## Psalm 3 - "God is our All!"

Where do we go when trouble comes to us or when face with a crisis? David in this psalm will show us that as believers we should rub to the Lord for help and deliverance.

# 1) David demonstrates his full trust in the Lord!

David here shows us his total dependence on the Lord by calling on Him despite the crisis and trouble he was in. At this time, David had just fled from his son, Absalom, who just had grabbed his kingdom. David was now a fugitive in his own kingdom and was being hunted down by Absalom's men. So David calls on the Name of the Lord and turn to Him for deliverance.

# 2) David declares who the Lord is to His people!

As we look at carefully this prayer of David, we see him declaring who the Lord God is in his life as a believer and what He can do for His people, especially in their times of crisis and trouble.

- a. He is our Shield & Protection! (v.3)
- b. He is our Encourager! (v.4)
- c. He is our Prayer-answering God! (v.4)
- d. He is our Sustainer! (v.5)
- e. He is our Warrior & Deliverer! (vv.7-8)

#### Points to Ponder:

- 1) Troubles & crises reveals the true contents of a person's heart-whether he/she fully trust in the Lord or in someone or something else!
- 2) We exalt or glorify the Lord by fully trusting Him in times of our trouble or crisis. He becomes ALL that we need as we focus our eyes of faith in the Lord!

### **Prayer:**

"Father, teach me to fully trust You not only in times of prosperity but more so in times of adversity and trouble! For I know that You will be All that I will ever need. You will be my mighty Deliverer! In Jesus' Name. Amen!"