**SAFETY RULES**

WEIGHT LIMIT

250lbs.

Maximum

WEIGHT LIMIT

45lbs.

Minimum

**Climbing Wall**

**CLIMBER RECOMMENTDATIONS**

* Must weigh 45 minimum, 250 maximum to wear climbing harness

**BEFORE YOUR CLIMB STARTS**

* After you are hooked into you harness, stay in the harness area. Wait until we tell you to go to the climbing area

**DURING YOUR CLIMB**

* Stay on the climbing route for your station.
* Don’t cross over to put yourself directly beneath or above other climbers
* Don’t climb without shoes or a top.
* Don’t climb beyond the wall top. Don’t go beyond chest-height to the wall top.

**DURING YOUR DESCENT**

* Don’t kick off more than 6 or 8 feet from the wall.
* Rappel straight down, and don’t swing too close to other climbers.
* Be alert for other climbers beneath you, who may have strayed from their routes.

**AT THE END OF YOUR CLIMB**

* When you are lowered to the ground at the end of the climb, land on your feet.
* After your climb is complete, wait for us to unhook you.
* Once you have been unhooked, go to the harness area where we will remove your harness. Please do not try to remove the harness yourself.