State Board of Education Rule: 6A-1.094121 Mental and Emotional Health Education

Name of the School District: Wakulla County School District
Superintendent of the School District: Robert Pearce
Implementation Period: (MM/YY – MM/YY) 10/19-04/20
Submission Date to the Commissioner: On 10/23/19 sent to MentalHealthEducation@fldoe.org
Direct URL to the Implementation Plan as posted on the school district website: https://www.wakullaschooldistrict.org/

School District Contact(s) for this Plan (name and email address): Belinda McElroy Belinda.mcelroy@wcsb.us

Select the specific subject area(s) of the courses in which instruction will be delivered:

☐ Art – Visual Arts ☑ Computer Education ☐ Experimental Education ☑ Health Education ☑ Peer Counseling ☑ World Languages ☐ World Languages
☐ Dance ☐ Drama – Theatre Arts ☑ English/Language Arts ☑ Health Education ☐ Physical Education ☐ Other ☐ World Languages
☐ Library Media ☑ Mathematics ☑ Music Education ☑ Library Media ☑ Research/Critical Thinking ☑ Science ☑ Social Studies
☐ Music Education

Select the qualification(s) of the instructors for the above courses:

☐ Florida Certified Teacher ☐ Community-based Expert ☐ School Nurse ☑ School Counselor ☐ School Psychologist ☐ Other

Please explain the rationale for delivering the instruction in the courses selected above for each grade level.

6: 6th -8th Grade: On two school days, students will be provided with 270 minutes of mental health instruction. (135 minutes each day) The rationale is to pull district resources and have social workers on hand in case students are triggered and to focus the days around mental health. On an additional day there will be a 50-minute assembly. This was when the presenter was available.

7: see above

8: see above

9: 9th-12th Grade: One class period (45 min) per month (Nov.-April) will equal 270 minutes of instruction on mental health. The current bell schedule will be maintained and all students will participate. Courses were selected so that the 270 minutes did not all come from the same course, and academic instructional time lost was shared across subject areas. (The first lesson was conducted in first period, the second lesson will be conducted in 2nd period, etc.) On an additional day there will be a 50 minute assembly for each grade level. This was when the presenter was available.

10: see above

11: see above
Please describe the methods for delivering the instruction for each grade level.

6: 6th-8th grade: Direct Instruction in classrooms using Multimedia/PowerPoint; Collaborative discussion groups; large group presentation

7: see above

8: see above

9: 9th-12th Grade: Direct instruction in classrooms using multimedia/PowerPoint/handouts; Collaborative groups; large group presentation

10: see above

11: see above

12: see above

Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

6: 6th-12th: PowerPoints created using materials provided by FLDOE Office of Safe Schools; "Breaking the Silence" created by NAMI; Mental Health High School Curriculum by teenmentalhealth.org; "Stress and What You Can Do About It" created by the FDDC; Night Vision Anti-Drug Program by Florida National Guard Counterdrug Program, Stop Bullying program by Keith Deltano; "Teen Safety Matters" by the Monique Burr Foundation; Project ALERT

7: see above

8: see above

9: see above

10: see above

11: see above

12: see above