

# RULES & REGULATIONS - CO-ED

## GENERAL RULES

- **Sorry, no dunking.** A made dunk will result in a turnover. A missed dunk is a live ball.
- **Keep the gym clean.** No food or drinks are allowed in the gym at any time! Water is OK.
- **No trash talking or fighting.** If you are heard talking trash and/or cussing, you will receive a technical. Two technicals in the day may lead to dismissal. We want to keep it clean!
- **Respect the referees.** They are here to help us. And they have the power to give technicals.

## TEAM RESPONSIBILITIES

- Every team is responsible for keeping track of their own score.
- After each game, both teams should verify the score that is recorded.

## TO WIN THE GAME

- Each game is played up to fifteen (15) points.
- **Playoff teams and ranks will be determined by win/loss records.** If there is a tie, it will be determined by who won the "regular season" (pre-playoff) game. If the teams did not play, the team with the larger margin of victory for all games (won and lost) will advance. If there is a tie, team with the most total points advances. If there is still a tie, team with the least points given up advances. If there is still a tie, there will be a tie breaking game up to three (3) points. Winner advances.

## TO START THE GAME

- **Do paper, rocks, scissors.** Winner shoots from the top of the key. If it goes in, it's their ball. If not, the other team gets the ball.

## DURING THE GAME

- **Girls' baskets count as two (2). Guys' count as one (1).**
- **For games using the three point line,** shots behind the arc count as two (2) points (3 for girls). Shots must be taken BEHIND the arc without any part of either shoe touching the arc.
- **Losers take the ball out after each made basket.** Check the ball. Say the score out loud to make sure everyone agrees.
- **At the start of each possession** (fouls, turnovers, violations, etc.) the ball is to be taken out at the top of the key.
- **Clear to the three point line on ALL change of possessions.**
- **Each team is allowed one (1) timeout per game.**
- **Three seconds in the key.** Offensive players may not be in the key for more than three seconds. If the key is not clearly marked, referees have the authority to distinguish the key area.
- **Substitutions** are only to be made when there is a dead ball.
- **Shooting fouls will result in Two Free Throws.** Each free throw is worth one point. The second free throw is live. If it is made, the other team gets the ball. If it's a miss, the ball is live. Ball must hit rim or go in or else possession goes to the other team. If the shot is made while being fouled, basket counts and one free throw is awarded.
- **Only girls can guard girls. Girls can guard guys but guys cannot guard girls. Guys can steal passes to and from girls but cannot block girls' shots or steal their dribbles.** If they do, there will be a warning. Only one warning will be given out per team for the day. After the warning, a point will be awarded to the team on offense.
- **There are to be no more than one guy on the court at a time.** There can be three girls but one girl has to be designated as the "guy" so that the opposing guy has someone to guard.