

SMALL GROUP/E-GROUP LESSON NO. 9

Sermon Series : “PONDERING ON THE PSALMS”

Message Title : “*THE STRONG LIFE!*”

Message Text : Psalm 73

BACKGROUND/INTRODUCTION:

Psalm 73 answers the following questions: What should we do when thoughts of envy, unfairness or injustice “oppress” us? How should we respond to them? What should be our attitude about this?

A. PASS YOUR STORY (WELCOME)

- 1) *What thought/s come to your mind or emotion/s do you feel when you see wicked/evil people prospering and enjoying life’s blessings (health & wealth) without limits?*

B. PONDER HIS STORY (WORD)

- 1) *Ask several persons to read Psalm 73. Be creative.*
- 2) *What did the psalmist experienced after seeing the prosperity of the wicked? (v.2)*
- 3) *What were the feelings or emotions that the psalmist felt when he saw prosperity of the wicked? (vv. 3, 13)*
- 4) *What did these thoughts/feelings did to him? (vv. 14-16)*
- 5) *How did the psalmist overcome these negative thoughts or emotions? What did he do & discovered? (v. 17)*
- 6) *From the psalmist learned as found in verses 18-28, what should we remember when this temptation happens to us? (vv. 18-20 -The prosperity of evil men is temporary & uncertain but our faith in God, soul, heaven & God’s rewards are eternal; vv. 21-23- God is always with you even when we are senseless & acting like unthinking animal; vv. 25-26- God must be one desire & the strength of our heart; vv. 1, 27-28-God is good to those who are faithful to Him, to those pure in heart, who draws near to God).*
- 7) *Share one important insight that you have learned today.*

C. PRAISE THE LORD (WORSHIP)

- 1) *Ask everyone to be silent before the Lord and ask for*

forgiveness and cleansing if they have harbored thoughts or feelings of envy, anger, unfairness, etc., in their hearts.

- 2) *Then, pray for one another’s needs!*

C. PRAISE & WORSHIP THE LORD! (PRAYER TIME)

- 1) *Ask each one to pray a prayer of praise and thanksgiving to God for being Good Eternal Shepherd!*
- 2) *Pray for one another’s needs.*

D. PASS THE STORY TO OTHERS! (WITNESS/VISION TIME)

- 1) *Share the “3-I VISION” – Identify, Intercede & Invest!*
- 2) *Talk and discuss about your evangelistic plans and activities in the future. Talk and discuss how you can invite more guests into your group.*