

GUADELOUPE CYCLING CAMP



January 2017

#livingthedream



VELOCIOUS
Cycling Adventures

The cycling paradise of Guadeloupe is home to the Tour de la Guadeloupe, an annual nine-day international stage race (part of the UCI American Tour) held each year in August. It is by far the most exciting event on the island, and the entire population joins in! It is also the oldest sporting tradition on the island, now in its 64th year. Cycling is the number one sport in Guadeloupe!



Camp Fast Facts

- January 15-22, 2017
- 8 days, 7 nights
- Ride your own pace with multiple ride groups daily
- All rides fully coach supported
- Daily coaching and education programs
- All guides are USAC-certified coaches
- Prepare for camp with our custom training plans

What's Included

- Travel planning and support
- Airport pickup
- Coach-supported rides
- Lodging at a 3-star hotel
- Breakfasts and dinners at hotel
- Daily ride food and drink
- Bike storage, cleaning, and adjustments

World-Class Support

A Caribbean cycling paradise!

Join us for an exciting cycling adventure on the French Caribbean island of Guadeloupe! The warm temperatures in January and February make it a perfect winter training destination for cyclists. Guadeloupe is one of the most beautiful islands in the world, with a network of very well maintained roads and incredible terrain diversity.

- Coach-supported rides
- Travel assistance and sightseeing support
- Unique local food, drinks, and culture
- Easy 5-hour flight from Baltimore

Ride Guides

Our USA-based team of guides are all USAC-certified coaches with tons of combined experience guiding tours and training camps in the USA and around the world. Their expertise is unsurpassed; in fact, we've got pro cyclists Amber Neben and Scott Moninger on our team. We all love doing camps. Nothing compares to introducing other riders to new places, new mountaintops, and new cycling friends.



Travel Support

We'll help you get everything organized for your trip, from passports and bike transport to airport pickups and drop-offs. Kathy, our travel coordinator, makes it her goal to make your winter training vacation easy and relaxed!

The Rides

Ride at your pace!



PERFORMANCE

Avg Speeds: 18+ mph
Avg Distance: 60-95 miles
Avg Climbing: Up to 8,000 ft
Skills: Tight riding, double pace line, faster descending



ENDURANCE

Avg Speeds: 15-18+ mph
Avg Distance: 60-90 miles
Avg Climbing: Up to 8,000 ft
Skills: Group riding, faster pace lines, teamwork



TOURING

Avg Speeds: 14-17+ mph
Avg Distance: 40-70 miles
Avg Climbing: Up to 5,000 ft
Skills: Group riding, double and single pace line, teamwork



HOBBY

Avg Speeds: 14-16+ mph
Avg Distance: 40-60 miles
Avg Climbing: Up to 5,000 ft
Skills: Group riding, double pace line, controlled descending

All ride groups are supported and led by our team of seasoned guides.

Enjoy a relaxing vacation at the Hôtel Fleur d'Épée, centrally located in the town of Gosier with easy access to both sides of the island and the airport. With a white sandy beach shaded by coconut trees and beach umbrellas, this is a little corner of paradise, the perfect base for fabulous island riding.



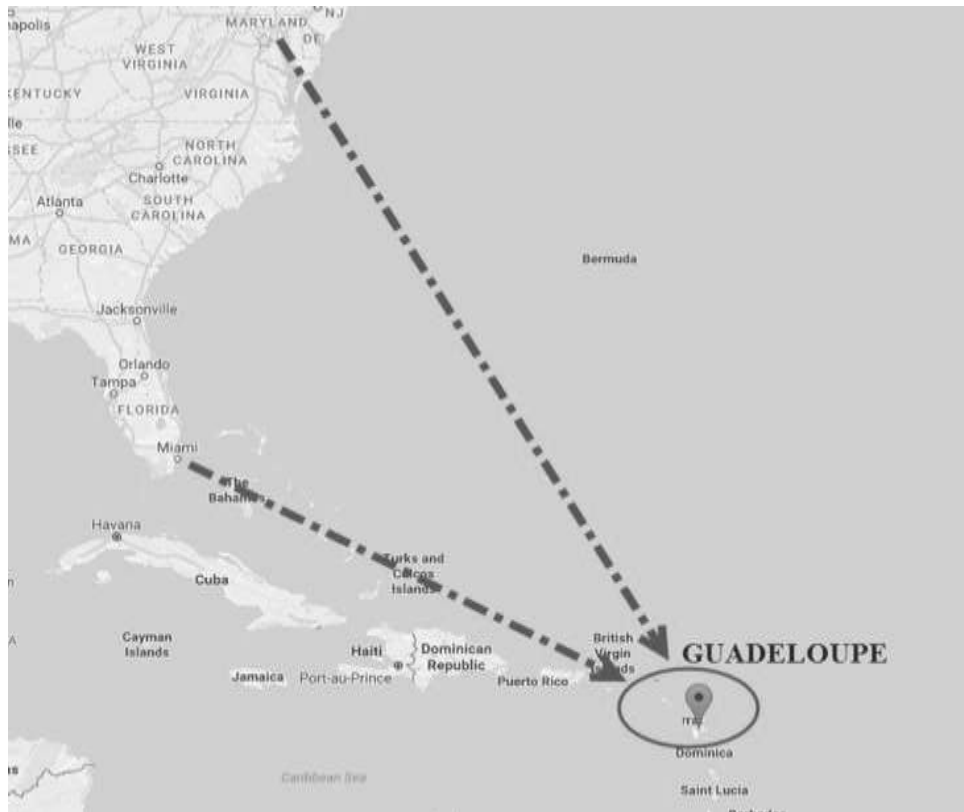
Lodging & Dining

About Your Hotel

- Rooms and suites with outdoor space
- Swimming pool, restaurant, bar
- Breakfast, lunch, and dinner buffets included
- Free WiFi



Travel



Travel Support



We'll help you plan your travel or do it for you! Kathy Watts is our resident travel coordinator, and she is always glad to answer any questions you might have, whether you want to know more about our camps in general or need travel tips or advice. She has over thirty years of experience in customer service, bicycles, and travel, so no matter what your question is, she can help. Plus she'll be one of your cycling guides when you arrive at camp, so she'll be with you all the way. Call her at 717-467-5078 or email her at kathy@velociouscyclingadventures.com.



Our Packages

What's included:

- 7 nights' lodging (extra nights available)
- Travel planning & support
- Airport pickup
- Breakfasts, lunches, & dinners
- Daily ride food & drink
- Coach support on rides
- Education and skills from pro coaches
- Bike storage, cleaning, and maintenance
- Custom jersey and t-shirt

What's not included:

- Airfare
- Lunches on the road
- Camera for the memories

Standard

Our Value Leader

\$1,999

8 days, 7 nights double occupancy

ALL INCLUSIVE

(add \$399.00 for single room upgrade)

Standard Double Room

with terrace

Breakfast, Lunch & Dinner Buffet

includes non-alcoholic and selected alcoholic beverages

Preparation Training Plan

Discount on [training plan](#)

Velocious Clothing

Cycling jersey and T-shirt

Group Airport Pickup/Dropoff

Premium

The Most Popular

\$2,399

8 days, 7 nights double occupancy

ALL INCLUSIVE

(add \$399.00 for single room upgrade)

Junior Suite

Suite with living room, and bedroom with terrace

Breakfast, Lunch & Dinner Buffet

includes beer or wine

Preparation Training Plans

Free [training plan](#)

Velocious Clothing

T-shirt & full cycling kit

Custom Airport Pickup/Dropoff

based on your travel time