



EXPLORE WHAT'S INSIDE THIS ISSUE:

- *New DCDEE Rule*
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for Professional
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New Rule: Lead Contamination

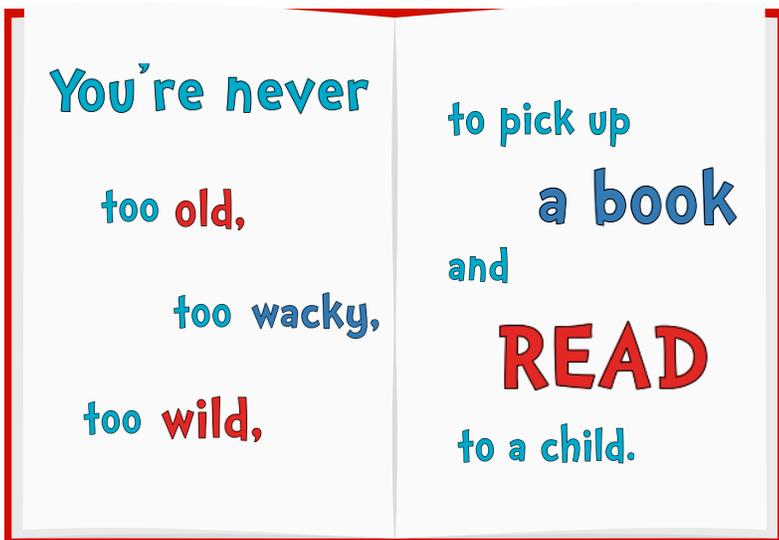
The NC Commission for Public Health has adopted and approved a new sanitation rule effective October 1, 2019. This amended rule requires that all licensed child care centers test all drinking water faucets and food preparation sinks for lead contamination within one year, and new centers must test upon application for a license. After that, child care centers will test their water once every three years. If a child care center finds elevated concentrations of lead in the center's water, they will be required to take immediate action.



The Division of Child Development and Early Education and the NC Division of Public Health (DPH) are available to help you make sure that the drinking water in your child care center is as safe and clean as possible. You will receive a notice and instructions as soon as the new testing system is ready from the DPH.

For more information visit: <https://ncchildcare.ncdhhs.gov/>

Read Across America Day



National Read Across America Day is Monday, March 2nd! This holiday promotes reading and encourages children to become interested in reading.

Parents can take their children to special events and book readings on this day and teachers can dedicate the whole day reading and creating fun activities. And if you really want to make the day exciting, you can create *Cat in the Hat* hats and wear them throughout the school day. After all, on this day, Dr. Seuss was born.

No matter what you do, make sure you instill the love of reading into the next generation.

Drop by our office and join us for our Read Across America Day celebration!

Monday, March 2nd, 2020
10 am - 12 pm
Iredell County Partnership for Young Children
734 Salisbury Road Statesville, NC 28677



Child Care Connector

January • February • March 2020

Guidance on Staff Vaccinations

To avoid disease transmission and staff exclusions, the NC Department of Health and Human Services recommends that child care operators obtain from all staff current documentation of immunization or proof of immunity for measles, mumps, pertussis, and varicella (see table below) upon employment and that all staff receive an influenza vaccine each year.

Staff without health insurance may receive certain immunizations free of charge at their local health department. Staff with health insurance should go to either their primary care provider or the local health department for vaccination.



Below is a summary of the recommended vaccinations for child care staff and number of vaccine doses or other proof of immunity required for documentation.

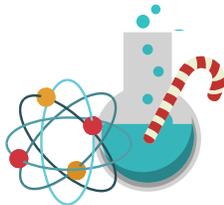
Disease	Vaccination Recommendations	Other Proof of Immunity
Influenza	1 dose of influenza vaccine at the start of each flu season	None
Measles	2 doses of MMR at least 28 days apart	Laboratory confirmation of measles disease or positive measles IgG antibody titer
Mumps	2 doses of MMR at least 28 days apart	Laboratory confirmation of mumps disease or positive measles IgG antibody titer
Pertussis (whooping cough)	One dose of Tdap at age ≥ 19 years. If < 19 years, one dose of Tdap ever	None
Varicella (chicken pox)	2 doses of varicella containing vaccine at least 28 days apart	Laboratory confirmation of varicella disease, positive varicella IgG antibody titer, verification of a history of varicella or herpes zoster (shingles) by a healthcare provider, or U.S. birth before 1980.

Candy Cane Science Experiment

Candy canes are everywhere after the holidays and cold weather can leave you needing activities to do inside. Here's a fun science experiment for you to try!

Materials Needed:

- 1 box of baking soda
- 1 bottle of vinegar
- Food coloring
- Candy canes
- Tray, cookie sheet, or a small container
- Dropper, squeeze bottles, or spoons



Instructions:

First, spread baking soda on a baking sheet. Break up candy canes and place them on the baking soda. Next, pour vinegar into a cup and mix with food coloring. You can put peppermint extract in the vinegar to mask the vinegar smell. Allow the children to use a dropper, squeeze bottle or spoon to drop the vinegar mix on top of the baking soda. Ask children to observe the experiment and describe what is happening to the candy canes.

Indoor Activities for Winter Days

Winter days are not always ideal for playing outdoors. Here is a list of some simple and engaging activities for young children for those days when you can't play outside!

- Freeze Dance Time: Turn on some music and encourage the children to freeze when the music stops. When children freeze during the game they are learning self-control.



- Indoor Bowling: Save empty water bottles and let the children roll a ball across the floor to knock them down. Through this activity, children are learning motor control and turn taking.

- Cookie Sheet Fun: Cover the bottom of a cookie sheet with salt or sugar and have the children draw with their fingers. This is a great sensory activity!



- Homemade Playdough: Make homemade playdough by mixing 2 cups of flour with 1/4 cup of salt, then add 1 cup of cold water and 1 - 2 drops of food coloring. Making playdough is something easy and fun that you can do together!

Make It & Take It Workshops

Visit our Early Learning Resource Center (ELRC) for monthly Make It & Take It Workshops! Take advantage of our collection of educational toys, books, and materials that open a world of discovery for children.



Jan.
14

STEAM: Winter Habits

5 p.m. - 7 p.m.

Create one-of-a-kind winter habits using a variety of 3-D collage materials.



Feb.
11

National Friendship Month

5 p.m. - 7 p.m.

Celebrate national friendship month by creating a duo of puppet friends that can encourage and support young children's social-emotional development.



Mar.
20

ABC & 123... roll, squeeze, press and play with dough!

5 p.m. - 7 p.m.

Play dough mats offer children endless opportunities for creativity and learning. Join us as we make reusable mats that promote letter and number recognition, one-to-one correspondence, patterning and more!

<p>CPR & FIRST AID</p>	<p>This training is for providers who are currently certified or need a full certification in Adult and Pediatric First Aid/CPR. Participants will receive materials before class, a two-year certificate and pocket card issued by American Heart Association. Certification must be renewed every 2 years. Limited to 8 people. Payment due to trainer the night of the training.</p>	<p>January 8 5:30 - 8:30 pm 3 DCDEE Credits Revonda Tucker</p>	<p>ICPYC \$40</p>
<p>Prescription for Toxic Stress: Calming the Limbic Brain</p>	<p>Adult caregivers are the critical ingredient for healing the effects of toxic stress in children. Developing skills which support self-regulation are critical for a child's future success in school and in life. Join us to learn ways to build quality relationships with children that support the development of self regulation.</p>	<p>January 14 6 - 8 pm 2 DCDEE Credits Marnie Reber</p>	<p>MCC Mooresville Room MCA122 \$12</p>
<p>ITS-SIDS</p>	<p>What are the risk factors for Sudden Infant Death Syndrome? Do you know how to decrease the risk of SIDS? Are you implementing safe-sleeping policies in your classroom or family childcare home? Anyone who cares for infants or works in an infant classroom must complete this workshop. This workshop must be renewed every 3 years!</p>	<p>January 15 6 - 8 pm 2 DCDEE Credits Stephanie Clark</p>	<p>ICPYC \$12</p>
<p>Maintaining Quality in the ECERS Classroom</p>	<p>Are you looking for ways to maintain quality in your preschool classroom? This training was designed to help teachers that work with children 3 to 5 years old identify tools available to maintain a quality classroom. During the training the Early Childhood Environmental Rating Scale (ECERS) book will be used to gain a better understanding of what Environmental Rating Scale assessors will look for during an assessment. You will leave this training with tools that will allow you to maintain a quality classroom.</p>	<p>January 21 6 - 7:30 pm 1.5 DCDEE Credits Bethany Schaefer & Margaret Steele</p>	<p>ICPYC \$9</p>
<p>Funding Effective School Age Programs</p>	<p>Finding funding is one of the hardest parts of running an effective school age program. Between making payroll, purchasing materials, and pursuing special program initiatives, securing program income requires school age professionals to be resourceful and creative. Join other like-minded school age leaders in learning easy and effective ways to utilize untapped funding resources in your local community and throughout the state. School age professionals of all experience levels will leave with the tools necessary to recognize and access the funding opportunities needed to make their afterschool or summer camp program thrive.</p>	<p>January 30 6 - 8 pm 2 DCDEE Credits Christen Fries</p>	<p>ICPYC \$12</p>
<p>Prescription for Toxic Stress: Building Resilience in the Cortical Brain</p>	<p>Children who build social emotional skills during preschool have the ability to succeed in school and bounce back from life stressors. Join us to learn ways to build brain connections that allow children to become aware of their emotions, use language to label those emotions and develop and plan to act on those feelings.</p>	<p>February 4 6 - 8 pm 2 DCDEE Credits Marnie Reber</p>	<p>MCC Mooresville Room MCA122 \$12</p>
<p>Teachers Wellness Trainings</p>	<p>In the education field, teacher's focus on children's social and emotional health. However, teachers are dealing with their own stressors too. The constant worry of juggling classroom management, children's progress, and assessment data can be overwhelming for teachers. It is important for teachers to take time to think about their wellness and rejuvenation. Come and join us for a four-week training that focuses on stress reduction, self-care, wellness, and reflection. During this time, you will learn Tension Reduction Exercises.</p>	<p>Feb. 13, 20, 27, & March 5 4 - 5 pm 4 DCDEE Credits Margaret Steele</p>	<p>ICPYC FREE</p>

<p>Full STEAM Ahead</p>	<p>This session is for preschool teachers only. Ready to add science, technology, engineering, art, and math learning experiences to your lesson plans? Come and discover how books, blocks and art can be used to engage four and five-year old children in building new skills. Leave with handouts on getting parents involved and activities that can be done inside or outdoors.</p>	<p>February 18 6 - 8 pm 2 DCDEE Credits Kim Mitcham</p>	<p>ICPYC \$12</p>
<p>ITS-SIDS</p>	<p>What are the risk factors for Sudden Infant Death Syndrome? Do you know how to decrease the risk of SIDS? Are you implementing safe-sleeping policies in your classroom or family childcare home? Anyone who cares for infants or works in an infant classroom must complete this workshop. This workshop must be renewed every 3 years!</p>	<p>February 20 6 - 8 pm 2 DCDEE Credits Christen Fries</p>	<p>MCC Mooresville Room MCB107 \$12</p>
<p>Maintaining Quality in the ITERS Classroom</p>	<p>Are you looking for ways to maintain a quality Infant/Toddler classroom? This training was designed to help Infant/Toddler teachers identify tools available to maintain a quality classroom. During the training the Infant/Toddler Environmental Rating Scale Revised Edition (ITERS-R) book will be used to gain a better understanding of what Environmental Rating Scale assessors will look for during an observation and how to maintain quality daily.</p>	<p>February 27 6 - 7:30 pm 1.5 DCDEE Credits Bethany Schaefer & Margaret Steele</p>	<p>ICPYC \$9</p>
<p>Iredell County Directors Forum</p>	<p>Join us for ICPYC updates and an opportunity to network with other early childhood administrators. Explore the Program Administration Scale (PAS) and reflect on the profession's best practices. Registration is required by February 24th. Lunch will be served.</p>	<p>March 4 10am - 12:30pm 2 DCDEE Credits</p>	<p>ICPYC FREE</p>
<p>School Age Conference</p>	<p><i>Thinking Constructively: Reggio Emilia and the School Age Classroom</i> Providing students with a productive and engaging indoor environment is a core ideal of Reggio Emilia pedagogy. Strong indoor classrooms offer school age participants with a safe way to ask questions, problem solve, and develop new learning skills. Join other school age professionals as we explore easy and effective methods to bring Reggio Emilia philosophy into the confines of the school age classroom. School age professionals will leave with a stronger understanding of Reggio Emilia practices, and new ways to apply this philosophy to indoor environments</p> <p><i>Building Relationships With School Age Children and Youth Who Challenge Us</i> Have you ever been secretly pleased when a child in your school age group is absent? Do you ever struggle with how to build a relationship with this child? Some children are more difficult than others and challenge us daily. Explore temperaments that are unique to all of us and how these differences affect our relationships. Leave with an easy action plan that works!</p>	<p>March 7 10am - 2:30pm 4 DCDEE Credits Jonathan Williams</p> <p><i>*Lunch will be provided*</i></p>	<p>NC Cooperative Extension Iredell County Center \$25</p>
<p>Building Adult Resilience</p>	<p>We often focus on young children; their amazing brains, the way stress affects their brains and how we can support the development of their resilience to help them cope with stress and anxiety. During this training we will focus on the importance of the well-being of adults and ways to continue to build resilience in children.</p>	<p>March 10 6 - 8 pm 2 DCDEE Credits Marnie Reber</p>	<p>MCC Mooresville Room MCA107 \$12</p>
<p>CPR & First Aid</p>	<p>This training is for providers who are currently certified or need a full certification in Adult and Pediatric First Aid/CPR. Participants will receive material before class, a two-year certificate and pocket card issued by American Heart Association. Certification must be renewed every 2 years. Limited to 8 people. Payment due to trainer the night of the training.</p>	<p>March 11 5:30 - 8:30 pm 3 DCDEE Credits Revonda Tucker</p>	<p>ICPYC \$40</p>

<p>NC Foundations for Early Learning & Development</p>	<p>If you want to increase your knowledge of child development, lesson planning, establishing goals for children and need engaging activities for classroom center play, NC Early Learning “Foundation” is for you! This workshop will also provide strategies for engaging children in active learning by providing opportunities for them to create, explore and discover their environment through play.</p>	<p>March 12 6 - 8 pm 0.5 CEU Bethany Schaefer</p>	<p>ICPYC \$30</p>
<p>Homelessness in Afterschool</p>	<p>Children do not ask to be homeless. Some have been born into homelessness. They may live in cars, tents, unoccupied dwellings, or “double-up” with other families. They may have witnessed abuse (or been abused), violence, stealing, someone dying and much more. Homeless children may need food, a warm place to sleep, and/or a bath. Above all they need a place that provides stability and orderliness to their life. Your afterschool program can provide that. Join us to learn about the federal act that helps homeless children and youth stay in school, potential warning signs of homelessness and strategies you can implement in your before/afterschool program immediately to help meet the needs of the homeless population.</p>	<p>March 17 6 - 8 pm 2 DCDEE Credits Christen Fries</p>	<p>ICPYC \$12</p>
<p>Put A Spring in Your Step</p>	<p>Winter is finally over! Let’s start the new season with a fun session on managing stress. Come ready to dance and laugh stress away. Get tips and techniques to make this your best spring ever.</p>	<p>March 23 6 - 7:30 pm 1.5 DCDEE Credits Kim Mitcham</p>	<p>MCC Mooreville Room MCB117 \$12</p>
<p>ITS-SIDS</p>	<p>What are the risk factors for Sudden Infant Death Syndrome? Do you know how to decrease the risk of SIDS? Are you implementing safe-sleeping policies in your classroom or family childcare home? Anyone who cares for infants or works in an infant classroom must complete this workshop. This workshop must be renewed every 3 years!</p>	<p>March 25 6 - 8 pm 2 DCDEE Credits Alicia Shell</p>	<p>ICPYC \$12</p>
<p>Solutions to the Dilemma: Reducing Suspension & Expulsion in ECE Programs</p>	<p>Suspension and expulsion from child care can have long-lasting negative effects on both children and families. It is the intent of the NC DCDEE to severely limit the use of these exclusionary practices in early childhood education programs. This informational meeting will acquaint facility administrators/owners with NC’s new Suspension/Expulsion Policy, explore the importance of promoting healthy social-emotional development in preventing the challenging behaviors which often lead to suspension/expulsion. Also included are effective program policies and procedures which support the shift from exclusion to retention. For child care administrators and owners only.</p>	<p>March 26 12 - 1:30 pm 1.5 DCDEE Credits Michelle Boyles</p>	<p>ICPYC \$9</p>
<p>Self-Regulation Birth to 99!</p>	<p>Early childhood educators recognize the importance of helping children build strong social-emotional foundations which will encourage healthy and effective self-regulation skills throughout their life. This training offers early childhood professionals an opportunity to reflect on how their own relationships, internal beliefs, initiative, and self control to support their self-regulation and explore ways on how to best support young children navigate the ups and downs of life.</p>	<p>March 31 6 - 8 pm 2.0 DCDEE Credits Bethany Schaefer & Margaret Steele</p>	<p>ICPYC \$12</p>