

Tower View Nursery Menu

	Week 1	Week 2	Week 3	Daily Snacks
MON	Fish Goujons, New Potatoes, Peas with Lemon Mayo	Chilli And Rice with Garlic Bread	Cod & Leek Cheesy Bake With Vegetables	Crackers & DairyLea
Tea	Tortilla Wraps with selection of fillings & salad	Fish Finger Rolls	French Bread Pizza	
TUE	Baked Bean and Ham Pie	Chicken Strips with New Potatoes	Roast Chicken Dinner	Houmous with Pitta Bread or Vegetable Sticks
Tea	Party Tea	Bagels with soft cheese, sliced tomato & cucumber	Fish Finger Rolls	
WED	Roast Chicken Dinner	Lamb and Chickpea Goulash, Thyme Potatoes with Veg	Sausage and Mediterranean Veg Casserole with Herby Cous Cous	Fresh Fruit
Tea	Bagels with soft cheese, sliced tomato & cucumber	Party Tea	Tortilla Wraps with selection of fillings & salad	
THU	Sausage & Mushroom Pasta In Tomato Sauce	Corned Beef & Vegetable Hash with Crusty Bread	Greek Lamb and Vegetable Pasta Bake	Cheese & Cucumber Sticks
Tea	Fish Finger Rolls	French Bread Pizza	Party Tea	
FRI	Creamy Chicken Tikka/ Korma with Basmati Rice & Naan Bread	Meatballs with Spaghetti in a Creamy Tomato & Mascarpone Cheese sauce	Chicken & Ham Pie Topped with Carrot Mash	Poppadoms OR Prawn Crackers with a Homemade Minty Dip
Tea	French Bread Pizza	Tortilla Wraps with selection of fillings & salad	Bagels with soft cheese, sliced tomato & cucumber	

A variety of desserts served daily (Fresh Fruit, Fromage Frais, Ice cream & Jelly) ~ Water with meals

All special dietary requirements will be catered for. If you would like any more information about food allergies or intolerances please ask a member of staff. A list of the 14 allergens is available on request.

* Please note the menu is subject to change