

DAY 39

PSALM 131 – “A HUMBLE & TRUSTING HEART!”

Have you ever wonder what the Lord hates the most and what the Lord loves or delights the most in man? Isaiah tells us that, *“These are the ones I look on with favor: those who are humble and contrite in spirit, and who tremble at my word”* (Isa. 66: 2b). While, James and Peter agreed that, *“God opposes the proud but shows favor to the humble”* (James 4: 6; 1 Peter 5:5). In this psalm, David will reveal to us what the Lord values the most from His people—a trusting & humble heart.

1) David DEMONSTRATES humility & contentment in God!

David knew that the Lord hates a proud heart and haughty eyes. Thus, he humbled himself before the Lord by recognizing that He was beyond human understanding and speculation. Perhaps, there some things that were happening to David at that time that confused & puzzled him just like any of us. But instead of doubting the Lord’s goodness, David chose to trust and put his hope in Him.

2) David DECLARES his trust & confidence in the Lord!

As I’ve already mentioned above, there could have been a difficult issue that David faced that made him confused or baffled him but instead of doubting the Lord’s goodness, he chose to put his trust & confidence in the Lord’s unfailing love. David has learned to “still(ed) and quiet(ed) my soul...” Also, in so doing David also found strength to encourage the Lord’s people, Israel, to place their hope in Him!

POINTS TO PONDER:

1) The Lord our God DELIGHTS in a humble & trusting heart! But He opposes the proud & the haughty in spirit. He also gives grace to humble and rewards them with favor. Therefore, let us pursue a humble & trusting heart! Let us put our hope & confidence in the Lord who will oppose the proud but will grace to the humble!

Prayer:

"Our heavenly Father, You delight in a humble & trusting heart but oppose the proud & the haughty! You delight on those who trust Your Word and Your works even though they are beyond our understanding. Lord, teach us to trust You & Your faithfulness & goodness. To rest our hope & confidence in You even when we don't understand what You are doing in our life. As Jesus' disciples prayed, 'we believe increase our faith in You, Lord!' In Jesus' Name I pray, AMEN!"