



Solo
BEAUTY

Welcome to Solo Beauty

Contents

A soothing escape from the everyday pressures and stresses of life



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Solo offers a place where you can relax and unwind. A soothing escape from the everyday pressures and stresses of life.

We offer a full range of treatments including facials, make up, massage, hair removal, eyelash and nail extensions and much more.

Solo are registered stockists of: Dermalogica, ESPA, Caci Ultimate, St Tropez, OPI, Nouveau Lash, Lash Perfect, Lets Go Lash, Jane Iredale, Lycon Wax, HD Brows and Shellac.

Our gift vouchers are the perfect gift for any occasion, so why not treat yourself or a loved one today.

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ESPA



ESPA FACIAL

Every facial begins with a detailed skin analysis and specific double cleansing techniques, gentle exfoliation, acupressure facial massage and a deep clean intensive face mask. Whilst the mask is taking effect, experience a relaxing and therapeutic Oriental head massage with Pink Hair and Scalp Mud, then enjoy specific moisturising and skin protection to suit your needs.

60 mins | £42.50

HOLISTIC BACK, FACE AND SCALP

A truly holistic experience combining a deep cleansing back exfoliation with a powerful back massage using essential oils to soothe, relax and balance. This is followed by Intensive Facial and finishes with a therapeutic head massage to help clear the mind, calm the spirit and ease tension.

90 mins | £60.00 inc Hot Stones | £70.00

Age-defying solutions for youthful looking skin.




dermalogica® face mapping®

Armed with Face Mapping skin analysis, years of training and Dermalogica products your therapist will pinpoint exactly what your skin needs (and what it doesn't).

We customise our facials to your personal treatment.

Microzone 20 mins	£15.00
Quick Fix Facial 30 mins	£23.00
The Essential 60 mins	£38.00
The Super 90 mins	£52.00
Back, Face & Scalp Treatment 120 mins	£70.00

ACTIVE RESURFACE 35



An advanced 45 minute treatment that utilises a cocktail of the most advanced cosmeceutical ingredients available.

1 treatment	£45.00
Course of 6 weekly treatments	£225.00

The moment your skin changed.





OXYGEN THERAPY

(Whitehaven salon only)

Crystal Clear Oxygen Therapy replenishes lost oxygen and the active ingredients in the serum restructure the skin, visibly plumping put lines and wrinkles. The results are immediate, and continue to work long after the treatment stimulating cell regeneration.

£75.00 per session

Course of 6 | £375.00

1 maintenance treatment | £60.00

MICRO-DERMABRASION

Depending on the depth of the exfoliation, Our advanced dermabrasion technology is able to either remove just the superficial layers of dead cells or reach down to the living cells of the skin and the dermis. The treatment includes a laser that helps healing the skin and increases cell renewal). Treats acne scarred, prematurely aged, stretch marks, sun damaged or even brightens dull skin.

30 mins | £35

Course of 6 | £175

60 mins | £45

Includes facial

Course of 6 | £225

THERMOPEEL MRF

A younger face right after a few sessions. A very effective treatment combining dermabrasion, meso and RF fighting the sins of aging, lines, acneage spots, stretchmarks, dull skin and many more skin conditions. Deeply tightens tissues and stimulates a new long term production of collagen.

1 treatment | £70.00

Course of 6 | £350.00

CRYSTAL CLEAR
SKINCARE

SKIN REJUVENATION USING SAFE LIGHT TECHNOLOGY (IPL)

Ellipse

Our Skin Rejuvenation treatment rejuvenates the skin using industry renowned light based technology, without the need for injections used in similar procedures. Leaving you looking younger and fresher with the skin feeling smoother by removing age spots, sun damage and diffused redness. Uneven pigmentation is also reduced.

Patch test & full consultation | £10.00

Hands | £50.00

Facial treatment | £100.00

Course of 3 | £250.00

FACIAL THREAD VEINS

The Ellipse operator guides the visible light from the flash-lamp to the blood vessels needing treatment. Blood contains haemoglobin that absorbs the light and converts it into heat. This heat destroys the protein in the wall of the thread vein. As a result the veins will gradually, and safely, disappear after treatment.

From £65.00

Course of 3 | £150.00

INTENSE AGE DEFENCE

Reduce wrinkles and improve your skin texture easily and without the pain of injections required for similar procedures. Ellipse uses the safe and effective light to quickly eliminate the signs of ageing. It is a non-invasive two-step procedure that consists of applying a Photospray to the face and neck, helping to absorb the IPL light and aiding deeper penetration.

1 treatment | £250.00

Course of 3 | £650.00

ADVANCED THERMOLYSIS

Red Vein Therapy (Eliminates broken capillaries)

10 mins | £20.00

20 mins | £30.00

SKIN TAG AND MILLIA REMOVAL

(Small white spots)

1 treatment | £20.00

SKIN ROLLING

A successful treatment for acne scars, general scars, lax skin and fine wrinkles. This unique treatment utilises the skins own repair mechanism to heal the treated area without the need for surgery. Needling the skin with ultra thin superficial needles creating tiny areas of trauma initiating a natural healing process, releasing natural growth factors and stimulating the production of collagen and elastin. As a result skin becomes much smoother and tighter and any scarring heals with new fresh skin.

1 treatment | £150.00

Course of 3 | £350.00

GENIE LUNCH TIME FACELIFT

10 minute facial lifting treatment.

1 treatment | £35.00

Course of 10 | £300.00



Look & feel younger...



CACI NON-SURGICAL FACE LIFT

Renowned face lift favoured by celebrity clients to re-educate and lift the facial muscles, reducing lines and wrinkles whilst toning sagging muscle and skin, producing immediate & dramatic results.

1 hour | £45.00 Course of 10 | £400.00

CACI WRINKLE REVOLUTION

A revolutionary non invasive, needle free alternative to collagen injections & dermal fillers. A 30 minute treatment will leave you looking younger & healthier.

30 mins | £30.00 Course of 10 | £250.00

CACI HYDRATONE

The new Caci Hydratone treatment provides immediate and intensive skin hydration and firming. After just 10 minutes the skin will have a softer, more radiant & youthful appearance. Caci Hydratone also works wonders on sun damaged and dehydrated skin.

30 mins | £30.00 Course of 10 | £250.00

CACI SKIN ORBITAL MICRODERMABRASION

A new exfoliation technology, using a handpiece with an abrasive tip which rotates at different speeds to either superficially or deeply exfoliate the epidermis.

The handpiece also combines LED light therapy which stimulates the connective tissue, improving circulation and lymph drainage. Fabulous results on dull, lacklustre skin.

30 mins | £35.00 Course of 6 | £175.00

60 mins | £45.00 Course of 6 | £225.00

CACI ULTIMATE

The most advanced non surgical system, recently featured on 10 Years Younger and voted number 1 anti aging treatment.



An advanced combination of face lifting, wrinkle revolution, hydratone, dermabrasion & LED light therapy. Caci Ultimate is suitable for both men & women and has dramatic results, helping you to look younger.

It is not surprising that this treatment has gathered a celebrity following, with superstar names such as Jennifer Lopez, Madonna, Barbara Windsor, Lisa Snowden & more all taking advantage of the benefits of Caci.

90 mins | £80.00 Course of 10 | £700.00

Maintenance | £70.00

CACI EYE LIFT AND HYDRATE

The treatment works to open the eye area, reduce dark circles, tones the eye and smooths lines around the eye socket.

Eyes will become brighter, lifted and dark circles & bags will be minimised.

30 mins | £35.00 Course of 10 | £300.00

CACI JOWL LIFT

The Caci Jowl Lift facial has been developed to specifically target muscle laxity around the jawline.

The Caci Jowl lift facial uses new Quad Probe applicators designed to double the lifting action of the Caci treatment system thereby enhancing results and reducing treatment time.

To maximise the firming effect, the Quad Probes are used in conjunction with unique serum filled cotton buds that contain a powerful skin firming formulation.

The Caci Jowl lift treatment is completely painless, although some clients may experience a slight tingling sensation or metallic taste, which is perfectly normal.

30 mins | £35.00 Course of 10 | £300.00

“I’m a total beauty junkie. I’ve just discovered CACI facials, which stimulate your facial muscles to tone your skin” *Lisa Snowden, Model & Presenter*



ESPA AROMA MASSAGE

Hot oil infused with essential oils is drizzled over your body before being massaged with a combination of deep tissue and light strokes leaving you relaxed with much improved circulation.

Back | £25.00 Full Body | £35.00

ESPA HOT STONE MASSAGE

Back, neck & scalp massage.

30 mins | £30 Full Body | £45.00

DEEP TISSUE MASSAGE

A focused treatment that isolates problem areas using, thumbs knuckles and elbows to reach deeper layers of soft tissue, helps gain relief from chronic tension caused by occupational over use or poor posture.

Back | £25.00 Full Body | £35.00

RELAXING SWEDISH MASSAGE

A focused treatment that helps to loosen up the soft tissues in the body to help relax you and helps improve the quality of sleep.

Back | £20.00 Full Body | £30.00

FACE MASSAGE

A relaxing facial massage, includes cleanse, pressure point massage & sinus drainage. (Can be added to other treatments)

30 mins | £25

**ESPA
PRENATAL TREATMENT**

A deeply nourishing body treatment designed to target areas prone to stress and tension during pregnancy. Gentle body exfoliation is followed by a nourishing massage, then a moisture rich body mask applied. Finally, truly relax mind and body, whilst your scalp is massaged. A course of 6 treatments is recommended following the first trimester of pregnancy.

Includes: body exfoliation, body massage, body mask, scalp massage and mini facial.

90 mins | £65.00

MATERNITY MASSAGE

A relaxing full body massage to help improve skin elasticity, reduce fatigue and targets areas prone to tension during pregnancy. This massage is ideal to relax and relieve tension when shifts in posture cause muscles to tighten and feel uncomfortable.

Depending on your requirements, may include: back, legs, arms, abdomen and scalp massage.

50 mins | £40.00





Lie back and relax...

ESPA BODY WRAP

A tailor-made experience, designed to comfortably raise the temperature and induce perspiration to help eliminate toxins and increase the effects and absorption of the wrap. Following skin brushing and exfoliation a complete body wrap of algae, marine mud or oshadi clay combined with essential oils is blended and applied to meet your specific needs. The treatment ends with a mind calming Oriental head massage during the envelopment for ultimate relaxation.

Includes: skin brush, body exfoliation, wrap and scalp massage.

60 minutes | £45.00

LIFESAVING BACK TREATMENT

A stress-relieving back treatment with deep cleansing, body brushing and exfoliation to help stimulate circulation and cell renewal, followed by a luxurious aromatherapy massage and purifying body mask using individually chosen essential oils combined with warmed Marine Mud. Ideal for all skin types, including those with congested skin.

45 minutes | £35.00

TOTAL HOLISTIC BODY CARE

This all-encompassing treatment commences with full body skin brushing and exfoliation to prepare the skin, leaving it feeling soft and smooth. This is then followed by a luxurious body massage and an essential facial using a blend of essential oils chosen to suit individual requirements. Ultimate tranquillity is achieved with a mind calming Oriental Head Massage.

105 mins | £70.00

inc Hot Stones | £80.00

SALT AND OIL SCRUB

This exceptional skin softening body exfoliation combines sea salts and nourishing and essential oils to leave your skin moisturised, smooth and soft.

30 mins | £25.00

BODY POLISH

An exclusive body and skin enhancing treatment which can be used in isolation to remove dead or dry skin, or as a preparation for any massage. This complete exfoliation will cleanse and invigorate the body.

45 mins | £30.00

HOPI EAR CANDLES (EAR CLEANSING)

An ancient therapy used for relieving headaches depression, tinnitus and sinus congestion, this treatment includes a lymph drainage pressure point massage.

30 mins | £25.00



BROWS®

HIGH DEFINITION BROWS

HD Brows is a seven step eyebrow shaping treatment that focuses on design. It involves a combination of techniques including tinting, waxing and threading using specialist HD Brows products to create the perfect brow for your face shape.

HD BROWS | £25.00

A unique and revolutionary 7 step procedure, to define your natural beauty.



LVL LASHES

£49.00

Everyone wants the big lash look, but while lash extensions are a great solution for many, there are those who prefer LVL for a natural solution which adds length, volume and lift to your natural lashes and lasts up to 6 weeks. LVL treatments are natural and gentle on the lashes. There's no curl, no frizz...just voluminous lashes that have been naturally lifted and straightened.

NOUVEAU LASHES

£65.00

Nouveau Lashes is a state of the art, semi permanent eyelash extension treatment for women (and men!) who want to lengthen their lashes and define their eyes. It has been carefully developed by experts to produce longer, thicker and very natural looking lashes that last up to an amazing six weeks. To maintain full looking extensions, infills are advised every three weeks.

LET'S GO

£30.00

Let's Go is the eyelash extension treatment dubbed the 'lash in a flash' for busy girls who want ultra alluring eyes in double quick time (25 min) Let's Go lash extensions last up to 2 weeks. Professional removal is advised.

These lashes can not be filled.

EYE TREATMENTS

Brow Wax	£10.00
Lash Tint	£6.50
Brow Tint	£4.00
Lash and Brow Tint & Eyebrow Wax	£20.00
Eyelash Perming & Tint	£22.50
Strip Lashes (<i>including application</i>)	£12.95
1hr Lash Infills	£35.00
1/2hr Lash Infills	£22.00
Lash Removal	£10.00

NOUVEAU
LASHES

LVL
LASHES

Let's go
LASHES

EAR PIERCING

Both ears	£20.00
One ear	£10.00



Before LVL



After LVL



Before Extensions



After Extensions



Slimming
& toning all
wrapped up...



GERMAINE[®] CAPUCCINI

UNIVERSAL CONTOUR INCH LOSS WRAP

A unique day body wrap with a guaranteed inch loss 'get into that special dress this weekend'. Detox your body and help eliminate cellulite.

1 treatment
£55.00 | 120 minutes

3 treatments
£110.00



MANICURES & PEDICURES

File & Polish	£12.00
Manicure	£20.00
Luxury Spa Manicure	£25.00
Pedicure	£20.00
Luxury Spa Pedicure	£25.00

NAIL EXTENSIONS

Express Nail Extensions	£30.00
New Set (pink and white)	£40.00
Back Fills	£25.00
Realignment	£35.00
Nail Repair (per nail)	£4.00
Soak Off	£10.00

O·P·I

TWINKLES / SHELLAC / OPI GEL COLOUR

Fingers or Toes	£20.00
As an extra to mani, pedi or acrylics	extra £10.00
Removal	£10.00
Both Fingers & Toes	£35.00

DASHING DIVA

Dashing Diva with Shellac	£25.00
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MINX

£25.00

Nail perfection...



Enhance your beauty...

jane iredale

DAY/EVENING MAKE UP

£30.00

MAKE UP LESSON

£40.00

BRIDAL OR SPECIAL OCCASION MAKE UP

Includes pre occasion make up trial and professional advice on colour and application

£50.00

A one off payment of £30 will be added for home visits

ST. TROPEZ AIRPORT 

Full body	£25.00
Weekly top up tans	£20.00
Buy 5 get 1 free	£100.00

LYCON HOT WAX 

Join the waxing revolution! Lycon wax is a popular choice amongst celebrities & models. It can remove stubborn hair as short as 1mm resulting in the smoothest finish. Renowned for the least painful and most effective wax method available.

Bikini line	£20.00
Brazilian/playboy	£30.00
Hollywood	£35.00

WARM WAX

Half leg	£15.00
Forearm	£15.00
Bikini line	£10.00
Under arm	£8.00
Lip	£4.00
Chin	£5.50
Eyebrows	£10.00
Back or chest	£25.00

**Buy 6 laser hair removal treatments, get 2 free!**

Now available in both our
Workington &
Whitehaven salon

**PATCH TEST**

Patch test & consultation	£10.00
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FACE

Centre brow	£35.00
Upper lip	£50.00
Chin	£65.00
Cheeks	£70.00
Jaw line	£70.00
Neck	£90.00
Full face	£170.00
Full face & neck	£200.00
Full face, neck & décolleté	£270.00

ARMS

Under arms	£70.00
Shoulders	£100.00
1/2 arms	£100.00
3/4 arms	£162.00
Full arms	£150.00

FRONT

Areola	£50.00
Stomach (<i>centre line</i>)	£50.00
Full breast	£100.00
Decollete	£135.00

BACK/CHEST

1/2 back	£150.00
Full back	£275.00

LEGS

Feet and toes	£50.00
1/2 leg	£150.00
Full legs	£200.00

BUTTOCKS

Centre line	£50.00
Full buttock (<i>centre line and cheeks</i>)	£150.00

BIKINI

Regular	£75.00
Brazilian	£100.00
Section on thigh	£100.00
Hollywood	£125.00



Gift Packages

GLAM GODDESS

- HD brows
- Eyelash tint
- St Tropez spray tan
- Shellac fingers
- Shellac toes

Only £75.00

PRETTY PAMPER

- Back, neck & shoulder massage
- 60 min Dermalogica facial
- Manicure
- Pedicure

Only £80.00

YOU'RE SPECIAL

Perfect present for Mothers Day, Valentines Day, Christmas and Birthdays.

- ESPA holistic back, face & scalp massage
- Luxury manicure
- Luxury pedicure

Only £99.00

PROM QUEEN

Lash extensions, nail extensions (including twinkle), spray tan & make up.

Only £110.00

PROM PRINCESS

Make up, strip lashes, tan and file and polish fingers and toes.

Only £60.00

PLATINUM BRIDAL

- Make-up including practice
- Full manicure (including Shellac)
- Full pedicure (including Shellac)
- HD brows
- Eye lash tint
- St Tropez spray tan
- Eyelash extensions
- Lycon brazilian wax

Only £230.00

DIAMOND BRIDAL

- Make-up including practice
- Shellac fingers
- Shellac toes
- Eye brow shape
- Strip lashes (including application)

Only £90.00

Cancellation Policy

Please can you give us at least 24hrs for cancellations or there may be a 50% charge vouchers are non redeemable.

Opening Hours

Monday - Friday: 9am - 8pm

Saturday: 9am - 5.30pm

Sunday: 10am - 4pm

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www.solobeauty.co.uk

