

Jeffry Watson CURRICULUM VITAE

Jeffry T. Watson, MD

Business address:

Colorado Springs Orthopaedic Group
4110 Briargate Parkway, suite 145
Colorado Springs, CO
80920
(719) 632-7669

Current status: Orthopaedic hand surgeon, Colorado Springs Orthopaedic Group

Education:

- June 1986: Stavanger American School in Stavanger, Norway: High School Diploma.
- 8/1986 – 5/1990: Baylor University; Waco, Texas: Bachelor of Arts with major in History.
- 8/1990 – 6/1994: University of Texas Southwestern Medical School; Dallas, Texas: Medical Doctorate
- 7/1994 – 6/1995: University of Texas Southwestern Medical School / Parkland Memorial Hospital: General surgery internship.
- 7/1995 – 6/1999: University of Texas Southwestern Medical School / Parkland Memorial Hospital: Orthopaedic surgery residency.
- 8/1999 – 7/2000: Washington University School of Medicine; St. Louis, MO: Hand and upper extremity fellowship under direction of Richard Gelberman, MD, Paul Manske, MD, Martin Boyer, MD, and Ken Yamaguchi, MD.

Prior post-doctoral employment history:

- 8/2000 – 10/2001: Practicing orthopaedic surgeon in eight-member group. Anderson Orthopaedic Clinic, 2000 E. Greenville St., Suite 3700, Anderson, SC 29621. Telephone (864) 225-1601.
- 10/2001-4/2013: Full time faculty, Vanderbilt University Dept. of Orthopaedics and Rehabilitation

Regional / National Presentations:

- “Prospective Analysis of Complex Acetabular Fractures Treated with a Modified Extensile Approach.” Presented at American Orthopaedic Association’s Residents’ Meeting, March 1997, New York, New York.
- Boyer MI. Watson JT. Lou J. Manske PR. Gelberman RH. Cai SR. Quantitative variation in vascular endothelial growth factor mRNA expression during early

- flexor tendon healing: an investigation in a canine model. *Presented at Annual Meeting American Society for Surgery of the Hand. Baltimore – Oct. 2001*
- “Carpal Injuries.” Division of Plastic Surgery Grand Rounds, Vanderbilt University. October 29, 2004.
 - “Cubital Tunnel Syndrome” and “Trigger Finger” presentations as part of AAOS Instructional Course Lecture #407: Surgical Anatomy of 10 Common Upper Extremity Conditions – A Refresher for the General Orthopaedic Surgeon. February 2005, Washington, D.C.
 - “Tendon Transfers.” Division of Plastic Surgery Grand Rounds, Vanderbilt University. April 18, 2005
 - “Tennis Elbow and Radial Tunnel Syndrome”, presenter at ASSH Annual Meeting, September 2005, San Antonio, TX.
 - “Cubital Tunnel Syndrome” and “Trigger Finger” presentations as part of AAOS Instructional Course Lecture #407: Surgical Anatomy of 10 Common Upper Extremity Conditions – A Refresher for the General Orthopaedic Surgeon. Chicago, Illinois. March 2006.
 - “Upper Extremity Infections”, and “Fingertip Injuries” presentations during “Crucial Elements in Hand Surgery” regional review course in Nashville, TN, March 31, 2006.
 - “Cubital Tunnel Syndrome” and “Trigger Finger” presentations as part of AAOS Instructional Course Lecture #407: Surgical Anatomy of 10 Common Upper Extremity Conditions – A Refresher for the General Orthopaedic Surgeon. San Diego, CA, February 16, 2007.
 - “Management of Distal Humeral Fractures” presentation during “Wrist & Elbow Fracture Cadaver Conference” Vanderbilt Upper Extremity Regional Review Course in Nashville, TN, March 30th & 31st 2007..
 - “Distal Humerus Fractures” presentation during “Arthroplasty and Implants Cadaver Conference” Vanderbilt Upper Extremity Regional Review Course in Nashville, TN, March 28 & 29, 2008
 - “TEA/ Radial Head Replacement” presentation during “Arthroscopy to Arthroplasty Cadaver Conference” regional review course in Nashville, TN April 3 & 4, 2009
 - “Examination of the Wrist” presentation during “Advances in Hand Therapy: Surgeons and Therapist working together” ASSH Course in Nashville, TN May 15 & 16, 2009
 - “Extensor Tendon Injuries” presentation during “Advances in Hand Therapy: Surgeons and Therapist working together” ASSH Course in Nashville, TN May 15 & 16, 2009
 - “Elbow Fractures and Stiffness and Biceps/Triceps Repair” presentation during “Advances in Hand Therapy: Surgeons and Therapist working together” ASSH Course in Nashville, TN May 15 & 16, 2009
 - “Low Median Nerve Palsy” presentation during “Master Skills Course in Tendon Surgery” ASSH course, Burr Ridge, IL, October 17-18, 2009.
 - “Advances in Peripheral Nerve Surgery” presentation at Vanderbilt Upper Extremity Regional Review Course, April 2010.

- “Upper Extremity Emergencies” lecture as part of AAOS annual meeting Instructional Course Lecture #182: Acute Trauma: Getting Through the Night. San Diego, CA February 16, 2011.
- “Subacute Scapholunate Instability” presentation at Vanderbilt Upper Extremity Regional Review Course, March 2011.
- “Brachial Plexus Injuries- Should They Have Surgery” presentation at Vanderbilt Upper Extremity Regional Review Course, March 2011.
- “Regional Anesthesia in Orthopaedic Surgery”, Vanderbilt Dept. of Anesthesia Journal Club presentation, September 28, 2011
- “Upper Extremity Emergencies”, Instructional Course Lecture at AAOS annual meeting, San Francisco. February 10, 2012.
- “Peripheral Nerve Repair, Reconstruction”, presentation at Vanderbilt Upper Extremity Regional Review Course, March 2012
- “Common Things Happen Commonly” Southern Colorado PA Conference, May 2013
- “Low Median Nerve Palsy Tendon Transfers” during 2013 ASSH Tendon Transfer Precourse, San Francisco, CA
- “Distal Humerus Fractures.” April 2015 Vanderbilt Upper Extremity Regional Review Course, Nashville, TN.
- “Distal Humerus Fracture: Failed Fixation”. April 2016 Vanderbilt Upper Extremity Regional Review Course, Nashville, TN.
- “Soft Tissue Coverage about the Elbow.” April 2017 Vanderbilt Upper Extremity Regional Review Course. Nashville, TN.
- “Fractures of the Distal Humerus.” April 2018 Vanderbilt Upper Extremity Regional Review Course. Nashville, TN.

Publications:

- Schlegel JD, Champine J, Taylor MS, Watson JT, Champine M, Schleusener RL. The Role of Distraction in Improving Space Available in Lumbar Stenotic Canal and Foramen. *Spine* 19(18):2041-2047.
- Wells JK, Watson JT: Common ward emergencies. In Blackbourne LH, Fleischer KJ, (eds): *Advanced Surgical Recall*. Baltimore, Williams & Wilkins, 1997.
- Watson JT, Hovis WD, Bucholz RW. Bioabsorbable Fixation of Ankle Fractures. *Techniques in Orthopaedics* 1998;13(2):280-286.
- Starr AJ, Watson JT. Reinert CM. Jones AL. Whitlock S. Griffin DR. Borer DS. Complications following the “T extensile” approach: a modified extensile approach for acetabular fracture surgery-report of forty-three patients. *Journal of Orthopaedic Trauma*. 16(8):535-42, 2002 Sep.
- Hovis WD. Kaiser BW. Watson JT. Bucholz RW. Treatment of syndesmotic disruptions of the ankle with bioabsorbable screw fixation. *Journal of Bone & Joint Surgery – American Volume*. 84-A(1):26-31, 2002 Jan.
- Boyer MI. Watson JT. Lou J. Manske PR. Gelberman RH. Cai SR. Quantitative variation in vascular endothelial growth factor mRNA expression during early

- flexor tendon healing: an investigation in a canine model. *Journal of Orthopaedic Research*. 19(5): 869-72, 2001 Sep
- Watson JT, Boyer MI. Anatomy and Approaches. In Gelberman RH (ed): The Wrist. Philadelphia, Lippincott Williams & Wilkins, 2002
 - Franzino SJ, Watson JT, Mirzayan R. Distal Clavicle Fractures and Acromioclavicular Joint Injuries. In Mirzayan R, Itamura JM (eds): Shoulder and Elbow Trauma. New York, Thieme, 2004.
 - Lee DH, Weikert DR, Watson JT. Anterior Elbow Capsulodesis. *Techniques in Shoulder and Elbow Surgery*. 7(1):72-76, March 2006.
 - Watson JT, Boyer MI. Carpal Fractures and Dislocations. In Stannard JP, Schmidt AH, Kregor PJ (eds): Surgical Treatment of Orthopaedic Trauma. New York, Thieme, 2007.
 - Yu JR, Throckmorton TW, Bauer RM, Watson JT, Weikert DR. Management of acute complex instability of the elbow with hinged external fixator. *Journal of Shoulder and Elbow Surgery*. 16 (1):60-67, January-February 2007.
 - Buzzell, Jonathan E., Weikert, Douglas R., Watson, Jeffrey T., Lee, Donald H., Precontoured afixed-angle volar distal radius plates: a comparison of anatomic fit *Journal of Hand Surgery* 33(7): 1144-52; 2008.
 - Watson Jeffrey T. Dupuytren's Contracture. In Lieberman JR, Boyer MI (eds): AAOS Comprehensive Orthopaedic Review. Rosemont, AAOS, 2009.
 - Watson, Jeffrey T. Frostbite. In Lieberman JR, Boyer MI (eds): AAOS Comprehensive Orthopaedic Review. Rosemont, AAOS, 2009.
 - Watson Jeffrey T. Infections in the hand. In Lieberman JR, Boyer MI (eds): AAOS Comprehensive Orthopaedic Review. Rosemont, AAOS, 2009.
 - Watson, Jeffrey T. History of total elbow arthroplasty. In Lee, DL (ed): Total Elbow Arthroplasty. American Society for Surgery of the Hand. Rosemont, 2009.
 - Watson, Jeffrey T. Outcomes of total elbow arthroplasty. In Lee, DL (ed): Total Elbow Arthroplasty. American Society for Surgery of the Hand. Rosemont, 2009
 - Watson, Jeffrey T. Stiffness. In Hammert WC, Calfee RP, Bozentka DJ, Boyer MI (eds): ASSH Manual of Hand Surgery. Philadelphia, PA. Lippincott, Williams & Wilkins; 2010:170-176.
 - Watson JT, Weikert DW, van Zeeland N. Hand and wrist injuries. In Madden CC, Putukian M, Young CC, McCarty EC (eds): Netter's Sports Medicine. Philadelphia, PA. Saunders Elsevier 2010:368-378.
 - Chong PY, Koehler AS, Shyr Y, Watson JT, Weikert DR, Rowland JH, LeeDH: Driving with a Splint Immobilized Arm: a randomized higher-order crossover trial. *J Bone Joint Sur* 2010;92:2263-2269.
 - Acker DE, Watson JT. Tendon Injuries: Science of Healing and Principles of Repair and Rehabilitation: Flexor and Extensor Tendon Injuries. In Bindra RR, Breninger TL (eds): Advanced Concepts of Hand Pathology & Surgery: Application to Hand Therapy Practice. American Society for Surgery of the Hand. Rosemont, 2010.
 - To P, Watson JT. Boutonniere deformity. *Journal of Hand Surgery*, 36(1):139-142; 2010.

- Tuohy C, Weikert DR, Watson JT, Lee DH: Hand and Body Radiation Using the Mini-C Arm. *Journal Hand Surgery* 2011;36A:632-638.
- Katz DI, Watson JT: Surgical hand antisepsis for the hand surgeon. *Journal Hand Surgery* 2011: 36A: 1706-1707.
- Watson, JT. Distal humerus fractures, including isolated distal lateral column and capitellar fractures. In Lee DH, Nevaizer RJ (eds): Operative Techniques: Shoulder and Elbow Surgery. Philadelphia, PA. Elsevier Saunders, 2011:923-958.
- Atkinson CT, Watson JT. Distal radius fractures. In Obremsky WT, Sethi MK, Jahangir AA (eds): Orthopedic Traumatology: an Evidence Based Approach. Springer Publishing. New York, 2012.
- Atkinson CT, Watson JT. Lunatotriquetral ligament tears. *Journal of Hand Surgery*. 2102; 37A: 2142-2144..
- Mignemi ME, Byram IR, Wolfe CC, Fan KH, Keohler EA, Block JJ, Jordanov MI, Watson JT, Weikert DR, Lee DH. Radiographic outcomes of volar locked plating for distal radius fractures. *Journal of Hand Surgery* (12):1491-8.
- Devers BN, Douglas KC, Naik RD, Lee DH, Watson JT, Weikert DR. Outcomes of Hook of Hamate Fracture Excision in High-Level Amateur Athletes. *Journal of Hand Surgery* 2013:38A; 72-76
- Watson, JT. Couplers in arterial and venous repairs. *Journal of Hand Surgery* 2013: 38A:1423-6
- Lohse GR, Lee DH, Watson JT. Muscle transfer to restore elbow flexion. *Journal of Hand Surgery*. 2014:39A;761-764.
- Lebus G, Watson JT, Lee DH. Techniques for intraoperative peripheral nerve assessment and implications for treatment. *Clinical Anatomy* 2014;27:
- Wilson RJ, Watson JT, Lee DH. Nerve entrapment syndromes in musicians. *Clinical Anatomy* 2014;27:861-865
- Watson JT. Dupuytren's contracture. In Boyer MI (ed) AAOS Comprehensive Orthopaedic Review 2. Rosemont, AAOS, 2014
- Watson JT. Burns and frostbite. In Boyer MI (ed) AAOS Comprehensive Orthopaedic Review 2. Rosemont, AAOS, 2014
- Watson JT. Infections of the hand. In Boyer MI (ed) AAOS Comprehensive Orthopaedic Review 2. Rosemont, AAOS, 2014.
- Watson, JT. Primary, recurrent and chronic elbow dislocations without fractures. In Steinmann SP, Lee DH (eds) Elbow Trauma: A Master Skills Publication. American Society for Surgery of the Hand. Chicago, 2015.
- Watson, JT. Carpal fractures and dislocations. In Stannard JP, Schmidt AH (eds) Surgical Treatment of Orthopaedic Trauma, 2nd Edition. New York, Thieme. 2016.
- Grantham WJ, To P, Watson JT, Brywczyński J, Lee DH. Retrospective review of air transportation use for upper extremity amputations at a level-1 trauma center. *Journal of Hand and Microsurgery*. 2016;8:86-90.
- Watson JT, Weikert DW, van Zeeland N. Hand and wrist injuries. In Madden CC, Putukian M, Young CC, McCarty EC (eds): Netter's Sports Medicine, 2nd edition, Philadelphia, PA. Elsevier. 2018:391-401.

- Watson, JT. Distal humerus fractures, including isolated distal lateral column and capitellar fractures. In Lee DH, Nevaiser RJ (eds): Shoulder and Elbow Surgery 2nd edition. Philadelphia, PA. Elsevier. 2019:603-627.

Offices or Other Professional Positions

- Faculty representative, Vanderbilt Department of Orthopaedic Surgery Education Committee. 2003-2013.
- Assistant residency program director, Vanderbilt Department of Orthopaedic Surgery, 2009-2013.
- American Society for Surgery of the Hand, Program Committee for annual meeting in 2006 (Washington, DC) and 2007 (Seattle, WA).
- American Society for Surgery of the Hand, Education Committee, 2008-2010.
- Reviewer for Journal of Orthopaedic Trauma, 2004-2011.
- Practice Standards Committee, Colorado Springs Orthopaedic Group (2013-2015).
- American Society for Surgery of the Hand, Self Assessment Exam Committee, 2014-2017.
- 2nd Lieutenant, Civil Air Patrol, Colorado Wing, Pike's Peak Senior Squadron
- Executive Committee, Colorado Springs Orthopaedic Group (12/2016-present)
- Member, ASSH Emergency Hand Care Committee (2017-present).

Professional Recognition, Awards

- Vanderbilt University: Kenneth Johnson Award for Teaching Excellence, from 2005 graduating chief residents. June, 2005.
- Vanderbilt University: Kenneth Johnson Award for Teaching Excellence, from 2010 graduating chief residents. June 2010

Certification:

- Board Certified: 7/11/03 American Board of Orthopaedic Surgeons
- Board Recertification: 10/2012: American Board of Orthopaedic Surgeons
- Certificate of Added Qualification in Hand Surgery: 9/2004 American Board of Surgery. Recertification 10/2012.

10/14/2018