A photograph of an older couple smiling and holding surfboards. The woman in the foreground is wearing a black long-sleeved shirt and has short grey hair. The man in the background is also smiling and wearing a black long-sleeved shirt. They are standing outdoors, likely on a beach, with a warm sunset or sunrise sky in the background.

# SLEEP YOURSELF WELL WITH MAMMOTH.

Mattresses that do you good.

**mammoth**<sup>®</sup>  
THE SCIENCE OF COMFORT

# CONTENTS

- 02 The power of a good night's sleep.
- 05 Get a Mammoth night's sleep.
- 07 The big secret behind a Mammoth night's sleep.
- 10 Choosing the Mammoth mattress that's right for you.
- 12 Your comfort, your way.
- 13 The Rise mattress collection.
- 17 The Shine mattress collection.
- 21 Mammoth pillow collection.
- 23 Stunning divans.
- 24 Hand crafted headboards.
- 25 Loved by sporting elite.



# THE POWER OF A GOOD NIGHT'S SLEEP.

Sleep is a powerful thing.

A good night's sleep is linked to learning faster, living longer, higher levels of creativity and performance, lower stress levels, maintaining a healthy weight and attractiveness.

Unfortunately, one in three of us isn't getting a regular good night's sleep – leaving us grumpy and unable to be our best.

Worryingly, this lack of sleep also increases the risk of some serious health issues including obesity, heart disease and diabetes.

So when we say that it's really important to get a good night's sleep – we're not kidding.

## Are you getting enough?

Most of us need around eight hours a night. Some need more and some need less. It's easy to tell if you're getting the right amount of sleep. If you regularly wake up tired and spend all day looking forward to going back to bed rather than being excited about your day ahead – the chances are you're not getting enough.

There are several reasons for getting a poor night's sleep but the wrong mattress is a major cause. The wrong mattress won't support you properly, it will heat you up through the night, break your sleeping pattern and leave you with aches and pains the morning after.

Sound familiar?

If so, it's time to invest in a Mammoth night's sleep.

# JUST WHAT THE DOCTOR ORDERED.

Sometimes we all make do. Why put up with night time aches and pains that can spoil your day?

You can do something about it with a Mammoth mattress and the very latest in sleep and comfort technology specifically designed for better health - **so you can get on with the things you love.**



RECOMMENDED BY  
HEALTH PROFESSIONALS





# GET A MAMMOTH NIGHT'S SLEEP.

Mammoth has been helping people ease aches and pains and get a great night's sleep for years.

The Mammoth story began when our founder John Tuton worked in healthcare, providing medical mattresses for some seriously unwell patients.

After getting injured playing rugby and struggling to find a comfortable night's rest, John developed the first Mammoth prototype using leading sleep technology used in healthcare. After getting a great night's sleep, John had a 'eureka' moment. He asked why anyone should wait until pain or poor health strikes to get maximum rest and recuperation from their mattress.

Mammoth was born with the aim of helping anyone and everyone sleep better, feel better and make the most of every day.

Based on thousands of hours of front-line health experience and expertise, Mammoth mattresses are scientifically tested and shown to improve sleep and are endorsed by health professionals.

Mammoth is proud to work in partnership with the Chartered Society of Physiotherapy and are even NHS award winners.







# THE BIG SECRET BEHIND A MAMMOTH NIGHT'S SLEEP.

At the core of every Mammoth mattress is Medical Grade™ Foam and PostureCell® technologies which were designed specifically to improve sleep.

Being designed specifically to improve sleep, makes Medical Grade™ Foam unlike outdated technologies such as memory foam, which was developed for space travel and not sleep. Evidence shows that a lack of proper support and overheating are the two biggest obstacles to getting an uninterrupted night's sleep.

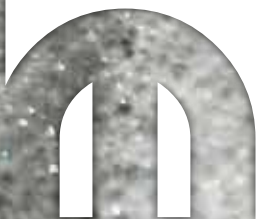
That's why Medical Grade™ Foam provides you with plenty of pressure relieving postural support through its PostureCell® technology. It is naturally cooling – so it won't heat up and neither will you. It's also hypoallergenic.

Medical Grade™ Foam and PostureCell® technology are:

- scientifically tested and shown to improve comfort and sleep.
- recommended by health professionals to encourage relaxation and help ease aches and pains – including back pain.
- used by elite athletes and professional sportsmen and women to increase rest and recovery so they can train longer and perform better.



**MEDICAL  
GRADE™  
FOAM**



**POSTURE  
CELLS®**







MAMMOTH

# CHOOSING THE MAMMOTH THAT'S RIGHT FOR YOU.

We understand how complicated choosing the right mattress can be, so we've kept things simple.

All our mattresses contain Mammoth's naturally cooling Medical Grade™ Foam and PostureCell® technology, scientifically tested and shown to improve sleep and is hypoallergenic.

So no matter which mattress you choose, you can be confident your Mammoth will be doing you good. Straightforward right?

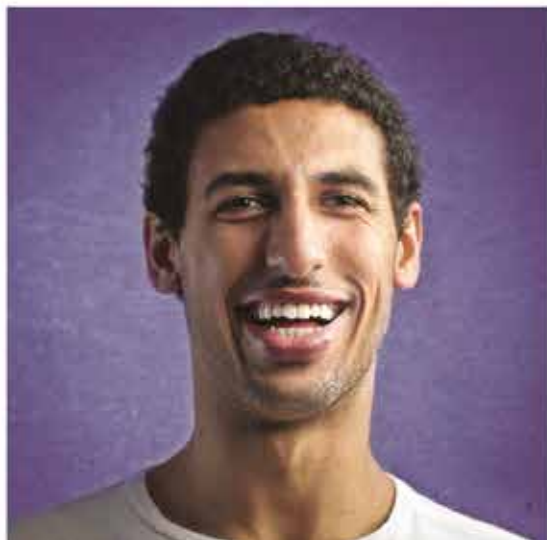
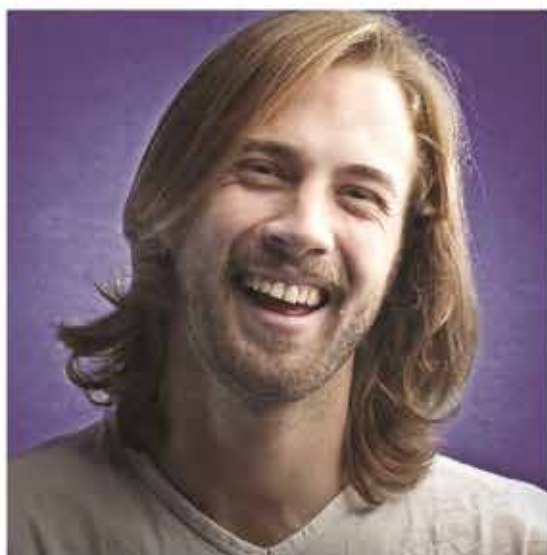
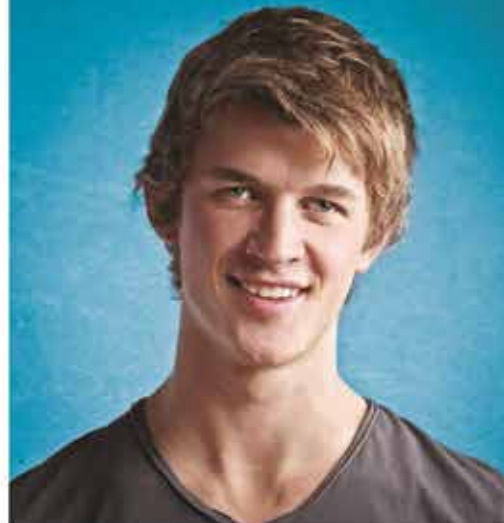
Why are there two separate 'collections' in this brochure?

We've separated our mattresses into just two 'collections' – RISE and SHINE. The reason for this is again simple.

At Mammoth, we believe that everyone should get a great night's sleep. So the RISE collection contains Mammoth's Medical Grade™ Foam and PostureCell® technology in generous amounts for those looking for something more - delivering more affordable health and wellbeing.

Our SHINE collection packs in as much of our Medical Grade™ Foam and PostureCell® technology as possible with more luxury tailoring to boot. We've thrown in a few additional extras too, for those who know you just can't get too much of a good thing.







# YOUR MATTRESS, YOUR COMFORT.

We understand that everyone has their own idea of comfort – so our mattresses are available in three levels of comfort.

These are:

## FIRMER

Something a little firmer is for those who prefer their comfort medium firm. It contains our original Medical Grade™ Foam in its purest form, scientifically tested and shown to improve sleep and endorsed by health professionals.

## MEDIUM POCKET

Something in between is for those who prefer their comfort with a medium feel. It takes our Medical Grade™ Foam and combines it with the support and bounce of traditional pocket springs – blending contemporary and traditional technologies for the best of both worlds.

## SOFTER

Something softer is for those who prefer their comfort slightly softer. At the core of something softer is our original Medical Grade™ Foam as standard. An additional layer of SkyFoam™, our most modern medical grade innovation, delivers additional softness without compromising support for the ultimate in contemporary comfort.



# RISE AND SMILE.

If you're big on keeping fit and staying healthy but short on time – our Rise collection is the place to start.

These mattresses blend our naturally cooling Medical Grade™ Foam technology with traditional base layers making our Rise collection really affordable – so you can make more of your days and nights for less.

Each Rise mattress has three support zones, is hypoallergenic, and arrives vacuum packed rolled in a box – so getting yours into your home and up the stairs is quick and easy.

# THE RISE ESSENTIAL MATTRESS

## A medium bouncy feel.

For those that love the bounce of traditional pocket springs, whilst still wanting the very best that contemporary sleep and comfort technologies have to offer at a really affordable price.

The Rise Essential contains Mammoth's naturally cooling Medical Grade™ Foam and supportive PostureCell® technology layered on top of 1000 full-size pocket springs. It's really comfortable, cooling, hypoallergenic, and arrives vacuum rolled in a box – so it's really convenient to transport and install.



### PRODUCT SUMMARY

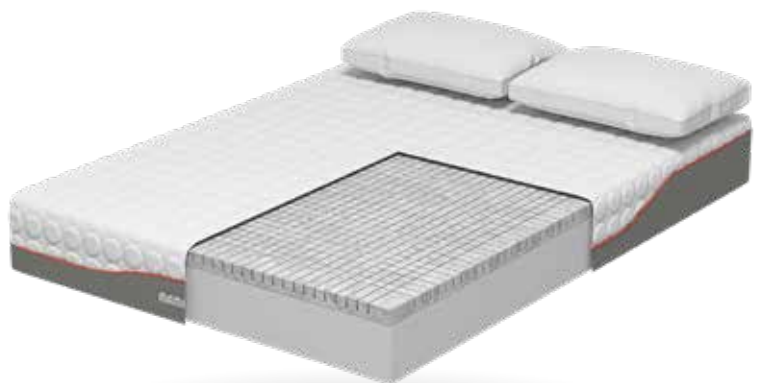
- Medium feeling mattress
- 35mm Medical Grade™ Foam
- PostureCell® technology
- 3 comfort zones
- 1000 Pocket Springs
- Vacuum packed and rolled for easy delivery

# THE RISE PLUS MATTRESS

## Feels a little firmer.

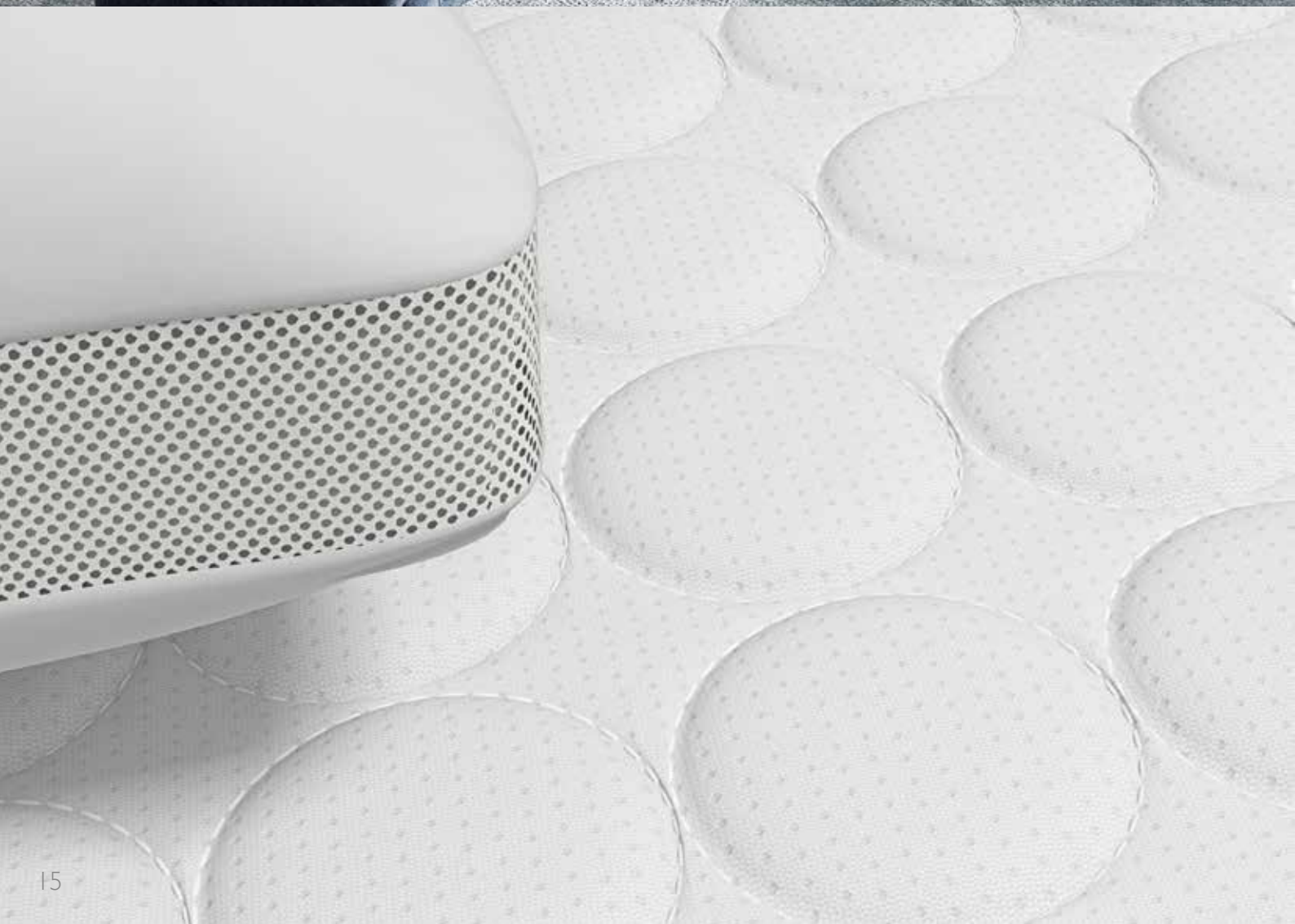
An evolution of Mammoth's original Elite Sport mattress and the first ever prototype developed by John.

The Rise Plus mattress contains more of Mammoth's original Medical Grade™ Foam and PostureCell® technology layered on top of a really supportive foam core – just like they do it in health care. A proven formula for better sleep and better health.



### PRODUCT SUMMARY

- Firmer feeling mattress
- 40mm Medical Grade™ Foam
- PostureCell® technology
- 3 comfort zones
- Vacuum packed and rolled for easy delivery





# THE RISE ADVANCED MATTRESS

A medium feel with more bounce.

For those that want even more support and bounce from traditional pocket springs, and more comfort from Mammoth's Medical Grade™ Foam and PostureCell® technologies.

The Rise Advanced mattress takes the features, benefits and convenience of the Rise Essential, and adds more full-size pocket springs (now 1200 in total) into the supportive core and even more medical grade foam to give a feel that's not too firm and not too soft, but something that fits perfectly in between and still at a great price.

## PRODUCT SUMMARY

- Medium feeling mattress
- 45mm Medical Grade™ Foam
- PostureCell® technology
- 3 comfort zones
- 1200 Pocket Springs
- Vacuum packed and rolled for easy delivery



# THE RISE ULTIMATE MATTRESS

Feels a little softer and sumptuous.

For those that love luxury, the Rise Ultimate mattress is the shining star of the Rise collection.

Mammoth add a generous layer of their latest comfort innovation, SkyFoam™, on top of their naturally cooling Medical Grade™ Foam and PostureCells®, giving both a sumptuous and bouncy feel that is highly supportive and indulgently comfortable. Deserve the best with Mammoth.

## PRODUCT SUMMARY

- Softer feeling mattress
- 45mm Medical Grade™ Foam
- PostureCell® technology
- 60mm soft-touch SkyFoam™
- 3 comfort zones
- Vacuum packed and rolled for easy delivery





# READY TO SHINE.

If you're waking with a few more aches and pains than you used to, or just want to give your energy and health a boost, move up to our Shine collection.

The Shine collection is bursting with even more of the very best sleep and comfort technologies, fillings and fabrics, with tailored finishing that's hard to rival. You can even choose your firmness on every Shine mattress.

A collection for those who are wanting to invest in the very best for their wellbeing, so you can be confident that your Shine mattress will not only feel great but will be doing you good too.

# THE SHINE ESSENTIAL MATTRESS

Let's start with a bit of luxury.

The Shine Essential mattress starts the collection with a luxury cover and then weaves Tencel fibres into the fabric for further excellence. Tencel is a modern super-soft fabric that keeps sleepers cool and dry. This stuff is brilliant.

Based on over one million nights' sleep from our best-selling mattresses of the last 5 years, the Shine Essential mattress has Mammoth's standard three PostureCell® zones which provides tailored support where you need it most – providing a great night's sleep and extra relief from any aches and pains.

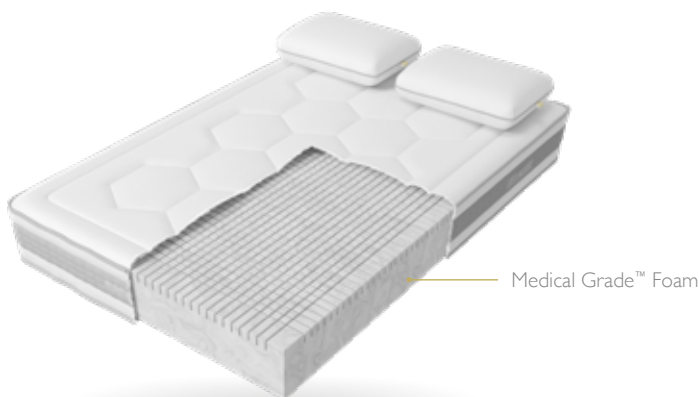


## AVAILABLE IN THREE FEELS

### ESSENTIAL FIRMER

#### PRODUCT SUMMARY

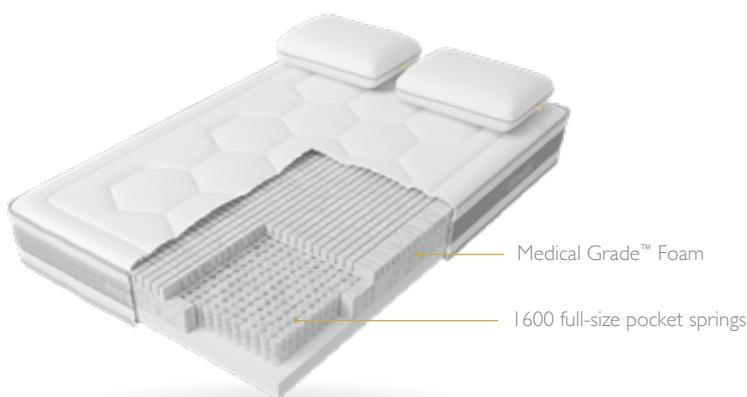
- Firmer feeling mattress
- 240mm deep mattress
- 220mm Medical Grade™ Foam
- PostureCell® technology
- 3 comfort zones
- Luxury quilted Tencel® cover
- Ergonomic handles



### ESSENTIAL MEDIUM POCKET

#### PRODUCT SUMMARY

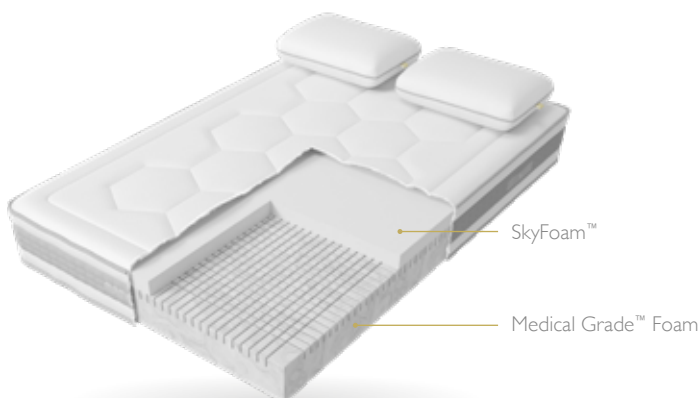
- Medium feeling mattress
- 240mm deep mattress
- 50mm Medical Grade™ Foam
- PostureCell® technology
- 3 comfort zones
- 1600 full-size pocket springs
- Luxury quilted Tencel® cover
- Ergonomic handles



### ESSENTIAL SOFTER

#### PRODUCT SUMMARY

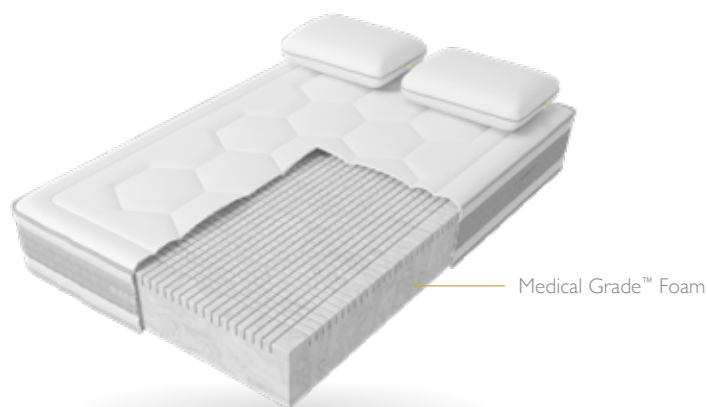
- Softer feeling mattress
- 240mm deep mattress
- 160mm Medical Grade™ Foam
- PostureCell® technology
- 3 comfort zones
- 60mm soft-touch SkyFoam™
- Luxury quilted Tencel® cover
- Ergonomic handles



## THE SHINE PLUS MATTRESS

The Shine Plus mattress takes all of the great features and benefits of the Shine Essential mattress and then gives you more of what you love through a deeper mattress.

This 270mm deep mattress adds more Medical Grade™ Foam, with now five PostureCell® zones for increased support where it counts.

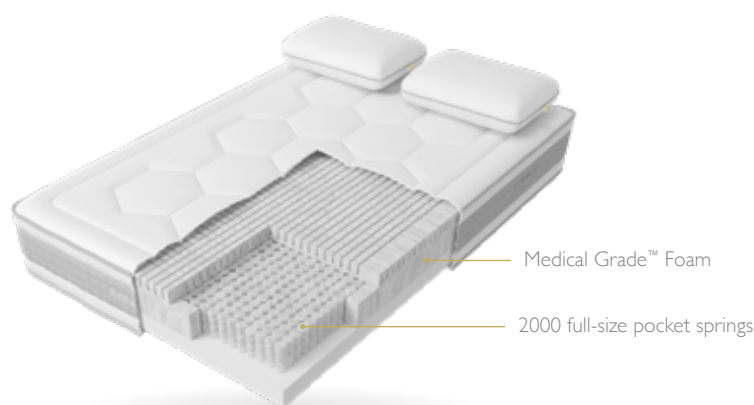


### AVAILABLE IN THREE FEELS

#### PLUS FIRMER

##### PRODUCT SUMMARY

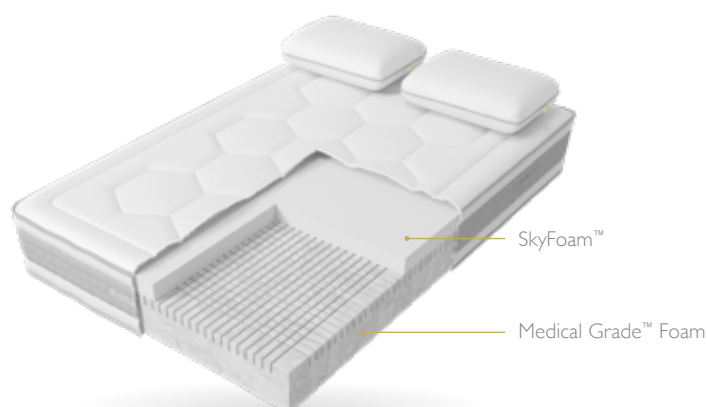
- Firmer feeling mattress
- 270mm deep mattress
- 250mm Medical Grade™ Foam
- PostureCell® technology
- 5 comfort zones
- Luxury quilted Tencel® cover
- Ergonomic handles



#### PLUS MEDIUM POCKET

##### PRODUCT SUMMARY

- Medium feeling mattress
- 270mm deep mattress
- 70mm Medical Grade™ Foam
- PostureCell® technology
- 5 comfort zones
- 2000 full-size pocket springs
- Luxury quilted Tencel® cover
- Ergonomic handles



#### PLUS SOFTER

##### PRODUCT SUMMARY

- Softer feeling mattress
- 270mm deep mattress
- 160mm Medical Grade™ Foam
- PostureCell® technology
- 5 comfort zones
- 90mm soft-touch SkyFoam™
- Luxury quilted Tencel® cover
- Ergonomic handles



## THE SHINE ADVANCED MATTRESS

The Shine Advanced is the final and deepest mattress of this collection.

The 300mm depth allows us to add even more Medical Grade™ Foam so we can afford two more PostureCell® zones giving you an indulgent seven point support system head to toe.

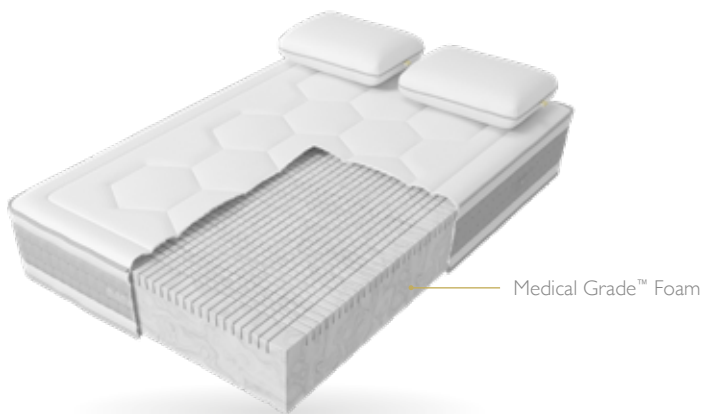


### AVAILABLE IN THREE FEELS

#### ADVANCED FIRMER

##### PRODUCT SUMMARY

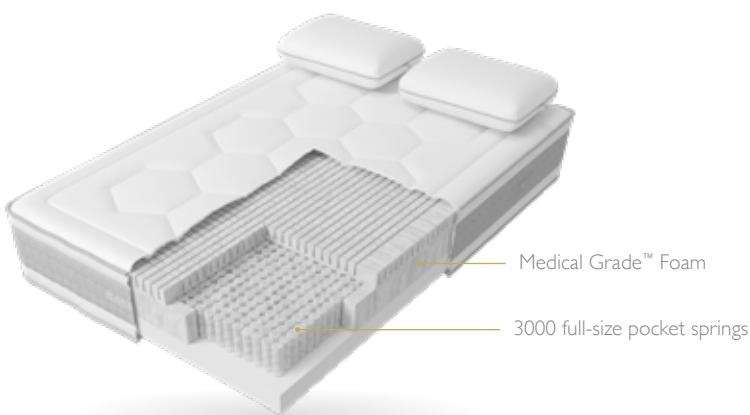
- Firmer feeling mattress
- 300mm deep mattress
- 280mm Medical Grade™ Foam
- PostureCell® technology
- 7 comfort zones
- Luxury quilted Tencel® cover
- Ergonomic handles



#### ADVANCED MEDIUM POCKET

##### PRODUCT SUMMARY

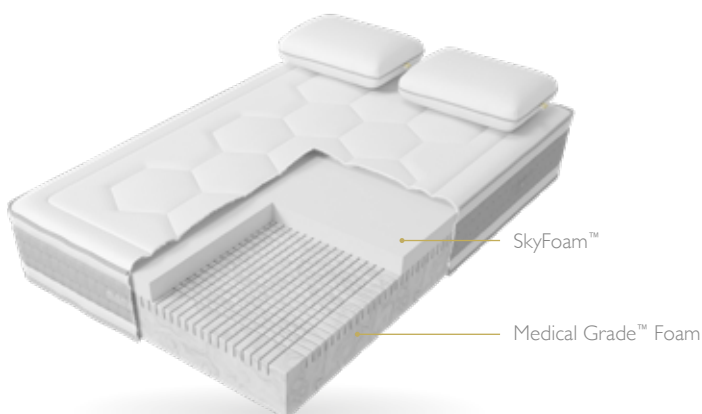
- Medium feeling mattress
- 300mm deep mattress
- 90mm Medical Grade™ Foam
- PostureCell® technology
- 7 comfort zones
- 3000 full-size pocket springs
- Luxury quilted Tencel® cover
- Ergonomic handles



#### ADVANCED SOFTER

##### PRODUCT SUMMARY

- Softer feeling mattress
- 300mm deep mattress
- 160mm Medical Grade™ Foam
- PostureCell® technology
- 7 comfort zones
- 120mm soft-touch SkyFoam™
- Luxury quilted Tencel® cover
- Ergonomic handles





# THE RIGHT PILLOW FOR YOU.

Having the wrong pillow can really  
be a pain in the neck.

Whether you sleep on your front, back or on your side - we've developed the perfect pillow to  
provide the support you need to enjoy more good nights and more good days.

## THE ESSENTIAL MICROFIBRE PILLOW

Our Essential pillow is filled with soft, hypoallergenic microfiber that supports your head and neck while keeping you cool, thanks to its clever mesh sides.



## THE ULTIMATE SLIM PILLOW

The Ultimate Slim was specially created for those who prefer to sleep on their front or back.

It follows the National Guidelines for Sleep, so the Ultimate Slim is high enough to support the head but keeps the chin in a relaxed position.



## THE ULTIMATE DEEP PILLOW

The Ultimate Deep was specially created for those who prefer to sleep on their side.

It follows the National Guidelines for Sleep, so the Ultimate Deep is high enough to support the gap between the point of the shoulder and head, ensuring good neck support.





# STUNNING DIVANS IN BEAUTIFUL FABRICS

Our commitment to helping you achieve the perfect sleep environment doesn't stop at mattresses.

The bed on which it lies also contributes to your comfort and the life of the mattress. As with our mattresses ranges we understand that choice is very important, so we have two divans to suit your needs and budget.

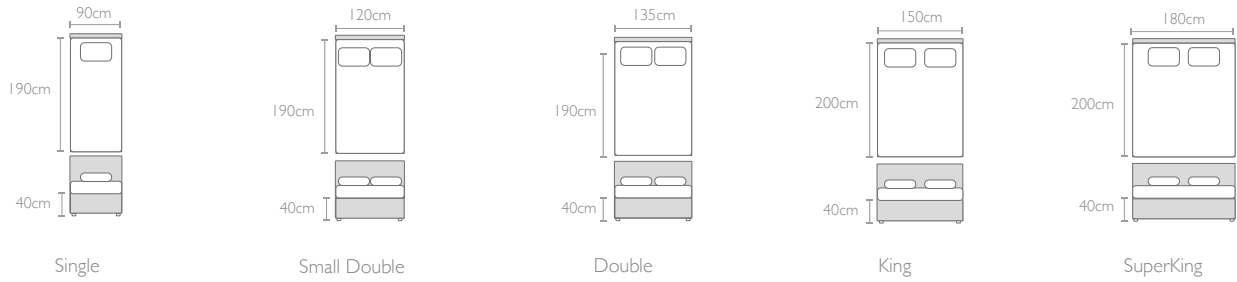
The Standard divan is a great starting point for those who want a great looking bed at a more affordable price, with FSC Certified knot free timber that is upholstered and lined. Our Performance divan takes the Standard and elevates it with a touch of luxury. The Performance divan is not only upholstered and lined, but is also padded for a sumptuous and plush look and feel. Upgraded runners and solid wood drawers also mean they give you 20kg of storage. More than enough for the spare bedding or towels.

Choose from our luxurious range of fabrics for your upholstered divan and headboard to match your style and decor; be it contemporary, classic or even a statement piece. Helping to create a tranquil and relaxing sleep environment.



Standard bases are available in Azzurro and Danza.  
Performance bases are available in all fabrics.

## Size dimensions



## Storage options



Non drawer



2 drawer



4 drawer



4 drawer continental

Internal dimensions of drawers:

**Standard:** 777mm x 466mm x 150mm

**Continental:** 383mm x 466mm x 150mm

**Ottoman:** 400mm deep storage space



Ottoman

## Hand crafted headboards



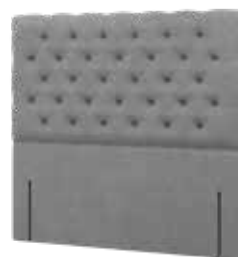
Tube Headboard



Cube Headboard



Club Headboard



Adelphi Headboard



Ritz Headboard

# BE THE BEST VERSION OF YOU.

And bring out your inner hero.

We think it's great that our mattresses are loved by elite athletes and our national teams.

More importantly though, Mammoth create levels of comfort that benefit everyone's health and wellbeing.

Who doesn't want to be the best version of themselves?



Official Supplier



Official Mattress  
& Pillow Supplier



British Sports



Irish Rugby

Benefits Provider to:



Welsh Rugby



English Cricket



“As a physiotherapist I wanted a mattress with the science behind it, and as an elite para-athlete I wanted something comfortable to assist my recovery and look after my body while I’m asleep.

I tried many mattresses and the Mammoth was the only one that had all the science to back it up, and was exceptionally comfortable.”

**Anne Dickins** - World & Paralympic Para Canoe Champion and Chartered Physiotherapist







# GOOD NIGHTS, GREAT DAYS.

Great days don't just happen to you, great days are determined while you sleep.

A good night's sleep ensures you're firing on all cylinders, in a good mood and prepared to be at your best. Great days follow a Mammoth night's sleep.



[www.mammothmattress.com](http://www.mammothmattress.com)  
[hello@mammothuk.com](mailto:hello@mammothuk.com)

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 /mammothmattress

**MAMMOTH**<sup>®</sup>  
THE SCIENCE OF COMFORT