



McSafety's *Corner* _____ By Dennis R. McFadden • Safety Director

The Importance of Following Safety Procedures *Be More Attentive to Working Safely!*

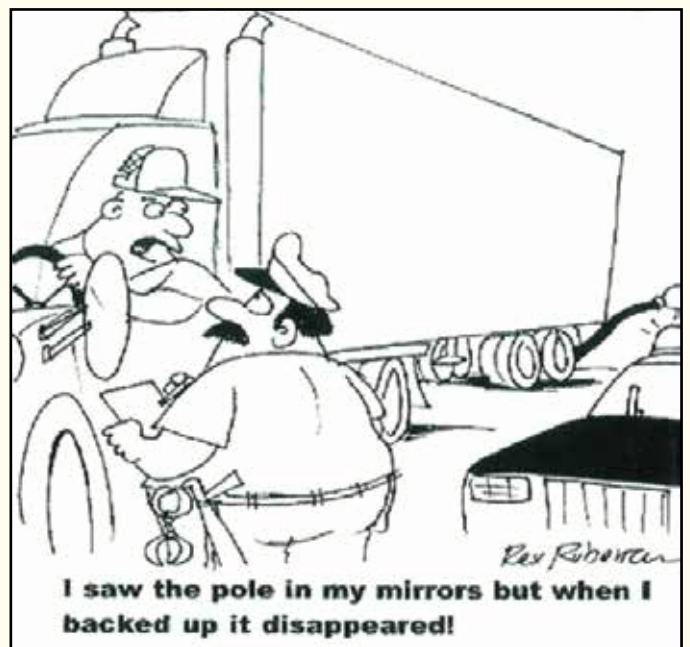
We have not had one of the better summers from the point of view of safety. We have had a couple of major incidents take place that have shaken us. It has magnified the importance of following safety procedures: Lockout Tagout Procedures, proper use of hand tools, and being properly trained and evaluated before operating vehicles or equipment. Everyone needs to be more attentive to working safely.

Distracted driving is any non-driving activity that has the potential to distract the operator from the primary task of driving safely. There are three main types of distractions while operating vehicles and equipment: Visual – taking your eyes off the road; Manual – taking your hands off the wheel; Cognitive – taking your mind off what you are doing. Texting is the most dangerous because it involves all three types of distraction; **put the phone down and concentrate on driving.** Focus on operating the vehicle or equipment safely because the decisions that you make will affect you and the lives of those around you.

Backing is still the number one type of vehicle and equipment incident. Backing incidents at best are expensive but at worst can end up as fatalities as we have experienced this year. When backing visibility is poor and obstructed, it's easy to miss seeing a hazard, an object or a person. Operators need to make sure of what is behind and around the vehicle before backing up. Make sure to check your mirrors and backup camera if so equipped. Whenever possible, avoid having to back up at all or only back up when it is safe to do so. Always check around the vehicle before getting in and moving, something may have changed since you parked. Always back slowly looking for any hazard that may enter your path.

I've been around for a while and this has been the most unusual weather that I have seen in my lifetime. The rain never seems to leave us for long which has put some of our projects behind schedule. Fall is the time of year when we have the most incidents and generally it is caused by hurrying to get our work completed before winter weather hits.

We all need to make sure that we work both smart and safe. **Remember to SLAM Risks: Stop – Look – Analyze and Manage** all hazards and if you are not trained or qualified – don't do it. Let's close out the season without any more incidents and have a great fall! If you have any questions contact me at 308-325-1911 or Carlos at 308-529-2504.



Department Notes

Asphalt

Jim Jewell

We're close to being back on schedule after the extremely wet spring.

Tom's crew has moved back to Lexington and as of now have completed the first stage of the Cozad North project. Elwood North is nearly complete, and the bottom lift is on about 90% of the Platte River South project.

Before the end of the year, we need to complete I-80 to Elm Creek, Mason City SE, and the top lift and shoulders on Platte River South. There has been a lot of moving around for this group and they are doing a good job.

Carl's crew has completed work on the Indianola to Cambridge project and have the patching and about 25% of the bottom lift on the Eddyville N&S job on Highway 21. The plan is for this crew to finish the bottom lift on Highway 21, then lay the asphalt on the North Platte Scales project, on to I-80 for paving, then back to

Eddyville to (hopefully) finish that one off before the end of the season.

We were low bidder on a few jobs on the August state letting. As of now we are waiting to see if they all get awarded. It includes Lake McConaughy Rec Road, about \$2 million; Niobrara River Scenic Corridor, \$2.8 million; Niobrara River South on Highway 7, \$900,000; and about \$1.5 million on the asphalt portion of Maxwell to Brady on Highway 30, quoted to Paving. We also have the New Port North and Keya Paha River to SD Line jobs to do next year.

It looks like there is going to be more work in the area and we will be working to get a good backlog going into next year.

Thanks for all the hard work and let's finish off the season in a safe and productive manner.

Paving

Dennis Sandrock

Darrell, Mike and Sam finished up in Kearney on Highway 30 at the college curves and are paving at the North Platte scales on I-80. They will move into North Platte and work on five blocks of East Phillip Street next.

Justin, Steve and Don finished up the Cozad North white-top for 12 miles and have moved up to Broken Bow Airport for a runway and taxiway project.

Jed and Cesar completed the Cozad subdivision job, are finishing up some miscellaneous items on the Cozad

North project, completing the sodding in Kearney and are moving to the McCook Airport for a runway repair and sealing project.

**As always,
work safely!**

Gravel

Chris Hunke

Some days even the Gravel department wonders if the rain will ever stop.

We have been extremely busy at all locations. Local customers, counties, and redi-mix is keeping everyone humming. Currently the asphalt plants have moved from Ogallala and Indianola and are at Cozad and Lexington. The redi-mix portable is finished at Cozad North and has moved on.

Thanks to each of you for all of your hard work.

Remember: Safety is part of everyone's job. We want you and your co-workers to go home safe and sound each day.



Department Notes

Tim Dean

Building

It may feel like summer just got here, but fall is right around the corner. We have had a very productive summer, but there still is a lot of work to be done before the snow flies.

Dan Schwarz and crew are on track at Mount Calvary Lutheran Church in Holdrege. In the next couple of weeks the masonry should be finished up and the focus will move inside.

Ross Collins is making good process on the Eustis Wellness Center. Ross and crew have the structural steel completed and will be closed in soon.



Eustis Wellness Center

Dan Niles and crew are working on interior finishes and exterior concrete at the Berean Church in North Platte.

Shane Schutte and Aaron Stark are back at MRK Truck Wash. We are adding on to the existing facility to enclose a new waste water treatment facility. We built the original facility in 2012.

Tim Hemmingson just finished the Library for Mid-Plains Community College in McCook. Tim and crew are now completing some minor upgrades to Baldwin Filters in Gothenburg.

Jeff Pickinpaugh and crew are currently working at the Holdrege Airport. The race toward winter has already begun for this crew. After a quick stop in Cozad to complete a couple of jobs this crew will be off to North Platte.

Remember to work safely and efficiently.



Mount Calvary Lutheran Church



Berean Church in North Platte

Ready Mix

Brian Engel

The Ready Mix Department has done a little catching up on some of the rain days we had early in the season. I don't think we will ever get 100% caught up, but the weather has at least cooperated a little more than this spring. The concrete work is all done on the Cozad North project and Matt has moved to McCook to supply the airport project there. Ben has his portable moved out to Stromberger Feedlot west of Champion for an addition

this fall. Holdrege, North Platte, Ogallala, Broken Bow and Lexington plants all have nice projects going on right now that will keep us busy for the rest of the construction season. We did pick up a nice job in the State letting last week, Maxwell to Brady, a white-topping job with Paving. Hopefully everyone has had a good summer and looking forward to a nice constructive fall.

Tips for Preventing Hand Injuries in the Workplace



Preventing hand injuries in the workplace should be a top priority. Lacerations and worse are too common, but also largely avoidable. Consider, if an employee suffers a deep cut or severs a finger, he or she loses more than the ability to work. That person also loses the ability to comfortably perform everyday tasks such as tying shoelaces, using utensils, or typing on a computer and possibly missing several days of work.

Three of our eight W/C cases this year were the result of a hand injury which all required surgery. In addition to those injuries we have had 7 other hand injuries this year. In all 10 reported cases gloves were not being worn at the time of the injury which could have prevented the injury all together or minimized the severity of the injury.

Paulsen Inc. does everything possible to ensure the safety of our employees through training and providing the proper PPE, but the proper PPE must be worn to minimize the risk of an injury.

The most common causes of hand injuries are:

- Carelessness
- Lack of awareness
- Improper or no PPE
- Disregard for safety procedures
- Distractions

According to Benita Mehta "hands are one of the most complex parts of your body. Tendon, bones, tissues and nerves work together to allow various movements. The hand consists of 27 bones (including eight bones in the wrist). When the other associated parts (nerves, arteries, veins, muscles, tendons, ligaments, joint cartilage, and fingernails) are considered, there is potential for a variety of injuries. Hand injuries that cause damage to one or all of those inter-meshing parts can make it difficult to do even the most simple tasks.





How Do We Prevent Accidents?

Wear the correct PPE based on the hazards.

Gloves are not one type fits all jobs. Wear the right glove for the job.

Inspect all tools and equipment before using them. If they are not in safe working condition, do NOT use them.

Be sure to stay focused on the task at hand and be alert for potential dangers.

Keep an eye on other workers around you and if you see them not wearing PPE or proper PPE don't be afraid to intervene, it just may save a serious injury from occurring!

Cuts and lacerations are common workplace injuries. In fact, about 30% of all workplace injuries involve cuts or lacerations, and approximately 70% of those are to the hands or fingers, according to the Ohio Bureau of Workers' Compensation. Also ~70% of accidents were from not wearing gloves or the gloves not providing adequate protection.

● **Scott Holbrook**
Loss Control Manager
308-325-1344
scotth.paulsen@cozadtel.net



Paulsen People

October Birthdays

WESTON W COLLINS	1
ONVIL W MORENO FUGON	1
STANLEY E UNDERWOOD	1
ELDON R ELSON	2
CECIL B HINRICHS	3
BRETT WOLF	3
RYLEE C WOLDT	8
DON W. DILLON	9
MATHEW J. HIGGINS	12
LONNIE C. CARPENTER	14
ELEAZAR RODRIGUEZ AGUILERA	15
GERARDO BERNAL	16
MARIO MENDEZ LOPEZ	16
MICHAEL REYNA	18
ALVARO VILLEGAS	18
KANE M NORDMEYER	19
MITCHEL D FOUTCH	23
KAREN A. FERRELL	24
TIMOTHY P. KUMM	24
JOHN W. MYER	24
TIM M. DEVINE	27
JOHN A VANG	27
SERGIO CONEJO ORTIZ	28
JEFF J. WERNER	28
BRIAN ENGEL	31

November Birthdays

JAMES C. JEWELL	2
JOSE M RIVAS ARGUETA	2
RAFAEL DIAZ LEON	6
EDGARDO HERNANDEZ	7
JESUS A RAMIREZ MENDOZA	8
JOSE MIGUEL ZAVALA MENDOZA	8
JULIO CESAR PINA	9
CARLOS H AVALOS	11
MATT W. COVER	11
RICARDO LEYVA	11
MARTIN MACHUCA MONTES	11
ABEL E. ALVIDREZ	14
DAN K. HENDRICKS	14
MATTHEW J. HUNKE	14
HILARIO L. JUAREZ	16
RON D. KVASNICKA	16
TRAVIS LEGER	17
JAMES E GREEN	18
ROBERTO MACIAS HERRERA	19
JAVIER HERNANDEZ VELEZ	21
BRADLEY M MILLER	21
CRISTIAN PRADO FRIAS	21
DANA C FAVINGER	22
MACEDONIA E HELLER	22
MARK A DENNIS	23
DONALD F. GODDARD	26
BRADLEY L DEWEY	27

December Birthdays

LEODEGARIO LOPEZ PEREZ	2
ROBERT E. PATTERSON	2
CORT D. BULLOCK	3
MATTHEW J MONAHAN	3
AUSTIN E WHITE	3
DOUGLAS A WOOD	4
JED E. PAULSEN	8
SALUD IBARRA	10
MICHEL LIMONTE BENAVIDES	11
SHANE A. SCHUTTE	13
STEVEN R ZABOKRTSKY	15
TREVOR J ANDERSON	16
JACOB M BAAL	17
DALE R BOSE	18
M DEAN RYKER	18
BOBBY J. BRADLEY	23
SALVADOR MENDEZ MENDEZ	25
RODNEY SALL	25
FIDEL AGUADO	26
BOBBY D CROUCH	26
RONALD R SMITH	30



WELCOME
EST.  2019

PRESLEY
LYNN
PAULSEN

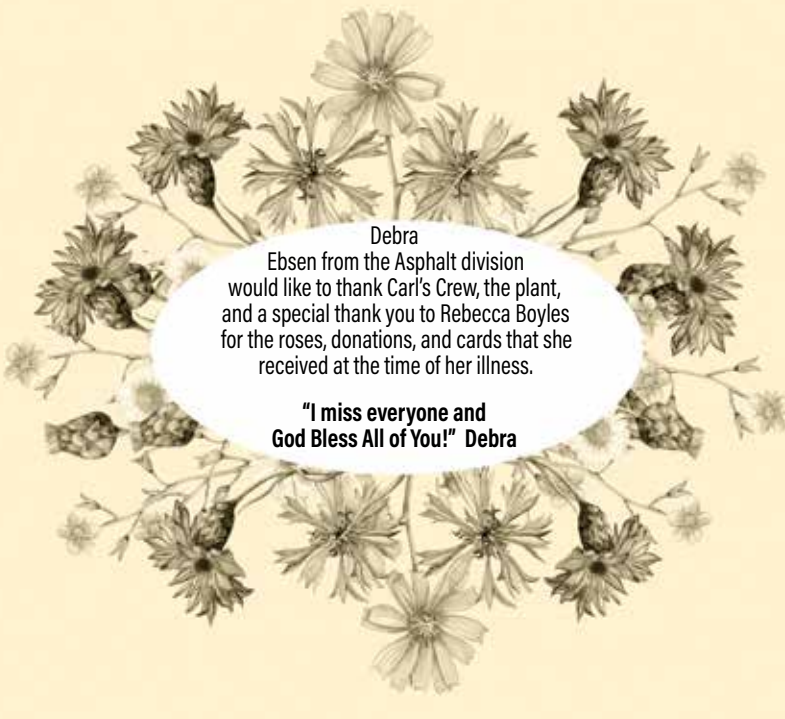



AUG 27

6 LB 2 OZ

MADE  LOVE

THE
PROUD PARENTS
REBECCA AND JED.



Debra
Ebsen from the Asphalt division
would like to thank Carl's Crew, the plant,
and a special thank you to Rebecca Boyles
for the roses, donations, and cards that she
received at the time of her illness.

**"I miss everyone and
God Bless All of You!" Debra**

Happy Anniversary!

20 years
ROGER M. ANDERSON
DAVID P. EGGLESTON

10 years
DARRELL D. O'NEAL

5 years
RANDALL R. REINERTSON



Post Office Box 17
Cozad, NE 69130
www.paulseninc.com

Paulsen **PRIDE**
is about You!

Do you have news to share
like weddings, new babies,
graduations or other honors?

We want to know!

Please contact Jane German
at 308-784-3333 or email her
directly at
jane.paulsen@cozadtel.net

Remember, you can view the
Paulsen PRIDE online at
www.paulseninc.com

What Were They Thinking?



Problem with the nail gun just squeeze the trigger
while taking a close look might help.

Never point any gun towards anything you do not
want to destroy – including a nail gun!