

BRIAN WILLOUGHBY, M.D.

OCULOPLASTIC & ORBITAL SURGERY

255 DETROIT STREET
DENVER, COLORADO 80206

(303) 320-5700
FAX (303) 322-6129

INFORMATION FOR SURGICAL PATIENTS

Name: _____ Birthdate: _____

Diagnosis: _____

Procedure: _____

Surgery Date: _____

Facility: _____

PRE-OPERATIVE TESTING MAY BE REQUIRED

Please FAX test results to Dr. Willoughby at 303-322-6129 at least 3 business days before your surgery

_____ NONE REQUIRED

_____ History + Physical (H+P must be within 30 days of surgery)

_____ Basic Chem Panel

_____ EKG (EKG must be within 6 months of surgery)

_____ CBC

MEDICATION INFORMATION

Approximately 10 days before your surgical date, discontinue use of:

Aspirin: Or aspirin-like products such as Ibuprofen, Advil, Motrin, etc. (when in doubt, call us.)
If this is a prescribed treatment, consult w/ prescribing physician before discontinuing.

Vitamin E: This includes multi-vitamins containing E.

Plavix / Coumadin: Discuss with prescribing physician and Dr. Willoughby before discontinuing.

St. John's Wort: You MUST DISCONTINUE use TWO WEEKS PRIOR to surgery.

Herbal Supplements: It is often best to be off all herbal supplements prior to surgery.

IMPORTANT: If you are taking any of the above medications at the advice of a physician,
you MUST consult your physician before stopping them.

ALSO: If you have been prescribed Zovirax or Acyclovir: Begin using as directed 3-7 days before surgery.

If you have been prescribed prophylactic antibiotics: Use as directed.

DO NOT EAT OR DRINK ANYTHING FOR AT LEAST 8 HOURS PRIOR TO YOUR SURGERY !

If you have medication, which you ABSOLUTELY MUST take in the morning, you may take it with a sip of water. If you are in doubt, bring your medication along to the hospital.

YOU MUST CHECK-IN 90 MINUTES PRIOR TO YOUR SCHEDULED SURGERY TIME

YOU WILL NOT BE ABLE TO DRIVE YOURSELF HOME AFTER SURGERY

PLEASE MAKE ARRANGEMENTS FOR TRANSPORTATION