

Ho'ano Massage and Wellness for Women

Name:

First _____ Middle _____ Last _____

Address _____ City, Zip _____

Phone: Daytime _____ Home _____ Cell _____

Birthdate _____ Occupation _____

Referred by: _____ Email Address: _____

Emergency Contact: _____ Phone: _____

Physician: _____ Phone: _____

Massage Information:

First Professional Massage: Yes ___ No ___: How frequently do you have
massage _____

Medical Information:

List accidents/injuries, hospitalizations, and surgeries: when they occurred and treatment
received:

Any lingering effects from the above or do you feel you have recovered?

Chronic, ongoing pain? Yes ___ No ___ Please describe any treatment you receive

Do activities affect the pain? Yes ___ No ___, please describe

Are you currently being treated medically or taking prescribed drugs?

Yes ___ No ___ Please describe _____

Please list all over the counter supplements and/or herbs taken and why:

FOR LYMPHATIC CLIENTS, IF YOU HAVE ANY OF THE FOLLOWING PLEASE MARK A CHECK NEXT TO ANY OF THE FOLLOWING:

---Recent Thrombosis (DVT) ----Acute Inflammation with infection ----Congestive Heart Failure -----Malignant Tumor ---- Hypert thyroidism ----Hypotension ----Bronchial Asthma ----Treated Thrombosis ----Chronic Inflammation ---- Treated Cancer ----TB ----Nevus ----Menstruation ----Pregnancy ----Diabetes Type 2 ----Acute Allergic Reactions

History:

Musculoskeletal

- Osteoporosis
- Arthritis
- Hypothyroidism
- Fibromyalgia
- Chronic Fatigue
- Gout
- Bursitis
- Plantar Fasciitis
- Cysts/Lipomas
- TMJ
- Chronic Headaches
- Tendonitis
- Whiplash
- Strains/Sprains
- Chronic Pain in:
 - Neck
 - Low Back
 - Mid Back
 - Upper Back
 - Hip
 - Shoulder
 - Wrist/Hand
 - Arm
- On Computer more than 2 hrs a day. No. of hrs.

Respiratory

- Pneumonia
- Asthma
- Breathing Problems
- Sinusitis

Digestive

- Ulcers
- Colitis
- IBS
- Chrono's disease
- Gluten intolerance
- Constipation
- Diarrhea
- Gallstones
- Gas/Bloating
- Chronic Indigestion

Circulatory

- Heart Problems
- Stroke
- Palpitations
- Mitral Valve prolapse
- Anemia
- Hemophilia
- Hypertension
- Low Blood Pressure
- Varicose Veins
- Blood Clots/Phlebitis
- Raynaud's Disease

Skin

- Fungal Infections
- Athlete's Foot
- Impetigo
- Eczema/Dermatitis

Nervous System

- Dizziness
- ALS
- Multiple Sclerosis
- Parkinson's disease
- Bell's Palsy
- Neuritis
- Spinal Cord Injury
- Trigeminal Neuralgia
- Seizures/Epilepsy

Other

- Diabetes
- Pregnancy
- Cancer
- Kidney Disease
- Hepatitis
- HIV/AIDS
- Lupus
- PostOp: _____
- Cystitis
- High Stress
- Grieving
- Anxiety/Panic
- Bipolar Syndrome
- PMS/Menopause
- Poor Sleep/Insomnia
- Allergies affecting:
 - Facial Skin
 - Body Skin
 - Nose/Sinus

___ Other _____

___ Psoriasis
___ Easily Irritated Skin
___ Other _____

___ Eyes
___ Stomach/Gut
___ Orthopedic pins

Exercise

Time/day – week: _____ Activities: _____

The above information is accurate. I understand that Massage Therapists do not diagnose disease or prescribe drugs and that they are not a substitute for medical care. I agree to alert my practitioner of any physical or emotional changes as they occur. I also understand that a missed appointment incur charges that I must pay.

That she, is to the best of her knowledge and belief, is in good physical and mental health and has no physical or mental handicap or disability, which would be adversely affected by receiving massage services.

Patron Signature: _____ Date: _____

Witness: _____ Date: _____

