# AUABAI FLAVOURS

CONTEMPORARY INDIAN CUISINE

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I MUMBAI

#### Dishes that are served with mint yoghurt sauce contains mustard, nut and dairy.

(V) = Suitable for Vegetarians - (N) = Contains Nuts - (G) = Contains Gluten - (D) = Contains Dairy (M) = Mustard - (E) = Eggs

Please tell a member of staff if you have any allergy or vegan requirements and we can change any dish to suit your needs.

### **VEG STARTERS**

Onion Bhaji (V.G.D.E) Shredded onion, prepared in a spiced flour and deep-fried	£2.95
Veg Pakora (V.G.D.E)	£3.50
Garlic Mushroom on Puri (v.g.d)	£3.95
Veg Samosa (V.G.E) Vegetables stuffed pastries	£3.95
Paneer Pakora (V.D.E.G) Home made Cheese mixed with spices, then dipped in flour	£4.25
Dhai Begun (v.D.M) Aubergine stuffed with vegetable and topped with yoghurt	£3.95
Paneer Mushroom Kebab (V.G.D.M) Indian cheese and mushroom mixed in spice, cooked in clay oven with peppers and onions	£4.50
Begun Pakora (V.G.D.M)  Aubergine mixed with spice and dipped in flour	£3.50
MEAT + CHICKEN STARTE Sheek Kebab (G.M.N) Mixed mince blended with special spices & cooked on skewers in the clay oven	<b>RS</b> £4.25
Lamb Chop (G.M.N) Marinated in herbs and spices, and cooked in the clay oven	£4.95
Mix Kebab (G.D.M.N) Lamb chops, chicken tikka, sheek kebab	£4.95
Meat Samosa (G.E) Lamb mince stuffed pastries	£3.95
Kathi Kebab (G.D.E.N)  Diced tender roast lamb/Chicken tossed with onion and tomatoes, well spiced, with egg & butter chapati	£4.95
Chicken Tikka (D.M.N) Succulent boneless pieces of chicken, marinated in herbs and then barbecued in the clay oven	£4.25
Chicken Chatt (G.M.N.D) Spiced with medium sweet and sour flavour	£4.25
Chicken Pakura (G.D.E.M.N) Chicken mixed with spices, then dipped in flour	£4.25
Pakura Platter (G.D.M.N) Begun, Vegetable, Paneer and Chicken Pakuras	£4.95

## SEA FOOD STARTERS

Prawn Cocktail	£4.50
Bhuna Prawn on Puri (G) Prawns cooked with garlic, ginger and onions, delicately spiced	£4.50
King Prawn on Puri (G) King Prawns cooked with garlic, ginger and onions, delicately spiced	£5.50
Amm Aur King Prawn Puri (G) Super King Prawn fried in garlic butter with mango & apple sauce	£5.50
Amm Aur Prawn Puri (G) Prawn fried in garlic butter with mango & apple sauce	£4.50
Mumbai Spicy King Prawn (G) Super King Prawn marinated in garlic, tumeric and chilli	£5.50
Bilatti Mirch Capiscum, stuffed with mildly spiced prawn	£5.50

### **CLAY OVEN DISHES**

These dishes are served with onions and mint sauce & salad.

Tandoori Chicken (Half) (D.M.N)	£7.50
Chicken Tikka (D.M.N)	£7.95
Lamb Chops (G.M.N)	£8.95
Mixed Grill (G.D.M.N) 1 piece of Tandoori Chicken, 2 pieces of Chicken Tikka, 1 Sheek Kebab & 2 La	£9.95 mb Chops
King Prawn Shaslik (G.D.M.N)  Marinated in yoghurt and fresh herbs, grilled onion, peppers and tomatoes cooked in the clay oven	£12.95
Chicken Shaslik (D.M.N) Marinated in yoghurt and fresh herbs, grilled onion, peppers and tomatoes cooked in the clay oven	£8.95
Mumbai Special Grill (G.D.M.N)  2 King Prawns, 2 pieces of Chicken, 2 pieces of Indian Cheese, Mushrooms, Capiscum, Onion and Tomatoes	£9.95

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### MUMBAI SEAFOOD DISHES

A selection of our chef's speciality dishes, created with the unique Mumbai Flavours twist. The very best of Indian Cuisine.

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Prawn £7.95 King Prawn £11.95

### Zal Jool (M.N)

Hot

Steam-cooked prawns mixed with king chilli in a rich spicy sauce

### Tok Jal Misti

Hot

A sweet and sour dish with chef's special ingredients

#### Piaz Roshan

Medium

Prawn cooked in medium sauce with garlic, ginger, onion and peppers

### **Jalfrezi**

Medium/Hot

Prawn cooked in medium spice with onions, peppers, chilli, tomatoes, garlic & ginger

### Chilli Roshan Chingri

Medium (M.N)

Steam-cooked prawns with garlic, cumin, coriander & chilli sauce

### Modupuri

Medium Sweet

Pure honey sauce cooked with onions, peppers, tomatoes and a selection of herbs and spices

#### Fish Karai f10.95

Medium

Cooked in a secret 5 spice flavour sauce

### Mirchi Masala (M.N)

Hot

Chillies are the main source of this dish. Coriander and fresh roast ground spices are added with a touch of our special herbs

### Masala Prawn (N.D.M)

Milc

One of the most popular dishes, cooked with almonds,cream & homemade massala sauce. Sweet and creamy

### BIRYANI DISHES

A special blend of spices fried in Basmati rice. Served with a curry sauce and omelette. Contains. Ghee, Egg ask for any other allergies.

Chicken (E.D) £8.50 King Prawn (E.D) £11.95

Lamb (E.D) £8.95 Vegetable (E.D) £7.50

Prawn (E.D) £8.50 Chicken Tikka (D.M.E.N) £8.95

Mixed (E.D) £8.95 (Chicken, Lamb & Prawn)

### CHEF'S RECOMMENDATIONS

A selection of our chef's speciality dishes, created with the unique Mumbai Flavours twist. The very best of Indian cuisine.

Chicken £7.95 Lamb £8.95 Chicken Tikka (D.M.N) £8.95 Mixed Vegetable £6.95

### Pasanda (N.D)

A mild curry sauce made with cream, yoghurt, & almonds.

### Badami (N.D)

A peanut butter based sauce, with a nutty sensation

#### Makhani (N.D)

A selection of herbs and spices mixed with butter and cheese

### Amm-o-apple (N.D)

A creamy sauce made from mango and apple

### Modupuri

Medium Sweet

Pure honey sauce cooked with onions, peppers, tomatoes and a selection of herbs and spices

### Tok Jal Mishtii

A sweet and sour dish cooked with our chef's special ingredients

### Mirchi Massala (N.M.G)

Chillies are the main source of this dish. Coriander and fresh roast ground spices are added with a touch of our special herbs

### Zal Jool (N.M.G)

Cooked in a spicy sauce. A traditional Mumbai dish, it's very hot!

### Jalfrezi

Medium or Hot

Another classic famous dish. Cooked with garlic, chilli, onion, peppers, tomatoes, coriander and ground spices

### Achari (N.M)

Medium

A rich, spicy dish cooked in homemade mango pickles

### Pondhina Zal

Medium

The meat is marinated in chilli, mint and garlic, before being cooked with a mixture of ground spices

### Gostaba Dhaniwala

Medium

Cooked with green chillies and fresh roast ground spices

### Piaz Roshan

Medium

A dish cooked with garlic, onion, pepper and tomatoes. Another classic dish

## Punjabi Karai Medium or Hot

Cooked homemade style. Chicken or Lamb only.

#### Balti Sag (N.M.G

Medium Sweet

Combination of Sag and Balti in one dish to give it a unique flavour

### Balti Massala (N.D.G.M)

Medium

Combination of Massala and Balti in one dish to give it a unique flavour

### Massala (N.D)

On of the most popular dishes in the UK today, cooked with our special homemade massala sauce. Sweet & creamy

### TRADITIONAL MUMBAI FLAVOURS

Chicken £7.50 Chicken Tikka(N.M.D) £7.95

Lamb £7.95 King Prawn £10.95

£7.50 **Prawn** Vegetable £6.50

> Mixed £8.95 (Chicken, Lamb & Prawn)

Plain Curry
A range of spices cooked in a mild sauce

#### Korma (N.D)

A very mild dish prepared following a traditional indian recipe, with cream & coconut

### Malayan (N.D)

Preparation involves mild spices in which cream, banana and pineapple are used to create a unique flavour

### Kashmiri (N.D)

Preparation involves mild spices in which cream, banana and nuts

### MEDIUM

Rogan Josh
Cooked in delicately flavoured sauce with lots of tomatoes and a sprinkle of dania

### Bhuna

A strongly spiced curry using a combination of eastern spice, giving a dry Consistency and a medium strength

### Dupiaza

A strongly spiced curry simmilar to Bhuna with chunky style onions and peppers

### Dhansak

Medium curry in a thick sauce with lemon juice, pineapple and lentils - a sweet and sour flavour

### Sag

Cooked with spinach, medium hot

### Balti<sub>(N.M)</sub>

Onion & tomato based dish with specially selected spices

### HOT

#### Madras

Made with southern indian influences, hot spices & lemon gives a fiery richness

#### **Pathia**

A sweet tasting curry made with tomatoes and mixed spices. Hot & spicy taste

Ceylon (N)
Cooked in strong spices with coconut

Vindaloo

# RICE

Plain Boiled Rice(v)	£2.75	Pilau Rice (V.D)	£2.75
Mushroom Pilau (V.D)	£3.25	Vegetable Pilau(v.d)	£3.25
Onion Pilau (V.D)	£3.25	Egg Pilau (E.D)	£3.25
Keema Pilau (D)	£3.25	Chilli Pilau(V.D)	£3.25
Garlic Pilau (V.D)	£3.25	Nut Pilau (v.n.d)	£3.95
Peas Pilau (V.D)	£3.25	Tikka Pilau (M.N.D)	£3.95
Kashmiri Pilau (v.d.n)	£3.95	Chilli & Egg Pilau(E.D	£3.95
Carrorts, onions, nuts & sugar			

Sarroris, ornoris, riuts & sugar

## **BREADS**

Plain Nan (v.g.d.e)	£2.25	Cheese Nan (v.g.d.	£2.60
Keema Nan (G.D.E)	£2.60	Paratha (G.V)	£2.50
Garlic Nan (v.g.d.E)	£2.60	Stuffed Paratha(v.o	£3.50
Peshwari Nan (N.G.D.	£2.60	Puri (v.g)	£1.00
Tikka Nan (M.E N.G.D	£2.60	Chapati (v.g)	£1.20
Mumbai Special Nan	£2.95	Tandoori Roti (v.g)	£2.20
Garlic, Keema & Coriander (	M.E N.G.D)		
Balti Tikka Chilli Nan	£2.95		

# SIDE DISHES

Bombay Aloo (V) Spicy potato	£3.50	Mushroom Bhaji (v)	£3.50
Vegetable Bhaji	1) £3.50	Saag Aloo (V) spinach & potato	£3.50
Bhindi Bhaji (V)	£3.50	Saag Bhaji (V)	£3.50
Okra  Tarka Dall (V)	£3.50	Saag Keema spinach & Lamb mince	£3.95
Aloo Gobi (V) Potato & cauliflower	£3.50	Saag Paneer (V.D) spinach & cheese	£3.95
Begun Bhaji (v) Aubergine	£3.50		

# **SUNDRIES**

Popadom (v.g)	65p	Spiced Popadom (V.G) 75p	
Pickle Tray (V.M.N.D)	£2.00	Chips	£2.00
Raitha (D)	£1.10	Spicy Chips	£2.75
Flavoured Raitha®£1.50			

Cucumber or Onion

