SMALL GROUP/E-GROUP LESSON NO. 11

Sermon Series: "PONDERING ON THE PSALMS"

Message Title: "EL SHADDAI:LIVING W/ CONFIDENCE!"

Message Text: Psalm 91

INTRODUCTION:

Psalm 91 was made popular by El Shaddai's Mike Velarde when he used this psalm as their group's rallying Bible passage and from where they derived their name. "El Shaddai" was the Hebrew name used for "Almighty" here (v. 1). It means "All Powerful", "All Sufficient" God. Indeed, nothing is impossible to the Lord!

A. PASS YOUR STORY (WELCOME)

- 1) Where do you usually go (place) when you are down or depressed?
- B. **PONDER** HIS STORY (WORD)
- 1) Read Psalm 91 creatively.
- 2) In verses 1-8, Moses confesses to us the confidence of his heart/life! The basis of this confidence is his trust in the Lord his God. In vv. 1-2). Moses used four names of God in Hebrew:
- [a] <u>Most High</u> (Elyon) God as Supreme Monarch & Ruler, the King of the heavens & the earth,
- [b] Almighty (El Shaddai) God as All Powerful & All Sufficient,
- [c] <u>LORD</u> (Yahweh) God as "I AM", the relational & personal God, [d] <u>God</u> (Elohim) God as the Supreme Creator & Sustainer of the universe.

Which of the four names of God appeals to you the most? Why?

- 3) What are the blessings of this confidence as seen in vv. 3-8? [a. Divine protection (v. 3-5), & b. Divine peace (vv. 6-8)]
- 4) In vv. 9 & 12, Moses challenges us to also put our confidence in his God! What are the additional he gave in vv. 10-16?
 - (a) Divine protection thru angels! (v. 10-12)
 - (b) Divine power against demonic forces! (v. 13)
 - (c) Divine promises from the Lord (vv. 14-16)
- 5) From this psalm & Moses, what do we mean by "living or dwelling in the Lord"? [Trusting or resting in who the Lord & what He can do for us!]

6) Share one important lesson you have learned today!

C. PRAISE & WORSHIP THE LORD! (PRAYER TIME)

- 1) Ask each one to pray a prayer of praise and thanksgiving to God for being our confidence Shelter, Refuge & Fortress, in this pandemic!
- 2) Pray for one another's needs.

D. PASS THE STORY TO OTHERS! (WITNESS/VISION TIME)

- 1) Share the "3-I VISION" Identify, Intercede & Invest!
- 2) Talk and discuss about your evangelistic plans and activities in the future. Talk and discuss how you can invite more guests into your group.