

Position	Number	Time	Name	Club	Category	Category Position	Min/Mile	Min/km	Points
1	74	00:18:18	Andrew Worster	Todmorden Harriers	MS	1/32	00:05:54	00:03:40	150
2	31	00:18:51	Jonathan Cleaver	Barlick Fell Runners	MS	2/32	00:06:05	00:03:46	149
3	107	00:19:20	Adrian Cheetham	Unattached	M40	1/27	00:06:14	00:03:52	148
4	144	00:19:28	Charlie Parkinson	Clayton-le-Moors Harriers	MS	3/32	00:06:17	00:03:54	147
5	138	00:19:42	Ryan Bradshaw	Clayton-le-Moors Harriers	MS	4/32	00:06:21	00:03:56	146
6	32	00:19:58	Richard Stevenson	Clayton-le-Moors Harriers	M40	2/27	00:06:26	00:04:00	145
7	79	00:20:04	Andy Berry	Ribble Valley Harriers	M40	3/27	00:06:28	00:04:01	144
8	62	00:20:15	Anthony Mcloughlin	Unattached	MS	5/32	00:06:32	00:04:03	143
9	30	00:20:41	Michael Williams	Burnley AC	MS	6/32	00:06:40	00:04:08	142
10	152	00:20:59	Toby Campbell	Unattached	MS	7/32	00:06:46	00:04:12	141
11	60	00:21:00	Andrew Cross	Unattached	MS	8/32	00:06:46	00:04:12	140
12	50	00:21:06	Simon Reason	Blackpool, Wyre & Fylde Athletics Club	MS	9/32	00:06:48	00:04:13	139
13	82	00:21:22	Paul Targett	Holcombe Harriers	M50	1/16	00:06:54	00:04:16	138
14	95	00:21:37	Jonathan Hall	Clayton-le-Moors Harriers	MS	10/32	00:06:58	00:04:19	137
15	59	00:21:43	Roy Hughes	Rochdale Triathlon Club	MS	11/32	00:07:00	00:04:21	136
16	78	00:21:51	Graham Auld	Unattached	M40	4/27	00:07:03	00:04:22	135
17	4	00:22:10	Stuart Wright	Unattached	M40	5/27	00:07:09	00:04:26	134
18	34	00:22:20	Scott Cunliffe	Clayton-le-Moors Harriers	M40	6/27	00:07:12	00:04:28	133
19	81	00:22:38	Adam Connell	GMFRS	MS	12/32	00:07:18	00:04:32	132
20	58	00:22:42	Daniel Mark Whittaker	Blackburn Harriers AC	M40	7/27	00:07:19	00:04:32	131
21	1	00:22:44	Philip Greenwood	Rosendale Harriers	MS	13/32	00:07:20	00:04:33	130
22	54	00:22:44	Neil Whalley	Clayton-le-Moors Harriers	M40	8/27	00:07:20	00:04:33	129
23	71	00:22:47	David Pease	Barlick Fell Runners	M40	9/27	00:07:21	00:04:33	128
24	87	00:22:50	Martin Hounslow	Trawden AC	MS	14/32	00:07:22	00:04:34	127
25	5	00:22:51	Andrew Porter	Unattached	M40	10/27	00:07:22	00:04:34	126
26	153	00:22:52	Matt Ridge	Worsthorne With Hurstwood Runners	M40	11/27	00:07:23	00:04:34	125
27	114	00:22:59	Andy Mcknight	Unattached	MS	15/32	00:07:25	00:04:36	124
28	61	00:23:06	Alex Snaith	Unattached	MS	16/32	00:07:27	00:04:37	123
29	53	00:23:09	Craig Eccles	Clayton-le-Moors Harriers	M40	12/27	00:07:28	00:04:38	122
30	18	00:23:15	Jason Saunders	Worsthorne With Hurstwood Runners	M50	2/16	00:07:30	00:04:39	121
31	39	00:23:34	Carl Carey	Clayton-le-Moors Harriers	M40	13/27	00:07:36	00:04:43	120
32	108	00:23:45	James Harris	Stainland Lions	M40	14/27	00:07:40	00:04:45	119

33	134	00:24:10	Andrew Greenwood	Sowerby Bridge Snails R.C	MS	17/32	00:07:48	00:04:50	118
34	121	00:24:11	Charlotte Corrigan	Hyndburn AC	FS	1/26	00:07:48	00:04:50	150
35	56	00:24:13	Mark Wilkin	Blackburn Harriers AC	M50	3/16	00:07:49	00:04:51	117
36	70	00:24:15	Mark Storey	Trawden AC	M50	4/16	00:07:49	00:04:51	116
37	69	00:24:17	David Barnes	Horwich RMI Harriers	M60	1/5	00:07:50	00:04:51	115
38	73	00:24:23	Philip Butler	Red Rose Road Runners	M50	5/16	00:07:52	00:04:53	114
39	103	00:24:40	Ashley Smith	Worsthorne With Hurstwood Runners	M40	15/27	00:07:57	00:04:56	113
40	44	00:24:44	Emma Watson	Wharfedale Harriers	FS	2/26	00:07:59	00:04:57	149
41	137	00:24:58	Jez Bradshaw	Clayton-le-Moors Harriers	M40	16/27	00:08:03	00:05:00	112
42	35	00:24:58	Rachel Holt	Burnley AC	FS	3/26	00:08:03	00:05:00	148
43	48	00:25:05	Michelle Abbott	Clayton-le-Moors Harriers	FS	4/26	00:08:05	00:05:01	147
44	155	00:25:13	Justin Pols	Worsthorne With Hurstwood Runners	M40	17/27	00:08:08	00:05:03	111
45	3	00:25:13	Cassandra Smedley	Clayton-le-Moors Harriers	F40	1/23	00:08:08	00:05:03	146
46	13	00:25:20	Wayne Foster	Worsthorne With Hurstwood Runners	M50	6/16	00:08:10	00:05:04	110
47	159	00:25:28	Matthew Whitehead	Unattached	MS	18/32	00:08:13	00:05:06	109
48	125	00:25:32	Stephen Mounsey	Worsthorne With Hurstwood Runners	M50	7/16	00:08:14	00:05:06	108
49	49	00:25:36	Christopher Lawrence	Clayton-le-Moors Harriers	M50	8/16	00:08:15	00:05:07	107
50	120	00:25:54	Lauren Navan	Rosendale Triathlon Club	FS	5/26	00:08:21	00:05:11	145
51	72	00:26:00	Emma Pease	Barlick Fell Runners	F40	2/23	00:08:23	00:05:12	144
52	154	00:26:01	Victoria Ridge	Worsthorne With Hurstwood Runners	FS	6/26	00:08:24	00:05:12	143
53	27	00:26:05	Wayne Mcintosh	Clayton-le-Moors Harriers	MS	19/32	00:08:25	00:05:13	106
54	91	00:26:13	Steven Melling	Rosendale Harriers	M60	2/5	00:08:27	00:05:15	105
55	85	00:26:27	Mabel Grimshaw	Unattached	F40	3/23	00:08:32	00:05:17	142
56	88	00:26:28	Francesca Miller	Unattached	FS	7/26	00:08:32	00:05:18	141
57	67	00:26:50	Paul Smith	Rosendale Harriers	MS	20/32	00:08:39	00:05:22	104
58	147	00:27:04	Chris Emmerson	Unattached	MS	21/32	00:08:44	00:05:25	103
59	86	00:27:09	Kim Ashworth	Todmorden Harriers	FS	8/26	00:08:45	00:05:26	140
60	109	00:27:15	Lee McCartney	Worsthorne With Hurstwood Runners	M40	18/27	00:08:47	00:05:27	102
61	57	00:27:16	Joanne Motley	Clayton-le-Moors Harriers	FS	9/26	00:08:48	00:05:27	139
62	75	00:27:19	David Culpan	Stainland Lions	M50	9/16	00:08:49	00:05:28	101
63	6	00:27:20	Phill Berry	Red Rose Road Runners	MS	22/32	00:08:49	00:05:28	100
64	43	00:27:23	Lisa Miles	Littleborough Runners	F40	4/23	00:08:50	00:05:29	138
65	145	00:27:35	Andrew Higson	Worsthorne With Hurstwood Runners	M50	10/16	00:08:54	00:05:31	99

66	130	00:27:40	Pete Ashworth	Worsthorne With Hurstwood Runners	M40	19/27	00:08:55	00:05:32	98
67	119	00:27:46	Dominic Mccann	Unattached	MS	23/32	00:08:57	00:05:33	97
68	92	00:27:50	Graham Denney	Trawden AC	M50	11/16	00:08:59	00:05:34	96
69	116	00:27:55	Jake Fielding	Unattached	MS	24/32	00:09:00	00:05:35	95
70	156	00:28:05	Alan Archer	Clayton-le-Moors Harriers	M60	3/5	00:09:04	00:05:37	94
71	20	00:28:09	Andy Lamb	Trawden AC	M50	12/16	00:09:05	00:05:38	93
72	38	00:28:18	Jason Kay	Worsthorne With Hurstwood Runners	M40	20/27	00:09:08	00:05:40	92
73	123	00:28:25	Craig Wellens	Rochdale Harriers	M50	13/16	00:09:10	00:05:41	91
74	11	00:28:25	David Smith	Unattached	M40	21/27	00:09:10	00:05:41	90
75	136	00:28:30	Rebecca Bradshaw	Clayton-le-Moors Harriers	FS	10/26	00:09:12	00:05:42	137
76	17	00:28:48	Louise Fox	Team Deane	F40	5/23	00:09:17	00:05:46	136
77	106	00:28:48	Paul Grundy	Unattached	M40	22/27	00:09:17	00:05:46	89
78	25	00:28:59	Caroline Hovington	Unattached	F40	6/23	00:09:21	00:05:48	135
79	16	00:29:27	Steven Bellamy	Red Rose Road Runners	M40	23/27	00:09:30	00:05:53	88
80	80	00:29:40	Alexandra Mikita	Worsthorne With Hurstwood Runners	F40	7/23	00:09:34	00:05:56	134
81	127	00:29:42	Gary Morton	Unattached	MS	25/32	00:09:35	00:05:56	87
82	24	00:29:47	Cheryl Louise Ellis	Trawden AC	FS	11/26	00:09:36	00:05:57	133
83	51	00:29:56	John Reason	Blackpool, Wyre & Fylde Athletics Club	M60	4/5	00:09:39	00:05:59	86
84	143	00:30:12	Chris Whitwell	Trawden AC	MS	26/32	00:09:45	00:06:02	85
85	117	00:30:15	Ross Whittaker	Unattached	MS	27/32	00:09:45	00:06:03	84
86	115	00:30:17	Pilar Wilcock	Blackburn Road Runners	F50	1/10	00:09:46	00:06:03	132
87	63	00:30:19	Raymond Mooney	Stainland Lions	M50	14/16	00:09:47	00:06:04	83
88	90	00:30:20	Louane Frances	Trawden AC	F40	8/23	00:09:47	00:06:04	131
89	10	00:30:34	Christopher Goldie	Bowland Fell Runners	MS	28/32	00:09:52	00:06:07	82
90	142	00:30:36	Dennis Beard	Trawden AC	M70	1/2	00:09:52	00:06:07	81
91	83	00:30:45	Louise Howard	Unattached	FS	12/26	00:09:55	00:06:09	130
92	84	00:30:45	Russell Whyham	Unattached	M40	24/27	00:09:55	00:06:09	80
93	64	00:30:57	Emma Smith	Rosendale Harriers	FS	13/26	00:09:59	00:06:11	129
94	118	00:31:08	Elliott Snaith	Unattached	MS	29/32	00:10:03	00:06:14	79
95	68	00:31:12	Lee Beckett	Unattached	M40	25/27	00:10:04	00:06:14	78
96	76	00:31:13	Gary Mills	Worsthorne With Hurstwood Runners	M50	15/16	00:10:04	00:06:15	77
97	8	00:31:14	Victoria Scott	Unattached	FS	14/26	00:10:05	00:06:15	128
98	139	00:31:17	Janet Rogers	Worsthorne With Hurstwood Runners	F50	2/10	00:10:05	00:06:15	127

99	7	00:31:17	Nikki Berry	Red Rose Road Runners	FS	15/26	00:10:05	00:06:15	126
100	158	00:31:26	Lucy Parker	Rosendale Triathlon Club	F40	9/23	00:10:08	00:06:17	125
101	110	00:31:30	Sally Harrison	Littleborough Runners	F60	1/7	00:10:10	00:06:18	124
102	46	00:31:31	Sara Steel	Rosendale Triathlon Club	F40	10/23	00:10:10	00:06:18	123
103	111	00:31:33	Cheryl Schofield	Blackburn Road Runners	F40	11/23	00:10:11	00:06:19	122
104	126	00:32:05	Jayne Bird	Worsthorne With Hurstwood Runners	FS	16/26	00:10:21	00:06:25	121
105	36	00:32:22	Amanda Fuller	Blackpool, Wyre & Fylde Athletics Club	F40	12/23	00:10:26	00:06:28	120
106	146	00:32:39	Emma Smith	Unattached.	FS	17/26	00:10:32	00:06:32	119
107	94	00:32:41	Andrew Smith	Queensbury Running Club	M50	16/16	00:10:33	00:06:32	76
108	102	00:32:54	Lynn Schofield	Worsthorne With Hurstwood Runners	F40	13/23	00:10:37	00:06:35	118
109	37	00:33:06	Nickola Walker	Blackpool, Wyre & Fylde Athletics Club	F40	14/23	00:10:41	00:06:37	117
110	22	00:33:17	Cath Neil	Sowerby Bridge Snails R.C	F50	3/10	00:10:44	00:06:39	116
111	77	00:33:18	Anne-Marie Woodcock	Fylde Coast Runners	F40	15/23	00:10:45	00:06:40	115
112	99	00:33:21	Katie Skelton	Running4CF	FS	18/26	00:10:45	00:06:40	114
113	112	00:33:21	Lisa Byrom	Unattached	F40	16/23	00:10:45	00:06:40	113
114	135	00:33:25	Hilary Farren	Rosendale Harriers	FS	19/26	00:10:47	00:06:41	112
115	26	00:33:36	Carolyn Edwards	Hive22 & Darkrun	F40	17/23	00:10:50	00:06:43	111
116	96	00:33:37	Linda Coffey	Darwen Dashers	F60	2/7	00:10:51	00:06:43	110
117	101	00:33:50	Vanessa Mccartney	Worsthorne With Hurstwood Runners	F40	18/23	00:10:55	00:06:46	109
118	113	00:34:48	Louis Knowles	Unattached	MS	30/32	00:11:14	00:06:58	75
119	41	00:34:53	Linda Ensby	Trawden AC	F50	4/10	00:11:15	00:06:59	108
120	140	00:34:58	Laura Whitwell	Trawden AC	FS	20/26	00:11:17	00:07:00	107
121	100	00:35:02	Caroline Richards	Worsthorne With Hurstwood Runners	F50	5/10	00:11:18	00:07:00	106
122	157	00:35:08	Karen Smith	Rosendale Triathlon Club	F40	19/23	00:11:20	00:07:02	105
123	40	00:35:09	Robert Massey	Blackpool, Wyre & Fylde Athletics Club	M70	2/2	00:11:20	00:07:02	74
124	12	00:35:13	Sandra Pinder	Sowerby Bridge Snails R.C	F50	6/10	00:11:22	00:07:03	104
125	14	00:35:24	Anne Molloy	Sowerby Bridge Snails R.C	F60	3/7	00:11:25	00:07:05	103
126	104	00:35:27	Diane Iddon	Fylde Coast Runners	F50	7/10	00:11:26	00:07:05	102
127	131	00:35:28	Gillian White	Worsthorne With Hurstwood Runners	FS	21/26	00:11:26	00:07:06	101
128	65	00:35:30	Lisa Heap	Unattached	FS	22/26	00:11:27	00:07:06	100
129	66	00:35:45	Rebecca Simms	Darwen Dashers	F50	8/10	00:11:32	00:07:09	99
130	45	00:35:59	Sarah Clancy	Rosendale Triathlon Club	F40	20/23	00:11:36	00:07:12	98
131	19	00:36:06	Alice Austin-Howarth	Sowerby Bridge Snails R.C	F40	21/23	00:11:39	00:07:13	97

132	97	00:36:11	Alison Leach	Unattached	F60	4/7	00:11:40	00:07:14	96
133	98	00:36:32	Barbara Wilkinson	Running4CF	F60	5/7	00:11:47	00:07:18	95
134	124	00:36:44	Emma Smith	Unattached	FS	23/26	00:11:51	00:07:21	94
135	129	00:36:55	Tracy Saunders	Worsthorne With Hurstwood Runners	F40	22/23	00:11:55	00:07:23	93
136	15	00:36:57	Elaine Holdsworth	Trawden AC	F50	9/10	00:11:55	00:07:23	92
137	150	00:37:10	Jeff Bamber	Unattached	M40	26/27	00:11:59	00:07:26	73
138	149	00:37:10	Lorna Taylor	Red Rose Road Runners	FS	24/26	00:11:59	00:07:26	91
139	9	00:37:10	Matt Deane	Unattached	M40	27/27	00:11:59	00:07:26	72
140	148	00:37:10	Iain Mitchell	Red Rose Road Runners	MS	31/32	00:11:59	00:07:26	71
141	141	00:37:18	Christina Davy	Trawden AC	FS	25/26	00:12:02	00:07:28	90
142	128	00:37:21	Jillian Ashworth	Worsthorne With Hurstwood Runners	F40	23/23	00:12:03	00:07:28	89
143	21	00:38:33	Patricia Beesley	Trawden AC	F50	10/10	00:12:26	00:07:43	88
144	33	00:38:38	Julie Bithell	Trawden AC	F60	6/7	00:12:28	00:07:44	87
145	132	00:41:16	Torie Barker	Unattached	FS	26/26	00:13:19	00:08:15	86
146	133	00:41:17	Robert Weir	Unattached	MS	32/32	00:13:19	00:08:15	70
147	93	00:41:33	Janet Rubanik	Ramsbottom Running Club	F60	7/7	00:13:24	00:08:19	85
148	151	00:41:34	Jack McGuire	Clayton-le-Moors Harriers	M60	5/5	00:13:25	00:08:19	69