

# CT Drug Consortium EAP

**Employee Assistance Program**

Provided by

**The Lexington Group, Inc.**

1-800-571-0197

*“Your Partner in helping employees help themselves.”*

# What is the EAP?

- ◆ A confidential service paid for by the CDC to provide employees and family members with help for personal concerns.
- ◆ Assist employees suffering from unresolved problems to return to full productivity.
- ◆ Provide consultation and training services to resolve complex human issues in the workplace.

# Confidentiality

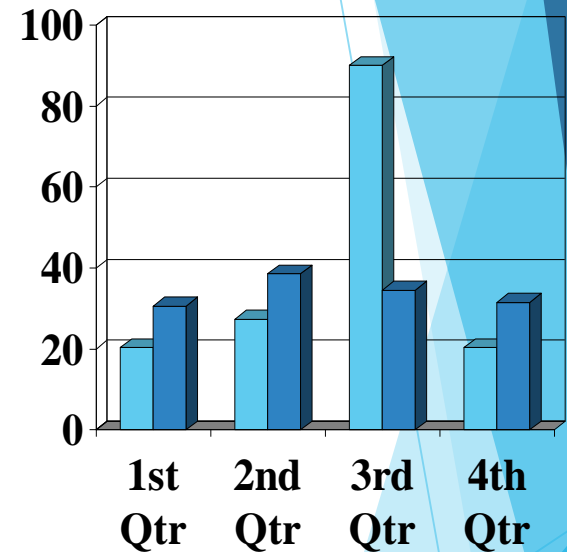
## EXCEPTIONS:

- ◆ Child Abuse or Neglect
- ◆ Danger to self or Public Safety

**IT'S THE LAW!**

# Annual Reports

- ◆ Utilization Rates
- ◆ Problem Categories
- ◆ Referral Source
- ◆ EAP Case Resolution Rates
- ◆ Referrals to Outside Resources
- ◆ Management Consultations



# The Lexington Group

## EAP

### Company Structure

- ◆ CT Business Offices for Case Management & Critical Incident Response **1-800-571-0197**
- ◆ Clinical Intake Unit & Referral Services National Toll Free Help Line **1-800-676-HELP (4357)**
- ◆ 2,500 Clinical Service Sites Providing Face-to-Face Counseling

# Clinical Services

- ◆ 24 Hour Intake & Crisis Management
- ◆ Short Term Counseling Model
- ◆ Follow-up and Evaluation
- ◆ Critical Incident Management
- ◆ Unlimited Access
- ◆ Family Members Included

# Lexington Group Staff

- ◆ Certified Employee Assistance Professionals
- ◆ Licensed Counselors
- ◆ Certified in Critical Incident Stress Debriefing
- ◆ Advanced Degrees in Mental Health

# Access to EAP

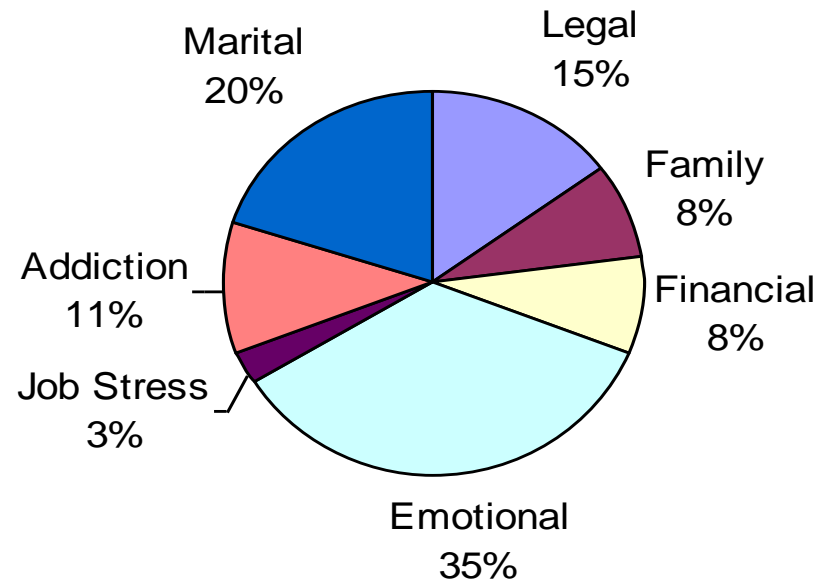
- ◆ Toll Free Number: 800-676-HELP
- ◆ 24 Hours a Day/7 Days a Week
- ◆ Confidential
- ◆ Voluntary Service
- ◆ Unlimited Access
- ◆ Household Family Members



# Costs

- ◆ No cost to employees or family members
- ◆ Costs beyond EAP scope covered by health insurance, community resources or sliding scale providers

# Types of Personal Problems



# The Lexington Group EAP Network

- ◆ Many clinical service sites are group practice centers
- ◆ Counselors added in remote locations upon demand
- ◆ Referrals coordinated with group health insurance

# The Lexington Group

## SAP Services

- ◆ Provided following a positive drug test
- ◆ Face-to-Face evaluation
- ◆ Treatment recommendations
- ◆ Return to work certification

# Leadership Consultation

*Your EAP Provides:*

- ◆ Professional Coaching
- ◆ 24/7 Availability

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