## Low Risk 1-day training course

A low risk confined space exists when there is easy entry / exit, no risk of flooding and adequate natural ventilation.

## Who should attend?

Those who work in low risk confined spaces. Low risk confined spaces would be associated with lone working, requiring the application of appropriate procedures.

## **Course Content:**

- The Confined Spaces Regulations 1997
- Identification of risks and their control
- Workplace safety
- Weil's Disease and sewage decontamination
- Hazardous atmospheres and gas monitoring
- The risk assessment process
- Operation of safe systems of work
- Use of permit to work control measures
- Personal Protective Equipment
- Selection of suitable equipment
- IP ratings, intrinsically safe and ATEX approved
- Equipment pre-use inspection and safe operation
- Fall arrest systems theory only
- Emergency procedures
- Theory test
- Practical training
- Practical assessment