ATTRACTIONS | DINING | SHOPPING | EVENTS | MAPS

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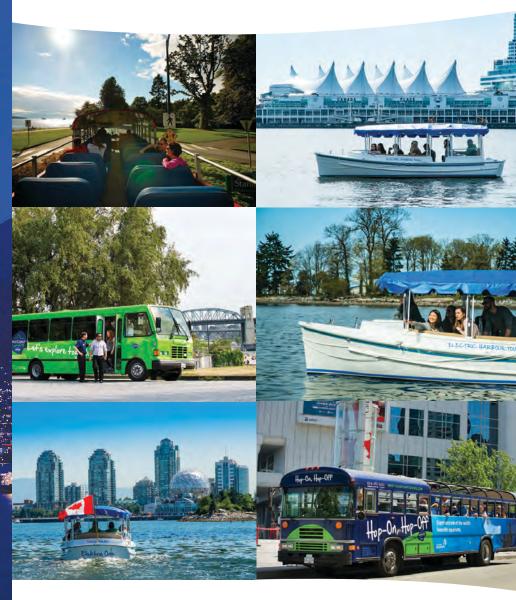
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Vancouver

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VISITORS' CHOICE VANCOUVER is created and published by Visitors' Choice (Vancouver) Inc. For further information on Visitors' Choice, please visit us online at visitorschoice.com or email us at info@visitorschoice.com

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Visitors' Choice is a member of Tourism Vancouver, Tourism Richmond, the Downtown Vancouver Business Improvement Association (DVRIA)

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Vancouver Lookout

Take a thrilling, glass-elevator ride to the top of Vancouver's rotating tower for breathtaking 360-degree views of the city. Not sure what you're seeing? Staff members offer free "quided" tours" of major monuments and landmarks. 555 West Hastings Street 604.689.5447

vancouverlookout.com (Map 1, C9)

Vancouver Art Gallery

Currently playing: "A Line Through Time", this unique exhibition is focused on the art of Alberto Giacometti, renowned in the twentieth century for his sculpture, painting, drawing and design. The exhibition offers a rare opportunity to examine the breadth of his practice and to see Giacometti's place among his contemporaries in Paris and London in the post-war period. Key themes for the exhibition include the artist's historical sources of inspiration, his innovative approach to materials and processes, and his notable influence on British artists.

city highlights to help you plan your winter trip:

750 Hornby Street | 604.662.4700 vanartgallery.bc.ca (Map 1, E8) Image: Cathy Carver

Granville Island

This "island" under the Granville Street Bridge boasts a brewery, public market and maritime museum, plus dozens of artisans, specialty food retailers and a Kids Market. Stay past sundown for dinner and a show at one of Granville Island's many restaurants and theatres. 1661 Duranleau Street | 604.666.5784 granvilleisland.com (Map 1, J8-9) Image: Tourism Vancouver / Coast Mountain





Whale Watching

Whale watching with a local tour provider can't be beat! Getting close enough to these majestic creatures often starts in the historic fishing village of Steveston (in Richmond) or from downtown Vancouver. Within minutes of either point of departure, you'll find yourself exploring the Strait of Georgia, Fraser River Delta and Gulf Islands, home to these mighty mammals. You'll also get a chance to spot harbour seals, sea lions, porpoises and a variety of marine wildlife that call these coastal waters home - don't miss out on this once-in-a-lifetime experience!



Bill Reid Gallery

How do urban Indigenous community members engage with their traditional languages? Language plays an essential role in transmitting history, values, and traditional practices. This exhibition brings together urban Indigenous community members to visually express their relationships to their respective Indigenous languages. Celebrate the UN International Year of Indigenous Language with us! Guest Curator - Jordie Luggi 639 Hornby Street | 604.682.3455







HIGHLIGHTS

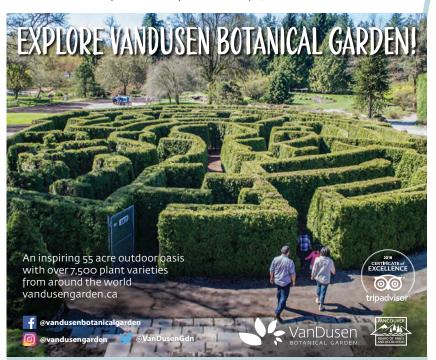




Museum of Anthropology

Vancouver The Museum of Anthropology is renowned for its displays of world arts and cultures, in particular works by peoples of the Pacific Northwest Coast First Nations. Gaze up at the towering totem poles and learn the stories behind their carvings, and check out 38,000 ethnographic objects and 535,000 archaeological objects in close detail. Don't miss the MOA Shop, offering handcrafted objects, including talking sticks. T-shirts and gorgeous silver and gold jewelry from the Northwest Coast, American Southwest, Mexico and South America.

6393 NW Marine Drive | 604.822.5087 | moa.ubc.ca (Map 2, C1) Tourism Vancouver / Destination Canada



VanDusen Botanical Gardens

Vancouver's Best Garden! Experience an inspiring 55 acre outdoor oasis with over 7,500 plant species and varieties from around the world. While at the garden you can spot and photograph local BC wildlife, and relax in a serene setting nestled in the heart of Vancouver, dine on the patios of Shaughnessy Restaurant or Truffles Café and check out the award-winning Visitor Centre and garden-themed gift shop. Kids will love the hedge maze! 5251 Oak Street | 604.267.8335 | 604-257-8335 vancouver.ca/vandusen (Map 1, E9-10)



Vancouver Aquarium

Dolphins, Otters, Sea Turtles, Stingrays and Jellyfish - oh my!! Canada's largest aquarium, with its biggest-ever expansion now open, teaches the importance of aquatic-life conservation through interpretive galleries and underwater exhibits. For a full-sensory experience catch the free 4-D movie with mist, wind bubbles, scents and vibrating seats! 845 Avison Way | 604.659.3521 visitvanaqua.org

Image: Vancouver Aquarium



This lush indoor garden is one of the most affordable family-friendly attractions in the city. Interact with over 150 free-flying tropical birds such as macaws, parrots, finches, canaries and cockatoos, and discover over 500 kinds of exotic plants. Stimulate your senses with the sights, sounds and scents of the tropics in the dome at the peak of Vancouver, in Queen Elizabeth Park. 4600 Cambie Street | 604.257.8584 | bloedelconservatory.ca (Map 2, D6)

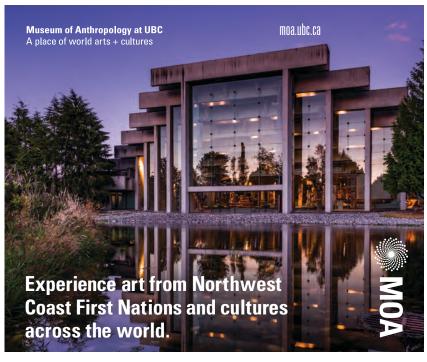
DO HIGHLIGHTS



Dr. Sun Yat-Sen Classical Chinese Garden

Vancouver This garden in Vancouver's historic Chinatown was named No. 1 city garden in the world in 2011 by National Geographic, Stroll through magnificent arrangements of rocks, plants and jade-green water, and take your own bit of the garden home with an exquisite Chinese collectible from the Eight Treasures gift shop.

578 Carrall Street | 604.662.3207 | vancouverchinesegarden.com (Map 1, C11)





BC Sports Hall of Fame

BC Sports Hall of Fame recently opened at Gate A of BC Place with the new Vancouver 2010 Winter Olympic Gallery and Hall of Champions. Come Experience, Be Inspired! Relive all the exhilarating moments of the Vancouver Olympic & Paralympic Games. BC Place, Gate A of BC Place, Vancouver 604.687.5520 | bcsportshalloffame.com (Map 1, D11)

Grouse Mountain

Ride the mile-long Skyride, witness jaw-dropping views from the Eye of the Wind turbine, check out grizzly bears and grey wolves at the refuge for endangered wildlife or take a guided eco-walk to learn about Grouse's geological history. Top it off with a decadent meal on the mountain's peak. 6400 Nancy Greene Way, North Vancouver 604.980.9311 | grousemountain.com



Did you know?

Capilano Suspension Bridge, which celebrated its 130th birthday in 2019, has been featured in many TV shows, including *MacGyver*, *Sliders* and *Psych*.





Capilano Suspension Bridge
Tremble as you cross this 137-metre
(450-foot) span teetering 70 metres (230
feet) above the rushing Capilano River.
Other "heightened" activities include
a Treetop Adventure, which teaches
about coastal rainforests, and Cliffwalk,
a chain of narrow walkways 91 metres

(299 feet) above undisturbed vegetation. 3735 Capilano Road, North Vancouver 604.985.7474 | capbridge.com (Map D, C4) Image: Leonard G.



Playland & The Fair at the PNE

Playland features over 30 rides and attractions, including the historic Wooden Roller Coaster and Canada's most extreme pendulum ride, The Beast. Playland also features Kids Playce, a special zone for children aged 2-10 years. Open May 4 to September 15. And don't miss The Fair at the PNE, August 17 to September 2. pne.ca (Map 2, B8) Image: Pacific National Exhibition

What's Happening?



RECURRING DAILY JULY 1 - AUG 17 Kitsilano Showboat

SAVE THE DATE!

The Kitsilano Showboat operates as a community stage for amateur entertainment over the summer months at Kitsilano beach. It provides a venue for entertainers of all ages and all backgrounds from across the lower mainland. Location: Kitsilano Showboat 2300 Cornwall Ave. Vancouver

JULY

1

Canada Day - Canada Place (see www.canadaplace.ca)

4-13

Dancing on the Edge Festival 604.689.0926

dancingontheedge.org

4-14

Indian Summer Festival

604.283.9172 | indiansummerfest.ca

4-14

Greek Summerfest

604.438.6432 vancouvergreeksummerfest.com

5-Aug 17

Theatre Under the Stars

Mamma Mia! and Disney's Newsies at Stanley Park's scenic Malkin Bowl. 877.840.0457 | tuts.ca

6

Paul McCartney

8:00pm, BC Place Tickets - ticketmaster.ca

6

Khatsahlano Street Party

Vancouver's largest free music and arts festival. West Fourth Ave. khatsahlano.com

5-7

Carnaval del Sol

Concord Pacific Place 604.566.0999 carnavaldelsol.ca

10-Aug 16

7th Annual Summer Repertory Festival

Jericho Arts Centre ensembletheatrecompany.ca

10

Queen & Adam Lambert

8:00pm, Rogers Arena

10

Gastown Grand Prix

5:30pm, Start/Finish Line at Cambie and Water Street Gastown Steamclock

-11

BC Lions vs. Edmonton

Tickets - ticketmaster.ca

19-21

Folk Music Festival

42nd Annual Vancouver Folk Music Festival in Jericho Beach Park. thefestival hc ca

23

David Foster

8:00pm, Queen Elizabeth Theatre Tickets - ticketmaster.ca

27

BC Lions vs. Saskatchewan

Tickets - ticketmaster ca

27

Backstreet Boys DNA World

8:00pm, Rogers Arena Tickets - ticketmaster.ca

27,28

Caribbean Days

Waterfront Park, North Vancouver caribbeandays.ca

30-Aug 9

Vancouver Bach Festival

At the Chan Centre for the Performing Arts on the UBC earlymusic.bc.ca

AUG

1-1C

Vancouver Mural Festival

The city's largest annual free public art celebration. Free! vanmuralfest.ca

3 4

43rd annual Powell Street Festival

5:30pm, Start/Finish Line at Cambie and Water Street Gastown Steamclock

4

Pride Parade & Festival

starts at noon • Free, vancouverpride.ca

4

Vancouver Chinatown Festival

Chinatown - Columbia & Keefer St.

17-Sept 2

Vancouver Chinatown Festival

Chinatown - Columbia & Keefer St.



SAVE THE DATE!

JULY 27 - AUG 3:

Honda Celebration of Light For three action-packed days and mesmerizing nights, the Honda Celebration of Light brings people together for a musical fireworks competition. This year features competing teams from India (July 27), Canada (July 31), and Croatia (Aug. 3).

• English Bay, hondacelebrationoflight.com Image: Eviatar Bach



THROUGH SEPTEMBER 21:

Bard on the Beach 30TH Anniversary

2019 Performances The Taming of the Shrew, until Sept. 21

- Shakespeare in Love, June 12-Sept. 18
- All's Well That Ends Well, June 26-Aug. 11
- Coriolanus, Aug. 21-Sept 15
 Bard Village, Vanier Park -

604.739.0559 bardonthebeach.org

10 Burnaby Blues + Roots Festival

Festival Lawn at Deer Lake Park • 1 p.m. • \$60/\$70, ticketmaster.ca, livenation com

2-1

29th annual Harmony Arts Festival

Free admission, harmonyarts.ca

16-18

Rock Ambleside

Ambleside Park, West Van, rockamblesidepark.com

JULY AUG

July-Oct 4

Richmond Night Market Weekly on Sunday, Friday, Saturday, 8351 River Rd, Richmond, BC

July 12-Aug 30

Music at the Cannery

Recurring weekly on Friday Gulf of Georgia Cannery National Historic Site Richmond, BC -Admission: \$7

30-31

Richmond World Festival

Minoru Park • Free, richmondworldfestival.com

2-5

Tsawwassen Sun Festival

56th Street from 16th Avenue to Winskill Park. sunfestival.ca

July 20,21

Surrey Fusion Festival

Holland Park, 13428 Old Yale Rd. surreyfusionfestival.ca

July 5,6 Burnaby Summer Arts Festival

Deer Lake Gallery, 6584 Deer Lake Ave. burnabyartscouncil.org

July 19,21

Aldergrove Fair Days

Aldergrove Athletic Park • Admission by donation, aldergrovefair.ca

July 19,21

Maple Ridge Caribbean Festival

Albion Fairgrounds, Maple Ridge caribbeanfest.ca

JULY 6 - OCT 27, 2019:

Vancouver Art Gallery: Vikky Alexander: Extreme Beauty

Extreme Beauty is the first retrospective of this notable Canadian artist whose work interrogates the mechanisms of display that shape meaning, beauty and desire in our culture. Comprising more than 80 works in a variety of media.

SAVE THE DATE!



Arts & Culture

rom local bands in intimate venues to packed concert houses,
Broadway musicals to Italian operas, open-mic nights to annual
festivals, Vancouver's arts scene leaves nothing to be desired.

Live Music

Ranging from garage bands to symphony orchestras, Vancouver's concert scene is diverse. There's always a live show to be found, every day of the week, in venues across the city:

BC PLACE | 777 Pacific Boulevard 604.669.2300 | bcplacestadium.com

CHAN CENTRE FOR THE PERFORMING

ARTS | 6265 Crescent Road 604.822.9197 | chancentre.com

COMMODORE BALLROOM | 868 Granville Street | 604.739.4550 | commodoreballroom.ca

HARD ROCK CASINO VANCOUVER | 2080 United Boulevard, Coquitlam

604.523.6888 | hardrockcasinovancouver.com

ORPHEUM THEATRE | 601 Smithe Street | 604.665.3050 | vancouver.ca

QUEEN ELIZABETH THEATRE | 650 Hamilton Street | 604.665.3050 | vancouver.ca

RIVER ROCK CASINO RESORT | 8811 River Road, Richmond | 604.247.8900 | riverrock.com

ROGERS ARENA | 800 Griffiths Way | 604.899.7400 | rogersarena.ca

THE ROXY | 932 Granville Street | 604.331.7999 | roxyvan.com

VOGUE THEATRE | 918 Granville Street | 604.569.1144 | voguetheatre.com | Image: Dannielle Hayes



Some of Canada's most talented performers got their start right here in Vancouver, and international stars regularly visit, making the local arts and culture scene a serious affair. Check out the following performance venues and companies:

ARTS CLUB THEATRE COMPANY 604.687.1644 | artsclub.com

BALLET BC | 604.732.5003 | balletbc.com

BARD ON THE BEACH SHAKESPEARE FESTIVAL | 604.739.0559 | bardonthebeach.org

BROADWAY ACROSS CANADA | 800.889.8457 | broadwayacrosscanada.ca

FIREHALL ARTS CENTRE | 604.689.0926 | firehallartscentre.ca

THEATRE UNDER THE STARS | 604.734.1917 | tuts.ca

THE CULTCH (Vancouver East Cultural Centre) | 604.251.1363 | thecultch.com

VANCOUVER THEATRESPORTS LEAGUE | 604.738.7013 | vtsl.com

VANCOUVER OPERA | 604.683.0222 | vancouveropera.ca





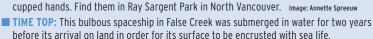




Public Art

With a diverse collection of whimsical outdoor installations, you'll find public art ranging from decorative sidewalk tiles to large-scale sculptures throughout Vancouver. For a full list and map visit vancouver.ca

- A-MAZE-ING LAUGHTER: This group of 14 bronze sculptures makes for a great interactive photo opportunity just across from English Bay in Morton Park. Image: Josef Hanus
- THE BIRDS: This pair of giant sparrows in the Olympic Village in False Creek illustrates what may happen when an invasive species is introduced to an environment.
- **ENGAGEMENT:** Rising nearly 10 metres (30 feet) in the air, this pair of rings is a commentary on the precarious balances that exist in marriage between the romantic, the traditional and the economic.
- GIANTS: Talented Brazilian twins Gustavo and Otavio Pandolfo recently created a monumental mural on six gigantic concrete silos in Granville Island. The colourful, 360-degree work aims to bring new characters to Vancouver while sharing different perspectives and cultures.
- GIRL IN A WETSUIT: This life-size bronze statue (oxidized to a lovely shade of green) sits on an intertidal boulder just offshore Stanley Park.
- **HARBOUR SPIRIT DIGITAL ORCA:** In Jack Poole Plaza, black-and-white cubes form a giant killer whale, long a symbol of the West Coast. INUKSHUK: The northern symbol of welcome in Vancouver's West End at Bidwell Street and Shoreline Walk was built out of granite rocks and weighs 31,500 kilograms (nearly 69,500 pounds)! Image: N. Fujita
- > THE MEETING: This grouping includes red figures placed in a circle, static and crouching with





Museums & Galleries

Museums & Galleries

Beaty Biodiversity Museum | 2212 Main Hall, UBC 604.827.4955 | beatymuseum.ubc.ca

Bill Reid Gallery

639 Hornby Street | 604.682.3455 | billreidgallery.ca

Chinese Cultural Centre Museum & Archives
555 Columbia Street | 604.658.8880 | cccvan.com

Deeley Exhibition

1875 Boundary Road | 604.293.2221 | deeleyexhibition.ca

Dr. Sun Yat-Sen Classical Chinese Garden 578 Carrall Street | 604.662.3207

vancouverchinesegarden.com **Granville Island Galleries** | granvilleisland.com

Hill's Native Art

120 East Broadway | 604.685.4249 | hillsnativeart.com

Inuit Gallery of Vancouver

206 Cambie Street | 604.688.7323 | inuit.com

Japanese Canadian National Museum 120 - 6688 Southoaks Crescent, Burnaby 604.777.7000 | jcnm.ca

Jimi Hendrix & Bob Marley Shrine

432 Homer Street | 604.688.0112 creeksidestudentresidence.com

Museum of Anthropology

6393 NW Marine Drive | 604.822.5087 | moa.ubc.ca

Museum of Vancouver | 1100 Chestnut Street 604.736.4431 | museumofvancouver.ca

Old Hastings Mill Store Museum | 1575 Alma Street 604.734.1212 | hastings-mill-museum.ca

SFU Museum of Archaeology and Ethnology

8888 University Drive, Burnaby 778.782.3325 | sfu.ca/archaeology/museum

Ukama Gallery | 1802 Maritime Mews, Granville Island 604.379.0666 | ukama.ca

Vancouver Art Gallery

750 Hornby Street | 604.662.4719 | vanartgallery.bc.ca

Vancouver Maritime Museum | 1905 Ogden Avenue 604.257.8300 | vancouvermaritimemuseum.com



Did you know?

The Polygon Gallery opened its doors to the world on November 18, 2017 with its inaugural exhibition: N. Vancouver, the organization's most ambitious project to date, providing an opportunity for the Gallery's first audiences to witness the imaginative possibilities of visual artworks in discourse with the immediate surroundings of its new home.



MAY 10: RICHMOND NIGHT MARKET OPENS

Running from July - October 4th, this wildly popular event has over 100 food vendors and 200 retail stalls this year. | richmondnightmarket.com | Image: Tourism Vancouver / Coast



GENERAL ADMISSION TICKETS \$25
KIDS UNDER 12 TICKETS \$10

FOR MORE INFORMATION, VISIT BCLIONS.COM

Getting Around

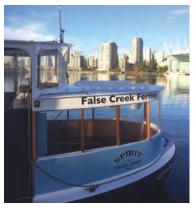
o vehicle? No problem! Vancouver provides many public transit options – plus fun alternatives to driving altogether – to help locals and visitors alike get around!



By SkyTrain

The City of Vancouver and surrounding parts of the Lower Mainland are linked by a completely automated (no drivers required!) light rapid-transit system called SkyTrain. Visitors love the Canada Line in particular because it provides a super-fast rapid rail link between downtown Vancouver and the Vancouver International Airport in Richmond.

604.953.3333 | translink.ca | Image: Tim Adams



By Water

There are many ways to explore Vancouver by water - all year long! The SeaBus is a passenger-only, wheelchair-accessible ferry that connects downtown Vancouver to the North Shore via Burrard Inlet. Planning an outing to Granville Island? Board the False Creek Aquabus from one of several docks along the downtown seawall. False Creek Ferries operate year-round between Granville Island and English Bay, with seasonal service between the Maritime Museum, Vancouver Museum, Pacific Space Centre, Stamps Landing and Science World.

- > SeaBus: tripplanning.translink.ca
- > Aquabus: theaquabus.com
- > False Creek Ferries: granvilleislandferries.bc

By Bike

Experience bike-friendly Vancouver with a top-rated bike tour or high-quality rental bike.

Save 20% with code *VSTRS19* in-store or online!

648 Hornby St. & 1344 Burrard St. 604.618.8626 | cyclevancouver.com





By Bus

Vancouver's public bus system is designed to make travel within the city and to/from the surrounding suburbs convenient. Schedules are widely available throughout the city, or check out the online trip-planning tool at tripplanning.translink.ca.

By Seawall

With its mild Pacific climate, one of the best ways to see Vancouver any time of year is by using your own two feet! Rent a bike from one of many cycling shops around the city or lace up your sneakers and hit the seawall - a beautiful, 22-kilometre (13.5-mile) concrete path that hugs Vancouver's scenic waterfront. Best of all, the seawall is divided into two clearly marked sections: one for walkers and joggers (closest to the water) and one for cyclists and inline skaters (inside path). Be sure to follow the



By Tour Operator

Let an expert show you around! Vancouver tour operators know this city like the back of their hands – and are more than happy to do the driving for you while pointing out all of the most notable and spectacular sights and landmarks!

- > Vancouver Hop Off Hop On Tour
- > Vancouver City & Lookout Tour
- > Capilano Suspension Bridge Park and Grouse Mountain.
- > Vancouver City + Capilano Suspension Bridge Park Tour
- > Whistler + Shannon Falls Winter Tour
- > Victoria + Butchart Gardens Tour



West Coast Sightseeing: 877.451.1777 vancouversightseeing.com (See Page 3)



Downtown Safety Ambassadors

Lost in the city? Look for a Downtown Ambassador on foot or on bike, dressed in blue. Besides helping to improve safety in Vancouver, these friendly professionals are trained to provide hospitality help and information, including maps, brochures and advice.

604.689.4357 | downtownvancouver.net

Image: Downtown Vancouver Business Improvement

Vancouver Finds

ind these uniquely local – and in many cases locally made – items in retailers across the city and online, and take a little piece of Vancouver home with you!

JADE BANGLE available at Jade in Gastown starting at \$190 375 Water Street | jadestore.com



ARTINA'S JEWELLERY

Hand Carved First Nations Whale Tails by local Vancouver artist Hollie Bartlett. Available at Artina's Jewellery Price Range \$265 - \$595 387 Water Street www.artinas.com







ALPACA CAPE with fox trim
MADE IN CANADA | Available at Snowflake
in Vancouver, Banff and Whistler.
www.snowflakecanada.com

HILL'S COWICHAN SWEATER



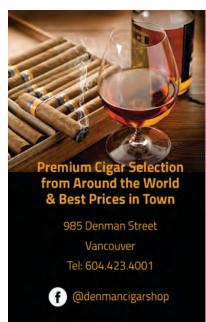
Hill's Native Art | 120 East Broadway www.hills.ca

AUSTRLIAN BOOT COMPANY

'Breathe Easy, genuine Blundstone comfort is now available in Canvas! Blundstone Canvas is light for packing, ideal for camping, walking and flexible for kneeling, bending and twisting in the garden. Washable too! But the best part is, Blundstone Canvas breathes with every step and that's pretty cool.'



WOOL/SILK SHAWL with fox trim MADE IN FINLAND Available at Snowflake in Vancouver, Banff and Whistler. www.snowflakecanada.com





Downtown



rom
fabulous
shopping
to fresh food,
we've gathered
details about
the best areas
of the city to
help you plan
your stay. Grab
your map and
hop in a car,

call a cab or take public transit - you won't be disappointed by Vancouver's many unique offerings.

Downtown

Take SkyTrain rapid transit to one of six downtown stations in the city's core. Duck into Pacific Centre, Sinclair Centre or Royal Centre for the latest fashions, electronics and home décor or stroll along Robson and Alberni streets for gorgeous designer wear. Granville Street comes alive at night with eateries, nightclubs and live-music joints.

thedva.ca | downtownvancouver.net (Map 1) Image: Downtown Vancouver Association

Chinatown

Vancouver boasts one of the world's largest Chinatowns, packed with vibrant attractions (the West Han Dynasty Bell and Jimi Hendrix Shrine), events (the Chinese New Year Parade) and culture (the Chinese Cultural Centre Museum and Archives) as well as some of the most majestic architecture and finest Asian restaurants in the city.

vancouver-chinatown.com (Map 1, B11-C12)





Railtown

Industrial-chic Railtown may be one of Vancouver's trendiest neighbourhoods du jour, but it's also one of the oldest areas in the city. Defined by working rail yards to the north, this tiny up-and-coming district includes independent artist studios and designer workshops, creative-company offices and some of the yummiest under-the-radar eateries and coolest nightspots in town. (Map 1, A10-11)



Georgia Street

Georgia Street was named in 1886 after the Strait of Georgia, and ran between Chilco and Beatty Streets. After the first Georgia Viaduct opened in 1915, the street's eastern end was connected to Harris Street, and Harris Street was subsequently renamed East Georgia Street.

Georgia Street is an important gateway into Vancouver. Every day, it welcomes thousands of people into the city for work, to visit, and to and from Stanley Park. It also connects people to three neighbourhoods - the West End, Coal Harbour and Downtown.

Starting from its western terminus at Chilco Street by the edge of Stanley Park, Georgia Street runs southeast, separating the West End from the Coal Harbour neighbourhood. It then runs through the Financial District; landmarks and major skyscrapers along the way include Living Shangri-La (the city's tallest building), Trump International Hotel and Tower, Royal Centre, 666 Burrard tower, Hotel Vancouver and upscale shops, the HSBC Canada Building, the Vancouver Art Gallery, Georgia Hotel, Four Seasons Hotel, Pacific Centre, the Granville Entertainment District, Scotia Tower, and the Canada Post headquarters.



Downtown

Alberni & Burrard

Alberni Street sparkles with upscale shops selling fine men's clothing and high-end women's wear, leather goods and luxury jewelry. This is the place to go to get the best in fashion from Canadian and international designers. As for the dining - it hardly gets any tastier than the restaurateurs that line this street. (Map 1, E6-7)



Robson st

Robson Street

In the 1950s and '60s the three-block area from Burrard to Jervis called Robsonstrasse was the centre of German culture and commerce. Today, Robson Street west of Burrard includes excellent shopping, cafés and restaurants. Travelling west toward Stanley Park, you'll find clusters of well-priced hotels that give way to Asian-fusion eateries and, finally, bike-rental shops. Image: Joe Mabel

GET CONNECTED

Yaletown

Explore the European feel of this hip downtown Vancouver area. Yaletown. which was once a warehouse district dominated by textile shops and train yards, has undergone serious revitalization in recent decades. Today, the 20-block, cobblestoned neighbourhood is home to some of the most cutting-edge restaurants and retailers in the city, plus lots of fabulous live entertainment. Shop till you drop, or sit down for an expertly mixed cocktail at one of the many upscale bars and lounges and indulge in some well-deserved people watching. Celebrity sightings are frequent here, so don't be surprised if you see stars! yaletowninfo.com (Map 1, F10-G10) Image: The Keg Steakhouse + Bar





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West End

hree great streets, one amazing neighbourhood - that's Vancouver's vibrant West End. Comprised



of Robson Street, Denman Street and Davie Village, this colourful community features stellar restaurants, fabulous shopping and a plethora of cultural events. **westendbia.com**



Neighbourhood

The West End is well known for its diversity of residents (more than 45,000), buildings (spanning over 100 years) and businesses (the highest concentration of locally owned, independent businesses in the city). Proximity to English Bay, Stanley Park and the central business district make it Vancouver's most iconic community. Image: Sue Wong

Davie Street

Lower Davie (Cardero to Denman) includes a full selection of shops and services while Davie Village, further east, is home to Vancouver's vibrant gay community, complete with four permanent pridecoloured crosswalks at Bute Street. The concentration of restaurants, bars and pubs in the area successfully create one of the city's most vibrant entertainment districts.

Denman Street

Boasting a selection of restaurants that's second to none, Denman Street bustles with activity and, closer to Robson and Georgia streets, acts as a gateway to Stanley Park. Moving south toward English Bay, this eclectic thoroughfare transforms into a beach promenade, complete with gelato shops, public art and spectacular sunsets.







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Sabai Thai Spa, first established in August 2005 with its first location, North Vancouver, is now one of the most well-known and respected spa in the Greater Vancouver. In almost fifteen years, Sabai Thai Spa has accomplished astounding achievements to live up with their reputation of being an authentic. tradition-oriented, luxurious, and one-of-a-kind spa, by expanding their locations to three other areas: Coal Harbour, West Vancouver, and Port Coquitlam. Furthermore, Sabai Thai Spa has been nominated and awarded various titles such as Top Choice Awards, North Shore News Readers Choice, ThreeBestRated, and many more!

Sabai Thai Spa took its very inspiration from the word "Sabai" which means relaxation in Thai. However, relaxation is just one of the many experiences that Sabai Thai Spa offers. The spa aims to offer a true Thai spa experience, which radiates a sense of harmony, peace and calmness. In addition, Sabai Thai Spa is determined to provide their guests with an unforgettable paradise experience while promoting the beautiful Thai culture and good health.





Stanley Park



The gem of Vancouver, this 1,000-acre park was established in 1896 smack-dab in the centre of the city (Map B). Spanning 404 hectares (1,000 acres), Stanley Park is home to a variety of wildlife and tree species including towering hemlock, fir and cedar. Beyond the spectacular scenery, the park offers attractions for the entire family. vancouver.ca/parks/parks/stanley (Map A)

Try the following fun-filled activities:

- > Hit one of many forest trails, or walk, jog, cycle or in-line skate around the 22-kilometre (13.7-mile) seawall.
- Take a scenic, fun-filled horse-drawn carriage tour of the park and its sites.
- Check out the view of the majestic view of the Lions Gate Bridge from the Prospect Point lookout.
- Visit Stanley Park Nature House on Lost Lagoon to learn about the park's flora and fauna and social history. stanleyparkecology.ca | vancouver.ca/parks/parks/stanley (Map A)
 Image: Tourism BC





Did you know?

The Stanley Park Miniature Train was built in 1964 after Typhoon Frieda blew down a stand of trees in the forest.

A Storytelling Adventure

STANLEY PARK



Stanley Park, the jewel of Vancouver, a popular oasis for locals and visitors alike. Horse-drawn carriages have always been a favourite way to explore the park's thousand acres, see the sights, and learn the history.

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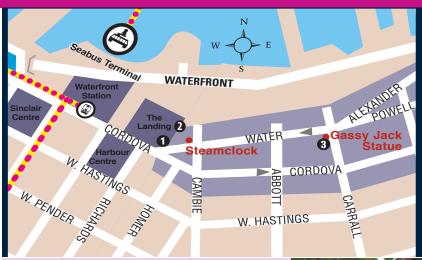
604-681-5115 | stanleypark.com

No Reservations Required

MAP A - Stanley Park



MAP B - Gastown



Gastown

Gastown has a vibrant cultural scene with street-side cafés, cutting-edge galleries and shops selling one-of-a-kind Vancouver souvenirs, fine First Nations artwork and wearable originals from local designers. Feeling peckish? Try cured meats in Blood Alley (where butchers once thrived) and ethnic fare ranging from French to Latin fusion. gastown.org (Map 1, B8-10)









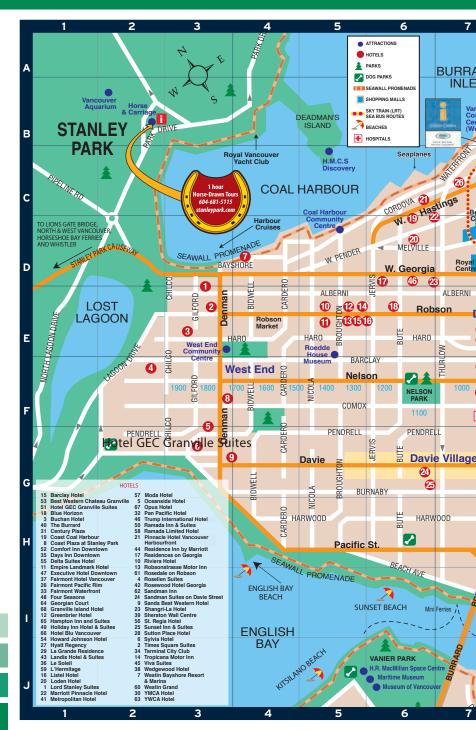


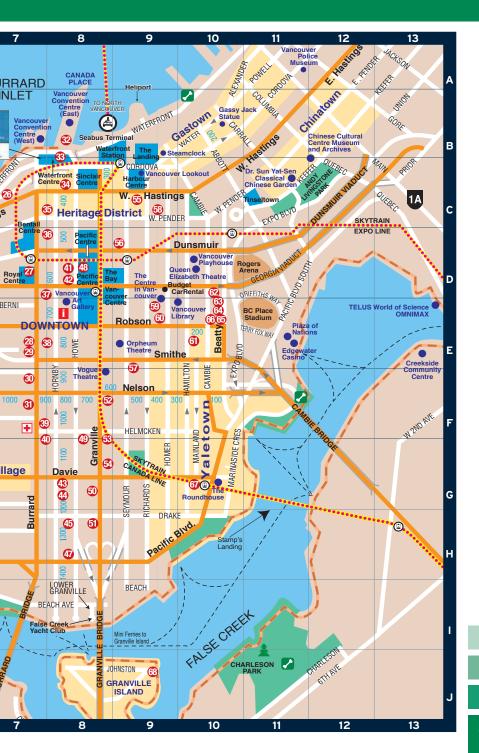
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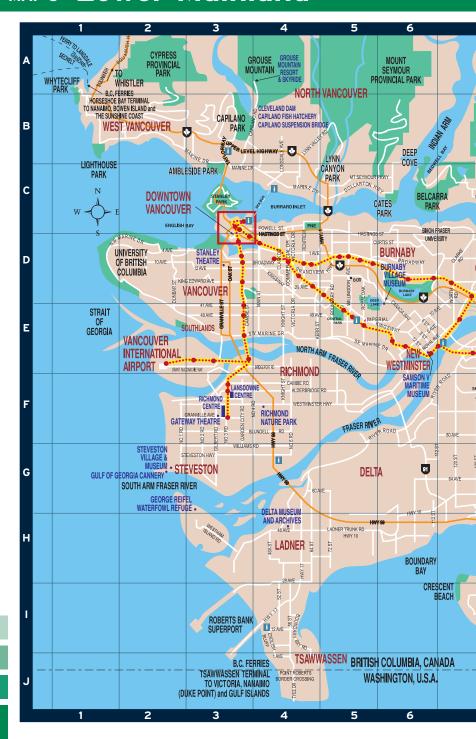
MAP 1 - Downtown Vancouver

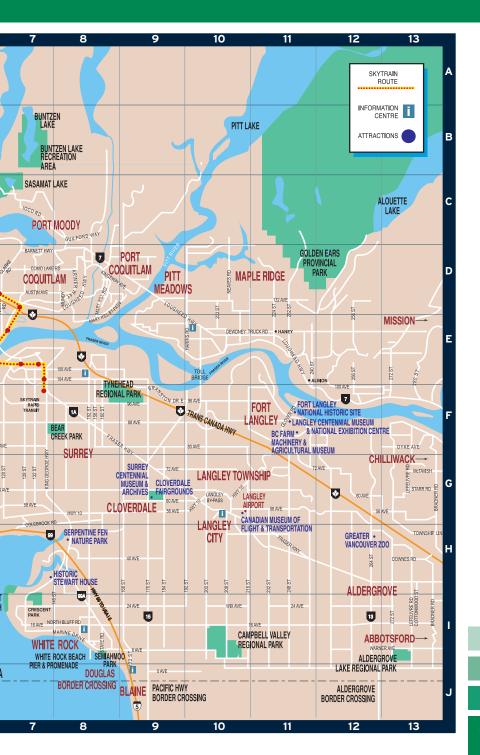






MAP 3 - Lower Mainland





Granville Island



Shopping & Dining

The perfect spot to find extraordinary gifts and special indulgences, Granville Island is bursting with distinctive shops and exclusive artists' studios. Fine jewelry, pottery, locally designed clothing, unique postcards and rare books are just some of the items you'll find here. Stay late and enjoy dinner or a romantic stroll around the harbour; Aquabus and taxi services operate late into the evening to accommodate your visit. Shop the Public Market for fine specialty foods and fresh produce; every ingredient for a gourmet meal is available here, from appetizer to mouth-watering dessert - even the accompanying wine and ale! granvilleisland.com





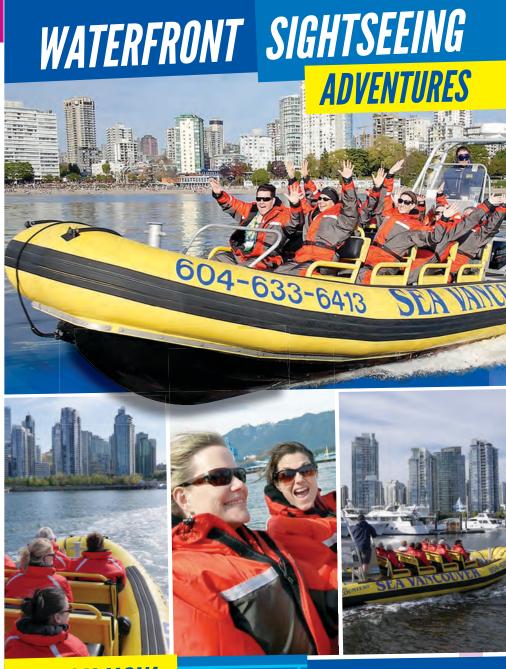
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Mount Pleasant - Uptown Vancouver



ount Pleasant is Vancouver's oldest neighbourhood outside downtown and includes a distinct collection of small businesses, community and arts organizations, and residents from all social and economic backgrounds.

The last 15 years has seen the neighbourhood transform. Mount Pleasant is home to an incredible collection of small businesses including: unique shops, service providers for your body, home and car, restaurants and cafes for every taste, and a fun and energetic nightlife. Explore the hood and discover your Mount Pleasant. #MyMountPleasant

he story of Lloyd and Frances Hill began in 1946 when they first acquired the Koksilah General Store and Post Office. Koksilah (pronounced coke-sy-la) is a small community on the East coast of Vancouver Island, just one mile south of Duncan.

During the early years, the Hills created an outlet for the local Native artists who were encouraged to display and sell their work. As time passed, visitors to Koksilah became aware of the Hill's reputation and their unique art, so word spread across the country. At any given time, Hill's features over 1200 Native artists and represents every Nation on the Northwest Coast. As the Hill family business expanded, new stores were opened on Vancouver Island in Duncan and Nanaimo.



Hill's new flagship store was opened in Vancouver's Gastown district in 1975. This store also became famous in 1997, as the place where President Clinton purchased a gift for "you know who". In the fall of 2017, Hill's moved its Vancouver location "uptown" to Mount Pleasant, now known as Vancouver's newest "hipster" art district. This spring, artist Darren McKenzie is being featured.





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Vancouver's East Side

Collingwood Neighbourhood

Located at the crossroads between Burnaby and Vancouver, the Collingwood BIA has provided a connection for people and places since the first streetcar route passed through in 1906.

The BIA offers a variety of small, independent eateries and personal service businesses, as well household staples like grocery, pharmacy, liquor and housewares.

A predominately family-oriented community, residents tend to have more children per family and larger household sizes than the rest of the city. Several new housing developments near Joyce-Collingwood Skytrain Station are helping the area continue to grow as a friendly urban village.





Business Improvement Association

South Main

Known as SoMa and situated within the neighbourhood of Mount Pleasant, this hip Vancouver thorough-fare includes some of the city's most unique shops and services, including a beyvy of

local, independent clothing designers, modern and vintage home decor stores and antique shops galore. Looking for a one-of-a-kind outfit? SoMa's high concentration of high-end second-hand and vintage frock shops may be your best bet for finding something no one else will be wearing. mountpleasantbia.com (Map 2, D6)





Commercial Drive

Nicknamed "the Drive," this eclectic East Vancouver street prides exudes a laid-back, grass-roots and distinctly ethnic feel, and is the place to go for some of the city's best (and tastiest) food bargains. From free-range butchers to thrifty kitchenware shops to authentic Italian bakeries to house-made gelato, the Drive is the place to be. thedrive.ca (Map 2, C7) Image: Evgeny Subbotsky

Vancouver's West Side

reat shopping areas combine with some of the city's most open and spectacular natural settings – in other words, go west!



Kitsilano & Fourth Avenue

Kitsilano, with hippie roots, has evolved into a land of lattes and leg squats. Discover dozens of fitness studios, active-wear and wellness retailers here. Drop into a yoga class before grabbing a bite at one of the restaurants on West 4th Avenue or Broadway. If you're visiting with your fourlegged friend, be sure to check out the popular Kits dog beach. shopwest4th.com (Map 2, C3-5)



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South Granville

Looking for a unique piece of art, furnishings for your home or the perfect little black dress? Trendy South Granville Street is lined with retailers and galleries that will draw out your inner art critic, interior designer and fashionista. Located minutes from downtown Vancouver, this is one neighbourhood that should be on every shopper's itinerary. southgranville.org (Map 2, C5)



Metro Vancouver



rom downtown Vancouver, much of the spectacular mountainview is part of North Vancouver. Made up of two municipalities, the City of North Vancouver and the District of North Vancouver, the area is popular among visitors looking for outdoor adventure and mountain experiences.

To get there, cross Burrard Inlet, take either a 15-minute SeaBus ride from Waterfront Station to Lonsdale Quay, or drive over one of the two bridges that link Vancouver to the North Shore—the Lions Gate Bridge from Stanley Park, or the Second Narrows Bridge at the end of Vancouver's eastside.

Take public transit, ride the SeaBus over to Lonsdale Quay and you'll discover a vibrant public market, waterfront parks, working ship yards and some of the best views of downtown Vancouver's skyline. On Friday during the summer, don't miss their Shipyard Night Markets running from early May to the end of September.

The mountain backdrop to North Vancouver is the setting for spectacular attractions and parks. The regions oldest attraction, the Capilano Suspension Bridge, high above the Capilano canyon, added the exciting "Cliffwalk" attraction in 2011, that is sure to give you a thrill. The other major attraction on the NorthShore is Grouse Mountain Resort's Skyride. Open year round, you will be whisked

up 1,200 metres (3,960 feet) to the top of the mountain for stunning views, a Grizzly bear refuge, and in season, hiking and skiing. You might even be tempted to hike the "Grouse Grind," a strenuous 2.9 kilometre (1.8 mile) trail with an elevation gain of 853 metres (2,800 feet).

The North Shore is extremely popular for those looking for outdoor adventure with numerous parks, including Deep Cove Park and Mount Seymour Provincial Park offering activities ranging from sea kayaking, to hiking to downhill skiing. Lynn Canyon Park's 250 hectares (615 acres) of coastal rainforest includes a popular ecology centre a free suspension bridge, and a host of easily accessible trails.

Also explore the North Shore by water either taking a Sea Vancouver tour out of Granville Island up into Indian Arm Fjord or head over to Sewell's Marina in Horseshoe Bay where you can rent your own 4.5-metre (15-foot) speedboat or enjoy their guided Sea Safari adventure by Zodiac. Explore islands and inlets in beautiful Howe Sound, go fishing, sightseeing, or just relax out on the water.

www.vancouvernorthshore.com

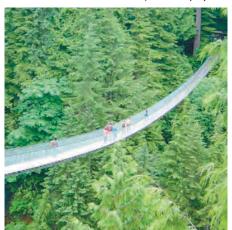


MAP C - NORTH SHORE



North Shore & Lower Lonsdale

The North Shore - with breathtaking mountains and stunning shorelines - is an outdoor playground interspersed with fine dining and shopping options. Its oldest neighbourhood, Lower Lonsdale, includes a bustling pier, a public market, specialty shops and restaurants to satisfy every craving. A short drive from downtown Vancouver over the Lions Gate Bridge, the North Shore makes for a perfect day trip away from the hustle and bustle of the city. vancouversnorthshore.com | lonsdaleguay.com





Capilano Bridge

The mountain backdrop to North Vancouver is the setting for spectacular attractions and parks. The regions oldest attraction. the Capilano Suspension Bridge, high above the Capilano canyon, added the exciting "Cliffwalk" attraction in 2011, that is sure to give you a thrill. The other major attraction on the NorthShore is Grouse Mountain Resort's Skyride. Open year round, you will be whisked up 1.200 metres (3.960 feet) to the top of the mountain for stunning views, a Grizzly bear refuge, and in season, hiking and skiing. You might even be tempted to hike the "Grouse Grind." a strenuous 2.9 kilometre (1.8 mile) trail with an elevation gain of 853 metres (2.800 feet).

West Vancouver

West Vancouver

From downtown Vancouver, look to the mountains north-west over the water of Burrard Inlet, and you'll find West Vancouver. Driving through Stanley Park, you will head over the Lions Gate Bridge to West Vancouver. This is also a route many locals use to access Whistler via the Upper Levels Highway.

West Vancouver is one of Metro Vancouver's most exclusive communities. Explore Ambleside Park with tremendous views, and walk through Dundarave, which is known for its boutiques and galleries. Horseshoe Bay is the western-most community in West Vancouver—the departure point for ferries to Bowen Island, Vancouver Island and the Sunshine Coast. But it's also a

great day trip with lots of restaurants offering ocean views, perfect for renting a boat from Sewell's Marina or taking the family on their famous Ocean Safari running from early Spring to the end of summer.

Pack a picnic lunch and head to the 75-hectare (185-acre) Lighthouse Park which offers an extensive network of trails through majestic Douglas Firs, leading to the 1874 lighthouse - a National Historic Site - and along the rugged coastline where seals can be found basking on the rocks below. An equally impressive road will take you up to Cypress Mountain where there's great skiing in winter and a host of summertime activities. vancouvernorthshore.com



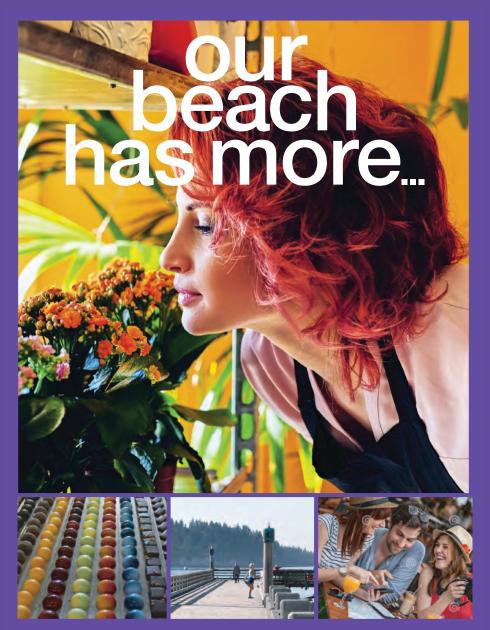
Ambleside Beach

Ambleside Beach is the perfect place to shop and stroll. Our lively main street connects local shops with our beautiful waterfront SeaWalk. We're home to a variety of independent businesses, from specialty boutiques offering the latest fashions, to shops where you can find tools to express your creativity, professional services to satisfy your needs, and more.

Dundarave Village

Dundarave Village is West Vancouver's dining destination - a quaint, welcoming and walkable seaside community. Come escape the big city with our historic village's shopping and dining opportunities. You'll love the local shops and services, where you can find unique gifts, craft and gardening supplies, antiques to decorate your home, ways to pamper yourself, and more.

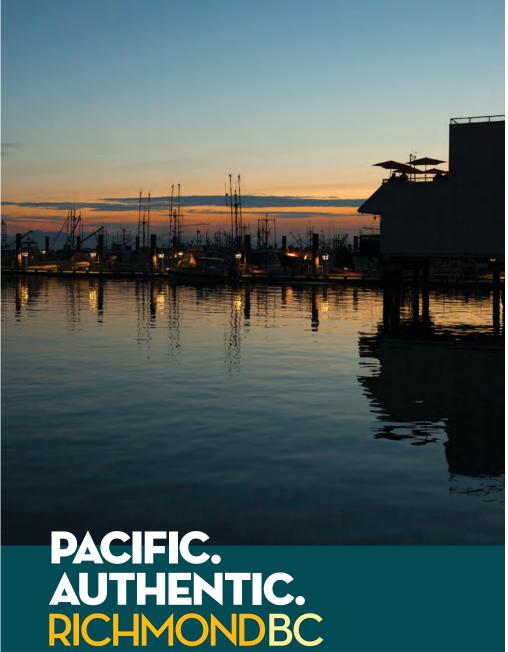




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DUMPLING TRAIL

Discover this collection of 20 restaurants serving up some of the most delectable dumplings on this side of the Pacific. Download a copy of our Dumpling Trail map and brochure at: DumplingTrail.com



STEVESTON VILLAGE

Explore the village's quaint streets for one-of-a-kind boutiques, local craft beer culture and ocean-side dining experiences. While there's a world of culinary choice, fresh seafood is the star in Steveston.



NATIONAL HISTORIC SITES

Richmond's public art and historic attractions reflect its unique past, rich multiculturalism, location and natural landscape. The interactive National Historic Sites tell the story of the vibrant maritime history that built the area.



RICHMOND NIGHT MARKET

Visiting between May to October? Don't miss the Richmond Night Market, with entertainment, shopping and more than 100 food stands to satisfy those late-night cravings.

GETTING HERE IS EASY

By Rapid Transit: Take the Canada Line from Downtown Vancouver (20 minutes) or YVR airport (10 minutes)

By Car: Approximately a 30-minute drive from Downtown Vancouver

Whether you're here for an extended stay or just passing through, be sure to put these unique experiences at the top of your list.

Richmond & Steveston

Richmond

Immediately south of the City of Vancouver, many visitors will start their visit in Richmond, home to Vancouver International Airport.

An impressive public art program welcomes newcomers, with pieces that include the stunning Bill Reid sculpture, "The Spirit of Haida Gwaii."

But the City of Richmond has much more to offer visitors than just great air access! For over 100 years, the excited screech of seagulls has signaled the unloading of the day's catch of salmon on the docks of the fishing village of Steveston, Richmond's historic fishing community on the south arm of the Fraser River. Visitors can stroll the boardwalk and buy fish fresh off the boat, or opt for fish 'n' chips for lunch in view of the water. Or go looking for larger marine life with a whale watching tour.

Nearby, the impressive Gulf of Georgia Cannery National Historic Site has been meticulously restored and is now an impressive museum dedicated to the fishing industry.



teveston's heritage homes and waterfront walks is in complete contrast to the bright lights and excitement of Richmond's city centre, which a vibrant Asian community has helped shape. Here you'll find the city's dramatic new city hall complex, an amazing array of shops and restaurants where awardwinning dim sum, Vietnamese pho, and seafood with a twist will satisfy any appetite. The city's many malls - legendary for their size and variety - bring you a world of shopping not found anywhere else in the Lower Mainland.

Richmond's exciting cultural life is seen in its museums, galleries and professional theatre. The Asian influence is expressed in the magnificent Buddhist temple complex and gardens of the International Buddhist Society

on Steveston Highway. For those looking for more natural attractions, the city's parks provide a number of recreational opportunities from field sports, nature walks and golfing. The extensive network of dykes protecting the city from the river, have become popular walking and biking trails and provide the perfect place to observe bald eagles and other bird life of the tidal flats.

There's always something fun to do, whether it's taking a whale watching tour, watching the fishing boats dock in the busy marina, or visiting the year-round Farmers & Artisans Market (happening every other Sunday) to discover artistic treasures and homemade treats. TourismRichmond.com or call 1.877.247.0777.



MAP D - Richmond & Steveston



Metro Vancouver

Burnaby

Burnaby is just east of Vancouver, home to North America's only mountain top university; Simon Fraser University, and has the largest retail and entertainment complex in British Columbia, namely Metrotown. Burnaby also has many outstanding sports and recreational facilities.

The Metrotown area, a 15-minute SkyTrain ride from downtown Vancouver, is where you'll find over 500 stores and an equally impressive entertainment complex, enough to keep even the most dedicated shopper (and the rest of the family) happy! And it's just a short walk to Central Park, an immense urban forest, with wide pathways, pitch & putt golf, tennis courts and an outdoor pool. If you're interested in outdoor recreation, don't miss the chance to rent a paddleboat at Deer Lake Park, or just eniov the music in the Park. Deer Lake is also home to the beautiful Hart House Restaurant. and cultural attractions such as the Burnaby Village Museum & Carousel, the Shadbolt Centre for the Performing Arts, and Burnaby Art Gallery.



TRI-CITIES - COQUITLAM, PORT COQUITLAM & PORT MOODY

The Tri-Cities area is to the east and northeast of the City of Vancouver, and is made up of three municipalities: Port Moody, Port Coquitlam and Coquitlam. The area brings together Port Moody's railway heritage, Coquitlam's golf and wilderness recreation, and Port Coquitlam's revitalized city centre and riverside trails, providing plenty of interesting options for visitors to experience.

At the centre of Port Moody, an easy 30 minutes by car from downtown Vancouver, is a compact business district, where you'll find a variety of quaint shops and places to grab a bite to eat. Nearby Rocky Point Park is a popular spot, with shoreline trails to stroll. The city's railway heritage is celebrated in an annual festival and a heritage railway station survives as a museum. The surrounding area offers a variety of outdoor recreation opportunities, such as Belcarra Regional Park—home to great beaches, hiking trails, picnic areas and a host of water activities. In the park you'll also find

the Buntzen Lake Reservoir Recreation Area, a perfect day trip destination for families.

Getting out and into nature is easy in Coquitlam, with over 70 local parks including the 176-hectare (435-acre) Mundy Park Forest. Many people enjoy the Como Lake hike, featuring a 1-kilometre (0.6-mile) loop trail, lakeside benches, picnic amenities and a variety of bird and wildlife species, Como Lake offers a rich park experience. This little known gem located in the heart of Coquitlam is also a popular fishing hole for anglers. The lake is stocked with rainbow trout, making for great fishing opportunities in the spring and fall.

Coquitlam also has a thriving arts and culture scene, and the past is evident with the preservation of a number of historic homes in the area. Maillardville, home to British Columbia's oldest francophone community embraces its roots with a museum, art gallery and an annual arts festival.

TriCitiesChamber.com or call 604.464.2716

Delta - Ladner, Tsawwassen & North Delta

Three distinct communities make up the largely agricultural municipality of Delta, to the south of the City of Vancouver: Ladner. North Delta and Tsawwassen. The area is well known for its wildlife, especially the bird species that can be found here. An undulating carpet of white can be seen in Delta's fields in the fall as the snow geese stop to rest on their journey south for winter. They are among the many species that stop in the area during this annual ritual of nature.

To get up close & personal, you will want to visit the George C. Reifel Migratory Bird Sanctuary. forming part of the Fraser River Estuary in Delta, this 300-hectare (740-acre) protected area is home to over 250 avian species.

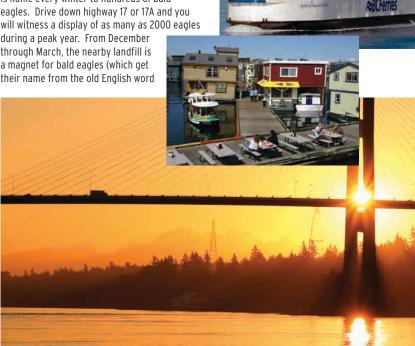
Historic Ladner is an active fishing village with 19th century homes sitting behind the dykes that hold the Fraser River at bay. North Delta is home to the 4046 hectare (10,000 acre) Burn's Bog, one of the most important natural habitats in the province, with more than 200 species of migratory birds using the area for resting, staging, and breeding.

Speaking of birds, a well-kept secret is Ladner is home every winter to hundreds of bald eagles. Drive down highway 17 or 17A and you will witness a display of as many as 2000 eagles during a peak year. From December

"balde", meaning white). Eagles are drawn to the Fraser River delta after coastal fish spawning runs decline, feeding largely on ducks and gulls in the area, including productive Boundary Bay, only a few wing beats south of the landfill.

Tsawwassen is best known as the departure point for BC Ferries vessels bound for Vancouver Island and the Gulf Islands. With long, sandy beaches, it is also perfect for lounging or trying your hand at windsurfing in the shallow bays.

Heading to Victoria, leave some time to stop in Tsawwassen, soon to be known as a great shopping destination with the opening of the new Tsawwassen Mills shopping mall on First Nations land here in Delta. Drop off the kids on the way to the mall at the refurbished Big Splash Water Slide Park, They will thank you for it. TourismDelta.com or call 604.946.4232



Metro Vancouver

New Westminster

Just 20-minutes south-east from downtown Vancouver, you can discover Western Canada's oldest city, New Westminster. Known as the "Royal City," explore the historic downtown's 19th century architecture, poke around the waterfront with its public markets and boardwalk or discover the Fraser River's ever changing parade of tug boats and freighters.

New Westminster offers an interesting and eclectic array of shopping. Columbia Street is the centre of downtown, and you'll find antiques of all sorts tucked away on Front Street's "Antique Alley." History, arts and culture are in abundance, with plenty of local museums, galleries, and performing arts venues.

Don't miss the River Market at Westminster Quay. Feast and fun come together at the River Market, where the hungry and curious gather to eat, shop and play. Showcasing independent restaurants and shops, this 7,000-square-metre (75,000-square-foot) marketplace on the banks of the Fraser River has become a hub for community life in New Westminster.

In the city's heritage neighbourhoods, distinguished architecture by some of British Columbia's best known architects, is found along tree-lined streets, such as those in the Queens Park area. If nature is more your thing, visit one of New Westminster's many parks, from the 19th century plan of Queen's Park and its rose gardens, to the natural landscape of the 4.8 hectare (12-acre) Glenbrook Ravine.

The Fraser River is yours to discover through rotating exhibits and hands-on programs at the Fraser River Discovery Centre in New Westminster. At 1,375 kilometres (850 miles) long, the Fraser River is one of the largest salmon spawning waterways in the world.

It is also one of only three rivers in BC in which North America's largest freshwater fish, the white sturgeon, spawn. Come experience the history of this important natural resource and learn about the mighty river's contribution to British Columbia and its people.

TourismNewWestminster.com or call 604.526.1905





Surrey

Stretching between the Fraser River and the United States/Canada border, southeast of the City of Vancouver, Surrey is Metro Vancouver's largest city in terms of area, and with an estimated 500,000 residents, is second largest behind Vancouver in terms of population. Getting there is easy: the Skytrain's Expo lines takes passengers from downtown Vancouver to Surrey in just over 30 minutes.

This rapidly growing urban centre continues to maintain strong ties to its rural heritage and natural environment. Cloverdale is the historic heart of the area and is home to Canada's second largest community rodeo, the Cloverdale Rodeo and Exhibition, as well as a historic general store, the city's first bank and original city hall. Antique hunters will find a cornucopia of stores, and those looking for country fun will love the experience of exploring a corn maze.

With almost one third of the city protected as park or agricultural land, Surrey truly is the "City of Parks". The area is home to 400 parks, including the 2-hectare (5-acre) Bear Creek Gardens, considered one of Metro Vancouver's finest public gardens. At Boundary Bay there are opportunities for bird enthusiasts with 200 species of birds attracted to the tidal marshes. Surrey is also a golf-lovers dream with an astounding 16 golf courses! Strolling the sandy shores at Crescent Beach is also a popular pastime; while you're there, enjoy a west coast lunch at one of the many intimate neighbourhood restaurants.

Surrey's cultural life is surprisingly active, with an award winning arts centre and internationally acclaimed art gallery. It's also home to a significant Indian population—the city hosts a huge Diwali festival and Vaisakhi parade during the year, and boasts a Punjabi Market neighbourhood perfect for strolling.

www.DiscoverSurreyBC.com or call 604.531.6646



White Rock

A 490-ton white rock first spotted by Spanish explorers has given its name to this beachside city. A 60-minute drive south from downtown Vancouver, close to the U.S./Canada border, White Rock is a tiny, hidden gem in Metro Vancouver. The 8-kilometre (5-mile) sandy beachfront on Semiahmoo Bay is its most popular summer attraction, with sand perfect for creating sandcastles!

Its famous promenade runs almost the entire length of the beach, offering plenty of access points for swimming, kayaking and exploring the tide pools. After a day by the sea enjoying beautiful views of Mount Baker and the San Juan Islands in Washington State.

Marine Drive, running parallel to the beach, is the main thoroughfare, where you'll have fun looking through the stores and galleries that showcase local artists. You'll also find a

museum in the former train station, and the famous White Rock pier where you can cast a line or crab trap with local fishermen. Naturally, seafood is the specialty of many restaurants and cafes in White Rock.

Neighbouring Crescent Beach, in Surrey, is close by, and the two areas as very popular with families for day trips looking for a "beach resort feel."

ExploreWhiteRock.com or call 604.536.4951



Fraser Valley



Langley, Abbotsford & Chilliwack

Located an hour east of Vancouver, the Fraser Valley is home to trending restaurants, over 30 wineries, and a growing number of breweries, all emphasizing farm fresh and local ingredients.

Explore this area on a day-trip, or stay locally for the long weekend and see how convenient relaxing in the countryside can be. From outdoor adventures like like river rafting with Hyak Wilderness Adventures, to attending romantic wine tasting dinners and gourmet retreats, This region offers the perfect ticket to escaping the city grind. Taste produce fresh from the farm it was grown on, sip some wine served by local winemakers. Whether you launch the boat, kayak or your stand-up paddleboard, whatever you do it will be a day to remember as you visit the Fraser Valley.

Langley

Human occupation of the area we now call Langley can be traced back to the retreat of the last glaciers some 10,000 years ago. First Nations people, known as the Sto:lo, or "river people" are thought to have been the principal occupants of most of the Fraser Valley throughout the last several millennia.

The Kwantlen (Qw'?ntl'en) First Nation were recorded in 1827 as the largest group on the lower Fraser, with a traditional territory extending from Mud Bay in Tsawwassen, through the Serpentine and Salmon Rivers and along the Fraser River, east past Mission. The First Nations continue to be an important part of the Langley communities.

One of the top tourist attractions in the area is the Fort Langley National Historic Site. This is the exact location where, a century and a half ago, the Hudson's Bay Company, a huge fur trade organization, established a small post to trade with the First Nations of the West Coast. The enterprise grew, evolved and influenced history, leading to the creation of the colony of British Columbia.

Today you can visit the fort and explore the historic buildings, watch coopering and blacksmithing, demonstrations, gold panning, and you can even sleep there overnight in an oTENTIK, exclusive to Parks Canada.

An oTENTik, is a cross between an A-frame cabin and a prospector tent mounted on a raised wooden floor. This water resistant accommodation is built to withstand diverse weather conditions and no set-up is required by campers. Each of the five units inside Fort Langley's historic walls represents the heritage of Fort Langley's diverse workers.

Langley is also known as a "Community of Communities". Langley consists of two municipalities working side by side, the Township of Langley and the City of Langley, and is part of the Fraser Valley region of British Columbia.



Abbotsford

Urban amenities that include sophisticated dining, shopping and arts venues are set in a landscape of working farms, art studios and refurbished historic communities.

Coupled with its temperate climate, Abbotsford is a year-round destination packed with activities for the entire family including hiking, mountain biking, fishing, and golf. With several provincial parks, rivers and lakes in and around Abbotsford, there are many outdoor activities to experience.

Abbotsford is also home to the Abbotsford International Air Show. As Canada's largest air show, this three day spectacular attracts in excess of 350,000 visitors. The Abbotsford International Air Show includes on-the-ground static exhibits such as the B-52, F-14 Top Cat, V-8B Harrier and F-117 stealth fighter alongside other armed forces tactical equipment and demonstrations

Aerial displays are at the show's heart, usually wowing visitors with the showmanship of the CAF Snowbirds, Canada's national aerobatic team, demonstrations of Corsair, Spitfire and Sea Fury aircraft as well as freefall acrobatics with the CAF Skyhawks parachute team, championship wing walkers and international flight participants. It's a great family show, that takes place mid-August each year.

TourismAbbotsford.ca (34561 Delair Rd) or call (604) 859-1721



Get Outside!

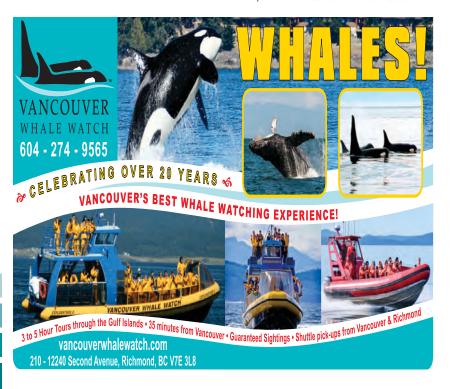
pring in Vancouver means plenty of sun and lots of fun!
From watersports to beach activities to hiking, golf and endless warm-weather meandering, you'll want to spend as much time as possible outdoors!



Whale Watching

For a truly exhilarating excursion, whale watching with a local tour provider can't be beat! Getting close enough to these majestic creatures often starts in the historic fishing village of Steveston (in Richmond) or from downtown Vancouver. Within minutes of either point of departure, you'll find yourself exploring the Strait of Georgia, Fraser River Delta and Gulf Islands, home to these mighty mammals. You'll also get a chance

to spot harbour seals, sea lions, porpoises and a variety of marine wildlife that call these coastal waters home – don't miss out on this once-in-a-lifetime experience! Photo: Pacific Whale Watch Association



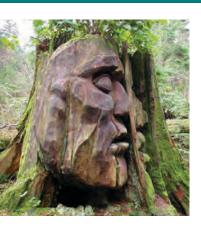
Vancouver Summer 2019 | visitorschoice.com

Parks & Gardens Guide

N ow is the ultimate time to take advantage of Vancouver's gorgeous green spaces. Tended to lovingly, these parks and gardens play a big part in beautifying the city they also make this one of the prettiest seasons to get outdoors!

Park	Address	Description	Favourite Feature
Bloedel Conservatory	33rd Ave between Cambie & Main Streets vancouver.ca	Explore a tropical forest in this climate-controlled facility, complete with Koi ponds and exotic flora.	Free-flying birds overhead
Dr. Sun Yat- Sen Chinese Garden	578 Carrall Street vancouverchinese garden.com	This classical Chinese garden in historic Chinatown was named No. 1 in a 2011 National Geographic global roundup of city gardens.	Complimentary tours & tea
Hastings Park	2901 Hastings Street hastingspark.ca	More than 100 species of birds live in this park's sanctuary, and the dramatic stone faces along the Opera Walk are sure to amaze.	Momiji Japanese Gardens
Lighthouse Park	Beacon Lane off Marine Drive, West Vancouver vancouvertrails.com	Plenty of dog-friendly forest trails weave through some of the area's tallest trees.	Point Atkinson lighthouse
Nitobe Memorial Garden	1895 Lower Mall, UBC nitobe.org	Lending itself to quiet meditation, this traditional Japanese garden includes serene waterfalls and guided tours.	A spiritually significant garden layout
Park & Tilford Gardens	333 Brooksbank Ave, North Vancouver parkandtilford.com	Covers three acres and offers eight separate theme gardens.	Penjing pruning in the Asian garden
Queen Elizabeth Park	4600 Cambie Street vancouver.ca	Find stunning panoramic views at Vancouver's highest point, plus beautiful gardens, ponds and waterfalls.	Henry Moore sculptures
Reifel Migratory Bird Sanctuary	Westham Island, Delta reifelbird sanctuary.com	This wheelchair-accessible wetland is a stopover for thousands of migratory birds.	Two-storey observation tower
Richmond Nature Park	11851 Westminster Highway, Richmond richmond.ca	This raised peat bog habitat includes tons of trails, a nature centre and picnic spots.	Elevated boardwalk
Stanley Park	North foot of Georgia Street vancouver.ca	Explore one of the world's best city parks by foot, miniature train or horse-drawn carriage.	Seawall path perfect for pedestrians and bikers
UBC Botanical Garden	6804 SW Marine Drive, UBC ubcbotanical garden.org	Features five landscaped areas, each with a unique global theme.	Greenheart Canopy Walkway
VanDusen Botanical Garden	5251 Oak Street vandusengarden.org	Striking plants, flowers and land- scaping make this internationally acclaimed garden a rare treat.	Over 7,500 plants from six continents

Parks & Gardens



Stanley Park

The crown jewel of Vancouver's nearly 200 city parks, Stanley Park is a 400-hectare (1,000-acre) evergreen oasis connected to the city's West End by a narrow strip of land. An 8.8-kilometre (5.5-mile) seawall surrounds the park's perimeter offering breathtaking views at every turn and making it a hotspot for cyclists, runners, walkers and rollerbladers. Recently named the world's best city park by TripAdvisor, Stanley Park is home to wildlife, beaches, the Vancouver Aquarium, a pitch & putt, water park and miniature railway. Other landmarks worth visiting include the Stanley Park Rose Garden, Prospect Point Lookout, the 9 O'Clock Gun, Siwash Rock, Lost Lagoon, the nine totem poles at Brockton Point and the Stanley Park Hollow Tree, a 700 to 800-year-old western red cedar tree stump. Designated a National Historic Site of Canada, Stanley Park is deserving of an itinerary unto itself.

VanDusen Botanical Garden

This Vancouver garden will inspire you with 22 hectares (54.4 acres) of elegant landscapes representing a range of ecosystems found in such places as the Himalayas, the Mediterranean, the Louisiana swamps and the Pacific Northwest. VanDusen Botanical Garden's stunning Visitor Centre, with its orchid-inspired design, is an iconic building and a model of sustainability.



Queen Elizabeth Park

Queen Elizabeth Park, Vancouver's horticultural jewel, is a major draw for floral display enthusiasts and view-seekers. At 152 metres (499 feet) above sea level, it's the highest point in Vancouver and allows for spectacular views of the park, city and North Shore Mountains. The 52-hectare (128-acre) park is home to an arboretum, and a gorgeous quarry garden with a collection of exotic and native trees and sculptures, including one by internationally renowned artist Henry Moore. If that isn't enough to keep you entertained, the park also features the stunning Bloedel Conservatory and a variety of recreational offerings.

Dr. Sun Yat-Sen

Classical Chinese Garden This garden in Vancouver is the first of its kind outside of China, and is representative of the private spaces within a Ming scholar's residence. With its asymmetrical arrangement of rocks and plants, winding paths and corridors, and views that overlook its courtyards, the garden emulates the rhythms of nature and offers quiet moments for contemplation in Vancouver's historic Chinatown.





UBC Botanical Garden & Nitobe Memorial Garden

GImmerse yourself in a world of wild plants at the University of British Columbia in Vancouver. Stroll through the impressive Asian garden with over 400 kinds of rhododendrons, travel the continents in the alpine garden, explore the native rainforest garden, discover food growing techniques, and visit the internationally recognized collections of magnolias and maples. For a unique vantage point take the Greenheart Canopy Walkway, a 308-metre (1,010-foot) aerial trail system which gives you a bird's eye view of the forest canopy ecosystem.

Queen's Park

Queen's Park in New Westminster provides visitors with a wide range of outdoor pursuits. Stay active with a game of tennis, run along the trails, take your dog for a walk to the offleash dog area, enjoy a picnic, or stop and smell the roses in the garden featuring over 600 floribunda and hybrid roses, a gazebo and decorative entrance trellises.





Rocky Point Park

Rocky Point Park is Port Moody's best-known park. A popular destination for hikers of the Shoreline Trail, or a starting point for boaters using the boat launch, Rocky Point has a large variety of amenities including a seasonal outdoor pool, skateboard park and biking trails.



Located in Langley, Sendall Gardens features 1.9 hectares (3.67 acres) of beautiful and unique plants, shrubs and trees. Walk along the nature trails and stop at the two ponds, where several varieties of birds can be found. Visit the tropical garden greenhouse between April and September and marvel at the wide variety of colourful and exotic plants.





Cultus Lake Provincial Park

Located in Chilliwack, Cultus Lake Provincial Park is characterized by a large, warm freshwater lake and scenic, forest-clad mountains. There are several campgrounds in the park that are popular, along with many day-use areas that are perfect for swimming, kayaking and picnicking.

Family Fun

hy is Vancouver such a great place for big and little kids alike? Check out some of our favourite reasons, below!

Greater Vancouver Zoo

This 120-acre plot of land is a place where critters from six continents find safety and protection in careful replicas of their natural habitats. Take the miniature Safari Express train around the property and learn all about the animals. 5048 264th Street, Aldergrove 604.856.6825 | gyzoo.com (Map 3, H12)





Granville Island Kids Market

An oasis for children at the heart of Granville Island, this two-level indoor wonderland is filled with activities, shops and services catering to young minds and creative imaginations. With crafts, games, costumes and more, this is an experience the whole family will enjoy! 1496 Cartwright Street 604.689.8447 kidsmarket.ca (Map 1, J9)

Image: Tourism Vancouver / Coast Mountain

Vancouver Maritime Museum

Built to house the restored RCMP schooner St. Roch - the first vessel to cross the Northwest Passage in both directions! - Vancouver's maritime history lives on in this sea-worthy museum. Explore the ship's cabins to see what life was like for sailors and check out hands-on exhibits on topics like submersibles, tugboats and Captain Vancouver's ship Discovery. 1905 Ogden Avenue | 604.257.8300 vancouvermaritimemuseum.com (Map 1, J6)



Cultus Lake Waterpark

is BC's biggest waterpark. Whether you want to spend the day relaxing, or seeking out thrilling waterslides, the park offers activities for people of all ages. Amenities include 18+ slides, 6 food outlets, lockers, BBQs, WIFI, grassy rest areas, over 150 covered picnic tables, 2 kiddie areas Tots Castle & Pirate's Cove. 5 hot tubs and a lazy river. There is even a night sliding event that takes place twice annually for those who want to hit the waterslides at night while listening to live bands. Open daily rain or shine, June 1- Sept 2 CULTUS.COM

4150 Columbia Valley Highway, Cultus Lake B.C

Cultus Lake Adventure Park

BC's Newest & Best Family Theme Park with 18 rides and attractions including the Runaway Mine Train the Fraser Valleys only Roller Coaster, the Round up 360! Canada's only fully inverted pendulum ride and Cloud Buster, a 120 foot drop tower. There is definitely something for everyone, Gate Admission to the park is free, come be amazed! Open daily rain or shine from June 22 - Sept 2 CULTUS.COM 3993 Sunnyside Blyd. Cultus Lake. BC V2R 5B5



Burnaby Village Museum

Travel back to simpler time in this 1920-replica community. Visit the blacksmith shop, printing press and general store, check out the fully restored tram and ride the vintage carousel!

6501 Deer Lake Avenue, Burnaby | 604.297.4565 burnabyvillagemuseum.ca (Map 3, E6)

Image: Noa Nichol



Family Fun

Playland & The Fair at the PNE

Playland features over 30 rides and attractions, including the historic Wooden Roller Coaster and Canada's most extreme pendulum ride, The Beast.
Playland also features Kids
Playce, a special zone for children aged 2-10 years. Open May 4 to September 15. And don't miss
The Fair at the PNE, August 17 to September 2. pne.ca (Map 2, B8)

Image: Pacific National Exhibition



Stanley Park

There's plenty of pint-sized fun to be had in Vancouver's oldest and largest park. Ride the miniature train (with special events and decorations at Halloween and Christmas), visit the Vancouver Aquarium and learn about preserving ecology at the Nature House. vanaqua.org stanleyparkecology.ca Map 1, A1-G2)



Maplewood Farm

This once-working dairy farm is now home to 200 charming domestic animals! Feed the chickens, ducks and bunnies, tour the gardens and take a pony ride. With so much to see and do, Maplewood Farm is an agritour you won't want to miss! 405 Seymour River Place, North Vancouver | 604.929.5610 maplewoodfarm.bc.ca (Map D, D6)



Indigenous Attractions



iscover the ancient wisdom and traditions of the region's First Nations. Through interpretive centres, archaeological sites, museums, galleries, guided First Nations adventure tours and cultural performances you'll come to understand how these dynamic cultures have evolved through history.

Takaya Tours

Tour the calm and scenic waters of Indian Arm by canoe or kayak and experience the culture, tradition and history of the Tsleil-Waututh First Nation. Takaya Tours in North Vancouver will take you on an unforgettable journey across the water and back through time, using 7.6-metre (25-foot) traditionalstyle ocean-going canoes. While you explore the rich marine coastlines of Indian Arm, the experienced guides will share traditional legends, songs and stories.



The Museum of Anthropology at UBC

Known for its spectacular architecture and unique setting on the cliffs of Point Grey in Vancouver, this museum is home to one of the world's finest collections of rare Aboriginal artifacts and artwork. MOA houses over 40,000 ethnographic objects from almost every part of the world, including Bill Reid's best-known sculpture, The Raven and the First Men. Fun fact: you'll find an illustration of his sculpture on the \$20 bill (from 2001 - 2006). in Vancouver's historic Chinatown.



Good Eats



anging from laid-back casual to five-course meals, Vancouver's dining scene caters to every palate. Whether you're looking for local produce, fresh seafood or trendy tapas, it's all within easy reach.



Fresh & Local

Surrounded by lush agricultural lands and seafood-rich waters, fresh cuisine is a huge selling point in Vancouver. The 100-Mile Diet and Ocean Wise program were both born in B.C., as was Green Table – a network of sustainable restaurants that pledge to reduce their environmental footprint by serving local foods, creating less waste, reducing water usage and supporting likeminded suppliers.



Chinatown 604-602-0368 www.floata.com



Experience traditional Cantonese cuisine featuring tempting seafood delicacies. Celebrate special occasions or join us for dim sum or dinner.

- Hong Kong Dim Sum
- Famous Peking Duck Live Seafood

400-180 Keefer Street (Parking Level 3)

Good Eats













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North Van 116 West Esplanade 604.987.9911







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DOCKSIDE

docksidevancouver.com



604.685.7070 1253 Johnston St, Vancouver In the Grandville Island Hotel

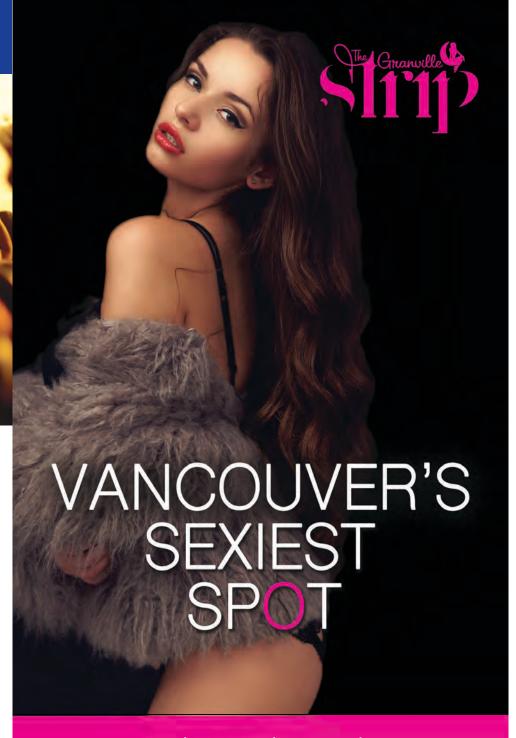
After Dark



ot ready for bed? From live concerts to DJ sets, there's fun to be had on any given night in Vancouver. The following neighbourhoods are notorious for nightlife:

- Granville Street: Home to some of the busiest nightclubs in the city - as well as some of the most-late-night food available - this downtown street is a great spot to step out. (Map 1)
- > Yaletown: Vancouver's hippest lounges can be found in this ultra-cool community. Comb the cobblestone streets for cool cocktails and late-night networking. (Map 1)
- ➤ Gastown: This district set the tone for Vancouver's vibe many years ago. Today it's a draw for college kids, hipsters and 30-somethings alike, featuring cutting-edge cuisine and intimate whisky bars. (Map B)





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ATTRACTIONS & ACTIVITIES

Guidebook & Savings

City Passport

Guidebook with history of Vancouver combined with \$1000 worth of Attraction offers, Save up to 50% off or Get a 2 for 1 at over 50+ Attractions, Only \$20 CDN, Valid for 2 Adults & 2 Children Purchase at Gastown Photo - #143 -757 West Hastings - Sinclair Centre

Bill Reid Gallery: 639 Hornby St. Currency Exchange: 1169 Robson St. Dr. Sun Yat Sen Chinese Gardens - Gift Shop - 578 Carrall Street & Vancouver Museum Admission Desk 1100 Chestnut Street, Vancouver

Major Attractions

Capilano Suspension Bridge Park

Capilano Suspension Bridge is iconic. The Park celebrates nature in unique and thrilling ways no more so than with the new Cliffwalk, a series of cantilevered bridges, stairs and platforms along a granite precipice. 3735 Capilano Road. North Vancouver Tel: 604.985.7474 capbridge.com

Dr. Sun Yat-Sen Classical Chinese Garden

Map 3,B4

First of its kind built outside of China and the perfect place to visit yearround. Its covered walkways and beautiful pavilions protect quests from Vancouver's famous rainforest conditions! The jade green pond with koi fish, a collection of 100-year old miniature trees and rare tai hu rock imported from China, are some of the delights and secrets this Garden offers. 578 Carrall Street (at Pender) Tel: 604.662.3207 Map 1.C11 vancouverchinesegarden.com

VanDusen Gardens

Explore VanDusen Botanical Garden. an inspiring 55 acre outdoor oasis with over 7,500 plant species and varieties. Spot and photograph local wildlife, enjoy the hedge maze with the kids and relax in a serene setting located in the heart of Vancouver. Annual Holiday event - "Festival of Lights" runs from December 1, 2017 to January 7, 2018. 5151 Oak Street 604-257-8335 vandusengardens.org Map 2, E5

HR MacMillan Space Centre

Expect the Unexpected! Discover the wonders of space through live demonstrations, exhibits, planetarium shows and evening observatory viewing. A unique experience for everyone. 1100 Chestnut Street Tel: 604.738.7827 spacecentre.ca Map 1,J6



Maplewood Farm

This once-working dairy farm is now home to 200 charming domestic animals! Feed the chickens, ducks and bunnies, and take a pony ride. With so much to see and do, Maplewood Farm is an agri-tour you won't want to miss! 405 Seymour River Place. North Vancouver Tel: 604.929.5610 maplewoodfarm.bc.ca Man 2.A9

Museum of Vancouver

The Museum of Vancouver (MOV) creates Vancouver-focused exhibitions and programs that encourage dynamic conversations about what was, is, and can be Vancouver. Permanent exhibitions tell the city's stories. 1100 Chestnut Street, Vancouver Tel: 604.736.4431 museumofvancouver.ca Map 1.J6

Burnaby Village Museum

burnabyvillagemuseum.ca

Map 3.D6

Stroll down the streets of the 1920s village exploring at your own pace. The village is an open-air museum on a 10- acre site that represents at the typical tram-stop community, Period costumed townsfolk welcome visitors and give demonstrations in the homes, businesses, and shops. Popular stops include the blacksmith, the print shop. the garden at the farmhouse, and the General Store 6501 Deer Lake Ave. Burnaby Tel: 604.297.4565

Stanley Park Horse-Drawn Tours

One-hour fully narrated tours of Stanley Park featuring the Totem Poles and popular sites. Departures every 30 minutes. March 1 - 31 - 9:40am - 4:00pm; April 1 - May 31 - 9:40am - 5:00pm; June 1 - 30 - 9:30am - 5:30pm; July 1 - September 4 - 9:30am - 6pm; September 5 - 30 - 9:40am - 5pm: October 1 - November 12 - 9:40am - 4pm. 735 Stanley Park Drive Tel: 604.681.5115 Map 1,B2 & Map B,F4

Vancouver Aquarium in Stanley Park

One of the top Aquariums in the world is bigger and better than ever before! Sting Rays, penguins, otters and 50,000 other amazing aquatic creatures await your arrival. Stanley Park, 845 Avison Way Tel: 604.659.FISH / 604.659.3474 vanaqua.org Map 4, F4

Bloedel Conservatory

Bloedel Conservatory Bloedel Conservatory is a domed lush paradise located in Queen Elizabeth Park atop the City of Vancouver's highest point. More than 120 free-flying exotic birds, 500 exotic plants and flowers thrive within its temperature-controlled environment 33rd & Oak Street Tel: 604.257.8584 Map 2.D6

Foodie Tours

Taste Vancouver Food Tours

The original Foodie tour company in Vancouver, Takes visitors and locals on an entertaining and tantalizing food tasting and cultural adventure. (Ask for City Passport deal) Tel: 604.767.4132

Cycle Tours Cycle City Tours

Sharing stories,

sights, and local knowledge of Vancouver, BC through fun and educational guided bike rides. Rentals and self-quided tours now available. (Tour departures and rentals) Downtown South - 1344 Burrard St. (Rentals) City Centre - 648 Hornby St. www.cyclevancouver.com Tel: 604.618.8626 Map 1,D8

Siahtseeina

Grouse Mountain

Grouse Mountain is Vancouver's most visited year-round attraction located just 15 minutes from downtown. Enjoy panoramic views as you travel to the alpine aboard the iconic Skyride. In summer, the world famous Lumberiack Show, Birds in Motion demonstration, incredible views in the Eye of the Wind, visits with our resident Grizzly bears, dining, shopping and more. 6400 Nancy Greene Way. North Vancouver, BC V7R 4K9 Tel: (604) 980-9311 grousemountain.com Map C, A4



WESTCOAST Sightseeing

We have been showcasing Vancouver. Victoria, and Whistler for over 30 years. Join us on our next adventure to the Christmas lights at Butchart Gardens. along the Sea to Sky Highway to Whistler, or around our beautiful city. We would be happy to share our home with you! Try the Christmas -Vancouver City & Canyon Lights Tour to Capilano Suspension Bridge Daily 2PM Departures. 321 Water Street Tel: 604 451 1600 westcoastsightseeing.com Map 1,B9

WESTCOAST - Guided Tours Vancouver City & Capilano Bridge

Whistler Sea to Sky Tour Victoria & Butchart Gardens

HOP ON HOP OFF TOUR

Dual Pass - Park & City Route Park Route City Route

WESTCOAST - Seasonal Tours

City & Capilano Canyon Lights Tour Karaoke Christmas Lights Tour HOP-ON Dual Pass & Karaoke Tour Combo Victoria Butchart Gardens Christmas

DINING

Continental



Top of Vancouver **Revolving Restaurant**

Take the elevator (no charge) 560 ft above the city and enjoy exceptional cuisine and a panoramic view. Specialties are steak, poultry, seafood (lobster, wild BC salmon, Alaskan king crab), lamb and duck. 555 W. Hastings Street Tel: 604.669.2220 tonofyancouver com \$\$-\$\$\$ Reservations: Yes Map 1.C9

Chinese

Floata Seafood Restaurant

Canada's largest Chinese restaurant serving all the exotic and exciting flavours of the orient. Specialties include Dim Sum and Peking Duck. 400-180 Keefer Street, Chinatown Tel: 604.602.0368 floata.com \$ Attire: Casual Reservations: Yes

Lunch, Dinner Map 1.B12

SUN SUI WAH Seafood Restaurants

Sun Sui Wah Seafood Restaurant has been a renowned restaurant in Hong Kong for over 30 years, especially well known for its specialty item - Roasted Squab, Prepared with a unique recipe, their roasted squab is guaranteed to be juicy and extremely flavorful. Two locations: now in Vancouver and Richmond. bringing to the public its world famous roasted squab, seafood, dim sum and Cantonese cuisine to satisfy the palate of gourmets. Vancouver 3888 Main Street 604.872.8822 Map 2.D6 Richmond

4940 No 3 Rd #102 604.273.8208 Map D

Pub/Brew Pub/Sports Bar

Mahony & Sons

Family owned and operated. this traditional Irish pub offers a selection of beer, wine, and whiskey in a large but cozy setting. Convention Centre West, 1055 Canada Place Tel: 604.647.7513 UBC Campus, 5990 University Blvd Tel: 604.827.4444 mahonyandsons.com \$ Lunch, Dinner Map 1,G11 & Map 2,C1

Thai Restaurants

Thai House

Since 1986, the Thai House has been consistently setting the standard by striving to offer the very best in quality and service through creative and careful attention to all details. 116 West Esplanade North Vancouver Tel: 604.987.9911 www.thaihouse.com

Map C

Pink Elephant Thai - Alberni Street

For those who like it hot or for those who like it mild. Pink Elephant Thai won't disappoint. The atmosphere aims to be "sanook", that's Thai for fun and vibrant with lots of energy: there's also room to "Sabai Sabai" or relax and chill 1152 Alberni Street Tel: 604.646.8899 www.pinkelephantthai.com Map 1,F10

Pink Elephant Thai - Marine Drive

Since 1986, Pink Elephant Thai has been consistently setting the standard by striving to offer the very best in quality and service through creative and careful attention to all details. Overall, our look is ultrasleek with aleaming white, cool grev. polished black, and lots of pink. 434 SW Marine Drive (8 mins from Airport via Canada Line) Tel: 604.428.8800 www.pinkelephantthai.com

Map 3.E3

SHOPPING & SERVICES

Confectionary



The Candy Room

The largest candy variety in B.C. More than 400 bulk candy from around the world, including chocolate, licorice, gummies, Turkish delight, jelly beans, sours & more. You will find what you are looking for, from rare-to-find and old-time candy to novelties and latest trends. Wide variety of specialty imported candy from UK, Japan, USA, Netherlands and others, in addition to our great Canadian Maple products at great prices. We also carry a wide selection of Gifts and Gadgets for all ages and occasions. Don't miss this fun store! 1218 Robson Street candyroom.ca Map 1,E6

candyroom.ca Map 1,E6

Jewellery

Artina's Jewellery

Unique jewellery shop featuring the works of over 100 of Canada's top jewellery design artists. Offers everything from contemporary designs to modern interpretations of First Nations styles.

387 Water Street, Gastown Tel: 604.915.7001 artinas.com

Map B

Jade Vancouver

Jade Vancouver offers beautifully hand crafted jewellery, sculptures as well as carvings and rough jade. Visit our gorgeous Gastown showroom where our knowledgeable staff will help you find the perfect gift or souvenir in a wide variety of price ranges.

#4 - 375 Water St, Gastown Tel: 604.687.5233 jademine.com Map B

Car Rental

Hertz Canada Ltd.

Hertz Canada Ltd. From value savings options like a compact car, to a roomy full size car or luxury model, Hertz makes renting a vehicle easy and affordable.

1038 Canada Place
1270 Granville Street
Quote City Passport
#2139039 & save up to
30% off base rates.
Map 1,88 Map 1, H8

Specialty Stores

Gastown Photo

We stock what travellers need in photography. Nikon and Canon – cameras and lenses. Batteries and chargers for every model of camera. Camera bags and binoculars too.

Unit 143 - 757 West Hastings in Sinclair Centre
Tel: 604.608.2728
gastownphoto.com
Map 1.C7

Shopping Centres

Vancouver Centre Mall

Connect to Canada Line + Expo Line. Shops like London Drugs. Tastes like Tim Hortons. Services like Chat'r. There's more to connect with here! Open till 7 PM; Thurs & Fri 9 PM. West Georgia @ Granville + @ Seymour 650 West Georgia Street Tel: 604.713.6495 Map 1.D8

Men's Clubs

Fox Den

Canada's premier gentlemen's club. Opulent surroundings, with friendly lingerie models! Canada's largest, most trusted name; world class reputation based on honesty and integrity. 100+ out-call escorts. 4717 Kingsway, Burnaby Tel: 604.669.9475 carmanfox.com

Map 2.E9

Granville Strip

The Granville Strip is bringing the style and artistry of Paris' legendary show lounges to the heart of Vancouver. Our lounge boasts a 30-foot ceiling and a 21-foot pole on our main stage. 1050 Granville St, Tel: 778.379.0555 thegranvillestrip.com Map 1, F8

Apparel: Unisex

Snowflake

Unique Canadian designs.
Incredible selection of outerwear
and accessories in cashmere,
leather, fur and shearling.
Also offers a fabulous collection
of capes, wraps and gloves.
Exceptional quality.
569 Howe Street (at Dunsmuir)
Vancouver, BC V6C 2C2
Tel: 604.681.9322
snowflakecanada.com
Map 1.C8

Footwear

Australian Boot Company

This 1,600-square-foot shop is stocked with a wide assortment of men's and women's footwear from two legendary Australian-born labels, Blundstone and R.M. Williams, and Denmark's equally revered Glerups. In fact, they have the largest selection of shoes from these brands in Canada.

104 Water Street - Gastown
1968 West 4th. - Kitsilano
Email: australianboot.com
Map 1,810 Map 2, C4

OK Boot Corral

Experience old fashioned western hospitality while you explore the wide selection of western boots made from: python, ostrich, rattlesnake, caiman, and of course cowhide! They also have a great selection of accessories.

205 Carrall Street, Gastown Tel: 604.684.2668 okbootcorral.com

Map B



Coal Harbour Liquor Store

Coal Harbour has a wide selection of locally produced wine, beer and spirits and a large variety of imported wines and spirits. Delivery is available daily. Hours of Operation: Daily 10am-11pm 1218 West Pender Street Tel: 604.685.1212 coalharbourliquorstore.com Map 1,06

IMPORTANT NUMBERS

10-DIGIT DIALING

Vancouver and surrounding areas are serviced by the 604 area code. When placing a call, all 10 digits of the number must be dialed.

EMERGENCY NUMBERS

AMBULANCE / FIRE / POLICE 911: TDD/TT Y Users: dial 911 for AMBULANCE / FIRE / POLICE and press the spacebar of your TDD/TT Y until call is answered.

HOSPITALS

604.822.7121

BC Children's Hospital 4480 Oak St., Vancouver

1.888.300.3088 Richmond Hospital

7000 Westminster Hwy, Richmond | 604.278.9711

St. Paul's Hospital 1081 Burrard St., Vancouver 604.682.2344

UBC Hospital 2211 Wesbrook Mall, Vancouver

Vancouver General Hospital 855 W. 12th Ave., Vancouver 604.875.4111

TOURIST SERVICES

Canada Post 1.866.607.6301

City of Vancouver (Parks & Recreation) 604.257.8400

Tourism Vancouver Visitor Centre

604.683.2000 **Vancouver**

Convention Centre 1.866.785.8232

Vancouver Public Library 604.331.3603

Vancouver TicketMaster 604.280.4444

TRAVEL & TRANSPORT

BC Ferries Customer Information & Reservations 1.888.223.3779

DriveBC Automated Highway Report 1.800.550.4997 TransLink Bus, SkyTrain & SeaBus Info 604.953.3333

BUS

Big Bus 1.877.299.0701
Greyhound Lines
of Canada 1.800.661.8747
HandyDART Custom
Transit Service

TERMINAL M (MAIN)

604.575.6600

Pacific Coach Lines 1.800.661.1725 Capilano Suspension Bridge Free Shuttle from Canada Place 604.985.7474

Horizon Air

CAR RENTAL

Alamo Rent-A-Car 1.877.222.9075

Avis Rent-A-Car 1.800.230.4898

Budget Rent-A-Car 604.668.7000

Discount Car and Truck Rentals 604.310.2277

Enterprise Rent-A-Car 1.800.261.7331

Hertz Car Rental 1.800.654.3131

National Car Rental 1.877.222.9058

Thrifty Car Rental 1.800.THRIFTY (847.4389)

RAIL

Amtrak 1.800.872.7245

Via Rail 1.888.VIA.RAIL (1.888.842.7245)

West Coast Express 1.800.570.7245

TAXI & LIMO

Aerocar 1.888.821.0021

Black Top & Checker Cabs 1.800.494.1111

MacLure's Cabs 604.683.6666

Vancouver Taxi 604.871.1111

Yellow Cab 604.681.1111

1.800.547.9308

AIRLINES (Passenger Reservations & Information)

Air Canada	1.888.247.2262	Japan Air Lines	1.800.525.3663
Air China	604.685.0921	Korean Air	1.800.438.5000
Air New Zealand	1.800.663.5494	Philippine Airlines	1.800.435.9725
Air Transat	877.872.6728	Singapore Airlines	604.689.1223
Alaska Airlines	1.800.252.7522	United Airlines	1.800.241.6522
American Airlines	1.800.433.7300	WestJet	1.800.538.5696
British Airways	1.800.247.9297	SOUTH TERMINAL	
Cathay Pacific	604.606.8888	Harbour Air	1.800.665.0212
Central Mountain Air	1.888.865.8585	Helijet	1.800.665.4354
China Airlines	604.682.6777	Pacific Coastal Airlines Ltd 604.273.8666	
Continental	1.800.231.0856	Tofino Air	1.800.665.2359
Delta Air Lines	1.800.221.1212	West Coast Air	1.800.347.2222

