

Cosmetic Laser Solutions Medical Spa

Look good feel good for yourself.

BOTOX (Botulinum A Toxin) INFORMED CONSENT

I, _____, understand that I will be injected with Botulinum A Toxin (Botox) in the area of the glabella muscles to paralyze these muscles temporarily or in the forehead or crows feet around the lateral area of the eyes.

Botulinum A Toxin (Botox) injection has been FDA approved for use in the cosmetic treatment for glabellar frown lines only – the wrinkles between the eyebrows.

Injection of Botox into the small muscles between the brows causes those specific muscles to halt their function (be paralyzed), thereby improving the appearance of the wrinkles. I understand the goal is to decrease the wrinkles in the treated area. This paralysis is temporary, and re-injection is necessary within three to four months. It has been explained to me that other temporary and more permanent treatments are available.

The possible side effects of Botox include but are not limited to:

- 1. Risks: I understand there is a risk of swelling, rash, headache, local numbness, pain at the injection site, bruising, respiratory problems, and allergic reaction.**
- 2. Infection:** Infections can occur which in most cases are easily treatable but in rare cases a permanent scarring in the area can occur.
3. Most people have lightly swollen pinkish bumps where the injections went in, for a couple of hours or even several days.
4. Although many people with chronic headaches or migraines often get relief from Botox, a small percent of patients get headaches following treatment with Botox, for the first day. In a very small percentage of patients these headaches can persist for several days or weeks.
5. Local numbness, rash, pain at the injection site, flu like symptoms with mild fever, back pain.
6. Respiratory problems such as bronchitis or sinusitis, nausea, dizziness, and tightness or irritation of the skin.
7. Bruising is possible anytime you inject a needle into the skin. This bruising can last for several hours, days, weeks, months and in rare cases the effect of bruising could be permanent.
8. While local weakness of the injected muscles is representative of the expected pharmacological action of Botox, weakness of adjacent muscles may occur as a result of the spread of the toxin.
- 9. Treatments:** I understand more than one injection may be needed to achieve a satisfactory result.



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10. Another risk when injecting Botox around the eyes included corneal exposure because people may not be able to blink the eyelids as often as they should to protect the eye. This inability to protect the eye has been associated with damage to the eye as impaired vision, or double vision, which is usually temporary. This reduced blinking has been associated with corneal ulcerations. There are medications that can help lift the eyelid, however, if the drooping is too great the eye drops are not that effective. These side effects can last for several weeks or longer. This occurs in 2-5 percent of patients.

11. I will follow all aftercare instructions as it is crucial I do so for healing.

As Botox is not an exact science, there might be an uneven appearance of the face with some muscles more affected by the Botox than others. In most cases this uneven appearance can be corrected by injecting Botox in the same or nearby muscles. However in some cases this uneven appearance can persist for several weeks or months.

This list is not meant to be inclusive of all possible risks associated with Botox as there are both known and unknown side effects associated with any medication or procedure.

Botox should not be administered to a pregnant or nursing woman.

Additionally,

The number of units injected is an estimate of the amount of Botox required to paralyze the muscles. I understand there is no guarantee of results of any treatment. I understand the regular charge applies to all subsequent treatments.

I understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I further agree in the event of non-payment, to bear the cost of collection, and/or Court cost and reasonable legal fees, should this be required.

By signing below, I acknowledge that I have read the foregoing informed consent and agree to the treatment with its associated risks. I hereby give consent to perform this and all subsequent Botox treatments with the above understood. I hereby release the doctor, the person injecting the Botox and the Cosmetic Laser Solutions facility from liability associated with this procedure.

Patient Signature: _____ **Date:** _____

Cosmetic Laser Solutions: _____ **Date:** _____

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Within First Hour after Botox treatment:

- Gently exercise the muscle areas that you have received the Botox treatment in by making facial expressions: frowning, smiling, gently raising the eyebrows and squinting. It will assist the injection to spread in the relevant muscle.
- *For the first 24 hours, **do not*** receive a facial or microdermabrasion treatment, and avoid rubbing or massaging the treatment area for the first 24 hours.

Within Three Hours after Botox treatment:

Do not lie down or do strenuous activities. Try to avoid long periods of bending over – such as tying shoe laces or doing yoga, as the Botox can possibly migrate to the elevating muscle of your upper eyelid causing a lid drop.

Will there be Bruising and Swelling? Small red spots or bumps might be visible on the skin after the injections and there can be minor bruising. While bruising is rare, if you are a person who bruises easily, you may expect to see some minor bruising around the injection sites. Bruises may last a few days, and will fade normally. To help alleviate bruising, we recommend the topical application of **Arnica**, a natural ointment commonly used to reduce bruising. You can find Arnica in the natural foods section of your grocery store, or at local pharmacies.

If you have a side effects:

- Some patients might experience a mild headache after receiving Botox.
- Applying lightweight cold compressions or ice to the treated area for a few minutes after treatment may help to resolve red spots or bruises.

Enhancing your results

- For most patients, the benefits of Botox treatments can be enhanced by using a medical-grade skincare system. Cosmetic Laser Solutions offers Medical Strength Products to enhance your results. Vitamin-C can strengthen the skin and improve laxity and texture. Additionally, use of Tretonoin (or Retin-A) helps rebuild cells in the skin's epidermis (or top layer). Over time, Tretonoin can strengthen skin, improving firmness and resiliency.
- 98% of skin damage (aging, wrinkles, dark spots, and hyper-pigmentation) is caused by sun damage. Wearing sunscreen is critical to maintaining the look and health of your skin. Sunscreen should be re-applied after every 4 hours of sun exposure. We recommend a sunscreen with an SPF 45 or greater.
- These skincare products are available at our offices.