

SMALL GROUP/E-GROUP LESSON NO. 4

Sermon Series : “PONDERING ON THE PSALMS”

Message Title : “*WORSHIP: THE PANACEA TO THE PANDEMIC!* (PART 2)

Message Text : Psalm 139

Introduction/Background:

This psalm is written by David & is said to be one of the grandest of the psalms because of its subject – the amazing & infinite attributes of the Lord our God! It also shows us the finiteness, limitations, & sinfulness of man and puts us where we rightly belong – at the foot of this majestic & glorious god, bowing & worshiping him!

A. PASS YOUR STORY! (WELCOME TIME)

- 1) *Share something about you that you consider unique or your strength. Or share one strong quality that you believe you have or possess (ex. organized person, patient, etc).*

B. PONDER ON THE PSALM! (WORD TIME)

- 1) *Assign two members of your group to read Psalm 139.*
- 2) *What did David realize about the Lord in verses 1-12? (The Lord is Omniscient & Omnipresent!)*
- 3) *Why did David praise the Lord in vv. 13-16? (Because David was amazed at the power & wisdom of the Lord in making Man!)*
- 4) *In vv. 17-18, David is teaching us that the Lord knows the beginning & ending of our life. He has already written it in His Book. How can this truth or insight be helpful or valuable to a believer especially in times of crisis or troubles of life?*
- 5) *How did David respond to the Lord's infinite power & wisdom in vv. 23-24? (David submits his heart to the Lord for His holy scrutiny & direction!)*
- 6) *Pastor Val shared practical pointers based on our passage. The first is– Instead of worrying & wandering, let us continue to grow & meditate on God's Word & get to know more our All-Powerful God. Why is focusing on God's Word & knowing more the Lord & His Word very important esp. nowadays?*
- 7) *The second practical pointer is – Instead of “sewing fig leaves to hide our sins & offenses against God, let us submit our life and hand over our heart to God for His scrutiny & direction! Do you regularly examine your*

heart or let the Spirit examine your heart & confess your sins to the Lord? Are there sins or offenses in our heart that we have not yet confess or hand over to the Lord? Why is confession important? (Pro.28:13; Jas. 5: 16)

C. PRAISE & WORSHIP THE LORD! (PRAYER TIME)

- 1) *Ask each one to pray a prayer of praise and thanksgiving to God for who He is and being gracious & merciful in giving us the provision of confession.*
- 2) *Pray for one another's needs.*

D. PASS THE STORY TO OTHERS! (WITNESS/VISION TIME)

- 1) *Share the “3-I VISION” – Identify, Intercede & Invest!*
- 2) *Talk and discuss about your evangelistic plans and activities in the future. Talk and discuss how you can invite more guests into your group.*