're going to support your marketing efforts. At the same time, your marketing plan should be a concrete working out of the ideas in your business plan.

Positioning your product involves two steps. First, you need to analyze your product's features and decide how they distinguish your product from its competitors. Second, decide what type of buyer is most likely to purchase your product. What are you selling—convenience? Quality? Discount pricing? You can't offer it all. Knowing what your customers want helps you decide what to offer, and that brings us to the next section of your plan.

Step Two: Describe Your Target Audience

Developing a simple, one-paragraph profile of your prospective customer is the second step in an effective marketing plan. You can describe prospects in terms of demographics—age, sex, family composition, earnings and geographic location—as well as lifestyle. Ask yourself the following: Are my customers conservative or innovative? Leaders or followers? Timid or aggressive? Traditional or modern? Introverted or extroverted? How often do they purchase what I offer? In what quantity?

If you're a business-to-business marketer, you may define your target audience based on their type of business, job title, size of business, geographic location, or any other characteristics that make them possible prospects. Are you targeting the owners of businesses with 25 or fewer employees or mid-level managers in Fortune 100 companies? No matter who your target audience is, be sure to narrowly define them in this section, because it will be your guide as you plan your media and public relations campaigns. The more narrowly you define your target audience, the less money you'll waste on ads and PR in poorly targeted media and the unqualified leads they would generate. (Chapters 6 and 7 explain in detail how to define your target customer.)

Step Three: List Your Marketing Goals

What do you want your marketing plan to achieve? For example, are you hoping for a 20 percent increase in sales of your product per quarter? Write down a short list of goals—and make them measurable so that you'll know when you've achieved them.

Step Four: Develop the Marketing Communications Strategies and the Tactics You'll Use

This section is the heart and soul of your marketing plan. In the previous sections, you outlined what your marketing must accomplish and identified your best prospects; now it's time to detail the tactics you'll use to reach these prospects and accomplish your goals.

A good marketing program targets prospects at all stages of your sales cycle. Some marketing tactics, such as many forms of advertising, public relations and direct marketing, are great for reaching cold prospects. Warm prospects—those who have previously been exposed to your marketing message and perhaps even met you personally—will respond best to permission-based e-mail, loyalty programs and customer appreciation events, among others. Your hottest prospects are individuals who've been exposed to your sales and marketing messages and are ready to close a sale. Generally, interpersonal sales contact (whether in person, by phone or e-mail) combined with marketing adds the final heat necessary to close sales.

To complete your tactics section, outline your primary marketing strategies, then include a variety of tactics you'll use to reach prospects at any point in your sales cycle. For example, you might combine outdoor billboards, print advertising and online local searches to reach cold prospects but use e-mail to contact your warm prospects. Finally, you can use one-on-one meetings to close the sale. Don't overlook complimentary materials that support sales: For instance, if you plan to meet with prospects to follow up on leads you've generated, you'll need brochures and presentation materials.

To identify your ideal marketing mix, find out which media your target audience turns to for information on the type of product or service you sell. Avoid broad-based media—even if it attracts your target audience—if the content is not relevant. The marketing tactics you choose must reach your prospects when they'll be most receptive to your message.



WARNING

Don't mess with success.

Once you find an advertising idea that works for you, stick with it. Repetition is the key to getting your message across.

Market Planning Checklist

Before you launch a marketing campaign, answer the following questions about your business and your product or service:

- Have you analyzed the total market for your product or service? Do you know which features of your product or service will appeal to different market segments?
- In forming your marketing message, have you described how your product or service will benefit your clients?
- Have you prepared a pricing schedule? What kinds of discounts do you offer, and to whom do you offer them?
- Have you prepared a sales forecast?
- Which media will you use in your marketing campaign?
- Do your marketing materials mention any optional accessories or added services that consumers might want to purchase?
- If you offer a product, have you prepared clear operating and assembly instructions if required? What kind of warranty do you provide? What type of customer service or support do you offer after the sale?
- Do you have product liability insurance?
- Is your packaging likely to appeal to your target market?
- If your product is one you can patent, have you done so?
- How will you distribute your product?

Step Five: Set Your Marketing Budget

You'll need to devote a percentage of projected gross sales to your annual marketing budget. Of course, when starting a business this may mean using newly acquired funding, borrowing or self-financing. Just bear this in mind—marketing is absolutely essential to the success of

your business. And with so many different kinds of tactics available for reaching out to every conceivable audience niche, there's a mix to fit even the tightest budget.

As you begin to gather costs for the marketing tactics you outlined in the previous section, you may find that you've exceeded your budget. Not to worry. Simply go back and adjust your tactics until you have a mix that's affordable. The key is to never stop marketing—don't concern yourself with the more costly tactics until you can afford them.

So what should you spend on marketing? There's no hard-and-fast guideline. In fact, the amount varies based on your industry, the amount of competition you must overcome, and the type of media you have to use to reach your audience. A particularly complex message will also require a bigger marketing budget because prospects will need to be guided through the education phase, which involves more advertising and an increase in the repetition of your message. One study showed that major advertisers with well-established brand names, including General Mills, Kodak, Dunkin' Donuts and Kraft Foods, spend an average of 11.6 to 12.4 percent of sales on marketing. On the other hand, many successful small businesses that are competing for brand recognition and market share budget approximately 15 to 19 percent of sales.



Dream the dream. Your marketing plan should include a "blue sky" section in which you put your feet back and look at where you think you'll be in a couple of years. Especially in small businesses, it's a waste of time to formulate marketing thoughts that go out more than two or three years. But dreams are important—and they can be fun, too.

Where to Advertise

Once you know your target audience, it'll be easier to determine which media will work well for you. Much of this is just common sense, based on your product or service, method of sales and audience.

“All you need in this life are ignorance and confidence, and then success is sure.”

-MARK TWAIN

Sure, it would be great if you could afford to buy a full-page color ad in *Time* magazine or a 60-second commercial during the Super Bowl. But in addition to being beyond your budget, such ads aren't even the most effective way to go for a small company.

Small companies succeed by finding a niche, not by targeting every Tom, Dick and Harry. (Remember the “Choose Your

Target” chapter in Part 2?) Similarly, you need to focus your advertising as narrowly as possible on the media that will reach your customers. Your customers’ location, age, income, interests and other information will guide you to the right media.

Suppose you ran a business selling model train supplies nationwide online and by mail order. It would make sense to advertise in a mix of national specialty magazines, on websites targeting aficionados, and in specialty e-newsletters catering to the hobby rather than advertising in, say, *The New York Times*. On the other hand, if you sold model trains from a hobby shop rather than online or via mail order, the vast majority of your customers would be drawn from your local area. Therefore, advertising in national hobbyist magazines would net you only a few customers. In this case, it would make more sense to advertise in local phone directories (both online and offline), area newspapers or magazines that carry related editorial sections, or by commercials on carefully selected cable TV programming targeting the local area.

Like any aspect of running a business, marketing involves a measure of trial and error. As your business grows, however, you’ll quickly learn which advertising media are most cost-effective and draw the most customers to your company. Here’s a closer look at the different types of advertising methods and tips for succeeding with each.

Print Advertising

The print ad is the basic unit of advertising, the fountainhead from which all other forms of advertising spring. Knowing the principles of

creating print ads will help you get results in any other advertising media you use. Print ads have helped launch some of the most successful products and services we know. And there's no reason they can't work for you, too—if you observe a few hard-and-fast rules.

Most print ads out there are poorly conceived and, as a result, perform badly. If an ad lacks a strong motivating message, especially in the crowded marketplace of a newspaper or magazine, it becomes a costly lesson—one your business will be lucky to survive. The good news? With so many bad ads out there, if you can put together a good one, you're way ahead of the game.

Whether you are developing an ad yourself or having someone else craft it for you, make sure it follows the five fundamentals of successful ads.

1. *It should attract attention.* That sounds obvious, but nothing else matters unless you can do this. And that means having a truly arresting headline and visual element.
2. *It should appeal to the reader's self-interest or announce news.* An ad that takes the "you" point of view and tells readers how they'll benefit from your product or service piques and keeps their interest. And if, in addition, it has news value ("Announcing a bold new breakthrough in moisturizers that can make your skin look years younger"), your ad has a better than fighting chance.
3. *It should communicate your company's unique advantage.* In other words, why should the prospect pick your firm over a competitor's?
4. *It should prove your advantage.* One convincing way to do that is through testimonials and statistics.
5. *It should motivate readers to take action.* This is usually accomplished by making a special offer that "piggybacks" your main sales thrust. Such offers include a free trial, a discount or a bonus.

An ad doesn't have to do a "hard sell" as long as it is an all-out attempt to attract, communicate with and motivate the reader. That process starts with the single most important element of any ad: the headline.

**TIP**

Make sure all your ads answer every customer's number-one question:
"What's in it for me?"

GO FOR THE PROS

Can you create your own advertising copywriting and design? If you have a background in marketing and advertising, the answer may be yes. If not, however, you're better off hiring professionals. No matter how creative you are, a commercial artist or a graphic designer can vastly improve almost any ad created by an entrepreneur.

However, since no one knows your business better than you, it's a good idea to develop your own rough draft first. Think about the key benefits you want to get across, what makes your company different from and better than the rest, and the major advantages of doing business with you.

If you're reluctant to spend the money on a copywriter and a graphic designer, don't be. Printing, distributing and placing your advertising and marketing materials are going to be costly. If the materials you're paying to have printed aren't well-written, eye-catching and effective, you're wasting your money.

Graphic design and copywriting are two areas where it's possible to get good work at substantial savings. Plenty of freelance, one-person graphic design and copywriting businesses exist, many of them quite reasonably priced. Ask friends, other business owners or your chamber of commerce for referrals. Many copywriters and designers will cut you a price break on the first project in hopes of winning your business in the future.

Headlines That Work

Some of the biggest flops in advertising contained convincing copy that never got read because the ads lacked a great headline or visual element to hook the passing reader.

David Ogilvy, founding partner of legendary ad agency Ogilvy & Mather, said that on the average, five times as many people read the

headlines of ads as read the body copy. Headlines that work best, according to Ogilvy, are those that promise the reader a benefit—more miles per gallon, freedom from pimples or fewer cavities.

Flip through a magazine or a newspaper and see what you notice about the ads. Typically, it is the headlines that your eyes go to first. Then notice how many of those headlines promise a benefit of some kind.

However, expressing a benefit is not enough if the way you communicate it is dull and hackneyed. Your headline should be unusual or arresting enough to get interest. Here are some examples of headlines that got noticed:

- “When doctors feel rotten, this is what they do.”
- “Why some foods explode in your stomach.”
- “How a fool stunt made me a star salesman.”

John Caples, co-author of the classic guide *Tested Advertising Methods*, recommends beginning headlines with such words or phrases as “New,” “Now,” “At last,” “Warning” or “Advice” to pique interest. He also suggests using one- or two-word headlines and giving readers a test in the headline to get them involved (such as “Do you have an iron deficiency? Take this simple test to find out”).

Whatever you do, don’t use your company name as the headline for your ad. This is one of the most common mistakes small companies make. Would you read an ad whose most eye-catching element was “Brockman Financial Services”? Probably not.

Ads That Stand Out

Imagine scanning a convention half full of people dressed in formal attire and suddenly noticing that one brazen attendee is wearing overalls and a red flannel



Can't come up with ideas for your ad? Try a brainstorming session. Jot down words or phrases related to your product or service and its benefits. Then see what associations they trigger. Write down all the ideas you can think of without censoring anything. From those associations—whether words, phrases or visual images—come ideas that make good ads.

shirt. Is it safe to say your eyes would be riveted to that individual? Your first reaction might be “How dare he?” but you’d also probably be curious enough to walk over and find out what this audacious character was all about.

**TIP**

Sometimes the story of your business can make an interesting “hook” for a print ad or a brochure. The social worker who started a maid service could use a headline like “Why I gave up social work to rid the world of dust balls.” If your story’s intriguing enough, it could get readers hooked.

Such nonconformity can have the same riveting effect in advertising. Imagine scanning a newspaper page full of ho-hum little ads and then noticing that one of them stands out from the crowd. All of a sudden, the other little ads become invisible, and the unique one grabs all the attention. That ad has accomplished the single most difficult task small-business advertising faces—simply getting noticed.

Ideally, your advertising should reflect your company in both look and message. An ad represents you and what you have to offer. If it’s generic, it won’t have the power

to grab attention or persuade prospects to take action.

Even a small ad, if it exhibits something a little unexpected, can steal the thunder of larger, more traditional ads that surround it. But what can you say in a small space that gets noticed and makes an impression? Here are a few ideas that could work with a variety of products or services.

- *For a restaurant.* Use a large but short headline that can’t help but arouse curiosity, such as “Now, that’s enormous!” This would then be followed by an explanation that this is usually the reaction when one of Francisco’s Super-Subs (or whatever large-serving entrée) is placed in front of a customer.
- *For a beauty salon.* Use a small ad with the headline “Can we have your autograph?” in quotes. Follow with copy that reads: “Be ready to draw the attention of admirers when you leave Noreen’s Cut ‘n’ Curl—for people are sure to recognize you as the star you are.”

■ *For a carpet cleaner:* Try a small ad that shows a blowup of a dust mite with the headline “They’re hiding in your carpet.” The body copy then explains that these bugs are invisible to the naked eye but are accumulating by the thousands in your uncleaned carpet.

Ad Placement

There are two principal publication categories to consider for print advertising. The first, the newspaper category, has a positive and a negative side. On the plus side, you can get your ad in very quickly. That enables you to run an ad, for example, that capitalizes on some market turn of events that saves your prospects money if they act fast and buy from you. This could be very exciting news for them, and that’s perfect because they are in a “newsy” frame of mind when they read the newspaper.

On the downside, newspapers usually have a shelf life of just 24 hours. Therefore, if you run your ad on Monday, you can’t count on anyone discovering that ad on Tuesday. As the saying goes, “Nobody wants to read yesterday’s news.”

Just as with most media, your budget must allow for multiple insertions—it’s essential to run your ad with enough frequency for its message to penetrate. Regular exposure of the ad builds recognition and credibility. If some of your prospects see your ad but don’t respond to your first insertion, they may well respond to your second or third. If you have confidence in your ad’s message, don’t panic if the initial response is less than what you wanted. More insertions should bring an improved response.

The second type of publication is magazines, for which there are specialty categories of every kind. This allows you to target any of hundreds of special-interest groups. Another advantage of magazines, especially monthlies, is that they have a longer shelf life; they’re often browsed through for months after publication and also often have pass-along readership. So your ad might have an audience for up to six months after its initial insertion. Of course, an effective campaign

THE GOOD WORD

Third-party praise—whether from a customer, an industry organization or a publication—is one of the most effective tools you can use to give your ad, commercial or direct-mail package added credibility. This can take a variety of forms:

- If your business has received some kind of prize, mention in the press or other honor, don't hesitate to put it in your advertising. "Rated #1 By *Dog Groomers Monthly*" or "Voted 'Best Value' By *The Chagrin Falls Gazette*" are good ways to establish your product or service's benefit in customers' eyes.
- Testimonials from individual customers carry weight, too. "Wanda's Party Planners Gave My Son The Best Birthday Ever!—Jane Smith, Wichita, Kansas," attracts customers' attention. How to get testimonials? If a customer says something nice about your business, don't let the compliment slide—ask, then and there, if you can use the testimonial in your sales materials. (You may want to get this in writing, just to be on the safe side.) Most customers will be happy to comply.
- Even if your company hasn't gotten recognition, perhaps you can use a part, a process or an ingredient from one of your suppliers that has received praise. For example, you could say "Made With The Flame Retardant Rated #1 By The American Fire Safety Council." This tells your customers you think highly enough of them to provide them with such a great product or ingredient.
- If you're a member of the Better Business Bureau, that's an implied endorsement, too. Be sure to post your BBB plaque prominently on your store or office wall, or use the logo on your letterhead.

requires multiple insertions. After all, readers can't be expected to see and recall every ad in each issue, and smaller space ads may require even higher frequency than larger ads to get noticed over time.

Researchers have found the following about magazine ads:

- Full-page ads may attract about 70 percent more readers than fractional-page ads.
- Adding a photograph or illustration dramatically increases an ad's power to draw readers.
- Many successful ads use photographs unrelated to the subject matter.
- It's crucial to maintain a balance between the space devoted to photos or illustrations and copy.

There must be sufficient text to draw readers' attention, which is crucial to advertising success.

When planning advertising in any print medium, contact the publication first and ask for a media kit. This contains rate information for various sizes of ads as well as demographic information about the publication's readership—age, income and other details to help you decide if this is where your buyers are. The media kit also indicates specifications for the format in which you'll have to deliver your ad to the publication.



AHA!

The most persuasive words in advertising: "free," "you," "now," "new," "win," "easy," "introducing," "save," "money," "today," "guarantee," "health," "safety," and "discovery."

Radio and TV Advertising

Many entrepreneurs believe that TV and radio advertising are beyond their means. But while advertising nationally on commercial network TV may be too costly for many entrepreneurs, advertising on local stations and especially on cable TV can be surprisingly affordable. Armed with the right information, you may find that TV and radio advertising deliver more customers than any other type of ad campaign. The key is to have a clear understanding of your target audience and what they want or listen to so the money spent on broadcast advertising is invested in programming that reaches them in the right way and in the right context.

**SAVE**

Considering advertising on cable? Look into a "cable co-op," where several companies collaborate on an ad package that promotes all their services or products.

"A lot of advertising decisions are made more from the heart than from the head," says William K. Witcher, author of *You Can Spend Less and Sell More*, the classic guide to low-cost advertising. Witcher warns entrepreneurs not to get so swept up in the idea of advertising on TV or radio that they neglect to do the necessary research.

Sitting down and coming up with a well-thought-out advertising plan is crucial, Witcher says. "Don't feel that you can simply throw a bunch of dollars into the advertising mill and create miracles."

Planning is essential if you're approaching broadcast advertising for the first time. Experts suggest entrepreneurs take the following steps before diving in:

- *Use the target audience description from your marketing plan as the basis for your broadcast buy.* Steer clear of any media or programming that doesn't help you reach your audience with as little waste as possible.
- *Set a rough budget for broadcast advertising.* Come up with an amount that won't strain your business but will allow you to give broadcast advertising a good try. Many stations suggest running ads for at least three months. A good rule of thumb for a cable TV buy is to budget a minimum of \$1,500 per month, plus production. The rates for radio time will vary depending on the size of the market, the station's penetration, and the audience of the shows on which you want to advertise.
- *Contact sales managers at TV and radio stations in your area and arrange to have a salesperson visit you.* Ask salespeople for a list of available spots that air during hours that reach your target audience.
- *Talk to other businesspeople in your area about their experiences with broadcast advertising.* While salespeople from TV and radio stations can be helpful, they are, after all, trying to sell you

THE SMALL STUFF

Should you use your limited advertising budget to create larger, more visible ads that restrict you to advertising less frequently, or smaller, less visible ads that you can afford to run more frequently?

The answer: smaller ads more frequently. The reason is that most people—even those who are likely candidates for your product—typically don't respond to ads the first time they see them. Prospects may have to notice an ad a number of times and develop a level of comfort with it (especially if the product or service is new to them) before they take action. The more often prospects see your ad, the more comfortable they'll become and the better the chance they'll respond to it. Of course, if your ad is too small, it may not be seen at all, so be sure to pick an ad size that allows you to shine and still maintain a frequency you can afford.

something. It is your responsibility to be a smart consumer.

- *Ask about the “audience delivery” of the available spots.* Using published guides (Arbitron or Nielsen), ask the salesperson to help you calculate the CPM (cost per thousand) of reaching your target audience. Remember, you are buying an audience, not just time on a show, and you can calculate pretty exactly how much it's going to cost you to reach every single member of that audience.
- *Inquire about the production of your commercial.* Fortunately, major cable companies are now offering production



SAVE

Get your ad on the radio—for free—by bartering your products or services for air time. Called “trade-out,” this practice is common. Radio stations need everything from janitorial services and graphic designers to products they can give away as on-air prizes, so whatever you sell, you're likely to find a ready market.

RIGHT PLACE, RIGHT TIME

Today, marketing messages can go anywhere and everywhere people do, thanks to “out-of-home” advertising. You can reach boaters with advertising at marinas, golfers out on the links with signage on hospitality carts, or health-conscious consumers while they exercise at their local gyms.

Traditional out-of-home advertising encompasses billboards—including the exciting new LED boards on which messages can be changed frequently, even based on the time of day—and transit advertising, from bus-backs to subway posters and taxi-top ads.

Then there’s alternative out-of-home, generally called “place-based advertising.” This is where things really get interesting. The “street furniture” category includes bicycle-rack displays and posters on bus shelters and trash receptacles. Other place-based media include newsstand, convenience store and shopping mall displays. You can even try placing posters above diaper changing stations or in college campus laundry rooms. Your choices and locations are virtually endless.

assistance to small-business owners with rates that can be as little as \$500 to \$1,200 per spot. And some independent TV stations will offer low-cost or free production if you enter into an agreement to advertise for at least three months. With a similar contract, some radio stations will provide a well-known personality to be the “voice” of your business at no extra cost. However, for multivoice, high production value spots, you’ll want to enlist an outside production company.

- *Compare the various proposals.* Look at the CPMs, and negotiate the most attractive deal based on which outlet offers the most cost-effective way of reaching your audience. Buying time well

RIGHT PLACE, RIGHT TIME, CONTINUED

Follow these three rules for picking the right out-of-home advertising opportunity for your business:

- *Rule one: The advertising must reach a high percentage of your best prospects.* For example, a poster on a bus shelter at a busy intersection can boost sales for a nearby retailer if it is seen often enough by a majority of the store's customers and prospects.
- *Rule two: The place-based ad must be in an appropriate venue.* The posters you find in the restrooms of popular bars and restaurants typically carry ads for other entertainment-oriented businesses because their messages are compatible with the venue.
- *Rule three: Your ad must reach prospects at the right time.* From billboards promoting business services directed at commuters on their way to work to posters for beauty products in neighborhood hair salons, out-of-home advertising should target your prospects at the time when they'll be most receptive to your message.

in advance can help lower the cost. For TV ads, stick with 30-second spots, which are standard in the industry. And keep in mind that the published rates offered by TV and radio stations are often negotiable. Generally, rates vary widely during the first quarter of the year, and sometimes during the third quarter or late in the fourth quarter, traditionally slow seasons for many businesses. But expect to pay full rates during the rest of the year or during popular shows or prime time.

Getting Help

Once you've gone through all these steps, you should have a good idea what is involved in broadcast advertising. But learning to be a smart

consumer in the TV and radio market isn't always easy. If you're worried about making the right choice on your own, consider hiring a consultant or an advertising agency to guide you.

When approaching radio stations, it's important to learn their demographics, and look at how closely they match your target market. Sorting out demographics is one area where hiring an ad agency or consultant can really help. Every radio station in the country says they are number one in a certain time spot or with a certain audience, so it helps to have an insider on your team.

Radio can be a good option if you only need to reach a small geographic area, such as a single city or town.

Another option that can help an advertiser pinpoint a small geographic area is cable TV. With networks featuring all-news, sports, music, weather and other specialized topics, cable lets you microtarget the groups that fit your customer profile. Plus, cable TV allows you to reach your target audience in specific towns, without wasting money covering viewers who are too far away to use your products or services. Major cable system providers, such as Comcast and Adelphia,

allow you to buy advertising on cable programming within geographic zones that can be as small as five miles or in multiple zones to reach an entire major metropolitan area. So it's easy to target both geographically and based on the special viewing interests of your audience.

For example, a business owner looking to reach upscale members of the community might try advertising on CNN. A sporting goods store might make a big splash by advertising locally during the national broadcast of "Monday Night Football," carried by ESPN.

But what if you want to target prospects beyond your local broadcast area? You can still use cable TV and radio to achieve your goals. Rather than advertise on your local cable TV provider, for example, you could go directly to national cable networks—from HGTV to



WARNING

Don't wait to market. Fight the tendency to pay too little attention to your customers and to resist marketing until you're in trouble. Market when times are good, and you're more likely to keep the good times rolling.

ESPN 2—and negotiate for a spot schedule on programs that are targeted to your audience.

Today, there are more options than ever to reach national audiences using radio advertising. Thousands of radio stations now simulcast on the internet, and there are networks of internet-only radio stations to suit every breed of listener. If your startup is well-capitalized and you can budget at least \$2,000 for a national radio campaign as part of your media mix, you can reach an affluent audience online.

The monthly audience for internet radio tops an estimated 48 million, and a study from Arbitron and Edison Media Research showed online radio listeners are twice as likely to live in households with annual household incomes of more than \$100,000. There are other advantages as well: Nearly 80 percent of internet radio listeners tune in while they're at work. So when your spot plays, your prospects are just one click away from your website. In addition to running audio advertising, it's often possible to place online ads your prospects will see while listening.

The challenge is to book the best stations that can reach your audience in sufficient numbers to produce results. Net Radio Sales (netradiosales.com) represents the largest network of internet radio stations and is a good place to start an online radio campaign using one station or all stations in a particular format or in a specific geographic market area.

Direct Mail

Direct mail encompasses a wide variety of marketing materials, including brochures, catalogs, postcards, newsletters and sales letters. Major corporations know that direct-mail advertising is one of the most effective and profitable ways to reach out to new and existing clients.

What's the advantage? Unlike other forms of advertising, in which you're never sure just who is getting your message, direct mail lets you communicate one-on-one with your target audience. That allows you to control who receives your message, when it is delivered, what is in the envelope and how many people you reach.

To create an effective direct-mail campaign, start by getting your name on as many mailing lists as possible. Junk mail isn't junk when you're trying to learn about direct mail. Obtain free information every

chance you get, especially from companies that offer products or services similar to yours. Take note of your reaction to each piece of mail, and save the ones that communicate most effectively, whether they come from large or small companies.



Get your business on target with these two direct-mail websites:

1. *Directmag.com* offers case histories, mailing list resources and e-newsletters, including DirectNewsline for direct marketers.
2. *Dmnews* (*dmNews.com*) offers business updates, a blog, white papers and e-mail newsletters.

The most effective direct-mail inserts often use key words and colors. Make sure the colors you use promote the appropriate image. Neon colors, for example, can attract attention for party-planner or gift basket businesses. On the other hand, ivory and gray are usually the colors of choice for lawyers, financial planners and other business services.

To involve the reader in the ordering process, many mailers enclose "yes" or "no" stickers that are to be stuck onto the order form. Companies such as Publisher's

Clearing House take this technique further by asking recipients to find hidden stickers throughout the mailing and stick them on the sweepstakes entry. It also asks customers to choose their prizes, which gets them even more involved.

Next, read up on the subject. A wealth of printed information is available to help educate you about direct mail. Two of the better-known publications are *DM News*, a bimonthly trade paper, and *Direct Magazine*, a monthly.

The Direct Marketing Association (DMA) in New York City is a national trade organization for direct marketers. For a catalog that highlights many of the direct marketing industry's books, a free brochure that lists a variety of direct marketing institutes and seminars

across the country, or more information about joining, call the DMA at (212) 768-7277. You can also visit the group's website at the-dma.org.

Mailing Lists

No matter what type of direct mail you send out, you'll need a mailing list. The basic way to build a mailing list is by capturing name and address information for everyone who buys or shows interest in your product. If you sell by mail, you'll already have this information. If not, you can get it off customers' checks. Hold a drawing and ask customers to fill out an entry card or drop their business cards in a bowl. Or, if you're a retailer, simply put a mailing list book next to your cash registers where customers can sign up to receive mailers and advance notices of sales. One of the best ways to build a mailing list is to compile a database using the leads generated by your other forms of advertising.

The list you develop using your own customers' names is called your "house list." Of course, when you're starting out, your house list is likely to be skimpy. To augment it, one way to go is to rent a mailing list. There are two ways to rent a mailing list: approaching the company you want to rent from directly or using a list broker.

Any company that mails merchandise or information to its customers—catalog companies, magazine publishers, manufacturers, etc.—usually has a list manager who handles inquiries and orders for the mailing list. If, for example, you know that subscribers to *Modern Photography* magazine are likely to be good prospects for your product, then you can rent the subscriber list directly. Another good source is local newsletters or group membership lists. Many organizations will let you use their member lists; these can be very cost-effective.

If you aren't sure whose list you want, then call a mailing list broker. List brokers know all the lists available and can advise you on what



A growing number of list publishers sell lists on CD. Since these lists may not be updated as regularly as other list sources, be sure to ask how current the list is before you buy.

type of list would work best for your business. Many can also custom-create lists based on your requirements. You can find brokers in the Yellow Pages under “Mailing Lists” and “Mailing Services,” and in the classified sections of mail order trade magazines. The DMA can also refer you to brokers. Another source is the monthly directory *Standard Rate and Data Service Direct Marketing List Source*, available in major reference libraries.

Some list companies let you sample a list before making a purchase.



SAVE

Keep your house mailing list up-to-date by cleaning it regularly. To do this, send out mailers with the notation “Address Correction Requested.” The post office won’t charge you for sending you the new addresses of your customers when the cards are returned.

Rental costs typically range from a low of \$50 per thousand (CPM) for the most basic compiled lists to \$250 CPM for names with multiple selections, such as recipient’s name, job title, type of business or number of children, for example. This is for a one-time use only. (List owners typically “seed” their lists with their own names and addresses so they can tell if you use the list more than once.)

A list will typically be provided in an electronic format or on pre-printed mailing labels and sent directly to the vendor you want to do the final mailing. Consider using a mailing house. Mailing houses have the

equipment to professionally cut and apply preprinted labels or to download electronic files and rapidly create and affix labels by the thousands to your envelopes. A large mailing house can also personalize and print your letter and envelope, handle the folding and insertion and do everything else associated with assembling your direct-mail package. Depending on the level of service you need, rates may range from a few hundred to several thousand dollars for a 5,000-piece mailing.

Most experts agree renting fewer than 5,000 names isn’t worthwhile, primarily because a large mailing doesn’t cost much more per piece than a small mailing, and the returns are higher. Start with about 5,000 names for your first mailing, and consider it a test.

Entrepreneurs inexperienced with direct mail are often surprised to learn that the average positive response rate is between 2 and 3 percent. In some industries or with some types of products and services, a 1 percent response rate may be considered positive. If you believe your responses are less than stellar, it may be that the market isn't right for your product, your mailer isn't attention-grabbing enough, or your prices are too high. If you get a response of 2 percent or higher, then you're on the right track.

Once you develop a complete mailer, continue to test your enclosures by adding or eliminating one important element at a time and keeping track of any upward or downward changes in response.

Brochures

For many businesses, especially service companies, a brochure is the building block of all marketing materials. A brochure is an information piece that doubles as an image maker. The look and feel of the brochure don't only describe the benefits of your product or service, but also convey your legitimacy and professionalism. A brochure can make your small company look just as substantial as a more established rival, making it a great equalizer.

The good news is that a brochure doesn't have to be expensive. It can be almost as cheap to produce as a flier. A brochure can be as uncomplicated as a piece of folded paper—the same piece of letter-sized paper that would otherwise be a flier. By folding it twice, as you would a letter, then turning it upright so it opens like a book, you have the basis for a brochure.

The magic of the brochure format is that it allows for a more dramatic presentation of the material than does a flier. Think of your brochure cover as the stage curtain, creating anticipation of the excitement that lies inside. An eye-catching headline on the cover is like the master of ceremonies, piquing the prospect's interest about what's behind the "curtain." Inside, you first need to pay off the promise, or claim, in the cover headline with another headline, then use the remaining space for elaboration.

**SAVE**

Go to direct-mail school in your mailbox. Each day your mail brings a handful of direct-mail solicitations you can use for hands-on education. Study the letters, use design ideas from the fliers, and keep copies of different types of reply cards. Big-time direct-mail companies spend millions refining their mailing techniques. You can use that information just for the price of tearing open the envelope.

The principles of writing successful brochures are basically the same as those for writing print ads (see the “Print Advertising” section starting on page 502). However, brochures offer more room than ads, so there is a tendency to get long-winded and wordy. Keep your brochure brief, with enough information to interest readers but not so much repetition that they get bored. Use benefit-laden headlines and subheads, and “explain” your benefits by detailing all your features in the body copy.

The sample on page 522 shows a “before and after” makeover of a brochure for a company called My Right Hand that provides business support services. The first step in boosting this brochure’s appeal was coming up with a tempting headline for the cover.

The goal is to arouse the interest of potential clients—the harried sole proprietor who needs help with the detailed paperwork involved in running a business alone. The revised headline “How To Free Your Business From Paperwork Purgatory” accomplishes that goal.

In this or any other headline, it’s important to go beyond the ordinary. Give your headline an unexpected word or phrase that expresses the idea in a memorable fashion. Adding the word “purgatory” gives this headline extra drama and emotion and puts the worst face on paperwork.

When the prospect flips the page, he or she finds a short-story-length headline that builds on the cover: “PAPERWORK. It ties you up. It slows you down. It ticks you off. All good reasons to delegate it to us . . . a service you’ll feel confident calling MY RIGHT HAND.”

This headline pushes the prospect’s buttons (i.e., sensitivities) by emphasizing that paperwork is a grind, a bore and a frustration. The buzzword “delegate” is used because delegation is recognized as essential

to entrepreneurial success when a business has grown too big for one person to handle. And since confidence and trust are essential when giving your business papers to an unknown company, the headline also emphasizes the company's trustworthiness by using the word "confident."

The overall look of a brochure is the key to making a good impression on prospective customers. Here are some tips to make sure yours is inviting to the eye:

- Have the descriptive copy typeset in a fairly large size. There's no bigger turnoff for a prospect than squinting at tiny printing.
- Use light-colored paper. This, too, makes the brochure easier to read.
- Break up the copy with subheads. This makes the overall brochure less intimidating to read.
- Add something unexpected visually. One idea is to use a striking photo or graphic on the cover.
- Use the back of your brochure for a "business biography." This is a good place to talk about how your company got started, how it has succeeded and where it is today.
- Always use endorsements, testimonials, industry affiliations or other credibility-raising elements.
- Spend a little extra money. It's worth it to have your brochure printed on cover stock or quality heavyweight paper. A key part of the impression it makes is the way it feels in the customer's hand.



TIP

Even if you do most of your business by mail or over the phone, customers like to see who they're doing business with. Put your photo on your brochures or mailings. It conveys friendliness and builds confidence in your company.

Sales Letters

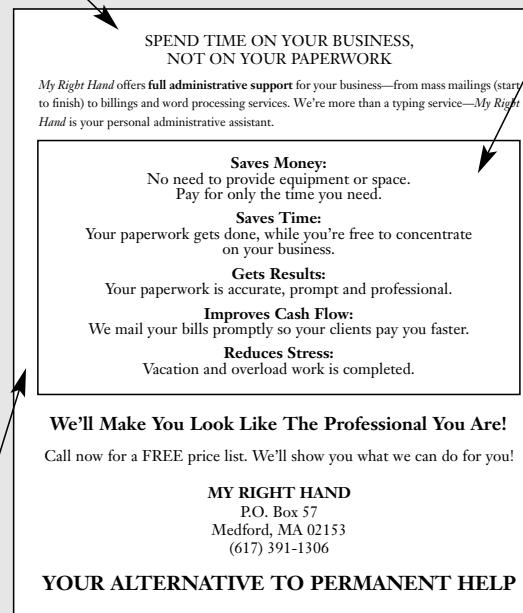
Whether you send it out solo or as part of a direct-mail package (see "Package Deal" on page 538), a sales letter can be one of your most effective marketing tools, allowing you to speak one-on-one to

Sample Brochure

BEFORE: The flier format, while imparting the basic message, is a bit “downscale” for a somewhat sophisticated service.

We know what this headline is trying to say, but, technically, paperwork is part of “your business.”

Good use of quick reading benefits.



A flier is a format that can leave the impression you are small-time and impermanent.

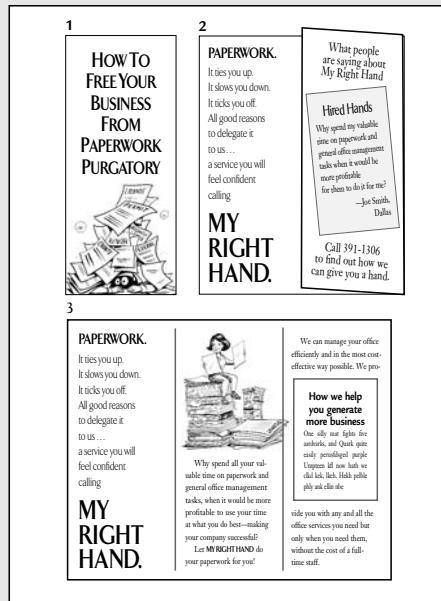
Is the reader being slightly insulted or patronized by this line?

prospects and customers. What makes a good sales letter? There are three key rules:

Sample Brochure, continued

AFTER: A brochure gives you a more polished image. It says you are seasoned, sophisticated, professional.

A brochure adds a lot to your image, without costing much more than a flier.



A brochure allows you to manage the information in a way that gives each element special importance.

1. *Start with a hook.* Begin your letter with a provocative thought or idea that hooks readers and makes them want to keep reading.
2. *Give them the facts fast.* Quickly list the top two or three benefits of doing business with your company.
3. *End persuasively.* Close the letter with a strong argument that compels readers to respond.

How long should a sales letter be? The standard answer is “long enough to do the job.” And yes, it takes longer to persuade a prospective customer to buy than to merely get him to inquire further. But in

today's high-tech age, people become impatient with anything that takes much longer than an eyeblink to read.

**TIP**

Trial sizes and sampling work. Have employees pass out product samples in front of your store; if you provide a service, offer a free trial period or consultation.

Does this mean the sales letter is dying out? No; people will still read sales letters. However, they don't like it when you make them work at it—so keep it lean and mean.

Equal in importance to your message (some would say more important) is the look of your letter. It should be visually inviting. As soon as prospective customers pull your letter out of the envelope, before they read one word of your sales message, they

ADDED DIMENSION

Add dimension to your sales letters—literally—by attaching some type of small item to the letter. Make it something that ties in to the letter's headline or subject. For example:

- A plumber could stick a minipacket of aspirin to a letter with a headline reading "Pipes giving you a headache? Take two of these, and call us in the morning."
- Child's plastic play scissors attached to the letter could be combined with a "Cut your costs . . ." message.
- Or try a packet of coffee with a headline like "Sit down, have a cup of coffee on us, and learn how you can profit from stocking Steve's Safety Bolts."

A 3-D item inside gives your direct-mail package bulk. Recipients are curious and more likely to open the letter. Once they see what's inside, they'll read on to find out the connection between the item and the words.

instantly have a positive or negative reaction based on the overall look of the letter. If it's crammed with words, readers will get a negative impression right away.

To have the best chance of being read, your letter should be open and airy-looking with short paragraphs—including some that are one sentence or even one word long. (A one-word paragraph? Here's how: Write something like "I have one word for suppliers who say they can't offer you a one-year guarantee." Follow that with a one-word paragraph such as "Baloney!" or any similar word you want to use. It is a real attention-getter.)

Strip your sales message down to the essentials so readers can breeze through it. This may mean hacking out words and phrases you have slaved over. But each extra bit you take out increases your chances of actually getting a response.

Last but not least, be sure to use "you." This is a good rule of thumb in any form of advertising, but especially in a sales letter, where you are, in a sense, talking to the prospect face-to-face. Always talk about your product or service in terms of its benefit to the reader, such as "You'll save more than 50 percent." Sounds obvious, but it's easy to lapse into the impersonal "we" mode, as in "We offer our customers discounts of more than 50 percent."



It's easy to get caught up in marketing campaigns that bring sales from new customers yet overlook the importance of retaining existing customers. It's less expensive to upsell an old customer than to win a new one, so you need to strike a balance between acquisition and retention tactics, such as loyalty programs.

Postcards

The humble postcard has the power to beat all other direct-marketing formats when it comes to generating sales leads. Why is the postcard so effective? It's much less costly to prepare and mail than other direct-mail efforts, but that's not its greatest strength. It can be mailed out practically overnight, but that's not its greatest strength, either.

A Little Surgery Can . . .

This company's old letter is a good first start. It's persuasive and has immediacy. All it needs is some additional structure and a little nipping and tucking to make it work even harder.

BEFORE:

It's not too late to lower your property tax.

- 1) Dec. 26 deadline: The town of Plainville just mailed the Fiscal Year 2001 Real Estate Tax Bills. You have until December 26 to contest your assessed valuation and get an abatement that would lower your taxes.
- 2) Get an expert: Property owners can obtain abatements on their own; however, the adjustment is usually nominal. For substantial reduction of property taxes, the services of a professional CPA and real estate tax expert is advised to substantiate your case.
- 3) No-risk contingency fee: My firm, Property Tax Associates, only gets paid if I successfully reduce your property tax. I know what method is currently being used in Plainville to assess your property. I know how similar properties are assessed. And I can evaluate whether your assessment is taking advantage of the full depreciation deductions to which you are entitled and apply declining value multipliers. In a word, I am a property tax abatement expert and have successfully lowered the property taxes of my clients by thousands of dollars.
- 4) Free evaluation: I know the Plainville real estate market and can quickly evaluate your current assessment and tax situation, at no obligation to you. I will not take your case if I do not believe I can substantially reduce your real estate taxes. My fee is based on a percentage of your actual tax reduction. So it is in my interest as well to make sure your taxes are lowered to the full limit of the law.
- 5) You must act quickly: State law limits the number of days during which an abatement application can be filed. Call me at (508) 429-2527 for an appointment now so there will be enough time to properly and legally substantiate your tax reduction request.

Property Tax Associates
 Rocco Beatrice, CPA, MST, MBA
 156 Mitchell Road
 Holliston, MA 01746
 (508) 429-2527

RECOMMENDATIONS:

A. Headline transplant:
 The old headline telegraphs a strong benefit—but may work better as a subhead, beneath the new headline.

B. Personalization implant:
 Who are you talking to? With no salutation, this letter doesn't draw readers in.

C. Pace lift:
 The old letter opens a little slowly and dully. That can be a turnoff to the impatient, indifferent reader.

D. Paragraph liposuction:
 The old letter has a few oversized paragraphs that look formidable to read. That immediately disinvents the reader.

A letter with potential . . .

... Make a Letter Better

AFTER:



Property Tax Associates
 Rocco Beatrice, CPA, MST, MBA
 156 MITCHELL ROAD, HOLLISTON, MA 01746 • (508) 429-2527

**Will you OVERPAY
 Your Property Tax Again This Year?**

It's not too late to lower it if you act by the December 26th deadline.

Mr. George Wagner
 R-B Electronics
 1313 Azure Blvd.
 Plainview, MA 01746

Dear Mr. Wagner,

Will you be "nailed" again this year?

Amazingly, six out of every 10 property owners overpay on their property taxes . . . and you could be one of them.

If you act by December 26th—the deadline for contesting your assessed valuation—you can get an abatement that will lower your taxes.

Why you should call Property Tax Associates:

- 1) get a larger abatement. You can expect a much larger cut than you could obtain on your own because of our special understanding and knowledge of the abatement process.
- 2) pay only if you get a reduction. You don't pay us unless we successfully reduce your tax. And our fee is based on a percentage, so it is in our interest to get your taxes reduced as low as possible.
- 3) get a free evaluation. It costs you nothing to learn if you have a chance for an abatement. We know the Plainview real estate market and can quickly evaluate your assessment and tax situation, without obligation.

We've helped many owners like you save thousands on their property taxes. And we can do the same for you.

MAKE NO MISTAKE: The city will not reduce your tax automatically. You must apply by December 26th for a reduction—or overpay again. Call me at (508) 429-2527 today so there is enough time to evaluate and prepare your request.

Sincerely,

Rocco Beatrice
 Rocco Beatrice
 Certified Public Accountant

RECOMMENDATIONS:

A. Headline

transplant: The new headline pushes an emotional "hot button" that gets prospects riled up—and ready to act.

B. Personalization

implant: A letter with opening personalization enables you to bond one-to-one with the reader. That connection is the same that a sales rep hopes to achieve. And a letter is a sales rep.

C. Pace lift:

The new letter opens with a provocative, one-sentence "hook," then quickly hops from point to point.

D. Paragraph

liposuction: The new letter keeps paragraphs lean, mean and easy to read.

... Potential released!

The real power of a postcard is that it takes only a flip of the wrist for recipients to get your message. They read their name on it, then flip it over to see what's on the other side. Simple, but incredibly powerful. Why? Because a huge percentage of direct mail never even gets opened. That's the key word—"opened." A postcard never has to overcome that obstacle. Even a folded flier has to be unfolded, while all a postcard requires is a flip of the wrist.

More than letters, postcards convey a sense of urgency, making them an ideal way to notify customers of a limited-time offer or special sale. Don't restrict yourself to the standard 4-by-6-inch postcard format, either. Postcards can be as big as a letter-sized piece of paper, and many really benefit from that extra size. This costs more (although still not as much as a full direct-mail package), but it gives you more room to dramatize your offer. If you do use a larger size, you can make it a picture postcard, with just a large visual on the front and words on the back next to the recipient's name and address.

Consider the "before and after" makeover (on page 530) on a postcard for SWD Truck Repair. Like many service businesses, SWD's services aren't an impulse purchase—meaning buyers usually don't leap for the phone right after getting the promotional mailer.

What's a great way to get more attention in the nanosecond of time it takes the recipient to turn the postcard over? First, the company needs a catchier nickname to use for the purposes of advertising. In this case, "The Truck Doctor" fits the bill perfectly. Nicknames can work for many types of service businesses. Some examples:

- *For a wedding planner:* The Marriage Maestro
- *For an auto mechanic:* The Car Medic
- *For a party planning service:* The Party Smarty
- *For a carpenter:* The Wood Wizard

You get the idea. Next, add an eye-catching graphic on the front of the postcard, along with a provocative headline or teaser that conveys the company's benefit. In this example, the illustration shows a struggling truck, and the headline urges "Call For A Free Checkup At The Truck Doctor." It's a nice play on words that offers a benefit few can resist—a free service. Cartoons with copy balloons, as shown in the makeover, are an excellent way to cut through the advertising clutter and grab the reader's attention.

Fliers

A hybrid of the postcard and brochure, fliers give you more room to get your message across than a postcard but are cheaper (and easier to design) than a brochure.

Fliers are ideal for certain situations, such as for posting on a bulletin board or handing out at an event. They are also a good tool to enclose with a sales letter if, for example, you want to notify recipients about a short-term sale or upcoming special event.

Because fliers' primary benefit is that they convey information quickly, make sure yours is easy to read and stands out (see the sample on page 531). Try bright colors to grab the viewer's eye, and use large type so information can be seen from a distance. Keep type brief and to the point. A crowded flier won't get anyone's attention.

While fliers are a useful addition to a marketing campaign, don't use them as your only direct-mail tool, or you could come off looking amateurish.

Catalogs

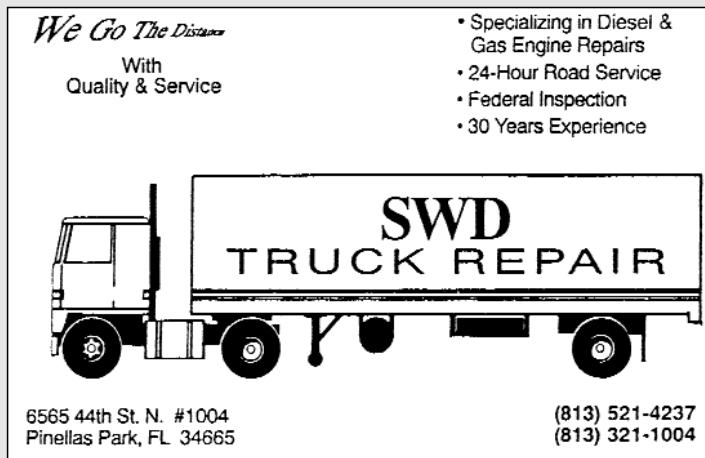
For mail order entrepreneurs, a catalog is the backbone of their businesses. But even if selling by mail is only a small part of your business, you'll be surprised to find out how much you can benefit from a catalog.

If you're picturing the hefty *Spiegel* catalog or a glossy magazine like those sent by *Pottery Barn*, don't despair. A catalog can be significantly briefer and still be successful. Here are five tips to ensure yours is, too:

Sample Postcard

BEFORE: This postcard has the basics—for a business card. But it's supposed to grab attention as an advertisement, and it doesn't.

What makes this company special?
What makes it worth remembering? There's no telling from this card.



AFTER: This approach catches your eye with the cartoon, the contrasting panels and the proposition.

CALL FOR A
**FREE
CHECKUP
AT THE
TRUCK
DOCTOR**

Specialist in Diesel & Gas Engine Repairs

- 24-Hour Road Service
- Federal Inspection
- 30 Years Experience

**(813) 521-4237
(813) 321-1004**

6565 44th St. N. #1004
Pinellas Park, FL 34665

This headline makes an attractive offer from a memorably named mechanic.

The relevant cartoon makes your message interesting and more palatable.

Sample Flier

WHY STAND IN LINE AT THE POST OFFICE?



When we can box and ship anything, anywhere,
and we won't make you wait.

Pacific Packaging & Shipping

555 Piedmont Dr., Bakersfield, CA 91054, (805) 555-1215

1. *Keep it simple.* Don't try to reinvent the wheel. Catalogs look the way they do for a reason. Almost every format you can imagine has been tested numerous times, and those you see most often are the most effective. Choose one of the most common catalog sizes.
2. *Borrow from the best.* The surest way to plot your catalog layout is to study other catalogs—at least 20 or 30. You'll then have a collection of the best ideas from the best designers and copywriters money can buy. Study the catalogs, and note any useful ideas.
3. *Choose a production route.* With the abundance of high-quality desktop publishing programs, chances are you can easily create your own camera-ready catalog design. Microsoft Publisher, for example, includes a design “wizard” that shows you how to easily lay out your catalog pages. The real challenge is to create hard-working copy that's professional, clean and motivates customers to purchase the featured products. If you're up to the task, you can save considerable production costs by completing this step on your own. If not, you should look for a professional design team that's experienced in catalog production. Or, you may want to hire a copywriter to review your initial efforts and improve them before having a catalog printed. After all, with the cost of printing, postage and rental lists, sending a poorly produced piece is a costly mistake.
4. *Find the perfect printer.* Shop around—you'll be amazed at the range of prices printers will quote you for the same job. If you live in a small town, call large printers in nearby metropolitan areas since they often offer substantial savings and give quotes over the phone. And don't overlook the internet when it comes to shopping for the



WARNING

Don't launch a direct-mail campaign (especially a catalog) until you're sure you can handle the orders you might receive. If fulfillment systems aren't in place and orders don't get sent out, you'll lose credibility—and future business.

GIFTS THAT KEEP ON GIVING

Do you offer customers gift certificates? Many entrepreneurs don't, not realizing how this can boost sales. Here are some suggestions to make the most of this sales tool and also prevent fraud:

- Don't buy generic gift certificates from stationery or office supply stores. These can easily be duplicated. Invest in custom-designed certificates.
- Avoid cash refunds. State on the certificate that if more than \$5 in change is due, it will be issued in the form of another gift certificate.
- Keep a log. Record the number, date of sale and dollar amount of each gift certificate sold. Be sure to note when the certificate is redeemed.
- Use security features like an embossed logo or watermark to prevent photocopying.

Properly used, certificates are like money in the bank for your business since customers often don't redeem them until months after they're purchased.

best printer. Some of the country's largest printers have made it easy to order online, and this is where you may find the most attractive pricing. You can e-mail them your artwork or send it on a CD. It's a good idea to get at least three bids on any print job you plan to run, and get six or more on a big one.

The printers will want to know the physical dimensions of your catalog, whether it will be in four-color, the number of pages to be printed, the kind of paper you want, and the number of catalogs you plan to order. The more catalogs you print, the cheaper your cost per unit. In addition to the catalogs you mail out, you need to include a fresh catalog with each order

shipped, give away catalogs to customers or at events, and have extras to send when someone expresses interest—so print a generous quantity.

5. *Put it all together.* You can spend tens of thousands of dollars on a mail order catalog—but if you do as much as you can yourself, you won’t have to. Today’s technology—from digital cameras to simple desktop publishing programs—makes catalog production and layout simpler than ever.

Of course, the real key to catalog success doesn’t lie exclusively in technology—it’s understanding your customers. Show them why they should buy from you and no one else. Target them with the right mailing lists. And remember, the more you do yourself, the more you save.

Need more help? The Direct Marketing Association can refer you to catalog consultants in your area.

DIRECT HITS

Try these attention-getting direct-mail ideas to power up your business:

- *Reactivation voucher.* Mail a \$20 no-strings-attached voucher to any customer you haven’t seen in six months or longer. Few can turn it down . . . and even fewer will spend only \$20.
- *Magalog.* If you have a catalog, give it more value by enhancing it with problem-solving editorial content. This creates a combination magazine and catalog.
- *We’ve missed you.* Send a card to clients you haven’t seen in a year telling them they’re missed. Include a discount coupon.
- *Birthday call.* Record all customers’ birth dates, and make sure that they get a special call or card from you.

Newsletters

Publishing a company newsletter is a great way to get the word out about your business . . . and keep past customers coming back. While many small-business owners have changed from printed newsletters to e-newsletters, which are sent via e-mail, there are still some target audiences, such as seniors, that respond best to old-fashioned snail mail. If your newsletter becomes well-known for valuable content, your readers will spend time with it rather than pitch it into the trash as junk mail.

“The primary benefit of a customer newsletter is keeping your existing customers informed about what you’re doing,” says Elaine Floyd, author of *Marketing with Newsletters*. Newsletters are also a good way to reach new customers because, if done correctly, they come off as more informative and with less sales hype than most items consumers receive in the mail. In addition to telling readers about your product or service, newsletters inform them about developments in your industry or theirs and share information that affects them. “People might not think they need your product or service,” says Floyd. “Reading an informative newsletter helps convince them they do.”

The businesses that benefit most from newsletters are those that have to educate customers about the advantages of using their product or service. If you own a candy shop, for example, you might not have enough pertinent information for customers to justify a newsletter. On the other hand, a computer consultant could do a real service by publishing a newsletter about the latest software and hardware.

Your newsletter doesn’t have to be all information. Including a coupon, a special offer or other call to action helps get people to buy.



Although newsletters give you room for lengthier articles, keep the bulk of your newsletter limited to short pieces, so they are very scannable. You want lots of different items in the hope of providing something interesting to every reader.

PREMIUM PROSPECTS

Whether you call them premiums or advertising specialties, gifts are a marketing tool that works with all demographic groups. Studies show that 40 percent of people remember an advertiser's name up to six months after receiving a promotional product as a gift.

Premiums carrying your company name, logo or message can be used to generate leads, build name awareness, thank customers, increase store traffic, introduce new products, motivate customers and create an unconscious obligation to buy. Premiums can be used at trade shows, open houses, special events and grand openings and in direct mail.

Classic premiums include T-shirts, baseball caps, jackets, headbands, writing instruments, desk and office accessories, scratch pads and mugs. Mouse pads and high-tech devices, such as USB memory drives, are some of the more recent premiums gaining popularity.

How to make a premium work for you? Research it first. Make sure the item is matched with your target audience. Also make sure the item is good quality. A cheap premium that breaks or doesn't work in the first place makes a negative impression—just the opposite of what you want.

Also, always give upcoming sales or promotions a prominent place in your newsletter. "The promotional aspects of your newsletter should be woven in with the informational," advises Floyd. If you're reporting on your industry, talk about your company's place within the industry. If you're talking about a trend in the economy—the rising gas prices, let's say—then tie in the fact that using your company's service helps customers save money.

Floyd recommends using the following formula, which she calls RISE, to be sure your newsletter covers all the bases:

PREMIUM PROSPECTS, CONTINUED

When choosing a premium, ask five questions:

1. How many people do I want to reach?
2. How much money do I have to spend?
3. What message do I want to print?
4. What gift will be most useful to my prospects?
5. Is this gift unique and desirable? Would I want it?

You can find specialty advertising firms listed in the Yellow Pages. Ask to see their catalogs; compare sample quality and prices.

While the gift is being offered, focus your marketing and advertising efforts on it. There's no more powerful word in advertising than "free," so put the power of freebies to work for you.

■ *Recognition.* Your newsletter should tell people who you are, what you do and where they can find you. If consumers have to read through two pages of text to find the name of your company, you're not increasing your name recognition. Use your company logo on the newsletter.

■ *Image.* Your newsletter is an important branding tool that can enhance your company's image. If it's interesting and professional-looking, customers will think well of your business. If it's not, they may doubt your credibility. Floyd says most people can create their own professional-looking newsletter with desktop publishing programs or have it done affordably by a freelancer.

■ *Specifics.* Give your readers specific reasons why they should choose your product or service. Vague assertions like "We're the best" don't work nearly as well as matter-of-fact details about exactly what you can do for them.

- *Enactment.* Make the reader take action—whether by picking up the phone, mailing in a reply card or coming down to your store.

Strapped for things to write about—or don't have time to write it yourself? Try asking your industry trade association for news services that provide copy in return for a monthly subscription fee. This also ensures the articles are professionally written.

PACKAGE DEAL

While direct mail can mean everything from a postcard to a catalog, many business owners get the best response from sending out a direct-mail "package." In addition to the sales letter and brochure (see the "Sales Letters" and "Brochures" sections earlier in this chapter), this typically includes three other elements:

1. *The outside envelope.* There are two schools of thought on this. One school swears that "teaser" copy on the envelope can get recipients to open it. On the other hand, some people throw away anything that looks like junk mail. The opposite strategy is to trick readers into opening your mail by sending direct mail that looks like personal letters. Software programs can print addresses so they look like handwriting. Put only your address, not your company name, on the return address to arouse the recipient's curiosity.
2. *A response form.* The form should be easy to fill out. Be sure to include your phone number in case the prospect wants to ask a question or order by phone.
- 3 *A reply envelope.* Enclosing postage-paid reply envelopes helps get orders. Even if you can't afford postage-paid envelopes, include a pre-addressed reply envelope. If the prospect has to put the mailing down and search for an envelope, they may have second thoughts.

If you can't find a news service, use a clippings service to get story ideas. Though clippings from other publications can't be reprinted without the writer's permission, they can give you ideas for articles of your own and keep you updated on hot industry topics.

Tap clients for copy by featuring a "Client of the Month," showing how your product or service solved a problem they were facing. Or you can team with related businesses; for example, an interior designer could have guest columns written by florists or furniture store owners.

Easy ways to get clients to contribute? Conduct a survey—and print the results. Start a "Letters to the Editor" column. Add a "Q&A" column, where customers can pose their problems and other customers can write in with solutions.

Keep your writing style simple, and make sure you get help proofreading if your skills aren't up to snuff. A newsletter full of typos or grammatical errors shows clients you're a careless amateur.

Newsletters can be monthly, semi-monthly or quarterly, depending on what your budget is, how much time you have and how fast-paced your industry is. Quarterly publications are generally sufficient to get your name in front of customers; then increase frequency if needed. The key is to be consistent, so don't take on more than you can handle.

Renting a mailing list isn't generally a good idea for newsletters, says Floyd. "Your newsletter will be better received if the reader knows about you or needs your product," she says. Floyd recommends sending newsletters only to current customers, qualified leads and referrals. When someone gives you a business card, send him or her a newsletter. Then you or a salesperson can call the person later, using the newsletter as a starting point to ask about products or services they might need.



e-FYI

Some things never change—and your direct mail can benefit from lessons of the past. At the National Mail Order Association's site (nmoa.org), you'll find all sorts of information, but don't miss the exhibits in the site's "Museum" section, including award-winning direct marketing letters from 1942.

Classified Ads

Classified ads are a smart way to reach prospects who are looking for—and are prepared to buy—what you sell. And since they demand neither the eye-catching design of a display ad nor the clever wording of a direct-mail campaign, almost anyone can write them.

What should your ad say? The Newspaper Association of America (NAA) recommends listing your product or service's main benefit. Does it make people money? Improve their self-image? Use a catchy statement, such as "Feel Good Now!" to create an impact. Not every reader is looking for the same benefit, so list as many as you can afford. The more readers know about your business, the more they'll trust you.

Experts also recommend using white space to make your classified ad stand out from the competition. White space works especially well

in newspapers, which sell ads for pennies a word or by the line. If you place just a few words in each line—the first line listing a benefit, the second the name of your company, the third your address, for example—you have a striking, centered ad surrounded by white space.

These brief ads work best when they offer a commonly sold product or service such as tax preparation or catering. Listing

the benefits of each isn't essential because the public knows what to expect. White space in classifieds is also effective when you offer a catalog or another form of literature describing your product. In this case, you might place the main benefit in an opening line that's designed to grab the reader's attention, and below the benefit list how to send for the information, noting its price, if any. For example, "Play Backgammon Like a Pro" would be a good benefit line in an ad offering free information about a booklet that shows backgammon players how to improve their game.

"The workplace should primarily be an incubator for the human spirit."

—ANITA RODDICK, FOUNDER
OF THE BODY SHOP

Ads that use white space are less common in magazines since these ads are often twice as costly as a typical newspaper classified. However, they are often more effective as well—even more so than in a newspaper because few other white space ads will be competing for the attention of the readers.

Before placing your classified ad, contact the publication and ask for a media kit. They should include guidelines that will help you construct your ad and give you tips on choosing the main benefit, consolidating words, or determining whether the tone should be boldly stated or instead employ a conservative description and a list of benefits. Most media kits also list demographic information about the readers—essential information to determine if the publication is right for you.

Finally, repeat your ad as often as possible, so long as it brings in enough money to justify its expense. Repeating ads helps customers gain familiarity with your product or service and helps break down sales resistance. Once the ad stops pulling in new accounts, it's time to develop a new ad. A classified that uses fewer words will cost less to run, so it doesn't have to pull as well to justify itself. But sometimes adding more words can help your sales, too. It doesn't hurt to experiment.

How much profit do you need to make on classifieds? Unless you're running a one-product, one-sale business, you can build a profitable operation through classifieds just by breaking even, or even by coming in a little under the money since many of those buyers will become your repeat customers.

Co-Op Advertising

How can small retailers or distributors maintain a high profile without spending lots of money? One answer is co-op advertising.

Co-op advertising is a cooperative advertising effort between suppliers and retailers—such as between a soda company and a convenience store that advertises the company's products.

COUPON CUTTERS

If you want to attract and keep customers, you need to offer an incentive. A coupon for a free sample or service or a discount on your normal prices can be just the nudge a customer needs to try your new business. Coupons help you achieve many goals: introducing a new product or service, increasing repeat business, beating the competition and more.

One of the most powerful ways to use coupons is through direct mail. This method is especially good for occasions such as grand openings or new product/service introductions. How to make the most of your direct-mail coupon campaign? Keep these tips in mind:

- Coupons can be offered as a "Thank you for buying from us" or a "Stop by and try us" message.
- A coupon can be a single item for a one-shot promotion or used in combination with other offers.
- The value must be substantial enough to make it worthwhile. Better to err on the side of giving too big a discount than to seem cheap.

Both retailers and suppliers benefit: retailers because co-op advertising increases the amount of money they can spend on ads, and suppliers through increased local exposure and better sales.

Although each manufacturer or supplier that uses co-op advertising sets up its own individual program, all co-op programs run on the same basic premise. The retailer or distributor builds a fund (called accrual) based on the amount of purchases made by the supplier. Then, when the retailer or distributor places ads featuring that supplier's products, the supplier reimburses all or part of the cost of the ad, up to the amount accrued.

To start using co-op advertising, begin by asking your suppliers what co-op programs they offer. Follow their rules to be sure you get

COUPON CUTTERS, CONTINUED

- Use coupon promotions sparingly. They wear themselves out if overused.
- Be clear. State exactly what the offer is, how long it lasts and the terms of redemption.
- Color-code your coupons if a variety of groups will receive them. For example, if you're mailing to six ZIP codes, color-code them differently so you know how many were redeemed from each area.

The newest way to distribute coupons: on the internet. Add a registration box to the main page of your website so people can sign up to receive coupons. This way, you can build a permission-based e-mail list of people who want to receive ongoing offers and rewards. Or consider using a web coupon service, which offers coupons in booklets by mail or online for consumers to download and print out themselves.

reimbursed. Some suppliers require that ads feature only their products, not any other supplier's. Others ask that no competing products be included.

Though procedures may vary, there are three basic steps to filing a claim for reimbursement. First, show "proof of performance." For print ads, this is just a copy of the ad exactly as it was printed. If you buy TV or radio ads, you'll need a copy of the script with station affidavits of the dates and times aired.

Next, document the cost of the advertising—usually with copies of applicable invoices from the publication or station where you ran the ad. Third, fill out and submit a claim form, which you can get from the supplier.

Other steps to make the most of co-op advertising:

- Keep careful records of how much you have purchased from each supplier.

- If you try something unusual, such as a sales video or a catalog, get prior approval from each vendor before proceeding.
- If you're preparing your own ads, work with an advertising professional to prepare an ad you think will appeal to the manufacturer. Keep in mind the image the manufacturer presents in its own ads.
- Make sure your company's name stands out in the ad. Your goal is not so much to sell the supplier's product but to get customers into your store.
- If there's no established co-op program, pitch your ad campaign to the vendor anyway.
- Expect vendors to help out; after all, you're bringing them business. If your vendor doesn't offer advertising co-op money, you should look for another vendor that does.
- Be sure to follow up. Money goes only to those who submit claims.

**TIP**

Your marketing plan is an ongoing process. Market conditions change. Some of tomorrow's challenges you can predict today, while others you can never anticipate. You should take a look at your plan at least every three months and on a formal basis every six months. If you aren't on track, why not? Has your thinking changed or has the market thrown you a curve?

Measuring Advertising Effectiveness

Just as important as creating a strong marketing plan is following through on the results. How will you know which ads are working if you don't analyze the results? Check the effectiveness of your advertising programs regularly by conducting one or more of the following tests:

- *Run the same ad in two different publications with a different identifying mark on each one.* Ask customers to clip the ad and bring it

in for a discount or a free sample. Or, if you are running an ad that asks customers to order by mail, put a code in your company address such as “Dept. SI.” By looking at the marks on the clipped ads or the addresses on the mail-in orders, you’ll be able to tell which ad pulled better.

- *Train everyone in your company who answers the phone to ask customers where they heard about you.* Create a one-page form with checkboxes so this process is simple to follow and the results are easy to evaluate. Just bear in mind that customers will sometimes get it wrong—they may say they saw you on TV when you don’t run a TV campaign. But overall, asking for this information will be valuable.
- *Offer a product at different prices in different magazines.* This has the added benefit of showing whether consumers will buy your product at a higher price.
- *Advertise an item in one ad only.* Don’t have any signs or otherwise promote the item in your store or business. Then count the calls, sales or special requests for that item. If you get calls, you’ll know the ad is working.
- *Stop running an ad that you regularly run.* See if dropping the ad affects sales.
- *Always check sales results.* This is especially important when you place an ad for the first time.

“No person can get very far in life working 40 hours a week.”

—J. WILLARD MARRIOTT,
FOUNDER OF MARRIOTT
INTERNATIONAL INC.

Checks like these will give you some idea of how your advertising and marketing program is working. Be aware, however, that you can’t expect immediate results from an ad. Advertising consistently is important, especially if you run small-space ads, which are less likely to be seen and remembered than larger ads.

One study showed that attention to an ad is significantly impacted by its size—in fact, a 1 percent increase in ad size leads to the same

Advertising Checklist

Overview

- Have you defined your advertising objectives and written them down?
- Have you developed an advertising strategy?
- What exactly do you want to communicate to your potential customers?
- Are you communicating buyer benefits?
- Is the timing right?
- Do you have a planned advertising budget?
- Are you prepared for a successful response?
- Have you asked suppliers about cooperative programs?
- Have you made sure that employees (if any) are informed of your goals?
- Have all appropriate employees been familiarized with your advertising and trained how to respond to customers?
- What is your lead time for ad placement? Some newspapers require only a few days; some magazines require two months or longer.
- How will you measure the effectiveness of your ad?

Specifics

- Does your ad present a central idea or theme?
- Does your message require a response?
- Have you told customers where and how to reach you?
- Is your ad clear and concise?
- Is your ad consistent with your desired business image?

Files

- Are you keeping files on all aspects of each ad?

Advertising Checklist, *continued*

- Where did the ad run? What were the results? (Number of sales? Sales increases?)
- Have you reflected/brainstormed/evaluated?
- What variables (the economy, competition, etc.) have you targeted for further study?

Competitors and Customers

- Are you watching competitors? (If advertisers repeat ads, try to determine why.)
- Are you listening to your customers? What do they want? What's important to them?
- Which media are most cost-effective for reaching your customers?

percentage increase in attention. You must also run your ad in multiple issues (at least three) before readers will notice your ad and buy what you're selling.

Evaluate an ad's cost-effectiveness, too. Consider the CPM. A cheaper ad is no bargain if it doesn't reach many of your prospects.

TALKING POINTS

How To Promote Your Business

Paid advertising isn't the only way to spread the word about your business. In fact, one of the best ways to get your business noticed does not have to cost you a dime. We are talking about public relations.

Public relations is a broad category, spanning everything from press releases and networking at chamber of commerce meetings to sponsoring contests or holding gala special events. This chapter will show you the basics of public relations and give you plenty of ideas to get started. And ideas



TIP

Find out the time frame in which the media you are interested in work.

Magazines, for instance, typically work several months in advance, so if you want to get a story about your business in the December issue, you may need to send your idea in June.

are what it's all about, because when it comes to public relations, you are limited only by your own imagination.

Getting Publicity

Just what is public relations? And how does it differ from advertising? Public relations is the opposite of advertising. In advertising, you pay to have your message placed in a newspaper, TV or radio spot. In public relations, the article that features your company is not paid for. The reporter, whether broadcast or print, writes about or films your company as a result of information he or she received and researched.

Publicity is more effective than advertising, for several reasons. First, publicity is far more cost-effective than advertising. Even if it is not free, your only expenses are generally phone calls and mailings to the media.

Second, publicity has greater longevity than advertising. An article about your business will be remembered far longer than an ad.

Publicity also reaches a far wider audience than advertising generally does. Sometimes, your story might even be picked up by the national media, spreading the word about your business all over the country.

Finally, and most important, publicity has greater credibility with the public than does advertising. Readers feel that if an objective third party—a magazine, newspaper or radio reporter—is featuring your company, you must be doing something worthwhile.

Why do some companies succeed in generating publicity while others don't? It's been proved time and time again that no matter how large or small your business is, the key to securing publicity is identifying your target market and developing a well-thought-out public relations campaign. To get your company noticed, follow these seven steps. You'll notice that many are similar or identical to steps you went through when developing your marketing plan.

1. *Write your positioning statement.* This sums up in a few sentences what makes your business different from the competition.

2. *List your objectives.* What do you hope to achieve for your company through the publicity plan you put into action? List your top five goals in order of priority. Be specific, and always set deadlines. Using a clothing boutique as an example, some goals may be to:

- increase your store traffic, which will translate into increased sales
- create a high profile for your store within the community

3. *Identify your target customers.* Are they male or female? What age range? What are their lifestyles, incomes and buying habits? Where do they live?

4. *Identify your target media.* List the newspapers and TV and radio programs in your area that would be appropriate outlets. Make a complete list of the media you want to target, then call them and ask whom you should contact regarding your area of business. Identify the specific reporter or producer who covers your area so you can contact them directly. Your local library will have media reference books that list contact names and numbers. Make your own media directory, listing names, addresses, and telephone and fax numbers. Separate TV, radio and print sources. Know the “beats” covered by different reporters so you can be sure you are pitching your ideas to the appropriate person.

5. *Develop story angles.* Keeping in mind the media you’re approaching, make a list of story ideas you can pitch to them. Develop story angles you would want to read about or see on TV. Plan a 45-minute brainstorming session with your spouse, a business associate or your employees to come up with fresh ideas.

If you own a toy store, for example, one angle could be to donate toys to the local hospital’s pediatric wing. If you own a



AHA!

When considering media that can publicize your business, don’t forget the “hidden” media in your community. These can include free publications for singles and seniors, for tourists, for local companies’ employees, and for social or charitable organizations like the Junior League.

clothing store, you could alert the local media to a fashion trend in your area. What's flying out of your store so fast you can't keep it in stock? If it's shirts featuring the American flag, you could talk to the media about the return of patriotism. Then arrange for a reporter to speak with some of your customers about why they purchased that particular shirt. Suggest the newspaper send a photographer to take pictures of your customers wearing the shirts.

6. *Make the pitch.* Put your thoughts on paper, and send them to the reporter in a "pitch letter." Start with a question or an interesting fact that relates your business to the target medium's audience. For instance, if you were writing for a magazine aimed at older people, you could start off "Did you know that more than half of all women over 50 have not begun saving for retirement?" Then lead into your pitch: "As a Certified Financial Planner, I can offer your readers ten tips to start them on the road to a financially comfortable retirement . . ." Make your letter no longer than one page; include your telephone number so the reporter can contact you.

If appropriate, include a press release with your letter (see "Meet The Press" on page 553). Be sure to include your positioning statement in any correspondence or press releases you send.

7. *Follow up.* Following up is the key to securing coverage. Wait four to six days after you've sent the information, then follow up your pitch letter with a telephone call. If you leave a message on voice mail and the reporter does not call you back, call again



Sending out publicity photos with your press release or kit? Make them fun, different and exciting. Editors and reporters see thousands of dull, sitting-at-the-desk photos every year. Come up with a creative way to showcase something photogenic about your business . . . and make it stand out from the pack.

MEET THE PRESS

Think of a press release as your ticket to publicity—one that can get your company coverage in all kinds of publications or on TV and radio stations. Editors and reporters get hundreds of press releases a day. How to make yours stand out?

First, be sure you have a good reason for sending a press release. A grand opening, a new product, a record-setting sales year, a new location or a special event are all good reasons.

Second, make sure your press release is appropriately targeted for the publication or broadcast you're sending it to. The editor of *Road & Track* is not going to be interested in the new baby pacifier you've invented. It sounds obvious, but many entrepreneurs make the mistake of sending press releases at random without considering a publication's audience.

To ensure readability, your press release should follow the standard format: typed, double-spaced, on white letterhead with a contact person's name, title, company, address and phone number in the upper right-hand corner. Below this information, put a brief, eye-catching headline in bold type. A dateline—for example, "Los Angeles, California, April 10, 2010—" follows, leading into the first sentence of the release.

Limit your press release to one or two pages at most. It should be just long enough to cover the six basic elements: who, what, when, where, why and how. The answers to these six questions should be mentioned in order of their importance to the story to save the editor time and space.

Don't embellish or hype the information. Remember, you are not writing the article; you are merely presenting the information and showing why it is relevant to that publication in hopes that they will write about it. Pay close attention to grammar and spelling. Competition for publicity is

MEET THE PRESS, CONTINUED

intense, and a press release full of typos or errors is more likely to get tossed aside.

Some business owners use attention-getting gimmicks to get their press releases noticed. In most cases, this is a waste of money. If your release is well-written and relevant, you don't need singing telegrams or a bouquet of flowers to get your message across.

If you have the money to invest, you may want to try sending out a press kit. This consists of a folder containing a cover letter, a press release, your business card, and photos of your product or location. You can also include any other information that will convince reporters your business is newsworthy: reprints of articles other publications have written about your business, product reviews, or background information on the company and its principals. If you do send out a press kit, make sure it is sharp and professional-looking and that all graphic elements tie in with your company's logo and image.

until you get him or her on the phone. Do not leave a second message within five days of the first. If the reporter requests additional information, send it immediately and follow up to confirm receipt.

Talking to the Media

Once you reach the reporter on the telephone, remember that he or she is extremely busy and probably on deadline. Be courteous, and ask if he or she has time to talk. If not, offer to call back at a more convenient time. If the reporter can talk to you, keep your initial pitch to 20 seconds; afterward, offer to send written information to support your story ideas.

The following tips will boost your chances of success:

- If a reporter rejects your idea, ask if he or she can recommend someone else who might be interested.
- Know exactly what you're going to say before you telephone the reporter. Have it written down in front of you—it's easier, and you'll feel more confident.
- Everyone likes a compliment. If you've read a story you particularly enjoyed by the reporter you're contacting, let him or her know. This will also show that you're familiar with the reporter's work.
- Be persistent. Remember, not everyone will be interested. If your story idea is turned down, try to find out why and use that information to improve your next pitch. Just keep going, and don't give up. You will succeed eventually.
- Don't be a pest. You can easily be persistent without being annoying. Use your instincts; if the reporter sounds rushed, offer to call back.
- Be helpful and become a resource by providing reporters with information. Remember, they need your story ideas. There are only so many they can come up with on their own.
- Always remember that assistants get promoted. Be nice to everyone you speak with, no matter how low they are on the totem pole. After you establish a connection, keep in touch; you never know where people will end up.
- Say thank you. When you succeed in getting publicity for your business, always write a thank-you note to the reporter who worked on it with you. You'd be surprised how much a note means.



Capitalize on old-fashioned publicity stunts. No, you don't have to swallow goldfish or sit atop a telephone pole, but consider the landscaping company whose precision lawn-mowing team shows off its fancy footwork while marching in local parades.

Plan your publicity efforts just as carefully as you plan the rest of your business. You'll be glad you made the effort when you see your company featured in the news—and when you see the results in your bottom line.

Special Events

Ever since the first Wild West Show was staged to sell “Doctor Winthrop’s Miracle Elixir,” businesspeople have understood the value of promotional events. Even the most obscure product or service takes on new cachet when accompanied by a dash of showmanship. From “fun runs” to fashion shows, contests to concerts, businesses have learned it pays to be associated with special events.

In fact, special events are one of the fastest-growing areas of marketing today. And while large corporations shell out billions each year to host events, small companies, too, can use promotions to reach their market in a way no conventional method could.

No matter how spectacular an event is, however, it can’t stand alone. You can use advertising or public relations without doing a special event, but you need both advertising and public relations to make your event work. How do you put together the right mix to make your event successful?

First, you must know what you want to accomplish. The desired outcome of event marketing is no different from that of any other marketing effort: You want to draw attention to your product or service, create greater awareness of it and increase sales.

While the number of special event ideas is infinite, some general categories exist. Following are some of the most popular.

Grand Openings

You’re excited about opening your new business. Everyone else will be, too . . . right? Wrong. You have to create the excitement, and a knock-out grand opening celebration is the way to do it. From start to finish, your event has to scream “We’re here. We’re open. We’re ready to go.

SOCIAL GRACES

Does your business use recycled paper products or donate to a homeless shelter? Today, many consumers consider such factors when deciding whether to patronize your business. A business's "social responsibility" quotient can make a difference in its bottom line.

If you think getting involved in social causes would work for your business, here are some things to consider. First and foremost, customers can smell "phony" social responsibility a mile away, so unless you're really committed to a cause, don't try to exploit customers' concerns to make a profit.

Consider these steps for making social responsibility work for you—and your community:

- *Set goals.* What do you want to achieve? What do you want your company to achieve? Do you want to enter a new market? Introduce a new product? Enhance your business's image?
- *Decide what cause you want to align yourself with.* This may be your toughest decision, considering all the options out there: children, the environment, senior citizens, homeless people, people with disabilities—the list goes on. Consider a cause that fits in with your products or services; for example, a manufacturer of women's clothing could get involved in funding breast cancer research. Another way to narrow the field is by considering not only causes you feel strongly about, but also those that your customers consider significant.
- *Choose a nonprofit or other organization to partner with.* Get to know the group, and make sure it's sound, upstanding, geographically convenient and willing to cooperate with you in developing a partnership.

SOCIAL GRACES, CONTINUED

- *Design a program, and propose it to the nonprofit group.* Besides laying out what you plan to accomplish, also include indicators that will measure the program's success in tangible terms.
- *Negotiate an agreement with the organization.* Know what they want before you sit down, and try to address their concerns upfront.
- *Involve employees.* Unless you get employees involved from the beginning, they won't be able to communicate the real caring involved in the campaign to customers.
- *Involve customers.* Don't just do something good and tell your customers about it later. Get customers involved, too. A sporting goods store could have customers bring in used equipment for a children's shelter, then give them a 15 percent discount on new purchases. Make it easy for customers to do good; then reward them for doing it.

We're better than, different from and more eager to serve you than our competitors. We want to get to know you and have you do business with us."

A grand opening is one of the best reasons to stage a special event. No one thinks twice about why you're blowing your own horn. What you want people to think about is what a great time they had at your event.

That means no run-of-the-mill, garden-variety ribbon-cutting. Be original. If you own an electronics store, open your doors via remote control. If you are opening a yarn store, unravel a huge knitted ribbon. If you sell sporting goods, reel in both ends of an enormous bow until the ribbon is untied. Whatever your specialty, do something unusual, entertaining and memorable.

Also give thought to what other activities go along with your grand opening. Design a terrific invitation, do plenty of publicizing, provide

quality refreshments and entertainment, select a giveaway that promotes your business (and draws people into the store to get it), and incorporate some way of tracking who attended your event (contest entry forms, coupons, free newsletter subscriptions, birthday club sign-ups and so on).

Entertainment and Novelty Attractions

Time, space and popular appeal are three things to consider if and when you host or sponsor a one-time special attraction. If space permits and a beach motif fits your business, having a huge sand castle built in your parking lot might draw attention and business for the entire time it takes to construct it.

Just keep in mind that the novelties and entertainment shouldn't last so long or be so distracting that no one finds the time or inclination to do business with you. Think of these events as the appetizer, with your product or service as the main course.

Holidays and Seasons

Some of the most common and easily developed special events are based on holidays or times of year. For example, during the Christmas season, Santa's Workshop can be found in thousands of communities, not just the North Pole. Or kick off the summer season with a Beach Boys music marathon.

Again, when planning an event tied to a holiday or season, make originality your motto. If the average December temperature in your city is a balmy 76 degrees, then don't dredge up icicles and fake snow for the store. Take a cue from your locale: Put antlers on pink flamingos and dress Santa in shorts and sunglasses.



Whenever possible, tie your business to a current event or trend. Does your product or service somehow relate to the Olympics, the presidential election, the environment, or the hot movie of the moment? Whether you're planning a special event or just sending out a press release, you can gain publicity by association.

YOU'RE THE EXPERT

As an entrepreneur, it's your responsibility to get your business noticed—which means you've got to toot your own horn. You need to do whatever it takes to let others know you exist and that you are an expert source of information or advice about your industry.

Being regarded as an industry expert can do wonders for your business. How can you get your expertise known?

- Start by making sure you know everything you can about your business, product and industry.
- Contact experts in the field and ask them how they became experts.
- Talk to as many groups as possible. (If public speaking strikes fear in your heart, you'd better get over it. This is one skill you're going to need as an entrepreneur.) Volunteer to talk to key organizations, service clubs, business groups . . . whomever might be interested in what you have to say. Do it free of charge, of course, and keep it fun, interesting and timely.
- Contact industry trade publications and volunteer to write articles, opinion pieces or columns. (If you can't do that, write a letter to the editor.)
- Offer seminars or demonstrations related to your business (a caterer could explain how to cook Thai food, for instance).
- Host (or guest on) a local radio or TV talk show.

Do all this, and by the time you contact media people and present yourself as an expert, you'll have plenty of credentials.

Celebrity Appearances

Working with celebrities is like buying a volatile stock—high risk but high return. If you are willing to go out on a limb, you may harvest the

sweetest fruit. Many celebrities are affable, cooperative and generous if they are treated professionally and supplied with all the necessary details in advance.

The key to using a celebrity to promote your business is knowing what kind of “personality” is appropriate for your company and marketing goals. Think about whom you want to attract, what kind of media coverage you want to generate, and what kind of impression you want to create.

Whether you are seeking soap stars, sports stars or movie stars, it’s usually best to contact their agents first. If you don’t know who a star’s agent is, contact a talent agency or the organization the celebrity works for.

Unless you know celebrities personally, you must consider the arrangement a commercial venture for them. There are literally hundreds of details to work out and opportunities at every turn for something to go wrong unless you are experienced in dealing with celebrities or you have contacted a reputable talent or public relations agency to help you.

Celebrities don’t have to be nationally known names, either. Think about local celebrities in your community who might be willing to be part of your special event. A politician, well-known businessperson or community leader can be an excellent addition to your big day.

Co-Sponsoring

You can partner with complementary businesses to host an event, or you can take part as a sponsor of an established charity or public cause. Sporting events, fairs and festivals have proved to be popular choices with good track records for achieving marketing goals. Keep in mind, not every event is right for every business. As with any marketing strategy, your event must be suited to your customers’ needs.

Think about how your company can benefit any event. If you are a florist, for instance, you could provide flowers for a wide range of charity luncheons or galas. A health-food retailer could provide free energy bars to participants in a local 10K race. Whatever you do, be

sure to promote it with press releases, a sign in your window or a mention in the event's program.

Anniversary Celebrations

This is one special event most people can relate to. Staying in business for a number of years is something to be proud of, so why not share the achievement with others? Throw a party and invite current, past and prospective customers to enjoy your anniversary, too.

Games and Contests

From naming a mascot to guessing the number of jelly beans in a jar, contests are a proven means of attracting attention. But they pay off big only when they're properly promoted and ethically managed. Be sure your prizes are first-rate and that you get the word out in a timely and professional manner. Let people know how and when they can participate. Think through all the ramifications of judging and selecting and awarding a prize. Check out the need for special permits or licenses well before staging any contest (it never hurts to get a legal opinion just to be on the safe side). Above all, deliver on your promises.



WARNING

Before sponsoring a contest or giving away a prize, make sure you contact the FTC, a lawyer specializing in games and promotions, or your secretary of state's office to check out the FTC guidelines governing different types of promotions.

Networking

The ability to network is one of the most crucial skills any startup entrepreneur can have. How else will you meet the clients and contacts necessary to grow your business?

But many people are put off by the idea of networking, thinking it requires a phony, glad-handing personality that oozes insincerity. Nothing could be further from the truth.

Think a moment. What does a good networker do? How does he or she act? What is his or her basic attitude? You'll probably be surprised at how much you instinctively know about the subject.

You may decide, for example, that a good networker should be outgoing, sincere, friendly, supportive, a good listener or someone who follows up and stays in touch. To determine other skills an effective networker needs, simply ask yourself "How do I like to be treated? What kinds of people do I trust and consider good friends?"

Now that you have an idea of what attributes a good networker must have, take an objective look at your own interactive abilities. Do you consider yourself shy and regard networking groups as threatening? Do you tend to do all the talking in a conversation? Do you give other people referrals and ideas without a thought to your own personal gain? Can people count on your word?

Many people go to networking events, but very few know how to network effectively. Networking is more than just getting out and meeting people. Networking is a structured plan to get to know people who will do business with you or introduce you to those who will.

The best way to succeed at networking is to make a plan, commit to it, learn networking skills and execute your plan. To make the best plan, ask yourself: What do I want to achieve? How many leads (prospects) do I want per month? Where do my customers and prospects go to network? What business organizations would benefit my business? How can I build my image and my business's image? What would I like to volunteer to do in the community?

Make a five-year networking plan listing your five best customers, five targeted prime prospects and five targeted organizations. Next, set



After you finish talking to someone at a networking event, take a few seconds to jot down pertinent information on the back of their business card. This can be anything from their business's biggest problem to the college their daughter attends—whatever will give you a "hook" to follow up on when you call them later.

**AHA!**

Always be alert to networking opportunities. Don't rule out traffic school, Little League games, aerobics class and other nonbusiness events as chances to share your story. Leisure activities provide a natural setting for networking and encourage relationship-building.

goals for involvement in each organization, determine how much time you will need to commit to each organization and prospect, and decide what kinds of results you expect.

Now that you have a plan, get committed. Tell yourself that you will devote enough time and effort to make it work. Half the battle of networking is getting out there and in the swim.

The other half of the battle is learning to network effectively. Typically, ineffective networkers attend several networking groups but visit with the same friends each time. Obviously, this behavior defeats the

entire purpose of networking. If you stick with familiar faces, you never meet anyone new. And since most people stay within their circle of friends, newcomers view the organization as a group of cliques. This is one reason people fear going to new organizations by themselves—they're afraid no one will notice them.

The trick with networking is to become proactive. This means taking control of the situation instead of just reacting to it. Networking requires going beyond your comfort zone and challenging yourself. Try these tips:

- *Set a goal to meet five or more new people at each event.* Whenever you attend a group, whether a party, a mixer or an industry luncheon, make a point of heading straight for people you don't know. Greet the newcomers (they will love you for it!). If you don't make this goal a habit, you'll naturally gravitate toward the same old acquaintances.
- *Try one or two new groups per month.* You can attend almost any organization's meetings a few times before you must join. This is another way to stretch yourself and make a new set of contacts. Determine what business organizations and activities you would best fit into. It may be the chamber of commerce,

the arts council, a museum society, a civic organization, a baseball league, a computer club or the PTA. Attend every

IMAGE POWER

Throughout this book, we've touched on various aspects of developing a corporate image. Your business cards, logo, signage and letterhead all tie into that image. So do your marketing materials and ads. It's equally important to keep your image in mind when planning a publicity campaign.

Any events or causes you participate in should be in keeping with your business image. If your company is in a fun, creative industry, like the toy business, you can get zany and silly with special events like a balloon-popping race or pot-bellied pig races. On the other hand, if you're in a serious industry like medical transcription or accounting, it makes more sense to take part in more serious events like a 10K walk or a blood drive.

The publications and broadcast stations you target with your publicity must fit your image, too. A company that makes clothes targeted at teenage skateboarders would prefer publicity in a cutting-edge lifestyle magazine rather than in a mainstream publication aimed at middle-aged moms. Think about how the publication or broadcast will affect your image, and make sure the results will be positive.

Don't forget the most important parts of your public image: yourself and your employees. Your marketing materials and corporate sponsorships can tout your socially responsible, kind-hearted company . . . but if your employees are rude and uncaring toward customers, all your efforts to promote that image will be in vain.

Make sure your employees understand the image you are trying to convey to customers and how they contribute to creating that image. Show them by example how you want them to behave whenever they're in the public eye.

function you can that synergizes your goals and customer/prospect interaction.

- *Carry your business cards with you everywhere.* After all, you never know when you might meet a key contact, and if you don't have your cards with you, you lose out. Take your cards to church, the gym, parties, the grocery store—even on walks with the dog.
- *Don't make a beeline for your seat.* Frequently, you'll see people at networking groups sitting at the dinner table staring into space—half an hour before the meal is due to start. Why are they sitting alone? Take full advantage of the valuable networking time before you have to sit down. Once the meeting starts, you won't be able to mingle.
- *Don't sit by people you know.* Mealtime is a prime time for meeting new people. You may be in that seat for several hours, so don't limit your opportunities by sitting with your friends. This is a wonderful chance to get to know new people on either side of you. Sure, it's more comfortable to hobnob with familiar faces. But remember, you are spending precious time and money to attend this event. Get your money's worth; you can talk to your friends some other time.
- *Get active.* People remember and do business with leaders. Don't just warm a chair—get involved and join a committee or become a board member. If you don't have time, volunteer to help with hospitality at the door or checking people in. This gives you a reason to talk to others, gets you involved in the inner workings of the group, and provides more visibility.
- *Be friendly and approachable.* Pretend you are hosting the event. Make people feel welcome. Find out what brought them there, and see if there's any way you can help them. Introduce them to others, make business suggestions or give them a referral. Not only will you probably make a friend, but putting others at ease eliminates self-consciousness. A side benefit: What goes around comes around. If you make the effort to help others, you'll soon find people helping you.

- Set a goal for what you expect from each meeting. Your goals can vary from meeting to meeting. Some examples might be: learning from the speaker's topic, discovering industry trends, looking for new prospects or connecting with peers. If you work out

THE MEET MARKET

To make the most of any networking situation, make sure to heed the following dos and don'ts:

- *Don't spend too much time with one person, or you defeat the purpose of networking.* Your objective is to take advantage of the entire room. If you spend three minutes with a prospect, that gives you a possibility of 20 contacts per hour. Spending five minutes with each person reduces that to 12 contacts and so on.
- *Do give others the chance to sell, too.* At a networking event, everyone wants to sell. You may have to play buyer to get a chance to be a seller. You must be able to wear both hats.
- *Do know the kinds of problems you can solve rather than a bunch of boring facts about your product or service.* Talk in terms of how you benefit customers rather than the product or service you offer.
- *Don't be negative.* Never complain about or bad-mouth a person or business. You never know whether the prospect you're talking to has some connection, interest or affiliation with the people, company or product you're slamming.
- *Don't forget your manners.* "Please" and "thank you" go a long way toward creating a good impression.
- *Do be prepared.* When people ask you what you do, be ready to describe your business in one short, interesting sentence that intrigues and enlightens.

of your home, you may find your purpose is simply to get out and talk to people face to face. Focusing your mind on your goal before you even walk into the event keeps you on target.

- *Be willing to give to receive.* Networking is a two-way street. Don't expect new contacts to shower you with referrals and business unless you are equally generous. Follow up on your contacts; keep in touch; always share information or leads that might benefit them. You'll be paid back tenfold for your thoughtfulness.

Now that you know how to network in person, learn the fine art of social media networking in Part 7, Chapter 36.

SELL IT!

Effective Selling Techniques

No matter what business you're in, if you're an entrepreneur, you're in sales. "But I hate to sell," you groan. You're not alone. Many people are intimidated by selling—either because they're not sure how to proceed or they think they don't have the "right" personality to sell.

Well, guess what? Anyone can sell—anyone, that is, who can learn to connect with the customer, listen to his or her needs and offer the right solutions. In fact, as your business's founder, you're better positioned than anyone else to sell your products and services. Even if you have a team of crack salespeople, there's no one else who has the same passion for, understanding of and enthusiasm about your product as you do. And once you finish reading this chapter, you'll have plenty of sales skills as well.

**AHA!**

Want to boost sales? Offer a 100 percent guarantee. This minimizes customer objections and shows you believe in your product or service. Product guarantees should be unconditional, with no hidden clauses like "guaranteed for 30 days." Use guarantees for services, too: "Satisfaction guaranteed. You'll be thrilled with our service, or we'll redo it at our expense."

Understanding Your Unique Selling Proposition

Before you can begin to sell your product or service to anyone else, you have to sell yourself on it. This is especially important when your product or service is similar to those around you. Very few businesses are one of a kind. Just look around you: How many clothing retailers, hardware stores, air conditioning installers and electricians are truly unique?

The key to effective selling in this situation is what advertising and marketing professionals call a "unique selling proposition" (USP). Unless you can pinpoint what makes your business unique in a world of homogeneous competitors, you cannot target your sales efforts successfully.

Pinpointing your USP requires some hard soul-searching and creativity. One way to start is to analyze how other companies use their USPs to their advantage. This requires careful analysis of other companies' ads and marketing messages. If you analyze what they say they sell, not just their product or service characteristics, you can learn a great deal about how companies distinguish themselves from competitors.

For example, Charles Revson, founder of Revlon, always used to say he sold *hope*, not makeup. Some airlines sell friendly service, while others sell on-time service. Neiman Marcus sells luxury, while Walmart sells bargains.

Each of these is an example of a company that has found a USP "peg" on which to hang its marketing strategy. A business can peg its USP on *product* characteristics, *price* structure, *placement* strategy (location and distribution) or *promotional* strategy. These are what marketers call the "four P's" of marketing. They are manipulated to give a business a market position that sets it apart from the competition.

STAR POWER

You can find salespeople of all ranges, temperaments and styles of selling. Some are more aggressive than others. Some are more consultative. Some are highly educated, some not so. But they're all champs because they're the ones who consistently build the business, keep the territory and retain their customers. And they share these three traits:

1. *Attitude.* Attitude makes all the difference. Sales champs set priorities and keep things moving forward, ending each day with a sense of accomplishment. Sales champs don't let losing a deal get them down. If they can't change a situation, they change their attitude about it. In sales, you've got to make things happen for your business—and the best salespeople can't wait to get started every day.
2. *Tenacity.* When sales champs know they have something of value for a prospect or client, they don't give up. They learn more about the situation, the potential customer and the customer's company. They study what went wrong and improve their approach for the next time so they can come back with new ideas. They are not easily defeated. However, sales champs understand when they're wasting time and when it's best to move on to the next tactic or even the next sale. If you get smarter each time you come back, you will succeed. When prospects see how much you believe in your vision and in their goals they, too, will be enthusiastic about what you have to offer.
3. *Follow-through.* A broken promise makes it extremely difficult to regain a customer's trust. Sales champs don't make promises they can't keep. They don't try to be everything to everybody. But once they give their word, they stick to it.

A sales champ doesn't exhibit all these traits all the time. Sales champs have the same flaws as everyone else. But they know that in the end, the harder they work at sharpening these traits, the better these traits will work for them.

Sometimes a company focuses on one particular “peg,” which also drives the strategy in other areas. A classic example is Hanes L’Eggs hosiery. Back in an era when hosiery was sold primarily in department stores, Hanes opened a new distribution channel for hosiery sales. The idea: Since hosiery was a consumer staple, why not sell it where other staples were sold—in grocery stores?

That placement strategy then drove the company’s selection of product packaging (a plastic egg) so the pantyhose did not seem incongruent in the supermarket. And because the product did not have to be pressed and wrapped in tissue and boxes, it could be priced lower than other brands.

Here’s how to uncover your USP and use it to power up your sales:

■ *Put yourself in your customer’s shoes.* Too often, entrepreneurs fall in love with their product or service and forget that it is the customer’s needs, not their own, that they must satisfy. Step back from your daily operations and carefully scrutinize what your customers really want. Suppose you own a pizza parlor. Sure, customers come into your pizza place for food. But is food all they want? What could make them come back again and again and ignore your competition? The answer might be quality, convenience, reliability, friendliness, cleanliness, courtesy or customer service.

Remember, price is never the only reason people buy. If your competition is beating you on pricing because they are larger, you have to find another sales feature that addresses the customer’s needs



WARNING

Want to know the best way to talk yourself out of a sale? Overselling—pushing your features and benefits too hard—is a common problem for salespeople. The problem is that you aren’t hearing the customer’s needs. Shut up and listen. Then start asking questions. Keep asking questions until you can explain how your product or service meets the customer’s needs.

and then build your sales and promotional efforts around that feature.

■ *Know what motivates your customers' behavior and buying decisions.*

Effective marketing requires you to be an amateur psychologist. You need to know what drives and motivates customers. Go beyond the traditional customer demographics, such as age, gender, race, income and geographic location, that most businesses collect to analyze their sales trends. For our pizza shop example, it is not enough to know that 75 percent of your customers are in the 18-to-25 age range. You need to look at their motives for buying pizza—taste, peer pressure, convenience and so on.

Cosmetics and liquor companies are great examples of industries that know the value of psychologically oriented promotion. People buy these products based on their desires (for pretty women, luxury, glamour and so on), not on their needs.

■ *Uncover the real reasons customers buy your product instead of a competitor's.*

As your business grows, you'll be able to ask your best source of information: your customers. For example, the pizza entrepreneur could ask them why they like his pizza over others, plus ask them to rate the importance of the features he offers, such as taste, size, ingredients, atmosphere and service. You will be surprised how honest people are when you ask how you can improve your service.

Since your business is just starting out, you won't have a lot of customers to ask yet, so "shop" your competition instead. Many retailers routinely drop into their competitors' stores to see what and how they are selling. If you are really brave, try asking a few of the customers after they leave the premises what they like and dislike about the competitors' products and services.

Once you have gone through this three-step market intelligence process, you need to take the next—and hardest—step: clearing your mind of any preconceived ideas about your product or service and being brutally honest. What features of your business jump out at you

**TIP**

Tips for better cold calls:
Stand up when you talk on the phone. It puts power and confidence in your voice. Smile when you say hello. It makes you sound relaxed and confident. Prospects can't see these telephone tricks, but they'll hear and feel the difference in your tone—and in your persuasive powers.

as something that sets you apart? What can you promote that will make customers want to patronize your business? How can you position your business to highlight your USP?

Do not get discouraged. Successful business ownership is not about having a unique product or service; it's about making your product stand out—even in a market filled with similar items.

Cold-Calling

The aspect of selling that strikes the greatest fear in people's hearts is usually cold calls. A good way to make cold calls more appealing is to stop thinking of them as "cold" calls.

Try thinking of them as "introductory" calls instead. All you are trying to do is introduce yourself and your business to the prospect.

It's important to understand the purpose of introductory calls so you have a realistic attitude about this type of business development activity. Phone prospecting takes longer to pay off than other types of marketing efforts, so go into it knowing you're exploring a new frontier, and it's going to take some time to get results.

Just as with any marketing method, you should never make introductory calls without a plan. First, always use a targeted list of prospects when making your calls. If your product is household cleaning services, why call a random neighborhood if you have no knowledge of income levels, number of household wage earners, or number of children? If you sell nutritional products to hospitals, why call nurses or doctors if a third-party pharmacy makes all the buying decisions? Get the right list of prospects.

You can obtain information about prospects from the list broker who provides you with the list; if you are working from your house list,

you should already have the information. If for some reason you don't, try an introductory call like the following: "We provide mobile pet grooming for dogs and cats. Would that be a service your customers would want to know about, Mr./Ms. Veterinarian?"

Next, determine the best time frames for calling. If you are selling financial services to upper-income CEOs or entrepreneurs, wouldn't it be nice to know when their corporate fiscal years end? Perhaps most of their investment purchases are made two to four weeks prior to that year-end close-out. That's when they know how much extra income needs to be sheltered in a pension plan.

Sometimes timing is your ace in the hole. Granted, follow-up calls throughout the year may make that one important sale possible, but knowing when to instigate the first call is a priceless piece of information.

Third, plan by preparing a "sales script" ahead of time. Write down what you are going to say, what responses the prospect is likely to have and how you will reply to them. No, you're not going to follow this word for word, but if you're nervous about making calls, it helps to have something in front of you. Chances are, after you get beyond the opening sentences, you'll be able to "wing it" just fine.

If preparation for cold-calling is easy but actually making calls is painful for you, here are seven easy steps to get you on the phone fast.

1. *Personalize each call by preparing mentally.* Your mind-set needs to be aligned with your language, or the conversation will not ring true. You need to work on developing a warm but not sugarcoated telephone voice



Got cold-call phobia? Psych yourself up with a numbers game: If every sale brings you \$200 profit and it takes an average of 10 calls to make one sale, then each "no" is worth \$20. Or try the "immersion" technique: Make 100 cold calls without worrying about the results. When it's over, you'll have learned a great deal about selling . . . and your fear of cold calls will be history.

that has that “Don’t I know you?” or “Gee, you sound familiar” ring to it.

2. *Perfect your phone style alone before making any calls.* If you are self-conscious about calling, you need to feel safe to act uninhibited. Try this: Gather a tape recorder, a mirror, a sales journal of incoming and outgoing phone scripts, a pen and a legal-sized pad. Either write or select a favorite phone dialogue; then talk to yourself in the mirror. Do you look relaxed, or are your facial expressions rigid? Our exteriors reflect our inner selves. If you look like you’re in knots, your voice will sound strained as well.

Push the “record” button on your tape recorder, and pretend you’re talking to a new prospect. Play back the tape, and listen to your conversation. Ask yourself how you could improve your delivery. If your voice seems unnatural and the dialogue contrived, do not despair.

As you practice and participate in real phone experiences, you will improve. Mastering the art of cold-calling is no different than improving your golf swing or skiing technique.

3. *Create familiarity all around you.* Use family photos, framed testimonial letters, motivational quotes, or whatever gets you in a positive, enthusiastic mood. If you like, play some music that inspires you.
4. *Use your imagination.* Pretend you are a prospective customer calling a bookstore to see if they have a book in stock. If it helps, record how you sound to get the feel of your inquiring phone voice. It’s always easier to imagine you’re a customer in need of information than a salesperson trying to force your way into the customer’s time. The inquiry call is good practice because the tone of the conversation is “Can you help me?” or “I need some



WARNING

Never waste a buyer’s time.
Whenever you call on a
prospect, whether in person
or by phone, be organized
and prepared with facts, fig-
ures, demonstrations and
answers.

information." Try to convey that same attitude when you use the phone to contact future customers.

5. *Watch your tone of voice.* You do not want to sound sheepish and embarrassed, nor do you want to be arrogant. The ideal tone is warm, businesslike, curious and straight to the point. A good

VOICE-MAIL VICTORIES

When making cold calls, always leave voice-mail messages if possible instead of leaving messages with a secretary. No one can transmit your enthusiasm for your products or services the way you can. Here are some tips to make the most of voice mail.

- *State your business.* Clearly tell prospects who you are and why they should be interested in talking to you. "Hello, my name is Jane Smith, and I'm with the Smith Co. We're the people who conduct one-day Sales Power seminars all over the country. Our seminar is coming to your area, and I'd like to tell you about it."
- *Offer good news.* After identifying yourself and your business, say "I have some really good news I'd like to share with you."
- *Be courteous.* Use the phrase "I'd appreciate the courtesy of a return call at (number)." Be careful of your tone of voice so that you don't sound condescending.
- *Follow up with a fax.* Send a fax that says "Mr. Wilson, please check your voice mail for an important message." Or leave a voice-mail message saying "I'm faxing you the information; if it is of interest to you, please give me a call."
- *Always leave your phone number—twice.* Repeat your number near the end of the message. Practice writing it down as you talk so you don't go too quickly.

option is a question or a cut-to-the-chase statement such as: “I’ve got a problem. We are offering a two-for-one special during the next 30 days on all our coffee drinks, just to get people into the store. I need to know if you have ever stopped in while shopping at the mall, and, if not, why not? We have got the greatest ice-blended mochas in town.”

6. *Make your goal a fast “50 in 150”—that is, 50 calls in 150 minutes.* Three minutes per call is all you need. With so many voice-mail systems intercepting calls today, this should be easy. Never give people the impression you have time to chat. Chatting is not prospecting. You’re on a mission. Get to the point, then move to the next prospect.
7. *Take five after 15.* After 15 calls, take a five-minute break—stretch, eat, sip a soda, turn on some tunes, and pat yourself on the back because you’re making it happen. Then grab the phone for 15 more calls.

Following Up

Your initial cold call typically will not result in a sale, or even in an appointment to make a sales presentation. One study shows it takes an average of seven contacts, impressions or follow-ups to make a sale.

Think of each follow-up contact as a chance to get closer to the prospect and change his or her mind about meeting with you. Plan your follow-up contacts carefully, and be flexible and creative.

How do you start the follow-up call? Here are some lead-in lines:

- “I thought of a few things that might help you decide . . .”
- “Something recently happened that I thought you might want to know about . . .”
- “There has been a change in the status of . . .”
- “I just was thinking about you recently and I wanted to tell you about . . .”

Here are other sales tools you can use in follow-up situations:

TEAM WORK

The right sales team—whether they are in-house employees or outside sales representatives—makes a big difference in how quickly your company grows. How to make sure you're hiring the right people? Try these tips:

- *Don't rely solely on resumes.* Good salespeople sell themselves so well, they don't even need resumes.
- *Try placing a classified ad that says "send resume to (address) or call (number).*" Don't even look at the resumes; just interview the people who call. These are the people who won't be afraid to pick up the phone and make cold calls.
- *In the first phone contact, if the applicant doesn't ask for an appointment, stop right there.* If the person doesn't ask for an interview now, he or she won't ask for orders later.
- *Does the person sound like someone you want to spend time with?* If you don't want to, neither will your customers.
- *When they first call, tell them you're busy and will call them back.* Then don't. If they don't call back, they lack the persistence you need in a salesperson.
- *Does the applicant listen?* If they're too busy talking, they'll be too busy to listen to your customers.
- *At the end of the call, say you plan to talk to several candidates and will get back to them.* Wait until one says "You don't need to talk to more people. I'm the one you want." That's the kind of person you need.
- *A personal note.* A handwritten note on your company note cards is far more effective than a typed business letter.

- *An endorsement from a mutual friend.* A friend is far more influential than you are.
- *An article about your company.* Something in print can work wonders. You can even send articles about the prospect's company or, better yet, about a personal interest of the prospect. "Thought you might be interested in . . ."
- *An invitation to visit your facility.* Bring the prospect to your home turf.
- *A meal.* Meetings in a nonbusiness environment are powerful and help you build personal relationships that lead to sales.

**TIP**

Sell to the people most likely to buy. Your best prospects have a keen interest in your product or service and the money to purchase it. If you're selling fax machines, don't try to sell to people who have never bought one. Sell to those who already have one or those you know are interested in buying one. Show them how yours is superior.

Making Sales Presentations

Your cold calls and follow-up efforts have paid off, and you have made an appointment to visit a prospect in person and make a sales presentation. How can you make sure it's a success? Four elements determine whether a sale will be made or not:

1. *Rapport:* putting yourself on the same side of the fence as the prospect
2. *Need:* determining what factors will motivate the prospect to listen with the intent to purchase
3. *Importance:* the weight the prospect assigns to a product, feature, benefit, price or time frame
4. *Confidence:* your ability to project credibility, to remove doubt, and to gain the prospect's belief that the risk of purchase will be less than the reward of ownership

Here is a closer look at the steps you can take to make your sales presentation a success.

Before the Presentation

- *Know your customer's business.* Potential clients expect you to know their business, customers and competition as well as you know your own product or service. Study your customer's industry. Know its problems and trends. Find out who the company's biggest competitors are. Some research tools include the company's annual report, brochures, catalogs, and newsletters; trade publications; chamber of commerce directories; and the internet.
- *Write out your sales presentation.* Making a sales presentation isn't something you do on the fly. Always use a written presentation. The basic structure of any sales presentation includes five key points: Build rapport with your prospect, introduce the business topic, ask questions to better understand your prospect's needs, summarize your key selling points, and close the sale. Think about the three major selling points of your product or service. Develop leading questions to probe your customer's reactions and needs.
- *Make sure you are talking to the right person.* This seems elementary, but many salespeople neglect to do it. Then, at the last minute, the buyer wriggles off the hook by saying he or she needs a boss's, spouse's or partner's approval. When you are setting the appointment, always ask "Are you the one I should be talking to, or are there others who will be making the buying decision?"



Condition prospects to say yes by asking questions they will agree with. "It's a great day, isn't it?" or "You got an early start today, didn't you?" Little questions like these help start customers on a momentum that builds trust. Subconsciously, because they are agreeing with you, they begin to trust you.

In the Customer's Office

■ *Build rapport.* Before you start discussing business, build rapport with your prospect. To accomplish this, do some homework. Find out if you have a colleague in common. Has the prospect's company been in the news lately? Is he or she interested in sports? Get a little insight into the company and the individual so you can make the rapport genuine.

■ *Ask questions.* Don't jump into a canned sales spiel. The most effective way to sell is to ask the prospect questions and see where he or she leads you. (Of course, your questions are carefully structured to elicit the prospect's needs—ones that your product just happens to be able to fill.)

Ask questions that require more than a yes or no response, and that deal with more than just costs, price, procedures and the technical aspects of the prospect's business. Most important, ask questions that will reveal the prospect's motivation to purchase, his or her problems and needs, and the prospect's decision-making processes. Don't be afraid to ask a client why he or she feels a certain way. That's how you'll get to understand your customers.

■ *Take notes.* Don't rely on your memory to remind you of what's important to your prospect. Ask upfront if it's all right for you to take notes during your sales presentation. (Prospects will be flattered.) Write down key points you can refer to later during your presentation.

Be sure to write down objections. This shows your prospect you are truly listening to what he or she is saying. In this way, you can specifically answer objections by showing how the customer will benefit from your product or service. It could be, for instance, by saving money, raising productivity, increasing employee motivation, or increasing his or her company's name recognition.

■ *Learn to listen.* Salespeople who do all the talking during a presentation not only bore the prospect, but also generally lose the

PRESENTATION PERFECT

Want to improve your sales presentation skills? Use these strategies to hone your speaking abilities:

- *Tag-team-sell for evaluation purposes.* Have a colleague go on sales calls with you once a week to listen to your presentation. Create a review form for them to fill out immediately after your performance. (Include your strengths as well as your weaknesses.) Read it right away, and talk about what you can do to improve.
- *Record your telephone sales conversations.* Use them as a self-monitor of your ability to present a clear and confident message. Play them back. If you can't stand your voice, change your pitch.
- *Read a chapter from a sales book aloud, recording it on audiotape.* Play it in your car. You'll learn about sales and about how you present your pitch. Would you buy from yourself? If not, record another version with style and emotion.
- *Videotape the first five minutes of your sales presentation.* Ask a friend or colleague to be the prospect. Watch the video together, and rate your performance. Repeat the process once a week for two months. Work to eliminate your two worst habits; at the same time, work to enhance your two best strengths.

Above all, be yourself. Don't put on an act. Your personality will shine if you believe in what you are saying. Being genuine will win the prospect's confidence . . . and the sale.

sale. A good rule of thumb is to listen 70 percent of the time and talk 30 percent of the time. Don't interrupt. It's tempting to step in and tell the prospect something you think is vitally important. Before you speak, ask yourself if what you're about to say is really necessary.

When you do speak, focus on asking questions. Pretend you are Barbara Walters interviewing a movie star: Ask questions; then shut up. You can improve your listening skills by taking notes and observing your prospect's body language, not jumping to conclusions.

- *Answer objections with “feel,” “felt” and “found.”* Don’t argue when a prospect says “I’m not interested,” “I just bought one,” or “I don’t have time right now.” Simply say “I understand how you feel. A lot of my present customers felt the same way. But when they found out how much time they saved by using our product, they were amazed.” Then ask for an appointment. Prospects like to hear about other people who have been in a similar situation.
- *Probe deeper:* If a prospect tells you “We’re looking for cost savings and efficiency,” will you immediately tell him how your product meets his need for cost savings and efficiency? A really smart salesperson won’t—he or she will ask more questions and probe deeper: “I understand why that is important. Can you give me a specific example?” Asking for more information—and listening to the answers—enables you to better position your product and show you understand the client’s needs.
- *Find the “hot button.”* A customer may have a long list of needs, but there is usually one “hot button” that will get the person to buy. The key to the hot button is that it is an emotional, not practical, need—a need for recognition, love or reinforcement. Suppose you are selling health-club memberships. For a



AHA!

Offer a first-time incentive to help clinch the sale. If prospects like your product or service, they'll be inclined to make a decision now rather than wait a few days or put off the decision indefinitely. First-time incentives might include "10 percent off with your purchase today" or "With today's purchase, you'll receive one free hour of consultation."

prospect who is planning a trip to Hawaii in two months, the hot button is likely to be losing a few pounds and looking good in a bikini. For a prospect who just found out he has high blood pressure, the hot button could be the health benefits of exercise. For a busy young mother, the hot button may be the chance to get away from the kids for a few hours a week and reduce stress.

■ *Eliminate objections.* When a prospect raises an objection, don't immediately jump in with a response. Instead, show empathy by saying "Let's explore your concerns." Ask for more details about the objection. You need to isolate the true objection so you can handle it. Here are some ways to do that:

1. *Offer a choice.* "Is it the delivery time or the financing you are concerned about?"

2. *Get to the heart of the matter.*

"When you say you want to think about it, what specifically did you want to think about?"

3. *Work toward a solution.* Every sale should be a win-win deal, so you may need to compromise to close the deal: "I'll waive the delivery charge if you agree to the purchase."

As you get more experience making sales calls, you'll become familiar with different objections. Maintain a list of common objections and ways you have successfully dealt with them.

■ *Close the sale.* There is no magic to closing the sale. If you have followed all the previous steps, all you should have to do is ask for the customer's order. However, some salespeople make the mistake of simply not asking for the final decision. It's as if they forget what their goal is!

For some, "closing" sounds too negative. If you're one of them, try changing your thinking to something more positive,



TIP

Trying to scare up business? If your product isn't very appealing or exciting, one way to motivate customers is by describing the consequences of not using your product. For products that increase security or safety or improve health, fear can be an effective business-boosting tool.

such as “deciding.” As you talk with the customer, build in the close by having fun with it. Say something like “So how many do you want? We have it in a rainbow of colors; do you want them all?” Make sure to ask them several times in a fun, non-threatening way; you’re leading them to make the decision.

After the Sale

■ *Follow up.* What you do after the sale is as crucial as what you do to get it. “Nearly 85 percent of all sales are produced by word-of-mouth referrals,” says sales guru Brian Tracy. “In other words, they’re the result of someone telling a friend or associate to buy a product or service because the customer was satisfied.”

THE PRICE ISN’T RIGHT

How do you overcome that most common objection, “Your price is too high”? Lawrence L. Steinmetz, author of *How to Sell at Prices Higher Than Your Competitors*, says you need to learn how to acknowledge that your price is higher than competitors’ and use that as a selling tool.

Showing that customers get more services, better warranties or higher-quality products for the extra cost makes the higher price seem less imposing. Telling them why the competition’s services or products don’t measure up differentiates you from the competition and convinces customers you’re worth the extra money.

Whatever you do, don’t be too willing to negotiate or slash prices. “When you ask a customer ‘Is that too much?’ you are encouraging him or her to beat you up,” says Steinmetz.

With the right ammunition, you can turn price problems into selling points.

Concentrate on developing future and referral business with each satisfied customer. Write thank-you notes, call the customer after the sale to make sure he or she is satisfied, and maintain a schedule of future communications. Be in front of that client, and always show attention and responsiveness. (For more on retaining customers, see Chapter 33.)

- *Ask for feedback.* Ask customers what you need to do to maintain and increase their business. Many customers have minor complaints but will never say anything. They just won't buy from you again. If you ask their opinions, on the other hand, they'll be glad to tell you—and, in most cases, will give you a chance to solve the problem.

**TIP**

What's the best way to reach a prospect? Send a letter and follow it up with a phone call. Next best is a referral. Then comes a cold call, then a personal visit. Least effective is a direct-mail piece.

Speaking Effectively

The difference between good and great salespeople is the way they deliver their messages. You can have the greatest sales pitch in the world, but if you deliver it with no enthusiasm, sincerity or belief, you will lose the sale.

Here are some suggestions to improve your speaking skills and power up your presentations:

- *Speak clearly.* If the prospect doesn't understand you, you won't get the sale.
- *Lean forward.* Leaning into the presentation gives the prospect a sense of urgency.
- *Don't fidget.* Knuckle-cracking, hair-twirling and similar nervous habits detract from your presentation.
- *Don't "um," "ah" or "er."* These vocal tics are so irritating, they make the prospect focus on the flaws rather than the message. Best cure? Practice, practice, practice.

PASS IT ON

Referrals are among a salesperson's best weapons. Yet many salespeople fail to take advantage of this powerful marketing tool. Here are secrets to getting and making the most of referrals:

- Ask for specific referrals. Many salespeople ask for referrals by saying "Do you know anyone else who might be interested in my product?" The prospect replies "Not off the top of my head, but I'll let you know if I think of anyone." And that's where it ends. More effective is to ask for a specific referral that deals with a need your business addresses. For instance, ask "Steve, at your last Rotary Club meeting, did you talk to anyone who was thinking about moving or selling a home?"
- Gather as much information about the referral as possible. Use this to prepare for the cold call.
- Ask your customer for permission to use his or her name when contacting the referral.
- Ask your customer to help you get an appointment with the referral.
- Contact the referral as soon as possible.
- Inform your customer about the outcome of the referral. People like to know when they have been of help.
- Prospect for referrals just as you would for sales leads.

- *Be animated.* Act as if the best thing in the world just happened to you.
- *Vary your voice.* Don't drone on in a monotone. Punch the critical words. Go from high to low tones. Whisper some of the key information as if it's a secret. Get the prospect to lean into your words. Make him or her feel fortunate to be receiving this message.

- *Look prospects in the eye.* Eye contact signals credibility and trustworthiness.
- *Follow the prospect's lead.* Keep your tone similar to his or her tone. If the prospect is stuffy and conservative, do not get too wild.
- *Relax.* High anxiety makes prospects nervous. Why do salespeople get nervous? Either they are unprepared or they need the money from the sale. Calm down. Never let them see you sweat.

**TIP**

Sell benefits, not features.

The biggest mistake entrepreneurs make is focusing on what their product or service is (its features).

Rather, it's what it does (its benefits) that's important. A health-food product contains nutrients that are good for the body. That's what it is.

What the product does is make the customer thinner, more energetic, and able to do more with less sleep.

NOW SERVING

Offering Superior Customer Service

To the ordinary entrepreneur, closing and finalizing the sale is the completion of serving the customer's needs. But for the pro, this is only the beginning. Closing the sale sets the stage for a relationship that, if properly managed by you, the entrepreneur, can be mutually profitable for years to come.

Remember the "80–20 rule" discussed in an earlier chapter? The rule states that 80 percent of your business comes from 20 percent of your customers. Repeat customers are the backbone of every successful business. So now that you know how to land customers, it is time to learn how to keep them.



AHA!

To ensure you don't drop the ball on follow-up, check out one of the many contact management or sales software programs on the market. These little wonders can remind you of everything from a big client's birthday to an important sales call.

Building Customer Relationships

It's tempting to concentrate on making new sales or pursuing bigger accounts. But attention to your existing customers, no matter how small they are, is essential to keeping your business thriving. The secret to repeat business is following up in a way that has a positive effect on the customer.

Effective follow-up begins immediately after the sale, when you call the customer to say "thank you" and find out if he or she is pleased with your product or service. Beyond this, there are several effective ways to follow up that ensure your business is always in the customer's mind.

■ *Let customers know what you are doing for them.* This can be in the form of a newsletter mailed to existing customers (see Chapter 30), or it can be more informal, such as a phone call.

Whichever method you use, the key is to dramatically point out to customers what excellent service you are giving them. If you never mention all the things you're doing for them, customers may not notice. You are not being cocky when you talk to customers about all the work you have done to please them. Just make a phone call and let them know they don't have to worry because you handled the paperwork, called the attorney or double-checked on the shipment—one less thing they have to do.

■ *Write old customers personal, handwritten notes frequently.* "I was just sitting at my desk, and your name popped into my head. Are you still having a great time flying all over the country? Let me know if you need another set of luggage. I can stop by with our latest models anytime." Or, if you run into an old customer at an event, follow up with a note: "It was great seeing you at the CDC Christmas party. I will call you early in the new year to schedule a lunch."

■ *Keep it personal.* Voice mail and e-mail make it easy to communicate, but the personal touch is lost. Don't count these as a legitimate follow-up. If you're having trouble getting through,

leave a voice-mail message that you want to talk to the person directly or will stop by his or her office at a designated time.

- *Remember special occasions.* Send regular customers birthday cards, anniversary cards, holiday cards . . . you name it. Gifts are excellent follow-up tools, too. You don't have to spend a fortune to show you care; use your creativity to come up with interesting gift ideas that tie into your business, the customer's business or his or her recent purchase.
- *Pass on information.* If you read an article, see a new book, or hear about an organization that a customer might be interested in, drop a note or make a quick call to let them know.
- *Consider follow-up calls business development calls.* When you talk to or visit old clients or customers, you'll often find they have referrals to give you, which can lead to new business.



e-FYI

Feeling alone? Wish you had someplace to advise you on better customer service? Try the International Customer Service Association's website (icsa.com). You're required to join the organization to reap the benefits, but there are plenty of them—from networking opportunities to customer service training programs.

With all that your existing customers can do for you, there's simply no reason not to stay in regular contact with them. Use your imagination, and you'll think of plenty of other ideas that can help you develop a lasting relationship.

Customer Service

There are plenty of things you, the entrepreneur, can do to ensure good customer service. And when you're a one-person business, it's easy to stay on top of what your customers want. But as you add employees, whether it's one person or 100, you are adding more links to the customer service chain—and creating more potential for poor service along the way.

That's why creating a customer service policy and adhering to it is so important. Here are some steps you can take to ensure that your clients receive excellent service every step of the way.

- *Put your customer service policy in writing.* These principles should come from you, but every employee should know what the rules are and be ready to live up to them.

GO TO THE SOURCE

Excellent customer service is more than what you say or do for the customer; it also means giving customers a chance to make their feelings known. Here are some suggestions for finding out what your customers want, need and care about:

- *Attend trade shows and industry events that are important to your customers.* You'll find out what the competition is doing and what kinds of products and services customers are looking for.
- *Nurture a human bond, as well as a business one, with customers and prospects.* Take them out to lunch, dinner, the ballgame or the opera. In the relaxed atmosphere of socializing, you'll learn the secrets that will allow you to go above and beyond your competition.
- *Keep alert for trends; then respond to them.* Read industry trade publications; be active in trade organizations; pay attention to what your customers are doing.
- *Ask for feedback.* Survey your customers regularly to find out how you're doing. Send postage-paid questionnaire cards or letters; call them by phone; set up focus groups. Ask for suggestions; then fix the trouble areas revealed.

Whatever you do, don't rest on your laurels. Regularly evaluate your product or service to be sure it is still priced, packaged and delivered right.

- *Establish support systems that give the employees clear instructions for gaining and maintaining service superiority.* These systems will help you out-service any competitor by giving more to customers and anticipating problems before they arise.
- *Develop a measurement of superb customer service.* Then reward employees who practice it consistently.
- *Be certain that your passion for customer service runs rampant throughout your company.* Your employees should see how good service relates to your profits and to their future with the company.
- *Be genuinely committed to providing more customer service excellence than anyone else in your industry.* This commitment must be so powerful that every one of your customers can sense it.
- *Share information with people on the front lines.* Meet regularly to talk about improving service. Solicit ideas from employees—they are the ones who are dealing with the customers most often.
- *Act on the knowledge that customers value attention, competence, promptness and dependability.* They love being treated as individuals and being referred to by name. (Don't you?)

Interacting with Customers

Principles of customer service are nice, but you need to put those principles into action with everything you do and say. There are certain “magic words” that customers want to hear from you and your staff. Make sure all your employees understand the importance of these key words:

- *“How can I help?”* Customers want the opportunity to explain in detail what they want and need. Too often, business owners feel the desire or the obligation to guess what customers need rather than carefully listening first. By asking how you can help, you



COMPLAINT DEPARTMENT

Studies show that the vast majority of dissatisfied customers will never tell you they're dissatisfied. They simply leave quietly, then tell everyone they know not to do business with you. So when a customer does complain, don't think of it as a nuisance—think of it as a golden opportunity to change that customer's mind and retain his or her business.

Even the best product or service meets with complaints or problems now and then. Here's how to handle them for positive results:

- Let customers vent their feelings. Encourage them to get their frustrations out in the open.
- Never argue with a customer.
- Never tell a customer "You do not have a problem." Those are fighting words.
- Share your point of view as politely as you can.
- Take responsibility for the problem. Don't make excuses. If an employee was sick or a third-party supplier let you down, that's not the customer's concern.
- Immediately take action to remedy the situation. Promising a solution then delaying it only makes matters worse.
- Empower your front-line employees to be flexible in resolving complaints. Give employees some leeway in deciding when to bend the rules. If you don't feel comfortable doing this, make sure they have you or another manager handle the situation.
- Imagine you're the one with the complaint. How would you want the situation to be handled?

begin the dialogue on a positive note (you are “helping,” not “selling”). And by using an open-ended question, you invite discussion.

- *“I can solve that problem.”* Most customers, especially B2B customers, are looking to buy solutions. They appreciate direct answers in a language they can understand.
- *“I don’t know, but I’ll find out.”* When confronted with a truly difficult question that requires research on your part, admit it. Few things ruin your credibility faster than trying to answer a question when you are unsure of all the facts. Savvy buyers may test you with a question they know you can’t answer, and then just sit quietly while you struggle to fake an answer. An honest reply enhances your integrity.
- *“I will take responsibility.”* Tell your customer you realize it’s your responsibility to ensure a satisfactory outcome to the transaction. Assure the customer you know what she expects and will deliver the product or service at the agreed-upon price. There will be no unexpected expenses or changes required to solve the problem.
- *“I will keep you updated.”* Even if your business is a cash-and-carry operation, it probably requires coordinating and scheduling numerous events. Assure your customers they will be advised of the status of these events. The longer your lead time, the more important this is. The vendors that customers trust the most are those that keep them apprised of the situation, whether the news is good or bad.
- *“I will deliver on time.”* A due date that has been agreed upon is a promise that must be kept. “Close” does not count.
- *“Monday means Monday.”* The first week in July means the first week in July, even though it contains a national holiday. Your clients are waiting to hear you say “I deliver on time.” The supplier who consistently does so is a rarity and well-remembered.
- *“It will be just what you ordered.”* It will not be “similar to,” and it will not be “better than” what was ordered. It will be exactly

what was ordered. Even if you believe a substitute would be in the client's best interests, that's a topic for discussion, not something you decide on your own. Your customer may not know (or be at liberty to explain) all the ramifications of the purchase.

- “*The job will be complete.*” Assure the customer there will be no waiting for a final piece or a last document. Never say you will be finished “except for . . .”
- “*I appreciate your business.*” This means more than a simple “Thanks for the order.” Genuine appreciation involves follow-up calls, offering to answer questions, making sure everything is performing satisfactorily, and ascertaining that the original problem has been solved.

Neglecting any of these steps conveys the impression that you were interested in the person only until the sale was made. This leaves the buyer feeling deceived and used, and creates ill will and negative advertising for your company. Sincerely proving you care about your customers leads to recommendations . . . and repeat sales.

Going Above and Beyond

These days, simply providing adequate customer service is not enough. You need to go above and beyond the call of duty to provide customer service that truly stands out. How to do this?

Begin by thinking about your own experiences as a customer—what you have liked and disliked in certain situations. Recall the times you were delighted by extra efforts taken to accommodate your needs



TIP

When customers are happy with your service, ask them for a testimonial letter. Get permission to use quotes from the letters in your print ads and brochures. Also ask if you can give past customers' phone numbers to certain qualified prospects so they can get a solid recommendation about your business firsthand.

or outraged by rudeness or negligence. This will give you greater insight into what makes for extraordinary customer service.

To put yourself in the customer's shoes, try visiting a wide range of businesses your customers are likely to frequent. This could include your direct competitors, as well as companies that sell related products and services. Observe how customers are treated in addition to the kinds of services that seem to be important to them. Then adapt your business accordingly.

Going above and beyond is especially important when a customer has complained or if there is a problem with a purchase. Suppose an order is delayed. What can you do?

- Call the customer personally with updates on the status of the order and expected arrival time.
- Hand-deliver the merchandise when it arrives.
- Take 20 or 30 percent off the cost.
- Send a note apologizing for the delay . . . tucked inside a gift basket full of goodies. These are all ways of showing the customer you're on his side.

Going above and beyond doesn't always mean offering deep discounts or giving away products. With a little ingenuity and effort, you can show customers they are important at any time. Suppose you've just received the newest samples and colors for your home furnishings line. Why not invite your best customers to a private showing, complete with music, appetizers and a coupon good for one free hour of consultation?

Emergency orders and last-minute changes should be accommodated when possible, especially for important occasions such as a wedding or a big trade show. Customers remember these events . . . and they will remember your flexibility and prompt response to their needs, too.



Create external incentives to keep customers coming back. Offer customers free merchandise or services after they buy a certain amount. This gets them in the habit of buying again and again.

Being accessible also wins loyalty. One entrepreneur who runs a computer chip company has installed a customer service line on every employee's telephone, from the mail room clerk on up. This means every caller gets through to a real person who can help him or her, instead of getting lost in a voice-mail maze.

Customer loyalty is hard to win and easy to lose. But by going above and beyond with your customer service, you'll soon see your sales going above and beyond those of your competitors.

part 7

ENGAGE

chapter 34

Net Sales
Online Advertising and Marketing

chapter 35

Social Studies
Social Media Marketing

chapter 36

Can You Relate?
Social Media Networking

NET SALES

Online Advertising and Marketing

Your website is up and you have promoted it on everything from business cards to T-shirts. Your shopping cart program is primed for action. There's only one problem—nobody shows up.

The net is littered with tens of thousands of dead sites, abandoned because no one visited. You can always tell a dead site—it was last updated on its launch date. So how can you make yours successful?

Throw some money at it—judiciously. “It’s a good idea to stick with low-cost, grass-roots techniques,” says Jim Daniels, president of JDD Publishing in Smithfield, Rhode Island. Daniels has written several books about internet marketing and publishes the *Bizweb eGazette* newsletter, which has more than 150,000 subscribers worldwide and is accessible at bizweb2000.com.

**TIP**

Before you publicize your site, make sure you have an opt-in box on the home page and throughout your site by using e-mail capture software, also called an auto responder system. This is a great way to develop customers and build your e-mail list so you can send them valuable offers, tips and resources. For more details on setting up e-mail captures, visit aweber.com and check out the opt-in tutorial. Click on "Support" then "Videos."

Also, if you can afford one, hire a PR firm. In general, raising your firm's visibility through media exposure lets you talk about your website to a broad range of potential customers.

A Marketing Tool

Think of your website as a marketing tool like the others you use to promote your business. Because its return is hard to gauge, your job is to learn how to get the most from the web. "Why would someone want to visit my site?" That's your key question. If your site talks only about your company and how great you are, chances are, no one will come back. Attracting visitors requires magnets: things that excite people and make them return for more.

Savvy marketers master permission marketing, which provides incentives for customers to learn more about your product or

service. Let's say you run the Clicks and Bricks Bed and Breakfast in Vermont. Spring and fall are your off-seasons. You'd like to reach out to former visitors and those who have sent e-mails inquiring about the Clicks and Bricks B&B.

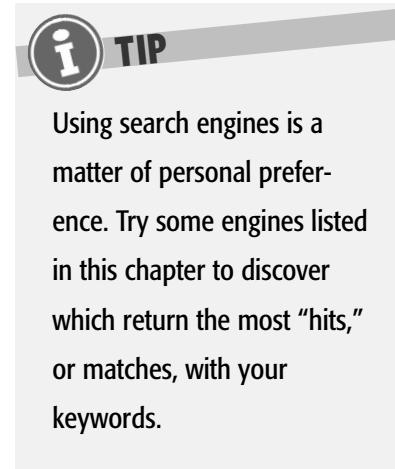
Using the principles of permission marketing, you can:

- Use your database of customer and prospect e-mails to build an audience for a promotional campaign.
- Recognize that those consumers have indicated a willingness to talk to you. So find something to say to them. You could offer them a "three nights for the price of two" promotion or run a contest for a free two-night midweek stay. It's offers like these that keep customers and prospects engaged.

- Encourage a learning relationship with your customers. Send e-mails or print brochures about upcoming local events such as the annual Fuzzy Worm Festival, or offer two-for-one coupons for an upcoming art show. Remind them of Vermont's allure in the spring and fall.
- Deepen your communication as site visitors become customers and first-timers become return visitors. Send birthday or anniversary cards. Reward them with a glossy national B&B directory. Show them that you value their patronage.

Attracting Visitors to Your Site

The number of websites is well over the million mark and crossing into the billions. According to the 2009 *Domain Name Industry Brief*, published by VeriSign, the internet boasted more than 183 million domain names, over 25 billion pages, and well over 109 million websites. With millions of websites out there, getting visitors to your individual site is often the biggest challenge. Your strategies for doing so may include search engines, paid search services and affiliates. Let's consider them one at a time.



Using search engines is a matter of personal preference. Try some engines listed in this chapter to discover which return the most "hits," or matches, with your keywords.

Search Engines

Search engines have become a ubiquitous part of American culture. Every day millions of Americans go online to search the internet or "Google" something or someone. According to a 2009 report from the Pew Internet & American Life project—which produces reports that explore the impact of the internet—74 percent of American adults use the internet, 88 percent use search engines, and 81 percent look online for information about a service or product they're thinking of buying.

Perhaps the most important—and inexpensive—strategy in getting people to your website is to rank high for your preferred keywords on the main search engines in “organic” or “natural” searches (as opposed to paid ads, also known as “sponsored links,” which are often found on the right side of search pages or clearly marked as a “sponsored link”). In general, achieving a high rank is based on three criteria: competition, relevancy and content.

Think of “competition” like popularity. The more popular (talked about, linked to and clicked on) your offer or website is, the more competitive you are.

“Relevancy” is based on how well your offer or site matches the keywords. Your site should include the keyword, or be as close as possible to the keyword that’s being searched. Finally, your “content” should address the question being asked. Your goal is to answer the query as directly as possible. You want the end user to say “Yes, this is the answer I’m looking for.” The sooner you master these three criteria, the higher rank you’ll be able to achieve in search results. Mastering the art of search is not impossible; it just takes practice and time. Take the time to think about what your potential customers are really asking and how your offer or website answers their questions. Be persistent and consistent, work through the

learning curve, and you’ll find yourself with a high rank in the search engines.

Search engine marketing (SEM) is also a rapidly growing and profitable segment of the internet. According to a 2008 study from Search Engine Marketing Professionals Organization, conducted in partnership with Radar Research, SEM expenditures will reach \$26 billion in 2013, which is close to 10 percent of total U.S. advertising spending

projected for 2013. Increasingly, ad budgets are being shifted away from offline marketing, such as print, direct mail and TV advertising, and directed toward online marketing.

While there are many search engines out there, and they all differ in structure, search strategy and efficiency. According to a recent report from online internet research firm Hitwise, most searches take place on the following sites:

- Google-owned sites, such as Google.com or Google Image Search
- Yahoo!-owned sites, including Yahoo.com, AltaVista.com and AllTheWeb.com
- MSN-operated sites, such as Bing.com, which is Bing and Yahoo's merged search engine
- IAC-owned sites, such as Ask.com
- Time Warner-owned sites, such as AOL Search

For the best exposure, be sure your website is listed on most of these sites. To use search engines effectively to draw visitors to your site, the keywords you choose in your domain name, title tag and the text of your main page can spell the difference in your search engine rankings. Keyword-rich domain names, title tags and main pages boost traffic. And when using keywords, remember it's important to have them appear naturally.

The easiest way to get ranked on search engines is to submit your domain name to various search engines. Maximizing the number of times your URL comes up in a search result is an ongoing process. It takes patience to monitor the search engines by visiting them frequently and studying your log files to see which search engines send you the most traffic. If you need to make changes in your website,



Think of all the keywords and phrases for your product or service, and put them in your URL. For example, try discountchairostore, discount-sofas-and-chairs or buydiscountfurniture. The search engines are likely to pick up multiple keywords, thereby boosting your rankings.

particularly your opening page, to move up in the search engine rankings, do so.

With so many search engines out there, you might also use a web tool like the one at TrafficBoost.com to submit your website address to more than 500 search engines for a modest fee for one-time submission, slightly more for an initial hit and three quarterly updates. Also check out SelfPromotion.com, a free resource for do-it-yourself web promotion. Here you can find information and tips about search engine submission, along with automatic submission tools that help you submit your URL to all the major search engines. Once listed, you can use free online tools, including:

- *SiteRankChecker.com*. Gives you an overview of where you rank on top search engines
- *SiteReportCard.com*. Compares your site with your competition
- *LinkPopularity.com*. Lists all sites that have linked back to your domain name

If you get good results with AOL Search using one set of keywords and do well with Google using another set of keywords, that's fine.

Also keep in mind that the narrower the category, the better your chance of scoring hits; for example, “percussion instruments” and “ice skating dresses” are more specific than “drums” and “sports attire” and have a better chance of scoring hits.

Paid Search Services

Many companies are also using paid search services as a supplement to SEM. These services basically allow you to pay to have your website be part of the results of a user’s query on a search engine site. There are three types of paid search services: paid submission, pay-for-inclusion and pay-for-placement.

In *paid submission*, you can submit your website for review by a search service for a preset fee with the expectation that the site will be accepted and included in that company’s search engine—provided it meets the stated guidelines for submission. Yahoo! is the major search

engine that accepts this type of submission. While paid submissions guarantee a timely review of the submitted site and notice of acceptance or rejection, you're not guaranteed inclusion or a particular placement order in the listings. Yahoo! charges \$299 for this service, which it calls Yahoo! Directory Submit.

Paid inclusion programs allow you to submit your website for guaranteed inclusion in a search engine's database of listings for a set period of time. While paid inclusion guarantees indexing of submitted pages or sites in a search database, you're not guaranteed that the pages will rank well for particular queries. Of the major search engines, only Yahoo! does paid inclusion.

In *pay-for-placement*, you can guarantee a ranking in a search listing for the terms of your choice. Also known as paid placement, paid listings or sponsored listings, this program guarantees placement in search results. The leaders in pay-for-placement are Google, Yahoo! Search Marketing and Bing Search. These programs allow you to bid on the terms you wish to appear for; you then agree to pay a certain amount each time someone clicks on your listing. Costs for pay-for-placement start at around a nickel a click and go up considerably based on how high you want your site to appear—and competition for keywords has the biggest bearing on that. For example, a bid on “web hosting” will result in payment of a few bucks a click if you want to get on the first page of results. But if you’re promoting, say, lighthouse tours, you may be able to get on top paying just a dime a click.

In the Google AdWords program, Google sells paid listings that appear above and to the side of its regular results, as well as on its partner sites. Since it may take time for a new site to appear within Google, these advertising opportunities offer a fast way to get listed with the service.

In the Google AdWords program, the cost of your campaigns really depends on how much you’re willing to pay and how well you know

*“Many a small thing
has been made large
by the right kind of
advertising.”*

—MARK TWAIN

your audience. It all boils down to knowing your own goals and letting Google know what they are. There's a nominal one-time \$5 activation fee for Google AdWords. After that, Google will grant the highest position to the advertiser with the highest bid for keywords and the highest click-through rate.

The Bing Search, known as Microsoft adCenter, doesn't charge you to create an account; you only pay when someone clicks on your ad. The highest position is given to the advertiser with the highest bid for keywords and the highest click-through rate.

Yahoo Sponsored Search allows you to bid on the keywords for which you wish to appear and then pay a certain amount each time someone clicks on your listings. For example, if you wanted to appear in the top listings for "clocks," you might agree to pay a maximum of 25 cents per click. If no one agrees to pay more than this, then you would be in the No. 1 spot. If someone later decides to pay 26 cents,

then you fall into the No. 2 position. You could then bid 27 cents and move back on top if you wanted to. In other words, the highest bid gets the highest position on Yahoo's Sponsored Search.

Yahoo Sponsored Search displays its listings on its own search results, in addition to InfoSpace and many other partner sites.

To get started, set up an account through a self-service channel or through a service called Fast Track, which has a one-time service fee of \$199 and includes a custom proposal with suggested keywords, bidding recommendations and more.

Yahoo's minimum bid requirement is 10 cents. By carefully selecting targeted terms, you can stretch that money for one or two months and get quality traffic.

Another paid search program to check out is from Miva Inc. (miva.com), which is a major search player.



TIP

What's the best day to send e-mail marketing messages?

According to Infusionsoft, a leading e-mail marketing provider, in general the prime days are Tuesdays and Thursdays between 10 A.M. to 2 P.M.

Local Search

Want local customers to find you? Then try local search engine advertising, which lets you target ads to a specific state, city or even neighborhood. A growing number of small businesses are using local search. New research released in 2009, from a joint survey conducted by Nielsen Online and Webvisible, found that the majority of small-business owners use the internet to search for local services, while 82 percent of consumers and small businesses use search engines first to find information online compared with 52 percent who turn to Yellow Pages online as their primary search tool. Like other search engine advertising, the local variety lets you track your account closely to find out which keywords are most successful at drawing customers and how much you're spending each day.

As you can imagine, the major search engine companies offer local search options. To sign up with Yahoo! Search Marketing, for example, go to: searchmarketing.yahoo.com/local. To sign up with Google, go to adwords.google.com/select, and to sign up with MSN, go to advertising.microsoft.com/home. In general, all of the programs follow a pay-per-click model.



TIP

If you're willing to experiment with mobile advertising, you can use either paid search engines or display mobile advertising companies, such as AdMob, Smaato, Ad Infuse, InMobi, Mojiva, BrandPort or Rapid Mobile. Google AdWords has allowed marketers to select "mobile" as one of its ad distribution channels for some time. If you're not sure if your mobile setting is on or off, log into your AdWords account and check your campaign settings.

Affiliates

Firms that sell products and services on their websites for commissions offer another way to draw site visitors. The web is democratic; a SOHO (small office home office) can be an affiliate of a Fortune 500



e-FYI

Want to know more about search engines? Searchenginewatch.com can answer your questions. It compares the major search engines and tells you how to get listed. It also provides tips for searchers so you can learn to think like your customers and make it easier for them to find you. Plus, you can get a free newsletter.

firm, as can other corporate giants, midsized businesses and even charities.

Affiliates place merchant promotions on their websites to sell goods or services. They control the type of promotion, location on the site, and the length of time it runs. In return, the affiliate earns commission on click-throughs, leads or purchases made through the site. For example, your town's Big Bank is the affiliate looking for local merchants to advertise on its site. It has a restaurant, an office supply store, a realtor, a law firm and an accounting firm with ads or promotions on its site. Depending on what they negotiated with Big Bank, they'll receive commissions on sales that initiated from their website. For every click-through that results

in a sale, you'll earn a commission, anywhere from 1 to 10 percent for multichannel retailers, or 30 to 50 percent in the software sector.

You may want to consider joining an affiliate program network, which provides all the tools and services affiliates and merchants need to create, manage and optimize successful affiliate marketing programs. Sites that offer quality programs include LinkShare.com (linkshare.com), which offers deals with Dell Computer, 1-800-Flowers.com Inc., Foot Locker, and Commission Junction, a Value Click company (cj.com). Crave more obscure programs for your site? You'll find them at ClicksLink (clickslink.com), which provides a searchable directory plus tools for signing up with everything from astrology vendors to watchmakers. If you're an affiliate, you can join these networks for free.

Another route is using your favorite search engines to find companies that have potential as affiliates. For example, if you own a gym and sell workout products, you might want to affiliate partner with nutritionists, personal trainers, sports drinks, and vitamin and health-food partners.

REACH OUT AND E-MAIL SOMEONE

The Direct Marketing Association offers some practical advice on how to be more successful at reaching current and potential customers through e-mail:

- Encourage customers and prospects to add your e-mail address to their personal “approved list/address book.” Being an “approved” sender yields higher response rates and generates fewer complaints and blocking issues.
- Carefully consider the content and presentation of your marketing messages because recipients are increasingly labeling any e-mail communication that’s not relevant or looks suspicious as spam.
- Click the “spam check” button in your e-mail program to see if your e-mail is at risk for being marked as spam. A growing number of ISPs use spam-filtering software. This technology uses algorithms to determine whether incoming messages qualify as junk e-mail and filters them out before they get to a client’s inbox. In addition, you should register for all mailbox provider feedback loops. In general, aim to keep complaint rates (total complaints divided by total delivered e-mail) below 0.1 percent to avoid temporary or long-term blocks.
- Adopt good list-hygiene and list-monitoring practices that help facilitate message delivery. Monitoring campaign delivery and open and click-through rates is essential because low open rates or high bounce-back rates may indicate a delivery problem.

If you decide to run your own affiliate programs, Infusionsoft (infusionsoft.com) offers a complete e-mail marketing system and everything you’ll need to run a successful affiliate program.

Keeping Visitors at Your Site

A good website design and strategy for attracting visitors takes you three-quarters of the way to success. The final step is getting people to



SAVE

Jim Daniels of JDD

Publishing advises teaming up with other sites in your niche by forming joint ventures. Search for sites that serve a similar customer base, and get their mailing addresses. Then mail them a letter offering to send them your best product or service at no charge so they can try it out. If they like it, you'll pay them a commission if they'll recommend it to their site visitors and newsletter subscribers. If you found them easily on the web, chances are, they have lots of website traffic.

try your offerings and to come back for more. The best way to do that is to treat each customer as unique. Fortunately, the web lends itself to the kind of personalization that's relatively easy and inexpensive for even the smallest business.

With a little effort, you can address each site visitor's needs effectively. Combined with offline strategic work—such as hitting customers every other week with a free newsletter or offering them a two-for-one special if they haven't visited your site in two months, readily available e-commerce tools enable you to personalize as nothing else can.

The basis for customization is the cookie—a morsel of information that lets sites know where customers go. A cookie is a piece of data that's sent to the browser along with an HTML page when someone visits a site. The browser saves the cookie to the visitor's hard drive. When that customer revisits the site, the cookie goes back to the web server along with his new request, enabling

your site to recognize the return visitor.

Here are some ideas for marketing programs you can create from an analysis of stored cookies and e-mail:

- Send a postcard to customers who haven't bought anything online in three months, offering a \$10 or \$20 reward for shopping online.

- Send an e-mail with a new promotion a few weeks or months after a customer makes a purchase.
- Offer a chance to win something and make it easy for visitors who drop in at least once a week to enter the contest.

If personalization seems too complicated, you can still design your website to speak to different groups of people. Let's say you're a realtor wanting your site to meet several needs. Create a screen with button bars like these:

- If you're a buyer, click here.
- If you're thinking of listing your house for sale, click here.
- If you're a realtor from outside the area, click here.
- If you want to join our team, click here.

This form of customization addresses the needs of different groups. You have made an effort to provide information tailored to each market segment. It doesn't cost a million dollars yet increases your credibility and efficiency.

Getting visitors to stick around long enough to explore your site is just as important as tempting them to visit in the first place. Here are some tips on capturing your visitors' attention.

- *Make connections.* If possible, hyperlink your e-mail address; this means most visitors can simply click to open a blank message and send you a note.
- *Have fun.* People who surf the internet are looking for fun. You don't have to be wild and wacky (unless you want to). Just make sure you offer original content presented in an entertaining way.
- *Add value.* Offering something useful that customers can do adds tremendous value to your site. For example, customers can track their own packages at the FedEx site or concoct a recipe for a new drink at the Stolichnaya vodka site. While it doesn't have to be quite so elaborate, offering users the ability to download forms, play games or create something useful or fun will keep them coming back.

- *Keep it simple.* Don't build a site that's more than three or four levels deep. Internet users love to surf, but they get bored when they have to sift through loads of information to find what they're looking for.
- *Provide a map.* Use icons and button bars to create clear navigational paths. A well-designed site should have a button at the bottom of each subpage that transports the visitor back to the site's homepage.
- *Stage a contest.* Nothing is more compelling than giving something away. Have the contestants fill out a registration form so you can find out who's coming to your site.
- *Make payment a snap.* If you're setting up an online storefront, give customers an easy way to pay you. Consider including an online order form, toll-free ordering number or fax line.



If you want to get noticed online, offer to provide content to others. Electronic newsletters and magazines always need new information. One of the best ways to create an online presence is to e-mail sites and volunteer content on a regular basis.

The Ad-Free Zone

When you design your website's marketing plan, remember that the internet is a community with its own set of rules that you as an entrepreneur must understand to be successful. The primary rule is: Don't send spam.

Not only is it annoying to recipients, it is also illegal. In 2004, Controlling the Assault of Non-Solicited Pornography and Marketing Act (or Can-Spam Act of 2003) was signed into law. The law requires commercial e-mail messages to be labeled and to include opt-out instructions as well as the sender's physical address. It also prohibits the use of deceptive subject lines and false headers. A good way to get folks to opt in to your e-mail list—which of course they'll have the option of opting out of—is to offer a free monthly e-mail newsletter.

Content is wide open, but effective newsletters usually mix news about trends in your field with tips and updates on sales or special pricing. Whatever you do, keep it short. Six hundred words is probably the maximum length. Another key: Include hyperlinks so that interested readers can, with a single mouse click, go directly to your site and find out more about a topic of interest.

Another tip to keep in mind: Don't post commercial messages to newsgroups that have rules against these types of messages. For example, on the social networking site LinkedIn, don't post massive messages that sound like sales pitches to any of the groups. However, if you're offering valuable content and resources or if you're looking to start a discussion on a topic, then by all means post away.

SOCIAL STUDIES

Social Media Marketing

What's all the buzz about social media and, more important, why should you be listening? Social media has become a tool to connect and engage with your audience—and in today's marketing landscape, that's how brands are built.

Social media marketing is simply using social sites, such as Facebook, LinkedIn and YouTube, to market your business. This new marketing medium is more demanding on businesses because to promote and build a brand, you *must* engage in conversations with your target market.

The *Social Media Marketing Industry Report*, by social media researcher Michael Stelzner with WhitePaperSource.com, the online source for writing and marketing white papers, confirms that 81 percent of businesses using social media marketing indicated that their efforts have generated significant exposure

**AHA!**

Google Alerts are a great way to keep track of buzz and conversations happening about you and your company. Go to google.com/alerts and enter your company name and any keywords that might come up in a conversation about your brand. Whenever something is posted on the internet with those keywords, Google will send you an e-mail with the link. You can set this up to keep an eye on your competitors, too.

for their brand. Improving traffic and growing lists was the second major benefit listed, followed by building new partnerships. The number-one benefit of social media marketing was gaining those all-important eyeballs; an unexpected benefit was a rise in search engine rankings reported by more than half the participants in the study.

Engaging Online Tools

There are hundreds of engagement tools on the internet that can help you not only start and conduct conversations with your brand's audience but also monitor and deepen them. One of the most powerful is blogging. Blogging is derived from the word "web log," and it's a type of website that's usually maintained by an individual who regularly enters commentary, descriptions of events, or other material, such as graphics or video.

Websites can become static and dated, in addition to not being interactive, which means you're not engaging or talking with your customers or clients. Putting a blog on your website allows you to engage in a two-way conversation with your market. To start the conversation, you can post valuable tips, content, discussions, resources, thoughts and reviews on your blog.

Blogging, which dates to the early '90s, gained popularity in the beginning of 2000 and today is one of the most powerful interactive tools on the net. Whether you already have a blog or you need to set one up, there's one thing you need to do . . . become active on it. The key to building readers and followers for your blog is to be active and post valuable and compelling information on a regular basis. Serious bloggers post and market their blogs on social sites daily. Although this

is a powerful and effective way to build readers and followers, daily posting isn't necessary to grow your blog. All you need to do is allocate posting time that fits within your marketing schedule—and stick to it. Consistency is key when you launch and operate a blog. Your readers will begin to expect and look forward to your posts.

The first thing you need to do is find a blog platform. A blog platform is a site that allows you to set up, design and even host your blog. Most are free, although some offer upgrade capabilities and options.

A few top blog platforms include:

- *WordPress*: wordpress.com
- *Tumblr*: tumblr.com/
- *Blogger*: blogger.com/start
- *TypePad*: typepad.com

Video Marketing

Just as marketing has evolved, so has the internet. What started as static text-heavy sites are now evolving into interactive and informative video pages. “Videos are by far the best lead-generation tool on the net,” according to founder and CEO Mike Koenigs of TrafficGeyser.com, a website traffic generator. “Videos are often misunderstood: Most people think that they need to invest in a big production of storyboards and high-end video equipment to make quality viral videos; however, the opposite is true. The more fun, humorous and engaging they are, the more likely they will become viral.”

Sixty percent of all web traffic is video, and according to YouTube, the average video viewed on the site is 27 minutes, which is surprising when the general marketing rule has been no more than two-minute clips, or you'll lose them. Furthermore, YouTube reports that over 30 billion videos are watched in the United States every month. Another



Most blog platforms, such as wordpress.com, tumblr.com or typepad.com, are free.

Each of these blog sites has video tutorials to help you get set up and design your blog. Once your blog is ready to go, you can get better results in regard to traffic and conversation if you put it on your own website instead of hosting it on the actual blog platform.

reason why videos are so powerful in marketing is the fact that they connect with the consumer's three vital learning gateways—the auditory, visual and kinesthetic.



e-FYI

Check out TubeMogul.com. This site uploads and posts videos to the top 30 to 40 video sites, depending on what the content of your video is. Best part—it's absolutely free!

One of the quickest, most affordable ways to create a video is to use a Flipcam and record short videos for your target market. They don't have to be fancy; they just have to be fun and informative. A quick and easy way to launch a video campaign and make it viral is to do short video clips two to three minutes in length that are frequently asked and answered questions from your customers. The complete video marketing formula can be found on TrafficGeyser's blog at trafficgeyser.com/blog.

It's called "The 10x10x4 Market Domination Formula."

Overview of Social Bookmarking Sites

Traffic from social bookmarking sites can give your site a huge boost in traffic, delivering thousands of visitors in just a few hours. While the initial effects can be temporary, if you give people a reason to come back to your website, you'll certainly notice a positive cumulative effect. We'll cover how to do this in the "Content Marketing Online" starting on page 624.

What is social bookmarking, how does it work, how can you get people to bookmark you and what can you expect? A social bookmarking service is a website that allows members to add page links as bookmarks, categorize those links, and provide added commentary. These bookmarks are then made available to the other community members, who are also generally allowed to make their own comments on the bookmarked page.

The service that kicked off the social bookmarking craze in 2003 was Del.icio.us. Since that time, hundreds of other social bookmarking services have been launched, with the most popular being Google Bookmarks, Digg, Reddit and StumbleUpon. All these services have the

ability to deliver hundreds or thousands of targeted visitors to your site within a very short time; sometimes within hours of your page having been bookmarked if the wider community finds the entry of interest.

Make it easy for site visitors to bookmark you by using a service called AddThis, which offers a free one-step click-and-add button for bookmarking sites. Site visitors simply click on the “Bookmark” icon on your site, and choose which of their social networks to post your content to, from Twitter and Facebook to LinkedIn and StumbleUpon.

AddThis keeps the list of bookmarking options current; plus, the service provides you with stats, such as tracking how your users are sharing your content. When you install AddThis, you’ll begin to receive analytics once your visitors start sharing your content. After you begin to receive analytics information, you can use filters to refine your data by domain, time period and other options. AddThis offers several different analytics reports to help you understand how visitors are sharing your content. These reports include information about popular content, services usage (such as Facebook, Twitter, etc.), and geographic summaries. Your analytics data can even be integrated into your Google Analytics reports.

Another must-have on your site is ShareThis, a little, green button found at ShareThis.com. This is another icon that makes it easy to share ideas, articles and content online. It’s a great tool to increase traffic and engagement, and with one click of this green button visitors can share your content with all their online networks.

Ning Communities

Ning, which means peace in Chinese, is an online platform for people to create their own social networks. Ning allows for deep social experiences around brands and topics. According to Tech Crunch, a weblog dedicated to obsessively profiling and reviewing



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You can search current Ning site topics in their directory at jensocial.com. A great example of a Ning site specific to social media is InSocialMedia.com.

new internet products and companies, there are 41 million registered users on Ning, and 92 million people a month worldwide visit Ning sites. Anyone can easily create a Ning social network, and most Ning platforms are free; however, upgrade options are available.

Content Marketing Online

Article marketing is a type of content marketing in which businesses write short articles related to their respective industries. These articles are made available for distribution and publication in the marketplace. Each article contains a bio box and byline that includes references and contact information for the author's business. Well-written content articles released for free distribution have the potential of increasing the business's credibility within its market as well as attracting new clients.

If writing is not your forte and you're worried about creating powerful articles or content, there are hundreds of sites that offer writing services, such as WritersForHire.com, where you can set a budget for a project and post the job for hire. Another great resource for writers is right in your hometown at the local university or college. Interns are starving for more experience and would jump at the opportunity to write articles for credit. You can post writing jobs in the college career center, or call on the intern division in the marketing department.

Before you submit your articles online, make sure you read submission guidelines to ensure timely approval and posting. There are hundreds of article marketing sites on the net. Here are a few top sites:

- businessknowhow.com. If your content can help businesses grow, then this is a great site to submit articles and tips to. Business Know-How is known for providing practical information, tools and resources for starting, growing and managing small and homebased businesses. The Business Know-How website reaches about 3 million individuals each year.
- Ezinearticles.com. This is a matching service that brings real-world experts and ezine publishers together. Experts, authors and writers are able to post their articles on this member site.

The site's searchable database of hundreds of thousands of quality original articles allows e-mail newsletter publishers that need fresh content to find articles that they can use for inclusion in their next newsletter or blog post.

- *Goarticles.com*. With a membership exceeding 135,000 authors, this article search engine and directory boasts more than 1 million indexed articles. The site receives more than 10,000 article submissions weekly. Their goal is to provide authors, publishers and visitors with the best and largest free content article database on the web.
- *articlealley.com*. This free article directory was started to help authors promote and syndicate their content. This site allows authors and promoters to get their articles out with the potential of being read by millions. They now have a loyal author base of more than 90,000 active authors and more than half a million pages of content.

**TIP**

Post articles to chosen sites and link back to blog/client or campaign site. Make sure to include tags and keywords relevant to your content topic when posting.

Once you've posted your content on the article publishing sites, you'll want to track their success. If you posted your content on EzineArticles.com, you can get a fairly good idea how many people are republishing your articles in newsletters or other nonwebsite sources. On each article, there's a quick-publish button that spits out an HTML-formatted version of the article, allowing publishers to copy and paste the content into a website or e-mail. Authors are provided with statistics on how many times the button is clicked as well as how many times the article has been viewed, forwarded by e-mail and a few other neat statistics. Total views (page views) are also included in the statistic. Top authors report figures in the hundreds of thousands; however, they're publishing over 100 articles per month. You get back multiples of what you put in, and depending on keywords, titles and subject matter you can expect varying results.

WORDS HEARD ROUND THE WORLD

Here are a few quick tips on how to take an article and make it viral on the net:

- *Post on discussion boards and forums.* Post snippets of your article or the article title in forums and on discussion boards that are related to your target market or topic focus. Don't forget to include your full name and website or blog URL where the article is located.
- *Compile articles into an e-book.* Compile the articles into an e-book. For example, if you own a gym and want to get more people in to work out, offer an e-book on the top ten ways to motivate yourself to get to the gym. Take these e-books and distribute them either through your website, to your e-mail list or via safelists. Give your readers the right to distribute them as well. This is viral marketing at work. If your e-book is for sale, offer to share revenue if readers distribute it to their list and sell it. This is called an affiliate marketing program.
- *Write a variety of articles.* The trick to reaching a massive amount of people is to create a variety of articles. For example, if you want to promote your public relations service, you could post content on how to write an article, how to come up with attractive article titles, what's the right format and ideal word count, how and where to distribute the articles, how to submit to hundreds of article directories within the shortest time, etc.
- *Add a disclosure in each article at the end or bottom of the article.* Your disclosure statement should say something like this: "This article may be freely reprinted or distributed in its entirety in any ezine, newsletter, blog or website. The author's name, bio and website links must remain intact and be included with every reproduction."

Another great analytics tool you can use to track where visitors are coming from, what article pages they visit on your site, and how long they stay is Google Analytics. It's a free service and fairly simple to set up. Go to google.com/analytics to set up an account. The analytics site offers a complete tutorial; however, if you're still unsure how to use it, you can ask a web programmer to set it up for you in a matter of minutes.

Social Marketing Automation

With all the social site tools available, often the best way to be effective with your social marketing is to automate the process. First, you need to decide whether automation is right for you and, if so, which automation you should set up. Automation can be key in turning your contacts into profits because you can post less, but at the same time, you get more exposure. Social automation, however, can be considered spamming, so be careful with how you set it up.

How does social network automation work? There are tools like ping.fm where you can automate your social networking sites or tube mogul.com to automate your video posting. These sites can submit a link or post to not just one or two sites but, in some cases, up to 60. Sometimes, though, the link posted isn't relevant for the site it goes out to. In other words, the links aren't even relevant for the members of the network, and sometimes they're not properly tagged or categorized. This eventually leads to negative votes on the article or post submitted, so make sure you set up your automation properly.

There are many automation capabilities and options available. Here are some automation suggestions to get you started:

- *Twitter to Facebook.* Every time you post on Twitter, it will automatically post to your personal Facebook newsfeed.
- *Facebook Fan Page to Twitter.* Every time you post to your Facebook fan page, it can post to Twitter, which will, in turn, post to your personal Facebook newsfeed.
- *Link your blog to Facebook.* Click on the NetworkedBlogs application in Facebook (apps.facebook.com/blognetworks), and add

your blog information as prompted. There's a verification process that Facebook will walk you through to make sure you're the author of the blog.

- *Link your blog to LinkedIn.* Go to Applications and click on WordPress if you have a WordPress blog, or go to Applications then Blog Link if you have a TypePad blog. LinkedIn will walk you through the process step by step.
- *Link your blog to Twitter.* Twitterfeed (twitterfeed.com) is a handy, free website and application that will “feed your blog to Twitter.” Go to Twitterfeed, sign up for an account, verify and log in, then click “Create New Feed” button, and add your blog. It might take a couple of hours to start working. Once going, it's fairly reliable unless Twitter goes down or has API issues. Check the stream once a week.

One of the best ways to automate your blog so it posts to the social sites you're active on is to set up widgets and add plugins. You can do this for sites like Twitter, Facebook, LinkedIn, YouTube, Squidoo, Delicious, Digg and many more. The way a widget works is every time you post on one social site it will go out to your blog as an update. First, you need to make sure your blog allows widgets. Some blogs won't allow widgets unless you host the blog on your own site. Once you determine whether you can add these widgets, log in to each of the sites you want to add a widget to and go to the search box, type in widget, and that will take you to the most current directions on how to upload or generate the HTML code needed to post widgets to your blog.

Plugins are applications that can enhance the capabilities of your blog, such as the All in One SEO plugins available on WordPress, which helps you optimize your blog for search engines, or the WPtouch iPhone Theme on WordPress that transforms your WordPress blog into an iPhone application-style theme. There are thousands of plugins available, and they're usually found on your blog platform under plugging.

CAN YOU RELATE?

Social Media Networking

The days of in-person networking are quickly being overtaken by connecting on the internet. In the past five years, connecting on social networking sites has rocketed from a niche activity into a phenomenon that engages tens of millions of internet users.

According to Nielsen Online, a global research company, “member communities” are now visited by more than two-thirds (67 percent) of the global online population, which includes both social networks and blogs. It has become the fourth most popular online category—ahead of personal e-mail—and it’s growing twice as fast as any of the other four largest sectors (search, portals, PC software and e-mail).

Throughout this social movement, this new approach to networking has continued to be overlooked as a marketing vehicle for business owners. Now, instead of connecting at an in-person event, you can



e-FYI

Check out Meetup.com, an online networking site that facilitates offline networking. Members can create and join groups of people with similar interests who live in their area, and they can easily organize real-life meetings. It's a great way to meet potential business partners and clients. Cost to participate in monthly meetup events: free to \$19 per month.

reach hundreds, even thousands, of potential customers online. Social networking can help you reach new markets and enhance your customer service.

High-Level Networking

In today's networking space, you need to be efficient with your time and even more effective in regard to whom you choose to connect with. It's important to know how to choose whom to connect with online. There are two different types of networkers online—the posters and the seekers. Your business is a poster, which means you actively post valuable information, resources, tips and offers. The seekers are your customers—they're actively seeking your products and or services. You'll find seekers in

discussion areas, forums, groups and engaging on fan pages.

When searching for quality contacts to network with online, start with connection sites, such as LinkedIn or Xing, and look for high-level networkers (HLN). You'll know an HLN when you see one; they're active online, have at least 500 connections, and have powerful profiles, which means that their profiles are set up completely. Make sure these contacts have at least one of the three criteria before you connect with them online. Some examples of HLNs would be decision makers, executives, the media and the movers and shakers in your industry. Don't let the fact that you don't yet know the person hold you back from sending an invite to connect. Simply be transparent, and let them know why you'd like to connect with them online. Whether you're offering your help, sending them a resource, or introducing them to one of your connections, make sure that you make it about how you can help them and not how they can help you.

Target Market Connections

Target market connections (TMC) are a group of consumers at which your company aims its products and services. They're found by using keywords in the search section on social sites as well as in groups and discussion areas in your area of interest or focus. TMCs are mostly seekers that chat and seek out information by posting questions online. In the most basic terms, they're seeking you. The key is to join in the groups and discussions where your target market is talking and engage with them. You can also send them an invite to connect and let them know that you sent them the invite because you have similar interests and you're looking to expand your professional network.

Another way to find your target market online is to investigate competitors' marketing methods. See where another business that offers the same or similar products and services advertises their links and posts on social sites. Be sure each location makes sense and has a large contingent of people in your targeted market. Searching in your field will often turn up places where your audience goes when they're looking for something in your industry.

The top three social sites to get started with or choose from are LinkedIn, Facebook and Twitter. These sites are massive online communities filled with potential high-level networkers and target market connections. To get started, set up your profile and navigate to get familiar with the sites' offerings. To stay informed on any social site changes or updates, be sure to bookmark mashable.com, the leading source for all social networking news and updates.



e-FYI

If someone is looking for house cleaning services in Orlando, Florida, you should know what he or she is likely to type into the search engine. You can find out this information by researching how people search. Good Keywords (goodkey words.com) offers some great keyword-related software for brainstorming, researching, analyzing and managing keywords. Free trials are available.

Groups and Discussions

Even the most unsociable entrepreneur can interact on message boards and blogs. Groups and discussion areas on social sites are all over the internet from LinkedIn and Xing to Twitter and Facebook. Most social networking sites have community areas for people who have similar interests to gather and connect. It's important to find a dozen or so of these groups and discussion areas and not only join and monitor them but engage in the conversations as well.

Blogs are another type of discussion forum on the internet. A blog isn't just a type of website; it's quickly becoming a place to interact with your target market. Technorati (technorati.com), a site focused on

helping people find great blogs and content specific to their industry or topic, was recently ranked as the fifth largest social media site by comScore, an internet market research company. Technorati manages a list of the top 100 blogs, which is a great place to find the world's most popular blogs on subjects you're interested in. Not only can you find connections and blogs on this site, but you can also list your own blog so that people can search and find you.

Blogs are a great way to find HLNs to connect with online as well as partner with.

For example, if you're a restaurant, you could connect with food and review writers, vendors that are blogging or food enthusiasts and share their posts and content on your site or blog. This not only builds relationships but can expose you to their markets, followers and fans.

Fan Pages

With any social media platform, you need to be creative and find ways to provide value and engage your target market. One of the best ways to accomplish this and position yourself as an industry leader is to build

and launch a Facebook fan page. If you're an entrepreneur, you can't afford to ignore this powerful tool. Fans are enthusiastic, and if they like what they see and read, they'll connect with you, become loyal supporters, and tell their friends. This is how word-of-mouth will grow.

It's very simple to set up a fan page on Facebook—just a few clicks and you're ready to go. You can either create a fan page from your homepage on the Facebook site or there are tutorials available in the help section on the site. Once you get your fan page up and running, pay attention to your analytics, or what Facebook calls "Insights." You can view specific demographic information, such as where your fans are from, their gender and their age. Monitor who's becoming your fan, how they're interacting, and how often they're posting. This will help you figure out who and where else you should be targeting online.

To enhance the look and brand image of your fan page, use a vertical image that covers most of the left sidebar. You can also set your fan page to have a vanity URL, which is a personalized web name. There might be a minimum fan requirement before you can do this. This will take your fan page URL from facebook.com/#/pages/brandnamehere/180746308742 to facebook.com/brandnamehere.

One of the main differences between a Facebook profile and a fan page is you can send bulk messages to all your fans. You can also "Suggest to Friends" that they join you on your fan page. Obviously, this is a feature you need to use wisely, and be careful not to annoy your audience. But it's a great way to connect with your target market, especially since these are connections that have opted-in to become a part of your community. They want to hear from you and talk with you.

After you have your fan page published live, you can use the little ads you see in the margins on your profile page to increase



WARNING

Be aware of "trolling" (aka trolls) on the net: A troll is someone who posts inflammatory or off-topic messages in an online community, such as a discussion forum, in a group or blog, with the primary intent of provoking other users into an emotional response or of otherwise disrupting normal on-topic discussion.

FAN PAGE WORKOUT

Social media news site mashable.com suggests the following tips to enhance and build out your fan page:

- *Twitter integration.* Link your fan page to Twitter so every time you post, it will automatically be posted to your Twitter account as well. (For more on automating your content, see Chapter 35.)
- *Fan page blog widget.* Add a fan page widget to your blog to help drive blog traffic and connections to your fan page. Facebook provides you with the necessary code. (For more details on widgets, see Chapter 35.)
- *Blog promotion.* Take your blog to the next level, and add your blog to the tabs section on your fan page. Blogging networks, such as NetworkedBlogs (networkedbogs.com) or Blogged (blogged.com), allow you to integrate a feed and give your fans a little taste of your blog. At the same time, your blog is now part of a network and that can translate into some additional traffic and followers.
- *FBML page.* This one requires some coding skills and installation of the FBML application to be able to integrate it, but it's a great way to turn new visitors into fans. First-time visitors usually land on what is called the Wall on your fan page. Since your Wall only includes your recent posts, the first-time visitor doesn't learn much of what you're about. However, by integrating FBML, you can design a more

your fan base, mostly to kick it off at the beginning. Facebook advertising is very affordable, you can set up campaigns of any size and on any budget, and they're highly targeted. People usually assume that advertising is expensive, but don't let that scare you. Give it a try.

FAN PAGE WORKOUT, CONTINUED

informational fan landing page by adding custom tabs at the top or sidebar graphics and banners. You can also link these to your website or blog. If you don't have design and coding skills, consider hiring somebody to do it for you; it adds a lot of value to your fan page.

- *Facebook apps.* There are many great applications that you can integrate into your page to help promote audience interaction. Some of them, like the video app, are already a default on your page. Be sure to browse through them, and you'll most likely find something great for your industry or business. Don't be afraid to test different ones; you can always remove them. Another great application to add is Linqto, which is a video meeting place where you can use your webcam to meet up and connect with your market via Facebook.

Media Connections on Social Sites

The media is an effective conduit for delivering your messages and story to the people you want to reach and can be vital to gaining word-of-mouth online and off. A majority of journalists have switched to social sites because they don't have the time to read lengthy e-mail pitches and press releases. With the help of social networking sites, you can search for media contacts on sites such as LinkedIn and reach out to them directly. You can also pitch journalists on blogs and Twitter, and get up-to-date information about a media outlet and what it's looking for.

Start by identifying the media outlets you want to target, and visit the website for each one to research it thoroughly. Keep your list brief so follow-up is manageable. Once you've built your list, search for key contacts at those outlets on LinkedIn. LinkedIn is a great resource for

"A terrible thing happens without publicity . . . nothing!"

—PT BARNUM

**TIP**

The number of PR and marketing people on Twitter is astounding. Use their collective wisdom and networks to create buzz and support for you and/or an event.

finding professional journalists and segment producers. With LinkedIn's new search features, you can dive deeper into user data to find contacts that fit your criteria. For example, you can create a search to find contacts with "reporter" as their professional title within a 50-mile radius of your ZIP code. You can easily narrow each search by limiting other fields or adding a keyword, such as "business" or "features." LinkedIn also lets

you save a certain amount of searches so you can be alerted to new contacts that join LinkedIn matching your criteria.

MEDIA MATTERS

To find media outlets in your industry or topic area, check out the following sites:

- *ipl2* (ipl.org/div/news/) is a merger of the Internet Public Library and the Librarians' Internet Index. It includes a list of popular magazines and newspapers organized by their respective subject area or geographic focus. Each listing includes a brief description of the outlet's coverage area, along with a link to the website.
- *Yahoo! News and Media Directory* (dir.yahoo.com/News_and_Media). You can search news and media by format (newspaper, magazine, blog etc.) or by subject. This site also lists how many outlets are available under each category.
- *HARO* (Help a Reporter Out) at helpareporter.com is a free service that connects journalists with expert sources. Each e-mail (there are three a day) includes reporter queries you can respond to (provided you have a relevant pitch or expert to offer).

Key media contact titles include:

- Editor
- Segment producer
- Journalist
- Assignment desk editor

Center of Influence List

One of the fastest ways to build referrals and relationships online through social networking is by reconnecting with past friends and family members or simply by reaching out to the top people in your center of influence that respect and admire you. This could be friends from grammar or high school, college, past co-workers, family members, bestselling authors, media contacts, etc.

eMarketer.com, a digital marketing and media researcher, reports that more than half (53 percent) of internet users have visited websites referred by friends or family members in the previous 30 days. People trust people that they already know, and your friends and family will most likely recommend you if the situation is right. Referrals have always been an extremely powerful way of gaining customers. With the web, trust levels can be very low for new visitors. In this environment, a referral from a trusted source can make all the difference in converting a contact into a customer.

Develop that trusting relationship with people who are well positioned to help you. You must earn their referrals. When you do, your marketing will become supercharged with what's clearly the best form of advertising—positive word-of-mouth.



Twitter is a great site to meet media contacts from around the world. Once you build a following, try to attend a local tweetup. A tweetup is an event where people who use Twitter come together to meet in person; they're great for walking away with a lot of contacts and leads. At a tweetup, you meet the people you might only otherwise know virtually, plus the media often attends.

Facebook is one of the best sites to connect with friends and family as well as past co-workers and your online center of influence. Once you've determined who these contacts are and connect with them online, you need to not only reach out to them but keep in touch with them. Have you ever had someone you know buy what you sell from a competitor because they just didn't know you sold it? That means that you're not at the top of their mind.

FORGET ME NOT

It is vital that you create a powerful "stay connected" plan to keep your brand at top of mind with your contacts. Set aside half a day to reach out to your connections at least once every three months by using one of the following approaches:

- Send them an e-mail once a month to announce something new in your business and simply to touch base.
- Phone (or Skype) them to say hello. Ask them how they are first, and keep notes so you have a point of contact for the next call. You can close with an event or big announcement about your company, product or service.
- A personal note works very well for developing this type of relationship. Notes take time, which shows that you value this relationship. SendOutCards.com is a great site that can help you automate card sending—and we're talking real printed cards, not e-cards.
- Don't tell them, show them how important they are. If this relationship doesn't include reciprocity, it will degenerate into a "what's in it for me" situation that won't stand the test of time. Send them thank you gifts or online gift cards (a small amount will do just fine) to let them know you're grateful for them and any referrals that they've sent your way.

part 8

PROFIT

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KEEPING SCORE

The Basics of Bookkeeping

By J. Tol Broome Jr.
a freelance business writer and banker with 28 years of
experience in commercial lending

So you say you would rather wrestle an alligator with one hand tied behind your back than get bogged down in numbers? Well, you aren't alone. Many small-business owners would rather focus on making and selling their products than on keeping their books and records in order. However, bookkeeping is just as important as production and marketing. Many a great business idea has failed due to a poor bookkeeping system.

Simply put, a business's bookkeeping system tracks the money coming in vs. the money going out. And, ultimately, you won't be able to keep your doors open if you have more dollars going out than coming in.

Aside from every business owner's inherent desire to stay in business, there are two other key reasons to set up a good bookkeeping system:

1. It is legally required.

2. Bookkeeping records are an excellent business management tool.

Of course, staying out of jail is a good thing. And a good basic accounting system will provide useful financial information that will enable you to run your business proactively rather than reactively when it comes to important financial decisions.

The Bookkeeping Advantage

As a new business owner, you are in an enviable position in setting up a bookkeeping system for your venture. You are not bound to the “we’ve always done it that way” mentality that bogs down many businesses. For your new endeavor, you have the advantage of being able to develop the bookkeeping system that is most compatible with your business type as well as your financial management skills.

While many businesses still operate using a manual (checkbook and receipts) bookkeeping system, it is not a good idea for a new business to use this type of system. It is far more efficient to go with an automated system, and there are now many bookkeeping software packages on the market that won’t break your wallet.

For a financially complex business such as a manufacturing concern, you can buy industry-specific software, but there also are many generic programs available that would suffice for most new businesses (see “It All Adds Up” on page 656).

A good accounting system meets three criteria. First, it is accurate; the numbers must be right. Automation will help ensure accuracy, but it won’t guarantee it. Bookkeeping numbers should be checked and rechecked to maintain accuracy.



TIP

“The check is in the mail.” Or so they say—but is it really? If you switch to electronic billing and payment, you’ll always know for sure. Another advantage is a reduction in errors. If you want to start e-billing, you’ll need software and some training. Or you can find a service provider for a one-time setup fee and per-transaction charges.

Second, a good accounting system is relevant. The system provides information that is required and needed. The law requires that certain pieces of financial information be tracked for tax-reporting purposes. Obviously, these items (which compose a basic income statement and balance sheet) must be measured and tracked. However, it's equally important to include information that you'll need to run your business successfully.

Third, a good accounting system is user-friendly. It should not require a CPA to operate and interpret. Most of the Windows-based bookkeeping software packages are pretty user-friendly. They include tutorials and help screens that walk you through the programs. Find one with which you are comfortable, even if it doesn't have some of the bells and whistles of more complicated programs.



e-FYI

The website of the American Institute of Certified Public Accountants (aicpa.org) provides links to news updates, legislative activities, state CPA societies and a "financial literacy" tutorial.

Basic Accounting Principles

Most businesses typically use one of two basic accounting methods in their bookkeeping systems: cash basis or accrual basis. While most businesses use the accrual basis, the most appropriate method for your company depends on your sales volume, whether or not you sell on credit, and your business structure.

The cash method is the most simple in that the books are kept based on the actual flow of cash in and out of the business. Income is recorded when it is received, and expenses are reported when they are actually paid. The cash method is used by many sole proprietors and businesses with no inventory. From a tax standpoint, it is sometimes advantageous for a new business to use the cash method of accounting. That way, recording income can be put off until the next tax year, while expenses are counted right away.

With the accrual method, income and expenses are recorded as they occur, regardless of whether or not cash has actually changed

hands. An excellent example is a sale on credit. The sale is entered into the books when the invoice is generated rather than when the cash is collected. Likewise, an expense occurs when materials are ordered or when a workday has been logged in by an employee, not when the check is actually written. The downside of this method is that you pay income taxes on revenue before you've actually received it.

Should you use the cash or accrual method in your business? The accrual method is required if your business's annual sales exceed \$5 million and your venture is structured as a C corporation. In addition, businesses with inventory must also use the accrual method. It also is highly recommended for any business that sells on credit, as it more accurately matches income and expenses during a given time period.

The cash method may be appropriate for a small, cash-based business or a small service company. You should consult your accountant when deciding on an accounting method.

MAKE NO MISTAKE

When setting up your bookkeeping system, keep the following four points in mind:

1. *Competency.* To run a small business effectively, you must become familiar with your bookkeeping system as well as the financial reports it will generate. Even if you hire an internal bookkeeper on Day One, it is critical that you understand the numbers. Don't make the mistake of focusing all your efforts on marketing and production/operations while leaving the financial job in someone else's hands. Successful entrepreneurs are proficient in all aspects of their ventures, including the numbers. Most community colleges offer basic accounting and finance courses. If numbers aren't your thing, sign up for a class. It will be well worth the time investment.

MAKE NO MISTAKE, CONTINUED

2. *Computerization.* Don't let your lack of computer skills keep you from automating your bookkeeping system. If you aren't computer-literate, community colleges also offer a host of classes that provide training both in general computer use as well as specific software programs (such as Microsoft Office or Lotus).
You have to think long term here. Just because a manual system might suffice in the early stages of your operation doesn't mean that you should ignore automation. Think about what will be needed three to five years down the road. Converting from a manual to an automated system is no fun—you can avoid this costly time drain by going automated upfront.
3. *Consistency.* When deciding on a computer software package for your bookkeeping system, don't just consider the price. The important issues to consider when buying bookkeeping software are: a) the track record of the software manufacturer, b) the track record of the software system itself (even Microsoft releases flop every now and then), and c) the amount of technical assistance provided by the manufacturer.
4. *Compatibility.* Before you make a final bookkeeping software decision, check to see if the system is compatible with the other software you plan to use in your venture. Imagine the frustration you would experience if the spreadsheets you create in Microsoft Excel, say, for payroll tracking couldn't be exported into your bookkeeping system.

Accounting System Components

Every accounting system has key components. Even if you decide to farm out all your bookkeeping work, you should still understand the basic elements of an accounting system. While some may vary depending on the type of business, these components typically consist of the

chart of accounts, general ledger, accounts receivable, inventory, fixed assets, accounts payable and payroll.

Chart of Accounts

The first step in setting up an accounting system for your new business is deciding what you want to track. A chart of accounts is kept by every

business to record and follow specific entries. With a software program, you can customize the chart of accounts to your business. Account numbers are used as an easy account identification system. For most businesses, a three-number system will suffice; however, a four-number system is sometimes used for more complex ventures.

The chart of accounts is the fuel for your accounting system. After the chart of accounts, you establish a general ledger system, which is the engine that actually runs your business's accounting system on a daily basis.



The chart of accounts is the foundation on which you will build your accounting system. Take care to set up your chart of accounts right the first time. Keep your account descriptions as concise as possible. And leave room in your numbering system to add accounts in the future.

General Ledger

Every account that is on your chart of accounts will be included in your general ledger, which should be set up in the same order as the chart of accounts. While the general ledger does not include every single accounting entry in a given period, it does reflect a summary of all transactions made.

If your new business will be a small, cash-based business, you can set up much of your general ledger out of your checkbook. The checkbook includes several pieces of information vital to the general ledger—cumulative cash balance, date of the entry, amount of the entry and purpose of the entry. However, if you plan to sell and buy on account, as most businesses do, a checkbook alone will not suffice as a log for general ledger

transactions. And even for a cash-based business, a checkbook cannot be your sole source for establishing a balance sheet.

An important component of any general ledger is source documents. Two examples of source documents are copies of invoices to customers and invoices from suppliers. Source documents are critical in that they provide an audit trail in case you or someone else has to go back and study financial transactions made in your business.

For instance, a customer might claim that he never received an invoice from you. Your source document will prove otherwise. And your source documents are a required component for your accountant at tax time. Other examples of source documents include canceled checks, utility bills, payroll tax records and loan statements.

All general ledger entries are double entries. And that makes sense. For every financial transaction in your business, the money (or commitment to pay) goes from one place to another. For instance, when you write your payroll checks, the money flows out of your payroll account (cash) into the hands of your employees (an expense). When you sell goods on account, you record a sale (income) but must have a journal entry to make sure you collect that account later (an account receivable). The system used in recording entries on a general ledger is called a system of debits and credits. In fact, if you can gain even a basic understanding of debits and credits, you will be well on your way to understanding your entire accounting system.

As outlined above, for every debit, there should be an equal and offsetting credit. It is when the debits and credits are not equal or do not offset each other that your books don't balance. A key advantage of any automated bookkeeping system is that it will police your debit and credit entries as they are made, making it far more difficult not to balance. It won't take many 3 A.M. error-finding sessions in a manual system to persuade you to automate your bookkeeping system!



e-FYI

Want portability and less hassle for your business accounting? Try NetSuite.com, where you can do your books online via a secure server.

All debits and credits either increase or decrease an account balance. These basic relationships are summarized in the chart below:

Account Type	Debit	Credit
Asset	Increases	Decreases
Liability	Decreases	Increases
Stockholder's Equity	Decreases	Increases
Income	Decreases	Increases
Expense	Increases	Decreases

In a general ledger, debits always go on the left and credits always go on the right. (For examples of general ledger debit-and-credit entries, see the chart on page 649).

While many double entries are made directly to the general ledger, you'll find it's necessary to maintain subledgers for a number of accounts in which there is regular activity. The information is then taken in a summary format from the subledgers and transferred to the general ledger. Subledgers showing cash receipts and cash disbursements are pretty easy to follow. However, some subledgers, such as accounts receivable, inventory, fixed assets, accounts payable and payroll can prove to be a challenge in their daily maintenance.

GENERAL LEDGER ENTRIES

While the bookkeeping process for your business can be rather intricate, single debit and credit entries are really quite basic. Remember that for every entry, there is an equal and offsetting co-entry. Also keep in mind that the different types of accounts have both debits and credits depending on whether the account is increased or decreased (see the chart above). Here are five examples of equal and offsetting general ledger entries for a sock manufacturing business:

GENERAL LEDGER ENTRIES, CONTINUED

1. Purchasing a delivery truck	Debit	Credit
Cash (Asset)		\$20,000
Fixed Asset (Asset)	\$20,000	
2. Purchasing yarn on account to make the socks		
Accounts Payable (Liability)	\$25,000	
Inventory (Asset)		\$25,000
3. Selling a sock order to a customer on account		
Accounts Receivable (Asset)	\$10,000	
Sales (Income)		\$10,000
4. Collecting the account receivable from the same customer		
Accounts Receivable (Asset)		\$10,000
Cash (Asset)	\$10,000	
5. Funding payroll at the end of the month		
Payroll Expense (Expense)	\$20,000	
Cash (Asset)		\$20,000

Accounts Receivable

If you plan to sell goods or services on account in your business, you will need a method of tracking who owes you how much and when it

**AHA!**

If you'll be selling on credit, your accounts receivable system will be vital. Here are five key components of a good accounts receivable system: 1. *Verify accounts receivable balances.* Use source documents such as invoices to keep balances accurate. 2. *Send accurate and timely invoices.* 3. *Generate accounts receivable reports.* Determine which customers are past due and track credit limits. 4. *Post paid invoices to track who pays you when.* 5. *Match up your customer records totals, your general ledger and subledgers.*

is due. This is where the accounts receivable subledger comes in. If you will be selling to a number of different customers, then an automated system is a must.

A good bookkeeping software system will allow you to set up subledgers for each customer. So when a sale is made on account, you can track it specifically to the customer. This is essential to ensure that billing and collection are done in a timely manner.

Inventory

Unless you are starting a service business, a good inventory-control feature will be an essential part of your bookkeeping system. If you are going to be manufacturing products, you will have to track raw materials, work-in-progress and finished goods, and separate subledgers should be established for each of these inventory categories. Even if you are a wholesaler or a retailer, you will be selling many types of inventory and will need an effective system to track each item offered for sale.

Another key reason to track inventory very closely is the direct relationship to cost of goods sold. Since nearly all businesses that stock inventory are required to use the accrual method for accounting, good inventory records are a must for accurately tracking the material cost associated with each item sold.

From a management standpoint, tracking inventory is also important. An effective and up-to-date inventory-control system will provide you with the following critical information:

- Which items sell well and which items are slow-moving
- When to order more raw materials or other items
- Where the inventory is stored when it comes time to ship
- Number of days in the production process for each item
- The typical order of key customers
- Minimum inventory level needed to meet daily orders

(For more information on inventory-control systems, see Chapter 19.)

Fixed Assets

Fixed assets are items that are for long-term use, generally five years or more. They're not bought and sold in the normal course of business operation. Fixed assets include vehicles, land, buildings, leasehold improvements, machinery and equipment.

In an accrual system of accounting, fixed assets aren't fully expensed when they are purchased but rather they are expensed over a period of time that coincides with the useful life (the amount of time the asset is expected to last) of the item. This process is known as depreciation. Most businesses that own fixed assets keep subledgers for each asset category as well as for each depreciation schedule.

In most cases, depreciation is easy to compute. The cost of the asset is divided by its useful life. For instance, a \$60,000 piece of equipment with a five-year useful life would be depreciated at a rate of \$12,000 per year. This is known as straight-line depreciation.

There are other more complicated methods of fixed-asset depreciation that allow for accelerated depreciation on the front end, which is advantageous from a tax standpoint. You should seek the advice of your CPA before setting up depreciation schedules for fixed-asset purchases.



SAVE

For more information on setting up your bookkeeping system, you can download *Starting a Business and Keeping Records* (Publication 583) for free from the IRS website at irs.gov.

Accounts Payable

The accounts payable subledger is similar to that used to track accounts receivable. The difference is, accounts payable occur when you purchase inventory or other assets on credit from a supplier rather than tracking a specific sale to a customer.

It is important to track accounts payable in a timely manner to ensure that you know how much you owe each supplier and when payment is due. Many a good supplier relationship has been damaged due to a sloppy accounts payable system. Also, if your suppliers offer discounts for payment within ten days of invoice, a good automated accounts payable system will alert you when to pay to maximize the discounts earned.

Payroll

Payroll accounting can be quite a challenge for the new business owner. There are many federal and state laws regulating what you have to track related to payroll (see Chapter 41). Failure to do so could result in heavy fines—or worse.



WARNING

All businesses are subject to laws governing the payment of federal and state withholding taxes. Here are three rules that must never be violated in your business:

1. Make sure you have current withholding tax tables.
2. Always make your payroll deposits on time.
3. Stay up-to-date and accurate with payroll record-keeping reporting requirements.

Many business owners use outside payroll services. These companies guarantee compliance with all the applicable laws. This keeps the business owner out of trouble with the law and saves time that can be devoted to something else in the business. If you choose to do your own payroll, it's recommended that you purchase an automated payroll system. Even if the rest of your books are done manually, an automated payroll system will save you time and help considerably with compliance. There's not a lot of margin for error when you're dealing with the federal government!

Cost Accounting

Cost accounting is the process of allocating all costs associated with generating a sale, both direct and indirect. Direct costs include materials, direct labor (the total wages paid to the workers who made the product), foreman/plant manager salaries and freight. Indirect costs include all other costs associated with keeping your doors open.

As profit margins have shrunk in many businesses, particularly manufacturing ventures, cost accounting has become an increasingly valuable tool. By knowing the total costs associated with the production of a product, you can determine which inventory items are the most profitable to make. This will enable you to focus your sales efforts on those inventory items rather than on products that offer little or no bottom-line enhancement.

To set up an effective cost accounting system, you should seek input from your CPA. Cost accounting can get fairly complicated, and the money you might spend for a CPA will be more than made up for in the expertise he or she will provide in customizing a cost accounting system for your business.

Under Control

Do you know any business owners who have suffered significant losses due to employee theft or embezzlement? They probably did not have an effective internal-control system in place. Many successful ventures have been set back or even put out of business by an unscrupulous employee or financial service provider. And it is often someone whom the business owner least suspected of wrongdoing.

When setting up a bookkeeping system, you need to focus a good deal of effort on instituting a sound system of policies and procedures governing internal control. Here are ten areas where you need internal control:

1. *You need a written policy that clearly spells out your internal-control system.* Make sure all employees read this policy. Having a policy

not only spells out the procedures to be followed, but it also lets your employees know you are serious about internal controls.

2. *On a regular basis, review the internal-control policy to ensure it is up-to-date.* When changes are made, hold meetings with employees to discuss the changes and to maintain a focus on this vital area.
3. *Make sure all employees take at least one week of vacation each year.* This is often the time during which embezzlement is discovered.
4. *Cross-train others in the company to handle bookkeeping.* If the person who is stealing from you is sick or on vacation, you'll have a hard time catching him if you let the work go unprocessed until his or her return.
5. *Perform background checks before hiring new employees.* This may sound obvious, but dishonest employees often are hired by unsuspecting employers who failed to check references before making the offer.
6. *Use dual control.* You're asking for trouble if you have the same person running the accounts payable system, making journal entries, printing and signing checks, and reconciling the checkbook.
7. *Have your CPA or outside bookkeeper perform unannounced spot audits.* You may be uncomfortable performing these audits yourself, but if your policy calls for periodic audits, the CPA looks like the bad guy.
8. *Be careful who you hire as an outside financial services provider.* There are countless stories of entrepreneurs being ripped off by supposedly trusted professional service providers such as accountants and attorneys. Don't relinquish total control of your cash to an outside bookkeeper. And if he or she seems reluctant to share information with you when you ask for it, this could be a sign of deceptive financial advisory practices.
9. *Back up your computer information regularly.* This is an important function for all aspects of your business. If you begin to

suspect an employee of stealing, the ability to study past transactions will be vital in finding out if your suspicions are justified.

10. *In the early stages of your business, you may be able to monitor much of the cash-control procedures yourself.* However, as your business grows, you will be forced to delegate certain internal-control functions. When you do, make sure you choose qualified, well-trained employees who have proved to be trustworthy. And make sure your policy clearly stipulates the person who is authorized to perform internal-control tasks such as processing invoices and signing checks.

Financial Statements

One of the primary benefits of a good bookkeeping system is the generation of timely and useful financial statements. Most automated software packages offer the capability of producing monthly financial statements. This information includes a balance sheet, an income statement and a cash-flow statement. These monthly reports provide invaluable information on the historical measures you need to make the financial decisions that will positively impact your business tomorrow.

Refer to the next chapter for a look at these financial statements in detail and how you can use them for effective short- and long-term financial planning.



SAVE

Following are three tips for your accounts payable system that will improve your business's cash flow: 1. *Take discounts whenever feasible.* Saving 1 or 2 percent on an order can be significant. 2. *If discounts aren't offered, don't pay early.* There's no need to drain your cash flow unnecessarily. 3. *Keep your suppliers informed.* If you do fall behind, keep the lines of communication open with your suppliers. You can ill afford to get put on c.o.d.

IT ALL ADDS UP

In the not-too-distant past, to set up an automated bookkeeping system you had to spend countless hours yourself or hire a programmer to customize an accounting system for your business. And since most new business owners did not have the time to do it themselves or the financial resources to hire a programmer, cumbersome manual systems were used, or the bookkeeping function was completely outsourced to an accountant or bookkeeping service.

Fortunately, those days are over. In today's market, new business owners will find a number of very affordable and full-featured accounting software packages from which to choose. These popular accounting packages not only allow business owners to track and manage every aspect of their companies' finances, but they also reduce accounting expenses by saving accounting firms time and effort in producing companies' year-end tax return and/or financial statements.

Here are some of the most popular "canned" accounting software packages: Intuit's QuickBooks Pro, Peachtree's Complete Accounting, and Sage's Simply Accounting. They range in price from \$50 to \$299. Regardless of which package you buy, it will be one of the most beneficial purchases you make in starting your small business.

For the Record

As you set up your bookkeeping system, you will need to establish procedures for keeping financial records. The IRS requires that you keep records on hand for certain specified periods of time. And with some financial records, it just makes good business sense to keep them so you can access them at a later date.

One key point here is to make sure these records are kept in a safe place. Whether you store them on-site or at a remote location (some business owners use self-storage units), make sure you use a fireproof cabinet or safe.

Another recommendation is to minimize paper buildup by storing as much as possible on CDs, microfilm or DVDs. Here is a list of what you need to save and for how long, as recommended by accounting firm PricewaterhouseCoopers:

Record Type	How Long?
Income tax reports, protests, court briefs, appeals	Indefinitely
Annual financial statements	Indefinitely
Monthly financial statements	3 years
Books of account, such as the general ledger	Indefinitely
Subledgers	3 years
Canceled payroll and dividend checks	6 years
Income tax payment checks	Indefinitely
Bank reconciliations, voided checks, check stubs and register tapes	6 years
Sales records such as invoices, monthly statements, remittance advisories, shipping papers, bills of lading and customers' purchase orders	6 years

For the Record, continued

Record Type	How Long?
Purchase records, including purchase orders and payment vouchers	6 years
Travel and entertainment records, including account books, diaries and expense statements and receipts	6 years
Documents substantiating fixed-asset additions, depreciation policies and salvage values assigned to assets	Indefinitely
Personnel and payroll records, such as payments and reports to taxing authorities, including federal income tax withholding, FICA contributions, unemployment taxes and workers' compensation insurance	6 years
Corporate documents, including certificates of incorporation, corporate charter, constitution and bylaws, deeds and easements, stock, stock transfer records, minutes of board of directors meetings, retirement and pension records, labor contracts, and license, patent, trademark and registration applications	Indefinitely

MAKING A STATEMENT

How To Create Financial Statements

By J. Tol Broome Jr.

a freelance business writer and banker with 28 years of experience in commercial lending

In the last chapter, we explored establishing a good bookkeeping system for your new business. And while a well-organized bookkeeping system is vital, even more critical is what you do with it to establish your methods for financial management and control.

Think of your new bookkeeping system as the body of a car. A car body can be engineered, painted and finished to look sleek and powerful. However, the car body won't get anywhere without an engine. Your financial management system is the engine that will make your car achieve peak performance.

You may be wondering what exactly is meant by the term "financial management." It is the process you use to put your numbers to work to make your business more successful. With a good financial management system, you will know not only how your business is

doing financially, but why. And you will be able to use it to make decisions to improve the operation of your business.

Why is financial management important? Because a good financial management system enables you to accomplish important big-picture and daily financial objectives. A good financial management system helps you become a better macro-manager by enabling you to:

- Manage proactively rather than reactively
- Borrow money more easily; not only can you plan ahead for financing needs, but sharing your budget with your banker will help in the loan approval process
- Provide financial planning information for investors
- Make your operation more profitable and efficient
- Access a great decision-making tool for key financial considerations

Financial planning and control help you become a better micro-manager by enabling you to:

- Avoid investing too much money in fixed assets
- Maintain short-term working-capital needs to support accounts receivable and inventory more efficiently
- Set sales goals; you need to be growth-oriented, not just an “order taker”
- Improve gross profit margin by pricing your services more effectively or by reducing supplier prices, direct labor, etc., that affect costs of goods sold
- Operate more efficiently by keeping selling and general and administrative expenses down more effectively



TIP

How does your business measure up against others?

Check out *Annual Statement Studies*, a massive and detailed comparison of financial data from the Risk Management Association's (RMA) member institutions. Find out more at RMA's website at rmahq.org (click on “Products and Services,” then “RMA Bookstore”).

- Perform tax planning
- Plan ahead for employee benefits
- Perform sensitivity analysis with the different financial variables involved

Creating Financial Statements

The first step in developing a financial management system is the creation of financial statements. To manage proactively, you should plan to generate financial statements on a monthly basis. Your financial statements should include an income statement, a balance sheet and a cash-flow statement (see pages 663, 666 and 670, respectively).

A good automated accounting software package will create monthly financial statements for you. If your bookkeeping system is manual, you can use an internal or external bookkeeper to provide you with monthly financial statements.

Income Statement

Simply put, the income statement measures all your revenue sources vs. business expenses for a given time period. Let's consider an apparel manufacturer as an example in outlining the major components of the income statement:

- *Sales.* This is the gross revenues generated from the sale of clothing less returns (cancellations) and allowances (reduction in price for discounts taken by customers).
- *Cost of goods sold.* This is the direct cost associated with manufacturing the clothing. These costs include materials used, direct labor, plant manager salaries, freight and other costs associated with operating a plant (e.g., utilities, equipment repairs, etc.).



Many business owners make the mistake of preparing financial statements only at year-end when the IRS requires it. The consequence is reactive financial planning. If you want to be a proactive financial manager, generate monthly financial statements and use them to make the key financial decisions that affect the daily success of your business.

- *Gross profit.* The gross profit represents the amount of direct profit associated with the actual manufacturing of the clothing. It is calculated as sales less the cost of goods sold.
- *Operating expenses.* These are the selling, general and administrative expenses that are necessary to run the business. Examples include office salaries, insurance, advertising, sales commissions and rent. (See the “Schedule Of Operating Expenses” on page 664 for a more detailed list of operating expenses.)
- *Depreciation.* Depreciation expense is usually included in operating expenses and/or cost of goods sold, but it is worthy of special mention due to its unusual nature. Depreciation results when a company purchases a fixed asset and expenses it over the entire period of its planned use, not just in the year purchased. The IRS requires certain depreciation schedules to be followed for tax reasons. Depreciation is a noncash expense in that the cash flows out when the asset is purchased, but the cost is taken over a period of years depending on the type of asset.

Whether depreciation is included in cost of goods sold or in operating expenses depends on the type of asset being depreciated. Depreciation is listed with cost of goods sold if the expense associated with the fixed asset is used in the direct production of inventory. Examples include the purchase of production equipment and machinery and a building that houses a production plant.

Depreciation is listed with operating expenses if the cost is associated with fixed assets used for selling, general and administrative purposes. Examples include vehicles for salespeople or an office computer and phone system.

- *Operating profit.* This is the amount of profit earned during the normal course of operations. It is computed by subtracting the operating expenses from the gross profit.
- *Other income and expenses.* Other income and expenses are those items that do not occur during the normal course of business operation. For instance, a clothing maker does not normally

earn income from rental property or interest on investments, so these income sources are accounted for separately. Interest expense on debt is also included in this category. A net figure is computed by subtracting other expenses from other income.

- *Net profit before taxes.* This figure represents the amount of income earned by the business before paying taxes. The number is computed by adding other income (or subtracting if other expenses exceed other income) to the operating profit.
- *Income taxes.* This is the total amount of state and federal income taxes paid.
- *Net profit after taxes.* This is the “bottom line” earnings of the business. It is computed by subtracting taxes paid from net income before taxes.

Income Statement

ABC Clothing Inc.

	Year 1	Year 2
Sales	\$1,000,000	\$1,500,000
Cost of Goods Sold	-750,000	-1,050,000
Gross Profit	250,000	450,000
Operating Expenses	-200,000	-275,000
Operating Profit	50,000	175,000
Other Income and Expenses	3,000	5,000
Net Profit Before Taxes	53,000	180,000
Income Taxes	-15,900	-54,000
Net Profit After Taxes	\$37,100	\$126,000

Schedule Of Operating Expenses

ABC Clothing Inc.

	Year 1	Year 2
Advertising	\$5,000	\$15,000
Auto Expenses	3,000	7,500
Bank Charges	750	1,200
Depreciation	30,000	30,000
Dues & Subscriptions	500	750
Employee Benefits	5,000	10,000
Insurance	6,000	10,000
Interest	17,800	15,000
Office Expenses	2,500	4,000
Officers' Salaries	40,000	60,000
Payroll Taxes	6,000	9,000
Professional Fees	4,000	7,500
Rent	24,000	24,000
Repairs & Maintenance	2,000	2,500
Salaries & Wages	40,000	60,000
Security	2,250	2,250
Supplies	2,000	3,000
Taxes & Licenses	1,000	1,500
Telephone	4,800	6,000
Utilities	2,400	2,400
Other	1,000	3,400
Total Operating Expenses	\$200,000	\$275,000

Balance Sheet

The balance sheet provides a snapshot of the business's assets, liabilities and owner's equity for a given time. Again, using an apparel manufacturer as an example, here are the key components of the balance sheet:

- *Current assets.* These are the assets in a business that can be converted to cash in one year or less. They include cash, stocks and other liquid investments, accounts receivable, inventory and prepaid expenses. For a clothing manufacturer, the inventory would include raw materials (yarn, thread, etc.), work-in-progress (started but not finished), and finished goods (shirts and pants ready to sell to customers). Accounts receivable represents the amount of money owed to the business by customers who have purchased on credit.
- *Fixed assets.* These are the tangible assets of a business that will not be converted to cash within a year during the normal course of operation. Fixed assets are for long-term use and include land, buildings, leasehold improvements, equipment, machinery and vehicles.
- *Intangible assets.* These are assets that you cannot touch or see but that have value. Intangible assets include franchise rights, goodwill, noncompete agreements, patents and many other items.
- *Other assets.* There are many assets that can be classified as other assets, and most business balance sheets have an "other assets" category as a catchall. Some of the most common other assets include cash value of life insurance, long-term investment property and compensation due from employees.
- *Current liabilities.* These are the obligations of the business that are due within one year. Current liabilities include notes payable on lines of credit or other

"Great companies are built by people who never stop thinking about ways to improve the business."

—J. WILLARD MARRIOTT,
FOUNDER OF MARRIOTT
INTERNATIONAL INC.

Balance Sheet

ABC Clothing Inc.

	Year 1	Year 2
Assets:		
Current Assets:		
Cash	\$10,000	\$20,000
Accounts Receivable	82,000	144,000
Inventory	185,000	230,000
Prepaid Expenses	5,000	5,000
Total Current Assets	282,000	399,000
Fixed Assets:		
Land	0	0
Buildings	0	0
Equipment	150,000	120,000
Accumulated Depreciation	-30,000	-30,000
Total Fixed Assets	120,000	90,000
Intangible Assets	0	0
Other Assets	10,000	11,000
Total Assets	\$532,000	\$590,000

short-term loans, current maturities of long-term debt, accounts payable to trade creditors, accrued expenses and taxes (an accrual is an expense such as the payroll that is due to employees for hours worked but has not been paid), and amounts due to stockholders.

■ *Long-term liabilities.* These are the obligations of the business that are not due for at least one year. Long-term liabilities typically consist of all bank debt or stockholder loans payable outside of the following 12-month period.

Balance Sheet, continued

ABC Clothing Inc.

	Year 1	Year 2
Liabilities & Equity:		
Current Liabilities:		
Notes Payable—Short Term	60,000	42,400
Current Maturities of Long-Term Debt	30,000	30,000
Accounts Payable	82,000	86,000
Accrued Expenses	7,900	13,500
Taxes Payable	0	0
Stockholder Loans	0	0
Total Current Liabilities	179,900	171,900
Long-Term Liabilities	120,000	90,000
Total Liabilities	\$299,900	\$261,900
Owner's Equity:		
Common Stock	75,000	75,000
Paid-in-capital	0	0
Retained Earnings	37,100	163,100
Total Owner's Equity	112,100	238,100
Total Liabilities & Equity	\$412,000	\$500,000

■ *Owner's equity.* This figure represents the total amount invested by the stockholders plus the accumulated profit of the business. Components include common stock, paid-in-capital (amounts invested not involving a stock purchase) and retained earnings (cumulative earnings since inception of the business less dividends paid to stockholders).

BY THE NUMBERS

All new businesses should produce an annual year-end financial statement. This statement should be prepared by your CPA, who will offer you three basic choices of financial statement quality:

1. *Compilation.* This is the least expensive option. Here, the CPA takes management's information and compiles it into the proper financial statement format.
2. *Review.* In addition to putting management's information into the proper format, the CPA performs a limited review of the information.
3. *Audit.* This option is the most costly but offers the highest quality. Audited financial statements are prepared in accordance with generally accepted accounting principles and are the type preferred by most lenders and investors.

Cash-Flow Statement

The cash-flow statement is designed to convert the accrual basis of accounting used to prepare the income statement and balance sheet back to a cash basis. This may sound redundant, but it is necessary. The accrual basis of accounting generally is preferred for the income statement and balance sheet because it more accurately matches revenue sources to the expenses incurred generating those specific revenue sources. However, it also is important to analyze the actual level of cash flowing into and out of the business.

Like the income statement, the cash-flow statement measures financial activity over a period of time. The cash-flow statement also tracks the effects of changes in balance sheet accounts.

The cash-flow statement is one of the most useful financial management tools you will have to run your business. The cash-flow statement is divided into four categories:

BALANCE BOOSTERS

A common problem for small-business owners is maintaining adequate cash-flow levels. And increasing sales is not always the answer. Here are some tips that enhance your bank balance regardless of whether or not sales are on the rise:

- *Practice good inventory management.* Don't try to be all things to all people, particularly if you are a wholesaler or retailer. Keeping slow-moving inventory in stock "just in case" costs money.
- *Concentrate on higher margin items.* Focus your efforts on selling those items that generate the most profit rather than on the items that sell the fastest.
- *Take full advantage of trade terms.* Wait until the day a bill or an invoice is due to pay it. Your cash flow will be enhanced, and your valued supplier relationships will not be harmed because you will still be paying on time.
- *Shop for lower priced suppliers.* Before you get started, check with a number of different suppliers to see which one offers the best price and terms.
- *Control operating expenses better.* Utilities expenses can be lowered by minimizing the use of electricity and by adjusting the thermostat upward or downward a few degrees during the summer and winter months. Insurance and telephone service providers should be comparison-shopped on a regular basis. Keep a close eye on employee downtime and overtime. And shop for the best lease rates.
- *Extend bank loans on longer terms.* Many banks are more than willing to extend the term on a loan to businesses in search of cash-flow relief. For instance, by extending the term on a \$20,000 loan (at 9 percent interest) from two years to three, a business realizes annual cash-flow enhancement of \$3,336.

1. *Net cash flow from operating activities.* Operating activities are the daily internal activities of a business that either require cash or generate it. They include cash collections from customers; cash paid to suppliers and employees; cash paid for operating expenses, interest and taxes; and cash revenue from interest dividends.
2. *Net cash flow from investing activities.* Investing activities are discretionary investments made by management. These primarily consist of the purchase (or sale) of equipment.
3. *Net cash flow from financing activities.* Financing activities are those external sources and uses of cash that affect cash flow. These include sales of common stock, changes in short- or long-term loans and dividends paid.
4. *Net change in cash and marketable securities.* The results of the first three calculations are used to determine the total change

Cash-Flow Statement

ABC Clothing Inc.

	Year 1	Year 2
<i>Net Cash Flow From Operating Activities:</i>		
Cash received from customers	\$918,000	\$1,438,000
Interest received	3,000	5,000
Cash paid to suppliers for inventory	(853,000)	(1,091,000)
Cash paid to employees	(80,000)	(120,000)
Cash paid for other operating expenses	(69,300)	(104,400)
Interest paid	(17,800)	(15,000)
Taxes paid	(15,900)	(54,000)
Net cash provided (used) by operating activities	(\$115,000)	\$58,600

Cash-Flow Statement, continued

ABC Clothing Inc.

	Year 1	Year 2
<i>Net Cash Flow From Investing Activities:</i>		
Additions to property, plant and equipment	(150,000)	0
Increase/decrease in other assets	(10,000)	(1,000)
Other investing activities	0	0
Net cash provided (used) by investing activities	(\$160,000)	(\$1,000)
<i>Net Cash Flow From Financing Activities:</i>		
Sales of common stock	75,000	0
Increase (decrease) in short-term loans (includes current maturities of long-term debt)	90,000	(17,600)
Additions to long-term loans	120,000	0
Reductions of long-term loans	0	(30,000)
Dividends paid	0	0
Net cash provided (used) by financing activities	\$285,000	(\$47,600)
Net Increase (Decrease) In Cash	\$10,000	\$10,000

in cash and marketable securities caused by fluctuations in operating, investing and financing cash flow. This number is then checked against the change in cash reflected on the balance sheet from period to period to verify that the calculation has been done correctly.

Cash-Flow Analysis

The cash-flow statement enables you to track cash as it flows in and out of your business and reveals to you the causes of cash-flow shortfalls and surpluses. The operating activities are the daily occurrences that are essential to any business operation. If these are positive, it



SAVE

Many new business owners can't afford to seek paid professional advice. Here are three free resources for invaluable financial guidance: 1. *Your banker*: Even if you aren't borrowing money for startup, get to know a loan officer where you have your checking account. Meet periodically to discuss the financial direction of your venture. 2. *Other business owners*: Make the time to network with other small-business owners. 3. *SCORE*: This is a national volunteer organization set up for the sole purpose of helping new business owners succeed.

indicates to the owner that the business is self-sufficient in funding its daily operational cash flow internally. If the number is negative, then it indicates that outside funds were needed to sustain the operation of the business.

Investing activities generally use cash because most businesses are more likely to acquire new equipment and machinery than to sell old fixed assets. When a company does need cash to fund investing activities in a given year, it must come from an internal operating cash-flow surplus, financing activity increases or cash reserves built up in prior years.

Financing activities represent the external sources of funds available to the business. Financing activities typically will be a provider of funds when a company has shortfalls in operating or investing activities. The reverse is often true when operating activities are a source of excess cash flow, as the overflow often is used to reduce debt.

The net increase/decrease in cash figure at the bottom of the cash-flow statement represents the net result of operating, investing and financing activities. If a business ever runs out of cash, it can't survive, so this is a key number.

Our hypothetical clothing business, ABC Clothing Inc., provides a good example. In Year 1, the growth in the business's accounts receivable and inventory required \$115,000 in cash to fund operating activities. The purchase of \$150,000 in equipment also drained cash flow. ABC funded these needs with the sale of common stock of \$75,000 and loans totaling \$210,000. The outcome was that the company increased its cash resources by \$10,000.

Year 2 was a different story. Because the company had a net income of \$126,000, there was a good deal more cash (\$58,600) flowing in from customers than flowing out to suppliers, employees, other operating expenses, interest and taxes. This enabled ABC to reduce its overall outside debt by \$47,600 and increase its cash balance by \$10,000.

When you start your business, you'll be able to use the cash-flow statement to analyze your sources and uses of cash not only from year to year, but also from month to month if you set up your accounting system to produce monthly statements. You will find the cash-flow statement to be an invaluable tool in understanding the hows and whys of cash flowing into and out of your business.

As a new business owner, you will need accurate and timely financial information to help you manage your business effectively. Your financial statements will also be critical budgeting tools as you seek to achieve financial milestones in your business.

*"Formula for success:
Rise early, work hard,
strike oil."*

—J. PAUL GETTY, FOUNDER
OF THE GETTY OIL COMPANY

ON THE MONEY

Effectively Managing Your Finances

By J. Tol Broome Jr.

a freelance business writer and banker with 28 years of experience in commercial lending

Now that you have the framework for establishing a bookkeeping system and for creating financial statements, what's next? In this chapter, we will explore how to analyze the data that results from an effective financial management and control system. Additionally, we'll consider the key elements of a good budgeting system. The financial analysis tools we will discuss are computing gross profit margin and markup, in addition to break-even, working capital and financial ratio analyses. In the section on budgeting, we will look at when, what and how to budget as well as how to perform a sensitivity analysis.

“Success is the ability to go from one failure to another without the loss of enthusiasm.”

—WINSTON CHURCHILL

Gross Profit Margin and Markup

One of the most important financial concepts you will need to learn in running your new business is the computation of gross profit. And the tool that you use to maintain gross profit is markup.

The gross profit on a product sold is computed as:

$$\text{Sales} - \text{Cost of Goods Sold} = \text{Gross Profit}$$

To understand gross profit, it is important to know the distinction between variable and fixed costs. Variable costs are those that change based on the amount of product being made and are incurred as a direct result of producing the product. Variable costs include:

- Materials used
- Direct labor
- Packaging
- Freight
- Plant supervisor salaries
- Utilities for a plant or a warehouse
- Depreciation expense on production equipment and machinery

Fixed costs generally are more static in nature. They include:

- Office expenses such as supplies, utilities, a telephone for the office, etc.
- Salaries and wages of office staff, salespeople, officers and owners
- Payroll taxes and employee benefits
- Advertising, promotional and other sales expenses
- Insurance
- Auto expenses for salespeople
- Professional fees
- Rent

Variable expenses are recorded as cost of goods sold. Fixed expenses are counted as operating expenses (sometimes called selling and general and administrative expenses).

Gross Profit Margin

While the gross profit is a dollar amount, the gross profit margin is expressed as a percentage. It's equally important to track since it allows you to keep an eye on profitability trends. This is critical, because many businesses have gotten into financial trouble with an increasing gross profit that coincided with a declining gross profit margin. The gross profit margin is computed as follows:

$$\text{Gross Profit} \div \text{Sales} = \text{Gross Profit Margin}$$

There are two key ways for you to improve your gross profit margin. First, you can increase your prices. Second, you can decrease the costs to produce your goods. Of course, both are easier said than done.

An increase in prices can cause sales to drop. If sales drop too far, you may not generate enough gross profit dollars to cover operating expenses. Price increases require a very careful reading of inflation rates, competitive factors, and basic supply and demand for the product you are producing.

The second method of increasing gross profit margin is to lower the variable costs to produce your product. This can be accomplished by decreasing material costs or making the product more efficiently. Volume discounts are a good way to reduce material costs. The more material you buy from suppliers, the more likely they are to offer you discounts. Another way to reduce material costs is to find a less costly supplier. However, you might sacrifice quality if the goods purchased are not made as well.

Whether you are starting a manufacturing, wholesaling, retailing or service business, you should always be on the lookout for ways to deliver your product or service more efficiently. However, you also



As you start your business, it will be important to track external financial trends to ensure you are headed in the right direction. It also will be critical to compare your company's performance to others in your industry. If you are a member of a trade association, the group should offer comparative industry data. Information may also be available from your CPA or banker.

must balance efficiency and quality issues to ensure that they do not get out of balance.

Let's look at the gross profit of ABC Clothing Inc. (see page 663) as an example of the computation of gross profit margin. In Year 1, the sales were \$1 million and the gross profit was \$250,000, resulting in a gross profit margin of 25 percent ($\$250,000/\1 million). In Year 2, sales were \$1.5 million and the gross profit was \$450,000, resulting in a gross profit margin of 30 percent ($\$450,000/\1.5 million).

It is apparent that ABC Clothing earned not only more gross profit dollars in Year 2, but also a higher gross profit margin. The company either raised prices, lowered variable material costs from suppliers or found a way to produce its clothing more efficiently (which usually means fewer labor hours per product produced).

Computing Markup

ABC Clothing did a better job in Year 2 of managing its markup on the clothing products that they manufactured. Many business owners often get confused when relating markup to gross profit margin. They are first cousins in that both computations deal with the same variables. The difference is that gross profit margin is figured as a percentage of the selling price, while markup is figured as a percentage of the seller's cost.

Markup is computed as follows:

$$\begin{aligned} (\text{Selling Price} - \text{Cost to Produce}) \div \text{Cost to Produce} \\ = \text{Markup Percentage} \end{aligned}$$

Let's compute markup for ABC Clothing for Year 1:

$$(\$1 \text{ million} - \$750,000) \div \$750,000 = 33.3\%$$

Now, let's compute markup for ABC Clothing for Year 2:

$$(\$1.5 \text{ million} - \$1.05 \text{ million}) \div \$1.05 \text{ million} = 42.9\%$$

While computing markup for an entire year for a business is very simple, using this valuable markup tool daily to work up price quotes is more complicated. However, it is even more vital. Computing markup on last year's numbers helps you understand where you've

been and gives you a benchmark for success. But computing markup on individual jobs will affect your business going forward and can often make the difference in running a profitable operation.

In bidding individual jobs, you must carefully estimate the variable costs associated with each job. And the calculation is different in that you typically seek a desired markup with a known cost to arrive at the price quote. Here is the computation to find a price quote using markup:

$$\begin{aligned} & (\text{Desired Markup} \times \text{Total Variable Costs}) \\ & + \text{Total Variable Costs} = \text{Price Quote} \end{aligned}$$

Let's again use ABC Clothing as an example. ABC has been asked to quote on a job to produce 100 dozen shirts. Based on prior experience, the owner estimates that the job will require 100 labor hours of direct labor and five hours of supervision from the plant manager. The total material costs based on quotes from suppliers (fabric, sewing thread, buttons, etc.) will be \$40 per dozen. If ABC Clothing seeks a markup of 42.9 percent on all orders in Year 2, it would use a markup table (like the one on page 680) to calculate the price quote.

What if you are a new business owner and don't have any experience to base an estimate on? Then you will need to research material costs by getting quotes from suppliers as well as study the labor rates in the area. You should also research industry manufacturing prices. Armed with this information, you will have a well-educated "guess" to base your job quote on.

How you use markup to set prices will depend on the type of business you are starting. If you are launching a manufacturing, wholesale or retail operation, you will be able to compute markup using the aforementioned formulas to factor in all the variables in the cost of



When you set up your computerized bookkeeping system to create automatic monthly financial statements, make sure you also automate your business's financial ratios. There's no sense in having to compute them manually when the information is available on your PC. Reviewing financial ratios monthly will help you keep an eye on your business's financial trends.

producing or generating the items you will be selling. Markup can also be used to bid one job or to set prices for an entire product line.

If you are starting a service business, however, markup is more difficult to calculate, particularly for new business owners. With most service businesses, the key variable cost associated with delivering the service to your customers will be you and your employees' time. In computing proper markup for a service business, you must pay close attention to the time spent to provide the service to customers, as well as to market prices of the services provided. In starting a service business, you will need to research the going rate paid to employees and the market prices for the services you will be providing.

For instance, if you are starting a staffing service, you will need to know what rate is typically paid to employees in this industry as well as

Markup Computation for ABC Clothing Price Quote

	Hours/ Dozen	Cost/ Hour	Cost/ Dozen	No. of Dozens	Total Cost
Labor	1.00	\$7.00		100	\$700.00
Supervision	0.05	\$20.00		100	\$100.00
Total Labor Cost					\$800.00
Fabric			\$35.00	100	\$3,500.00
Sewing Thread			\$2.50	100	\$250.00
Buttons			\$2.50	100	\$250.00
Total Materials Cost			\$40.00	100	\$4,000.00
Total Labor & Materials Costs					\$4,800.00
Desired Markup					0.429
Price Quote to Customer					\$6,859.20

the market rate charged to your customers for temporary labor. This will enable you to compute the proper markup in setting your price to ensure that you will be profitable.

(See the “Markup Computation” chart on page 680 for how the price quote was calculated for ABC Clothing, as shown below and on

Price Quote Worksheet for a Service Business

	Hours/ Unit	Cost/ Hour	Cost/ Unit	No. of Units	Total Cost
Labor #1		\$			\$
Labor #2		\$			\$
Supervision		\$			\$
Total Labor Cost ¹					\$
Other Variable Costs			\$		\$
Total Labor & Other Variable Costs ²					\$
Desired Markup ³					%
Price Quote to Customer⁴					\$

1. Depending on the type of service business, there may be many more labor contributions. All should be considered.
2. Derived by adding together Total Labor Cost & Other Variable Costs
3. Stated as a percentage markup on the costs to provide the service. In most service businesses, this will range from 25% (0.25) to 100% (1.0).
4. Price Quote computed as follows:

$$\text{Total Labor Costs} + \text{Other Variable Costs} + \\ ([\text{Total Labor Costs} + \text{Other Variable Costs}] \times \text{Desired Markup})$$

Price Quote Worksheet for a Nonservice Business

	Hours/ Unit	Cost/ Hour	Cost/ Unit	No. of Units	Total Cost
Labor #1		\$			\$
Supervision		\$			\$
Total Labor Cost ¹					\$
Materials Item #1			\$		\$
Materials Item #2			\$		\$
Materials Item #3			\$		\$
Total Materials Cost ²			\$		\$
Other Variable Production Costs			\$		\$
Total Labor, Materials & Other Variable Production Costs ³					\$
Desired Markup ⁴					%
Price Quote to Customer					\$

1. Depending on the type of company, there may be many more labor contributions. All should be considered.
2. Depending on the type of company, there may be many types of materials used to produce a product. All should be considered.
3. Derived by adding together Total Labor Cost, Total Materials Cost & Other Variable Production Costs
4. Stated as a percentage markup on production costs. In some businesses, this may be as low as 5% (.05); in others it might be 100% (1.0) or higher.
5. Price Quote computed as follows:

Total Labor Costs + Total Materials Costs + Other Variable Production Costs + ([Total Labor Costs + Total Materials Costs + Other Variable Production Costs] x Desired Markup)

page 682 for price quote worksheets you can use in your own business.)

Break-Even Analysis

One useful tool in tracking your business's cash flow will be the break-even analysis. It is a fairly simple calculation and can prove very helpful in deciding whether to make an equipment purchase or in knowing how close you are to your break-even level. Here are the variables needed to compute a break-even sales analysis:

- Gross profit margin
- Operating expenses (less depreciation)
- Total of monthly debt payments for the year (annual debt service)

Since we are dealing with cash flow, and depreciation is a noncash expense, it is subtracted from the operating expenses. The break-even calculation for sales is:

$$\frac{\text{Operating Expenses} + \text{Annual Debt Service}}{\text{Gross Profit Margin}} = \text{Break-Even Sales}$$

Let's use ABC Clothing as an example and compute this company's break-even sales for Years 1 and 2:

	Year 1	Year 2
Gross Profit Margin	25.0%	30.0%
Operating Expenses (less depreciation)	\$170,000	\$245,000
Annual Current Maturities of Long-Term Debt*	\$30,000	\$30,000

*This represents the principal portion of annual debt service; the interest portion of annual debt service is already included in operating expenses.



You must include break-even analyses as part of your pricing policy to ensure you're making money on every unit you sell and that you're able to be profitable based on your costs and sales. If you're not profitable, you won't stay in business. It's as simple as that.

Break-Even Sales for Year 1:
 $(\$170,000 + \$30,000) \div .25 = \$800,000$

Break-Even Sales for Year 2:
 $(\$245,000 + \$30,000) \div .30 = \$916,667$

It is apparent from these calculations that ABC Clothing was well ahead of break-even sales both in Year 1 (\$1 million in sales) and Year 2 (\$1.5 million).

Break-even analysis also can be used to calculate break-even sales needed for the other variables in the equation. Let's say the owner of ABC Clothing was confident he or she could generate sales of \$750,000, and the company's operating expenses are \$170,000 with \$30,000 in annual current maturities of long-term debt. The break-even gross margin needed would be calculated as follows:

$$(\$170,000 + \$30,000) \div \$750,000 = 26.7\%$$

Now let's use ABC Clothing to determine the break-even operating expenses. If we know that the gross margin is 25 percent, the sales are \$750,000 and the current maturities of long-term debt are \$30,000, we can calculate the break-even operating expenses as follows:

$$(.25 \times \$750,000) - \$30,000 = \$157,500$$

Working Capital Analysis

Working capital is one of the most difficult financial concepts for the small-business owner to understand. In fact, the term means a lot of different things to a lot of different people. By definition, working capital is the amount by which current assets exceed current liabilities. However, if you simply run this calculation each period to try to analyze working capital, you won't accomplish much in figuring out what your working capital needs are and how to meet them.

A more useful tool for determining your working capital needs is the operating cycle. The operating cycle analyzes the accounts receivable, inventory and accounts payable cycles in terms of days. In other

words, accounts receivable are analyzed by the average number of days it takes to collect an account. Inventory is analyzed by the average number of days it takes to turn over the sale of a product (from the point it comes in your door to the point it is converted to cash or an account receivable). Accounts payable are analyzed by the average number of days it takes to pay a supplier invoice.

Most businesses cannot finance the operating cycle (accounts receivable days + inventory days) with accounts payable financing alone. Consequently, working capital financing is needed. This shortfall is typically covered by the net profits generated internally or by externally borrowed funds or by a combination of the two.

Most businesses need short-term working capital at some point in their operations. For instance, retailers must find working capital to fund seasonal inventory buildup between September and November for Christmas sales. But even a business that is not seasonal occasionally experiences peak months when orders are unusually high. This creates a need for working capital to fund the resulting inventory and accounts receivable buildup.

Some small businesses have enough cash reserves to fund seasonal working capital needs. However, this is very rare for a new business. If your new venture experiences a need for short-term working capital during its first few years of operation, you will have several potential sources of funding. The important thing is to plan ahead. If you get caught off guard, you might miss out on the one big order that could put your business over the hump.



WARNING

Here are seven signs that you might be experiencing embezzlement or employee theft:

1. Employees who don't want a vacation
2. Employees who refuse to delegate certain tasks
3. Ledgers and subledgers that don't balance
4. Financial statements that don't balance
5. Lack of audit trails
6. Regular customer complaints that inventory shipments aren't complete
7. Bookkeeper or accountant who won't share information

Here are the five most common sources of short-term working capital financing:

1. *Equity.* If your business is in its first year of operation and has not yet become profitable, then you might have to rely on equity funds for short-term working capital needs. These funds might be injected from your own personal resources or from a family member, a friend or a third-party investor.
2. *Trade creditors.* If you have a particularly good relationship established with your trade creditors, you might be able to solicit their help in providing short-term working capital. If you have paid on time in the past, a trade creditor may be willing to extend terms to enable you to meet a big order. For instance, if you receive a big order that you can fulfill, ship out and collect in 60 days, you could obtain 60-day terms from your supplier if 30-day terms are normally given. The trade creditor will want proof of the order and may want to file a lien on it as security, but if it enables you to proceed, that should not be a problem.
3. *Factoring.* Factoring is another resource for short-term working capital financing. Once you have filled an order, a factoring company buys your account receivable and then handles the collection. This type of financing is more expensive than conventional bank financing but is often used by new businesses.
4. *Line of credit.* Lines of credit are not often given by banks to new businesses. However, if your new business is well-capitalized by equity and you have good collateral, your business might qualify for one. A line of credit allows you to borrow funds for short-term needs when they arise. The funds are repaid once you collect the



TIP

If you decide to hire a factoring company, you could look in the Yellow Pages under "Factoring" to start your search, but a safer bet is to call your bank for a recommendation. You might also want to seek recommendations from your industry's trade associations or local business chamber of commerce.

accounts receivable that resulted from the short-term sales peak. Lines of credit typically are made for one year at a time and are expected to be paid off for 30 to 60 consecutive days sometime during the year to ensure that the funds are used for short-term needs only.

Operating Cycle

ABC Clothing Inc.

	Year 1	Year 2
Accounts Receivable Days	30	35
Inventory Days	90	80
Operating Cycle	120	115
Accounts Payable Days	-32	-29
Days To Be Financed	88	86
Purchases	\$935,000	\$1,095,000
\$ Per Day Accounts Receivable	\$2,740	\$4,110
\$ Per Day Inventory	\$2,055	\$2,877
\$ Per Day Accounts Payable	\$2,562	\$3,000

Calculations are as follows:

$$\text{Accounts Receivable Days} = (\text{Accounts Receivable} \times 365) \div \text{Sales}$$

$$\text{Days} = (\text{Inventory} \times 365) \div \text{Cost of Goods Sold}$$

$$\text{Accounts Payable Days} = (\text{Accounts Payable} \times 365) \div \text{Purchases}$$

$$\text{Purchases} = \text{Cost of Goods Sold} + \text{Ending Inventory} - \text{Beginning Inventory}$$

$$\$ \text{ Per Day Accounts Receivable} = 1 \div 365 \times \text{Sales}$$

$$\$ \text{ Per Day Inventory} = 1 \div 365 \times \text{Cost of Goods Sold}$$

$$\$ \text{ Per Day Accounts Payable} = 1 \div 365 \times \text{Purchases}$$

5. *Short-term loan.* While your new business may not qualify for a line of credit from a bank, you might have success in obtaining a one-time short-term loan (less than a year) to finance your temporary working capital needs. If you have established a good banking relationship with a banker, he or she might be willing to provide a short-term note for one order or for a seasonal inventory and/or accounts receivable buildup.

In addition to analyzing the average number of days it takes to make a product (inventory days) and collect on an account (accounts receivable days) vs. the number of days financed by accounts payable, the operating cycle analysis provides one other important analysis.

From the operating cycle, a computation can be made of the dollars required to support one day of accounts receivable and inventory, and the dollars provided by a day of accounts payable. Let's consider ABC Clothing's operating cycle (see page 687). Had the company maintained accounts receivable at Year 1 levels in Year 2, it would have freed up \$20,550 in cash flow ($\$4,110 \times 5$ days). Likewise, the 10-day improvement in inventory management in Year 2 enhanced cash flow by \$28,770 ($\$2,877 \times 10$ days).

You can see that working capital has a direct impact on cash flow in a business. Since cash flow is the name of the game for all business owners, a good understanding of working capital is imperative to making any venture successful.

Building a Financial Budget

For many small-business owners, the process of budgeting is limited to figuring out where to get the cash to meet next week's payroll. There are so many financial fires to put out in a given week that it's hard to find the time to do any short- or long-range financial planning. But failing to plan financially might mean that you are unknowingly planning to fail.

Business budgeting is one of the most powerful financial tools available to any small-business owner. Put simply, maintaining a good

Operating Cycle Worksheet

	Year 1	Year 2
Accounts Receivable Days		
Inventory Days		
Operating Cycle		
Accounts Payable Days		
Days to Be Financed		
Purchases	\$	\$
\$ Per Day Accounts Receivable	\$	\$
\$ Per Day Inventory	\$	\$
\$ Per Day Accounts Payable	\$	\$

Calculations are as follows:

Accounts Receivable Days = (Accounts Receivable x 365) ÷ Sales

Days = (Inventory x 365) ÷ Cost of Goods Sold

Accounts Payable Days = (Accounts Payable x 365) ÷ Purchases

Purchases = Cost of Goods Sold + Ending Inventory – Beginning Inventory

\$ Per Day Accounts Receivable = 1 ÷ 365 x Sales

\$ Per Day Inventory = 1 ÷ 365 x Cost of Goods Sold

\$ Per Day Accounts Payable = 1 ÷ 365 x Purchases

short- and long-range financial plan enables you to control your cash flow instead of having it control you.

The most effective financial budget includes both a short-range month-to-month plan for at least a calendar year and a long-range

**TIP**

Everything's rosy, huh? Business owners tend to overestimate their income and underestimate expenses. So when preparing your budget, it's always a good idea to have an objective third party review your information to make sure you're being realistic.

quarter-to-quarter plan you use for financial statement reporting. It should be prepared during the two months preceding the fiscal year-end to allow ample time for sufficient information-gathering.

The long-range plan should cover a period of at least three years (some go up to five years) on a quarterly basis, or even an annual basis. The long-term budget should be updated when the short-range plan is prepared.

While some owners prefer to leave the one-year budget unchanged for the year for which it provides projections, others adjust

the budget during the year based on certain financial occurrences, such as an unplanned equipment purchase or a larger-than-expected upward sales trend. Using the budget as an ongoing planning tool during a given year certainly is recommended. However, here is a word to the wise: Financial budgeting is vital, but it is important to avoid getting so caught up in the budget process that you forget to keep doing business.

What Do You Budget?

Many financial budgets provide a plan only for the income statement; however, it is important to budget both the income statement and balance sheet. This enables you to consider potential cash-flow needs for your entire operation, not just as they pertain to income and expenses. For instance, if you had already been in business for a couple of years and were adding a new product line, you would need to consider the impact of inventory purchases on cash flow.

Budgeting only the income statement also doesn't allow a full analysis of the effect of potential capital expenditures on your financial picture. For instance, if you are planning to purchase real estate for your operation, you need to budget the effect the debt service will have

on cash flow. In the future, a budget can also help you determine the potential effects of expanding your facilities and the resulting higher rent payments or debt service.

How Do You Budget?

In the startup phase, you will have to make reasonable assumptions about your business in establishing your budget. You will need to ask questions such as:

- How much can be sold in Year 1?
- How much will sales grow in the following years?
- How will the products and/or services you are selling be priced?
- How much will it cost to produce your product? How much inventory will you need?
- What will your operating expenses be?
- How many employees will you need? How much will you pay them? How much will you pay yourself? What benefits will you offer? What will your payroll and unemployment taxes be?
- What will the income tax rate be? Will your business be an S corporation or a C corporation?
- What will your facilities needs be? How much will it cost you in rent or debt service for these facilities?
- What equipment will be needed to start the business? How much will it cost? Will there be additional equipment needs in subsequent years?
- What payment terms will you offer customers if you sell on credit? What payment terms will your suppliers give you?
- How much will you need to borrow?
- What will the collateral be? What will the interest rate be?

**TIP**

Budgeting shouldn't be approached as something to do when you have time but instead as a priority and part of your overall business financial management plan. Breaking your budget into monthly increments eases the process, making it less overwhelming. Make some general financial goals for the year, then determine how you can achieve them—one month at a time—through a monthly budget.

As for the actual preparation of the budget, you can create it manually or with the budgeting function that comes with most bookkeeping software packages. You can also purchase separate budgeting software such as Quicken or Microsoft Money. Yes, this seems like a lot of information to forecast. But it's not as cumbersome as it looks. (See page 698 for a financial budget and income statement worksheet; you should find a similar format in any budgeting software.)

The first step is to set up a plan for the following year on a month-to-month basis. Starting with the first month, establish specific budgeted dollar levels for each category of the budget. The sales numbers will be critical since they will be used to compute gross profit margin and will help determine operating expenses, as well as the accounts receivable and inventory levels necessary to support the business. In determining how much of your product or service you can sell, study the market in which you will operate, your competition, potential demand that you might already have seen, and economic conditions. For cost of goods sold, you will need to calculate the actual costs associated with producing each item on a percentage basis.

HOW DO YOU RATE?

Ratio analysis is a financial management tool that enables you to compare the trends in your financial performance as well as provides some measurements to compare your performance against others in your industry. Comparing ratios from year to year highlights areas in which you are performing well and areas that need tweaking. Most industry trade groups can provide you with industry averages for key ratios that will provide a benchmark against which you can compare your company.

Financial ratios can be divided into four subcategories: profitability, liquidity, activity and leverage. Here are 15 financial ratios that you can use

HOW DO YOU RATE?, CONTINUED

to manage your new business. (See 694 for sample financial ratios for ABC Clothing Inc.)

■ Profitability Ratios

$$\text{Gross Profit} \div \text{Sales} = \text{Gross Profit Margin}$$
$$\text{Operating Profit} \div \text{Sales} = \text{Operating Profit Margin}$$
$$\text{Net Profit} \div \text{Sales} = \text{Net Profit Margin}$$
$$\text{Net Profit} \div \text{Owner's Equity} = \text{Return on Equity}$$
$$\text{Net Profit} \div \text{Total Assets} = \text{Return on Assets}$$

■ Liquidity Ratios

$$\text{Current Assets} \div \text{Current Liabilities} = \text{Current Ratio}$$
$$(\text{Current Assets} - \text{Inventory}) \div \text{Current Liabilities} = \text{Quick Ratio}$$
$$\text{Working Capital} \div \text{Sales} = \text{Working Capital Ratio}$$

■ Activity Ratios

$$(\text{Accounts Receivable} \times 365) \div \text{Sales} = \text{Accounts Receivable Days}$$
$$(\text{Inventory} \times 365) \div \text{Cost of Goods Sold} = \text{Inventory Days}$$
$$(\text{Accounts Payable} \times 365) \div \text{Purchases} = \text{Accounts Payable Days}$$
$$\text{Sales} \div \text{Total Assets} = \text{Sales to Assets}$$

■ Leverage Ratios

$$\text{Total Liabilities} \div \text{Owner's Equity} = \text{Debt to Equity}$$
$$\text{Total Liabilities} \div \text{Total Assets} = \text{Debt Ratio}$$
$$(\text{Net Income} + \text{Depreciation}) \div \text{Current Maturities of Long-Term Debt} \\ = \text{Debt Coverage Ratio}$$

Comparative Financial Ratios

ABC Clothing Inc.

	Year 1	Year 2
Profitability Ratios:		
Gross Profit Margin	25.0%	30.0%
Operating Profit Margin	5.0%	11.7%
Net Profit Margin	3.7%	8.4%
Return on Equity	33.1%	52.9%
Return on Assets	9.0%	25.2%
Liquidity Ratios:		
Current Ratio	1.57	2.32
Quick Ratio	0.54	0.98
Working Capital Ratio	0.10	0.15
Activity Ratios:		
Accounts Receivable Days	30	35
Inventory Days	90	85
Accounts Payable Days	32	29
Sales to Assets	2.43	3.00
Leverage Ratios:		
Debt to Equity	2.68	1.10
Debt Ratio	0.73	0.52
Debt Coverage Ratio	2.24	5.20

SMARTER TO BARTER?

Remember how pioneers would trade a deer skin for a musket? It was called bartering. Today, the concept is back in a big way—especially online. The companies are everywhere on the net: FreedomBarter Exchange.com, BarterItOnline.com, Barter.com, Mr.Swap.com . . . need we say more?

The barter industry is growing rapidly, with barter sales increasing from \$40 million in 1991 to more than \$20 billion in 2000. The North America Barter Association reports that approximately \$30 billion in transactions were conducted in the United States alone during 2005, while the U.S. Department of Commerce estimates that 20 to 25 percent of worldwide commerce is bartered. Bartering can be an invaluable tool for a startup company.

Bartering can be good for your business in good times, but it can be even better in bad, and, let's face facts, most startups have their share of downtimes. The main advantage to going the barter route is that if you have unwanted inventory, you can use it to trade rather than spend money you don't have and pile more onto your already stretched-too-thin budget.

Here's how bartering works: Let's say a landscaper needs a root canal. The landscaper belongs to a bartering organization and learns that a local dentist is also part of the same organization. But it turns out the dentist doesn't need any landscaping done. OK, fine. So the landscaper instead does work for a small public relations firm and a restaurant management consultant. For that work, he has been banking "bartering dollars," enough to pay for other members' services, like a dentist, who will then use those bartering dollars to get something from another member. Meanwhile, to belong to a bartering organization, you're paying a monthly membership fee of \$5 to \$30.

SMARTER TO BARTER?, CONTINUED

Who determines what each service or product is worth? You pay the fair market value, which is determined by buyer and seller. But beware: There are some dishonest barterers out there who will charge higher prices to members or not give a service or product that was part of a deal. You need to keep track of bartering purchases and provide clients with Form 1099-B so you can file it on your taxes.

For your operating expenses, consider items such as advertising, auto, depreciation, insurance, etc. Then factor in a tax rate based on actual business tax rates that you can obtain from your accountant.

On the balance sheet, break down inventory by category. For instance, a clothing manufacturer has raw materials, work-in-progress and finished goods. For inventory, accounts receivable and accounts payable, you will figure the total amounts based on a projected number of days on hand. (See page 689 for the calculations needed to compute these three key numbers for your budget.)

Consider each specific item in fixed assets broken out for real estate, equipment, investments, etc. If your new business requires a franchise fee or copyrights or patents, this will be reflected as an intangible asset.

On the liability side, break down each bank loan separately. Do the same for the stockholders' equity—common stock, preferred stock, paid-in-capital, treasury stock and retained earnings.

Do this for each month for the first 12 months. Then prepare the quarter-to-quarter budgets for years two and three. For the first year's budget, you will want to consider seasonality factors. For example, most retailers experience heavy sales from October to December. If your business will be highly seasonal, you will have wide-ranging changes in cash-flow needs. For this reason, you will want to consider

seasonality in the budget rather than take your annual projected Year 1 sales level and divide by 12.

As for the process, you need to prepare the income statement budgets first, then balance sheet, then cash flow. You will need to know the net income figure before you can prepare a pro forma balance sheet because the profit number must be plugged into retained earnings.

WHERE CREDIT IS DUE

When you book a credit sale in your business, you must collect from the customer to realize your profit. Many a solid business has suffered a severe setback or even been put under by its failure to collect accounts receivable.

It is vital that you stay on top of your A/R if you sell on credit. Here are some tips that will help you maintain high-quality accounts receivable:

- *Check out references upfront.* Find out how your prospective customer has paid other suppliers before selling on credit. Ask for supplier and bank references and follow up on them.
- *Set credit limits, and monitor them.* Establish credit limits for each customer. Set up a system to regularly compare balances owed and credit limits.
- *Process invoices immediately.* Send out invoices as soon as goods are shipped. Falling behind on sending invoices will result in slower collection of accounts receivable, which costs you cash flow.
- *Don't resell to habitually slow-paying accounts.* If you find that a certain customer stays way behind in payment to you, stop selling to that company. Habitual slow pay is a sign of financial instability, and you can ill afford to write off an account of any significant size during the early years of your business.

Financial Budget and Income Statement Worksheet

	Month 1	Month 2	Month 3	Month 4	Month 5	Month 6	Month 7	Month 8	Month 9	Month 10	Month 11	Month 12	Total Year 1
Sales													
Cost of Goods Sold													
Gross Profit													
Operating Expenses:													
Advertising													
Amortization													
Auto Expenses													
Bank Charges													
Depreciation													
Dues & Subscriptions													
Employee Benefits													
Insurance													
Interest													
Office Expenses													
Officers' Salaries													
Payroll Taxes													
Professional Fees													
Rent													
Repairs & Maintenance													
Salaries & Wages													
Security													
Supplies													
Taxes & Licenses													
Telephone													
Utilities													
Other													
Total Operating Expenses													
Net Profit Before Taxes													
Income Taxes													
Net Profit After Taxes													

Balance Sheet Worksheet

	Month 1	Month 2	Month 3	Month 4	Month 5	Month 6	Month 7	Month 8	Month 9	Month 10	Month 11	Month 12	Total Year 1
Assets:													
Cash													
Investments													
Accounts Receivable													
Inventory													
Prepaid Expenses													
Other Current Assets													
Land													
Buildings													
Equipment													
Less: Accumulated													
Depreciation													
Long-Term Investments													
Intangibles													
Other Assets													
Total Assets													
Liabilities & Equity:													
Notes Payable—Short Term													
Current Maturities of													
Long-Term Debt													
Accounts Payable													
Accrued Expenses													
Taxes Payable													
Stockholder Loans													
Other Current Liabilities													
Bonds Payable													
Long-Term Debt													
Common Stock													
Paid-in Capital													
Treasury Stock													
Retained Earnings													
Total Liabilities & Equity													

Cash-Flow Worksheet

	Month 1	Month 2	Month 3	Month 4	Month 5	Month 6	Month 7	Month 8	Month 9	Month 10	Month 11	Month 12	Total Year 1
Cash Available:													
Net Income After Taxes													
Depreciation													
Amortization													
Decrease in A/R													
Decrease in Inventory													
Increase in Accounts Payable													
Increase in Notes Payable-ST													
Increase in Long-Term Debt													
Decrease in Other Assets													
Increase in Other Liabilities													
Total Cash Available													
Cash Disbursements:													
Owners' Draw/Dividends													
Increase in A/R													
Increase in Inventory													
Decrease in Accounts Payable													
Capital Expenditures													
Decrease in Notes Payable-ST													
Current Maturities of Long-Term Debt													
Increase in Other Assets													
Decrease in Other Liabilities													
Total Cash Disbursements													
Monthly Cash Flow													
Cumulative Cash Flow													

And for the cash-flow projection, you will need both income statement and balance sheet numbers.

Whether you budget manually or use software, it is advisable to seek input from your CPA in preparing your initial budget. His or her role will depend on the internal resources available to you and your background in finance. You may want to hire a CPA to prepare the financial plan for you, or you may simply involve him or her in an advisory role. Regardless of the level of involvement, your CPA's input will prove invaluable in providing an independent review of your short- and long-term financial plan.

In future years, your monthly financial statements and accountant-prepared year-end statements will be very useful in preparing a budget.

Sensitivity Analysis

One other major benefit of maintaining a financial budget is the ability to perform a sensitivity analysis. Once you have a plan in place, you can make adjustments to it to consider the potential effects of certain variables on your operation. All you have to do is plug in the change and see how it affects your company's financial performance.

Here's how it works: Let's say you've budgeted a 10 percent sales growth for the coming year. You can easily adjust the sales growth number to 5 percent or 15 percent in the budget to see how it affects your business's performance. You can perform a sensitivity analysis for any other financial variable as well. The most common items for which sensitivity analysis is done are:

- Sales
- Cost of goods sold and gross profit
- Operating expenses
- Interest rates
- Accounts receivable days
- Inventory days
- Accounts payable days on hand
- Major fixed-asset purchases or reductions

STOCKING UP

If your business will produce or sell inventory, your inventory management system will be crucial to your business' success. Keeping too much inventory on hand will cost you cash flow and will increase the risk of obsolescence. Conversely, a low inventory level can cost you sales.

Here are some suggestions to help you better manage your inventory:

- *Pay attention to seasonality.* Depending on the type of business you are starting, you may have certain inventory items that sell only during certain times of the year. Order early in anticipation of the peak season. Then make sure you sell the stock so that you don't get stuck holding on to it for a year.
- *Rely on suppliers.* If you can find suppliers that are well-stocked and can ship quickly, you can essentially let them stock your inventory for you. "Just in time" inventory management can save valuable working capital that could be invested in other areas of your business.
- *Stock what sells.* This may seem obvious, but too many business owners try to be all things to all people when it comes to inventory management. When you see what sells, focus your purchasing efforts on those items.
- *Mark down stale items.* Once you're up and running, you will find that certain items sell better than others. Mark down the items that don't sell, and then don't replace them.
- *Watch waste.* Keep a close eye on waste. If production mistakes aren't caught early, you can ruin a whole batch of inventory, which can be extremely costly.

■ Acquisitions or closings

To be an effective and proactive business owner, you will need to learn to generate and understand the financial management tools discussed in this chapter. Even if you don't consider yourself a "numbers person," you will find that regular analysis of your financial data will be vital as you start and grow your business.

PAY DAY

How To Pay Yourself

It's your business and your budget—which means the size of your paycheck is entirely up to you. But while the freedom of setting your own salary sounds great in theory, in practice most business owners find it a tough call. Should you pay yourself what you need to cover expenses? What your business can afford? The salary you left behind to launch your business?

Your best bet is to factor in all three—and a whole lot more. Obviously, you want your business to succeed and may be willing to accept a temporary drop in income to make that happen. On the other hand, paying yourself far less than you're worth, or nothing at all, paints an unrealistic picture of the viability of your business for both you and any investors you hope to appeal to now or in the future. Addressing this conundrum begins with taking a hard look at the numbers.

**AHA!**

Talk to your accountant about whether a deferred salary—setting a salary but not collecting it until your company becomes profitable—is an option for your company. The salary becomes a liability for the company, offsetting taxable future profits, which you'll get back with interest when revenue comes in.

What You Need

Your salary needs will depend on your living expenses, financial situation and comfort level with drawing on personal savings. The first step in planning your pay is to put together a comprehensive list of your expenses. Be sure to include all annual, quarterly and monthly expenses, including your rent or mortgage; car payments, car insurance and gasoline bills; credit cards with outstanding balances; gym membership; grocery bills; and everything else you'll spend money on in the coming year. Underestimating personal expenses is one of the biggest mistakes a new business owner can make. If you slip into the red, chances are your business will, too.

When you've computed your annual personal expenses, divide by 12 to come up with the monthly salary you'll need to receive to keep from dipping into your savings. Next, decide what portion of your savings you'll feel comfortable drawing on during the early stages of your company—these must be savings separate from the funds you'll use to launch your business. If you plan to keep your job, add your annual salary to the personal savings figure. Subtract this number from your total annual personal expenses, and divide by 12. This gives you the minimum monthly salary you'll need, even if you choose to supplement your startup salary with personal savings or employment income. Now you have a range that runs from the minimum salary needed to cover all your personal expenses to the bare minimum salary you can afford to take by supplementing your income—your minimum salary range.

What You're Worth

Next, you need to compute what your salary should be given your knowledge and skills, the time you'll put in and the work you'll perform.

TAXING MATTERS

Tax ramifications are another factor to keep in mind when deciding what to pay yourself and how to structure your compensation. Your tax situation was determined when you chose a business structure (see Chapter 9).

If you're a sole proprietor, for instance, the IRS considers you and your company to be a single entity. Profits from your business are funneled directly onto your tax return as taxable personal income, whether you draw them out as a salary or leave them in your business account as cash holdings. Similarly, partnership profits flow directly through to the partners, who report their share of the business's profits or losses on their tax returns—again, whether the profits are left in the business or drawn out as compensation. In both cases, profits retained in the business and later withdrawn by a sole proprietor or partner in subsequent tax years are not taxed again. However, sole proprietors and partners are liable for self-employment tax, which runs at more than 15 percent.

On the other hand, if you form a corporation, your business is a separate legal entity and must file its own return and pay taxes on any profits earned. On the plus side, since the IRS views you and any other owners of the business as employees, any salary you draw is considered a deductible expense.

Corporations also have the option of distributing profits in the form of dividends, typically as cash or company stock. But dividends distributed to shareholders are taxed twice—once as corporate profit and again as income for the recipient—so salaried compensation is a far more tax-efficient way of taking profits from your business. However, the IRS is all too aware of the incentive to distribute profits as salaries and requires that executive salaries be "reasonable." The IRS prohibits salary deductions it

TAXING MATTERS, CONTINUED

identifies as being “disguised dividends” and assesses hefty penalties for the transgression. Since the tax code doesn’t provide a clear definition of reasonable compensation, it’s wise to check with your tax advisor to ensure your salary is in line with the company’s revenues and expenses or with those at comparative companies.

There are two equally valid methods for computing your market worth:

1. *Open market value.* Given your experience and skills, what would you be paid by an employer in today’s market? While this salary won’t take into account the additional time you’ll put into a startup, the income you’re sacrificing to start your business is a useful benchmark in setting your salary.
2. *Comparable companies.* What do the owners of similarly sized firms in the same industry and geographic region pay themselves? To get comparable salaries, check with trade associations, other entrepreneurs in your industry or the local Small Business Development Center.

Neither of these methods takes into account the additional work you’ll be taking on as an owner, nor the risk you’re taking in starting a business. Some entrepreneurs boost market-worth-based salaries by 3 to 5 percent to offset the added responsibilities and risk. Others look at the potential long-term advantage of owning a successful business as compensation for these factors.

What Your Business Can Afford

Once you know the salary you need and the salary you deserve, it’s time to balance those figures against your business’s finances. You’ll need to

**WARNING**

Before you boost your compensation, check your balance sheet to ensure that the increase in the rest of your overhead hasn't outpaced the bump in revenue. A bump beyond inflation—such as an office rent hike or new hire—may require adjusting your plans for a salary boost.

check the cash-flow projection in your business plan to ensure that you have enough money coming in to cover your own draw in addition to your other operating expenses. In an ideal scenario, your cash flow will have a surplus large enough to pay your market-worth salary, reinvest funds in the business and leave a little margin for error. Unfortunately, that's unlikely. Since most startups initially operate at a loss—generally for at least six months and possibly for as long as two years—you should plan to start with compensation within the minimum salary

range. You can ratchet up toward a market-worth salary as your business reaches a break-even point and continues to grow.

Because your business income may ebb and flow initially, a base salary with a bonus structure that kicks in when your business reaches the break-even point is usually the best way to handle owner's compensation in an early-stage company. You might, for example, decide that when your business moves into the black, you'll take a percentage of profits every fiscal quarter as a bonus. Bonus percentages range widely, depending on an owner's goals for the business, personal financial needs and philosophy on reinvesting business earnings. But while your aim may be to reach your market-worth salary rapidly, it's a good idea to leave some profits in your business as a safety net and to fund future growth.

**TIP**

Planning to take no salary and funnel your profits back into your business? Before you go that route, be sure to take retirement planning into account. The amount you can contribute to an IRA, Keogh, or other qualified retirement plan is based on a percentage of eligible compensation. Without earnings, you won't be able to fund your retirement with pretax dollars.

ADDED VALUE

Salaries, bonuses and dividends aside, here are some other ways to get value from your business:

- *Hire family members.* Hiring your spouse, son or daughter to work for you can help you keep money in the family. The caveat? The family member must actually perform work for your company, not just collect a paycheck.
- *Pick up perks.* Country club memberships, company cars, travel and other attractive perquisites are among tax-deductible expenses business owners can write off—provided they have a legitimate business purpose. If you're caught disguising personal expenses as business ones, you'll incur hefty IRS penalties, so check in with your accountant first.
- *Be a borrower.* You can take loans from your company, as long as it's documented in writing, includes interest at market rate and is tied to a repayment schedule.

When the business reaches a point of consistent profitability, it's time to re-evaluate your salary. Typically, this means taking a salary increase equal in percentage to the business's annual growth rate, then reinvesting the remaining profit in your business. But as with your bonus structure, there is no silver bullet equation for determining the appropriate salary hike. You'll want to factor in the nature of your industry and your business goals. For example, if you're in a turbulent or cyclical industry, you may want to retain the quarterly bonus structure and the flexibility it affords. Or, if your business has the potential for rapid growth, you may want to forego the salary boost and use the extra capital to fund new products, expansion plans or marketing initiatives.

Minimum Salary Range Worksheet

To determine your minimum salary range, you need to consider your annual living expenses, personal savings and any income you'll have during the startup phase of your business. You may need to add additional expense categories, but the worksheet below offers a starting point.

	Annual Expenses
1. Rent/mortgage	
2. Health insurance	
3. Car payment	
4. Other transportation	
5. Car insurance	
6. Recreation activities (includes gym/club dues/restaurants)	
7. Food	
8. Utilities	
9. Misc. living expenses	
10. Credit card payments	
11. Child care	
12. Entertainment	
13. Other expenses	
14. Total Annual Expenses	
15. Portion of personal savings allocated to startup costs	
16. Salary or other ongoing income	
17. Sum of lines 15 and 16	
18. Subtract line 17 from line 14 for Bare Minimum Annual Salary	
19. Divide line 18 by 12 for Bare Minimum Monthly Salary	
20. Total from line 14: Minimum Annual Salary	
21. Divide line 20 by 12: Minimum Monthly Salary	

Lines 19 and 21 represent your Minimum Monthly Salary Range

Whatever you decide in the early phase of your business, plan to reassess your compensation every six months. As your business evolves, its cash-flow model and capital needs may change dramatically—as may your own. A regular assessment enables you to adjust accordingly.

TAX TALK

What You Need to Know About Your Taxes

By Joan Szabo
a freelance writer who has covered tax issues
for more than 25 years

When it comes to taxes, there's no way to get around the fact that you have to pay them regularly. Federal, state and local taxes combined can take a big chunk out of your company's money, leaving you with less cash to operate your business.

That's why it's important to stay abreast of your business's tax situation and work with a qualified accountant to understand all that's required of you by federal and state governments. The task is by no means simple. New business owners face a host of tax requirements and ever-changing rules.

If you miss deadlines or fail to comply with specific rules, you may be hit with large penalties, and, in the worst-case scenario, be forced to close up shop. You'll also want to pay close attention to tax planning, which will help you find legitimate ways to trim your overall



e-FYI

Get the scoop on wage reporting for yourself and your employees at the Social Security website at ssa.gov.

tax liability. Your goal is to take the deductions to which you're entitled and to defer taxes as long as you possibly can.

While a knowledgeable accountant specializing in small-business tax issues will keep you out of potential tax quagmires, you'll be on more solid footing if you spend time acquiring your own working knowledge and understanding of the tax laws.

First Things First

One of the first steps you will take as a business owner is to obtain a taxpayer identification number so the IRS can process your returns. There are two types of identification numbers: a Social Security number and an Employer Identification Number (EIN).

The EIN is a nine-digit number the IRS issues. It is used to identify the tax accounts of corporations, partnerships and other entities. You need an EIN if you have employees, operate your business as a corporation or partnership or have a Keogh plan. Be sure to include your EIN on all returns or other documents you send to the IRS.

You can apply for an EIN by phone, fax, mail or online (as long as your business is an entity that is allowed to apply online). You can receive your EIN immediately by phone or by going online. To apply online, go to irs.gov, click on "Businesses" then "Employer ID Numbers." A completed fax request takes about four to five business days. If you apply by mail, be sure to send in Form SS-4 (*Application for Employer Identification Number*) at least four or five weeks before you need the EIN to file a return or make a deposit. To apply by phone, call toll-free at (800) 829-4933 from 7 A.M. until 10 P.M. Monday through Friday. Before you call, the IRS suggests you complete Form SS-4 so you have all relevant information available. The person making the call to the IRS must be authorized to sign the form.

Ins and Outs of Payroll Taxes

If you do any hiring, your employees must complete Form I-9 (*Employment Eligibility Verification*) and Form W-4 (*Employee's Withholding Allowance Certificate*). Form I-9 provides verification that each new employee is legally eligible to work in the United States. This form can be obtained from the U.S. Citizenship and Immigration Service (USCIS) by calling (800) 870-3676 or visiting uscis.gov; keep this form in your files in the event an IRS or USCIS inspector wants to see it. Your employees should also complete a state withholding certificate (similar to the W-4) if your state imposes personal income taxes.

Form W-4 indicates the employee's filing status and withholding allowances. These allowances are used to determine how much federal income tax to withhold from an employee's wages. To determine how much to withhold from each wage payment, use the employee's W-4 and the methods described in IRS Publications 15, *Employer's Tax Guide*, and 15-A, *Employer's Supplemental Tax Guide*. These publications are available online at irs.gov.

You must also withhold Social Security and Medicare taxes—these are known as FICA (Federal Insurance Contributions Act) taxes. The FICA tax actually consists of two taxes: a 6.2 percent Social Security tax and a 1.45 percent Medicare tax. To calculate the tax you need to withhold for each employee, multiply an employee's gross wages for a pay period by the tax rates. In addition, as an employer, you are required to pay a matching amount of FICA taxes on each of your employees.

Here's how it works: If an employee has gross wages of \$1,000 every two weeks, you must withhold \$62 ($\$1,000 \times 0.062$) in Social



Consider using a payroll tax service to take care of all payroll tax requirements. The fees charged by such services are relatively reasonable. In addition, these firms specialize in this area and know the ins and outs of all the rules and regulations. With a service, you don't have to worry about making mistakes or being tardy with payments.

Security taxes and \$14.50 (\$1,000 x .0145) in Medicare taxes, or \$76.50. As an employer, you owe a matching amount as well, so the total amount in FICA taxes to be paid is \$153. In the 2009 tax year, the maximum amount of wages subject to Social Security tax is \$106,800. There is no limit on the amount of wages subject to the Medicare tax.

The IRS requires any business paying more than \$200,000 annually in payroll taxes or other federal taxes to pay them through the

Electronic Federal Tax Payment System (EFTPS). If you pay less than that amount, you can still deliver a check for payroll taxes owed with your deposit coupons to an authorized financial institution able to accept federal tax deposits (for more on making these deposits, see IRS Publication 15, also known as *Circular E*). The form to use to make these deposits is 8109-B (*Federal Tax Deposit Coupon*). You also can mail payments to Financial Agent, Federal Tax Deposit Processing, P.O. Box 970030, St. Louis, MO 63197. Please note that you can't print the form from the IRS website. Call (800) 829-4933 to obtain it by mail.

On each coupon show the deposit amount, the type of tax, the period for which you are making a deposit and your phone number. You typically pay these taxes monthly, depending on the size of your business. Approximately five to six weeks after

you receive your EIN, the IRS will send you the coupon book. (For more on EFTPS, go to eftps.gov.)

In addition to making your monthly payroll deposits, you are required to file quarterly Form 941 (*Employer's Quarterly Federal Tax Return*). This is a form that provides the government with information on the federal income taxes you withheld from your employees' pay as



If you're not already using the Electronic Federal Tax Payment System (EFTPS) to pay your taxes, consider taking advantage of this convenient method. EFTPS allows you to go online or use the phone to make payments. Funds are moved from your account to the Treasury Department's on the date you indicate. Every EFTPS transaction generates an immediate confirmation number for your receipt. To enroll, go to eftps.gov.

well as the FICA taxes you withheld and paid. It also tells the government when the taxes were withheld so the IRS can determine if the federal tax deposit was made on time.

Another tax you have to pay is FUTA (Federal Unemployment Tax Act) taxes, which are used to compensate workers who lose their jobs. You report and pay FUTA tax separately from FICA and withheld income taxes.

You pay FUTA tax on your payroll if during the current or prior calendar year you meet one of two tests: You paid total wages of \$1,500 to your employees in any calendar quarter, or you have at least one employee working on any given day in each of 20 different calendar weeks.

The FUTA tax is figured on the first \$7,000 in wages paid to each employee annually. The gross FUTA tax rate is 6.2 percent. However, you are given a credit of up to 5.4 percent for the state unemployment tax you pay, effectively reducing the tax rate. As an employer, you pay FUTA tax only from your own funds. Employees do not have this tax withheld from their pay. You generally deposit FUTA taxes quarterly. In addition, you must file an annual return for your FUTA taxes using Form 940 (*Employer's Annual Federal Unemployment Tax Return*), which must be filed by January 31 of the following year. Most small employers are eligible to use Form 940-EZ.

Federal payroll taxes are not your only concern. States and localities have their own taxes, which will most likely affect you. Forty-two states have a personal income tax (eight do not), which means you are also required to withhold this tax from your employees' wages. The same is true if you do business in a city or locality with an income tax.

When applying for an EIN from your state, which you will need to do business there, ask about the procedures and forms for withholding and depositing state income taxes. The place to start is with your state department of revenue.



WARNING

If you withhold taxes but don't deposit or pay them to the IRS, you face a penalty on the unpaid tax, plus interest. If you deposit the taxes late, you will also be hit with a penalty.

At the end of the tax year, you must furnish copies of Form W-2 (*Wage and Tax Statement*) to each employee who worked for you during the year. Be sure to give the forms to your employees by January 31 of the year after the calendar year covered by the form. Form W-2 provides information on how much money each employee earned and the amount of federal, state and FICA taxes you withheld. You must send copies of W-2s to the Social Security Administration as well.

Declaration of Independents

You may decide your business can't afford to hire too many full-time employees, and you'd like to use the services of an independent contractor. With an independent contractor, you don't have to withhold and pay the person's income, Social Security and Medicare taxes.

While independent contractors (ICs) do translate to lower payroll costs, be advised that the IRS scrutinizes the use of ICs very carefully. The IRS wants to make sure that your workers are properly classified and paying the government the necessary income and payroll taxes that are due.

To stay out of hot water with the IRS, be sure the workers you classify as ICs meet the IRS definition of an IC. The determining factors fall into three main categories: behavioral control, financial control and relationship of the parties. The IRS uses 20 factors when deciding a worker's status. Here are some of the major ones:

- *Who has control?* A worker is an employee if the person for whom he works has the right to direct and control him concerning when and where to do the work. The employer need not actually exercise control; it is sufficient that he has the right to do so.
- *Right to fire.* An employee can be fired by an employer. An IC cannot be fired so long as he or she produces a result that meets the specifications of the contract.
- *Training.* An employee may be trained to perform services in a particular manner. However, ICs ordinarily use their own methods and receive no training from the employer.

- *Set hours of work.* Workers for whom you set specific hours of work are more likely to be employees. ICs, on the other hand, usually establish their own work hours.

To stay on the right side of the IRS, it is best to document the relationship you have with any ICs in a written contract. This can be a simple agreement that spells out the duties of the IC. The agreement should state that the independent contractor, not the employer, is responsible for withholding any necessary taxes. In addition, have the

IT'S A PLAN

Employee benefits such as health insurance and pension plan contributions provide attractive tax deductions. With a qualified pension plan, you not only receive a tax deduction for the contributions you make on behalf of your employees, but the money you contribute to your own retirement account is also deductible and is allowed to grow tax-deferred until withdrawn. (A qualified plan meets the requirements of the Employee Retirement Income Security Act [ERISA] and the Internal Revenue Code.)

There are many different plans available, ranging from a Savings Incentive Match Plan for Employees (SIMPLE) to a traditional 401(k) plan (see Chapter 24). The pension design may be slightly different, but they all offer important tax benefits for business owners. So take the time to find out which plan will work best for you.

As far as health insurance is concerned, if your business is incorporated and you work for it as an employee, you can deduct all costs for your own insurance as well as for the coverage for your employees. Self-employed individuals can deduct 100 percent of the premiums paid for health insurance for themselves and their families, as long as the amount isn't more than the net earnings from the business.

IC submit invoices. It's a good idea to have a copy of the contractor's business license and certificate of insurance as well as his or her business card. Also, be sure you file Form 1099-MISC (*Miscellaneous Income*) at year-end, which is used to report payments made in the course of a transaction to another person or business that is not an employee. By law, you are required to file and give someone Form



WARNING

If you hire independent contractors, make sure you know whether they are covered under your state's workers' comp laws. If an independent contractor is injured on the job in a state where he's not covered by workers' comp, he's not limited in the type of civil action he can file against the employer. If he is covered by workers' comp laws, the contractor is limited to the remedies provided under those laws.

1099 if you pay that person more than \$600 a year. The form must be given to the IC by January 31 of the following year. Form 1099 with its transmittal Form 1096 must be filed with the IRS by February 28 of the following year.

Whether an individual is determined to be an independent contractor or an employee, it is required that you obtain their complete name, Social Security number and address before any money is paid. If this information is not obtained, you are required to withhold backup withholding taxes for federal income taxes.

If the IRS finds you have misclassified an employee as an independent contractor, you will pay a percentage of income taxes that should have been withheld on the employee's wages and be liable for your share of the FICA and unemployment taxes, plus penalties and interest.

Even worse, if the IRS determines your misclassification was "willful," you could owe the IRS the full amount of income tax that should have been withheld (with an adjustment if the employee has paid or pays part of the tax), the full amount of both the employer's and employee's share of FICA taxes (possibly with an offset if the employee paid self-employment taxes), interest and penalties.

Be advised that there is some relief being offered. If a business realizes it is in violation of the law regarding independent contractors, it

can inform the IRS of the problem and then properly classify the workers without being hit with an IRS assessment for prior-year taxes.

Selecting Your Tax Year

When you launch your business, you'll have to decide what tax year to use. The tax year is the annual accounting period used to keep your records and report your income and expenses. There are two accounting periods: a calendar year and a fiscal year.

A calendar year is 12 consecutive months starting January 1 and ending December 31. Most sole proprietors, partnerships, limited liability companies and S corporations use the calendar year as their tax year. If you operate a business as a sole proprietorship, the IRS says the tax year for your business is the same as your individual tax year.

A fiscal tax year is 12 consecutive months ending on the last day of any month other than December. For business owners who start a company during the year and have substantial expenses or losses, it may be smart to select a fiscal year (as long as the IRS allows it) that goes beyond the end of the first calendar year. This way, as much income as possible is offset by startup expenses and losses.



WARNING

Once you have selected to file on either a calendar- or fiscal-year basis, you have to get permission from the IRS to change it. To do so, you must file Form 1128, and you may have to pay a fee.

Filing Your Tax Return

Your federal tax filing obligations and due dates generally are based on the legal structure you've selected for your business and whether you use a calendar or fiscal year.

- *Sole proprietorships.* If you are a sole proprietor, every year you must file Schedule C (*Profit or Loss From Business*) with your Form 1040 (*U.S. Individual Income Tax Return*) to report your business's net profit and loss. You also must file Schedule SE

(*Self-Employment Tax*) with your 1040. If you are a calendar-year taxpayer, your tax filing date is April 15. Fiscal-year taxpayers must file their returns no later than the 15th day of the fourth month after the end of their tax year.

In addition to your annual tax return, many self-employed individuals such as sole proprietors and partners make quarterly estimated tax payments to cover their income and Social Security tax liability. You must make estimated tax payments if you expect to owe at least \$1,000 in federal tax for the year after subtracting your withholding and credits and your withholding will be less than the smaller of: 1) 90 percent of the tax to be shown on your current year tax return or 2) 100 percent of your previous year's tax liability. The federal government allows you to pay estimated taxes in four equal amounts throughout the year on the 15th of April, June, September and January.

- *Partnerships and limited liability companies (LLCs).* Companies set up with these structures must file Form 1065 (*U.S. Return of Partnership Income*) that reports income and loss to the IRS. The partnership must furnish copies of Schedule K-1 (*Partner's Share of Income, Credits, Deductions*), which is part of Form 1065, to the partners or LLC members by the filing date for Form 1065. The due dates are the same as those for sole proprietors.
- *Corporations.* If your business is structured as a regular corporation, you must file Form 1120 (*U.S. Corporation Income Tax Return*). For calendar-year taxpayers, the due date for the return is March 15. For fiscal-year corporations, the return must be filed by the 15th day of the third month after the end of your corporation's tax year.
- *S corporations.* Owners of these companies must file Form 1120S (*U.S. Income Tax Return for an S Corporation*). Like partnerships,

“Opportunities are usually disguised as hard work, so most people don’t recognize them.”

—ANN LANDERS

shareholders must receive a copy of Schedule K-1, which is part of Form 1120S. The due dates are the same as those for regular corporations.

Sales Taxes

Sales taxes vary by state and are imposed at the retail level. It's important to know the rules in the states and localities where you operate your business, because if you are a retailer, you must collect state sales tax on each sale you make.

While a number of states and localities exempt service businesses from sales taxes, some have changed their laws in this area and are applying the sales tax to some services. If you run a service business, contact your state revenue and/or local revenue offices for information on the laws in your area.

Before you open your doors, be sure to register to collect sales tax by applying for a sales permit for each separate place of business you have in the state. A license or permit is important because in some states it is a criminal offense to undertake sales without one. In addition, if you fail to collect sales tax, you can be held liable for the uncollected amount.

If you're an out-of-state retailer, such as a mail order seller who ships and sells goods in another state, be careful. In the past, many retailers have not collected sales taxes on the sales of these goods. Be sure you or your accountant knows the state sales tax requirements where you do business. Just because you don't have a physical location in a state doesn't always mean you don't have to collect the sales tax.

Many states require business owners to make an advance deposit against future taxes. Some states will accept a surety bond from your insurance company in lieu of the deposit.



The IRS offers a Small Business/Self-Employed Virtual Tax Workshop. It's designed to help new and existing small-business owners understand and meet their federal tax obligations. Log in at tax.gov/virtual workshop.

It's possible for retailers to defer paying sales taxes on merchandise they purchase from suppliers. Once the merchandise is sold, however, the taxes are due. The retailer adds the sales taxes (where applicable) to the purchase. To defer sales taxes, you need a reseller permit or certificate. For more details on obtaining a permit, contact your state tax department.

Tax-Deductible Business Expenses

According to the IRS, the operating costs of running your business are deductible if they are "ordinary and necessary." The IRS defines "ordinary" as expenses that are common and accepted in your field of business. "Necessary expenses" are those that are appropriate and helpful for your business. Following are some of the business expenses you may be able to deduct.

Equipment Purchases

Under the Internal Revenue Code Section 179, expensing allowance, business owners can fully deduct from taxable income a limited amount of the cost of new business equipment in a year rather than depreciating the cost over several years. In 2010, the maximum federal allowance is \$134,000, thanks to provisions in the American Recovery and Reinvestment Act of 2009; the maximum allowance falls to \$25,000 in 2011. For more information, get a copy of IRS Publication 946, *How to Depreciate Property*, and read "Electing The Section 179 Deduction." You also can find a free Section 179 calculator at section179.org.

Business Expenses

Some common business expenses for which you can take a deduction include advertising expenses, employee benefit programs, insurance, legal and professional services, telephone and utilities costs, rent, office supplies, employee wages, membership dues to professional associations and business publication subscriptions.

Auto Expenses

If you use your car for business purposes, the IRS allows you to either deduct your actual business-related expenses or claim the standard mileage rate, which is a specified amount of money you can deduct for each business mile you drive. The rate is generally adjusted each year by the IRS. To calculate your deduction, multiply your business miles by the standard mileage rate for the year.

If you use the standard mileage rate, the IRS says you must use it in the first year the car is available for use in your business. Later, you can use either the standard mileage rate or actual expenses method. For tax purposes, be sure to keep a log of your business miles, as well as the

START ME UP

The expenses you incur when launching a new business can run into a lot of money. But how do you treat them when it comes time to do your taxes? If you start a business, you may deduct up to \$5,000 of startup costs in the year you launch it and another \$5,000 in organizational expenses, which include costs related to creating a corporation. These deductions are reduced if you have more than \$50,000 of either type of expense. Keep in mind that startup costs that are not deductible in the year you started the business can be amortized over 15 years beginning in the month you launched your business.

Amortization is a method of recovering (or deducting) certain capital costs over a fixed period of time. Startup costs include advertising expenses and any wages you paid for training employees and fees paid to consultants.

If you spent time looking for a business but did not purchase one, the expenses you incurred during the search may be deductible.

costs of business-related parking fees and tolls, because you can deduct these expenses.

If you use five or more vehicles at the same time in your business, the IRS requires you to use the actual cost expenses method. With the actual cost method, the IRS allows you to deduct various expenses, including depreciation, gas, insurance, garage rent, leasing fees, oil, repairs, tolls and parking fees. If you use this method, keep records of your car's costs during the year and multiply those expenses by the percentage of total car mileage driven for business purposes.

While using the standard mileage rate is easier for record-keeping, you may receive a larger deduction using the actual cost method. If you qualify to use both methods, the IRS recommends figuring your deduction both ways to see which gives you a larger deduction, as long as you have kept detailed records to substantiate the actual cost method. For more details on using a car for business, see IRS Publications 334 (*Tax Guide for Small Business*) and 463 (*Travel, Entertainment, Gift and Car Expenses*).

Meal and Entertainment Expenses

To earn a deduction for business entertainment, it must be either directly related to your business or associated with it. To be deductible, meals and entertainment must be “ordinary and necessary” and not “lavish” or “extravagant.” The deduction is limited to 50 percent of the cost of qualifying meals and entertainment.

To prove expenses are directly related to your business, you must show there was more than a general expectation of gaining some business benefit other than goodwill, that you conducted business during the entertainment, and conducting business was your main purpose.

To meet the “associated” with your business test, the entertainment must directly precede or come after a substantial business discussion. In addition, you must have had a clear business purpose when you took on the expense.

Be sure to maintain receipts for any entertainment or meal that costs \$75 or more, and record all your expenses in an account book.

IN THE RED?

If you find, after you've tallied up all your business deductions and subtracted them from your income, that you're in the red for the year, don't despair. There's something called the net operating loss deduction that will help. It allows you to offset one year's losses against another year's income.

The IRS lets you carry this operating loss back two years and use it to offset the income of those previous two years. Doing so may result in a refund. If you still have some losses left after carrying them back, you can carry them forward for up to 20 years. If you don't want to use the two-year carryback period, you can elect to deduct the net operating loss over the next 20 years. However, once you make that election, you can't reverse it. Remember, if there is any unused loss after 20 years, you may no longer apply it to any income.

Record the business reason for the expense, amount spent, dates, location, type of entertainment, and the name, title and occupation of the people you entertained.

Travel Expenses

You can deduct ordinary and necessary expenses you incur while traveling away from home on business. Your records should show the amount of each expense for items such as transportation, meals and lodging. Be sure to record the date of departure and return for each trip, the number of days you spent on business, the name of the city, and the business reason for the travel or the business benefits you expect to achieve. Keep track of your cleaning and laundry expenses while traveling because these are deductible, as is the cost of telephone, fax and modem usage.



SAVE

To help you wade through all the tax laws and regulations, the IRS offers these free publications: *Tax Guide for Small Business* (Publication 334), *Business Expenses* (Publication 535), *Travel, Entertainment, Gift and Car Expenses* (Publication 463), *Circular E, Employer's Tax Guide* (Publication 15), and *Employer's Supplemental Tax Guide* (Publication 15-A). To obtain copies of these publications, you can download them from the IRS website at irs.gov.

Home Office

If you use a portion of your home exclusively and regularly for business, you may be able to claim the home office deduction on your annual tax return. This generally applies to sole proprietorships. To claim the deduction, the part of the home you use for your office must be your principal place of business, or you must use it to meet or deal with clients in the normal course of business. Keep in mind that you can't claim the deduction if you have an outside office as well.

Business owners who keep records, schedule appointments and perform other administrative or management activities from their home offices qualify for a deduction as long as they don't have any other fixed place of business where they do a large amount of administrative or management work. This holds true even if they don't see

clients or customers in their home offices. The IRS scrutinizes this deduction very carefully, so be sure to follow the rules and keep good records.

Tax Planning

As you operate your business, be on the lookout for ways to reduce your federal and state tax liability. Small-business owners typically have a lot of ups and downs from one year to the next. If you make a lot of money one year and have to pay taxes on all that profit, your business won't have the reserves needed to tide you over in some other year when business may not be as good.

That's why it's important to defer or reduce taxes whenever possible. This is a good way to cut business costs without affecting the quality of your product or service.

Throughout the year, periodically review your tax situation with the help of your accountant. If your income is increasing, look for deductions to help reduce your taxes. For example, if you are a cash-basis taxpayer, think about doing some needed business repairs or stocking up on office supplies and inventory before the end of the year. Cash-basis taxpayers can also defer income into the next year by waiting until the end of December to mail invoices.

For businesses using the accrual method, review your accounts receivable to see if anything is partially worthless. If it is, you can take a deduction for a portion of the amount of the uncollected debt. Check with your accountant to determine whether you meet IRS requirements to claim a bad-debt deduction.

Both cash and accrual taxpayers can make charitable donations before the end of the year and take deductions for them. Beware: If you donate \$250 or more, you must obtain written substantiation of the contribution amount or a description of the property given from the charity, as well as a bank record, such as a canceled check or bank statement.

Tax planning is a year-long endeavor. Be sure you know what deductions are available to you, and keep good records to support them. This way, you can reap tax savings, which you can use to successfully operate and grow your business.



e-FYI

Believe it or not, the IRS does publish understandable business tax information. Visit the Small Business and Self-Employed Tax Center on its website at irs.gov.

BUSINESS AND GOVERNMENT RESOURCES

Accounting and Taxes Associations

American Accounting Association
(941) 921-7747
aaahq.org

American Institute of Certified Public Accountants
aicpa.org

Association of Credit and Collection Professionals
(952) 926-6547
acainternational.org

CCH Inc.
(888) 224-7377
cch.com

Polaris International
international network of accounting firms
(305) 670-0580
accountants.org

Internet Resources

Accounting Software Directory
(800) 827-1151
cpaonline.com

American Express OPEN for Business

resources, workshops, and articles related to small businesses, including financial management and marketing ideas

(800) 492-3344

openforum.com

Fiserv

offers different types of business payment solutions, including the option of paying bills and receiving payments electronically

(262) 879-5000

newfiserv.com

Advertising and Marketing**Associations****American Advertising Federation**

(800) 999-2231

aaf.org

American Marketing Association

(800) AMA-1150, (312) 542-9000

ama.org

Direct Marketing Association

(212) 768-7277

the-dma.org

International Branding Association

internationalbranding.org

Marketing Research Association

(860) 682-1000

mra-net.org

Radio Advertising Bureau

(800) 232-3131

rab.com

Internet Resources**ICANN (Internet Corp. for Assigned Names & Numbers)**

internet security information

(310) 823-9358

icann.org

Small Business Showcase

small-business directory for advertising and marketing

(800) 706-6225

sbshow.com

24/7 Real Media Inc.

provides marketing solutions and products

(212) 231-7100

247realmedia.com

Website Marketing Plan

lots of informative articles, as well as sample business and marketing plans

websitemarketingplan.com

Credit Services

Dun & Bradstreet

provides business credit-reporting services

(866) 203-3151

dnb.com

Equifax Credit Information Services Inc.

provides credit-reporting services

(888) 202-4025

equifax.com

Experian

provides credit-reporting services

(888) 397-3742

experian.com

First Data Corp.

provides credit-processing services

firstdata.com

Telecheck

provides check-guarantee services

telecheck.com

TransUnion

provides credit-reporting services

(866) 922-2100

transunion.com

Business Planning and Development

Internet Resources

AllBusiness.com

articles, business forms, contracts, news and advice

(415) 694-5000

allbusiness.com

BPlans.com

free sample business plans, articles and online tools

(541) 683-6162

bplans.com

Center for Business Planning

sample business plans and planning guidelines for business owners

(800) 423-1228

businessplans.org

Microsoft Support

the latest news, support and web solutions from America's premier software company

support.microsoft.com

More Business

sample business forms, agreements and marketing plans, as well as informative articles and links

morebusiness.com

Web Site 101

free online tutorials, surveys and articles related to e-commerce
website101.com

Franchise and Business Opportunities Association

International Franchise Association
(202) 628-8000
franchise.org

Internet Resource

Entrepreneur magazine's FranchiseZone
loads of information on buying and researching a franchise
entrepreneur.com/franchise

Federal Resources

Business.gov
the official business link to the U.S. government

Census Bureau
census.gov

Copyright Clearance Center
(978) 750-8400
copyright.com

Copyright Office

Library of Congress
(202) 707-3000
loc.gov/copyright

Department of Agriculture

(202) 720-2791
usda.gov

Department of Commerce

(202) 482-2000
doc.gov

Department of Energy

(202) 586-5000
doe.gov

Department of the Interior

(202) 208-3100
doi.gov

Department of Labor

(866) 487-2365
dol.gov

Department of Treasury

(202) 622-2000
ustreas.gov

Equal Employment Opportunity Commission

eeoc.gov

Export-Import Bank of the United States

(800) 565-3946, (202) 565-3946
exim.gov

FCC (888) 225-5322 fcc.gov	U.S. Food and Drug Administration (888) 463-6332 fda.gov
FTC (202) 326-2222 ftc.gov	U.S. Patent & Trademark Office (800) 786-9199 uspto.gov
International Mail Calculator ircalc.usps.gov	U.S. Postal Service usps.com
IRS (800) 829-4933 irs.gov	U.S. Printing Office (202) 512-1800 access.gpo.gov
Minority Business Development Agency U.S. Department of Commerce (888) 324-1551 mbda.gov	USA.gov government information by topic usa.gov
Occupational Safety and Health Administration osha.gov	General Business Resources Associations
SBA (800) 827-5722 sba.gov	American Express OPEN for Business resources, workshops, and articles related to small businesses, including financial management and marketing ideas (800) 492-3344 openforum.com
Securities & Exchange Commission (202) 942-8088 sec.gov	
U.S. Consumer Product Safety Commission (301) 504-7912 cpsc.gov	

American Management Association

(877) 566-9441

amanet.org

The Edward Lowe Foundation

(800) 232-LOWE

lowe.org

Equipment Leasing Association

(703) 527-8655

eflaonline.org

Ewing Marion Kauffman Foundation

for entrepreneurship and education

(816) 932-1000

kauffman.org

Independent Insurance Agents & Brokers of America

(800) 221-7917

independentagent.com

Insurance Information Instituteprovides information and tools
on how to adequately insure your
business

(212) 346-5500

iii.org

National Association of Women's Business Owners

resources and networking opportunities for women-owned businesses

(800) 55-NAWBO

nawbo.org

National Association for the Self-Employed

(800) 649-6273

nase.org

National Association of Professional Employer Organizations

(703) 836-0466

naapeo.org

National Minority Supplier Development Councillinks minority-owned businesses
with corporations that want to
purchase goods and services

(212) 944-2430

nmsdc.org

Office Business Center Association Internationalprovides executive suite location
assistance

(800) 237-4741, (949) 260-9023

officebusinesscenters.com

Internet Resources

AOL Small Business

tons of helpful articles for every stage of your business—from startup to managing to growing your venture

smallbusiness.aol.com

BizBuySell

useful website to find businesses for sale, as well as online tools and articles; allied with *The Wall Street Journal*
(888) 777-9892
bizbuysell.com

Business Know-How

ideas, advice, information and resources for small and home-based businesses
(631) 467-8883
businessknowhow.com

Business Owners Idea Café

lots of ideas, articles and resources to start and run a business
businessownersideacafe.com

Business Town

plenty of resources and links to start and run a small business
businesstown.com

CCH Business Owner's Toolkit

provides customizable interactive forms and spreadsheets, plus other business tools and resources

toolkit.cch.com

Entrepreneur.com

tons of resources, guides, tips, articles and more at this informative website for startup businesses and growing companies
(949) 261-2325
entrepreneur.com

The Entrepreneurship Institute

provides resources and networking opportunities for business owners
(614) 895-1153
tei.net

Smart Biz

resources for small business, including e-mail marketing campaigns, website creation, legal and business forms, and online tools and equipment
smartbiz.com

TradePub.com

free trade publications and white papers for small-business owners
(800) 882-4670
tradepub.com

Business.gov

official business link to the U.S. Government, with business start-up and other information
business.gov

Yahoo! Small Business Resources

news, articles, and resources on business basics, e-commerce, marketing, planning, accounting and more
<http://smallbusiness.yahoo.com>

Homebased Business Resources**Associations****American Home Business Association**

homebusinessworks.com

Mothers Home Business Network

homeworkingmom.com

National Association of Home Based Businesses

(410) 367-5308, (410) 367-5309
usahomebusiness.com

Internet Resource**Power Home Biz**

lots of resources that include tools, articles and information on

how to start, manage and grow a home business
powerhomebiz.com

Inventors and Idea Protection Associations**Affiliated Inventors****Foundation Inc.**

(800) 525-5885
affiliatedinventors.com

American Society of Inventors

(215) 546-6601
americaninventor.org

Innovation Assessment Center

Washington State University
(888) 585-5433
business.wsu.edu/organizations/iac/Pages/index.aspx

Invention Services**International**

sponsors the Invention Convention Trade Show
Administrative & Communications Center
(800) 458-5624, (323) 878-6951
inventionconvention.com

The Inventors Assistance League International Inc.
(877) IDEA-BIN
inventions.org

Inventory Management Software

AdvancePro
AdvanceWare Technologies
(888) 792-3826
advanceware.net

inFlow Inventory Software
(866) 923-4974
inflowinventory.com

Traker Systems
(800) 314-6863, (951) 693-1376
trakersystems.com

Laws, Regulations and Employee Benefits Internet Resources

Benefits Link
informative website regarding employee benefits, laws and regulations
(407) 644-4146
benefitslink.com

BizFilings
information on incorporating and related services for business owners, including forms, advice and tools needed
(800) 981-7183, (608) 827-5300
bizfilings.com

Employers of America
information on writing job descriptions, HR manuals, safety tips, training resources and more
(800) 728-3187
employerhelp.org

FindLaw
links to regulatory agencies, sample forms and contracts, articles on all aspects of business development
(800) 455-4565
smallbusiness.findlaw.com

Small Business Advisor
lots of articles and advice for startup businesses
isquare.com

Small Business Notes
useful site that features a wide variety of business articles and resources, including legal issues and record-keeping
smallbusinessnotes.com

Startup Assistance Associations

American Bankers Association
(800) BANKERS
aba.com

Association of Small Business Development Centers
(703) 764-9850
asbdc-us.org

Commercial Finance Association
(212) 792-9390
cfa.com

Independent Community Bankers of America
(202) 659-8111
icba.org

National Association of Small Business Investment Companies
(202) 628-5055
nasbic.org

National Business Incubation Association
provides incubator location assistance
(740) 593-4331
nbia.org

National Venture Capital Association

(703) 524-2549
nvca.org

SCORE
national office
(800) 634-0245
score.org

Internet Resource

Business Finance
thousands of business loan and capital sources
(800) 835-8857
businessfinance.com

Stats ***Internet Resources***

American FactFinder
online source for population, housing, economic and geographic data
(301) 763-INFO (4636),
(800) 923-8282
factfinder.census.gov/home/saff/main.html

BizStats
quick online access to useful financial ratios, business statistics and benchmarks
(717) 909-6000
bizstats.com

Center for Women's Business Research

comprehensive data and information on women-owned businesses
(703) 556-7162
cfwbr.org

The Dialog Corp.

extensive online information retrieval system
(919) 804-6400,
(800) 3-DIALOG
dialog.com

Industry Research Desk

provides online tools and links for researching businesses and industries
virtualpet.com/industry

Valuation Resources

provides links to a wide variety of industry information resources
(812) 459-7742
valuationresources.com

Time Management**Personal Time Management Guide**

a website with tips on goal setting, critical skills, teamwork, managing stress and more
time-management-guide.com

Project Management and Collaboration Basecamp

an online project management tool that increases communication among teams and clients
basecamphq.com

GLOSSARY

3G: third-generation cellular networks being built for better voice calls, web browsing and data downloads at speeds up to 2.4Mbps

4G: the newest generation of cellular phone networks that offers much faster speeds for sending and receiving all types of data

80-20 rule: principle of inventory control that says 80 percent of a business' sales typically come from 20 percent of its inventory; as a result, most attention should be focused on the 20 percent that generates the most profit

802.11x: any of several wireless local area networking standards—aka Wi-Fi—that transfers data packets over the 2.4GHz or 5GHz radio bands up to 300 feet at speeds up to 300Mbps

ABC method: method of inventory control that divides items into A, B and C groups based on their importance to the business; most attention is then devoted to the A, or essential, items

Absolute net lease: a lease in which the tenant agrees to pay a basic rent and be responsible and separately pay for all maintenance, operating and other expenses of the building or office

Accounts payable: a company liability that represents amounts due for goods or services purchased on credit

Accounts receivable: money due to a business from clients and customers; outstanding invoices

Accrued expenses: expenses that have been accounted for on the income statement but that have not yet been paid

Affiliate: a company that sells another company's products or services on its site for a commission

Alternative dispute resolution (ADR): a way of resolving disputes without resorting to litigation

Amenities: any material goods, services or intangible items that increase the comfort, attractiveness, desirability and value of an office suite or building

Americans With Disabilities Act (ADA): law passed in 1990 that prohibits employers with 15 or more employees from refusing to hire people with disabilities if making "reasonable accommodations" would enable the person to perform the job

Angel, angel investor: describes a private individual who invests money in a business

Assemblage: the combining of two or more contiguous properties into one large property; an assemblage will often make the one large property more valuable than the separate parts

Assessment: the determination or setting of a tax or other charge based on a building's estimated value

Asset: tangible or intangible object of value to its owner

Asset acquisition: a method of buying a business in which the buyer purchases only those assets of the business he or she wants

Asset remarketers, asset remarketing companies: Firms that work with equipment leasing companies to resell repossessed office equipment through a network of dealers and wholesalers as well as directly to business owners

Attornment: a lease provision that the tenant agrees, in advance, to accept and pay rent or other required payments to a new landlord or legal owner

B2B sales: marketing your products and services to other businesses, as opposed to individual consumers

Balance sheet: a “snapshot” of the assets, liabilities and owner’s equity of a business for a given period

Balloon payment: a large payment (the balloon) at the end of a lease

Base salary: fixed compensation for services, paid to a person on a regular basis

Batch counter: feature on a letter-folding machine that prevents the machine from folding too many sheets together

Binding arbitration: form of ADR in which the arbitrator’s decision is legally binding

Binding letter of intent: a letter of intent would be upheld in a court of law as the actual leasing of space by the tenant from the landlord and by the landlord to the tenant regardless of whether an actual lease document was agreed to or signed

Bluetooth: a short-range (30 feet) wireless protocol for transferring voice and data among cell phones and computing devices over the 2.4 GHz radio band at up to 700Kbps

Bonding: a guarantee of performance required either by law or consumer demand for many businesses, typically general contractors,

temporary personnel agencies, janitorial companies and businesses with government contracts

Bonus: a sum of money in addition to salary that's part of total compensation

Brand audit: examining your brand from every angle to see how well it's working

Brand equity: the dollar value your brand generates over decades in the demand it drives and the customer loyalty it creates; brand equity for a very large, well-known company like Nike translates into billions of dollars

Brand identity: the visual aspects of your brand that include your signs, packaging and stationery; customer service also falls into this category

Branding: your company's reason for being; the synchronization of all aspects of your company that leads to consistency and creates value around your product or service

Brandmark: the illustration that distinguishes your company; in other words, your logo

Brand position: how your customers view your brand vis-à-vis the competition

Brand promise: how you tell customers about the most important benefit of your product or service, who in turn should be able to connect this benefit right back to your product

Brand strategy: a written plan for applying your brand strategically

Broadband modem: any device that connects your computer to the same cable that brings content to your TV, or to the T1, ATM fiber relay or DSL of the telephone companies

Broker: an insurance agent who represents many different insurance companies

Browser: software used for navigating the web

Building standard work letter: a list and/or detailed specifications of the construction items (both quantity and quality) that will be provided by the developer to be used in building out a tenant's office space

Business broker: a person who helps buy and sell businesses, similar to a real estate broker

Business interruption insurance: pays for the cost of repairing or rebuilding a business, as well as income lost, while the business is out of commission

Business opportunity: legal definitions vary; in its simplest terms, a business opportunity is a packaged business investment that allows the buyer to begin a business

Cable modem: modem that connects to your cable TV line to give you high-speed access to the internet

Cash-flow statement: the financial statement that reflects all inflows and outflows of cash resulting from operating, investing and financing activities during a specific time period

Certified Development Companies (CDCs): nonprofit intermediaries that work with the SBA and banks to make 504 Loans available to entrepreneurs

Chadder: type of letter-opening machine that cuts one-eighth of an inch from the end of the envelope

Chargeback: when a customer purchases an item using a credit card and then returns it, this is called a chargeback

Chart of accounts: the list of accounts that are tracked within the general ledger

Chattel-mortgage contract: type of credit contract used for equipment purchase in which the equipment becomes the property of the purchaser on delivery, but the seller holds a mortgage claim against it until the contract amount is fully paid

Closed-end lease: type of equipment lease in which no money is owed when the lease period ends; the lessee simply turns in the equipment and walks away

Cohort marketing: marketing to people based on the groups or “cohorts” they were part of during their formative years

Collateral: anything of value that can be pledged against a loan, including stocks and bonds, equipment, home equity, inventory, and receivables; if you cannot repay the loan, the lender will look to your collateral as a backup source of repayment

Commissioned financial planner: financial planner who receives commissions on products he or she sells

Common stock: stock representing equity ownership in a company; it entitles the holder to elect corporate directors and collect dividends

Competitive analysis: section of a business plan that assesses the competition’s strengths and weaknesses

Conditional sales contract: type of credit contract used for equipment purchase in which the purchaser does not receive title to the equipment until it is paid for

Consolidated Omnibus Budget Reconciliation Act (COBRA): law requiring employers to extend health insurance coverage to employees and dependents beyond the point at which such coverage traditionally ceases (such as the termination or death of the covered employee)

Consumer: an individual who purchases services or products from a business

Contiguous office space: office suites adjacent to each other or having a common demising wall

Cookie: a piece of data given to your browser by a web server when you visit a web page; the browser stores the cookie in a file and sends a message back to the server each time you revisit that web page

Corporation: a legal entity that's separate and distinct from its owners

Cost accounting: the process of allocating all direct and indirect expenses associated with the production and/or sale of a product

Cost of goods sold: the cost that a business incurs to produce a product for sale to its customers

Count cycle: the period at which you count your inventory; a four-week count cycle means you count inventory every four weeks

CPA (certified public accountant): an accountant who has passed a nationally standardized exam in accounting

CPM (cost per thousand): figure that tells you how much it costs to reach 1,000 potential customers with a given form of advertising

CPU: the central processing unit, or the brains of the computer, now commonly includes two separate processing engines bolstered by a lot of on-chip cache memory

Credit: the right-side entries in a double-entry accounting system

Cross-training: training employees to fill more than one position

Cure provision: part of the default section of a promissory note, the cure provision allows you a certain amount of time (usually 10 days) to remedy a default after you've been notified

Current maturities of long-term debt: the portion of long-term debt that is due in one year or less

Debit: the left-side entries in a double-entry accounting system

Debit card: a card that can be used to debit money directly from the customer's checking account

Debt financing: capital in the form of a loan, which must be paid back

Deductions: business and other expenses that reduce your income

Delivery cycle: the time it takes for inventory to be delivered; a ten-week delivery cycle means inventory takes ten weeks to arrive

Depreciation: allocation of the cost resulting from the purchase of a fixed asset over the entire period of its use

Design and development plan: section of a business plan that describes the product's design and charts its development within the context of production, marketing and the company itself

Direct mail: any form of advertising material that's mailed directly to potential customers, including catalogs, brochures, letters, fliers, postcards and newsletters

Direct writer: an insurance agent who represents one insurance company

Disability insurance: pays a fixed percentage of average earnings if the insured is unable to continue working due to disability

Discount rate: the actual percentage the merchant is charged per credit card transaction by the credit card company or bank; the discount rate is based on sales volume, risk and other factors

Disguised dividend: total compensation in the form of salary, bonus and perquisites that is judged to be excessive by the IRS

Distribution: means of getting product to the end user; describes entire process of moving product from factory to end user

Dividend: distribution of a portion of a company's earnings, determined by the board of directors, to a class of its shareholders

Dollar-control system: tracking system where sales receipts are compared with delivery receipts to determine the cost and gross profit margin on inventory items

Domain name: the words or phrases a user types into their browser to go to a website, such as www.[YourWebsiteName].com

Double-entry accounting: a system of accounting in which the total of all left-side entries is equal to and offset by the total of all right-side entries

Downline: the group of sales representatives that a given sales rep has recruited to join a multilevel marketing system; the rep receives a percentage of their sales

DSL (or xDSL): DSL or xDSL refers to Digital Subscriber Line, which is a way of connecting to the internet at high speeds over your copper telephone line

Due diligence: the process of investigating legal, financial and other aspects of any business deal (such as buying a business) before the deal is completed

Easement: the right of an individual or entity to use the land of another individual or entity, usually for a specific purpose

E-commerce: the process of conducting business on the internet and accepting credit cards or other forms of digital payments (using PayPal, for example)

E-mail auto responder: an automatic e-mail response generated by the web server in response to a customer's e-mail inquiry

Employee leasing company: company that administers personnel functions for clients and "leases" the client's employees back to them; also known as a professional employer organization (PEO)

Employee stock ownership plan: a plan that gives employees shares of stock in a company

Employment practices liability insurance: an optional part of workers' compensation coverage, this protects the corporation from being sued for acts of individual employees (such as in a sexual harassment case)

Empowerment zones/renewal communities: designated economically disadvantaged zones that offer state and/or federal tax breaks and other incentives to businesses that locate there

Engagement letter: letter of agreement between a lawyer or an accountant and his/her client that spells out the terms

Equity financing: capital received in exchange for part ownership of the company

Errors and omissions liability coverage: protects professionals, such as consultants or accountants, from damages resulting from an error or omission in their work

Escalator(s): term used to describe how a tenant's payment for rent or service shall increase

Ethernet: a packet-based wired transmission protocol primarily used in local area networking, Ethernet is the common name for the IEEE 802.3 industry specification that is often identified by its data transmission rate

Executive search firm: company that recruits executive, technical or professional job candidates for client companies; also called recruitment firm or headhunter

Executive summary: the opening section of a business plan; describes the business, product or service in brief

Expense: money spent for goods or services

Factors: companies that buy businesses' accounts receivable

Family and Medical Leave Act (FMLA): law requiring certain employers to give employees 12 weeks of unpaid leave for the birth or adoption of a baby or the serious illness of the employee or a close family member

FBML: Facebook Markup Language, a subset of HTML used to create or enhance a more personalized Facebook page and experience for the end user

Fee-for-service planner: financial planner who charges a fee for making recommendations on what you should do to achieve your financial goals

Financial budget: a projection of future financial performance

First in, first out (FIFO): method of inventory accounting that assumes items purchased first are sold first

Fixed assets: assets that are not bought and sold in the normal course of business but that are purchased for long-term use in the production or sales process

Flipcam: a handheld camera that's easy to use and fits in your pocket; it's affordable and starts up within seconds; to upload clips to a computer, simply flip out a USB connection and hook it up to your computer for video download

Focus group: type of primary market research where a group of potential customers (typically five to 12 of them) come together in an informal environment, under the guidance of a moderator, to discuss a product or service

Franchise disclosure document: a disclosure document franchisors are legally required to provide to prospective franchisees

Franchisee: the person who buys a system of doing business from a franchisor

Franchisor: a person or company that sells a system of doing business to franchisees and provides them with ongoing training and support

Friction feeder: feature on a letter-folding machine that pulls sheets through using a rubber wheel

Fulfillment: shipping and handling of sales orders

General ledger: the main records of the assets, liabilities, owner's equity, income and expenses of an organization

General liability coverage: insures the business against accidents and injuries that happen on its premises as well as exposure to risk related to its products

Generational marketing: marketing to consumers based on social, economic, demographic and psychological factors

Gross profit margin: the percentage of gross profit realized on goods sold after subtracting cost of goods sold from sales

GSM (Global System for Mobile Communications): this 2G (about 9.6Kbps) digital network is most pervasive in international markets, although these days, it's pretty much outdated (having been replaced by 3G and 4G wireless cellular networks)

Guarantee and surety agreement: for businesses with insufficient operating history or assets on which to base a loan, banks will require the loan to be guaranteed with your personal assets, such as the equity in your home, in a guarantee and surety agreement

Hard drive: one or more physical hard drives, each of which can be divided into several local hard drives, are the warehouses where you store multi-megabyte programs and gigabytes worth of data

Hold harmless and indemnify: a clause in a contract that protects one party to a business purchase from being held responsible for results of the other party's actions prior to the purchase

Holdover rent: an extremely high rent intended as a penalty to a tenant who continues to use or remain in possession of a leased premises beyond the lease term

House list: the mailing list a business develops in-house, comprised of names and addresses collected from current or potential customers

Icon: a graphic image that allows users to click to the subject represented by that picture

iMac/Mac Pro: Apple's version of a desktop computer that runs the Mac OS operating system (and Windows as well)

Income: money received for goods or services produced or as a return on investment

Income statement: a financial statement that charts revenues and expenses over a period of time

Independent sales organization: representatives from out-of-town banks that, for a commission, match businesses with banks that will grant them merchant status

Intangible asset: an asset of a business such as patents, franchise rights and goodwill that does not physically exist but that has value to the business

Intellectual property: a nontangible property, such as a trade secret, patent or trade name, to which one has legal rights

Internal control: a system that is designed to minimize the risk of financial loss due to incompetence or dishonesty of an employee or an outside bookkeeper

ISP: an acronym for internet service provider; *see* online service

Job description: an outline of how a job fits into the company, listing broad goals and basic responsibilities

Job specification: more detailed than a job description, this describes the job but also lists specific education, experience, skills, knowledge, or physical requirements for performing the job

Jogger: mechanism on a letter-opening machine that helps settle contents of envelopes so they don't get cut

Key person insurance: life insurance policy taken out on "key people" in the company, where the beneficiary is the company; proceeds are used to buy out the deceased's shares or ownership interest in the company

Laptop: portable devices that weigh between 3 and 8 pounds and typically offer all the computing power and functionality of a desktop computer, only they're portable and can run on battery

Last in, first out (LIFO): method of inventory accounting that assumes most recently purchased items are sold first; allows business owner to value inventory at the less expensive cost of the older inventory

Laundering: the practice of depositing one merchant's sales slips through another merchant's account; it is illegal in many states and prohibited by both Visa and MasterCard

LCD: liquid crystal displays have totally replaced CRT monitors; 17-inch LCDs are giving way to 19- to 27-inch screens for desktops, and up to 17-inch screens for laptops

Leasehold improvements: the construction, fixtures, attachments, and any and all physical changes and additions made to lease premises by the tenant (with or without the landlord's permission), or on the tenant's behalf by the landlord or a representative (e.g., subcontractor) of the tenant

Leasing agent: an individual who specializes in leasing commercial real estate, including office, retail and industrial space; a leasing agent must work for a principal broker and be licensed

Letter of credit: a letter from a major customer showing that the customer has contracted to buy from you; can be used in establishing relationships with suppliers

Letter of intent: an agreement signed by both tenant and landlord prior to the lease, setting forth primary terms, conditions and considerations that are to form the basis of the lease

Liability: an obligation to another party

Liability of landlord provision: a lease clause severely limiting the landlord's liability for use of the building and office space by tenants, guests, employees, visitors, etc.

Life-stage marketing: marketing to consumers based on what they are doing at a given period in life, such as having children, buying a home or retiring

Limited liability company (LLC): a hybrid business structure that combines tax advantages of a partnership with liability protection of a corporation

Link: a programming command that allows users to jump from one web page to another in one mouse click

LinkedIn: a social networking site that includes businesspeople from around the world, representing 150 industries and 200 countries, on which you can find, be introduced to, and collaborate with qualified people who can help you accomplish your business and professional goals

Liquidation preference: stockholders with liquidation preference are first in line to recover their investment if the company goes under

List broker: company that locates and arranges the rental of direct mail and e-mail lists of potential customers to other businesses

List-rental company: company that rents mailing lists of consumer or business names and addresses

Loan agreement: written contract specifying terms of a loan

Long-term debt: the portion of external debt (usually from banks) that is due after one year

MacBook/MacBook Pro: Apple's version of a laptop computer that runs the Mac operating system (and Windows as well)

Manual tag system: system of inventory tracking in which tags are removed from products at the time of the sale and then cross-checked against physical inventory later to figure out what was sold

Market rent: the current rental rates paid by tenants for like use (office space) in buildings of comparable size with similar qualities of construction and building amenities and comparable surrounding neighborhood characteristics and environment; term is often used in renewal clauses as the rent that will be paid if lease renewal occurs

Market research: research into the characteristics, spending habits, location and needs of your business's target market, the industry as a whole, and the particular competitors you face

Market survey: the study of the spending characteristics and purchasing power of the consumers who are within your business's geographic area of operation

Markup: the percentage above the cost of producing a product that is charged to the customer

Merchant account: an account that allows a merchant to accept payment from customers via credit card; may be granted through banks or directly from a credit card company

MFD: multifunction devices are different combinations of printer, scanner, copier and fax sharing the same color or black-and-white page description engine; usually based on laser or inkjet technology

Minority business enterprise (MBE): a business that is certified owned by a minority entrepreneur; certification can be obtained from a variety of organizations and is generally required for participation in government set-aside programs

Mission statement: a short written statement of your business goals and philosophies

Needs period: the sum of the count cycle, delivery cycle and order cycle

Netbook: a scaled-down laptop computer that typically weighs less than three pounds and is used primarily for basic computing functions, such as word processing or surfing the net while on the go;. cost is typically under \$300, while a traditional laptop runs \$500 to \$1,500 or more

Network marketing: a system of doing business in which participants recruit other sales representatives as part of their "downline" and receive a commission based on sales of their downline as well as on their own sales

Nonbinding arbitration: form of ADR in which the arbitrator makes a recommendation that parties can accept or reject

Nonvoting stock: stock that pays a fixed dividend and is given preference ahead of common stockholders in the event of liquidation

Notes payable: short-term notes of less than one year either under lines of credit or with a stated repayment date

Occupational Safety and Health Administration (OSHA): federal agency that regulates workplace safety

Online service: a company that offers internet access, website hosting services, or an e-commerce turnkey solution, for example

Open-end lease: type of equipment lease in which if the value of the equipment at the end of the lease is less than the value established in the lease contract, the lessee must pay the difference

Open-to-buy: the amount budgeted for inventory purchases for a given period

Operating expenses: the day-to-day expenses incurred in running a business, such as sales and administration, as opposed to production

Operations and management plan: section of a business plan that describes how the business will function on a day-to-day basis

Optical drive: various combinations of CD, DVD and Blue-ray optical drives come bundled with computers

Order cycle: the time it takes to process paperwork and place orders with your vendors for inventory

Outsourcing: practice of sending certain job functions outside a company instead of having an in-house department or employee handle them; functions can be outsourced to a company or an individual

Owner's equity: excess of total assets minus total liabilities

Package policy: insurance policy that combines several standard coverages, such as liability, burglary and vehicle, in one package

Paid-in-capital: the additional amount paid for common stock over and above the value upon issuance

Paid search services: services that allow you to pay to have your website be part of the results of a user's query on a search engine site; there

are three types: paid submission, pay-for-inclusion and pay-for-placement

Partnership: a business that's unincorporated and organized by two or more individuals

Perquisites: a payment or profit received in addition to a regular wage or salary

Physiographics: the physical conditions related to aging, such as arthritis or near-sightedness

Pitch letter: an introductory letter sent to members of the media in an effort to get publicity for a business; sometimes this is a cover letter accompanying a press release

Plugins: consists of a computer program that interacts with a host application (a web browser or an e-mail client, for example) to provide a certain, usually very specific, function "on demand"; also called add-in, add-on, snap-in, or extension

Point-of-sale (POS) software: software that records information about inventory, sales and profits at the point of sale

Positioning statement: one- or two-sentence statement summarizing what differentiates your business from the competition

Preferred stock: stock that pays a fixed dividend and is given preference ahead of common stockholders in the event of liquidation

Premium: any free giveaway to customers (also called ad specialties); common premiums include key chains, caps, T-shirts, pens and desk accessories

Prepaid legal plan: payment structure in which a client prepays a set monthly fee in return for a fixed amount of legal services per month (differs from monthly retainer in that services are more limited and relationship is not with one law firm, but with a prepaid legal service firm, which has relationships with many law firms)

Press kit: packet (typically a folder) containing a cover letter, a press release, photos and additional information about a business; sent to members of the media to get publicity for the business

Press release: standard written notice sent to the media in an effort to get publicity for your business

Price comparison website: an online service that lets you compare multiple e-tailers and their product pricing; also displays consumer satisfaction scores or rankings so you can easily determine if an online company is reputable

Primary research: information you gain directly from the source, such as potential consumers

Private-label credit card: a credit card a merchant issues with his or her business's name on it

Promissory note: details the principal and interest owed on a loan and when they are due; it also outlines the events that would allow the bank to declare your loan in default

Property/casualty coverage: protects physical property and equipment of the business against loss from theft, fire or other perils; all-risk coverage covers against all risks; named-peril coverage covers only against specific perils named in the policy

Push e-mail: an instant receipt capability for mobile workers that "pushes" e-mail to an appropriate handheld device, such as a BlackBerry, as soon as a message lands on the server back at the office

Pyramid scheme: an illegal type of network marketing in which participants receive revenues primarily for recruiting others rather than for selling the company's products or services

Qualified retirement plan: a plan that meets requirements of the Internal Revenue Code and, as a result, is eligible to receive certain tax benefits

RAM: considerably slower and cheaper than cache, RAM is the bucket your computer's processor uses to hold vast amounts of data and program instructions while it works

Ratio analysis: the use of certain financial ratios to compare the performance of a business with years past and with industry peers

Replacement cost insurance: covers cost of replacing property at current prices

Rent abatement: a concession offered by a landlord as an inducement to tenants to lease office space; provides for a reduction of monthly rent by omitting a required payment for a specific number of months

Retained earnings: the cumulative amount of after-tax earnings less dividends paid that the owner draws over the life of a business

Safelist: a form of e-mail marketing and advertising where the members have agreed to receive each other's messages

Sales: the gross amount of revenue generated by a business

S corporation: a type of corporation that provides its owners with tax treatment that is similar to a partnership

Script: hard copy of a website's contents that contains all text and graphics in sequential order, from the home page to the last page

Sealer: part of a postage meter's base that seals mail

Search engine: a navigational tool that lets web users type in a word or phrase to get multiple listings of sites containing that word or phrase

Secondary research: information that has already been gathered by other agencies or organizations and compiled into statistics, reports or studies

Self-employment tax: tax paid by a self-employed person to help finance Social Security and Medicare

Sensitivity analysis: the process of changing financial variables in a financial budget to determine their potential impact on the company's future performance

Server: a host computer; *see* web host

Shopping cart program: software that allows the processing of online sales transactions

Slitter: type of letter-opening machine that slits the seam of the envelope

Smartphone: a handheld cell phone that integrates the functionality of a basic cell phone with that of a personal digital assistant (PDA) or other information device; used for voice calls as well as for wireless internet applications, such as surfing the web and e-mail; can also handle applications, such as contact management and scheduling

Sole proprietorship: a business organization that is unincorporated and has only one owner

Stacker: part of a postage meter's base that stacks mail

Stock acquisition: a method of buying a business in which the buyer purchases the actual stock of the business

Target market: the specific group of consumers or businesses you want to sell to

Temporary help company: company that recruits employees to work for client companies on a temporary basis

Tenant construction work letter: an addendum or attachment to the lease document that details the responsibilities of both the tenant and the landlord as they relate to the construction of the tenant's office space

Tenant improvements: the construction, fixtures, physical changes and additions made to an office space for the benefit of the tenant by the tenant (usually with the landlord's permission) or on the tenant's behalf by the landlord or a representative (subcontractor)

Total counter: feature on a letter-folding machine that tells you how many sheets have been folded

Trade credit: billing a business for products with a grace period (typically 30 days) before payment is due

Trade-out: term used in the radio industry to refer to bartering products or services for airtime

Turnover: turning over your inventory means that 100 percent of original inventory has been sold

Twitter: a mini blog that streams people's posts in real-time; main focus of the site is it allows people to share and discover information that's happening now; your posts can spread across the globe to millions, immediately

Umbrella coverage: protects you for payments in excess of your existing coverage or for liabilities not covered in your other policies

Unique selling proposition: what differentiates your product or service from others of a similar type; what makes it unique

Unit-control system: system of inventory tracking in which bin tickets are kept with each product type, listing stock number, description, maximum and minimum quantities stocked, cost (in code) and selling price; these tickets correspond to office file cards that list a stock number, selling price, cost, number of items to a case, supply source, order dates, quantities and delivery time

URL (universal resource locator): the accepted convention for specifying web addresses (domain names)

Vacuum feeder: feature on a letter-folding machine that pulls sheets through using air suction; good for coated and glossy paper stock

Venture capital: generally refers to institutional venture capital firms that invest other people's money and manage it for them; venture capitalists typically seek a high degree of involvement and expect a

high rate of return in a short time; venture capitalists look for an idea that is well-formulated, well-documented and well-protected

VoIP (voice over internet protocol): sends voice conversations over the internet using a packet-based outline as opposed to the analog circuit-switched technology used in PSTN (public-switched telephone network)

Voting stock: see common stock

Waiver: form that typically accompanies or is part of an employment application; when signed by applicant, it authorizes former employers or schools to release information about the applicant

Web host: any computer that's dedicated (always connected) to the internet and has access to the web

Widgets: a portable chunk of web code that can be installed and inserted into your website or blog, often taking the form of on-screen tools, such as clocks, event countdowns, stock market tickers, social site feeds, flight arrival information, daily weather, etc.

Workers' compensation insurance: covers medical and rehabilitation costs and lost wages for employees injured at work; required by law in all states

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