

# Little Holcombe Nursery Menu

|            | Week 1  | Week 2   | Week 3  |
|------------|---|--|---|
| <b>MON</b> | <b>Kedgeriee</b><br>Curry spiced rice with hard boiled eggs, peas, carrots, onions, garlic and tuna fish  | <b>Corned Beef Hash with Bread and Butter</b>  | <b>Creamy Tomato Pasta with Garlic Bread</b><br>Our sauce is made from carrots, onions, mushrooms, garlic, peppers and tomatoes |
| <b>Tea</b> | <b>Fish Finger Rolls</b>  | <b>Welsh Rarebit</b>   | <b>Assorted Sandwiches and Salad</b>  |
| <b>TUE</b> | <b>Chicken Casserole</b><br>Fresh chicken thighs combined in a creamy sauce with broccoli, onions and peas, topped with mashed potato                           | <b>Chicken curry &amp; rice</b>  | <b>Cauliflower and broccoli cheese gratin with potato topping.</b>  |
| <b>Tea</b> | <b>Assorted Sandwiches and Salad</b>  | <b>Fish Finger Rolls</b>   | <b>Crumpets and potato cakes with cheese and cherry tomatoes</b>  |
| <b>WED</b> | <b>Shepherds Pie and Mixed Vegetables</b>   | <b>Salmon and Broccoli Bake</b><br>Pink salmon fillets with broccoli in a rich sauce topped with cheesy mash   | <b>Fish Pie with Broccoli</b>   |
| <b>Tea</b> | <b>Crumpets and potato cakes with cheese and cherry tomatoes</b>  | <b>Assorted Sandwiches and Salad</b>   | <b>Welsh Rarebit</b>  |
| <b>THU</b> | <b>Tortilla Layer Bake</b><br>Minced beef with mushrooms, onions, carrots, peppers, tomatoes, herbs and spices, layered with tortilla wraps and a cheese sauce. | <b>Pot Luck Pasta and Garlic Bread</b><br>Minced beef, mushrooms, onions, carrots, peppers and tomatoes, layered with farfalle pasta and lasagne sauce, topped with grated cheese. | <b>Beef/Vegetable Chilli with Rice</b><br>Minced beef, carrots, peas, corn, white beans, tomatoes and spices.                   |
| <b>Tea</b> | <b>Welsh Rarebit</b>  | <b>Crumpets and potato cakes with cheese and cherry tomatoes</b>   | <b>Fish Finger Rolls</b>  |
| <b>FRI</b> | <b>Cheese Flan and Baked Beans</b>  | <b>Little Holcombe Pie</b><br>Layers of mashed potato, grated cheese, baked beans and 90% meat pork sausages   | <b>Meat and Potato Pie</b>  |
| <b>Tea</b> | <b>Pizza and smiley Faces</b>   | <b>Pizza and Smiley Faces</b>  | <b>Pizza and Smiley Faces</b>   |

A variety of desserts served daily (Fresh Fruit, Fromage Frais, Ice cream, Cake) ~ Water or Fresh Fruit Juice with meals

All special dietary requirements will be catered for. If you would like any more information about food allergies or intolerances please ask a member of staff. A list of the 14 allergens is available on request.

\* Please note the menu is subject to change