

Timetable for Fakenham Criterium Races and Runs



Welcome to the fourth Fakenham Criterium races. These will be on closed roads round the picturesque North Norfolk town centre on an approx. 1k circuit. The event is being run by Active Fakenham with the help of the local club the East Coast Riders and others from around Norfolk.

The town centre will be closed to traffic for the day. Events include British Cycling licensed cycle races for various ages and abilities, a 1K Easter Fun Run, a 5K Run England mixed ability run, Toddle'n'Trike for under five years olds (must be accompanied by an adult), and local organisations running stalls, food and activities. This is a great spectacle to watch with pubs and cafes fronting directly on to the course.

ENTRIES ARE NOW OPEN ONLINE!

8.00am	Road Closure (set up)
10.30am	Running Race 5k (UK Athletics)
11.30am	Town Easter Fun Run 1k (UK Athletics)
12.15pm	Toddle'n'Trike (under 5s)
12.45pm	Circuit open for rider's warm up
1.15pm	Criterium Race Youth A (U16) and Youth B (U14) girls and boys (30 min)
2.00pm	Criterium Senior (16+) Cat 4 Regional C+ Cat 3 (40 mins). Priority entry will be given to Cat 4 riders
3.00pm	Criterium Women's E/1/2/3/4 (45 mins)
4.00pm	Criterium Senior (16+) E/1/2/3 National B, (50 mins)
7.00pm	Roads reopen. Sunset 20.06pm approx

Both runs and rides are official UK Athletics and British Cycling events and are run under their rules.

Easter Sunday Funday

Fakenham Town Centre Closed Road Circuit Racing 21st April 2019



5K Run and 1K Fun Run



Fakenham Easter 1K Circuit Sunday 21 April 2019

SUNDAY 25 AUGUST 2019



RIDE
NORTH NORFOLK
@FAKENHAM



17-25 August 2019



www.activefakenham.org.uk

